# Preliminary investigative analysis of flavor compounds crossing blood-brain barrier using computational models

# BACKGROUND

- Seizures have been reported for users of electronic nicotine delivery systems (ENDS), with many reports involving youth or young adults.
- Seizures are known potential side effects of nicotine toxicity and have been reported in the scientific literature in relation to intentional or accidental ingestion of e-liquids.<sup>4</sup>
- E-liquids and aerosols from ENDS contain many flavor compounds.<sup>5</sup>
- > The blood-brain barrier blocks many deleterious compounds in the blood from entering the brain, but when harmful compounds cross the barrier, toxicity may occur.
- > Flavor chemical ingredients, which have been previously reported to be found in popular ENDS refill liquids, were compared in terms of molecular structure and physiochemical properties to known neuroactive compounds in this study.

### **OBJECTIVES**

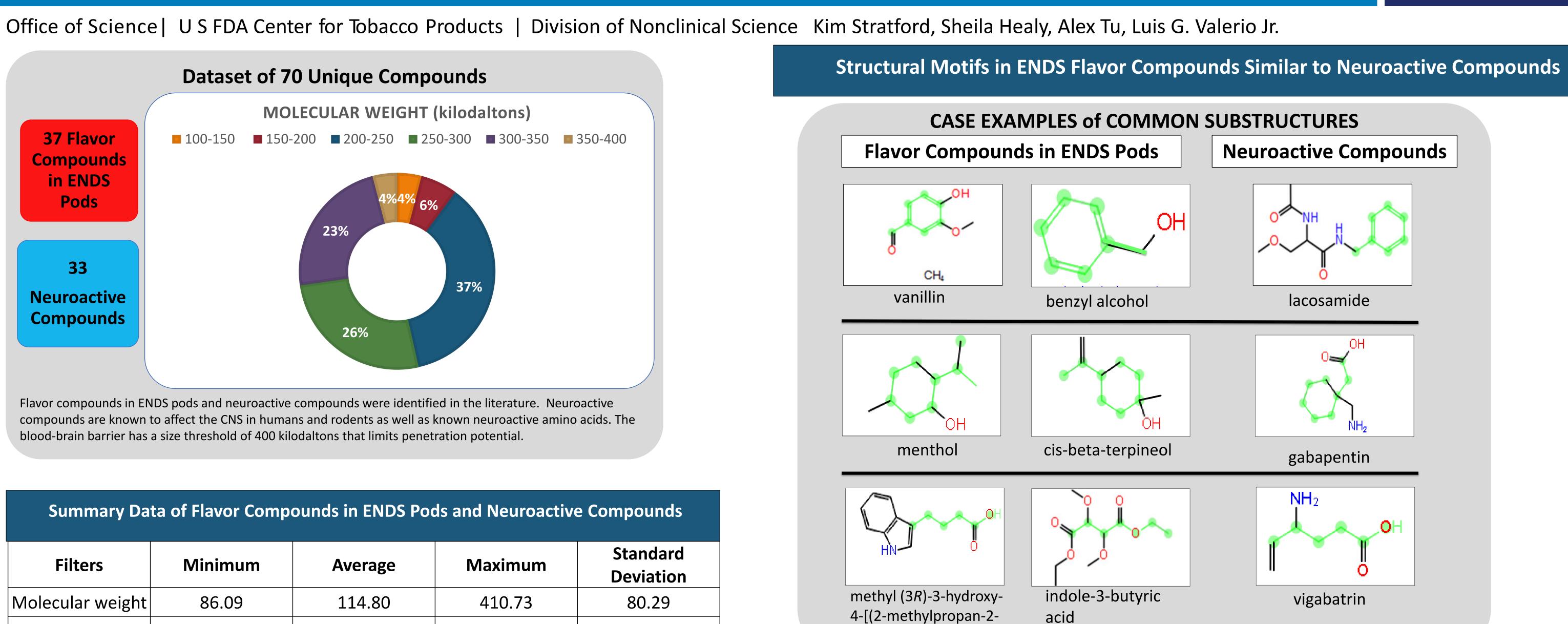
- > Apply computational modeling methods as non-testing screening tools to predict the potential of flavor compounds to penetrate the blood-brain barrier or flag for central nervous system (CNS) activity in order to prioritize compounds for further investigation, including potential in vitro or in vivo research.
- Screen flavor compounds in ENDS pods for potential CNS toxicity.

# **OVERVIEW**

### **Data Mining & Compilation** Compounds from Published ENDS Pods Literature<sup>5</sup> Neuroactive compounds data Curate Data Validate chemical structure, CASRNs, Name **Computational Platforms** Predict Canvas/Maestro **ADMET Predictor** Predictive Computational Screening Models Penetration of Blood-Brain Barrier Structural Similarity **CNS** Activity

# **METHODS**

- Conducted a literature search to determine flavor compounds documented in ENDS pods, compounds not known to be found in tobacco products but are known to be neuroactive as well as known compounds found in tobacco products (including nicotine).<sup>3,5-6</sup>
- In silico: Conducted chemical structure-based computational toxicology assessments using software's that are licensed to CTP-OS including Canvas (v4.1)/Maestro (v12.1) with QikProp and ADMET Predictor (v9.0) models to predict structural similarity, CNS activity and penetration potential to cross the blood-brain barrier.



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Filters	Minimum	Average	Maximum	Standa Deviat
olecular weight	86.09	114.80	410.73	80.2
ALogP	-2.94	2.32	12.69	3.02
HBA	0	2.11	8	1.82
HBD	0	0.89	6	1.09
romatic rings	0	0.45	4	0.94
tiary amines or amides	0	0.25	3	0.79
tatable bonds	0	2.56	24	5.33

MW (<400kDa), lipophilicity (>0), high BBB prediction, CNS activity (+ value)							
Aromatic ring and tertiary amine		Without aromatic ring with tertiary amine					
Neuroactive Compounds		Flavor Compounds and Other Ingredients in ENDS Pods <sup>5</sup>					
otine		cis-beta-terpin	eol V	(S)-(-)- anabasine	HN HN		
bazam		benzoic acid	HO	menthol	ОН		
oropromazine		benzyl alcohol	OH	menthol derivative	<b>V</b> OH		

CNS activity (+ value), high BBB coefficient, high [brain/blood]						
acosane	3-ethyl-5-(2- ethylbutyl)octadecane					

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### **SUMMARY and CONCLUSIONS**

yl)oxy]butanoate

- > This is the first known study to examine the utility of computational toxicology tools focused on comparing flavor compounds in ENDS pods and neuroactive compounds.
- > All but one compound was less than 400 kilodaltons suggesting that the analyzed flavor compounds have low enough molecular weight to penetrate the blood-brain barrier.
- > Lipophilicity is a common feature of flavor and neuroactive compounds due to the average LogP value, thus suggesting penetration potential of the blood-brain barrier.
- Interestingly, there are 12 flavor compounds that fit parameters to penetrate the blood-brain barrier while nicotine was the only compound found in ENDS pods that also fit the aromatic ring with tertiary amine criteria.
- > There are structural motifs in ENDS flavor compounds that are similar to neuroactive compounds based off a computational analysis of common substructures.
- > Most, if not all, filters examined in this study are for lipid-mediated free diffusion and do not take into account transporter-mediated potential which can be addressed with future studies.
- > It is of interest to take advantage of computational models for early identification, signal detection and screening of potential CNS toxicity of flavor compounds in ENDS.
- > Compounds predicted in silico to penetrate the blood-brain barrier with have high CNS activity can be scrutinized in research for potential toxicity.
- These in silico tools can help to prioritize compounds for further research.

### REFERENCES

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