

Overview of the Management of Stage II-III Rectal Cancer

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Outline

- Background on Rectal Cancer
- Current Treatment Paradigms
- Non-Operative Management
- Future Research



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Estimated New Cancer Cases in the US in 2023

Siegel, RL. CA: Cancer J Clin 2023; 73: 17-48.

Male			Female		
Prostate	288,300	29%	Breast	297,790	31%
Lung & bronchus	117,550	12%	Lung & bronchus	120,790	13%
Colon & rectum	81,860	8%	Colon & rectum	71,160	8%
Urinary bladder	62,420	6%	Uterine corpus	66,200	7%
Melanoma of the skin	58,120	6%	Melanoma of the skin	39,490	4%
Kidney & renal pelvis	52,360	5%	Non-Hodgkin lymphoma	35,670	4%
Non-Hodgkin lymphoma	44,880	4%	Thyroid	31,180	3%
Oral cavity & pharynx	39,290	4%	Pancreas	30,920	3%
Leukemia	35,670	4%	Kidney & renal pelvis	29,440	3%
Pancreas	33,130	3%	Leukemia	23,940	3%
All sites	1,010,310		All sites	948,000	

**Total estimated new cases of
rectal cancer in 2023:
46,050**

Microsatellite instability-high (MSI-H) accounts for 2-3% of all rectal cancer.¹⁻⁵

- Almost all are due to Lynch Syndrome**
- MSI-H seen in up to 10% of young-onset rectal cancers⁶**

¹ Marabelli M, et al. *Dig Liver Dis* 2020; 52: 1503-11.

² Oh CR, et al. *Clin Colorectal Cancer* 2018; 17(4): e679-85.



³ Samowitz WS, et al. *Cancer Causes Control* 2009; 20: 1763-68.

⁴ Nilbert M, et al. *Eur J Cancer* 1999; 35(6): 942-45.

⁵ Ishikubo T, et al. *Cancer Lett* 2004; 216: 55-62.

⁶ Gryfe R, et al. *N Engl J Med* 2000; 342: 69-77.

Estimated Cancer Deaths in the US in 2023

Male					Female		
Lung & bronchus	67,160	21%			Lung & bronchus	59,910	21%
Prostate	34,700	11%			Breast	43,170	15%
Colon & rectum	28,470	9%			Colon & rectum	24,080	8%
Pancreas	26,620	8%			Pancreas	23,930	8%
Liver & intrahepatic bile duct	19,000	6%			Ovary	13,270	5%
Leukemia	13,900	4%			Uterine corpus	13,030	5%
Esophagus	12,920	4%			Liver & intrahepatic bile duct	10,380	4%
Urinary bladder	12,160	4%			Leukemia	9,810	3%
Non-Hodgkin lymphoma	11,780	4%			Non-Hodgkin lymphoma	8,400	3%
Brain & other nervous system	11,020	3%			Brain & other nervous system	7,970	3%
All sites	322,080				All sites	287,740	



AJCC TNM Staging Classification 8th Ed. (2017)

T Primary Tumor

TX Primary tumor cannot be assessed

T0 No evidence of primary tumor

Tis Carcinoma *in situ*: intramucosal carcinoma (involvement of lamina propria with no extension through muscularis mucosae)

T1 Tumor invades the submucosa (through the muscularis mucosa but not into the muscularis propria)

T2 Tumor invades the muscularis propria

T3 Tumor invades through the muscularis propria into pericolorectal tissues

T4 Tumor invades* the visceral peritoneum or invades or adheres** to adjacent organ or structure

T4a Tumor invades* through the visceral peritoneum (including gross perforation of the bowel through tumor and continuous invasion of tumor through areas of inflammation to the surface of the visceral peritoneum)

T4b Tumor directly invades* or adheres** to adjacent organs or structures

N Regional Lymph Nodes

NX Regional lymph nodes cannot be assessed

N0 No regional lymph node metastasis

N1 One to three regional lymph nodes are positive (tumor in lymph nodes measuring ≥ 0.2 mm), or any number of tumor deposits are present and all identifiable lymph nodes are negative

N1a One regional lymph node is positive

N1b Two or three regional lymph nodes are positive

N1c No regional lymph nodes are positive, but there are tumor deposits in the subserosa, mesentery, or nonperitonealized pericolic, or perirectal/mesorectal tissues

N2 Four or more regional lymph nodes are positive

N2a Four to six regional lymph nodes are positive

N2b Seven or more regional lymph nodes are positive

M Distant Metastasis

M0 No distant metastasis by imaging, etc.; no evidence of tumor in distant sites or organs. (This category is not assigned by pathologists)

M1 Metastasis to one or more distant sites or organs or peritoneal metastasis is identified

M1a Metastasis to one site or organ is identified without peritoneal metastasis

M1b Metastasis to two or more sites or organs is identified without peritoneal metastasis

M1c Metastasis to the peritoneal surface is identified alone or with other site or organ metastases

Staging Studies

- MRI pelvis
 - Determine T and N stage, circumferential resection margin (CRM) status
 - Endorectal ultrasound if MRI contraindicated
- CT chest, abdomen
 - Determine M stage
- CEA tumor marker
- Mismatch repair (MMR) testing
- Multidisciplinary team evaluation
 - Medical oncology
 - Radiation oncology
 - Colorectal surgery
 - Radiologist

	T	N	M
Stage 0	Tis	N0	M0
Stage I	T1, T2	N0	M0
Stage IIA	T3	N0	M0
Stage IIB	T4a	N0	M0
Stage IIC	T4b	N0	M0
Stage IIIA	T1-T2	N1/N1c	M0
	T1	N2a	M0
Stage IIIB	T3-T4a	N1/N1c	M0
	T2-T3	N2a	M0
	T1-T2	N2b	M0
Stage IIIC	T4a	N2a	M0
	T3-T4a	N2b	M0
	T4b	N1-N2	M0
Stage IVA	Any T	Any N	M1a
Stage IVB	Any T	Any N	M1b
Stage IVC	Any T	Any N	M1c



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NCCN Guidelines for Rectal Cancer (v4.2022)

CLINICAL STAGE

T3, N any
with clear
CRM (by
MRI)^m;
T1-2, N1-2

TOTAL NEOADJUVANT THERAPY (PREFERRED)

FOLFOX or CAPEOX
(12–16 wk)

or

Long-course chemo/RT^{q,r}
• Capecitabine^p or
infusional 5-FU^p
or
Short-course RT^{r,u}

Long-course chemo/RT^{q,r}
• Capecitabine^p or
infusional 5-FU^p
or
Short-course RT^u

Chemotherapy
(12–16 wk)
• FOLFOX or CAPEOX

Restaging^c
(best tumor
response 8 wk
after completion
of RT)

Restaging^c

PRIMARY TREATMENT

**Transabdominal
resection^{i,v}**

Surveillance
([REC-11](#))

**Resection
contraindicated**

Systemic therapy^w
([REC-F](#))

NEOADJUVANT THERAPY

Long-course chemo/RT^{q,r}
• Capecitabine^p or
infusional 5-FU^p
or
Short-course RT^{r,u}

