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FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

JOINT MEETING OF THE NONPRESCRIPTION
DRUGS ADVISORY COMMITTEE (NDAC) AND THE
OBSTETRICS, REPRODUCTIVE AND UROLOGIC
DRUGS ADVISORY COMMITTEE (ORUDAC)

Virtual Meeting

Day 2

Wednesday, May 10, 2023

9:30 a.m. to 1:48 p.m.

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Meeting Roster

DESIGNATED FEDERAL OFFICER (Non-Voting)

Moon Hee V. Choi, PharmD

Division of Advisory Committee and
Consultant Management
Office of Executive Programs, CDER, FDA

NONPRESCRIPTION DRUGS ADVISORY COMMITTEE MEMBERS

(Voting)

Elma D. Baron, MD

Professor of Dermatology
Case Western Reserve University School of
Medicine
Department of Dermatology
Veterans Affairs of Northeast Ohio
Cleveland, Ohio

1 **Maria C. Coyle, PharmD, FCCP,**

2 **BCPS, BCACP, CLS**

3 *(Chairperson)*

4 Associate Clinical Professor

5 The Ohio State University College of Pharmacy

6 Columbus, Ohio

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8 **Paul Pisarik, MD, MPH, FAAFP**

9 Geriatric Physician

10 Archwell Health

11 Tulsa, Oklahoma

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13 **Katalin E. Roth, JD, MD**

14 Professor of Medicine

15 Division of Geriatrics and Palliative Medicine

16 Medical Faculty Associates

17 The George Washington University School of

18 Medicine and Health Sciences

19 Washington, District of Columbia

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1 **Leslie Walker-Harding, MD, FAAP, FSAHM**

2 Ford/Morgan Endowed Professor & Chair,
3 Department of Pediatrics, Associate Dean,
4 University of Washington;
5 Chief Academic Officer & Senior Vice
6 President, Seattle Children's Hospital
7 Seattle, Washington

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9 **NONPRESCRIPTION DRUGS ADVISORY COMMITTEE MEMBERS**

10 **(Non-Voting)**

11 **Mark E. Dato, MD, PhD**

12 *(Industry Representative)*

13 Retired: Director, Global Technology, Procter
14 and Gamble Healthcare
15 Evanston, Illinois

16

17 **OBSTETRICS, REPRODUCTIVE AND UROLOGIC DRUGS**

18 **ADVISORY COMMITTEE MEMBERS (Voting)**

19 **Margery Gass, MD**

20 Professor of Clinical Emerita
21 University of Cincinnati College of Medicine
22 Cincinnati, Ohio

1 **Pamela A. Shaw, PhD**

2 Senior Investigator

3 Biostatistics Unit

4 Kaiser Permanente Washington

5 Health Research Institute

6 Seattle, Washington

7

8 **OBSTETRICS, REPRODUCTIVE AND UROLOGIC DRUGS**

9 **ADVISORY COMMITTEE MEMBERS (Non-Voting)**

10 **Michelle C. Fox, MD, MPH, FACOG**

11 *(Industry Representative)*

12 Distinguished Investigator, Global Clinical

13 Development

14 Merck Research Laboratories

15 Rahway, New Jersey

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17 **TEMPORARY MEMBERS (Voting)**

18 **Deborah K. Armstrong, MD**

19 Professor of Oncology

20 Professor of Gynecology and Obstetrics

21 Johns Hopkins Kimmel Cancer Center

22 Baltimore, Maryland

1 **Cynthia Baur, PhD**

2 Director, Horowitz Center for Health Literacy
3 Horowitz Endowed Chair in Health Literacy
4 University of Maryland (UMD) School of Public
5 Health
6 UMD Pandemic Preparedness Initiative Co-Director
7 Maryland Consumer Health Information Hub
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9 College Park, Maryland

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12 Professor, Departments of Ob/Gyn and Pediatrics
13 Director
14 Center for Interdisciplinary Research in
15 Women's Health
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1 **Elise D. Berlan, MD, MPH, FAAP**

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3 The Ohio State University College of Medicine

4 Faculty Physician

5 Division of Adolescent Medicine

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9 **Jesse Catlin, PhD**

10 Professor of Marketing

11 College of Business

12 California State University, Sacramento

13 Sacramento, California

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15 **Kathryn Curtis, PhD**

16 Health Scientist, Division of Reproductive

17 Health

18 Centers for Disease Control and Prevention

19 Atlanta, Georgia

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1 **Eve Espey, MD, MPH**

2 Distinguished Professor and Chair

3 Department of Obstetrics and Gynecology

4 University of New Mexico

5 Albuquerque, New Mexico

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7 **Sabrina Everhart**

8 *(Patient Representative)*

9 Charlestown, Indiana

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11 **Jolie Haun, PhD, EdS**

12 Supervisory Research Health Scientist,

13 Research Service

14 James A. Haley Veterans' Hospital

15 Veterans' Health Administration

16 Tampa, Florida

17 Adjunct Associate Professor

18 Division of Epidemiology

19 Department of Internal Medicine

20 University of Utah

21 Salt Lake City, Utah

22

1 **Suzanne B. Robotti**

2 *(Consumer Representative)*

3 President

4 MedShadow Foundation

5 Executive Director

6 DES Action USA

7 New York, New York

8

9 **FDA PARTICIPANTS (Non-Voting)**

10 **Peter Stein, MD**

11 Director

12 Office of New Drugs (OND)

13 CDER, FDA

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15 **Karen Minerve Murry, MD**

16 Deputy Director

17 Office of Nonprescription Drugs (ONPD)

18 OND, CDER, FDA

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1 **Pamela Horn, MD**

2 Director

3 Division of Nonprescription Drugs II (DNPDI)

4 ONPD, OND, CDER, FDA

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6 **Christine P. Nguyen, MD**

7 Deputy Director

8 Office of Rare Diseases, Pediatrics, Urologic

9 and Reproductive Medicine (ORPURM)

10 OND, CDER, FDA

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12 **Audrey Gassman, MD**

13 Deputy Director

14 Division of Urology, Obstetrics, and

15 Gynecology (DUOG)

16 ORPURM, OND, CDER, FDA

17

18 **Barbara Cohen, MPA**

19 Social Science Analyst

20 DNPDI, ONPD, OND, CDER, FDA

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Jeena Jacob, MD, PharmD

Medical Officer

DNPD II, ONPD, OND, CDER, FDA

Anandi Kotak, MD, MPH

Medical Officer

DUOG, ORPURN, OND, CDER, FDA

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C O N T E N T S

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P R O C E E D I N G S

(9:30 a.m.)

Call to Order

DR. COYLE: Good morning, and welcome. I would first like to remind everyone to please mute your line when you're not speaking. For media and press, the FDA press contact is Jeremy Kahn. His email is currently displayed.

My name is Maria Coyle, and I will be chairing this meeting. I will now call Day 2 of the May 9-10, 2023 Joint Meeting of the Nonprescription Drugs Advisory Committee and the Obstetrics, Reproductive and Urologic Drugs Advisory Committee to order. Dr. Moon Hee Choi is the designated federal officer for this meeting and will begin with introductions.

Introduction of Committee

DR. CHOI: Good morning. My name is Moon Hee Choi. I am the designated federal officer for this meeting. When I call your name, please introduce yourself by stating your name and affiliation.

1 Dr. Baron?

2 DR. BARON: Good morning. Elma Baron from
3 Cleveland, Ohio. I'm professor at Case Western
4 Reserve University and serve as chief in
5 dermatology at the VA of Northeast Ohio.

6 DR. CHOI: Dr. Coyle?

7 DR. COYLE: Good morning. Maria Coyle,
8 associate professor of pharmacy at the Ohio State
9 University College of Pharmacy in the Wexner
10 Medical Center.

11 DR. CHOI: Dr. Pisarik?

12 DR. PISARIK: Paul Pisarik, family medicine,
13 working at Archwell Health in Tulsa, Oklahoma.

14 DR. CHOI: Dr. Roth?

15 (No response.)

16 DR. CHOI: Dr. Roth, you are on mute.

17 DR. ROTH: Good morning. I'm Katalin Roth.
18 I'm a professor of medicine at George Washington
19 University, specializing in general internal
20 medicine, geriatrics, and palliative care. Thank
21 you.

22 DR. CHOI: Dr. Walker-Harding?

1 DR. WALKER-HARDING: Hello. I'm Leslie
2 Walker-Harding, chair of the Department of
3 Pediatrics, University of Washington, and chief
4 academic officer at Seattle Children's, and I'm an
5 adolescent medicine doctor by specialty.

6 DR. CHOI: Dr. Dato?

7 DR. DATO: Mark Dato. I'm the industry rep
8 for the Nonprescription Drug Advisory Committee and
9 pediatric pulmonologist by training, and retired.

10 DR. CHOI: Dr. Gass?

11 (No response.)

12 DR. CHOI: Dr. Gass?

13 (No response.)

14 DR. CHOI: Dr. Gass, you might be on mute.

15 (No response.)

16 DR. CHOI: We can go back to Dr. Gass.

17 Dr. Shaw?

18 DR. SHAW: Good morning. My name is Pamela
19 Shaw. I'm senior investigator of biostatistics at
20 the Kaiser Permanente Washington Health Research
21 Institute.

22 DR. CHOI: Dr. Fox?

1 (No response.)

2 DR. CHOI: Dr. Fox, you may also be on mute.

3 DR. FOX: Hi. Michelle Fox. I'm an OB/GYN
4 and the industry representative for the Obstetrics,
5 Reproductive and Urologic Drug Committee.

6 DR. CHOI: Dr. Armstrong?

7 DR. ARMSTRONG: Hi. I'm Deb Armstrong. I'm
8 a medical oncologist at Johns Hopkins in Baltimore,
9 Maryland. I specialize in breast and gynecologic
10 cancers and cancer genetics. I'm professor of
11 oncology and of gynecology and obstetrics, and I am
12 a prior member and chair of the Oncology Drugs
13 Advisory Committee for FDA.

14 DR. CHOI: Dr. Baur?

15 DR. BAUR: Hi. I'm Cynthia Baur. I'm
16 director of the Horowitz Center for Health Literacy
17 at the University of Maryland School of Public
18 Health.

19 DR. CHOI: Dr. Berenson?

20 DR. BERENSON: Hi. I'm Dr. Abbey Berenson.
21 I'm a professor of obstetrics and gynecology at the
22 University of Texas, where I direct the Center for

1 Interdisciplinary Research in Women's Health. Good
2 morning.

3 DR. CHOI: Dr. Berlan?

4 DR. BERLAN: Hi. Good morning. I'm
5 Dr. Elise Berlan. I'm an adolescent medicine
6 physician. I am professor in the Department of
7 Pediatrics at The Ohio State University College of
8 Medicine and a faculty physician at Nationwide
9 Children's Hospital.

10 DR. CHOI: Thank you.

11 Can we go back to Dr. Gass?

12 Dr. Gass?

13 DR. GASS: Hello. I'm an
14 obstetrician/gynecologist, retired professor
15 emeritus from the University of Cincinnati.

16 DR. CHOI: Thank you.

17 Dr. Catlin?

18 DR. CATLIN: Good morning, everyone. I'm
19 Jesse Catlin, professor of marketing at California
20 State University Sacramento, and my expertise is in
21 the area of consumer behavior.

22 DR. CHOI: Dr. Curtis?

1 DR. CURTIS: Good morning. I'm Kate Curtis.
2 I'm an epidemiologist in the Division of
3 Reproductive Health at the Centers for Disease
4 Control and Prevention.

5 DR. CHOI: Dr. Espey?

6 DR. ESPEY: Good morning. I'm Eve Espey.
7 I'm a professor of obstetrics and gynecology at the
8 University of New Mexico and chair of the
9 department, and specialize in complex family
10 planning.

11 DR. CHOI: Ms. Everhart?

12 MS. EVERHART: Good morning. I'm your
13 patient representative. My name is Sabrina
14 Everhart. I'm out of Charlestown, Indiana. Thank
15 you.

16 DR. CHOI: Dr. Haun?

17 DR. HAUN: Good morning. My name is
18 Dr. Jolie Haun. I'm a supervisory research health
19 scientist at the James A. Haley Veterans Hospital
20 and Research Service in Tampa, Florida. I am also
21 an adjunct associate professor in the Division of
22 Epidemiology and the Department of Internal

1 Medicine at the University of Utah in Salt Lake
2 City, Utah. Thank you.

3 DR. CHOI: Ms. Robotti?

4 MS. ROBOTTI: Hi. Suzanne Robotti. I am
5 the founder of MedShadow Foundation and the
6 executive director of DES Action. I'm the consumer
7 rep. Thank you.

8 DR. CHOI: Thank you.

9 FDA, Dr. Stein?

10 DR. STEIN: Peter Stein, director of the
11 Office of New Drugs, CDER, FDA.

12 DR. CHOI: Dr. Murry?

13 DR. MURRY: Karen Murry, deputy director,
14 Office of Nonprescription Drugs, FDA.

15 DR. CHOI: Thank you.

16 Dr. Horn?

17 DR. HORN: Pamela Horn, director, DNPD II,
18 Office of New Drugs.

19 DR. CHOI: Dr. Nguyen?

20 DR. NGUYEN: Good morning. Christine
21 Nguyen, deputy director, Office of Rare Diseases,
22 Pediatrics, Urologic, and Reproductive Medicine.

1 DR. CHOI: Dr. Gassman?

2 DR. GASSMAN: Audrey Gassman, deputy
3 director, Division of Urology, Obstetrics, and
4 Gynecology at the FDA.

5 DR. CHOI: Ms. Cohen?

6 MS. COHEN: Good morning. Barbara Cohen,
7 social science analyst, DNDP II, FDA.

8 DR. CHOI: Dr. Jacob?

9 DR. JACOB: Good morning. Jeena Jacob,
10 medical officer, Division of Nonprescription
11 Drugs II, FDA.

12 DR. CHOI: Dr. Kotak?

13 DR. KOTAK: Good morning. Anandi Kotak,
14 medical officer, Division of Urology, Obstetrics,
15 and Gynecology, FDA.

16 DR. CHOI: Thank you.

17 DR. COYLE: For topics such as those being
18 discussed at this meeting, there are often a
19 variety of opinions, some of which are quite
20 strongly held. Our goal is that this meeting will
21 be a fair and open forum for the discussion of
22 these issues and that individuals can express their

1 views without interruption. Thus, as a gentle
2 reminder, individuals will be allowed to speak into
3 the record only if recognized by the chairperson.
4 We look forward to a productive meeting.

5 In the spirit of the Federal Advisory
6 Committee Act and the Government in the Sunshine
7 Act, we ask that the advisory committee members
8 take care that their conversations about the topic
9 at hand take place in the open forum of the
10 meeting.

11 We are aware that members of the media are
12 anxious to speak with the FDA about these
13 proceedings; however, FDA will refrain from
14 discussing the details of this meeting with the
15 media until its conclusion. Also, the committee is
16 reminded to please refrain from discussing the
17 meeting topics during breaks or lunch. Thank you.

18 Dr. Moon Hee Choi will read the Conflict of
19 Interest Statement for the meeting.

20 **Conflict of Interest Statement**

21 DR. CHOI: The Food and Drug Administration
22 is convening today's Joint Meeting of the

1 Nonprescription Drugs Advisory Committee and the
2 Obstetrics, Reproductive and Urologic Drugs
3 Advisory Committee. With the exception of the
4 industry representatives, all members and temporary
5 voting members of the committees are special
6 government employees or regular federal employees
7 from other agencies, and are subject to federal
8 conflict of interest laws and regulations.

9 The following information on the status of
10 this committee's compliance with federal ethics and
11 conflict of interest laws, covered by but not
12 limited to those found at 18 U.S.C. Section 208, is
13 being provided to participants in today's meeting
14 and to the public.

15 FDA has determined that members and
16 temporary voting members of these committees are in
17 compliance with federal ethics and conflict of
18 interest laws. Under 18 U.S.C. Section 208,
19 Congress has authorized FDA to grant waivers to
20 special government employees and regular federal
21 employees who have potential financial conflicts
22 when it is determined that that agency's need for a

1 special government employee's services outweighs
2 his or her potential financial conflict of
3 interest, or when the interest of a regular federal
4 employee is not so substantial as to be deemed
5 likely to affect the integrity of the services
6 which the government may expect from the employee.

7 Related to the discussions of today's
8 meeting, members and temporary voting members of
9 these committees have been screened for potential
10 financial conflicts of interests of their own as
11 well as those imputed to them, including those of
12 their spouses or minor children and, for purposes
13 of 18 U.S.C. Section 208, their employers. These
14 interests may include investments; consulting;
15 expert witness testimony; contracts, grants,
16 CRADAs; teaching, speaking, writing; patents and
17 royalties; and primary employment.

18 Today's agenda involves the discussion of
19 supplemental new drug application, sNDA,
20 017031/S-041, for Opill, norgestrel, Tablet,
21 0.075 milligram, submitted by Laboratoire HRA
22 Pharma. Opill is proposed for nonprescription use

1 as a once daily oral contraceptive to prevent
2 pregnancy. This is a particular matters meeting
3 during which specific matters related to
4 Laboratoire HRA Pharma's sNDA will be discussed.

5 Based on the agenda for today's meeting and
6 all financial interests reported by the committee
7 members and temporary voting members, no conflict
8 of interest waivers have been issued in connection
9 with this meeting. To ensure transparency, we
10 encourage all standing committee members and
11 temporary voting members to disclose any public
12 statements that they have made concerning the
13 product at issue.

14 With respect to FDA's invited industry
15 representatives, we would like to disclose that
16 Dr. Mark Dato and Dr. Michelle Fox are
17 participating in this meeting as non-voting
18 industry representatives, acting on behalf of a
19 regulated industry. Dr. Dato's and Dr. Fox's role
20 at this meeting is to represent industry in general
21 and not any company. Dr. Dato is retired and
22 Dr. Fox is employed by Merck Research Laboratories.

1 We would like to remind members and
2 temporary voting members that if the discussions
3 involve any other products or firms not already on
4 the agenda for which an FDA participant has a
5 personal or imputed financial interest, the
6 participants need to exclude themselves from such
7 involvement, and their exclusion will be noted for
8 the record. FDA encourages all other participants
9 to advise the committees of any financial
10 relationships that they may have with the firm at
11 issue. Thank you.

12 **Open Public Hearing (continued)**

13 DR. COYLE: Before we proceed with today's
14 agenda, during the open public hearing session from
15 Day 1, speaker number 33's slides did not appear,
16 and thus we will go back to open public hearing
17 speaker number 33 so that they are able to speak
18 with their slides. I will reread the statement
19 from yesterday.

20 Both the FDA and the public believe in a
21 transparent process for information gathering and
22 decision making. To ensure such transparency at

1 the open public hearing session of the advisory
2 committee meeting, FDA believes that it is
3 important to understand the context of an
4 individual's presentation.

5 For this reason, FDA encourages you, the
6 open public hearing speaker, at the beginning of
7 your written or oral statement to advise the
8 committee of any financial relationship that you
9 may have with the applicant, its product, and if
10 known, its direct competitors. For example, this
11 financial information may include the applicant's
12 payment of your travel, lodging, or other expenses
13 in connection with your participation in this
14 meeting.

15 Likewise, FDA encourages you, at the
16 beginning of your statement, to advise the
17 committee if you do not have any such financial
18 relationships. If you choose not to address this
19 issue of financial relationships at the beginning
20 of your statement, it will not preclude you from
21 speaking.

22 The FDA and this committee place great

1 importance in the open public hearing process. The
2 insights and comments provided can help the agency
3 and this committee in their consideration of the
4 issues before them.

5 That said, in many instances and for many
6 topics, there will be a variety of opinions. One
7 of our goals for today is for this open public
8 hearing to be conducted in a fair and open way,
9 where every participant is listened to carefully
10 and treated with dignity, courtesy, and respect.
11 Therefore, please speak only when recognized by the
12 chairperson. Thank you for your cooperation.

13 Speaker number 33, please unmute and turn on
14 your webcam. You may begin and introduce yourself
15 by stating your name and any organization that you
16 are representing for the record.

