

DUKE UNIVERSITY SCHOOL OF MEDICINE

CURRICULUM VITAE

for the Permanent Record
and the
Appointment, Promotions and Tenure Committee

Date CV prepared: 2/25/2025

Name: Padma Gulur, M.B.B.S

Preferred familiar name: Dr. Gulur

Primary academic rank: Professor of Anesthesiology
Executive Vice Chair, Duke Anesthesiology

Primary academic department: Anesthesiology

Secondary academic rank (if any): Professor, Duke Department of Population Health Sciences

Secondary academic department (if any): Department of Population Health Sciences, Center for
Translational Pain Medicine and Opioid Mitigation
Innovation Sciences (PROMIS) Laboratory

Other titles (if any): Director, Pain Management Strategy and Opioid Surveillance, Duke Health

Rank and date of first Duke Faculty appointment: Professor of Anesthesiology, 2016

NC Medical Board license certificate number: 2016-01218
Next renewal date: 10/25/2025

Specialty certification(s) and date(s): Board Certified in Anesthesiology, 2006, 2016
Board Certified in Pain Medicine, 2006, 2016

Education:

	<u>Institution</u> (name, location)	<u>Degree</u>	<u>Degree Date</u>
College:			
Graduate or Professional School:	Bangalore Medical College, Karnataka University	1998	MBBS

Professional training and academic career:

<u>Institution</u>	<u>Position/Title</u>	<u>Dates</u>
Berkshire Medical Center Tufts University	Internship, Internal Medicine	2001-2002

Boston Medical Center Boston University	Residency, Anesthesiology	2002-2005
Boston Medical Center Boston University	Chief Resident, Anesthesiology	2004-2005
Massachusetts General Hospital Harvard Medical School	Fellowship, Pain Medicine	2005-2006
Harvard Medical School Department of Anesthesia, Critical Care, & Pain Medicine	Instructor	2006-2011
Massachusetts General Hospital Department of Anesthesia, Critical Care & Pain Medicine	Director, Pain Services	2008-2014
Massachusetts General West Massachusetts General Hospital Department of Anesthesia, Critical Care & Pain Medicine	Director, Center for Pain Medicine	2009-2014
Massachusetts General Hospital Department of Anesthesia, Critical Care & Pain Medicine	Fellowship Director, Acute Pain and Regional Anesthesia	2012-2014
Harvard Medical School Department of Anesthesia, Critical Care, & Pain Medicine	Assistant Professor	2011-2014
University of California, Irvine Department of Anesthesiology & Perioperative Care	Professor of Anesthesiology Vice Chair, Pain Director, Medical Student Chronic Pain Rotation Fellowship Director, Pain Medicine	2014-2016
Duke University School of Medicine	Professor of Anesthesiology Vice Chair, Operations and Performance Executive Vice Chair Professor, Duke Department of Population Health Sciences	2016-present 2016-June 2018 2018-present Jul 2018-present
Duke University Health System	Director of Pain Management Strategy and Opioid Surveillance	Jul 2019-present

A. Publications in refereed journals:

1. **Gulur P**, Nishimori M, Ballantyne JC. Regional anaesthesia versus general anaesthesia, morbidity and mortality. *Best Pract Res Clin Anaesthesiol.* 2006;20:249-263. PMID: 16850776
2. **Gulur P**, Soldinger SM, Acquadro MA. Concepts in pain management. *Clin Podiatr Med Surg.* 2007;24:333-351. PMID: 17430773
3. **Gulur P**, Rodi SW, Washington TA, Cravero JP, Fanciullo GJ, McHugo GJ, Baird JC. Computer face scale for measuring pediatric pain and mood. *J Pain.* 2009;10:173-9. PMID: 19010740
4. Brookman J, Sair H, Benkwitz C, **Gulur P**. Wandering epidural catheter. *Anesthesiology.* 2010; 113:1198. PMID: 20938338
5. Lehmann N, Joshi GP, Dirkmann D, Weiss M, **Gulur P**, Peters J, Eikermann M. Development and longitudinal validation of the overall benefit of analgesia score: a simple multi-dimensional quality assessment instrument. *Br J Anaesth.* 2010;105:511-518. PMID: 20693179
6. Jamison B, Washington T, **Gulur P**, Fanciullo G, Arscott JR, McHugo GJ, Baird JC. Reliability of a preliminary 3-D pain mapping program. *Pain Med.* 2011;12:344-351. PMID: 21276186
7. Bhatia G, Lau ME, Koury KM, **Gulur P**. Intrathecal drug delivery (ITDD) systems for cancer pain. *F1000Research.* 2013;2:96. PMID: 24555051
8. **Gulur P**, Buonanno FS. Intracranial hypotension caused by anterior cervical CSF alleviated by an epidural blood patch. *Headache.* 2013;53:838-841. PMID: 23405991
9. Kang S, Singh J, Vidal Melo M, **Gulur P**. Spinal cord stimulation for intercostal neuralgia in a patient with implantable cardiac defibrillator and biventricular pacing. *Neuromodulation.* 2013;17:386-388. PMID: 23837496
10. Keel J, Lau ME, **Gulur P**. Spinal cord stimulation for radicular pain following retained bullet in the spinal canal. *Pain Physician.* 2013;16:E103-E106. PMID: 23511684
11. Wang JP, Lau M, **Gulur P**. Delayed Spinal Epidural Hematoma after Epidural Catheter Removal with Reinitiation of Warfarin. *J Cardiothorac Vasc Anesth.* 2014; 28(6): 1566-569. PMID: 24075636
12. **Gulur P**, El Saleeby C, Watt LD, Koury KM, Cohen AR. Elevated lidocaine serum levels following the use of a needle free device in healthy adult volunteers. *Pediatric Emergency Care:*2014;30:355-359. PMID: 24786988
13. **Gulur P**, Williams L, Chaudhary S, Koury K, Jaff M. Opioid tolerance—A predictor of increased length of stay and higher readmission rates. *Pain Physician.* 2014;17:E503-E507. PMID: 25054400

14. Pace M, Koury KM, **Gulur P**. Epidurals in patients on thromboprophylaxis with unfractionated heparin three times a day – Value of partial thromboplastin time testing. *Anesth Analg*. 2014;119:1215-1218. PMID: 25225890
15. Nizamuddin SL, Koury KM, Lau ME, Watt LD, **Gulur P**. Use of targeted transversus abdominus plane blocks in pediatric patients with anterior cutaneous nerve entrapment syndrome. *Pain Medicine*. 2014;17:E634-E637. PMID: 25247912
16. **Gulur P**, Cohen AR, Watt L, Lau ME, El Saleeby C. Elevated lidocaine serum concentration following subcutaneous lidocaine administration using a needle free device in pediatric patients. *Pediatric Emergency Care*. 2014;30: 829–831. PMID: 25198765
17. Bengali R, Huang M, **Gulur P**. The use of an intrathecal pump to manage intractable cancer pain in a pediatric patient: A case report. *J Pediatr Hematol Oncol*. 2014;36:e162-e164. PMID: 23652866
18. **Gulur P**, Tsui B, Pathak R, Koury KM, Lee H. Retrospective analysis of the incidence of epidural haematoma in patients with epidural catheters and abnormal coagulation parameters. *Br J Anaesth*. 2015;114:808–811. PMID: 25614136
19. Koury KM, Tsui B, **Gulur P**. Incidence of serotonin syndrome in patients treated with fentanyl on serotonergic agents. *Pain Physician*. 2015;18:E27–E30. PMID: 25675067
20. **Gulur P**, Koury K, Arnstein P, Lee H, McCarthy P, Coley C, Mort E. Morphine versus hydromorphone: Does choice of opioid influence outcomes? *Pain Res Treat*. 2015;2015:482081. PMID: 26609431
21. Shah S, Banh ET, Koury K, Bhatia G, Nandi R, **Gulur P**. Pain management in pregnancy: Multimodal approaches. *Pain Res Treat*. 2015;2015:987483. PMID: 26448875
22. Brown R, Fortier MA, Zolghadr S, **Gulur P**, Jenkins BN, Kain ZN. Postoperative pain management in children of Hispanic origin: A descriptive cohort study. *Anesth Analg*. 2016;122:497–502. PMID: 26505577
23. Arnstein P, Koury K, Lee H, **Gulur P**. Morphine before hydromorphone – Results of a quality improvement initiative. *Glob Anesth Perioper Med*. 2016;2. DOI: 10.15761/GAPM.1000140. <https://oatext.com/pdf/GAPM-2-140.pdf>
24. Aronson S, Westover J, Guinn N, Setji T, Wischmeyer P, **Gulur P**, Hopkins T, Seyler TM, Lagoo-Deendayalan S, Heflin MT, Thompson A, Swaminathan M, Flanagan E. A perioperative medicine model for population health: An integrated approach for an evolving clinical science. *Anesth Analg*. 2018;126:682-690. PMID: 29200059
25. Edwards DA, Hedrick TL, Jayaram J, Argoff C, **Gulur P**, Holubar SD, Gan TJ, Mythen MG, Miller TE, Shaw AD, Thacker JKM, McEvoy MD; POQI-4 Working Group. American Society for Enhanced Recovery and Perioperative Quality Initiative Joint Consensus Statement on Perioperative management of patients on preoperative opioid therapy. *Anesth Analg*. 2019;129:553-566. PMID: 30768461

26. Wu CL, King AB, Geiger TM, Grant MC, Grocott MPW, Gupta R, Hah JM, Miller TE, Shaw AD, Gan TJ, Thacker JKM, Mythen MG, McEvoy MD, Edwards DA, Gordon DB, **Gulur P**, Hedrick TL, Holubar SD, Hurley RW, Jayaram J, Kent ML, Oderda GM on behalf of the Fourth Perioperative Quality Initiative Workgroup. American Society for Enhanced Recovery and Perioperative Quality Initiative Joint Consensus Statement on Perioperative opioid minimization in opioid-naïve patients. *Anesth Analg*. 2019;129:567-577. PMID: 31082966
27. **Gulur P**, Nelli A. Persistent postoperative pain: Mechanisms and modulators. *Curr Opin Anaesthesiol*. 2019;32:668-673. PMID: 31343465
28. Aronson S, Martin G, **Gulur P**, Lipkin ME, Lagoo-Deenadayalan SA, Mantyh CR, Attarian DE, Mathew JP, Kirk AD. Preoperative optimization: A continued call to action. *Anesth Analg*. 2020;130:808-810. PMID: 31633503
29. **Gulur P**, Nelli A. The opioid-tolerant patient: Opioid optimization. *J Arthroplasty*. 2020;35:S50-S52 [Epub Ahead of Print Jan 2020] PMID: 32014381.
30. Abdelgadir J, Ong EW, Abdalla SM, Hunting JC, Diab MM, Haglund MM, Goodwin CR, Nelli A, **Gulur P**. Demographic factors associated with patient-reported outcome measures in pain management. *Pain Physician*. 2020;23:17-24. PMID: 32013275
31. **Gulur P**, Nelli A. Preoperative optimization of chronic pain patients undergoing surgery. *Tech Orthop*. 2020;35:19-24.
32. Cobert J, Lantos P, Janko MM, Williams DGA, Raghunathan K, Krishnamoorthy V, JohnBull EA, Barbeito A, **Gulur P**. Geospatial variations and neighborhood deprivation in drug-related admissions and overdoses. *J Urban Health*. 2020;97:814-822. PMID: 32367203
33. Kreiner DS, Matz P, Bono CM, Cho CH, Easa JE, Ghiselli G, Ghogawala Z, Reitman CA, Resnick DK, Walters WC 3rd, Annaswamy TM, Baisden J, Bartnyski WS, Bess S, Brewer RP, Cassidy RC, Cheng DS, Christie SD, Chutkan NB, Cohen BA, Dagenais S, Enix DE, Dougherty P, Golish SR, **Gulur P**, Hwang SW, Kilincer C, King JA, Lipson AC, Lisi AJ, Meagher RJ, O'Toole JE, Park P, Pekmezci M, Perry DR, Prasad R, Provenzano DA, Radcliff KE, Rahmathulla G, Reinsel TE, Rich RL Jr, Robbins DS, Rosoloski KA, Sembrano JN, Sharma AK, Stout AA, Taleghani CK, Tauzell RA, Trammell T, Vorobeychik Y, Yahiro A. Guideline summary review: An evidence-based clinical guideline for the diagnosis and treatment of low back pain. *Spine J*. 2020;20:998-1024. PMID: 32333996.
34. Kreiner DS, Matz P, Bono CM, Cho CH, Easa JE, Ghiselli G, Ghogawala Z, Reitman CA, Resnick DK, Walters WC 3rd, Annaswamy TM, Baisden J, Bartnyski WS, Bess S, Brewer RP, Cassidy RC, Cheng DS, Christie SD, Chutkan NB, Cohen BA, Dagenais S, Enix DE, Dougherty P, Golish SR, **Gulur P**, Hwang SW, Kilincer C, King JA, Lipson AC, Lisi AJ, Meagher RJ, O'Toole JE, Park P, Pekmezci M, Perry DR, Prasad R, Provenzano DA, Radcliff KE, Rahmathulla G, Reinsel TE, Rich RL Jr, Robbins DS, Rosoloski KA, Sembrano JN, Sharma AK, Stout AA, Taleghani CK, Tauzell RA, Trammell T, Vorobeychik Y, Yahiro A. Corrigendum to "Guideline summary review: An evidence-based clinical guideline for the

