

# Timothy D. Fensky, RPh, DPh, FACA

## Executive Summary

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After graduating Bouve College of Pharmacy and Allied Health Science, I began my professional career in community pharmacy. I have had opportunities to grow an independent community pharmacy in the long-term care arena and specialized medication management programs for long term care at home patients. Over the past thirty years I have developed business plans to include Department of Mental Health and Department of Developmental Services congregate care settings, Specialized Schools, Skilled Nursing Facilities, Assisted Living Facilities, Compounding, Hospice, Sterile and Non-Sterile Compounding, Pharmacy Management Services, Clozapine Management Services and Immunization Programs. My experience, communication, organizational skills, and business acumen have allowed me to engage employees, build relationships, and manage pharmacy operations which have provided exceptional results.

## Skills Summary

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|-------------------------|------------------------------------|------------------------------|
| ◆ Leadership            | ◆ Pharmacy Operations              | ◆ Talent development         |
| ◆ Recruiting            | ◆ Business Acumen                  | ◆ Compounding                |
| ◆ Pharmacy Consultant   | ◆ Building Community Relationships | ◆ Professional Presentations |
| ◆ Regulatory Compliance |                                    |                              |

## Key Accomplishments

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- Board Member – Independent Pharmacist, Commonwealth of Massachusetts Board of Registration in Pharmacy, March 2025 to Present
- Board of Trustee, National Council for Prescription Drug Programs, May 2024 to present
- Member, Unified Recovery and Monitoring Program (URAMP), Advisory Committee Member, November 2023 to October 2024
- Member, National Association of Boards of Pharmacy, Task Force on Best Pharmacists and Pharmacy Personnel Mental Health and Well-being, August 2023
- NCPA member representative to National Council for Prescription Drug Programs, May 2023 to present
- National Association of Boards of Pharmacy, Advisory Committee on Exams, August 2022 to present
- Federation of State Medical Boards Workgroup on Opioid and Addiction Treatment, April 2022 to April 2024
- Board Member, Massachusetts Pharmacist Association, November 2022 to March 2025
- National Community Pharmacist Association, Member of Long-Term Care Advisory Committee, October 2021 to present
- Commonwealth of Massachusetts Advisory Committee to the Board of Pharmacy, Expert in Chapter 71 of the USP, December 2020 to March 2025
- Chair, MassHealth DUR Advisory Board, April 2017-March 2018; April 2019 to 2020, April 2023 to present, Chair-Elect, March 2018 to March 2019; March 2021 to 2023, Board member, June 2014-Present
- National Association of Boards of Pharmacy Executive Committee, Chairperson, May 2021 to May 2022
- National Association of Boards of Pharmacy Executive Committee, President, May 2020 to May 2021
- National Association of Boards of Pharmacy Executive Committee, President-Elect, May 2019 to May 2020
- NABP Solutions, President, May 2019 to May 2020
- Northeast Pharmacy Services Corporation, February 2019 to Present, Treasurer, February 2020 to February 2022, Chair, February 2022 to Present

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- Luminary, Community Pharmacy Enhanced Services Network (CPESN) Massachusetts, October 2018 to present
- National Association of Boards of Pharmacy Representative, FDA Pharmacy Compounding Advisory Committee, October 2018 to present
- National Association of Boards of Pharmacy Executive Committee, Treasurer, May 2018 to May 2019
- NABP Solutions, Treasurer, May 2018 to May 2019
- Executive Committee Liaison, National Association of Boards of Pharmacy, Task Force on Best Practices for Veterinary Compounding, August 2017
- Member, National Association of Boards of Pharmacy, Budget and Interim Planning Committee, November 2017, November 2018
- Board Member, Sterile Compounding Pharmacist, Commonwealth of Massachusetts Board of Registration in Pharmacy, January 2015-October 2021
- National Association of Boards of Pharmacy Executive Committee Member, District 1, May 2016-May 2018
- President, Sterile Compounding, Commonwealth of Massachusetts Board of Registration in Pharmacy, January 2017-December 2017
- President-Elect, Sterile Compound Pharmacist, Commonwealth of Massachusetts Board of Registration in Pharmacy, January 2016-December 2016
- Member, National Association of Boards of Pharmacy, Task Force on Pharmacist Prescriptive Authority, September 2015
- Board Member, Independent Seat, Commonwealth of Massachusetts Board of Registration in Pharmacy, June 6<sup>th</sup>, 2014-October 10<sup>th</sup>, 2014
- President-Elect, Massachusetts Pharmacist Association, 2013-2014
- Vice President, Massachusetts Pharmacist Association, 2012-2013
- Academy Governor of Independent Pharmacy, Massachusetts Pharmacist Association, 2010-2012
- President, Massachusetts Independent Pharmacist Association, 2009-2010
- Advisory Member, Massachusetts Independent Pharmacist Association, 2014 to Present
- Board Member, Massachusetts Independent Pharmacist Association, 2003-2014
- Partners Home Care Advisory Committee, 2003-2006
- Department of Mental Health Medication Administration Program Advisory Committee, 2001-2003
- Board Member, Boston Association Retail Druggist, 1996-1999