17 DR. DHAR: Good morning, and happy to be
18 with you again today. My name is Dr. Cherie Priya
19 Dhar, and I'm a board-certified adolescent medicine
20 physician, here today representing the Society for
21 Adolescent Health and Medicine or SAHM. SAHM is a
22 non-profit, multidisciplinary professional society

1 of 1200 members committed to the promotion of
2 health, well-being, and equity for all adolescents
3 and young adults. I have no relevant financial
4 disclosures today.

5 Yesterday, you heard from several prominent
6 clinicians representing themselves and various
7 medical societies, and heard the powerful voices of
8 young adults sharing their experiences and
9 advocating for access to evidence-based
10 reproductive health care. This morning, I would
11 like to echo the voices you heard yesterday and
12 talk with you about Valerie, the 16-year-old
13 patient that I never saw. She lived over an hour
14 away and was told our clinic was the closest that
15 provides birth control to adolescents. Valerie
16 couldn't get to her appointment, as is the case
17 with many teens.

18 SAHM endorses making Opill available over
19 the counter with no age restriction. Let me share
20 with you how this could positively impact our
21 adolescent patients such as Valerie. Oral
22 contraceptive pills, abbreviated as OCPs, are

1 available without prescription in more than
2 100 countries and have already been used safely by
3 millions of people around the world. OCPs are also
4 the most common contraceptive used by my patients,
5 adolescents. Adolescents have unique barriers to
6 contraceptive access, including those related to
7 transportation, appointment availability, and cost
8 associated with healthcare visits.

9 Like Valerie, in our recent national survey,
10 the overwhelming majority of respondents reported
11 facing at least one barrier to obtaining
12 contraception as a teen or young adult, and because
13 of this, were unable to obtain that prescription.
14 Minoritized adolescents have even more barriers to
15 accessing care. These groups include black,
16 indigenous and people of color, recent immigrants,
17 LGBTQ youth, youth with disabilities, and those in
18 more rural neighborhoods. An over-the-counter
19 contraceptive would reduce inequities for these
20 young people.

21 This pill is more effective at preventing
22 pregnancy than other over-the-counter options

1 currently available. Furthermore, per the CDC, for
2 healthy women, no exam nor tests are needed before
3 starting progestin-only pills, and mandating such
4 only reduces access to care, as it has for our
5 patient, Valerie.

6 This medication is safe, making
7 over-the-counter status the appropriate way to make
8 it available to the public. In fact, absolute
9 contraindications for progestin-only pills are
10 exceedingly rare in adolescents. Early studies
11 show that many adolescents can understand the Drug
12 Facts Label for this oral contraceptive and that
13 adolescents can self-select for use.

14 Today, as members of the FDA advisory
15 committee, you can make a public health impact in
16 increasing access to this safe contraceptive, and
17 on behalf of SAHM and Valerie, I urge you to make
18 this pill available with no age restriction. Thank
19 you for the opportunity to testify again today.

20 DR. COYLE: Thank you.

21 Before we move on to the charge for the
22 committee, I would like to call on Dr. Karen Murry.

1 This is a representative of the sponsor, and they
2 have asked FDA to address a question.

3 Dr. Murry?

4 **Statement by FDA - Karen Murry**

5 DR. MURRY: Karen Murry, deputy director,
6 Office of Nonprescription Drugs, FDA. I wish to
7 clarify something that appears to have caused a
8 misunderstanding.

9 We heard after yesterday's meeting that some
10 people interpreted an FDA statement as saying that
11 FDA did not review the applicant's protocol for
12 ACCESS. That is not correct. We did review the
13 extensive protocol document in detail; however,
14 with respect to the applicant's unusual way of
15 counting selectors, that was not flagged, was not
16 in keeping with with FDA guidance, and we did not
17 agree to it.

18 We have gone back to the actual protocol,
19 and the applicant's brief mention of this approach
20 is confusingly worded and open to interpretation;
21 however, we did want to make it clear the FDA did
22 review the protocol in detail.

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Clarifying Questions (continued)

DR. COYLE: Dr. Murry, thank you.

We will now move on to take some additional clarifying questions from Day 1. We will start with the remaining clarifying questions from panel members that did not get a chance to ask their clarifying questions to HRA Pharma, and then at the conclusion, we will go back to the panelists that did not get a chance to ask their clarifying questions for FDA.

I'm going to start with Dr. Haun. Just as a reminder, Dr. Haun, please state your name for the record before you speak and direct your question to a specific presenter, if you can. If you wish for a specific slide to be displayed, please let us know the slide number, if possible. And as a gentle reminder, please acknowledge the end of your question with a thank you, and any follow-up question with, "That is all for my questions," so that we can move on to the next panel member.

Dr. Haun?

DR. HAUN: Good morning. My name is

1 Dr. Haun. I have three questions. My first
2 question is for the ACCESS trial representative.

3 During the consenting process, were the
4 participants informed of the intention to make this
5 medication over the counter as a part of this
6 trial?

7 DR. LAURORA: Yes, they were informed,
8 actually, from the beginning, including all the
9 recruitment materials made it clear.

10 DR. HAUN: Thank you very much.

11 DR. COYLE: And could you state your name
12 for the record, please, HRA?

13 DR. LAURORA: Yes. Irene Laurora, HRA
14 Pharma.

15 DR. HAUN: For my second question, this is
16 for the representative that would be supporting the
17 label development. I noticed on the label that it
18 says take one time a day. If you'd like to show
19 the label, you're welcome to put that up on the
20 screen so that I can be clear in the language.

21 DR. LAURORA: Yes.

22 DR. HAUN: So it says take one tablet at

1 same time every day. May I ask, did you consider
2 the terminology, "Take one tablet by mouth at same
3 time every day?" Was this considered for the
4 label, and was there a reason that you did not
5 include the term "by mouth?"

6 DR. LAURORA: I don't recall that we
7 considered that exact wording, but of course we're
8 open to discussion on topics about how to convey
9 the information on the label.

10 DR. HAUN: I do recommend that you consider
11 this terminology for the directions, as there have
12 been cases where individuals have been instructed
13 to take a medication and have not taken it
14 appropriately. For example, take one tablet at
15 same time every day, there is a possibility that an
16 individual could think, okay, maybe I should put
17 this, for example, in my vaginal area; or, for
18 example, we do know that for suppositories,
19 individuals have said to take a suppository as
20 needed, and they have actually taken them by mouth
21 instead of putting them in the appropriate place.
22 Please consider.

1 Also, for the individual representing the
2 use of the REALM, I would like to know were you
3 aware that the REALM is actually not considered a
4 multidimensional construct measurement of health
5 literacy, and that it is mostly for a measurement
6 of pronunciation and literacy, not comprehension?
7 Have you considered that your estimations of low
8 literacy in this sample were actually
9 underreported, based on more complex measures of
10 health literacy? Please respond, and thank you.

11 DR. LAURORA: Yes. I'd like to ask
12 Dr. Bradford to address that.

13 DR. BRADFORD: Thank you, Dr. Haun. Russell
14 Bradford from PEGUS Research. Indeed, as you note,
15 the REALM simply measures one very limited aspect
16 of literacy; however, it is widely used in
17 prescription-to-OTC switch programs and recommended
18 in FDA guidance. It's been the industry standard,
19 and in fact was used by FDA in their own label
20 comprehension for OTC naloxone.

21 Having said that, the point that you make is
22 very poignant because, indeed, we expect that our

1 estimations of low literacy based on the REALM
2 likely underestimate actual limited literacy and,
3 as you note, there are many elements that comprise
4 literacy, and therefore our estimates of low
5 literacy are likely low compared to a more
6 extensive evaluation.

7 DR. HAUN: I would like the committee to
8 please note that there are published research
9 documents that do indicate that the REALM does
10 significantly, at least compared to other measures,
11 underestimate low literacy in diverse populations.
12 Thank you for your time.

13 DR. COYLE: Thank you, Dr. Haun.

14 I'd like to move on to Dr. Shaw. Did you
15 have an additional clarifying question for HRA
16 Pharma?

17 DR. SHAW: No. My questions were answered.
18 Thank you.

19 DR. COYLE: Thank you.

20 I will then move on to Dr. Dato to offer you
21 an opportunity for any further clarifying questions
22 for HRA.

1 DR. DATO: Thank you. Mark Dato here. Once
2 again, to the sponsor, yesterday I believe Dr. Shaw
3 had asked the FDA about the self-selection analyses
4 used. I'm curious what was your rationale for
5 differing with the agency. I appreciate
6 Dr. Murry's comment at the beginning, but I'd also
7 like to understand what communications went between
8 you and the agency to align on that. That's
9 question one.

10 Second question, my last question is,
11 yesterday, there was a lot of discussion about
12 30 percent overreporting improbable use, and users
13 somehow impugning the data on the 70 percent that
14 did not overreport. My question is, is there
15 existing data that lends to that hypothesis or is
16 this just a general concern based on that? I'll
17 also note the Office of Scientific Investigations
18 found source data matching existent data.

19 Those are my questions. I look forward to
20 your response. Thank you.

21 DR. LAURORA: Thank you. Our self-selection
22 endpoint definitions and the planned analysis were

1 prespecified in our protocol and in the statistical
2 analysis plan to include both the self-selection
3 and purchase question. Detailed study methodology,
4 including the definitions and statistical analysis
5 plan for all endpoints, was submitted via the 2019
6 Type C meeting, which occurred before study
7 execution.

8 This is our specific comment that I'm
9 showing you, where we asked the FDA for feedback.
10 This excerpt from the briefing document highlights
11 both our definition of a selector and our efforts
12 to elicit feedback from FDA. Please note that
13 CHOICE was the name of our actual use study before
14 it was renamed to ACCESS.

15 The responses from FDA did not include any
16 discussion or recommendations regarding the
17 prespecified definition of a selector, or regarding
18 the prespecified physician review of appropriate
19 for use, so I'd like to ask Dr. Bradford to discuss
20 why we chose this information.

21 DR. BRADFORD: Russell Bradford from PEGUS
22 Research. The FDA selection guidance states that

1 analyses should be done based on responses to the
2 self-selection question. It also states that the
3 purchase question can be informative and should
4 only be asked after the self-selection question,
5 which is what we did.

6 I have decades of experience doing these
7 studies, but you really don't have to observe very
8 many self-selection interviews to understand that
9 the okay or not okay response to the self-selection
10 question alone is not sufficient to understand if a
11 participant is indeed a selector.

12 I showed you some examples of this
13 yesterday, and many interpret the selection
14 question as if it's asking about likeability of the
15 product. Therefore, to fully understand, we define
16 a participant as a selector based on verbatim
17 responses to the selection question, the purchase
18 question and, importantly, the reasons given for
19 those responses. Indeed, the reasons are critical
20 for clarifying selection intent.

21 As you heard, we prespecified this approach,
22 and further, it is not unique. I've personally

1 been involved with a number of self-selection
2 studies beginning at least 10 years ago, which have
3 followed this self-selection classification
4 approach with protocols reviewed by FDA.

5 DR. LAURORA: Dr. Dato, you had a second
6 question. Your second question was in relationship
7 to the validity of the people who were -- or
8 reliability of the data from the non-overreporters,
9 and I'd like to ask Dr. Stone to address that for
10 you.

11 DR. STONE: Arthur Stone, University of
12 Southern California. I want to reinforce the point
13 that overreporting in published adherence studies
14 is known to occur, and we simply do not know what
15 causes overreporting. However, in terms of the
16 non-overreporting group, we can exclude a number of
17 causes of overreporting. It was not related to the
18 e-diary use or the e-diary recall period.

19 My review indicates that the overreporting
20 was actually a decision made by certain individuals
21 for individual reasons. Thus, in my view, there's
22 no reason for questioning the data from the

1 non-overreporters, and their data should be
2 considered informative. If we were to throw out
3 the group of non-overreporters in this case, we are
4 really questioning all previous studies based on
5 self-report data, and I just don't think that's
6 justified. Thank you.

7 DR. DATO: Thank you. No more questions.

8 DR. COYLE: Thank you.

9 I see that, Dr. Espey, you have your hand
10 raised. I'd like to give you the floor.

11 DR. ESPEY: Thank you. Eve Espey,
12 University of New Mexico. This was a question for
13 Dr. Stone, actually very similar to the one that
14 was just asked because it does seem that the
15 concerns about overreporting improbable dosing are
16 key to the concerns with the data, to the point of
17 essentially negating the reliability of the study.
18 And the FDA has mentioned that the design and
19 interpretation were extremely different from the
20 norm.

21 So my question for Dr. Stone, who appeared
22 to feel that that was not the case, is on what do

1 you base your thought that this is so different
2 from the way that the FDA interpreted this?

3 DR. LAURORA: Dr. Stone?

4 DR. STONE: Arthur Stone, USC. I have about
5 45 years of experience working with diary studies
6 and momentary studies, so when I looked at the
7 ACCESS trial and tried to understand what was going
8 on with the overreporting, I asked myself the
9 question, is there anything special about the
10 design of ACCESS that would encourage
11 overreporting, anything special over and above what
12 happens in most diary studies that I know of, and I
13 could find nothing in particular. And I would also
14 mention that the root cause analysis indicated that
15 there was nothing operationally wrong about how the
16 diary study was conducted. So for those reasons, I
17 have confidence in the non-overreporting set of
18 data.

19 DR. ESPEY: Thank you. My question is
20 answered.

21 DR. COYLE: Thank you.

22 I would like to acknowledge Dr. Horn from

1 FDA.

2 DR. HORN: Thank you. Pamela Horn, FDA.
3 I'd like to give Barbara Cohen an opportunity to
4 respond to some of the comments.

5 MS. COHEN: Thank you, Dr. Horn.

6 I'm requesting the slide be put up where you
7 had the excerpt of the communication with FDA.
8 Could you put that back up?

9 DR. LAURORA: Yes.

10 MS. COHEN: Thank you.

11 I just want to point out this is a very
12 complicated study logistically. There were many,
13 many moving pieces to this, and a chart of the
14 process of this study would take up more than one
15 screen.

16 The line, "subjects who do not eventually
17 complete the purchase dispensing," we interpreted
18 in a different way than apparently the sponsor
19 meant it. That's all I wanted to say. We thought
20 that that was much further in the process maybe for
21 people who had to be excluded, and they were
22 looking at why they said they wanted to purchase.

1 But we did not interpret that -- it was vaguely
2 worded, so we did not interpret it in that way.
3 These things sometimes happen when things are not
4 clear.

5 The other two points I wanted to make was,
6 one, I think we need to remember that even before
7 our reanalysis, the deselection endpoint was
8 75 percent, which was already considerably below
9 the 90 percent threshold. And I also want to state
10 that -- I'm not going to go through all the
11 examples that the sponsor gave, but just for one of
12 them, he gave an example of why would women who
13 couldn't bear children say that they were
14 appropriate to use the product?

15 Well, actually, if you look at the
16 verbatims, they said that because they didn't want
17 to use the product for contraception; they wanted
18 to use it to regulate their periods, so they did
19 think it was appropriate to use. Again, I just
20 wanted to add that clarification, and thank you
21 very much for giving me this opportunity.

22 DR. COYLE: Thank you.

1 I'm just taking a scan among our participant
2 list. I don't see any other hands raised. If our
3 panel members have any clarifying questions for HRA
4 Pharma, we do have a minute or two to address those
5 right now.

6 Dr. Baur, please go ahead.

7 DR. BAUR: Thank you. Cynthia Baur,
8 University of Maryland, and a question for the
9 sponsor. The briefing document references 7 years
10 and 14 consumer studies. I couldn't find dates
11 over which those studies were conducted, so if I
12 could get a sense of the time span for those
13 14 consumer studies.

14 DR. LAURORA: Yes. I'll have Dr. Guillard
15 address that.

16 DR. GUILLARD: Yes. Helene Guillard. Let
17 me show you the different studies that we did to
18 test the label. This in fact includes the label
19 comprehension study that we did on the DFL and on
20 the CIL, as well as the main AUT and the final
21 combined study. So it does not include the full
22 14, but you can see still many of them, and that

1 started in 2015. So many studies on the label
2 comprehension study for the DFL were done between
3 2015 and 2017, while we also conducted the CIL
4 development in '16 and '17, and the ACCESS study
5 was conducted between 2019-2021, and the final
6 study in '21.

7 DR. BAUR: If you could just clarify that
8 between 2015 and 2017, all of those were just
9 trying to clarify the language to enhance
10 comprehension.

11 DR. GUILLARD: Exactly.

12 DR. BAUR: So that was iterative; like each
13 round was trying to improve on the one before.

14 DR. GUILLARD: Exactly. That was really the
15 exact process to the label.

16 DR. BAUR: And your briefing document
17 references that FDA gave feedback on your consumer
18 materials. Could you characterize what the nature
19 of that feedback was?

20 DR. GUILLARD: During those years, you mean?

21 DR. BAUR: I don't know. The briefing
22 document just references that FDA gave feedback on

1 the label and on the Consumer Information Leaflet,
2 so I was just wondering if you could characterize
3 what the nature of that feedback was.

4 DR. GUILLARD: Yes. We received in our
5 early studies responses to the label that we
6 initially suggested, and in fact while we were
7 finishing the ACCESS actual use study, we received
8 feedback from FDA to incorporate a number of
9 additional renditions on the label, and this is
10 also why we amended the final label that we tested
11 in the final pivotal DFL LCS.

12 For instance, FDA asked us that we modify
13 the warning on the breast cancer as a do not choose
14 that is very specific for breast cancer. We also
15 changed the drug-drug interaction so that the list
16 of specific medications only appear on the CIL and
17 not on the DFL. We had also rewording about the
18 vaginal bleeding information, and they also asked
19 us to change some headings for the situations that
20 required immediate medical attention. They wanted
21 us to ask a specific section about when to use a
22 condom. Those are examples.

1 DR. BAUR: Great. Thank you very much.

2 I'm not sure if we save this for the
3 questions that will be presented to us, but I think
4 it's very interesting if FDA then gave you feedback
5 on a couple of the items that proved to be the most
6 challenging from a comprehension perspective,
7 because it was the cancer information and the
8 vaginal bleeding that showed up as being
9 particularly difficult to comprehend.

10 Am I remembering correctly from yesterday's
11 presentation?

12 DR. LAURORA: Well, ultimately, we believe
13 the cancer warning was very well understood, but
14 yes, there is always iterative back and forth with
15 FDA, and of course we're still very open to further
16 discussions on proposed labeling.

17 DR. BAUR: Alright. Thank you.

18 DR. COYLE: Thank you.

19 I'd like to call on Dr. Shaw. Please go
20 ahead.

21 DR. SHAW: Hello. Pamela Shaw. I'd like to
22 ask a question of the person -- I'm sorry I forgot

1 your name -- that responded about the quality of
2 the self-report and the overreporting. It was just
3 on maybe 5 or 10 minutes ago, talking about how the
4 overreporting in this study is similar to many
5 other studies in the 45 years of his experience.

6 Do people know who I mean? Sorry.

7 But my question is this. My understanding
8 is in this study, ACCESS, it was e-diaries that
9 people were using, and those are relatively new and
10 have their own set of problems. And my
11 understanding is there were issues with the
12 reminder structure in the sense that people could
13 be reminded to enter their information up to
14 10 days -- let me say this differently. They would
15 be reminded to enter their information even if they
16 had already done it. It was sort of automatic
17 reminders. So that's the first question. I'm
18 really trying to understand how many times people
19 could be reminded.

20 Specifically, I think there were 10 days
21 they could go back and enter. So my second
22 question is not only how many times they're being

1 reminded, but when they say they hadn't used the
2 app in 10 days and they're going to go enter, did
3 they have to enter each of the previous days that
4 they missed; and therefore how to remember quite a
5 number before they could try to enter the current
6 day?

7 I know we have a lot to discuss today, so
8 just some clarity on how many times people could be
9 reminded and if they were required to enter days
10 that they missed, or at least to bypass those days
11 in order to enter a current day.

