

**Notice to US Food and Drug Administration of the  
Conclusion that the Intended Use of Bonolive<sup>®</sup> is  
Generally Recognized as Safe**

**Submitted by the Notifier:**

BioActor B.V.

**June 24, 2022**

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## Part 1: Signed Statements and Certification

### 1.1 Submission of GRAS Notice

BioActor B.V. is submitting a new GRAS notice in accordance with 21 CFR part 170, subpart E, regarding the conclusion that Bonolive<sup>®</sup>, a proprietary dry extract of olive (*Olea Europaea* L.) leaves, containing at least 50% polyphenols and 40% oleuropein is Generally Recognized as Safe (GRAS) for its intended use, consistent with section 201 (s) of the Federal Food, Drug and Cosmetic Act.

### 1.2 Name and Address of the Notifier

BioActor B.V.  
Gaetano Martinolaan 50  
6229 GS Maastricht  
Netherlands

### 1.3 Name of the Substance

Dry extract of *Olea europaea* L. leaves containing at least 40% Oleuropein.

### 1.4 Intended Conditions of Use

Bonolive<sup>®</sup> is intended to be used as an ingredient in the food categories listed in Table 1 at the addition levels specified per food category. Bonolive<sup>®</sup> is not intended for use in infant formula, meat, poultry, egg products, catfish, or any products that would require additional regulatory review by USDA.

**Table 1.** Bonolive<sup>®</sup> Intended Uses\*

Food Category	Maximum Use (ppm)
Yogurts	1111 ppm
Flavored Milk Drinks	1042 ppm
Dry Powdered Milk and Milk Mixtures (Not Reconstituted)	8333 ppm
Coconut Beverages	1042 ppm
Cookies (Certain Categories)	8333 ppm
Cereal, Granola and Nutrition Bars	8333 ppm
Fruit Juices and Nectars (Including Citrus)	1042 ppm
Vegetables and Vegetable Juices (e.g., Carrot and Tomato Juice)	1042 ppm
Fruit-Flavored Beverages (Ready to Drink and from Powders)	1042 ppm
Vegetable and Fruit Juice Blends	1042 ppm
Fortified Water	1042 ppm
Teas and coffees	1042 ppm

Nutrition Drinks and Powders	1042 ppm
Sports Drinks	1042 ppm
Table Fats and Vegetable Oils	16667 ppm
Candies (Dark Chocolate, Gum Drops, Hard Candy, Dietetic Candy)	8333 ppm
Chewing Gum	83333 ppm

\*See Appendix A for a full list of food categories

## **1.5 Statutory Basis for GRAS Conclusion**

The conclusion of GRAS status of Bonolive® for its intended conditions of use, stated in Part 1.4 of this notice, has been made based on scientific procedures.

## **1.6 Not Subject to Premarket Approval**

We have concluded that Bonolive® is GRAS for its intended conditions of use, stated in Part 1.4 of this notice, and, therefore, such use of Bonolive® is not subject to the premarket approval requirements of the Federal Food, Drug, and Cosmetic Act.

## **1.7 Data and Information Availability Statement**

The data and the information that serve as the basis for this GRAS conclusion will be available for review and copying during customary business hours at the office of BioActor at the address below or will be sent to FDA upon request.

BioActor B.V.  
Gaetano Martinolaan 50  
6229 GS Maastricht  
Netherlands

## **1.8 Exemption from Disclosure under the Freedom of Information Act**

None of the information in Parts 2 through 7 of this GRAS notice is considered exempt from disclosure under the Freedom of Information Act (FOIA) as a trade secret, personal privacy information or financial information that is privileged or confidential.

Personal privacy information is present in Part 1 of this GRAS notice.

## **1.9 Certification of Completion**

We hereby certify that, to the best of our knowledge, this GRAS notice is a complete, representative, and balanced submission that includes unfavorable information, as well as favorable information, known to us and pertinent to the evaluation of the safety and GRAS status of the use of Bonolive®.

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Antonie J. van der Saag  
Managing Director  
BioActor B.V.

Date: 24 June 2022

## **1.9 Certification of Completion**

We hereby certify that, to the best of our knowledge, this GRAS notice is a complete, representative, and balanced submission that includes unfavorable information, as well as favorable information, known to us and pertinent to the evaluation of the safety and GRAS status of the use of Bonolive<sup>®</sup>.

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Antonie J. van der Saag

Date: 24 June 2022

Managing Director

BioActor B.V.

## Part 2: Identity, Manufacture, Specifications, and Physical or Technical Effect

### 2.1 Identification

*Olea europaea* L. is a dicot tree that is cultivated in a number of areas throughout the world. It is an especially important fruit tree in the European and African countries bordering the Mediterranean Sea, where it is commercially grown on more than 23 million acres.<sup>1,2</sup> It can also be found growing in the United States (California), as well as in Chile, Argentina, South Africa, and, Australia.<sup>1</sup> There is written evidence that the tree has coexisted with humans for up to 6000 years, and olive fruit pits and wood fragments have been found in ancient tombs along the eastern Mediterranean Coast.<sup>1</sup> The trees have oblong leaves that are up to approximately four inches long and one inch wide. The trees can live for hundreds of years, and the main products extracted from them include olives and subsequently olive oil.<sup>1</sup> Olive oil is one of the major components of the Mediterranean diet, which has been widely studied with regard to its benefits to human health.<sup>3,4</sup> According to the United States Department of Agriculture's Plant Database, *Olea europaea* L. is classified as follows:

Kingdom: Plantae

Subkingdom: Tracheobionta

Superdivision: Spermatophyta

Division: Magnoliophyta

Class: Magnoliopsida

Subclass: Asteridae

Order: Scrophulariales

Family: Oleaceae

Genus: *Olea* L.

Species: *Olea europaea* L.

Variety: *Olea europaea hojiblanca*

*Olea europaea picual*

*Olea europaea aberquina*

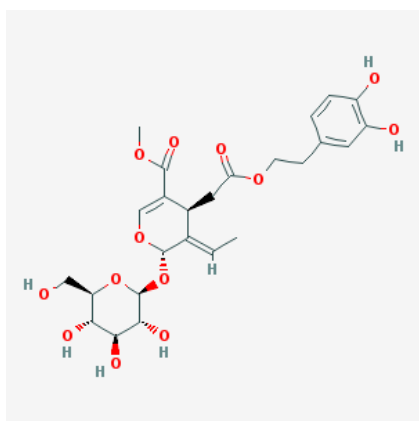
The tree is rich in phenolic compounds, and there has been growing interest in these constituents due to their antioxidant and subsequent potential for health benefits.<sup>2,5</sup> Phenolic compounds that have been identified in the *Olea europaea* L. trees include: oleuropein (a secoiridoid, see figure 1), secoiridoid derivatives (e.g. elenolic acid), 3,4-DHPEA-EDA (the dialdehydic form of elenolic acid linked to hydroxytyrosol), 3,4-DHPEA-EA (oleuropein aglycone) and p-HPEA-EDA (the dialdehydic form of elenolic acid linked to tyrosol), verbascoside, flavones (e.g. luteolin-7-*O*-glucoside, apigenin-7-*O*-glucoside, diosmetin-7-glucoside, luteolin and diosmetin), flavonols



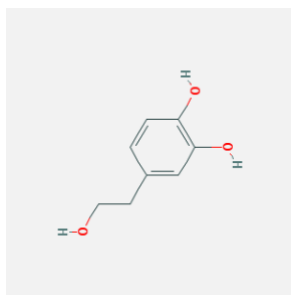
(rutin), flavan-3-ols (catechin), phenyl and phenolic acids (e.g. tyrosol, hydroxytyrosol-see figure 2, vanillin, vanillic acid, *p*-coumaric acid and caffeic acid), and lignans (e.g. pinoresinol and acetoxypinoresinol).

Oleuropein is the most abundant phenolic compound in olive leaves, followed by the closely related hydroxytyrosol; and luteolin-7-glucosides, apigenin-7-glucosides and verbascoside have also been identified.<sup>5-7</sup> Cultivar, geographic region, age of the tree, and agricultural and processing techniques are important factors with regard to phenolic composition and concentration.<sup>2,8</sup>

Olive oil is well known for its polyphenol content. Interestingly, the leaves contain much higher concentrations of some polyphenols compared to olive oil. For example the oleuropein concentration in olive oil ranges from 0.005–0.12%, but is as high as 1–14% in olive leaves.<sup>5,9</sup> This is in part because the maturation and processing/fermenting of olives and olive oil causes oleuropein to hydrolyze to tyrosol and hydroxytyrosol.<sup>8,10,11</sup> Oleuropein can also decompose into hydroxytyrosol and elenolic acid by different factors such as light, acid, base, oxidants and high temperatures.<sup>12</sup>



**Figure 1.** Molecular Structure of Oleuropein<sup>13</sup>



**Figure 2.** Molecular Structure of Hydroxytyrosol<sup>14</sup>

The biological activities exerted by olive phenolics in general, including those specifically from olive leaves, have demonstrated a number of potential health-promoting effects both in vivo and in vitro.<sup>8,11,15-19</sup> Possible mechanisms of action related to these effects may include free radical scavenging, as well as down-regulation/interaction with proatherogenic, cancer-related, and insulin-sensitivity genes.<sup>11,20-26</sup>

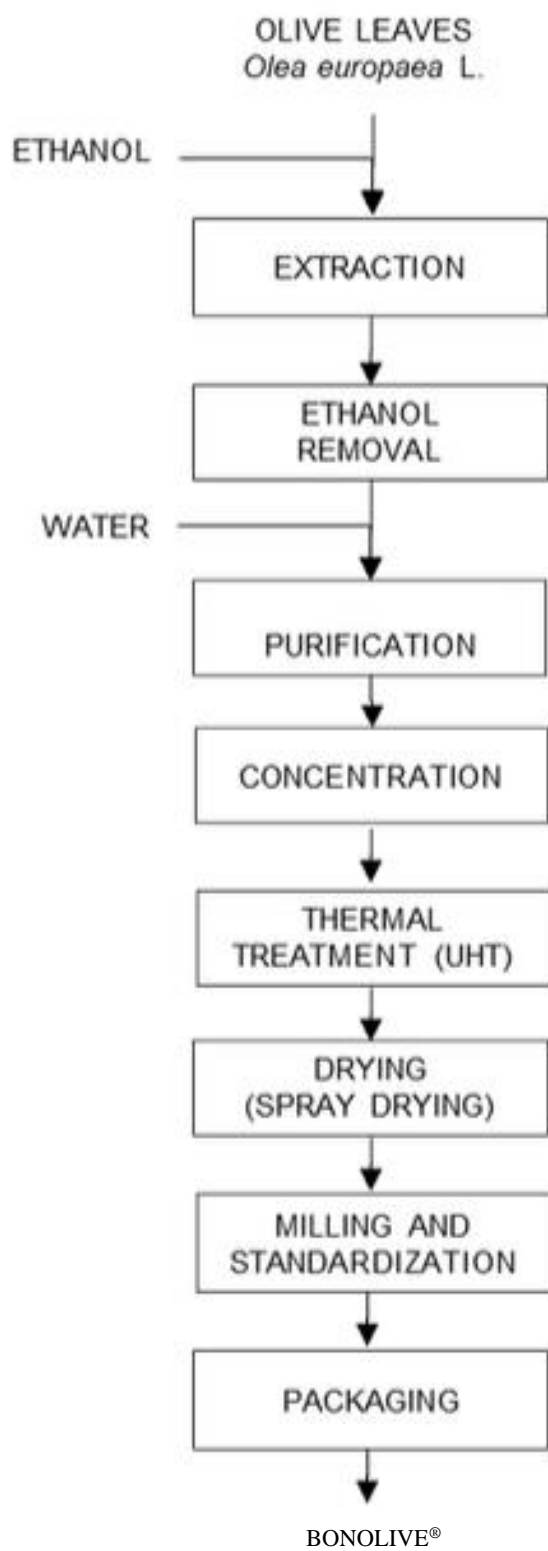
Garcia et al. investigated the chemical composition of olive leaves with regard to their use as feed for goats and sheep as lignocellulosic material.<sup>27</sup> They found the leaves to be rich in cell walls, gross energy, and phenolic compounds, and low in crude protein. The essential amino acid values were similar in the leaves compared to a dried olive cake that was used as a comparison. The highest values of individual amino acids were for leucine, valine, threonine (or arginine; there is a discrepancy in the paper) and alanine. Limiting amino acids could be methionine, cysteine, and tyrosine. The authors concluded that olive leaves, when used with adequate supplementation, could be of great importance as animal feed in semi-arid Mediterranean countries that have a shortage of natural pastures.

## **2.2 Manufacturing**

### **2.2.1 Manufacturing Overview**

Bonolive<sup>®</sup> is a proprietary extract of olive (*Olea Europaea* L.) leaves, standardized to at least 40% oleuropein, as determined by normal phase liquid chromatography using European Pharmacopoeia methods. While oleuropein is the primary polyphenol in the extract, several other polyphenols have been identified in low amounts, as is discussed below. The remainder of the ingredients consists of other major and minor components of olive leaves, such as carbohydrates, proteins, and minerals.

Olive leaves are cut and extracted using multiple extraction and purification steps as is shown in the flow chart below. The concentrated extract is spray dried to obtain the final product as a powder.



**Figure 3.** Manufacturing Flowchart

### 2.2.2 Good Manufacturing Practice

Bonolive® is manufactured in accordance with food grade and food safety standards as embraced by the Global Food Safety Initiative (FSSC 22000). Bonolive® is produced according to an established and validated HACCP plan.

### 2.2.3 Raw Materials

The *Olea europaea* L. leaves used in the production of Bonolive® are obtained from trees cultivated exclusively in Spain, specifically Andalusia. The *Olea europaea* L. varieties used for the production of Bonolive® are “*Olea europaea hojiblanca*”, “*Olea europaea picual*” and “*Olea europaea aberquina*”.

The olive trees from which the leaves are taken are farmed mainly for olive and olive oil production. The trees are pruned twice per year in February and August, and the pruned leaves obtained in February are generally used to manufacture Bonolive®.

## 2.3 Specifications

The specifications of Bonolive® along with the analytical methods are listed in Table 2 below.

**Table 2.** Bonolive® Specifications

Test Items	Specification	Method
Appearance	Green to brown powder	Internal
Botanical part used	<i>Olea Europaea</i> L. (leaf)	N/A
Loss on drying	8% max	Eu. Pharm c.v. (2.8.17)
Residue by calcination	9% max	Eu. Pharm c.v. (2.4.16)
Total polyphenols	50% min	French Pharmacopoeia X edition. Monografic "Vigne rouge (sec)"
Oleuropein	40% min	European Pharmacopoeia (Eu. Pharm) 04/2009:2313 (HPLC method)
Residual ethanol	1000 ppm max	Eu. Pharm c.v. (2.4.24)
<b>Heavy Metals</b>		
Lead	3 ppm max	Eu. Pharm. V.v. (2.4.27)
Cadmium	1 ppm max	Eu. Pharm. V.v. (2.4.27)
Mercury	0.1 ppm max	Eu. Pharm. V.v. (2.4.27)
Arsenic	2 ppm max	Eu. Pharm. V.v. (2.4.27)
<b>PAHS</b>		
Benzo(a)pyrene	10.0 ppb max	GC-MS
Sum of benzo(a)pyrene, benzo(a)anthracene, benzo(b)fluoranthene and chrysene	50.0 ppb max	GC-MS

Microbiological Tests		
Total plate count	10 <sup>3</sup> cfu/g max	Eu. Pharm. V.v. (2.6.12)
Yeast & mold	10 <sup>2</sup> cfu/g max	Eu. Pharm. V.v. (2.6.12)
Enterobacteriaceae	10 <sup>2</sup> cfu/g max	Eu. Pharm. V.v. (2.6.31)
<i>Escherichia coli</i>	Absence/1 g	Eu. Pharm. V.v. (2.6.31)
<i>Salmonella</i>	Absence/ 25 g	Eu. Pharm. V.v. (2.6.31)
<i>Staphylococcus aureus</i>	Absence/g	Eu. Pharm. V.v. (2.6.31)
Coliforms	Absence/g	ISO 4832:2006

Ph.Eur.=European Pharmacopoeia; cfu, colony forming units.

## 2.3.2. Methods of analysis

### 2.3.2.1. Total polyphenols

The total polyphenol percentage of Bonolive<sup>®</sup> is calculated according to the French Pharmacopoeia. The reference substance used is Pyrogallol >98% (ALFA-AESAR), while the solvents and reagents are water (HPLC, CAS 7732-18-5), methanol (HPLC, CAS 67-56-1), sodium carbonate R (150mg/ml CAS 497-19-8) and a reagent for phenol according to Folin-Ciocalteu. The detection wavelength is 715 nm.

For the sample solution, an amount of 20 mg of polyphenols in a 100 mL volumetric flask should be obtained by weighing the appropriate dry extract and filling to the mark with water. 5 mL of that solution should be diluted to 25 mL with water. 5 mL of the last solution should be mixed with 1 mL of reagent for phenol according to Folin-Ciocalteu in a 50 mL volumetric flask. The flask should be filled to the mark with an aqueous solution of sodium carbonate R (150 g/L). Two minutes after the addition of the last reagent, the absorbance at 715 nm can be measured, using water as the compensation liquid.

For the reference solution, approximately 50 mg of pyrogallol should be weighed and diluted in a 100 mL volumetric flask with water. 5 mL of that solution should be diluted to 100 mL with water. 5 mL of the last solution is mixed with 1 mL of reagent for phenol according to Folin-Ciocalteu in a 50 mL volumetric flask. An aqueous solution of sodium carbonate R (150 g/L) should be used to fill to the mark. Two minutes after the addition of the last reagent, the absorbance can be measured at 715 nm using water as the compensation liquid.

The formula to calculate the total polyphenols is the following:

$$\% \text{ Total polyphenols (as pyrogallol)} = \frac{13.12 \times A1}{A2 \times m \times 2.5 \times R}$$

where,

A1 = Absorbance of the sample

A2 = Absorbance of the reference substance

m = weight of the sample to be analyzed (g)

R = Purity of the reference substance as a decimal fraction

#### **2.3.2.2. Oleuropein**

The oleuropein percentage of Bonolive® is assessed by using HPLC and a method derived from the European Pharmacopoeia. The reference substance used is Oleuropein, >95%, Chromadex, USA, while the solvents and reagents are water (HPLC, CAS 7732-18-5), methanol (HPLC, CAS 67-56-1), and Trifluoroacetic acid (CAS 76-05-1). The detection wavelength is 233nm and the HPLC column used is C18 (length: 15cm; internal diameter: 4,6 mm; particle size 5µm).

For the sample solution, the necessary amount of sample to obtain 0.3-0.4 mg/mL oleuropein in a 100 ml volumetric flask should be weighed. Methanol should be used for dissolving and dilution to 100 ml.

For the reference solution, approximately 10 mg of the reference substance should be weighed to a 25 ml volumetric flask. Methanol should be used for dissolving and dilution to 25 ml.

The formula to calculate the oleuropein is the following:

$$\% \text{ Oleuropein} = \frac{CC \text{ std} \times A \text{ test} \times \%R}{CC \text{ test} \times A \text{ std}}$$

where,

CC std = Concentration of oleuropein in reference solution (mg/ml)

A test = Area of the problem peak in test sample

%R = Purity of standard (%)

CC test = Concentration of the sample (mg/ml)

A std = Area of the standard peak in reference solution

### **2.4 Physical or Technical Effect**

Bonolive® is intended to be added to the foods listed in the intended use section as a source of polyphenols.

## **2.5 Batch Analyses**

### **2.5.1 Analysis of Batches**

Production conformity and consistency of Bonolive® is tested in production lots. As shown in Table 3 below, batch analyses are reasonably consistent and meet all product specifications.

**Table 3. Bonolive® Batch Analysis**

Test Items	Specification	Batch Number				
		PF0348220321	PF0600130720	PF1138260520	PF1043200320	PF1224240720
Appearance	Green to brown powder	Complies	Complies	Complies	Complies	Complies
Botanical part used	<i>Olea Europaea</i> L. (leaf)	Complies	Complies	Complies	Complies	Complies
Loss on drying	8% max	1.72%	2.05%	1.57%	2.06%	0.64%
Residue by calcination	9% max	0.5%	1.5%	1.1%	Complies	Complies
Total polyphenols	50% min	55.9%	51.6%	53.1%	54%	55.5%
Oleuropein	40% min	42.3%	40.9%	40.3%	40.04%	41.8%
Residual ethanol	1000 ppm max	34.7 ppm	33 ppm	31.7 ppm	39.3 ppm	57.9 ppm
<b>Heavy Metals</b>						
Lead	3 ppm max	Complies	Complies	Complies	Complies	Complies
Cadmium	1 ppm max	Complies	Complies	Complies	Complies	Complies
Mercury	0.1 ppm max	Complies	Complies	Complies	Complies	Complies
Arsenic	2 ppm max	Complies	Complies	Complies	Complies	Complies
<b>PAHS</b>						
Benzo(a)pyrene	10.0 ppb max	Complies	Complies	Complies	Complies	Complies
Sum of benzo(a)pyrene, benzo(a)anthracene, benzo(b)fluoranthene and chrysene	50.0 ppb max	Complies	Complies	Complies	Complies	Complies
<b>Microbiological Tests</b>						
Total plate count	10 <sup>3</sup> cfu/g max	Complies	Complies	Complies	Complies	Complies
Yeast & mold	10 <sup>2</sup> cfu/g max	Complies	Complies	Complies	Complies	Complies
Enterobacteriaceae	10 <sup>2</sup> cfu/g max	Complies	Complies	Complies	Complies	Complies
<i>Escherichia coli</i>	Absence/1 g	Complies	Complies	Complies	Complies	Complies
<i>Salmonella</i>	Absence/ 25 g	Complies	Complies	Complies	Complies	Complies
<i>Staphylococcus aureus</i>	Absence/g	Complies	Complies	Complies	Complies	Complies
Coliforms	Absence/g	Complies	Complies	Complies	Complies	Complies

### **2.5.2 Residual Solvent Analysis**

Residual solvent analysis is routinely performed on every batch of Bonolive® and results have always fallen well below the established limit of 1000ppm. Ethanol is a class 3 solvent according to USP 467 (and ICH) guidelines. Class 3 solvents are not considered human health hazards. It is considered that ethanol amounts of 5000 ppm are acceptable.<sup>28,29</sup>

### **2.5.3 Residual Pesticide Analysis**

Because the farmers' main intent is to preserve the olive fruits under healthy growth conditions to produce as much and as high quality of oil as possible, the trees occasionally need to be treated with pesticides to avoid pests after the flowers have been transformed into small olives. Bonolive® is manufactured using the leaves from mainly the February pruning, which have never been exposed to treatment with pesticides, making it highly unlikely that pesticide testing would lead to positive results.

