

REMOVE THE PATCH

Replacing a VSMS Patch (if required)

- 1 Hold the skin down and slowly peel off the VSMS patch. You may place a warm wet cloth on all edges of the VSMS patch to loosen the adhesive.
- 2 Clean the skin with the enclosed alcohol wipe. Remove adhesive on skin by using the adhesive tape remover. Allow skin to dry thoroughly for 2 minutes before applying a new VSMS patch.
- 3 Open the latch on the cradle and pull out the recorder (see illustration in Step 2, A).
- 4 Place the used VSMS patch in the re-sealable polybag provided, for proper disposal.
- 5 Open a new VSMS patch and insert the recorder according to the attached instructions in Step 2. Remember to lock the latch on the cradle to ensure reliable operation of the system.
- 6 Place the new VSMS patch on the chest by following the instructions in Step 3.
7. Ensure the Android smartphone is paired.

When Your Study is Complete

- 1 Remove the VSMS patch.
 - 2 Open the latch and pull out the recorder.
 - 3 Gently wipe the recorder using only a wet cloth and let it dry.
- DO NOT** use alcohol wipes, Lysol wipes or any abrasive cleaner on the recorder.



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G Medical Diagnostic Services provides remote arrhythmia monitoring services.

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VSMS ECG Patch

Skin Prep and Placement Guide

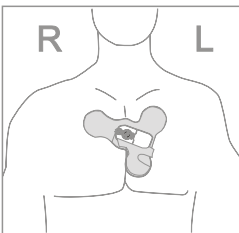


Follow these step-by-step instructions to get started with the monitoring service.

STEP 1

Getting Started: Skin Prep

The VSMS ECG patch (VSMS patch) is placed on the center of the chest. Follow instructions in Step 3.



A

Use the razor provided in the kit to shave the hair from the chest area where the VSMS atch will be placed.

B

Clean skin using all alcohol pads to remove any dead skin particles.

C

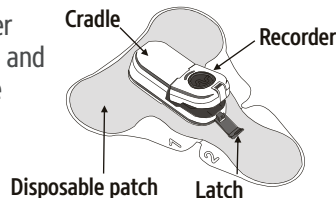
Allow skin to dry for 2 minutes.

CAUTION: DO NOT apply the VSMS patch to cracked or irritated skin, or over an open wound.

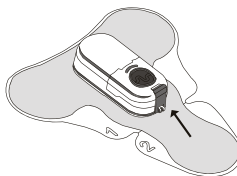
STEP 2

Prepare the VSMS Patch

Place the provided recorder into the base of the cradle and close it with the latch. The latch will click when it is locked in position.



The blue and red LEDs will alternately blink.



NOTE: After applying the VSMS patch, **DO NOT** shower for 24 hours. After 24 hours, the VSMS patch can be worn while showering, sleeping and during moderate exercise. **DO NOT** submerge the VSMS patch or recorder in water.

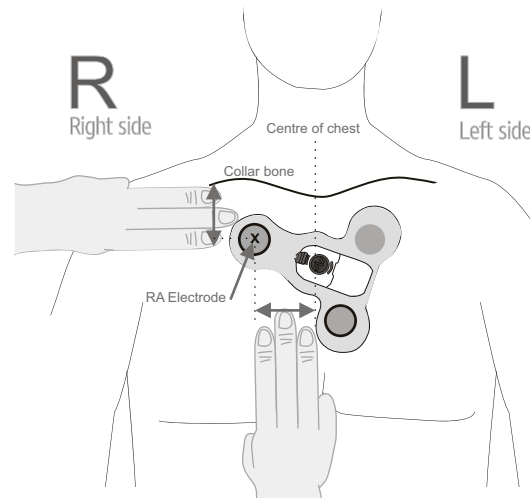
STEP 3

Apply the VSMS Patch, Start the Study

A

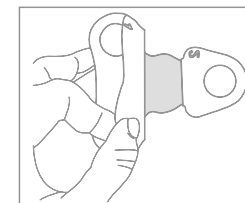
- Position VSMS patch on centre of chest
1. Three fingers below collar bone to center of RA electrode, as illustrated below.
 2. Three fingers from center of chest to center of RA electrode, as illustrated below.

TIP: With a marker, outline the top and bottom of the VSMS patch on the skin.



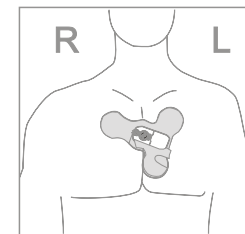
B

Peel off Liner # 1.



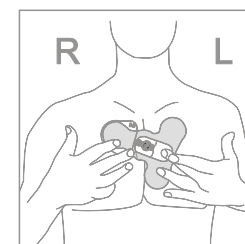
C

Place on chest as illustrated at right.



