## Jessica Jeffrey, M.D., M.P.H., M.B.A. CURRICULUM VITAE

### PERSONAL HISTORY:

Division of Population Behavioral Health Department of Psychiatry and Biobehavioral Sciences UCLA Semel Institute for Neuroscience and Human Behavior 760 Westwood Plaza, A7-372A Los Angeles, CA 90024 Email: jjeffrey@mednet.ucla.edu Telephone: (310) 825-5263

### EDUCATION:

#### **Bachelor of Science, Psychobiology**

Minor in Applied Developmental Child Psychology Summa Cum Laude University of California, Los Angeles 09/1998-06/2001

### Master in Public Health, Maternal and Child Health

Specialization in International Health School of Public Health, University of California Berkeley 08/2002-06/2004

## Medical Doctorate, David Geffen School of Medicine

University of California, Los Angeles 08/2004-06/2009

## Master in Business Administration

Emphasis in Entrepreneurial Studies Anderson School of Management University of California, Los Angeles 09/2007-06/2009

## **General Psychiatry Residency**

Semel Institute for Neuroscience and Human Behavior University of California, Los Angeles 06/2009-06/2012

### **Child and Adolescent Psychiatry Fellowship**

Semel Institute for Neuroscience and Human Behavior University of California, Los Angeles 07/2012-06/2014

## Chief Fellow, Child and Adolescent Psychiatry

Semel Institute for Neuroscience and Human Behavior University of California, Los Angeles

07/2013-06/2014

Lean Academy Gold Level Certification Healthcare Improvement Institute at UCLA Health University of California, Los Angeles 07/2013-06/2014

**Certificate in Healthcare Management** University of California, Los Angeles Extension Program 07/2014-06/2017

**Certificate in Medical Education** David Geffen School of Medicine University of California, Los Angeles 07/2016-06/2017

Mind Body Medicine Training Center for Mind Body Medicine 04/2021

Ketamine Medical Provider Training Integrative Psychiatry Institute 04/2021-09/2021

**Psychedelic-Assisted Psychotherapy Certification** Integrative Psychiatry Institute 01/2022-12/2022

# Multidisciplinary Association for Psychedelic Studies MDMA-Assisted Psychotherapy Training Certificate

07/2022-11/2022

# LICENSURE:

Medical License, State of California, License # A116023, expires March 31, 2023

# **BOARD CERTIFICATION:**

- Diplomate, Psychiatry, American Board of Psychiatry and Neurology, Inc. American Board of Medical Specialties Certificate #66652, Expires September 2023
- Diplomate, Child and Adolescent Psychiatry American Board of Psychiatry and Neurology, Inc. American Board of Medical Specialties Certificate #8780, Expires September 2024

# PROFESSIONAL EXPERIENCE:

**Present Positions:** 

- Associate Clinical Professor of Psychiatry, 2019-
- Director, UCLA/Los Angeles Department of Mental Health Telehub, 2022
- Associate Director, Division of Population Behavioral Health, 2014-
- Associate Medical Director, Ambulatory Services, 2014-
- Lead Psychiatrist, UCLA Behavioral Health Associates 2015-

Department of Psychiatry and Biobehavioral Sciences, UCLA Semel Institute UCLA David Geffen School of Medicine, Los Angeles, CA

**Previous Positions Held:** 

- Senior Behavioral Therapist Center for Autism and Related Disorders, Torrance, CA 07/2001-06/2002
- Public Health Research Assistant Injury and Violence Prevention Program, Los Angeles Department of Health Services Violence Prevention Coalition, Los Angeles, CA 05/2003-06/2004
- Program Development Consultant Partners for Pediatric Progress Non-Governmental Organization Maputo, Mozambique 06/2008-06/2009
- Child and Adolescent Psychiatrist Family Links Community Mental Health Center Mission Hills, CA 09/2011-06/2012
- Chief Fellow, Child and Adolescent Psychiatry Fellowship Semel Institute for Neuroscience and Human Behavior University of California, Los Angeles 07/2013-06/2014
- Child and Adolescent Psychiatrist Family Links Community Mental Health Center Mission Hills, CA 07/2013-06/2014
- Health Sciences Assistant Clinical Professor (Compensated), Step IV 07/2014- 06/2020
- Associate Director of Clinical Services and Finance, Division of Child and Adolescent Psychiatry 2020-2021

## **PROFESSIONAL ACTIVITIES:**

### **Professional Activities: Administrative**

- Associate Director, Clinical Services and Finance, Division of Child and Adolescent Psychiatry UCLA Department of Psychiatry and Biobehavioral Sciences, 2020-
- Associate Director, Division of Population Behavioral Health UCLA Department of Psychiatry and Biobehavioral Sciences, 2014-
- Vice-Chair, Medical Student Education Oversight Committee, 2015-2016
- Representative, UCLA Faculty Practice Group Compliance Committee, Dept. Psychiatry, 2015-2016
- Psychiatry Department Representative, UCLA Health System Ambulatory Practice Clinical Council, 2015-
- Member, Outpatient Clinic Demand and Capacity Committee, 2015-2017
- Lead Child Psychiatrist, UCLA Behavioral Health Associates, 2015-
- Faculty Advisor, UCLA Medical Student Psychiatry Interest Group (Psych SIG), 2015-2021
- Member, Medical Student Education Oversight Committee, 2016-
- Lead Clinician, Department of Psychiatry Faculty Practice Group Clinical Care Redesign, 2016-
- Chair, Innovations and Value Committee, Department of Psychiatry Faculty Practice Group Clinical Care Redesign, 2016-2017
- Member, Training and Education Committee, Department of Psychiatry Faculty Practice Group Clinical Care Redesign, 2016-2017
- Member, UCLA Health System Depression Identification and Treatment Committee, 2016-
- Consultant, UCLA Health System, UCLA Behavioral Health Checkup, 2016-
- Member, UCLA Health System Patient-Centered Outcomes Committee, 2017-
- Associate Medical Director, Department of Psychiatry Ambulatory Services, 2018-
- Member, Training Advisory Committee, Division of Child and Adolescent Psychiatry, UCLA Department of Psychiatry, 2018-
- Interim Director, Division of Child and Adolescent Psychiatry, UCLA Department of Psychiatry, 2018-2019
- Member, Neuropsychiatric Behavioral Health Sciences Faculty Practice Executive Board, 2018-
- Member, UCLA Health System Peer Review Committee, 2018-

- Faculty Sponsor, Patient Family Advisory Committee, Resnick Neuropsychiatric Hospital, UCLA, 2018-
- Director of Public Health, UCLA Resilience and Wellbeing Center of Excellence, 2019-

