

# FDA Drug Topics: FDA's Role in Postmarketing Drug Safety Surveillance

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Center for Drug Evaluation and Research



# Objectives

- Describe FDA's drug safety surveillance system at the Center for Drug Evaluation and Research (CDER)
- Explain the MedWatch Program and how you can have an impact on signal detection
- Discuss how adverse event reports are collected and analyzed
- Demonstrate how safety findings are communicated to the public

# Outline

- FDA organizational structure
- Division of Pharmacovigilance
- Postmarketing surveillance and FDA Adverse Event Reporting System (FAERS)
- Components of a good case report
- Signal detection
- Case series development and evaluation
- Communicating safety findings



FDA



FDA

Office of the Commissioner

Office of Operations

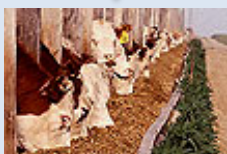
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**Center for  
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(ORA)**

# CDER

Office of Translational Sciences



Office of Compliance



Office of New Drugs



Office of Generic Drugs



Office of Pharmaceutical Quality



Office of Surveillance and Epidemiology



**Office of Surveillance & Epidemiology**  
**Gerald Dal Pan, Director**

**Office of Pharmacovigilance & Epidemiology**

**Divisions of  
Pharmacovigilance I and  
II (DPV I and II)**

**Divisions of Epidemiology  
I and II (DEPI I and II)**

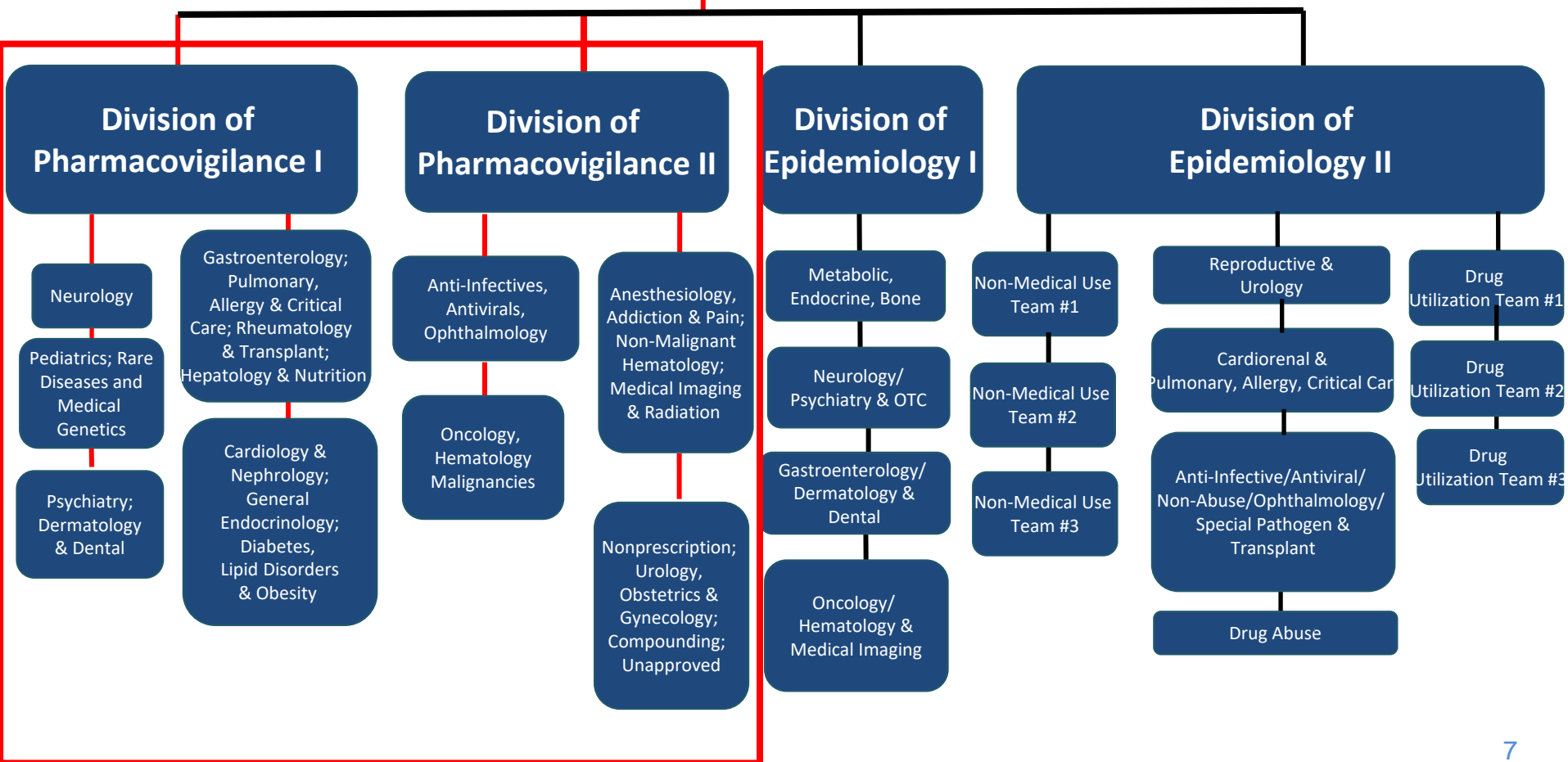
**Office of Medication Error Prevention  
& Risk Management**

**Division of Medication  
Error Prevention & Analysis  
(DMEPA I and II)**

**Division of Risk  
Management (DRM)**

**Division of Mitigation  
Assessment and  
Medication Error  
Surveillance (DMAMES)**

# OFFICE OF PHARMACOVIGILANCE & EPIDEMIOLOGY



# Pharmacovigilance

The science and activities relating to the detection, assessment, understanding, and prevention of adverse effects or any other drug-related problems.





# Who Are We:

## Safety Evaluators and Medical Officers

- Group of mostly pharmacists and physicians
- Provide clinical expertise in various therapeutic areas such as dermatology, oncology, neurology, etc.

# What do we do

- Advance public health by detecting safety signals from all available data sources
- Evaluate the safety of drugs
- Identification of reporting trends, possible risk factors, at risk populations, etc.
- Collaborate with other experts (e.g., DEPI, DMEPA, DRM)
- Recommend regulatory actions
- Communicate relevant safety information

# Why does DPV exist?

JAMA | Original Investigation

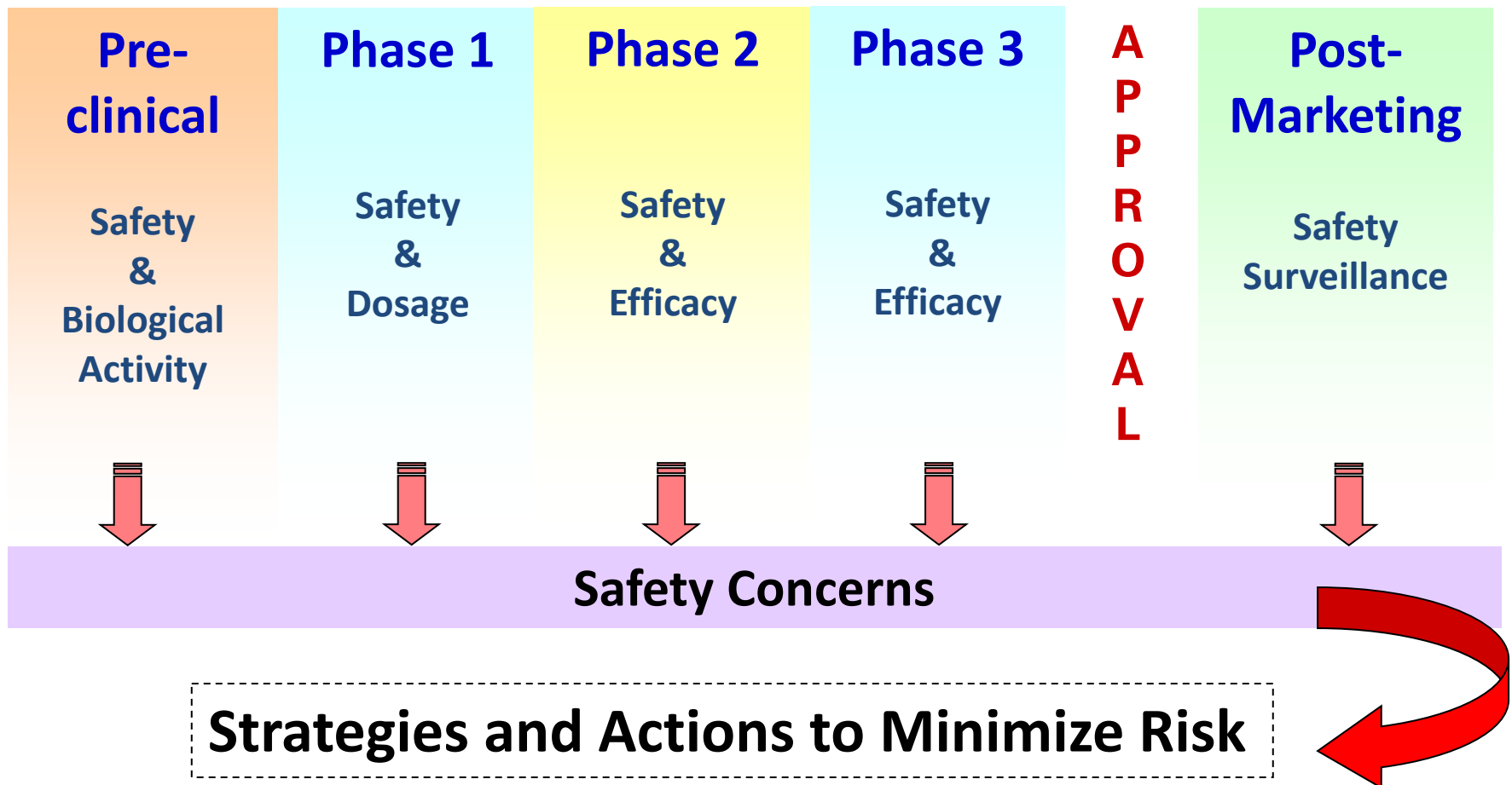
## Postmarket Safety Events Among Novel Therapeutics Approved by the US Food and Drug Administration Between 2001 and 2010