D

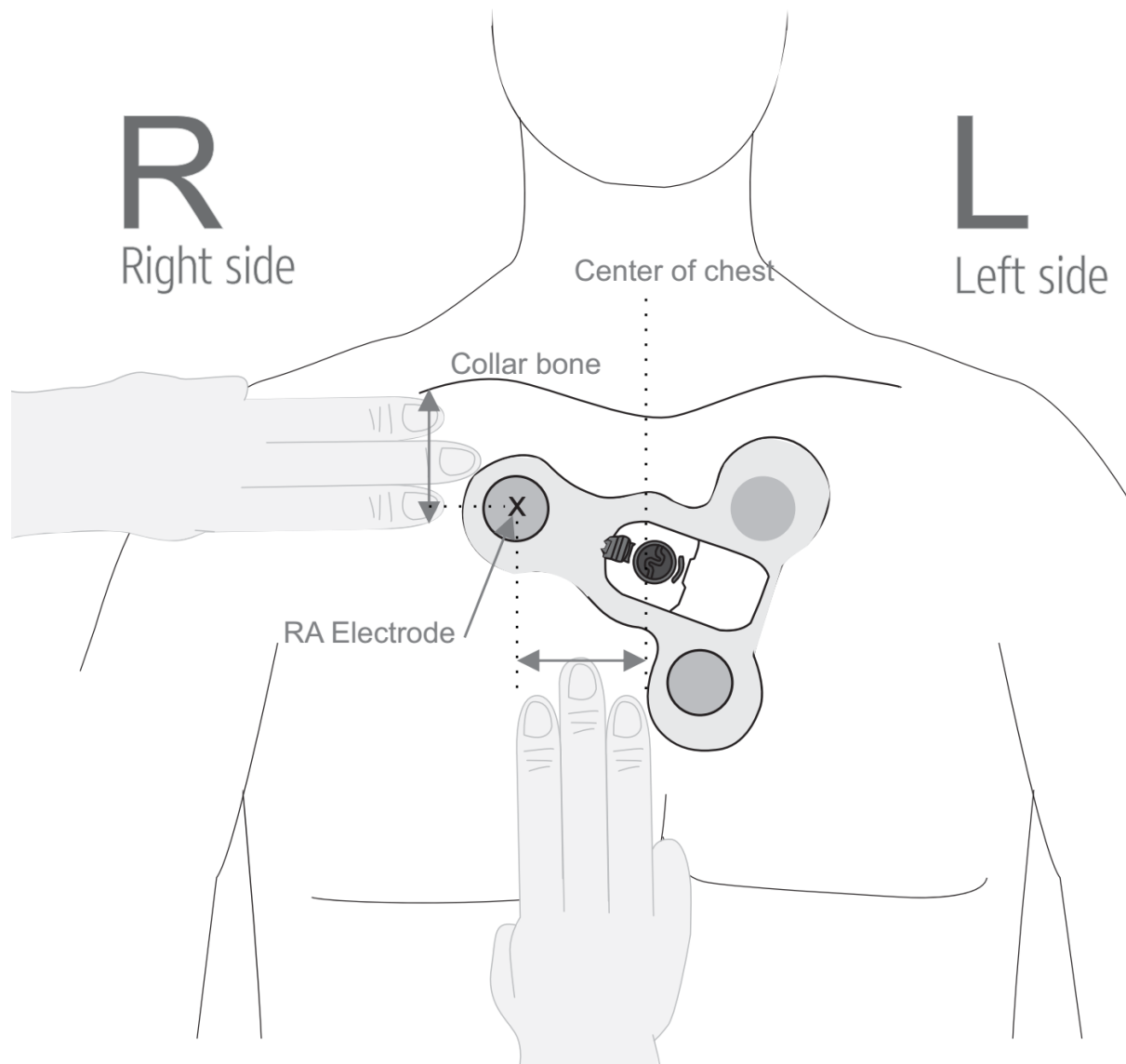
Peel off Liner #2. Press all edges of the VSMS patch firmly to skin for 2 minutes.



The blue LED will blink after a few seconds to indicate the system is ready. Turn on the Android smartphone. Click on settings to pair the VSMS patch and start the session.



