



**OPTIMIZER<sup>®</sup> Smart  
Implantable Pulse Generator**

**INSTRUCTIONS FOR USE**

**Federal (US) law restricts this device to sale by or on the order of a physician**

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**Please read the complete documentation provided before you use the device.**

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The OPTIMIZER® Smart system and the CCM™ technology are protected by several U.S. Patents. For an up-to-date list of relevant patents and patent applications, visit our patents page: <http://www.impulse-dynamics.com/us/patents>.

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


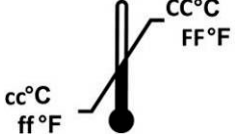






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## EXPLANATION OF SYMBOLS ON LABELS

SYMBOL	DESCRIPTION
	Manufacturer
 <b>YYYY-MM</b>	Date of Manufacture
	Consult instructions for use.
	Caution, consult accompanying documents
	Transport Temperature Limits
<b>STERILEEO</b>	Sterilized with Ethylene Oxide
 <b>YYYY-MM-DD</b>	Use By
	Do Not Reuse
<b>REF XXXX</b>	Part Number
<b>LOT XXXX</b>	Lot Number
<b>SN XXXX</b>	Serial Number
	Open Here
	Torque Wrench
	Port Plug
	Do Not Use if Package is Damaged

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# 1. THE OPTIMIZER SMART SYSTEM: AN OVERVIEW

The OPTIMIZER Smart system is intended for the treatment of moderate to severe heart failure. The system comprises the following components:

- Programmable OPTIMIZER Smart Implantable Pulse Generator (IPG), Model CCM X10; port plug, #2 torque wrench for securing the implanted leads
- OMNI Smart Programmer, model OMNI™ II (with OMNI Smart Software)
- OPTIMIZER Smart Charger, model Mini Charger
- Implantable leads: 2 ventricular leads and 1 atrial lead.

## 1.1 Description of the OPTIMIZER Smart IPG

The OPTIMIZER Smart Implantable Pulse Generator (IPG) is a programmable device with an internal battery and telemetry functions. The system is intended to treat heart failure, a condition wherein the heart muscle does not pump blood as well as it should, resulting in reduced cardiac output. The OPTIMIZER Smart IPG monitors the heart's intrinsic activity and delivers CCM™ signals to cardiac tissue during the ventricular absolute refractory period, when the cardiac tissue is not capable of activation, thus rendering the CCM™ signal as non-excitatory. CCM™ signal delivery is synchronized with the detected local electrical activity and is capable of achieving the desired effect on the tissue, i.e. treating heart failure by increasing the cardiac output, or increasing the contractility of cardiac muscle.

The above-mentioned programmability of the OPTIMIZER Smart IPG implies that medical personnel can tailor the operating parameters to each patient's individual requirements with the OMNI Smart Programmer. The OPTIMIZER Smart IPG is powered by a rechargeable battery (see Section 1.4), which can be recharged transcutaneously by inductive power transfer with the OPTIMIZER Mini Charger.

The OPTIMIZER Smart IPG and the OMNI Smart Programmer communicate via telemetry (for details, see Appendix III). Telemetry is used for IPG programming as well as for obtaining diagnostic data by device interrogation. The programmer records device data, maintains a system log, stores standard programs for later use, provides an option to program "safe" parameters in an emergency, etc.

The OPTIMIZER Smart IPG is connected to three (3) implantable leads, two (2) leads are implanted in the right ventricle and one (1) lead implanted in the right atrium. The OPTIMIZER Smart IPG is compatible with standard pacemaker leads equipped with IS-1 connectors.

The implanting physician can select any standard ventricular pacing leads with the following characteristics:

- Bipolar lead approved for transvenous intracardiac ventricular pacing.
- Standard IS-1 bipolar connector.
- Active fixation with electrically-active corkscrew distal electrode with a minimal electrically-active surface area of 3.6 mm<sup>2</sup>.
- Distal electrode coated with low-polarization coating (e.g. titanium nitride or iridium oxide).

**Note:** The leads qualified for delivering CCM™ signals from OPTIMIZER IPGs must be commercial models that are FDA approved.

The implanting physician can select an atrial lead according to his/her preference.

## 1.2 OPTIMIZER Smart IPG Lead Connectors

The connector block accepts three (3) bipolar IS-1-BI connectors. The terminals are marked as follows:

- “A”: Atrium
- “V”: Ventricle
- “LS”: Local sense

## 1.3 OPTIMIZER Smart IPG Physical Characteristics

Height (mm)	69.4 ± 2.0
Width (mm)	47.5 ± 0.5
Thickness (mm)	11.5 ± 0.5
Volume (cm <sup>3</sup> )	30.5 ± 0.5
Mass (g)	46 ± 3.0
Exposed metallic surface <sup>a</sup> (cm <sup>2</sup> )	58.1
X-ray ID The ID comprises the following 3 elements:	<b>ID OS y</b> “y” is replaced by the letter code for the year of manufacture (see Appendix I).
<ul style="list-style-type: none"> <li>• Impulse Dynamics Manufacturer ID: “ID”</li> <li>• Model number code: “OS” for OPTIMIZER Smart</li> <li>• Year code: A for 2015, B for 2016, C for 2017, etc.</li> </ul>	
Materials in contact with human tissue <sup>b</sup>	Titanium, Epoxy resin, Silicone rubber
Lead connectors	3.2 mm; IS-1/VS-1
<sup>a</sup> When using unipolar ventricular or atrial sensing, the case of the OPTIMIZER Smart device serves as indifferent electrode. The local sense (LS) polarity is always bipolar.	
<sup>b</sup> Tests have revealed that these materials are biocompatible. The OPTIMIZER Smart IPG does not cause any temperature elevation capable of damaging the surrounding tissue.	



**Figure 1: OPTIMIZER Smart IPG  
(front view)**



**Figure 2: OPTIMIZER Smart IPG  
(back view)**

#### **1.4 OPTIMIZER Smart IPG Battery**

The OPTIMIZER Smart IPG is powered by a Model QL0200I-A lithium-ion battery (Li-Ion) manufactured by Quallion and has a usable capacity of 0.2 Ah. The current consumption of the OPTIMIZER Smart IPG is highly dependent on the energy of the CCM™ signals delivered to the patient.

#### **1.5 OPTIMIZER Smart IPG Rechargeable Battery Behavior**

The battery voltage of the OPTIMIZER Smart IPG, when its rechargeable battery is fully charged, is approximately 4.1 V. When battery voltage falls to 3.3 V, the device places itself in Standby (OOO) mode and stops performing any function except telemetric communication with the Programmer and OPTIMIZER Mini Charger. The device will return to normal behavior once the voltage rises above 3.4 V. If the battery voltage drops below 3.0 V, the device disconnects its circuitry from the battery and stops performing any function, including telemetric communication with the Programmer and OPTIMIZER Mini Charger. The device will return to Standby (OOO) mode when the voltage rises above 3.0 V.

It is therefore recommended to charge the OPTIMIZER Mini Charger at least every week. Recharging is also recommended if the device is interrogated and the battery level is at or below 3.5V.

## 1.6 Extrapolated Battery Life

The expected life of the Optimizer Smart IPG is limited by the expected service life of its rechargeable battery. The rechargeable battery inside the Optimizer Smart IPG should provide at least six years of service. Over time and with repeated charging, the battery in the Optimizer Smart IPG will lose its ability to recover its full capacity.

Once the implant reaches its sixth year of service, it will have entered its elective replacement period. The Optimizer Smart IPG will need replacement when stimulation can no longer be maintained for a full week with routine weekly charging. In the sixth year of service, it is thus important that the patient will be instructed to fully charge the Optimizer Smart IPG seven days prior to routine checkup visits so that the physician may determine if the Optimizer Smart IPG is still able to deliver a full week of cardiac contractility modulation therapy when recharged weekly.

The Optimizer Smart IPG is estimated to reach the end of its useful service at seven years after implant, and replacement of the Optimizer Smart IPG is recommended at this point.

## 1.7 Extrapolated Battery Charge Longevity

Battery charge longevity can be estimated from the following tables. This is a conservative estimate of charge longevity for OPTIMIZER Smart IPG at 5 and 7 V.

For CCM™ delivery of 7 hours per day as a function of parallel lead impedance:

Channels impedance (OHM)	Stimulation amplitude (V)	Charge longevity (days)
220	5	20
220	7	11
300	5	26
300	7	15
600	5	46
600	7	28
900	5	60
900	7	38
1200	5	65
1200	7	44

This is the same but at 5 hours per day:

Channels impedance (OHM)	Stimulation amplitude (V)	Charge longevity (days)
220	5	28
220	7	15
300	5	36
300	7	21
600	5	65
600	7	39
900	5	84
900	7	53
1200	5	90
1200	7	62

These are for the following conditions:

- Number of pulses per CCM™ train: 2
- Phase duration: 5.14 ms
- Heart rate: 85 bpm

Under these conditions, the average current drain from the battery during CCM™ delivery is approximately as follows:

VBAT (V)	Impedance (OHM)	Stimulation amplitude (V)	Average Measured Current Drain (uA)
3.4	220	5	1,420
3.4	220	7	2,603
3.4	300	5	1,094
3.4	300	7	1,848
3.4	600	5	613
3.4	600	7	1,015
3.4	900	5	468
3.4	900	7	734
3.4	1200	5	412
3.4	1200	7	596
4.1	220	5	1,159
4.1	220	7	2,124
4.1	300	5	909
4.1	300	7	1,652
4.1	600	5	511
4.1	600	7	879
4.1	900	5	402
4.1	900	7	652
4.1	1200	5	394
4.1	1200	7	582

Failure to recharge the OPTIMIZER Smart IPG in a timely manner may cause the device to revert to Standby (OOO) mode and to suspend CCM™ signal delivery. In this mode, the device has to be recharged first before it resumes therapy delivery.