Nicholas S. Downing, MD; Nilay D. Shah, PhD; Jenerius A. Aminawung, MD, MPH; Allison M. Pease, BS; Jean-David Zeitoun, MD, MHPM; Harlan M. Krumholz, MD, SM; Joseph S. Ross, MD, MHS

- Among 222 novel therapeutics approved by FDA from 2001-2010, 32% were affected by a postmarket safety event:
  - New boxed warning
  - Withdrawal due to safety issue
  - FDA safety communication
- Variables associated with higher rates of events:
  - Biologics
  - Psychiatric therapeutics
  - Accelerated approval
  - Near-regulatory deadline approval

# Postmarketing Safety Surveillance

# Safety in the Lifecycle of FDA-regulated Products



# Premarket vs Postmarket Safety Data



## Limitations of Premarket Clinical Trials

- Relatively small size of patient population
- Narrow population/indications
- Short duration
- Lack of adequate ascertainment and classification of adverse events

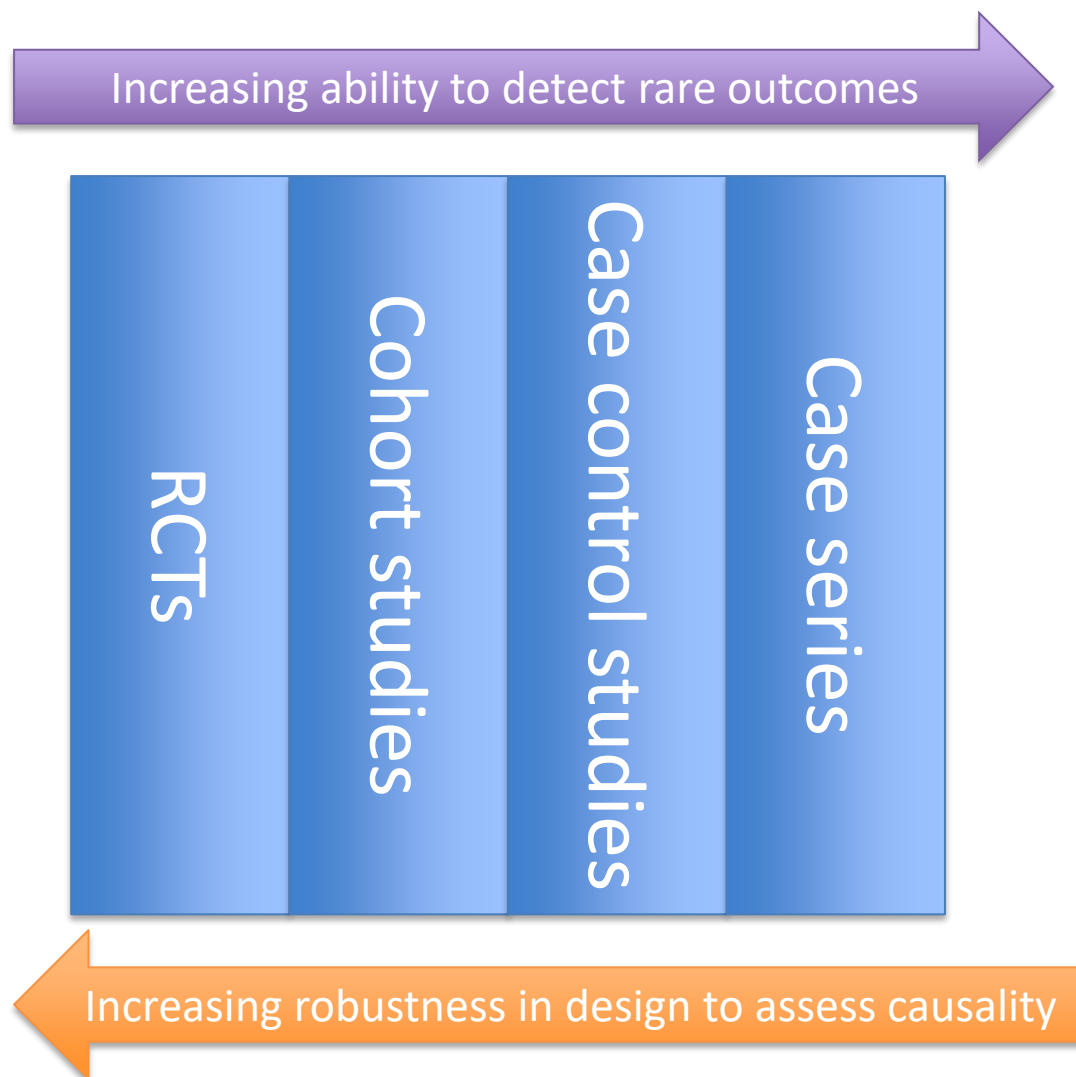
## Benefits of Postmarket Safety Reporting

- Low frequency/rare Adverse Events
- Captures adverse events (AEs) from entire population/includes all indications
- Drug-drug/food interactions
- Detect ↑ severity of known reactions
- Direct engagement of healthcare professionals/consumers

# Select Postmarketing Data Sources

- Spontaneous/voluntary reporting of cases
  - National (FDA MedWatch)
  - Scientific literature publications
- Postmarketing studies (voluntary or required)
  - Observational studies (including automated healthcare databases)
  - Randomized clinical trials
- Other surveillance tools
  - Drug-Induced Liver Injury Network (DILIN)
  - Sentinel
  - National Electronic Injury Surveillance System -- Cooperative Adverse Drug Event Surveillance Project (NEISS-CADES)
  - National Poison Data System (NPDS)

