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FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

ENDOCRINOLOGIC AND METABOLIC
DRUGS ADVISORY COMMITTEE (EMDAC)

Thursday, October 25, 2018

8:31 a.m. to 1:23 p.m.

Day 2

FDA White Oak Campus
Building 31, the Great Room
10903 New Hampshire Avenue
Silver Spring, Maryland

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5 Management

6 Office of Executive Programs, CDER, FDA

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12 Director, Division of Cardiovascular Medicine

13 Physician-in-Chief

14 Vanderbilt Heart & Vascular Institute

15 Vanderbilt University Medical Center

16 Nashville, Tennessee

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1 **ACTING INDUSTRY REPRESENTATIVE TO THE COMMITTEE**

2 **(Non-Voting)**

3 **Scott Wasserman, MD, FACC**

4 *(Acting Industry Representative)*

5 Vice President, Global Development

6 Head, Cardiovascular, Metabolic, and Neuroscience

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9 Thousand Oaks, California

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11 **FDA PARTICIPANTS (Non-Voting)**

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14 Office of Drug Evaluation II (ODE-II)

15 Office of New Drugs (OND), CDER, FDA

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18 Director (Acting)

19 Division of Metabolism and Endocrinology Products

20 (DMEP)

21 ODE-II, OND, CDER, FDA

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Lisa Yanoff, MD

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1 P R O C E E D I N G S

2 (8:31 a.m.)

3 **Call to Order**

4 **Introduction of Committee**

5 DR. WILSON: Good morning. First I want to
6 remind everyone to silence your phone, if you have
7 a phone or other devices that may make noise during
8 the proceedings.

9 Do we have a press contact here? Amanda
10 Turney is identified in our documents.

11 Is she here? No? Okay. So if you have any
12 press interest and you want to reach an FDA
13 representative for this, contact one of the FDA
14 individuals here, and we'll link you up with her.

15 I'm Peter Wilson. I'm the chair of the
16 Endocrinologic and Metabolic Drugs Advisory
17 Committee, and I'll be chairing the meeting, and
18 we've now been called to order. We'll start by
19 going around the table, introduce ourselves, in
20 case we forgot from yesterday. This is day 2, so
21 why don't we start with the FDA? Thank you.

22 DR. THANH HAI: Good morning. I'm Mary

1 Thanh Hai, acting director, Office of Drug
2 Evaluation II.

3 DR. CHONG: William Chong, acting director,
4 Division of Metabolism and Endocrinology Products.

5 DR. YANOFF: Lisa Yanoff, acting deputy
6 director, DMEP.

7 DR. ARCHDEACON: Hi. Patrick Archdeacon,
8 clinical team lead, DMEP.

9 NIYYATI: Mahtab Niyiyati, clinical reviewer,
10 DMEP.

11 DR. GRUNBERGER: I'm still George
12 Grunberger, adult endocrinologist from Michigan.

13 DR. NASON: Martha Nathan, biostatistician
14 at National Institute of Allergy Infectious
15 Diseases.

16 DR. KUSHNER: Fred Kushner, clinical
17 cardiologist, clinical professor, Tulane LSU and
18 NYU.

19 DR. LOW WANG: Cecilia Low Wang,
20 endocrinologist at University of Colorado and CPC
21 clinical research.

22 DR. BLAHA: Hi. Mike Blaha, cardiology,

1 director of clinical research, Johns Hopkins,
2 Ciccarone Center for Prevention of Heart Disease.

3 DR. FRADKIN: Judy Fradkin, director of the
4 Division of Diabetes, Endocrinology and Metabolic
5 Diseases at NIDDK.

6 DR. EVERETT: Brendan Everett, cardiologist
7 at the Brigham and Women's Hospital and Harvard
8 Medical School in Boston.

9 CDR BONNER: Good morning. LaToya Bonner,
10 DFO for EMDAC.

11 DR. WILSON: Peter Wilson, Emory University,
12 endocrinology, preventive cardiology, and
13 epidemiology.

14 CAPT BUDNITZ: Dan Budnitz, medical officer
15 and epidemiologist for the medication safety
16 program at Centers for Disease Control and
17 Prevention.

18 DR. DE LEMOS: James de Lemos, cardiologist,
19 UT Southwestern in Dallas.

20 DR. NEWMAN: Connie Newman, endocrinologist
21 at New York University School of Medicine.

22 MR. LUMLEY: Dan Lumley, patient

1 representative from Kansas City.

2 DR. ELLENBERG: Susan Ellenberg, professor
3 of biostatistics, University of Pennsylvania,
4 Perelman School of Medicine.

5 DR. WANG: Tommy Wang, chief of cardiology
6 at Vanderbilt University.

7 DR. ROBBINS: I'm David Robbins. I'm a
8 professor of medicine and director of the Diabetes
9 Institute at Kansas University Medical Center.

10 DR. ROSENBERG: Yves Rosenberg, preventive
11 medicine, clinical trialist, Division of
12 Cardiovascular Sciences, NHLBI.

13 DR. BURMAN: Good morning. Ken Burman, head
14 of endocrinology at Medstar Washington Hospital
15 Center and a professor of medicine at Georgetown
16 University.

17 DR. WASSERMAN: Good morning. Scott
18 Wasserman. I'm a cardiologist. I'm vice president
19 of global development and therapeutic area head for
20 cardiovascular, metabolic, and neuroscience at
21 Amgen.

22 DR. WILSON: As a prelude, for topics such

1 as those being discussed at today's meeting, there
2 are often a variety of opinions, some of which are
3 quite strongly held. Our goal is that today's
4 meeting will be a fair and open forum for
5 discussion of these issues and that individuals can
6 express their views without interruption. Thus, as
7 a gentle reminder, individuals will be allowed to
8 speak into the record only if recognized by the
9 chair, and we look forward to a productive meeting.

10 Also, in the spirit of the Federal Advisory
11 Committee Act and the Government in the Sunshine
12 Act, we ask that the advisory committee members
13 take care that their conversations about the topic
14 at hand take place in the open forum of the
15 meeting. We are aware that members of the media
16 are anxious to speak with the FDA about these
17 proceedings.

18 However, FDA will refrain from discussing
19 the details of this meeting with the media until
20 its conclusion. Also, the committee is reminded to
21 please refrain from discussing the meeting topics
22 during breaks or lunch. Thank you.

1 Now I pass it over to our commander, LaToya
2 Bonner.

3 **Conflict of Interest Statement**

4 CDR BONNER: Thank you.

5 The Food and Drug Administration is
6 convening today's meeting of the Endocrinologic and
7 Metabolic Drugs Advisory Committee under the
8 authority of the Federal Advisory Committee Act of
9 1972. With the exception of the industry
10 representative, all members and temporary voting
11 members of the committee are special government
12 employees or regular federal employees from other
13 agencies and are subject to federal conflict of
14 interest laws and regulations.

15 The following information on the status of
16 this committee's compliance with federal ethics and
17 conflict of interest laws, covered by but not
18 limited to those found at 18 U.S.C. Section 208, is
19 being provided to participants in today's meeting
20 and to the public.

21 FDA has determined that members and
22 temporary voting members of this committee are in

1 compliance with federal ethics and conflict of
2 interest laws. Under 18 U.S.C. Section 208,
3 Congress has authorized FDA to grant waivers to
4 special government employees and regular federal
5 employees who have potential financial conflicts
6 when it is determined that the agency's need for a
7 special government employee's services outweighs
8 his or her potential financial conflict of
9 interest, or when the interest of a regular federal
10 employee is not so substantial as to be deemed
11 likely to affect the integrity of the services
12 which the government may expect from the employee.

13 Related to the discussions of today's
14 meeting, members and temporary voting members of
15 this committee have been screened for potential
16 financial conflicts of interest of their own, as
17 well as those imputed to them, including those of
18 their spouses or minor children, and for purposes
19 of 18 U.S.C. Section 208, their employers.

20 These interests may include investments,
21 consulting, expert witness testimony, contracts,
22 grants, CRADAs, teaching, speaking, writing,

1 patents and royalties, and primary employment.

2 The agenda involves discussion of the
3 "Guidance for Industry: Diabetes Mellitus,
4 Evaluating Cardiovascular Risk in New Antidiabetic
5 Therapies to Treat Type 2 Diabetes" and the
6 cardiovascular risk assessment of drugs and
7 biologics for the treatment of type 2 diabetes
8 mellitus.

9 This is a particular matters meeting during
10 which general issues will be discussed. Based on
11 the agenda for today's meeting and all financial
12 interests reported by the committee members and
13 temporary voting members, no conflict of interest
14 waivers have been issued in connection with this
15 meeting. To ensure transparency, we encourage all
16 standing committee members and temporary voting
17 members to disclose any public statements that they
18 have made concerning the topic at issue.

19 With respect to FDA's invited industry
20 representative, we would like to disclose that
21 Dr. Scott Wasserman is participating in this
22 meeting as a non-voting industry representative,

1 acting on behalf of regulated industry.
2 Dr. Wasserman's role at this meeting is to
3 represent industry in general and not any
4 particular company. Dr. Wasserman is employed by
5 Amgen.

6 We would like to remind members and
7 temporary voting members that if the discussions
8 involve any other topics not already on the agenda
9 for which an FDA participant has a personal or
10 imputed financial interest, the participants need
11 to exclude themselves from such involvement, and
12 their exclusion will be noted for the record.

13 FDA encourages all other participants to
14 advise the committee of any financial relationships
15 that they may have regarding the topic that could
16 be affected by the committee's discussion. Thank
17 you.

18 DR. WILSON: Next, we're going to hear from
19 Dr. William Chong from the FDA, with his
20 introductory remarks.

21 **FDA Introductory Remarks - William Chong**

22 DR. CHONG: Thank you, Dr. Wilson.

1 So welcome to our second day. I hope
2 everyone had a good night's sleep and was able to
3 think about all the interesting perspectives,
4 opinions, questions and answers we heard yesterday.

5 I think it's worth taking a few minutes to
6 reorient ourselves to the guidance and what we're
7 here to talk about today. As we discussed
8 yesterday, 10 years ago, there was a concern.
9 There was concern that diabetic drugs increased
10 cardiovascular risk, ultimately leading to the
11 publication of this guidance. And over the last 10
12 years, we've generated a lot of data, as we've
13 heard yesterday, and learned a lot.

14 The question now before us is do we still
15 have that same concern, and as we go into our
16 discussion topics and our question, I think that's
17 something that we should keep in the forefront as
18 we think about what is the appropriate way to move
19 forward. And as a reminder, our authority to
20 require these trials in the postmarketing setting
21 is based upon a safety concern.

22 For these glucose lowering drugs, if we have

1 a concern, we can require these trials, but over
2 the last 10 year, we've been requiring the trials
3 of all diabetic products because of an overall
4 potential concern that was discussed 10 years ago.
5 So with that in mind, I think it's worth going
6 through the discussion topics and the question. As
7 we hear from our public speakers, I believe we will
8 have some time for additional clarifying questions
9 to the FDA. And then as you move into the
10 discussion, it's worth keeping all those things in
11 mind.

12 As I mentioned, today we'll be going through
13 our public comments, so the open public hearing
14 will follow, and then we'll get to the meat of the
15 matter and get to your discussion. And we'll look
16 forward to hearing all of your thoughts and
17 recommendations as we finish the day. So for the
18 first discussion topic, again, we want to hear your
19 opinions on the impact of the recommendations of
20 the guidance on the assessment of cardiovascular
21 risk for drugs indicated to improve glycemic
22 control in patients with type 2 diabetes.

1 For the second discussion topic, we're
2 looking to hear your opinions on the
3 recommendations described in the guidance,
4 specifically the establishment of an adjudication
5 committee, inclusion of patients at high risk; the
6 specific goalposts, as they are described; the
7 inclusion of 1.8 prior to approval and 1.3
8 afterwards. We also want to hear from you on
9 whether cardiovascular safety findings from certain
10 members, or a single member, or however many should
11 or should not be applied to all members of a drug
12 class.

13 The last question is going to be a voting
14 question. And as I mentioned, the guidance
15 provided recommendations on excluding unacceptable
16 cardiovascular risk for all new therapies. And as
17 I said, this was based on a potential concern that
18 was discussed in 2008.

19 So moving forward, the question we are
20 posing to you is, should an unacceptable increase
21 in cardiovascular risk be excluded for all new
22 drugs to improve glycemic control in patients with

1 type 2 diabetes regardless of the presence or
2 absence of a signal of risk in the development
3 program? And when we get to your vote and your
4 answers, we'll really be looking to hear the
5 discussion part of it.

6 If you vote yes, we are interested in what
7 changes you would recommend as well as the reasons
8 behind those recommendations, and what you think
9 would be appropriate, and at what time in the
10 development program it should be conducted
11 pre-approval and post-approval. If you vote no, we
12 want to hear in your discussion what might
13 constitute a signal of risk that would warrant
14 additional data collection, whether it be a
15 cardiovascular outcomes trial or other forms of
16 cardiovascular risk assessment.

17 So I am looking forward to hearing all of
18 your thoughts, and I'm looking forward to hearing
19 from the open public hearing speakers as well, and
20 I'm looking forward to a productive meeting today.
21 Thank you again for all of your service, and we
22 appreciate your input.

Open Public Hearing

1
2 DR. WILSON: Thank you. Now we're moving to
3 the open public hearing session, and we have
4 introductory remarks that I'll voice now.

5 Both the Food and Drug Administration and
6 the public believe in a transparent process for
7 information gathering and decision making. To
8 ensure such transparency at the open public hearing
9 session of the advisory committee meeting, the FDA
10 believes that it is important to understand the
11 context of an individual's presentation. For this
12 reason, FDA encourages you, the open public hearing
13 speaker, at the beginning of your written or oral
14 statement to advise the committee of any financial
15 relationship that you may have with industry.

16 For example, this financial information may
17 include industry's payment of your travel, lodging,
18 or other expenses in connection with your
19 attendance at the meeting. Likewise, FDA
20 encourages you at the beginning of your statement
21 to advise the committee if you do not have any
22 financial relationships. If you choose not to

1 address this issue of financial relationships at
2 the beginning of your statement, it will not
3 preclude you from speaking, however.

4 The FDA and this committee place great
5 importance in the open public hearing process. The
6 insights and comments provided can help the agency
7 and this committee in their consideration of the
8 issues before them. That said, in many instances
9 and for many topics, there will be a variety of
10 opinions. One of our goals today is for this open
11 public hearing to be conducted in a fair and open
12 way where every participant is listened to
13 carefully and treated with dignity, courtesy, and
14 respect -- final words -- therefore, please speak
15 only when recognized by the chair, and thank you
16 for your cooperation.

17 I will let you know in advance, we have what
18 looks like on the list, 8 speakers, 7 or 8; it
19 keeps getting revised. I apologize. There will
20 be between 3 and 20 minutes, the times that they've
21 requested, so there will be varying durations.