Regardless, in accordance with internal standard operating procedures, pesticide residue analysis is performed on every Bonolive® batch by an external, accredited laboratory. Testing for over 450 different pesticide residues is performed, covering those used for olive tree treatment and more. Residue limits established in Regulation (EC) No 396/2005 and amendments are used as specification limits for the ingredient.

### **2.5.4. Contaminant Analysis**

Contaminant analysis is performed periodically in production batches, based on a control program established by BioActor BV. Ethylene oxide is analyzed in Bonolive® with a maximum 0.02ppm. Pyrrolizidine alkaloids are also analyzed in Bonolive® with a maximum of 400 ppb.

### **2.5.5 Shelf–Life Stability**

The technical data sheet for Bonolive® details that the ingredient should be stored in “tight containers to prevent dust formation, in a dry and cool place, away from direct sunlight” and “away from ignition, heat, or electricity sources.” The retest date is considered to be three years.

A three-year shelf–life stability test was performed on three different Bonolive® batches under general storage conditions in a warehouse (i.e., “storehouse” conditions). Five kilograms of Bonolive® were packed in double plastic bags. This simulates the system used in commercial batches. Total polyphenols, oleuropein, verbascoside, loss on drying and microbiological values were measured at baseline and then again after three years (36 months).



The measurements were stable and within specifications throughout the study with no significant changes occurring in the parameters assayed. Results from the analyses are summarized in Table 4 below.

**Table 4.** Stability Study data

Parameters		T=0	T=3 years
<b>Batch PF0613131118</b>			
Polyphenols (%)	Min 50,0%	56,1	55,1
Oleuropein (%)	Min 40,0%	41,6	40,4
Verbacoside (%)	Min 0,5%	0,68	0,6
TAMC (cfu/g)	<10000	<50	<50
TYMC (cfu/g)	<100	<50	<50
Enterobacteriaceae (cfu/g)	<100	<10	<10
<i>Escherichia coli</i>	Absence/g	Absent	Absent
<i>Salmonella</i>	Absence/25g	Absent	Absent
<i>S. aureus</i> (cfu/g)	<10	Absent	Absent
Loss on drying (%)	≤8,0	2,55	2,7
<b>Batch PF0631101218</b>			
Polyphenols (%)	Min 50,0%	57,4	56,3
Oleuropein (%)	Min 40,0%	44,66	43,5
Verbacoside (%)	Min 0,5%	0,7	0,6
TAMC (cfu/g)	<10000	<50	<50
TYMC (cfu/g)	<100	<50	<50
Enterobacteriaceae (cfu/g)	<100	<10	<10
<i>Escherichia coli</i>	Absence/g	Absent	Absent
<i>Salmonella</i>	Absence/25g	Absent	Absent
<i>S. aureus</i> (cfu/g)	<10	Absent	Absent
Loss on drying (%)	≤8,0	2,94	3,1
<b>Batch PF1925250619</b>			
Polyphenols (%)	Min 50,0%	53,9	52,5
Oleuropein (%)	Min 40,0%	43,68	42,4
Verbacoside (%)	Min 0,5%	0,69	0,6
TAMC (cfu/g)	<10000	<50	<50
TYMC (cfu/g)	<100	<50	<50
Enterobacteriaceae (cfu/g)	<100	<10	<10
<i>Escherichia coli</i>	Absence/g	Absent	Absent
<i>Salmonella</i>	Absence/25g	Absent	Absent
<i>S. aureus</i> (cfu/g)	<10	Absent	Absent
Loss on drying (%)	≤8,0	2,43	2,71

## 2.5.6 Nutritional Analysis

The typical nutritional values of Bonolive<sup>®</sup> are listed below, in table 5.

**Table 5.** Nutritional values of Bonolive<sup>®</sup>

Description	Result	Unit
Nutritional value (calculated)	381.3	kCal/100g of product
Total Fat Content	0.3	g/100g of product
Saturated Fatty Acids	56.4	% Of fatty acids

Total Carbohydrates	94.4	g/100g of product
Assimilable carbohydrates	93.1	g/100g of product
Total Sugar (as Glucose)	4.2	g/100g of product
Total Fibers	1.3	g/100g of product
Total Protein	0.9	g/100g of product
Sodium	62.7	mg/100g of product

## 2.6 Polyphenol Analysis

The polyphenol profile of Bonolive<sup>®</sup> has been analyzed in a number of batches; the results of one analysis are summarized in Table 6 below. The company notes that while this is a reasonably typical analysis, quantitative results of polyphenol analysis vary depending upon the laboratory performing it, the techniques and methods used, the variability in reference standards utilized, etc., and thus results should be considered qualitative.

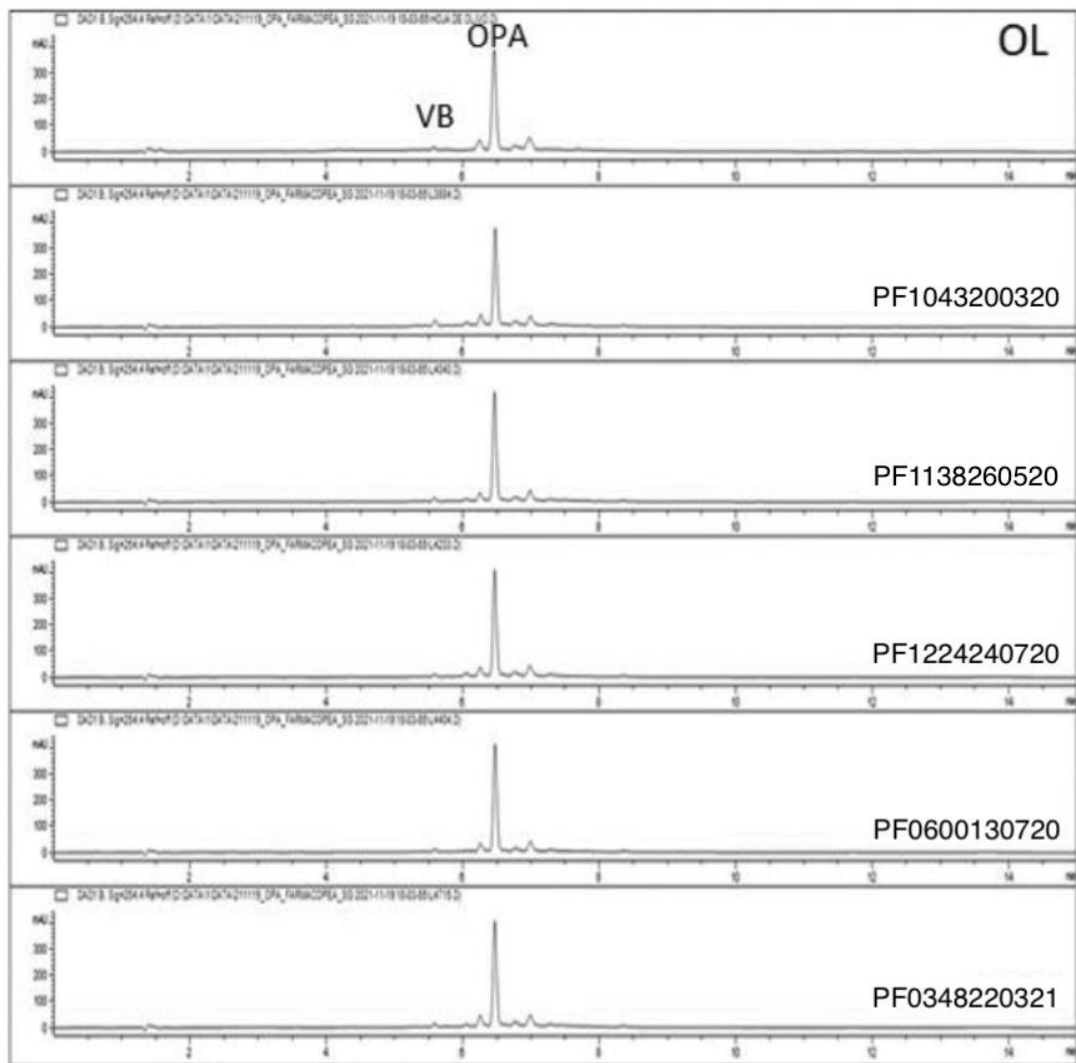
**Table 6.** Bonolive<sup>®</sup> Polyphenol Analysis

Polyphenol	Relative percentage
Verbascoside	2.34
Oleuropein	76.06
Luteolin-7-glucoside	2.03
Luteolin	0.59
Quercetin	0.03
Unquantified polyphenols	18.95
Total	100.00

## 2.7 Chromatographic profile

The chromatographic profile of several Bonolive<sup>®</sup> batches has been compared with the chromatographic profile of an olive leaf (figure 4). Whereas OPA; oleuropein, Vb; verbascoside and OL; olive leaf. The chromatographic profiles of Bonolive<sup>®</sup> batches presented in table 3 are almost identical with the chromatographic profile of the olive leaf, meaning that Bonolive<sup>®</sup> is substantially equivalent with a typical olive leaf.

**Figure 4.** Chromatographic profile of Bonolive<sup>®</sup>



## 2.8 Other Certifications

Bonolive<sup>®</sup> is not derived from, is not produced using, and does not come in contact with animal origin materials at any stage of its manufacturing process. There are no specific risk materials as defined in the European Commission Decision 97/534/EC and the European Pharmacopoeia Monograph 1483, “Products with risk of transmitting agents of animal spongiform encephalopathy”.

Bonolive<sup>®</sup> is not genetically modified and is not derived from a genetically modified organism as defined by the EC regulations 1831/2003/EC on labeling and traceability and 1829/2003/EC on genetically modified food and feed and their amending legislation.

Bonolive<sup>®</sup> does not contain any of the allergens listed in EU Commission Directive 2007/68/EC: cereals containing gluten (with some noted exceptions), crustaceans, eggs, fish (with some noted exceptions), peanuts, soybeans (with some noted

exceptions), milk (with some noted exceptions), nuts (with some noted exceptions), celery, mustard, sesame seeds, sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or mg/L expressed as SO<sub>2</sub>, lupin and mollusks.

Bonolive<sup>®</sup> does not contain any doping substances included in WADA (World Anti-Doping Agency) prohibited list.

Bonolive<sup>®</sup> is not subjected to irradiation at any stage of the manufacturing process, as defined by EC regulations 1999/2/EC and 1999/3/EC.

Bonolive<sup>®</sup> is not manufactured using nanotechnology, does not contain nanomaterials, and/or come in contact with any nanomaterials during storage and transportation, as defined by regulations EU 1363/2013, 2283/2015, and 1169/2011.

## Part 3: Dietary Exposure

Bonolive<sup>®</sup> is intended to be used as an ingredient in food where standards of identity are allowed in the categories and at the concentrations specified in Table 7 below (identical to Table 1 above). Bonolive<sup>®</sup> is not intended for use in infant formula, meat, poultry, eggs, catfish, or any products that would require additional regulatory review by the USDA.

**Table 7.** Bonolive<sup>®</sup> Intended Uses\*

Food Category	Maximum Use (ppm)
Yogurts	1111 ppm
Flavored Milk Drinks	1042 ppm
Dry Powdered Milk and Milk Mixtures (Not Reconstituted)	8333 ppm
Coconut Beverages	1042 ppm
Cookies (Certain Categories)	8333 ppm
Cereal, Granola and Nutrition Bars	8333 ppm
Fruit Juices and Nectars (Including Citrus)	1042 ppm
Vegetables and Vegetable Juices (e.g., Carrot and Tomato Juice)	1042 ppm
Fruit-Flavored Beverages (Ready to Drink and from Powders)	1042 ppm
Vegetable and Fruit Juice Blends	1042 ppm
Fortified Water	1042 ppm
Teas and coffees	1042 ppm
Nutrition Drinks and Powders	1042 ppm
Sports Drinks	1042 ppm
Table Fats and Vegetable Oils	16667 ppm
Candies (Dark Chocolate, Gum Drops, Hard Candy, Dietetic Candy)	8333 ppm
Chewing Gum	83333 ppm

\*See Appendix A for a full list of food categories

Exposure estimates combine data on the quantity of a particular food category that is consumed with the intended concentration level of an ingredient to be added to that food category. Crème Food Safety software ([www.cremeglobal.com](http://www.cremeglobal.com)) was used for the statistical analysis related to estimated consumption levels of Bonolive<sup>®</sup>. Creme software is a probabilistic modeling tool that uses high-performance computing to predict intake (including total aggregate exposure) of food groups and/or individual ingredients. Creme Food Safety performs calculations using large scale food consumption data sets; in this case, the U.S. National Health, and Nutrition Examination Surveys' (NHANES) What We Eat in America (WWEIA) data sets, which are released every two years. NHANES uses a non-consecutive two-day, 24-hour dietary-recall protocol for data collection. In the current assessment, data from individual dietary records from Day 1 and Day 2 of NHANES survey were utilized within the Creme software.

It should also be noted that this type of daily intake methodology is generally considered to be a 'worst case' scenario as a result of several conservative

assumptions made in the consumption estimates. In addition, it is well established that the length of a dietary survey affects the estimated consumption of individual users. Short-term surveys tend to overestimate the level of the average daily intake among consumers, especially at the extremes of distribution.<sup>30,31</sup>

Estimates derived from Creme of the total aggregate exposures to Bonolive® were performed at both the mean and 90<sup>th</sup> percentiles. Exposure data is shown for “Food Consumers”, which includes only data from individuals who reported consuming one or more of the specified food categories over the 2-day survey period. Results are given as absolute consumption (mg/day) and as consumption relevant to body weight (mg/kg bw/day). The latter estimates were based on each individual’s body weight from the survey, as opposed to average body weights. Calculations also incorporated the NHANES assigned “sample weights” for each individual in the survey, which relates to the number of people in the population represented by that specific person, helping ensure that the results are representative of the entire U.S. population. Sample weights for NHANES participants incorporate adjustments for unequal selection probabilities and certain types of non-response, as well as an adjustment to independent estimates of population sizes for specific age, sex, and race/ethnicity categories.

Because data from the NHANES short 2-day survey may not adequately represent individual usual long-term intake due to the large amount of random error (e.g., intra-individual variation over time is not accounted for), estimation of “usual” or “lifetime” exposure was also added to the model, based on the methodologies developed by Nusser et al., 1996, at Iowa State University.<sup>31</sup> This lifetime data was considered the most relevant data, as GRAS exposure estimates should be based on expected regular exposure over the lifespan. The technique of estimating usual/lifetime intakes relies on the ability to transform the input data into normality, which is tested using the Anderson-Darling test statistic within the Creme software. If “lifetime return values” are zero or less, they may still be utilized; however, caution should be used in interpreting the data based on the nature of the warning that was received by the software. In the data shown in the tables below, all values were zero or less, and specific warnings are noted with asterisks.

The relative standard error (RSE, calculated by dividing the standard error of the estimate by the estimate itself and multiplying by 100), is a statistical criterion that can be used to determine the reliability of estimates as pertains to the population; the larger the RSE, the less reliable the estimate.<sup>32</sup> RSE values of greater than 25–30% are often considered a reasonable cut-off by which to consider a value unreliable.<sup>32,33</sup> For the purpose of this GRAS conclusion, an RSE value of greater than 25% was used to indicate that the estimated value was unreliable with regard to representing the population. RSE values are shown in the exposure estimate tables in the respective exposure sections below for the 90<sup>th</sup> percentile daily average values only, as the 90<sup>th</sup> percentile values are the most pertinent for the exposure estimates. All of the values except one in the tables were considered reasonably reliable using

the 25% cut-off. Standard errors are not calculated for lifetime exposure data, so RSE values could not be calculated for them.

Because of the large number of intended use food categories, it is nearly impossible that an individual will randomly or intentionally consume Bonolive® every time they consume one of the intended use food categories daily over a lifetime. While food labels will list Bonolive® as an ingredient and may highlight the ingredient, it is assumed that many consumers will not always realize that the ingredient is present in the food (in other words, it will likely be “invisible” in various food categories to many consumers). Additionally, Bonolive® will often be added to foods at levels that are lower than the maximum intended use levels due to formulation challenges because of the extremely bitter taste of the ingredient (as discussed in Part 4 of this document). Lastly, there will be cost and market share limitations to adding this specialty brand ingredient to foods in general, making it even less likely that an individual will consume it in all intended use food categories daily. Thus, assuming that individuals would consume the maximum addition level of Bonolive® each time they consumed any of the intended food categories listed in Table 7, will lead to a gross over-estimation of exposure.

For the above reasons, calculations were performed using both a 100% presence probability factor as well as a 20% presence probability factor for the exposure calculations. In other words, calculations were performed using the Creme software such that each of the intended use food categories was assigned a 100% or a 20% random chance of containing Bonolive® at the maximum addition level. The 20% presence probability factor was considered to result in a more reasonable and yet still highly conservative estimation of exposure. Exposure results using both methods are shown in the tables below.

**Table 8.** Estimated Exposure to Bonolive® (mg/day) using a 100% Presence Probability Factor

Population Group	Age (yrs.)	M/F	Food Consumers							
			n	% Total	Daily Average Exposure mg/day				90 <sup>th</sup> % RSE	90 <sup>th</sup> Lifetime Exposure mg/day
					Mean	Mean SE	90 <sup>th</sup>	90 <sup>th</sup> SE		
Children	2–11	M	709	97.9	606.5	24.3	1103.2	61.6	5.6	977.0
		F	701	97.4	470.7	16.6	855.8	40.0	4.7	737.7
Teenagers	12–19	M	536	96.1	904.1	83.6	1734.0	160.4	9.3	1533.7
		F	555	96.1	613.8	31.7	1122.7	105.0	9.4	924.1
Adults	20+	M	1961	93.9	887.7	22.7	1733.3	57.6	3.3	1491.1*
		F	2256	95.5	766.9	21.8	1526.3	57.5	3.8	1288.0
Total M/F	2+	M	3206	94.7	850.1	20.9	1681.5	45.5	2.7	1439.3*
		F	3512	95.8	712.7	16.7	1400.2	41.6	3.0	1185.5
Total population	2+	Both genders	6718	95.3	779.2	13.1	1553.2	38.0	2.4	1315.9*

SE = standard error; RSE = relative standard error (<25% is considered reliable).

\*Creme warning -2048 (number of days per person should be constant for a foods calculation).

**Table 9.** Estimated Exposure to Bonolive® Relevant to Body Weight (mg/kg bw/day) using a 100% Presence Probability Factor

Population Group	Age (yrs.)	M/F	Food Consumers							
			n	% Total	Daily Average Exposure mg/kg bw/day				90 <sup>th</sup> % RSE	90 <sup>th</sup> Lifetime Exposure mg/kg bw/day
					Mean	Mean SE	90th	90 <sup>th</sup> SE		
Children	2–11	M	709	97.9	24.0	1.1	46.7	5.2	11.1	40.7
		F	701	97.4	18.9	0.7	34.1	2.3	6.7	31.0
Teenagers	12–19	M	536	96.1	13.1	1.1	25.3	3.3	13.0	22.4
		F	555	96.1	9.7	0.4	18.0	0.7	3.9	15.1
Adults	20+	M	1961	93.9	10.3	0.3	20.3	0.9	4.4	17.7*
		F	2256	95.5	10.3	0.3	20.7	0.6	2.9	17.5
Total M/F	2+	M	3206	94.7	12.6	0.3	25.0	0.9	3.6	22.7*
		F	3512	95.8	11.4	0.3	21.9	0.6	2.7	19.8
Total population	2+	Both genders	6718	95.3	11.9	0.2	23.2	0.5	2.2	21.2*

SE = standard error; RSE = relative standard error (<25% is considered reliable).

\*Creme warning -2048 (number of days per person should be constant for a foods calculation).

**Table 10.** Estimated Exposure to Bonolive® (mg/day) using a 20% Presence Probability Factor

Population Group	Age (yrs.)	M/F	Food Consumers							
			n	% Total	Daily Average Exposure mg/day				90 <sup>th</sup> % RSE	90 <sup>th</sup> Lifetime Exposure mg/day
					Mean	Mean SE	90th	90 <sup>th</sup> SE		
Children	2–11	M	446	61.1	200.5	12.2	419.9	46.1	11.0	233.7
		F	432	60.4	154.8	8.0	266.2	28.4	10.7	210.3
Teenagers	12–19	M	313	57.3	254.4	15.4	515.9	58.4	11.3	373.6**
		F	301	51.2	249.7	34.2	475.1	169.9	35.8*	334.6
Adults	20+	M	1052	52.7	324.9	14.6	612.8	47.0	7.7	447.5
		F	1244	54.2	264.1	17.8	500.2	25.8	5.2	375.2
Total M/F	2+	M	1811	54.4	297.3	10.6	563.4	25.7	4.6	443.8
		F	1977	54.7	247.5	14.4	483.7	26.8	5.5	368.7
Total population	2+	Both genders	3788	54.6	271.7	8.7	523.1	16.2	3.1	412.4

SE = standard error.

