Instructions: How to Collect your Nasal Sample

Vo’ COVID-19 Test Home Collection Kit

Important: Read All Instructions Before Proceeding!

Do not collect your sample within 2 days before a weekend or holiday. You should send the kit the same day as sample collection.

Wash and dry your hands before opening the kit. Open the kit and place contents on a clean, dry surface. Perform all steps at one sitting.

1. Register Kit
   You must register your Kit before collecting your Sample. Go to www.vo-test.com/start and follow instructions.

2. Prepare to Collect Sample
   Gently blow your nose into a clean tissue.
   Peel open the Swab package and remove the Swab. Do not touch the tip.

3. Collect Nasal Sample
   Insert the tip of the Swab into your right nostril, as shown. Rub the inner walls of the Right Nostril in a circular fashion 5 times.
   Repeat using the same Swab in the Left Nostril.

4. Place Swab in Transport Tube
   Taking care not to touch the tip of the Swab, unscrew the lid from the Collection Tube and place the Swab into the Transport Fluid.

5. Break off Swab Handle
   Break the handle of the Swab at the red Break-Line and screw the lid back onto the Collection Tube. The broken-off handle may be discarded. If your swab fits into the tube without breaking, then skip this step.

6. Place Tube in Bag
   Place Collection Tube into Transport Bag and Seal the bag. You will see a thick white sheet. Do not remove the sheet from the Bag.

7. Prepare to Ship.
   Place Bag with Tube into the Shipping Kit. Proceed directly to Shipping Instructions for your City.

For Prescription Use Only. For In Vitro Diagnostic Use Only. For Emergency Use Authorization Only. This self-collection kit has been authorized by the FDA under an Emergency Use Authorization for use by designated laboratories. This self-collection kit has not been FDA cleared or approved.

This self-collection kit has been authorized only for the home collection and maintenance of nasal specimens as an aid in detection of nucleic acid from SARS-CoV-2; not for any other viruses or pathogens.

This self-collection kit is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of in vitro diagnostics for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the authorization is terminated or revoked sooner.