

# WHAT IS ALZHEIMER'S DISEASE?

*Alzheimer's disease is a progressive, irreversible brain disorder that affects memory, thinking, and language skills.*



In the United States,  
Alzheimer's disease affects  
**1 in 10** adults aged **65** and **older** and  
**1 in 3** adults aged **85** and **older**.

You may be at a higher risk of developing Alzheimer's disease if you:



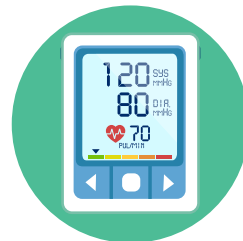
Are over age 60



Have a family history  
of Alzheimer's disease



Are a woman



Have heart disease or  
an associated condition



Engage in few  
physical, mental, or  
social activities



Had a moderate or  
severe head injury

## DID YOU KNOW?

Memory loss is **not** part of healthy aging. Talk to your health care provider if you are experiencing this common symptom of Alzheimer's disease.

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## 10 SIGNS OF ALZHEIMER'S DISEASE

- 1.** Memory loss that disrupts daily life
- 2.** Challenges in planning or solving problems
- 3.** Difficulty completing familiar tasks
- 4.** Confusion with time or place
- 5.** Trouble understanding visual images and spaces
- 6.** Trouble with speaking or writing
- 7.** Misplacing things and unable to retrace steps to find them
- 8.** Decreased or poor judgment
- 9.** Withdrawal from work or social activities
- 10.** Changes in mood or personality