\*RSE = relative standard error (<25% is considered reliable, >25% is considered unreliable).

\*\*Creme warning -32 (Fourth moment of usual intakes less than 3.0).



**Table 11.** Estimated Exposure to Bonolive® Relevant to Body Weight (mg/kg bw/day) using a 20% Presence Probability Factor

Population Group	Age (yrs.)	M/F	Food Consumers							
			<i>n</i>	% Total	Daily Average Exposure mg/kg bw/day				90 <sup>th</sup> % RSE	90 <sup>th</sup> Lifetime Exposure mg/kg bw/day
					Mean	Mean SE	90 <sup>th</sup>	90 <sup>th</sup> SE		
Children	2–11	M	446	61.1	7.8	0.4	15.8	1.1	7.0	9.9
		F	432	60.4	6.3	0.3	12.1	0.8	6.6	8.5
Teenagers	12–19	M	313	57.3	3.8	0.2	7.2	0.6	8.3	5.6**
		F	301	51.2	3.8	0.4	7.7	1.0	13.0	5.3**
Adults	20+	M	1052	52.7	3.7	0.2	7.2	0.4	5.6	5.5
		F	1244	54.2	3.6	0.3	6.8	0.4	5.9	4.5
Total M/F	2+	M	1811	54.4	4.4	0.1	8.8	0.4	4.5	7.0
		F	1977	54.7	4.0	0.2	7.8	0.5	6.4	6.0
Total population	2+	Both genders	3788	54.6	4.2	0.1	8.5	0.3	3.5	6.5

SE = standard error; RSE = relative standard error (<25% is considered reliable).

\*\*Creme warning -32 (Fourth moment of usual intakes less than 3.0).

According to the estimates above, approximately 95.3% and 54.6% of the U.S. total population were identified as potential consumers of Bonolive® from the proposed food uses, depending on whether 100% or 20% presence probability was assumed. The 90<sup>th</sup> percentile aggregate lifetime estimated exposure level for the total population using a 20% presence probability factor was 412.4 mg/day (absolute) and 6.5 mg/kg bw/day (relative to body weight), as shown in the tables above. With regard to individual population groups, the highest absolute lifetime exposure estimate using a 20% presence probability factor was that for adult males (20 years and older) at the 90<sup>th</sup> percentile, at 447.5 mg/day. The highest exposure estimates relative to body weight at the 90<sup>th</sup> percentile was that for males aged 2–11, at 9.9 mg/kg bw/day (equivalent to a maximum of approximately 5.4 mg/kg bw/day oleuropein).

As olive products are routinely consumed in the United States, the above exposure estimates are in addition to baseline levels of olive polyphenols in the diet. While oleuropein is abundant in unprocessed olive leaves and fruit, a higher concentration of hydroxytyrosol and tyrosol may be found in the fruit and in olive oil, due to chemical and enzymatic reactions that occur in the plant during maturation of the fruit and also during the processing and fermentation of olives and olive oil, which cause oleuropein to hydrolyze to tyrosol and hydroxytyrosol, thus the latter two compounds are more abundant in the oil.<sup>8,10,11,34-36</sup>

Intake levels of olive oil have been estimated at 0.1–16.3 kg/year per capita; the highest consumers are found in Greece, followed by Spain and Portugal.<sup>37</sup> The

United States was reported to have consumed approximately 0.9 kg/year per capita in 2013. In 2021, domestic olive oil consumption in the United States equals to approximately 406,000 metric tons; 1.22 kg/year per capita<sup>38</sup>. As mentioned previously, oleuropein in olive oil ranges from 0.005–0.12%,<sup>5,9</sup> thus the per capita consumption rate of oleuropein in the United States would be a maximum of approximately 1.4 g oleuropein/year, while in Greece it would be a maximum of 24.1 g oleuropein/year. Compared to the exposure estimates from Bonolive<sup>®</sup>, the baseline level of consumption of oleuropein from olive oil is considered essentially negligible. Zoidou et al. measured oleuropein and hydroxytyrosol levels in a number of commercial table olive products.<sup>39</sup> They found that oleuropein levels were very low or non-detectable in most of the products. However, they were up to 1.23 mg per olive fruit in a particular black olive product called Throuba Thassos, which is processed using dry salt in a traditional Greek way. Hydroxytyrosol levels were much higher overall in the olive products, at up to 2.05 mg/fruit in kalamata olives. The authors estimated an exposure of 20–40 mg of hydroxytyrosol or 25 mg of oleuropein from the consumption of approximately 20 olives per meal (for oleuropein, the consumption would have to be specifically from Throuba Thassos olives, as other olive types would lead to negligible oleuropein consumption levels). The PRIMED study found consumption of an estimated  $25.8 \pm 39.2$  mg/day of polyphenols such as tyrosols, ligstroside, 3,4-DHPEA-EDA, oleuropein, and 3,4-dihydroxyphenoylglycol by the Spanish participants, obtained from olives and olive oils.<sup>40</sup>

## Part 4: Self-limiting Levels of Use

As Bonolive<sup>®</sup> is not perfectly water soluble, leaving small sediments, it will have self-limiting levels of use in clear beverages. The cost of this specialty brand ingredient will also self-limit the ingredient to some degree. More importantly, oleuropein is well-known to be an extremely bitter molecule, as is true for most polyphenolic compounds.<sup>41-43</sup> Thus use at relatively high concentrations must be combined with ways to mask the unpleasantly bitter flavor—a task that can be difficult to achieve.<sup>43</sup> The taste challenges of integrating oleuropein into functional foods have been discussed in the literature.<sup>41,43</sup> For example, Kranz et al. studied bitterness detection and recognition thresholds of olive leaf extract polyphenols in commercial fruit smoothies using a trained sensory panel.<sup>43</sup> An olive leaf extract containing 40% oleuropein was utilized for the tests. The panelists were able to detect levels as low as 5.8 mg of oleuropein in 100 g of smoothie (58 ppm). In a second step of the study, bitter taste masking of olive leaf extract-enriched fruit smoothies was investigated using the addition of three food ingredients (sucrose, sodium cyclamate, and sodium chloride) at different concentrations. At higher polyphenol levels of 20 mg/100 g (200 ppm), sodium cyclamate and sucrose were able to reduce bitter taste perception by 39.9% and 24.9%, respectively, whereas sodium chloride could not effectively mask bitterness.

Note that the detectable concentration of oleuropein referred to above was much lower than the maximum intended use concentrations for Bonolive<sup>®</sup>, highlighting those organoleptic effects may indeed be self-limiting for this ingredient. BioActor has experienced challenges overcoming the bitter taste of Bonolive<sup>®</sup> in working with companies interested in adding their ingredient to various foods. In a number of cases, only much lower levels than the maximum intended use levels stated in this dossier could be utilized due to taste issues, and in other cases, the bitterness proved too challenging to utilize in a particular food at any concentration.

## **Part 5: Experience Based on Common Use in Food Prior to 1958**

The GRAS conclusion for Bonolive<sup>®</sup> is based on scientific procedures, and thus, experience based on common use in food prior to 1958 is not considered pivotal information. To the best of our knowledge, Bonolive<sup>®</sup> was not commonly used in foods prior to 1958.

## Part 6: Narrative

### 6.1 Safety Assessment

#### 6.1.1 Pharmacokinetics

Phenolic compounds from virgin olive oil have been shown to be highly bioavailable.<sup>8</sup> Absorption and metabolism of phenolic compounds from olive leaves are also relatively rapid, as is renal clearance.<sup>11,44</sup> Results from several studies suggest that secoiridoid derivatives are hydrolyzed in the upper gastrointestinal tract.<sup>10,25,45,46</sup> Colonic microflora likely also play a role in biotransformation of the phenolic compounds.<sup>46</sup> Numerous metabolites of olive polyphenols have been identified in plasma and urine (over 80 total). The metabolites tend to be identified as conjugated forms (mainly sulfonated and glucuronidated), suggesting extensive first-pass intestinal/hepatic metabolism of these compounds.<sup>25,26,45,47,48</sup>

The oral bioavailability of 250 mg of Bonolive<sup>®</sup> was studied in healthy pre- and post-menopausal women (eight per group) in a parallel trial to compare the results in these two populations.<sup>25</sup> The pre-menopausal women were all taking monophasic oral contraceptives, and the post-menopausal women had passed menopause by at least 2 years. Bonolive<sup>®</sup> metabolites were analyzed in plasma and urine over 24 hours using high performance liquid chromatography coupled to electrospray ionization-quadrupole time of flight mass spectrometry (HPLC-ESI-QTOF) and ultra-performance liquid chromatography tied to electrospray triple quadrupole mass spectrometry (UPLC-ESI-QqQ). The majority of the identified metabolites were, as expected, in conjugated form—mainly glucuronidated and sulfated. They appeared rapidly in the plasma; the maximum peak concentration occurred within the first 35–75 minutes. In both groups, the first metabolite to reach the maximum peak concentration was hydroxytyrosol glucuronide. The authors state that the results support the hypothesis that secoiridoid derivatives are hydrolyzed in the upper gastrointestinal tract, since hydroxytyrosol glucuronide appeared rapidly in the plasma. The absorption patterns of the different phenolic compounds in plasma and urine were similar in both groups of women. Plasma levels of hydroxytyrosol glucuronide, hydroxytyrosol sulfate, oleuropein aglycon glucuronide and oleuropein aglycon derivative 1 were higher in post-menopausal women ( $p < 0.05$ ), and these women also excreted fewer sulfated metabolites compared to pre-menopausal women. The vast number of metabolites detected suggests that oleuropein is extensively metabolized in the body. A maximum urine excretion rate was reached in the first four hours, followed by a fast decrease toward baseline levels. The exception was for the sulfated metabolites, the excretion of which was not complete by 24 hours (the time limit of the study). Urine excretion kinetics were similar for the majority of compounds. Age and/or hormonal related changes themselves and in relation to gastric emptying and expression of phase II enzymes

were suggested as possible reasons for the differences between the pre- and post-menopausal groups. A plasma antioxidant effect was also noted.

In order to quantify the bioavailability and metabolism of oleuropein and hydroxytyrosol from another olive leaf extract, nine healthy volunteers (four females, five males) were given a single low dose (containing 51.1 mg oleuropein and 5.4–9.7 mg hydroxytyrosol) and a high dose (containing 76.6 mg oleuropein and 8.1–14.5 mg hydroxytyrosol) extract as capsules or liquid, with a one-week washout period between.<sup>11,49</sup> In other words, subjects received the opposite strength but the same formulation one week apart. Phenolic content was analyzed in plasma and urine samples over 24 hours using liquid chromatography-electrospray ionization-tandem mass spectrometry (LC-ESI-MS/MS). Conjugated metabolites of hydroxytyrosol (sulfated and glucuronidated) were the primary metabolites identified, comprising 96–99% of the phenolic metabolites detected in plasma. They were also the primary metabolites found in urine. Oleuropein and hydroxytyrosol metabolites were rapidly detected in plasma after ingestion (within 23–93 minutes). Peak oleuropein concentrations in plasma were notably 6-fold higher following ingestion of liquid versus capsule preparations ( $p=0.004$ ). Males displayed greater plasma area under the curve for conjugated hydroxytyrosol ( $p=0.048$ ). The majority of metabolite recovery occurred within eight hours of ingestion. There was marked inter-individual variation in the results, possibly due to differences in human enzymatic activity.

The absorption of olive oil polyphenols was also investigated in eight healthy ileostomy subjects.<sup>10</sup> Phenols are degraded by microorganisms in the colon, thus if researchers only analyze fecal excretion, it can lead to overestimation of absorption. This is the reason that ileostomy subjects (i.e., subjects without colons) were chosen for the study. The authors also measured urinary excretion in these subjects along with 12 healthy subjects that had a functional colon. Subjects consumed three different supplements containing 100 mg of olive oil phenols with breakfast on separate days in random order. The study was a cross-over design with a one-week washout period between consumption of each supplement, in which no intake of olives or olive oil was allowed. Ileostomy subjects consumed a supplement with mainly nonpolar phenols (e.g., oleuropein- and ligstroside-aglycones; as an ethanolic extract of olive oil), another supplement with mainly polar phenols (e.g., hydroxytyrosol and tyrosol; as a reverse osmosis extract of olive oil), and a third supplement containing oleuropein-glycoside (commercially available from Solgar Laboratories). Subjects with a colon consumed the same supplements as the ileostomy subjects, except that a supplement without phenols (placebo) was given instead of the supplement with oleuropein-glycoside. The subject/supplement groups are also shown in the table below for clarity:

Supplement	Subjects
Nonpolar	Ileostomy
	Functional colon
Polar	Ileostomy

	Functional colon
Oleuropein-glycoside	Ileostomy
Placebo	Functional colon

Ileostomy effluent/stool and urine were collected for 24 hours after supplement intake. Phenol concentrations were measured using HPLC. Tyrosol and hydroxytyrosol concentrations were low (<4 mol/100 mol of intake) in the ileostomy effluent, and no aglycones were detected. Absorption was confirmed by the excretion of approximately 5–6 mol/100 mol tyrosol and hydroxytyrosol in urine from both subject groups that consumed the polar supplement, 6–12 mol/100 mol after consuming the nonpolar supplement, and ileostomy subjects excreted 16 mol/100 mol (mainly as hydroxytyrosol) after consuming the oleuropein-glycoside supplement. Oleuropein and ligstroside-aglycones were not measured. The authors estimated that up to 66% of the phenols from the nonpolar supplement were absorbed, and the percentage was higher for the polar supplement and the oleuropein-glycoside. Most, if not all of the polyphenols are absorbed in the small intestine.

Differing conditions, such as drying (hot air versus freeze-drying) and extracting (conventional versus ultrasound-assisted) of olive leaves did not have a significant influence on polyphenolic behavior/bioaccessibility during digestion using an in vitro digestion model.<sup>50</sup> The authors found that oleuropein and verbascoside levels were nearly negligible after digestion due to their instability, while luteolin-7-*O*-glucoside was fairly resistant to digestion.

The mechanism of absorption of olive oil phenolics is not clearly defined, although passive diffusion, transcellular, paracellular or glucose transporter mechanisms have been proposed, and the polarities of the phenolics have also been suggested to play a role.<sup>8,25</sup>

The bioavailability, metabolism and distribution of olive phenolic compounds were studied in Wistar rats using an ultra-performance liquid chromatography-tandem mass spectrometer (UPLC-MS/MS).<sup>6</sup> Rats were given a single dose of olive cake (the main by-product of olive oil extraction), containing phenolic compounds typically found in olive oil, including phenyl alcohols, phenolic acids, secoiridoid derivatives, lignans, and flavonoids. Overall, results showed a wide distribution of phenolic compounds and their metabolites (mainly sulphated and glucuronidated conjugate forms) to essentially all tissues in the body, and there was evidence that they crossed the blood brain barrier. Levels were highest in the liver and kidneys, followed by the testes. The heart, brain, spleen, and thymus showed a lower number of metabolites with phenolic acids being the main metabolites quantified. Oleuropein derivatives were present in most tissues analyzed after one hour, with an average  $C_{\max}$  reached at two hours. The main detoxification route was via the kidneys.

When studied on its own, 95% pure oleuropein (extracted from olive leaves) was degraded in gastric aspirates collected from individuals in the fasted state (although degradation products were not specifically quantified, after four hours of incubation in the fasted state, 8.6% of oleuropein content had been transformed to hydroxytyrosol).<sup>51</sup> In the fed state (individuals were fed with 500 mL of Ensure Plus), oleuropein was found to be stable in gastric aspirates but was partially degraded in small intestinal aspirates. All degradation in the study appeared to occur with zero-order kinetics. Oleuropein has also been shown to be converted into hydroxytyrosol at various rates by lactic acid bacterial strains under aerobic and anaerobic conditions,<sup>52</sup> although oleuropein added to milk and yogurt at levels of 0.1–0.4 mg/mL was not affected by heat processing nor lactic acid bacteria in the products.<sup>53</sup>

### **6.1.2 Toxicology Studies**

Genotoxicity and repeated dose oral toxicity studies were conducted to investigate the safety of Bonolive<sup>®</sup>, in accordance with OECD protocols. These studies were published in the International Journal of Toxicology in 2015.<sup>54</sup>

A bacterial reverse mutation (Ames) test was conducted in compliance with the following internationally accepted guidelines: [1] OECD Guidelines for Testing of Chemicals, No. 471 (adopted 21 July 1997); [2] Commission Regulation (EC) No 440/2008 B13/14 (adopted May 30, 2008); [3] EPA Health Effects Test Guidelines, OPPTS 870.5100 (August 1998), and [4] ICH Guidance S2(R1) (June 2012).

A chromosomal aberration test was conducted in compliance with the following internationally accepted guidelines: [1] OECD Guidelines for Testing of Chemicals, No. 473 (adopted 21 July 1997); [2] EPA Health Effects Test Guidelines, OPPTS 870.5375 (August 1998); and [3] Commission Regulation (EC) No. 440/2008 B 10 (adopted 30 May 2008).

A mammalian erythrocyte micronucleus test was conducted in compliance with the following internationally accepted guidelines: [1] OECD Guidelines for Testing of Chemicals, No. 474 (adopted 21 July 1997); [2] Commission Regulation (EC) No 440/2008, B.12 (adopted 30 May 2008); and [3] EPA Health Effects Test Guidelines, OPPTS 870.5395 (August 1998).

A 14-day repeated-dose oral toxicity study in rats was performed and followed the test procedure recommendations of [1] the OECD Guidelines for the Testing of Chemicals, No. 407 (adopted 03 October 2008) and [2] the US FDA Redbook 2000, IV.C.3.a. (November 2003).

A 90-day repeated-dose oral toxicity study (including a 28-day satellite group) in rats was performed and followed the test procedure recommendations of [1] the



OECD Guidelines for the Testing of Chemicals, No. 408 (adopted 21 September 1998) and [2] the US FDA Redbook 2000, IV.C.4.a. (November 2003).

All five studies were conducted in Good Laboratory Practice (GLP) certified facilities (Toxi-Coop Zrt., Hungary) and in compliance with GLP according to Hungarian GLP regulations, Joint Decree No 9/2001 (III. 30). The Institutional Animal Care and Use Committee (IACUC) of Toxi-Coop Zrt. permitted the conduct of the animal studies according to Standard Operating Procedures (SOP) for animal protection. Additionally, care and use of study animals were in accordance with the National Research Council Guide for Care and Use of Laboratory Animals 8th Edition (published 2011) and in compliance with the principles of the Hungarian Act 2011 CLVIII (modification of Hungarian Act 1998 XXVIII) regulating animal protection. The studies are described in the summaries below.

#### ***Bacterial Reverse Mutation Assay<sup>54</sup>***

**Purpose:** To evaluate the mutagenic potential of Bonolive<sup>®</sup>.

**Methods:** Four strains of *Salmonella typhimurium* (TA98, TA100, TA1535 and TA1537) and one strain of *Escherichia coli* (WP2 *uvrA*) were used in the presence and absence of rat liver S9 metabolic activation with appropriate positive and negative controls. The study included a preliminary solubility test, a preliminary range-finding test, an initial mutation test (IMT; plate incorporation assay) and a confirmatory mutation test (CMT; pre-incubation assay). Concentrations of Bonolive<sup>®</sup> used for the IMT and CMT were based on the preliminary results and were as follows: 51.2, 128, 320, 800, 2000 and 5000 µg/plate.

**Results:** Spontaneous revertant colony numbers of the vehicle control agreed with historical control data, and positive controls induced the expected responses. No biologically relevant increases were seen in revertant colony numbers of any of the five bacterial strains upon treatment with Bonolive<sup>®</sup> at any of the concentration levels either in the presence or absence of an S9 activation system.

**Conclusions:** Under the experimental conditions applied, Bonolive<sup>®</sup> was considered non-mutagenic at concentrations up to the maximum recommended test concentration of 5000 µg/plate.

#### ***Chromosomal Aberration Study<sup>54</sup>***

**Purpose:** To evaluate the clastogenic potential of Bonolive<sup>®</sup>.

**Methods:** Bonolive<sup>®</sup> was dissolved in Dulbecco's Modified Eagle's medium (DME) medium, and the concentrations listed below were chosen on the basis of preliminary cytotoxicity investigations. The chromosomal aberration assay was conducted in two independent experiments (each in duplicate) using V79 Chinese

hamster lung cells. The cells were exposed to the negative control or each test article concentration with and without metabolic activation using rat liver preparations (S9-mix). Groups of cells were also exposed to the respective positive controls for use with or without S9-mix. Exposure and sampling times were as follows:

- Experiment A: 3h treatment with and without S9-mix/20h sampling time.
  - Without S9: 250, 500, 750 and 1000 µg/mL
  - With S9: 250, 500, 750, 1000 and 1250 µg/mL
- Experiment B: 20h treatment without S9-mix/20 and 28h sampling times.
  - Without S9: 62.5, 125, 250 and 500 µg/mL
- Experiment B: 3h treatment with S9-mix/28h sampling time.
  - With S9: 500, 750, 1000, 1250 and 1500 µg/mL

Following treatment (exposure) and sampling (expression) time, cells were exposed to colchicine (0.2 µg/mL) 2–3 hours prior to harvesting and fixing for slide preparation. Chromosome aberration frequencies were then scored blind for at least 200 well-spread metaphase cells.

**Results:** In both experiments, A and B, no statistically significant differences between treatment and negative (solvent) control groups and no dose-response relationships were noted. No increase in the rate of polyploidy and endoreduplicated metaphases were observed after treatment with the different concentrations of Bonolive<sup>®</sup> with or without metabolic activation. Positive controls induced biologically and statistically significant increases in the number of cells with chromosome aberrations over background.