## 1.8 User Profile and Training

The operators of the OPTIMIZER Smart System include patients, physicians (and trained medical personnel who assist them) and Impulse Dynamics Representatives. Physicians, medical personnel and Company representatives shall be familiar with operation of electronic medical equipment, particularly IPGs, and programmers.

Physicians and medical personnel will have participated in a Company-sponsored training program which will provide both theoretical and hands on training regarding the technology, device features and detailed operating instruction for the IPG, the programmer, and patient charger. The need for future retraining regarding the OPTIMIZER Smart System is determined by Company personnel based on the user's individual implant history and frequency.

Patient training will be limited to the use of the OPTIMIZER Mini Charger and will be provided by Impulse Dynamics Representatives post implant.

## **1.9 Scientific Background About Heart Failure and Cardiac Contractility Modulation**

Heart failure is a condition wherein the heart muscle does not pump blood as well as it should, generally resulting in reduced cardiac output, possibly due to reduced contraction force or impaired relaxation or other deficiencies. Chronic heart failure is associated with cardiac muscle remodeling, which is the result of abnormal genomic, molecular, cellular, and structural changes that typically manifest clinically as changes in size, shape, and function of the heart's ventricles. The reduced cardiac function is associated with multiple symptoms, such as fatigue, shortness of breath (dyspnea), co-morbidities, and limited ability to walk, exercise or tolerate effort. The severity of symptoms is often classified by the physician in accordance with New York Heart Association (NYHA) classification (for example, NYHA class II represents moderate symptoms and class IV represents severe symptoms). Over time, chronic heart failure is a leading cause for hospitalizations and mortality. There are several medications that are used for treating heart failure according to the guidelines. In patients that are symptomatic despite appropriate medication, further evaluation of left ventricular ejection fraction (usually valuated by echocardiography) and QRS duration (evaluated by ECG) are useful in determining the possible need for an ICD, in cases having low ejection fraction, or a CRT, in cases with wide QRS, respectively.

Cardiac Contractility Modulation therapy is based on the delivery of non-excitatory electrical signals to the ventricles during the ventricular absolute refractory period. Published scientific research on cardiac contractility modulation therapy in animals and in humans explored various properties and effects. Some data suggests that cardiac contractility modulation has immediate effects on heart failure tissue, including potentially increasing the contraction force (contractility) of the muscle, possibly by immediate (i.e. less than a minute) improvement in the activity of the intracellular proteins that are associated with calcium cycling, for example by increased phosphorylation of the phospholamban protein, which is believed to modify the activity level of SERCA-2a, a protein responsible for intracellular calcium handling. Other data in heart failure animals and in humans suggest that after treating with cardiac contractility modulation for several hours, there may be normalization of mRNA expression levels of plurality of cardiac genes that are associated with heart failure (e.g. SERCA-2a, ANP, BNP,  $\alpha$ -MHC, and others). Some data suggest that these changes and improvements in contraction are not associated with increase in myocardial oxygen consumption. Other data in animals over a period of a few months of cardiac contractility modulation delivery suggest the potential for improvements in the expression levels of several proteins that are associated with heart failure. In addition, some data suggest that with a few months of cardiac contractility modulation delivery, cardiac dimensions, structure, function (e.g. LVEDD, LVESD, and LVEF), cellular function, and/or tissue behavior may improve, providing the potential for reverse remodeling. Other studies explored clinical benefits with cardiac contractility modulation therapy in chronic heart failure patients, typically with a narrow QRS and New York Heart Association (NYHA) class of at least II, and suggest that several months (e.g. at least 3 months) of treatment potentially result in improvements in exercise tolerance (e.g. by six minute walk tests or by peak oxygen consumption in cardio pulmonary tests) and in quality of life (e.g. by NYHA classification or by questionnaire), which could be indicative of clinically significant

improvements in cardiac function. Various studies explored effects of cardiac contractility modulation in patients with NYHA classes II, III and IV, some with EF up to 35%, some with higher EF (e.g. 40%, 45%). The studies usually included population with a range of age, gender, etiology (e.g. ischemic, idiopathic) and other characteristics.

With regard to use of cardiac contractility modulation outside the United States, the 2016 European Society of Cardiology practice guidelines has reviewed clinical studies of cardiac contractility modulation in heart failure patients and mentioned cardiac contractility modulation as a treatment option that may be considered in selected patient population. Summaries of some of these studies are available on Impulse Dynamics' website (<http://www.impulse-dynamics.com/int/for-physicians/clinical-data/>).

Over the years of evaluation of cardiac contractility modulation therapy and use of the therapy outside the USA in countries that accept the CE Mark, CCM™ was delivered using various models of the OPTIMIZER® System, which includes an implantable pulse generator (IPG) that is programmable and has a rechargeable battery. In principle, the OPTIMIZER® System is implanted in a procedure which is similar to a pacemaker implantation. Unlike pacemakers or defibrillators, the OPTIMIZER® System does not have integrated pacing or defibrillation capabilities, and is only used for delivering cardiac contractility modulation therapy. Often a patient may have concomitant implantable devices, as may be indicated per patient. The OPTIMIZER® is connected to the heart's ventricles using leads, typically with the electrodes fixated to the right ventricular septum. For example, the ventricular leads may be spaced apart by a few centimeters and positioned on the septum, at or adjacent to an intersection of the septum and right ventricular free wall. The electrodes are used for sensing electrical activity of the heart and for delivery of CCM™ signals to the ventricular muscle at the proper timing and signal configuration. The OPTIMIZER can be programmed to deliver cardiac contractility modulation therapy for several hours every day: typically 5 hours per day in the US studies, and 7 or more hours per day in other countries. As part of the OPTIMIZER algorithm, the circuitry records one or more local electrical activity (i.e. activity in the vicinity of the electrode measured using the bipolar electrode configuration) or non-local electrical activity (i.e. wide-field electrogram using unipolar sensing between the electrode and the distant IPG can). The timing of the CCM™ delivery is determined to be at a certain delay and duration from the sensing, designed to deliver the CCM™ during the absolute refractory period of the muscle within the current beat cycle; this may maintain the CCM™ signal non-excitatory. If the patient has a concomitant pacing or defibrillation device, the OPTIMIZER can be configured to apply the CCM™ signals during a paced cardiac cycle, within the refractory period which follows the pacing. The OPTIMIZER can also be configured to apply the CCM™ signal during a non-paced cardiac cycle. The algorithm also applies criteria for delivery of the CCM™ signal or inhibiting the delivery of the CCM™ signal according to the relative timing of events, for example using criteria for minimum and maximum acceptable heart rate (R-R intervals), minimum and maximum acceptable time between sensed events in two locations on the RV septum, inhibition if signals are detected at an unexpected timing, and/or the use of an alert window in order to detect unexpected events and potentially block CCM™ delivery. Thus, the OPTIMIZER may deliver the non-excitatory CCM™ signal during the absolute refractory period of hundreds or thousands of beats out of 50,000 consecutive beats, taking into account the detection of any conditions that inhibit the CCM™ signal delivery (such as, for example, a detected arrhythmia). The parameters of the algorithm are configured per patient, with the purpose

of enabling the normal delivery of the contractility modulating signal when the trace of events is indicative of an expected activation sequence of the heart.

## 2. INDICATIONS<sup>1</sup>

The OPTIMIZER Smart system is indicated for use in patients who are older than 18 years of age with symptomatic heart failure due to systolic left ventricular dysfunction despite appropriate medical therapy.

The OPTIMIZER Smart system delivers non-excitatory CCM™ signals to the heart and has no pacemaker or ICD functions.

## 3. CONTRAINDICATIONS AND PRECAUTIONS

Use of the OPTIMIZER Smart system is **contraindicated** in:

1. Patients with permanent or long-standing persistent atrial fibrillation or flutter
2. Patients with a mechanical tricuspid valve
3. Patients in whom vascular access for implantation of the leads cannot be obtained

## 4. WARNINGS

### 4.1 Potential Complications of Device Implantation

Just like any surgical procedure, implantation of an OPTIMIZER Smart IPG is associated with a certain risk. Complications of IPG implantation reported in the literature include, but are not limited to: arrhythmias induced by the IPG, including life-threatening arrhythmias (e.g. ventricular fibrillation), infection, skin necrosis, device migration, hematoma formation, seroma and histotoxic reactions (also see: Potential Adverse Effects, Section 6).

Programming high sensitivities (i.e. sensitivity settings less than 2 mV) may increase the system's susceptibility to electromagnetic interference, which could either inhibit or trigger signal delivery.

Acute and chronic complications reported in the literature include, but are not limited to: lead fracture, lead displacement, atrial or ventricular perforation, and rare cases of pericardial tamponade. Perforation of the ventricular wall can induce direct stimulation of the phrenic nerve or the diaphragm. An impedance change demonstrated on a check-up can be indicative of lead fracture, lead displacement, or perforation (also see: Potential Adverse Effects, Section 6).

In very rare cases (<1%), transvenous lead placement can also lead to venous thrombosis and subsequent SVC syndrome.

Loss of sensing shortly after implant can be the result of lead displacement. In addition, loss of CCM™ signal delivery could be due to a lead fracture.

