



Sonia Lohiya Krishna, MD, FAPA, DFAACAP

Education

2004 - 2008	David Geffen School of Medicine at UCLA, Doctor of Medicine	Los Angeles, CA
2000 - 2004	Revelle College at UC San Diego, <i>Bachelor of Science in Psychology, Magna Cum Laude</i>	San Diego, CA

Postdoctoral Training

2011 - 2013	UCLA Semel Institute for Neuroscience and Human Behavior, <i>Child and Adolescent Psychiatry Fellowship</i>	Los Angeles, CA
2008 - 2011	UCLA Semel Institute for Neuroscience and Human Behavior, <i>Psychiatry Residency</i>	Los Angeles, CA

Professional Experience

2020 - present	US Food and Drug Administration, Member Participating as an expert consultant on the Psychopharmacologic Drugs Advisory Committee	Silver Spring, MD
2019 - present	Mind Medicine PLLC, President Founded boutique private practice providing child, adolescent, and adult psychiatric services	Austin, TX
2020 - 2022	KnowRx, Consultant Serving on company's Advisory Board to streamline medication management through a mobile online application	Austin, TX
2014 - 2019	Ascension Seton Mind Institute, <i>Child and Adolescent Psychiatrist</i> Treated patients and worked collaboratively on the inpatient unit at Seton Shoal Creek Hospital, in the consultation-liaison setting at Dell Children's Medical Center, and in the outpatient clinic at Texas Child Study Center	Austin, TX

2013 - 2014 **St. John's Well Child and Family Center,** Los Angeles, CA
Medical Director of Behavioral Health
Created and led an integrated behavioral health program of psychiatrists, social workers and substance use counselors to expand mental health services in an extensive network of medical/dental Federally Qualified Health Clinics

Academic Appointments

2019 - 2022 **Affiliate Faculty, Department of Psychiatry,** Austin, TX
UT Austin Dell Medical School
Volunteer supervisor, lecturer, and mentor

2016 - 2019 **Assistant Professor, Department of Psychiatry,** Austin, TX
UT Austin Dell Medical School
Inaugural course co-director for the Medical Neurosciences curriculum, Supervisor to medical students/residents/fellows on clinical rotations, Lecturer

2016 - 2018 **Clinical Assistant Professor, Department of Psychiatry and Behavioral Sciences, Texas A&M** Round Rock, TX
Supervisor to medical students on clinical rotations

2015 - 2018 **Clinical Assistant Professor, Department of Psychiatry and Behavioral Sciences, UT Medical Branch** Galveston, TX
Supervisor to medical students on clinical rotations, Lecturer

Awards

2023 **Austin Under 40 Finalist, Medicine and Healthcare Category**

2022 **Top Doctors Top Psychiatrist**

2021 **Austin Monthly Top Docs for Kids**

2021 **Super Doctors Texas Rising Star**

2020 **Super Doctors Texas Rising Star**

2020 **Fellow of the American Psychiatric Association**

2019 **Super Doctors Texas Rising Star**

2019 **Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry**

2018 **UT Dell Medical School Child and Adolescent Psychiatry Faculty of the Year**

2017 **Travis County Medical Society Ruth M. Bain Young Physician of the Year**

2017 **UT Dell Medical School Child and Adolescent Psychiatry Teacher of the Year**

2017 **UT Austin School of Nursing Outstanding Preceptor**

2016	UT Austin School of Nursing Outstanding Preceptor
2016	UT Dell Medical School Child and Adolescent Psychiatry Faculty of the Year
2015	UT Austin School of Nursing Outstanding Preceptor
2011	AACAP Life Members Educational Outreach Award
2010	APA SAMHSA Minority Fellowship Program
2010	AACAP Educational Outreach Award
2008	Indian Medical Association Research Award
2007	AACAP Jeanne Spurlock Minority Medical Student Fellowship
2004	UCSD F. Thomas Bond Award for Excellence in Leadership and Academics
2000	University of California Regents Scholar
2000	Los Angeles Times Outstanding Senior Standout

