

Regulatory Considerations for Trial Design: BCG-Unresponsive CIS

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Disclosures

- No financial or other disclosures

FDA Approved Treatments for Patients with BCG-Unresponsive CIS

- Valrubicin approved BCG-refractory CIS “for whom immediate cystectomy would be associated with unacceptable morbidity or mortality”
 - CR rate 18%, median DOR ~13.5 months
- Pembrolizumab approved for BCG-unresponsive CIS at high risk of progression
 - CR rate 41%, median DOR ~16 months

Considerations for BCG-Unresponsive CIS

- No currently accepted standard of care non-cystectomy therapies after BCG
- BCG-unresponsive patients are at high risk of progression
- Radical cystectomy is associated with significant morbidity and mortality
- Lack of alternative treatment options for patients who refuse or are ineligible for surgery
- A durable complete response is a measure of clinical benefit in this setting
 - Delay or stop progression → delay or avoid cystectomy → delay or avoid morbidity/mortality → clinically meaningful

Defining Clinical Benefit: Expert Opinion

- FDA and AUA workshop, May 6, 2013, San Diego, CA*
 - Single-arm trial could provide sufficient benefit
 - BCG-refractory CIS: CR rate of 40-50% at 6 months and a durable response rate of at least 30% for 18-24 months...”
- Recommendations from International Bladder Cancer Group[†]
 - BCG-unresponsive CIS: CR rate of 50% at 6 months and durable response rates of 30% at 12 months and 25% at 18 months clinically meaningful

*Jarow et al, Urology 2014

†Kamat et al, JCO 2016

FDA Guidance: BCG-Unresponsive NMIBC

- Single arm trial appropriate where randomized trial is unethical or not feasible
- Randomizing BCG-unresponsive patients to placebo or minimally effective drug raises ethical concerns
- Single arm trials appropriate because “currently, no effective medical therapies are available and the only alternative is radical cystectomy”
- If effective therapies become available, “a randomized trial may be appropriate”

ODAC on Pembrolizumab for NMIBC

- Assenting opinions:
 - Responses clinically meaningful in patients who want to delay cystectomy and have another option for treatment
 - Patient-physician can have informed discussion re: benefit-risk
- Dissenting opinions:
 - Unclear clinical meaningfulness of demonstrated CR and DOR
 - Follow up duration too short
 - Systemic toxicity concerns
 - Deferral of cystectomy resulting in older or more frail patient at surgery
- 9-4 vote in favor of CR/DOR representing favorable risk/benefit profile

Trial Design Considerations

	Single Arm Trials	Randomized Trials
Benefits	<ul style="list-style-type: none">• Shorter completion time• Smaller sample size• Early efficacy signal detection	<ul style="list-style-type: none">• Minimize bias• Allow evaluation of time to event endpoints• Robust safety characterization
Limitations	<ul style="list-style-type: none">• Possible selection bias• Comparison to historical control can be problematic• Distinguishing adverse events due to drug vs. disease can be difficult	<ul style="list-style-type: none">• Takes longer to complete trial• Potential loss of equipoise when early activity noted• Time to event endpoints (e.g. PFS, RFS, etc.) may be confounded by censoring methods

Single Arm Trials in Patients with BCG-Unresponsive CIS

- Variability in trial procedures can bias interpretation of trial results
 - Biopsy for erythematous lesions at investigator discretion
 - Confirmation of presence of baseline disease
 - Prior BCG received
 - Detection methods (blue light, narrow band, etc.)
- Randomization avoids systematic differences with respect to known and unknown variables that could affect outcomes

Selection Bias and Historical Control

- Selection bias: Sample selection may not represent target population
 - Heterogeneity within patient population
 - Incompletely understood disease characteristics
- Historical Control: Cross trial comparisons can be misleading
 - Differing study conduct, duration of treatments, missing data, etc.
 - Standard of practice and patient populations enrolled change over time
 - Must ensure appropriate historical control to evaluate results
- Randomization can mitigate these issues by
 - Accounting for selection bias
 - Balancing known and unknown prognostic factors
 - Enabling evaluation of observed treatment effect relative to chance

Minimizing Bias in Single Arm Trials: BCG-Unresponsive CIS

- Protocol should specify bladder mapping and biopsy triggers
- Presence of baseline disease and prior BCG received should be adequately documented
- Detection method used at baseline should be used throughout trial
- Central pathology review
- Need adequate number of patients with mature follow up
 - # of patients depends on several factors
 - Should allow for precise estimation of the treatment effect
 - Generally, at least 12 months follow up after CR is recommended

Randomized Trials: BCG Unresponsive CIS

- There is no comparative efficacy requirement
- Several control therapies may be acceptable
- Comparator does not have to be FDA approved
- Considerations for comparator arm:
 - If being used by community, may be considered as a control
 - What would the patient have gotten if there was no investigational agent?
 - Equipoise should exist between arms
 - Can consider 2 to 1 randomization to investigational agent
 - Consider physician's choice control arm

Time to Event Endpoints: BCG-Unresponsive CIS

- Results of time to event endpoints in single arm trials are uninterpretable
 - Results may be due to differences in patient, disease, or other factors
- Time to event endpoints can be assessed in randomized trials
 - Progression-free survival, recurrence-free survival, etc.
- Can't evaluate recurrence in patients with CIS if disease still present
- Use of RCTs may allow for more clinically meaningful outcomes to be assessed in BCG-unresponsive CIS

Single Arm vs. Randomized Trials: BCG-Unresponsive CIS

- Single arm trial designs should consider:
 - Sources of bias should be minimized
 - Substantial variability in trial conduct can adversely affect interpretation of results
 - Can't assess time to event endpoints
 - Adequate safety data needed to characterize benefit-risk
- Randomized trials appear feasible and should consider
 - Comparator doesn't need to be FDA approved
 - Equipoise should exist between arms
 - Investigator's choice may be appropriate
 - Allows for robust safety characterization
 - Time to event endpoints can be assessed

Discussion Points

- Assessment of CR and duration of follow up in single arm trials should be reliable
 - What are the challenges in single arm trials and how can bias be minimized?
- Single arm and randomized trial designs each have benefits and drawbacks
 - What are the challenges to an RCT and how can these be overcome?
- There may be more than one appropriate comparator arm
 - What comparators may be reasonable and for what duration?

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