**Consider
restaging^c**
(best tumor
response 8 wk
after completion
of RT)

PRIMARY TREATMENT

**Transabdominal
resection^{i,v}**

**Resection
contraindicated**

ADJUVANT TREATMENT^{c,q,r}

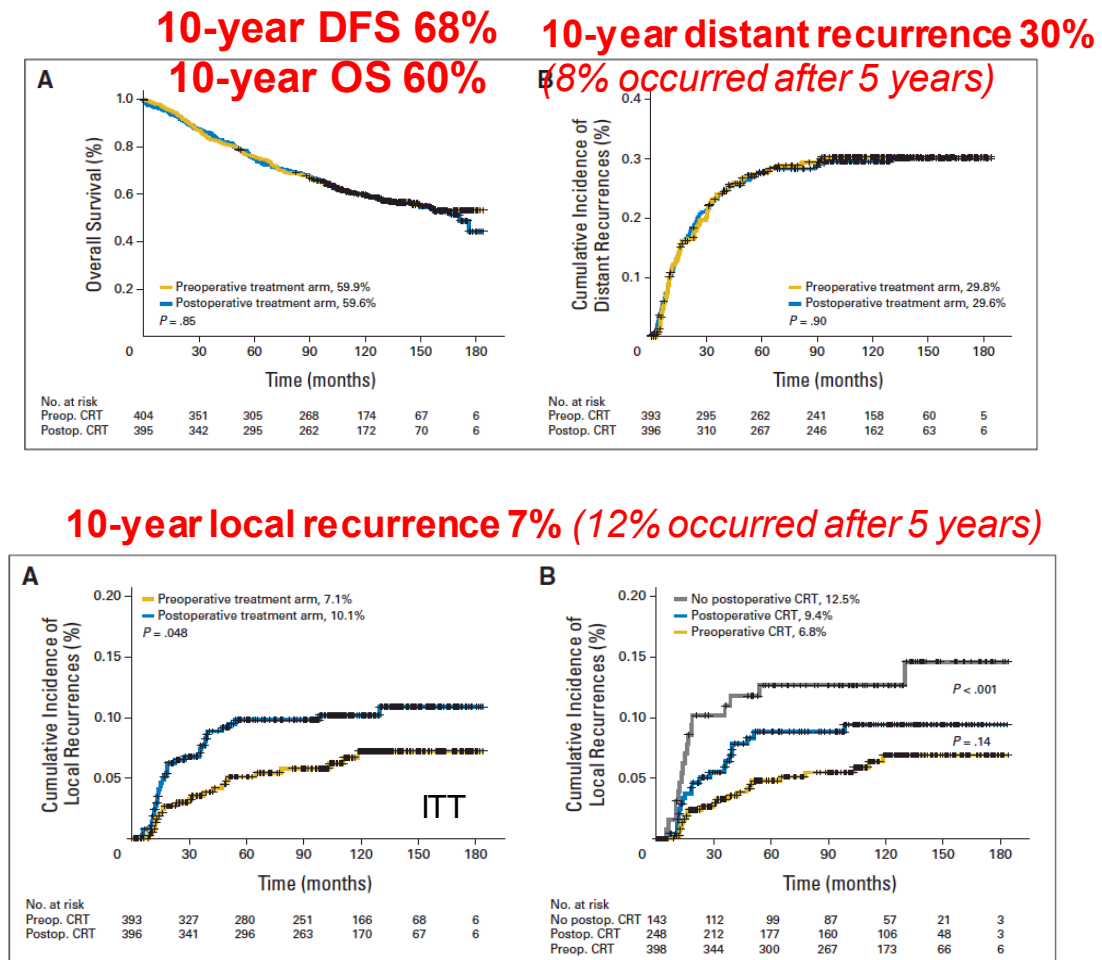
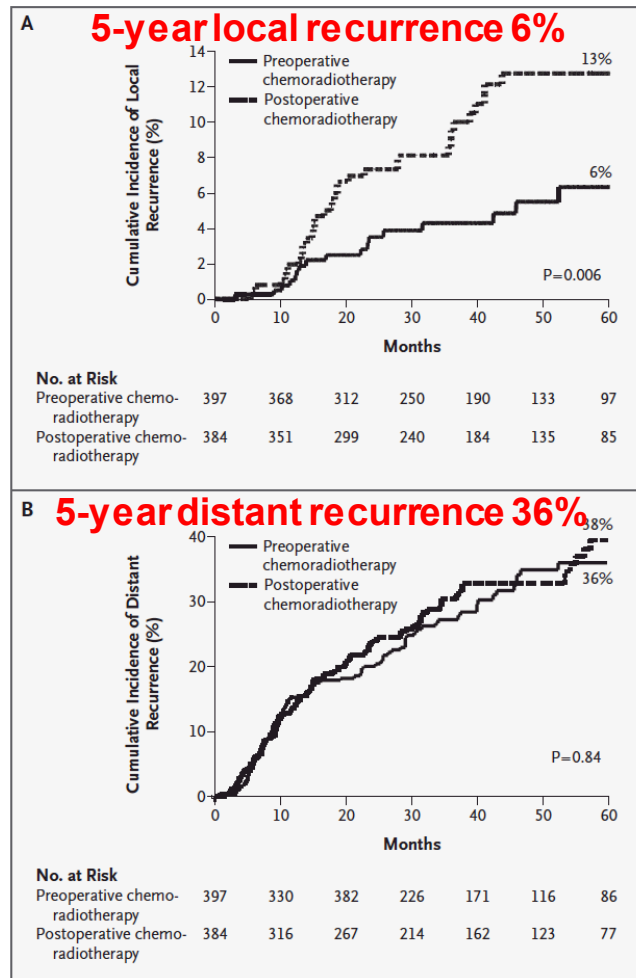
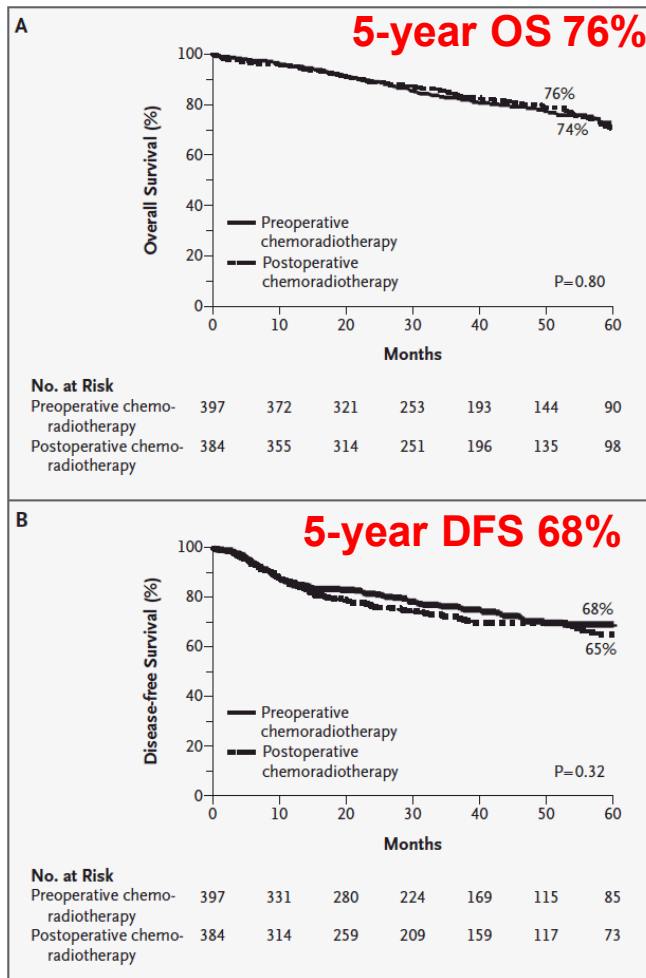
**FOLFOX or
CAPEOX**
(12–16 wk)

Surveillance
([REC-11](#))

Systemic therapy^w
([REC-F](#))

The Historical Standard of Care (SOC): German Rectal Cancer Study Group Trial

PRIMARY ENDPOINT





Emergence of Total Neoadjuvant Therapy (TNT)

- Improved tolerance and completion of chemotherapy
- Higher rates of downstaging, facilitating R0 resection
- Higher rates of pathologic complete response
- Potential for non-operative management
- Minimizes length of time with ileostomy
- Addresses micrometastases with earlier use of systemic chemotherapy

Selected Phase II-III Trials of TNT vs. SOC

TRIAL	PATIENTS	TNT	SOC	MEDIAN F/U TIME (YEARS)	3-YEAR DFS (%)	3-YEAR OS (%)	PATH CR (%)	3-YEAR LOCO-REGIONAL RELAPSE (%)	3-YEAR DISTANT METASTASIS (%)
Spanish GCR-3 (n=108) ^a	T3-4 or N+, middle 1/3 or distal	Chemo→LCRT→TME	LCRT→TME→chemo	5.8	TNT: 62* SOC: 64* P=0.85	TNT: 75* SOC: 78* P=0.64	TNT: 14 SOC: 13 --	TNT: 5* SOC: 2* P=0.61	TNT: 23%* SOC: 21%* P=0.79
POLISH II (n=515) ^b	Fixed T3 or T4	SCRT→chemo→TME→(chemo)	LCRT/FLOX→TME→(chemo)	3	TNT: 53 SOC: 52 P=0.85	TNT: 73 SOC: 65 P=0.05	TNT: 16 SOC: 12 P=0.17	TNT: 22 SOC: 21 P=0.82	TNT: 30 SOC: 27 P=0.25
RAPIDO (n=912) ^c	T4N2, other high-risk	SCRT→chemo→TME	LCRT→TME→(chemo)	3	TNT: 24** SOC: 30** P=0.02	TNT: 89 SOC: 89 P=0.59	TNT: 28 SOC: 14 P<0.001	TNT: 9 SOC: 6 P=0.09	TNT: 20 SOC: 27 P=0.005
PRODIGE 23 (n=461) ^d	T3-4	FOLFIRINOX→LCRT→TME→FOLFOX	LCRT→TME→chemo	3	TNT: 76 SOC: 69 P=0.03	TNT: 91 SOC: 88 P=0.08	TNT: 28 SOC: 12 P<0.001	TNT: 4 SOC: 6 P=0.56	TNT: 17 SOC: 25 --
STELLAR (n=599) ^e	T3-4 or N+, middle 1/3 or distal	SCRT→chemo→TME→chemo	LCRT→TME→chemo	3	TNT: 65 SOC: 62 P=0.88***	TNT: 87 SOC: 75 P=0.03	TNT: 22 [#] SOC: 12 P=0.002	TNT: 8 SOC: 11 P=0.46	TNT: 23 SOC: 25 P=0.48

* 5-year outcome

** Disease-related treatment failure

*** Non-inferiority

Includes sustained cCR

^a Gernandez-Martos C, et al. *Ann Oncol* 2015; 26: 1722-28.

^b Bujko K, et al. *Ann Oncol* 2016; 27: 834-42.

^c Bahadoer RR, et al. *Lancet Oncol* 2021; 22: 29-42.

^d Conroy T, et al. *Lancet Oncol* 2021; 22: 702-15.

^e Jin J, et al. *J Clin Oncol* 2022; 40: 1681-92.