diagnosis and treatment of low back pain” [The Spine Journal 20/7 (2020) p 998-1024]. *Spine J.* 2021;24:S1529-9430. PMID: 33640275

35. Sun EC, Mariano ER, Narouze S, Gabriel RA, Elsharkawy H, **Gulur P**, Merrick SK, Harrison TK, Clark JD. Making a business plan for starting a transitional pain service within the US healthcare system. *Reg Anesth Pain Med.* 2021;46:727-731. PMID: 33879540.
36. Mariano ER, Dickerson DM, Szokol JW, Harned M, Mueller JT, Philip BK, Baratta JL, **Gulur P**, Robles J, Schroeder KM, Wyatt KE, Schwalb JM, Schwenk ES, Wardhan R, Kim TS, Higdon KK, Krishnan DG, Shilling AM, Schwartz G, Wiechmann L, Doan LV, Elkassabany NM, Yang SC, Muse IO, Eloy JD, Mehta V, Shah S, Johnson RL, Englesbe MJ, Kallan A, Mukkamala SB, Walton A, Buvanendran A. A multisociety organizational consensus process to define guiding principles for acute perioperative pain management. *Reg Anesth Pain Med.* 2022;47:118-127, PMID: 34552003
37. Mamoun N, Wright MC, Bottiger B, Plichta R, Klinger R, Manning M, Raghunathan K, **Gulur P**. Pain trajectories after valve surgeries performed via midline sternotomy versus mini-thoracotomy. *J Cardiothorac Vasc Anesth.* 2022;36:3596-3602. PMID: 35641410
38. Hepner D, Harrop CM, Whinney C, **Gulur P**. Pro-con debate: Anesthesiologist- versus hospitalist-run preoperative clinics and perioperative care. *Anesth Analg.* 2022;134:466-474. PMID: 35180163
39. Chen H, Knettel BA, Macon Harrison L, Des Marais A, Nelli A, Campbell HA, Muhirwa A, McKellar MS, **Gulur P**, Guthrie S. Leveraging Policy Changes Made in Response to COVID-19 to Advance Telehealth and Novel Treatment Approaches for People Who Use Opioids: Qualitative Perspectives From Two Rural North Carolina Counties. *North Carolina Medical Journal.* 2023;84(5). doi:10.18043/001c.83930
40. Yi P, Johnson, S. Nelli A, **Gulur P**. Opioids After a Cesarean Section: Prescribing, Patient Use, Storage, and Disposal Practices. *Journal of Opioid Management*, vol. 19, no. 2, Mar. 2023, pp.179-85, doi:10.5055/jom.2023.0773. PMID: 37270426
41. Dickerson DM, Mariano ER, Szokol JW, Harned M, Clark RM, Mueller JT, Shilling AM, Udoji MA, Mukkamala SB, Doan L, Wyatt KEK, Schwalb JM, Elkassabany NM, Eloy JD, Beck SL, Wiechmann L, Chiao F, Halle SG, Krishnan DG, Cramer JD, Ali Sakr Esa W, Muse IO, Baratta J, Rosenquist R, **Gulur P**, Shah S, Kohan L, Robles J, Schwenk ES, Allen BFS, Yang S, Hadeed JG, Schwartz G, Englesbe MJ, Sprintz M, Urish KL, Walton A, Keith L, Buvanendran A. Multiorganizational consensus to define guiding principles for perioperative pain management in patients with chronic pain, preoperative opioid tolerance, or substance use disorder. *Reg Anesth Pain Med.* 2023 Apr 25:rapm-2023-104435. doi: 10.1136/rapm-2023-104435. Epub ahead of print. PMID: 37185214.
42. Nelli A, Wright MC, **Gulur P**. Green Light-Based Analgesia - Novel Nonpharmacological Approach to Fibromyalgia Pain: A Pilot Study. *Pain Physician.* 2023 Jul;26(4):403-410. PMID: 37535780.

43. Chidyaonga Shalita, Timothy Wang, Christopher F. Dibble, Shawn W. Adams, Amanda Nelli, David Sykes, Troy Tabarestani, Subasish Bhowmik, Beiyu Liu, Sin-Ho Jung, **Padma Gulur**, Peter Grossi, Clifford Crutcher, Muhammad M. Abd-El-Bar. Percutaneous lumbar interbody fusion results in less perioperative opioid usage compared to minimally invasive transforaminal lumbar interbody fusion: a single institution, multi-surgeon retrospective study. *J Spine Surg.* 2024 Jun 21;10(2):190-203. doi: 10.21037/jss-23-132. Epub 2024 May 17. PMID: 38974490 PMCID: PMC11224795

B. Books (indicate as author or editor):

1. Edwards DA, **Gulur P**, Sobey CM, (eds) Hospitalized Chronic Pain Patient: A Multidisciplinary Treatment Guide. Springer, Cham, Switzerland September 2, 2022. https://doi.org/101007/978-3-031-08376-1_1

Book chapters

1. **Gulur P**, Weber D, Acquadro M. Section 4, Chapter 18: Anesthetics. In: Albert D, Miller J, Azar D & Blodi B, eds. Albert and Jakobiec's Principles and Practice of Ophthalmology 3rd Edition. Philadelphia, PA: Elsevier Saunders; 2008. 193-206.
2. **Gulur P**, Stojanovic M. Chapter 33: Rheumatic and arthritic disorders. In: Mehta N, Moloney G, Bana D, and Scrivani S, eds. Head, Face and Neck Pain. Science, Evaluation and Management. Hoboken, NJ: John Wiley & Sons, Inc.; 2009. 576-588.
3. **Gulur P**, Abdi S, Sharma A, Raghavan L. Chapter 49: Pain in Children. In: Smith H, ed. Current Therapy in Pain. Philadelphia, PA: Elsevier Saunders; 2009. 373-382.
4. Spektor B, **Gulur P**, Rathmell JP. Diagnostic and Therapeutic Blocks. In: Lynch M, Craig K, Peng P, eds. Clinical Pain Management: A practical guide. Oxford: Wiley Blackwell; 2010. 151-160.
5. **Gulur P**, Wainger BJ, Ahn Y. Head and Facial Trigeminal Neuralgia. In: Lennard T, ed. Pain Procedures in Clinical Practice: Expert consult, 3rd Ed. Philadelphia, PA: Elsevier; 2011. 297-304.
6. **Gulur P**, Kain ZN, Fortier MA. Psychological aspects of pediatric anesthesia. In: Smith H, ed. Anesthesia for Infants and Children, 9e. Philadelphia, PA: Elsevier; 2016, 266-278.
7. **Gulur P**. Chapter 38: Assessing and measuring pain in adults. In: Trikha A and Singh P, eds. Monitoring in Anaesthesia and Critical Care. JP Medical Ltd.; May 2018.
8. Warlick A, Bullock W, **Gulur P**. Chapter 1: Acute Pain Medicine Services: Structure and Procedures. In: Buckenmaier CC, Kent M, Brookman JC, Tighe PJ, Mariano ER, Edwards D, eds. Acute Pain Medicine. Oxford, UK: Oxford University Press; April 2019 10.1093/med/9780190856649.003.0001.
9. Dagenais S, King JA, Park P, Perry DR, Sembrano JN, O'toole JE, **Gulur P**. Cost-Utility Section. In: Evidence-Based Clinical Guidelines for Multidisciplinary Spine Care: Diagnosis & Treatment of Low Back Pain. Burr Ridge, IL: North American Spine Society; January 2020

C. Digital output, other forms of public dissemination (other than publications / presentations):

1. **Gulur P**, Ahn Y. Faculty 1000, www.f1000.com, medical research peer review of: Gottschalk A, Ford J, Association between epidural analgesia and cancer recurrence after colorectal cancer surgery, *Anesthesiology*. 2010;113:27-34.
2. **Gulur P**, Mehta P. Faculty 1000, www.f1000.com, medical research peer review of: The efficacy and safety of fentanyl buccal tablet compared with immediate-release oxycodone for the management of breakthrough pain in opioid-tolerant patients with chronic pain. Ashburn MA, Slevin KA, Messina J, Xie F. *Anesth Analg*. 2011;112:693-702.
3. **Gulur P**, Latif S. Faculty 1000, www.f1000.com, medical research peer review of: A comparison of epidural analgesia and traditional pain management effects on survival and cancer recurrence after colectomy: a population-based study. KC Cummings III, F Xu, LC Cummings and GS Cooper. *Anesthesiology*. 2012;116:797-806.
4. **Gulur P**, Latif S. Faculty 1000, www.f1000.com, medical research peer review of: Characteristics of Distribution of Morphine and Metabolites in Cerebrospinal Fluid and Plasma with Chronic Intrathecal Morphine Infusion in Humans. M Wallace and TL Yaksh. *Anesth Analg*. 2012;115:797-804. Epub 2012 Jul 19.
5. **Gulur P**, Latif S. Faculty 1000, www.f1000.com, medical research peer review of: Pacemaker or defibrillator surgery without interruption of anticoagulation. Birnie DH, Healy JS, Wells GA, Verma A, Tang AS, Krahn AD, Simpson CS, Ayala-Paredes F, Coutu B, Leiria TL, Essebag V. *N Engl J Med*. 2013; 368:2084-2093.
6. **Gulur P**. Acute pain management in the "substance user." Harvard Online CME, Pain Management and End of Life Care Module. 2013.
7. **Gulur P**. Acute pain management of the opioid tolerant patient. Regional Anesthesia ToolBox Lecture. 2014.

