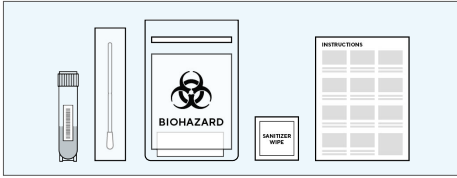


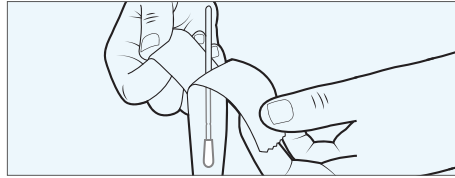
Helix COVID-19 Self-Collection Kit Instructions

For use by individuals age 18 years or older (self-collected), 14 years and older (self-collected under adult supervision), or years and older (collected with adult assistance).

Read ALL steps before collecting your sample. Make sure to collect and drop off on the same day.



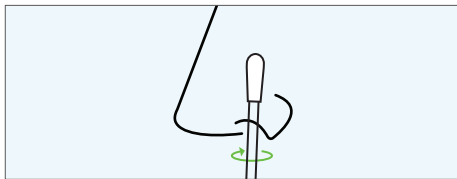
1) Your collection kit will be on the locker shelf, along with a hand sanitizer wipe. After cleaning your hands with the hand sanitizer wipe, please follow these instructions to collect your sample. **DO NOT TEAR THE BIOHAZARD BAG OPEN OR REMOVE THE ABSORBENT PAD.**



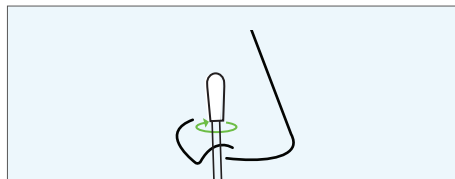
2) Lay out your self-collection materials on the shelf. Do not close the locker door until you are finished collecting. When you are ready to collect, take the swab out of its sleeve. Do not touch the tip of the swab or allow it to come into contact with any other surface. If this occurs, register for a new appointment to return and provide a new sample.



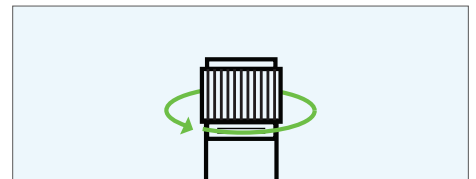
3) If you are collecting a child's sample, they must stay as still as possible so have them sit down. Tell the child to count to three or take a deep breath to relax. If their nose is small, put the swab so at least the tip is inside to collect.



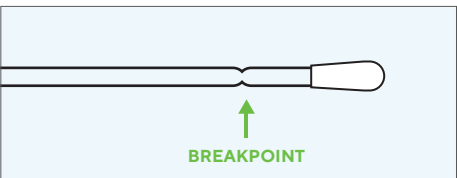
4) Insert the tip of the swab into one nostril. The tip of the swab should no longer be visible (usually about 1/2" to 3/4"). Give the swab a gentle push against the inside of the nose and rotate it in a circle. Rotate the swab at least 3 times.



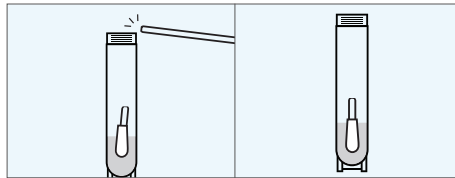
5) Repeat step 3 in your other nostril.



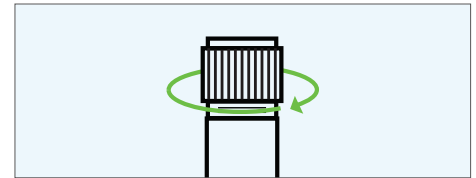
6) After collecting your sample, hold the swab in one hand and screw off the top of the saline collection tube with the other. Put the tube's top on the locker's shelf.