Summary of TNT Data to Date

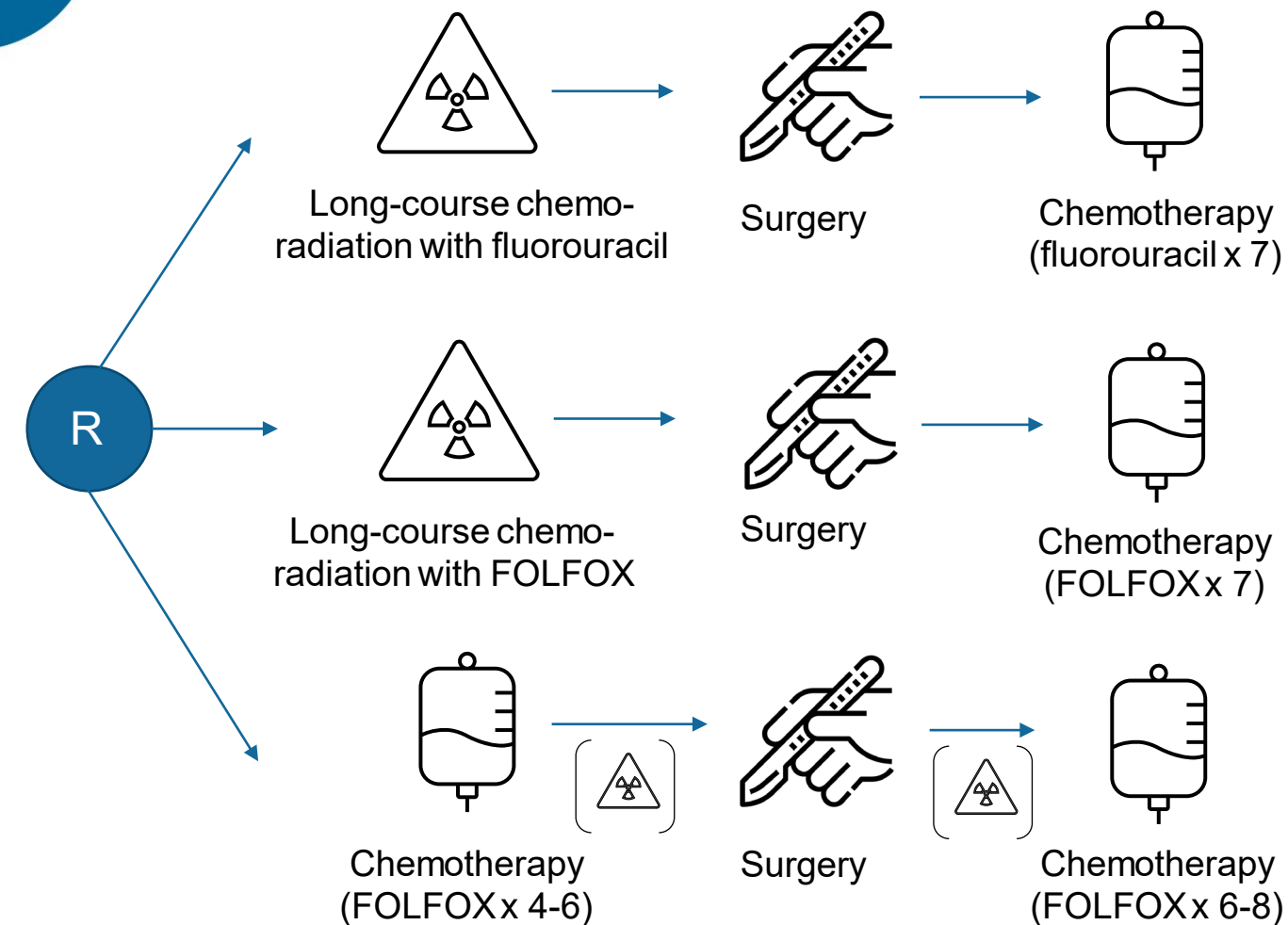
- **Benefits:**
 - Higher pathologic CR rates
 - Better compliance with treatment
 - Improved DFS in some studies
- **Disadvantages:**
 - May result in over-treatment
 - No difference in sphincter-sparing surgery and ileostomy rate
 - No OS benefit
- **Insufficient data to conclude superiority over SOC**
 - No difference in locoregional failure, inconclusive data on 3-year DFS
 - No long-term DFS or OS data
 - Heterogeneous populations, treatments, and endpoints included in trials
 - No known biomarkers to improve patient selection



Treatment for Rectal Cancer is Toxic

- Bowel dysfunction
- Urinary dysfunction
- Sexual dysfunction
- Infertility
- Permanent ostomy
- Body image issues

Can Radiation Be Eliminated?

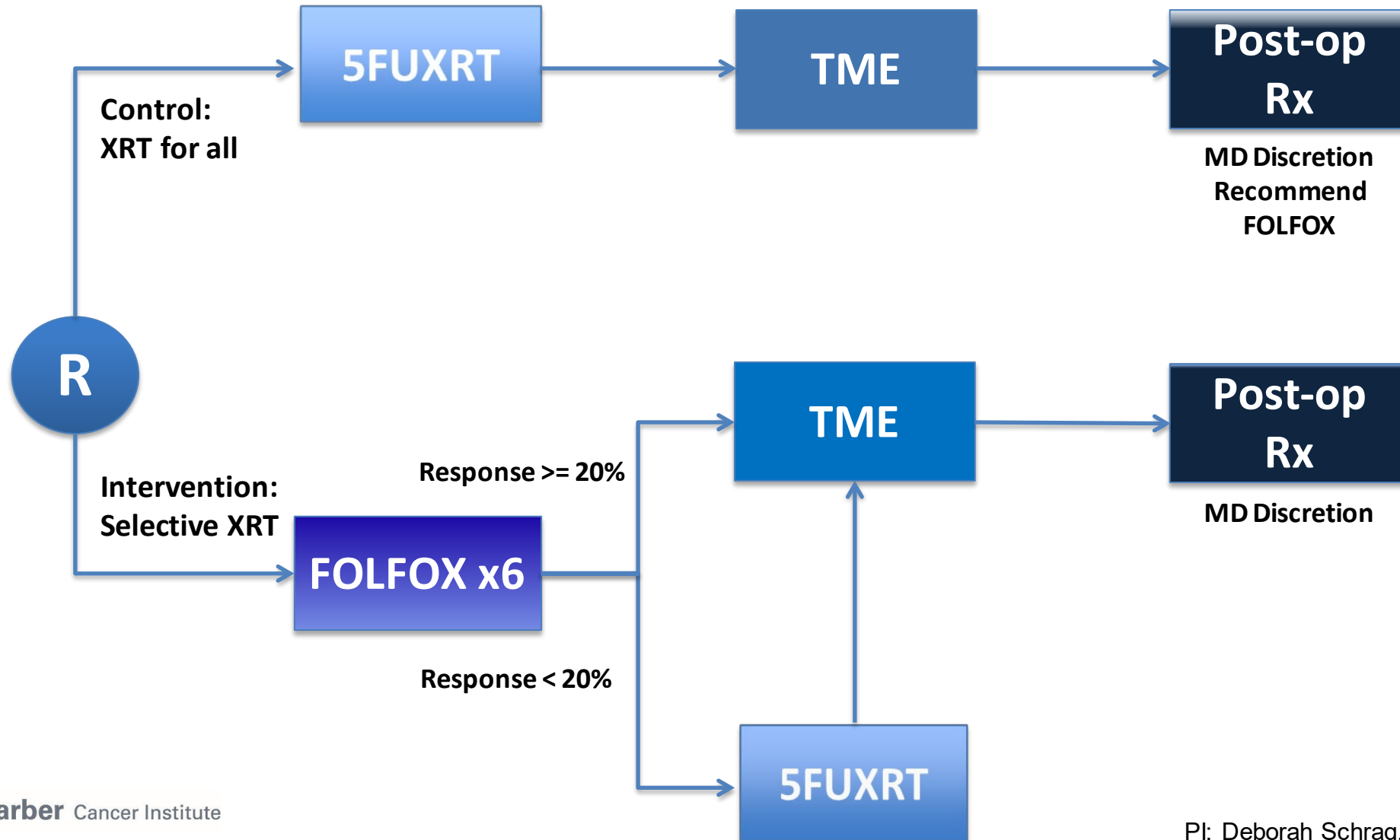


FWARC TRIAL

FWARC (N=495)	CHEMO	CRT	SOC	P VALUE
Eligibility criteria	T3-4 and/or N+			--
Median follow-up time	45.2 months			--
3-year DFS (%)*	73.5	77.2	72.9	0.71
Path CR rate (%)	6.5	27.5	14.0	
3-year locoregional relapse (%)	8.3	7.0	8.0	0.87
3-year OS (%)	90.7	89.1	91.3	0.97

* Primary endpoint

PROSPECT N1048: Phase II/III Trial of Selective Preoperative Radiation





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International Watch and Wait Database (IWWD)

- International multi-center observational registry study
- Heterogeneous study population (cT1-4 N0-2)
- Non-uniform staging and response assessment methods
- Variable treatment strategies

IWWD (N=880)	
Eligibility criteria	Avoided TME and had cCR
Median follow-up time	3.3 years
2-year tumor regrowth rate (%)*	25.2
5-year disease-specific survival (%)	93.8
3-year distant metastases (%)	8.1
5-year OS (%)	84.7
Timepoint of response assessment (from treatment start)	Not available