12 DR. LAURORA: I will address the
13 clarifications about the operational details of the
14 study, and then of course I'll bring Dr. Stone up
15 to address his experiences in looking at these
16 studies and oral contraceptive studies.

17 So the reminder was a standardized reminder.
18 Everybody received the reminder every 4 days. It
19 was a reminder to complete the diary, not to fill
20 out to take your medication. The purpose of the
21 reminder was to decrease missing data. And yes,
22 when people did not complete their diary on any

1 day, when they did open it to complete it, they
2 were asked to go back to the previous days. And as
3 you heard, about 80 percent of the days were
4 reported within 3 days of taking the medication.

5 Also, the diary was very specific as to what
6 day and date they were entering, and they had the
7 pill pack in front of them as well, which also
8 has -- well, they have the pill pack as assistance
9 to remind them if they needed it on what they did
10 on any particular day.

11 Dr. Stone?

12 DR. STONE: Arthur Stone, USC. I think that
13 we have to remember the context of this trial.
14 This was not an efficacy trial with all kinds of
15 controls and reminders. A study I would typically
16 do might remind people every day to put in their
17 data, and if someone missed it, I would get on the
18 phone with them and get them to put it in. This
19 was an AUT trial, so a bunch of compromises were
20 made in order to accommodate this kind of trial.

21 One of the things that was done was to use
22 the electronic diary, and if people hadn't entered

1 data into the diary for a few days, they could
2 enter past days. Now, the issue there is how much
3 recall is too much for this kind of data? And I
4 want to point out in this slide, which I believe
5 was shown earlier, that most of the data,
6 80 percent of it, was reported within 3 days, and
7 in my experience, that seems to be a reasonable
8 amount of time for reporting information about
9 taking a pill or not. Relatively little data was
10 reported at the extremes, as you can see in this
11 distribution. So I think this all had to do with
12 the compromises that were made for an AUT trial.

13 DR. SHAW: Okay. Thank you. No further
14 questions.

15 DR. COYLE: Thank you.

16 Dr. Roth, I do see your hand up, but before
17 I call on you, I'm going to ask Dr. Horn to step in
18 to respond to an earlier question.

19 Dr. Horn?

20 DR. HORN: Thank you. Pamela Horn, DNPD II,
21 FDA. I'd like to ask Dr. Michele to respond to a
22 previous question.

1 DR. MICHELE: Hi. Thank you. Theresa
2 Michele, director, Office of Nonprescription Drugs.

3 I just wanted to circle back to this
4 question of overreporting and, again, I think it's
5 been brought up several times now whether this is
6 something that is just a normal course of events
7 that we expect for every study. I want to
8 emphasize again that while you may have an
9 occasional overreporter in a study, the thing that
10 is particularly unique about this study is the
11 extent of the overreporting. I can't think of a
12 study that has 30 percent invalid data. That
13 really just does not occur in any kind of a study,
14 much less a consumer study of this nature, so it's
15 really very extraordinary.

16 The other thing that I wanted to note is
17 that we went back and asked the sponsor to look for
18 a root cause of this, and they didn't find one. So
19 there was not some systemic issue with data in the
20 study that we could point to, and therefore go in
21 and say, okay, these data were bad for this reason
22 but we know the other data were good; instead we're

1 left with this ambiguity. So those are the things
2 that I wanted to just make sure that we had clearly
3 on the table, and I'll stop there. Thank you.

4 DR. COYLE: Thank you, Dr. Michele.

5 Dr. Roth, please go ahead with your
6 question.

7 DR. ROTH: My question is we're talking
8 about birth control pills.

9 DR. COYLE: Would you please state your full
10 name, for the record?

11 DR. ROTH: Sorry. This is Katalin Roth,
12 George Washington University.

13 We're talking about birth control pills,
14 which come in a package labeled day 1 through
15 day 28, and people when they're taking these pills
16 can look at the pills and see if they took the
17 pills. So the statistical problem that we're
18 talking about is not about reporting adverse
19 effects, it's not about reporting unintended
20 pregnancies, it's only about whether the women in
21 the study accurately reported or overreported
22 whether or not they took the pills. Is that

1 correct?

2 I guess, let me just follow up by saying
3 that I really appreciated Dr. Shaw's comment
4 because I personally participated in a vaccine
5 trial in the last few years, and I found the
6 electronic reminders extremely difficult to use. I
7 think as a physician, I would be a relatively
8 sophisticated user. I use a lot of apps on my
9 phone, but I could imagine many ways in which
10 overreporting could occur in an effort to try and
11 comply with this study.

12 That's all I wanted to say, but I would
13 appreciate clarifying exactly what it is we are
14 spending time about. Thank you.

15 DR. LAURORA: The question has been raised
16 about the validity of the data because of
17 overreporting, and as Dr. Michele told you, there
18 was no systematic problems in the study, and if you
19 choose to exclude anybody who did overreporting, we
20 shared that analysis with you, and I will show that
21 to you again right alongside our primary analysis,
22 which showed you that people do understand how to

1 take one pill a day and that they follow the label
2 directions.

3 Dr. Stone can address, as well, your
4 question.

5 DR. STONE: Arthur Stone, USC. I agree with
6 the statement that this amount of overreporting is
7 not usually seen in such trials; there's usually a
8 little bit of overreporting. But the reason that
9 there's more overreporting in ACCESS is because the
10 very rare conditions to allow for overreporting of
11 this time existed, and that is that the sponsor
12 allowed people to continue to use the diary when
13 there weren't any pills available to them. That's
14 an extraordinary circumstance that happened. It's
15 happened a few times in the past. The Oxytrol
16 trial was one example of that. So when the
17 conditions are right, people do this kind of
18 overreporting, but it is rare, and it's rare
19 because the conditions do not exist for it to be
20 seen very often.

21 DR. ROTH: Can I follow up my question?

22 DR. LAURORA: Yes, and you are correct.

1 There is no safety issue being assessed.

2 DR. ROTH: So is it possible that these
3 women were able to secure additional pills? All of
4 the overreporting, did it all occur after they
5 finished the study or between the times that they
6 were picking up the pills at the designated sites
7 when they may have not had any available pills?
8 Can you tell whether the overreporting occurred at
9 times when the participants did not have pills
10 available to them? And that concludes my question.
11 Thank you.

12 DR. LAURORA: We did look into what happened
13 at the sites, and the drug accountability at the
14 sites was correct, so we do not think that people
15 got additional pills. Importantly, let me show you
16 again the sensitivity analysis where we use a
17 revised stop date. This is the information we have
18 on when people may have reported to the nurse
19 interviewer or otherwise indicated that they had
20 stopped taking the drug. So the diary may have
21 remained open, but they had indicated that they had
22 stopped taking the drug.

1 So now, if we were to look at any
2 restrictions on reporting in the diary based on
3 drug availability, this is what you would see, as
4 the results indicating adherence is very high.

5 DR. COYLE: Thank you.

6 Dr. Roth, does that address your question?

7 DR. ROTH: It's helpful. Thank you very
8 much.

9 DR. COYLE: Thank you.

10 I don't see any further hands raised from
11 our panelists, but I do want to offer an
12 opportunity for HRA Pharma. I think they did have
13 some responses to some of the clarifying questions
14 from Day 1, so I would be interested to hear from
15 our sponsor which clarifying questions they wanted
16 to address. We have just a few minutes, so perhaps
17 if there are one or two that are more pressing, and
18 then you can maybe share that information with the
19 panelists.

20 DR. LAURORA: Yes, we had some clarifying
21 questions. I think it first was about our
22 interactions with FDA during the course of the

1 development, and that was clarified, but I'd like
2 to ask Dr. Glasier also to clarify what we know
3 about real-world use of oral contraceptives.

4 DR. GLASIER: Thank you. Dr. Glasier from
5 Scotland. A question was asked yesterday about
6 what a woman who has been prescribed an oral
7 contraceptive understands about adherence when she
8 leaves a prescriber's office. There are no data
9 specifically on what U.S. women understand, but
10 there are data on how they behave.

11 Two studies present daily diary adherence
12 data detailed by cycle. Dr. Fox and colleagues in
13 2003 found that in over 3 months of treatment, only
14 50 percent of subjects were 100 percent adherent,
15 and cycle 3, 18 percent missed three or more pills
16 despite being sent daily email reminders. And a
17 study done in 1996 by Potter and colleagues found
18 similar variability and levels of non-adherence.
19 And it's this level of non-adherence in the
20 prescription setting that you need to use to put in
21 context the data from the ACCESS study. Thank you.

22 DR. LAURORA: No other clarifying

1 statements.

2 DR. COYLE: Thank you. I appreciate that.

3 We will move on to follow up with a few
4 additional clarifying questions for FDA. These are
5 questions that we did not get to yesterday in our
6 discussion, and if we have a few minutes, we will
7 open it up for further clarifying questions, so
8 please use the raise hand icon if needed, and also
9 remember to state your name for the record before
10 you speak; to direct your question to a specific
11 presenter, if possible, including a specific slide,
12 if you have that information; and please to
13 acknowledge the end of your question with a thank
14 you so that we can move on to the next panel
15 member.

16 We will begin with Dr. Curtis.

17 DR. CURTIS: Good morning, and thank you. I
18 have two questions left over from yesterday. One
19 is, can FDA help us think about how to interpret
20 the comprehension and actual use data in the
21 over-the-counter setting? For example, is it
22 typical that all subgroups would meet or approach

1 the thresholds or is it mainly the overall study
2 population that we would expect to meet the
3 thresholds? Of course, it's important to work hard
4 to make sure all the subgroups meet those
5 thresholds, but I'm wondering what's typical for
6 approval.

7 DR. HORN: Thank you for the question,
8 Dr. Curtis. This is Pamela Horn, DNPD II, and I'd
9 like to ask Dr. Levenson to take that question.

10 DR. LEVENSON: Hello. This is Mark
11 Levenson, Office of Biostatistics, CDER, FDA.
12 Typically, when we look at subgroups, we don't
13 expect them all to meet the threshold, but we're
14 looking for consistency, and we want to ensure that
15 no subgroup is particularly worse.

16 Does that answer your question?

17 DR. CURTIS: Yes. Thank you.

18 Then my second question is a follow-up point
19 made yesterday about comparisons for the
20 comprehension and actual use findings with what we
21 know about the prescription setting, and
22 Dr. Glasier actually just addressed this issue as

1 well, but I wanted to give FDA the chance to
2 address that also. It sounds like we don't have
3 much of that information, but I do think it's
4 important to consider the thresholds that we're
5 using and where they came from.

6 It was pointed out yesterday that current
7 POP users in the U.S. are a select group, so if we
8 had data from them, they probably wouldn't be
9 representative of those who might be using Opill
10 over the counter, but we do have some data, as
11 Dr. Glasier just mentioned, for combined oral
12 contraceptives and that the use instructions are
13 fairly similar. And I believe that the 85 percent
14 threshold for taking pills every day in the ACCESS
15 study was based on the typical adherence for
16 combined oral contraceptives.

17 So my question is, are there other
18 comparative data that were used or that exists,
19 especially for adolescents? And if not, then I
20 think it is important to consider that we don't
21 really know whether the data that we're reviewing
22 today reflect comprehension and behavior that would

1 be better, worse, or similar to what's seen in the
2 prescription setting. Thank you.

3 DR. HORN: Thank you, Dr. Curtis. Pamela
4 Horn, DNP II. I'd actually like to invite HRA
5 Pharma to comment on if there were other
6 considerations that they took into account, or
7 other data to support the threshold that they
8 chose, and also to ask them to comment on what
9 considerations they used for the adolescent
10 consumers that they were going to be enrolling, and
11 how they applied the 85 percent threshold to them.

12 DR. LAURORA: Adherence to all types of
13 daily medications is less than what we would want
14 it to be, as we hoped people would take it, so we
15 look very carefully at all the data on adherence,
16 and the main data on adherence using diary studies
17 was presented to you by Dr. Glasier, but there were
18 other studies that we looked at, and they found
19 very similar data showing that people are missing
20 at least one pill a week in their current daily
21 oral contraceptives.

22 Importantly, we also consider the benefit in

1 deciding whether or not this type of adherence
2 would still maintain a significant benefit in the
3 potential OTC setting, and we feel very strongly it
4 will. And we really would like to discuss
5 specifically the benefit in adolescents and how we
6 considered the potential barriers that they have to
7 access as well.

8 Dr. Wilkinson?

9 DR. WILKINSON: I'm Dr. Tracey Wilkinson.
10 I'm pediatric faculty at Indiana University School
11 of Medicine and a practicing general pediatrician.
12 I would like to remind the panel about the data
13 that we saw about adolescents' use of contraception
14 before entering the study, and how 60 percent of
15 them were using no contraception and 26 percent
16 were using the least effective form of
17 contraception.

18 We know that adolescents face significant
19 barriers to access and have significant unintended
20 pregnancy rates, and that 30 percent of first
21 births in the United States occur during teenage
22 years. I also would like to note that this

1 medication is FDA-approved currently without any
2 age restrictions or length of use. Having
3 over-the-counter access to an effective form of
4 contraception would significantly improve access
5 for adolescents.

6 DR. COYLE: Thank you.

7 Dr. Horn, can I ask you to step back in to
8 the conversation?

9 DR. HORN: Yes. Thank you. Pamela Horn,
10 DNP II. I'd like to ask Dr. Nguyen to also
11 provide a response to Dr. Curtis' question.

12 DR. NGUYEN: Hi. Christine Nguyen, CDER,
13 FDA. Thank you for that question, Dr. Horn.

14 I'd like to just point out a couple of very
15 important differences. I understand Dr. Glasier
16 had quoted some literature about adherence with
17 combined birth control pills, and as Dr. Kotak
18 mentioned yesterday, the progestin-only pill is
19 less forgiving for the reasons that were discussed.
20 It's once daily, and at the same time allowing for
21 a 3-hour window, and obviously, the side effects
22 when adherence is not stringent is an unintended

1 pregnancy. So missing a pill with COC versus a
2 progesterone-only pill may differ as far as the
3 risk for an unintended pregnancy.

4 Another consideration I'd like to raise that
5 we haven't really discussed is unlike condoms, when
6 you don't use them, you're clearly at risk for
7 pregnancy, and you can choose to use emergency
8 contraception in a timely manner. If one is taking
9 a pill every day but not taking it at the same time
10 every day, that risk of pregnancy may not be
11 self-evident, and there is missed opportunity to
12 take emergency contraception in a timely manner.
13 So for adolescents, I think that's particularly
14 important to consider. Thank you.

15 DR. COYLE: Thank you.

16 Dr. Curtis, did that address your questions?

17 DR. CURTIS: Yes. Thank you very much.

18 DR. COYLE: Thank you.

19 I'd like to move on to Dr. Baur. I believe
20 you had questions from yesterday.

21 DR. BAUR: Thank you. Cynthia Baur,
22 University of Maryland. My question is to the FDA

1 team. The question that you posed to the committee
2 members is really based on the consumer information
3 that they would have to make this decision.

4 My question is, as part of our
5 deliberations, are you looking for us to make
6 recommendations about changes, specific changes to
7 the consumer information, or whether that's on the
8 label, or the leaflet, or anything else, or are you
9 really asking us to consider what's been presented
10 by the sponsor as is, and just consider whether the
11 current versions are adequate for informed decision
12 making?

13 DR. HORN: Thank you for that question.
14 This is Pamela Horn, DNPD II. I just wanted to
15 remind the committee that one of the points I made
16 yesterday is that the proposed labeling, if it were
17 to have major changes made to it, we would expect
18 that those changes would need to be tested again
19 prior to approval. So we do want the committee's
20 input on what they think of the labeling and its
21 adequacy, but I just wanted to make that point
22 about the need for any changes that are substantive

1 to be tested prior to approval.

2 I want to invite Dr. Murry to also add on to
3 that if she has additional comments.

4 DR. BAUR: And could you both clarify what
5 you mean by substantive changes? That would help
6 us understand what those parameters are.

7 DR. MURRY: Karen Murry, deputy director,
8 Office of Nonprescription Drugs. As an overall
9 matter, we would ask the committee to consider the
10 labeling as it already stands and has already been
11 tested.

12 If the committee feels that changes are
13 necessary to the labeling in order to ensure safe
14 and effective use in the U.S. nonprescription
15 environment, we would expect that the committee
16 would then be stating that the application as
17 presented is inadequate, and that the sponsor would
18 need to go back, change the labeling, retest, and
19 resubmit an application. That's what we would
20 expect, so please consider the application and the
21 labeling as it already stands and has already been
22 tested.

1 DR. BAUR: Okay. I think it would be really
2 helpful just to make sure that the committee knows
3 exactly which versions we're looking at because I
4 found a different version in the briefing materials
5 versus on the slides yesterday. So I just want to
6 make sure that we're looking at the correct ones
7 when we consider those things.

8 One other follow-up question is I noted that
9 FDA held a workshop on June 9, 2021 to consider
10 updates to the Drug Facts Label, and there were a
11 number of experts who testified about improvements,
12 and specifically some of the issues that are being
13 discussed today in the sponsor's application. I'm
14 just wondering was any of that information from the
15 workshop part of your discussions with the sponsor
16 before, and leading up to today's committee
17 meetings?

18 DR. MURRY: Karen Murry, deputy director,
19 Office of Nonprescription Drugs. No, it was not,
20 and the reason for that is because the vast
21 majority of the interactions that we had with the
22 sponsor regarding this occurred prior to that

1 meeting.

2 We've been meeting with and giving advice to
3 the sponsor on this since at least 2016. We met
4 with them and sent advice letters to them on at
5 least 13 occasions with many, many pages of advice.
6 But no, we did not give them specific advice
7 related to future iterations of what Drug Facts
8 labeling might look like overall. They were
9 working within the construct of what is currently
10 in regulation.

11 DR. BAUR: Great. Thank you very much.

12 DR. COYLE: Thank you, Dr. Baur.

13 I will call on Dr. Baron.

14 DR. BARON: Hi. Elma Baron here. My
15 question is actually in a different aspect of the
16 study. Yesterday, we heard from one of the FDA
17 presenters that this study had a very high
18 attrition rate. I think it was 46 percent broken
19 down into 21 percent withdrawal and 25 percent lost
20 to follow-up.

21 Can someone elaborate on this and potential
22 reasons? As a clinical investigator, to me that's

1 a little concerning. Of course, there is no
2 set -- like I cannot give a specific number as to
3 what is considered appropriate as far as attrition
4 rate. It depends on the study design, the
5 condition being studied, and all that but, in
6 general, when we see attrition rate higher than
7 20 percent, we would like to know further what
8 caused that. Thank you very much.

9 DR. HORN: Thank you, Dr. Baron. This is
10 Pamela Horn, DNP II.

11 Could you please bring up slide 129?

12 Dr. Baron, is this the slide you were
13 referring to?

14 (Pause.)

15 DR. HORN: Just waiting. Is this the slide
16 you were referring to, Dr. Baron?

17 DR. BARON: Yes, it is. I believe this is
18 it --

19 DR. HORN: Okay. Thank you.

20 DR. BARON: -- the 1 percent withdrawal and
21 25 percent lost to follow-up.

22 DR. HORN: Okay. I'm going to ask Dr. Jacob

1 to comment on the disposition for ACCESS.

2 DR. JACOB: Thank you. Jeena Jacob, medical
3 officer, Division of Nonprescription Drugs II.

4 As we can see from the slide, 25 percent
5 were lost to follow-up. We do not know why those
6 participants did not complete the study. In terms
7 of the 21 percent that withdrew from the study,
8 60 percent provided the reason that they withdrew
9 due to the subject deciding they wanted to
10 discontinue use of the product.

11 There were a significant number of the
12 participants who were in that category who did
13 discontinue due to adverse events, and then another
14 24 percent provided the reason of discontinuation
15 due to adverse events. All of the adverse events
16 that were reported in the subgroup that decided to
17 withdraw due to decision to discontinue, as well as
18 withdraw to an adverse event, were accounted for in
19 the overall discontinuations of the study, and that
20 made up 7 percent of the user population that
21 discontinued the study drug due to an adverse
22 event.

