

**Science Board to the Food and Drug Administration  
via Videoconference  
June 14, 2022**

**BACKGROUND MATERIALS**

**1. Is It Really 'FDA Approved'?**

<https://www.fda.gov/consumers/consumer-updates/it-really-fda-approved>

A guide to how the FDA regulates products for people — and what the agency does (and doesn't) approve.

**2. Safety of CBD in Humans – A Literature Review**

<https://www.fda.gov/media/152317/download>

FDA literature review on the safety of CBD in humans, including publicly available information contained in the FDA clinical review of the Epidiolex New Drug Application (NDA) and Epidiolex labeling; published, peer-reviewed scientific literature on PubMed; and CBD clinical trials that were not yet published but had posted safety results on ClinicalTrials.gov (i.e., not including trials that posted only efficacy results but not safety results).

**3. Use and Perceptions of Cannabidiol Products in Canada and in the United States**

<https://doi.org/10.1089/can.2020.0093>

A study characterizing use and perceptions of cannabidiol (CBD) products.

**4. The Safety and Regulation of Natural Products Used as Foods and Food Ingredients**

<https://doi.org/10.1093/toxsci/kfr198>

A review of the safety assessment and regulation of botanical dietary supplements by the FDA. Please focus on the second section “Natural Products Used as Dietary Supplements.”

**5. FDA'S food ingredient approval process: Safety assurance based on scientific assessment**

<https://doi.org/10.1016/j.yrtph.2008.10.003>

A review of the basic components of the FDA's decision-making process for evaluating the safety of new food additives.