# Session III: Clinical Benefit in Patients with Brain Mets

#### Carey Anders, MD, Co-Chair, Duke University

Tatiana Prowell, MD, Co-Chair, US Food and Drug Administration





## The Multiple Facets of Clinical Benefit

Paul G. Kluetz, M.D. Oncology Center of Excellence

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### • I have no financial conflicts

#### Approval Pathways and Endpoints

#### • Traditional approval

- Clinical Benefit Endpoints or Established Surrogate Endpoints
- Prolongation of life, a better life or an established surrogate

#### • Accelerated approval

- Endpoints other than irreversible morbidity or mortality
- "Surrogate endpoint "reasonably likely" to predict clinical benefit"
- Residual uncertainty regarding clinical benefit
- Post-marketing trials needed to verify benefit

### Strength of Efficacy Endpoint Results

- What is being Measured? (Endpoint Selection)
  - Direct Benefit (Feels/Functions/Survives) considered more meaningful
- How accurately is it being measured? (Measurement Characteristics)
  - Accuracy of the measure
  - Susceptibility to Bias
  - Accuracy of the Timing of the Event
- How Much effect on the endpoint is observed? (Magnitude of Effect)

#### How is the efficacy endpoint measured?

- How much interpretation / subjectivity?
  - More interpretation / subjectivity = more risk for bias / variability

- Prevent Morbid Procedure:
- High Bias Potential
  - rPFS (PCWG-2): Interpret two new lesions on a bone scan
    - PFS: Interpret target lesion increases by 20%

• Survival: No interpretation required

Low Bias Potential

#### No Free Lunch: Strengths and Limitations of Endpoints

	<b>Clinical Outcome</b>	Low Risk of Bias	Feasibility
<b>Overall Survival</b>			
Tumor Endpoints		•	
<b>Clinical Outcome-PRO</b>		• / =	
Clinical Outcome-Reduction in Healthcare Utilization (e.g. Steroid Use, morbid procedure)	•		•



#### Benefit is More than Efficacy

Efficacy

Safety

Clinical Context

#### Tumor Location is Important

•Shrinkage of a likely asymptomatic pelvic lymph node may or may not predict an improvement in patient symptoms or survival...



## Where are the tumors that are responding?

When "Response Rate" may be considered Clinical Benefit...

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•Near complete responses of disfiguring or fungating skin lesions are a different context:



Vismodegib Response.

Von Hoff et al., NEJM, 2009; 361: 1164-72 Depsipeptide Response.

Piekarz et al., JCO, 2009; 27: 5410-5417

### Totality of Data-Abiraterone

- COU-302 trial- co-primary PFS and OS
  - Large statistically significant PFS advantage
  - Nonsignificant trend for benefit on OS
  - Time to cytotoxic chemotherapy was delayed
  - Time to first opiate use was delayed
  - Time to PRO pain also supportive
  - Time to ECOG decline supportive
  - Favorable safety profile
  - Not an NME, survival and safety demonstrated in earlier trial

## Brain Metastases and Evaluating Clinical Benefit

#### **Tumor Response**

- Location
- Depth of Response
- Duration of Response

#### **Clinical Outcomes- symptoms and function**

- Survival
- Cognitive and Physical Function
- Pain
- Ability to carry out usual activities

#### **Clinical Outcomes – events and need for treatment**

- Avoidance of:
  - Steroids
  - Cranial radiation
  - Opiate pain meds
- Seizure Reduction



- There is no perfect efficacy endpoint, they all balance meaningfulness with risk for bias and/or feasibility
- ALL available data are used to determine clinical benefit
- Radiographic response rate may be more meaningful in certain locations (brain, skin, joints) given higher likelihood of functional/cosmetic impacts
- Technology is facilitating better direct measurement of symptoms and function (#ePRO, #wearables, etc.)

## Background Slide: Terminology

- Surrogate Endpoint- a substitute for a clinical outcome, intends to *predict* a clinical benefit
- Clinical Outcome- an outcome that describes how one "feels, functions or survives"
- Clinical Outcome Assessment- direct measure of how an individual feels or functions
  - Performance Outcome (PerfO) e.g. 6 min walk
  - Patient-Reported Outcome (PRO) e.g. pain questionnaire
  - Observer Reported Outcome (ObsRO) e.g. parent observing vomiting episodes
  - Clinician-Reported Outcome (ClinRO) e.g. myocardial infarction
- Clinical Benefit is a positive meaningful effect of an intervention
  - Clinical benefit is supported by more than one single endpoint
  - Totality of data (efficacy safety and context)