WHAT IS ASTHMA?

Asthma is a chronic lung disease that causes the airways to become inflamed and narrow.

OVER 24 MILLION people in the United States have ASTHMA

Symptoms

- Chest Pain
- Wheezing
- Sleeping Problems
- Coughing

Triggers

- Pollen
- Respiratory Illness
- Smoke
- Dust
- Mold
- Pet Dander
- Air Pollution
- Perfume

Management

- Work with your health care provider to create an Asthma Action Plan for you or your child.
- Take your FDA-approved asthma medications correctly to prevent further damage to your lungs.

For more information on health equity, visit www.fda.gov/healthequity.