1 In terms of the remaining participants that
2 withdrew from the study, five cited reasons due to
3 COVID-19, and we don't have any more information
4 regarding that; 11 withdrew consent; two withdrew
5 due to their own personal physician basically
6 making the decision, in conjunction with the
7 participant, that the participant needed to
8 withdraw from the study; 8 provided the reason of
9 withdrawing because they were pregnant; and four
10 had a protocol violation as the cited reason.

11 DR. HORN: Thank you, Dr. Jacob.

12 I just want to call your attention,
13 Dr. Baron, to the last row, where there were only
14 46 percent of participants who had a known
15 end-of-study home pregnancy test result. I think
16 that that was concerning to us in terms of there
17 being a lot of missing information about what we
18 knew about pregnancy outcomes from this study, and
19 combining that with the concerns that we had with
20 the self-report data, I think it does raise a lot
21 of concern for us about what we know about the
22 outcomes from this study.

1 In terms of actual use study dispositions,
2 in general, there are definitely examples of actual
3 use studies where there's much higher completion
4 rates and much less dropout than what we saw in
5 this study, but the actual use studies span a wide
6 range of different conditions and indications, so
7 it's kind of hard to make much comparison in that
8 way.

9 I can invite my colleagues to talk about
10 completion rates and discontinuation rates in
11 contraceptive efficacy studies, so I'll send that
12 over to Dr. Gassman.

13 DR. GASSMAN: Audrey Gassman, deputy
14 director in the Division of Urology, Obstetrics,
15 and Gynecology. Although we have not had a recent
16 large contraceptive trial, probably the most recent
17 comparator for dropout rate in a contraception
18 would be that of Slynd, which is a
19 progesterone-only product, where I believe at one
20 year, the discontinuation rate was 26 percent.

21 We do know that there is a dropout rate, as
22 women may move on to different insurances and are

1 able to select different pills, or may move, or
2 have other reasons why they want to discontinue
3 contraception. So I think it's difficult to look
4 at an individual rate of discontinuation in a
5 contraceptive trial to, unless you have detailed
6 information, really try to make a conclusion on
7 that. Thank you.

8 DR. LAURORA: I can provide some additional
9 information that we do have from this study.
10 Remember, the study was designed to mimic the OTC
11 setting, so it's not typical to what you would
12 expect in a clinical trial assessing efficacy of a
13 contraceptive.

14 DR. COYLE: I'm sorry to interrupt you,
15 sponsor. Could you just at least state your name
16 for the record so we know who's speaking? Thank
17 you.

18 DR. LAURORA: My apology. Yes. Dr. Irene
19 Laurora. I'd like to show a slide. Okay. We
20 might not be able to.

21 This study was designed to simulate an OTC
22 setting, where people may choose to start a

1 contraceptive and they may choose to stop a
2 contraceptive. This is the data that shows a
3 continuation rate in ACCESS, and after about
4 6 months of use, we had about 50 percent of
5 participants who were still taking the product.
6 I'm sorry.

7 This is the reasons why people discontinued,
8 and the most common reason was because they ran out
9 of pills, and they couldn't get back to the
10 pharmacy sites to get the pills, and that is
11 precisely, again, the reason why OTC access is so
12 important for continuation of contraceptive use,
13 and therefore contraceptive efficacy, and
14 pregnancy.

15 Oh. I'm sorry. One more clarification is
16 we had pregnancy outcomes, pregnancy tests in
17 73 percent of participants by the end of their
18 participation in the study.

19 DR. BARON: Thank you to our sponsor for
20 responding, and as just a matter of procedure,
21 please raise your hand so that I know to call on
22 you. Thank you.

1 I'd like to move on to Ms. Robotti.

2 MS. ROBOTTI: Hi. Thank you. It's actually
3 a follow-up, one on slide 129 --

4 DR. COYLE: Please state your name for the
5 record, the full name.

6 MS. ROBOTTI: I thought I already did. It's
7 Suzanne Robotti. [Indiscernible - audio garbled]
8 adverse events withdrew from the study, 50 percent
9 of about half of 21 percent.

10 Could we get more information on what those
11 adverse events were?

12 DR. HORN: This is Pamela Horn, DNP II.
13 Thanks for that question. Yes, I'm going to ask
14 Dr. Jeena Jacob to respond.

15 DR. JACOB: Thank you. Jeena Jacob, medical
16 officer, Division of Nonprescription Drugs II. The
17 most common adverse events that led to drug
18 discontinuation were due to bleeding abnormalities,
19 including menorrhagia, metrorrhagia, and there were
20 several preferred terms that were included in that
21 category, but most of them were due to bleeding
22 abnormalities.

1 DR. COYLE: Sponsor, would you like to add
2 some information to that question?

3 DR. LAURORA: I'd like Dr. Sober to address
4 your question.

5 DR. SOBER: Stephanie Sober. In the study,
6 there were 7 percent of participants who
7 discontinued due to an adverse event, and of those,
8 less than 5 percent discontinued due to any
9 bleeding changes.

10 DR. COYLE: Thank you.

11 Did that address your question, Ms. Robotti?

12 MS. ROBOTTI: Oh. What were the adverse
13 events? Was it nausea, cramps, any [indiscernible]
14 there? Were there hospitalizations?

15 DR. LAURORA: Yes. Dr. Sober?

16 DR. SOBER: Stephanie Sober. I can show you
17 in just a moment, as soon as I have the slide, the
18 list of the most common adverse events reported
19 during the study.

20 As you can see here, this is the list of the
21 most common adverse events reported, and the most
22 frequent events were changes in menstrual bleeding,

1 which is expected and consistent with the known
2 side effect profile of the product, and the most
3 frequent of those was still only reported at about
4 5 percent of the population.

5 In terms of other adverse events --

6 MS. ROBOTTI: Please -- [indiscernible].

7 DR. SOBER: Okay. Thank you.

8 MS. ROBOTTI: Sure. I guess what I heard,
9 and perhaps I heard incorrectly, was that
10 21 percent withdrew, and 3 percent of those who
11 withdrew, it was because of adverse events. It
12 sounds more like a third of those withdrew had
13 adverse events.

14 DR. LAURORA: I'm sorry. Did we not answer
15 your question? Can you please ask it again?

16 MS. ROBOTTI: No. I just wanted to clarify
17 why I was asking the question. In slide 129, my
18 understanding was that of the 21 percent who
19 withdrew, half of those withdrew because of adverse
20 events, so 7 percent would reflect a third of them.
21 So I'm just trying to clarify was it a half, was it
22 a third? It's a small differential, and I'm

1 probably splitting a hair there, so I'll let it go.

2 Thank you.

3 DR. COYLE: Thank you, Ms. Robotti.

4 I'm going to call on Ms. Everhart as our
5 last question for this section.

6 MS. EVERHART: Thank you. Sabrina Everhart.

7 My question is, of those who withdrew or were lost,
8 is there an age breakdown of those percentages?

9 And if there is, could you please provide that?

10 Thank you.

11 DR. HORN: This is Pamela Horn, DNPD II. I
12 just want to restate the question. Thank you for
13 that. The question, if I understood it correctly,
14 was do we have the discontinuations in the study
15 broken down by age group?

16 MS. EVERHART: Yes.

17 DR. HORN: We could ask HRA if they have a
18 slide handy to give the breakdown by age, we'd
19 invite them to put that up.

20 MS. EVERHART: Thank you. I have no more
21 questions.

22 DR. LAURORA: Yes. I have that data, and

1 this is what we look at in the continuation rate by
2 age. You can see the progression of people through
3 the study based on age, and we really didn't see
4 that there were significant differences by age.

5 DR. COYLE: Thank you. Thank you to both
6 FDA and the sponsor for indulging those additional
7 questions and helping us understand the data before
8 us, to an even greater degree. We appreciate that
9 very much.

10 Dr. Horn, did you have any final comments?

11 DR. HORN: Yes. Thank you, Dr. Coyle.

12 I just wanted to respond to a question from
13 Dr. Baur earlier, asking us to point her and the
14 rest of the committee to the proposed label
15 submitted. I can refer you to page 77 of the
16 briefing document, the FDA briefing document, which
17 has that information for you to use.

18 Then also, I wanted to respond to a question
19 from yesterday that we didn't have a full answer to
20 from Dr. Walker-Harris [Harding] about previous
21 contraceptive use in adolescents in the ACCESS
22 study, so I want to invite Dr. Jacob to add to our

1 response from yesterday with respect to that.

2 DR. JACOB: Thank you. Jeena Jacob, medical
3 officer from the Division of Nonprescription
4 Drugs II. In response to Dr. Walker-Harding's
5 question yesterday regarding prior oral
6 contraceptive use, prior to the start of the ACCESS
7 study, we would like to note that 16 percent of the
8 participants in the 12 to 14 age group and
9 34 percent in the 15 to 17 age group had a history
10 of prior oral contraceptive use.

11 DR. HORN: Thank you. That's all from us.

12 DR. COYLE: Thank you, Dr. Horn.

13 So we'll now proceed to the charge to the
14 committee, so I will invite Dr. Horn back to the
15 stage.

16 **Charge to the Committee - Pamela Horn**

17 DR. HORN: Thank you.

18 I'm going to give the charge to the
19 committee now, and ask the committee to discuss the
20 questions and the vote. I once again want to
21 emphasize that we recognize the many challenges
22 that women of reproductive potential face in

1 accessing contraception in the U.S. currently, and
2 the importance of making decisions that will
3 enhance women's Health. The public hearing
4 yesterday was filled with courageous, compelling
5 stories testifying to these challenges. We support
6 women's autonomy and empowerment in making their
7 own decisions with the best information available.

8 When an applicant applies to change a drug's
9 available prescription to nonprescription, the
10 applicant is required to provide data to
11 demonstrate that the benefits of the drug will
12 continue to outweigh the risks, and we owe it to
13 women of reproductive potential in the U.S. to
14 ensure that the data the applicant provided is
15 sufficient to support the likelihood of safe and
16 effective use without interaction with the
17 healthcare provider, and that the data demonstrate
18 that labeling has been optimized to support this
19 use, and that is our charge to the committee this
20 morning as well.

21 So having said that, our first discussion
22 question for the committee is to discuss whether

1 consumers are likely to use norgestrel tablet in a
2 safe and effective manner, considering the
3 possibility of unintended pregnancy with incorrect
4 use, and we'd specifically like the committee to
5 talk about the need to adhere to taking the tablet
6 at the same time of day, based only on the
7 nonprescription labeling without any counseling or
8 advice from a healthcare professional.

9 We'd like the committee to specifically talk
10 about the general population that's targeted, as
11 well as what we know from the application about the
12 likelihood for this safe and effective use in
13 adolescents and in consumers with limited literacy.
14 Then we'd also like the committee to discuss
15 specifically the implications of potential use of
16 norgestrel along with concomitant drugs that may
17 interact and reduce efficacy of norgestrel.

18 Our discussion question 2, it pertains to
19 actual use study design, and we've talked
20 extensively about the findings of the ACCESS study.
21 We would like the committee, if they have thoughts
22 or recommendations on actual use study design in

1 this therapeutic area, to please comment on the
2 following different aspects of study design for
3 actual use studies: the e-diary design; the
4 e-diary recall period that's allowed; compensation
5 structure for participants; methods to ensure that
6 the entry instructions for an e-diary in a study
7 are adequately comprehended; and the potential to
8 incorporate a pathway to allow participants to talk
9 to a healthcare provider before deciding about a
10 drug purchase; and study questions to determine the
11 timing of when participants spoke to a healthcare
12 provider to inform assessment of endpoints that
13 include assessment of that action and behavior by
14 participants.

15 Our third discussion question is targeted on
16 safety. We would like the committee to discuss
17 whether there's sufficient information to conclude
18 that consumers with a history or current diagnosis
19 of breast cancer, or other progestin-sensitive
20 cancer, would deselect from use; and whether
21 consumers with abnormal vaginal bleeding of
22 undiagnosed etiology would take the appropriate

1 action based on the messages in the DFL; and
2 whether consumers who are using other hormonal
3 contraceptives would take the appropriate action
4 based on the DFL messages.

5 Then finally, our voting question, we would
6 like the committee to vote as to whether they think
7 that there's adequate information to conclude that
8 consumers will be likely to use norgestrel tablet
9 properly, such that the benefits of making this
10 product available without a prescription and
11 without the need to interact with the healthcare
12 professional exceed the risks, and paramount among
13 those risks are the risk of inadequate adherence
14 leading to contraceptive failure and unintended
15 pregnancies; the risk of use of the medication by
16 consumers with a contraindication to its use and
17 the failure to see a healthcare professional when
18 appropriate.

19 If you vote no, we'd like you to explain
20 your vote and what additional data would be
21 necessary to support approval, and if you vote yes,
22 we'd like you to explain why you think the benefits

1 outweigh the risks and are likely to continue
2 having the benefits outweighing the risks in the
3 nonprescription setting.

4 If possible, we'd like you to not change the
5 wording of our questions and try to respond to the
6 questions as they are worded, and address the
7 specific issues that we have outlined in these
8 questions. Thank you.

9 **Questions to the Committee and Discussion**

10 DR. COYLE: Thank you, Dr. Horn.

11 The committee will now turn its attention to
12 address the task at hand, the careful consideration
13 of the data before the committee, as well as the
14 public comments. As we begin to proceed with the
15 questions to the committee and the panel
16 discussions, I'm going to provide just a short
17 logistic update.

18 We do have a number of questions, including
19 a voting question to address, so I want to make
20 sure that we get through at least the first
21 question before we break for lunch, and we may take
22 just an abbreviated 30-minute lunch, and then we

1 will return after that time frame, also moving
2 through the remaining questions and allowing
3 sufficient time for the voting question.

4 So we will further be keeping an eye on
5 timing here, but I do want to encourage all
6 members, including those who maybe have not spoken
7 up yet, to share their thoughts and concerns as we
8 work through these questions today.

9 I'd like to remind public observers that
10 while this meeting is open for observation, public
11 attendees may not participate, except at the
12 specific request of the panel. As we go through
13 these questions, I will read each question, and
14 then we will pause for any questions or comments
15 concerning its wording specifically. After that
16 time, we will then open the question for
17 discussion.

18 Let me begin by reading the question and
19 asking for any clarifications or comments as to the
20 wording.

21 Discuss whether consumers are likely to use
22 norgestrel tablet in a safe and effective manner,

1 considering the possibility of unintended pregnancy
2 with incorrect use. Specifically discuss whether
3 consumers are likely to adhere to taking the tablet
4 daily at the same time of day, based solely upon
5 the nonprescription labeling without any assistance
6 from a healthcare professional.

7 Then please discuss for the following
8 consumer populations: the general population of
9 females of reproductive potential; adolescents;
10 those with limited literacy; and those using
11 concomitant products, for example, anticonvulsant
12 drugs that may interact with and reduce efficacy of
13 norgestrel tablet.

14 Are there any questions about the wording of
15 the question?

16 (No response.)

17 DR. COYLE: Seeing none, I will open up for
18 comments. I'm going to suggest that we deal with
19 these in subparts, so any comments related to the
20 discussion question around the general population
21 of females of reproductive potential from our
22 panel.

1 Yes. Dr. Armstrong?

2 DR. ARMSTRONG: This is Deb Armstrong from
3 Johns Hopkins. So I'll break the ice a little bit.
4 I think the data that we have been presented from
5 the use of Opill is that there certainly can be
6 some unintended pregnancies, but if one looks at
7 the data that we have, and that was presented for
8 other options for patient-generated use for
9 contraception, such as the condoms, diaphragm,
10 et cetera, that the incidence of unintended
11 pregnancies is certainly lower.

12 It certainly may not be as good as what was
13 called the moderately effective agents, such as
14 oral contraceptives provided under a healthcare
15 provider -- patches, rings, injectables,
16 et cetera -- but I think it certainly is better
17 than what's available right now, overall, for the
18 general population.

19 I just wanted to break the ice and say that
20 was my thoughts with regard to the general
21 population.

22 DR. COYLE: Thank you.

1 Dr. Curtis?

2 DR. CURTIS: Thank you. Kate Curtis, CDC.
3 I'm thinking that we were presented a lot of data,
4 and I echo Dr. Shaw's comment yesterday that it's a
5 little difficult to take all of the disparate
6 sponsor and FDA analyses into account. But I think
7 looking over all of the general population, looking
8 over both actual use and the comprehension data,
9 and looking at the key endpoints on taking the pill
10 every day, taking it the same time every day, and
11 especially factoring in the mitigating behavior, I
12 think we can say for the general population that at
13 least the pill taking behavior and comprehension
14 are good.

15 I did want to make a comment about the
16 Delayed Pill Study presented by the sponsor. To
17 me, those data are reassuring. I agree with the
18 FDA that there's certainly not enough data to
19 expand that 3-hour window, but I do think measuring
20 cervical mucus and ovulation are standard measures
21 of proxies for pregnancy risk when pregnancy isn't
22 feasible to measure, so those data were reassuring

1 to me. Thank you.

2 (Pause.)

3 DR. COYLE: I apologize.

4 Dr. Berenson?

5 DR. BERENSON: Thank you. Abbey Berenson,
6 University of Texas, Medical Branch. I would just
7 like to repeat a comment that was made earlier, I
8 believe, by Dr. Curtis that we have to think about
9 if people take the pill the same time every day
10 when they do see a provider. I think all of us
11 that have had experience taking care of adolescents
12 and adult females realize that it is very difficult
13 for people to long-term take even birth control
14 pills when they see a provider the same time every
15 day. So I just think that we should think about
16 the big picture and not just the over-the-counter
17 use. So given what's been presented, I feel that
18 it is as safely taken without a prescription as it
19 is with a prescription.

20 DR. COYLE: Thank you.

21 Dr. Shaw, please go ahead.

22 DR. SHAW: Yes. Pamela Shaw. I'd just like

1 to add that I agree with the statements that were
2 just made by Dr. Curtis and I believe Dr. Berenson.
3 I agree and think for the general population of
4 females with reproductive potential, I believe it's
5 going to be used generally in a safe and effective
6 manner. I looked at similar questions that were
7 mentioned, the daily use.

8 Also, in terms of the disparate analyses, I
9 focused my evaluation on the FDA analysis because I
10 did agree with the FDA that there was concerning
11 re-categorization, but looking at the FDA analysis,
12 such as this overall selector analysis of ACCESS,
13 table 7, I saw that 85 percent threshold was being
14 met in terms of appropriate selection, at least in
15 the point estimate, and closely, the lower bound;
16 not quite, but close.

17 So overall, taking into account the safety
18 of the progesterone-only pill that has been
19 established, I would agree that it would be safe
20 and effective.

21 DR. COYLE: Dr. Haun, what would you like to
22 add?

1 DR. HAUN: I would like to voice my
2 agreement with my advisory committee members. I do
3 believe that we can all agree that when a physician
4 prescribes birth control pills, these are typically
5 done on an annual basis, if not less than that, and
6 that individuals who are prescribed those pills are
7 left to their own vices to take it regularly, as
8 instructed, and a prescription will not prevent or
9 support the use of this medication appropriately
10 for these targeted populations on the slide. I
11 also believe that this is a viable option to
12 support ACCESS and will support the prevention of
13 unintended and unwanted pregnancies. Thank you.

14 DR. COYLE: Dr. Espey, you could go ahead.

15 DR. ESPEY: Thank you. Eve Espey,
16 University of New Mexico. I agree, and would just
17 add that I'm not sure, in my mind, that there's a
18 big difference between these different categories
19 for the reasons that have been stated before, and
20 that is that this is a medication that's been
21 approved for quite some time, so it doesn't seem
22 like the effectiveness is really what we should be

1 considering here, but the focus should be on
2 safety.

3 I don't think we can think about this
4 question outside of the context of what else is
5 available to patients. And all of these groups,
6 the subgroups, face incredible barriers to being
7 able to access contraceptive care. So if we agree
8 that the major harms of this medication are very
9 limited, and we also don't have evidence that when
10 a patient accesses their caretaker [indiscernible]
11 or provider, that it is much safer than it is
12 through self-use and looking at the label, that I
13 agree that the data would support that it can be
14 used in a safe manner. Thank you.