**Conclusions:** Bonolive<sup>®</sup> did not induce structural chromosome aberrations and is not considered clastogenic in this test system.

### ***Micronucleus Study***<sup>54</sup>

**Purpose:** To evaluate the in vivo mutagenic potential of Bonolive<sup>®</sup>.

**Methods:** A single dose of Bonolive<sup>®</sup> was administered by gavage to male Crl:NMRI BR mice at test concentrations of 0 (vehicle control), 500, 1000 and 2000 mg/kg bw. The negative control/vehicle was Humaqua. The positive control, cyclophosphamide 60 mg/kg bw, was administered by intraperitoneal injection. All treatments were administered at a uniform volume of 10 mL/kg bw. The negative control and high-dose groups consisted of 10 animals, and all other groups consisted of five animals. The main micronucleus test was conducted at the doses described above in males only based on the results of a preliminary toxicity test that was conducted using a single dose of Bonolive<sup>®</sup>, by gavage, at a concentration of 2000 mg/kg bw in two animals/sex/group in order to determine the high-dose and assess

gender differences. No mortality, signs of toxicity or gender-specific effects were observed in the preliminary test.

Group designation:

Dose (mg/kg bw/day)		No. of Males
Negative Control	0	10
Low-dose	500	5
Mid-dose	1000	5
High-dose	2000	10*
Cyclophosphamide	60	5

\*Two additional males were dosed in the high-dose group to replace any which might have died before the end of the study, however no deaths occurred.

In the low and mid-dose groups, the sampling from bone marrow was performed once at 24 hours after treatment and twice, at 24 and 48 hours after treatment, in the high dose and negative control groups. The positive control animals were sampled only at 24 hours post-treatment. Five animals per dose group were used on each occasion. Two thousand polychromatic erythrocytes (PCEs) per animal were scored for frequency of micronuclei.

**Results:** No mortality was observed the study. On the day of treatment, a slight decrease in activity and piloerection were observed in four of the 10 male mice treated with 2000 mg/kg bw of Bonolive®. These symptoms were not observed at 24 and 48 hours after treatment. Because no mortality occurred, bone marrow slides were not prepared for the two extra animals included in the high-dose group. No significant differences were observed in frequency of micronucleated PCEs (MPCEs) or proportion of PCE to mature erythrocytes between the three dose groups compared to the negative control, and all results were within the laboratory's historical control range. A large, statistically significant increase in MPCE frequency was observed in the positive control group compared to negative control.

**Conclusions:** Bonolive®, at concentrations up to the limit dose of 2000 mg/kg bw, did not show any genotoxic activity in the mouse micronucleus test.

#### ***Fourteen-day Repeated-Dose Oral Toxicity Study<sup>54</sup>***

**Purpose:** To obtain information on the toxic potential and to evaluate the maximum tolerated dose of Bonolive® in male and female rats from repeated exposure to the test article via gavage over a 14-day repeated dose test period.

**Methods:** Five groups of five SPF CrI:(WI)BR Wistar rats/sex/group were administered Bonolive® (formulated in a 1% Tween 80 vehicle) at concentrations to provide for uniform administration by gavage of a dose volume of 10 mL/kg bw; doses were 0 (vehicle-control), 300, 600, 1000 or 2000 mg/kg bw/day for 14 days.

Animals were observed for mortality twice a day, and detailed clinical observations were performed daily after treatment. Body weights were recorded twice weekly. Food consumption was determined weekly to coincide with body weight measurements during the study. Ophthalmologic examinations were performed on all animals before the first treatment and during the last week. Clinical pathology and gross pathology examinations were conducted on all animals one day after the last treatment. Selected organs were weighed. Full histopathological examinations were performed on all animals of the control and high dose groups and gross lesions of animals of the low and mid-dose groups (including the testes and epididymides of one animal in the 1000 mg/kg bw/day group). Kidneys of animals in the 300, 600 and 1000 mg/kg bw/day groups were also assessed histologically due to findings in the high-dose animals.

**Results:** There was no mortality during the course of the study. Toxic signs related to the test article were not found during the detailed clinical observations. No test article related to body weight, or body weight gain changes were observed. Mean daily food consumption and feed efficiency were not influenced by the test article. There were no test articles related to eye alterations or pathologic changes in hematological or clinical chemistry parameters. Specific macroscopic alterations related to the test article were not found during the terminal necropsy, and no test article-related changes in organ weights were noted. One male animal from the 1000 mg/kg bw/day group was missing the head of one epididymis (congenital absence). Histopathological evaluation of organs revealed hyaline-like droplets in the kidneys of male animals of 1000 and 2000 mg/kg bw/day group animals. The incidence and severity of the lesions were less in the 1000 mg/kg bw/day group than in the 2000 mg/kg bw/day group.

**Discussion and Conclusions:** Oral administration of Bonolive<sup>®</sup> was associated with renal changes (hyaline-like droplet nephropathy) in male rats in the 1000 and 2000 mg/kg bw/day doses. There were no additional treatment-related findings in male or female rats after 14-day oral administration at 300 or 600 mg/kg bw/day or in female animals of the 1000 or 2000 mg/kg bw/day doses.

Hyaline droplet nephropathy describes a spectrum of morphologic changes in the kidneys of male rats induced by a variety of compounds and conditions and may not be relevant to humans.<sup>55-57</sup> There is generally an abnormal accumulation of  $\alpha$ -2 $\mu$ -globulin phagolysosomes of the tubular epithelium in this condition. The finding is common in male rats and is not seen in humans although occasionally its severity can occur in a dose-related manner after administration of a test article, suggesting a possible effect. One proposed mechanism of interaction is that a chemical or metabolite may bind with  $\alpha$ -2 $\mu$ -globulin or alter its structure so that the tubular cell lysosomal enzymes cannot degrade the protein complex. Other proposed mechanisms include direct cytotoxic effects.<sup>58</sup> It is unlikely that the various chemicals associated with hyaline droplet nephropathy in the male rat throughout the literature act by the same mechanism. Some chemicals that produce hyaline

droplet nephropathy in male rats also produce renal toxicity (unassociated with  $\alpha$ -2 $\mu$ -globulin) in female rats, whereas others produce no effects in the kidney of female rats.

Because of this finding in the 14-day study, a satellite study of animals (5 per sex per group) was added to the following 90-day study plan. These satellite animals were terminated on day 28 (as opposed to day 90) to obtain preliminary data, and the kidneys of male animals in all dose groups were processed and examined histopathologically to investigate the possible presence of hyaline-like droplets in the epithelial cells of proximal convoluted tubules before the remainder of the 90-days of exposure in the main groups.

#### ***Ninety-day Repeated-Dose Oral Toxicity Study<sup>54</sup>***

**Purpose:** To continue to evaluate the potential health hazards, including identification of toxic effects and target organs, of repeated oral exposure to Bonolive<sup>®</sup> in male and female rats for 90 days, and to determine a NOAEL.

**Methods:** Four groups of 20 SPF CrI:(WI)BR Wistar rats (10 per sex per group) were administered Bonolive<sup>®</sup> dissolved in 1% Tween 80 (vehicle) at concentrations to provide for uniform administration by gavage of a dose volume of 10 mL/kg bw. Doses were 0 (vehicle-control), 360, 600 and 1000 mg/kg bw/day, given for 90-days. One additional female animal was added to the study on Day 2 to replace a female animal that died very early on in the 1000 mg/kg bw/day group. Individual data of this animal was reported but was not included in the overall evaluation.

To help determine the significance and repeatability of the hyaline-like droplet findings noted in the 14-day study, a 28-day satellite group (five animals per sex per group) was added to the study for early histopathological examination with a specific focus on nephropathy. The continuation with the 90-day study plan would be dependent upon the findings of the 28-day satellite group.

All animals were observed for mortality twice a day during the course of the study. General clinical observations were performed daily after treatment. Detailed clinical observations were made on all animals weekly. A functional observation battery was conducted during the last week of the treatment. Body weight was recorded twice weekly during weeks 1–4 and once weekly thereafter (weeks 5–13). Food consumption was determined weekly to coincide with body weight measurements. Ophthalmologic examinations were performed on all animals before the first treatment and on animals of the control and high dose groups during the last week of treatment. Clinical pathology and gross pathology examinations were conducted on all animals one day after the last treatment (i.e., animals in satellite groups on day 28, animals of main groups on day 90 (males) and on day 91 (females)). Selected organs were weighed. Full histopathological examinations were performed on all animals of the control and high dose groups. Kidneys of male animals in the satellite

groups at 360 and 600 mg/kg bw/day were also processed histologically. In the low and middle dose groups, organs with any other macroscopic findings were processed and examined histologically. All quantitative data was subjected to statistical analysis.

**Results:** There was no test article-related mortality in any of the satellite or main groups. One female and one male animal from the 1000 mg/kg bw/day died during the study, both deemed due to gavage procedure, on Day 2 and Day 60, respectively. Full examinations were performed on the animals on the day of their death. For the female animal, there were no preceding clinical signs or gross pathology findings, and histopathological examination revealed acute catarrhal pneumonia and serous-fibrinous pleuritis. For the male animal, death was preceded by salivation, convulsion, prone positioning, decreased activity, dyspnea, and narrow eye aperture, all of which occurred shortly after treatment. Gross pathology revealed dark red lungs, dark red liver, and dark color of the right lobe of the thymus and yellowish fluid content in the thoracic cavity in full compliance with histopathological findings of acute alveolar emphysema accompanied by acute hemorrhage in the lungs and congestion of the liver and thymus. There were no histopathologic findings related to the kidneys.

As further described below, no toxicologically relevant findings were noted in the satellite animals after 28-days, including no gross or histopathological findings related to the kidneys. Thus, the full 90-day study plan was carried out.

Toxic signs related to the test article were not found during daily or detailed weekly observations. Several common findings occurred with low incidence in both the control and low or mid dose groups but not in the high dose group, and thus were not considered toxicologically relevant (e.g., slight salivation in some animals, and some individual dermal clinical signs). The functional observation battery did not reveal any test article influence on animal behavior or neurological functioning.

No test article related body weight or body weight gain changes were observed in satellite or main groups. Statistically significant differences with respect to the control were noted for the lower mean body weight gain of female animals in the 1000 mg/kg bw/day group between Days 11–14, Days 28–35 and Days 56–63, but did not result in changes to mean body weight or in the total body weight gain compared to controls. Therefore, these transient differences were not considered biologically or toxicologically relevant. Mean daily food consumption was not influenced by the test article. There were several sporadic statistically significant differences in feed efficiency with respect to controls in the main group which were considered normal biological variation (male animals in the 360 and 1000 mg/kg bw/day groups were slightly lower than controls between Days 28 and 35, as were female animals in the 600 mg/kg bw/day group between Days 0 and 7).

There were no treatment-related eye alterations in any of the groups, nor any toxicologically relevant changes in the evaluated hematology, blood coagulation or

clinical chemistry parameters at the end of the 28-day or 90-day treatment periods. Some sporadic, statistically significant findings that were not considered toxicologically relevant are shown in the tables below.

**Table 12.** Selected Hematological Findings in the 90-Day Repeated Oral Toxicity Study<sup>54</sup>

Group (mg/kg bw/d)	NEU %	LYM %	MONO %	RBC x10 <sup>12</sup> /L	HGB g/L	HCT L/L	PLT x10 <sup>9</sup> /L	APTT sec
Male (Satellite groups n=5 each)								
Control	9.76 ± 2.55	86.48 ± 3.03	2.58 ± 0.66	8.99 ± 0.22	170.80 ± 2.39	0.48 ± 0.01	987.00 ± 104.03	16.54 ± 2.18
360	15.28 ± 1.36*	79.90 ± 2.50*	3.12 ± 0.42	8.49 ± 0.27*	162.40 ± 4.67*	0.45 ± 0.01*	909.80 ± 97.87	16.22 ± 2.56
600	18.04 ± 3.31**	76.98 ± 3.73**	3.82 ± 0.81*	9.16 ± 0.36	172.00 ± 6.04	0.48 ± 0.2	975.00 ± 157.82	17.12 ± 2.03
1000	11.34 ± 4.20	83.76 ± 5.07	2.90 ± 0.66	8.73 ± 0.46	166.60 ± 7.60	0.46 ± 0.02	905.00 ± 135.94	15.78 ± 0.96
Historical Range <sup>a</sup>	6.0–39.8	54.4–91.5	0.3–5.1	6.72–9.83	124–179	0.354–0.489	625–1173	13.1–22.9
Male (Main groups n=10 each, except 1000 mg/kg n=9)								
Control	14.87 ± 2.18	79.14 ± 2.29	4.03 ± 0.61	9.76 ± 0.42	166.20 ± 7.30	0.45 ± 0.02	935.60 ± 117.62	18.28 ± 2.05
360	18.63 ± 5.24	73.38 ± 5.90	5.63 ± 1.32**	9.75 ± 0.34	168.60 ± 5.19	0.46 ± 0.01	900.80 ± 113.87	19.36 ± 1.64
600	18.47 ± 6.72	74.81 ± 7.50	4.88 ± 1.03	9.82 ± 0.45	168.70 ± 6.93	0.46 ± 0.02	1055.60 ± 145.35	19.65 ± 3.09
1000	18.02 ± 6.45	76.20 ± 7.03	4.13 ± 1.26	9.76 ± 0.35	168.00 ± 6.93	0.46 ± 0.02	1034.11 ± 128.93	19.26 ± 1.63
Historical Range <sup>a</sup>	8.9–24.6	67.7–86.8	1.4–6.3	8.61–10.61	155–183	0.416–0.500	792–1349	14.3–23.1
Female (Satellite groups n=5 each)								
Control	17.60 ± 4.49	77.64 ± 3.34	3.12 ± 0.96	8.85 ± 0.21	164.60 ± 8.26	0.45 ± 0.02	842.60 ± 126.36	18.88 ± 1.50
360	15.10 ± 2.06	79.64 ± 2.92	3.12 ± 0.72	8.71 ± 0.13	159.60 ± 5.55	0.44 ± 0.02	898.80 ± 127.65	17.42 ± 1.50
600	17.78 ± 7.01	79.16 ± 6.94	1.90 ± 0.34*	8.61 ± 0.61	162.80 ± 6.30	0.45 ± 0.01	802.80 ± 113.67	18.36 ± 2.16
1000	13.84 ± 5.83	82.36 ± 5.89	2.42 ± 0.65	8.54 ± 0.32	160.60 ± 6.19	0.44 ± 0.02	930.40 ± 161.63	17.12 ± 1.17
Historical Range <sup>a</sup>	4.8–25	72.1–93.5	0.3–5.5	7.58–9.35	147–174	0.408–0.476	659–1088	13.9–25.1
Female (Main groups n=10 each)								
Control	13.51 ± 4.76	82.40 ± 5.17	2.44 ± 0.72	9.09 ± 0.54	163.80 ± 7.67	0.45 ± 0.02	802.30 ± 100.73	18.88 ± 0.92
360	16.24 ± 7.47	79.83 ± 7.79	2.27 ± 0.73	8.90 ± 0.44	165.00 ± 6.94	0.45 ± 0.02	949.70 ± 98.40**	19.17 ± 1.94
600	18.08 ± 12.56	77.31 ± 14.54	2.74 ± 2.22	9.11 ± 0.78	166.10 ± 11.71	0.46 ± 0.03	854.70 ± 117.95	20.64 ± 1.96*
1000	16.15 ± 3.95	80.40 ± 4.35	2.14 ± 0.98	8.87 ± 0.58	163.90 ± 11.24	0.45 ± 0.03	903.50 ± 122.43	20.17 ± 1.67
Historical Range <sup>a</sup>	6.8–28.1	68.4–90.4	0.8–4.5	7.97–9.94	152–176	0.423–0.488	675–1176	12.8–21.9
Data represent the mean values and the standard deviation.								
*Only parameters with statistically significant findings are shown in table.								
**P < 0.05 and ***P < 0.01								
<sup>a</sup> minimum and maximum levels reported as the range of historical control values								

**Table 13.** Selected Clinical Chemistry Findings in the 90-Day Repeated Oral Toxicity Study<sup>54</sup>

Group	ALT	AST	ALP	TBIL	CREA	CHOL	BAC	PI	Ca++	Na+	Cl-	ALB	TPROT	A/G
(mg/kg bw/d)	U/L	U/L	U/L	μmol/L	μmol/L	mmol/L	μmol/L	mmol/L	mmol/L	mmol/L	mmol/L	g/L	g/L	
Male (Satellite groups n=5 each)														
Control	43.22 ± 6.92	91.66 ± 10.18	143.20 ± 15.40	1.98 ± 0.36	25.90 ± 1.07	2.10 ± 0.34	42.12 ± 20.01	3.11 ± 0.26	2.75 ± 0.10	144.60 ± 1.52	103.54 ± 1.50	33.04 ± 0.88	61.16 ± 3.24	1.2 ± 0.1
360	33.04 ± 4.07*	85.62 ± 7.71	132.00 ± 12.35	1.92 ± 0.24	27.72 ± 1.70	1.81 ± 0.32	28.72 ± 9.01	2.98 ± 0.27	2.73 ± 0.08	144.20 ± 0.84	103.56 ± 0.87	32.80 ± 0.83	58.04 ± 0.95	1.3 ± 0.1*
600	40.50 ± 6.73	96.94 ± 15.06	117.20 ± 11.12*	2.10 ± 0.16	26.36 ± 1.70	1.63 ± 0.14*	27.20 ± 5.76	2.76 ± 0.19	2.71 ± 0.10	145.40 ± 1.14	104.74 ± 1.26	33.72 ± 2.19	60.90 ± 4.69	1.2 ± 0.1
1000	36.54 ± 6.34	94.58 ± 20.55	119.40 ± 20.38*	1.90 ± 0.10	25.62 ± 2.54	1.66 ± 0.14*	39.52 ± 12.17	2.83 ± 0.16	2.75 ± 0.05	144.40 ± 2.19	103.78 ± 1.54	33.40 ± 0.62	59.48 ± 1.52	1.3 ± 0.0*
Historical Ranges	34.4–87.8	73.3–130.4	103–290	0.12–2.78	16.6–26.8	1.42–2.60	9.5–131.0	1.98–3.42	2.57–2.92	137–147	96.2–105.5	31.6–35.5	56.1–66.2	1.1–1.5
Male (Main groups n=10 each, except 1000 mg/kg n=9)														
Control	49.35 ± 9.41	112.94 ± 12.05	71.40 ± 14.38	2.36 ± 0.38	31.70 ± 2.60	1.87 ± 0.21	42.58 ± 13.87	2.21 ± 0.12	2.64 ± 0.04	142.10 ± 0.99	104.23 ± 0.67	33.35 ± 0.75	58.60 ± 1.59	1.32 ± 0.09
360	46.05 ± 10.07	104.22 ± 16.18	65.00 ± 11.26	1.98 ± 0.26*	31.20 ± 2.24	1.76 ± 0.35	28.32 ± 6.88*	2.14 ± 0.16	2.67 ± 0.05	141.70 ± 1.25	105.29 ± 0.94*	33.64 ± 0.76	58.19 ± 1.49	1.35 ± 0.07
600	39.01 ± 8.32*	104.31 ± 16.39	56.10 ± 6.47*	2.29 ± 0.25	28.14 ± 1.92**	1.98 ± 0.37	31.44 ± 14.57	2.40 ± 0.23*	2.78 ± 0.06**	140.40 ± 1.17**	103.63 ± 1.14	33.99 ± 1.03	60.05 ± 3.17	1.31 ± 0.11
1000	37.41 ± 4.72**	92.68 ± 14.16**	52.56 ± 5.61**	2.21 ± 0.30	27.61 ± 2.18**	1.82 ± 0.26	32.06 ± 15.20	2.34 ± 0.16	2.81 ± 0.08**	140.11 ± 0.93**	102.99 ± 0.88**	34.40 ± 0.79*	59.16 ± 2.43	1.40 ± 0.09
Historical Ranges	41.8–101.6	80.3–160.4	61–133	2.04–3.78	20.8–33.7	1.26–3.09	19.4–108.2	1.71–2.46	2.39–2.84	136–146	96.8–106.3	28.6–35.2	52.1–65.5	1.1–1.5
Female (Satellite groups n=5 each)														
Control	49.22 ± 8.25	106.10 ± 12.86	71.80 ± 5.76	2.64 ± 0.22	32.64 ± 2.83	2.10 ± 0.30	35.32 ± 9.98	2.61 ± 0.42	2.72 ± 0.16	148.20 ± 1.79	107.46 ± 1.77	34.08 ± 0.68	62.14 ± 1.65	1.22 ± 0.08
360	44.46 ± 6.60	115.16 ± 31.04	67.80 ± 14.55	3.33 ± 0.40**	32.42 ± 4.24	2.16 ± 0.21	52.76 ± 24.82	2.58 ± 0.18	2.76 ± 0.12	155.40 ± 3.51**	113.62 ± 2.66**	35.94 ± 0.98*	65.92 ± 1.87*	1.18 ± 0.04
600	32.22 ± 2.96**	99.62 ± 14.90	77.40 ± 12.97	2.80 ± 0.25	30.32 ± 1.82	1.67 ± 0.51	32.42 ± 22.21	2.54 ± 0.42	2.65 ± 0.02	148.40 ± 1.14	108.18 ± 1.18	35.04 ± 1.37	64.80 ± 2.89	1.18 ± 0.04
1000	34.06 ± 5.88**	91.26 ± 5.87	61.20 ± 11.78	2.89 ± 0.12	28.06 ± 4.99	2.12 ± 0.47	67.48 ± 61.53	2.60 ± 0.17	2.79 ± 0.12	146.60 ± 3.29	105.40 ± 2.65	35.12 ± 1.08	62.04 ± 3.36	1.30 ± 0.07
Historical Ranges	30.9–70.2	78.4–121.2	47–171	0.57–2.96	17.3–36.0	1.27–2.69	8.0–62.9	1.32–3.30	2.49–2.89	134–151	98.7–110.3	30.6–38.1	52.1–65.9	1.1–1.6
Female (Main groups n=10 each)														
Control	42.50 ± 11.36	86.60 ± 10.72	34.90 ± 7.43	2.20 ± 0.63	36.69 ± 2.93	2.22 ± 0.45	18.51 ± 5.53	1.39 ± 0.22	2.55 ± 0.07	144.00 ± 2.16	104.02 ± 1.34	35.23 ± 1.99	62.43 ± 4.60	1.29 ± 0.06
360	33.15 ± 5.42**	78.30 ± 14.16	36.90 ± 12.14	2.17 ± 0.51	36.56 ± 4.39	2.17 ± 0.71	31.42 ± 18.02*	1.41 ± 0.27	2.50 ± 0.07	142.40 ± 1.71	104.11 ± 2.15	35.26 ± 1.30	61.23 ± 3.11	1.36 ± 0.1
600	31.39 ± 6.78**	80.03 ± 22.05	30.50 ± 11.63	1.80 ± 0.51	36.40 ± 2.67	1.93 ± 0.48	30.20 ± 20.01	1.41 ± 0.18	2.45 ± 0.06**	140.90 ± 0.57**	103.59 ± 1.00	33.92 ± 2.72	58.99 ± 4.69	1.36 ± 0.07
1000	26.10 ± 5.26**	72.94 ± 8.73*	34.00 ± 6.58	2.27 ± 0.51	34.27 ± 2.09	1.82 ± 0.28	37.97 ± 18.02**	1.46 ± 0.32	2.48 ± 0.07*	141.10 ± 1.66**	104.30 ± 1.06	34.86 ± 1.79	60.39 ± 2.54	1.36 ± 0.08
Historical Ranges	26.9–87.4	82.4–193.6	35–78	1.88–4.49	20.5–40.6	1.26–2.78	13.6–189.4	1.11–2.07	2.22–2.93	120–145	82.4–108.4	27.0–37.1	49.3–70.4	1.0–1.5

Data represent the mean values and the standard deviation.

