

Patrick Shane Thomas, Jr, MD, PhD

November 14, 2022

Citizenship: U.S.

**EDUCATION:**

Rice University  
Houston, TX  
B.A. in Biology; Completed 1999

University of Washington  
Seattle, WA  
Ph.D. in Molecular and Cellular Biology;  
Completed 2006  
MD; Completed 2009

Harbor-UCLA Medical Center  
Torrance, CA  
Internship; Completed 2010

University of California-Los Angeles  
Los Angeles, CA  
Psychiatry Residency; Completed 2013

University of California-Los Angeles  
Los Angeles, CA  
Borderline Personality Disorder Fellow;  
Completed 2015

**ACADEMIC APPOINTMENTS:**

Clinical Instructor (Voluntary)  
Department of Psychiatry  
University of California-Los Angeles  
July 2013-July 2016

Assistant Professor  
Department of Psychiatry  
Baylor College of Medicine  
November 2015-present

**HONORS AND SPECIAL AWARDS:**

2018 Menninger “Spirit of Social Work” Award  
2017 Resident Recognition for Educational Excellence(Outstanding Supervisor)  
2013 Postdoctoral Research Fellow Diversity Award, UCLA Network Analysis,  
Short Course  
2006—2007 UNCF/Merck Dissertation Fellowship  
2005 Federation for European Neuroscience (FENS)/Hertie Winter School,  
Participant  
2005 American Society of Human Genetics, MD./Ph.D. Student Travel Grant  
2004—2007 ARCS Foundation Fellowship  
2003—2006 Neuroscience Training Grant Fellow  
2003 Poncin Medical Research Scholarship  
1999—2000 U.S. Fulbright Scholar, Spain

**LICENSURE:**

CA #A115559

TX R1464

**BOARD CERTIFICATION:**American Board of Psychiatry and  
Neurology, 2013American Board of Addiction Medicine,  
2015American Board of Preventive Medicine-  
Addiction Medicine-2020**PROFESSIONAL EXPERIENCE:**Staff Psychiatrist  
Menninger 360 Program  
The Menninger Clinic  
February 2019-presentPrivate Practice Psychiatrist  
February 2019-presentContract Psychiatrist  
The Heights Treatment Program  
January 2019-July 2021Interim Program Director  
Professionals Program  
The Menninger Clinic  
September 2018- January 2019Professionals Program  
The Menninger Clinic  
November 2015- August 2018

Ryan White Program, Psychiatrist  
ToHelpEveryone Clinic  
February 2014 – October 2015

Private Practice Psychiatrist  
January 2014- October 2015

Psychiatrist  
Shields for Families  
July 2013—October 2015

Independent Contractor Psychiatrist  
Telecare- IMD Stepdown  
January 2013—October 2015

Independent Contractor Psychiatrist  
Homeless Healthcare Los Angeles  
July 2011—July 2013

**RESEARCH SUPPORT:**

N/A

**PROFESSIONAL ORGANIZATIONS:**

American Psychiatric Society

American Society of Addiction Medicine

**EDITORIAL POSITIONS:** N/A

**SERVICE ON NATIONAL COMMITTEES:**

FDA Psychopharmacologic Drugs Advisory  
Committee

Term: June 26, 2019-June 30, 2025

Silver Hill Hospital Academic Advisory  
Board

January 28, 2020-present

## **PRESENTATIONS:**

1. Jasinska A., Tran N., Blum C., DeYoung J., Choi O-W., Huang Y., Thomas P.S., Eskin E., Dewar K., Wasserscheid J., Weinstock G., Warren W., Jorgensen M., Cantor R., Woods R., Coppola G., Freimer N. "Systems Biology in a Non-human Primate Model: Transcriptomes of Normal Development in the Vervet Monkey." American Society for Human Genetics. 2012.
2. Thomas P.S. et al. "Loss of Endogenous AR Accelerates Motor Dysfunction and Androgen Insensitivity in a Mouse Model of Spinal and Bulbar Muscular Atrophy (SBMA)." 17<sup>th</sup> International Symposium on ALS/MND. 2006 Platform Presentation.
3. Thomas P.S. et al. "OPRD1 variant rs678849 moderates opioid and cocaine dependency treatment outcomes." 170<sup>th</sup> Annual Meeting of the American Psychiatric Association. 2017.

## **PUBLICATIONS:**

### **1. Full papers:**

Thomas P.S. Jr., et al. Loss of Endogenous Androgen Receptor Protein Accelerates Motorneuron Degeneration and Accentuates Androgen Insensitivity in a Mouse Model of X-linked Spinal and Bulbar Muscular Atrophy. Hum Mol Genet. 2006 Jul 15; 15(14): 2225-38.

Sopher B.L., Thomas P.S., et al. Androgen Receptor YAC Transgenic Mice Recapitulate SBMA Motor Neuronopathy and Implicate VEGF 164 Expression Alteration in Motorneuron Degeneration. Neuron. 2004 Mar 4; 41(5): 687-99.

Thomas P.S. Jr., et al. The OPRD1 rs678849 variant influences outcome of disulfiram treatment for cocaine dependency in methadone-maintained patients. Psychiatric Genet. 2021 Jun 1; 31(3): 88-94.

### **2. Other full papers: N/A**

### **3. Abstracts given during last three years: N/A**

### **4. Book chapters:**

Miotto K., Heydari B.S., Tartter M., Chang E., Thomas P.S., Ray L.A. Adolescent Alcohol Use. The Clinical Handbook of Adolescent Addiction. (2012).

Thomas P.S., and La Spada A.R. Spinal and Bulbar Muscular Atrophy (Kennedy's Disease): A Sex-limited, Polyglutamine Repeat Expansion Disorder. Neurodegenerative Diseases: Neurobiology, Pathogenesis, and Therapeutics. Cambridge University Press (2003).

## **CURRENT TEACHING:**

Didactic teaching: Empathy Seminar PGY1-2 residents, April 2018-September 2018

Non-didactic teaching:Supervision of 3<sup>rd</sup> year UCLA psychiatry residents 3 hours weekly in outpatient clinics 2014-2015.

Supervision of 4<sup>th</sup> year Baylor College of Medicine psychiatry resident 30-40 hours weekly in inpatient Professionals in Crisis Unit May 2016-June 2016, January 2017-February 2017, March 2017-April 2017, January 2018-March 2018, May 2018-June 2018, September 2018-October 2018

Supervision of 2<sup>nd</sup> year Baylor College of Medicine psychiatry resident psychotherapy cases 1 hour weekly, September 2018- present

Lectures/visiting professorships: Nonmentalizing. Baylor College of Medicine, Jamail Professional Building. February 26, 2016.

**ADMINISTRATIVE ACTIVITIES:**

2011—2013	Residency Curriculum Committee Representative
2012—2013	Chief Research Track Resident, UCLA
2012—2013	Chief Addiction Medicine Resident, UCLA
2013—2015	Medi-Cal Director, Drug Medi-Cal Programs at Shields for Families
2016—2019	Continuing Education Committee Member, Menninger Clinic
2016	Patient Experience Network Committee Member, Menninger Clinic