15 DR. COYLE: Thank you.

16 I will call on Dr. Roth with perhaps
17 encouragement to consider points that have not yet
18 been discussed, or haven't been discussed in the
19 depth that you would like around the general
20 population in particular.

21 DR. ROTH: I'll try. For 20 years, I was a
22 primary care doctor and a primary care program

1 director before going into geriatrics and
2 palliative care, and I think that the safety
3 profile here is very well established. I am very
4 skeptical that most women who get prescribed birth
5 control pills in a clinic or doctor's office
6 setting, get very much counseling about how to take
7 the pills, and on repeat prescriptions, that
8 probably doesn't happen almost at all.

9 So I think that it's really an access issue.
10 We know there's a need. We know that access is
11 even worse than it used to be given a number of
12 socioeconomic factors and disparities, and I don't
13 see why the general population of women cannot
14 safely have this medication available over the
15 counter.

16 Patients who have medical conditions, I
17 hope, like breast cancer and anticonvulsant therapy
18 for epilepsy, are getting medical care, and are
19 getting counseling regarding such issues as
20 contraception. So I think that making it available
21 over the counter is the right thing for women. I'm
22 going to stop there, but I appreciate Dr.

1 Berenson's remarks also about what really happens
2 in the renewal of birth control pills, in the
3 office.

4 DR. COYLE: Thank you, Dr. Roth.

5 Dr. Baur, what can you add to the
6 conversation, especially regarding the general
7 population?

8 DR. BAUR: Sure. Cynthia Baur, University
9 of Maryland. So I'm looking at the label itself,
10 which is labeled, I guess, version H, and I wanted
11 to recommend that we consider Dr. Haun's suggestion
12 about adding "by mouth" because I think that would
13 apply to audiences A, B, and C. That would be
14 helpful, so take one tablet by mouth at the same
15 time every day. And if it were considered a
16 substantive change, I would not suggest this, but I
17 would consider also adding the word "only," take
18 one table only by mouth at the same time every day
19 because one of the issues Dr. Haun raised is
20 there's a lot of confusion around directions.
21 People may not always know how a pill might be
22 taken.

1 We also, within health literacy research,
2 know that people sometimes think taking more is
3 better, so sometimes it's really important to
4 clarify that only one pill should be taken and not
5 multiple; multiple is not better. So I think that
6 for populations A, B, and C, those additions might
7 be really helpful as part of the labeling.

8 DR. COYLE: May I ask FDA to comment to what
9 extent some of the potential upcoming revisions to
10 drug facts labels might impact this product, or
11 really any product, out in the over-the-counter
12 market? In other words, is there going to be an
13 opportunity to further refine the Drug Facts Label
14 for all products in the short term, or is that more
15 of a long-term process?

16 DR. MURRY: Karen Murry, deputy director,
17 Office of Nonprescription Drugs. That opportunity
18 would not be available in this approval cycle
19 because the PDUFA goal date for this is coming up
20 very quickly. So I wouldn't consider that to be
21 something that would be an option for consideration
22 about whether the product is appropriate for

1 approval in this cycle.

2 DR. BAUR: Could I ask, FDA, if --

3 DR. COYLE: Thank you.

4 Dr. Baur?

5 DR. BAUR: Well, I was just going to say,
6 would they consider the addition of "only" and "by
7 mouth" to be substantive changes requiring
8 retesting? Because otherwise, I think that impacts
9 my recommendation.

10 DR. COYLE: FDA, can you comment on that?

11 DR. MURRY: Karen Murry, deputy director,
12 Office of Nonprescription Drugs. I'm a little bit
13 hesitant to begin discussions of a variety of
14 supposedly minor suggested changes to the Drug
15 Facts label as a way to get to a vote of either yes
16 or no by the committee. So again, I would
17 encourage the committee to consider the label only
18 as it is currently written and as it has already
19 been tested.

20 DR. COYLE: Thank you for that
21 clarification.

22 Dr. Haun, did that answer your question?

1 DR. HAUN: Yes. Thank you.

2 DR. COYLE: I think to summarize our, at
3 least, initial discussion here, there does seem to
4 be support across the panel, of those who have
5 spoken, that use of the norgestrel tablet in a safe
6 and effective manner seems very reasonable in the
7 OTC setting, particularly for the general
8 population of females, given that there are
9 challenges even to prescription adherence, and
10 maybe in a general sense, that healthcare provider
11 interactions substantially may affect that or may
12 be available in such a way as to make it a
13 necessary component of safe and effective use.

14 I would like to invite anyone who has a
15 differing opinion to please raise their hands so
16 that that can be heard, if necessary, and also to
17 move the conversation specifically to the
18 population of adolescents and those with limited
19 literacies, and then we'll address the final
20 subgroup maybe at the end here.

21 Dr. Berlan, go ahead.

22 DR. BERLAN: Alright. Thank you. This is

1 Dr. Elise Berlan from Ohio State University and
2 Nationwide Children's Hospital. I want to thank
3 the FDA and the sponsor for sharing this
4 information and inviting me to participate. I'm an
5 adolescent health expert, and this is work I do
6 clinically day in and day out.

7 I have just some comments on the question
8 around effectiveness, safety, and comprehension by
9 adolescents. To frame this, access barriers impact
10 adolescents more than anyone else. They are
11 actually healthier than other pregnancy people or
12 persons, and they're at the highest risk for
13 unintended pregnancy.

14 I don't think I have any concerns about the
15 effectiveness of this progestin-only contraceptive.
16 The revised Pearl Index in the FDA analysis was
17 3.4, and that's highly acceptable to me, and it's
18 more effective than any other over-the-counter
19 contraceptive currently available. I understand
20 the safety to be well established of this product.

21 In terms of the specific questions the FDA
22 raised with the deselection, I found both measures

1 have some limitations, but overall, the absolute
2 risk of harm to use of this product to adolescents
3 is quite low. In terms of the abnormal vaginal
4 bleeding deselection question, most adolescents
5 with abnormal vaginal bleeding between periods do
6 not have uterine cancer; they have anovulation,
7 which is primarily due to pubertal immaturity and
8 not a pathological cause. They may also have a
9 sexually transmitted infection. There's a small
10 risk of missing a pathological cause; however,
11 bleeding related to an STI will not stop with the
12 POP.

13 Other areas that the FDA raised concerns
14 about adolescents include the risk of bone density,
15 and in my professional opinion, risks related to
16 bone density are low given the rebounds we see with
17 use of injectable progestin contraceptives in
18 adolescents. I'm not particularly concerned about
19 them not understanding the mitigating behaviors
20 because although that might compromise efficacy, it
21 is not harmful.

22 With the risks related to them understanding

1 the label and taking emergency contraceptive in a
2 timely way, the emergency contraceptive that would
3 be interacting harmfully, potentially with this
4 contraceptive, is the prescription emergency
5 contraceptive. So again, it's probably unlikely
6 that someone taking an over-the-counter oral
7 contraceptive would be taking a prescriptive
8 emergency contraceptive, which is the ulipristal
9 acetate.

10 Regarding the off-label use that was
11 disproportional in adolescents, off-label use
12 happens frequently with prescription oral
13 contraceptives. It is unlikely to be harmful, and
14 I know that's not within the label indication, but
15 it is unlikely to be harmful; and there, off-label
16 use among adolescents may roll into contraceptive
17 indication as the patients age.

18 With regard to the just previous question
19 about the adding by mouth, if this delays the
20 availability of this product, I do think the
21 imperative for an oral contraceptive that's
22 available is now, and I would encourage us to keep

1 that in mind.

2 With regards to adherence -- and I will wrap
3 up very shortly -- the adherence in the
4 prescription setting among women and adolescents
5 already is highly imperfect. I do think what's
6 been presented to us does show that adolescents can
7 adhere to daily contraceptive use in the ACCESS
8 trial, and non-adherent daily dosing is likely to
9 compromise effectiveness, but it's unlikely to pose
10 harm greater than non-use.

11 In sum, I believe that the potential
12 incremental benefits to this product, with regards
13 to safety, effectiveness, and the questions about
14 reading the label, are really less than the
15 potential incremental benefit of access to this
16 product. Thank you.

17 DR. COYLE: Thank you.

18 Ms. Robotti, please go ahead.

19 MS. ROBOTTI: Hi. Thank you. Suzanne
20 Robotti. I questioned yesterday about the limited
21 literacy and low literacy group, and I do have to
22 say I'm still not very happy with the low number of

1 participants; however, I don't think that's a
2 reason to not move forward with this. In both
3 groups, adolescents and limited literacy, the
4 comprehension of use and deselection was pretty
5 good, and there's no clarity that the direction
6 that any woman gets -- old, young, low
7 literacy -- that they get counseling in a warm and
8 supportive environment that facilitates questions
9 and interaction. That would be ideal for everyone,
10 but that often doesn't happen. The pregnancy rate
11 already of women using prescribed oral
12 contraceptives, the higher rate than perfect
13 adherence shows that compliance is not perfect
14 already. I don't see any reason why OTC
15 distribution would be worse with compliance.

16 Just a quick comment on D, concomitant
17 products like anticonvulsant drugs, I would hope
18 that those women are seeing a doctor and under some
19 sort of care so that would help them,
20 period -- period; I'm dictating -- but I do worry
21 about herbs and St. John's wort, products like
22 that. I think that people don't understand their

1 power. I don't know what to do about that for any
2 drug interaction. Thanks.

3 DR. COYLE: Thank you.

4 We will move on to Dr. Walker-Harding.

5 DR. WALKER-HARDING: Thank you. Leslie
6 Walker-Harding from the University of Washington.
7 I wanted to underscore Dr. Berlan's very
8 comprehensive list of reasons why adolescents
9 really urgently need this. With 70 percent of
10 adolescent reproductive age women either having no
11 or lower efficacy birth control methods available
12 to them, this would dramatically increase the
13 ability of kids not having unintended pregnancies.

14 I agree that focusing on safety is real
15 important. Whether somebody takes it exactly
16 correctly or whether they miss some, that happens
17 all the time. After over 20 years of doing this
18 work, talking to an adolescent in an office for
19 20 minutes, and then giving them a one-year
20 prescription is really probably about the same as
21 somebody reading it on the label. There's not a
22 lot of counseling or any particular thing that

1 happens with oral contraceptives, and the amount of
2 kids that don't have access to a provider is
3 tremendous.

4 Particularly around the emergency
5 contraception, that theoretical risk is only valid
6 in the sense that a kid could get emergency
7 contraception. That's very hard to access. Even
8 in states where it is over the counter, it's still
9 difficult for adolescents to access and talk to the
10 pharmacist to get that. So I wouldn't hold it up
11 for that theoretical risk, given the lack of
12 access, even to emergency contraception for
13 adolescents.

14 Then in terms of adolescent decision making,
15 there's no evidence that adolescents make poor
16 decisions and, in fact, adolescent decision making
17 when researched is equal to adults when given the
18 same information, so I wouldn't want us to have any
19 feeling as though we are protecting adolescents,
20 and they might not understand. It would be at the
21 same level as anyone else who is reading the
22 information.

1 I would say it's also equally urgent for
2 those with limited literacy to be able to have the
3 opportunity to take this medication. The safety
4 profile is so good that we would need to take every
5 other medicine off the market, like Benadryl,
6 ibuprofen, Tylenol, which causes deaths, and people
7 can get any amount of that without any oversight,
8 and this is extremely safe, much safer than all
9 three of those medications, and incorrect use still
10 doesn't appear to have problematic issues just like
11 it doesn't with the prescription. So I'm very much
12 in favor of both adolescents and those with limited
13 literacy, and I would hate to see it delayed, and
14 that's it.

15 DR. COYLE: Thank you.

16 I will now call on Dr. Berenson, again,
17 trying to focus our conversation on effectiveness
18 and safety in the adolescents and limited literacy
19 population, and particularly adding points that
20 have not been discussed thus far.

21 DR. BERENSON: Thank you. Abbey Berenson.
22 I would like to point out that the only true

1 contraindication for this product is active breast
2 cancer, and adolescents don't usually have active
3 breast cancer. That would be extremely rare, so
4 they may be the safest population to prescribe this
5 for.

6 There was a point made about bone mineral
7 density, and I did an NIH-funded study on this, and
8 that is not related to whether it's given over the
9 counter or by prescription. Adolescents are given
10 birth control pills, and whether or not you think
11 it affects their bone density, I don't think it
12 matters how they access the birth control.

13 The last thing I would like to say is from
14 the data presented, adolescents appear as well as
15 those with limited literacy, the groups that are
16 most at risk for an unintended pregnancy due to
17 lack of access, so that would make them a priority
18 group for over-the-counter medication. Thank you.

19 DR. COYLE: Thank you.

20 Dr. Roth?

21 DR. ROTH: I have a very quick comment. The
22 pills are called OCs, oral contraceptives.

1 Everybody knows that oral -- in fact, there are
2 Oral-B toothbrushes -- means mouth. And I think
3 it's actually insulting to add "take by mouth."
4 When somebody seeks an oral contraceptive, they
5 know it should be taken by mouth. I don't mind if
6 you put it in. It's a little bit mansplaining and
7 a little bit paternalistic, I think, but I think
8 that anybody who would seek out this product would
9 know that this is a pill that's meant to be taken
10 by mouth, and I really think if that language
11 change would hold up the release of the medication,
12 that we should allow that, and I think adolescents
13 would understand that oral means taken by mouth.
14 Thank you very much.

15 DR. COYLE: Thank you.

16 Ms. Everhart, please go ahead.

17 MS. EVERHART: Thank you. Sabrina Everhart.

18 I do have confidence in the general public's
19 ability to understand the importance of dosage
20 adherence. Birth control pills, in all forms, have
21 been around for a very long time, and they do have
22 enough popularity that I feel like their knowledge

1 is well known. However, in regards to adolescents
2 and literacy, without significantly more data on
3 the adolescent and the limited literacy populations
4 presented in this meeting, I am not sure whether or
5 not they could comply on their own or understand
6 concomitant use without additional guidance.

7 Now, I'm referring specifically to the very
8 young population here, those not old enough to have
9 an ID, who may be of reproductive ability and not
10 comprehend the literature, and that's what this
11 question is about. And somebody who has a
12 reproductive granddaughter, at 11, it brings me
13 pause, as I wouldn't feel confident sending her
14 into Walgreens to choose that for herself without
15 having the bravery to ask a pharmacist or myself.
16 I'm not sure she could even understand the
17 literature and what's written.

18 I also have nieces and daughters of
19 reproductive age, and I do feel that age is an
20 important factor here in this particular question
21 we're referring to. So I want to make that clear
22 that when we're referring to adolescents and those

1 with limited literacy, that I do have concerns in
2 that, but I don't want that to be the reason why
3 this doesn't go over the counter. I would just
4 like some considerations to be discussed in regards
5 to that very young population. Thank you.

6 DR. COYLE: Thank you.

7 Dr. Haun, what would you like to add?

8 DR. HAUN: I would first like to say that I
9 do agree with Katalin Roth; that though I made the
10 suggestion around the language, that if it were
11 going to prevent the availability of this
12 medication over the counter, that would not have
13 been my intention. So I would like to retract my
14 comments earlier if that would delay the release.

15 I would also like to add -- I don't think
16 anybody has mentioned this, so I would like it to
17 be noted in the record -- that the major construct
18 here in this question is around the construct of
19 adherence. It is very clear in the literature that
20 adherence and the ability to take medication such
21 as this kind of pill is largely related to factors
22 such as self-confidence and motivation.

1 Adherence is most certainly predicted by
2 confidence and motivation, so if an individual, be
3 them an adolescent, one with limited literacy, or
4 the general population, had enough confidence to go
5 and get this medication over the counter -- and
6 self-efficacy -- that we can make a safe assumption
7 that they have the motivation. And motivation is a
8 highly recognized predictor of adherence, such that
9 it would be more so than having an interaction with
10 a healthcare professional who might do the
11 prescription for them if it stayed prescribed.

12 So I think that when we think about
13 adherence, we need to be very clear that there are
14 other factors such as motivation and confidence
15 that would support adherence to this medication,
16 not to mention the fact that the data showed that
17 thresholds were either met or exceeded when the
18 trial was conducted. Thank you.

19 DR. COYLE: Thank you.

20 To summarize where we are to this point, I
21 think in speaking to the effectiveness of the
22 norgestrel tablet in the OTC setting, the panel

1 expresses, I think, great confidence in the
2 effectiveness, not only in the general population
3 of females, but also in adolescent populations and
4 those with limited literacy for a variety of
5 factors that we've discussed.

6 I think in terms of risk, risk from the
7 medication itself, the panel seems very comfortable
8 with the limited number of risks from the
9 medication itself, so physical risks from taking a
10 norgestrel product on a daily basis may
11 be -- particularly in adolescent populations that
12 are overall quite healthy and less prone to the
13 kinds of conditions that would be a
14 contraindication such as breast cancer. In fact,
15 the benefit may far outweigh risk if that were the
16 sum total of the equation. I think risk from
17 unintended pregnancy, because of not understanding
18 or not adhering to a daily regimen taken very close
19 in time each day, may be the greater risk that
20 we're discussing.

21 I have heard a little bit of mixed opinion,
22 many people expressing that it is better than what

1 is currently available, and it would not
2 necessarily be information or directions that would
3 be beyond the capability of all of these
4 populations that we've talked about thus far, maybe
5 with the possible exception of very young
6 adolescents; and in that case, maybe some further
7 information or data would have been helpful to
8 understand that aspect of risk for very young
9 adolescents.

10 One other point that I wanted to make
11 because I've heard it in all of our conversation or
12 several of the comments made by panelists thus far,
13 was that even looking at the more conservative
14 analysis provided by the FDA, of the data from the
15 ACCESS study, I think there's still quite a bit of
16 confidence in this product in the OTC space. So I
17 just wanted to make sure that that was reflected in
18 our summary here.

19 I'd like to turn our attention finally to
20 that last subgroup, those who are using concomitant
21 products that may interact with or reduce the
22 efficacy of this oral contraceptive. I heard a

1 little bit about the fact that these folks would
2 likely be under physician care for that additional
3 product or that interacting drug, maybe with the
4 exception of some OTC supplements, which are not
5 regulated in the same way as our traditional
6 over-the-counter drugs.

7 So I'll just ask if there are any further
8 comments around concomitant products, and I will
9 begin -- Maria Coyle, Ohio State University -- just
10 in saying that I know that in my practice, when I
11 am working with patients who have conditions that
12 require regular medications, I'm consistently
13 screening for drug interactions, including
14 interactions with over-the-counter products like
15 this product would be, and making sure to ask about
16 not only side effects, but also potential concerns
17 around loss of effectiveness; so making sure that
18 patients are educated and aware of maybe the
19 interaction with that over-the-counter oral
20 contraception, and that would not be any different
21 than what I would normally do when talking with a
22 patient with epilepsy, or a patient on a statin

1 medication for cholesterol, or a patient for high
2 blood pressure medications, et cetera.

3 So I'll just add that, and then invite any
4 other comments from the panel.

5 Yes, Dr. Shaw?

6 DR. SHAW: Yes. Thank you for bringing our
7 attention to this item. Pamela Shaw. I think
8 there was some discussion and concern yesterday
9 about specifically the emergency use contraception
10 and whether or not people will be taking that when
11 taking this over-the-counter progestin-only pill.
12 I personally did not have raised concern regarding
13 that specific concomitant product, and that it
14 would be unlikely if people already on, I think,
15 oral contraceptives, that they would be also
16 seeking that out, and just the overall safety
17 profile of the medication. So for me, that did not
18 raise additional concern, and I just wanted to add
19 that comment.

20 DR. COYLE: Thank you.

21 Dr. Walker-Harding?

22 DR. WALKER-HARDING: Leslie Walker-Harding

1 from University of Washington. I also just wanted
2 to say I think that I don't see any additional
3 concern for that group. I also wanted it on record
4 that I strongly believe that an adolescent of
5 reproductive age, of any age, even early
6 adolescence, this would be safe. I would be very
7 concerned if there were any restrictions on younger
8 adolescents who are at reproductive age and need
9 the medication.