## **Committee Service:**

- Psychiatry Residency Recruitment Committee, Semel Institute for Neuroscience and Human Behavior General Psychiatry Residency, University of California, Los Angeles, 08/2010-06/2012
- Housestaff Education Committee, Semel Institute for Neuroscience and Human Behavior General Psychiatry Residency, University of California, Los Angeles, 08/2010-06/2012
- Child and Adolescent Psychiatry Education Committee, Semel Institute for Neuroscience and Human Behavior
- Child and Adolescent Psychiatry Fellowship, University of California, Los Angeles 08/2010-06/2012
- UCLA Training Advisory Committee Member, Semel Institute for Neuroscience and Human Behavior University of California, Los Angeles, 07/2013-06/2014, 10/2018-
- Child and Adolescent Psychiatry Training Representative, Psychiatric Clinical Faculty Association University of California, Los Angeles, 06/2013-06/2014
- Child and Adolescent Psychiatry Fellowship Selection Committee Department of Psychiatry University of California, Los Angeles, 06/2013-06/2014, 07/2017-
- UCLA Resnick Neuropsychiatric Hospital Quality Improvement Committee Member University of California, Los Angeles, 07/2014-06/2017
- UCLA Health System Depression Identification and Treatment Committee Member University of California, Los Angeles, 07/2014-
- Psychiatry Department Steering Committee, Semel Institute for Neuroscience and Human Behavior, University of California, Los Angeles, 07/2014-
- Psychiatry Department Population Behavioral Health Committee Vice-Chair University of California, Los Angeles, 10/2014-07/2016
- Child Psychiatry Division Website Enhancement Committee Chair University of California, Los Angeles, 10/2014-07/2016
- Psychiatry Department Medical Student Education Oversight Committee Vice-Chair, University of California, Los Angeles, 1/2015-07/2016
- UCLA Health System Compliance Committee Member, University of California, Los Angeles 04/2015-06/2016

- Psychiatry Department Outpatient Capacity and Demand Committee Member University of California, Los Angeles, 04/2015-06/2016
- UCLA Health System Ambulatory Practice Clinical Council, Psychiatry Department Representative University of California, Los Angeles, 05/2015-
- UCLA Psychiatry Department Medical Student Education Oversight Committee Member University of California, Los Angeles, 07/2016-
- UCLA Psychiatry Department Faculty Practice Group, Clinical Care Redesign, Innovations and Value Committee Chair, University of California, Los Angeles, 07/2016-12/2017
- UCLA Psychiatry Department Faculty Practice Group Clinical Care Redesign, Training and Education Committee Member, University of California, Los Angeles 07/2016-12/2017
- UCLA Child Psychiatry Division Inpatient Revenue Enhancement Committee Chair University of California, Los Angeles, 01/2017-08/2017
- UCLA Health System Patient-Centered Outcomes Committee Member University of California, Los Angeles, 01/2017-01/2018
- UCLA Health System Faculty Practice Group Peer Review Committee University of California, Los Angeles, 07/2018-
- UCLA Population Heath Equity Committee for UCLA Health System, Member, 2020-
- UCLA Semel Institute for Neuroscience and Human Behavior Advisory Committee, Member, 2020-
- UCLA Semel Institute for Neuroscience and Human Behavior Finance Committee, Member, 2022-
- UCLA Semel Institute for Neuroscience and Human Behavior/UCSF Leadership Committee, Member, 2023-

### **Community Service:**

"Eating Healthy on a Budget" Head Start Early Childhood Programs Los Angeles, CA 06/2009-08/2011

"Diabetes Prevention" Head Start Early Childhood Programs Los Angeles, CA 06/2009-08/2011

### "Medication Treatment of Schizophrenia"

National Alliance for the Mentally III, Westside Los Angeles Los Angeles, CA 04/2014

### **Special Government Employee**

United States Food and Drug Administration Psychopharmacologic Drug Advisory Committee Silver Spring, Maryland 01/2017-

### Patient Family Advisory Committee Faculty Sponsor

UCLA Resnick Neuropsychiatric Hospital Los Angeles, CA 01/2018-

## "Maintaining Personal & Professional Well-being for Head Start Staff (Parts 1 & 2)"

Head Start Early Childhood Programs Los Angeles, CA 03/2021; 04/2021

### "Compassion Fatigue"

Head Start Early Childhood Programs Los Angeles, CA 03/2021

### "Team Work: Reflection On Participant's Stresses & Coping Skills"

Head Start Early Childhood Programs Los Angeles, CA 03/2021

### **Professional Associations and Scholarly Societies:**

- Public Health Officer, American Medical Student Association, 06/2007-06/2009
- Member, Physicians for Social Responsibility, 06/2008-
- Member, California Medical Association, 08/2009-
- Member, Southern California Psychiatric Society, 06/2009-
- Member, American Psychiatric Association, 06/2009-
- Member, American Academy of Child and Adolescent Psychiatry, 06/2011-
- Board Member, California Academy of Child and Adolescent Psychiatry Government Affairs Committee, Sacramento, CA, 07/2012-

- Member-in-Training Representative to Executive Committee, California Academy of Child and Adolescent Psychiatry, Sacramento, CA, 07/2012-06/2014
- Member, Healthcare Promotion and Prevention Committee, American Academy of Child and Adolescent Psychiatry Washington, D.C., 06/2012-
- Member-in-Training Representative and Executive Committee, Southern California Society for Child and Adolescent Psychiatry, Los Angeles, CA, 06/2012-06/2014
- Representative, California Academy of Child and Adolescent Psychiatry Advocacy Day, Sacramento, CA, 05/2013
- Representative, California Academy of Child and Adolescent Psychiatry Advocacy Day, Sacramento, CA, 05/2014
- Treasurer and Executive Committee Member, Southern California Society for Child and Adolescent Psychiatry, Los Angeles, CA, 06/2014-06/2015
- Vice President and Executive Committee Member, Southern California Society for Child and Adolescent Psychiatry, Los Angeles, CA, 06/2015-06/2016
- President-Elect and Executive Committee Member, Southern California Society for Child and Adolescent Psychiatry, Los Angeles, CA, 06/2016-06/2017
- President and Executive Committee Member, Southern California Society for Child and Adolescent Psychiatry, Los Angeles, CA, 07/2017-07/2018
- Past-President and Executive Committee Member, Southern California Society for Child and Adolescent Psychiatry, Los Angeles, CA, 07/2018-
- Member, Healthcare Access and Economics Committee, American Academy of Child and Adolescent Psychiatry Washington, D.C., 04/2018-
- Member, CME Committee, American Academy of Child and Adolescent Psychiatry Washington, D.C., 01/2022-

Journal Reviewer:	
Academic Psychiatry	2014-
Ethnicity and Disease	2016-
Child Psychiatry and Human Development	2016-

# **Editorial Services:**

- CHILD PRITE Editorial Board Member, American College of Psychiatrists, 06/2012-06/2014
- PRITE Editorial Board Member, American College of Psychiatrists, 06/2012-06/2014
- CHILD PRITE Editorial Board Member, American College of Psychiatrists, 08/2016 -

- PRITE Editorial Board Member, American College of Psychiatrists, 08/2016-
- Deputy Editor, Journal of the American Academy of Child and Adolescent Psychiatry, Connect, 01/2017-
- CHILD PRITE Associate Editor, American College of Psychiatrists, 08/2022 -

## **Consulting Activities:**

- Non-profit Healthcare Consultant and Ghanaian Ambassador Johnson and Johnson Social Responsibility Executive Program, Los Angeles, CA, 01/2008-06/2009
- Head Start Early Childhood Program Consultant, Anderson School of Management, UCLA Los Angeles, CA, 06/2009-06/2011
- Health Systems and Workforce Development Consultant, The Wonderful Company Los Angeles, CA, 07/2015-01/2011
- Special Government Employee, United States Food and Drug Administration, Psychopharmacologic Drug Advisory Committee, Silver Spring, Maryland, 01/2017-
- Purchasers Business Group on Health, Depression Screening and Measurement-Based Care Consultant, San Francisco, 07/2018-
- Pediatric Psychiatry Lead, Amae Health, Los Angeles, CA, 02/2022-