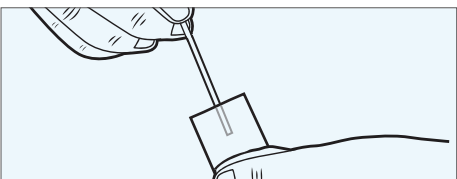
7) Look for the breakpoint on the swab's handle. It can be found approximately 1/4" - 1/2" away from the swab on the handle.



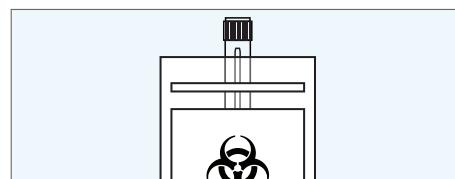
8) Put the swab into the collection tube THEN break the handle. **DO NOT PLACE THE USED HANDLE IN THE COLLECTION TUBE.**



9) Make sure you screw the top back on the collection tube tightly.



10) Place the swab's handle back in its sleeve and discard in the trash. Wash or sanitize your hands after. **REMINER: DO NOT REMOVE THE ABSORBENT PAD FROM THE BAG.**



11) Open the biohazard bag like a ziplock storage bag and insert the collection tube inside. **DO NOT TEAR THE BIOHAZARD BAG OPEN OR REMOVE THE ABSORBENT PAD FROM THE BAG.**



12) Seal the biohazard bag with the collection tube and absorbent pad inside. Place the sealed biohazard bag containing your sample into the site collection drop-box.

Helix COVID-19 Self-Collection Kit Information



This product (collection kit in combination with the authorized test) has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA for use by the authorized laboratory;

This product has been authorized only for the detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens; and

The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of in vitro diagnostics for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. §360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.

Questions?

Please call the phone number on the front of the locker for assistance.

To see the **Patient Fact Sheet**, go to: www.helix.com/pcr-patient-fact-sheet

Helix COVID-19 Self-Collection Kit Instructions

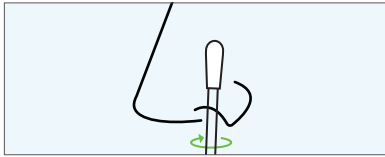
For use by individuals 18 years and older (self-collected), 14 years and older (self-collected under adult supervision), or 2 years and older (collected with adult assistance)

BEFORE COLLECTION, WASH OR SANITIZE YOUR HANDS.

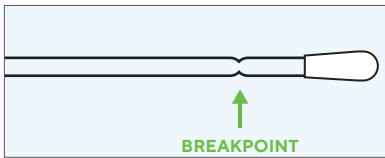
COLLECT YOUR SAMPLE BEFORE THE EXPIRATION DATE OR IT WILL BE REJECTED AT THE LAB.



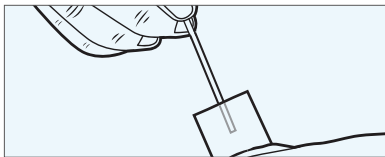
- 1) You will have a set of supplies to collect the sample. Open the biohazard bag like a ziplock bag and put the contents on a clean flat surface. **DO NOT TEAR THE BIOHAZARD BAG OPEN OR REMOVE THE ABSORBENT PAD.**



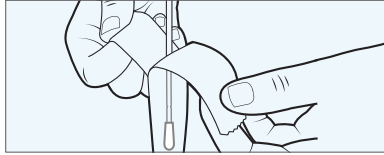
- 4) Insert the tip of the swab into one nostril. The tip of the swab should no longer be visible (usually about 1/2" to 3/4"). Give the swab a gentle push against the inside of the nose and rotate it in a circle. Rotate the swab at least 3 times.



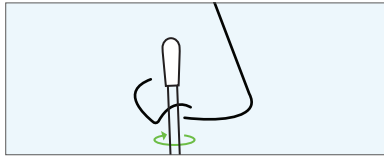
- 7) Look for the breakpoint on the swab's handle. It can be found approximately 1/4" - 1/2" away from the swab on the handle.