## Professional Experience

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### February 2025 to Present

#### Pharmacy Insights, President/Principal Consultant

- Experienced pharmacy executive with over 30 years in the industry, specializing in innovative pharmacy solutions and regulatory compliance. As the founder and principal consultant of Pharmacy Insights, I leverage my extensive background in community pharmacy, long-term care, compounding, and leadership roles to help clients optimize their pharmacy operations and navigate complex regulatory landscapes. Key areas of expertise in regulatory compliance and quality improvement, sterile and non-sterile compounding, long-term care pharmacy services, pharmacy operations management, business development and strategic planning.

### March 2025 to Present

#### Symbria, Pharmacist (Per Diem)

- Possess knowledgeable understanding of current medication information, health care concepts and all regulations relative to the practices of institutional pharmacy.

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- Interpret and assess new and refill order requests accurately to ensure appropriate therapy and maintain patient safety.
- Clarify inappropriate physician orders when necessary. • Transcribe telephone orders accurately and review for appropriate therapy. • Provide an accurate final check on all prepared medication to ensure completeness. • Prepare and complete all appropriate documentation required on orders, prescriptions, controlled substance records, general workflow, etc.
- Monitor and recommend therapy adjustments based on patient status, lab work, and culture results.
- Monitor Total Parenteral Nutrition (TPN) lab work, recommend dosing adjustments when appropriate, communicate with nursing staff and prescribers, enter orders into the pharmacy software, and coordinate deliveries to communities.
- Provide physicians, nursing staff, and public with drug information such as drug selection, dosage, proper administration, etc.
- Counsel patients and review medications using audio/visual technology for tele-pharmacy. Maintain established goals for initial and final review productivity levels, which meets operational needs and ensures deliveries leave as scheduled.
- Model a supervisory role: on a daily basis, in partnership with management, assume responsibilities including assigning, directing, and supervising pharmacy staff and workflow to achieve and maintain consistent and efficient processing and delivery of all prescription orders.

## **October 2023 to January 2025**

### **Advanced Wellness Pharmacy, Director of Pharmacy Operations**

- Provider leadership in the development of clinical programs promoting patient wellness.
- Ensures responsibilities are fulfilled and consistent with mission and vision statements.
- Leads pharmacy operations in compliance with state and federal laws and regulations.
- Oversees continuous improvement processes to deliver high quality patient and financial outcomes.
- Develop goals, objectives and budgets that support the company's mission.
- Oversees the interoperability of data sharing across pharmacy and pharmacy partnerships.
- Engaged in Prescription Processing, Medication Dispensing, Patient Counseling, Drug Interactions, and Inventory Management, when necessary.

## **August 2015- September 2023**

### **Bournewood Health Systems, Pharmacy Administrator**

- Oversee all pharmacy operations, pharmacy and therapeutics committee and continuous quality improvement programs for 110 bed psychiatric and substance use treatment services.

## **April 2004-September 2023**

### **Sullivan's Health Care, Chief Pharmacy Officer**

- Facilitated the creation of Sullivan's Health Care to provide closed door pharmacy services to long term care facilities, assisted living facilities, group residences, hospice, specialized schools, and compounding.
- Oversee Sullivan's Pharmacy retail pharmacy and Sullivan's Health Care long term care pharmacy operations including professional development of employees, continuous quality improvement program, medication therapy management programs, immunization programs, consultant services, hospice interdisciplinary team.
- Responsible for supervising the operation of the pharmacy departments to ensure compliance with DEA, Federal and State regulations as well as company policy. Ensure pharmacies meet all department goals in addition to filling prescriptions accurately and maintaining a professional image in the community.