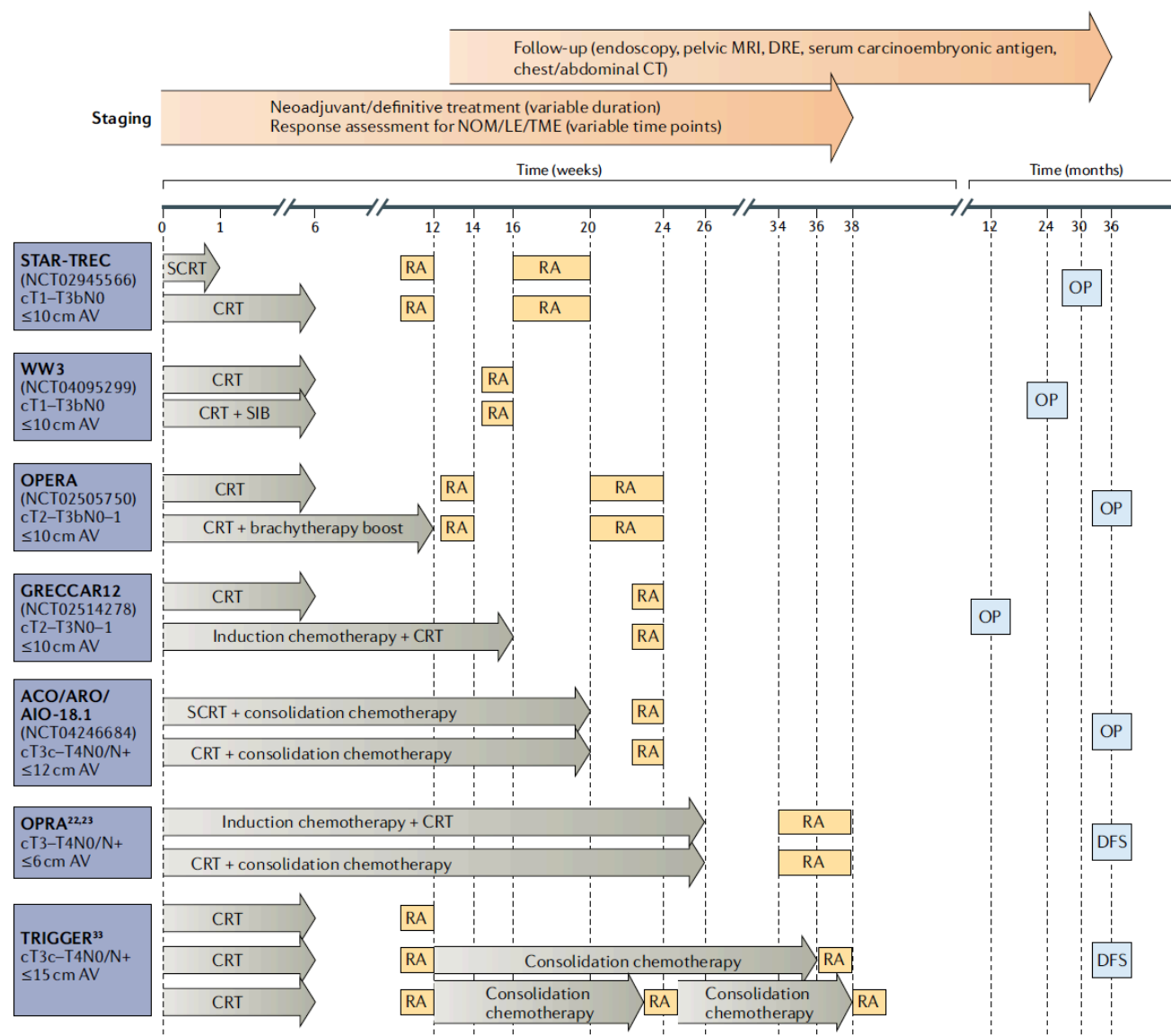
* Primary endpoint

- 64% diagnosed within 1 year
- 88% within 2 years
- 18% also had distant metastases
- • 78% received TME, 22% local excision
- • 11% diagnosed within 1 year
- 54% within 2 years
- 75% within 3 years

Selected Randomized Trials of NOM (T3-4 N0-2)

Study details ^{a,b}	Disease stage and other clinical features	Treatment schedule	RA time point	Primary end point
ACO/ARO/AIO-18.1, phase III (NCT04246684) n = 702	cT3c–T4N0–2, ≤12 cm AV	SCRT followed by consolidation FOLFOX and TME surgery (or NOM for patients with a cCR) vs CRT followed by consolidation FOLFOX and TME (or NOM for patients with a cCR)	24 weeks after treatment start	3-year organ preservation
OPRA ^{22,23} , phase II n = 300	cT3–T4N0–2, ≤6 cm AV	Induction mFOLFOX6 followed by CRT and surgery or NOM vs CRT followed by consolidation mFOLFOX6 and surgery or NOM	34–38 weeks after treatment start	3-year DFS
TRIGGER ³³ , phase II/III n = 90	cT3c–T4N0–2, ≤15 cm AV	CRT followed by surgery and adjuvant CAPOX or FOLFOX vs CRT followed by either NOM (mrTRG I–II) or CAPOX or FOLFOX (mrTRG III–IV) and restaging with subsequent NOM or surgery (depending on mrTRG at restaging)	12, 24 and 36–38 weeks after treatment start	Recruitment rate (phase II); 3-year DFS (phase III)
Brazilian ^c , phase III (NCT02052921) n = 150	cT3–T4N0–2, ≤10 cm AV	CRT followed by watch-and-wait vs 5-FU-containing CRT followed by TME after a cCR at 12 weeks post-CRT	12 weeks after treatment start	3-year DFS
TESS, phase II, (NCT03840239) n = 168	cT3–4aN0–2, ≤5 cm AV	Induction CAPOX followed by CRT vs CRT (NOM for patients with a cCR; LE or TEM for patients with a PR; TME for patients with a poor response)	20–24 weeks after treatment start	Sphincter preservation (absence of a stoma) at 18 months

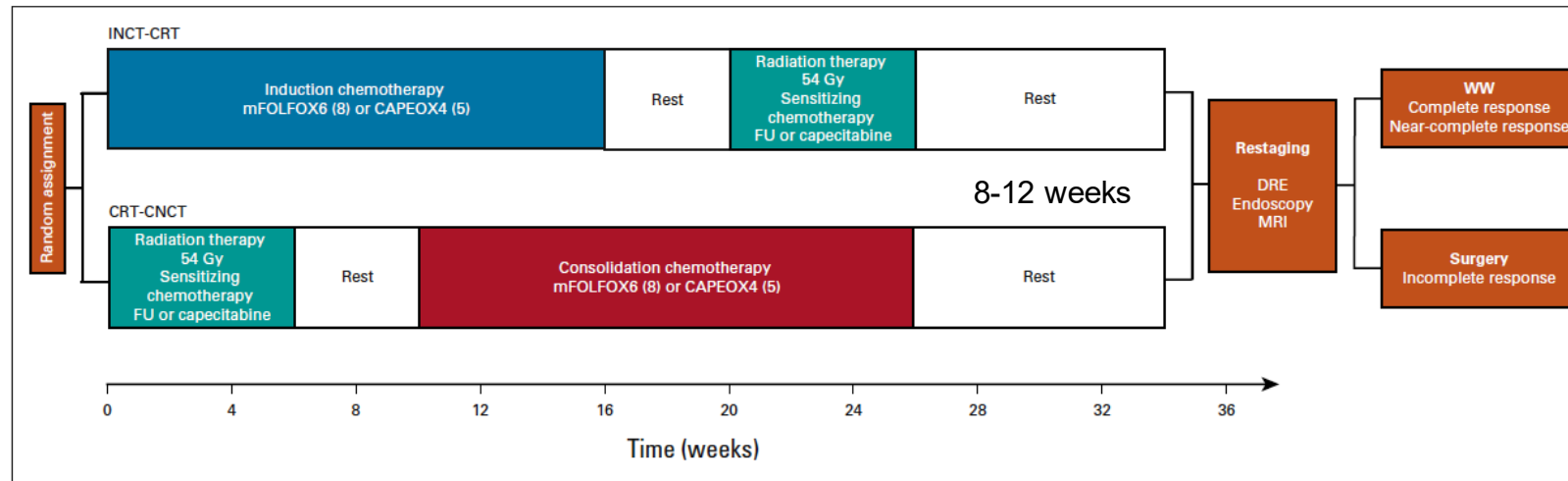
Variability in Endpoints and Time of Response Assessment



Selected Randomized Trials of NOM (T3-4 N0-2)

Study details ^{a,b}	Disease stage and other clinical features	Treatment schedule	RA time point	Primary end point
ACO/ARO/AIO-18.1, phase III (NCT04246684) n = 702	cT3c–T4N0–2, ≤12 cm AV	SCRT followed by consolidation FOLFOX and TME surgery (or NOM for patients with a cCR) vs CRT followed by consolidation FOLFOX and TME (or NOM for patients with a cCR)	24 weeks after treatment start	3-year organ preservation
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TRIGGER ³³ , phase II/III n = 90	cT3c–T4N0–2, ≤15 cm AV	CRT followed by surgery and adjuvant CAPOX or FOLFOX vs CRT followed by either NOM (mrTRG I–II) or CAPOX or FOLFOX (mrTRG III–IV) and restaging with subsequent NOM or surgery (depending on mrTRG at restaging)	12, 24 and 36–38 weeks after treatment start	Recruitment rate (phase II); 3-year DFS (phase III)
Brazilian ^c , phase III (NCT02052921) n = 150	cT3–T4N0–2, ≤10 cm AV	CRT followed by watch-and-wait vs 5-FU-containing CRT followed by TME after a cCR at 12 weeks post-CRT	12 weeks after treatment start	3-year DFS
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OPRA Phase II Randomized Trial



Comparison to historical control 3-year DFS of 75%

OPRA (N=324)	CNCT	INCT
Eligibility criteria	T3-4 and/or N+, ≤6 cm	
Median follow-up time	3 years	
3-year DFS (%)*	76	76
Local recurrence-free survival (%)**	94	94
Distant metastasis-free survival (%)	82	84
3-year OS (%)	(>90)	(>90)
Timepoint of response assessment (from treatment start)	34-38 weeks	
Clinical CR (%)	76	74
Tumor regrowth (%)	28	40
3-year organ preservation rate (%)	53	41
3-year TME-free survival (%)	60	47

→ **Negative study**

Outcomes comparable to TNT trials

First benchmark data from prospective RCT on clinical CR (cCR) and organ preservation rates with TNT

* Primary endpoint: Time from random assignment to locoregional failure, distant metastasis, new invasive colorectal primary cancer, or death.

** Locoregional failure: Unresectable rectal primary after TNT, R2 resection, or recurrence in primary tumor bed after R0-R1 resection.