22 Why don't we start with speaker number 1?

1 If you would come to the podium, please remember to
2 introduce yourself and any affiliations or
3 sponsorship, et cetera. Thank you.

4 MS. CARRACHER: Good morning, and thank you
5 to the chairperson, committee, and FDA for the
6 opportunity to speak on a critical issue for people
7 with diabetes. My name is Anne Carracher, and this
8 is Martin Kurian. We're speaking as
9 representatives of Close Concerns, a healthcare
10 information company that aims to improve patient
11 outcomes and making everyone smarter about diabetes
12 and obesity. Inevitably and increasingly, this
13 also involves research and writing on
14 cardiovascular disease. We attend nearly 40
15 scientific meetings per year on diabetes. For
16 disclosure, multiple for-profit and nonprofit
17 organizations in diabetes and obesity subscribe to
18 our fee-based newsletter called Closer Look.

19 There's no denying that CVOTs has improved
20 our understanding of diabetes therapies, but 10
21 years after the guidance was put in place, what can
22 we learn about trial design from 26 completed and

1 ongoing CVOTs? For one, we ask whether endpoints
2 might be reconsidered. For example, evidence from
3 SGLT2 CVOTs supports benefit on heart failure and
4 renal outcomes, two areas of high unmet need, and
5 this evidence has given rise to other dedicated
6 outcome studies, including 4 in heart failure and 3
7 CKD. There's also evidence for renal benefit with
8 GLP-1 agonists.

9 As Dr. Sabatine suggested yesterday, is it
10 time to reassess the outcomes we care about and the
11 way we evaluate them? Based on the available data,
12 there might be reason to believe that more
13 adoptable outcome trial design can yield more
14 useful information for patients and providers. How
15 can the field get to the most important safety and
16 efficacy data faster while retaining quality and
17 still keeping the data relevant to heterogeneous
18 populations of today?

19 MR. KURIAN: The design and conduct of CVOTS
20 could also warrant further discussion in several
21 areas. Trial setup, patient enrollment and data
22 monitoring are all resource, personnel, and time

1 intensive. As detailed yesterday, trials can be
2 streamlined for efficacy while maintaining
3 randomization. The ongoing development of remote
4 monitoring and mobile health technologies can
5 enable simplified patient contact procedures.
6 Similarly, pragmatic designs with fewer sites and
7 less intensive data monitoring on events of lower
8 interest can all significantly reduce the cost of
9 demonstrating CV safety. Like many, we'd love to
10 see trials reflect the heterogeneous population of
11 diabetes patients. We are hopeful more can be done
12 toward that end.

13 A step further, we believe that the rise of
14 real-world data programs and the emergence of
15 so-called big data technologies over the past few
16 years should be taken into consideration. With the
17 CVD-REAL program, for example, AstraZeneca has
18 built a database of over 600,000 patients to assess
19 the real-world safety and efficacy of SGLT2
20 inhibitors.

21 Could there also be a role for registries to
22 reinforce or simplify safety? For example, the

1 Center for Devices and Radiological Health has set
2 up NEST, a standardized real-world data collection
3 system for medical technology with the goal of
4 ensuring patient safety and also measuring
5 outcomes. Additionally, companies are starting to
6 use data from completed trials to run virtual
7 studies in specific populations.

8 Could there be a role for this type of
9 modeling and machine learning? This question in
10 particular has elicited strong and divergent
11 opinions.

12 MS. CARRACHER: Finally, in an era where
13 two classes of diabetes drugs have demonstrated the
14 ability to reduce cardiovascular events, the
15 continued use of placebo-controlled, or rather
16 standard-of-care controlled CVOTS, should be
17 reconsidered. Recently, Dr. Steven Nissen said at
18 Keystone 2018 that the diabetes field is rapidly
19 approaching the end of the placebo-controlled era.
20 He explained how Novartis' heart failure drug,
21 Entresto, was required by FDA to demonstrate
22 benefit against ace inhibitors rather than placebo.

1 Well, GLP-1's and SGLT2's unfortunately have
2 not become the standard of care for the vast
3 majority of patients. The field should strive to
4 save, lengthen, and improve as many lives as
5 possible, including in long-term RCTs. What would
6 that do to trial requirements overall?

7 We look forward to the rest of the day's
8 discussion, and thank you again for the opportunity
9 to raise several questions toward the end of
10 improving lives further for patients in the system.

11 DR. WILSON: Thank you very much. Next
12 we'll hear from speaker number 2. Please come to
13 the podium, introduce yourself and any organization
14 you represent.

15 MR. GOUGH: Mr. Chairman and committee
16 members, my name is Stephen Gough, and I am the
17 global chief medical officer for Novo Nordisk. On
18 behalf of the company, I am grateful for the
19 opportunity to provide our perspectives on the
20 evaluation of cardiovascular risk, of new
21 antidiabetic therapies to treat people with type 2
22 diabetes. Here are my disclosures.

1 Novo Nordisk is a global healthcare company
2 with 95 years of pioneering, innovation, and
3 leadership in diabetes care. We have R&D centers
4 in the U.S., Denmark, India, the UK, and China, and
5 conduct clinical research in 56 countries. Our
6 ambition is to discover and develop better
7 biological medicines to make them accessible to
8 people with diabetes all over the world.

9 Novo Nordisk has developed five new diabetes
10 medicines that have been approved by the FDA in the
11 last four years. Our medicines are available in
12 over 170 countries worldwide, and we currently
13 supply around half of the world's insulin.

14 In recent years, Novo Nordisk has conducted
15 seven large comprehensive clinical trial programs,
16 as can be seen on this slide, on both novel
17 insulins on GLP-1 receptor agonists. As part of
18 this program, underlined with the 2008 FDA guidance
19 on the evaluation of cardiovascular risk, we have
20 also conducted and completed both pre-approval and
21 post-approval cardiovascular safety studies.

22 The ongoing oral semaglutide program

1 includes PIONEER 6, a pre-approval CVOT in over
2 3,000 people. Looking at completed CVOTS within
3 these programs, I would like to briefly discuss
4 LEADER and SUSTAIN 6 with specific focus on trial
5 design and execution.

6 As a reminder, LEADER and SUSTAIN 6 was
7 designed to evaluate cardiovascular risk for
8 liraglutide and semaglutide, respectively. And
9 here you see the Kaplan-Meier plots for events over
10 time for both. The LEADER trial, shown on the
11 left, was a CVOT designed and conducted to
12 determine the effect and long-term safety of
13 liraglutide versus placebo, both used in addition
14 to standards of care for diabetes and
15 cardiovascular disease. Not only did the LEADER
16 trial demonstrate cardiovascular safety, but also
17 that liraglutide was superior to placebo with
18 respect to the primary endpoint, which was time to
19 first adjudicated 3-component major adverse
20 cardiovascular event or MACE.

21 The trial randomized 9,340 patients with a
22 median observation period of 3.8 years. In

1 addition to the assessment of cardiovascular
2 outcomes, LEADER importantly also included
3 prespecified endpoints for glycemic control,
4 diabetic nephropathy, and patient-reported
5 outcomes. SUSTAIN 6, shown on the right, was a
6 dedicated CVOT, which established the
7 cardiovascular safety of semaglutide. It was a
8 two-year trial including 3,297 randomized patients
9 with type 2 diabetes at high cardiovascular risk.

10 Again, the primary endpoint was timed from
11 randomization to first occurrence of an adjudicated
12 3-component composite MACE. SUSTAIN 6 also
13 demonstrated a statistically significant 26 percent
14 reduction in MACE with semaglutide. In addition,
15 it had as a secondary objective to serve as a
16 long-term safety and efficacy trial in the
17 semaglutide development program and included
18 secondary endpoints of time to first microvascular
19 event.

20 Both LEADER and SUSTAIN 6 were designed to
21 ensure not just that the trials were adequately
22 powered for the primary endpoint, but also so that

1 meaningful, unambiguous interpretation of the data
2 could be made. The design therefore included
3 prespecification of the components of MACE in
4 accordance with the 2008 guidelines. In addition,
5 in the LEADER trial, which was larger and of longer
6 duration, not only was MACE prespecified but so,
7 too, was both noninferiority and superiority with
8 statistical hierarchical testing.

9 With respect to conduct of the randomized
10 blinded-controlled trial, it was governed by a
11 steering committee and an independent data
12 monitoring committee. Moreover, prospective event
13 adjudication was performed by an independent
14 blinded external committee. Based upon the design,
15 conduct, and ability to derive meaningful
16 interpretation of the results, Novo Nordisk
17 recommends that this level of scientific rigor
18 should be maintained in future guidelines for the
19 demonstration of safety and efficacy in outcome
20 trials.

21 Turning now to patient retention, the FDA
22 published its perspective on the prevention and

1 treatment of missing data in clinical trials in
2 2012. It stated that in almost 30 years of review
3 experience, the issue of missing data in clinical
4 trials has been a major concern because of its
5 potential impact on the inferences that can be
6 drawn from a study.

7 It went on to state, this analysis and
8 interpretation of a study poses a major challenge,
9 and the conclusions become more tenuous as the
10 extent of missingness increases. Clearly the best
11 approach to missing data is prevention, which is
12 also a major consideration for Novo Nordisk in all
13 its trials.

14 As you can see from the right side of this
15 slide, the completer rates were high in both LEADER
16 and SUSTAIN 6 with vital status also available in
17 over 99 percent of all study subjects. Achieving a
18 high rate of retention for both trials was driven
19 by supported, engaged, and motivated patients.
20 Appropriate selection of centers with dedicated
21 investigators, nurses, study coordinators, and a
22 high level of engagement from Novo Nordisk

1 employees were also important.

2 Specifically, we focused on some key areas,
3 including the provision of clear diabetes education
4 and trial related information throughout the trial.
5 We established a forum for the sharing of best
6 practices and also set up patient support groups of
7 patients and their caregivers.

8 Future discussions surrounding the design,
9 execution, analysis, and interpretation of all
10 trials need to take into consideration the
11 importance of missing data and its avoidance. This
12 should include, for example, not just large outcome
13 trials, but also those planned to generate
14 real-world data in local and broader populations.

15 For future revisions to the guidance, Novo
16 Nordisk believes there are three scenarios that
17 should be considered. The first scenario is if
18 there is no suspicion of a cardiovascular safety
19 risk based on nonclinical and phase 2 and phase 3
20 randomized clinical trials, cardiovascular safety
21 should be handled in the same way as is done for
22 all other safety signals, including cancer; that

1 is, based on rigorous collection of high-quality
2 data in randomized phase 2 and phase 3 clinical
3 trial programs.

4 The second scenario would be if there is a
5 safety signal, then a well executed randomized
6 controlled clinical outcomes trial with high rates
7 of retention should be required in either the
8 pre-approval or post-approval setting.

9 The third scenario would be demonstrating
10 cardiovascular efficacy, and Novo Nordisk believes
11 future revisions to the guidance should provide
12 further information on how to establish
13 cardiovascular efficacy. We would also advocate
14 this event adjudication of events beyond the
15 primary outcome should only be required if a
16 specific safety area is identified.

17 Finally, it would also be helpful for the
18 guidance to include additional information on the
19 level of evidence required for clinically relevant
20 confirmatory secondary endpoints to be allowed into
21 labeling. These could include, for example,
22 chronic kidney disease, patient-reported outcomes,

1 and heart failure. We believe that clinically
2 important results should be translated into product
3 labels for the benefits of patients based on
4 scientific rigorous trial design and robust
5 conduct.

6 To conclude, Novo Nordisk is committed to
7 reduce the burden of diabetes and its complications
8 by focusing on the development of more effective
9 and safe therapies with benefits beyond A1C such as
10 benefits on complications, including cardiovascular
11 disease.

12 To this end and accepting some of the
13 challenges now being faced in long-term outcome
14 trials, we would like to see guidance to reflect
15 the need for robust and rigorous trial design of
16 all outcome trials, including cardiovascular
17 outcomes trials. However, we support the view that
18 the need for outcomes trials should be based upon
19 the detection of a safety signal during the
20 preclinical and phase 2/phase 3 program and should
21 be handled in a similar manner for all safety
22 signals.

1 We would welcome clear guidance on the level
2 of evidence required to demonstrate safety and
3 efficacy in order that once achieved, this can be
4 translated into a product label. Thank you again
5 for providing Novo Nordisk with the opportunity to
6 speak to this important discussion.

7 DR. WILSON: Thank you very much. We're now
8 hear from speaker number 3. Please approach the
9 podium, introduce yourself, and any organization
10 you represent.

11 DR. SRINIVASAN: Thank you for the
12 opportunity to speak today. My name is Dr. Varuna
13 Srinivasan. I'm a physician with a master of
14 public health from Johns Hopkins University. I'm a
15 senior fellow of the National Center for Health
16 Research, which analyzes scientific and medical
17 data to provide objective health information to
18 patients, health professionals, and policy makers.
19 We do not accept funding from drug and medical
20 device companies, so I have no conflicts of
21 interest.

22 Thirty million Americans have type 2

1 diabetes and 56 percent of this population takes
2 oral medication to try to keep it under control.
3 As everyone here knows, there have been
4 controversies in the past about the safety and
5 effectiveness of some diabetes medication, and
6 that's why it is so important to specifically
7 evaluate the cardiovascular risks of new drugs.
8 Evaluation of medication in high-risk populations
9 is extremely important to provide physicians and
10 patients with vital data to help them make informed
11 treatment decisions.

12 Yesterday, Dr. Ratner suggested that funds
13 around these cardiovascular outcome trials can be
14 better allocated elsewhere. That reminded us that
15 the exact same suggestion was made by many experts
16 when the NIH decided to study the effects of
17 hormone replacement therapy for postmenopausal
18 women more than two decades ago.

19 The experts all said, we know hormone
20 therapy helps women feel young and healthy, so the
21 funding that would be used to study what we already
22 know would do more good elsewhere. But much to

1 everyone's shock, the Women's Health Initiative
2 study found the hormone therapy has serious risks
3 that outweighed the benefits for postmenopausal
4 women. The study was stopped early, prescriptions
5 reduced dramatically, and the research has been
6 credited with saving thousands of women's lives.
7 That's why clinical trials and other types of solid
8 scientific research are so important.

9 We discussed these research issues yesterday
10 with Dr. Rita Redberg, who is a nationally
11 respected cardiologist as well as the editor for
12 JAMA Internal Medicine. She stated that it isn't a
13 good idea to rely on previous studies, especially
14 ones that are several years old because the
15 treatment of diabetes and cardiovascular disease
16 have changed so much and will continue to change in
17 the years to come. She pointed out that the
18 cardiovascular disease is the leading cause of
19 death in patients with diabetes.

20 As is true for the women's hormones study,
21 requiring solid evidence instead of relying on what
22 we think we already know could save thousands of

1 lives. While past studies did not demonstrate a
2 substantial increase in cardiovascular events, we
3 cannot conclude that these drugs would not show
4 increased risk under different conditions nor can
5 these studies be extrapolated to new drugs even if
6 they are on the same class.