# **Professional Activities: Teaching**

- 2014-2019 Facilitator, David Geffen School of Medicine, UCLA Doctoring 3
- 2015-2020 Faculty Co-advisor, David Geffen School of Medicine, UCLA Psychiatry Medical Student Interest Group (PsychSIG)
- 2015- Attending Supervisor, Stress Trauma and Resilience Program, UCLA Child and Adolescent Psychiatry Fellowship, UCLA
- 2016- Course Director, Behavioral Health Integrated Care Rotation for Child Psychiatry Fellows, UCLA Child and Adolescent Psychiatry Fellowship, UCLA
- 2020- Co-Director, Clinician Educator Area of Distinction, UCLA Child and Adolescent Psychiatry Fellowship

### Professional Activities: Behavioral Health Associates (BHA)/UCLA Health System

- 2014- Screen child psychiatry referrals to BHA
- 2014- E-referral/E-Consult for child psychiatry
- 2014- Subject matter expert for depression screening at UCLA Health
- 2015- Lead Psychiatrist, depression case reviews for quality improvement

### **Professional Activities: Mentoring**

2016-2018	Monthly supervision and mentoring to medical student interested in use of technology to deliver behavioral health services (Jenny Nguyen)
2016-2017	Weekly supervision and mentoring to second year child psychiatry fellow interested in systems of care (Dr. Azeesat Babajide)
2016-2017	Monthly supervision and mentoring to second year child psychiatry fellow (Dr. Kara Tabor- Furmark)
2017-2018	Monthly supervision and mentoring to second year child psychiatry fellow (Dr. Lavanya Wusirika)
2018-2019	Bi-monthly supervision and mentoring to second year child psychiatry fellow (Dr. Karen Lai)
2020-2021	Monthly supervision and mentoring to second year child psychiatry fellow (Dr. Sneha Venkatraman)
2021-2022	Supervision and mentoring to Medical student, Stacy Monserat Songco
2021-2022	Monthly supervision and mentoring to second year child psychiatry fellow (Dr. Sneha Venkatraman)
2021-2022	Monthly supervision and mentoring to second year child psychiatry fellow (Dr. Stephanie Han)
2022-2023	Monthly supervision and mentoring to second year child psychiatry fellow (Dr. Neel Lalkiya)

# HONORS AND SPECIAL AWARDS:

Psychiatry

05/2003	Max Factor Family Foundation Public Health Scholar Award, UC Berkeley, Berkeley, CA
04/2004	Bixby International Public Health Researcher Award, School of Public Health, University of California, Berkeley Maternal and Child Health Kigoma, Tanzania
08/2004	Association of Black Women Physicians Award for Medical Scholarship David Geffen School of Medicine, UCLA, Los Angeles, CA
04/2005	Medical Student Summer Research Award, "Health Effects of the Union Carbide Explosion in Bhopal India", David Geffen School of Medicine, UCLA, Los Angeles, CA
06/2009	Louis Jolyon West Award for Excellence in Psychiatry, David Geffen School of Medicine, UCLA, Los Angeles, CA
09/2012	American College of Psychiatrists PRITE Fellowship Recipient
10/2012	Educational Outreach Fellowship Recipient, American Academy of Child and Adolescent

Systems of Care Fellowship Recipient, American Academy of Child and Adolescent 10/2013 Psychiatry

11/2013	House Staff Quality Improvement Scholarship Recipient, UCLA Health System
2016 -2017	Medical Education Fellowship, David Geffen School of Medicine, University of California, Los Angeles, CA
2018	UCLA Semel Institute Outstanding Medical Student Teaching Award University of California, Los Angeles, CA
2019	Fellowship Recipient of the American Psychiatric Association
2019	American Academy of Child and Adolescent Psychiatry Distinguished Fellow Award

### **RESEARCH GRANTS AND FELLOWSHIPS RECEIVED:**

Center of Excellence Grant support (Whybrow) 7/1/2015 - 6/30/2016Division of Population Behavioral Health \$15.000 Funding allocated to Dr. Jessica Jeffrey for iCBT with description of partnered BH integration pilot Role: Principal Investigator Center of Excellence Grant support (Whybrow) 7/1/2016 - 6/30/2017 Division of Population Behavioral Health \$43,026 Funding allocated to Dr. Jessica Jeffrey for BHC Check-up Demonstration with Evaluation within Behavioral Health Associates Role: Co-Principal Investigator MH010106:13 (Lester) 7/01/2018-6/30/2019 Department of Mental Health/Los Angeles County \$21,150 Affiliation Agreement (Amendment 13) Contract to develop a Trauma-informed Prevention Training Center of Excellence in partnership with Los Angeles County Department of Mental Health to support Trauma and Resilience Informed Care for specialized populations Role: Subject Matter Expert 07/01/19-06/30/20 MH270001 (Lester) DMH-UCLA Prevention Center of Excellence \$21.264 Department of Mental Health/Los Angeles County Affiliation Agreement (Amendment 13) Contract to develop a Trauma-informed Prevention Training Center of Excellence in partnership with Los Angeles County Department of Mental Health to support Trauma and Resilience Informed Care for specialized populations 07/01/20-06/30/21 MH270001(Lester) Department of Mental Health/Los Angeles County \$46,704 UCLA- DMH Collaborative Agreement: Center of Excellence: Trauma And Resilience Informed Training Program (B.2) Contract to develop a Trauma-informed Prevention Training Center of Excellence in partnership with Los

Angeles County Department of Mental Health to support Trauma and Resilience Informed Care for specialized populations

MH270001(Mogil/Milburn) Department of Mental Health/Los Angeles County \$34,833 UCLA- DMH Collaborative Agreement: Center of Excellence: Trauma And Resilience Informed Training Program (B.2) Contract to develop a Trauma-informed Prevention Training Center of Excellence in partnership with Los Angeles County Department of Mental Health to support Trauma and Resilience Informed Care for specialized populations

Health Care Institute (Jeffrey) 07/01/21-06/30/22 Department of Psychiatry and Biobehavioral Sciences \$28.350 Trauma Informed Care Institute, Anderson School of Management Contract to collaborate with UCLA Health Care Institute to develop and implement a Trauma Informed Care Institute. Develop a partnership between the UCLA Department of Psychiatry and Anderson School of Management

16328 (Peris)

Patient Centered Outcome Research Institute \$6.000 Partners in Caring for Anxious Youth (PCAY) is a pragmatic clinical trial based in pediatric primary care settings. It compares the effectiveness of flexibly-administered CBT monotherapy to a combination of CBT + SSRI administered by pediatrician (COMB) for achieving patient and caregiver-reported remission and functional improvement at month 6 months and 12 months in youth with primary anxiety disorders. Role: Co-Investigator

# **LECTURES AND PRESENTATIONS:**

Department of Psychology, University of California, Berkeley:

Jeffrey, J. "Principles of Psychology", Department of Psychology, University of California, Berkeley, 30 lectures to undergraduate students, Berkeley, CA, 01/2003-01/2004

Department of Public Health, University of California, Berkeley:

Jeffrey, J. "SAS Programming for Public Health Professionals", Department of Public Health University of California, Berkeley, 15 lectures to graduate students, Berkeley, CA, 01/2004-06/2004

Department of Psychiatry, University of California, Los Angeles:

Jeffrey, J. "NMDA Receptor Encephalitis in Children and Adolescents", Child and Adolescent Psychiatry Consult Liaison Service, UCLA, Lecture to child psychiatry fellows Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 09/2012