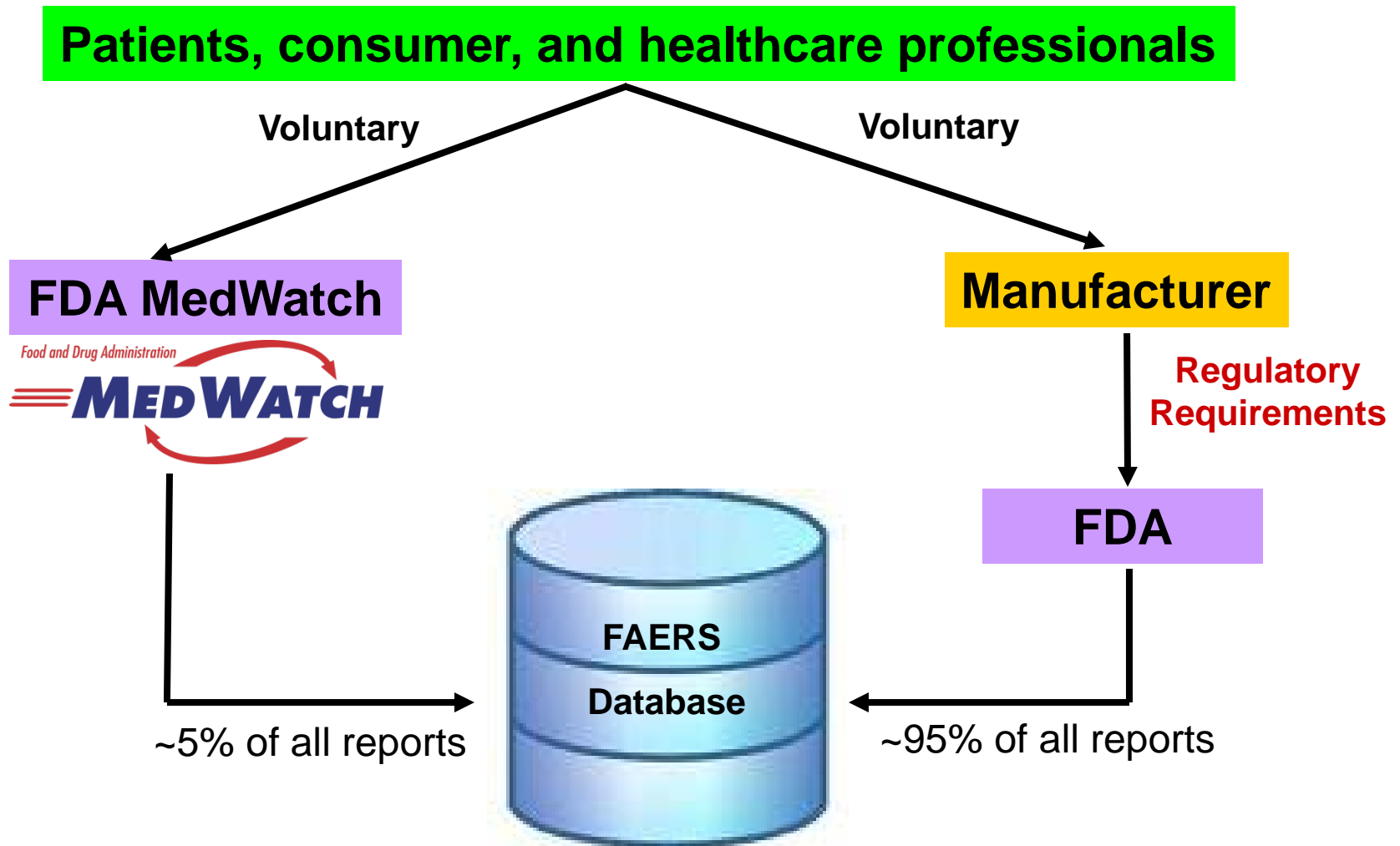
# Strength of Evidence





# Postmarket Adverse Event Reporting and FDA Adverse Event Reporting System (FAERS)

# How Postmarketing Reports Get to FDA



# Postmarketing Safety Reporting Requirements

- Under 21 CFR 314.80 postmarketing safety reports must be submitted to FDA for the following:
  - **Expedited reports:** Both serious and unexpected adverse experience from all sources (domestic and foreign)
    - Expedited 15-day reporting
  - **Non-expedited reports:** Domestic spontaneous adverse events that are:
    - Serious and expected
    - Non-serious and unexpected
    - Non-serious and expected
    - Periodic reporting: quarterly for the first 3 years then annually (for New Molecular Entity)

# Serious Adverse Event

- Results in any of these outcomes:
  - Death
  - Life-threatening adverse experience
  - Inpatient hospitalization – new or prolonged
  - Persistent/significant disability or incapacity
  - Congenital birth defect
  - Other serious: based upon appropriate medical judgment, these AEs may jeopardize the patient and require intervention to prevent a serious outcome

# Factors Affecting Reporting

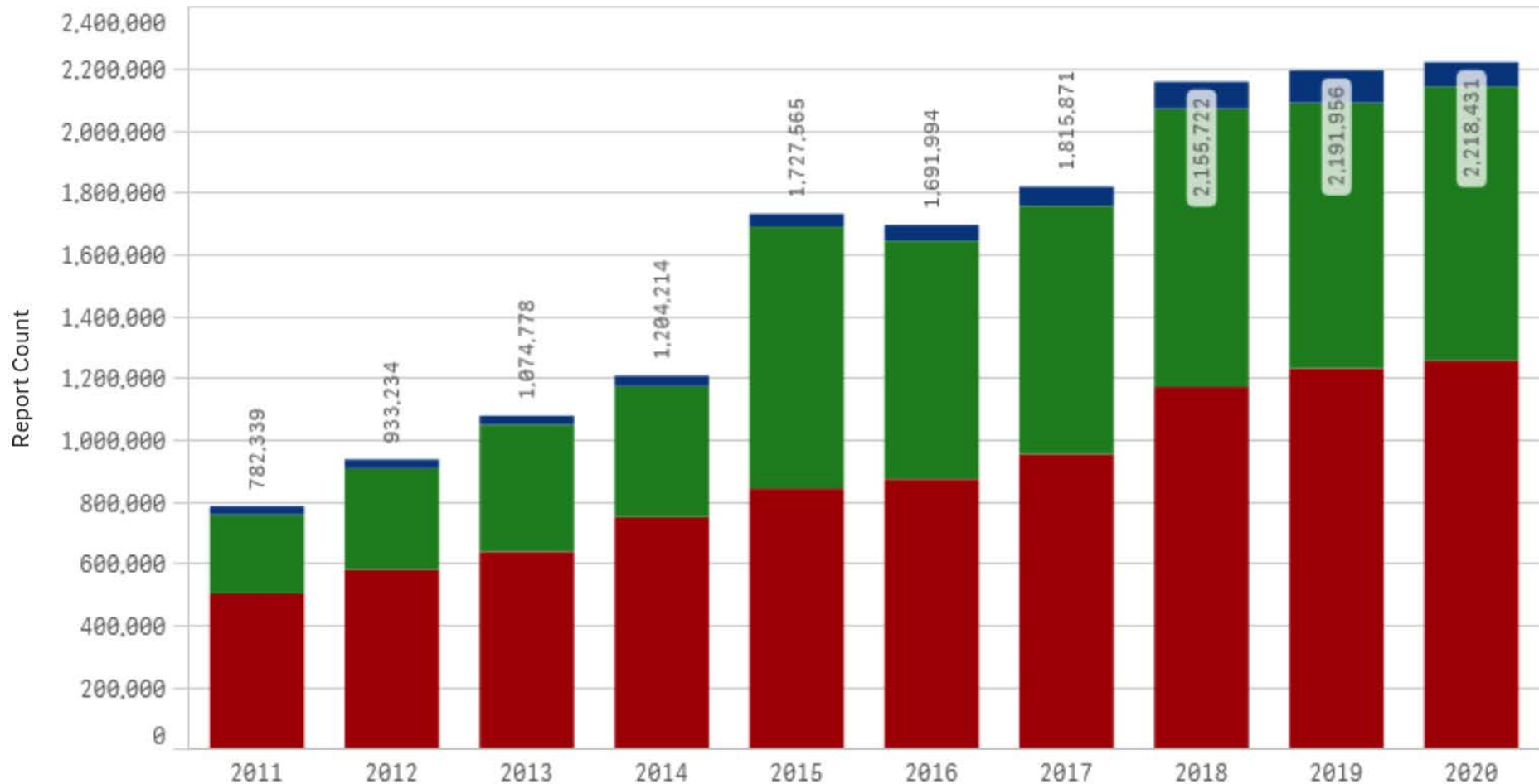
- Media attention
- Litigation (class action lawsuits)
- Nature of the adverse event
- Type of drug product and new indications
- Length of time on market
- Extent and quality of manufacturer's surveillance system
- Reporting regulations



# FDA Adverse Event Reporting System

- Computerized database of spontaneous reports
  - Voluntary communication from an individual (e.g., healthcare professional, consumer) describing one or more suspected AEs
- Contains human drug and therapeutic biologic reports
- As of December 31, 2020:
  - 21,416,139 reports received since 1968
- Over 2.22 million new reports received in 2020

# Number of Adverse Event Reports Entered into FAERS by Report Type



Data as of December 31, 2020



# FAERS Public Dashboard

- Interactive web-based tool for querying FAERS data
- Freedom of Information Act (FOIA) request to FDA
  - Individual case safety reports from FAERS database
  - Redacted case reports for privacy
- This public database does not have case narratives



# FAERS Strengths and Limitations

## Strengths

- Includes all marketed products, uses, and patient populations
- Especially good for
  - Rare events
  - Events that occur shortly after exposure

## Limitations

- Worsening of pre-existing disease
- Cannot estimate incidence (underreporting)
- Adverse events that could also be manifestations of the disease for which the drug is indicated
- Dependent on report quality

# How to report to MedWatch



- How to Report:
  - Online  
([www.fda.gov/medwatch](http://www.fda.gov/medwatch))
  - Download the form
    - Mail
    - Fax 1-800-332-0178
- For questions about the form:
  - 1-800-332-1088

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### MedWatch Voluntary Report

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PATIENT | PROBLEM | PRODUCT | DEVICE | CONCOMITANT | REPORTER | REVIEW & SUBMIT

#### About Patient

\* Required Information  
For all other data fields please provide information, if available. ONLY fields with \* are mandatory.