7 The results of clinical trials can be
8 greatly affected by the type of trial, the type of
9 patients, other dietary and treatment issues, and
10 the endpoints studied. It is also very important
11 to note that the previous cardiovascular outcome
12 trials found a statistically significant increased
13 risk of hospitalization due to heart failure. This
14 risk was identified in part because of the
15 high-risk population studied.

16 I would like to emphasize again that there
17 is much we still need to learn about cardiovascular
18 risks associated with this class of drugs. The
19 2008 guidelines allow for approval of drugs with
20 high increase in the relative risk for
21 cardiovascular events. Drugs could potentially
22 increase risk by as much as 80 percent and still be

1 approved.

2 Diabetes itself is associated with micro and
3 macrovascular risk factors. If the FDA would
4 approve drugs that exacerbate these consequences,
5 patients would be more likely to be seriously ill
6 and to die. Changing the premarket requirements
7 for the potentially high risk of up to 80 percent
8 increased risk to get approval, to instead make
9 cardiovascular outcome trials no longer, mandatory
10 can lead to potentially dangerous consequences.

11 I hope you will agree that it will be
12 impossible to justify recommending doing away with
13 clinical trials in order to save drug companies the
14 cost of clinical trials. In summary, the current
15 guidance holds the industry accountable and
16 responsible in establishing possible cardiovascular
17 risk associated with their medications, medications
18 that will provide enormous profits for those
19 companies due to a large number of patients with
20 diabetes.

21 We urge the committee to keep and preferably
22 strengthen the guidance for industry in the

1 evaluation of cardiovascular risks in new
2 antidiabetic drugs rather than doing away with the
3 requirement to test for these dangerous outcomes.
4 Thank you.

5 DR. WILSON: Thank you very much. Now I'll
6 hear from speaker number 4. Please introduce
7 yourself and any organization you represent.

8 MS. FITTS: Good morning. We are all here
9 to improve the lives of people with diabetes. My
10 name is Emily Fitts, and I am speaking on behalf of
11 the diaTribe Foundation, a 501(c)(3) nonprofit
12 organization founded on that exact mission. We aim
13 to help people with diabetes live happier,
14 healthier, and more hopeful live and to advocate
15 for action.

16 Although over one 1.5 million people have
17 visited diatribe.org in the past 12 months and
18 nearly 200,000 people receive our weekly
19 newsletter, it goes without saying that the
20 diaTribe Foundation does not represent all people
21 with diabetes. As many of you emphasized
22 yesterday, this is a very heterogeneous population,

1 and we are honored to have the opportunity to
2 elevate the voice of people with diabetes
3 nationally.

4 By way of disclosure, there are multiple
5 for-profit and nonprofit organizations that donate
6 to our foundation, including several that have
7 taken on CVOTs. The diaTribe Foundation fully
8 supported my travel to this meeting, and our full
9 disclosures can be found on our website.

10 We at the diaTribe Foundation want to
11 express great appreciation for FDA's commitment to
12 incorporate patient input, representation, and
13 participation. Thank you for prioritizing this
14 important issue and for bringing together this
15 extraordinary group to examine our collective
16 efforts to improve the lives of people with
17 diabetes.

18 Over the past 10 years, we have learned a
19 great deal from CVOTs that we probably would not
20 have learned otherwise. In particular, these
21 trials and subsequent findings have been crucial in
22 raising awareness of cardiovascular risk in people

1 with diabetes and in significantly improving safety
2 data beyond cardiovascular events.

3 It was not until I experienced watching the
4 live readouts of the LEADER trial during ADA
5 scientific sessions in New Orleans, on my 6th day
6 on the job in 2016, that I began to understand the
7 connections between diabetes and cardiovascular
8 disease. In fact, when my grandmother, who has had
9 relatively well controlled type 2 diabetes for over
10 two decades, had a minor heart attack last fall,
11 none of my family members nor her doctors in the
12 hospital attributed the event to her diabetes.

13 Our current culture does not promote a focus
14 on heart disease stemming from diabetes, but the
15 FDA has the opportunity to dramatically reduce CV
16 risk, and as a result of the 2008 guidance, the bar
17 is now much higher for diabetes therapies.

18 The mandate was undoubtedly very well
19 intentioned. Those who developed it clearly had
20 people with diabetes in mind. The full execution
21 on such an ambitious, wide-reaching initiative,
22 however, was bound to have some unintended

1 consequences. Most concerningly as a population,
2 people with diabetes are not doing substantially
3 better 10 years later, particularly in terms of
4 access to these effective new therapies. Only
5 4 percent of people with type 2 diabetes take GLP-1
6 agonists and only 7 percent take SGLT2 inhibitors,
7 according to a study published in Diabetes Care
8 last year.

9 One reason that outcomes haven't changed,
10 despite this new knowledge of cardiovascular and
11 renal benefits, is that still only a small minority
12 of people with type 2 diabetes are taking these
13 medications. Reducing costs associated with
14 conducting CVOTs could allow more money to be
15 allocated to improving access, which would increase
16 the number of people who are able to benefit from
17 significant therapy improvements prompted by the
18 FDA's mission to quote, "make medical products more
19 effective, safer, and more affordable."

20 We understand the FDA does not have direct
21 authority to determine pricing or reimbursement
22 decisions, but the agency's unparalleled commitment

1 to prioritizing both innovation and access have
2 substantial influence on other stakeholders. FDA
3 plays a major role in impacting the 11 percent of
4 people with diabetes who are lucky enough to take
5 GLP-1 and SGLT2 medications, but there is more work
6 to do to increase this number.

7 This is a multidisciplinary problem that
8 requires a multi-stakeholder approach in order to
9 achieve the results that the field is striving for.
10 As Dr. John Buse wisely commented during the 2017
11 Keystone meeting, I think it is immoral that as a
12 society, we mandate a certain set of trials be done
13 from a regulatory perspective and then not require
14 that insurance companies cover these drugs if
15 they're shown to reduce mortality. We're not
16 talking about reducing toenail fungus; we're
17 talking about reducing mortality.

18 We look forward to working with the FDA as
19 it continues to discuss factors that could help
20 enable greater success and wellbeing in the health
21 of people with diabetes. Thank you.

22 DR. WILSON: Thank you very much. Next,

1 we'll hear from speaker number 5. Please introduce
2 yourself and any organization you represent.

3 DR. BJORK: Thank you for the opportunity to
4 speak today. My name is Elizabeth Bjork. I head
5 up cardiovascular, renal, and metabolism
6 development at AstraZeneca. I'm also an
7 endocrinologist by training and associate professor
8 in medicine, and I spent 15 years taking care of
9 patients with diabetes before joining industry.

10 Today, I will discuss the FDA's guidance for
11 evaluating cardiovascular risk in patients with
12 type 2 diabetes; ways to make CVOTs broader and
13 more relevant to patients needs, looking at both
14 endpoints and patient populations; as well as
15 alternatives to do traditional CVOTs for evaluation
16 of cardiovascular safety and efficacy more
17 efficiently.

18 The FDA guidance mandating cardiovascular
19 safety studies for all antidiabetic drugs was
20 established in 2008 after post-approval
21 meta-analysis suggested that the drug rosiglitazone
22 was associated with harmful cardiovascular effects.

1 Since then, the data on cardiovascular outcomes
2 with rosiglitazone have been reevaluated, and FDA
3 has determined that rosiglitazone is not associated
4 with any statistically significant increase in
5 cardiovascular risk.

6 Results have been published for 9 CVOTs
7 antidiabetic drugs that were initiated following
8 the FDA guidance, and you can see them here on the
9 right side. It is important to note that there
10 have not been any signal of increased
11 cardiovascular risk in the phase 3 program for any
12 of these antidiabetic drugs, and none of the CVOTs
13 showed an increased risk in MACE. In fact, 4 out
14 of the 9 studies showed a cardiovascular benefit
15 compared with placebo.

16 So taken together, this suggests that
17 there's little basis for assuming that antidiabetic
18 drugs as a rule increase cardiovascular risk.
19 Post-approval studies to establish cardiovascular
20 safety to therefore only be required when there is
21 a signal of cardiovascular risk in the preclinical
22 or clinical development program for the drug or in

1 any other drugs of the same class.

2 There are numerous antidiabetic drugs
3 available, and most patients with type 2 diabetes
4 in the United States are receiving treatment. But
5 despite this, many patients still have inadequate
6 glycemic control and increased risk of micro and
7 macrovascular complications. In addition to
8 cardiovascular disease, type 2 diabetes is closely
9 linked to other metabolic diseases and conditions
10 such as chronic kidney disease, heart failure, and
11 fatty liver disease, and these diseases and
12 conditions all have overlapping pathogenic
13 mechanisms.

14 So a need remains for antidiabetic therapies
15 that not only improve glycemic control and manage
16 HbA1C but also help prevent and treat these
17 comorbidities. But despite this and the fact that
18 cardiovascular disease and diabetes are the number
19 one and two threats to the U.S. population, fewer
20 and fewer large pharmaceutical companies are
21 developing drugs to treat type 2 diabetes and
22 cardiovascular disease.

1 In the past decade, some major
2 pharmaceutical companies, including
3 Bristol-Myers Squibb and GlaxoSmithKline, have
4 elected to divest or downsize their cardiovascular
5 or diabetes divisions. It's become increasingly
6 challenging to develop drugs for diabetes, both in
7 terms of scientific complexity and cost. To
8 develop better antidiabetic drugs that address the
9 unmet needs these patients have, barriers to
10 innovation need to be reduced and drug developers
11 need to be encouraged to return to this field.

12 Antidiabetic therapies can have effects that
13 impact not just glycemic control and Hb1C, but the
14 range of other comorbidities such as chronic kidney
15 disease, heart failure, fatty liver disease, and
16 NASH. In CVOTs, for assessing the CV safety of
17 antidiabetics, the recommended primary endpoint is
18 MACE, and that has been used in the study today,
19 including the 9 trials I previously showed you.

20 But MACE is not always the most important
21 preventable complication in patients with type 2
22 diabetes and other comorbidities, and a

1 one-size-fits-all approach to selecting endpoints
2 risk overlooking cardiovascular and other benefits
3 that may be more relevant to a patient population.

4 So when evaluating either cardiovascular
5 safety or cardiovascular benefits, tailoring the
6 cardiovascular endpoints and composites to the need
7 of a patient population, and most importantly to
8 the mechanism of action of the drug, could better
9 capture treatment goals and better characterize the
10 relevant cardiovascular effects of a drug.

11 The fact that many antidiabetics have
12 effects that impact the range of cardiovascular and
13 metabolic diseases also suggest that perhaps we
14 should rethink our approach to selecting study
15 populations in CVOTs, whether evaluating
16 cardiovascular safety or benefit.

17 Instead of selecting the patients, the study
18 population based on the type 2 diabetes indication
19 of a drug, selecting the study population based on
20 the mechanism of action of a drug could allow us to
21 evaluate the safety and benefit of that drug in a
22 broad population that is more likely to benefit

1 from the drug's effects.

2 For example, antidiabetic therapies that
3 ameliorate fibrosis or fat accumulation in the
4 liver could provide benefit to patients who have
5 NASH or fatty liver disease even if they don't have
6 type 2 diabetes, and these patients can be included
7 in trials alongside patients with diabetes.

8 We want our study populations to be as
9 representative as possible of the patients who may
10 later be treated with a drug in clinical practice.
11 Looking at the study populations or the SGLT2
12 inhibitor, CVOT -- and that's what you have on the
13 right-hand side -- even the study with the broadest
14 population, our declared study, it's only
15 representative of approximately 40 percent of the
16 U.S. patient population with type 2 diabetes. We
17 really need to reconsider our approaches to
18 selecting study populations.

19 In summary, to evaluate the benefit-risk
20 profile of a new antidiabetic drug, optimally, we
21 need to both broaden the study population and
22 consider a broader selection of endpoints and

1 composites.

2 Returning to the question at hand, when a
3 similar cardiovascular risk cannot be ruled out
4 based on the phase 3 program for antidiabetic
5 therapy conducting a CVOT is one alternative, but
6 we should consider alternatives to traditional
7 CVOTs for evaluating CV safety in a more pragmatic
8 and more efficient way. There are a variety of
9 ways to do that, such as studies using real-world
10 observational data, registry-based randomized
11 clinical trials, or pragmatic streamlined CVOTs.

12 Unlike most traditional clinical trials,
13 data from clinical registries are representative of
14 most patients, and these can increase the
15 generalizability and external validity of the
16 results. I want to emphasize that the methods used
17 should be selected based on factors such as the
18 strength of the cardiovascular risk signal and the
19 mode of action of the drug.

20 We have seen that antidiabetic drugs can
21 improve cardiovascular outcomes in patients with
22 diabetes, and we are only beginning to tap into

1 this potential. However, traditionally CVOTs are
2 large, long, costly, and complex, and risk factors
3 discourage patients and investigators from
4 participating and drive developers from investing
5 in CVOTs.

6 When an antidiabetic drug shows potential
7 for cardiovascular benefit and an indication is to
8 be sought, it is utterly important to provide
9 robust, randomized, unbiased evidence. One way to
10 do that is a traditional CVOT, but we should also
11 consider alternative study designs such as
12 pragmatic, streamlined CVOTs, registry based,
13 randomized clinical trials that can also provide
14 robust unbiased data that may have increased
15 real-world applicability compared with traditional
16 CVOTs but will significantly decrease cost and
17 complexity.

18 A CVOT for an antidiabetic drug would cost
19 around \$200 [million] to \$400 [million], meaning
20 that just the 9 CVOTs for antidiabetic drugs that
21 has been conducted today to prove cardiovascular
22 safety have cost us \$2.7 billion. We need to

1 encourage development of these drugs and more drugs
2 for patients with diabetes, but we need to be
3 smarter about how we invest these dollars to ensure
4 that we tap the full potential of recent scientific
5 development to help patients.

6 If we are to use more real-world data
7 sources to evaluate either cardiovascular safety or
8 benefit, more pragmatic methods of safety reporting
9 and revised regulations are needed. For example,
10 health authorities require reporting of suicides,
11 suspected, unexpected, serious adverse reactions
12 within a certain time frame. Suicide reporting
13 includes an assessment of seriousness and causality
14 by the investigator, neither of which are readily
15 available for events derived from wayward data
16 sources.

17 One way to streamline CVOTs is to change our
18 approach to endpoint adjudication. Centralized,
19 external adjudication of CV endpoints has generally
20 been recommended with the attention of reducing
21 bias and increasing accuracy, but external
22 adjudication of endpoints may not actually impact

1 study results in any meaningful way.

2 The figure on the right shows a Cochrane
3 meta-analysis of 47 randomized-controlled studies
4 where outcomes have been assessed both on site and
5 by external adjudicators. Treatment effect
6 estimates for each study or generally similar
7 regardless of whether endpoints were assessed on
8 site or by external adjudicators, and the analysis
9 suggested that adjudication may mainly be of value
10 in an unblinded study, which you have on the
11 bottom here.