Jeffrey, J. "Increasing Monitoring for Cardiometabolic Side Effects and Implementation of Side Effect Treatment Recommendations in Youth Prescribed Atypical Antipsychotic Medications", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 11/2013

2020-2024

07/01/20-06/30/21

**Jeffrey, J.** "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth: A House Staff Quality Improvement Pilot Project", Child and Adolescent Psychiatry Division Grand Rounds, UCLA Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 01/2014

**Jeffrey, J.** "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth: A Quality Improvement Pilot Project Update", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 03/2014

**Jeffrey, J.,** "Introduction to Outpatient Child Psychiatry", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2014

**Jeffrey, J.** "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth: An Update", Department of Psychiatry, University of California, Los Angeles, Lecture to first-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 09/2014

**Jeffrey, J.** "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry, University of California, Los Angeles, Presentation to Division of Population Behavioral Health Committee Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 11/2014

**Jeffrey, J.** "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 02/2015

**Jeffrey, J.** "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry, University of California, Los Angeles, STAR Seminar, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 06/2015

**Jeffrey, J.** "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows during Pediatric Integrated Care Rotation, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2016, 10/2016, 1/2017, 4/2017, 07/2017

**Jeffrey, J.** "UCLA Health: Implementing an Integrated Behavioral Health Model", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows during Pediatric Integrated Care Rotation, Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 08/2016, 11/2016, 2/2017, 5/2017, 08/2017

**Jeffrey, J.** "Rating Scales to Enhance Clinical Practice for Psychiatrists", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows during Pediatric Integrated Care Rotation, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 08/2016, 11/2016, 2/2017, 5/2017, 08/2017

**Jeffrey, J.** "Negotiation for Psychiatrists", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 10/2016

**Jeffrey, J.,** Babayan, T. "Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 05/2017 **Jeffrey, J.,** Babayan, T. "Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to first-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 06/2017

**Jeffrey, J.** "Pediatric Behavioral Healthcare at UCLA Focus on Primary Care Integration", Department of Psychiatry, University of California, Los Angeles, Division of Population Behavioral Health, Stress Trauma and Resilience Seminar, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2018

**Jeffrey, J**., Lin, C., & Linonis, R. Improving Depression Screening in Primary Care with Health IT at UCLA [Webinar]. Scottsdale Institute Teleconference. 11/2019

**Jeffrey, J.**"Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 05/2020

**Jeffrey, J.** "Negotiation for Psychiatrists", Department of Psychiatry, University of California, Los Angeles, Lecture to Clinical Educator Resident Concentration, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 05/2020

**Jeffrey, J.** "Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2020

**Jeffrey, J**. "Measurement Based Care in Psychiatry", Department of Psychiatry, University of California, Los Angeles, Lecture to third year residents, Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 07/2020

**Jeffrey, J**. "PTSD Treatment", Department of Psychiatry, University of California, Los Angeles, Lecture to STAR Clinic trainees, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2020

**Jeffrey, J.** "Behavioral Health Integration within Primary Care" Department of Psychiatry, University of California, Los Angeles, UCLA CME Speaker Series, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 01/2021

### David Geffen School of Medicine, University of California, Los Angeles:

**Jeffrey, J.** "Clinical Skills and Psychiatric Diagnosis", David Geffen School of Medicine, University of California, Los Angeles, Lecture to medical students, Los Angeles, CA 06/2009

**Jeffrey, J.** "Psychiatric Diagnosis", David Geffen School of Medicine, University of California, Los Angeles, Lecture to medical students, Los Angeles, CA 08/2010-08/2012

**Jeffrey, J.** "Systems-Based Healthcare" Course, David Geffen School of Medicine, University of California, Los Angeles, Lecturer and group facilitator to third-year medical students, Los Angeles, CA 09/2014-Present

**Jeffrey, J.** "UCLA Health: Implementing an Integrated Behavioral Health Model", David Geffen School of Medicine, University of California, Los Angeles, Lecture to medical students, Los Angeles, CA 09/2016

### Department of Medicine, University of California, Los Angeles:

**Jeffrey, J.** "Behavioral Health Screening in Primary Care Settings", Department of Medicine, University of California, Los Angeles, Lecture to medicine and pediatric physicians, Los Angeles, CA 04/2015

**Jeffrey, J.** "Behavioral Health Associates: Integrated Behavioral Healthcare within UCLA Health System", Department of Medicine, University of California, Los Angeles, Lecture to third-year medicine residents Los Angeles, CA 08/2015

**Jeffrey, J.** "Behavioral Health Associates: Integrated Behavioral Healthcare within UCLA Health System", Department of Medicine, University of California, Los Angeles, Lecture to third-year medicine residents Los Angeles, CA 08/2016

**Jeffrey, J.** "Treatment of Childhood ADHD," Behavioral Health Associates, Department of Pediatrics, University of California, Los Angeles,Los Angeles, CA 11/2018

## Department of Pediatrics, University of California, Los Angeles:

**Jeffrey, J.** "Pediatric Behavioral Healthcare at UCLA: Focus on Primary Care Integration", Department of Pediatrics, University of California, Los Angeles, Grand Rounds, Los Angeles, CA 08/2018

### Anderson School of Management, University of California, Los Angeles:

**Jeffrey, J.** "Understanding Trauma Informed Care", Johnson and Johnson Community Health Worker Program, UCLA Anderson School of Management, Los Angeles, CA 10/2021, 10/2022

**Jeffrey, J.** "Compassion Fatigue", Johnson and Johnson Community Health Worker Program, UCLA Anderson School of Management, Los Angeles, CA 10/2021, 20/2022

### **Oral Presentations:**

**Jeffrey, J,** Ijadi-Maghsoodi, R. "Advocacy in Child and Adolescent Psychiatry" American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA, October 2014.

**Jeffrey, J,** Grossman, M., Lester, P. "UCLA Health: Implementing an Integrated Behavioral Health Model", Center for Medicare and Medicaid Services, San Diego, CA, June 17, 2016.

**Jeffrey, J**., Grossman, M., Lester, P. "UCLA Health: Implementing an Integrated Behavioral Health Model", Vizient Clinical Connections Summit and Innovative Technology Exchange, Dallas, TX, September 29, 2016.

**Jeffrey, J**., Linonis, R., Lester, P. "Integration of a Web-based Behavioral Health Assessment Platform within UCLA Integrated Care Settings,", Vizient Clinical Connections Summit and Innovative Technology Exchange, Denver, CO, September 13, 2017.

Sidhu, S., **Jeffrey, J.**, Liu, H., Trivedi, H. "Test Your Communication Skills: Executive Leadership Skills for the 21<sup>st</sup> Century Child Psychiatrist", American Academy of Child and Adolescent Psychiatry Annual Meeting, Seattle, WA, October 2018.

Krisha, R., **Jeffrey, J.**, Axelson, A., Sarvet, B. "Measurement-Based Care", American Academy of Child and Adolescent Psychiatry Annual Meeting, Seattle, WA, October 2018.

**Jeffrey, J**. "Behavioral Health Rating Scales for Clinical Practice", American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL, October 2019.