**Patient Identifier:**  
Please do NOT enter the Patient's Name or Social Security Number

**Age or Date of Birth:**  
Age (specify unit of time for age) Unit OR Date of Birth (mm/dd/yyyy)

**Gender:**  
☐ Female  
☐ Male  
☐ Intersex  
☐ Transgender  
☐ Prefer not to disclose


**Weight and Unit:**  
Weight Unit

**Ethnicity:**  
(Check one)  
☐ Hispanic/Latino  
☐ Not Hispanic/Latino

**Race:**  
(Check all that apply)  
☐ Asian  
☐ American Indian or Alaskan Native  
☐ Black or African American  
☐ White  
☐ Native Hawaiian or Other Pacific Islander

Next Save and Exit Exit

# Consumer MedWatch Form



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Food and Drug Administration

**MEDWATCH**  
**Consumer Voluntary Reporting**  
**(FORM FDA 3500B)**

Form Approved: OMB No. 0910-0291  
Expiration Date: 9/30/2018  
(See PRA Statement on preceding  
general information page)

Note: For date prompts of "dd-mmm-yyyy" please use 2-digit day, 3-letter month abbreviation, and 4-digit year; for example, 01-Jul-2018.

**Section A – About the Problem**

1. What kind of problem was it? (Check all that apply)

☐ Were hurt or had a bad side effect (including new or worsening symptoms)

☐ Used a product incorrectly which could have or led to a problem

☐ Noticed a problem with the quality of the product

☐ Had problems after switching from one product maker to another maker

2. Did any of the following happen? (Check all that apply)

☐ Hospitalization – admitted or stayed longer

☐ Required help to prevent permanent harm

☐ Disability or health problem

☐ Birth defect

☐ Life-threatening

☐ Death (include date)(dd-mmm-yyyy):    -    -   

☐ Other serious/important medical incident (Please describe below)

3. Date the problem occurred (dd-mmm-yyyy)

-    -   

4. Tell us what happened and how it happened. (Include as many details as possible FDA may reach out to you for any additional documents if necessary)


Continuation Page

5. Relevant Tests/Laboratory Data	Date (dd-mmm-yyyy)	Relevant Tests/Laboratory Data	Date (dd-mmm-yyyy)

Additional Comments

**For a problem with a product, including**

- prescription or over-the-counter medicine
- biologics, such as blood transfusions, gene therapies, and human cells and tissue transplants (for example, tendons, bone, and corneas)
- nutrition products, such as vitamins and minerals, herbal remedies, infant formulas, and medical foods
- cosmetics or make-up products
- foods (including beverages and ingredients added to foods)

 **Go to Section C**

## MedWatch Form 3500B

Includes 4 primary components

- Patient
- Product
- Event
- Reporter

User-friendly format for non-health care professionals

# Components of a Good Case Report

## Case #1

A health care worker reported a male patient started Drug X at 500 mg daily for cellulitis on April 5, 2018. On an unknown date, the patient developed thrombocytopenia; additional information was not provided.

## Case #2: Best Case Representative

- 60-year-old male with type 2 diabetes, hyperlipidemia, and hypertension. No history of thrombocytopenia.
- Drug X at 500 mg daily on April 5, 2018 for left leg cellulitis.
- Other medications: regular insulin, glyburide, atorvastatin, and lisinopril
- Labs drawn on April 5th revealed all values including platelets were within normal limits.
- 14 days after starting Drug X patient presented to the ER with petechiae, bruising, hematoma and epistaxis.
- Labs on admission: Platelets of  $7 \times 10^3 / \text{mm}^3$  (normal range 150 to  $450 \times 10^3 / \text{mm}^3$ )
- He was admitted to ICU and subsequently diagnosed with thrombocytopenia.
- Drug X stopped upon admission.
- 5 days after stopping the medication, all lab values returned to baseline.

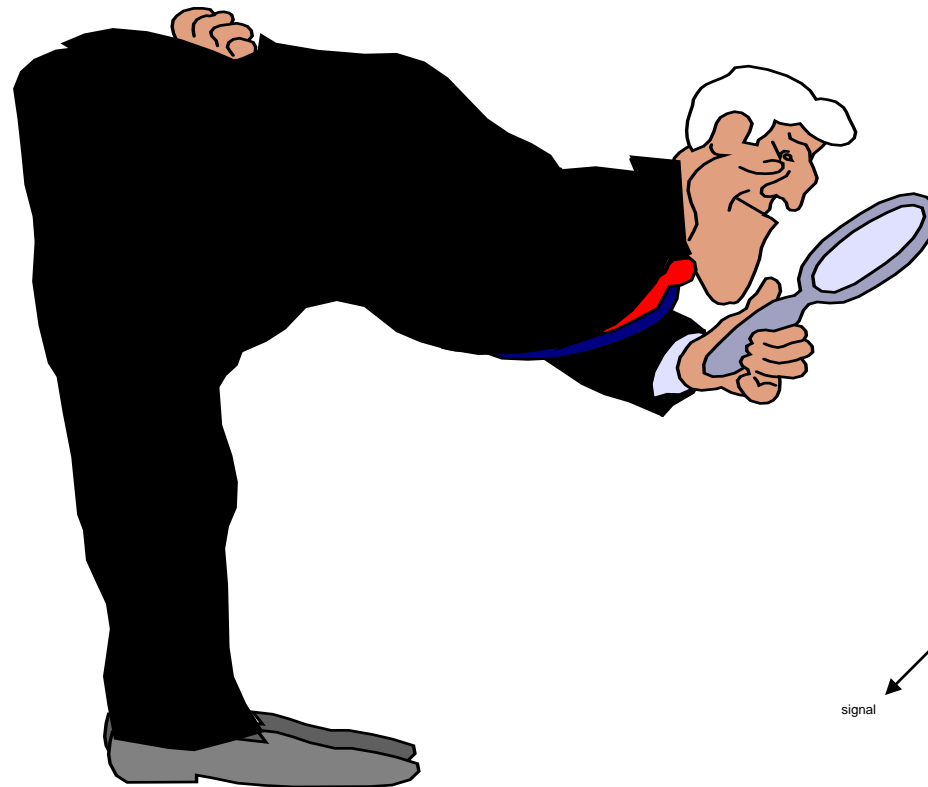


# Components of a Good Postmarketing Report

- Description of adverse event
- Suspected and concomitant product therapy details (e.g., dose, dates of therapy)
- Patient characteristics (e.g., age, sex), baseline medical condition, co-morbid condition, family history, other risk factors
- Documentation of the diagnosis
- Clinical course and outcomes
- Relevant therapeutic measures and laboratory data
- Dechallenge and rechallenge information
- Reporter contact information
- Any other relevant information



# Safety Signal Detection



Did you  
see it??

