Health Effects of Smoking

**Smoking harms** nearly every organ in the body and leads to premature death.

*In the United States, 1 of every 3 cancer deaths is linked to smoking.*

Smoking is a major cause of cardiovascular disease, which is the single leading cause of death in the U.S.

*Smoking causes 1 of every 4 deaths from cardiovascular disease.*

**Smoking increases the risk for stroke.** Deaths from stroke are more likely among smokers than among former smokers or people who have never smoked.

*Nearly 8 in 10 cases of chronic obstructive pulmonary disease (COPD) are caused by smoking.*

Smoking is a cause of type 2 diabetes.

*More than 34 million adults in the United States suffer from diabetes.*

Smoking before, during, and after pregnancy can harm a baby’s health.

**Secondhand smoke causes more than 40,000 deaths a year.***