

Montelukast

and how it impacted my life

About me

Growing up, I had many interests. Piano lessons, school, singing, art, and so much more.



My family

I have my Mom, Dad,
my brother Andrew,
and my cats, Meatball
and Alice who I love.



My education

I was in accelerated classes since first grade all of the way to eighth. I was a very happy kid with a passion for learning, and stellar grades. Nobody is perfect but my teachers often told my parents I was the perfect student.



Where everything
went wrong.

During June of 2018, I was prescribed Sing for my asthma. We were not warned of any risks by our doctor.

By September, I was harming myself and suicidal.

I was diagnosed with depression, social and generalized anxiety, and OCD

I was put on many, many medications but none of them made any progress with my mental health because I had Montelukast in my system.

I had seven inpatient hospitalizations, five outpatient partial hospitalizations, and countless crisis plans and trips to the psychiatric emergency room.

Not a single person who knew I was on Singulair told us that Singulair might have been affecting my mental health.

Last year, I had 75 days total spent in inpatient facilities.

I missed almost my entire eighth grade year either from being in a hospital or not being safe or stable enough to go to school.

In January of 2019, six months after starting Singular, I stopped taking it after my mom read an article on the possible side effects concerning mental health.

After I stopped taking Singular, I started to become more stable.

All of my attempts at suicide were while I was
Singular.

Since being off of it, I have been a lot less prone to
having serious thoughts of suicide and hurting
myself.

It took a whole six months of recovery to get to the point I am at now.

Things aren't perfect now, but I am getting stronger and healthier every day.

My purpose

I would not be here today if I did not think that I could make a difference and help a lot of people.

My one goal here is to help change lives for the better, and prevent anyone else from not knowing why their child, or friend, or family member is suffering.

I strongly encourage you
put a black box warning on
all Montelukast products.