signal

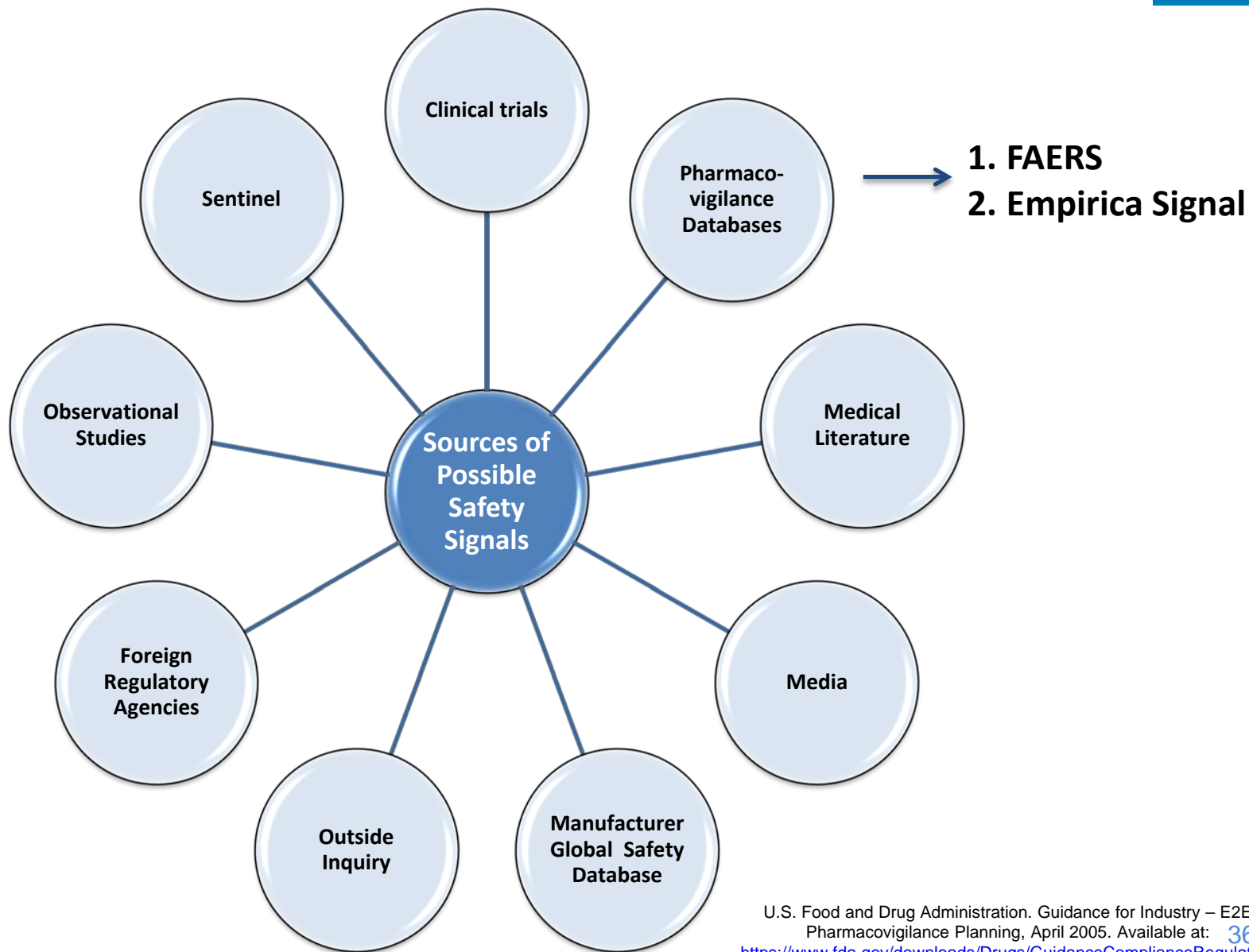
# What is a Safety Signal?

- Reported information on a possible causal relationship between an adverse event and a drug
- The relationship is previously unknown or incompletely documented
- Usually supported by multiple case reports
- New unlabeled adverse events
- An observed increase in a labeled event OR a greater severity or specificity
- New interactions
- Newly identified at-risk population

# What is a Safety Signal?

Information that arises from one or multiple sources (including observations and experiments), which suggests a new potentially causal association, or a new aspect of a known association, between an intervention and an event or set of related events, either adverse or beneficial.

# Select Sources of Possible Safety Signals

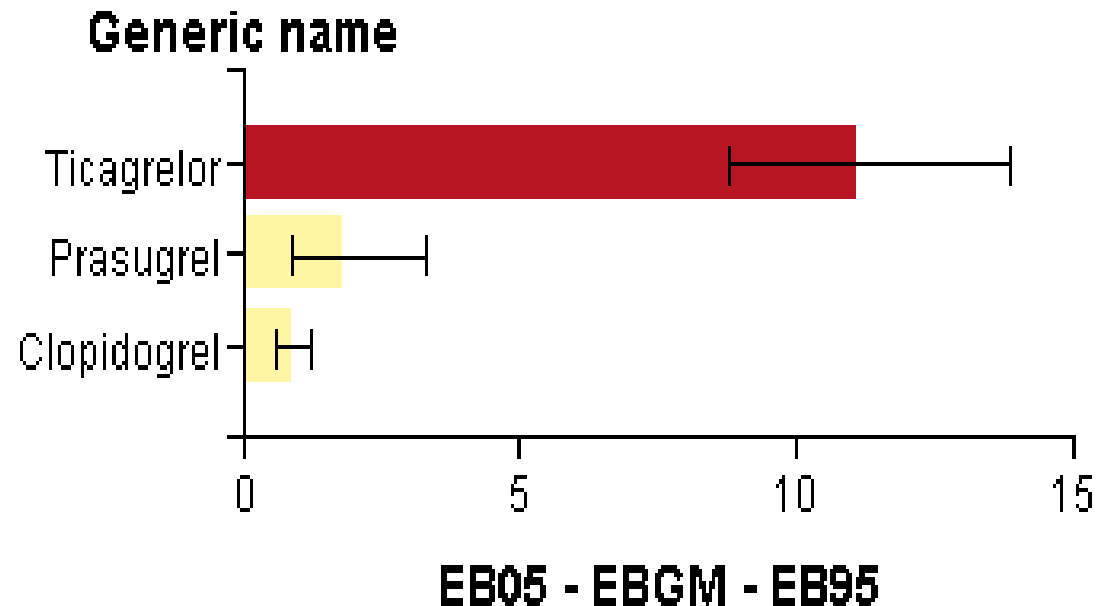


# Disproportionality in FAERS

- Important tool in modern pharmacovigilance
- Helps drug safety scientists recognize patterns in large datasets
- Hypothesis generating activity, that does not prove causation
- Several test statistics are currently used
  - Proportional reporting ratio (PRR)
  - Reporting odds ratio (ROR)
  - Empirical Bayes Geometric Mean (EBGM)