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- Precept students involved with Cardinal Health Sullivan's Pharmacy MCPHS Specialized Residency Program, Massachusetts College of Pharmacy Advanced Pharmacy Experience Program, and Northeastern Cooperative education.
- Incorporated pharmacy automation for multiple dose packages for medication compliancy program.
- Incorporated OutcomesMTM, Mirixa and Medication Optimization in assisted living department.
- Implemented electronic medical record with medication module for safe administration of medication to residents in skilled nursing facilities.
- Lead compounding staff to obtain future Pharmacy Compounding Accreditation Board certification for sterile and non-sterile compounding.

## **May 2003-April 2004**

### **East Boston Neighborhood Health Center Ambulatory Pharmacy, Clinical Pharmacist**

- Designed, in collaboration with East Boston Neighborhood Health Center administration, the ambulatory pharmacy.
- Managed 340b pharmacy operations, including staff scheduling, inventory management, and workflow, in accordance with all state and federal regulations.
- Developed diabetes management program for patients incorporating best practices for blood testing, insulin administering technique, management of hypoglycemia and hyperglycemia.

## **January 1995-May 2003**

### **Sullivan's Pharmacy and Medical Supply, Pharmacy Manager, Institutional Services**

- Implemented infusion services for long term care business.
- Expanded Compounding services from veterinary to include human compounding for hormone replacement therapy.
- Provided Pharmacy Consultant services to several skilled nursing facilities including medication reconciliation, medication utilization review, conducting med pass review, medication room inspections and ensuring compliance to Department of Public Health and Joint Commission Long Term Care Accreditation survey.
- Developed medication services and consulting services to accredited hospice programs.
- Developed multidose packaging system for PACE site for safe medication compliance and monitoring of senior citizens.

## **June 1993-January 1995**

### **Sullivan's Pharmacy and Medical Supply, Staff Pharmacist**

- Responsible for all aspects of pharmacy operation including daily pharmacy operation, inventory management, day to day problem resolution and customer service. Maintain compliance with federal and state regulations and company policies.

## **Education**

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Northeastern University, Bouve College of Pharmacy and Allied Health Sciences  
Bachelor of Science in Pharmacy, June 1993

## **Presentations/Continuing Education**

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USP <797> *The Old, The New, and The Regulatory*, Speaker, Massachusetts Pharmacist Association, December 2023

*Reactor Panel on Risk-based Regulation*, Moderator, 2019 Tri-Regulator Symposium, Omni Frisco, Frisco, Texas, September 2019

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*Who Wants To Be A Sterile Compounder*; Northeastern University Continuing Pharmacy Education, Plymouth, MA (June 2019), Marlborough, MA (July 2019), Norwood, MA (August 2019), Peabody, MA (September 2019), Norwood, MA (December 2019)

*Risky Business-Assessment of Risk on Hazardous Drugs*; Webinar, Nebraska Pharmacist Association, February 2019

*Big League Data Exchange: It's Going to Be Huge!* Moderator, NABP Interactive Executive Officer Forum, October 2018 and NABP Interactive Member Forum, November 2018

*Risky Business-Assessment of Risk on Hazardous Drugs in Sterile and Non-Sterile Compounding*, Northeastern University Continuing Pharmacy Education, Plymouth, MA (June 2018), Marlborough, MA (July 2018), Norwood, MA (August 2018), Peabody, MA (September 2018), Mansfield, MA (October 2018), Pittsfield, MA (November 2018), Norwood, MA (December 2018)

*Measuring the Way: Metrics Supporting Regulation*, Moderator, NABP 114<sup>th</sup> Annual Meeting, Denver, CO, May 2018

*Shared Discussion Topics*; Moderator, NABP Interactive Compliance Officer/Legal Counsel Forum; Chicago, IL (November 2017)

*"Technology: The Future at Our Fingertips;"* Moderator, NABP Interactive Executive Officer Forum, Chicago, IL (October 2017)

*Massachusetts Regulatory Update*; American Health Resources, Westford, MA (November 2017)

*Hey USP<800>! You Talkin' to Me?* American Health Resources, Westford, MA (November 2017)