Social media;

1. **Gulur P**. Green light exposure may provide pain relief and reduce need for opioids. *PainRelief.com* [interview]. August 16, 2020.
2. **Gulur P**. Ketamine and Pain Treatment. Doctor Radio Reports discussion SiriusXM [interview] with Dr. Marc Siegel. December 12, 2023
3. **Gulur P**. Pain Management and Green Light. Scientific History Institute Distillations Podcast [Interview] January 11, 2024.

D. Selected Abstracts:

1. Fanciullo G, **Gulur P**, Washington T, Mudge B, McHugo G, and Baird J. Children's computer assessment of pain and mood [abstract]. *J Pain* 2008; 9:S65
2. Washington T, **Gulur P**, Fanciullo G, Jamison R, McHugo G, and Baird J. Three-dimensional pain mapping [abstract]. *J Pain* 2008; 9:S66.
3. Keel J, **Gulur P**. Spinal cord stimulation for radicular pain following retained bullet in the spinal canal [abstract]. Massachusetts Hospital Clinical Research Day. May 2008.

4. **Gulur P**, Shin N, Baird J. Poster on children's computer assessment of pain and mood [abstract]. Massachusetts General Hospital Clinical Research Day. 2009.
5. Washington T, **Gulur P**, Fanciullo G, Jamison R, McHugo G, and Baird J. Reliability of three-dimensional pain mapping [abstract]. Massachusetts General Hospital Clinical Research Day. 2010.
6. Newmark J, **Gulur P**. Delayed spinal epidural hematoma after epidural catheter removal with reinitiation of Warfarin: A case report [abstract]. Massachusetts General Hospital Clinical Research Day. October 2011.
7. **Gulur P**, Palilla D, Cassidy E, Lau M. Urinary tract infections in patients with epidurals and urinary catheters compared to postoperative patients with urinary catheters alone [abstract]. Massachusetts General Hospital Clinical Research Day. October 2011.
8. **Gulur P**, Watt L, Lozowski D, Gifford M, Israel E. Improving the management of needle insertion pain and distress in children: a MGHfC 2011 quality improvement initiative [abstract]. Massachusetts General Hospital Clinical Research Day. October 2011.
9. **Gulur P**, Buonanno F. A complicated case of intracranial hypotension caused by anterior cervical cerebrospinal fluid leak alleviated by a thoracocervical epidural blood patch [abstract]. International Anesthesia Research Society. May 2012.
10. Watt L, Lau M, Latif S, **Gulur P**. Anterior cutaneous nerve entrapment syndrome (ACNES) in children [abstract]. American Society of Interventional Pain Physicians Meeting. June 2012.
11. Keel J, Lau M, **Gulur P**. Spinal cord stimulation for radicular pain following retained bullet in the spinal canal [abstract]. NYSSA Post Grad Assembly Meeting. August 2012.
12. **Gulur P**, King S. Spinal cord stimulation for intercostal neuralgia in a patient with Implantable Cardiac Defibrillator and Biventricular pacing [abstract]. American Society of Anesthesiologists, Annual Meeting. October 2012.
13. **Gulur P**, Newmark J, Wang J. Delayed spinal epidural hematoma after epidural catheter removal with re-initiation of Warfarin: A case report [abstract]. American Society of Anesthesiologists, Annual Meeting. October 2012.
14. **Gulur P**, Buonanno F. A complicated case of intracranial hypotension caused by anterior cervical cerebrospinal fluid leak alleviated by a thoracocervical epidural blood patch [abstract]. Massachusetts General Clinical Research. October 2012.
15. Watt L, Lau M, **Gulur P**. Summary of patient outcome data for a chronic pain clinic new pediatric [abstract]. Massachusetts General Hospital for Children Clinical Research Day. December 2012.
16. Latif S, Watt L, Lau M, **Gulur P**. Anterior cutaneous nerve entrapment syndrome (ACNES) in children [abstract]. Massachusetts General Hospital for Children Clinical Research Day. December 2012.

17. **Gulur P**, Saleeby C, Watt L, Koury K, Cohen A. Elevated lidocaine serum levels following the delivery of a needle free device [abstract]. Acute Pain Management Symposium. September 2013.
18. Bengali R, Huang M, **Gulur P**. The use of an intrathecal pump to manage intractable cancer pain in a pediatric patient: A case report [abstract]. Massachusetts General Hospital for Children Clinical Research Day. October 2013.
19. **Gulur P**, Saleeby C, Watt L, Koury K, Cohen A. Elevated lidocaine serum levels following the delivery of a needle free device [abstract]. Massachusetts General Clinical Research Day. October 2013.
20. **Gulur P**, Saleeby C, Watt L, Koury K, Cohen A. Elevated lidocaine serum levels in healthy adult volunteers following the use of a needle free device [abstract]. 39th Annual Regional Anesthesiology and Acute Pain Medicine Meeting. April 2014.
21. Pace M, Koury K, **Gulur P**. Epidurals in patients on thromboprophylaxis with unfractionated heparin three times a day – Value of partial thromboplastin time testing [abstract]. 39th Annual Regional Anesthesiology and Acute Pain Medicine Meeting. April 2014.
22. Kim DJ, Watt L, **Gulur P**, Edwards DA. Spinal cord stimulation for complex regional pain syndrome type II in a pediatric patient [abstract]. American Society of Anesthesiologists Annual Meeting. October 2014.
23. Chaichana KK, Watt L, Carinci A, Anderson TA, Scemama De Gialluly P, **Gulur P**, Leeman MR, Shank E, Wang JP, Edwards DA. Fentanyl at 750 mcg/hr: Pain management of a pediatric patient with Castleman’s disease and paraneoplastic pemphigus [abstract]. American Society of Anesthesiologists Annual Meeting. October 2014.
24. Crawford L, **Gulur P**, Gilligan C, Rathmell J, Chen L, Edwards DA. A retrospective review of spinal cord stimulator and drug delivery device infections [abstract]. American Society of Regional Anesthesia and Pain Medicine Annual Meeting. November 2014.
25. **Gulur P**, Banh E, Koury K, Pradeep A. Spine surgery in opioid tolerant patients – prevalence and patterns of opioid use in the year after surgery [abstract]. American Society of Interventional Pain Physicians 17th Annual Meeting. April 2015.
26. **Gulur P**, Banh E, Pradeep A, Lee H, Koury K, Chitilian H. Level of training and its effect on success rates of epidural catheters placed for postoperative pain [abstract]. American Society of Regional Anesthesia and Pain Medicine 40th Annual Meeting. May 2015.
27. Blickenstaff J, Banh E, Ahn J, **Gulur P**. Limited access to outpatient specialty care in pain leads to increased utilization of acute hospital care resources [abstract]. American Society of Regional Anesthesia and Pain Medicine 40th Annual Meeting. May 2015.
28. **Gulur P**, Banh E, Koury K, Arnstein P, Lee H, McCarthy P, Coley C, Mort E. Morphine versus hydromorphone: does choice of opioid influence outcomes? [abstract]. American Society of Regional Anesthesia and Pain Medicine 40th Annual Meeting. May 2015.

Selected Abstracts (Continued):

29. Arnstein P, Banh E, Koury K, Lee H, **Gulur P**. Morphine before hydromorphone – Results of a quality improvement initiative [abstract].. American Society of Regional Anesthesia and Pain Medicine, 40th Annual Meeting. May 2015.
30. Field R, Ahn KS, Alem N, Schwid HA, Vadera S, Garson L, **Gulur P**, Vakharia SB, Cannesson M, Kain ZN. Introduction of the perioperative surgical home concept to neurosurgical service lines [abstract]. American Society of Anesthesiologists Annual Meeting, A1284, October 2015.
31. Hemmad A, Banh E, Green J, Alem N, Vu TQ, Koury K, **Gulur P**. A preliminary assessment of intrathecal sufentanil equianalgesic conversion ratios and efficacy [abstract]. American Society of Anesthesiologists Annual Meeting, A1084, October 2015.
32. **Gulur P**, Pradeep A, Alem N, Banh E. A longitudinal outcomes evaluation of the effectiveness of celiac plexus blocks in patients experiencing chronic abdominal pain [abstract]. American Society of Regional Anesthesia and Pain Medicine 14th Annual Meeting. November 2015.
33. **Gulur P**, Banh E, Dayal R, Pradeep A. Accidental prescription overdose deaths and marijuana: association or aberration? [abstract]. American Society of Regional Anesthesia and Pain Medicine 14th Annual Meeting. November 2015.
34. Desai V, Khemlani V, Lo T, Eshelman M, Banh E, **Gulur P**. Patient satisfaction scores and their correlation to the dose of opioids administered in the perioperative [abstract]. American Society of Regional Anesthesia and Pain Medicine 41st Annual Meeting. March - April 2016.
35. Burns T, **Gulur P**, Banh E, Calderon MD. Fluoroscopy-guided pudendal nerve blocks in the treatment of chronic pelvic pain a single center outcomes evaluation [abstract]. American Society of Regional Anesthesia and Pain Medicine 41st Annual Meeting. March - April 2016.
36. Dang J, Desai V, Nguyen D, Banh E, **Gulur P**. Prevalence and characteristic of opioid use prior to admission based on gender, age, and ethnicity [abstract]. *Anesth Analg* 2016;122; S-203.
37. Record BC, Chavda AN, Ong E, Osann K, Dayal R, **Gulur P**. Ongoing monitoring for aberrant opioid related behaviors: A five question patient assessment tool [abstract]. American Society of Anesthesiologists Annual Meeting, A1051, October 2016.
38. Ong EW, Banh E, Eshelman MA, Kandil A, Engwall SA, **Gulur P**. Prevalence of opioid tolerance in future Medicare beneficiaries: Impact on healthcare utilization and federal spending [abstract]. American Society of Anesthesiologists Annual Meeting, A1293, October 2016.
39. Desai V, Dang J, Nguyen D, Ong E, Gimenez K, **Gulur P**. Influence of ethnicity on HCAHPS survey results: is random sampling adequate? [abstract]. American Society of Anesthesiologists Annual Meeting, A1279, October 2016.