10 DR. COYLE: Thank you.

11 Dr. Berlan?

12 DR. BERLAN: Hi. Thank you. This is Elise
13 Berlan, Ohio State University, Nationwide
14 Children's Hospital. I just want to comment on
15 this question. In the adolescent participants in
16 the ACCESS study, there were a higher proportion
17 that reported concomitant use of other
18 contraceptives, and we discussed that yesterday.

19 My comments for the panel would be that it
20 is common to prescribe two contraceptive hormonal
21 products at the same time, and that is generally
22 very unharmed and can have a therapeutic effect.

1 So with regards to the concomitant multiple
2 contraceptive, I would not have any clinical
3 concerns about that. And just to echo
4 Dr. Walker-Harding, I would really not endorse any
5 age restriction for this product because I do think
6 this product can be used safely by even the
7 youngest adolescents.

8 DR. COYLE: Thank you. Thank you for adding
9 that perspective from your clinical experience to
10 both you and Dr. Walker-Harding.

11 I'm scanning here our roster to see if there
12 are any additional comments around this question
13 before we move on.

14 Dr. Espey?

15 DR. ESPEY: Eve Espey, University of New
16 Mexico. I'll just state the obvious, that even
17 with a one-time provider visit, patients will often
18 begin taking other medications that could
19 potentially have interactions without going back to
20 that provider for additional guidance. Also, there
21 are very few actual medications that have been
22 shown to reduce the effectiveness of contraceptives

1 to the point of recommending a different
2 medication. Thank you.

3 DR. COYLE: Thank you.

4 Alright. I think we will be ready to move
5 on to question 2, not seeing any further comments.

6 Once again, I'm going to read the question
7 and ask for any clarifications or questions around
8 the wording itself, and then we will open the
9 discussion for comments, again, trying to go point
10 by point so that we fully discuss.

11 We will begin this question, and maybe we'll
12 go for another 10 or 15 minutes, and then we'll
13 take a break for lunch. So just to begin, this is
14 the discussion question.

15 The ACCESS study use phase had improbable
16 dosing in approximately one-third of participants.
17 If FDA were to recommend the applicant conduct
18 another actual use study, what changes to the
19 actual use study design would the committee
20 recommend? Considering the following, and these
21 subpoints: e-diary design; e-diary recall period;
22 participant compensation structure; methods

1 ensuring data entry instructions that are
2 adequately comprehended; incorporating a pathway
3 allowing participants to ask a healthcare provider
4 before deciding study drug purchase; or study
5 questions to determine timing of when they spoke to
6 a healthcare provider during the study.

7 Are there any questions on the question
8 itself, on the wording?

9 Dr. Pisarik, did you have questions on the
10 wording of the study?

11 DR. PISARIK: I do not.

12 DR. COYLE: Thank you.

13 Okay. Seeing none, I will then open the
14 conversation for panelists discussion, and
15 Dr. Pisarik, you may go ahead.

16 DR. PISARIK: I just had a question. Since
17 there's a big deal made about when pills were taken
18 and what time they were taken, isn't that a place
19 for using an electronic pill dispenser where you
20 would know exactly when the pill was taken?

21 DR. COYLE: Just to summarize, it sounds
22 like you're recommending that if this study were to

1 be repeated, it would have some sort of a mechanism
2 that was more objective in measuring pill
3 dispensing or pill removal from the pill pack.

4 DR. PISARIK: Exactly.

5 DR. COYLE: Yes.

6 Ms. Everhart, go ahead.

7 MS. EVERHART: Thank you. Sabrina Everhart.

8 Since we don't know the actual design information
9 of that e-diary, as far as I'm aware, that was not
10 made available. If it is available, I would like
11 to see it, but I would recommend maybe revising
12 that overreporting, and [indiscernible], given what
13 little information we've been given on that,
14 possibly further future studies as well, anything
15 postmarketing.

16 Also, I would advise maybe to include in
17 that e-diary, if this is possible, the ability to
18 maybe virtually speak to a nurse, whether it's
19 video or chat, if so desired by the participant, to
20 be able to ask questions, specifically if they
21 can't get back to the study site or can't contact
22 their own doctor, and maybe that might help with a

1 little bit of data input. Those are really my only
2 recommendations based on what I've seen so far.

3 Thank you.

4 DR. COYLE: Ms. Everhart, are you saying
5 that in terms of the e-diary design and use, having
6 a resource to check in on use of the diary itself
7 would be helpful, or are you --

8 MS. EVERHART: Absolutely.

9 DR. COYLE: -- speaking more to a later
10 point?

11 MS. EVERHART: Yes, absolutely. If this
12 study were to be re-done, the ability to in app,
13 chat specifically, even with a medical personnel.
14 I think would be helpful for them to be able to
15 contact support on the app itself, as this
16 generation is frequently well-versed in how to use
17 that method of communication more so than others.

18 DR. COYLE: So it sounds like you're
19 suggesting that both in terms of the use of the
20 diary itself or how to track information in the
21 e-diary, it might be useful to have a chat function
22 or live support, but also maybe for one of the

1 later points there about accessing healthcare
2 providers.

3 MS. EVERHART: Yes, ma'am. Thank you.

4 DR. COYLE: Excellent.

5 Dr. Catlin, please go ahead.

6 DR. CATLIN: Hi, everyone. Jesse Catlin,
7 Cal State University, Sacramento. Just quickly
8 related to the last comment by Ms. Everhart, I did
9 find, I think, that the FDA presentation,
10 slide 123, added some clarity for me on how the
11 diary was actually designed.

12 I definitely understand the sponsor's
13 perspective and the FDA's concerns about the study.
14 As someone who does a lot of consumer behavior
15 research, I think it's helpful maybe that we
16 consider the extreme. If we did another study, we
17 could design a trial with a daily reminder that
18 makes them enter the data every day and doesn't
19 allow any reporting when they don't have any pills,
20 and this will obviously yield a study with no
21 missing data and no overreporting. Of course, we
22 could design this study, but would we believe the

1 data? Would it really represent actual use?

2 So I would ask us to consider that. We
3 probably could request a study that goes the other
4 way, but would it yield -- we'd be having a
5 different conversation now of whether it represents
6 actual use. Now we're having a conversation that
7 maybe the study wasn't necessarily restrictive
8 enough, which led to some messy data and some
9 problems, but I think if we have things like a chat
10 feature, if we did other stuff like that, does it
11 actually represent how the consumers are going to
12 use the product when they're left to their own
13 vices? Thank you.

14 DR. COYLE: Thank you, Dr. Catlin. That's
15 very helpful.

16 Dr. Horn, would you like to say something?
17 Would you like to add to the conversation?

18 DR. HORN: Thank you.

19 Yes, Dr. Coyle. I just wanted to respond to
20 the comment about where the study design
21 information is located, so thank you, Dr. Catlin,
22 for pointing out where it is in the slides. In the

1 background document, FDA background document, the
2 study design description starts on page 44, and
3 goes on from there, and includes some information
4 about the e-diary design.

5 DR. COYLE: Thank you.

6 Dr. Walker-Harding, anything that you would
7 like to add about the e-diary in particular?

8 DR. WALKER-HARDING: Hi. Leslie
9 Walker-Harding, University of Washington. No. I
10 was going more generally to the question at hand.

11 The question itself, to me, is concerning.
12 If there was a recommendation to do another study,
13 I very much agree with Dr. Catlin who just spoke.
14 I'm not sure. What would that do? We already know
15 the safety profile. What would we be doing, trying
16 to have a better actual study with, again,
17 information that might not even approximate the
18 real world.

19 Any of these studies are going to be
20 imperfect; we're trying to look at real use, and
21 any amount of delay, during the time when people
22 have less access to primary care providers

1 post-pandemic than they ever have, is really, in a
2 way, causing further harm to adolescents and others
3 who don't have access to these medications, which
4 could help them prevent an unwanted pregnancy. So
5 I would say that I would really be not interested
6 in seeing another actual use study on something
7 like this, where we know the safety profile is so
8 great to begin with.

9 DR. COYLE: Thank you.

10 Dr. Curtis?

11 I apologize. Let me back up. I've misread
12 my roster. It's Dr. Armstrong next, and then
13 Dr. Curtis.

14 DR. ARMSTRONG: Yes. Deb Armstrong from
15 Johns Hopkins. Two issues. The first is, I know
16 you're not asking us this in this question, but I
17 think you've been hearing that most of us, if there
18 was another actual use study, would not want that
19 to be a barrier to having the drug available; that
20 that shouldn't delay access to the drug if that's
21 the ultimate decision; that there shouldn't be a
22 delay based on this.

1 That said, another actual use study, I
2 really champion what Ms. Everhart, which is that if
3 there could be included a contact for questions. I
4 would also strongly encourage, whether another
5 actual use study is done or not, a video that
6 basically says everything that's in the written
7 comments that individuals can access at any time, a
8 YouTube type of video. It could address the
9 literacy issue. It could address the adolescent
10 compliance issue. It could be done in different
11 languages.

12 I think for modern-day young individuals in
13 particular, seeing a video is worth 10 small print
14 written directions. So again, I would be opposed
15 to an actual use study that delayed availability of
16 this, but if it were done, I think that those two
17 things, a contact information line or person and a
18 video to address the recommendations in the small
19 print, would be very helpful.

20 DR. COYLE: Thank you.

21 I'm going to allow Dr. Curtis to speak next,
22 but just with the caveat we're going to do one more

1 question, and then we'll take a break for lunch.
2 And we'll reconvene after lunch with Dr. Horn, and
3 then we will wrap up the conversation around
4 question number 2.

5 Sorry. I'm trying to manage a few moving
6 parts here but, Dr. Curtis, we'll let you speak,
7 and then we'll break for lunch.

8 DR. CURTIS: Great. I'll be quick. Thank
9 you. Kate Curtis, CDC. I just wanted to say that
10 the improbable dosing issue is important, and I
11 don't think it's been adequately addressed and
12 certainly leads to some uncertainty in the
13 findings. But despite this, I would not recommend
14 another actual use study at this time, and I think
15 we can make a decision on the totality of the
16 evidence. Thank you.

17 DR. COYLE: So to summarize where we are at
18 this point in discussion question number 2, it
19 sounds like there is a strong recommendation from
20 the panelists who have spoken thus far to not
21 necessarily investigate or to go down the path of
22 an additional actual use study, which I realize is

1 outside the scope of what we've been asked to
2 specifically address but is something that has come
3 through. There may be some recommendations for
4 improvement, and we will focus on that aspect of
5 this discussion question when we reconvene after
6 lunch.

7 We will take a break for 30 minutes, so we
8 will plan to start again at 12:30, which I
9 acknowledge is a short break, but in the interest
10 of ending as close to on-time as possible, I'm
11 going to suggest that we break for 30 minutes with
12 panelists re-logging in again at about 12:20-12:25
13 to be sure that we can start promptly at 12:30.

14 Just as a final reminder, there should be no
15 chatting or discussion of these meeting topics or
16 questions with other panel members during the lunch
17 break, and I will see you all at 12:30. Thank you
18 so much.

19 (Whereupon, at 11:58 a.m., a lunch recess was
20 taken, and meeting resumed at 12:29 p.m.)
21
22

1 professional involved, and nurses are definitely
2 highly trained healthcare professionals. So a drug
3 that needed the involvement of a nurse would not be
4 a nonprescription drug.

5 Then there was another suggestion that
6 perhaps a video could be used. If the panelists
7 suggest seeing a video or some type of technology
8 element would be something that would be needed in
9 order to get past some of the difficulties that the
10 application is facing, then that would probably
11 fall under our paradigm of an additional condition
12 for nonprescription use, for which the agency
13 recently put out a proposed rule, and the applicant
14 would need to propose that additional condition for
15 nonprescription use and do consumer behavior
16 testing to show that, again, consumers would use
17 the drug correctly, safely, and effectively in the
18 nonprescription environment.

19 So while those are creative and innovative
20 potential approaches to overcoming the problem, one
21 of them is not consistent with nonprescription law
22 in the United States, and the other one would

1 require that the applicant go back to the drawing
2 board on their development program and submit
3 another application.

4 DR. COYLE: Thank you, and we always
5 appreciate those helpful guidances from the FDA
6 just to remind us of the lane that we are in when
7 we're considering over-the-counter medications, so
8 I appreciate that.

9 I will go back to the hands that were raised
10 in the order that they were available to us before
11 our break, but before doing so, I just want to
12 acknowledge that we've heard from several panelists
13 that they are not proposing -- they are not in
14 favor of redoing or asking the FDA to redo an
15 actual use study with the applicant.

16 So I think that message has been captured
17 and has been delivered to the FDA, so I would like
18 the panel to truly consider what the question
19 itself is asking, and that would be what
20 improvements could be made to an actual use study
21 method that might actually address some of the
22 concerns that were raised with the data that was

1 presented; so not to minimize the importance of the
2 other message, but also just to use our time wisely
3 and make sure that the FDA does end up with the
4 information that they are needing from our
5 expertise here as we are assembled today.

6 So I will ask Dr. Haun to begin.

7 DR. HAUN: Hi. My name is Dr. Jolie Haun,
8 and I am representing James A. Haley Veterans'
9 Hospital and the University of Utah, with the
10 acknowledgement that I do not support the
11 recommendation of another trial.

12 I do think that there's something that has
13 actually not been discussed, nor is it listed on
14 this design option inquiries A through F, which is
15 the addition of qualitative inquiry with potential
16 patient and/or user consumer participants to not
17 only engage some of the questions that have come up
18 around the overreporting, but also preferences for
19 use, as well as needs along the different topics
20 that are addressed here, such as the pathway, as
21 well as the idea around timing which participants
22 would like to be able to engage in the process.

1 There has been little to no mention of
2 qualitative inquiry, so I do believe that mixed
3 methodologies are always a superior design, and I
4 have heard of no qualitative inquiry, and I do
5 think it would also speak to consumer demand for an
6 OTC application of this medication. Thank you.

7 DR. COYLE: Thank you, Dr. Haun.

8 Dr. Shaw, what would you like to share?

9 DR. SHAW: Hi. Thank you. Pamela Shaw.
10 I'd just like to respond to the question about if
11 this were of interest to the FDA, what kind of
12 design recommendations would there be. And I'd
13 like to emphasize what Dr. Catlin said, which is we
14 don't want to put in aspects of this study that
15 artificially increase adherence. I have concerns
16 about that reminder that happened every 4 days, as
17 this is supposed to be measuring actual use.

18 So to the best that it's possible, looking
19 at other studies that have used e-diary to
20 encourage the participants fill out a study
21 instrument; that participants need to remember the
22 protocol for the study they're in. Those sorts of

1 reminders can be helpful, but this is not a study
2 about increasing adherence, so I had some concerns
3 about the reminders were messing up the message.

4 I also had concerns that the device, the
5 e-diary technology, perhaps was not properly
6 tested. It's a little, I think, of the wild west
7 sometimes in the app world. So I would like to
8 see, if this were of interest to the FDA, that
9 there would be a proper pilot that would test the
10 diary in the matter it would be intended to be used
11 to catch any weird flaws that seem to compromise
12 the interpretation of previous studies, and even
13 completely invalidate; I think it was the OPTION
14 study where the e-diary had a total failure.

15 So I feel like a pilot is a very important
16 aspect, and even perhaps the credentials of the
17 vendor and past use of an instrument. All
18 instruments in a study, before they're launched on
19 hundreds or thousands of people, hopefully are
20 being properly tested. Those are my main comments.
21 Thank you.

22 I'm sorry. One last thing was the last

1 question F. If actual use interest is in whether
2 or not a participant contacted a healthcare
3 provider before or after starting, if that is of
4 interest in an actual use study, then that question
5 should be asked. That's my final comment. Thank
6 you.

7 DR. COYLE: Thank you, Dr. Shaw.

8 Dr. Baur?

9 In particular, I would also invite others
10 who have not yet spoken to get in line so that we
11 could wrap this question up, particularly around
12 items maybe C, D, and E, which we have not really
13 discussed in great detail yet -- or I'm sorry, B,
14 C, and D, which we have not discussed in great
15 detail.

16 Dr. Baur, you can go ahead.

17 DR. BAUR: Yes. Cynthia Baur, University of
18 Maryland. I would just add to the list the actual
19 stimulus itself, which as the FDA keeps reminding
20 us, is the label and any other consumer
21 information, because that is part of what goes into
22 the decision making and the consumer behavior. So

1 I would just make sure that any consumer
2 information that was included in any trial was on
3 this list as part of any consideration for changes.
4 Thank you.

5 DR. COYLE: Thank you.

6 Dr. Baron?

7 DR. BARON: Just to contribute a little bit
8 specifically to letter D, methods ensuring e-diary
9 data entry instructions are adequately
10 comprehended, one of the things that we have always
11 done is a teach-back mechanism. And I'm not sure
12 if that was done, and if it was, I'm sorry; I'm
13 Monday morning quarterbacking here. But teach-back
14 is one of the ways, during the screening, or that
15 point in time in which instructions are given, we
16 always make sure that teach-back is performed to
17 ensure that they understand. Thank you.

18 DR. COYLE: Thank you.

19 Dr. Shaw, did you have another comment?

20 DR. SHAW: No. Pamela Shaw, failure to
21 lower hand. Thank you.

22 DR. COYLE: You're acknowledged and

1 forgiven.

2 Maria Coyle from Ohio State University. I
3 will add one comment about the participant
4 compensation structure. I understand that there is
5 some concern that in the ACCESS study, payment was
6 linked to frequency of reporting or frequency of
7 adherence entries into the diary, and it does seem
8 like perhaps there might be some alternative ways
9 to reward or incentivize attention to the diary
10 that are not connected directly to number of
11 entries. So perhaps there are other ways to look
12 at milestones and, again, looking at other studies
13 that maybe have done this successfully to just
14 consider alternatives, would be worthwhile.

15 Are there any final comments from any of our
16 panelists regarding this study question?

17 While I wait to do that scan of our members,
18 I will just attempt to summarize that, again, the
19 panelists have a strong preference not to endorse a
20 repeat actual use study or ask the FDA to do that,
21 which was beyond really the scope of this question
22 but was expressed sincerely and frequently, so I

1 feel like it's important to reiterate that.

2 I think there are some elements of the study
3 design around the e-diary, particularly maybe
4 piloting a tool that would address some of the
5 uncertainties that we're seeing in the existing
6 study, maybe re-evaluating how best to compensate
7 participants that's not required on a number of
8 entries directly, and other ways to both inform use
9 of the platform but also to help participants in
10 asking for help when needed around use of the
11 product or use of the e-diary itself.

12 I also want to acknowledge the comment that
13 Dr. Catlin had made, and that was also supported by
14 many of our panelists that it is a very delicate
15 balance in having sufficient control to fully
16 understand the results, but also not so much that
17 you really interfere with the simulation of a
18 real-world environment. I think the panel
19 acknowledges those challenges and would, again, not
20 necessarily favor being too restrictive or too
21 controlling in the study design itself.

22 Not seeing other comments or others wishing

1 to speak, I'm going to move on to our discussion
2 question number 3.

3 This question asks the panel to discuss
4 whether there's sufficient information to conclude
5 consumers in the following scenarios will
6 appropriately deselect from norgestrel use; so
7 consumers with a history or current diagnosis of
8 breast cancer; consumers with abnormal vaginal
9 bleeding of undiagnosed etiology; and consumers who
10 are using other hormonal contraceptives.

11 I will begin by just asking the panel to
12 first identify if there are any questions around
13 the wording or language that needs to be clarified,
14 and we'll pause for just a moment.

15 (No response.)

16 DR. COYLE: Seeing none, I will now open the
17 floor for discussion.

18 Dr. Baron, please go ahead.

19 DR. BARON: Elma Baron. I think for
20 letter A, for consumers with a history of or
21 current diagnosis of breast cancer, we've heard
22 that this is really the one contraindication. I

1 think I was reassured yesterday when Dr. Goodwin
2 stated that the attitude of breast cancer
3 patients -- and, of course, I'm not an
4 oncologist -- is such that they are so preoccupied
5 with not getting breast cancer again, so they will
6 not be careless about taking anything that will
7 cause a recurrence of the breast cancer. So I just
8 wanted to make that moment. Thank you.