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<sup>1</sup> The safety and performance of the OPTIMIZER Smart System is based on clinical investigations conducted with the prior generation device, the OPTIMIZER IVs and III Systems given the similarities between the Systems with regard to function, intended use, design characteristics, and the CCM™ signals. Summaries of these studies are available on Impulse Dynamics' website.

(<http://www.impulse-dynamics.com/int/for-physicians/clinical-data/>)



#### **4.1.1 Atrial and Ventricular Arrhythmias Potentially Caused by Lead Implantation**

As noted above, the use of transvenous leads may lead to arrhythmias, some of which may be life-threatening such as ventricular fibrillation and ventricular tachycardia. The use of screw-in leads such as those used for CCM™ signal delivery also have the potential of causing conduction disturbances such as bundle branch block. These can be minimized by performing the implant with the use of fluoroscopic guidance, ensuring that the leads are in appropriate position prior to fixation and by limiting the number of lead manipulations. Please read and follow all directions of the original Physician Manual for the leads that you intend to use to minimize adverse events connected to lead implantation.

#### **4.1.2 Ventricular Arrhythmias Potentially Caused by CCM™ Signals**

CCM™ signals are of greater strength than that of typical pacing pulses and are thus capable of eliciting activation of cardiac tissue when delivered outside of the absolute refractory period. CCM™ signals delivered outside of the ventricular absolute refractory period thus have the potential of causing signal-induced arrhythmias (some of which may be life-threatening, such as ventricular fibrillation and tachycardia). For this reason, it is imperative that CCM™ signal delivery parameters be chosen carefully. Most importantly, the various settings related to conditions that inhibit CCM™ signal delivery (e.g. Long AV Delay, Short AV Delay, LS Alert Window, refractory periods, and IEGM sensitivities) must be selected to allow delivery of CCM™ signals only on normally conducted (e.g. non-arrhythmic) beats, but inhibit them on beats of suspected ectopic or premature origin.

In addition, CCM™ signals may cause changes in the electrical conduction of tissue. For this reason, the delivery of CCM™ signals to the ventricular septum has the potential of causing bundle branch block that could lead to bradycardia. Through similar mechanisms, CCM™-induced changes in the electrical conduction of the myocardium have the potential of inducing tissue refractoriness that may facilitate the induction of reentrant tachyrrhythmias. It is recommended that the patient's rhythm be monitored carefully for changes in rhythm when CCM™ signals are delivered during lead implantation, as well as during first activation of the OPTIMIZER Smart IPG and subsequent follow-up visits. Changes in ventricular rhythm caused by the delivery of CCM™ signals may require relocating the leads, as well as reprogramming the CCM™ delay and amplitude to settings that do not cause changes in the patient's ventricular rhythm.

#### **4.1.3 Atrial Arrhythmias Potentially Caused by CCM™ Signals**

Atrial and supraventricular arrhythmias could theoretically be initiated when CCM™-induced ventricular activity is conducted retrograde to the atria, resulting in premature atrial depolarization. The OPTIMIZER Smart IPG may sense the ventricular activation resulting from the retrograde-induced atrial event and deliver CCM™ as programmed. In addition, strong CCM™ signals delivered through leads implanted in basal position close to the atria have the potential of directly stimulating the atria. If CCM™ delivery causes atrial activation through either of these mechanisms, and the atrial signal is then conducted to the ventricles, the cycle may develop into a condition similar to pacemaker-mediated tachycardia (PMT).

The main variables that may have an impact on CCM™ events leading to atrial activation are the location of lead placement on the right ventricular septum, CCM™ amplitude, and CCM™ delay. To prevent the occurrence of atrial arrhythmias due to CCM™ signal delivery, it is recommended that basal lead implant locations be avoided. The potential for direct atrial activation by CCM™ signals can be tested during the implant by delivering the strongest possible CCM™ signal 20 to 30 ms longer than the LS-CCM delay with which the IPG will be ultimately programmed, as long as this delay places the CCM™ signal, including its 40 ms balancing phase, completely within the ventricular absolute refractory period, and monitoring for atrial activations. In such a case, the delay should be programmed to a longer value and lack of atrial activation confirmed. Besides proper lead location and CCM™ parameter programming, the “Atrial Tachycardia Rate” must be programmed to a sufficiently low value as a protective measure against atrial arrhythmias that could be induced by CCM™ signal delivery.

## **4.2 Handling**

Do not implant the OPTIMIZER Smart IPG if the package is damaged or if the device has been dropped onto a hard surface from a height of 30 cm (12 in) or more while still in the shipping box. Do not implant the device if it has been dropped onto a hard surface after unpacking. Damaged packages or dropped devices need to be returned to Impulse Dynamics.

## **4.3 Storage and Handling**

The recommended storage temperature range for the OPTIMIZER Smart IPG is 32°F to 104°F. Atmospheric pressure and relative humidity have no impact on the OPTIMIZER Smart IPG.

## **4.4 Packaging Information**

The OPTIMIZER Smart IPG is supplied in a shelf box containing a literature pack and the sterile package. The sterile pack has been sterilized with ethylene oxide gas and comprises an outer TYVEK/PET blister pack containing an inner TYVEK/PET blister.

The following items are included in the shelf box:

- OPTIMIZER Smart System Insert Card
- Peel-off labels for use with implantation documents
- Sterile pack

The inner blister pack contains:

- One (1) OPTIMIZER Smart IPG
- One (1) Allen #2 torque wrench (11 oz-in = 77.68 mNm)
- One (1) Port Plug

Before opening the sterile package, check for any signs of damage suggesting that the sterility of the package or its contents might have been compromised. Damaged packages need to be returned to Impulse Dynamics. Do not attempt resterilize the contents of the sterile package that has been damaged or in any way compromised.

## **4.5 Resterilization and Reuse**

Do not resterilize the OPTIMIZER Smart IPG, Port Plug, or the Allen wrench provided with the device. An OPTIMIZER Smart IPG that has been explanted for any reason may not be reimplanted in another patient.

## 4.6 Cremation

The OPTIMIZER Smart IPG contains a sealed chemical battery and therefore must not be incinerated. Make absolutely sure to explant the device before a deceased patient is cremated.

# 5. CAUTIONS

## 5.1 Environmental Conditions

The following discussion on potential hazards from the environment focuses on maintaining the utmost patient safety. Although the OPTIMIZER Smart IPG was designed to provide the highest possible protection against such hazards, complete immunity against these risks cannot be guaranteed.

**Note:** The OPTIMIZER Smart IPG should not be used in the vicinity of other electrical equipment. If proper separation is not feasible, the OPTIMIZER Smart IPG has to be monitored to ensure normal function.

Just like any other IPG, the OPTIMIZER Smart IPG can be affected by interference from magnetic, electrical, and electromagnetic signals, provided these are sufficiently strong or have characteristics resembling cardiac activity. Most interference will lead to inhibition of CCM™ signal delivery. In rare cases, an interfering signal could trigger inappropriate CCM™ signal delivery. In addition, interfering signals exceeding a certain threshold may couple enough energy into the IPG to damage the IPG circuits and/or the myocardial tissue in the vicinity of the leads. The patient manual also covers these factors, and these risks should be disclosed in the discussion with the patient.

The susceptibility of a particular device is dependent on the location of the IPG pocket, the type of interfering signal, and on the programmed operating parameters.

Because of the diversity of the potential causes of electromagnetic interference, Impulse Dynamics cannot characterize and describe all sources of interference and their effects in this manual.

**Warning:** Patients should be instructed to be cautious in the vicinity of equipment that generates electrical or electromagnetic fields and to seek medical advice before entering an area with posted warnings advising pacemaker patients (or patients with other types of implantable devices) not to approach.

## 5.2 Electrocautery

Use of surgical electrocautery devices can induce CCM™ signal inhibition or can make the OPTIMIZER Smart IPG revert to its “DOWN” mode [Standby (OOO) mode, with no delivery of CCM™] with the possible loss of statistical data. The device can be damaged if high energies are coupled into the system.

Use of electrocautery in close proximity to an implanted OPTIMIZER Smart IPG can also couple radio frequency energy directly through the leads and lead tips into the cardiac muscle tissue, producing burns or possibly cardiac arrhythmias. If electrocautery is used, only brief signal bursts may be delivered and the neutral electrode has to be positioned such that the current affecting the OPTIMIZER Smart IPG and the attached

leads is minimized. The risk of adverse effects can be decreased by reprogramming the OPTIMIZER Smart IPG into Standby (OOO) mode. The patient's peripheral pulse should be monitored throughout the procedure and correct operation of the OPTIMIZER Smart IPG should be verified immediately after the procedure. If the device has gone into its "DOWN" mode, it needs to be reset.

### **5.3 RF Ablation**

RF ablation can cause the OPTIMIZER Smart IPG to inhibit CCM™ signal delivery or to revert to its "DOWN" mode [Standby (OOO) mode, with no delivery of CCM™] with the possible loss of statistical data. Depending on the amount of energy coupled into the system, the device could also be damaged. If an RF ablation procedure is performed in close proximity to the leads, the leads can couple radio frequency energy via the lead tips into the myocardium, producing burns or possibly cardiac arrhythmias.