40. Ong EW, Burns TL, Lo T, Ahn J, **Gulur P**. Paradoxical increases in opioid-tolerant hospital admissions amidst falling opioid prescribing [abstract]. American Society of Anesthesiologists Annual Meeting, A2124, October 2016.
41. Ong EW, Brentlinger G, Pirrello R, Merrill DG, **Gulur P**. Non-pharmacological options for pain management in hospitals: Experience from a single center [abstract]. American Society of Anesthesiologists Annual Meeting, A2125, October 2016.
42. Banh E, Ong E, Hua C, Schultz V, Ahn K, **Gulur P**. Patient education strategies: a comparison of pre-operative and post-operative patient-controlled epidural analgesia (PCEA) teaching [abstract]. American Society of Anesthesiologists Annual Meeting, A4113, October 2016.
43. Desai V, Ong E, Tyagi N, Vaughn D, Sun C, **Gulur P**. Efficacy of gabapentin and celecoxib as preemptive analgesia strategies in spine fusion surgery [abstract]. American Society of Anesthesiologists Annual Meeting, A4161, October 2016.
44. Banh E, Ong E, Desai VN, Garson L, **Gulur P**. Patient satisfaction with pain management and its effect on hospital readmission rates [abstract]. American Society of Anesthesiologists Annual Meeting, A4191, October 2016.
45. Pleticha J, Prakken S, Buchheit T, **Gulur P**, Bearrows S, Westover J, Aronson S. Financial impact of intensive outpatient pain management of Duke Health System high utilizers [abstract]. *Anesth Analg* 2017; 124:786.
46. Ray N, Komaki K, Ong E, **Gulur P**. Pain satisfaction scores (HCAHPS) in patients on opioid tolerant doses at the time of admission [abstract]. Presented at the Duke Anesthesiology Academic Evening, May 2017.
47. Ray N, Komaki K, Ong E, Aronson S, **Gulur P**. High doses of opioids at discharge – Top surgical procedures [abstract]. Presented at the Duke Anesthesiology Academic Evening, May 2017.
48. **Gulur P**, Prakken S, Ong E, Buchheit T. Effect of a state medical board guideline on safe opioid prescribing: Experience at a large regional academic medical center [abstract]. Presented at the Duke Anesthesiology Academic Evening, May 2017.
49. Ganesh A, Ray N, Komaki K, Ong E, Aronson S, **Gulur P**. Poor outcomes in patients on high doses of opioids prior to surgery – Time for perioperative optimization for pain [abstract]. Presented at the Duke Anesthesiology Academic Evening, May 2017.
50. Ganesh A, Komaki K, Ong E, **Gulur P**. Geographic distribution of high resource utilizers suffering from low back and neck pain: Experience from a regional academic medical center [abstract]. Presented at the Duke Anesthesiology Academic Evening, May 2017.
51. Chavda AN, Record BC, Alem N, **Gulur P**. Safe opioid prescribing: Role of validated monitoring tools to identify aberrant behaviors [abstract]. American Society of Anesthesiologists Annual Meeting, A1122, October 2017.

Selected Abstracts (Continued):

52. **Gulur P**, Ganesh A, Komaki K, Ong EW. Geographic distribution of high resource utilizers suffering from low back and neck pain: Experience from a regional academic medical center [abstract]. American Society of Anesthesiologists Annual Meeting, A2226, October 2017.
53. Ray N, Komaki K, Ong EW, Aronson S, **Gulur P**. High doses of opioids at discharge: Top surgical procedures [abstract]. American Society of Anesthesiologists Annual Meeting, A2219, October 2017.
54. Ray N, Komaki K, Ong EW, **Gulur P**. Pain satisfaction scores (HCAHPS) in patients on opioid tolerant doses at the time of admission [abstract]. American Society of Anesthesiologists Annual Meeting, A1004, October 2017
55. **Gulur P**, Prakken S, Ong EW, Buchheit T. Effect of a state medical board guideline on safe opioid prescribing: Experience at a large regional academic medical center [abstract]. American Society of Anesthesiologists Annual Meeting, A3077, October 2017.
56. Ganesh A, Ray N, Komaki K, Ong E, Aronson S, **Gulur P**. Poor outcomes in patients on high doses of opioids prior to surgery: Time for perioperative optimization of pain [abstract]. American Society of Anesthesiologists Annual Meeting, A2235, October 2017.
57. Anderson J, Komaki K, Prakken S, Roy L, Buchheit T, Hunting J, **Gulur P**. Role of pain specialists in reducing healthcare costs for patients with chronic pain [abstract]. Association of University Anesthesiologists Annual Meeting, April 2018.
58. Anderson J, Komaki K, Prakken S, Roy L, Buchheit T, Hunting J, **Gulur P**. Role of pain specialists in reducing healthcare costs for patients with chronic pain [abstract]. International Anesthesia Research Society Annual Meeting, 1235, April 2018.
59. Brown A, Ferrandino M, Ong E, Hopkins TJ, Kent M, **Gulur P**. Utilization, storage, and disposal of prescription opioids following urologic surgery - A case for procedure-specific opioid prescriptions and patient education [abstract]. International Anesthesia Research Society Annual Meeting, 1460, April 2018.
60. Koepke E, Williams D, Ganesh A, Komaki K, Hunting J, Aronson S, **Gulur P**. Poor outcomes in patients on high doses of opioids prior to surgery - Time for perioperative optimization for pain [abstract]. International Anesthesia Research Society Annual Meeting, 1085, April 2018.
61. Anderson J, Komaki K, Prakken S, Roy L, Buchheit T, Hunting J, **Gulur P**. Role of pain specialists in reducing healthcare costs for patients with chronic pain [abstract]. Society of Critical Care Anesthesiologists Annual Meeting, April 2018.
62. Horres C, Kent M, Komaki K, Ong E, Hunting J, **Gulur P**. Relationship of biopsychosocial measures and perioperative opioid use in an academic perioperative pain clinic [abstract]. Department of Anesthesiology Academic Evening, May 2018.
63. Brown A, **Gulur P**. Utilization, storage, and disposal of prescription opioids following urologic surgery: A case for procedure-specific opioid prescriptions and patient education [abstract]. Duke Anesthesiology Academic Evening, May 2018.

64. Anderson J, **Gulur P**. Role of pain specialists in reducing healthcare costs for patients with chronic pain [abstract]. Duke Anesthesiology Academic Evening, May 2018.
65. Koepke E, Williams D, Ganesh A, Komaki K, Hunting J, Aronson S, **Gulur P**. Poor outcomes in patients on high doses of opioids prior to surgery [abstract]. Duke Anesthesiology Academic Evening, May 2018.
66. Kent M, Horres CR, Komaki K, Hunting J, Ong E, **Gulur P**. Relationship of biopsychosocial measures and perioperative opioid use in the setting of an academic perioperative pain clinic [abstract]. American Society of Anesthesiologists Annual Meeting, A1135, October 2018.
67. **Gulur P**, Komaki K, Ong E, Ganesh A, Ray N, Aronson S. Perioperative Pain Care Clinic - Successfully reducing 90 day postoperative opioid use in chronic opioid users [abstract]. American Society of Anesthesiologists Annual Meeting, A1009, October 2018.
68. **Gulur P**, Komaki K, Ong E. Impact of outpatient comprehensive pain management on the healthcare costs in patients on opioid therapy [abstract]. American Society of Anesthesiologists Annual Meeting, A3118, October 2018.
69. **Gulur P**, Komaki K, Ong E. O-NET: Opioid dose based predictive model for risk of readmissions [abstract]. American Society of Anesthesiologists Annual Meeting, A4275, October 2018.
70. Der T, Nelli A, Murray S, **Gulur P**. Ketamine infusions for pain control in acute care: Prevalence of side effects [abstract]. Presented at Duke Anesthesiology Academic Evening, May 2019.
71. Nelli A, **Gulur P**. Impact of Strengthen Opioid Misuse Prevention (STOP) Act of North Carolina on patients of Duke University Health System [abstract]. Presented at Duke Anesthesiology Academic Evening, May 2019.
72. Cobert J, Lantos P, Williams D, Raghunathan K, Krishnamoorthy V, Barbeito A, JohnBull E, **Gulur P**. Geospatial analysis of drug-related admissions identifies unique geographical clusters of at risk patients: An analysis of an academic medical center in Durham County [abstract]. Presented at Duke Anesthesiology Academic Evening, May 2019.
73. Nelli A, **Gulur P**. Perioperative pain optimization: Preoperative treatment for patients on high dose opioids [abstract]. Presented at 2019 Vizient Connections Education Summit, Las Vegas, NV, September 2019.
74. **Gulur P**, Nelli A, Jacobsen M, Doyle J. Care on admission through transition (coastt) model of pain management for opioid tolerant patients: Preliminary results of a randomized controlled trial [abstract]. Presented at ASA 2019 Annual Meeting, Orlando, FL, October 2019.
75. **Gulur P**, Nelli A. Direct impact of opioid legislation on opioid prescribing patterns at a major health system [abstract]. Presented at ASA 2019 Annual Meeting, Orlando, FL, October 2019.

76. **Gulur P**, Nelli A, Thompson A, Gupta DK. Physician consultants and the companies who retain them: Is there equal opportunity for all [abstract]. Presented at ASA 2019 Annual Meeting, Orlando, FL, October 2019.
77. **Gulur P**, Nelli A. Does preoperative optimization of opioid tolerant patients undergoing surgery result in sustained change? [abstract]. Presented at ASA 2019 Annual Meeting, Orlando, FL, October 2019.
78. **Gulur P**, Der T, Nelli A, Murray S. Ketamine infusions for pain control in acute care: Prevalence of side effects [abstract]. Presented at ASA 2019 Annual Meeting, Orlando, FL, October 2019.
79. Der T, Nelli A, Young A, **Gulur P**. Ketamine and Lidocaine infusions for pain control in acute care: Prevalence of side effects [abstract]. Presented at Duke Anesthesiology Academic Evening, Durham, NC, May 2020.
80. Stafford-Smith M, Grantham A, Mamoun N, Eck J, Andrew BY, Kuhn C, Kharasch E, Mathew J, **Gulur P**. Exposure of anesthesiology trainees to potential financial conflicts of interest among educators [abstract]. Presented to the ASA Annual Meeting (virtual), October 2020.
81. **Gulur P**, Stafford-Smith M, Nelli A Pradeep A. Conflict of interest in medical education: Could payments from industry to residency program directors have an influence? [abstract]. Presented at the ASA Annual Meeting (virtual) October 2020.
82. **Gulur P**, Nelli A Cooter M. Opioid sparing potential of light-induced analgesia: A pilot trial of a non-pharmacological treatment for pain [abstract]. Presented at the ASA Annual Meeting (virtual) October 2020.
83. Nelli A, Kent M, Cooter M, **Gulur P**. Validation of a novel predictive risk management tool for opioid related adverse events in the hospitalized patient [abstract]. Presented at the IARS Annual Meeting (virtual), May 2021.
84. Pahwa N, Nelli A, **Gulur P**. Storage and disposal practices of prescribed opioids in the postoperative patient [abstract]. Presented at the IARS Annual Meeting (virtual), May 2021.
85. Nelli A, **Gulur P**. Opioid sparing effects of light induced analgesia for chronic pain in fibromyalgia patients [abstract]. Presented at the IARS Annual Meeting (virtual), May 2021.
86. Nelli A, Kent M, Cooter M, **Gulur P**. Validation of a novel predictive risk management tool for opioid related adverse events in the hospitalized patient [abstract]. Presented at the 29th Duke Anesthesiology Academic Evening, May 2021.
87. Sharma B, Ngo E, Yi P, Nelli A, **Gulur P**. Retrospective data analysis on intrathecal drug device revision rates [abstract]. Presented at the 29th Duke Anesthesiology Academic Evening, May 2021.