12 External adjudication of endpoints in CVOT
13 is complex, time-consuming, and costly.
14 Adjudication can cost anywhere from \$5 [million] to
15 over \$50 million for a single CVOT. So using
16 investigator-assessed endpoints in double-blind
17 trials is an opportunity to reduce cost and
18 complexity without increasing the risk of bias.

19 In cases when external adjudication of
20 endpoints is warranted, automated adjudication also
21 using machine learning are new methods being
22 developed that in the future could be more

1 efficient alternatives.

2 In conclusion, conducting CVOTs to evaluate
3 the cardiovascular safety of antidiabetic therapies
4 should no longer be a requirement. Patients with
5 type 2 diabetes are not adequately treated with
6 respect to HBA1C and suffer from comorbidities in
7 addition to their diabetes. We need to reduce
8 barriers to innovation and encourage development or
9 new treatments to meet the needs of these patients.

10 To do so and to make studies more relevant
11 to patients, alternative endpoints to MACE and
12 alternative approaches to selecting study
13 populations should be considered in CVOTs. We
14 should also consider streamlined and altogether
15 different study designs as options for evaluating
16 both cardiovascular safety and benefit.

17 In the past decade, we have gained a better
18 understanding of the comorbidities and pathogenic
19 mechanism of diabetes, and we have seen real
20 scientific and technology progress that has made it
21 a possibility to address many of these needs of
22 patients with diabetes. To make that happen, we

1 need to make use of what we have learned and where
2 science and technology have taken us, and to ensure
3 innovation and continued investment in antidiabetic
4 drugs, we need to be much smarter about how we
5 evaluate CV benefit and safety. Thank you for
6 listening.

7 DR. WILSON: Thank you very much. Now we'll
8 hear from speaker number 6. Please identify
9 yourself and any organization you represent.

10 DR. EDELBERG: Good morning. I'm Jay
11 Edelberg, physician scientist, internist, and
12 cardiologist. I'm here today on behalf of Sanofi,
13 a leading global healthcare company that develops
14 and distributes new therapies, including products
15 for diabetes. I'd like to offer Sanofi's
16 perspective on the FDA position articulated in the
17 2008 guidance on evaluating cardiovascular risk in
18 new therapies for type 2 diabetes. The statement
19 today outlines and accompanies our written comment,
20 which Sanofi submitted to the docket this week.

21 Sanofi appreciates that FDA recognizes,
22 through holding this meeting and establishing a

1 public docket, that it is time to revisit FDA's
2 current approach to cardiovascular risk in type 2
3 diabetes drugs that, as a condition of approval,
4 sponsors of all new type 2 diabetes therapies
5 conduct extensive pre and post-approval assessments
6 to ensure that new products do not pose
7 cardiovascular risk.

8 While the FDA has articulated their approach
9 in guidance, in practice, these studies have become
10 a de facto blanket requirement. For the past 10
11 years, with little exception, every drug product
12 indicated for type 2 diabetes has been required to
13 conduct these studies in a postmarketing setting.

14 Sanofi believes that it is time for FDA to
15 revise this blanket requirement as it relates to
16 antidiabetic drugs. Instead, we believe that FDA
17 should utilize a product-specific, risk-based
18 approach towards cardiovascular risk assessment,
19 similar to the approach taken in other disease
20 areas.

21 First, the scientific evidence shows no
22 evidence of heightened cardiovascular safety risk

1 for any of the multiple drugs or drug classes of
2 novel anti diabetics that were tested. Trials
3 conducted over the past 10 years, in over 14
4 antidiabetic products, enrolling over 200,000
5 patients, makes clear with a high degree of
6 certainty that these new widely prescribed
7 medications do not increase cardiovascular risk
8 even in patients with high baseline risk of
9 cardiovascular disease. Relative to other
10 therapeutic areas, there is no significant safety
11 risk for type 2 diabetes mellitus products.

12 Second, Sanofi believes that the FDA
13 currently has the statutory tools, expertise, and
14 technology to follow risk-based, targeted approach
15 to studying cardiovascular risk, to drugs, to treat
16 type 2 diabetes.

17 Pre-approval product-specific assessments,
18 the maturation of the Sentinel program, and
19 risk-based use of FDA's 505(3) authority are more
20 than sufficient to detect and respond to any
21 potential cardiovascular risk. FDA's use of a
22 risk-based approach has proven to be effective and

1 is consistent with the approach that FDA already
2 uses to evaluate a signal potential cardiovascular
3 risk for all new drugs.

4 Finally, there's an opportunity cost for
5 these required studies, discouraging further
6 research in type 2 diabetes and reducing patient
7 options for choice. Regulatory requirements are
8 routinely considered by companies when prioritizing
9 development projects and portfolios.

10 The size, complexity, and length of these
11 cardiovascular studies is demanding of the limited
12 resources within established multinational
13 companies and can be full and prohibitive for
14 small, innovative biotechnology firms. Instead,
15 FDA should be looking towards policies that
16 encourage innovation in new antidiabetics and
17 facilitate continued learning on drugs that are
18 already marketed. In other words, revising the
19 cardiovascular requirements will benefit patients.

20 In summary, Sanofi requests that FDA update
21 its practices with respect to the new type 2
22 diabetes therapies and adopt appropriate

1 product-specific, risk-based approaches towards any
2 required cardiovascular risk assessment in type 2
3 diabetes. Sanofi hopes that FDA finds these
4 comments to be helpful and looks forward to
5 continuing dialogue with FDA on this topic.

6 DR. WILSON: Thank you very much. Next,
7 we'll hear from speaker number 7. Please identify
8 yourself and any organization you represent.

9 DR. RIESMEYER: Good morning and thank you
10 for the opportunity to address the committee on
11 this important topic. My name is Jeff Riesmeyer.
12 My colleague is Dr. Angie Bethel. We're both
13 full-time employees for Eli Lilly and Company,
14 working in diabetes drug development. She's an
15 endocrinologist, and I'm a cardiologist. We've
16 each devoted the bulk of our careers to patients in
17 cardiovascular outcomes trials. Between us, we
18 have studied over 85,000 patients. I'll cover the
19 pros and cons of the 2008 CV safety guidance, then
20 Dr. Bethel will address our proposal for
21 improvement.

22 The 2008 FDA guidance on CV safety was a

1 thoughtful approach to the lack of sufficient
2 events to confidently assess CV safety in diabetes
3 drug applications. It provided a pathway to accrue
4 these events. As we look at 10 years of data, we
5 can see positive consequences of the guidance and
6 some less positive. Here's a list of benefits that
7 have been covered at length previously.

8 CV benefits, as the effects of new diabetes
9 therapies are better characterized than before;
10 newer agents have not been associated with an
11 increased risk of MACE; treatments that confer CV
12 benefits have been identified; and finally, robust
13 outcomes data have led to updated treatment
14 guidelines. But there are downsides. Many of them
15 have been covered.

16 This is one that I don't believe has, but I
17 think it's an important one, that their attempts to
18 implement the guidance have led to complicated
19 development schemes that are vulnerable to
20 unforeseen risks. Since this wasn't discussed
21 yesterday, I'm going to take you into the clinical
22 trial kitchen and show you how sausage is made.

1 The top of the figure is an idealized
2 version of how the guidance might work. This
3 scenario 1, adequate data would be generated in a
4 meta-analysis to provide a meaningful assessment
5 pre-approval. The studies would then be submitted,
6 and the CVOT would continue to discharge 1.3.

7 In reality, because few events are actually
8 captured in these phase 2/3 studies, the 1.8 hurdle
9 may not have been discharged through the
10 meta-analyses alone. This has led to complex
11 designs with interim analyses of ongoing CVOTs as
12 illustrated in scenario 2 in the bottom of the
13 slide. Early unblinding of CVOTs at these interims
14 has the potential for compromised trial conduct,
15 and interpretability with possible impact on trial
16 integrity delays the submission and even risks to
17 approval.

18 Speaking then to the 1.3 hurdle, as it was
19 highlighted yesterday and has been highlighted
20 today, every new drug has been studied in a large
21 CVOT whether or not a signal of risk existed
22 pre-approval. The guidance stipulates that the

1 primary assessment be a composite MACE endpoint, a
2 one-size-fits-all approach irrespective of the
3 molecular profile. With MACE rates of less than
4 6 percent per year, large studies are needed to
5 accrue the requisite number of events in a
6 reasonable period of time.

7 To date, over 190,000 patients have been
8 studied in type 2 diabetes mellitus CVOTs. A CVOT
9 may cost upwards of \$500 million. The question of
10 the impact of cost to the development came up
11 yesterday. To put this into perspective, we've
12 recently done the math in our own development
13 programs. The CVOT essentially doubles the cost of
14 a diabetes program. This money could be used to
15 fund a full phase 3 program and one of several
16 other therapeutic areas.

17 The cost of the guidance, then, are not only
18 measured in the billions of dollars spent but also
19 in opportunities not realized, including the impact
20 on patients, investigators, and regulators. For
21 large companies, financial tradeoffs mean that
22 funds may not be available to develop promising

1 molecules that address still unmet needs in
2 diabetes or other diseases like cancer. As we
3 understand from our colleagues and the public
4 documents attached to this meeting, at smaller
5 companies without access to necessary capital, the
6 guidance is an absolute barrier to entry,
7 preventing innovation.

8 So while the generation of longer term
9 outcomes data has benefited patients with type 2
10 diabetes mellitus, the tradeoffs have been
11 significant. There's a higher patient and
12 regulatory burden; increased complexity of
13 developmental programs and risks to approval;
14 larger studies leading to increase overall
15 development costs and longer timelines; research
16 and development reprioritization across all
17 therapeutic classes; and barriers entry that limit
18 innovation.

19 It's time to reassess our approach to the
20 safety of drugs for type 2 diabetes mellitus. We
21 advocate for a new paradigm. Yesterday,
22 Dr. Archdeacon mentioned another guidance. In

1 early 2008, prior to the advisory committee that
2 generated the CV document, a draft guidance on
3 diabetes drug development was issued by the FDA.

4 It appears that the long-range goal for this
5 guidance was to ultimately incorporate CV safety
6 concerns into one finalized diabetes development
7 guidance. So the FDA already has a tool in place
8 to direct sponsors in the new thoughtful assessment
9 of CV risk for new diabetes drugs.

10 Dr. Bethel will now cover our proposal on
11 how this guidance can be improved prior to being
12 finalized. Thank you for your attention.

13 DR. BETHEL: Thank you, Jeff, and thank you
14 for the opportunity to address the committee in
15 this public forum. As Jeff has suggested, we do
16 believe that the 2008 draft diabetes development
17 guidance can form a basis to inform a new paradigm
18 for the assessment of cardiovascular and other
19 safety risks in the development of drugs for type 2
20 diabetes.

21 The draft diabetes development guidance has
22 many strengths. Its phase 3 safety assessment

1 exceeds the ICH requirements for chronic therapies,
2 requiring at least 2500 exposures, 13[00] to 1500
3 of those for at least one year, and 300 to 500 for
4 at least 18 months.

5 The guidance specifies populations of
6 interest defined by ethnicity and by age, reminding
7 us of the importance of testing safety in geriatric
8 patients who may have altered renal function,
9 hypoglycemic unawareness, or other autonomic
10 dysfunction, or who may be exposed to drug
11 interactions with drugs used to treat other
12 conditions.

13 But perhaps most importantly, this guidance
14 defines a safety evaluation as one that should be
15 an iterative process based on prior experience; and
16 that experience is to be informed by preclinical
17 findings, the mechanism of action of the drug under
18 study, and any known toxicities either of that drug
19 or those previously defined for the class.

20 In order to address the described
21 deficiencies in the pre-2008 development programs
22 characterized by a paucity of cardiovascular

1 events, we believe that the draft guidance should
2 be strengthened by specifying inclusion of high
3 cardiovascular risk subgroups in the longer 12- to
4 18-month exposure groups.

5 We hope to work with the agency to clarify
6 best practices and strategies for detecting
7 cardiovascular safety signals using routine
8 pharmacovigilance techniques. We would continue to
9 support robust prospective ascertainment of events
10 using common event definitions and with independent
11 adjudication where appropriate.

12 We anticipate a continued need for the use
13 of composite outcomes to augment signal detection,
14 and we would encourage flexibility on a
15 case-by-case basis in defining the level of
16 unacceptable risk rather than having prespecified
17 thresholds for harm as has been demonstrated by the
18 1.3 and the 1.8 goalposts.

19 We believe that that threshold should be
20 informed by multiple inputs representing the best
21 totality of evidence at the time to include not
22 only the raw event numbers, but any modifications

1 of known risk factors or changes in relevant
2 biomarkers. And finally, we would like for the
3 guidance to affirm the need for an appropriate
4 cardiovascular safety evaluation, but without a
5 requirement to demonstrate cardiovascular benefit,
6 acknowledging that drugs that reduce blood glucose
7 do have utility independent of their impact on the
8 cardiovascular outcomes.

9 In the setting where a concerning safety
10 signal has been identified in the pre-approval
11 period, again, the drafts diabetes development
12 guidance offers us advice, specifying areas of
13 interest for all agents, including hypoglycemia,
14 interactions with other commonly used medications,
15 and to look for worsening of comorbid conditions.

16 The guidance qualifies the investigation of
17 safety signals, indicating that further studies
18 should occur in population enriched for risk and
19 that the timing of that investigation, whether it
20 is pre or post-approval, should depend on the
21 strength and nature of the signal and whether or
22 not that treatment offers a major therapeutic

1 advance.

2 Again, we would suggest that that guidance
3 could be further strengthened by adhering to the
4 principles of an individualized safety assessment;
5 that safety assessment to be directed by what is
6 known about the drug, the class, and the nature of
7 the safety signal. And we hope that we'll be able
8 to move beyond MACE as a primary outcome, whether
9 that means revising the components of MACE perhaps
10 to include heart failure, for example, or indeed
11 collecting MACE outcomes as secondary outcomes in
12 another long-term outcomes study that is under
13 conduct.

14 We would like to consider with the agency
15 alternative or multiple methodologies to collect
16 additional safety data, again, where appropriate,
17 moving beyond randomized-controlled trials, perhaps
18 to consider pragmatic or real-world studies that
19 maintain the principles of randomization or in
20 prospective registries where safety data can be
21 collected in large populations. And where they are
22 robust, we would advocate the use of electronic

1 health records to facilitate adverse event
2 reporting.

3 For absolute clarity, we do not wish to
4 return to the pre-2008 era where there was a
5 paucity of data available to adequately assess
6 safety signals, but we would advocate the
7 replacement of the current cardiovascular safety
8 assessment guidance with this diabetes development
9 guidance revised as described.