If an RF ablation procedure has to be performed, the neutral electrode should be positioned such that the current flowing through the OPTIMIZER Smart IPG and the leads is minimized. Avoid direct contact between the ablation catheter and the OPTIMIZER Smart IPG or its leads. The risk of adverse effects can be decreased by reprogramming the OPTIMIZER Smart IPG into Standby (OOO) mode. The patient's peripheral pulse should be monitored throughout the procedure and correct operation of the OPTIMIZER Smart IPG should be verified immediately after the procedure. If the device has gone into its "DOWN" mode, it needs to be reset.

### **5.4 Diathermy (Medical "Short Wave" Induction Heating)**

Medical diathermy is generally contraindicated in patients with implanted devices. The effects of such intense energies on the OPTIMIZER Smart IPG cannot be predicted. Although damage to the circuitry of the IPG and/or the myocardium appears unlikely, it nevertheless could occur.

If diathermy is to be used notwithstanding the contraindication, it may not be applied in proximity of the OPTIMIZER Smart IPG and its leads. The risk of adverse effects can be decreased by reprogramming the OPTIMIZER Smart IPG into Standby (OOO) mode. The patient's peripheral pulse should be monitored throughout the procedure and correct operation of the OPTIMIZER Smart IPG should be verified immediately after the procedure. If the device has gone into its "DOWN" mode, it needs to be reset.

### **5.5 Defibrillation and Cardioversion**

Any implanted device can be damaged by external cardioversion or defibrillation. In addition, the myocardium adjacent to the lead tips and/or the tissue in the area of the device may be damaged. Altered signal thresholds could also be one of the consequences. The defibrillation current can also make the OPTIMIZER Smart IPG revert to its "DOWN" mode [Standby (OOO) mode, with no delivery of CCM™] with the possible loss of statistical data. The system can be damaged by exposure of high energies.

No particular paddle placement can avoid such damage. To decrease the risk, it is recommended to position the paddles as far away from the OPTIMIZER Smart IPG as possible. In addition, paddle positions that would bring the OPTIMIZER Smart IPG into the direct path of the defibrillation current should be avoided.

After defibrillation, the function of the OPTIMIZER Smart IPG should be closely monitored. In the unlikely event of abnormal function, lead repositioning (or

replacement), reprogramming of the IPG may be required. If the device is found to have reverted to its “DOWN” mode, it needs to be reset.

Internal defibrillation will not damage the device.

## **5.6 Radiation Therapy**

**Warning:** Therapeutic equipment generating ionizing radiation, such as linear accelerators and cobalt machines employed for treating malignant diseases, can damage the circuits used in most active implantable devices. Because the effect is cumulative, both dose rate and total dose determine if damage will occur and its possible extent. Please be aware of the fact that certain types of damage may not be immediately obvious. In addition, the electromagnetic fields generated by some types of radiation equipment for beam “steering” purposes can affect the function of the OPTIMIZER Smart IPG.

Radiation therapy can lead to a wide spectrum of effects, reaching from transient interference to permanent damage. It is therefore advisable to locally shield the OPTIMIZER Smart IPG against radiation if radiation therapy is to be used. During a radiation treatment and thereafter, the function of the IPG needs to be monitored. If tissue in the vicinity of the implant has to be irradiated, it may be advisable to relocate the IPG.

## **5.7 Nuclear Magnetic Resonance (NMR), Magnetic Resonance Imaging (MRI)**

The powerful magnetic fields and electromagnetic signals used with magnetic resonance techniques can cause the OPTIMIZER Smart IPG to inhibit CCM™ signal delivery or to revert to its “DOWN” mode [Standby (OOO) mode, with no delivery of CCM™] with the possible loss of statistical data. There is also a risk of device heating or migration as well as the induction of dangerous currents in the implanted leads. Although unlikely, the circuitry could also be damaged. To be on the safe side, patients with an implanted OPTIMIZER Smart IPG should not be exposed to magnetic resonance devices. If magnetic resonance methods have to be used, one can lower the risk of adverse events by programming the OPTIMIZER Smart IPG into Standby (OOO) mode. The patient’s peripheral pulse should be monitored while the magnetic resonance method is in progress. Immediately thereafter, the OPTIMIZER Smart IPG should be checked for proper function. If the device is found to have reverted to its “DOWN” mode, it needs to be reset.

## **5.8 Lithotripsy**

**Warning:** Direct exposure of the OPTIMIZER Smart IPG to shock waves can damage the device. A device implanted outside the shock wave path presents no clear-cut contraindication to lithotripsy. Precautionary programming of the OPTIMIZER Smart IPG to Standby (OOO) mode reduces the risk of adverse effects. The patient’s peripheral pulse should be monitored during the procedure. Immediately after the treatment, the OPTIMIZER Smart IPG has to be checked for proper function. If the device is found to have reverted to its “DOWN” mode, it needs to be reset.

## **5.9 Therapeutic Ultrasound**

**Warning:** Direct exposure of the OPTIMIZER Smart IPG to therapeutic ultrasound can damage the device. In addition, unexpected focusing of the ultrasound beam may harm the patient.

Therapeutic ultrasound can be used provided the implant is located far away from the ultrasound field and clearly outside the field. Precautionary programming the OPTIMIZER Smart IPG to Standby (OOO) mode reduces the risk of adverse effects. The patient's peripheral pulse should be monitored during the procedure. Immediately after the treatment, the OPTIMIZER Smart IPG should be checked for proper function. If the device is found to have reverted to its "DOWN" mode, it needs to be reset.

## **5.10 Transcutaneous Electrical Nerve Stimulation (TENS)**

TENS is generally contraindicated in patients with implanted electrical devices. The high-voltage impulse delivered into the body by the TENS unit can impair the operation of the OPTIMIZER Smart IPG.

If a TENS unit is used nonetheless, the TENS electrodes have to be attached as far as possible from the OPTIMIZER Smart IPG and its leads. In addition, aiming for a limited current path, the TENS electrodes should be placed as close to each other as possible. The patient's peripheral pulse should be closely monitored while TENS is applied. Precautionary programming the OPTIMIZER Smart IPG to Standby (OOO) mode reduces the risk of adverse effects.

## **5.11 Home Appliances**

Home and commercial microwave ovens do not affect the operation of the OPTIMIZER Smart IPG, provided they are in good condition and used as intended. Even microwave energy from a severely defective microwave oven directly radiating onto the IPG does not damage the device, although the sensing function may be impaired, which could eventually impact CCM™ signal delivery.

Patients with an implanted OPTIMIZER Smart IPG should be advised that some electric razors, electric power tools, and electric ignition systems, including those of gasoline powered engines, could cause interference. Generally, patients implanted with an OPTIMIZER Smart IPG may use gasoline powered engines, provided that protective hoods, shrouds, and other shielding devices have not been removed.

## **5.12 Store Anti-Theft Systems/Airport Security Screening Systems**

Certain types of anti-theft systems, such as those installed at entrances/exits of stores, libraries and other facilities, as well as airport security systems can interfere with the OPTIMIZER Smart IPG. Such interference would most often inhibit CCM™ signal delivery. Patients should be advised to walk through such systems at a normal pace, i.e. not to slow down while passing through. Prior to passing through airport security systems, patients should notify the attendant security personnel that they carry an implant and should present their implant ID card.

### **5.13 Industrial Machinery**

High voltage power lines, electric and arc welders, electric smelters, and power-generating equipment can interfere with the operation of the OPTIMIZER Smart IPG. For that reason, one needs to take into account the field strengths and modulation characteristics of all electromagnetic fields patients are exposed to in their workplaces or due to their lifestyle. Patients need to be specifically warned about these risks, or the OPTIMIZER Smart IPG should be programmed to minimize its susceptibility.

### **5.14 Transmitting Devices**

Communication equipment such as radio and TV transmitters (including amateur [“ham radio”] transmitters, microwave, and CB radio transmitters with power amplifiers) as well as radar transmitters can interfere with the operation of the OPTIMIZER Smart IPG. For that reason, one needs to take into account the field strengths and modulation characteristics of all electromagnetic fields patients are exposed to in their workplaces or due to their lifestyle. Patients need to be specifically warned about these risks, or the OPTIMIZER Smart IPG should be programmed to minimize its susceptibility.

### **5.15 Cellular and Mobile Phones**

Cell phones and other mobile phones can affect the operation of the OPTIMIZER Smart IPG. These effects can be caused by the radio frequencies emitted by the phones or by the phones’ speaker magnets. Potential effects include inhibition of or inappropriate CCM™ signal delivery if the phone is in very close proximity (within 25 cm / 10 in) of an OPTIMIZER Smart IPG and the corresponding leads. Because of the great variety of mobile phones as well as the significant physiologic differences between patients, it is impossible make generally applicable recommendations.

As a general guideline, patients implanted with an OPTIMIZER Smart IPG who would like to use a mobile phone are advised to hold the phone to the ear that is contralateral to the implant site. Patients should not carry the phone in a breast pocket or on a belt closer than 25 cm (10 in) from the implanted IPG because some phones emit signals even when they are turned on but not in use.

Compared to smaller cell phones, portable (handbag) and mobile (permanent car or boat installation) phones will generally transmit at higher power levels. For phones with higher transmission power levels, it is recommended to maintain a minimum separation of 50 cm (20 in) between the antenna and the implanted IPG.