88. Nelli A, **Gulur P**. Opioid sparing effects of light induced analgesia for chronic pain in fibromyalgia patients [abstract]. Presented at the 29th Duke Anesthesiology Academic Evening, May 2021.
89. Nelli A, Kemp A, Shah A, Yi P, **Gulur P**. Gender diversity in patients receiving genicular nerve blocks [abstract]. Presented at the 29th Duke Anesthesiology Academic Evening, May 2021.
90. Johnson S, Nelli A, Yi P, **Gulur P**. Opioid prescribing patterns following Cesarean section: Influence on opioid use, storage, and attitudes towards alternative therapies [abstract]. Presented at the 29th Duke Anesthesiology Academic Evening, May 2021.
91. Nelli A, Yi P, Vorenkamp K, **Gulur P**. Impact of COVID-19 on the patient pain experience [abstract]. Presented at the ASA Annual Meeting, San Diego, CA, October 2021.
92. Nelli A, Kent M, Cooter M, **Gulur P**. Validation of a novel predictive risk management tool for opioid related adverse events in the hospitalized patient [abstract]. Presented at the ASA Annual Meeting, San Diego, CA, October 2021.
93. Johnson S, Yi P, Nelli A, **Gulur P**. Postoperative opioid use after caesarean sections [abstract]. Presented at the ASA Annual Meeting, San Diego, CA, October 2021.
94. Nelli A, Kemp A, Shah A, Yi P, **Gulur P**. Gender diversity in patients receiving genicular nerve blocks [abstract]. Presented at the ASA Annual Meeting, San Diego, CA, October 2021.
95. Sharma B, Ngo E, Yi P, Nelli A, **Gulur P**. Retrospective data analysis on intrathecal drug device revision rates [abstract]. Presented at the ASA Annual Meeting, San Diego, CA, October 2021.
96. Sharma B, Yi P, Shah A, Kemp A, Ngo E, Runyon S, Nelli A, **Gulur P**. Complications requiring removal or revision of spinal cord stimulators [abstract]. Presented at the ASA Annual Meeting, San Diego, CA, October 2021.
97. Nelli A, **Gulur P**. Erector spinae catheters: Observational study [abstract]. Presented at the ASA Annual Meeting, New Orleans, LA, October 2022.
98. Nelli A, Wright MC, **Gulur P**. Effects of light induced analgesia on anxiety for fibromyalgia patients [abstract]. Presented at the ASA Annual Meeting, New Orleans, LA, October 2022.
99. Riley M, Nelli A, **Gulur P**, Yi P. Efficacy of spinal cord stimulators in reducing opioid use [abstract]. Presented at the ASA Annual Meeting, New Orleans, LA, October 2022.
100. Johnson S, Nelli A, Yi P, **Gulur P**. Opioids after Cesarean section: Prescribing, patient use, storage and disposal practices [abstract]. Presented at the American Society of Regional Anesthesia 21st Annual Pain Medicine Meeting, Orlando, FL, November 2022

A. Non-refereed publications:

1. Rivera R, **Gulur P**, Rathmell J. Book Review, Interventional pain management: image guided procedures, 2nd Ed. *Anesth Analg.* 2009;108:389-390.
2. Woodbury A, Williams K, **Gulur P**. Patients and their pain experience in the hospital: The HCAHPS imperative with payments at risk in value-based purchasing environment. *ASA Newsletter.* 2014;78:28-29.
3. **Gulur P**, Ahn J, Alem N. Spinal cord stimulation and implanted cardiac devices - contraindication versus risk optimization. *NANS Newsletter.* Summer 2015.
4. Cyriac J, Alem N, Ahn K, **Gulur P**, Kain Z. Implementation of the perioperative surgical home at UC Irvine. *ASRA Newsletter.* November 30, 2015.
5. **Gulur P**, Ahn K, Cyriac J. Inpatient pain management – A patient-centric, value-based care delivery mode. *ASRA Newsletter.* December 21, 2015.
6. **Gulur P**. Women may experience more pain than men but receive less treatment for it. *KevinMD.com.* March 12, 2016.
7. **Gulur P**. Cybersecurity: Providers and patients beware. *NeuroNews.* June 17, 2019.
8. **Gulur P**, Nelli A. Does marijuana really relieve pain? Here’s what anesthesiologists say. *KevinMD.com.* September 13, 2019.
9. Nelli A, **Gulur P**. Managing chronic pain in dialysis patients. *Kidney Citizen,* June 1, 2020;22-23.
10. **Gulur P**. Pain management and opioid use disorder: Unique considerations in the COVID era. (accepted *ASA Monitor* December 2020).
11. **Gulur P**, Starr B, Nelli A. How We Do It: Transition pain clinic. (accepted *ASRA Newsletter* November 2020).
12. **Gulur P**. Green light exposure may provide pain relief and reduce need for opioids. *PainRelief.com* [interview]. August 16, 2020.
13. **Gulur P**. Ketamine and Pain Treatment. Doctor Radio Reports discussion SiriusXM [interview] with Dr. Marc Siegel. December 12, 2023
14. **Gulur P**. Pain Management and Green Light. Scientific History Institute Distillations Podcast [Interview] January 11, 2024.

B. Other forms of scholarship dissemination (not included above):
Policies and Guidelines

Pain Management; University of California, Irvine

2016 Safe Opioid Prescribing Guidelines

2016 Chronic Opioid Therapy Patient-Provider Agreement

- 2016 Chronic Opioid Therapy Consent
- 2016 Cancer Pain Guidelines
- 2016 Acute Pain Guidelines
- 2016 Managing Pain During Hospitalization – Pain Expectation
- 2016 Lidocaine Policy
- 2016 Non-Pharmacological Treatment for Pain

Acute Pain; University of California, Irvine

- 2016 Epidural Management Guidelines
- 2016 Inpatient Pain Service Policies & Procedures
- 2016 Peripheral Nerve Catheter Management Policy
- 2016 Regional Pain Services Policies & Procedures
- 2016 Time-Out Policy
- 2015 Buprenorphine (Suboxone, Subutex, Zubsolv, Bunavail) Guideline
- 2014 Intralipid Protocol

Chronic Pain; University of California, Irvine

- 2016 Anticoagulation Guidelines
- 2016 Discharge Criteria
- 2016 Intrathecal Guidelines
- 2016 NPO Guidelines
- 2015 Moonlighting Policy

Pain Medicine; Department of Anesthesiology & Perioperative Care, University of California, Irvine

- 2016 Safe Opioid Prescribing Guidelines
- 2016 Headache Management Guidelines
- 2016 Non-Operative Low Back Pain Management Guidelines
- 2016 Peripheral Nerve Catheters Guidelines
- 2016 Regional Complications (Outpatient) Management Guidelines
- 2015 Absentee Policy
- 2015 Academic Policies for Advancement
- 2015 Dress Code Policy
- 2015 Duty Hours Policy
- 2015 iPad Policy
- 2015 Minimum Performance Criteria, Academic Probation and Remediation Policies
- 2015 Fellow On-Call & Beeper Policy
- 2015 Supervision and Handoff Policy
- 2015 Vacation & Education Leave Policy
- 2015 Interventional Protocol for Fellows-UCI Pain

Massachusetts General Hospital

- 2010 Epidural Analgesia and PCEA (Patient Controlled Epidural Analgesia)
- 2010 Epidural drug policy and guidelines
- 2010 Lidocaine J-Tip Delivery Device for Venipuncture and IV Cannulation in Infants and Children
- 2010 Patient Controlled Analgesia (PCA) Intravenous
- 2010 Opioid safety and prescribing guidelines
- 2009 Epidural analgesia and management guide

- 2009 Nubain drug policy
- 2009 Patient controlled epidural analgesia guidelines
- 2008 Pediatric pain management dose card
- 2008 Intrathecal Analgesia Care and Monitoring

Patient Educational Material

Pain Management; Duke University

- 2017 Patient Education Materials, Perioperative Pain Clinic
 - 2018 DUMC Medical Protocol Orders for Inpatient Pain Service Registered Nurse
 - 2018 DUMC Medical Protocol Orders for Supplemental Medications Administered via Regional Catheters for Inpatient Pain Service Registered Nurse
 - 2018 DUMC Medical Protocol Orders for Supplemental Medications Administered via Epidural for Inpatient Pain Service Registered Nurse
 - 2018 DUMC Medical Protocol Orders Anticoagulation Therapy with Epidural or Regional Catheters
 - 2018 DUMC Medical Protocol Orders for Ketamine Administration and Titration for pain Continuous Intravenous Infusions for Inpatient Pain Service Registered Nurse
 - 2018 DUMC Medical Protocol Orders for Lidocaine Administration and Titration for Pain Continuous Intravenous Infusions for Inpatient Pain Service Registered Nurse
 - 2018 DUMC Medical Protocol Orders for Overnight New Consults for Inpatient Pain Service Registered Nurse
 - 2019 Diet and Inflammation
 - 2019 Pre-habilitation before Surgery
 - 2019 Music for Surgery Preparation and Recovery
 - 2019 Acupressure for Nausea and Vomiting”
- Pain Management; University of California, Irvine*
- 2016 Chronic Opioid Therapy Patient-Provider Agreement
 - 2016 Chronic Opioid Therapy Consent

Massachusetts General Hospital

- 2014 Post Procedural Instructions
- 2014 Pre-Procedure Regional
- 2011 Nerve block catheters for pain relief after surgery
- 2011 Epidural & PCEA during childbirth
- 2011 Pain relief after your surgery
- 2011 How to use a PCA pump to track your pain

Appointments and Recognition:

A. Scientific reviewer (e.g., editorial boards, study section review group):

- North Carolina Medical Board
- Medical Reviewer - Pain Medicine & Anesthesiology, September 2021 – present
- Review Board
- Neuromodulatory Interventions, September 2021
- Annals of Surgery (*ad hoc*)
- Anesthesia & Analgesia (*ad hoc*)
- Anesthesiology (*ad hoc*)
- Elsevier E-Abstract (*ad hoc*)

Emergency Medicine Journal (*ad hoc*)
Journal of Neuromodulation (*ad hoc*)
Journal of Obstetrics and Gynecology (*ad hoc*)
Journal of Pain (*ad hoc*)
Journal of Pediatric Hematology/Oncology (*ad hoc*)
World Journal of Surgery (*ad hoc*)

B. Professional societies, service organizations (list membership status, leadership positions, committee membership, etc.):

American Society of Anesthesiologists:

2015- Present Committee on Economics
2014- Present Committee on Pain Medicine
11/6/18-6/1/2020 Committee on Representation to AMA
2018- Present Alternate Delegate to the AMA House of Delegates
02/2020- Present ASA-ASRA Measure Maintenance Technical Expert Panel (TEP)
3/21/14-10/15/14 Perioperative Surgical Home Subcommittee on Education
2013 – 2019 Abstract Review Subcommittee on Chronic and Cancer Pain
2017 Abstract Review Subcommittee on Regional Anesthesia

American Society of Regional Anesthesia:

2012– 2015 ACGME Accreditation Exploratory Committee
2012 – 2015 Acute Pain and Regional Fellowship Directors Committee

North American Neuromodulation Society:

2015- Present Women in Neuromodulation,
2015- Present Scientific Meeting Planning Committee

Association of University Anesthesiologists:

(Elected 2019) Member

July 1, 2019- Present Private Diagnostic Clinic - The physician practice of Duke Health
Department of Anesthesiology At-Large Member, PDC Board of Managers

Food and Drug Administration:

11/13/14-09/30/2020 FDA Pharmacy Compounding Advisory Committee
10/01/18-9/30/2020 Chair, FDA Pharmacy Compounding Advisory Committee
12/18/20-9/30/2024 Chairperson, FDA Pharmacy Compounding Advisory Committee

National Service Office (NSO) for Nurse-Family Partnership and Child First

02/14/2025- Member, Board of Directors Committee. (non-disclosure)

Duke University Health System:

2016- Present Member, Opioid Safety Committee
2016- Present Member, Anesthesiology IT Committee
2017- Present Member, Pain Oversight Committee
11/2017-March 2019 Member, Anesthesiology Appointments, Promotions, and Tenure
Committee

Duke University Hospital:

01/01/2021-Present Executive Committee of the Medical Staff
2018- Present Duke University School of Medicine -Admissions Committee

University of California, Irvine:

2014-2016 Chair, Pain Executive Committee
2014- 2016 Member, Curriculum Committee – Perioperative Medicine Certificate Program Review
2014-2016 Member, Finance Committee,
2014-2016 Member, Ortho PSH Oversight Committee
2014-2016 Member, Quest Ambulatory Governance Committee
2014-2016 Member, Sedation Committee

