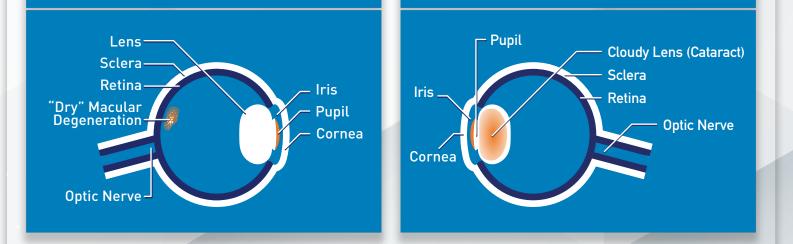
When you smoke cigarettes, you can damage important parts of your eyes necessary for maintaining clear eyesight and vision.

> Smoking cigarettes can put you at greater risk of developing **two serious eye diseases**:

Age-related macular degeneration (AMD): Gradual destruction of the eye's macula, which can lead to loss of vision in the center of the eye.

Cataracts: Clouding of the eye's normally clear lens, causing loss of vision.



If you smoke cigarettes and are concerned about your vision, consult with your health care provider about ways to quit to help protect your eyes. You can also find resources to help you on your journey to living a smoke-free life at *Smokefree.gov*.