9 DR. COYLE: Thank you.

10 Dr. Armstrong, please share your comments, a
11 particularly if they're focused on that
12 sub-bullet A around the history of or diagnosis of
13 breast cancer.

14 DR. ARMSTRONG: Yes. Thank you. This is
15 Deb Armstrong. I just would echo what I think it
16 was Dr. Baron just said, which is that women with
17 breast cancer should or almost always are under the
18 care of an oncologist and avoiding hormonal
19 factors. Even in women with hormone receptor
20 negative breast cancer, it's something that we
21 really target, and I would think that any woman who
22 had breast cancer diagnosis in the past or who has

1 currently active breast cancer would be highly
2 aware of that. So I don't think that's going to be
3 a concern.

4 Since I'm on, I would just ask with the
5 bullet point B, if any of the gynecologists can
6 talk about what's abnormal vaginal bleeding,
7 particularly in an adolescent girl. Sometimes what
8 we call abnormal might actually not be all that
9 abnormal during adolescence.

10 DR. COYLE: Dr. Espey, do you have a
11 response for Dr. Armstrong's question.

12 DR. ESPEY: Yes, I do. Eve Espey,
13 University of New Mexico. That's a really good
14 question. I think the major concern about abnormal
15 vaginal bleeding of undiagnosed etiology is the
16 concern about cancer, either cervical cancer or
17 uterine cancer, both of which are extraordinarily
18 rare, certainly in young people. But even in older
19 women, it is unusual to have bleeding that would be
20 made worse by by taking the medication.

21 The concern is, do you delay diagnosis of
22 somebody who's got unscheduled bleeding, irregular

1 bleeding between periods, who might have
2 endometrial hyperplasia, thickening of the lining
3 of the uterus, or uterine cancer, because the
4 patient is taking this birth control pill? That
5 would be an unusual scenario, and the medication
6 that we typically use to treat hyperplasia is
7 progestin.

8 I'm not saying that it's an appropriate use
9 of the medication to utilize it in the absence of
10 an actual diagnosis of endometrial hyperplasia, but
11 I think the safety concern about missing patients
12 with this unexplained vaginal bleeding that
13 actually have an endometrial cancer is very, very
14 low. Abnormal vaginal bleeding, as was mentioned
15 by I think both the sponsor and the FDA, is one of
16 the most frequent reasons for visits by patients to
17 women's healthcare providers, and typically,
18 particularly in young people, is normal or at least
19 not dangerous.

20 DR. COYLE: Thank you, Dr. Espey.

21 I think thus far we've heard from several of
22 our panelists regarding the information provided

1 from clinical experience and their own training. I
2 think the specific discussion question probably is
3 intended to capture that, but also information from
4 the applicant's packet, the data from the actual
5 use study and the ACCESS study, and the additional
6 analysis completed by the FDA.

7 So if there are any individuals on our panel
8 who would like to speak to their interpretation of
9 that data and whether the information contained
10 therein is enough, either by itself or with
11 clinical expertise added in, to further bring us to
12 closure on this question, I would invite those now,
13 especially anyone who maybe has not spoken or has
14 thoughts that have not been shared.

15 (No response.)

16 DR. COYLE: So specifically, this really
17 goes back to that self-selection question that was
18 being addressed in the application, so we would
19 invite your thoughts on that.

20 (No response.)

21 DR. COYLE: I can begin. Maria Coyle. I
22 spent a few minutes this morning looking at this

1 side by side, between the FDA interpretation of the
2 ACCESS data and then the sponsor's interpretation,
3 and I think, for me, it was reassuring to have that
4 reanalysis and to look at some of those sensitivity
5 analyses. I felt that that information, although
6 viewed through a slightly different lens, was
7 overall quite confirmatory that patients who do not
8 really meet criteria for OTC use of the norgestrel
9 were largely not using it, to quite a large extent,
10 maybe with the possible exception of limited
11 literacy, where we don't necessarily know enough to
12 draw conclusions.

13 Some by my read, I was fairly comfortable,
14 especially given that there were multiple
15 viewpoints represented.

16 Dr. Haun?

17 DR. HAUN: Thank you. I would like to echo
18 your sentiments. I do think that the deselection
19 data that was presented by the ACCESS trial team
20 was compelling and supports that consumers with
21 contraindications would not use the
22 over-the-counter pill.

1 I could be mistaken on my recall, so I
2 invite others to correct me, but I believe what
3 I -- and if somebody has the ability to put up the
4 slide, that would be very helpful. But as I
5 recall, there were figures and I think maybe a
6 table that presented that data that indicated that
7 those thresholds for deselection were met. I don't
8 know if we can show those to the committee again.

9 I was trying to find it in the slide deck
10 while you were speaking, Dr. Coyle, and I was
11 unable to find it myself, but if anyone else could
12 present that slide, I think it might be helpful to
13 the committee. I believe there was actually one
14 based on limited literacy. I believe there may
15 have been one for adolescents, and possibly even
16 though it was the smaller -- the adolescents, I
17 believe, had the smaller sample, but I do believe
18 that was made available to us for viewing.

19 DR. COYLE: Yes. Dr. Horn, go ahead.

20 DR. HORN: We're going to try to pull up the
21 slides. This is Pamela Horn, DNP II. We're just
22 looking for the --

1 DR. HAUN: Thank you.

2 DR. HORN: -- correct slide number.

3 Can you bring us to slide 105 of the FDA
4 presentation?

5 (Pause.)

6 DR. HORN: We'll turn it back to the
7 committee to continue discussing if this is the
8 slide that Dr. Haun wanted.

9 (Pause.)

10 DR. COYLE: Dr. Horn, I think we're having a
11 little bit of trouble hearing you here. I don't
12 know if you could repeat that.

13 DR. HORN: Sorry. This is the slide that we
14 think Dr. Haun was referring to. Can you just
15 confirm? And please continue your discussion if
16 this is what you were looking for.

17 DR. HAUN: This is Dr. Jolie Haun with
18 James A. Haley Veterans' Hospital, University of
19 Utah. I recall that the slide that you showed
20 before this one showed that the thresholds were
21 exceeded for those with limited literacy, and I
22 don't know if the other committee members saw that,

1 but it was presented, though briefly, before this
2 slide. Then, as I recall, this was a very small
3 sample size, but it did give an indication of the
4 data available.

5 I think, based on what I'm seeing here, this
6 sample size is challenging for us to make any
7 conclusive statements, but as one of our
8 oncologists and colleagues mentioned previously,
9 this is going to be a very rare event that women
10 with breast cancer history would allow themselves
11 to be without clinical advice, based on their
12 current cancer diagnosis, opposed to needing a
13 physician to promote or contraindicate the use of
14 the birth control pill.

15 I believe that this data that's now
16 represented on the slide provides conclusive and
17 ample evidence that give us the ability to indicate
18 that individuals that are adolescents and/or have
19 low health literacy would deselect from the use.
20 Thank you.

21 DR. COYLE: Sponsor, would you like to
22 respond to that at all? I believe I saw your hand

1 up.

2 DR. LAURORA: Yes. We just wanted to show
3 the slide that we believe was being requested.

4 DR. COYLE: So you're comfortable with this
5 slide now that's been shared.

6 DR. LAURORA: Yes. Thank you.

7 DR. COYLE: Thank you.

8 And FDA, can I clarify, the slide that was
9 up previously -- so this question is for
10 FDA -- that was information that was really
11 relevant to a previous version of the Drug Facts
12 Label; so some adjustment has already been made in
13 response to that?

14 DR. HORN: This is Pamela Horn, DNPD II.

15 DR. COYLE: I'm sorry. We can't hear you,
16 Dr. Horn.

17 DR. HORN: Sorry. This is Pamela Horn,
18 DNPD II. I'm going to let Barbara Cohen respond to
19 that clarifying question.

20 MS. COHEN: This is Barbara Cohen, FDA.
21 Correct. The label version that was used in the
22 ACCESS study said "Do not use if you have any

1 cancer," and the current label says, "Do not use if
2 you have or ever had breast cancer, and then ask a
3 doctor before use if you had any cancer."

4 DR. COYLE: Thank you. I appreciate that
5 clarification.

6 Dr. Berlan?

7 DR. BERLAN: Hi. Elise Berlan, Ohio State
8 University, Nationwide Children's Hospital. Just
9 to comment on your request for thoughts on the
10 question in B, which is I'm looking at the FDA
11 slide 175 around self-selection for abnormal
12 vaginal bleeding and, to me, they found
13 34 participants reported unexplained vaginal
14 bleeding before use. And this is the FDA slide.
15 Twenty-seven percent did not report speaking to a
16 healthcare provider, but the flip of that, to me,
17 is 72 percent did report speaking to a healthcare
18 provider and, to me, I am reassured about this, and
19 I don't have additional concerns. And I've already
20 spoken around concomitant use of hormonal
21 contraceptives I think being clinically acceptable.
22 Thank you.

1 DR. COYLE: Thank you.

2 Are there other comments from the panel
3 regarding this discussion question? I'm doing a
4 scan of our virtual room here to be sure I have not
5 failed to recognize anyone.

6 Dr. Shaw?

7 DR. SHAW: This is just a quick
8 clarification -- Pamela Shaw -- with regards to the
9 label around vaginal bleeding. It's version H
10 that's being proposed in the submission, but I just
11 wanted clarity that those changes that included
12 changes around vaginal bleeding, was that tested in
13 any of those changes in H versus G, which was done
14 in the targeted selection study? Were those
15 changes evaluated or they're just newly submitted?

16 DR. COYLE: Dr. Horn, could you address
17 that?

18 DR. HORN: This is Pamela Horn, DNP II.
19 I'm going to ask Barbara Cohen to respond.

20 MS. COHEN: This is Barbara Cohen. Yes, the
21 change was evaluated.

22 DR. SHAW: Alright. Thank you very much for

1 clarifying my question. Thanks.

2 DR. COYLE: I don't see any further
3 panelists who are requesting input, so I will do a
4 brief summary, and then we'll let Dr. Horn speak
5 and perhaps close us out here.

6 What I have heard is that in addition to
7 just clinical experience, providing reassurance
8 that the data as presented by either the sponsor
9 and the FDA -- I guess presented from both
10 perspectives -- seemed overall to be quite
11 reassuring to panelists in that consumers with a
12 history or diagnosis of breast cancer were not
13 likely to be inadvertently or incorrectly selecting
14 to take the norgestrel, and more likely was a
15 scenario where a consumer might have abnormal
16 vaginal bleeding, and in that case, there was less
17 concern, given the data that was presented.

18 Dr. Horn, what would you like to add to this
19 before we wrap up these discussion questions?

20 DR. HORN: Thank you, Dr. Coyle. I'm going
21 to pass it to Dr. Murry.

22 DR. MURRY: Thank you. Karen Murry, deputy

1 director, Office of Nonprescription Drugs.

2 I just want to, first of all, thank the
3 panel for all of their extremely useful input, and
4 I just want to emphasize from the FDA that we
5 really realize how important it is that U.S. women
6 have increased access to effective contraception,
7 and I don't want any of our discussion or our
8 pointing out the deficiencies of the development
9 program to take away from that message. We realize
10 that it is extremely important, and we thank the
11 panel for their many comments that had to do with
12 their experience apart from their interpretation of
13 what the study showed.

14 We do want to point out, though, that when a
15 development program is proposed for a
16 nonprescription drug, we can't just approve it
17 based on the experience in the prescription setting
18 without the applicant doing adequate studies to
19 look at what's likely to happen in the
20 nonprescription setting. And it would have been a
21 much easier time for the agency if the applicant
22 had submitted a development program and an actual

1 use study that were very easy to interpret and did
2 not have so many challenges, but that was not what
3 happened for us.

4 So the FDA has been put in a very difficult
5 position of trying to determine whether it is
6 likely that women will use this product safely and
7 effectively in the nonprescription setting, but I
8 wanted to, again, emphasize that FDA does realize
9 how very important women's health is, and how
10 important it is to try to increase access to
11 effective contraception for U.S. women, and I'll
12 close with that.

13 DR. COYLE: Thank you.

14 Ms. Rosetti [Robotti], would you like to
15 make a comment?

16 (No response.)

17 DR. COYLE: I apologize. Ms. Robotti, would
18 you like to make a comment?

19 MS. ROBOTTI: [Indiscernible - audio
20 garbled].

21 DR. COYLE: Ms. Robotti, I'm sorry to
22 interrupt, but I'm afraid we can't hear you. We

1 see to have some connection difficulties your
2 audio.

3 MS. ROBOTTI: [Indiscernible].

4 (Pause.)

5 DR. COYLE: Ms. Robotti, would you like to
6 try again?

7 MS. ROBOTTI: [Indiscernible].

8 DR. COYLE: I'm sorry. It's still not
9 coming through. I apologize, but we aren't able to
10 hear your comment.

11 MS. ROBOTTI: [Indiscernible].

12 DR. COYLE: Ms. Robotti, I'm afraid we can't
13 understand that's coming through your audio, so
14 we'll have to move on. I'm afraid you're having
15 connection issues. I'm so sorry.

16 MS. ROBOTTI: Yes. Can you hear me?

17 DR. COYLE: We are not able to hear you.
18 I'm sorry.

19 MS. ROBOTTI: Can you not hear me?
20 [Indiscernible].

21 DR. COYLE: So unfortunately, we're going to
22 have to move on with the agenda due to that

1 connection, and we're not able to recognize or
2 understand what Ms. Robotti is sharing.

3 So at this point, I would like to summarize
4 and take a look back at these three discussion
5 questions. I think, overall, the panel is in favor
6 of the norgestrel tablet being used in a safe and
7 effective manner in both the general population and
8 some subpopulations, based on the information
9 presented by FDA and the sponsor, as well as a more
10 broad clinical experience.

11 The panel was not in favor, particularly, of
12 conducting another actual use study, but did have
13 some recommendations around perhaps improving the
14 methodology, particularly piloting use of an
15 e-diary platform or an app that might be more
16 sufficient to the needs of answering the study
17 questions, and possibly providing some support to
18 users of that platform during the study period, and
19 then feeling comfortable with the information
20 presented around deselection for those who may be
21 inappropriate users of the norgestrel, particularly
22 around the diagnosis or history of breast cancer or

1 vaginal bleeding, although that perhaps is more
2 skewed by clinical experience rather than the data
3 itself, but we did talk about both.

4 Can I ask, Dr. Horn, did we address
5 these questions sufficiently for FDA, or are there
6 additional conversations or questions that you
7 would like to pose for our consideration before we
8 move on to the vote?

9 DR. HORN: This is Pamela Horn, DNP II.
10 Yes, the discussion was adequate, and thank you all
11 for your contributions.

12 DR. COYLE: Thank you as well.

13 And just in summary, I guess I would also
14 like to say I appreciate the challenge presented by
15 this application, both the urgent need for access
16 to oral contraceptives, not limited only to
17 prescription access but also being true to the
18 process that has served us well in the United
19 States with OTC medications for these many, many
20 years.

21 I just appreciate that position and the due
22 diligence that everyone has shown in answering our

1 questions here on the panel and also the efforts of
2 the public speakers yesterday, truly a remarkable
3 discussion in my experience.

4 At this point, we're going to move on to the
5 next question, which is a voting question, and
6 Dr. Moon Hee Choi will provide the instructions for
7 voting.

8 DR. CHOI: Question 4 is a voting question.
9 If you are not a voting participant, you will be
10 moved to a breakout room. Voting members will use
11 the Zoom platform to submit their vote for this
12 meeting. After the chairperson has read the voting
13 question into the record and all questions and
14 discussions regarding the wording of the vote
15 question are complete, the chairperson will
16 announce that voting will begin.

17 A voting display will appear where you can
18 submit your vote. There will be no discussion
19 during the voting session. You will select the
20 radio button that is the round circular button in
21 the window that corresponds to your vote, yes, no,
22 or abstain. Please note that once you click the

1 submit button, you will not be able to change our
2 vote. Once all voting members have selected their
3 vote, I will announce that the vote is closed.
4 Please note that there will be a momentary pause as
5 we tally the vote results and return non-voting
6 members into the meeting room.

7 Next, the vote results will be displayed on
8 the screen. I will read the vote results from the
9 screen into the record. Thereafter, the
10 chairperson will go down the list, and each voting
11 member will state their name and their vote into
12 the record. You can also state the reason why you
13 voted as you did, if you want to; however, you
14 should also address any subparts of the voting
15 question, if any.

16 Are there any questions about the voting
17 process before we begin?

18 (No response.)

19 DR. CHOI: Thank you.

20 DR. COYLE: Dr. Choi, are we ready to
21 proceed? Is everyone in the breakout?

22 MR. SWETT: I will now begin opening the

1 breakout rooms.

2 (Voting.)

3 DR. CHOI: Voting has closed and is now
4 complete. After I read the results into the
5 record, the chairperson will go down the list, and
6 each voting member will state their name and their
7 vote into the record. You can also state the
8 reason why you voted as you did, if you want to;
9 however, you should also address any subparts of
10 the voting question, if any.

11 For the record, we have 17 yes, zero no, and
12 zero abstentions.

13 DR. COYLE: Thank you.

14 We will now go down the list and have
15 everyone who voted state their name and vote into
16 the record. You may also provide justification of
17 your vote, if you wish to. And in fact, in this
18 case, I would recommend that we do ask each
19 individual to provide their own reasoning for the
20 vote, and not just simply default to other reasons
21 that have been given previously. For example,
22 please do make sure each individual state why you

1 voted as you did, and give the specific reasoning
2 so that we may fully understand the rationale
3 behind this vote.

4 We'll start with Dr. Armstrong.

5 Dr. Armstrong?

6 DR. ARMSTRONG: Thank you. I voted yes. I
7 feel that the risks of unintended pregnancy is
8 lower with this approach than any of the other
9 available contraceptive approaches that women have
10 access to without seeing a healthcare provider. I
11 believe that the contraindication to use issues I
12 think will be well understood; thus, I voted yes.

13 I would also like to say that listening to
14 the eloquent and intelligent informed and
15 passionate individuals, who are mostly young and
16 mostly women, who presented at the open public
17 hearing restores my faith in the future.

18 DR. COYLE: Thank you.

19 Dr. Curtis?

20 DR. CURTIS: Kate Curtis, CDC. I voted yes,
21 and I voted yes because the evidence demonstrates
22 that the benefits clearly exceed the risks. The

1 benefits of moving Opill over the counter include
2 increased access to contraception, especially those
3 who face multiple barriers that we heard about
4 yesterday; reduction in unintended pregnancy and
5 associated risks and improved reproductive
6 autonomy; and improved equitable access to
7 contraception, which we've also heard about so
8 passionately yesterday. So for all of these
9 reasons, I think Opill has the potential to have a
10 huge positive public health impact.

11 With respect to risks, for safety, safety
12 was established 50 years ago when the original
13 approval was made, and the accumulating body of
14 evidence since then has shown that these pills are
15 safe with very few contraindications and long-term
16 safety concerns.

17 With effectiveness, effectiveness was also
18 established a few years ago, and while the methods
19 for assessing effectiveness and the population
20 characteristics have changed over the years, all of
21 the estimates that we heard about over the last two
22 days fall somewhere between 2 and 4 per hundred,

1 which is much lower than any of the other
2 over-the-counter products, and lower than the
3 generally accepted typical use failure rate of 7
4 for oral contraceptives received in a prescription
5 setting.

6 The large body of evidence on the safety and
7 effectiveness is very reassuring. The data
8 presented over the last two days from the applicant
9 on comprehension of the label and actual use were
10 also generally reassuring, even with the problems
11 with the data. And even for the subgroups of
12 younger adolescents and those with lower literacy,
13 those were the two groups that did sometimes have
14 some of the lower scores. Even for these groups,
15 the risk of harm is low and the potential for
16 benefit is high. So that's why I believe that the
17 evidence demonstrates that the benefits exceed the
18 risks. Thank you.