Massachusetts General Hospital:

2013-2014 Pain Management Care Redesign Team; Chair
2009-2014 Opiate Safety Initiative; Chair
2008-2011 Long-term Credentialing Committee; Anesthesia, Critical Care & Pain Medicine

2008-2014 Multidisciplinary Pain Safety Issues Committee; Chair
2008-2014 Pain and Sedation Subcommittee, Medication Education Safety and Approval Committee (MESAC), Chair
2008-2014 Resident Recruitment Committee; Anesthesia, Critical Care & Pain Medicine

C. Advisory and consultant appointments (include government, non-government organizations, life science companies, private organizations, etc.):

2015-2016 California Health Care Foundation - Regional Opioid Safety Coalition; Lead

D. Scholarly societies (Alpha Omega Alpha, Sigma Xi, Phi Beta Kappa, etc.): N/A

E. Professional awards and recognition:

2002 Resident of the Year
Critical Care Anesthesia Department
Boston University

2002 Jennifer Saballa Award
Excellence in Compassionate Care
Boston University

2009 Citizenship Award
New Program Development (Acute Pain Service)
MGH DACCPM

2009 Partners in Excellence
Outstanding Performance and Commitment to Excellence for the Acute Pain Service
Partners Health Care System, Inc

Professional awards and recognition: (Continued)

- 2009 Citizenship Award
New Program Development (Acute Pain Service)
MGH DACCPM
- 2009 Partners in Excellence
Outstanding Performance and Commitment to Excellence for the Acute Pain Service
Partners Health Care System, Inc.
- 2009 Partners in Excellence
Outstanding Performance and Commitment to Excellence for Patient Safety
Partners Health Care System, Inc.
- 2009 Partners in Excellence
Outstanding Performance and Commitment to Excellence for Patient Safety
Partners Health Care System, Inc.
- 2010 Citizenship Award
Teaching, Clinical Expertise, Research
MGH DACCPM
- 2012 Partners in Excellence
Acute Pain Service: Operational Efficiency Partners Health Care System, Inc.
- 2012 The One Hundred Significant Contributions to the Fight Against Cancer
MGH Cancer Center
- 2013 Patient Safety Star
Quality Treatment & Service Excellence in Patient Quality & Safety
MGH Center for Quality & Safety
- 2019 Association of University Anesthesiologists
- 2022 Duke Institute of Health Innovation (DIHI) Faculty Innovation Award
“Improving Perioperative Care Coordination via Enhanced Decision Support Tools.”
- 2023 Prestigious Innovation Award
Recipient of the Harwick Association Award
The Medical Group Management Association (MGMA)

Research support:

Pending:

Project title: Pain Relief for Fibromyalgia Patients from Green Light Based Analgesia

Grant number: 1R21-DA060956-01

PI: Gulur, Padma

Your role: PD/PI

Your % effort: 1.2

Funding source: NIH

Funding amount: 442,750

Duration: 7/1/2024 - 6/30/2026

Project synopsis: Major Goals: Our long-term goal is to use green light-based analgesia to improve anxiety, pain and mitigate the use of opioids.

Project title: Treating central Post-stroke pAin wth traNscranial Low intEnsity focuSed ultraSound (PAINLESS)

Grant number: 1UG3-NS139017-01

PD/PI: Feng, Wuwei

Your role: Co-PI

Your % effort: 0 (0.6 yr.2027)

Funding source: NIH

Funding amount: \$3,914,411

Duration: 7/1/2024 - 6/30/2029

Project synopsis: Major Goals: The goal of this project is to investigate whether the integrity of spino-thalamo-cortical tract can correlates the patients response to LIFU, and determine if this can be an imaging biomarker for therapeutical response. This proposed study represents an important step in the systematic investigation of LIFU for patients with CPSP. Successful completion of this UG3UH3 project will inform the final device design, treatment protocol, and lead to the next pivotal trial.

Project title: A Randomized Control Trial of Ketamine for Sickle-Cell Pain

Grant number: Pending

PD/PI: Gulur, Padma

Your role: PI

Your % effort: 6.12

Funding source: RTI/NIH

Funding amount: \$2,505,485

Duration: 9/1/2024 - 8/31/2029

Project synopsis: Major Goals: The overarching goal of this proposal is to test opioids (Arm 1) vs opioids and ketamine (Arm 2) for the treatment of acute and chronic pain in Sickle Cell Disease (SCD) patients hospitalized for vaso-occlusive crises (VOC). We hypothesize that individuals in Arm 2 will have (i) better pain outcomes, (ii) less in-hospital and post-hospitalization opioid use, and (iii) better mental health (depression) outcomes. We also hypothesize that depression symptoms will be an important mediator and moderator of pain outcomes. To test this we propose a pragmatic, randomized controlled trial (RCT) which we call the Sickle cell Ketamine infusion on Mood and Pain (SkiMP) trial.

Completed:

Project title: HEAL Collaboratory Resource Coordinating Center (PRISM)

Grant number: 5U24-AT010961-01

PI: Dr. Adrian F. Hernandez (contact); Curtis, Lesley H; Weinfurt, Kevin P

Your role: Co-Investigator

Your % effort: 0.24 calendar months or 2%

Funding source: NIH

Funding amount: \$6,440,468

Duration: 9/28/2019 – 06/30/2024

Project synopsis: The National Institutes of Health (NIH) HEAL Collaboratory Resource Coordinating Center works to strengthen the nation's ability to implement cost-effective, large-scale research studies that engage health care delivery organizations as research partners. The Collaboratory will develop and share knowledge about pragmatic clinical trials including those targeted to the HEAL Initiative, including an estimate of their value, in order to promote the use and acceptance of these research methods by various decision-makers.

Project title: TRPM8 in Eye Health and Disease

Grant number: 1R01-EY031698-01

PI: Co-Investigator

Your role: Co-investigator

Funding source: NIH

Funding amount:

Duration: 09/30/2020 – 4/30/2024

Project title: Opioid Sparing Potential of Light-Induced Analgesia

Grant number: IR03DA046011-01A1

PI: Gulur, Padma

Your role: PI

Your % effort: 3.45%

Funding source: DHHS, PHS, NIH, NIDA

Funding amount: \$160,875

Duration: 4/15/2019 - 3/31/2021

Project synopsis: The main goal of this project is to examine the opioid-sparing and pain-relieving potential of a novel, non-pharmacological treatment for pain. Recent pre-clinical work has identified an anti-nociceptive effect of green light. Visually-mediated cognitive and biological effects of specific color-ranges of light are broadly recognized in areas of affect and circadian rhythm. Similar effects on pain perception are less understood. We will conduct a pilot trial of the potential for green-spectrum light exposure as an opioid-sparing analgesic adjunct

Project title: Integrated Health Services to Reduce Opioid Use While Managing Chronic Pain: The INSPIRE Trial

Grant number: PCORI NCT03454555

PD/PI: Wu, Li-TZY for Duke Contract

Your role: Clinical Investigator

Your % effort: Varying (25%, 10%, 5% in the last year)

Funding source: PCORI NCT03454555

Funding amount: \$1,714,142

Duration: 07/16/2020 – 03/30/2023

Project synopsis: Our goal is to address a key clinical dilemma for clinicians and patients: Can the addition of a behavioral intervention to guideline concordant care allow CNCP patients on moderate/high-dose opioids to decrease opioid dose, while maintaining or even improving functional status? We hypothesize that CNCP patients on moderate/high-dose chronic opioid therapy (COT) who receive a behavioral health intervention comprising cognitive behavioral therapy (CBT) and motivational interviewing (MI) will have lower daily opioid doses over the longer term (defined as 12 months) compared with patients receiving guideline concordant care.

Project title: Pain Management for Opioid Tolerant Patients: A Randomized Controlled Trial
NIA via NBER

PI: Gulur, Padma

Your role: PI

Duration: 2017

Project synopsis:

Project title: Effect of Ultra-low Dose Naloxone on Remifentanil-induced Hyperalgesia

PI: Gulur, Padma

Your role: PI

Funding source: UCIJCTS: NIH CTSA

Duration: 2016

Project title: Determining Optimal Pain Medication Prescription for Postoperative Outpatient Surgical Pain Using An Innovative Oral Patient Controlled Analgesia (PCA) Device

PI: Gulur, Padma

Your role: PI

Funding source: UCI ICTS: NIH CTSA

Duration: 2016

Project title: Orange County Collaborative on Prescription Drug Abuse

PI: Gulur, Padma

Your role: PI

Lead

Orange County Collaborative on Prescription Drug Abuse

UCI

2016

Lead

Regional Opioid Safety Coalition Grant

California Healthcare Foundation

2015

Co-PI

Effect of Ultra-low Dose Naloxone on Remifentanil-induced Hyperalgesia

UCI

2014

Project title: A Randomized, Double Blind, Placebo Controlled, Parallel Group Study of the Efficacy and Safety of Pregabalin (BID) in Subjects with Post-Traumatic Peripheral Neuropathic Pain

Role: Co-Investigator for multi-center study (PI for Massachusetts General Hospital)

Funding Source: Industry sponsored: Pfizer

Funding amount: \$7,500/patient

Duration: 2013 - 2014

Role: Co-Investigator for multi-center study

PI for Massachusetts General Hospital

An Open-Label, Multicenter Study for the Safety, Pharmacokinetics, and Efficacy of Buprenorphine Transdermal System (BTDS) in Children from 7 to 16 Years of Age, Inclusive, Who Require Continuous Opioid Analgesia for Moderate to Severe Pain

Funding source: Industry Sponsored: Purdue

Funding amount: \$18,000/patient

Duration: 2012 - 2014

Role: Co-Investigator

Project title: Optimal Method of Pain management in Patients with Multiple Rib Fracturs

Industry Sponsored: On-Q

Funding amount: \$100,000

Duration: 2012 - 2014

Role: PI: Gulur, Padma

Project title: Lidocaine Serum Levels in Healthy Adult Volunteers: a Pilot Evaluation of the J-Tip Delivery System

Massachusetts General Hospital

Funding amount: \$1,500.