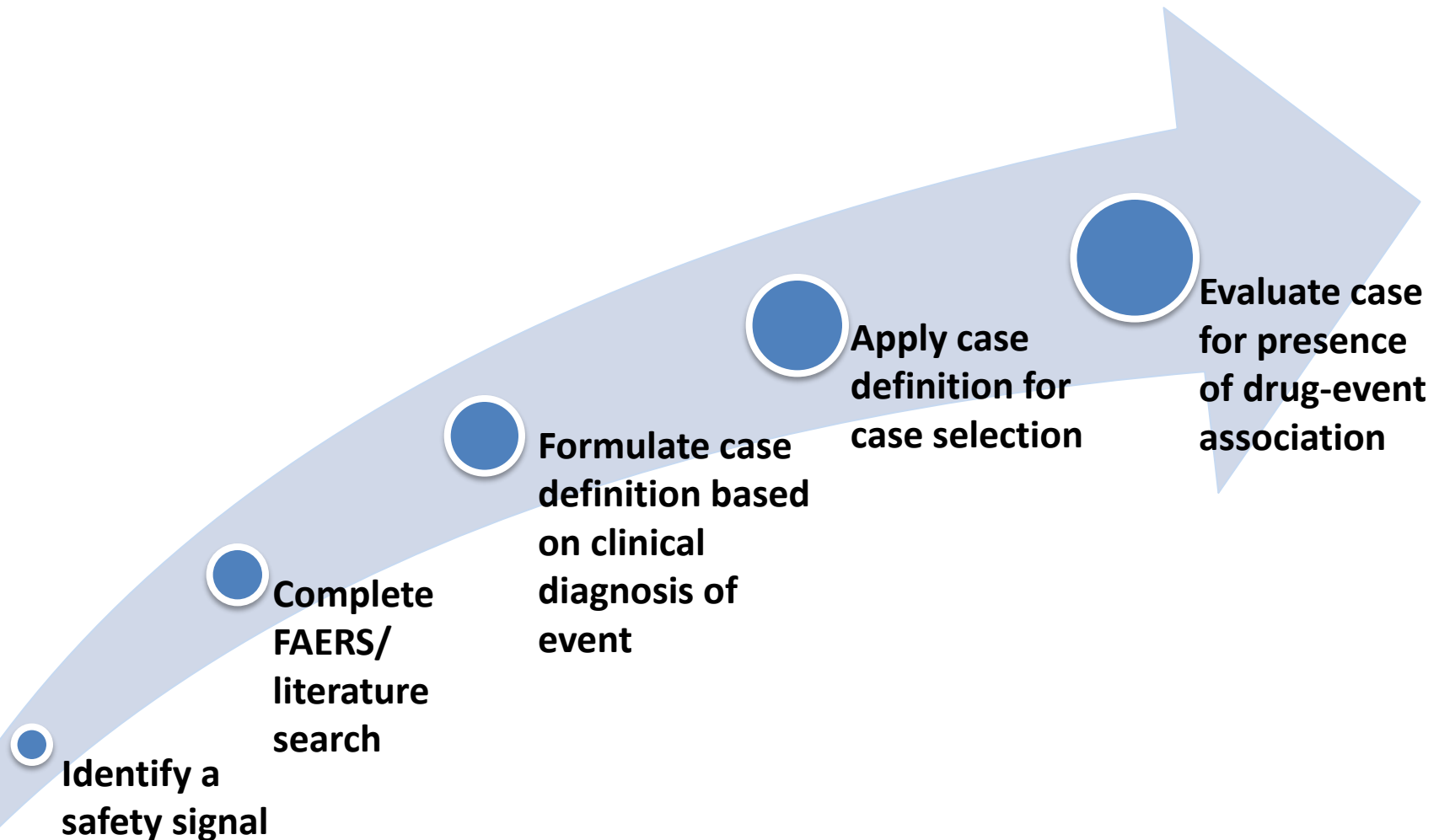
# Data Mining Example

**Event=Atrioventricular block complete**



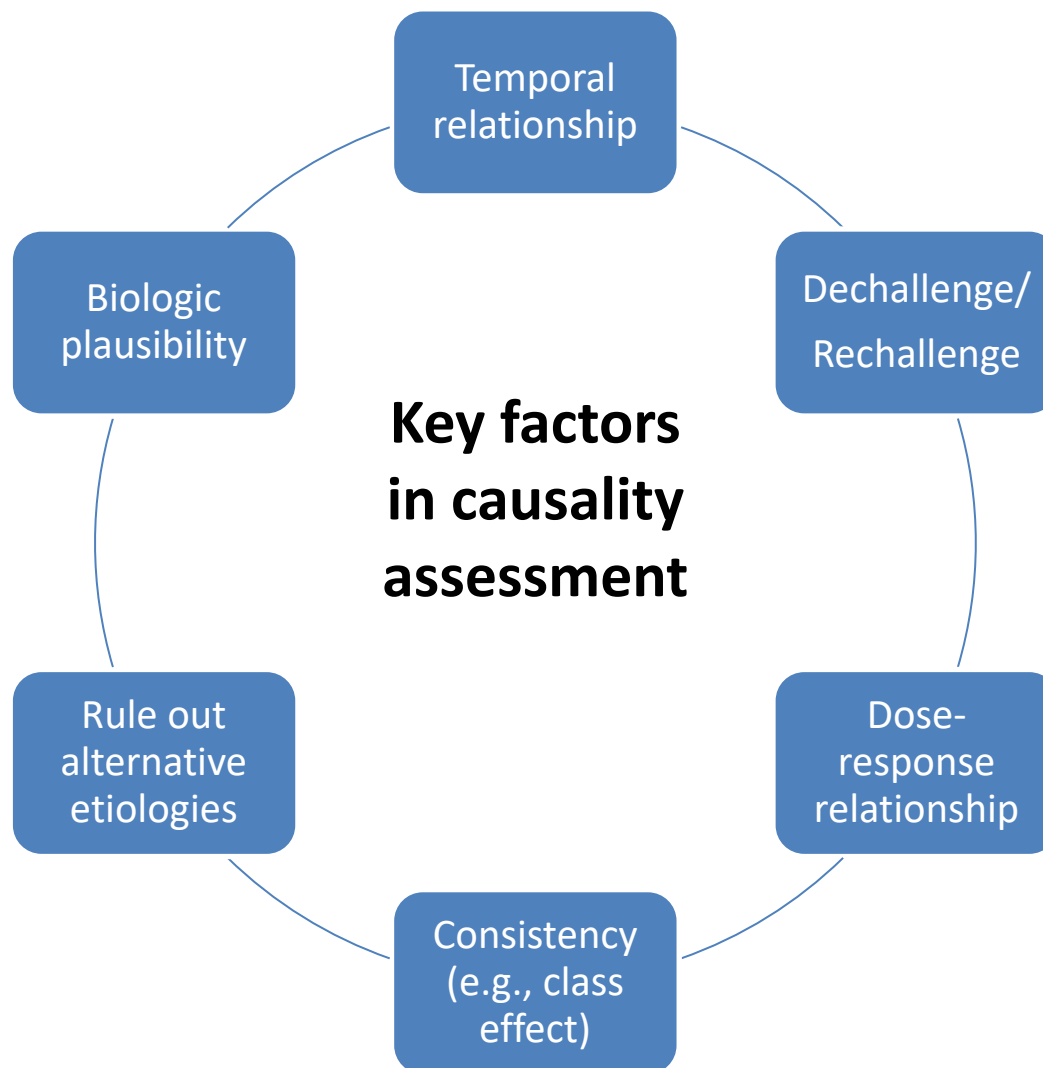
# Case Series Development and Evaluation

# Developing a Case Series





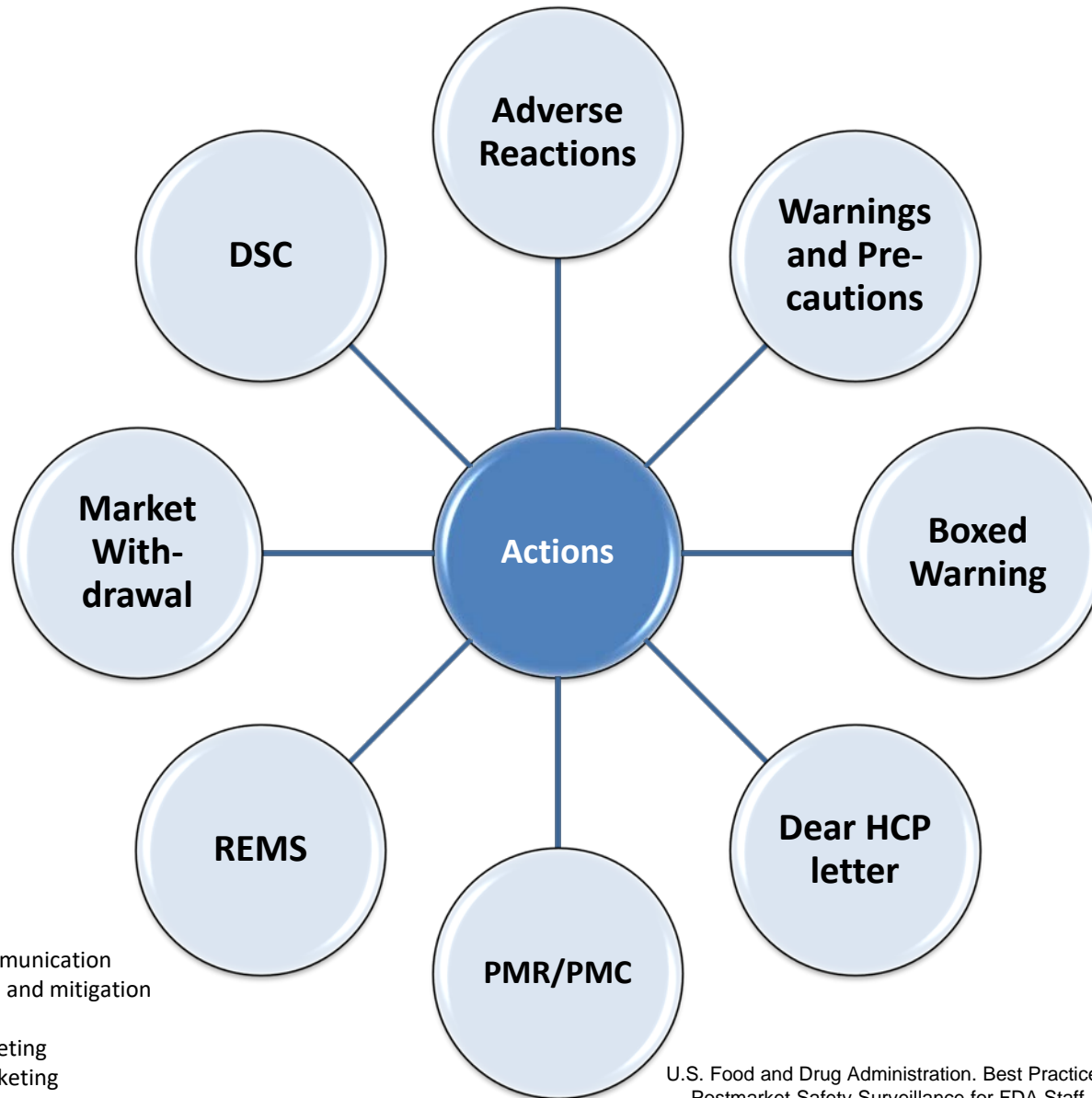
# Causality Assessment



# Signal Strengthening through Collaboration

- Collaborate with our OSE colleagues
  - Epidemiology, including Drug Use
    - Provide epidemiologic assessment, calculate reporting rates
    - Identify population at risk, risk factors, and quantify a drug-event association
  - Risk Management
    - Facilitate Risk Evaluation and Mitigation Strategy development
  - Medication Errors
    - Evaluating patient use and labeling
- Collaborate with FDA colleagues, other Agencies (e.g., CDC)

# Select sponsor and FDA actions



DSC = drug safety communication  
 REMS = risk evaluation and mitigation strategy  
 PMR/PMC = postmarketing requirement, postmarketing commitment

# Communication

## Within FDA

- Maintain formal and informal communication and collaborative efforts with OND
  - Regular Safety Meetings with OND
- Regulatory Briefings