\*Only parameters with statistically significant findings are shown in table.

\*P < 0.05 and \*\*P < 0.01

‡minimum and maximum levels reported as the range of historical control values

Specific macroscopic alterations indicative of test article effects were not observed in the organs or tissues of animals from any dose group or treatment period; individual macroscopic findings are shown in the table below. Note that hydrometra is a frequent observation in experimental rats, which is related to the female sexual cycle.



**Table 14.** Necropsy Findings in the Surviving Animals in the 90-Day Repeated Oral Toxicity Study<sup>54</sup>

Group (mg/kg bw/d)	No findings	Thymus Point-like hemorrhages	Kidneys Pyelectasia	Uterus Hydrometra
Male (Satellite groups n=5 each)				
Control	4 of 5	1 of 5	0 of 5	N/A
360	5 of 5	0 of 5	0 of 5	N/A
600	3 of 5	0 of 5	2 of 5	N/A
1000	5 of 5	0 of 5	0 of 5	N/A
Male (Main group survivors n=10 each, 1 death in 1000 mg/kg group thus n=9)				
Control	10 of 10	0 of 10	0 of 10	N/A
360	10 of 10	0 of 10	0 of 10	N/A
600	7 of 10	0 of 10	3 of 10	N/A
1000	9 of 9	0 of 9	0 of 9	N/A
Female (Satellite groups n=5 each)				
Control	5 of 5	0 of 5	0 of 5	0 of 5
360	4 of 5	0 of 5	0 of 5	1 of 5
600	4 of 5	0 of 5	0 of 5	1 of 5
1000	2 of 5	0 of 5	0 of 5	3 of 5
Female (Main group survivors n=10 each)				
Control	9 of 10	0 of 10	0 of 10	1 of 10
360	8 of 10	0 of 10	0 of 10	2 of 10
600	7 of 10	0 of 10	0 of 10	3 of 10
1000	9 of 10	0 of 10	0 of 10	1 of 10
note: necropsy findings of dead animals are not described here, but rather are described in the text				
N/A = not applicable				

Test article effects were not observed related to organ weights when comparing those from treated animals to those of the control group. Statistical significance was noted for slightly higher mean liver weight relative to body weight in male animals of the 600 and 1000 mg/kg bw/day satellite groups. This effect was also seen in males for liver weight relative to body weight in the 360 and 1000 mg/kg bw/day and in females of the 600 mg/kg bw/day groups in the main study. These changes were of a small degree and corroborative findings were not detected during histopathological examination of the liver; thus, the findings were not considered toxicologically meaningful.

Histopathological investigations did not reveal any test article-related lesions in the high-dose group animals. Alveolar emphysema and hyperplasia of bronchus associated lymphoid tissue (BALT) were detected in the lungs of some male and female animals in satellite and main groups but were seen equally in control and high dose group animals and/or at increased levels in control animals. Hemorrhage was noted for one male animal of the satellite control group in the thymus. Acute pulmonary emphysema and hemorrhages in the thymus were considered consequences of hypoxia, dyspnea and circulatory disturbance that developed during exsanguination. Hyperplasia of BALT is an immunomorphological phenomenon<sup>59,60</sup> that was not considered to have toxicological significance. Dilation of the uterine horns in 3/5 females in the 1000 mg/kg bw/day satellite group, 1/10 in the control and 1/10 in the 1000 mg/kg bw/day main groups was not

considered toxicologically relevant as it is considered a common neurohormonal phenomenon in connection with the proestrus phase of the sexual cycle.<sup>61,62</sup>

**Conclusions:** Repeated administration by gavage of 360, 600 and 1000 mg/kg bw/day of Bonolive® for 90 days did not cause adverse effects or signs of toxicity in male or female SPF Crl:(WI) BR Wistar rats. Notably, unlike in the 14-day study, no hyaline-like droplet nephropathy was observed in this study in males of the satellite or main groups (including five satellite males sacrificed on day 28, one male that died on day 60, and nine males that were sacrificed on day 90), suggesting that the original finding in the 14-day study may have been due to chance. The NOAEL of the 90-day study was determined to be 1000 mg/kg bw/day for both male and female animals; the highest doses tested.

### 6.1.3 Additional Scientific Studies

#### *In vitro studies*

Qabaha<sup>63</sup> and colleagues evaluated the cytotoxicity potential of an ethanolic olive leaf extract and its individual components in vitro. The cytotoxic potential was tested using polymorphonuclear cells isolated from human blood. After stimulation with 1 g/mL lipopolysaccharide, polymorphonuclear cells were given olive leaf extract at a dosage of 320 mg/mL for 16 hours. Control cell cultures with or without liposaccharide stimulation were compared to the results. When compared to cell culture with or without lipopolysaccharide stimulation, the olive leaf extract at a concentration of 320g/mL had no significant influence on polymorphonuclear cell viability.

#### *Animal Studies*

Kumral and colleagues gave an olive leaf extract to male Sprague-Dawley rats at doses of approximately 500 and 1000 mg/kg/day for 12 days in their drinking water.<sup>64</sup> The extract was approximately 10% oleuropein. On day eight, some of the rats were given doxorubicin, a drug known to increase oxidative stress in several organs. The olive leaf extract led to decreases in serum cardiac troponin I, urea, ALT, and AST compared to animals that were exposed to doxorubicin alone. The extract also ameliorated histopathological findings caused by doxorubicin. Oxidation markers like malondialdehyde, diene conjugate and protein carbonyl were also decreased by olive leaf extract in the heart, hepatic, and renal tissues, while glutathione levels increased compared to the group treated with doxorubicin alone. Thus, it appeared that olive leaf treatment decreased doxorubicin-induced oxidative stress and injury.

An olive pulp extract containing 6% olive polyphenols (HIDROX™, CreAgri, Inc. California) was characterized in a series of published toxicological studies.<sup>65</sup> No

test-article related adverse clinical, hematologic, biochemical, organ weight or gross necropsy findings occurred in a 90-day study in Crl:CD (SD)IGS BR VAF/Plus rats, and the NOAEL was 2000 mg/kg bw, the highest dose tested. Additionally, this dose did not produce adverse effects in a dose-range finding reproduction study or a developmental toxicity study in rats.

Olive leaf extracts have been shown to be protective against the induction of oxidative stress related damage in animal studies. An aqueous extract of olive leaf was able to protect against toxicity associated with seven weeks of treatment with diazinon (an organophosphorus insecticide and a neurotoxin) in mice.<sup>66</sup> Similarly, an extract of olive leaves was able to antagonize permethrin (a widely used chemical for insecticidal and other uses)-induced genotoxic and oxidative toxicity in rats, as well as cultured human blood cells.<sup>67,68</sup> An olive leaf extract was also shown to protect Wistar rats against lead accumulation in the brain, and appears to protect against lead induced brain damage through inhibition of apoptosis, oxidative stress, inflammation and cell metabolism impairments.<sup>69</sup> An ethanolic extract of olive leaves (containing larger amounts of oleuropein, hydroxytyrosol, verbascoside, luteolin, and quercetin compared to a methanolic extract) was able to protect rat cardiomyocytes (better than the methanolic extract or individual phenolic compounds) when using a 4-hydroxynonenal-induced carbonyl stress and toxicity model of oxidative damage.<sup>70</sup>

In an ex vivo study, a dry olive leaf ethanolic extract (standardized to 18–26% oleuropein) was shown to significantly reduce adrenaline and hydrogen peroxide-induced DNA damage of peripheral blood leukocytes from six healthy subjects.<sup>71</sup> It was protective at all concentrations tested (0.125, 0.5 and 1 mg/mL), although it was most effective at the lowest concentration. It was protective when used pre-treatment as well as post-treatment. The results support the notion that olive leaf extract has genoprotective and antioxidant properties.

An olive leaf extract was found to be anticlastogenic in a mouse micronucleus assay when animals were given an x-ray irradiation treatment.<sup>72</sup> In this study, some animals were given the extract orally for five days prior to exposure to irradiation, while other animals were given the extract as a single injection into the gastric lumen 15 minutes post-irradiation. The extract was found to be radioprotective (and consequently, anticlastogenic) both when given prior to and after irradiation.

Twenty-four male and female crossbred growing pigs were randomly assigned to 0, 25 or 50 g/kg olive leaf powder mixed into their pelleted feed.<sup>73</sup> The total polyphenolic level in the diets was 0, 1600 and 3200 mg/kg, respectively. Body weights and feed intake were recorded for the animals throughout the study. At the end of the growing period, venous blood was obtained to assess liver function. Liver, lungs, heart, tongue, perinephric adipose tissue, and kidneys were weighed after slaughter, and samples of longissimus muscle were taken between the lumbar vertebrae. Pigs fed the 50 g/kg feed diet had lower final body weight and daily

weight gain, but a higher feed/gain ratio than those fed the conventional diet. Olive leaf supplementation at 25 g/kg did not affect performance parameters, except for feed/gain ratio. No effects were seen in relative organ weights, and there were no differences in serum levels of AST, ALT, GGT, and ALP, serum lipoprotein profiles, or direct bilirubin serum levels between groups. The authors concluded that olive leaves could be included in pig diets at 25 g/kg to improve meat quality.

In a *Drosophila* wing-spot test, consumption of an olive leaf methanol extract (0.8–12 mg polar phenols/4 mL medium) or pure oleuropein (0.8–8 mg/4 mL medium) led to no significant increase in any type of mutant spot.<sup>74</sup> This test detects various mutational events in vivo, including mitotic recombination.

Guex et al., (2018) performed a study to enhance the already available information regarding the toxicity of olive leaves. The safety of exposure to an ethanolic extract of *Olea europaea* L. leaves (“EEO”) in Wistar rats, for 28 days was assessed. Male and female Wistar rats (weighing 150–200 g) were randomly placed in polypropylene cages according to gender. The animals were acclimatized for a week prior to the beginning of the experiment and kept at a constant temperature (22 ± 2 °C) with a 12-hour light/dark cycle. Food (regular diet) and water were freely available to all animals. With minor adjustments, acute and subacute toxicity tests were conducted according to OECD guidelines 423 and 407, respectively (OECD, 2001, 2008).

For the acute toxicity study, the olive leaf extract was given in three males and three females (n=6) that fasted overnight, in a single dose of 2000 mg/kg via oral gavage (free access to water). A negative control group was created by giving both males and females (n=6) a 51 percent ethanol solution (10mL/kg). The animals' body weight was measured shortly before the provision of the extract was and subsequently daily during the treatment period. Animals were observed individually for the first 30 minutes after administration and then daily for 14 days. Mortality, alterations in skin and fur, eyes, and mucous membranes, as well as the respiratory, circulatory, autonomic, and central neurological systems, as well as somatomotor activity and behavior patterns, were observed. Tremors, convulsions, salivation, diarrhea, lethargy, and sleep disturbances and coma should all be noted. Animals were fasted overnight and anesthetized at the end of the treatment, and blood was collected for hematologic and biochemical analyses. No mortality nor signs of toxicity during the treatment period were monitored. There was no substantial variation in body weight between the genders, and the animals showed no behavioral alterations. At necropsy, the liver and kidneys revealed no abnormalities. When compared to the control group, the hematological parameters RBC, HGB, MCV, CHCM, HCT, and PLT were significantly different for both genders. CRE levels in the blood were considerably lower in extract-treated females than in the control group. CHOL levels in males were found to be much lower.

For the sub-acute toxicity study, during the treatment phase, the animals were separated into four groups of ten (5 males and 5 females) and their body weights were recorded. Ethanol 51 percent (10 mL/kg) was given to the control group, whereas EEO was given once a day by oral gavage at dosages of 100, 200, and 400 mg/kg for 28 days. During the treatment period, the animals were examined for evidence of abnormalities. Animals were fasted overnight, anesthetized, and blood was collected for hematologic and biochemical analyses at the end of the treatment. Following euthanasia, liver and kidney samples were taken, fixed, and processed for histological analysis. In rats treated with varied doses of the extract for 28 days, no signs of toxicity or mortality were identified. The body weight of both genders followed a normal pattern, and necropsy revealed no abnormalities in the liver or kidneys. No behavioral changes were monitored over the course of the study either.

The liver and kidney histopathological findings of rats treated with 100, 200, and 400 mg/kg of the extract revealed normal morphological aspects. When compared to control animals, prolonged exposure to the olive leaf extract at different dosages (100, 200, and 400mg/kg) had no effect on any of the evaluated hematological parameters (RBC, HGB, HCT, MCV, MCHC, PLT, and WBC). Males exposed to EEO at dosages of 100 and 400 mg/kg had significantly higher blood BUN concentrations than the control group. Other metrics examined revealed no differences between the groups.

Overall, the ethanolic extract of *Olea europaea* L. leaves did not produce any toxicity in the experimental animal, and no mortality was observed for the doses supplied. Hematological, biochemical indicators and histopathology were normal, regardless of the gender or age of the animals. The olive leaf extract does not present toxicity when used in the same settings as this study.

### ***Human Studies***

#### **i. Bonolive® studies**

Sixteen women aged 18–75 (including pre- and post-menopausal groups) were given a single 250 mg serving of Bonolive® in a pharmacokinetic study without any reported adverse events.<sup>25</sup> Bonolive® was also given to 64 osteopenic individuals; they received either 250 mg per day of Bonolive® or placebo for 12 months (both groups also received 1000 mg of calcium per day).<sup>75</sup> The overall incidence of adverse events was similar between the two study groups. Two serious adverse events occurred (a right forearm fracture and a mammography result which raised suspicion of breast cancer but turned out to be incorrect); however, both events were in the placebo group. None of the adverse events were considered related to treatment. The most commonly occurring events were upper pulmonary tract infections (one from each group), mild dyspepsia (one from each group), mild

increase in systolic blood pressure (two in the treatment group, both in subjects with a history of hypertension), and back pain (two in the placebo group, both in subjects with a history of discopathy). In summary, no clinically relevant treatment-related adverse events were noted during the entire year-long study.

Bonolive's<sup>®</sup> effect in supporting the functionality and biomarkers of bone/cartilage metabolism and inflammation, in mid-aged people experiencing knee discomfort was assessed in a 6-month clinical study<sup>76</sup>. The study was a randomized, double-blind, experiment with two parallel groups in free-living healthy 124 mid-aged male and female individuals with moderate knee discomfort and loss of mobility.

The participants were randomized to one of two trial groups: (1) investigational substance, or (2) placebo. During the 6-month study, participants took one 125-mg Bonolive<sup>®</sup> or placebo capsule twice a day, at the start of the meal in the morning and evening. The investigational substance was 125 mg of Bonolive<sup>®</sup> per capsule, comprising 50 mg. Treatment with Bonolive<sup>®</sup> was well tolerated.

There were 114 adverse effects in total, 67 in the placebo group and 47 in the Bonolive<sup>®</sup> group. None of the adverse events were considered related to treatment. GI disorders (abdominal pain, nausea, dyspepsia, and musculoskeletal and connective tissue disorders were the most common adverse effects.

## ii. Other olive leaf extract studies

With regard to other olive-leaf extracts, there were no treatment-related adverse events in a 30-week randomized, double-blinded, controlled cross-over study (with a six-week washout period) in 46 overweight male subjects aged 35–55 years that took four capsules per day of an olive leaf extract suspended in safflower oil.<sup>11</sup> The dose equated to daily consumption of 51.1 mg oleuropein and 9.7 mg hydroxytyrosol. Liver function tests revealed no differences between groups (parameters included AST, ALP, ALT and GGT). In addition, 500 mg per day of a hexane and ethanolic extract of olive leaves was given to subjects in a 14-week double-blind placebo-controlled study of 79 adults with type two diabetes, without reports of adverse events.<sup>77</sup>

Forty borderline hypertensive (untreated) monozygotic twins (age 18–60) were assigned to take 500 or 1000 mg per day of an olive leaf ethanolic extract (as oral tablets of EFLA<sup>®</sup>943 by Frutarom Switzerland Ltd., consisting of 18–26% oleuropein and 30–40% total polyphenols) for eight weeks, or were given advice on a favorable lifestyle.<sup>78</sup> The authors reported that no adverse events were observed throughout the trial. The same olive leaf extract (500 mg per day of EFLA<sup>®</sup>943) or Captopril (as the active-control) were randomly assigned to subjects with stage-1 hypertension for eight weeks in a double-blind, randomized, parallel study.<sup>79</sup> One hundred and sixty-two subjects completed the study. Safety endpoints included clinically significant changes in laboratory parameters such as those found in

hematology and clinical chemistry assessments. Slight shifts in some laboratory parameters were noted compared to baseline in several subjects from each group; however, they were not considered clinically relevant as they were all within normal ranges and they were very slight. The majority of adverse events in the study were considered mild (99.8%) and occurred similarly between groups. The most common events were coughing (4.5% in olive leaf extract and 7% in Captopril groups), and vertigo (5.9% in olive leaf extract and 6.3% in Captopril groups). One serious adverse event occurred in the olive leaf extract group; the subject suffered from severe anemia after persistent menorrhagia. The incident was considered related to the subject's history of abortion and curettage, and not related to consumption of the olive leaf extract. Coughing was considered likely related to Captopril, since it is an adverse event widely known to occur following intake of the drug. Mild events of vertigo, muscle discomfort and headaches were considered "possibly" related to both olive leaf extract and Captopril intake. All events had resolved by the end of the study.

A short abstract by Fonolla et al. describes a study in which 39 subjects were randomized into two groups; one group received 1,200 mg/day of an olive leaf extract called "Olivia<sup>®</sup>" and the other received placebo; both the test article and placebo capsules were given in divided doses (twice per day) for 28 days.<sup>80</sup> Plasma triglycerides, AST, ALT, creatinine and uric acid levels remained unchanged, while decreases in cholesterol levels occurred that were considered beneficial. No adverse events were mentioned.

Wong et al. conducted a 12-week randomized double-blind, placebo-controlled, cross-over trial on 37 adults 18–80 years old with BMI between 20 and 35 and baseline BP between 130–160 mmHg systolic and 85–100 mmHg diastolic with a combined formula of olive leaf extract, green coffee bean extract and beet powder.<sup>81</sup> Olive leaf extract (1000 mg, 160–240 mg oleuropein) accounted for more than 60% of the ingredients in the combined formulation. Four reported minor adverse events occurred during the 12-week intervention; vivid dreams, gastrointestinal discomfort, increased headache frequency and severity for a pre-existing migraine sufferer, and improved taste (n=1 for each); the first three occurred during the active treatment phase. One serious adverse event occurred in a participant who had been scheduled, prior to study enrollment, for a routine angiogram to determine stent size. The participant received the stent procedure without incident and completed the intervention within the study timeframe.

With regard to single dose administration, in a study of nine individuals who took capsules or liquid preparations of olive leaf extract containing up to 76.6 mg oleuropein and 14.5 hydroxytyrosol, no adverse effects were noted, and measured markers of liver function (AST, ALT, ALP, GGT, and international normalized ratio) were unaltered.<sup>11</sup> Another single dose administration study of olive leaf extract was conducted on 18 individuals (9 males, 9 females), aged 19–40 years old who consumed a one-time dose of 1600 mg of olive leaf extract (400 mg per

capsule) delivering a total of 51.12 mg oleuropein and 9.67 mg hydroxytyrosol.<sup>82</sup> No adverse effects were noted, including measures taken to evaluate vascular function and inflammation levels.