Duration: 2012

Project Title: Computer Assessment of Children's Pain and Mood Phase II

Role: PI for Massachusetts General Hospital

Co-Investigator for multi-center study

Funding source: NIH SBIR 215587

Funding amount: \$750,000

Duration: 2009-2011

Co-Investigator for multispecialty study

PI

3-D Pain Mapping

NIH SBIR

2009

Project title: A Phase 3, Multicenter, Randomized, Placebo-controlled, Double-blind Study to Evaluate the Efficacy and Safety of the Sterile Lidocaine Hydrochloride Monohydrate (LHM) Product in Adult Subjects

Role: Co-Investigator

Funding source: Industry sponsored: Anesiva

Funding amount: \$120,000

Duration: 2006 - 2007

Co-Investigator for multi-center study

PI for Massachusetts General Hospital

Computer Assessment of Children's Pain and Mood Phase I

Sponsor: NIH SBIR

Duration: 2006 – 2007

Patents:

G.P. Li, Padma Gulur et al United States Patent 10675221 B2 (Systems and Methods for controlling and monitoring medication dispensation) June 2020

Padma Gulur, Amanda Nelli. United States Patent Application No. 17/545,502 (Light Therapy for Relief of Pain), December 2021

Mentoring activities (for each mentee list the duration of mentor-mentee relationship and any resulting scholarship (e.g., abstract, manuscript, presentation, award, grant, academic appointment):

Faculty:

Faculty from MD Anderson Cancer Center
Lakshmi Koyyalagunta. MD - May 2018

Department of Anesthesiology, Duke Health
Basma Mohamed, MD – 7/21/24- Present

Fellows / post-doctoral fellows:

Residents: Preceptor history and physical exam skills

Alison Brown, MD - CA-1 - December 2017
Luca La Colla, MD - CA-1 - April 2018
Andrew Wong, MD - CA-1 - May 2018
Henry Lather, MD - CA-1 - July 2018
Erika Logdek, MD - CA-1 - September 2018
Jason McGavin, MD - CA-1 - December 2018
Suhask Kochat, MD - Intern - September 2019

Duke University Health System

Administrative Fellowship Programs
Natasha Patel - February 2017

Medical students:

Harvard Premedical Society's Physician Mentorship Program for Premedical Students.
Mentored 3 students / 4-6 meetings per year
Harvard Medical School
2011-2014

MGH Institute of Health Professions Physician Mentorship Program
MGH Institute of Health Professions
2012

Duke University School of Medicine
Medical Students: Preceptor history and physical exam skills
Jenny Wu - February, March, and April 2018
Justin Ma - May 2019
Anika Gnaedinger – April 2021
Dana Rubenstein – April 2021

Sadé Orejobi – March 2022

Zoe Lusk – clinical applications of ketamine, particularly in pain management and neuroscience. - November 2024- Present

Education / teaching activities (residents, fellows, medical students, CME):

Duke University School of Medicine

"Perspectives on Pain," Department of Anesthesiology Fellows, March 2017

"Rethinking Your Practice in the Context of an Opioid Epidemic," Department of Anesthesiology Fellows, September 2017

"Pharmacology of Opioids," Department of Anesthesiology CA-1 Residents, November 2017

"Pediatric Pain Assessment and Management," Pain Medicine Fellows, March 2018

"Perspectives on Pain," Department of Anesthesiology Fellows, March 2018

"Pharmacology of Opioids," Department of Anesthesiology CA-1 Residents, October 2018

"Opioid and Non-Opioid Pain Management in Pregnancy," Duke Medical Students, November 2018

"Turning Clinical Program Ideas into Clinical Realities," Department of Anesthesiology Fellows, February 2019

"Career Development: Establishing a local, regional, and national presence," Department of Anesthesiology Fellows, June 2019

"Ketamine and Lidocaine," Hospice and Palliative Medicine Fellows Longitudinal Curriculum, November 2019

"Pharmacology of Opioids," Department of Anesthesiology CA-1 Residents, October 2020.

"Ketamine and Lidocaine," Hospice and Palliative Medicine Fellows Longitudinal Curriculum, November 2019

"Pharmacology of Opioids," Department of Anesthesiology CA-1 Residents, August 2021.

"STOP Act and Prescribing Opioids in NC," Hospice and Palliative Medicine Fellows Longitudinal Curriculum, June 2021

"Ketamine and Lidocaine," Hospice and Palliative Medicine Fellows Longitudinal Curriculum, February 2022

"STOP Act and Prescribing Opioids in NC," Hospice and Palliative Medicine Fellows Longitudinal Curriculum, February 2022

"Pharmacology of Opioids," Department of Anesthesiology CA-1 Residents, February 2023

“Complex Regional Pain Syndrome,” Palliative Care Grand Rounds, Duke University School of Medicine, March 2023

University of California, Irvine

Supervise and Train Fellows, Anesthesia and PM&R Residents, and Medical Students in Chronic Pain Clinic in outpatient clinical setting / Gottschalk Medical Plaza
2014 - 2016

Supervise and Train Fellows and Anesthesia Residents in Acute Pain Service
2014-2016

Pain Management Didactic Program
Pain Fellows, Residents, Medical Students
2014-2016

Pain Medicine Cadaver Teaching Symposium
Chronic Pain Faculty, Pain Fellows, Residents
2015

Neuroscience – Sensory Systems and Pain Course
Medical Students
2016

Anatomy: Cadaver lab on neuraxial access
2016

Massachusetts General Hospital:

Supervise and Train Fellows, Anesthesia Residents, and Medical Students in MGH Chronic Pain Clinic in outpatient clinic setting
2006 - 2014

Resident Lectures
Resident Rotators in the Chronic Pain Service
2006 - 2014

Journal Club
Clinical Fellows in Pain Medicine
2006 - 2014

Supervise and Train Fellows, Anesthesia Residents, and Medical Students in MGH Acute Pain Service
2008 - 2014
Pediatric Pain Management in Chronic Abdominal Pain
Pediatric GI Fellows and Pediatric Fellows
2008 - 2014

Pediatric Pain Lecture
Pediatric Residents and Fellows
2008-2014

Fellowship Orientation Lecture Series: Intrathecal Pumps; Pediatric Pain; Chronic Abdominal Pain;
Basic Neurological Examination
Clinical Pain Fellows (primary audience), Rotating anesthesia residents, Medical students
2008-2014

Acute Pain Lecture Series
Resident Rotators in the Acute Inpatient Pain Service
2008-2014

Acute Pain Lecture Series
Resident Rotators in the Acute Inpatient Pain Service
2008-2014

Acute Pain Management Updates
SICU Fellows
2010-2014

MGH Child Neurology CME Course, Harvard Medical School -2013
Pediatric Pain Management

Tufts University
Course for Master's Degree Students
Tufts University, Boston, MA - 2008
"Postoperative Pain Management"

Development of Courses/Educational Programs

University of California, Irvine
Acute Pain Didactics for Residents
Rotation curriculum
2014-2016

Chronic Pain Didactics for Residents
Rotation curriculum
2014-2016

Acute Pain Didactics for Fellows
Full fellowship year curriculum
2014-2016

Chronic Pain Didactics for Fellows
Full fellowship year curriculum
2014-2016

Introduction to Perioperative Surgical Home
3 day course for new Residents in Anesthesiology
2014-2016

Challenging Cases Course
2014-2016

Multidisciplinary QA/QI
2014-2016

Massachusetts General Hospital

Developed online 8 part modules, with pre- and post- tests, for inpatient pain resident rotators. Modules are a required component of the residents' education on the acute pain service – post tests are submitted and graded as part of their rotation

Pain Champions

Continuing education course for nursing staff

2012-2013

Harvard Medical School

Acute Pain Symposium

2012-2014

Development of Assessment Tools and Methods

University of California, Irvine

OSCE Skills Exam

2014 - 2016

Pre & Post Rotation Testing for Residents in Anesthesiology

2014 - 2016

Education Management / Leadership

Fellowship Director (ACGME), Pain Medicine

Department of Anesthesiology & Perioperative Care

University of California, Irvine

2014 - 2016

Director, Medical Student Chronic Pain Rotation

Department of Anesthesiology & Perioperative Care

University of California, Irvine

2014-2016

Fellowship Director, Acute Pain and Regional Anesthesia

Department of Anesthesia, Critical Care, & Pain Medicine

Massachusetts General Hospital - 2012-2014

Course Director, Acute Pain Management Symposium

Harvard Medical School

2012-2014

Invited lectures and presentations:

Visiting professorships (institution, date):

Visiting Professor, Grand Rounds, Carney Hospital, Dorchester, MA 2006
"Spinal Cord Stimulation"

Visiting Professor, Craniofacial Pain Center Rounds, Tufts University, Boston, MA 2007
"Interventional Options for the Treatment of Rheumatic and
Osteoarthritic Conditions of the Cervical Spine"

Visiting Professor, Nursing Grand Rounds Carney Hospital, Dorchester, MA 2007
"Perspectives in Pain Management"

Visiting Professor, Grand Rounds, Carney Hospital, Dorchester, MA- 2007
"Opioid Rotation"

Visiting Professor, Pain Center Rounds, Tufts University, Boston, MA 2012
"Management of Pediatric Pain: Interventional approaches"

Visiting Professor, Grand Rounds, Tufts Medical Center, Boston, MA 2013
"Acute Pain Management in the Opioid Tolerant Patient"

Visiting Professor, University of California – San Francisco, San Francisco, CA 2013
"Hydromorphone – Evolving Concern"

Visiting Professor, University of California – San Francisco, San Francisco, CA 2013
"Acute Pain Management in the Opioid Tolerant Patient"

Visiting Professor, University of NebraskaLincoln, NE - 2014
"Acute Pain Management in the Opioid Tolerant Patient"

Visiting Professor, Pediatric Pain Grand Rounds, Massachusetts General Hospital, Boston, MA - 2014
"Overview Pediatric Pain Management: Updates"

Visiting Professor, University of Nebraska, Lincoln, NE - 2014
"Adductor Canal Blocks vs Femoral Nerve Blocks"

Visiting Professor, Department of Medicine, Grand Rounds, University of California Irvine, Irvine, CA -
2014
"Advances in Pain Management"

Visiting Professor, University of Florida, Gainesville, FL - 2014
"Opioid Tolerance in the Substance User"

Visiting Professor, University of Florida, Gainesville, FL - 2014
"Acute Pain Management in the Opioid Tolerant Patient"

Visiting Professor, Cedars Sinai, Los Angeles, CA - 2015
"Value Based Healthcare Performance Models: A Case Study in Pain Management"

Visiting Professor, Grand Rounds, Fountain Valley Regional Medical Center, Fountain Valley, CA -
2015

“Achieving Pain Control in Your Patients”

Visiting Professor, Grand Rounds, Department of Anesthesiology, Drexel University, Philadelphia, PA - 2017

“Value Based Healthcare Performance Models: A Case Study in Pain Management”

Visiting Professor, Grand Rounds, Department of Anesthesiology, University of Colorado, Denver, CO, February 2018

“Perioperative Pain Clinic: A value proposition for improved outcomes”

Visiting Professor, Grand Rounds, Department of Anesthesiology, University of North Carolina at Chapel Hill, Chapel Hill, NC, September 2018

"Perioperative Pain Care: A value-based population health strategy"

Visiting Professor, Grand Rounds, Department of Anesthesiology and Perioperative Medicine, MD Anderson Cancer Center, The University of Texas, January 2019

"Perioperative Pain Care: Value based population health"

Visiting Professor, Department of Anesthesiology, University of Florida, Gainesville, FL, October 2019

Grand Rounds – “Perioperative Pain Management: Value based population health model”

Mini-lecture with Neuroanesthesia Division – “Ketamine Infusions as an Opioid Sparing Alternative”

Visiting Professor, Department of Anesthesiology, Rush University, Chicago, IL, March 2020

“Perioperative Pain Management: A value based population health strategy”

Visiting Professor, Department of Anesthesiology, Boston Medical Center, Boston, MA, June 2020

“Pain Management: A population health strategy”

Visiting Professor, Lahey Hospital and Medical Center Grand Rounds, Burlington, MA, July 10, 2024

‘Perioperative Optimization of Pain: Value Based and Outcomes Driven’

Scientific meetings – invited (lecture title, meeting, date):

National Scientific Meetings (Invited):

American Society of Anesthesiologists Annual Meeting, New Orleans, LA, October 2009

Speaker: "Spinal Cord Stimulation for Radicular Pain Secondary to Retained Bullet"

MGMA Annual Anesthesia Conference, Chicago, IL, April 2015

Speaker: “Perioperative Surgical Home – An administrator's role”

American Society of Interventional Pain Physicians, Orlando, FL, April 2015

Speaker: "Morphine over Hydromorphone, Does Choice of Opioid Influence Outcomes?"