MSKCC Regression Schema* & Surveillance Strategy

	Complete Response	Near Complete Response	Incomplete Response
Endoscopy	Flat, white scar Telangiectasia No ulcer No nodularity	Irregular mucosa Small mucosal nodules or minor mucosal abnormality Superficial ulceration Mild persisting erythema of the scar	Visible tumor
Digital Rectal Exam	Normal	Smooth induration or minor mucosal abnormalities	Palpable tumor nodules
MRI-T2W	Only dark T2 signal, no intermediate T2 signal AND No visible lymph nodes	Mostly dark T2 signal, some remaining intermediate signal AND/OR Partial regression of lymph nodes	More intermediate than dark T2 signal, no T2 scar AND/OR No regression of lymph nodes
MRI-DW	No visible tumor on B800-B1000 signal AND/OR Lack of or low signal on ADC map Uniform, linear signal in wall above tumor is ok	Significant regression of signal on B800-B1000 AND/OR Minimal or low residual signal on ADC map	Insignificant regression of signal on B800-B1000 AND/OR Obvious low signal on ADC map

* Assessed at 8-12 weeks post-TNT

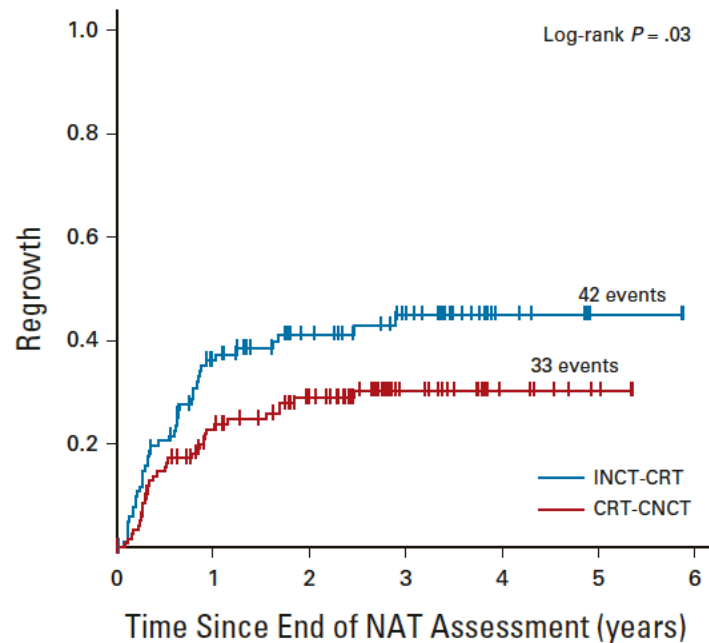
Smith JJ, et al. *BMC Cancer* 2015; 15: 767.

	Y 1	Y 2	Y 3-5	>Y 5
Endoscopy	q 4 mo	q 4 mo	q 6 mo	q 12 mo
DRE	q 4 mo	q 4 mo	q 6 mo	q 12 mo
MRI	q 6 mo	q 6 mo	q 12 mo	NA
CT imaging	q 12 mo	q 12 mo	q 12 mo	q 12 mo
CEA	q 4 mo	q 4 mo	q 6-12 mo	q 12 mo

OPRA: Tumor Regrowth and Recurrence Rates

Majority of tumor regrowths and local recurrences occurred within 2-3 years of completing TNT.

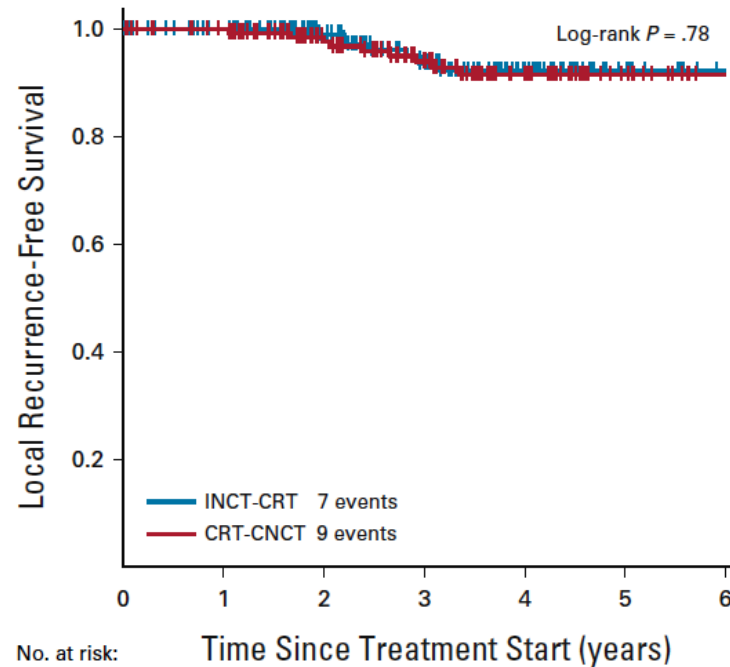
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No. at risk:

INCT	105	58	38	25	7	1
CNCT	120	82	63	27	10	3

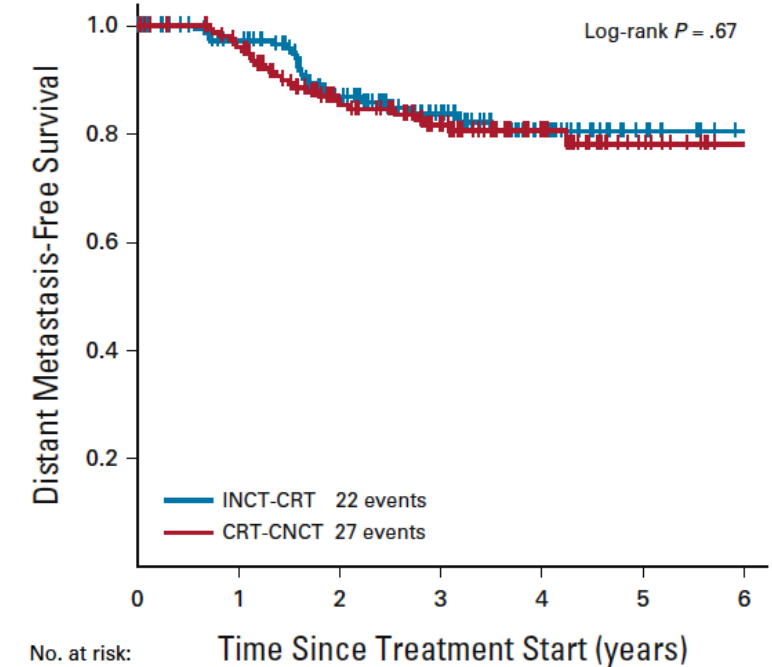
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No. at risk:

INCT	158	141	109	74	38	11
CNCT	166	154	115	88	43	15

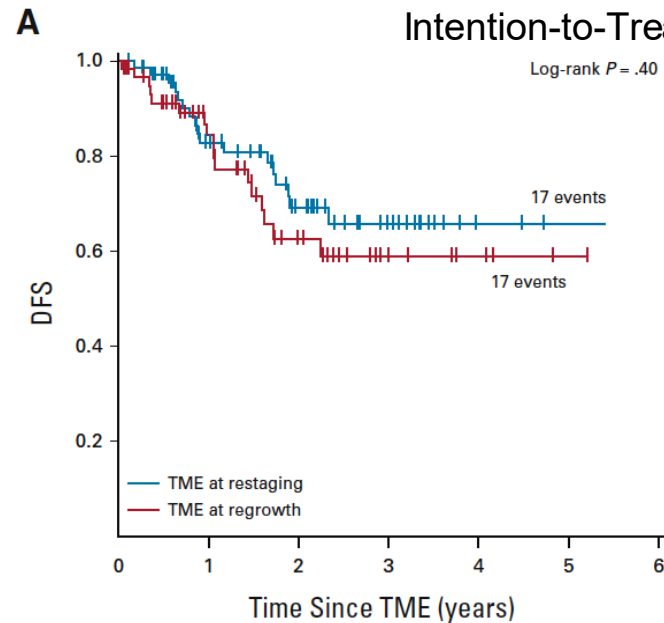
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No. at risk:

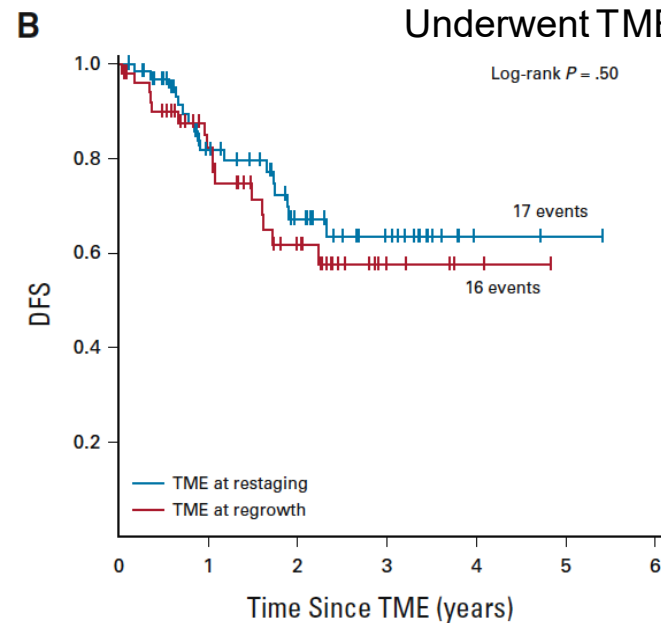
INCT	158	137	95	64	33	11
CNCT	166	148	103	78	38	13

OPRA: DFS for TME after Restaging vs. Tumor Regrowth



No. at risk:

Restaging	69	43	27	13	2	1
Regrowth	61	36	18	7	4	1



No. at risk:

Restaging	64	40	24	12	2	1
Regrowth	51	32	16	5	2	64

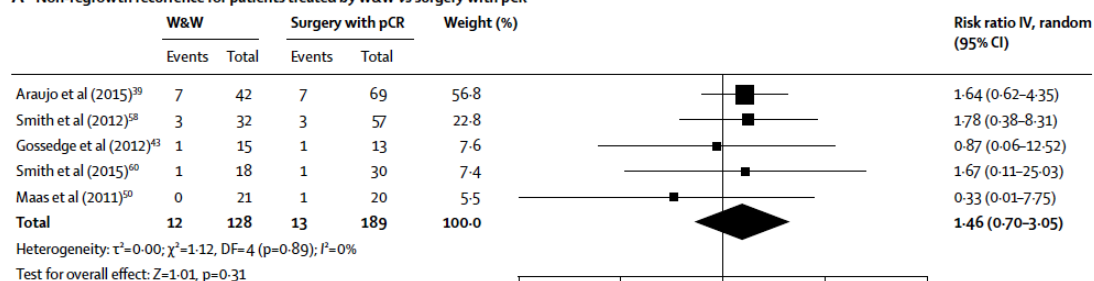
Actual TME Timing (n = 133)

Recurrence Type	TME Recommended at Restaging (n = 71)		TME Recommended After Local Regrowth (n = 62)	
	INCT-CRT (n = 38), No. (%)	CRT-CNCT (n = 33), No. (%)	INCT-CRT (n = 35), No. (%)	CRT-CNCT (n = 27), No. (%)
Local recurrence, n = 16	3 (7.9)	4 (12.1)	4 (11.4)	5 (18.5)
Distant recurrence, n = 32	7 (18.4)	8 (24.2)	6 (17.1)	5 (18.5)
Both distant and local recurrence, n = 9 ^a	0	3 (9)	3 (8.6)	3 (11.1)

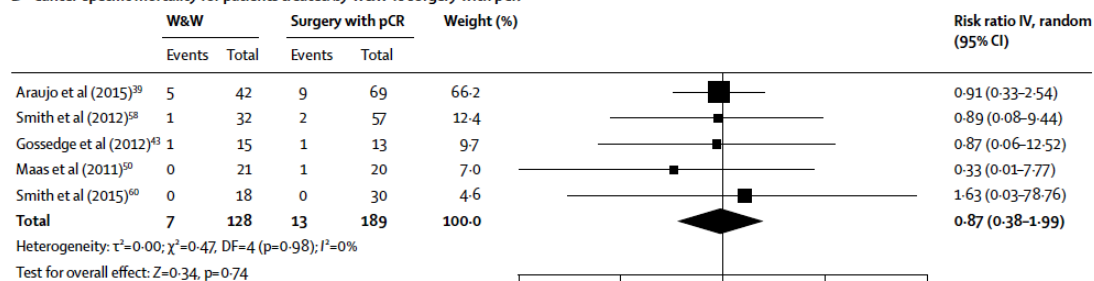
TME Type	INCT-CRT (n = 38), No. (%)	CRT-CNCT (n = 33), No. (%)	INCT-CRT (n = 35), No. (%)	CRT-CNCT (n = 27), No. (%)
APR, n = 67	16 (42.1)	16 (48.5)	20 (57.1)	15 (55.6)
LAR, n = 66	22 (57.9)	17 (51.2)	15 (42.9)	12 (44.4)

Outcomes of W&W Compared to Patients Undergoing Surgery with Pathologic CR

A Non-regrowth recurrence for patients treated by W&W vs surgery with pCR

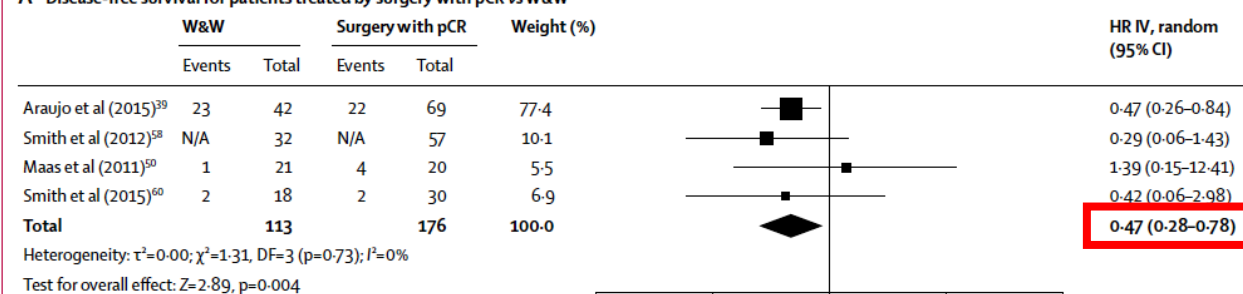


B Cancer-specific mortality for patients treated by W&W vs surgery with pCR

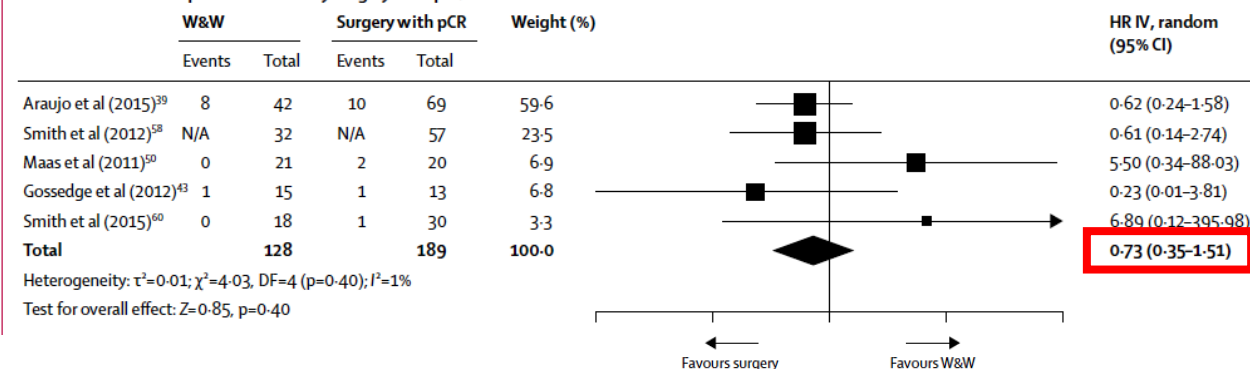


← Favours W&W Favours surgery →

A Disease-free survival for patients treated by surgery with pCR vs W&W



B Overall survival for patients treated by surgery with pCR vs W&W

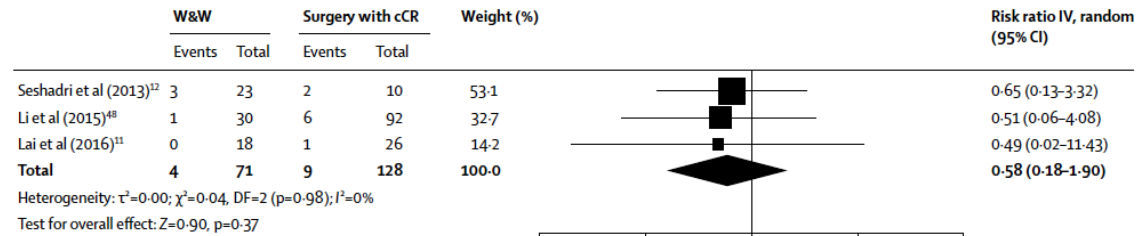


← Favours surgery Favours W&W →

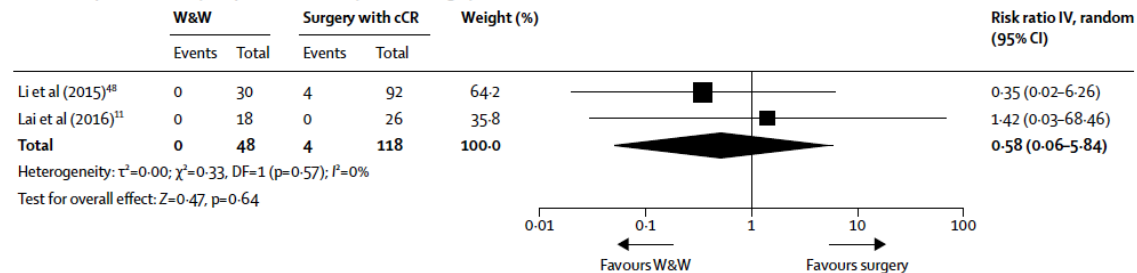
Patients with sustained cCR should have equivalent overall survival to those undergoing surgery with pCR.