**Jeffrey, J**., Lin, C., & Linonis, R. (2021, March 31). CQC Webinar: Increase Depression Screening [Webinar]. Purchaser Business Group on Health. <u>https://www.pbgh.org/event/cqc-webinar-increase-depression-screening/</u>

**Jeffrey, J.** "Compassion Fatigue", Strategies to Promote Resilience and Wellness for Head Start Staff Through A Trauma Informed Lens, Training. UCLA Health Care Institute, Los Angeles, CA, 11/2021, 3/2022, 10/2022

**Jeffrey, J.** "Maintaining Personal & Professional Well-being for Head Start Staff (Part 1)", Strategies to Promote Resilience and Wellness for Head Start Staff Through A Trauma Informed Lens, Training. UCLA Health Care Institute, Los Angeles, CA, 11/2021, 3/2022, 10/2022

**Jeffrey, J.,** Herman, A. "Team Work: Reflection On Participant's Stresses & Coping Skills", Strategies to Promote Resilience and Wellness for Head Start Staff Through A Trauma Informed Lens, Training. UCLA Health Care Institute, Los Angeles, CA, November 3, 2021 (2 sessions), 11/2021, 3/2022, 10/2022

**Jeffrey, J.** "Maintaining Personal & Professional Well-being for Head Start Staff (Part 2)", Strategies to Promote Resilience and Wellness for Head Start Staff Through A Trauma Informed Lens, Training. UCLA Health Care Institute, Los Angeles, CA, 11/2021, 3/2022, 10/2022

### Poster Presentations:

**Jeffrey, J**, Rosenfeld, I., Tager, I. "Community Violence as a Predictor of Childhood Asthma Hospitalization Rates", American Public Health Association Conference, San Francisco, CA, November 2003

**Jeffrey, J**, Diamond-Smith, N., et al. "Reducing Maternal Mortality in Kigoma, Tanzania: Successes and Challenges Over Two Decades", Bay Area International Health Conference, San Francisco, CA, April 2005.

**Jeffrey J,** Sztain J, Kuo T. "Exploring the Health Beliefs of Individuals Exposed to Methyl Isocyanate during the Union Carbide Disaster Twenty Years Ago in Bhopal, India", Medical Student Research Conference, David Geffen School of Medicine, UCLA, Los Angeles, CA, August, 2005.

Kruse, J., **Jeffrey, J.,** Davis, M.C., Brooks, J.O. III. "Psychiatric Manifestations and Management of Anti-NMDA Receptor Encephalitis." Academy of Psychosomatic Medicine, Tucson, AZ, November 2013.

**Jeffrey, J,** Kataoka, S. "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth." American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA, October 2014.

**Jeffrey, J,** Sinclair, M, Linonis, R, Grossman, M, Forgey, M, Hsiao, T, Chiu, W, Lester P. "Adoption of Web-Based Behavioral Health Assessment Platform within a Pediatric Collaborative Care Setting." American Academy of Child and Adolescent Psychiatry Annual Meeting, San Antonio, Texas, October 2015.

Sinclair, M, Sinclair, Aralis, H, Liang, L, Semaan, A, Linonis, R, Mogil, C, Klosinski, L, **Jeffrey, J**, Milburn, N, Lester, P. "Implementation of an electronic data collection and management system for a familycentered preventive intervention." American Public Health Association Annual Meeting, Chicago, Illinois, October 2015.

**Jeffrey, J,** Sinclair, M, Semaan, A, Grossman, Lester P. "Integration of a Web-Based Behavioral Health Assessment Platform within an Integrated Care Setting." Institute for Healthcare Improvement International Forum on Quality and Safety in Healthcare, London, England, April 2017.

**Jeffrey, J.,** Sinclair, M., Aralis, H., Linonis, R., Barrera, W., Semaan, A., Grossman, M., Lester, P. "Acceptability and Results of Web-Based Behavioral Health Assessment Platform Implemented within a Primary Care Pediatric Integrated Care Clinic." American Academy of Child and Adolescent Psychiatry, Washington, DC, October 2017.

Sinclair, M., **Jeffrey, J.**, Aralis, H., Barrera, W., Grossman, M., Lester, P. Improving the quality of patient care by integrating a web-based behavioral health assessment and monitoring tool within a behavioral health care setting. American Public Health Association, Atlanta, GA, November 2017.

Babajide, A., Lester, P., **Jeffrey, J.** Training Child Psychiatry Fellows in Pediatric Integrated Behavioral Health: An Examination of Key Rotation Components and Perceived Value by Trainees. American Academy of Child and Adolescent Psychiatry, Seattle, WA, October 2018.

**Jeffrey, J**, Lin, L, Linonis, R, Grossman, M, Lester, P. "Using Technology to Increase Behavioral Health Screening within Primary Care." American Public Health Association Annual Meeting, San Diego, California, November 2018.

Gable, M. & **Jeffrey**, **J**. Two Episodes of Psychotic Depression in a Young Boy Upon Exposure to Two Distinct Leukotriene Inhibitor Medications. American Psychiatric Association, San Francisco, CA, May 2019.

Klomhaus, A., Aralis, H., Sugar, C.A., **Jeffrey, J.,** Grossman, M., & Lester, P. "Addressing Informative Observation Times and Dependent Censoring in Electronic Health Records Data". Presented Poster, Joint Statistical Meeting, Philadelphia, Pennsylvania, 2020.

# **Poster Presentations (Accepted):**

None

### **RESEARCH PAPERS:**

### A. RESEARCH PAPERS (PEER REVIEWED)

- 1. **Jeffrey J,** Sternfeld I, Tager I. Community Violence as a predictor of childhood asthma hospitalization rates, *Journal of Investigative Medicine*. 2006; 54(1), S148.
- 2. **Jeffrey J**, Sztain J, Sarangi S, Kuo T. Exploring the health beliefs of individuals exposed to methylisocyanate during the Union Carbide disaster 20 years ago in Bhopal, India, *Journal of Investigative Medicine*. 2006; 54(1): S171.
- Jeffrey J, Sternfeld I, Tager I. The association between childhood asthma and community violence, Los Angeles County, 2000. *Public Health Rep.* 2006; Nov- Dec; 121(6): 720-8. PMCID: PMC1781914.
- 4. IsHak WW, Davis M, **Jeffrey J**, Balayan K, Pechnick RN, Bagot K, Rapaport MH. The role of dopaminergic agents in improving quality of life in major depressive disorder. *Curr Psychiatry Rep.* 2009; Dec;11(6): 503-8. PMID: 19909674.
- 5. IsHak WW, Bokarius A, **Jeffrey JK**, Davis MC, Bakhta Y. Disorders of orgasm in women: a literature review of etiology and current treatments. *J Sex Med*. 2010; Oct;7(10): 3254-68. PMID: 20584112.
- Jeffrey J, Dumont RA, Kim GY, Kuo T. Effects of international health electives on medical student learning and career choice: results of a systematic literature review. *Fam Med.* 2011; Jan;43(1):21-8. PMID: 21213133.
- 7. IsHak WW, Greenberg JM, Balayan K, Kapitanski N, **Jeffrey J**, Fathy H, Fakhry H, Rapaport MH. Quality of life: the ultimate outcome measure of interventions in major depressive disorder. *Harvard Review of Psychiatry*. 2011; Sep-Oct;19(5):229-39. PMID: 21916825.
- 8. Kruse JL\*, **Jeffrey JK\***, Davis MC, Dearlove J, IsHak WW, Brooks JO. Anti-NMDA Receptor Encephalitis: Two Case Reports and a Review of Psychiatric Manifestations and Management. *Annals of Clinical Psychiatry*. 2014; Feb1; 26(1):E1-E9. PMID: 24501734. \*indicates equal contributions as co-first authors
- 9. **Jeffrey, J.** Quality improvement in resident education: a pilot project to mitigate metabolic side effects from atypical antipsychotic medications in youth. *BMJ Qual Improv Report* 2015; 4:1-6. PMCID: PMC4645906.
- 10. Sidhu, S, **Jeffrey, J.** "Contract Negotiation for Academic Psychiatrists", *Academic Psychiatry*. 2016. DOI 10.1007/s40596-016-0513-3.
- 11. **Jeffrey, J,** Martini R. "Behavioral Health Integration within Primary Care: A Primer". *Journal of the American Academy of Child and Adolescent Psychiatry Connect.* 2015; Fall;2(4):14-17.
- Clarke, R, Jeffrey, J, Grossman, M, Strouse, T, Gitlin M, Skootsky S. "Delivering on Accountable Care: Lessons from a Population-Based Behavioral Health Program to Improve Access and Outcomes", *Health Affairs* 35(8) August 2016, 1487-1493. PMID: 27503975

