Draft Guidance on the Indications and Usage Section of Labeling

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• The labeling examples in this presentation are provided only to demonstrate current labeling development challenges and should not be considered FDA recommended templates.

• Reference to any marketed products is for illustrative purposes only and does not constitute endorsement by the FDA.
Learning objectives

• Describe recommendations for prescription drug labeling outlined in draft guidance on the Indications and Usage section
• Identify labeling information discussed today that is relevant for your organization
Draft Guidance on the Indications and Usage Section of Labeling
Indications and Usage section

• Primary role is to enable health care practitioners to readily identify appropriate therapies for patients by clearly communicating the drug’s approved indication(s)

• Should be clear, concise, useful, and informative and, to the extent possible, consistent within and across drug and therapeutic classes
Scope of an indication relative to the population studied

• Section should clearly communicate the scope of the approved indication, including the population to which the determination of safety and effectiveness is applicable

• Indicated population may mirror the studied population (e.g., in terms of patient demographics or severity of disease or condition), but can sometimes differ
Broader than studied

An indication for a broader population than the patient population studied in controlled trials may be appropriate after careful consideration of:

• Generalizability of the evidence
• Consistencies in the disease process across different groups
• Drug’s overall benefits and risks
Broader than studied

Indications cover patient populations that were absent or specifically excluded from the clinical studies supporting approval

– e.g., geriatric patients, pregnant women, patients taking certain concomitant drugs, patients with a different severity or stage of a disease
Example of a broader indication

- A study in adults enrolled patients of a certain age range and excluded patients taking certain concomitant drugs.
- Available evidence does not suggest drug would be unsafe or ineffective in adult patients outside that age range or in those taking the other drugs.

Indication should be worded to reflect a broader age group (i.e., “in adults”), rather than the exact ages studied.

And unless available evidence suggests otherwise, the indication should not exclude use in patients taking the concomitant drugs.
Example of a narrower indication

• A study enrolled and randomized patients, but then also stratified participants by the presence or absence of a specific genomic marker
• The study demonstrated benefit only in patients who had tested positive for the marker

FDA may conclude that the available evidence supports approval of an indication in a population that is narrower in scope than the population that was studied.
Pediatric considerations

Approach noted earlier about generalizing among adult populations is generally not appropriate across pediatric populations or between adult and pediatric populations because of:

• Statutory requirements related to pediatric assessments

• Unique clinical considerations for pediatric patients (e.g., differences in drug metabolism, different safety risks)
Inclusion of age groups in indications

An indication should state that a drug is approved, for example:

• “in adults”
• “in pediatric patients X years of age and older”
• “in adults and pediatric patients X years of age and older”
Content and format of the section

Indications and Usage section includes:

• The indication
• And, as appropriate, any identified limitations of use
Details to include in the indication

• For many drugs, the indication will be sufficiently conveyed by stating the disease or condition being treated, prevented, mitigated, cured, or diagnosed, and the approved age group(s)

• In such circumstances, endpoints and descriptions of benefit should be summarized in the Clinical Studies section of labeling and should not be included in the indication
Details to include in the indication

• However, other scenarios may warrant the inclusion of more information in the indication

• For example:
  – When a drug may target different aspects of a disease (e.g., in multiple sclerosis)
  – When endpoints are not well-standardized (e.g., in heart failure)

In these scenarios, the specific benefits of the drug should be stated within the indication.
Example of endpoints within indications

• For a drug indicated for the treatment of insomnia, the indication should state whether the drug affects sleep onset, sleep maintenance, or both, in order to facilitate appropriate prescribing for an individual patient.
Example of endpoints within indications

- For many outcome studies, when there is an overall effect on a composite endpoint, the indication should identify the components of the composite (e.g., cardiovascular death, myocardial infarction, and stroke)
Components of the indication

The indication should begin “DRUG-X is indicated” and must include the following elements required under 21 CFR 201.57(c)(2)(i):

• The disease, condition, or manifestation of the disease or condition (e.g., symptoms) being treated, prevented, mitigated, cured, or diagnosed

• When applicable, other information necessary to describe the approved indication
Selected patient subgroups

DRUG-X is indicated for the treatment of adult and pediatric patients 12 years of age and older with moderate to severe plaque psoriasis who are candidates for phototherapy or systemic therapy.
Adjunctive or concomitant therapies

DRUG-X is indicated in adults for the treatment of high-grade malignant glioma as an adjunct to surgery and radiation.
Specific tests needed for proper patient selection

DRUG-X is indicated for the treatment of adult patients with metastatic non-small cell lung cancer whose tumors are anaplastic lymphoma kinase (ALK)-positive as detected by an FDA-approved test.
Overview of “limitations of use”

Are included when:

• The evidence falls short of requiring a contraindication, but suggests that use of the drug may be inadvisable

• There is sufficient uncertainty about the drug’s benefits in certain clinical situations to suggest that the drug should generally not be used in those settings

• The awareness of such information is important for practitioners to ensure the safe and effective use of the drug
Reasonable concern or uncertainty about effectiveness or safety in a certain clinical situation

DRUG-X is indicated for the treatment of hypertension in adults and pediatric patients 1 year of age and older.

Limitations of Use
In patients younger than one year of age, DRUG-X can adversely affect kidney development [see Warnings and Precautions (5.X) and Use in Specific Populations (8.4)].
Drugs with dose, duration, or long-term use considerations

DRUG-X is indicated for the treatment of severe spasticity in adult patients with spinal cord injury, brain injury, or multiple sclerosis.

Limitations of Use
Prior to implantation of a device for chronic intrathecal infusion of DRUG-X, confirm a positive clinical response to DRUG-X in a screening phase [see Dosage and Administration (2.X)].
LOUs should not be used ...

• To restate information already included in the indication
  – e.g., if an indication is clearly worded for use in combination with another drug, there is no need for a limitation of use stating that the subject drug should be used only in combination and not as monotherapy
LOUs should not be used ...

• To address an absence of data in populations in which the drug was not studied
  – e.g., if a drug is approved to reduce the risk of rejection in patients receiving a heart transplant, there should not be a limitation of use about the lack of data on use in lung transplants
Format for multiple indications

• Can assign a subsection to each indication
  1.1 DiseaseA
  1.2 DiseaseB

• Can present distinct indications using bullets
  DRUG-X is indicated for:
  • DiseaseA
  • DiseaseB
Format for limitations of use

• Presented separately from the indication a Limitations of Use heading and not usually under a separate numbered subsection

• If a drug has multiple indications and the LOU applies to all of them, it may be preferable to use a separate numbered subsection for limitations of use within the section
Challenge question

When compared to the population studied in the main registration trials, an indication may:

a) Exactly match the studied population
b) Be broader than the studied population
c) Be narrower than the studied population
d) a and c
e) a, b, and c
Questions?