Outcomes of Patients with Clinical CR Undergoing W&W vs. Surgery

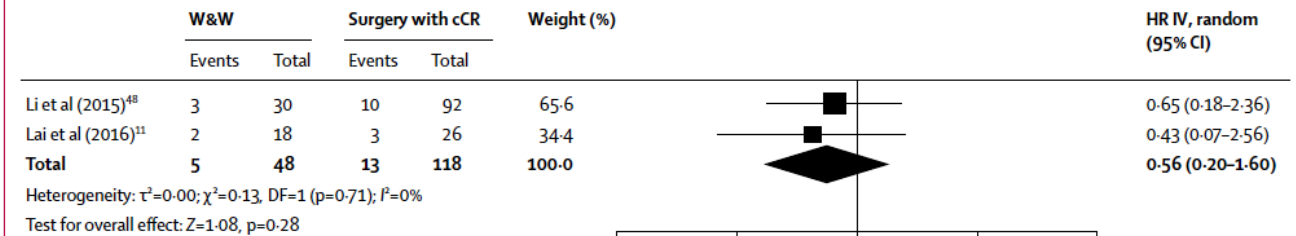
C Non-regrowth recurrence for patients treated by W&W vs surgery with cCR



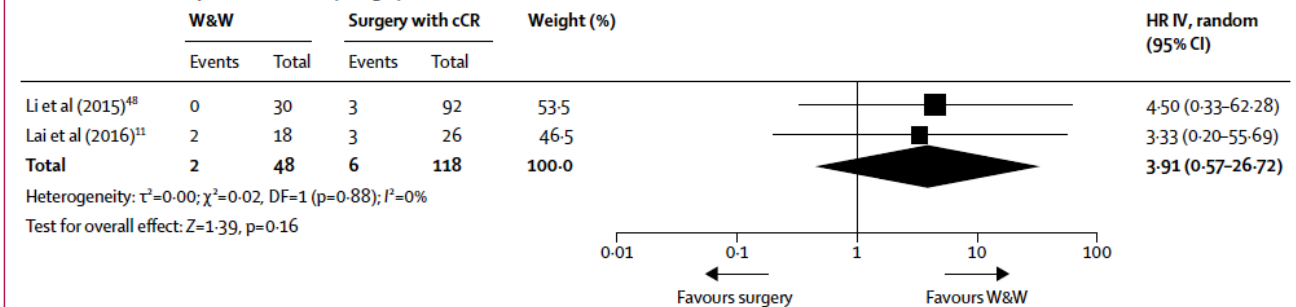
D Cancer-specific mortality for patients treated by W&W vs surgery with cCR



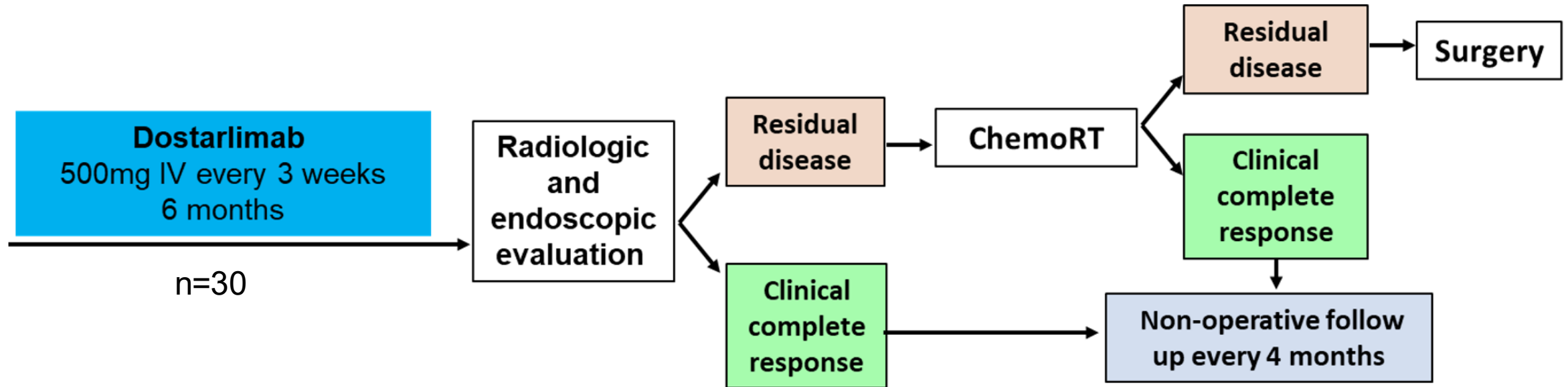
C Disease-free survival for patients treated by surgery with cCR vs W&W



D Overall survival for patients treated by surgery with cCR vs W&W



Dostarlimab for MSI-H Stage II-III Rectal Cancer



- **Primary endpoint**
 - Overall response rate at 6 months per MSKCC regression criteria
 - pCR or cCR rate at 12 months
- **Secondary endpoint**
 - Safety and tolerability

Dostarlimab Led to a 100% Clinical CR Rate

ID	Age	Stage T	Stage N	FU (months)	Digital rectal exam response	Endoscopic best response	Rectal MRI best response	Overall response
1	38	T4	N+	23.8	CR	CR	CR	cCR
2	30	T3	N+	20.5	CR	CR	CR	cCR
3	61	T1/2	N+	20.6	CR	CR	CR	cCR
4	28	T4	N+	20.5	CR	CR	CR	cCR
5	53	T1/2	N+	9.1	CR	CR	CR	cCR
6	77	T1/2	N+	11.0	CR	CR	CR	cCR
7	77	T1/2	N+	8.7	CR	CR	CR	cCR
8	55	T3	N+	5.0	CR	CR	CR	cCR
9	68	T3	N+	4.9	CR	CR	CR	cCR
10	78	T3	N-	1.7	CR	CR	CR	cCR
11	55	T3	N+	4.7	CR	CR	CR	cCR
12	27	T3	N+	4.4	CR	CR	CR	cCR
13	26	T3	N+	0.8	CR	CR	CR	cCR
14	43	T3	N+	0.7	CR	CR	CR	cCR

Median follow up:
6.8 months
(0.7-23.8)

Dostarlimab Phase II Trial: Limitations

*Short
follow up*

*Single institution study with extensive
expertise in non-operative management*

*Small
sample
size*

*Lack of
other
endpoints*

ID	Age	Stage T	Stage N	FU (months)	Digital rectal exam response	Endoscopic best response	Rectal MRI best response	Overall response
1	38	T4	N+	23.8	CR	CR	CR	cCR
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12	27	T3	N+	4.4	CR	CR	CR	cCR
13	26	T3	N+	0.8	CR	CR	CR	cCR
14	43	T3	N+	0.7	CR	CR	CR	cCR

International Consensus Recommendations (1)

Box 1 | Definitions of clinical end points for organ preservation strategies in rectal cancer

Organ preservation

- Rectum intact, owing to no radical total mesorectal excision (TME), no locoregional regrowth unless amenable to limited, curative (R0) salvage surgery by local excision (LE) and no permanent stoma (including a never reversed protective stoma, or a stoma owing to toxicities and/or poor functional outcomes).

Clinical complete response (cCR)^a

- Digital rectal examination (DRE) and rectoscopy: no palpable tumour material present, no residual tumour material or only a small residual erythematous ulcer or scar.
- MRI^b: substantial downsizing with no observable residual tumour material, or residual fibrosis only (with limited signal on diffusion-weighted imaging), sometimes associated with residual wall thickening owing to oedema, no suspicious lymph nodes.
- Endoscopic biopsy: not mandatory to define cCR, biopsy should not be performed, especially if the DRE, rectoscopy and MRI criteria for cCR are all fulfilled.

Near cCR (ncCR)

- DRE and rectoscopy: the presence of small and smooth regular irregularities including residual ulcer, or small mucosal nodules or minor mucosal abnormalities, with mild persisting erythema of the scar.
- MRI: obvious downstaging with residual fibrosis but heterogeneous or irregular aspects and signal or regression of lymph nodes with no malignant enhancement features, but with a size of >5 mm.
- Endoscopic biopsy^c: not mandatory to define ncCR.

Poor response

- The presence of a palpable tumour mass and visible macroscopic tumour and/or lack of regression of involved lymph nodes (patients who do not fulfill the criteria for either a cCR or ncCR).

Locoregional regrowth

- Detection of a tumour involving either the bowel wall, mesorectum and/or pelvic organs that occurs after an initial cCR and watch-and-wait strategy.

Local regrowth

- Detection of a tumour involving the bowel wall only that occurs after an initial cCR and watch-and-wait strategy.

Locoregional recurrence

- Detection of a tumour involving either the bowel wall, mesorectum and/or pelvic organs that occurs after LE or TME.

Local recurrence

- Detection of a tumour involving the bowel wall only that occurs after LE or TME.

TME-free disease-free survival (DFS)^d

- Time from randomization to one of the following events: radical TME owing to an incomplete response at restaging, any locoregional regrowth after initial cCR requiring salvage TME, any locoregional recurrence after LE or non-salvageable regrowth (a regrowth that cannot be removed with an R0 resection), the development of distant metastases or death (from all causes), whichever occurs first.

Organ preservation-adapted DFS^e

- Time from randomization to one of the following events: no resection of primary tumour owing to local disease progression or the patient being unfit for surgery; nonradical resection of the primary tumour (R2 resection); locoregional recurrence after R0/1 resection of the primary tumour; nonsalvageable local regrowth (no operation or only R2 salvage resection possible) in patients undergoing nonoperative management; any distant metastatic disease before, at or after surgery or nonoperative management; the occurrence of a second primary colorectal cancer, a second primary other cancer, treatment-related death, death from the same cancer, death from another type of cancer or non-cancer-related death.

^aAll criteria, including DRE, rectoscopy and MRI, should be fulfilled to define a cCR. ^bGadolinium contrast medium is no longer compulsory for MRI conducted with the intention of defining a cCR. ^cIn contrast to the study by Martens et al.⁵, in which biopsy sampling was suggested for patients with a ncCR (showing dysplastic changes), the panel did not recommend mandatory biopsy sampling to define ncCR in the present Consensus Statement owing to the risks of a false-negative result and a lack of added diagnostic value. ^dConsensus was not reached for the definition of TME-free DFS that was provided separately by the primary investigator of the OPRA trial (author J.G.-A.). ^eIf a salvage operation for the local regrowth is performed with curative intent (R0/1), it should not count as an event. If, however, no operation, or only an R2 resection is possible, and/or disease recurrence occurs after salvage surgery, this should count as an event.