## With FDA Stakeholders

- Drug Safety Oversight Board (DSB)
  - Representatives from AHRQ, CDC, CMS, DOD, FDA, HRSA, IHS, NIH, VA
- Teleconferences with foreign regulatory agencies:
  - European Medicines Agency (EMA)
  - International Post-Market Surveillance (IPMS): Canada, Australia, New Zealand, Switzerland, Singapore (via written submission)



# Communicating Safety Issues to the Public and Scientific Community

- MedWatch Safety Alerts
  - Drug Safety Communication
- Potential Signals of Serious Risks/New Safety Information Identified from FAERS (FDAAA 921)
- Published literature and scientific meetings
- Advisory Committees
  - 49 committees of experts who can provide advice to FDA

# Recent Safety Issues Investigated by DPV

# Recent Drug Safety Communications

- FDA adds Boxed Warning for risk of serious injuries caused by sleepwalking with certain prescription insomnia medicines (eszopiclone, zaleplon, zolpidem) (April 2019)
- Serious breathing problems with seizure and nerve pain medicines gabapentin and pregabalin (December 2019)
- Constipation caused by schizophrenia medicine clozapine (Clozaril) can lead to serious bowel problems (January 2020)
- Serious liver injury from use of Ocaliva (obeticholic acid) in primary biliary cholangitis patients with advanced cirrhosis (May 2021)
- Vapors from alcohol-based hand sanitizers can have headache, nausea, and dizziness (June 2021)

U.S. Food and Drug Administration. FDA Drug Safety Communication: FDA warns about serious breathing problems with seizure and nerve medicines gabapentin (Neurontin, Gralise, Horizant) and pregabalin (Lyrica, Lyrica CR) (2019). Available at: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-warns-about-serious-breathing-problems-seizure-and-nerve-pain-medicines-gabapentin-neurontin>

U.S. Food and Drug Administration. FDA Drug Safety Communication: FDA adds Boxed Warning for risk of serious injuries caused by sleepwalking with certain prescription insomnia medicines. (2019). Available at: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-adds-boxed-warning-risk-serious-injuries-caused-sleepwalking-certain-prescription-insomnia>

U.S. Food and Drug Administration. FDA Drug Safety Communication: FDA strengthens warning that untreated constipation caused by schizophrenia medicine clozapine (Clozaril) can lead to serious bowel problems. (2020). Available at: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-strengthens-warning-untreated-constipation-caused-schizophrenia-medicine-clozapine-clozaril-can>

U.S. Food and Drug Administration. FDA Drug Safety Communication: Due to risk of serious liver injury, FDA restricts use of Ocaliva (obeticholic acid) in primary biliary cholangitis (PBC) patients with advanced cirrhosis. (2021). Available at: <https://www.fda.gov/drugs/drug-safety-and-availability/due-risk-serious-liver-injury-fda-restricts-use-ocaliva-obeticholic-acid-primary-biliary-cholangitis>

U.S. Food and Drug Administration. FDA Drug Safety Communication: FDA warns that vapors from alcohol-based hand sanitizers can have side effects. (2021). Available at: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-warns-vapors-alcohol-based-hand-sanitizers-can-have-side-effects>

# Safety signal examples



# Nexplanon/Implanon Migration



Contraception 96 (2017) 439–445

Contraception

Original research article

Etonogestrel implant migration to the vasculature, chest wall, and distant body sites: cases from a pharmacovigilance database<sup>☆,☆☆</sup>

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Received 20 March 2017; revised 21 August 2017; accepted 23 August 2017

## Abstract

**Objective:** To describe clinical outcomes of etonogestrel implant patients with migration to the vasculature, chest wall and other distant body sites spontaneously reported to the US Food and Drug Administration Adverse Event Reporting System (FAERS) database.

**Study design:** We performed a standardized Medical Dictionary for Regulatory Activities (MedDRA) query in the FAERS database (through November 15, 2015), with reports coded with one or more MedDRA preferred terms that indicate complications with device placement or migration of the device from the original site of insertion to the vasculature, chest wall and other distant body sites. We excluded any cases previously described in the medical literature.

**Results:** We identified 38 cases of pronounced etonogestrel implant migration. Migration locations included the lung/pulmonary artery ( $n=9$ ), chest wall ( $n=1$ ), vasculature at locations other than the lung/pulmonary artery ( $n=14$ ) and extravascular migrations ( $n=14$ ) to other body sites (e.g., the axilla and clavicle/neck line/shoulder). The majority of cases were asymptomatic and detected when the patient desired implant removal; however, seven cases reported symptoms such as pain, discomfort and dyspnea in association with implant migration. Three cases also describe pulmonary fibrosis and skin reactions as a result of implant migration to the vasculature, chest wall and other distant body sites. Sixteen cases reported surgical removal in an operating room setting.

**Conclusions:** Our FAERS case series demonstrates etonogestrel implant migration to the vasculature, chest wall and other body sites distant from the site of original insertion.

**Implications statement:** As noted by the sponsor in current prescribing information, a key determinant in the risk for etonogestrel contraceptive implant migration appears to be improper insertion technique. Although migration of etonogestrel implants to the vasculature is rare, awareness of migration and education on proper insertion technique may reduce the risk.

Published by Elsevier Inc.

**Keywords:** Contraceptive implant; Migration; Intravascular; Pulmonary artery; Lung; Chest wall

## 1. Introduction

Contraceptive implants are an important and effective option for family planning. Worldwide prevalence of contraceptive use has significantly increased over the last four decades, with substantial variability in the proportion of women who use implants in different parts of the world [1]. In 2015, approximately 1% of the total worldwide

contraceptive use was met with contraceptive implants, with the United States having a similar usage pattern [1].

In the United States, one approved contraceptive implant is currently available. The etonogestrel 68-mg implant is inserted in the inner side of the upper arm to provide highly effective reversible contraception. Implanon® (Merck & Co., Inc., formerly Organon USA, Inc., Kenilworth, NJ, USA) was first approved by the US Food and Drug Administration (FDA) in 2006. Nexplanon® (Merck & Co., Inc., Kenilworth, NJ, USA), FDA approved in 2012, added barium sulfate to the implant and used a new inserter that allows for a one-handed technique for insertion, in contrast to Implanon's two-handed approach [2]. The new product is marketed as Implanon NXT® (Merck Sharp & Dohme) in several countries outside the United States. The sponsor stopped Implanon distribution in the United States as of

- Migration is a labeled event since Implanon® approval
  - Local migration wording was added in 2008: “There have been occasional reports of migration of the implant; usually this involves minor movement relative to the original position”
- FAERS and literature cases of migration of Implanon® and Nexplanon® implants to the vasculature, chest wall, and other parts of body

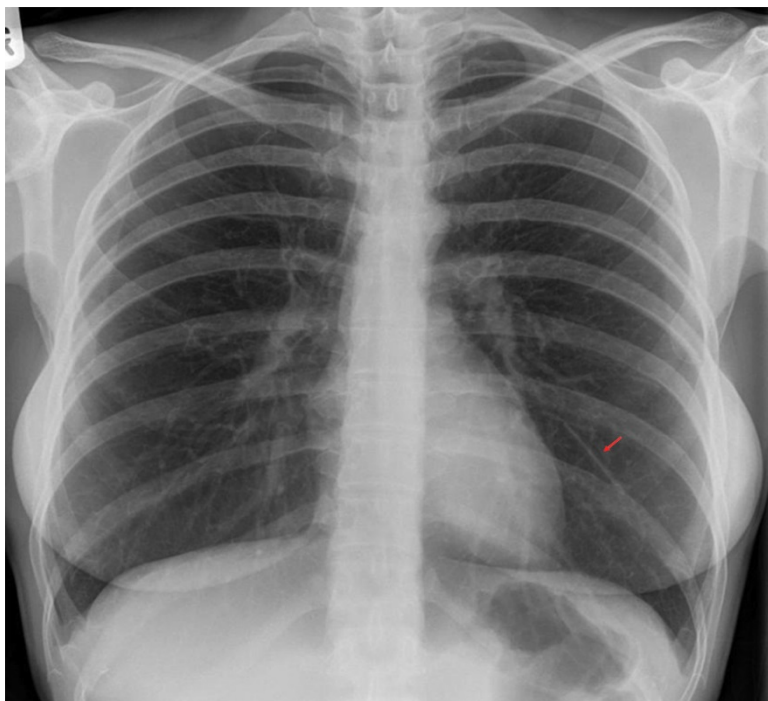
<sup>☆</sup> Funding: This research did not receive any specific grant from funding agencies in the public, commercial or not-for-profit sectors.

<sup>☆☆</sup> Conflicts of Interest: None (all authors report no financial relationships with any for the submitted work).

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E-mail address: sarah.kang@fda.hhs.gov (S. Kang).