## 6. POTENTIAL ADVERSE EFFECTS

Examples of adverse effects that may occur as the result of the surgical procedure are listed below in the order of their clinical severity:

1. Death
2. Arrhythmias (brady- or tachyarrhythmias including fibrillation)
3. Stroke or TIA (“transient ischemic attack”)
4. Respiratory/ventilatory failure
5. RA/RV perforation
6. Hemorrhage
7. Infection
8. Pleura or pericardial effusion
9. Pneumothorax

Examples of additional adverse effects potentially occurring secondary to CCM™ signal delivery are listed in the table below in the order of their clinical severity:

1. Abnormal cardiac function
2. Atrial and Ventricular Tachyarrhythmias
3. Atrial and Ventricular Bradyarrhythmias
4. Worsening heart failure
5. Myocardial tissue damage
6. Chest pain

## 7. DEVICE IMPLANTATION

### 7.1 General Considerations

Generally, the OPTIMIZER Smart IPG is implanted in the right pectoral region. Subclavian venous access is preferred over access via the axillary or cephalic vein, because a total of three intracardiac leads have to be inserted. The atrial lead is typically positioned in the right atrial appendage (RAA). Two right ventricular leads are placed for CCM™ signal delivery, one of these preferably in an anterior septal and the other in a posterior septal location, approximately half way between base and apex. Placing both leads in an anterior or posterior septal location is an acceptable alternative, provided the leads are separated by at least 2 cm. In patients who carry an ICD, one needs to ensure that there is adequate separation between CCM™ leads and ICD lead.

**Warning:** Avoid Subclavian crush by proper lead placement. Patients need to be monitored closely after the implantation procedure.

**Warning:** Exercise care while placing the leads to avoid swelling of the steroid plug or formation of a blood clot, which could prevent retraction of the corkscrew.

**Warning:** It is important to avoid prolonged manipulation of the leads and catheters in the venous system, which could lead to venous thrombosis.



**Warning:** During implantation, leads and catheters need to be manipulated with extra caution in order to avoid perforation of the right ventricular wall. Obtain X-rays, perform echocardiography, and device interrogation after implantation to detect perforations even in the absence of corresponding symptoms.

**Warning:** In order to prevent vascular injury and hemorrhage, be extremely cautious when introducing catheters and leads into arteries and veins.

## 7.2 Opening the Lead Sterile Package(s)

Visually inspect the lead packages before opening them for implantation. Follow the instructions provided by the lead manufacturer. Unless otherwise indicated by the lead manufacturer, proceed as follows with each sterile package:

- Open the shelf box outside the sterile field and remove the TYVEK/PET molded tray.
- Using the provided tab, peel back the TYVEK from the outer PET molded tray, taking care not to touch the inner sterile package.
- Using strict sterile technique, open the inner sterile blister pack and make it accessible to the scrub nurse. At the recess adjacent to the molded tab, the inner TYVEK/PET container can be removed from the outer tray with a pair of forceps.
- Peel back the inner cover starting at the provided peel tab.
- Remove the lead from the inner package and place it on a sterile and lint-free surface.

## 7.3 Opening the OPTIMIZER Smart Sterile Package

The OPTIMIZER Smart IPG is supplied in a shelf box that contains a literature pack and the sterile package sterilized with ethylene oxide gas. The sterile package comprises an outer TYVEK/PET blister pack containing an inner TYVEK/PET blister. Visually inspect the package before opening it for the implantation procedure. Please contact your Impulse Dynamics representative if package or seal is damaged. The inner blister pack contains:

- One (1) OPTIMIZER Smart IPG
- One (1) Allen #2 torque wrench (11 oz-in = 77.68 mNm)
- One (1) Port Plug

Open the shelf box outside the sterile field and remove the TYVEK/PET molded insert. To open the sterile package, proceed as follows:

- Starting at the provided tab, peel back the TYVEK from the outer PET molded insert, taking care not to touch the sterile inner package.
- Maintaining strict sterile technique, make the inner sterile blister pack accessible to the scrub nurse. The inner TYVEK/PET container can be removed from the outer tray with a pair of forceps inserted at the recess next to the molded tab.
- Peel back the inner cover starting at the provided tab.
- Remove the OPTIMIZER Smart IPG and the accessories.

## 7.4 Verifying Lead Placement

**Note:** The Programmer Wand of the OMNI Smart Programmer is not sterile and cannot be sterilized. The Programmer Wand needs to be placed in a sterile cover before it can be brought into the sterile field.

Place the Programmer Wand over the IPG. Ask the person operating the Programmer (outside the sterile field) to measure the lead impedances and make sure they are adequate.

**Note:** Any significant lead impedance deviation at a subsequent check-up may be a sign of lead displacement or indicative of another problem requiring further investigation.

Once the leads are in place, secure each lead to its respective lead anchor sleeve. Clean the lead body with sterile saline before you secure the anchoring sleeve to the lead. Secure the anchoring sleeve with two non-absorbable ligatures and tighten gently -- **Do Not Over-Tighten**.

## 7.5 Connecting the Implanted Leads to the OPTIMIZER Smart IPG

Important considerations:

- When tightening or loosening the set screws, always insert the tip of the torque wrench fully and in line with the set screw. Do not insert the wrench into the set screw at an angle.
- Prior to inserting the IS-1-BI lead connectors, verify visually that none of the set screws protrude into any of the IPG header cavities (please refer to the diagram on the IPG). Back off any set screw found protruding beyond the wall into the header cavity by turning it back with the Allen wrench in a counter-clockwise direction. Turn the set screw just enough so that its tip is no longer inside the header cavity. Do not back the set screw completely out of the terminal block.
- Under no circumstances may items other than the implantable lead connectors be introduced into the port of the IPG connector terminal.

**Note:** Provided the connectors are correctly installed, the connector retention force in the terminals is at least 10 N.

Clean the lead plugs with sterile distilled water (if using saline, wipe the plugs dry with a surgical sponge afterwards) and fully insert each plug into the respective connector terminal at the IPG. Observe that the male ends of the lead plugs are inserted beyond the respective lead tip terminals. Tighten the set screws using the sterile #2 Allen torque wrench included in the IPG package. Turn the torque wrench clockwise until there is a distinct clicking sound/feel. This feature prevents over-tightening of the set screw. Carefully apply traction on the strain relief of each lead to make sure that the leads are securely anchored in the terminal. Finally, tighten the set screws securing the contact between the rings of the plugs and the corresponding parts of the terminal block.

## 7.6 Dissection of the IPG Pocket

Blunt dissection directly on top of the fascia is the preferred method for creating the pocket, which should be just large enough to accommodate the IPG and any loops of excess lead.

**Note:** When dissecting the pocket, please bear in mind that for charging to be possible, the distance between charging wand and OPTIMIZER Smart IPG must not exceed 4 cm (1.5 in).

Before tightening the set screws, please ensure that the connector pin of each lead is completely inserted into the corresponding connector terminal of the OPTIMIZER Smart IPG.

## 7.7 Inserting the OPTIMIZER Smart IPG and Closing the Pocket

Insert the OPTIMIZER Smart IPG into the subcutaneous pocket. Although the OPTIMIZER Smart IPG can theoretically be interrogated and charged in any position, the preferred placement is such that the lettering points to the front, which provides the best link between the charging coil inside the header and the OPTIMIZER Mini Charger.

The recommended maximum depth of implant for proper device interrogation and charging is not more than 2.5 cm. Coil any excess lead and place these coils around the IPG or in the pocket inferior to the device. Ensure that the leads form not more than a gentle curve where they exit the IPG connector terminal and that they are not under traction or strain. Secure the IPG to the fascia with a non-absorbable suture and close the pocket.

Radiographs should be obtained after device implantation to rule out pneumothorax, even if there are no symptoms. In addition, proper device function should be verified by device interrogation, which can also detect lead displacement. Thereafter, patients should receive standard post-operative care for a minimum of 24 hours prior to discharge. The use of narcotics for pain relief should be minimized.

Remark: If the patient is also implanted with an ICD, concomitant device interaction testing should be performed (see Appendix III).

## 8. DEVICE EXPLANTATION / REPLACEMENT

Special care should be exercised when opening the IPG pocket so as to not damage the leads implanted with the OPTIMIZER Smart IPG. Once the IPG is lifted out of the pocket, the set screws can be loosened with a sterile #2 Allen wrench. While holding the IPG in one hand, grasp each silicone lead connector between thumb and forefinger. Pull the lead connectors from the terminal by cautious application of constant traction. Grasping the plugs with a sterile pad can help improve traction. Never apply traction to the actual lead body, which could damage the leads and cause lead failure.

### **Note:**

- When tightening or loosening a set screw, always insert the tip of the torque wrench fully into and in line with the set screw. Do not insert the torque wrench into the set screw at an angle.

- Prior to inserting the IS-1-BI lead connectors, verify visually that none of the set screws protrudes into any of the IPG header cavities. Back off any set screw found protruding beyond the wall into the header cavity by turning it back in a counter-clockwise direction with the Allen wrench. Turn the set screw just enough so that its tip is no longer inside the header cavity. Do not back the set screw completely out of the terminal block.

Clean the lead plugs with sterile distilled water (if using saline, wipe the plugs dry with a surgical sponge afterwards) and fully insert the plug into the respective connector terminal of the OPTIMIZER Smart IPG. Observe that the tips of the lead plugs are inserted beyond the respective lead tip terminals. Tighten the set screws using the sterile #2 torque wrench included in the OPTIMIZER Smart package. Turn the Allen wrench clockwise until you can clearly hear and feel the clicking that limits excessive torque on the set screw. Carefully apply traction to the strain relief of each lead to make sure that the leads are securely anchored in the terminal. Finally, tighten the set screws securing the contact between the rings of the plugs and the corresponding parts of the terminal block.

