What's in this kit

Inside of the GetMyDNA COVID-19 Test Home Collection Kit you should expect the following items:

- Nasal Swab
- 2 Alcohol Prep Pads
- Tube
- Pre-addressed & Prepaid Return Envelope
- Biohazard Bag
- Sticker Label
- Return Box

Items required but not included: Pen & Computer, Tablet, or Smartphone.

The Lab can only process your sample if:

- Your tube is labeled with your name, date of birth, and collection date.
- Your sample is received to our lab within 4 days of the collection date.
- Your sample is properly packaged, and the specimen is uncompromised*.

* A compromised specimen can include:

- The saline in your tube is spilled.
- The tip of your swab has touched any surface other than the inside of your nostrils.

Register Your Kit & Follow Instructional Video

Get the Quick Start Guide and instructional video by registering your kit on our website or go to getmydna.com/register. For the best results, watch our instructional video before you start.

Prepare to Collect

Before collection, make sure to blow your nose, sanitize your collection area, and thoroughly wash your hands for a minimum of 20 seconds with soap and warm water. Do not use your alcohol prep pads to sanitize the collection area; these are needed later in the collection process.

Remove Swab from Sleeve

Peel open the sleeve and carefully remove the swab. Do not let the tip of the swab touch anything besides the inside of your nose. Doing so will compromise the specimen leading to a potential false result or no result.

Insert Swab and Rotate 3 Times

Gently insert the swab into one nostril no more than 1.5cm (0.75 in). Rotate the swab 3 times with slight pressure. Repeat this step on the other nostril with the same swab.

Place Swab in Tube & Break on Perforated Line

Place your swab, tip down, into the tube. Break the swab on the perforated line and securely close your tube.

Make sure not to spill your saline liquid as doing so can lead to a potential false result or no result.

Place Tube in Biohazard Bag & Securely Close Bag

Place your tube into the Biohazard bag, in the same sealed pouch as the absorbent pad, and securely close the bag.

Do not remove the absorbent pad from the Biohazard bag.

Maintain Distance While Awaiting Your Results

Be sure to maintain a minimum of 6ft distance between yourself and others while awaiting your test results.
Shipping Return Instructions

Wash Your Hands
Thoroughly wash hands for a minimum of 20 seconds with soap and warm water prior to preparing your return shipment.

Place Biohazard Bag in Original Box for Return
Place your sealed biohazard bag containing your completed sample in the original box you received your kit in and follow instructions for return.

Place Box in Return Envelope & Disinfect
Place your closed box in the pre-addressed, prepaid FedEx envelope and use the two alcohol prep pads to disinfect the outside of the mailer, avoiding the return label.

Take to FedEx Drop Box
Take your kit to your nearest FedEx drop box. To find one near you go to fedex.com/locate

Questions? Check our FAQ at https://getmydna.com/faq or contact us directly at:
getmydna.com/contact-us
customercare@getmydna.com
859-287-4040

Receiving Your Results

1. Once our CLIA certified laboratory receives your sample, your results will be available within 24-48 hours, assuming it passes all quality checks. If there is any issue, you will be contacted directly.
2. A board-certified physician will review and release your results.
3. If your results return negative or invalid/inconclusive you will receive a call from a health care professional with your results.

This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA.

The product has been authorized only for the home collection and preservation of anterior nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, but for any other incident protections.

The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.

IVD  in vitro diagnostic medical device.

COVID-19 Test Home Collection Kit

Collect Sample
Ship to Lab
Get Results

Anterior Nasal Swab

For use by people 18 years of age or older.
Scan the QR code above or go to getmydna.com/register to register your kit. Your kit must be registered before you begin the collection process!

Your kit includes a step-by-step instruction trifold. Before you begin collection thoroughly read through the instruction trifold and watch the instruction video at getmydna.com/covid-instructions

Your sample should be shipped the same day that you collect it.

Make sure you can get to your drop box before the last pickup time on the same day you collect your sample. Visit fedex.com/locate to view drop box locations and pick up schedules.
GetMyDNA™

Take control of your health.

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- This product has been authorized only for the home collection and maintenance of anterior nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens.
- The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.