10 We believe the advantages of these revisions
11 would prevent unnecessary patient exposure to
12 long-term controlled studies for safety assessment
13 when no prior risk signal has been identified, and
14 where there is the presence of a concerning signal,
15 it would allow greater flexibility to develop a
16 fit-for-purpose safety assessment program, whether
17 for a cardiovascular signal or otherwise.

18 Under this revised guidance, the study
19 designs would be guided by prior knowledge,
20 including clinical findings, method of action, or
21 other molecule characteristics, allowing study in
22 more relevant populations and perhaps with more

1 relevant endpoints. We look forward to exploring
2 novel trial methodologies with the agency and using
3 focus safety event collection where it's
4 appropriate. We believe that under this guidance,
5 studies that were done would then allow freed
6 resources to be applied to further innovation in
7 the field.

8 We thank you for your attention today and
9 look forward to seeing how the guidance evolves.

10 DR. WILSON: Thank you very much. Next,
11 we'll have speaker number 8. Please introduce
12 yourself and any organization you represent.

13 MR. RENTZEPIS: Good morning. I want to
14 thank the FDA for the opportunity to speak on this
15 valuable and important policy for diabetes patients
16 and healthcare providers. My name is Peter
17 Rentzepis, and I speak as a patient advocate and
18 aspiring physician. We all can't thank the FDA
19 enough for assembling this meeting to discuss the
20 CVOT mandate.

21 In recent years, the FDA has made such
22 strides in better engaging patients, seeking their

1 input, and putting their concerns at the forefront
2 of decision making that directly affects them.
3 Everyone in this room wants the same thing. We all
4 want a more efficient system where money is spent
5 on the drugs that are really going to work so that
6 every patient has access to the most efficacious
7 and innovative therapies with the highest degree of
8 safety. However, it's clear that we haven't
9 reached this goal yet.

10 If everyone is okay with the status quo,
11 then we can all go home, but the status quo is not
12 acceptable, and I would like to posit to you that
13 the potential impact of modifying the CVOT mandate
14 extends far beyond an effect on industry.

15 Ten years ago, when I was 12 years old,
16 another aspiring doctor named Mark Yarchoan was
17 here for the original CVOT guidance meeting. Prior
18 to and during medical school at U Penn,
19 Dr. Yarchoan published five peer-reviewed articles
20 on diabetes and insulin resistance. Unfortunately,
21 despite these accomplishments, Dr. Yarchoan elected
22 to pursue a career in oncology, stating that

1 doctors in this field could help more patients
2 faster.

3 Indeed, a 2007 survey published in Endocrine
4 Practice by Mark, Kelly Close, and others
5 investigated why medical students are not choosing
6 to specialize in endocrinology. The first response
7 was a perceived inability to change or impact
8 patient behavior.

9 Certainly, although there are many complex
10 elements to diabetes care systems, expensive CVOTs
11 for therapies to which only few have access hasn't
12 improved the situation despite bringing very
13 valuable data to the field. As Dr. Ratner showed
14 yesterday, no safety signals have been found. As
15 such, I would request the FDA explore other
16 approaches, and I hope that those not here today
17 will have an opportunity to weigh in after the
18 vote.

19 Modifying the CVOT requirement to reduce the
20 burden of these trials and enable participation
21 from more manufacturers in the diabetes industry
22 would be a clear benefit from multiple

1 perspectives. It would incentivize bringing more
2 therapies to market from different manufacturers
3 and saved money could be put towards access
4 programs, and increasingly important element of
5 care for healthcare providers and patients.

6 Moreover, according to Dr. Yarchoan and
7 Kelly's survey, changing this practice of long CVOT
8 trials could have positive ripple effects that
9 address the shortage of endocrinologists in the
10 U.S. By modifying the CVOT mandate, you not only
11 invest in innovation and access, but also in the
12 future medical leaders who will treat patients with
13 diabetes and lead the field during increasingly
14 critical times.

15 As the diabetes epidemic continues growing,
16 the field needs the best and brightest, such as
17 Dr. Yarchoan, who now runs an immune oncology lab
18 as part of his faculty and clinician role at Johns
19 Hopkins. I thank you for considering all the
20 factors at play as you decide how to proceed on
21 CVOTs and whether there may be other ways to design
22 safety trials. We are so grateful for your help.

1 Thank you.

2 DR. WILSON: Thank you very much. Now, we
3 will hear from speaker number 9. Please introduce
4 yourself and any organization you represent.

5 MS. CLOSE: Good morning. My name is Kelly
6 Close, and I'm here representing dQ&A, a diabetes
7 and obesity market research firm that seeks to
8 bring patient insights to the field. By
9 disclosure, there are multiple manufacturers and
10 nonprofits, as well as other organizations in the
11 field that subscribe to dQ&A's service.

12 What a difference a decade makes. We
13 weren't here 11 years ago with many of you, and I
14 don't know how often people thank you, but you
15 deserve so much thanks. The FDA is so underfunded.
16 What you have done in the last 11 years in bringing
17 so many new therapies and opportunities to market
18 for patients is a really big deal. I don't know
19 how you have done it with such a small staff and
20 with so much complexity. We've heard a lot of
21 different things just this morning alone, a lot of
22 different opinions, and we're really grateful to

1 you in taking these opinions into account.

2 Eleven years ago, the guidance did come out
3 without input from the field. It was just a really
4 different time. Safety was -- there were really
5 tragic things going on, Vioxx, other controversial
6 things. It was a different safety field, and I
7 think we have certainly seen in diabetes over the
8 last 11 years a lot of really good safety data
9 come, and I'm grateful for that. But I think you
10 made some hard decisions 11 years ago, and I just
11 want you to know, on behalf of many patients, that
12 we're grateful for that. I've had diabetes over 30
13 years.

14 I think that now is a different time, and I
15 hope that when you all go away and put your heads
16 together, I hope that you are also willing to take
17 into account feedback from even other organizations
18 that weren't here today, and I hope that you give
19 time for the field to give you input and that you
20 don't give guidance that is final without seeking
21 input from the field.

22 So on that note, dQ&A published some data

1 earlier this year in clinical diabetes. This is
2 one thing that I wanted to tell you about this
3 morning. This was based on a study of
4 3450 patients, and really just sort of showed that
5 patients are pretty far from feeling successful
6 these days, and this was thousands of patients with
7 type 2 diabetes, taking insulin and not taking
8 insulin.

9 These patients shared their opinions that
10 were particularly poor results in terms of feeling
11 success in emotional wellbeing, complications,
12 burden of diabetes care, family relationships, and
13 social stigma. And that again was just published
14 earlier this year, and you can find it online very
15 easily. That was led by Richard Wood.

16 I like it that you have gone out of your way
17 for many years to seek patient perspectives. I
18 would just also ask, as graciously as I can -- it's
19 hard for patients to come here. There would be
20 many more patient groups here if we had a little
21 bit more notice for the meeting. I don't know if
22 it's like an FDA rule that you can only put out the

1 agenda 2 days ahead of time and the voting question
2 a couple of days ahead of time. But it would be
3 nice for us and many other stakeholders to really
4 understand the challenges that you have so that we
5 can give more input into that.

6 That's just a question. There is a
7 conference going on right now in Boston, and I
8 wanted to read to you a couple of the things that
9 doctors have said there this morning.

10 Let's see. Christie Ballantyne [ph] in
11 particular said, "What a difference a decade has
12 made." And I'm looking at this slowly because I'm
13 finding the text. So I want to quote
14 Dr. Ballantyne.

15 "I used to think CVOT were a waste of time
16 because they didn't show anything, but they've
17 completely changed how we think about drugs and
18 therapy. Remarkable that we're seeing the
19 consistency in classes."

20 So that's two different things; one, how
21 awesome it is; and two, it's pretty consistent. So
22 there's a question whether or not you want to keep

1 doing the CVOTs at this cost.

2 Dr. Jay Skyler said, "The real issue I think
3 they'll have to address is it ethical to keep
4 people with known cardiovascular disease off of
5 GLP-1 or SGLT2? If you do that, reduce risk, it
6 makes it harder to show incremental benefit of what
7 you're testing."

8 I love what Dr. Skyler brought up, but would
9 that it be, if there weren't these trials, that all
10 these patients would just get the medicines. And
11 we also know that that's not true, and we know that
12 there is a commissioner who really cares about
13 access, and we know that you can do things like
14 working with CMS as you decide what to ask the
15 trials of the different manufacturers and things
16 like that.

17 Access is the biggest problem of our time
18 for patients, and we just really beg you to think
19 as creatively as possible for how to do better on
20 that front so that so many patients can be able to
21 take advantage of all of the transformation.

22 This is an amazing time. There are drugs

1 now that reduce risk of heart attacks, strokes,
2 severe hypoglycemia. And there are so many
3 patients who don't know that, and there are so many
4 doctors that don't know that. And reimbursement is
5 such a major problem. You can have such a big
6 impact on that. So we hope that you will take that
7 into account.

8 The last thing that I just wanted to say is
9 that there are really good models at FDA.
10 Dr. Tatiana Prowell, as I understand it, is an
11 oncologist and also is on staff at FDA. She said
12 something recently in a tweet.

13 "To be truly transformative, new cancer
14 therapy," -- just cancer, but this is true in
15 diabetes as well. "To be truly transformative, new
16 cancer therapy must be effective, safe, and within
17 reach of every patient who needs it. I challenge
18 any company to develop even one. Let's see what
19 you've got."

20 It's amazing for us as patients to hear
21 these challenges, and it's not just challenges to
22 companies at all. It's also challenges to all of

1 the people that are making reimbursement decisions,
2 so we hope you will take that into account. I was
3 so excited to hear yesterday that there are other
4 strings going on here at FDA that are looking at
5 some of these questions.

6 Today's question is about CVOT; we get that.
7 But knowing that there is a meeting coming up, I
8 think it's next week, public workshop, clinical
9 trials to optimize outcomes in early breast cancer,
10 that is spearheaded by this amazing Dr. Prowell,
11 this academic oncologist, and FDA regulator. And
12 we really hope that you folks who are running the
13 diabetes division can also look to see what other
14 stakeholder opinions you can bring in because we
15 absolutely need to look at this incredible pandemic
16 as a group of stakeholders. Thank you very much
17 for your consideration.

18 DR. WILSON: Thank you very much.

19 The open public hearing portion of this
20 meeting is now concluded, and we will no longer
21 take comments from the audience. The committee
22 will now turn its attention to address the task at

1 hand, the careful consideration of data before the
2 committee, as well as what we heard in the public
3 comments.

4 So we have two action items first, though.
5 We had two committee members who came in shortly
6 after the introductions.

7 Would they introduce themselves? That's
8 Dr. Yanovski and Anna McCollister.

9 Dr. Yanovski, first?

10 DR YANOVSKI: Susan Yanovski, co-director,
11 Office of Obesity Research, NIDDK, NIH.

12 DR. WILSON: And Ms. McCollister.

13 MS. MCCOLLISTER-SLIPP: Anna
14 McCollister-Slipp. I'm here as a consumer
15 representative.

16 **Clarifying Questions (continued)**

17 DR. WILSON: Thanks very much.

18 We had a questions for the FDA from their
19 presentations yesterday morning that we didn't get
20 to yesterday. And I have names here, so we're
21 going to go down and Dr. Kushner, Dr. Wang, and
22 Dr. Rosenberg.

1 Dr. Kushner first, over on my left. Do you
2 have a question? You wanted to follow-up.

3 DR. KUSHNER: I'm not sure they had time to
4 do this, but I was just curious as to the effect
5 size of the CV benefit in the trials that showed CV
6 benefit in terms of numbers needed to treat.

7 DR. CHONG: So we've not looked across all
8 the trials for that, but I can speak to one from
9 our evaluation of the EMPA-REG OUTCOMES trial. It
10 looked like it was about 180 to 200 patients needed
11 to treat to reduce MACE event.

12 DR. WILSON: And EMPA-REG was 2 to 3. It's
13 more than two.

14 DR. CHONG: The duration, I believe EMPA-REG
15 was about 2 and a half years of --

16 DR. LOW WANG: I think it was 2.1 years.

17 DR. WILSON: Anything further on that,
18 Dr. Kushner? We only have that for one of these.

19 DR. CHONG: We have one of our statisticians
20 here --

21 DR. WILSON: Sure.

22 DR. CHONG: -- who will be able to provide a

1 little more.

2 DR. WILSON: Please identify yourself for
3 the record before you speak.

4 DR. ANDRACA-CARRERA: Eugenio Andraca from
5 the Office of Biostatistics? We also have that
6 estimate for CV death EMPA-REG, and the number
7 needed to benefit, the estimate is about 125 with a
8 confidence interval from 80 to about 220, for the
9 benefit of CV death.

10 DR. CHONG: Thank you.

11 DR. WILSON: Next, Dr. Tommy Wang.

12 DR WANG: My question was actually answered
13 during the subsequent discussion yesterday.

14 DR. WILSON: And Dr. Yves Rosenberg. He
15 stepped out for a minute.

16 I have a question. In the open public
17 hearing, reference was made to another document in
18 2008. Should we consider any of that as related to
19 our discussions at hand today, this other draft
20 document that was not directed at our question at
21 hand?

22 Dr. Chong, could you provide us some

1 guidance on that?

2 DR. CHONG: Those were two guidance
3 documents released in the same year. For purposes
4 of our discussion today, we should really be
5 focusing on the December 2008 CV risk guidance.
6 The other recommendations from -- I believe it was
7 January. February? The February 2008 draft
8 guidance were separate considerations. However,
9 your comments and thoughts on the December guidance
10 will be considered, as we do need to consider at
11 some point finalizing this 10-year-old draft.

12 DR. WILSON: Thank you for your response.
13 That was not conclusive, but it's providing
14 us -- we should specifically focus on the CVOT
15 issues, the cardiovascular issues.

16 DR. CHONG: Yes. We're really interested on
17 a focused discussion with regards to the
18 cardiovascular safety assessment for
19 glucose-lowering drugs.

20 DR. WILSON: All right. Thank you.

21 Dr. Rosenberg, did you have a follow-up
22 question from yesterday, carryover?

1 DR. ROSENBERG: Yes, but in view of what
2 you've said, I'm not sure it's very relevant or
3 essential. But I think it's still important
4 because there's a lot more that probably we can
5 still learn from the completed studies.

6 The question was related to the issue of
7 HBA1C control, or flag [ph] thereof, in those
8 trials, and whether or not that might be related to
9 some of the outcomes as micro or macrovascular.
10 Given the differences that we observed, has the FDA
11 also attempted to do some follow-up analysis to try
12 to account for the impact of those differences,
13 both on the level of glucose control and the level
14 of utilization of the other hypoglycemic drugs?