Make sure to visually verify that the lead insulation is intact when replacing an OPTIMIZER Smart IPG. At this time, the impedances and sensing thresholds should also be assessed with a PSA.

When the OPTIMIZER Smart IPG is being explanted and not replaced, the remaining implanted leads need to be capped after they are disconnected from the IPG.

All explanted OPTIMIZER Smart IPGs should be returned to Impulse Dynamics for testing and analysis, which can provide valuable information on how to further improve device quality and reliability.

**Warning:** Never incinerate an OPTIMIZER Smart IPG. The IPG must be explanted before a deceased patient is cremated.

**Warning:** Implantable parts are not to be reused if they have previously been implanted in another patient.

## 9. OPTIMIZER SMART IPG: FUNCTIONS AND PROGRAMMING OPTIONS

### 9.1 Operating Modes

The implantable OPTIMIZER Smart IPG features three operating modes:

- Standby (OOO): The device is in standby; no events are sensed and no CCM™ signal trains are delivered.
- Active ODO-LS-CCM: The device senses atrial, ventricular, and local sense events and is capable of CCM™ signal delivery.
- Active OVO-LS-CCM: The device senses ventricular and local sense events and is capable of CCM™ signal delivery without the need for the detection of atrial sense events.

**Note:** Active OVO-LS-CCM mode is only available for the 2-lead clinical study.

## 9.2 CCM™ Off Status

Under certain conditions, which are listed below, the OPTIMIZER Smart IPG is set to a special “Off” status:

- **Permanent Off:** In this state, the OPTIMIZER Smart IPG does not deliver CCM™ signals, although it senses and classifies cardiac events. This status can only be changed by using the OMNI Smart Programmer software to reprogram the OPTIMIZER Smart IPG under supervision of a physician. The patient or a physician can force the OPTIMIZER Smart IPG into the **Permanent Off** state by placing a magnet over the implant site of the OPTIMIZER Smart IPG and by maintaining it in close proximity to the device for at least two cardiac cycles (2 - 3 seconds).

**Note:** This **Permanent Off** state is maintained even after the magnet is removed from the implant site.

- **DOWN:** In this state, the OPTIMIZER Smart IPG does not deliver CCM™ signals, and it may not sense cardiac events. Reversal of this state can only be accomplished by resetting the OPTIMIZER Smart IPG with the OMNI Smart Programmer software under physician supervision. In the unlikely event of inconsistent operation of the system’s logic circuits, the OPTIMIZER Smart IPG will automatically assume the “**DOWN**” state.

## 9.3 A/V Sensing

Through leads implanted in the heart, the OPTIMIZER Smart IPG can sense, detect, and analyze activity in the form of electrical signals generated by the heart, for example, electrical depolarization events which occur during the cardiac cycle. The controller and signal generation circuitry of the OPTIMIZER Smart IPG are programmed to receive the signals detected by electrodes and sensing circuitry and, based on the detected signal, analyze their characteristics (including, for example, magnitude and timing), and to determine whether or not to trigger the delivery of the CCM™ signal, as well as when to deliver the CCM™ signal.

### 9.3.1 A/V Sensing Leads

Right heart events are detected through two sensing leads:

- **A lead:** lead positioned in the right atrium (A)
- **V lead:** lead positioned in the right ventricle (V)

### 9.3.2 A/V Sensing Parameters

A and V polarity and sensitivity are the parameters determining how right heart events are sensed.

- **Sensitivity:** With the OMNI Smart Programmer software, the Atrium sensitivity can be set to any one of 13 values between 0.1 mV and 5.0 mV, and the Ventricle sensitivity to set to any one of 18 values between 0.1 mV and 10.0 mV.

- **Polarity:** To configure A and V sensing, the OPTIMIZER Smart IPG provides the following options:
  - **Bipolar:** The signal between lead “tip” (distal electrode) and “ring” (proximal electrode) of a bipolar lead is sensed.
  - **Unipolar:** The signal between lead tip (distal electrode) and the case of the OPTIMIZER Smart IPG is sensed.

### 9.3.3 Refractory Period

The Refractory period is the time interval when the OPTIMIZER Smart IPG does not detect input events. The refractory period is applicable to the right heart sensing:

- **Refractory:** Signals sensed within this period after an atrial or ventricular event do not register as atrial or ventricular events. With the OMNI Smart Programmer software, the A/V refractory period can be set to values between 148 ms and 453 ms, in 8 ms increments.

## 9.4 CCM™ Delivery Options

The implantable OPTIMIZER Smart IPG features three CCM™ delivery scheduling options:

- **CCM OFF:** No CCM™ signal delivery
- **Timed:** The device is programmed to deliver cardiac contractility modulation therapy within the time frame between Start Time (default: 0:00) and End Time (default: 23:59). The default configuration in the USA is for 1 hour ON Time followed by 3:48 hours OFF Time, repeatedly, to produce 5 hours of programmed cardiac contractility modulation therapy per day. The default setting for cardiac contractility modulation therapy delivery outside the USA is 7 hours per day.

**Note:** An ON phase is started after each charging process. The timer will resume the normal program on the following midnight.

- **Continuous:** Continuous CCM™ signal delivery (for testing purposes only)

## 9.5 CCM™ Signal Delivery

This section describes how the implantable OPTIMIZER Smart IPG delivers CCM™ signals to the cardiac tissue during the absolute refractory period.

### 9.5.1 Channels

CCM™ signals that are generated by the signal generation circuitry of the OPTIMIZER Smart IPG can either be delivered through one of the following channels or through a combination of these channels:

- **V lead**
- **LS lead**

### 9.5.2 CCM™ Signal Parameters

The CCM™ signal is a pulse train comprising a programmable number of consecutive pulses, each with two phases of opposite polarity and programmable duration. Accordingly, the common practical configuration is given by programming cardiac contractility modulation to be delivered for one hour every few hours, for example 1 hour ON followed by 3:48 hours OFF, repeatedly, to produce 5 hours of cardiac contractility modulation therapy per day.

- **Number of Pulses:** With the OMNI Smart Programmer software, the number of pulses can be set to 1, 2, or 3.
- **Delay:** CCM™ signal delivery is triggered by the Local Sense event. The delay parameter (coupling interval) is the time interval between the leading edge of the Local Sense triggering event and the start of CCM™ pulse train delivery. With the OMNI Smart Programmer software, the delay parameter can be set to values between 3 ms and 140 ms, in 1 ms increments. This delay range is designed to ensure that the delivery is only within the absolute refractory period, and to avoid potential excitatory behavior of the CCM™ signal.
- **Amplitude (Magnitude):** This is the initial voltage of the CCM™ signal. With the OMNI Smart Programmer software, the amplitude can be set to values between 4.0 V and 7.5 V, in 0.5 V increments.
- **Phase Duration:** The phase duration of the pulses comprising the CCM™ signal can be programmed with the OMNI Smart Programmer software to one of 4 possible values between 5.14 ms and 6.60 ms. The duration of both phases are automatically set to identical values.
- **Phase Polarity:** The phase polarity of the pulses comprising the CCM™ signal can be programmed with the OMNI Smart Programmer software to “Positive” or “Negative”. When the polarity of PHASE 1 is set to one value, the polarity of PHASE 2 is automatically set to the opposite value

### 9.5.3 Balancing Phase

Delivery of each CCM™ pulse train is completed by a Balancing Phase, which discharges any residual polarization at the electrode/tissue interface. Balancing is accomplished by short-circuiting the channels used to deliver the CCM™ signal for a period of 40 ms.

#### 9.5.4 Parameter Interaction

In order to avoid false event detections, the CCM™ signal has to be delivered entirely within the right atrial and right ventricular refractory period. Prior to the end of these refractory periods, an 86 ms long noise window is activated to detect external interference. Therefore, CCM™ signal delivery has to be completed before the noise window is opened. This is accomplished with the following constraint:

- *The sum of the values Alert Start, Alert Width, CCM™ Delay, and CCM™ Train Total Duration must be smaller than the lower of the following two values: right atrial refractory period, right ventricular refractory period minus 86 ms.*

If the V channel is used for CCM™ signal delivery, the balancing phase also needs to be completed before the noise window starts. This can be guaranteed by the following constraint:

- *If the V channel is used for CCM™ signal delivery, the sum of the values Alert Start, Alert Width, CCM™ Delay, CCM™ Train Total Duration, and Balancing Phase (40 ms) needs to be smaller than the lower of the following two values: right atrial refractory period, right ventricular refractory period minus 86 ms.*

The Alert Start time relates to the right ventricular event. Thus, if the Alert Start value is negative and if a local sense event is detected during the AV interval, a right ventricular event will have to occur and be detected before the device can determine if the event fell inside the alert window. That implies that the OPTIMIZER Smart IPG cannot deliver a CCM™ signal prior to the right ventricular event occurring. This is asserted by the following constraint:

- *The sum of Alert Start and CCM™ Delay must be equal to or greater than 3 ms*

### 9.6 CCM™ Inhibit Parameters

By analyzing the train of sensed cardiac events based on their succession and their temporal order, the OPTIMIZER Smart IPG “decides” for each heart action whether to deliver CCM™ signals or not.

#### 9.6.1 Number of Beats for CCM Inhibition

For the period when CCM™ signal delivery is inhibited, one can program the number of beats for which CCM™ signal delivery will continue to be inhibited after the initial inhibiting event. With the OMNI Smart Programmer software, the total number of inhibited beats can be set to any value between 1 and 16. This means that CCM™ delivery can be inhibited from to none to 15 additional beats beyond the beat leading to the initial inhibiting event.