#### **6.1.4 Authoritative Safety Opinions**

##### ***European Food Safety Authority (Health Claim Opinion)***

While not directly related to a safety assessment, the European Food Safety Authority (EFSA) has stated a conclusion with regard to efficacy claims for olive polyphenols, which implies a certain degree of lack of concern for safety. When reviewing scientific substantiation for proposed health claims, EFSA's Panel on Dietetic Products, Nutrition and Allergies concluded that "a cause and effect relationship has been established between the consumption of olive oil polyphenols...and protection of LDL particles from oxidative damage."<sup>83</sup> The following health claim is thus allowable by EFSA:

- Consumption of olive oil polyphenols contributes to the protection of blood lipids from oxidative damage

In order to bear the claim, 5 mg of hydroxytyrosol and its derivatives (e.g., oleuropein complex and tyrosol) in olive oil should be consumed daily. The target population for the claim is considered the general population. The conditions of use specify 200 mg/day of polyphenols, 2–15 mg per day of hydroxytyrosyl or oleuropein complex, and 250–500 mg of an *Olea europaea* L. extract standardized to 4–23% oleuropein.

Note that while the claim uses the term "olive oil", EFSA's conclusion statement regarding the claim also mentions olive leaf: "The food constituent, polyphenols in olive (olive fruit, olive mill waste waters or olive oil, *Olea europaea* L. extract and leaf) standardized by their content of hydroxytyrosol and its derivatives (e.g., oleuropein complex), which is the subject of the health claims, is sufficiently characterized in relation to the claimed effects."

##### ***Novel Food Status***

Olive leaf is listed in the European Commission's Novel Food catalogue as having "FS status", which is defined as follows: "According to information available to Member States competent authorities this product was used only as or in food supplements before 15 May 1997. Any other food uses of this product have to be authorized pursuant to the Novel Food Regulation."

##### ***Health Canada***

The Health Canada natural health product monograph for orally administered olive leaf for adults was finalized in 2018.<sup>84</sup> It includes use as an antioxidant or diuretic,



in forms including dry, powder, tincture, or fluid extract (up to 3.5 g dried leaf per day), as a decoction (up to 5 g dried leaves or 10 g fresh leaves per single dose), or as an infusion (up to 8 g dried leaves per single dose, not to exceed 30 g dried leaves per day). It can also be used as an antioxidant as a standardized extract form (up to 500 mg per day and containing up to 20.8% oleuropein).

### 6.1.5 Allergenicity

Allergic reactions to pollen from olive trees have been reported frequently in the literature, occurring mainly in Mediterranean areas where *Olea europaea* L. trees are commonly found. Sensitive individuals may suffer symptoms of allergic rhinitis, conjunctivitis and asthma as a result of exposure.<sup>85</sup> However, the olive leaves are harvested in the season when no pollen are produced. Moreover, the extraction process of Bonolive® makes the presence of pollen in the extract highly unlikely.

Contact (topical) allergy to olive oil is rare, and may result in eczema-type symptoms in sensitive subjects, although ingestion of the oil is often still tolerated.<sup>86,87</sup> Despite its common consumption, food allergy reactions to olive fruits is extremely rare, although it has been reported.<sup>88</sup>

We were unable to find any reports of allergic reactions to olive leaves, olive leaf extracts or oleuropein. On the contrary, there is some evidence to suggest that olive leaf polyphenols may be protective against allergic types of reactions (e.g., by inhibiting mast cell degranulation).<sup>89</sup> Bonolive® does not contain any of the allergens listed in Commission Directive 2007/68/EC.

### 6.1.6 History of Consumption

#### *Humans*

Polyphenol compounds from the olive tree have been consumed for millennia, especially in the Mediterranean region.<sup>1</sup> The so-called Mediterranean diet has been associated with many health benefits<sup>3,4,90</sup> considered largely due to its richness in olives and olive oils. Those who consume this diet have generally been reported to ingest up to 172 mg ( $68.5 \pm 104.0$  mg) of polyphenols from olives per day, including oleuropein, hydroxytyrosine, tyrosol, hydroxycinnamic acids, hydroxybenzoic acids, anthocyanidins, and more.<sup>10,40</sup>

The leaves of olive trees have also been consumed traditionally for health purposes; nineteenth century references cite olive leaf use as a febrifuge,<sup>91,92</sup> and various olive leaf extract products are currently sold in the marketplace as is shown in the section below entitled “Similar Products in the Marketplace”. Recently, interest in the high polyphenolic levels in olive leaves has led to the study of enhancing olive and other

edible oils with olive leaf extracts to increase phenolic concentrations which resist oxidative deterioration.<sup>93,94</sup>

### ***Animals***

Olive leaves have been used traditionally as animal feed in olive-producing regions, as the leaves are a major by-product of farming olive fruits. They have been studied as feed for animals including goats, sheep, rabbits, hens, pigs and cattle.<sup>27,73,95-99</sup> In their review of olive by-products for animal feed, Sansoucy et al. stated the following with regard to olive leaves: “ad libitum distribution to ruminants presents no special problems except that of the low nutritive value of the fodder” (additional supplements such as protein are recommended, as are also recommended for fodder use of straw or hay, and it was recommended that olive leaves be used fresh to increase their nutritive value).<sup>95</sup>

Supplementing hens’ diets with 10 g/kg of olive leaves may protect the omega-3 fatty acids in the hens’ eggs from deterioration.<sup>96</sup> Pigs supplemented with olive leaves (containing 2.2% oleuropein and 6.4% total polyphenols) at 25 g/kg in their diet showed improved quality of meat without adverse effects such as liver toxicity or compromising growth performance.<sup>73</sup> The pigs consumed approximately 2.5 kg of food per day, and weighed between 54 and 94 kg throughout the study. With a diet of 25 g/kg olive leaves (containing 2.2% oleuropein), consumption by the pigs was approximately 63 g of olive leaf or oleuropein per day, or 1.4 g of oleuropein per day, equivalent to 15–26 mg oleuropein/kg bw/day.

### **6.1.7 Past Sales and Reported Adverse Events**

Since launching the ingredient in 2014, BioActor report that a total of circa 6000 kg of Bonolive<sup>®</sup> have been sold worldwide. Corresponding with more than 20 million daily doses. Over that time, no adverse events have been reported.

No FDA letters regarding concern for safety to companies that market products containing olive leaf extract were located. A search of MedWatch, FDA’s adverse event reporting program, and FDA’s Recalls, Market Withdrawals, & Safety Alerts search engine did not uncover any mention of olive leaf extract products.

There is one case report by Shaw (2016) of a possible adverse effect from use of an olive leaf extract that was located in the literature.<sup>100</sup> In this report, a 67-year-old woman suffered from severe hay fever and had tolerated 500 mg/day of olive leaf extract for two years with no adverse effects. She then began taking a dietary supplement containing olive leaf extract, horseradish root, and eyebright for sinus and hay fever relief after which her total olive leaf extract intake per day was equivalent to 5.5 g dry olive leaf/day (i.e., dry leaf equivalent). Her side effects included feeling more easily annoyed and argumentative and after several weeks of taking the recommended doses, she reported feeling tearful, angry, easily annoyed,

negative, reactive, and lacking control. Several days after discontinuing the sinus supplement, all of those traits disappeared. Shaw suggests that the hydroxytyrosol constituent of olive leaf extract may be responsible for these behavioral responses. The fact that she previously tolerated a different olive leaf extract supplement suggests that something else about the new supplement may have caused the effect. The dietary supplement was not reintroduced to see if the symptoms reappeared, which would have made for a stronger argument. There is also a lack of explanation of the possible role of constituents in the horseradish and eyebright in contributing to the patient's mood changes.

### 6.1.8 Similar Products in the Marketplace

A general Internet search as well as searches of several large distributors of dietary supplements resulted in numerous findings of olive leaf extract products, illustrating that ingredients relatively similar to Bonolive® are widely available in the U.S. Despite this prevalence, we are unaware of any adverse events attributed to olive leaf extracts. Some examples are listed in Table 15 below.

**Table 15.** U.S. Products Containing Olive Leaf Extracts<sup>101</sup>

Company	Product Name	Serving Size
Barlean's	Olive Leaf Complex Softgels	225 mg olive leaf extract (minimum 40% oleuropein) 90 mg oleuropein
BulkSupplements.com	Olive Leaf Extract (20% Oleuropein)	750 mg olive leaf extract (20% oleuropein)
Douglas Laboratories	Olive Leaf Extract	500 mg olive leaf extract (20% oleuropein)
Gaia Herbs	Olive Leaf	900 mg olive leaf extract
Hardy Nutritionals	Olive Leaf Extract	500 mg olive leaf extract (17% oleuropein)
Natural Factors	Olive Leaf	500 mg olive leaf extract (minimum of 75 mg oleuropein)
Nature's Sunshine	Olive Leaf Extract	420 mg olive leaf extract (12% oleuropein)
NOW	Olive Leaf Extract 500 mg	500 mg olive leaf extract (minimum 6% oleuropein)
Nutrients for Health	Olive Leaf Extract	500 mg olive leaf extract
Pure	Olive Leaf	940 mg olive leaf extract (188mg oleuropein)
Roex	Oleuropein	500 mg olive leaf extract (20% oleuropein)
Seeking Health	Olive Leaf Extract 250 mg	250 mg olive leaf extract (20% oleuropein)
Solaray	Olive Leaf Extract 250 mg	250 mg olive leaf extract (minimum 22% oleuropein)
Triquetra Health	Total Olive	400mg olive leaf extract (minimum 40% oleuropein) 160 mg oleuropein

Nature's Plus	Olive Leaf—extended release	500 mg olive leaf extract, (minimum 6% oleuropein)
Nature's Way	Olive Leaf –Standardized	250 mg olive leaf extract (20% oleuropein 180 mg olive leaf
Now Foods	Olive Leaf Extract	500 mg olive leaf extract (minimum of 6% oleuropein)
Only Natural	Olive Leaf Extract	500 mg olive leaf extract minimum of 6% oleuropeins)
Paradise Herbs	Olive Leaf	250 mg olive leaf extract (minimum 15% oleuropein)
Solaray	Olive Leaf	1000 mg olive leaf extract (minimum of 170 mg oleuropein)
Vitacost	Olive Leaf Extract	500 mg olive leaf extract (minimum of 18% oleuropein)
VitaminsDirect	VitaminsDirect Olive Leaf Extract	500 mg olive leaf extract

### 6.1.9 Current Regulatory Status

A thorough search for the current regulatory status of olive leaf extract, relevant to its use in food in the United States, was conducted. Searched entities included: *Olea europaea*, Olive leaf extract, Olive leaf, Oleaceae, Olea, Olive, Oleuropein. No specific findings with regard to olive leaf extract were found.

With regard to olive-related products, four FDA GRAS notices (GRN No. 459, GRN No. 600, GRN No. 726, and GRN No. 978) were found in the FDA GRAS Notice Inventory database.

GRN No. 459 is for an olive pulp extract; the notification was filed in 2013 by Phenofarm (Rome, Italy). At the notifier's request, FDA ceased to evaluate the notice (the reason for this is unknown).

GRN No. 600 is for almost pure hydroxytyrosol (>99% pure), a synthetic polyphenol (naturally found in olives and olive leaves). Seprox Biotech S.L. (Spain) filed the notification in September of 2015. The intended use for hydroxytyrosol is as an antioxidant and antimicrobial agent in conventional foods such as non-alcoholic beverages, fats and oils, fresh and processed fruits/vegetables and juices and gravy and sauces at levels of 5.0 mg per serving. It is not intended for use in foods intended for infants and children. The GRAS determination was based on scientific procedures including research on olive oil, table olives and olive extracts enriched with hydroxytyrosol. The hydroxytyrosol is not intended for use in meat or poultry. FDA gave notice not to have any further questions on May 13, 2016.

GRN No. 726 is for a polyphenol preparation from olive fruits containing >40% hydroxytyrosol. DSM filed the notification in August 2017. FDA gave notice not to have further questions on February 28, 2018. DSM's product is proposed for use in 11 broad food categories: bakery products; beverages; dairy products and substitutes; desserts; fats and oils; fruit juices and nectars; dry seasoning mixes for

meat, poultry, and fish; chewing gum; sauces, dips, gravies, and condiments; snacks; and vegetable juices to deliver 5 to 10 mg of hydroxytyrosol per serving of food.

Finally, GRN No. 978 refers to an aqueous olive pulp extract containing >3.5% hydroxytyrosol. Oliphenol LLC. filed the notification in October 2020. FDA gave notice not to have further questions on December 10, 2021. The extract is intended to be used as an ingredient, but not intended for use in infant formula, meat, poultry, non-exempt egg products, catfish, or any products that would require additional regulatory review by USDA.

Additionally, an NDI notification was submitted to FDA in 2006 by Seppic, Inc. (Fairfield, NJ) for a product called Polivols (an olive fruit extract). However, FDA did not believe the ingredient was described/characterized well enough to determine its relationship to other olive products, and hence its safety.

## **6.2 Data and Information Appearing Inconsistent with the GRAS Conclusion**

In a study to evaluate the effect of repeated dose intake of an olive leaf extract (called “D-lenolate”, not otherwise characterized) on the livers of mice, female ICR mice were divided into four groups of ten, and were given an olive leaf extract as a percentage of the diet for 14 weeks.<sup>102</sup> The concentrations in the diet were: 0%, 0.25%, 0.5% and 0.75% for groups 0, 1, 2 and 3, respectively.

In the study, the mortality rates were 10, 0, 20 and 50% for groups 0, 1, 2 and 3, respectively. No changes in behavior were noted. Some animals in groups 2 and 3 exhibited icterus, including 20% in group 2 and 90% in group 3. There was a significant difference between final body weights between group 0 (36.86 g) and group 3 (27.22 g),  $p = 0.012$ , while food intake was not different between test article groups.

Relative liver weights were similar for groups 2 and 3 but were higher than those from groups 0 and 1. Macroscopic changes occurred in the livers of all groups that consumed the test article, and included greenish liver staining, bile duct dilatation and gall bladder distension (control livers were normal). No macroscopic changes were noted in the heart, kidneys, bladder, spleen, or lungs in any of the groups.

Serum enzyme activities of ALT and ALP increased significantly in groups 2 and 3. Total bilirubin increased in groups 2 and 3, although the increase was not statistically significantly different. Histopathologically, liver architecture alternations and hepatic fibrosis were observed in groups 2 and 3 and were more severe in group 3. All groups exposed to the extract presented bile duct hyperplasia, cholestasis, hepatocyte necrosis and inflammatory infiltrate with the severity of injuries increasing in line with increases in consumption. Liver mitosis was present in test article groups, with the highest levels in group 3. Groups 2 and 3 also had

increased reticulin expression in the liver parenchyma and portal space, as well as increased collagen expression. Histopathological changes were not identified in any other organs.

Unfortunately, the authors didn't calculate (or provide enough data for readers to calculate) the amount of the extract that was consumed by the mice in the different dose groups. A very general estimate was attempted based on a typical 4–5 g/day diet of mice and 18–40 g weight of adult females.<sup>58</sup> Such estimations suggest that animals in the 0.5% group may have received approximately 500–1111 mg/kg bw/day and animals in the 0.75% group may have received approximately 625–1389 mg/kg bw/day during the study (or using Lehman's conversion factor for mice, approximately 750 and 1125 mg/kg bw/day for the 0.5% and 0.75% groups, respectively). The other key piece of information that is missing from this study is characterization of the test article, thus it is impossible to compare it to Bonolive®. The study was also not OECD compliant. The fact that no liver findings were seen in the rats during the 14- and 90-day repeated dose studies on Bonolive® seems to suggest that the test article used in this mouse study may have been significantly different than Bonolive®, the doses may have been significantly different, or there are differences between effects in rats versus this particular strain of mice under these testing conditions (it is also possible the mice received much higher doses of the test article than our rough calculations suggest). Interestingly, in the study by Kumral and colleagues discussed above,<sup>64</sup> an olive leaf extract led to decreases in ALT (and AST) in rats given doxorubicin, which appears in contrast to this study.

In another non-OECD compliant study, a safety evaluation on daily ingestion of free and total polyphenolic compounds from fruits and leaves of a particular cultivar of olive tree (Picual) were studied for seven weeks in rats.<sup>103</sup> One mL of a water/tween solution containing 400, 800, 1200 or 1600 ppm of phenolics, or 200 ppm butylated hydroxyl toluene (BHT)) was given to rats via gavage daily, and several parameters were measured to assess safety. Both BHT and 1600 ppm phenolics consumption resulted in significant increases in serum AST and ALT values. The 1600 ppm solution caused a slight increase in kidney and liver weights, while BHT caused significant enlargement of these organs. BHT and 1600 ppm also led to histopathological changes in the kidney and liver tissues, while at 1200 ppm tissues didn't differ from those of the controls. The ppm doses were not translated to mg/kg by the authors, and the test article was not specifically characterized, thus it is again difficult to compare these results to those of other studies with regard to doses and/or constituents that may lead to these types of findings.

A bacterial reverse mutation and chromosomal aberration assay using Chinese Hamster ovary cells revealed evidence of mutagenic activity of an olive pulp extract containing 6% olive polyphenols (HIDROX™, CreAgri, Inc. California) at high doses with S9 metabolic activation.<sup>65</sup> In the bacterial reverse mutation study, evidence of mutagenic activity was detected in the plate incorporation test at concentrations of 1000 and 2500 µg/plate of the extract (but not at the high dose of

5000 µg/plate) with *S. typhimurium* tester strains TA98 and TA100, but not in tester strains TA97a, TA1535 or *E. coli* strain WP2 uvr A. These findings were confirmed in the more sensitive preincubation test (at doses of 1000 and 2500 µg/plate), but only with metabolic activation. The authors stated that inconsistencies between the regular and repeat trials, the antibacterial properties of the extract and observations of positive findings at only certain dose groups complicate the interpretation of the findings. In the chromosomal aberration study, a significant increase in the percentage of aberrant cells was noted at the highest concentration (1000 µg/mL) with metabolic activation. Yet in vivo rat micronucleus evaluations performed using gavage doses of the extract showed negative findings. After single doses of 1000, 1500 or 2000 mg/kg bw/day, the number of micronucleated PCEs were not significantly increased in any test article group. Repeated doses were given for 28 days, and preliminary scanning of slides showed a negative response at 2000 mg/kg bw/day, thus scoring proceeded on day 29 with the high dose (5000 mg/kg bw/day) group, in conjunction with the positive control and negative controls. Numbers of micronucleated PCEs were not increased in males or females as compared to the negative control. Thus, the extract was not considered mutagenic in the in vivo assay. Importantly, as discussed above, Bonolive® showed no evidence of mutagenicity in a bacterial reverse mutation test and in an vitro mammalian chromosomal aberration test, nor was any genotoxic activity observed in an in vivo mouse micronucleus test at concentrations up to the limit dose of 2000 mg/kg bw/d.<sup>54</sup>

We are not aware of any other data and/or information that are, or may appear to be, inconsistent with our conclusion of GRAS status.

### **6.3 Information that is Exempt from Disclosure under FOIA**

There is no data or information in this GRAS notice that is considered exempt from disclosure under the U.S. Freedom of Information Act (FOIA).

### **6.4 Basis for the GRAS Conclusion**

The scientific procedures forming the data of the safety assessment comprise the technical element of the GRAS standard. The common knowledge element is comprised of the general availability of the pivotal data establishing the technical element. Together, the technical element and the common knowledge element form the basis for the GRAS conclusion of Bonolive®.

#### **6.4.1 Technical Element**

Bonolive®, a water-soluble extract of olive leaves, has been the subject of a thorough safety assessment described above. The safety of this ingredient is supported by toxicological studies in animals, clinical studies in humans without occurrence of

serious adverse events, and the history of olive leaf consumption by humans and animals.

The totality of evidence for the safety of Bonolive<sup>®</sup> includes a ninety-day repeated-dose oral toxicity study on Bonolive<sup>®</sup> in rats, in which the NOAEL was 1000 mg/kg bw/day in male and female Wistar rats, the highest dose level tested. A bacterial reverse mutation test, an in vitro mammalian chromosomal aberration test, and an in vivo mammalian micronucleus test establish the lack of genotoxic potential of Bonolive<sup>®</sup>. There has been a lack of adverse events reported in published clinical trials using various olive leaf extracts (including several trials with Bonolive<sup>®</sup>), and over 6000 kg of Bonolive<sup>®</sup> have been sold worldwide for consumption thus far without reported adverse events following ingestion of over 20 million doses. There is a long history of human consumption of olive polyphenol products in general and a history of safe use of olive leaf as a feed for animals. The totality of safety evidence also includes EFSA's decision to allow a health claim for olive polyphenols (including those from olive leaf). Lastly, the high-quality control standards for this ingredient, as described in the Manufacturing, Production and Quality Management section of this dossier adds to the totality of safety data.

The intended use of Bonolive<sup>®</sup> is as an ingredient in a number of food categories at concentrations reported in Tables 1 and 7. As discussed above, due to its extremely bitter taste, it is very likely that Bonolive<sup>®</sup> will often be utilized at levels significantly below the maximum concentrations stated in the tables. The maximum estimated lifetime daily exposure to Bonolive<sup>®</sup> based on its intended uses relative to body weight by the 90<sup>th</sup> percentile consumer, as calculated using Creme software with a 20% presence probability factor, was by males aged 2–11 years, at 9.9 mg/kg bw/day, equivalent to up to 5.4 mg/kg bw/day oleuropein. The 90<sup>th</sup> percentile estimated exposure to Bonolive<sup>®</sup> for the total population (ages 2 years and above) was 6.5 mg/kg bw/day (equivalent to a maximum of approximately 3.6 mg/kg bw/day oleuropein). As discussed previously, oleuropein consumption from other sources in the diet is considered essentially negligible compared to the Bonolive<sup>®</sup> intake estimates, due to the fairly low level of oleuropein found in olive oil (the main intake source).

Using the results of the 90-day repeated dose study on Bonolive<sup>®</sup> in rats, a margin of safety can be calculated by dividing the NOAEL by the estimated daily intake for each population. The resulting margins of safety are approximately 101 for males aged 2–11 years (1000/9.9), and approximately 154 for the total population (1000/6.5).