Certificates

**American Board of Psychiatry
and Neurology: Child and
Adolescent Psychiatry**
2023-2033

**American Board of Psychiatry
and Neurology: Psychiatry**
2022-2032

**American Board of Integrative
Holistic Medicine**
2013-2020

Organizations

2022 - present	Trinity Episcopal School Parent Council , <i>Vice President of Policy and Bylaws</i>
2019 - present	Hi How Are You Project , <i>Board Member, Clinical Advisor</i>
2019 - present	Pratham Austin , <i>Board Member</i>
2014 - present	Texas Medical Association
2014 - present	Travis County Medical Society , <i>Alternate Delegate to the Texas Medical Association</i>
2014 - present	Texas Society of Child and Adolescent Psychiatry
2014 - present	Texas Society of Psychiatric Physicians
2007 - present	American Academy of Child and Adolescent Psychiatry , <i>Complementary and Integrative Medicine Committee, Inpatient Committee</i>
2006 - present	American Psychiatric Association
2016 - 2019	Ascension Seton Network Clinical Care Council for Behavioral Health , <i>Vice Chair</i>
2015 - 2017	Seton Shoal Creek Hospital , <i>Chief of Staff, Medical Executive Committee</i> previously Secretary and Vice Chief of Staff
2015 - 2017	UT Austin Dell Medical School Child and Adolescent Psychiatry Fellowship , <i>Clinical Competency Committee, Educational Policy Committee</i>

Languages

English

native

Spanish

proficient in speaking and writing

Hindi

conversational

Projects

2021 – present	Provided mentorship and clinical insights for the first ever Hi, How Are You? Podcast in collaboration with UT Austin
2018 – 2019	Created the first telepsychiatry program within Ascension Seton/DMS Psychiatry Department
2017 – 2019	Created and worked in the first integrated mental health program within primary care clinic at Ascension Seton
2015 – 2019	Identified and implemented first evidence based suicide risk assessment across Seton Family of Hospitals
2016 – 2018	Served as physician lead to design and fundraise \$10 million for new comprehensive mental health program at Dell Children’s Medical Center

Skills

- Teamwork
- Organization
- Problem-Solving
- Flexibility
- Critical Thinking
- Responsibility

Publications

Lohiya G, Lohiya S, Krishna S, Lohiya S. “Errors in patient history in hospital records.” *Journal of the National Medical Association*. 2015, Aug; 107 (3): 55-58.

Krishna S, Kaliebe K. “Trix Are for Kids!” *AACAP News*. May/June 2013.

Lohiya G, Tan-Figueroa L, Lohiya S. “Bloodborne pathogens exposure from occupational fingernail scratches.” *Journal of the National Medical Association*. 2007 Nov; 99(11):1271-5.

Lohiya S, Lohiya S. “The suboptimal legibility of prescribing information in pharmaceutical advertisements.” *Journal of the American Board of Family Medicine*. 2007, May; 20(3):314-315.

Lohiya S, Shoptaw S. “Long-term Outcomes for Pharmacological and Behavioral Treatments for Methamphetamine Abuse.” *Journal of Investigative Medicine*. 2006, Jan; 54(1):#352, S140.

Lohiya S, Lohiya S. “Audience attitude towards the free lunch.” *Journal of the American Medical Directors Association*. 2004, Jul; 5(4):280-281.

Lohiya G, Lohiya S. “Apropos correspondence.” *Annals of Emergency Medicine*. 2004, Apr; 43(4):534- 535.

Lohiya G, Tan-Figueroa L, Lohiya S. “Bloodborne pathogen exposures in a developmental center: 1993-2000.” *Infection Control and Hospital Epidemiology*. 2001, Jun; 22(6):382-385.

Lohiya G, Tan-Figueroa L, Crinella F, Lohiya S. "Epidemiology and control of enterobiasis in a Sonia Krishna M.D. Page 4 of developmental center." Western Journal of Medicine. 2000, May; 172(5):305-308.

Lohiya G, Crinella F, Tan-Figueroa L, Caires S, Lohiya S. "Fracture epidemiology and control in a developmental center." Western Journal of Medicine. 1999, Apr; 170(4):203-209.

Lohiya G, Lohiya S, Tan-Figueroa L. "Eighteen fractures in a man with profound mental retardation." Mental Retardation. 1999, Feb; 37(1):47-51.

Lohiya, S. "Expiry date display of drug packages." Western Journal of Medicine. 1996, Apr; 164(4):365-366.