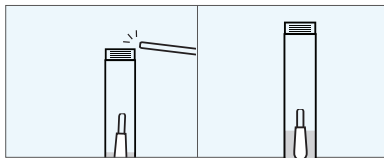
- 10) Place the swab's handle back in its sleeve and discard in the trash. Wash or sanitize your hands after the self-collection process. **REMINDER: DO NOT REMOVE THE ABSORBENT PAD FROM THE BAG.**



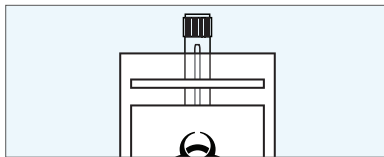
- 2) When you are ready to collect your or your child's sample, take the swab out of its sleeve. Do not touch the tip of the swab with your hands. **IF YOU TOUCH THE SWAB, YOU MUST OBTAIN A NEW KIT AND START OVER.**



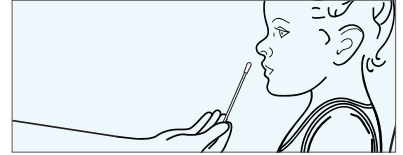
- 5) Repeat step 4 in the other nostril.



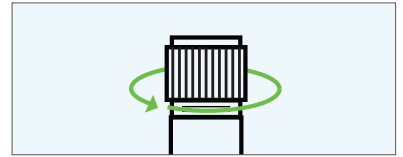
- 8) Put the swab into the collection tube THEN break the handle. **DO NOT PLACE THE USED HANDLE IN THE COLLECTION TUBE.**



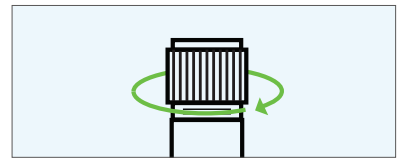
- 11) Open the biohazard bag like a ziplock storage bag and insert the collection tube inside. **DO NOT TEAR THE BIOHAZARD BAG TO OPEN IT OR REMOVE THE ABSORBENT PAD INSIDE.**



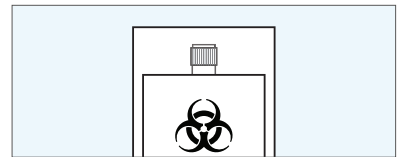
- 3) If you are collecting a child's sample, they must stay as still as possible so have them sit down. Tell the child to count to three or take a deep breath to relax. If their nose is small, put the swab so at least the tip is inside to collect.



- 6) After collecting the sample, hold the swab in one hand and screw off the top of the collection tube with the other. Put the tube's top in a safe place because you will need it again.



- 9) Make sure you screw the top back on the collection tube tightly.



- 12) Seal the biohazard bag with the collection tube and absorbent pad inside. The sample can be stored at room temperature. **YOU MUST RETURN YOUR SAMPLE IN THE BIOHAZARD BAG TO THE DROP-BOX WITHIN 24 HOURS OF COLLECTING YOUR SAMPLE.**

Helix COVID-19 Self-Collection Kit – Overview



STEP 1: REGISTER YOUR KIT!
YOU MUST REGISTER TO RECEIVE
YOUR RESULTS

**Scan to
Register**



Step 1: Register Your Kit

- Before collecting the sample, you must register your test kit. This step is required to receive your results
- Register your kit on the same day you collect.
- Scan the QR code above or visit www.cvs.com/DropOff to begin registration.

Step 2: Collect Your Sample & Drop It Off

- Follow the instructions on the back of this sheet to collect the sample.
- After collection, make sure you drop the sample off **the same day** at the CVS store you selected during kit registration.

Step 3: View Your Results

- The average time to receive results is 1 to 2 days. Once the results are ready, you will receive a text message (SMS) with a secure link to view results.

Questions?

If you have questions on registration, sample drop-off, or results, please contact CVS at **1-800-SHOP-CVS (1-800-746-7287)**.

If you have questions on the test or sample collection, please contact Helix at **(844) 211-2070** or email support@helix.com.

To see the Patient Fact Sheet, go to: www.helix.com/factsheet.

This product (collection kit in combination with the authorized test) has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA for use by the authorized laboratory; this product has been authorized only for the detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens; and the emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of in vitro diagnostics for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.