

# Instructions: How to Collect your Nasal Sample

Vo' COVID-19 Test Home Collection Kit

## **Important: Read All Instructions Before Proceeding!**

Do not collect your sample within 2 days before a weekend or holiday. You should send the kit the same day as sample collection.

Wash and dry your hands before opening the kit. Open the kit and place contents on a clean, dry surface. Perform all steps at one sitting.

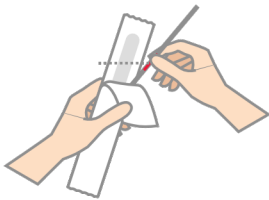
1



### Register Kit

You must register your Kit before collecting your Sample. Go to [www.vo-test.com/start](http://www.vo-test.com/start) and follow instructions.

2

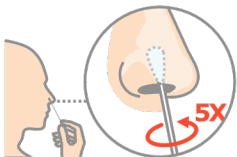


### Prepare to Collect Sample

Gently blow your nose into a clean tissue.

Peel open the Swab package and remove the Swab. Do not touch the tip.

3

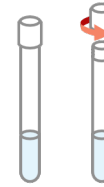


### Collect Nasal Sample

Insert the tip of the Swab into your right nostril, as shown. Rub the inner walls of the Right Nostril in a circular fashion 5 times.

Repeat using the same Swab in the Left Nostril.

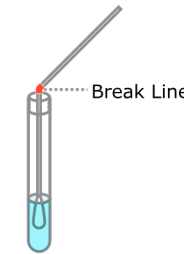
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### Place Swab in Transport Tube

Taking care not to touch the tip of the Swab, unscrew the lid from the Collection Tube and place the Swab into the Transport Fluid.

5



### Break off Swab Handle

Break the handle of the Swab at the red Break-Line and screw the lid back onto the Collection Tube. The broken-off handle may be discarded. If your swab fits into the tube without breaking, then skip this step.

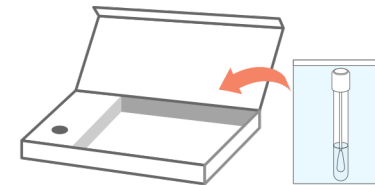
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### Place Tube in Bag

Place Collection Tube into Transport Bag and Seal the bag. You will see a thick white sheet. Do not remove the sheet from the Bag.

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**Prepare to Ship.** Place Bag with Tube into the Shipping Kit. Proceed directly to Shipping Instructions for your City.