- 13. **Jeffrey, J**, Martini R. "Skills for the Child and Adolescent Psychiatrist Within the Pediatric Primary Care Setting". *Journal of the American Academy of Child and Adolescent Psychiatry Connect*. 2016; Summer: 9-14.
- 14. Arevian, A, **Jeffrey, J**, Young, A, Ong, M. "Opportunities for flexible, on-demand care delivery through telemedicine." *Psychiatric Services.* 2018; 69(1): 5-8.
- Jeffrey, J, Sinclair, M, Linonis, R, Semaan, A, Hsiao, T. Chiu, W, Grossman, M, Lester, P. "Integration of a Web-based Behavioral Health Assessment within a Collaborative Care Setting." *Journal of Mobile Technology in Medicine*. 2018; 7:1:9-15.
- 16. **Jeffrey, J,** Mitchell, D, Kuo, T, Beardslee, W, Lester, P. "Screening for and managing parental depression within the primary care setting to prevent adverse child health outcomes", J Community Med Public Health Care 2018, 5: 037.
- 17. Nguyen, J, Lester, T, **Jeffrey, J**. "Internet CBT: Basics for the Child and Adolescent Psychiatrist." *Journal of the American Academy of Child and Adolescent Psychiatry Connect.* 2019; 6(2): 18-23.
- 18. **Jeffrey, J**, Hajal, N, Klomhaus, A, Marlotte, L, Lester, P. "The Use of Behavioral Health Rating Scales for Primary Care Providers." *Mental Health and Family Medicine* 2019; 15:884-892.
- 19. **Jeffrey, J**, Marlotte, L, & Hajal, NJ. Providing telebehavioral health to youth and families during COVID-19: Lessons from the field. *Psychological Trauma: Theory, Research, Practice, and Policy,* 2020; 12(S1): S272-S273. <u>http://dx.doi.org/10.1037/tra0000817</u>
- 20. Sarvet B, **Jeffrey J**, Grudnikoff E, Krishna R. The Time Has Come for Measurement-Based Care in Child and Adolescent Psychiatry. Child Adolesc Psychiatr Clin N Am. 2020 Oct;29(4):xiii-xvi. doi: 10.1016/j.chc.2020.07.001. Epub 2020 Aug 1.
- 21. **Jeffrey J**, Klomhaus A, Enenbach M, Lester P, Krishna R. Self-Report Rating Scales to Guide Measurement-Based Care in Child and Adolescent Psychiatry. Child Adolesc Psychiatr Clin N Am. 2020 Oct;29(4):601-629. doi: 10.1016/j.chc.2020.06.002. Epub 2020 Jul 29. PMID: 32891365.
- 22. Krishna R, **Jeffrey J**, Patel PD. Implementing Measurement-Based Care in Various Practice Settings. Child and adolescent psychiatric clinics of North America. 2020 Oct;29(4):573-86.
- 23. **Jeffrey, J**, Do, M, Hajal, N, Lin, YH, Linonis, R, Grossman, MS, & Lester, P. Using Web-Based Technology to Improve Depression Screening in Primary Care Settings. BMJ Open Quality. 2021 Feb 1;10(1):e001028.
- 24. **Jeffrey, J**, Szeftel Z, Herman, A. Supporting Head Start Employee Well-Being During the COVID-19 Pandemic. JAACAP Connect. 2021: 17.
- 25. **Jeffrey, J,** Klomhaus A, Aralis, H, Barrera, W, Rosenberg, S, Grossman, M, Lester, P. Predictors of response and remssion from depression at 6-month of treatment within an integrated care program. 2021.
- 26. Lu DH, Dopheide JA, Wang D, **Jeffrey JK**, Chen S. Collaboration Between Child and Adolescent Psychiatrists and Mental Health Pharmacists to Improve Treatment Outcomes. Child and Adolescent Psychiatric Clinics. 2021 Oct 1;30(4):797-808.

- 27. Nelson SC, **Jeffrey JK**, Borer MS, Sarvet BD. At the Cliff: Partnership and Collaboration to Address our Public Mental Health Crisis. Child Adolesc Psychiatr Clin N Am. 2021 Oct;30(4):xiii-xviii. doi: 10.1016/j.chc.2021.07.006. PMID: 34538452.
- 28. **Jeffrey JK**, Venegas-Murillo AL, Krishna R, Hajal NJ. Rating Scales for Behavioral Health Screening System Within Pediatric Primary Care. Child Adolesc Psychiatr Clin N Am. 2021 Oct;30(4):777-795. doi: 10.1016/j.chc.2021.06.003. Epub 2021 Aug 6. PMID: 34538448.
- 29. Nelson SC, **Jeffrey JK**, Lustbader A, Rak J, Gandhi M, Krishna R, Merriman M, Keels-Lowe V, Hoisington-Stabile A. Effective Partnership Care Models with Advanced Practice Psychiatric Nurses. Child Adolesc Psychiatr Clin N Am. 2021 Oct;30(4):827-838. doi: 10.1016/j.chc.2021.07.005. PMID: 34538451.
- 30. IsHak, M., Herrera, N., Martin, C., **Jeffrey, JK.** Music Therapy for Depression in Adolescents: A Systematic Review of Randomized Controlled Trials. Int J Psychiatr Res. 2021; 4(1): 1-5.
- 31. IsHak, M., Naqvi, A., Azatian, A., **Jeffrey, JK**. Music therapy for anxiety disorders in adolescents and young adults: A systematic review. International Journal of Frontiers in Life Science Research, 2022, 03(02), 011–020
- 32. **Jeffrey JK**, et al. Organizational Trauma-Informed Readiness, Burnout and Secondary Traumatic Stress among Head Start Staff and Educators during COVID-19 J Community Med Public Health 6: 265. www.doi.org/10.29011/2577-2228.100265

# B. RESEARCH PAPERS-PEER REVIEWED (IN PRESS OR ACCEPTED)

1. **None** 

# C. RESEARCH PAPERS-PEER REVIEWED (SUBMITTED)

1. None

### D. RESEARCHPAPERS- PEER REVIEWED (IN PREPARATION)

1. None

### **REVIEWS**

- 1. **Jeffrey, J.** (2015). (Review of Institute of Medicine, thank you for your contributions to the review of Opportunities to Promote Children's Behavioral Health —A Workshop Summary).
- 2. **Jeffrey, J.** (2016). (Review of Institute of Medicine, thank you for your contributions to the review of Opportunities to Promote Children's Behavioral Health: Health Care Reform and Beyond —A Workshop Summary).