19 DR. COYLE: Thank you.

20 Dr. Baron?

21 DR. BARON: Elma Baron. I voted yes. I
22 believe, first, when we were asked to serve in this

1 panel, we were asked to scrutinize the evidence,
2 the data that was presented in this study, in this
3 trial, and to take into consideration the risks and
4 benefits of having this medication available as an
5 over-the-counter pill, so I'd like to speak to the
6 study first.

7 My concerns, number one, regarding the
8 breast cancer patient who failed to deselect was
9 what was most bothersome to me initially. As I've
10 mentioned earlier, I think I have been reassured
11 that this is not normal behavior of the breast
12 cancer population. The number two concern that I
13 had was the low representation of the low literacy
14 population.

15 I think the explanation that the REALM
16 method, the REALM assessment method, could
17 under-detect the low literacy population, so there
18 might actually be more than 14 percent, that's
19 represented in this study, so that is reassuring to
20 me. I still have questions, like most people,
21 about the improbable dosing but, again, as a
22 healthcare provider who lives weighing risks versus

1 benefits on a daily basis, I do think that in this
2 situation, the benefits outweigh the risks. Thank
3 you.

4 DR. COYLE: Thank you.

5 Ms. Everhart?

6 MS. EVERHART: Sabrina Everhart, patient
7 representative. Thank you to the FDA for the
8 opportunity to be part of this historical review.
9 I did vote yes with adolescent recommendations. I
10 agree that the efficacy and the safety profile has
11 definitely withstood the test of time and that the
12 DFL is appropriate for over the counter. I
13 understand the need for more options and access to
14 reproductive health. I believe the population
15 would benefit from this product over the counter
16 and could safely self-select.

17 However, I would like to say that I am
18 reserved about the data in adolescent and limited
19 literacy population and their ability to properly
20 make medical choices for this product for
21 themselves without guidance outside of the DFL
22 leaflet. If FDA does not approve this over the

1 counter for these reasons, it could be a reason to
2 consider behind-the-counter availability.

3 Also, with respect to public speaker
4 number 35 -- and I'm sorry, I missed her name; she
5 was a pharmacist -- I appreciated her input on the
6 pharmacy role here, as I had a lot of questions
7 regarding that particular topic that were answered,
8 so I thank you for that.

9 My recommendation could be maybe a public
10 awareness campaign by the sponsor designed
11 specifically for the adolescent population. That
12 falls within the over-the-counter regulations, so
13 thank you to the FDA for clarifying those
14 regulations.

15 Finally, I'd like to thank the public for
16 their comments, as it's an important part of my
17 decision process here as a patient representative.
18 I feel like the lack of adolescent and limited
19 literacy studies was my struggle here today, but
20 you also urged us to follow the science. Thus,
21 based on that data presented yesterday and today,
22 my recommendation stands with over-the-counter

1 approval, with considerations for young adolescents
2 or possible third-class considerations if denied by
3 the FDA. Thank you again.

4 DR. COYLE: Thank you.

5 Dr. Roth?

6 DR. ROTH: Thank you for the opportunity to
7 be on this panel. I agree with almost everything
8 that everyone else has said, so I'm going to try
9 not to repeat it too much. But I think the safety
10 profile of oral contraceptives, since their
11 inception and of the progesterone-only pills, were
12 very well established, so I think that the public
13 will be well served from a safety perspective.

14 The risks to women of an unintended
15 pregnancy are much greater than any of the things
16 we were discussing as risks of putting this pill
17 out over the counter. The history of women's
18 contraception is a struggle for women's control
19 over their reproduction, and we need to trust
20 women.

21 I think that the speakers yesterday,
22 especially the younger speakers, really brought

1 home to all of us how much more we have to do to
2 repair our broken health system and how poorly we
3 have made access to healthcare available for so
4 many young women, adolescents, and older women. To
5 the extent that approving this pill to be available
6 over the counter will go toward rectifying that, I
7 think it's a very important move. So thank you
8 very much, and I urge the FDA to approve the
9 over-the-counter availability of Opill. Thank you.

10 DR. COYLE: Thank you, Dr. Roth. And can
11 you just restate your vote for the record as well?

12 DR. ROTH: Sorry. I voted yes --

13 DR. COYLE: Thank you.

14 DR. ROTH: -- in favor of Opill's
15 application to have over-the-counter permission to
16 sell their drug. Thank you.

17 DR. COYLE: Thank you.

18 Dr. Espey?

19 DR. ESPEY: Thank you. I also really
20 appreciate the opportunity to be on the panel.
21 Eve Espey, University of New Mexico. I voted yes.
22 I do believe there's adequate information, both

1 from the sponsor and from prior evidence, that
2 consumers can use norgestrel safely and
3 effectively. Understanding the methodological
4 concerns, I do believe the sponsor has shown that
5 the single absolute contraindication was well
6 understood, and the track record of safety of POPs
7 for the 30 years that it was on the market is well
8 established. It would, therefore, I think take a
9 very high bar of concern to justify non-approval of
10 over-the-counter status, given what we know about
11 this medication.

12 I also was very moved by the testimony of
13 the public and agree with the strong endorsements
14 of our major professional organizations. My
15 personal experience practicing in a large rural
16 state, New Mexico, over the last 30 years, I see it
17 firsthand, people who face all of these barriers,
18 and who also experience the maternal morbidity and
19 mortality that goes along with unintended pregnancy
20 that I think was really eloquently expressed by
21 Dr. Glasier, and which is highly relevant to this
22 conversation.

1 So from my perspective, despite the FDA
2 concerns about the study design and differing
3 interpretations of the studies, the overall very
4 rare and unlikely harms are outweighed by the
5 tremendous benefits of improved access without any
6 restrictions. Thank you.

7 DR. COYLE: Thank you.

8 Dr. Berenson?

9 DR. BERENSON: I voted yes. I felt that
10 both sides did an excellent job of presenting the
11 data and the studies, and certainly gave us many
12 issues to think about, especially with regard to
13 the subpopulations. But overall, the data showed
14 that Opill is safe and effective to offer women as
15 an over-the-counter option, and the public comments
16 were very strong in showing the support and the
17 need for this change.

18 Access is an incredibly important issue to
19 women, especially now, and making this change to
20 over-the-counter hormonal contraception will
21 improve access and allow women to use more
22 effective methods. Thank you.

1 DR. COYLE: Thank you.

2 Dr. Pisarik?

3 DR. PISARIK: Paul Pisarik, and I voted yes
4 also. I'm not as eloquent as the other speakers on
5 this panel, but I feel the benefits of having a
6 more reliable oral contraceptive outweigh any risks
7 that might be involved in it. I am concerned a
8 little bit about the subpopulations, those with
9 limited literacy and adolescents. I'm sure it
10 won't be as effective for them, but it will still
11 be more effective than what's out there and
12 available right now.

13 DR. COYLE: Thank you.

14 Maria Coyle. I also voted yes in support of
15 the Rx-to-OTC switch for Opill, primarily because I
16 think in the balance between benefit and risk, we
17 have a hard time justifying not taking this action.
18 The benefits are large. The drug is incredibly
19 effective. I think it will be effective in the
20 over-the-counter realm just as it is in the
21 prescription realm, particularly given that there
22 may be minimal education occurring currently, even

1 for prescription users of some of these
2 medications, and that those populations of greatest
3 concern -- those with a history of breast cancer or
4 active breast cancer -- are already highly engaged
5 in the healthcare system. I think the risk of the
6 medication itself is incredibly low for the vast
7 majority of users, and the risk of unintended
8 pregnancy, while real, is less than that of
9 existing over-the-counter methods of birth control.

10 Like many of the other panelists here today,
11 I was incredibly moved by the public hearing
12 comments, and I'm also particularly sensitive to
13 the plight of the FDA having to follow a very
14 stringent process to ensure high quality of our
15 medication products, but also in the greater
16 context of where is the greatest good. So on
17 balance, I felt that the OTC switch served both the
18 public, as well as my patients in my own practice
19 settings the best; so I voted yes.

20 Dr. Berlan?

21 DR. BERLAN: Hi. Thank you. Elise Berlan,
22 Ohio State University, Nationwide Children's

1 Hospital. I vote yes on making Opill available
2 over the counter. From my perspective as an
3 adolescent medicine pediatrician, I understand that
4 barriers and access to contraceptives are real and
5 very harmful, and amplified in adolescence. These
6 inequities in access perpetuate inequities in
7 communities for neonatal and obstetric morbidity
8 and mortality, and also unfairly and unjustly
9 distribute the benefits of contraceptive use.

10 We should also keep in mind that the health
11 risk of pregnancy, which is the condition that
12 these products seem to prevent, is much greater
13 than the use of any contraceptive product, and this
14 is among the safest of the contraceptive products.
15 So given the evidence presented by the FDA and HRA
16 Pharma, the sponsor, I believe that women and
17 pregnancy capable people of all reproductive ages
18 will safely and effectively use the Opill, and the
19 potential benefits outweigh the risks of this
20 product.

21 I also wanted to emphatically state that I
22 do believe that adolescents will make good

1 decisions about their reproductive health, and we
2 can trust teens to make these decisions. So I do
3 recommend that the FDA make Opill available to
4 reproductive age women of all ages without delay.
5 Thank you.

6 DR. COYLE: Thank you.

7 Dr. Gass?

8 DR. GASS: My name is Margery Gass, and I
9 can echo the comments of all the other speakers so
10 far. I would just like to thank the FDA for
11 considering this product for over-the-counter use.
12 I think this represents a landmark in our history
13 of women's health. Unwanted pregnancies can really
14 derail a woman's life, and especially an
15 adolescent's life, so I'm very pleased that the FDA
16 is seriously considering this, and I look forward
17 to it being on the market.

18 DR. COYLE: Dr. Catlin?

19 DR. CATLIN: Yes. Jesse Catlin, Cal State,
20 Sacramento. I voted yes. The comments from the
21 various clinical experts I think clearly indicate
22 that the drug has a favorable safety profile and

1 strong public health benefits. Given my background
2 as a marketing professor and consumer behavior
3 researcher, I focused a lot of my attention on the
4 consumer studies, and certainly while there was
5 some very valid concerns, I believe the limitations
6 of the studies were acknowledged and subject to a
7 very thoughtful analysis by both the sponsor and
8 the FDA.

9 So taken together with the methodological
10 trade-offs that we know exist in these studies, I
11 think that the results are sufficient to convince
12 me that the benefits of the switch outweigh the
13 risks. I'd also like to say that I'm hopeful that
14 if the FDA approves the switch, that the presence
15 of an OTC oral contraceptive will lead to improved
16 public knowledge about these products, and that
17 this should have a compounding positive impact on
18 consumers' ability to use these products safely and
19 effectively, that goes well beyond what we even see
20 here today.

21 DR. COYLE: Thank you.

22 Ms. Robotti?

1 MS. ROBOTTI: Hi. Suzanne Robotti. Can you
2 hear me?

3 DR. COYLE: Yes.

4 MS. ROBOTTI: Great.

5 I voted in favor of moving the product from
6 Rx to OTC. I support having sponsoring companies
7 meet or exceed the standards set by the FDA;
8 however, that often doesn't happen in these
9 advisory committees because of mitigating
10 circumstances.

11 The comprehension for primary selection,
12 deselection, and purchase decisions came out pretty
13 well. The areas in which the research seems short
14 have to do with actual use after purchase. I say
15 it seems short because we have no research to which
16 we can compare the data. We have no proof that
17 women received complete counseling when prescribed,
18 or that they are in a situation where they feel
19 comfortable asking questions. We have no way of
20 knowing that they are better or worse in actual
21 use.

22 I believe it was Dr. Glasier who offered two

1 studies that support imperfect compliance,
2 pharmaceutically, in prescribed oral pills
3 compliance, even with reminders. We also know
4 there are a lot more unintended pregnancies than
5 expected if oral contraceptives were consistently
6 used appropriately.

7 The comment I could not make earlier due to
8 a tech problem was, in response to the FDA comment
9 that the sponsor's ACCESS data was not of a quality
10 that they wanted, even if we had perfect data,
11 without context, is it really useful? How to
12 interpret the data with appropriate targets
13 supported by research was not there. Is anyone
14 here really comfortable with research that has no
15 control group or comparison study? So that was a
16 little bit doomed, I feel, from the start. I
17 believe that is a mitigating factor, and the reason
18 that the uncertain results of the ACCESS study
19 should not impede approval.

20 In terms of safety, the standards for
21 approving the Opill would be different today, yes,
22 but that is true for many drugs, including other

1 oral contraceptives. I'm not sure why the FDA
2 brought that issue up in their presentation when
3 it's not a topic for conversation in this group, in
4 this meeting. I found the selecting and
5 deselecting results to be acceptable.

6 Access is the most important issue. I was
7 struck by the sponsor's chart on OTC birth control
8 methods versus prescription options. The methods
9 available OTC are less effective. They need
10 participation by both partners and, frankly, they
11 also need explanation, and even practice, to use
12 appropriately. The Opill use instructions are no
13 more difficult to understand and apply than the
14 products available by OTC, and the Opill is much
15 more effective.

16 Pregnancy is a dangerous, physical risk in
17 America and should be a choice, not a trap. POPs
18 are more effective than other products offered OTC.
19 More women are likely to be harmed by an unplanned
20 pregnancy and unwanted pregnancy than by the side
21 effects of POP. So once again, I support the
22 transfer to OTC. Thank you.

1 DR. COYLE: Thank you.

2 Dr. Baur?

3 DR. BAUR: Cynthia Baur. I voted yes. We
4 heard a lot about the drug itself over the last day
5 and a half. The FDA team asked us to think about
6 this, really, as a risk communication challenge,
7 though, and as a director of a center focused on
8 health literacy, of course I was very interested in
9 the comprehension data and the extent to which
10 comprehension transferred into actions.

11 So do I think that we got perfect data? No.
12 Do I think it was a perfect study? No. Do I think
13 it was adequate to feel reassured that a large
14 number of people can use this drug as intended?
15 Yes. I would encourage, however, the FDA to
16 continue to raise the bar and continue to ask
17 sponsors to bring in better data about
18 comprehension.

19 I do want to note that while it is admirable
20 that FDA is focused on limited literacy as one of
21 the special populations, limited literacy and
22 limited health literacy are not the same, and it

1 would be really important in future studies to make
2 sure that sponsors are very clear on which
3 populations they're including, and which measures
4 they're using, and what kind of data they're
5 providing.

6 So overall, I do think as a risk
7 communication situation, the benefits outweigh the
8 risks, and that's why I voted yes. Thank you.

9 DR. COYLE: Thank you.

10 Dr. Shaw?

11 DR. SHAW: Hello. Pamela Shaw, and I also
12 voted yes. I think that the benefits outweigh the
13 risks, given the overall safety profiles of the
14 drug, and good levels of self-selection and
15 deselection, particularly for the breast cancer
16 survivors. I acknowledge there were some concerns
17 due to some vulnerable subgroups -- the low
18 literacy, the very young adolescents -- regarding
19 comprehension and whether or not they understood
20 how to use the drug effectively, but I feel like
21 the concerns related to lack of access and the
22 consequences there outweighed the concerns pointed

1 out by some of the low literacy challenges on
2 certain questions.

3 I would like to acknowledge that the
4 difficult position the FDA was put in by the
5 compromised actual use study, and I think if the
6 interest of women could be served by getting more
7 data, or the FDA feels like they need more data, I
8 hope it could be done in a way that was concurrent
9 with approval and did not slow access to this drug,
10 because I think, overall -- and the public
11 statements, really, I think helped put this in
12 perspective. In terms of the risks we're weighing
13 here, I think the benefits do largely outweigh any
14 risks. Thank you.

15 DR. COYLE: Thank you.

16 Dr. Haun?

17 DR. HAUN: Thank you. I, Jolie Haun, vote
18 yes in support of the approval for the
19 over-the-counter use for the Opill medication,
20 birth control. I believe that the efficacy and
21 safety of this birth control form was established
22 over half a century ago, and we now have been

1 presented with ample data presenting and
2 demonstrating the effective safe use and benefits
3 of this medication for the people who want to have
4 access to reproductive autonomy.

5 I do appreciate the scrutiny of the FDA
6 board, and I understand that all studies can be
7 improved upon, and knowledge base can always be
8 advanced through further investigation. However,
9 based on what we have available to us at this time,
10 the benefit of Opill being available to diverse
11 populations, including adolescents and those with
12 limited literacy, is in demand, and we do have the
13 data that reflects the ability to make this
14 medication and birth control pill available over
15 the counter. We can take this opportunity to
16 increase access, reduce disparities, and most
17 importantly, increase the reproductive autonomy of
18 the women of our nation. I vote yes. Thank you
19 for your time.

20 DR. COYLE: Thank you.

21 And Dr. Walker-Harding?

22 DR. WALKER-HARDING: Hi. Thank you. I

1 voted yes, and some of the reasoning is I do think
2 even though this study had limitations, I'd be
3 hard-pressed to find a study that won't have
4 limitations, considering how it needs to be
5 conducted to get some resemblance of real-world
6 use.

7 I found that what we did find, even with the
8 limitations, was very reassuring; that this safe
9 and effective medication can be used by all ages,
10 in particular adolescents and those with limited
11 literacy. And with the knowledge that adolescents,
12 even young adolescents, make the same decisions
13 that adults make with medical information given to
14 them, I see no reason to single them out to not
15 have it available, even for the youngest
16 adolescents, especially given adolescents have the
17 lowest risk profile, again, given breast cancer is
18 the only contraindication to taking this
19 medication, and that is exceptionally rare in the
20 adolescent age group.

21 Also, there's no evidence that the risk of
22 using the medication properly is better managed

1 with having a medical professional there. There's
2 no evidence of that. And what we do see really
3 affirms that the use is very similar to what we
4 know has happened in the past with prescription
5 medication real use -- with oral contraceptive
6 prescription use. So I see no reason to withhold
7 this for even the youngest adolescents who can
8 assess when they need that and use it
9 appropriately. And if they don't use it
10 appropriately, the safety profile is such that
11 there is very little to no risk with that.

12 I also think it's very telling that public
13 speaking providers and those here on the voting
14 panel who care for adolescents and other women who
15 have this need for contraceptives do not want to be
16 a barrier to this, and do not want to have to be
17 the ones that are withholding a needed medication
18 for women and there's low access. And knowing that
19 you are the barrier to a young person being able to
20 make a decision about their body is very upsetting.

21 I really hope that we can get this approved
22 and over the counter as soon as possible so that

1 more people aren't harmed by the lack of ability to
2 make a decision on what they want to do with their
3 body. Thank you.

4 DR. COYLE: Thank you.

5 Thank you to all the panelists, and just to
6 summarize, we have a unanimous vote of our
7 17 voting members today to recommend the
8 applicant's proposal to switch Opill from Rx to OTC
9 status.

10 Before we adjourn, are there any last
11 comments from FDA?

12 DR. HORN: Pamela Horn, DNPD II director. I
13 just want to thank the panel so much for all of
14 your careful consideration of the data, and for
15 taking the time to explain your vote carefully to
16 us. We paid very careful attention, and we
17 appreciate the time you spent reviewing this
18 application and giving us the expert advice that we
19 wanted from the meeting, so thank you all.

20 **Adjournment**

21 DR. COYLE: Thank you, Dr. Horn, and I would
22 would just echo the time and attention each of the

1 panelists has given over the last few days, even
2 tolerating some of our overruns on the agenda to
3 make sure that everyone was heard, including all of
4 the members of the public who were advocating so
5 strongly on their own behalf and others' behalf
6 yesterday. I also want to thank the sponsor and
7 the FDA for putting such preparation and thoughtful
8 care into preparing the materials for us to
9 consider, as it certainly is a lot of data, and
10 those multiple viewpoints were much appreciated as
11 we considered both the FDA's questions, but also
12 the overall context of this switch to OTC that we
13 were weighing in on.

14 So given that, I will thank you all one
15 final time and now adjourn the meeting. Take care.

16 (Whereupon, at 1:48 p.m., the meeting was
17 adjourned.)
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22