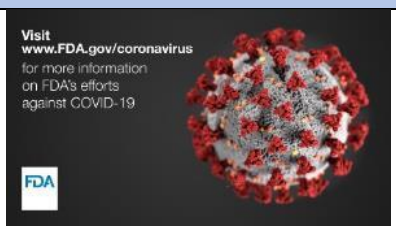
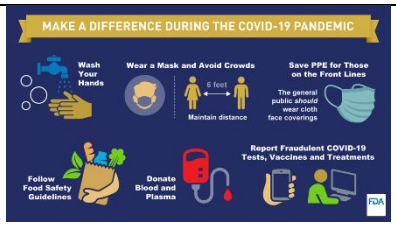
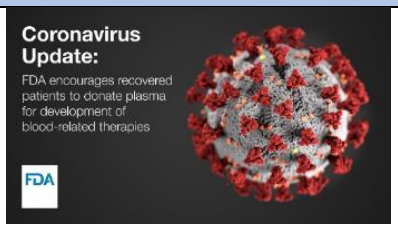
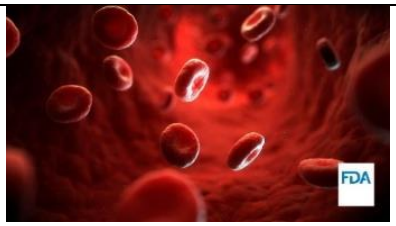
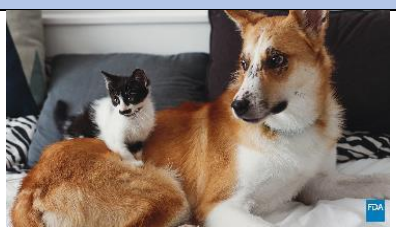
COVID-19 Social Media Toolkit, December 2020

GENERAL INFORMATION		
1	Learn about @US_FDA's critical work to protect public health during the #COVID19 pandemic: www.FDA.gov/coronavirus	
2	Do you have questions for @US_FDA about #COVID19? Get answers and learn about what FDA is doing to prevent the spread of #coronavirus and minimize the impact to Americans: https://go.usa.gov/xvvEs	
3	Want to know what you can do to make a difference during the #COVID19 pandemic? Here are some ways you and your family can help: https://go.usa.gov/xvBhx	
4	One of the best ways to prevent the spread of infections like #COVID19 and decrease the risk of getting sick is by washing your hands with plain soap and water for 20 seconds. https://go.usa.gov/xv7KA	
5	Emergency use authorizations (EUAs) are one of several tools @US_FDA is using to help make important medical products available quickly during the #COVID19 pandemic. But what exactly is an EUA? Watch this video to learn more: https://youtu.be/iGkwaESsGBQ	
6	Whether you are a health care professional, consumer, or patient, you can report any observed or suspected adverse events for drugs used to treat patients who have #COVID19 symptoms. Learn more about the type of info you should report to #MedWatch: www.fda.gov/medwatch	

FRAUD		
7	Consumers should be extremely cautious of products claiming to treat #COVID19. While FDA is working with medical product developers to quickly advance the development & availability of more #COVID19 treatments. https://go.usa.gov/xvvUc	
8	If you are aware of fraudulent #COVID19 test kits, you can help by reporting them to FDA's Health Fraud Program at FDA-COVID-19-Fraudulent-Products@fda.hhs.gov or https://go.usa.gov/xvwu4	
MEDICAL PRODUCTS		
9	There are two different types of #COVID19 tests: diagnostic tests (molecular and antigen tests) and antibody tests. Learn more about #coronavirus testing https://go.usa.gov/xw4nk	
10	#COVID19 is a disease caused by a #coronavirus, so antibiotics do not prevent or treat it. Remember to only take medications prescribed by a health care professional. https://go.usa.gov/xvvv4	
11	Miracle Mineral Solution does not cure #COVID19 and has not been approved by @US_FDA for any use. The solution, when mixed, develops into a dangerous bleach that has caused serious and potentially life-threatening side effects: https://go.usa.gov/xvvvZ	
12	If you get a rash or other serious reaction to a #HandSanitizer, call your health care provider and report the reaction to our #MedWatch Adverse Event Reporting program here: www.fda.gov/medwatch #COVID19.	