Speaker: "Spine Surgery in Opioid Tolerant Patients – Prevalence and Patterns of Opioid Use in the Year after Surgery"

American Society of Regional Anesthesia and Pain Medicine 40th Annual Regional Anesthesiology & Acute Pain Medicine Meeting, Las Vegas, NV, May 2015

Speaker: "Morphine versus hydromorphone: does choice of opioid influence outcomes?"

Speaker: "Morphine before hydromorphone – Results of a quality improvement initiative"

American Society of Anesthesiology Annual Meeting, San Diego, CA, October 2015

Speaker: "The Chronic Pain Patient: Costs Associated with Their Care and the Best Approach to Creating a Value Based Healthcare Model"

Speaker: "Billing and Compliance-Avoiding Fraud, Maximizing Potential"

Speaker: "Can Pharmacogenetic Testing Improve the Treatment of Pain?"

Panel Discussion: "Opioids Are Safe and Effective and Should Continue as the Cornerstone for Analgesic Management Perioperatively"

Speaker: Epidural Steroid Injections: Do We Really Need the Steroid?"

Society of American Gastrointestinal and Endoscopic Surgeons Annual Meeting, Boston, MA, March 2016

Speaker: "Non-Narcotic Pain Management Alternatives for Hernia Surgery"

American Society of Anesthesiology Annual Meeting, Chicago, IL, October 2016

Panel Discussion: "Optimizing Your Revenue and Minimizing Your Risk"

Speaker: "Prioritizing and Selecting Regional and Neuraxial Anesthetic Choices in the Patient with Chronic Pain"

Speaker: "Intrathecal Pumps are the Most Effective Form of Opioid Delivery"

Speaker: "Pharmacogenetics in the Treatment of Pain"

ASA Practice Management 2017, Grapevine, TX, January 2017

Speaker: "Pain Coding: Changes for 2017"

American Society of Anesthesiology Annual Meeting, Boston, MA, October 2017

Moderator: Chronic Pain and Cancer Pain Session

Speaker: Can personalized and integrative medicine improve pain

Speaker: "Updates in billing, coding and compliance: Optimizing revenue and minimizing risk"

American Society of Regional Anesthesia 16th Annual Pain Medicine Meeting, Orlando, FL - November 2017

PBLD: "Coding and Compliance: Do's and Don'ts"

Moderator: Resident/Fellow Program: The Business of Medicine: A Crash Course in Practice Management 2017

Speaker: Resident/Fellow Program: "Pain Medicine Coding and Compliance"

Speaker: ASA Practice Management Portfolio Session: "Reporting Measures and Payment Models/Coding for Pain Medicine Services"

ASA Practice Management 2018, New Orleans, LA, January 2018

Speaker: Pain Coding: Changes for 2018"

Scientific meetings – invited (lecture title, meeting, date):

Association of Physician Assistants in Cardiothoracic and Vascular Surgery 37th Annual Meeting, Miami, FL, April 2018

Speaker: "Prescribing Controlled Substances"

Speaker: "Perioperative Pain"

American Alliance of Orthopaedic Executives 2018 Annual Conference, Orlando, FL, April 2018

Speaker: "Clinical Models for Orthopaedic Value Based Care: What you need to know"

American Association for Thoracic Surgery 98th Annual Meeting, San Diego, CA, April 2018

Speaker: "Perioperative Pain Management in the Anti-Narcotic Era"

19th Annual Duke Anesthesiology Conference, Controversies in Perioperative Medicine, Orlando, FL, June 2018

Speaker: "Postoperative Rescue Teams: How do we fit in?"

Speaker: "Perioperative Pain Clinic"

Speaker: "Leadership Models: Why we need to be better managers"

American Society of Anesthesiology Annual Meeting, San Francisco, CA, October 2018

Panel Discussion: "Perioperative pathways for patients taking methadone"

Panel Discussion: "Preoperative opioid reduction pathway to improve perioperative outcomes in opioid addicted and opioid tolerant neurosurgical and non-neurosurgical patients"

Speaker: "Pain medicine practice management for beyond 2018, staying ahead and compliant through knowledge of the evolving landscape"

Speaker: "Physician owned practices in the era of health system mergers, expansions, and ACOs: Evolving to thrive"

California Anesthesiology Society Annual Meeting, Maui, HI, January - February 2019

Speaker: "Perioperative Pain Care: A comprehensive model"

Speaker: "Optimal Management of the Substance User"

PBLD: "Neuraxial or Regional Technique for a Patient Presenting for Thoracic Surgery"

Speaker: "Cybersecurity: Impact on perioperative devices"

Association of Physician Assistants in Cardiothoracic and Vascular Surgery 38th Annual Meeting, Miami, FL, April 2019

Speaker: "Safe Opioid Prescribing"

American Association of Hip and Knee Surgeons Spring Meeting, New York, NY, May 2019

Panelist: Symposium VI: The Psychology of Total Joint Replacement

American Society of Anesthesiology Annual Meeting, Orlando, FL, October 2019

Speaker: "Buprenorphine Can Be Continued in the Perioperative Setting"

Speaker: "Clinical Science Contending the Use of Regenerative Medicine Modalities for Chronic Pain"

American Society of Regional Anesthesia and Pain Medicine 18th Annual Pain Medicine Meeting, New Orleans, LA - November 2019

Speaker: "Buprenorphine in the Perioperative Setting: What to do AFTER surgery"

Speaker: "Policy and Advocacy in Pain Medicine: Fighting for the greater good"

Speaker: "Stronger Together: Coordinating care in a practice of physician and non-physician care extenders"

American Association of Hip and Knee Surgeons Spring Meeting, Dallas, TX, November 2019

Panelist: Symposium S117: The Psychology of Total Joint Replacement

Society for Perioperative Assessment and Quality Improvement (SPAQI), Orlando, FL, March 2020

Speaker: "Perioperative Pain Management: Opioids and addiction"

American Society of Regional Anesthesiology and the Association of Pain Program Directors (ASRA/APPD), September 2020

Panelist: Webinar – Best Practices in Ambulatory Opioid Therapy Including Guidelines, Efficacy, Complications and Tapering

EBPOM Dingle: 22nd Current Controversies in Anaesthesia & Perioperative Medicine and SIAA Autumn Congress, virtual - October 2020

Speaker: "Found Dead in Bed: Respiratory depression from opiate analgesia in 2020"

American Society of Anesthesiology Annual Meeting, virtual - October 2020

Speaker: "The Acute Pain Management in the Substance Abuser"

American Society of Regional Anesthesia and Pain Medicine 19th Annual Pain Medicine Meeting, Virtual - November 2020

Speaker: "Addiction or Affliction: Taper, Stop, or Continue Opioids in Chronic Nonmalignant Pain"

American Society of Anesthesiologists 2021 Pain Summit, Virtual, February 2021

Presentation: Acute Pain Principles - Principle 1: Clinicians should conduct a preoperative evaluation including assessment of medical and psychological conditions, concomitant medications, history of chronic pain, substance abuse, and previous postoperative treatment regimens and responses, to guide the perioperative pain management plan.

American Society of Regional Anesthesia and Pain Medicine Persistent Perioperative Pain Symposium Virtual – September 2021

Speaker: "Implementing a Transitional Pain Service"

Kentucky Society of Anesthesiologists 2021 Meeting, Virtual – June 2021

Speaker: "Acute Pain Management in the Substance User"

American Academy of Pain Management 38th Annual Meeting – Scottsdale, AZ – March 2022

Speaker: "Duke Transitional Pain Program"

Becker's 12th Annual Meeting, Chicago, IL – April 2022

Speaker: "Anesthesiologists Tackling America's Ongoing Opioid Epidemic during COVID-19"

American Society for Enhanced Recovery Annual Meeting, Virtual – May 2022

Speaker: "Methadone: Is There a Role in Acute Postoperative Pain Management?"

Midwest Pain Society 46th Scientific Meeting, Chicago, IL – September 2022

Speaker: "Perioperative Pain Management Optimal Care of the Substance User"

The Anesthesiology Annual Meeting, New Orleans, LA – October 2022

Speaker: "Perioperative Management Options for Patients with Pain Pumps Undergoing Anesthesia"

Speaker: "Transitional Pain Service"

Speaker: "Regulatory Efforts for Pain Medicine" – 2021-2022

American Society of Regional Anesthesia Pain Medicine's Chronic Post-Operative Pain Symposium,
Virtual – March 2023

Speaker: "Make it Financially Profitable, Different Models of Care"

American Academy of Pain Management 39th Annual Meeting – Ft. Lauderdale, FL – March 2023

Speaker: "Integrated Pain and Wellness Program: An Academic Center Model"

American Society of Anesthesiologists Annual Meeting 2024

Speaker: ASA: 2024: (GULUR) ST206. "Pain Medicine Economics Episode Injection at the Same Time"
October 20, 2024 – Philadelphia, PA

COE Meeting on Economics

Courses, symposiums, workshops – invited (lecture title, meeting role, meeting, date):

EBPOM-USA Masters Course. A Perioperative Care Practicum: "The How to Guide" for evaluation,
management and implementation, Atlanta, GA, April 2018

Speaker: "The Rationalization: Data, outcomes, and economics; the practical realities:
screening, workflow and workforce, financials, and tracking"

Speaker: Case Study and Panel Discussion (Pain)

EBPOM-USA Masters Course. A Perioperative Care Practicum: "The How to Guide" for evaluation,
management and implementation, Chicago, IL, September 2018

Speaker and Panel: "Perioperative Pain Management"

American Society of Anesthesiologists Annual Meeting, New Orleans, LA - 2009

Instructor, Cadaver Course

"Spinal Cord Stimulation"

Abdel Mehio Ultrasound-Guided Regional Anesthesia Course and Workshop, Massachusetts Society of
Anesthesiologists - 2012

"Complications in Regional Anesthesia"

Gator RAP Workshop, University of Florida, Gainesville, FL - 2014

"Complications in Regional Anesthesia"

Work-Related Injury Workshop: New Challenges & New Solutions, Boston Medical Center, Waltham,
MA - 2014

"Dependency & Addition: Early Detection and Prevention"

Faculty Ultrasound Guided Blocks Workshop, Regional Anesthesia Service, Massachusetts General
Hospital, Boston, MA - 2014

Evidence Based Perioperative Medicine USA Masters Course: A Perioperative Care Practicum, Atlanta,
GA, April 2018

Speaker: Session: Standing Up a Preoperative Pain Clinic - "The Rationalization; Data Outcomes; Economics: The practice realities: screening, workflow and workforce, financials, and tracking
Speaker: Case Study and Panel Discussion

International Anesthesia Research Society, Boston, MA - 2012
A Complicated Case of Intracranial Hypotension Caused by Anterior Cervical Cerebrospinal Fluid Leak Alleviated by a Thoracocervical Epidural Blood Patch

American Society of Interventional Pain Physicians Meeting, Washington DC - 2012
Anterior Cutaneous Nerve Entrapment

American Society of Anesthesiology Annual Meeting, San Diego, CA - 2015
A Preliminary Assessment of Intrathecal Sufentanil Equianalgesic Conversion Ratios and Efficacy

American Society of Regional Anesthesia and Pain Medicine 40th Annual Meeting, Las Vegas, NV - 2015
Limited Access to Outpatient Specialty Care in Pain Leads to Increased Utilization of Acute Hospital Care Resources

American Society of Regional Anesthesia and Pain Medicine 40th Annual Meeting, Las Vegas, NV - 2015
Level of Training and Its Effect on Success Rates of Epidural Catheters Placed for Postoperative Pain