15 DR. YANOFF: Thank you for that question.
16 Of course, it occurred to us, and this burst
17 throughout [indiscernible] and how the A1C changes
18 impacted the outcomes, and we did attempt to look
19 at that. One difficulty we encountered is that A1C
20 data collection wasn't really rigorous. It wasn't
21 required, to my knowledge, and there was so much
22 missing data with regard to the A1C measurements

1 that we couldn't even get a good estimate of the
2 changes between groups over time, let alone how
3 they impacted the outcomes. The trials,
4 unfortunately, weren't designed to look at that,
5 and overtime we put less focus on looking at that
6 as we saw that our analytic tools weren't
7 sufficient and the data wasn't sufficient to assess
8 that.

9 I'm looking at our statistical colleague,
10 and it looks like they agree with what I've just
11 informed you of.

12 DR. WILSON: Dr. Low Wang, did you have a
13 follow-up question?

14 DR. LOW WANG: No, I actually just wanted to
15 clarify. So the EMPA-REG was 3.1 years. I was
16 able to look that up. So I think that was the
17 number needed to treat, 180 to 200 over 3.1 years.

18 Is that correct?

19 DR. CHONG: I'm going to let
20 Dr. Andraca-Carrera address that.

21 DR. ANDRACA-CARRERA: This is Eugenio
22 Andraca from the Office of Biostatistics. Those

1 numbers were per patient year rate, per 100 patient
2 years. So you need about 180 patient-years in the
3 population of the trial to benefit reducing one
4 MACE event. So that's per patient, 180
5 patient-years.

6 DR. CHONG: Thank you.

7 DR. WILSON: Dr. de Lemos, did you have a
8 question?

9 DR. DE LEMOS: A question for the FDA.
10 We've heard from many sponsors about the burden of
11 these large CVOT trials as if in their discussions
12 with the FDA, the complexity of the trial is driven
13 by the agency in terms of monitoring, adjudication,
14 and some of the things that may drive the cost up
15 relative to these simple trials, and Dr. Wang made
16 this point yesterday.

17 I'd love to hear your perspective on your
18 interpretation of the guidance and the requirements
19 for some of the bells and whistles that add
20 complexity, but perhaps not value, specifically to
21 adjudication and monitoring and whether that is
22 actually a requirement or just something perceived

1 by sponsors.

2 DR. ARCHDEACON: Thanks. Prior to moving to
3 this division, I spent a couple of years in the
4 Office of Medical Policy where we address some of
5 these broader questions. It is true that the CVOT
6 guidance specifically calls out adjudication
7 committees, so that is an element of the standing
8 guidance.

9 The rest of the issues that you're bringing
10 up, though, and specifically monitoring, are not
11 addressed in the guidance. And FDA has in the
12 intervening years issued new guidance, specifically
13 on risk-based monitoring, and stated very clearly
14 that we encourage that approach.

15 DR. de LEMOS: And to follow up, is there
16 appetite at the agency -- is there a possibility
17 that the adjudication requirements for safety
18 trials may be considered differently than efficacy
19 trials?

20 DR. ARCHDEACON: As I said, there's a
21 specific guidance out there that discusses FDA's
22 view on risk-based monitoring, and it would apply

1 to this area as well. So the whole idea of
2 risk-based monitoring is that the definition of
3 quality becomes tied to what is important for the
4 question that you're asking.

5 So for instance, knowing what somebody's
6 weight was on visit 17 is probably not important to
7 answering the question, so that would be factored
8 into the risk-based monitoring. So if we were to
9 find that there was some deficit in terms of
10 weight-collection data, presumably that would not
11 affect our opinion of the overall value of the
12 trial. However, missing MACE endpoints would be
13 more important.

14 So the guidance speaks to those points. I
15 think, to some degree, industry has looked at
16 investment in monitoring as a type of insurance.
17 So how much are you willing to spend on an
18 insurance policy that you probably will never need
19 to cash in? I think they've looked to us to give
20 them a guarantee that if there's a problem with
21 their data, that they won't be penalized for that.
22 And I think we stop short of giving them a

1 guarantee, but we point to the guidance to say,
2 listen, we intend to be reasonable when we are
3 assessing the quality of your data.

4 DR. WILSON: Yes? Mary Thanh Hai?

5 DR. THANH HAI: I'd also like to point to
6 another guidance just to answer your question
7 whether or not FDA provides companies some
8 direction in terms of the amount of information
9 necessary. That guidance is actually called
10 Determining the Extent of Safety Data Collection
11 Needed in Late Stage Premarketing and Post-Approval
12 Clinical Investigations.

13 That was published -- it's not a draft
14 guidance; it's a final guidance. It was published
15 in February of 2016. And it really does get to the
16 point of there may be in situations where you are
17 very, very targeted. You know that this trial here
18 is designed specifically to evaluate a particular
19 safety concern or an objective. There may be other
20 events, particularly for a product that has already
21 gone through a more thorough development program
22 and has got approved, that you don't have to

1 collect some of the non-serious adverse events,
2 those things.

3 So this guidance here actually encourages or
4 invites companies to look at ways to be more
5 targeted in their safety data collection.

6 DR. WILSON: We've earned a break. We're
7 going to take a 15-minute break, and then we're
8 going to come back and address the panel
9 discussions and the voting question. So see you
10 back in 15 minutes; that's 10:25.

11 (Whereupon, at 10:11 a.m., a recess was
12 taken.)

13 **Questions to the Committee and Discussion**

14 DR. WILSON: Thank you very much. We're now
15 going to proceed with the questions to the
16 committee, and we're going to have panel
17 discussions on three discussion topics. I would
18 like to remind the public observers that while this
19 meeting is open for public observation, public
20 attendees may not participate except at the
21 specific request of the panel.

22 First, can we pull up discussion topic 1?

1 Because we're being recorded by voice, I'm going to
2 voice out the question for those who may only have
3 an audio recording.

4 Discuss the impact of the recommendations in
5 the 2008 guidance for industry, diabetes mellitus,
6 evaluating cardiovascular risk and new antidiabetic
7 therapies to treat type 2 diabetes on the
8 assessment of cardiovascular risk for drugs
9 indicated to improve glycemic control in patients
10 with type 2 diabetes.

11 We're open for questions, and I have one
12 that I would put to our cardiovascular colleagues.
13 It says the word "cardiovascular risk." It says
14 "cardiovascular risk" twice. Would you define, in
15 2018 moving forward, what is cardiovascular risk?

16 Maybe we'll get some help from our clinical
17 cardiologists. What would be the outcomes of
18 specific interest moving forward? Dr. Wang?

19 DR. WANG: I think Dr. Everett actually
20 articulated it yesterday. Cardiovascular disease,
21 the way that many of us think about it, includes
22 not just the traditional atherosclerotic events but

1 would include heart failure. And within that, the
2 sclerotic events wouldn't be combined to the
3 coronary or cerebrovascular bed but would include
4 the peripheral arterial beds.

5 So to your specific question, I think the
6 way that it's phrased here is reasonable and broad
7 enough to allow many of the interpretations that
8 have been raised over the last day and a half of
9 discussions.

10 DR. WILSON: So as I understand it right
11 now, to summarize a little bit what you said, it's
12 beyond myocardial infarction and cardiovascular
13 death. It's to also include those other outcomes:
14 cardiac failure, stroke, and peripheral artery
15 disease, as considerations possibly for -- there
16 could be multiple MACE approaches is what you're
17 saying.

18 DR. WANG: I would agree with that.

19 DR. WILSON: Any other comments? Dr. de
20 Lemos, Dr. Burman, Dr. Blaha?

21 DR. BLAHA: Mike Blaha. I was going to
22 agree, generally speaking, with what Dr. Wang said,

1 but I think there should be allowance for some
2 adjustment of that endpoint based on the mechanism
3 of action of the drug, because drugs might be more
4 likely to have a heart failure signal or not, or
5 drugs might be more likely to have an arrhythmic
6 signal or something like that.

7 So I think the allowance to make that
8 cardiovascular endpoint specific to the drug makes
9 sense to me.

10 DR. WILSON: So if I were to interpret that
11 one, it would be for one product, you might be
12 interested in one MACE aggregate and in another
13 product, or line, you might be in a slightly
14 different composition --

15 DR. BLAHA: Taking heart failure, for
16 example.

17 DR. WILSON: -- of the MACE.

18 DR. BLAHA: Yes.

19 DR. WILSON: Dr. Everett?

20 DR. EVERETT: Not to overdo this, but just
21 to clarify, I think we talk a lot about the numbers
22 of events. We heard 600 or so as being the key

1 event, and that's for a composite atherothrombotic
2 endpoint. It would be important to structure the
3 trials in such a way that you would not necessarily
4 lump heart failure in as an atherothrombotic
5 endpoint. So it would have challenges for the
6 designs of the trial and the statistical
7 powering of the trials, just to be clear about
8 that.

9 From my perspective, I don't think it makes
10 sense to add more endpoints to the soup, if you
11 will. You have to be a little bit specific because
12 the mechanisms and the pathophysiology are
13 different. You may decide that you want to do
14 that, but you have to at least think about it in
15 terms of the mechanism of action of the drugs,
16 along the lines with what Dr. Blaha said.

17 DR. WILSON: Dr. de Lemos?

18 DR. DE LEMOS: I would just say that that
19 may differ depending on whether the primary purpose
20 is safety and noninferiority. I would actually be
21 comfortable with a global composite endpoint that
22 added heart failure to a noninferiority endpoint

1 for safety, but obviously for efficacy, one would
2 have to tease out what the benefit of the drug
3 would be relative to active control or placebo.

4 DR. WILSON: Doctor Kushner?

5 DR. KUSHNER: Yes, I agree. I think we need
6 to think about safety, and this was a guidance for
7 safety initially. And I think that I would agree
8 with adding heart failure, stroke, some of the
9 other cardiovascular outcomes for safety signal,
10 but efficacy, the trial design would probably have
11 to vary somewhat.

12 DR. WILSON: Dr. Grunberger?

13 DR. GRUNBERGER: Not the make the soup even
14 more complex, but there are no nephrologists here.
15 The question is, do we consider vascular
16 blood [indiscernible] in the kidneys, too? Because
17 everybody's now not talking about possible effects
18 on the current renal disease, so does that also get
19 added as a potential endpoint?

20 DR. WILSON: Any other comments on kidney
21 disease. Dr. Rosenberg?

22 DR. ROSENBERG: I was raising my hand to

1 make that same comment. I think we all know the
2 impact of kidney disease on cardiovascular disease
3 and diabetes. I think it's an important outcome to
4 consider in future studies. All outcomes that are
5 clinically relevant, whether you consider micro or
6 macrovascular, you have to think what is clinical
7 relevance in terms of patient outcome, both in
8 longevity and quality of life.

9 DR. WILSON: If I could come back to you on
10 that, Dr. Rosenberg, for overall safety, you would
11 consider kidney safety. For instance, in an
12 initial study, if a class new drug class, for
13 instance, did not have a signal, some sort of
14 rather simple approach to kidney disease or as an
15 outcome would be satisfactory or you need detailed
16 information?

17 I'm trying to ask you about lumping and
18 splitting a little bit here, as you can see.

19 DR. ROSENBERG: I think it's a hard question
20 to answer, generally. I think we have to move away
21 and -- as has been suggested multiple times for the
22 one-size-fits-all model, each drug, not only class

1 of drug, needs to be considered individually based
2 on each mechanism of action, physiopathology, and
3 then base the regulatory evaluation both on the
4 safety as well as on the long-term efficacy
5 evaluation.

6 DR. WILSON: Dr. Low Wang?

7 DR. LOW WANG: I wonder if I could comment
8 on the discussion question to move away from what
9 we've been talking about. I do think that the
10 overall impact has been positive For diabetes care,
11 and the climate now is very, very different from
12 where we were about 10 or 12 years ago. We now
13 have adequate safety data for a number of new
14 drugs; adequate cardiovascular events to assess
15 cardiovascular risk; very, very rigorous
16 adjudication; and this reassurance of safety.

17 I think that we have also gotten data for
18 other safety outcomes, so things like pancreatitis
19 or other safety concerns, pancreatitis, but now we
20 have new safety signals: amputations, heart
21 failure, et cetera. But I think that it's unclear
22 whether the drug development and innovation would

1 have occurred anyway, even without these
2 restrictive guidelines. And I think there's been
3 already mentioned that there were a few companies
4 that have stopped or gotten out of this space
5 because of the restrictions and the cost,
6 et cetera. And there's a lot of patient time,
7 effort, company time, effort, et cetera, that's
8 been put into this.

9 So I think that overall, it's been positive,
10 but I think it is time to start thinking further
11 because it's really a focus on cardiovascular
12 safety when there are so many other comorbidities
13 to worry about.

14 DR. WILSON: I heard the word "mandatory"
15 and "required" multiple times up till now in the
16 meeting. So I think you're questioning -- that
17 maybe others, as we go forward, could comment on
18 those two adjectives or qualifiers, so to speak.

19 Next, Dr. Ellenberg?

20 DR ELLENBERG: As a non-diabetes expert, I
21 have a question. We're going back and forth
22 between safety and efficacy, and there seems to be

1 some outcomes where there's an expectation of
2 efficacy, but then we worry about a safety signal.

3 So my question is, all these things that
4 we've been talking about, we have heart failure,
5 and MACE events, and other kinds of things, are
6 they all thought to be equally better controlled?
7 If you control hemoglobin A1C, the mechanisms of
8 controlling A1C, should that reduce problems
9 with -- I know it's expected to reduce
10 cardiovascular events, but is it equally expected
11 to reduce worsening heart failure or some of these
12 other issues? What's the connection?

13 DR. WILSON: Why don't we table that for a
14 little bit because that's a very fair question to
15 raise. I think we would agree across the board it
16 does for atherosclerotic MACE, but once we get
17 outside that, we get a little bit off topic, but a
18 very fair point to make.

19 Let's keep going. Dr. Wasserman?

20 DR. WASSERMAN: Thank you. I want to echo
21 what Dr. Low Wang just said. I think going to what
22 the question is, I think the impact of the

1 recommendations has overall been quite favorable
2 both for patients and physicians and, in general,
3 our medical knowledge. I do think, though, what
4 started this over a decade ago was a safety
5 concern, and now we've run the experiment for 10
6 years.

7 I think we've adequately addressed the
8 hypothesis in that with over 6 classes of drugs
9 tested, over 190,000 patients, according to some of
10 the things I've heard, have been evaluated in these
11 studies and at least 26 trials. We haven't seen
12 the cardiovascular risk signal that led to this. I
13 think, as you're hearing from a number of the
14 different panelists, it's time for us to look at
15 what we're trying to achieve by doing these
16 studies, and I think the studies need to be
17 tailored for what the actual hypothesis is as
18 opposed to just a blanket approach.

19 DR. WILSON: Dr. Fradkin?

20 DR. FRADKIN: I agree that the impact of
21 this has been incredibly positive in terms of the
22 fact that it's now given us cardioprotective

1 agents, which we never would have known about had
2 this policy not been put in place. But I think a
3 negative aspect of this is that it really
4 incentivized studying a very narrow group of
5 patients in the large follow-on studies. The only
6 way that you could answer this question was by
7 limiting the study to people largely with
8 established CVD or at very high risk. So we don't
9 really have broad exposure to these drugs in a more
10 generalizable population. And I think a major
11 unanswered question is, is this cardiovascular
12 benefit that was seen in the selected population
13 going to be seen in the more broad population?

