

Dental Amalgam Recommendations



Dental amalgam / uh-mal-guhm /, sometimes called "silver-fillings," is a mixture of mercury, silver, copper, tin, and zinc used to fill cavities in teeth. Dental amalgam fillings release small amounts of mercury in the form of a vapor (gas) that can enter the body through inhalation.

WHAT

High-Risk Populations



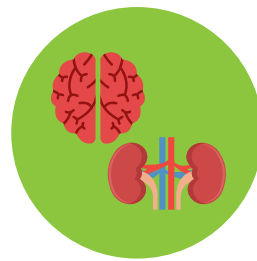
Children, especially those younger than six



Women who are pregnant or planning to be pregnant



Nursing mothers



People with neurological impairment or kidney dysfunction



People who are sensitive to mercury, silver, copper, tin, or zinc

WHO



While there are no known health risks associated with swallowing small particles of dental amalgam, breathing in mercury vapors may be harmful to certain groups of people.

The FDA recommends that high-risk populations avoid dental amalgam, if possible and appropriate.

- If your filling is in good condition, the FDA recommends you **should not** have your amalgam filling removed, unless medically necessary.
- If you are in a high-risk population, talk to your dental provider about other available treatment options.

WHY