

Patrick Shane Thomas, Jr, MD, PhD

April 1, 2019

Citizenship: U.S.

EDUCATION:

Rice University
Houston, TX
B.A. in Biology; Completed 1999

University of Washington
Seattle, WA
Ph.D. in Molecular and Cellular Biology;
Completed 2006
MD; Completed 2009

Harbor-UCLA Medical Center
Torrance, CA
Internship; Completed 2010

University of California-Los Angeles
Los Angeles, CA
Psychiatry Residency; Completed 2013

University of California-Los Angeles
Los Angeles, CA
Borderline Personality Disorder Fellow;
Completed 2015

ACADEMIC APPOINTMENTS:

Clinical Instructor (Voluntary)
Department of Psychiatry
University of California-Los Angeles
July 2013-July 2016

Assistant Professor
Department of Psychiatry
Baylor College of Medicine
November 2015-present

HONORS AND SPECIAL AWARDS:

2018 Menninger “Spirit of Social Work” Award
2017 Resident Recognition for Educational Excellence
2013 Postdoctoral Research Fellow Diversity Award, UCLA Network Analysis,
Short Course
2006—2007 UNCF/Merck Dissertation Fellowship
2005 Federation for European Neuroscience (FENS)/Hertie Winter School,
Participant
2005 American Society of Human Genetics, MD./Ph.D. Student Travel Grant
2004—2007 ARCS Foundation Fellowship
2003—2006 Neuroscience Training Grant Fellow
2003 Poncin Medical Research Scholarship
1999—2000 U.S. Fulbright Scholar, Spain

LICENSURE:

CA #A115559
TX A1464

BOARD CERTIFICATION:

American Board of Psychiatry and
Neurology, 2013
American Board of Addiction Medicine,
2015

PROFESSIONAL EXPERIENCE:

Staff Psychiatrist
Menninger 360 PACT Team
February 2019-present

Private Practice Psychiatrist
September 2018- present

Interim Program Director
Professionals in Crisis Unit
The Menninger Clinic
September 2018-January 2019

Staff Inpatient Psychiatrist
Professionals in Crisis Unit
The Menninger Clinic
November 2015- September 2018

Ryan White Program, Psychiatrist
ToHelpEveryone Clinic
February 2014 – October 2015

Private Practice Psychiatrist
January 2014- October 2015

Psychiatrist
Shields for Families
July 2013—October 2015

Independent Contractor Psychiatrist
Telecare- IMD Stepdown
January 2013—October 2015

Independent Contractor Psychiatrist
Homeless Healthcare Los Angeles
July 2011—July 2013

RESEARCH SUPPORT: N/A

PROFESSIONAL ORGANIZATIONS: American Psychiatric Society
American Society of Addiction Medicine

EDITORIAL POSITIONS: N/A

**SERVICE ON NATIONAL GRANT REVIEW PANELS, STUDY SECTIONS,
COMMITTEES:** N/A

PRESENTATIONS:

1. Jasinska A., Tran N., Blum C., DeYoung J., Choi O-W., Huang Y., Thomas P.S., Eskin E., Dewar K., Wasserscheid J., Weinstock G., Warren W., Jorgensen M., Cantor R., Woods R., Coppola G., Freimer N. "Systems Biology in a Non-human Primate Model: Transcriptomes of Normal Development in the Vervet Monkey." American Society for Human Genetics. 2012.
2. Thomas P.S. et al. "Loss of Endogenous AR Accelerates Motor Dysfunction and Androgen Insensitivity in a Mouse Model of Spinal and Bulbar Muscular Atrophy (SBMA)." 17th International Symposium on ALS/MND. 2006 Platform Presentation.
3. Thomas P.S. et al. "*OPRD1* variant rs678849 moderates opioid and cocaine dependency treatment outcomes." 170th Annual Meeting of the American Psychiatric Association. 2017.

PUBLICATIONS:

1. Full papers:

Thomas P.S. Jr., et al. Loss of Endogenous Androgen Receptor Protein Accelerates Motorneuron Degeneration and Accentuates Androgen Insensitivity in a Mouse Model of X-linked Spinal and Bulbar Muscular Atrophy. Hum Mol Genet. 2006 Jul 15; 15(14): 2225-38.

Sopher B.L., Thomas P.S., et al. Androgen Receptor YAC Transgenic Mice Recapitulate SBMA Motor Neuronopathy and Implicate VEGF 164 Expression Alteration in Motorneuron Degeneration. Neuron. 2004 Mar 4; 41(5): 687-99.

2. Other full papers

Thomas P.S., Slavich G.M., Zhang M, Glover D, Myers HF, Wyatt G. A measure of cumulative trauma and stress predicts neuroendocrine response to an acute psychological stressor in men with a history of childhood sexual abuse. *In preparation.*

Thomas P.S., Zhang M., Loeb T., Chin D., Wyatt G. Childhood Penetrative Sexual Abuse Predicts Central Obesity in African-American and Latino Adults. *In preparation.*

Thomas P.S., Davis G., Slavich G. The Effects of Psychological Interventions on the Immune System: a Meta-analysis. *In preparation.*

Thomas P.S., Assefaw A.R., Albanese R.A. The etiology of first-episode mania in a geriatric patient with diffuse idiopathic skeletal hyperostosis. *Submitted.*

Thomas P.S., Nielsen E.M., Spellicy C.J., Harding M.J., Hamon S.C., Kosten T.R., Nielsen D.A. The OPRD1 rs678849 variant moderates outcome of methadone treatment for opiate and cocaine dependency in dually dependent patients. *In preparation.*

3. Abstracts given during last three years: N/A

4. Book chapters:

Miotto K., Heydari B.S., Tartter M., Chang E., Thomas P.S., Ray L.A. Adolescent Alcohol Use. The Clinical Handbook of Adolescent Addiction. (2012).

Thomas P.S., and La Spada A.R. Spinal and Bulbar Muscular Atrophy (Kennedy's Disease): A Sex-limited, Polyglutamine Repeat Expansion Disorder. Neurodegenerative Diseases: Neurobiology, Pathogenesis, and Therapeutics. Cambridge University Press (2003).

CURRENT TEACHING:

Educational Consultant for PGY2 Resident July 2018- present, 1 hour weekly

Didactic teaching: Empathy Seminar PGY1-2 residents, April 2018-September 2018

Non-didactic teaching: Supervision of 3rd year UCLA psychiatry residents 3 hours weekly in outpatient clinics 2014-2015.

Supervision of 4th year Baylor College of Medicine psychiatry resident 30-40 hours weekly in inpatient Professionals in Crisis Unit May 2016-June 2016, January 2017-February 2017, March 2017-April 2017, January 2018-March 2018, May 2018-June 2018, September 2018-October 2018

Lectures/visiting professorships: Nonmentalizing. Baylor College of Medicine, Jamail Professional Building. February 26, 2016.

Psychiatry at the intersection of chronic pain, mental health, and substance abuse. Houston Psychiatric Society Member meeting. March 27, 2019.

ADMINISTRATIVE ACTIVITIES:

2011—2013	Residency Curriculum Committee Representative
2012—2013	Chief Research Track Resident, UCLA
2012—2013	Chief Addiction Medicine Resident, UCLA
2013—2015	Medi-Cal Director, Drug Medi-Cal Programs at Shields for Families
2016 to present	Continuing Education Committee Member, Menninger Clinic
2016	Patient Experience Network Committee Member, Menninger Clinic