Positioning the VSMS ECG Patch

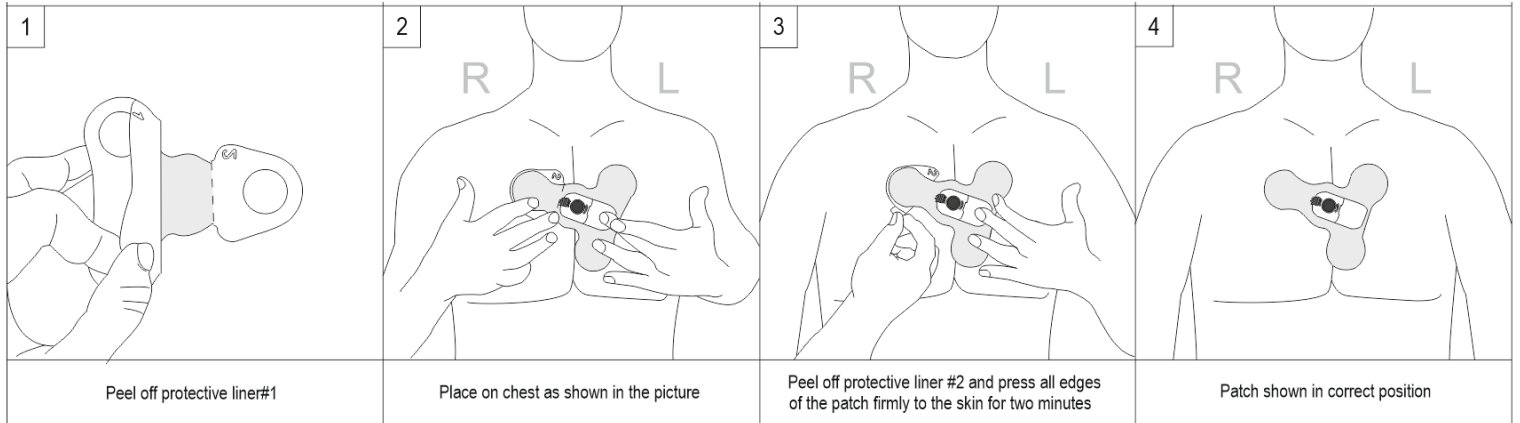


Position patch on center of chest

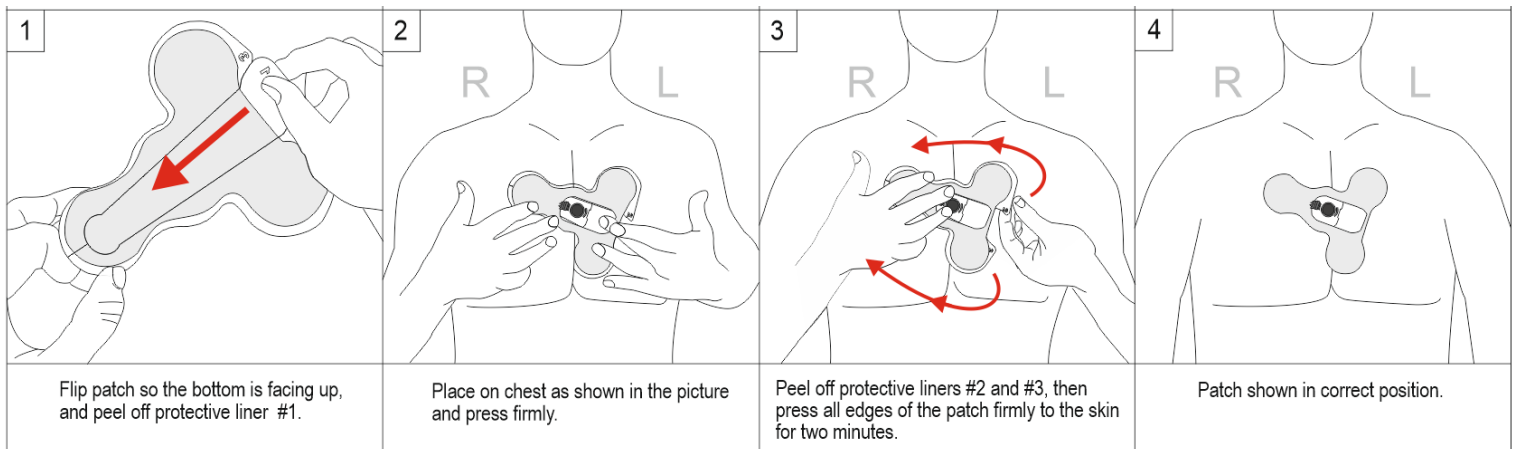
1. Three fingers below collar bone to center of RA electrode
2. Three fingers from center of chest to center of RA electrode

The VSMS ECG patch is available with **2** protective liners or **3** protective liners.
 Follow the directions for placement according to your VSMS patch version.

VSMS ECG patch with 2 protective liners



VSMS ECG patch with 3 protective liners



	<p>NOTE</p>
	<p>The liner should be removed just before applying the patch to the chest. If the liner is damaged or not placed properly, replace with a new patch.</p>