These safety margins are considered reasonable for this ingredient based on the totality of safety evidence. The exposure estimates are still considered likely over-estimates of what true consumption will be. For example, assuming a US population of 213,300,000 individuals over the age of 25, an exposure for adults of approximately 500 mg/day would lead to an annual intake of nearly 39,000,000 kg



of Bonolive<sup>®</sup> in the US, which is several orders of magnitude higher than BioActor's highest sales estimates. The extremely bitter taste and cost of the branded Bonolive<sup>®</sup> ingredient will work to self-limit its use to some degree and are expected to lead to addition levels lower than the maximums stated in Tables 1 and 7.

Additionally, the NOAEL of the 90-day study was the limit dose and the highest dose tested, which suggests that if higher levels were to be tested in a similar toxicological study, the NOAEL would most likely be higher, increasing confidence that the ingredient is safe for consumption. The fact that olive leaves have been utilized as animal feed in many different species without adverse effects (at levels, for example, of 10 g/kg in hen feed<sup>96</sup> and 25 mg/kg in pig feed, equivalent to approximately 15–26 mg/kg bw/day oleuropein in pigs<sup>73</sup>) also supports that the current estimated human exposure levels would not be of safety concern. Finally, the general consensus that olive polyphenols have various health benefits, and the numerous olive leaf extract products on the market without serious adverse effects reported corroborates the safety.

Overall, the totality of evidence supports a conclusion that the intended use of Bonolive<sup>®</sup> is reasonably certain to be safe when ingested by humans under the conditions of its intended use.

#### **6.4.2 Common Knowledge Element**

The scientific studies, performed in laboratory animals and humans and herein reported that provide the basis of this GRAS determination by scientific procedures are published and available in the public domain. Part 7 of this notification contains the citations for the published studies. This published data fulfils the requirement for general availability of the pivotal scientific data contributing to the technical element of the GRAS standard and provides reasonable certainty that consumption of Bonolive<sup>®</sup> for its intended use is not harmful. The general availability of the pivotal safety data discussed herein satisfies the common knowledge element of this GRAS conclusion.

## Part 7: Supporting Data and Information

### 7.1 Data and Information that are *not* Generally Available

All of the information described in this GRAS notice is generally available.

### 7.2 References that *are* Generally Available

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### 7.3 Appendix A. Full List of NHANES Food Codes Used for Exposure Estimates

Group Code	Group Name	Food Code	Food Name
114	Yogurt	11446000	Fruit and low-fat yogurt parfait
114	Yogurt	11427000	Yogurt, chocolate, non-fat milk
114	Yogurt	11425000	Yogurt, chocolate, NS as to type of milk
114	Yogurt	11426000	Yogurt, chocolate, whole milk
114	Yogurt	11460160	Yogurt, frozen, chocolate, low-fat milk
114	Yogurt	11460200	Yogurt, frozen, chocolate, non-fat milk
			Yogurt, frozen, chocolate, non-fat milk, with low-calorie sweetener
114	Yogurt	11460400	
114	Yogurt	11460100	Yogurt, frozen, chocolate, NS as to type of milk
114	Yogurt	11460430	Yogurt, frozen, chocolate, whole milk
114	Yogurt	11461000	Yogurt, frozen, chocolate-coated
114	Yogurt	11461250	Yogurt, frozen, cone, chocolate
114	Yogurt	11461280	Yogurt, frozen, cone, chocolate, low-fat milk
114	Yogurt	11461260	Yogurt, frozen, cone, flavors other than chocolate
			Yogurt, frozen, cone, flavors other than chocolate, low-fat milk
114	Yogurt	11461270	Yogurt, frozen, flavors other than chocolate, low-fat milk
114	Yogurt	11460170	Yogurt, frozen, flavors other than chocolate, nonfat milk
114	Yogurt	11460300	Yogurt, frozen, flavors other than chocolate, nonfat milk, with low-calorie sweetener
114	Yogurt	11460410	Yogurt, frozen, flavors other than chocolate, NS as to type of milk
114	Yogurt	11460000	Yogurt, frozen, flavors other than chocolate, whole milk
114	Yogurt	11460440	Yogurt, frozen, flavors other than chocolate, with sorbet or sorbet-coated
114	Yogurt	11460250	Yogurt, frozen, NS as to flavor, low-fat milk
114	Yogurt	11460150	Yogurt, frozen, NS as to flavor, nonfat milk
114	Yogurt	11460190	Yogurt, frozen, NS as to flavor, NS as to type of milk
114	Yogurt	11459990	
114	Yogurt	11460420	Yogurt, frozen, NS as to flavor, whole milk
114	Yogurt	11461200	Yogurt, frozen, sandwich
114	Yogurt	11432000	Yogurt, fruit, low fat milk
114	Yogurt	11432500	Yogurt, fruit, low fat milk, light
114	Yogurt	11433000	Yogurt, fruit, nonfat milk
114	Yogurt	11433500	Yogurt, fruit, nonfat milk, light
114	Yogurt	11430000	Yogurt, fruit, NS as to type of milk
114	Yogurt	11431000	Yogurt, fruit, whole milk
114	Yogurt	11428000	Yogurt, Greek, chocolate, nonfat
114	Yogurt	11434010	Yogurt, Greek, fruit, low fat
114	Yogurt	11434020	Yogurt, Greek, fruit, nonfat

114	Yogurt	11434000	Yogurt, Greek, fruit, whole milk
114	Yogurt	11411410	Yogurt, Greek, plain, low fat
114	Yogurt	11411420	Yogurt, Greek, plain, nonfat milk
114	Yogurt	11411400	Yogurt, Greek, plain, whole milk
114	Yogurt	11424510	Yogurt, Greek, vanilla, low fat
114	Yogurt	11424520	Yogurt, Greek, vanilla, nonfat
114	Yogurt	11424500	Yogurt, Greek, vanilla, whole milk
114	Yogurt	11410000	Yogurt, NS as to type of milk or flavor
114	Yogurt	11411200	Yogurt, plain, low fat milk
114	Yogurt	11411300	Yogurt, plain, nonfat milk
114	Yogurt	11411010	Yogurt, plain, NS as to type of milk
114	Yogurt	11411100	Yogurt, plain, whole milk
114	Yogurt	11422000	Yogurt, vanilla, low fat milk
114	Yogurt	11422100	Yogurt, vanilla, low fat milk, light
114	Yogurt	11423000	Yogurt, vanilla, nonfat milk
114	Yogurt	11424000	Yogurt, vanilla, nonfat milk, light
114	Yogurt	11420000	Yogurt, vanilla, NS as to type of milk
114	Yogurt	11421000	Yogurt, vanilla, whole milk
	Flavored milk and milk		Chocolate milk, made from dry mix with fat free
115	drinks, fluid	11513300	milk (skim)
	Flavored milk and milk		Chocolate milk, made from dry mix with low fat
115	drinks, fluid	11513200	milk (1%)
	Flavored milk and milk		Chocolate milk, made from dry mix with non-
115	drinks, fluid	11513310	dairy milk
	Flavored milk and milk		Chocolate milk, made from dry mix with reduced
115	drinks, fluid	11513150	fat milk (2%)
	Flavored milk and milk		Chocolate milk, made from dry mix with whole
115	drinks, fluid	11513100	milk
	Flavored milk and milk		Chocolate milk, made from dry mix, NS as to
115	drinks, fluid	11513000	type of milk
	Flavored milk and milk		Chocolate milk, made from light syrup with fat
115	drinks, fluid	11513804	free milk (skim)
	Flavored milk and milk		Chocolate milk, made from light syrup with low
115	drinks, fluid	11513803	fat milk (1%)
	Flavored milk and milk		Chocolate milk, made from light syrup with non-
115	drinks, fluid	11513805	dairy milk
	Flavored milk and milk		Chocolate milk, made from light syrup with
115	drinks, fluid	11513802	reduced fat milk (2%)
	Flavored milk and milk		Chocolate milk, made from light syrup with
115	drinks, fluid	11513801	whole milk
	Flavored milk and milk		Chocolate milk, made from light syrup, NS as to
115	drinks, fluid	11513800	type of milk
	Flavored milk and milk		Chocolate milk, made from reduced sugar mix
115	drinks, fluid	11513370	with fat free milk (skim)
	Flavored milk and milk		Chocolate milk, made from reduced sugar mix
115	drinks, fluid	11513365	with low fat milk (1%)
	Flavored milk and milk		Chocolate milk, made from reduced sugar mix
115	drinks, fluid	11513375	with non-dairy milk
	Flavored milk and milk		Chocolate milk, made from reduced sugar mix
115	drinks, fluid	11513360	with reduced fat milk (2%)
	Flavored milk and milk		Chocolate milk, made from reduced sugar mix
115	drinks, fluid	11513355	with whole milk

115	Flavored milk and milk drinks, fluid	11513350	Chocolate milk, made from reduced sugar mix, NS as to type of milk
115	Flavored milk and milk drinks, fluid	11513854	Chocolate milk, made from sugar free syrup with fat free milk (skim)
115	Flavored milk and milk drinks, fluid	11513853	Chocolate milk, made from sugar free syrup with low fat milk (1%)
115	Flavored milk and milk drinks, fluid	11513855	Chocolate milk, made from sugar free syrup with non-dairy milk
115	Flavored milk and milk drinks, fluid	11513852	Chocolate milk, made from sugar free syrup with reduced fat milk (2%)
115	Flavored milk and milk drinks, fluid	11513851	Chocolate milk, made from sugar free syrup with whole milk
115	Flavored milk and milk drinks, fluid	11513850	Chocolate milk, made from sugar free syrup, NS as to type of milk
115	Flavored milk and milk drinks, fluid	11513700	Chocolate milk, made from syrup with fat free milk (skim)
115	Flavored milk and milk drinks, fluid	11513600	Chocolate milk, made from syrup with low fat milk (1%)
115	Flavored milk and milk drinks, fluid	11513750	Chocolate milk, made from syrup with non-dairy milk
115	Flavored milk and milk drinks, fluid	11513550	Chocolate milk, made from syrup with reduced fat milk (2%)
115	Flavored milk and milk drinks, fluid	11513500	Chocolate milk, made from syrup with whole milk
115	Flavored milk and milk drinks, fluid	11513400	Chocolate milk, made from syrup, NS as to type of milk
115	Flavored milk and milk drinks, fluid	11511000	Chocolate milk, NFS
115	Flavored milk and milk drinks, fluid	11511300	Chocolate milk, ready to drink, fat free (skim)
115	Flavored milk and milk drinks, fluid	11511400	Chocolate milk, ready to drink, low fat (1%)
115	Flavored milk and milk drinks, fluid	11511200	Chocolate milk, ready to drink, reduced fat (2%)
115	Flavored milk and milk drinks, fluid	11511550	Chocolate milk, ready to drink, reduced sugar, NS as to milk
115	Flavored milk and milk drinks, fluid	11511100	Chocolate milk, ready to drink, whole
115	Flavored milk and milk drinks, fluid	11531500	Eggnog, low-fat / light
115	Flavored milk and milk drinks, fluid	11531000	Eggnog, regular
115	Flavored milk and milk drinks, fluid	11553130	Fruit smoothie juice drink, with dairy
115	Flavored milk and milk drinks, fluid	11553100	Fruit smoothie, NFS
115	Flavored milk and milk drinks, fluid	11553110	Fruit smoothie, with whole fruit and dairy
115	Flavored milk and milk drinks, fluid	11553120	Fruit smoothie, with whole fruit and dairy, added protein
115	Flavored milk and milk drinks, fluid	11514140	Hot chocolate / Cocoa, made with dry mix and fat free milk (skim)
115	Flavored milk and milk drinks, fluid	11514130	Hot chocolate / Cocoa, made with dry mix and low-fat milk (1%)
115	Flavored milk and milk drinks, fluid	11514150	Hot chocolate / Cocoa, made with dry mix and non-dairy milk

115	Flavored milk and milk drinks, fluid	11514120	Hot chocolate / Cocoa, made with dry mix and reduced fat milk (2%)
115	Flavored milk and milk drinks, fluid	11514100	Hot chocolate / Cocoa, made with dry mix and water
115	Flavored milk and milk drinks, fluid	11514110	Hot chocolate / Cocoa, made with dry mix and whole milk
115	Flavored milk and milk drinks, fluid	11514350	Hot chocolate / Cocoa, made with no sugar added dry mix and fat free milk (skim)
115	Flavored milk and milk drinks, fluid	11514340	Hot chocolate / Cocoa, made with no sugar added dry mix and low-fat milk (1%)
115	Flavored milk and milk drinks, fluid	11514360	Hot chocolate / Cocoa, made with no sugar added dry mix and non-dairy milk
115	Flavored milk and milk drinks, fluid	11514330	Hot chocolate / Cocoa, made with no sugar added dry mix and reduced fat milk (2%)
115	Flavored milk and milk drinks, fluid	11514310	Hot chocolate / Cocoa, made with no sugar added dry mix and water
115	Flavored milk and milk drinks, fluid	11514320	Hot chocolate / Cocoa, made with no sugar added dry mix and whole milk
115	Flavored milk and milk drinks, fluid	11512010	Hot chocolate / Cocoa, ready to drink
115	Flavored milk and milk drinks, fluid	11512030	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk
115	Flavored milk and milk drinks, fluid	11512120	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk and whipped cream
115	Flavored milk and milk drinks, fluid	11512020	Hot chocolate / Cocoa, ready to drink, made with nonfat milk
115	Flavored milk and milk drinks, fluid	11512110	Hot chocolate / Cocoa, ready to drink, made with nonfat milk and whipped cream
115	Flavored milk and milk drinks, fluid	11512100	Hot chocolate / Cocoa, ready to drink, with whipped cream
115	Flavored milk and milk drinks, fluid	11551050	Licuerdo / Batido (milk fruit drink)
115	Flavored milk and milk drinks, fluid	11541400	Milk shake with malt
115	Flavored milk and milk drinks, fluid	11543000	Milk shake, bottled, chocolate
115	Flavored milk and milk drinks, fluid	11543010	Milk shake, bottled, flavors other than chocolate
115	Flavored milk and milk drinks, fluid	11542100	Milk shake, fast food, chocolate
115	Flavored milk and milk drinks, fluid	11542200	Milk shake, fast food, flavors other than chocolate
115	Flavored milk and milk drinks, fluid	11541110	Milk shake, home recipe, chocolate
115	Flavored milk and milk drinks, fluid	11541130	Milk shake, home recipe, chocolate, light
115	Flavored milk and milk drinks, fluid	11541120	Milk shake, home recipe, flavors other than chocolate
115	Flavored milk and milk drinks, fluid	11541135	Milk shake, home recipe, flavors other than chocolate, light
115	Flavored milk and milk drinks, fluid	11526000	Milk, malted, chocolate, made with milk
115	Flavored milk and milk drinks, fluid	11525000	Milk, malted, natural flavor, made with milk
115	Flavored milk and milk drinks, fluid	11513384	Nesquik, chocolate milk, made from dry mix with fat free milk (skim)

115	Flavored milk and milk drinks, fluid	11513383	Nesquik, chocolate milk, made from dry mix with low fat milk (1%)
115	Flavored milk and milk drinks, fluid	11513385	Nesquik, chocolate milk, made from dry mix with non-dairy milk
115	Flavored milk and milk drinks, fluid	11513382	Nesquik, chocolate milk, made from dry mix with reduced fat milk (2%)
115	Flavored milk and milk drinks, fluid	11513381	Nesquik, chocolate milk, made from dry mix with whole milk
115	Flavored milk and milk drinks, fluid	11513380	Nesquik, chocolate milk, made from dry mix, NS as to type of milk
115	Flavored milk and milk drinks, fluid	11513394	Nesquik, chocolate milk, made from no sugar added dry mix with fat free milk (skim)
115	Flavored milk and milk drinks, fluid	11513393	Nesquik, chocolate milk, made from no sugar added dry mix with low fat milk (1%)
115	Flavored milk and milk drinks, fluid	11513395	Nesquik, chocolate milk, made from no sugar added dry mix with non-dairy milk
115	Flavored milk and milk drinks, fluid	11513392	Nesquik, chocolate milk, made from no sugar added dry mix with reduced fat milk (2%)
115	Flavored milk and milk drinks, fluid	11513391	Nesquik, chocolate milk, made from no sugar added dry mix with whole milk
115	Flavored milk and milk drinks, fluid	11513390	Nesquik, chocolate milk, made from no sugar added dry mix, NS as to type of milk
115	Flavored milk and milk drinks, fluid	11511610	Nesquik, chocolate milk, ready to drink, fat free (skim)
115	Flavored milk and milk drinks, fluid	11511600	Nesquik, chocolate milk, ready to drink, low fat (1%)
115	Flavored milk and milk drinks, fluid	11511700	Nesquik, chocolate milk, ready to drink, low fat (1%), no sugar added
115	Flavored milk and milk drinks, fluid	11519205	Strawberry milk, fat free (skim)
115	Flavored milk and milk drinks, fluid	11519200	Strawberry milk, low fat (1%)
115	Flavored milk and milk drinks, fluid	11519040	Strawberry milk, NFS
115	Flavored milk and milk drinks, fluid	11519215	Strawberry milk, non-dairy
115	Flavored milk and milk drinks, fluid	11519105	Strawberry milk, reduced fat (2%)
115	Flavored milk and milk drinks, fluid	11519050	Strawberry milk, whole
115	Flavored milk and milk drinks, fluid	11560000	Yoo-hoo, chocolate milk drink
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830160	Chocolate beverage powder, dry mix, not reconstituted
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830165	Chocolate beverage powder, reduced sugar, dry mix, not reconstituted
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830150	Cocoa powder, not reconstituted (no dry milk)
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830115	Hot chocolate / Cocoa, dry mix, no sugar added, not reconstituted



118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830100	Hot chocolate / Cocoa, dry mix, not reconstituted
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11813000	Milk, dry, not reconstituted, fat free (skim)
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11812000	Milk, dry, not reconstituted, low fat (1%)
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11810000	Milk, dry, not reconstituted, NS as to fat content
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11811000	Milk, dry, not reconstituted, whole
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830260	Milk, malted, dry mix, not reconstituted
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11830400	Strawberry beverage powder, dry mix, not reconstituted
118	Milk, dry, and powdered mixtures with dry milk, not reconstituted	11825000	Whey, sweet, dry
424	Coconut beverages	42402010	Coconut cream (liquid expressed from grated coconut meat), canned, sweetened
424	Coconut beverages	42401010	Coconut milk, used in cooking (liquid expressed from grated coconut meat, water added)
424	Coconut beverages	42404010	Coconut water, sweetened
424	Coconut beverages	42403010	Coconut water, unsweetened (liquid from coconuts)
532	Cookies	53201000	Cookie, NFS
532	Cookies	53202000	Cookie, almond
532	Cookies	53205260	Cookie, bar, with chocolate
532	Cookies	53206030	Cookie, chocolate chip, reduced fat
532	Cookies	53206500	Cookie, chocolate, made with rice cereal
532	Cookies	53206550	Cookie, chocolate, made with oatmeal and coconut (no-bake)
532	Cookies	53207020	Cookie, chocolate or fudge, reduced fat
532	Cookies	53207050	Cookie, chocolate, with chocolate filling or coating, fat free
532	Cookies	53211000	Cookie bar, with chocolate, nuts, and graham crackers
532	Cookies	53220000	Cookie, fruit-filled bar
532	Cookies	53220010	Cookie, fruit-filled bar, fat free
532	Cookies	53220030	Cookie, fig bar
532	Cookies	53220040	Cookie, fig bar, fat free
532	Cookies	53223100	Cookie, granola
532	Cookies	53231400	Cookie, multigrain, high fiber
532	Cookies	53233000	Cookie, oatmeal
532	Cookies	53233010	Cookie, oatmeal, with raisins
532	Cookies	53233040	Cookie, oatmeal, reduced fat, NS as to raisins

532	Cookies	53235600	Cookie, Pfeffernusse
532	Cookies	53236100	Cookie, pumpkin
532	Cookies	53237000	Cookie, raisin
532	Cookies	53239010	Cookie, shortbread, reduced fat
532	Cookies	53241510	Marie biscuit
532	Cookies	53241600	Cookie, butter, or sugar, with fruit and/or nuts
532	Cookies	53246000	Cookie, tea, Japanese
532	Cookies	53247050	Cookie, vanilla wafer, reduced fat
532	Cookies	53260030	Cookie, chocolate chip, sugar free
532	Cookies	53260200	Cookie, oatmeal, sugar free
532	Cookies	53260400	Cookie, sugar or plain, sugar free
532	Cookies	53260500	Cookie, sugar wafer, sugar free
537	Bars	53714520	Breakfast bar, cereal crust with fruit filling, low-fat
537	Bars	53714510	Breakfast bar, date, with yogurt coating
537	Bars	53714500	Breakfast bar, NFS
537	Bars	53710400	Fiber One Chewy Bar
537	Bars	53714220	Granola bar with nuts, chocolate-coated
537	Bars	53714200	Granola bar, chocolate coated, NFS
537	Bars	53714250	Granola bar, coated with non-chocolate coating
537	Bars	53714300	Granola bar, high fiber, coated with non-chocolate yogurt coating
537	Bars	53712200	Granola bar, low-fat, NFS
537	Bars	53712100	Granola bar, NFS
537	Bars	53712210	Granola bar, nonfat
537	Bars	53714230	Granola bar, oats, nuts, coated with non-chocolate coating
537	Bars	53713100	Granola bar, peanuts, oats, sugar, wheat germ
537	Bars	53713000	Granola bar, reduced sugar, NFS
537	Bars	53714210	Granola bar, with coconut, chocolate-coated
537	Bars	53714400	Granola bar, with rice cereal
537	Bars	53710800	Kashi GOLEAN Chewy Bars
537	Bars	53710804	Kashi GOLEAN Crunchy Bars
537	Bars	53710802	Kashi TLC Chewy Granola Bar
537	Bars	53710806	Kashi TLC Crunchy Granola Bar
537	Bars	53710500	Kellogg's Nutri-Grain Cereal Bar
537	Bars	53710504	Kellogg's Nutri-Grain Fruit and Nut Bar
537	Bars	53710502	Kellogg's Nutri-Grain Yogurt Bar
537	Bars	53710700	Kellogg's Special K bar
537	Bars	53710600	Milk 'n Cereal bar
537	Bars	53710902	Nature Valley Chewy Granola Bar with Yogurt Coating
537	Bars	53710900	Nature Valley Chewy Trail Mix Granola Bar
537	Bars	53710906	Nature Valley Crunchy Granola Bar
537	Bars	53710904	Nature Valley Sweet and Salty Granola Bar
537	Bars	53711004	Quaker Chewy 25% Less Sugar Granola Bar
537	Bars	53711002	Quaker Chewy 90 Calorie Granola Bar