Please note that this number of inhibited cycles applies to the most current event leading to signal inhibition, i.e. a new inhibiting condition occurring during a period of already inhibited CCM™ signal delivery will start a new inhibition period.



## 9.6.2 Conditions Causing Inhibition

The following cardiac activities or events are sensed and detected by the OPTIMIZER Smart IPG while it is in its **Active** state. These events are also entered into the statistical data set, and they pertain to transmitted marker events. When CCM™ train delivery is on, such events inhibit CCM™ signal delivery. An event that occurs outside the configurable time window(s) could indicate, for example, suspected cardiac arrhythmia, and, in response to detecting the suspected arrhythmia, or other abnormal event, the CCM™ signal would not be delivered.

- **Short AV:** Intervals between an atrial and a ventricular event are considered “Short AV” if they fall below a programmed threshold. Using the OMNI Smart Programmer software, the Short AV threshold can be set to one of 49 possible values between 23 ms and 398 ms. CCM™ signal delivery is *always inhibited* if a Short AV condition is detected.
- **Long AV:** Intervals between an atrial and a ventricular event are considered “Long AV” if they exceed a programmed threshold. Using the OMNI Smart Programmer software, the Long AV threshold can be set to one of 49 possible values between 23 ms and 398 ms. CCM™ signal delivery is *always inhibited* if a Long AV condition is detected.
- **Atrial Tachycardia:** Any atrial rate exceeding a certain threshold is considered atrial tachycardia. Using the OMNI Smart Programmer software, the atrial tachycardia threshold rate can be set to one of 51 possible values between 62 bpm and 179 bpm. CCM™ signal delivery is *always inhibited* when atrial tachycardia is detected.
- **Premature Ventricular Contractions (PVC):** A sensed right ventricular event is considered a PVC if it was preceded by another right ventricular sensing event without an interposing atrial sense event. CCM™ signal delivery is *inhibited each time* a PVC condition is detected.
- **LS Out of Alert:** A local sense event detected after the end of the Local Sense Alert Window triggers an LS Out of Alert condition. The Local Sense Alert Window is the time interval during which the leading edge of valid LS events triggers CCM™ signal delivery. How this is programmed is detailed in Section 9.8.1.
- **Atrial and ventricular noise:** Despite various methods for detecting and filtering noisy signals implemented in the OPTIMIZER Smart IPG, noise from powerful electromagnetic sources (e.g. from portable telephones, radio transmitters, etc.) as well as noise from physiological events (e.g. myopotentials, etc.) can interfere with the detection of cardiac events.

Any time higher rate signals (greater than 11.6 Hz) are detected on the atrial or ventricular channel, the control logic of the OPTIMIZER Smart IPG assumes the presence of noise and declares an A/V noise condition. CCM™ signal delivery is *always inhibited* if atrial or ventricular noise is detected.

## 9.7 Local Sensing

The local electrical activity of the ventricular myocardium is detected via the Local Sense (LS) lead. LS channel sensitivity can be set with the OMNI Smart Programmer software to one of 18 values between 0.1 mV and 10.0 mV.

## 9.8 CCM™ Triggering Based on Local-Sense Events

Delivery of CCM™ signal trains is synchronized with the intrinsic myocardial electrical activity in the vicinity of the Local Sense (LS) electrode. The LS channel is configured to sense the electrical activity of a small, localized area of the heart (near the fixation site of the LS electrode). In response to this sensed activity, the OPTIMIZER Smart IPG evaluates the myocardial electrical signal to determine whether it meets the criteria defined by the set of LS parameter values programmed into the device. If the criteria are met, then the device delivers the CCM™ stimulus. The timing of the signal detected through the LS channel within a cardiac cycle, especially with regard to the R wave, is the main criterion for the OPTIMIZER Smart IPG to classify the cycle as normal or abnormal. CCM™ signals are *not delivered* during cycles classified as abnormal.

Provided that the CCM™ signal delivery is not prohibited by detecting a Local Sense event inconsistent with the Alert Window, the OPTIMIZER Smart IPG may deliver CCM pulses to thousands of heart beats over the course of a day. For example, it may deliver CCM™ to several thousand beats out of 50,000 consecutive beats, taking into account any conditions causing inhibition (as noted in Section 9.6.2) that result in CCM™ pulses not being delivered.

### 9.8.1 Local Sense Alert Window

When the internal logic of the device detects ventricular events corresponding to cardiac cycles not classified as abnormal because of noise, atrial tachycardia, or suspected PVCs, it will open a Local Sense Alert Window. The Alert Window can be inside the AV interval, inside the VA interval, or partially inside the AV and partially inside the VA interval.

The first event detected within the window serves as a trigger for CCM™ signal delivery.

Valid Local Sense events detected outside the Alert Window are considered to be PVCs and inhibit CCM™ signal delivery for a programmable number of cycles. Inhibiting Local Sense events can be detected even between a triggering Local Sense event and the start of the corresponding CCM™ signal, which in this case will not be delivered.

The Local Sense Alert Window is the time interval during which the leading-edge of valid LS events is used to trigger CCM™ signal delivery.

The position in time of this window is determined by two programmable parameters:

- **Alert Start:** Begins with the right ventricular event. Using the OMNI Smart Programmer software, Alert Start can be set to values between -100 ms and 100 ms, in 2 ms increments. Please note that the Alert Window starts inside the AV interval if this value is negative.
- **Alert Width:** Equivalent to the duration of the Alert Window. Using the OMNI Smart Programmer software, Alert Width can be set to values between 1 ms and 40 ms, in 1 ms increments. If the sum of **Alert Start** and **Alert Width** is negative, the Alert Window ends inside the AV interval.

The leading edge of the first event detected within this window is used to trigger CCM™ signal delivery. When an event is detected, the Local Sense Alert Window is immediately closed. Any Local Sense events detected after the window closes are considered to lie outside the Alert Window and lead to the **LS Out of Alert Status**.

If a Local Sense event is detected outside the Alert Window, CCM™ signal delivery is *always inhibited*.

### 9.8.2 Local Sense Refractory Periods

With the exception of events occurring during the Local Sense Refractory Periods, any event detected through the LS channel is considered a valid Local Sense event.

Local Sense Refractory Periods include:

- **Pre A Refractory Period:** Ends with the atrial event. With the OMNI Smart Programmer software, the duration can be set to values between 0 ms and 55 ms, in 5 ms increments.
- **Post A Refractory Period:** Begins with the atrial event. With the OMNI Smart Programmer software, the duration can be set to values between 0 ms and 55 ms, in 5 ms increments.
- **Pre V Refractory Period:** Ends with the ventricular event. With the OMNI Smart Programmer software, the duration can be set to values between 0 ms and 55 ms, in 5 ms increments.
- **Post V Refractory Period:** Begins with the ventricular event. With the OMNI Smart Programmer software, the duration can be set to values between 0 ms and 39 ms, in 1 ms increments.
- **Post LS Refractory Period:** Begins with a valid LS event. With the OMNI Smart Programmer software, the duration can be set to one of 56 possible values between 15 ms and 250 ms.
- **Post CCM Refractory Period:** Begins with the start of the CCM™ signal train and ends with the end of the **Right V Refractory Period**.

### **9.8.3 Remarks**

If the Pre- and Post-ventricular LS Refractory Periods are inside the Local Sense Alert Window (i.e. if the Alert Start is negative and the sum of Alert Start and Alert Width is longer than the Post-Ventricular Refractory Period), only Local Sense events falling inside the Alert Window and outside the Ventricular LS Refractory Periods will trigger CCM™ signal delivery.

If a Local Sense event is detected after the window closes and before CCM™ signal train delivery commences, the new event is considered to be outside the Alert Window and CCM™ signal delivery will be inhibited.

In Active ODO-LS-CCM mode, the Local Sense Alert Window cannot start prior to the atrial event. Therefore, if the Alert Start occurs before the end of the post-atrial refractory period (Alert Start is negative and the AV interval minus the Post-Atrial Refractory Period is smaller than the absolute value of Alert Start), the Local Sense Alert Window will start at the end of the Post-Atrial Refractory Period.

### **9.8.4 Parameter Interaction**

Local Sense signals are ignored during Local Sense refractory periods. Therefore, the OMNI Smart Programmer software will not permit the *Alert Window to start or end inside the pre- and/or post-ventricular refractory period.*

## APPENDIX I

As a convenience to the user, the following overview provides a brief and succinct summary of the characteristics of the OPTIMIZER Smart IPG. Some of these data are also presented in the manual in text form.

### Physical Characteristics

Model	OPTIMIZER Smart IPG
Height (mm)	69.4 ± 2.0
Width (mm)	47.5 ± 0.5
Thickness (mm)	11.5 ± 0.5
Volume (cm <sup>3</sup> )	30.5 ± 0.5
Mass (g)	46 ± 3.0
Area of exposed metal can (cm <sup>2</sup> )	58.1
Radiopaque ID	<b>ID OS y<sup>1</sup></b>
Materials in contact with human tissue	Titanium Epoxy resin Silicone rubber
Lead connectors	3.2 mm; IS-1/VS-1
<sup>1</sup> The manufacturer code stands for Impulse Dynamics; the model ID code for the OPTIMIZER is "OS"; y corresponds to the year code: A for 2015, B for 2016, C for 2017, D for 2018 etc...	

