Inside of your Gravity Diagnostics COVID-19 Test Home Collection Kit you should expect the following items:

- Nasal Swab
- 2 Alcohol Prep Pads
- Pre-addressed & Prepaid Return Envelope
- Tube
- Biohazard Bag
- Sticker Label
- Return Box (The Box Your Kit Came In)
- Absorbent Sheet in Biohazard Bag
- Do Not Remove Tube Contains Saline Solution, Do Not Spill

Sample Collection Instructions

1. Register Your Kit & Follow Instructional Video
   - Register your kit on our website at gravityplus.com/register. For the best results, watch our instructional video at gravityplus.com/covid-instructions before you start.

2. Fill Out Sticker Label & Place on Tube
   - Your kit comes with a blank label sticker. Fill out the sticker with patient name, date of birth, and the date and time of collection, in pen only, and place the sticker label vertically on the tube. The information must be legible, and match what you used to register your kit. Do not write directly on the tube.

3. Prepare to Collect
   - Before collection, make sure to blow your nose, sanitize your collection area, and thoroughly wash your hands for a minimum of 20 seconds with soap and warm water. Do not use your alcohol prep pads to sanitize the collection area; these are needed later in the collection process.

4. Remove Swab from Sleeve
   - Peel open the sleeve and carefully remove the swab. Make sure not to let the tip of the swab touch anything besides the inside of your nose. Doing so will compromise the specimen leading to a potential false result or no result.

5. Insert Swab and Rotate 4 Times
   - Gently insert the swab into one nostril until you no longer see the cotton end of the swab. Swab should not be inserted more than 1/2 inch. Rotate the swab at least 4 times with slight pressure for a total of 15 seconds. Repeat this step with other nostril with the same swab.

6. Place Swab in Tube & Break on Perforated Line
   - Place your tube, tip down, into the tube. Break the swab on the perforated line and securely close your tube. Make sure not to spill your saline liquid as doing so can lead to a potential false result or no result. Keep out of reach of children. Avoid contact with eyes.

7. Place Tube in Biohazard Bag & Securely Close Bag
   - Place your tube into the biohazard bag, in the same sealed pouch as the absorbent pad, and securely close the bag. Do not remove the absorbent pad from the biohazard bag.

8. Maintain Distance While Awaiting Your Results
   - Be sure to maintain a minimum of 6ft distance between yourself and others while awaiting your test results.

Items required but not included: Pen, Computer, Tablet, or Smartphone.
This kit is suitable for the following individuals:

- **Children ages 2-13**: Adult 18+ to collect
- **Children ages 14-17**: Self-collect with adult 18+ supervision
- **Adults ages 18+**: Self-collect (unless unable to do so)

What to do if you’re collecting a sample from a child

If collecting from both yourself and a child or children, collect your sample first then collect the sample from the child.

Find a comfortable position for collection. This could be on someone’s lap or in a chair. Deciding before collection who will comfort and who will collect will help reduce stress during collection.

Remain calm and confident. This will help the child do the same. Communicate with the child and talk through the steps together. If the child is old enough, explain the collection process in terms they understand. It may be helpful to provide a distraction or turn the collection process into a game (Provided/Make sure you do not divert from the instructions).

Follow instructions carefully. Be sure to follow the instructions as shown. It helps to read through the instructions once beforehand or follow our COVID-19 sample collection instructional video at gravityplus.com/COVID-19.

Warning

- Your kit **MUST** be registered BEFORE you begin collection.
- Your tube must be labeled with name, date of birth, and collection date.
- Ship your sample back the **SAME DAY** you collect! Be sure to check your nearest drop box pickup times to ensure they are picked up the same day.
- Be sure NOT to spill the saline in your tube.
- Do not let the cotton end of the swab touch any surface other than the inside of your nostrils and the inside of the tube after the sample has been collected.

Questions?

Contact us directly at: customercare@gravityplus.com  l  859-287-4040

Collect Sample

Ship to Lab

Get Results

Anterior Nasal Swab

COVID-19 Test

Home Collection Kit

- This product is suitable for the following individuals: 18 years and older (self-collected) 14 years and older (self-collected under adult supervision) 2 years and older (collected with adult assistance)

- This kit is suitable for the following individuals:
  - **Children ages 2-13**: Adult 18+ to collect
  - **Children ages 14-17**: Self-collect with adult 18+ supervision
  - **Adults ages 18+**: Self-collect (unless unable to do so)

- Place Biohazard Bag in Original Box for Return
- Place your sealed biohazard bag containing your completed sample in the original box you received your kit in for return.
- Place Box in Return Envelope & Disinfect
- Place your closed box in the pre-addressed, prepaid envelope and use the two alcohol prep pads to disinfect the outside of the mailer avoiding the return label.
- Take to UPS or FedEx Drop Box
- Take your samples to your nearest drop box to ship your kit back to the lab.
- Reminder: Ship your samples in the same day you collect before the last pickup at that location.

Shipping Return Instructions

**Receiving Your Results**

1. Once our CLIA certified laboratory receives your sample, your results will be available within 24-48 hours, assuming it passes all quality checks. If there is any issue, you will be contacted directly.

2. A board-certified physician will review and release your results.

3. If your results return negative, you will receive an email from Gravity with your results. If your results return positive or invalid/inconclusive, you will receive a call from a health care professional with your results.

Questions?

Contact us directly at: customercare@gravityplus.com  l  859-287-4040

Collect Sample

Ship to Lab

Get Results
Before You Collect!

Scan the QR code or go to gravityplus.com/register to register your kit. Your kit must be registered before you begin the collection process!

Your kit includes a step-by-step instruction trifold. Before you begin collection thoroughly read through the instruction trifold and watch the instructional video at gravityplus.com/covid-instructions

Your sample should be shipped the same day that you collect it.

Make sure you can get to your drop box before the last pickup time on the same day you collect your sample. Visit fedex.com/locate to view drop box locations and pick up schedules.
This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA.

This product has been authorized only for the home collection and maintenance of anterior nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens.

The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.