537	Bars	53711006	Quaker Chewy Dipp's Granola Bar
537	Bars	53711000	Quaker Chewy Granola Bar
537	Bars	53711100	Quaker Granola Bites
537	Bars	53712000	Snack bar, oatmeal
537	Bars	53720100	Balance Original Bar
537	Bars	53720200	Clif Bar
537	Bars	53720210	Clif Kids Organic Zbar
537	Bars	53729000	Nutrition bar or meal replacement bar, NFS
537	Bars	53720300	PowerBar
537	Bars	53720400	Slim Fast Original Meal Bar
537	Bars	53720500	Snickers Marathon Protein bar
537	Bars	53720610	South Beach Living High Protein Bar
537	Bars	53720600	South Beach Living Meal Bar
537	Bars	53720700	Tiger's Milk bar
537	Bars	53720800	Zone Perfect Classic Crunch nutrition bar
612	Citrus fruit juices	61201020	Grapefruit juice, 100%, NS as to form Grapefruit juice, 100%, canned, bottled or in a carton
612	Citrus fruit juices	61201220	Grapefruit juice, 100%, frozen, reconstituted
612	Citrus fruit juices	61201620	Grapefruit juice, 100%, frozen, reconstituted
612	Citrus fruit juices	61204200	Lemon juice, 100%, canned or bottled
612	Citrus fruit juices	61204000	Lemon juice, 100%, NS as to form
612	Citrus fruit juices	61207200	Lime juice, 100%, canned or bottled
612	Citrus fruit juices	61207000	Lime juice, 100%, NS as to form
612	Citrus fruit juices	61210000	Orange juice, 100%, NFS Orange juice, 100%, canned, bottled or in a carton
612	Citrus fruit juices	61210220	Orange juice, 100%, with calcium added, canned, bottled or in a carton
612	Citrus fruit juices	61210250	Orange juice, 100%, with calcium added, frozen, reconstituted
612	Citrus fruit juices	61210820	Orange juice, 100%, frozen, not reconstituted
612	Citrus fruit juices	61210720	Orange juice, 100%, frozen, reconstituted
612	Citrus fruit juices	61210620	Orange juice, 100%, frozen, reconstituted
612	Citrus fruit juices	61213220	Tangerine juice, 100%
612	Citrus fruit juices	61213800	Fruit juice blend, citrus, 100% juice Fruit juice blend, citrus, 100% juice, with calcium added
612	Citrus fruit juices	61213900	Grapefruit juice, 100%, with calcium added
612	Citrus fruit juices	61201225	Grapefruit juice, 100%, with calcium added
631	Fruits, excluding berries	63143010	Plum, raw
631	Fruits, excluding berries	63143650	Plum, pickled
641	Fruit juices, excluding citrus	64101010	Apple cider
641	Fruit juices, excluding citrus	64104010	Apple juice, 100%
641	Fruit juices, excluding citrus	64104030	Apple juice, 100%, with calcium added
641	Fruit juices, excluding citrus	64104600	Blackberry juice, 100%
641	Fruit juices, excluding citrus	64100200	Cranberry juice blend, 100% juice

641	Fruit juices, excluding citrus	64100220	Cranberry juice blend, 100% juice, with calcium added
641	Fruit juices, excluding citrus	64105400	Cranberry juice, 100%, not a blend
641	Fruit juices, excluding citrus	64100110	Fruit juice blend, 100% juice
641	Fruit juices, excluding citrus	64100100	Fruit juice, NFS
641	Fruit juices, excluding citrus	64134030	Fruit smoothie juice drink (no dairy)
641	Fruit juices, excluding citrus	64134200	Fruit smoothie, bottled
641	Fruit juices, excluding citrus	64134100	Fruit smoothie, light
641	Fruit juices, excluding citrus	64134015	Fruit smoothie, with whole fruit (no dairy)
641	Fruit juices, excluding citrus	64134020	Fruit smoothie, with whole fruit (no dairy), added protein
641	Fruit juices, excluding citrus	64116020	Grape juice, 100%
641	Fruit juices, excluding citrus	64116060	Grape juice, 100%, with calcium added
641	Fruit juices, excluding citrus	64120010	Papaya juice, 100%
641	Fruit juices, excluding citrus	64121000	Passion fruit juice, 100%
641	Fruit juices, excluding citrus	64124020	Pineapple juice, 100%
641	Fruit juices, excluding citrus	64126000	Pomegranate juice, 100%
641	Fruit juices, excluding citrus	64132010	Prune juice, 100%
641	Fruit juices, excluding citrus	64132500	Strawberry juice, 100%
641	Fruit juices, excluding citrus	64133100	Watermelon juice, 100%
642	Nectars	64201010	Apricot nectar
642	Nectars	64201500	Banana nectar
642	Nectars	64202010	Cantaloupe nectar
642	Nectars	64200100	Fruit nectar, NFS
642	Nectars	64203020	Guava nectar
642	Nectars	64204010	Mango nectar
642	Nectars	64210010	Papaya nectar
642	Nectars	64213010	Passion fruit nectar
642	Nectars	64205010	Peach nectar
642	Nectars	64215010	Pear nectar
642	Nectars	64221010	Soursop (Guanabana) nectar
731	Carrots	73105010	Carrot juice, 100%
743	Tomato juices	74303000	Tomato and vegetable juice, 100%
743	Tomato juices	74303100	Tomato and vegetable juice, 100%, low sodium
743	Tomato juices	74302000	Tomato juice cocktail
743	Tomato juices	74301100	Tomato juice, 100%

743	Tomato juices	74301150	Tomato juice, 100%, low sodium
751	Other vegetables, raw	75132000	Mixed vegetable juice (vegetables other than tomato)
781	Vegetable and fruit juice blends, 100% juice	78101000	Vegetable and fruit juice, 100% juice, with high vitamin C
811	Table fats	81103040	Margarine-like spread, stick, salted
811	Table fats	81103041	Margarine-like spread, made with yogurt, stick, salted
811	Table fats	81103080	Margarine-like spread, tub, salted
811	Table fats	81103090	Margarine-like spread, liquid, salted
811	Table fats	81103100	Margarine-like spread, stick, unsalted
811	Table fats	81103120	Margarine-like spread, tub, unsalted
811	Table fats	81103130	Margarine-like spread, whipped, tub, salted
811	Table fats	81103140	Margarine-like spread, tub, sweetened
811	Table fats	81104011	Margarine-like spread, reduced calorie, about 40% fat, made with yogurt, tub, salted
811	Table fats	81104020	Margarine-like spread, reduced calorie, about 40% fat, stick, salted
811	Table fats	81104010	Margarine-like spread, reduced calorie, about 40% fat, tub, salted
811	Table fats	81104050	Margarine-like spread, reduced calorie, about 20% fat, tub, salted
811	Table fats	81104100	Margarine-like spread, fat free, tub, salted
811	Table fats	81104110	Margarine-like spread, fat free, liquid, salted
811	Table fats	81104550	Vegetable oil-butter spread, reduced calorie, stick, salted
811	Table fats	81104560	Vegetable oil-butter spread, reduced calorie, tub, salted
811	Table fats	81104500	Vegetable oil-butter spread, stick, salted
811	Table fats	81104510	Vegetable oil-butter spread, tub, salted
821	Vegetable oils	82104000	Olive oil
917	Candies	91705300	Chocolate, sweet or dark
917	Candies	91745010	Gumdrops
917	Candies	91745020	Hard candy
917	Candies	91770030	Dietetic or low-calorie candy, chocolate covered
917	Candies	91770000	Dietetic or low-calorie candy, NFS
917	Candies	91770010	Dietetic or low-calorie gumdrops
917	Candies	91770020	Dietetic or low-calorie hard candy
918	Chewing gums	91802000	Chewing gum, sugar free
923	Tea	92306100	Corn beverage
923	Tea	92307500	Iced Tea / Lemonade juice drink
923	Tea	92307520	Iced Tea / Lemonade juice drink, diet
923	Tea	92307510	Iced Tea / Lemonade juice drink, light
923	Tea	92306800	Tea, hot, chai, with milk
923	Tea	92306700	Tea, hot, chamomile
923	Tea	92306000	Tea, hot, herbal
923	Tea	92306090	Tea, hot, hibiscus
923	Tea	92302000	Tea, hot, leaf, black
923	Tea	92302500	Tea, hot, leaf, black, decaffeinated

923	Tea	92303010	Tea, hot, leaf, green
923	Tea	92303100	Tea, hot, leaf, green, decaffeinated
923	Tea	92304100	Tea, hot, leaf, oolong
923	Tea	92309000	Tea, iced, bottled, black
923	Tea	92309010	Tea, iced, bottled, black, decaffeinated
923	Tea	92309030	Tea, iced, bottled, black, decaffeinated, diet
923	Tea	92309050	Tea, iced, bottled, black, decaffeinated, unsweetened
923	Tea	92309020	Tea, iced, bottled, black, diet
923	Tea	92309040	Tea, iced, bottled, black, unsweetened
923	Tea	92309500	Tea, iced, bottled, green
923	Tea	92309510	Tea, iced, bottled, green, diet
923	Tea	92309520	Tea, iced, bottled, green, unsweetened
923	Tea	92308040	Tea, iced, brewed, black, decaffeinated, pre-sweetened with low calorie sweetener
923	Tea	92308030	Tea, iced, brewed, black, decaffeinated, pre-sweetened with sugar
923	Tea	92308050	Tea, iced, brewed, black, decaffeinated, unsweetened
923	Tea	92308010	Tea, iced, brewed, black, pre-sweetened with low calorie sweetener
923	Tea	92308000	Tea, iced, brewed, black, pre-sweetened with sugar
923	Tea	92308020	Tea, iced, brewed, black, unsweetened
923	Tea	92308540	Tea, iced, brewed, green, decaffeinated, pre-sweetened with low calorie sweetener
923	Tea	92308530	Tea, iced, brewed, green, decaffeinated, pre-sweetened with sugar
923	Tea	92308550	Tea, iced, brewed, green, decaffeinated, unsweetened
923	Tea	92308510	Tea, iced, brewed, green, pre-sweetened with low calorie sweetener
923	Tea	92308500	Tea, iced, brewed, green, pre-sweetened with sugar
923	Tea	92308520	Tea, iced, brewed, green, unsweetened
923	Tea	92305110	Tea, iced, instant, black, decaffeinated, pre-sweetened with low calorie sweetener
923	Tea	92305050	Tea, iced, instant, black, decaffeinated, pre-sweetened with sugar
923	Tea	92305180	Tea, iced, instant, black, decaffeinated, unsweetened
923	Tea	92305090	Tea, iced, instant, black, pre-sweetened with low calorie sweetener
923	Tea	92305040	Tea, iced, instant, black, pre-sweetened with sugar
923	Tea	92307400	Tea, iced, instant, black, pre-sweetened, dry
923	Tea	92305010	Tea, iced, instant, black, unsweetened
923	Tea	92307000	Tea, iced, instant, black, unsweetened, dry
923	Tea	92305920	Tea, iced, instant, green, pre-sweetened with low calorie sweetener
923	Tea	92305910	Tea, iced, instant, green, pre-sweetened with sugar

923	Tea	92305900	Tea, iced, instant, green, unsweetened
924	Soft drinks, carbonated	92410110	Carbonated water, sweetened
			Carbonated water, sweetened, with low-calorie or no-calorie sweetener
924	Soft drinks, carbonated	92410250	Carbonated water, unsweetened
924	Soft drinks, carbonated	92410210	Fruit juice drink, citrus, carbonated
924	Soft drinks, carbonated	92432000	Fruit juice drink, noncitrus, carbonated
924	Soft drinks, carbonated	92433000	Soft drink, chocolate flavored
924	Soft drinks, carbonated	92410810	Soft drink, chocolate flavored, diet
924	Soft drinks, carbonated	92410820	Soft drink, cola
924	Soft drinks, carbonated	92410310	Soft drink, cola, chocolate flavored
924	Soft drinks, carbonated	92411520	Soft drink, cola, chocolate flavored, diet
924	Soft drinks, carbonated	92411620	Soft drink, cola, decaffeinated
924	Soft drinks, carbonated	92410340	Soft drink, cola, decaffeinated, diet
924	Soft drinks, carbonated	92410350	Soft drink, cola, diet
924	Soft drinks, carbonated	92410320	Soft drink, cola, fruit or vanilla flavored
924	Soft drinks, carbonated	92411510	Soft drink, cola, fruit or vanilla flavored, diet
924	Soft drinks, carbonated	92411610	Soft drink, cola, reduced sugar
924	Soft drinks, carbonated	92410315	Soft drink, cream soda
924	Soft drinks, carbonated	92410410	Soft drink, cream soda, diet
924	Soft drinks, carbonated	92410420	Soft drink, fruit flavored, caffeine containing
924	Soft drinks, carbonated	92410550	Soft drink, fruit flavored, caffeine containing, diet
924	Soft drinks, carbonated	92410560	Soft drink, fruit flavored, caffeine free
924	Soft drinks, carbonated	92410510	Soft drink, fruit flavored, diet, caffeine free
924	Soft drinks, carbonated	92410520	Soft drink, ginger ale
924	Soft drinks, carbonated	92410610	Soft drink, ginger ale, diet
924	Soft drinks, carbonated	92410620	Soft drink, NFS
924	Soft drinks, carbonated	92400000	Soft drink, NFS, diet
924	Soft drinks, carbonated	92400100	Soft drink, pepper type
924	Soft drinks, carbonated	92410360	Soft drink, pepper type, decaffeinated
924	Soft drinks, carbonated	92410390	Soft drink, pepper type, decaffeinated, diet
924	Soft drinks, carbonated	92410400	Soft drink, pepper type, diet
924	Soft drinks, carbonated	92410370	Soft drink, root beer
924	Soft drinks, carbonated	92410710	Soft drink, root beer, diet
924	Soft drinks, carbonated	92410720	Frozen daiquiri mix, from frozen concentrate, reconstituted
925	Fruit drinks	92512050	Frozen daiquiri mix, frozen concentrate, not reconstituted
925	Fruit drinks	92512040	Fruit flavored drink
925	Fruit drinks	92511015	Fruit flavored smoothie drink, frozen (no dairy)
925	Fruit drinks	92513000	Fruit flavored smoothie drink, frozen, light (no dairy)
925	Fruit drinks	92513010	Fruit juice beverage, 40-50% juice, citrus
925	Fruit drinks	92511250	Fruit juice drink
925	Fruit drinks	92510610	Fruit punch, made with fruit juice and soda
925	Fruit drinks	92510720	Fruit punch, made with soda, fruit juice, and sherbet or ice cream
925	Fruit drinks	92510730	Lemonade, frozen concentrate, not reconstituted
925	Fruit drinks	92511000	

925	Fruit drinks	92510960	Lemonade, fruit flavored drink
925	Fruit drinks	92510955	Lemonade, fruit juice drink
925	Fruit drinks	92512110	Margarita mix, nonalcoholic
925	Fruit drinks	92512090	Pina Colada, nonalcoholic
925	Fruit drinks	92510650	Tamarind drink (Refresco de tamarindo)
925	Fruit drinks	92530510	Cranberry juice drink, with high vitamin C
925	Fruit drinks	92530410	Fruit flavored drink, with high vitamin C
925	Fruit drinks	92530610	Fruit juice drink, with high vitamin C
925	Fruit drinks	92531030	Sunny D Vegetable and fruit juice drink, with high vitamin C
925	Fruit drinks	92530950	
925	Fruit drinks	92541010	Fruit flavored drink, powdered, reconstituted Fruit flavored drink, with high vitamin C, powdered, reconstituted
925	Fruit drinks	92542000	
925	Fruit drinks	92550360	Apple juice beverage, 40-50% juice, light
925	Fruit drinks	92552030	Capri Sun, fruit juice drink
925	Fruit drinks	92550110	Cranberry juice drink, with high vitamin C, light
925	Fruit drinks	92550620	Fruit flavored drink, diet
925	Fruit drinks	92552010	Fruit flavored drink, powdered, reconstituted, diet
925	Fruit drinks	92550610	Fruit flavored drink, with high vitamin C, diet Fruit flavored drink, with high vitamin C, powdered, reconstituted, diet
925	Fruit drinks	92552000	
925	Fruit drinks	92550040	Fruit juice drink, diet
925	Fruit drinks	92550035	Fruit juice drink, light
925	Fruit drinks	92550030	Fruit juice drink, with high vitamin C, light
925	Fruit drinks	92550200	Grape juice drink, light
925	Fruit drinks	92550370	Lemonade, fruit juice drink, light
925	Fruit drinks	92550350	Orange juice beverage, 40-50% juice, light
925	Fruit drinks	92550380	Pomegranate juice beverage, 40-50% juice, light
925	Fruit drinks	92552020	Sunny D, reduced sugar Vegetable and fruit juice drink, with high vitamin C, diet Vegetable and fruit juice drink, with high vitamin C, light Fruit juice drink, with high vitamin C, plus added calcium
925	Fruit drinks	92550400	
925	Fruit drinks	92550405	
925	Fruit drinks	92582100	Sunny D, added calcium
925	Fruit drinks	92582110	
942	Water, bottled, fortified	94210200	Glaceau Vitamin Water
942	Water, bottled, fortified	94220215	Glaceau Vitamin Water Zero
942	Water, bottled, fortified	94210100	Propel Water
942	Water, bottled, fortified	94220110	Propel Zero Calcium Water
942	Water, bottled, fortified	94220100	Propel Zero Water
942	Water, bottled, fortified	94210300	SoBe Life Water
942	Water, bottled, fortified	94220310	SoBe Life Water Zero
951	Nutrition drinks	95101010	Boost Plus, nutritional drink, ready-to-drink
951	Nutrition drinks	95101000	Boost, nutritional drink, ready-to-drink Carnation Instant Breakfast, nutritional drink, regular, ready-to-drink
951	Nutrition drinks	95102000	



951	Nutrition drinks	95103010	Ensure Plus, nutritional shake, ready-to-drink
951	Nutrition drinks	95103000	Ensure, nutritional shake, ready-to-drink
951	Nutrition drinks	95104000	Glucerna, nutritional shake, ready-to-drink
951	Nutrition drinks	95105000	Kellogg's Special K Protein Shake
951	Nutrition drinks	95106010	Muscle Milk, light, ready-to-drink
951	Nutrition drinks	95106000	Muscle Milk, ready-to-drink
951	Nutrition drinks	95120020	Nutritional drink or meal replacement, high protein, light, ready-to-drink, NFS
951	Nutrition drinks	95120010	Nutritional drink or meal replacement, high protein, ready-to-drink, NFS
951	Nutrition drinks	95120050	Nutritional drink or meal replacement, liquid, soy-based
951	Nutrition drinks	95120000	Nutritional drink or meal replacement, ready-to-drink, NFS
951	Nutrition drinks	95110020	Slim Fast Shake, meal replacement, high protein, ready-to-drink
951	Nutrition drinks	95110000	Slim Fast Shake, meal replacement, regular, ready-to-drink
951	Nutrition drinks	95110010	Slim Fast Shake, meal replacement, sugar free, ready-to-drink
952	Nutrition powders	95201000	Carnation Instant Breakfast, nutritional drink mix, regular, powder
952	Nutrition powders	95201010	Carnation Instant Breakfast, nutritional drink mix, sugar free, powder
952	Nutrition powders	95201300	EAS Soy Protein Powder
952	Nutrition powders	95201200	EAS Whey Protein Powder
952	Nutrition powders	95201500	Herbalife, nutritional shake mix, high protein, powder
952	Nutrition powders	95201600	Isopure protein powder
952	Nutrition powders	95201700	Kellogg's Special K20 Protein Water Mix
952	Nutrition powders	95202010	Muscle Milk, light, powder
952	Nutrition powders	95202000	Muscle Milk, regular, powder
952	Nutrition powders	95220010	Nutritional drink mixes or meal replacement, high protein, powder, NFS
952	Nutrition powders	95220000	Nutritional drink mix or meal replacement, powder, NFS
952	Nutrition powders	95230020	Protein powder, light, NFS
952	Nutrition powders	95230030	Protein powder, NFS
952	Nutrition powders	95230010	Protein powder, soy based, NFS
952	Nutrition powders	95230000	Protein powder, whey based, NFS
952	Nutrition powders	95210020	Slim Fast Shake Mix, high protein, powder
952	Nutrition powders	95210000	Slim Fast Shake Mix, powder
952	Nutrition powders	95210010	Slim Fast Shake Mix, sugar free, powder
9532	Sports drinks	95320200	Gatorade G sports drink
9532	Sports drinks	95322200	Gatorade G2 sports drink, low calorie
9532	Sports drinks	95320500	Powerade sports drink
9532	Sports drinks	95322500	Powerade Zero sports drink, low calorie
9532	Sports drinks	95323000	Sports drink, low calorie
9532	Sports drinks	95321000	Sports drink, NFS