13	During the #COVID19 public health emergency, children may be home from school & you may have more #HandSanitizer accessible. Be sure to keep all hand sanitizer products out of reach of children, and contact poison control if swallowed at 800-222-1222 or www.poisonhelp.org	
14	Wondering if disinfectant sprays or wipes can be used on your skin to prevent the spread of #COVID19? The answer is no 👉 Disinfectant sprays or wipes are not intended for use on humans or animals and should only be used on hard, non-porous surfaces. https://go.usa.gov/xv7aW	
15	Do not inject, inhale, or ingest disinfectant sprays or household cleaners; doing so is dangerous and may cause serious harm or death. If ingested, call poison control or a medical professional immediately. www.poisonhelp.org	
FOOD		
16	When grocery shopping, buying just 1 to 2 weeks worth of groceries at a time can help to prevent unnecessary demand & temporary food shortages during the #COVID19 pandemic. Find more tips on how to safely grocery shop from the @US_FDA website. https://go.usa.gov/xvvyk	
17	#COVID19 impacts many of our daily routines, including how we shop for & prepare food. As we adjust, it is important to think about how to eat healthy. FDA's updates to the Nutrition Facts Label can help you learn more about the foods you're eating. https://go.usa.gov/xvvdR	
18	Grocery shopping concerns during the #COVID19 pandemic? We've compiled information on how to shop for food safely, assurances that there are no known permanent food shortages as distribution chains adjust, and how to maintain food safety at home. https://go.usa.gov/xvvyk	

19	Food is a source of comfort, as well as nourishment for you and your family – especially during the #COVID19 pandemic. Watch this video with 12 tips for grocery shopping: https://youtu.be/3TtHg5XgZzI	
20	There is currently no evidence of human or animal food or food packaging being associated with transmission of #COVID19. Learn how to protect yourself and your family while shopping for & preparing food during the pandemic: https://go.usa.gov/xvvyk	
	BLOOD	
21	If you have fully recovered from #COVID19, you may be able to help patients currently fighting the infection by donating your plasma. Learn how to donate https://go.usa.gov/xvwdc	
22	Did you know? Respiratory viruses are not known to be transmitted by blood transfusion, and there have been no reported cases of transfusion-transmitted #COVID19 https://go.usa.gov/xv7a8	
23	Every 2 seconds, someone in the U.S. needs blood. The #COVID19 pandemic has impacted the nation's blood supply because of factors such as cancelled blood drives. If you are healthy & feel well, consider donating. Learn more on @US_FDA's webpage: https://go.usa.gov/xv7a8	
	TOBACCO	
24	Smoking cigarettes can leave you more vulnerable to respiratory illnesses, such as #COVID19. Find resources to quit smoking: http://smokefree.gov	

25	Smoking cigarettes is known to cause heart and lung disease, and people with underlying heart and lung problems may have an increased risk for serious complications from #COVID19. http://smokefree.gov	
26	Smoking can cause inflammation and cell damage throughout the body, and can weaken your immune system, making it less able to fight off diseases. #COVID19 primarily attacks the lungs and those with underlying lung disease are at increased risk of serious complications. http://smokefree.gov	
Animals and Pets		
27	There is currently no evidence that animals are a source of #COVID19 infection in the U.S. Until we learn more about how this virus affects animals, treat pets as you would other human family members to protect them from a potential infection. https://go.usa.gov/xvvf4	
28	People have a lot of questions about pets and #COVID19. Here's the latest on the topic from @US_FDA: https://go.usa.gov/xvyed	
29	It's always a good idea—but particularly during the #COVID19 public health emergency—to practice healthy habits around pets and other animals, including washing your hands before and after interacting with them. https://go.usa.gov/xvyed