*Is That A USP<800> Gorilla in the Corner?* New England Pharmacist Convention, Ledyard, CT (September 2017)

*This Old Facility, Facility Design and Maintenance of Sterile Cleanrooms*; Northeastern University Continuing Pharmacy Education, Plymouth, MA (May 2017), Marlborough, MA (June 2017), Norwood, MA (August 2017); Peabody, MA (September 2017); Mansfield, MA (October 2017); Pittsfield, MA (November 2017); Norwood, MA (December 2017)

*USP <800> Hazardous Drugs: It's a Small, Dangerous World*, Moderator, NABP 113<sup>th</sup> Annual Meeting, Orlando, FL, May 2017

*Substance Use Disorder Forum*; speaker and organizer for Advanced Math and Science Academy, Marlborough, MA, April 2017

*I'll Take USP <800> for \$200 Alex*; Northeast Pharmacy Service Corporation 2017 Expo & CE, Groton, CT, April 2017

*USP<800>: Does It Really Apply to Me?* Seminar by the Sea, University of Rhode Island, March 2017

*Was Russia Behind USP <800>?*; Massachusetts Pharmacist Association, January 2017

*"Red, White, and Blue – DQSA and You"*; Moderated Panel discussion at 2016 NABP Interactive Executive Officer Forum, Chicago, IL.

*The Inspectors are Coming, The Inspectors are Coming: Preparing for a Board Inspection USP <797>*; Northeastern University Continuing Pharmacy Education, May 2016, June 2016, July 2016, August 2016, October 2016, December 2016

*USP <800> Personnel Garbing Validation: SOP and Documentation Requirements*, Northeastern University Continuing Pharmacy Education, May 2016, June 2016, July 2016, August 2016, October 2016, December 2016

*USP<797>: Restrictions and Regulations – Here and on the Horizon*, Massachusetts Pharmacist Association, February 2016

*USP <797> Regulation Update*, Massachusetts Pharmacist Association, October 2015

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*Sterile Compounding/Infusion Therapy – Now and in the Future*, Northeastern University Continuing Pharmacy Education, October 2015

*Compounding: Implementing Best Practices for USP <797> and <795>; Personnel Validation*, Northeastern University Continuing Pharmacy Education, May 2015, June 2015, August 2015, September 2015, October 2015, November 2015, December 2015

*USP 795: New Restrictions and Regulations* (Law CE); Massachusetts Pharmacist Association Spring Conference, April 2015

*Chapter 159 of the Acts of 2014: An Act Relative to Pharmacy Practice in the Commonwealth*, Massachusetts Health Council, January 2015

*GenerationRx: Use of Safe Medication Practices for Pharmacists*, Cardinal Health Business Summit, October 2014

## Awards/Commendations

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- Massachusetts Pharmacist Association, Bowl of Hygeia
- Massachusetts Pharmacist Association, President's Award
- Massachusetts Pharmacist Association, The Nathan Goldberg Award
- Honorary Doctor of Pharmacy License from the Oklahoma State Board of Pharmacy

## Certifications/Licenses/Affiliations

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- Full Fellow in American College of Apothecaries
- Massachusetts Pharmacy License
- Visiting Clinical Assistant Instructor, Department of Pharmacy and Health System Sciences, Bouve College of Health Sciences, Northeastern University 2016 to 2020
- Adjunct faculty member at Massachusetts College of Pharmacy in Boston. 2012 to 2016
- Preceptor to Massachusetts College of Pharmacy Advanced Pharmacy Experience Program 2012 to 2016
- Key Preceptor for Cardinal Health Sullivan's Pharmacy MCPHS Specialized Residency Program 2012 to 2016
- Member of Massachusetts Pharmacist Association
  - Committee Member, Convention and Conference Committee, 2010-2014
  - Committee Member, Finance Committee, 2010-2014
  - Committee Member, Professional Affairs, 2010-2014
  - Committee Member, Nominations and Awards Committee, 2015
- Past Member of Massachusetts Independent Pharmacist Association
- Member of American College of Apothecaries
- Past Member of The International Academy of Compounding Pharmacists
- Member of National Community Pharmacists Association
- Past Member of American Society of Health-System Pharmacists
- Past Member of American Society of Consultant Pharmacists
- Middlesex Deputy Sheriff's Association