Conference Presentations

06/2019	Brown GS, Krishna S. "Only God Knows Why – An Adolescent Case of Hyper- religious Psychosis." Dell Medical School GME Residency Scholarly Presentation Day.	Austin, TX
06/2017	Brown GS, Krishna S. "Implementation of an Eating Disorders Protocol at Seton Shoal Creek Hospital." Dell Medical School GME Residency Scholarly Presentation Day.	Austin, TX
05/2017	Gonzalez V, Krishna S, Concepcion L. "Efforts towards the implementation of a validated suicide risk assessment tool in behavioral health and acute care settings for suicide assessment and treatment." Poster presentation at APA annual convention.	San Diego, CA
09/2016	Gonzalez V, Krishna S, Concepcion L. "Efforts towards the implementation of a validated suicide risk assessment tool in behavioral health and acute care settings for suicide assessment and treatment." Poster presentation at Association for Academic Psychiatry conference.	Puerto Rico, USA
06/2016	Ali N, Krishna S, Farrell C. "A Case of Antipsychotic-Related Hypothermia in an Adolescent." Dell Medical School GME Residency Scholarly Presentation Day.	Austin, TX
06/2015	Gertsema K, Larson C, Krishna S. "A Case of Schizophrenia in an Adolescent." Dell Medical School Psychiatry Scholarly Presentation Day.	Austin, TX
06/2013	Krishna S. "Child Psychiatry in India: A Global Mental Health Perspective." UCLA Grand Rounds Presentation.	Los Angeles, CA
05/2013	Krishna S, Oh E, Du B, Stewart C. "Guess Who's Coming to Dinner? Challenges and Strengths of Intercultural Intimate Relationships." Workshop at the APA annual convention.	San Francisco, CA
05/2012	Krishna S, Chadha P, Oh E, Bindal A, Du B, Hawkins A. "Lost in Translation: Taking Cultural Competency From Theory to Bedside." Workshop at the APA annual convention.	Philadelphia, PA

05/2011	Krishna S, Wong F, Martinez J, Joseph J, Onwuka M. "Strategies for Creating Culturally Competent Psychiatrists." Workshop at the APA annual convention.	Honolulu, HI
09/2010	Krishna S, Wong F, Martinez J, Joseph J, Onwuka M. "Cultural Competency: Providing Mental Health Care to Global Populations." Workshop at the World Psychiatric Association annual convention.	Beijing, China
04/2010	Krishna S, Nahas M, Krishna V. "Diabetic Ketoacidosis Presenting in an 'Atypical' May 2017 September 2016 May 2013 May 2012 May 2011 May 2010 Sonia Krishna M.D. Page 5 of Way." Poster presentation at the Society of General Internal Medicine national conference.	Minneapolis, MN
11/2008	Lohiya S, Shoptaw S. "Changes in Psychological Distress with Treatment of Methamphetamine Dependence." Poster presentation at the Indian Medical Association regional convention.	Anaheim, CA
05/2008	Lohiya S, Shoptaw S. "Changes in Psychological Distress with Treatment of Methamphetamine Dependence." Poster presentation at APA national conference.	Washington, DC
10/2007	Lohiya S, McCracken JM. "Preliminary Study on Stress Response Regulation in Obese Mexican-American children." Poster presentation at AACAP national conference.	Boston, MA
02/2006	Lohiya, S. "Long-term Outcomes for Pharmacological and Behavioral Treatments for Methamphetamine Abuse." Slide presentation at Western Student Medical Research Forum conference.	Carmel, CA

Media Appearances/Interviews

10/2022	World Mental Health Day: 800K college students to receive survey, <i>Spectrum News</i>
09/2022	Hi, How Are You? Podcast, <i>Austin City Limits</i>
09/2022	New Podcast in Daniel Johnston's Name Will Open Mental Health Conversation, <i>Rolling Stone</i>
11/2021	Student Stress and Anxiety Are Declining, Survey Finds, <i>Inside Higher Ed</i>
10/2021	The College Student 2021 Mental Health Report, <i>American Campus Communities press release and podcast</i>
12/2020	Student Mental Health 2020: Care & Advocacy in a COVID World, <i>Association of College and University Housing Officers International webinar</i>
10/2020	FDA panel agrees Alkermes' schizophrenia med works—however clashes on dangers for these taking opioids, <i>Bio Tech Insider, Med Tech News, Fierce Bio Tech</i>