Recommended Primary End Points

- Phase I/II trials of treatment intensification to enable NOM: **cCR**
- Phase II/III trials: **Organ preservation at 30-36 months**
- Critical secondary outcomes: **Rectal function, toxicity, QoL**

International Consensus Recommendations (2)

Box 2 | Consensus recommendations on the optimal RA time points for cCR determination

- Standard short-course radiotherapy (duration of 5 days) or chemoradiotherapy (CRT; duration of about 6 weeks) for patients with early-stage tumours.
 - A two-step approach is recommended, involving initial measurement at 12 weeks from the start of treatment and then, in patients with a near clinical complete response (ncCR) at initial assessment, a repeat assessment at 16–20 weeks should be used to determine cCR, as performed in the STAR-TREC trial (NCT02945566).
- CRT followed by brachytherapy (duration of 12 weeks).
 - cCR should be determined at 14 weeks after start of treatment and should be repeated at 20–24 weeks in patients with a ncCR at initial assessment, as performed in the OPERA trial (NCT02505750).
- Total neoadjuvant treatment with CRT and either induction or consolidation chemotherapy (duration of 16–20 weeks).
 - cCR should be determined at 24 weeks after start of treatment, as performed in the GRECCAR12 (NCT02514278) and ACO/ARO/AIO-18.1 (NCT04246684) trials.
- Total neoadjuvant treatment with standard short-course radiotherapy or CRT followed by prolonged consolidation chemotherapy (duration of 26–34 weeks).
 - cCR should be determined at 34–38 weeks after start of treatment, as performed in the OPRA²² and TRIGGER trials³³.

RA, response assessment. The panel recommended that cCR should be determined from the start of treatment. Owing to variations in preoperative treatment design and duration across the different trials, recommendations regarding a time point enabling the earlier detection of patients with a poor response before the recommended time point cannot be provided because there is insufficient evidence. Nevertheless, caution is needed, especially in patients with tumours featuring certain high-risk characteristics (such as advanced cT stage³²), and selective earlier imaging could be advocated to enable the identification of poor responders who might have disease progression during preoperative treatment in order to offer immediate surgery.

Table 2 | Consensus follow-up methods and intervals for organ preservation strategies

Year	Serum carcino-embryonic antigen	DRE	Endoscopy	Pelvic MRI	Chest and/or abdominal CT
1	3 months	3–4 months	3–4 months	3–4 months	6–12 months
2	3 months	3–4 months	3–4 months	3–4 months	Annually
3	3 months	6 months	6 months	6 months	Annually
4	6 months	6 months	6 months	6 months	Annually
5	6 months	6 months	6 months	6 months	Annually

First follow-up assessments typically occur at 6–8 weeks following completion of preoperative or definitive treatment. DRE, digital rectal examination.



NCCN Guidelines for Rectal Cancer (v4.2022)

Footnote:

In those patients who achieve a complete clinical response with no evidence of residual disease on digital rectal examination, rectal MRI, and direct endoscopic evaluation, a “watch and wait,” nonoperative (chemotherapy and/or RT) management approach may be considered in centers with experienced multidisciplinary teams. The degree to which risk of local and/or distant failure may be increased relative to standard surgical resection has not yet been adequately characterized. Decisions for nonoperative management should involve a careful discussion with the patient of his/her risk tolerance. Surveillance recommendations include DRE, proctoscopy every 3-4 months for 2 years, then every 6 months for a total of 5 years. MRI rectum is recommended every 6 months for at least 3 years to monitor for extraluminal local recurrence.



Outline

- Background on Rectal Cancer
- Current Treatment Paradigms
- Non-Operative Management
- ***Future Research***

The Janus Phase II Rectal Cancer Study

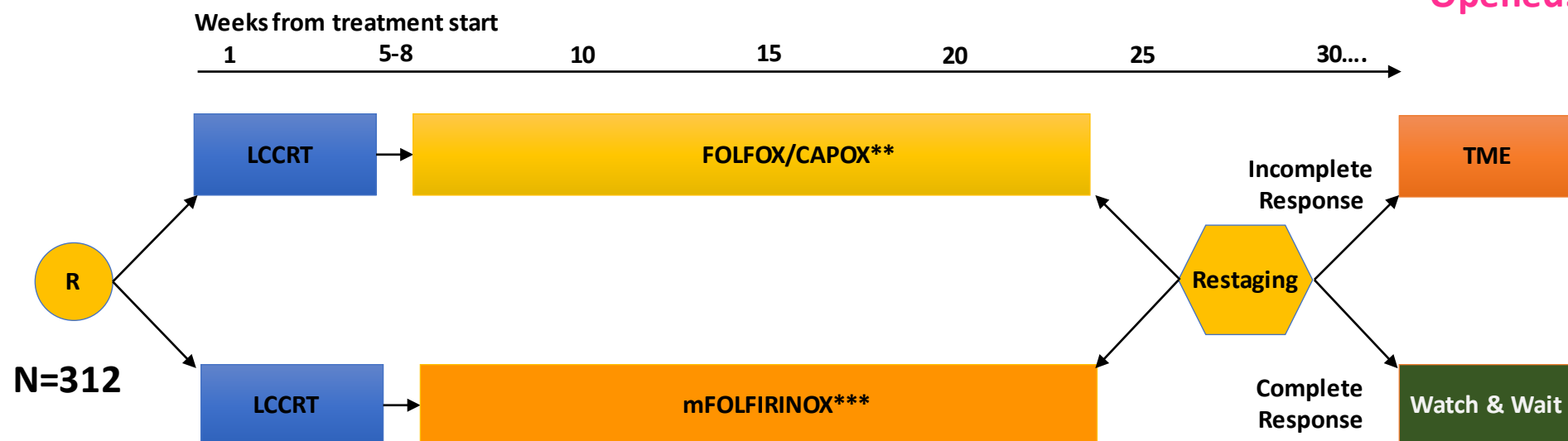
Rx Escalation in Rectal Cancer

Slide provided courtesy of Dr. Joshua Smith

An Alliance, NRG & SWOG Study

Opened: 9 Nov 2022!

A022104



Patients with locally advanced rectal cancer: ≤ 12 cm
cT4N0, anyT, N1; T3N0 that would require APR or coloanal
anastomosis

** LCCRT = long-course chemoradiation (5 weeks)

***mFOLFOX6 = 8 cycles (1 cycle = 2 weeks)

****mFOLFIRINOX = 8 cycles (1 cycle = 2 weeks)

#CAPOX = 5 cycles (1 cycle = 3 weeks)

Primary Endpoint

cCR****

**Garcia-Aguilar J et al. ASCO 2020; Garcia-Aguilar
J Clin Oncol 2022; ***T. Conroy et al. ASCO 2020
(and *Lancet Oncology* 2021)

****Smith JJ, et al. *BMC Cancer* 2015

Schema Legend: Randomization = R; LCRT = long-course chemoradiation; cCR = clinical complete response; Response determination = endoscopy, MRI and clinical exam 8-12 weeks post-completion of assigned TNT regimen; DFS = disease-free survival; OP = organ preservation; QoL = quality of life; OS = overall survival; APR = abdominoperineal resection; CAA = coloanal anastomosis



Remaining Questions for Non-Operative Management

- What are the long-term DFS and OS outcomes?
- Does non-operative management result in improved functional outcomes and quality of life?
- Are there biomarkers (e.g., ctDNA, radiomics) that can better predict pCR?
- What is the optimal surrogate endpoint for clinical trials of non-operative management?
- Is a non-operative management strategy feasible in the community setting?



Centralized Multidisciplinary Care Improves Outcomes

- European data demonstrate benefits of centralized care and centers of excellence
 - Improved outcomes with colorectal-trained, high-volume surgeon
 - Decreased perioperative morbidity
 - Decreased stoma rate
 - Improved DFS and OS, decreased local recurrence
- Consortium for Optimizing Surgical Treatment of Rectal Cancer (OSTRiCh) established in 2011 to improve quality and uniformity of rectal cancer care in U.S.
 - Significant variation in use of neoadjuvant treatment
 - Vast majority of patients treated in low- and intermediate-volume centers

National Accreditation Program for Rectal Cancer (NAPRC)

Standard 1	Institutional administrative commitment
Standard 2	Program scope and governance 2.1 Rectal cancer multidisciplinary care 2.2 Rectal cancer program director 2.3 Rectal cancer program coordinator 2.4 Rectal cancer MDT meetings 2.5 Rectal cancer MDT attendance
Standard 3	Facility and equipment resources (CoC accreditation)
Standard 4	Personnel and services resources (CoC accreditation)
Standard 5	Patient care: expectations and protocols 5.1 Review of diagnostic pathology 5.2 Staging before definitive treatment 5.3 Standardized staging reporting for MRI results 5.4 CEA level 5.5 Rectal cancer MDT treatment plan discussion 5.6 Treatment evaluation and recommendation summary 5.7 Definitive treatment timing 5.8 Treatment evaluation and recommendation summary 5.9 Pathology reports after surgical resection 5.10 Photographs of surgical specimens 5.11 MDT postsurgical treatment outcome discussion 5.12 Postsurgical treatment outcome discussion summary 5.13 Adjuvant therapy after surgical resection
Standard 6	Data surveillance and systems
Standard 7	Quality improvement
Standard 8	Education: professional and community outreach

<https://dailynews.ascopubs.org/doi/landscape-rectal-cancer-care-centralization-defining-centers-excellence-united-states>

- Only 2.9% of 1315 hospitals evaluated met thresholds for adherence to 5 selected NAPRC measures
- Disparities exist in the types of centers with readiness for accreditation
 - Academic institutions
 - High-volume centers
 - Serve highly-resourced, high socioeconomic status population
- Currently 75 accredited programs
- No outcome data yet
- Concern about widening disparities in access to quality care



Dana-Farber
Cancer Institute



**BRIGHAM AND
WOMEN'S HOSPITAL**

DANA-FARBER/BRIGHAM AND WOMEN'S CANCER CENTER

Thank You

