FDA has provided the following approved social media messages on topics related to COVID-19 to help as you share this important information with your members.

**HANDWASHING**

1. Handwashing is the best way to prevent infection. Wash your hands with plain soap and water for at least 20 seconds after going to the bathroom; before eating; and after coughing, sneezing, or blowing one’s nose. [Learn more](#)

To include an accompanying image with the above tweet, click any of the images below to visit the websites where each image can be downloaded.

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[Image 1: Handwashing is the best way to prevent infection.]

[Image 2: Handwashing is the best way to prevent infection.]
HEALTH CARE PROFESSIONAL MESSAGES

1. Are you continuing to receive questions from your patients on which #handsanitizers not to use? @US_FDA has answers.  https://go.usa.gov/x7JH3

2. Health care professionals and consumers are encouraged to report adverse events or side effects related to the use of #handsanitizers to the FDA's MedWatch Safety Information and Adverse Event Reporting program.

3. @US_FDA has created useful resources to help health care professionals share information about #handsanitizer use.

4. @US_FDA has a hand sanitizer quiz, an excellent tool for health care professionals and their patients. Take a look and test your knowledge about hand sanitizer.

5. Did you know hand sanitizers are regulated as over-the-counter (non-prescription) drugs by the @US_FDA U.S. Food and Drug Administration? If your patients have questions about the use of hand sanitizers, encourage them to read and follow the Drug Facts label, particularly the warnings section and check FDA's list of hand sanitizers consumers should not use.


7. @US_FDA doesn’t recommend that consumers make their own hand sanitizer. If made incorrectly, hand sanitizer can cause adverse events such as skin burns. Learn more.

8. For the latest updates and information on #COVID19, visit our health professionals page. https://go.usa.gov/x7JH8

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