14 DR. WILSON: Ms. McCollister?

15 MS. MCCOLLISTER-SLIPP: Of course, you come
16 to me just as I'm taking a bite of my Chex Mix. I
17 want to echo some of the comments that Dr. Low Wang
18 and others have referenced. I think the impact has
19 been significant. The knowledge that we've gained
20 from these studies is important and helpful, and
21 certainly has provided insights into what these new
22 classes of drugs can do and how they benefit

1 patients.

2 There have also been cost and not just
3 financial costs to the pharmaceutical companies.
4 My goal in life is not to save money for
5 pharmaceutical companies, but I do think that it's
6 important to think more broadly of the costs, not
7 just the pharmaceutical companies. And I do think
8 that there should be consideration of the potential
9 impact of that on the cost of drugs, although I
10 don't think that there's a direct line, but also on
11 the cost to the individuals, the number of people
12 who have been included in the clinical trials.

13 I don't know if any of you have ever been a
14 patient or participant in a clinical trial; it's
15 incredibly time-consuming. It takes a lot of
16 commitment. It takes a lot of time. It's not a
17 trivial expense both economically as well as from
18 the amount of time it takes for you, for your
19 family member, and in some of these cases.
20 Particularly those who have established heart
21 disease, they probably had to be taken to the study
22 site by family members or caregivers.

1 Those are not insignificant. So every time
2 we ask somebody to participate in a trial that's
3 kind of interesting to know about, about a very
4 important thing, we're diverting their attention
5 and their time away from other things, and I don't
6 think that's an insignificant cost that should be
7 considered.

8 In light of that, in light of the way that
9 we can now get data from other sources, I think
10 it's worth considering the broader impact and the
11 opportunity costs that are incurred by not just the
12 pharmaceutical companies but the individuals
13 involved, the families of the individuals involved.
14 We know a lot of clinical researchers who are
15 making a lot of money off of these studies.
16 There's a significant industry that's emerged
17 around doing these kinds of large-scale studies.

18 So the impact from that perspective, from an
19 economic perspective, is probably beneficial for
20 many people. But from a patient perspective, as
21 somebody who has seen my father with heart disease
22 and the amount of time and effort it takes for him

1 and my mother to take him to different doctor's
2 appointments, we really need to think very deeply
3 about whether or not the cost benefit equation
4 really does work on the side of patients.

5 DR. WILSON: Dr. Burman?

6 DR. BURMAN: Thank you. I wanted
7 clarification from the committee on something that
8 I don't quite understand, and that is, for sure the
9 cardiovascular outcome studies have been very
10 beneficial and useful. I don't have any question
11 about that. But what percentage of those studies
12 that are published now and have been completed
13 actually had a cardiovascular signal in the phase 2
14 or phase 3 trials separate from the cardiovascular
15 trial?

16 DR. WILSON: I'm not sure if we're going to
17 get an answer.

18 Next, Dr. Wang?

19 DR. WANG: To Dr. Burman's question, if I
20 understand it correctly, based on the phase 2 and
21 phase 3 non-CVOT trials, my interpretation of the
22 data and of the FDA presentation is that we did not

1 get useful information from those studies.

2 So to your point, if we were to go to the
3 pre-2008 situation of relying on those studies to
4 guide us to whether to pursue follow-up studies,
5 they would not have provided adequate guidance
6 because they were hopelessly underpowered.

7 DR. WILSON: Thanks. Dr. Newman?

8 DR. NEWMAN: Thank you. I wanted to thank
9 the FDA for this 2008 guidance because it really
10 has advanced science and medicine and improved
11 health of our patients with diabetes. We have
12 discovered that most of the drugs that were
13 investigated are safe from a cardiovascular
14 perspective, except there was one class of drugs,
15 the DPP-4 inhibitors, where there was an increased
16 risk of heart failure for one or two of those
17 medicines.

18 Also, as a result of these trials, the
19 guidelines of the American Diabetes Association
20 have been changed, recommending the use of SGLT2
21 inhibitors and GLP-1 agonists for patients who have
22 atherosclerotic cardiovascular disease and also

1 recommending SGLT2 inhibitors for patients with
2 heart failure.

3 On the other hand, we have we spent, I don't
4 know, billions of dollars on these trials, and some
5 people have said that this money could have been
6 used for other scientific investigations, which is
7 true. But I want to follow on what Dr. Thanh Hai
8 has said about the guidance from 2016 and about
9 streamlined trials, because I been involved in
10 several cardiovascular outcome trials of the statin
11 class of drugs, where the trial methods have been
12 streamlined. Sometimes we call them simple trials.

13 One of the things that is done is that
14 because these drugs are already approved, we do not
15 collect non-serious adverse events unless these
16 adverse events are of interest to the population.
17 Of course, serious adverse events are collected.
18 In addition, since these trials have
19 multi-thousands of patient's, laboratory tests are
20 done in a random sample of patients, not in all the
21 patients.

22 Finally, one of the other measures is that

1 we look carefully at the visits of patients, the
2 visits needed in the trial, and follow-up is often
3 less frequent after year 1, depending upon the
4 patient population. So I think that we could take
5 advantage of this and spend less money on these
6 important trials, which give us a lot of important
7 safety information.

8 DR. WILSON: Dr. Rosenberg?

9 DR. ROSENBERG: Thank you. I'm not going to
10 come back on the positive aspect of the effect of
11 the guidance. That's been repeated all over. I
12 think what is much harder to evaluate is the
13 negative impact, any potential negative impact in
14 terms of opportunity costs that we have heard
15 several times, especially from me and from industry
16 about the resources diverted from other research
17 and companies pulling out.

18 What we really don't know is whether or not
19 those costs would have been invested in any useful
20 research that led to improvement in patient
21 outcome. If these resources had been invested in
22 additional drug-lowering A1C without us knowing

1 whether or not it has any clinical outcome, that
2 will not be very useful in my mind.

3 As we know by experience, a lot of
4 investments go to these me-too drugs. So I have a
5 little problem assessing this. What we know for
6 sure is that trials can be made more efficient and
7 less burdensome, both from the investigator and the
8 patient point of view, as was just mentioned.

9 I also want to address the point that
10 Dr. Fradkin raised, that we only studied a fraction
11 of the diabetes population, and that's phase 2, and
12 we studied practical reasons because they are high
13 risk, and that was a way of doing these trials, the
14 only way of doing these trials.

15 So that comes back to my previous point. If
16 we make them more efficient, we could enroll more
17 patients in a shorter period of time to study the
18 broader population of diabetes patients. But I
19 would argue that it's not very different from other
20 fields, the patients of the cardiovascular field.
21 We follow -- I think it was mentioned
22 yesterday -- the development of

1 cholesterol-lowering drugs, where we started with a
2 high-risk population and we proved the
3 effectiveness. We want to try to broaden the
4 indication of those drugs, and those trials were
5 done. Now it's harder to do them.

6 So I think that's where we need to put our
7 efforts, collectively, FDA investigators, and the
8 public, into making those trials possible. It was
9 mentioned several times that collection of adverse
10 events and 3 phase [indiscernible] money, even more
11 than just the endpoint education. There are areas
12 where we really could focus and will make things
13 happen.

14 DR. WILSON: Dr. Kushner?

15 DR. KUSHNER: I do understand the point
16 Dr. Fradkin made about generalizability of these
17 issues, and this is an efficacy issue. I want to
18 thank, by the way, just in preface, the FDA for
19 convening this panel because I think this is an
20 important issue. I think you've done it in a very
21 thorough way. I hope this isn't the end of this
22 discussion because I think after we leave today,

1 this conversation will need to be continued and
2 perhaps more stakeholders involved in the
3 discussion as well, because I think there are lots
4 of policy implications.

5 We're faced with this situation where I'm
6 not sure of the mechanisms of these drugs, how they
7 affect -- the cardiovascular outcomes that we
8 noticed was noted in the mechanism of action of the
9 drug. I don't think anybody picked up that the
10 SGLT2 inhibitors would improve heart failure, or
11 renal outcomes, or these others. So we discovered,
12 through the CV outcomes trial, novel mechanisms of
13 action that weren't identified in the safety
14 lead-up studies, and this is a conundrum that we're
15 dealing with right now.

16 I was going to ask Dr. Fradkin, although
17 this population of cardiovascular patients in the
18 diabetic population is a minority
19 of the population, is it not true that it accounts
20 for the majority of death and disability in that
21 population, of the overall diabetic population?

22 DR. FRADKIN: Well, cardiovascular disease

1 accounts for two-thirds of the deaths in people
2 with diabetes. But I think the thing that you have
3 to remember is that diabetes is a disease that
4 people live with for decades. These are drugs that
5 people are going to be taking for decades also.

6 When Dr. Rosenberg talked about trying to
7 streamline trials so that we could potentially
8 involve lower-risk people so that you could follow
9 and see what the longer term effects are on both
10 microvascular and macrovascular complications, I
11 wouldn't say that we should streamline them in
12 terms of trying to make them shorter.

13 I really feel that getting longer term
14 exposure to these drugs with a variety of
15 meaningful outcomes -- because even though
16 cardiovascular disease accounts for two-thirds of
17 the deaths, people with diabetes care about kidney
18 disease, and eye disease, and amputation, and
19 depression, and bone fractures, and all of the
20 conditions that are increased with diabetes. And
21 in general, these things do develop over decades.
22 So I think you really want to understand the

1 effects of these drugs in a meaningful time frame.

2 DR. WILSON: Dr. Ellenberg?

3 DR. ELLENBERG: It's certainly clear that
4 these trials have been expensive. One impact we
5 haven't really talked about is whether it's really
6 impacted on the development of new antidiabetic
7 therapies. Now, we saw a large number of
8 cardiovascular outcome trials that have been
9 reported over the last decade, but I don't know how
10 many of the developments were already underway.
11 They had already pretty much completed the phase 3
12 trials or were in process, so companies were not
13 likely to throw that away and say, well, we're not
14 going to do the outcome trials.

15 But I don't know whether there has, in
16 fact -- it's a logical supposition that if it's
17 going to cost more to develop these drugs, that it
18 might slow down the development. I'm not sure that
19 we've seen data to show that. Certainly, we've
20 seen a number of outcome trials conducted during
21 the decade.

22 DR. WILSON: Dr. Yanovski?

1 DR. YANOVSKI: Sure. I agree that the
2 guidance has been extremely helpful over the past
3 10 years, and we've also gotten a lot of
4 information over that time that really I think does
5 support a more risk-based approach to requiring
6 dedicated cardiovascular outcomes trials.

7 That being said, I think Dr. Wang pointed
8 out that pre-2008, you really were willfully
9 underpowered to see enough cardiovascular events to
10 really even provide a strong signal. And we also
11 heard over the past couple of days that even
12 post-2008 guidance, the phase 2 and phase 3 trials
13 really enroll very few higher risk people like
14 older adults and people with preexisting
15 cardiovascular disease.

16 So if we were going to go to a more
17 risk-based approach, I think we need to revisit the
18 idea of perhaps requiring expanded eligibility in
19 these earlier clinical trials.

20 DR. WILSON: Dr. Grunberger?

21 DR. GRUNBERGER: Thank you. When you ask an
22 endocrinologist the question, he or she always

1 begins with, "It depends." And I always tell my
2 patients, if your doctor doesn't begin the answer
3 to your question with, "It depends," find a
4 different doctor.

5 So I'm trying to figure out here what's the
6 impact. Dr. Burman already hinted at the fact that
7 there was very little safety signal to begin with,
8 and the one which started it was the consumer
9 rosiglitazone, and as you know, FDA reconsidered
10 that.

11 So the question is, when did you stop
12 beating your wife? There was no obvious risk to
13 begin with. Now we know, 10 years later, that no
14 risk is still no risk, so we've proven that there's
15 no risk; congratulations. And I'm trying to figure
16 out was it worth it.

17 We talk about opportunity costs. We talk
18 about large companies which left the diabetes field
19 because of the potential cost of CVOTs. We'll
20 never find out how many small companies and how
21 many mom and pop shops decided either not to go
22 into the business or quit when they realized the

1 cost. We heard about people maybe not choosing a
2 career in endocrinology and diabetes because of
3 these burdens.

4 At the same time, I'm here representing not
5 just myself; I'm representing my patients. I'm
6 trying to think about how did they benefit. So
7 there's no question we have learned tons of things
8 which we probably would not learn otherwise. The
9 question is, has that benefited my patients? These
10 drugs would have been approved because they lower
11 A1C anyway. So we're in the market or we're going
12 to be in the market anyway. So now they get to see
13 I guess benefit commercials for Jardiance and
14 Victoza on their TV, and they can ask me to
15 prescribe it for them, and of course they find out
16 it's not covered.

17 So I guess one of the positive things, in
18 addition to this incredible wealth of knowledge, is
19 that hopefully cardiologists and nephrologists are
20 getting excited about diabetes because they would
21 never go near diabetes before. So hopefully this
22 is good because we can now investigate the

1 unexpected with SGLT2 inhibitors, the GLP-1
2 agonists, and maybe attracting a new generation and
3 bright young scientists and clinical investigators
4 who would not pick that field if it wasn't for
5 those positive outcomes.

6 So again, it depends. What is the net
7 benefit for knowledge? Amazing. Feeling safe,
8 yes, but I was safe pretty much before that. But
9 maybe the new knowledge will generate even more
10 knowledge and maybe more excitement, maybe more
11 people will pick that career, and hopefully they'll
12 come up with more, even better drugs. So I'm
13 closing where I began. It depends.

14 DR. WILSON: We're going to have three more
15 questions, then I'm going to summarize, and we're
16 going to move on to question 2. Some of the issues
17 we're discussing right now, we'll get a chance
18 again to revisit in question 3. You're not getting
19 cut off. You're going to get more chances.

20 The three we have left on this are
21 Dr. Blaha, Dr. Low Wang, and Dr. Robbins. Dr.
22 Blaha?

1 DR. BLAHA: Great. Thank you. Mike Blaha.
2 I'll make two quick points, and one of them I'm
3 going to share with my colleague, Dr. Wang. I
4 think it is interesting to think about, take it to
5 its logical extension, and say, let's just say we
6 decided to continue with the mandate to do a
7 cardiovascular outcome safety trial. What would be
8 the point at which we decided we'd no longer have
9 to do that? How many trials? How many safety
10 signals?

11 There has to be some endpoint at which we
12 decide you don't need that mandate anymore. I'm
13 just encouraging if we could think about what that
14 would be if it hasn't been reached already.