10/2020 **Hi, How Are You Project "World Mental Health Day" concert, Qello global live stream**

06/2020 **How to care for oneself during the pandemic, PBS staff meeting**

05/2020 **Participate in Mental Health Awareness Month, The Hill - Changing America website**

05/2020 **Social Connection during COVID-19, Houston Press newspaper**

05/2020 **Hi How are You Pledge, Hi How Are You Project online video**

05/2020 **We Are Austin, KXAN NBC TV**

01/2020 **How to have an open conversation about mental wellness, American Campus Communities social media**

01/2019 **The big reunion weekend, UCLA Health U magazine**

12/2018 **Join the Party, TCMS 165th Anniversary Video - Award of Distinction by 2019 Videographer Awards**

07/2018 **Texas teen suicide attempt numbers underscore need for action, outreach, support, Palestine Herald-Press newspaper**

09/2019 **Entrepreneurs & Mental Health: Maintaining Mental Wellness While Running a Startup, Austin Startup Week**

08/2018 **How to handle big emotions, Child's Day preschool parent education program**

01/2018 **Importance of friendships for mental health, KVUE ABC TV**

08/2017 **Policing the tablet: How much is too much technology time?, KEYE CBS TV**

02/2017 **Dell Children's Medical Center to receive new mental health unit, The Daily Texan UT Austin student newspaper**

01/2017 **Future Dell Hospital unit will focus on children's mental health, Spectrum News TV**

01/2017 **Dell Children's adding mental health unit with \$3M challenge gift, KVUE ABC, FOX, KXAN NBC TV**

01/2017 **New mental health unit at Dell Children's, KLBJ-FM radio**

01/2017 **Dell Children's to open a mental health unit, Austin American-Statesman newspaper, Austin 360 blog**

01/2017 **Maxwell Family announces \$3 million challenge gift to fund new mental health unit at Dell Children's, Ascension Seton and Dell Children's websites**

01/2017 **Car magnate and wife pledge up to \$3 million to create mental health unit at Dell Children's, Austin Business Journal**

12/2016 **Year End Report, Westbank Library summary pamphlet**

11/2016 **How to cope with stress of election day hangover, Spectrum News TV**

09/2016 **Doctors encourage speaking to kids about recent shootings, KLBJ-FM radio**

07/2016 **How to address differences among children, Austin American-Statesman newspaper**

07/2016 **Like Dory's parents in 'Finding Dory', give kids words to explain their illnesses or differences,** *Austin 360 blog*

02/2016 **Attention-Deficit Hyperactivity Disorder,** *Ascension Seton podcast, blog, website*

02/2016 **Making sure children are diagnosed properly for ADHD,** *KXAN NBC TV*

11/2021 **Survey: College students' stress, anxiety decline as they prioritize mental wellness,** *Helio Psychiatry*

02/2016 **ADHD drug abuse leads to spike in ER visits,** *KXAN NBC TV*

01/2016 **Is there an ADHD epidemic or are we just quick to label kids with symptoms?,** *Austin American-Statesman newspaper, Austin 360 blog*

11/2015 **How to cope with effects of terrorism,** *KLBJ-FM radio*

11/2015 **Local health expert shares helpful advice about how to talk to kids about the attacks in Paris,** *KXAN NBC, KVUE ABC, FOX TV*

11/2015 **Como hablar con sus hijos sobre el terrorismo,** *Telemundo TV*

11/2015 **Local psychiatrist discusses how to talk to kids about terrorism,** *KEYE CBS TV*

11/2015 **Talking to kids about terror,** *San Marcos Record newspaper*

10/2015 **Coping with a parent's death,** *Seton blog*

09/2015 **How authoritarian parenting can lead to depression in kids,** *Time Warner Cable TV*

06/2015 **Ninos los mas afectados por consumo de K2,** *Univision TV*

06/2015 **K2 cases top 200 in two weeks,** *KXAN NBC TV*

05/2014 **Are you feeling depression treatment burnout?,** *Everyday Health website*