## **EDITORIALS**

- 1. **Jeffrey J**, Johnson, M. "Insurance May Reach California Masses". Daily Bruin, January 10, 2006.
- 2. **Jeffrey J**, Sztain J, Kuo T. Overseas experience in global health: travels to Bhopal, India, 20 years after the Union Carbide disaster. Fam Med. 2008. Jan;40(1):8.
- 3. **Jeffrey J**. "Healthy Beginnings for a New Psychiatrist", Psychiatric Times. 2014. April; 21(4).
- 4. **Jeffrey J.** "President's Letter", Southern California Academy of Child and Adolescent Psychiatry Newsletter 2017-2018. May 2018.

## **ABSTRACTS**

### A. PUBLISHED

- 1. Grossman, M., **Jeffrey, J.** UCLA Health: Implementing an Integrated Behavioral Health Model. The American Journal of Medical Quality. The Future Awakens: A Report on the 2016 Vizient Clinical Connections Summit. Vol 32, Issue 1\_suppl, 2017.
- 2. Lester, P., **Jeffrey, J.**, Grossman, M., Linonis R. Integration of a Web-Based Behavioral Health Assessment Platform Within UCLA Integrated Care Settings. The American Journal of Medical Quality. Momentum: A Report on the 2017 Vizient Clinical Connections Summit. Vol 33, Issue 1\_suppl, March/April 2018.

### **B. CONFERENCE & MEETING PRESENTATIONS**

- 3. **Jeffrey, J.** "Principles of Psychology", Department of Psychology, University of California, Berkeley, 30 lectures to undergraduate students, Berkeley, CA 01/2003-01/2004
- 4. **Jeffrey, J.** "SAS Programming for Public Health Professionals", Department of Public Health University of California, Berkeley, 15 lectures to graduate students, Berkeley, CA 01/2004-06/2004
- 5. **Jeffrey, J.** "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth: A House Staff Quality Improvement Pilot Project", Child and Adolescent Psychiatry Division Grand Rounds, UCLA Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 01/2014
- 6. **Jeffrey, J.** "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry, University of California, Los Angeles, Presentation to Division of Population Behavioral Health Committee, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 11/2014
- Jeffrey, J. "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry STAR Seminar, University of California, Los Angeles, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 06/17/2015
- 8. **Jeffrey, J,** Grossman, M, Lester, P. "UCLA Health: Implementing an Integrated Behavioral Health Model", Center for Medicare and Medicaid Services, San Diego, CA, June 2016.
- 9. **Jeffrey, J**, Grossman, M, Lester, P. "UCLA Health: Implementing an Integrated Behavioral Health Model", Vizient Clinical Connections Summit, Dallas, TX, September 2016.

- 10. **Jeffrey, J**., Linonis, R., Lester, P. "Integration of a Web-based Behavioral Health Assessment Platform within UCLA Integrated Care Settings,", Vizient Clinical Connections Summit and Innovative Technology Exchange, Denver, CO, September 13, 2017.
- Sidhu, S., Jeffrey, J., Liu, H., Trivedi, H. "Test Your Communication Skills: Executive Leadership Skills for the 21<sup>st</sup> Century Child Psychiatrist", American Academy of Child and Adolescent Psychiatry Annual Meeting, Seattle, WA, October 2018.
- 12. Krisha, R., **Jeffrey, J**., Axelson, A., Sarvet, B. "Measurement-Based Care", American Academy of Child and Adolescent Psychiatry Annual Meeting, Seattle, WA, October 2018.
- 13. **Jeffrey, J**. "Behavioral Health Rating Scales for Clinical Practice", American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL, October 2019.
- 14. **Jeffrey, J.,** Lin, C., & Linonis, R. Improving Depression Screening in Primary Care with Health IT at UCLA [Webinar]. Scottsdale Institute Teleconference, November 2019.
- 15. **Jeffrey, J.,** Lin, C., & Linonis, R. (2021, March 31). CQC Webinar: Increase Depression Screening [Webinar]. Purchaser Business Group on Health. <u>https://www.pbgh.org/event/cqc-webinar-increase-depression-screening/</u>
- 16. **Jeffrey, J.,** Kelman, A (January 18, 2023), Psychedelic-Assisted Psychotherapy as a Tool on the Tool belt to Address Population Mental Health. UCLA Stress Trauma and Resilience Seminars, https://learn.wellbeing4la.org/detail?id=401006&k=47756311.

# DAVID GEFFEN SCHOOL OF MEDICINE, UCLA

- 17. **Jeffrey, J.** "Clinical Skills and Psychiatric Diagnosis", David Geffen School of Medicine, University of California, Los Angeles, Lecture to medical students, Los Angeles, CA 06/2009
- 18. **Jeffrey, J.** "Psychiatric Diagnosis", David Geffen School of Medicine, University of California, Los Angeles, Lecture to medical students, Los Angeles, CA 08/2010-08/2012
- Jeffrey, J. "NMDA Receptor Encephalitis in Children and Adolescents", Child and Adolescent Psychiatry Consult Liaison Service, UCLA, Lecture to child psychiatry fellows Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 09/2012
- 20. **Jeffrey, J.** "Increasing Monitoring for Cardiometabolic Side Effects and Implementation of Side Effect Treatment Recommendations in Youth Prescribed Atypical Antipsychotic Medications", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows Semel Institute for Neuroscience and Human Behavior. Los Angeles, CA 11/2013
- 21. **Jeffrey, J.** "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth: A Quality Improvement Pilot Project Update", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 03/2014
- 22. **Jeffrey, J.** "Introduction to Outpatient Child Psychiatry", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2014

- Jeffrey, J. "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth: An Update", Department of Psychiatry, University of California, Los Angeles, Lecture to first-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 09/2014
- 24. **Jeffrey, J.** "Systems-Based Healthcare" Course, David Geffen School of Medicine, University of California, Los Angeles, Lecturer and group facilitator to third-year medical students, Los Angeles, CA 09/2014-06/2019
- Jeffrey, J. "Behavioral Health Screening in Primary Care Settings", Department of Medicine, University of California, Los Angeles, Lecture to medicine and pediatric physicians, Los Angeles, CA 04/2015
- 26. **Jeffrey, J.** "Behavioral Health Associates: Integrated Behavioral Healthcare within UCLA Health System", Department of Medicine, University of California, Los Angeles, Lecture to third-year medicine residents, Los Angeles, CA 08/2015
- 27. **Jeffrey, J.** "Models of Behavioral Health Integration in Primary Care", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 02/2015, 07/2016, 10/2016, 1/2017, 4/2017
- 28. **Jeffrey, J.** "Behavioral Health Associates: Integrated Behavioral Healthcare within UCLA Health System", Department of Medicine, University of California, Los Angeles, Lecture to third-year medicine residents. Los Angeles, CA 08/2016
- Jeffrey, J. "UCLA Health: Implementing an Integrated Behavioral Health Model", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows during Pediatric Integrated Care Rotation Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 08/2016, 11/2016, 2/2017, 5/2017
- Jeffrey, J. "Rating Scales to Enhance Clinical Practice for Psychiatrists", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows during Pediatric Integrated Care Rotation Semel Institute for Neuroscience and Human Behavior Los Angeles, CA 08/2016, 11/2016, 2/2017, 5/2017
- Jeffrey, J. "UCLA Health: Implementing an Integrated Behavioral Health Model", David Geffen School of Medicine, University of California, Los Angeles, Lecture to medical students Los Angeles, CA 09/2016
- 32. **Jeffrey, J.** "Negotiation for Psychiatrists", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 10/2016
- 33. **Jeffrey, J.,** Babayan, T. "Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 05/2017, 06/2017