### Battery

Model and IEC type	QL02001, rechargeable
Manufacturer	Quallion
Chemistry	Lithium-ion
Low battery indicator	3.3 V
Battery life to elective replacement indication	6 years
Battery life to end of service	7 years
Approximate capacity after recharging to LBI	200 mAh

## Current Consumption

Mode	Current
OOO	Less than 40 $\mu$ A
ODO-LS - CCM OFF	Less than 45 $\mu$ A
ODO-LS - CCM ON	Less than 1200 $\mu$ A <sup>1</sup>

<sup>1</sup>Current consumption of the OPTIMIZER Smart IPG is strongly dependent on the energy delivered by the CCM™ pulse train.

## Safe Mode

Mode	Description
DOWN mode	When the device encounters conditions considered to be the result of faulty device circuitry or software, it will switch to DOWN mode. In DOWN mode, the device is completely quiescent; CCM signals are not delivered and cardiac events are not sensed. To take the device out of this mode, a device reset must be performed under physician supervision.

## Programmable Parameters

### OPERATING MODES

Mode	Characteristics
OOO	Standby mode: no events are sensed and no CCM™ impulse trains are delivered
ODO-LS-CCM	Active mode where the device senses atrial, ventricular and Local Sense events and is capable of CCM™ signal delivery

### A /V SENSING PARAMETERS

Parameter Name	Values
Atrium sense amplifier sensitivity	13 possible between 0.1 mV to 5.0 mV <sup>1</sup>
Ventricle sense amplifier sensitivity	18 possible between 0.1 mV to 10.0 mV
Atrium sensing polarity <sup>1</sup>	Unipolar, Bipolar
Ventricle sensing polarity	Unipolar, Bipolar
Atrium refractory period	Between 148 ms to 453 ms in 8 ms increments
Ventricle refractory period	Between 148 ms to 453 ms in 8 ms increments

### CCM™ TRAIN PARAMETERS

Parameters Name	Values	
CCM Mode	CCM OFF	No pulse train enabled
	Timed	As defined by the parameter values programmed under the CCM Scheduling Tab.
	Continuous	The pulse train is enabled for the entire day.
Number of Pulses	1, 2, or 3	
CCM™ Train Delay	Between 3 ms and 140 ms in 1 ms increments	
CCM™ Pulse Amplitude	Between 4.0 V and 7.5 V in 0.5 V increments	
CCM™ Delivery Channels	LS and/or V	
Phase 1 Duration	4 possible between 5.14 ms and 6.60 ms.	
Phase 1 Polarity	“Positive” or “Negative”.	

### CCM™ INHIBIT PARAMETERS

Parameter Name	Values
Count	Between 1 and 16 in increments of 1
Short AV	49 possible between 23 ms and 398 ms
Long AV	49 possible between 23 ms and 398 ms
Atrial Tachycardia Rate	51 possible between 62 bpm and 179 bpm

### LOCAL SENSE PARAMETER

Parameter Name	Values
Local Sense Sensitivity	18 possible between 0.1 mV to 10.0 mV
Local Sense Alert Start	Between –100 ms to 100 ms in 2 ms increments
Local Sense Alert Width	Between 1 ms to 40 ms in 1 ms increments
Local Sense Pre-Atrial refractory period	Between 0 ms to 55 ms in 5 ms increments
Local Sense Post-Atrial refractory period	Between 0 ms to 55 ms in 5 ms increments
Local Sense Pre-Ventricular refractory period	Between 0 ms to 55 ms in 5 ms increments
Local Sense Post-Ventricular refractory period	Between 0 ms to 39 ms in 1 ms increments
Local Sense Post-LS refractory period	Between 15 ms to 250 ms in 1 ms increments

## Factory Settings

### PARAMETERS RELATED TO CONTROLLING RIGHT HEART SENSING

Mode	OOO
Atrial Sense Amplifier Sensitivity	1.3 mV
Ventricular Sense Amplifier Sensitivity	2.0 mV
Ventricular Sensing Polarity	Bipolar
Atrial Sensing Polarity	Bipolar
Ventricular Refractory Period	250 ms
Post-Ventricular Atrial Refractory Period	250 ms

### CCM™ PULSE TRAIN ACTIVATION

CCM™ Pulse train enable	OFF
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### CCM™ PULSE TRAIN TIMING

Number of pulses	2
Train delay	35 ms
Phase 1 duration	5.14 ms
Phase 2 duration	5.14 ms
Phase 1 polarity	Positive
Phase 2 polarity	Negative
CCM™ Pulse Amplitude	7.5 V
CCM™ signal delivery channel	LS, V
Interval	0 ms

### CCM™ INHIBIT ALGORITHM

CCM™ Inhibit Count	2 beats
Short AV Delay	70 ms
Long AV Delay	398 ms
Atrial tachycardia rate	154 bpm



**LS CHANNEL PROGRAMMABLE PARAMETERS**

LS Sensitivity	2.0 mV
LS Alert Window Start	-10 ms
LS Alert Window Width	30 ms
LS Pre-Atrial LS Refractory Period	5 ms
LS Post-Atrial LS Refractory Period	5 ms
LS Pre-Ventricular LS Refractory Period	0 ms
LS Post-Ventricular LS Refractory Period	0 ms
LS Post-LS Refractory Period	20 ms

**CCM™ SCHEDULE PARAMETERS**

Start time	00:00
End time	23:59
On Time	01:00
Off Time	02:25

**CHARGER ALARM PARAMETERS**

Minimum Target % for CCM™ Delivery	30%
Maximum Lead Displacement	20%

**Emergency Programming****PARAMETERS RELATED TO CONTROLLING RIGHT HEART SENSING**

Mode	OOO
Atrial Sense Amplifier Sensitivity	1.3 mV
Ventricular Sense Amplifier Sensitivity	2.0 mV
Ventricular Sensing Polarity	Bipolar
Atrial Sensing Polarity	Bipolar
Ventricular Refractory Period	250 ms
Post-Ventricular Atrial Refractory Period	250 ms

**CCM™ PULSE TRAIN ACTIVATION**

CCM™ Pulse train enable	OFF
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**CCM™ PULSE TRAIN TIMING**

Number of pulses	2
Train delay	35 ms
Phase 1 duration	5.14 ms
Phase 2 duration	5.14 ms

Phase 1 polarity	Positive
Phase 2 polarity	Negative
CCM™ Pulse Amplitude	7.5 V
CCM™ signal delivery channel	LS, V
Interval	0 ms

### CCM™ INHIBIT ALGORITHM

Programmable parameters to inhibit CCM™ signal delivery	
CCM™ Inhibit Count	2 beats
Short AV Delay	70 ms
Long AV Delay	398 ms
Atrial tachycardia rate	154 bpm

### LS CHANNEL PROGRAMMABLE PARAMETERS

LS Sensitivity	2.0 mV
LS Alert Window Start	-10 ms
LS Alert Window Width	30 ms
LS Pre-Atrial LS Refractory Period	5 ms
LS Post-Atrial LS Refractory Period	5 ms
LS Pre-Ventricular LS Refractory Period	0 ms
LS Post-Ventricular LS Refractory Period	0 ms
LS Post-LS Refractory Period	20 ms

### CCM™ SCHEDULE PARAMETERS

Start time	00:00
End time	23:59
On Time	01:00
Off Time	02:25

### CHARGER ALARM PARAMETERS

Minimum Target % for CCM™ Delivery	30%
Maximum Lead Displacement	20%

## APPENDIX II

### Communications/Telemetry

Between the OPTIMIZER Smart IPG and the OMNI Smart Programmer:

- **OPTIMIZER Smart IPG to OMNI Smart Programmer:**
  - PPM: “0” = 180  $\mu$ s, “1” = 270  $\mu$ s
  - 14.5 kHz LC excited by pulse
  - 1 cycle per pulse until dampened to 10%
  - Energy invested per pulse 0.36  $\mu$ J  $\rightarrow$  5.14 mW<sub>peak</sub> per pulse; 1.8 mW<sub>average</sub>
- **OMNI Smart Programmer to OPTIMIZER Smart IPG:**
  - AM: “0” = no carrier, “1” = carrier for 305  $\mu$ s
  - 23 kHz carrier frequency
  - Power: 0.56 W<sub>peak</sub>; 0.27 W<sub>average</sub>

## APPENDIX III

### Testing procedure for device/device interaction:

Patients with a concomitant device (e.g. ICD, pacemaker) require additional testing at the end of the implant procedure to ensure appropriate function of both the OPTIMIZER Smart IPG and the concomitant device. The steps of the required testing procedure are as follows:

1. Program the ICD so that it does not deliver antitachycardic therapy during this test.
2. Program the sensing windows of the OPTIMIZER Smart IPG and verify that it can be programmed to consistently delivery cardiac contractility modulation therapy in the presence of the concomitant device.
3. Activate cardiac contractility modulation therapy and analyze the real-time intracardiac electrograms and marker channels to ensure that the cardiac contractility modulation therapy does not cause inappropriate oversensing during normal sinus rhythm which cannot be resolved by reprogramming or lead repositioning.
4. Activate cardiac contractility modulation therapy and analyze the real-time intracardiac electrograms and marker channels to ensure that the cardiac contractility modulation therapy does not cause inappropriate undersensing during normal sinus rhythm which cannot be resolved by reprogramming or lead repositioning.
5. Activate cardiac contractility modulation therapy in patients requiring antibradycardic pacing and analyze the intracardiac electrograms and marker channels to ensure that the cardiac contractility modulation therapy does not cause inappropriate inhibition of antibradycardic pacing which cannot be resolved by reprogramming or lead repositioning.