# Nexplanon/Implanon Migration



Patel A, D Shetty, N Hollings, and N Dodds. Contraceptive implant embolism into the pulmonary artery. *Ann Thorac Surg* 2014;97:1452.

# Regulatory Action

- Labeling supplement approved (March 2016)
  - Instructions for Use: to avoid deep insertion, which can result in difficult localization and removal
  - Localization and removal of a non-palpable implant section
  - Reported migration to pulmonary artery (Warnings and Precautions) and chest wall (Postmarketing Experience)

# Loperamide and Cardiac Adverse Events

**FDA Drug Safety Communication: FDA warns about serious heart problems with high doses of the antidiarrheal medicine loperamide (Imodium), including from abuse and misuse**

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The FDA has issued new information about this safety issue, see the [FDA Drug Safety Communication](#) issued on [1-30-2018](#)

**11/2016 & 4/2017 Update:** The issues described below have been addressed in product labeling. Health care professionals and patients can access the approval letter and latest prescribing information for this product at: [Imodium \(loperamide\) and Imodium A-D \(loperamide\)](#)

## Safety Announcement

[ 06-07-2016 ] The U.S. Food and Drug Administration (FDA) is warning that taking higher than recommended doses of the common over-the-counter (OTC) and prescription diarrhea medicine loperamide (Imodium), including through abuse or misuse of the product, can cause serious heart problems that can lead to death. The risk of these serious heart problems, including abnormal heart rhythms, may also be increased when high doses of loperamide are taken with several kinds of medicines that interact with loperamide (see Examples of Drugs that Can Potentially Interact with Loperamide).

The majority of reported serious heart problems occurred in individuals who were intentionally misusing and abusing high doses of loperamide in attempts to self-treat opioid withdrawal symptoms or to achieve a feeling of euphoria. We continue to evaluate this safety issue and will determine if additional FDA actions are needed.

- Serious cardiac adverse events, including QT interval prolongation, Torsades de Pointes, and ventricular arrhythmias were reported
- Cases were mostly in individuals taking high doses of loperamide

# Loperamide and Cardiac Adverse Events

## FDA Drug Safety Communication: FDA limits packaging for anti-diarrhea medicine Loperamide (Imodium) to encourage safe use

SHARE TWEET LINKEDIN PIN IT EMAIL PRINT

This is an update to the [FDA Drug Safety Communication: FDA warns about serious heart problems with high doses of the antidiarrheal medicine loperamide \(Imodium\), including from abuse and misuse](#) issued on June 7, 2016

### Safety Announcement

[1-30-2018] To foster safe use of the over-the counter (OTC) anti-diarrhea drug loperamide, the U.S. Food and Drug Administration (FDA) is working with manufacturers to use blister packs or other single dose packaging and to limit the number of doses in a package. We continue to receive reports of serious heart problems and deaths with much higher than the recommended doses of loperamide, primarily among people who are intentionally misusing or abusing the product, despite the addition of a warning to the medicine label and a previous communication.

Loperamide is a safe drug when used as directed.

Loperamide is FDA-approved to help control symptoms of diarrhea, including Travelers' Diarrhea. The maximum approved daily dose for adults is 8 mg per day for OTC use and 16 mg per day for prescription use. It is sold under the OTC brand name Imodium A-D, as store brands, and as generics. Loperamide acts on opioid receptors in the gut to slow the movement in the intestines and decrease the number of bowel movements. It is safe at approved doses, but when much higher than recommended doses are taken, it can lead to serious problems, including severe heart rhythm problems and death.

Patients and consumers should only take the dose of loperamide directed by your health care professionals or according to the [OTC Drug Facts label](#), as taking more than prescribed or listed on the label can cause severe heart rhythm problems or death. If you are using OTC loperamide and your diarrhea lasts more than 2 days, stop taking the medicine and contact your health care professional.

- Labeling has been added to the drug labels for prescription and OTC loperamide products
- OTC package product counts were also restricted

# Loperamide and Cardiac Adverse Events

SCIENCE AND PRACTICE

Journal of the American Pharmacists Association 57 (2017) S63–S67

Contents lists available at ScienceDirect

Journal of the American Pharmacists Association

journal homepage: [www.japha.org](http://www.japha.org)

## RESEARCH NOTES

## Adverse event detection using the FDA post-marketing drug safety surveillance system: Cardiotoxicity associated with loperamide abuse and misuse

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## ARTICLE INFO

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## ABSTRACT

**Objective:** The purpose of this investigation was to identify and characterize reports of cardiotoxicity, including torsades de pointes (TdP), associated with loperamide use. **Methods:** We searched the U.S. Food and Drug Administration Adverse Event Reporting System (FAERS) database for post-marketing reports of serious cardiac adverse events with loperamide use from December 28, 1976 (U.S. drug approval date), to 2015. We also conducted a PubMed and Google Scholar search to identify reports of cardiotoxicity associated with loperamide in the medical literature. **Results:** Forty-eight cases of serious cardiac adverse events associated with loperamide use composed the case series. The most frequently reported cardiac adverse events were TdP (n = 24), cardiac arrest (n = 13), QT-interval prolongation (n = 13), ventricular tachycardia (n = 10), and TdP (n = 7). There were 10 cases that resulted in death. Of the commonly reported reasons for use can be characterized as drug abuse (n = 17). More than one-half of the 48 cases were reported as drug abuse cases, the median daily dose was 250 mg (range 70 mg to 1600 mg), occurred as early as 6 hours after a dose and as long as 18 months after loperamide use. Thirteen of the 22 cases reported using loperamide for euphoric effects and 9 reported use to prevent opioid withdrawal symptoms.

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## Letters

## TO THE EDITOR

## Labeling and Drug Safety Communication Approaches to Loperamide Abuse



We read with great interest the loperamide study of Klein et al. (1). The U.S. Food and Drug Administration (FDA) Division of Pharmacovigilance recently reviewed 48 cases of torsades de pointes and other serious cardiac adverse events with loperamide use received through the FDA Adverse Event Reporting System database (2). Thirty-one of these cases resulted in hospitalizations, and 10 patients died. More than one-half of the 48 cases were reported after 2010, coinciding with increased recreational abuse. Loperamide median dose was 250 mg (range 70 to 1600 mg) for abusers in our

approaches. FDA will continue to monitor this issue and take the steps necessary to help prevent the abuse of loperamide.

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# Lamotrigine and Hemophagocytic Lymphohistocytosis (HLH)

- Lamotrigine is an anti-epileptic indicated for bipolar and epilepsy
- Lamotrigine is associated with immune-related adverse reactions
- HLH is a life-threatening condition in which an antigen trigger produces an excessive immune system activation with resultant immune-mediated pathologic effects
- Clinical manifestations are fever, splenomegaly, and elevated acute phase reactants, ferritin and soluble CD25

# Lamotrigine and Hemophagocytic Lymphohistocytosis (HLH)

- 8 cases reporting hemophagocytic lymphohistocytosis (HLH)
  - 5 Probable cases, 3 Possible cases
- Time to onset: within 24 days
- Treatment: blood products (2), chemotherapy (2), steroids (6), intravenous immune globulin (4)
- Outcomes: Death (1), life-threatening (2), hospitalization (8), other (3)



# Regulatory Action

- Recommendation in Warnings and Precautions (8/2018)

## 5.2 Hemophagocytic Lymphohistocytosis

Hemophagocytic lymphohistocytosis (HLH) has occurred in pediatric and adult patients taking lamotrigine extended-release for various indications. HLH is a life-threatening syndrome of pathologic immune activation characterized by clinical signs and symptoms of extreme systemic inflammation. It is associated with high mortality rates if not recognized early and treated. Common findings include fever, hepatosplenomegaly, rash lymphadenopathy, neurologic symptoms, cytopenias, high serum ferritin, hypertriglyceridemia, and liver function and coagulation abnormalities. In cases of HLH reported with lamotrigine extended-release, patients have presented with signs of systemic inflammation (fever, rash, hepatosplenomegaly, and organ system dysfunction) and blood dyscrasias. Symptoms have been reported to occur within 8 to 24 days following the initiation of treatment. Patients who develop early manifestations of pathologic immune activation should be evaluated immediately, and a diagnosis of HLH should be considered. Lamotrigine extended-release should be discontinued if an alternative etiology for the signs or symptoms cannot be established.

# Drug Safety Communication

## **FDA Drug Safety Communication: FDA warns of serious immune system reaction with seizure and mental health medicine lamotrigine (Lamictal)**

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### ARTICLE

## **Hemophagocytic lymphohistiocytosis associated with the use of lamotrigine**

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# Summary

- Pharmacovigilance
- Postmarketing surveillance
- FAERS
- How you can report adverse events
- How we use postmarketing reports to identify safety information
- What information is useful for our analysis
- How we communicate our findings

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