- 34. **Jeffrey, J.** "Negotiation for Psychiatrists", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 10/2017, 11/2018, 11/2019, 04/2020, 02/2021, 01/2023
- 35. **Jeffrey, J.** "Treatment of Mood Disorders in Primary Care", Department of Medicine, University of California, Los Angeles, Lecture to first, second, third-year internal medicine fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 05/2019, 06/2020
- 36. **Jeffrey, J.** "Fundamentals of Quality Improvement", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA, 01/2022,01/2023
- 37. **Jeffrey, J**. "Measurement Based Care in Psychiatry", Department of Psychiatry, University of California, Los Angeles, Lecture to third year residents, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2020, 07/2021, 10/2022

## **ORAL PRESENTATIONS**

- 38. **Jeffrey, J**, Ijadi-Maghsoodi, R. "Advocacy in Child and Adolescent Psychiatry" American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA, October 2014.
- 39. **Jeffrey, J,** Grossman, M, Lester, P. "UCLA Health: Implementing an Integrated Behavioral Health Model", Center for Medicare and Medicaid Services, San Diego, CA, June 2016.
- 40. **Jeffrey, J**, Grossman, M, Lester, P. "UCLA Health: Implementing an Integrated Behavioral Health Model", Vizient Clinical Connections Summit, Dallas, TX, September 2016.
- 41. **Jeffrey, J.** "UCLA Population Health Approach to Depression Management", Presentation to Population Health Committee, Los Angeles, CA, August 2017.
- 42. Skootsky, S., **Jeffrey, J.** "Behavioral Health Integration to Improve Care and Lower Total Cost", Cedars Sinai Medical Center, Los Angeles, CA August 2017.
- 43. **Jeffrey, J,** Spanos, B. "Parenting and Working at Home During the COVID-19 Pandemic", Southern California Psychiatric Society, Los Angeles, November 2020.
- 44. **Jeffrey, J.**"Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 05/2020
- 45. **Jeffrey, J.**"Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2020
- 46. **Jeffrey, J.**"Telemental Health: Principles and Practice", Department of Psychiatry, University of California, Los Angeles, Lecture to second-year child psychiatry fellows, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA 07/2020

47. **Jeffrey, J**. "Behavioral Health Integration within Primary Care Practices", Grand Rounds for Loma Linda Department of Psychiatry, Jan 12, 2022

## POSTER PRESENTATIONS

- 48. **Jeffrey, J**, et al. "Community Violence as a Predictor of Childhood Asthma Hospitalization Rates", American Public Health Association Conference, San Francisco, CA, November 2003.
- 49. **Jeffrey, J**, et al. "Reducing Maternal Mortality in Kigoma, Tanzania: Successes and Challenges Over Two Decades", Bay Area International Health Conference, San Francisco, CA, April 2005.
- 50. **Jeffrey J**, Sztain J, Kuo T. "Exploring the Health Beliefs of Individuals Exposed to Methyl Isocyanate during the Union Carbide Disaster Twenty Years Ago in Bhopal, India", Medical Student Research Conference, David Geffen School of Medicine, UCLA, Los Angeles, CA, August, 2005.
- 51. Kruse, J., **Jeffrey, J**., Davis, M.C., Brooks, J.O. III. "Psychiatric Manifestations and Management of Anti-NMDA Receptor Encephalitis." Academy of Psychosomatic Medicine, Tucson, AZ, November 2013.
- 52. **Jeffrey, J**, Kataoka, S. "Mitigating Metabolic Side Effects from Atypical Antipsychotic Medications in Youth." American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA, October 2014.
- 53. **Jeffrey, J**, Sinclair, M, Linonis, R, Grossman, M, Forgey, M, Hsiao, T, Chiu, W, Lester P. "Adoption of Web-Based Behavioral Health Assessment Platform within a Pediatric Collaborative Care Setting." American Academy of Child and Adolescent Psychiatry Annual Meeting, San Antonio, Texas, October 2015.
- 54. Sinclair, M, Aralis, H, Liang, L, Semaan, A, Linonis, R, Mogil, C, Klosinski, L, **Jeffrey, J**, Milburn, N, Lester, P. "Implementation of an electronic data collection and management system for a family-centered preventive intervention." American Public Health Association Annual Meeting, Chicago, Illinois, October 2015.
- 55. **Jeffrey, J**, Sinclair, M, Semaan, A, Grossman, Lester P. "Integration of a Web-Based Behavioral Health Assessment Platform within an Integrated Care Setting." Institute for Healthcare Improvement International Forum on Quality and Safety in Healthcare, London, England, April 2017.
- 56. **Jeffrey, J.,** Sinclair, M., Aralis, H., Linonis, R., Barrera, W., Semaan, A., Grossman, M., Lester, P. "Acceptability and Results of Web-Based Behavioral Health Assessment Platform Implemented within a Primary Care Pediatric Integrated Care Clinic." American Academy of Child and Adolescent Psychiatry, Washington, DC, October 2017.
- 57. Sinclair, M., **Jeffrey, J.**, Aralis, H., Barrera, W., Grossman, M., Lester, P. Improving the quality of patient care by integrating a web-based behavioral health assessment and monitoring tool within a behavioral health care setting. American Public Health Association, Atlanta, GA, November 2017.

- 58. Babajide, A., Lester, P., **Jeffrey, J.** Training Child Psychiatry Fellows in Pediatric Integrated Behavioral Health: An Examination of Key Rotation Components and Perceived Value by Trainees. American Academy of Child and Adolescent Psychiatry, Seattle, WA, October 2018.
- 51. **Jeffrey, J**, Lin, L, Linonis, R, Grossman, M, Lester, P. "Using Technology to Increase Behavioral Health Screening within Primary Care." American Public Health Association Annual Meeting, San Diego, California, November 2018.
- 52. Gable, M. & **Jeffrey**, **J**. Two Episodes of Psychotic Depression in a Young Boy Upon Exposure to Two Distinct Leukotriene Inhibitor Medications. American Psychiatric Association, San Francisco, CA, May 2019.

# POSTER PRESENTATIONS (SUBMITTED):

None

# **NEWSLETTERS**

- 1. "Mental Health Advocacy Training Day", Southern California Society of Child and Adolescent Psychiatry 2013-2014 Newsletter.
- 2. "SCPS/SCSCAP Joint Meeting Transgender Issues", Southern California Society of Child and Adolescent Psychiatry 2015-2016 Newsletter
- 3. "President's Message", Southern California Society of Child and Adolescent Psychiatry 2017-2018 Newsletter.
- 4. "Effective Discipline: American Academy of Pediatrics (AAP) Policy", Southern California Society of Child and Adolescent Psychiatry 2019 Newsletter.
- 5. "Ninth Annual Joint Southern California Psychiatric Society and Southern California Society of Child and Adolescent Psychiatry Meeting: Vaping: Tech, Trends and Treatment", Southern California Society of Child and Adolescent Psychiatry 2020 Newsletter.

# **OTHER PUBLICATIONS**

1. Jeffrey, J., Freeman, S. "Zoom and Gloom: the medium is the mixed message", Medium Online Publication. 2020, Available, <u>https://medium.com/@seth.freeman/zoom-and-gloom-the-medium-is-the-mixed-message-a5043efe649b</u>