15 DR. WILSON: Can we bring that back when we
16 discuss question 3? Because that's going to be a
17 part of 3.

18 DR. BLAHA: Yes. That's interesting. But I
19 want to also make a comment on Dr. Burman's
20 question, and then Dr. Wang's response, and to lean
21 to Dr. Wang because we had a quick side
22 conversation.

1 I think the FDA did present data -- for
2 certain of the more recent development programs, we
3 did have enough data in phase 2/phase 3 to exclude
4 a 1.8 upper limit, and I'm going to let Dr. Wang
5 comment on that.

6 DR. WILSON: We'll get to that in question
7 2, the guideposts for the cutoffs. Dr. Low Wang?

8 DR. LOW WANG: Actually, I wanted to comment
9 and address Dr. Burman's question. So that's going
10 to be addressed
11 later as well. I don't know. Do you want me to
12 answer that now?

13 DR. WILSON: We can come back. Dr. Robbins,
14 anything?

15 DR. ROBBINS: Quickly, I live my life
16 knowing that I'm getting older and hopefully wiser.
17 And I'm walking away from this meeting feeling this
18 since 2008, I think we are wiser, and the landscape
19 has changed. I'd like to just throw in, too, minor
20 ingredients into the soup here that we should
21 consider. George brought it up briefly, but I
22 think there is market pressure now, and it's good

1 business to show that the drugs prevent
2 cardiovascular disease. And I'm not sure that the
3 drug companies need to be prodded now. It's just
4 good business.

5 The second issue -- and I think it really
6 needs to be reemphasized -- is the resource of the
7 electronic medical record. Both Epic and Cerner
8 maintain an anonymized database, which literally
9 has millions of patients in it. And I think this
10 is something that was not available in 2008 and
11 really, again, changes the landscape, and I think
12 really must be taken into consideration of how we
13 move forward and what sort of resources are
14 available to answer these questions.

15 DR. WILSON: I think that was
16 most -- Dr. Rosenberg.

17 DR. ROSENBERG: A clarification on something
18 I said. I was not suggesting that we do short
19 follow-up study. In fact, yesterday I suggested
20 the opposite; we do long-term follow-up of our
21 trials. I said we need to do our trials faster,
22 complete them faster. But they need to have a long

1 follow-up, whether it's a trial of the
2 observational follow-up.

3 Then a quick epidemiology comment, I think,
4 where Kushner asked the question about where do the
5 events occur, the majority of events occur with
6 cardiovascular or in diabetes? Although the rate
7 of events are high in people who already have a
8 cardiac event or in diabetes, really, the vast
9 majority of events occur in people who don't have
10 cardiovascular events in the lower end of risk.

11 DR. WILSON: FDA, do you want to make a
12 comment? Yes, go ahead.

13 DR. YANOFF: Very, briefly, the issue's been
14 raised several times of the unknowns of the
15 opportunity costs. And I wanted to recognize that
16 the FDA nor any of the guest speakers were able to
17 address that specifically in our presentations, and
18 all you heard today was from the guest speakers.

19 I just wanted to note that, yes, we
20 considered that, but unfortunately there isn't
21 really a good way to assess that because it's a
22 lack of control group, so to speak, and also trends

1 in the economy that occurred around 2008, as we all
2 remember, around the time that the guidance was put
3 into place. It's very difficult to really know
4 what would have happened. So we don't have enough
5 information to be able to offer a position to you
6 on that specific question.

7 DR. WILSON: All right. I'm going to
8 attempt to summarize. And this is daunting, so
9 give me a chance here.

10 We started out on question 1 asking for some
11 clarification for what were the cardiovascular
12 endpoints of interest. The original 2008 guidance
13 was especially directed at atherosclerotic disease,
14 and there's much more enthusiasm now to also pay
15 attention where it's critical and where it's
16 appropriate for heart failure as an outcome to be
17 included. And previous deliberations of this
18 committee have addressed elements of this in
19 individual trials where it's especially been
20 relevant, but it's not part of that 2008 guidance.

21 We're a little less unsure what to say about
22 some of the other outcomes. There was interest of

1 course for stroke, for kidney disease, and
2 peripheral artery disease, but again, especially
3 where there may have been prior signals and where
4 it may be especially appropriate. So that was the
5 first, clarifying what is cardiovascular disease.

6 Secondly, there was overwhelming, almost
7 unanimous. Everybody who spoke to address the issue
8 of where are we in 2008 applauded that the guidance
9 has gone forward, and it's been very successful in
10 terms of changing care and what has happened, and
11 we've had uniformly helpful results.

12 One little point to add there is we now even
13 have guidelines that endocrinologists are aware of
14 this. In fact, it has not really permeated beyond
15 the endocrine literature. So only in the last
16 weeks and months, joint groups are applauding some
17 of the specific classes of drugs for cardiovascular
18 prevention, and it was by dint of the 2008 studies
19 that that has moved forward.

20 There have been concerns. Dr. Fradkin very
21 eloquently said it incentivized narrow studies and
22 we need to broaden the perspective. And that

1 uniformly was said in multiple voices throughout
2 other speakers. There were concerns of costs, and
3 costs at every level: patient costs, opportunity
4 costs, family costs.

5 Our trialist expert mentioned I think very
6 efficient trials need to be the future, less
7 burdensome, larger and quicker. Maybe we can do in
8 two years with more people -- if I could dovetail
9 that -- what we used to do in four years, and
10 perhaps using modern techniques as mentioned by
11 others with electronic health records, registry
12 systems, adaptable systems, using 2018 and being on
13 technology.

14 Dr. Yanovski made the point of using
15 risk-based approach. Does that mean going more
16 narrow? We're going to come back to that in
17 questions 2 and 3. Or does that mean being more
18 abroad, or does that mean effectively using our
19 populations and asking multiple questions with
20 different parts of studies? In that element, she
21 emphasized especially preexisting CVD, older
22 adults, and expanded enrollment. But then

1 Dr. Rosenberg cautioned us that a lot of the cases
2 are especially coming from those without
3 preexisting CVD.

4 How many studies, et cetera, a variety of
5 questions. I think I'll stop there. We're going
6 to get to these other issues in questions 2 and 3.

7 Can we move forward?

8 (Affirmative response.)

9 DR. WILSON: All right. I'm going to read
10 question 2. This has several parts. The lead-in
11 paragraph, for each recommendation described in the
12 2008 guidance, discuss its value in the evaluation
13 of the safety of new antidiabetic drugs. The
14 recommendations we would like you to consider are,
15 A) establishment of an independent cardiovascular
16 endpoints committee for prospective
17 adjudication -- LaToya, should I go through all A
18 through D or should we go through them one at a
19 time?

20 CDR BONNER: Let's go one at a time.

21 DR. WILSON: We should do A first?

22 CDR BONNER: Yes.

1 DR. WILSON: All right. So we're going to
2 leave this up, and we're going to focus on A. So
3 that means we have to -- let's keep some momentum
4 here; we've got four parts.

5 Who's first? Dr. Everett?

6 DR. EVERETT: Brendan Everett. I think when
7 you're considering safety of the new antidiabetic
8 medications of a new NDA, both in the phase 2B and
9 3 stages of the development, as well as any
10 potential outcome trial, whether it was a kidney
11 disease trial or a cardiovascular outcome trial, I
12 think you need two things.

13 It's not enough just to have an independent
14 cardiovascular events committee, but you actually
15 need to have dedicated ascertainment for the events
16 of interest. Cardiovascular events is the subject
17 of the day, so you have to actually ask. It's not
18 adequate to simply collect those reports via
19 adverse event reporting, I think, if you're really
20 focused on this as a safety signal.

21 Much of the data that we saw yesterday
22 looking at the rates of adverse cardiovascular

1 events and phase 2B and 3 development programs was
2 collected via the standard AE reporting mechanisms.
3 I think those are inherently inadequate when you're
4 really asking a focused scientific question. So I
5 think it behooves us to ask specifically about
6 them, and then to have those data go to an
7 independent committee.

8 While I think there is a lot of validity and
9 truth to the idea that the PI assessing NMI [ph],
10 yes or no, is probably correct most of the time, I
11 worry about a potential ascertainment bias and
12 subtle shades of unblinding during the course of
13 the drug development process that might shade the
14 investigator's opinion about whether or not this
15 was truly an event.

16 MI is one thing, heart failure is another.
17 Right? It's much more difficult to ascertain. And
18 I think the other advantage having a central
19 committee review all these events has is that
20 they're applying the same standards across the
21 entire trial and not a different standard in 1 of
22 200 or 300 recruiting sites.

1 That's particularly important for somebody
2 who does this for a living. In a lot of industry
3 and NIH-funded trials, there are lots of subtleties
4 there, particularly with respect to cardiovascular
5 death and lack of complete information and clinical
6 judgments that have to be made in the course of
7 adjudicating those events.

8 There's also discussion about using the
9 phase 2B and 3 data to inform whether to move
10 forward into a safety trial. That makes a lot of
11 sense, except to those of us who have experienced
12 other trials where -- I think of torcetrapib. We
13 were talking about Vioxx earlier, where there's a
14 potential signal of harm that's only detected when
15 you actually do a trial large enough and long
16 enough to detect evidence of harm.

17 So you have to balance the consideration for
18 requiring that to be done in everything versus the
19 very real likelihood that you're going to miss
20 something when you only have 3000 patient-years of
21 exposure as opposed to 30,000.

22 Lastly, related to my comments about

1 endpoints committees, I'm skeptical. I work with
2 NEHR. I work with Epic. I'm pretty skeptical of
3 its ability to accurately and adequately be used
4 for important endpoint adjudication, particularly
5 for heart failure. I think death would work well,
6 potentially, although sometimes I still have
7 patients showing up in my clinic that I know died
8 6 months ago from their progressive heart failure,
9 and for some reason Epic hasn't picked that up yet.

10 So I think you have to be careful -- and we
11 talk a lot about generalizability, but first and
12 foremost is validity. You have to have validity
13 before you can have generalizability. And without
14 the validity of the endpoints and the approach
15 taken there, you don't have any generalizability.

16 DR. WILSON: Okay. Dr. Newman?

17 DR. NEWMAN: I wanted to agree, now that
18 you've spoken, with what Dr. Everett says about the
19 need for adjudication of endpoints and the need to
20 collect data from hospital records, et cetera, to
21 see whether a patient has had a myocardial
22 infarction or look at a CT scan for a stroke. But

1 I also wanted to say that's really important in the
2 phase 2 and 3 programs because there are so few
3 events.

4 I wanted to say something about the
5 investigational drug torcetrapib, where the program
6 was discontinued. There was a signal for adverse
7 cardiovascular events in the phase 3 program.
8 There was an increase in blood pressure of several
9 points. I think overall it was about 5 millimeters
10 of mercury. And despite this, the cardiovascular
11 outcome trial was conducted. But it's possible the
12 drug should have been conducted in a different way.

13 So we did see a signal. It wasn't that we
14 saw a signal only in the outcomes trial,
15 illuminae [ph] was seen before.

16 DR. WILSON: Dr. Budnitz?

17 CAPT BUDNITZ: Thank you. I largely agree
18 with the points made by Dr. Everett as well, and I
19 respect his view kind of looking under the hood of
20 such clinical trials. Let's take a step back from
21 an epi perspective. If we can't have the
22 extended -- the Rolls Royce, we can have everything

1 we want. If you already have a randomized blinded,
2 a prespecified endpoint with well described
3 outcomes, maybe this is an area that you could give
4 on a little bit, but certainly not in the setting
5 of the phase 2 trials where you would want some
6 kind of validation of those adverse outcomes of
7 high interest.

8 DR. WILSON: Dr. Low Wang?

9 DR. LOW WANG: Cecilia Low Wang. I wanted
10 to agree with Dr. Everett on that first point
11 because I really think that there's no substitute
12 for rigorous adjudication of cardiovascular
13 endpoints. As you know, I'm a member of the
14 adjudication committee that adjudicates MACE, limb,
15 and bleeding endpoints. There's just no
16 substitute. But I really think that that needs to
17 be in the context of a very, very well conducted,
18 well designed trial. The executive committee,
19 independent DMC, high-quality trial conduct, data
20 integrity, and a prespecified statistical plan, all
21 of those things are important.

22 DR. WILSON: Any others? Dr. Robbins, go

1 ahead.

2 DR. ROBBINS: A quick question about
3 adjudication. Can we get some data as to what
4 percent of events that are sent to an adjudication
5 committee are actually turned over? I think that
6 might help us actually quantify this rather than
7 just saying we strongly feel we should have this
8 adjudication.

9 DR. WILSON: Maybe Dr. Rosenberg is going to
10 respond to that partly. Go ahead, sir.

11 DR. ROSENBERG: Many NIH trials -- and it
12 should be a trial to have adjudication. And DMC is
13 like what Dr. Everett was saying. It depends. It
14 varies tremendously from one trial to the other,
15 and depends on the type of outcomes, and depends on
16 the design of the trial. And that's really the
17 point I wanted to make.

18 It really depends on the risk of bias. It's
19 all come to that. It has been shown that if you
20 have a blinded trial, the necessity of it just to
21 make sure that the internal validity of the trial
22 is preserved, the necessity that part of

1 [indiscernible] of adjudication is less. What you
2 lose if you don't do it is more in terms of
3 precision, but you're less likely to introduce
4 bias.

5 I want to question, again, the fact that
6 even in an unblinded trial, whether or not we need
7 those systematically, we've conducted many strategy
8 trials, like the ACCORD trial, and especially in
9 the follow-up phase of the trial, we didn't have
10 the resources to conduct adjudication, so we had to
11 plan where we did 10 percent adjudication and to
12 evaluate whether or not we see any difference. And
13 we didn't see, so we were fine with the 10 percent
14 adjudication.

15 It all depends on the quality of the design
16 of the trial. So it's, again, a question of
17 quality by design. If you design the trial in a
18 way where you really minimize the risk of bias in
19 term of ascertainment and collection of the event,
20 the way the data on the events are collected, it's
21 not just a passive collection based on adverse
22 events. And if you assess whether or not there's a

1 potential bias early on, very often you can get rid
2 of the systematic teach adjudication even in those
3 circumstance.

4 I'm not questioning the early phase
5 premarket approval. I'm talking about these
6 long-term outcome trials.

7 DR. WILSON: Sure. Does FDA want to provide
8 clarification?

9 DR. YANOFF: FDA just wants to clarify that.
10 Yes. The question is related to the establishment
11 of an independent cardiovascular endpoints
12 committee for adjudication. If you could provide
13 comment on that aspect of it, rather than the
14 overall approach of the adjudication. And also,
15 what's not included in the question is -- I want to
16 emphasize this is related to a safety trial, and I
17 know there are different considerations for
18 efficacy and safety. If you could comment on the
19 use of the establishment of an independent
20 committee in the setting of the 2008 guidance and
21 establishing non-access of cardiovascular risk.

22 DR. WILSON: All right. We'll keep that in

1 mind. We're not finished.

2 Dr. Wasserman, next.

3 DR. WASSERMAN: I just wanted to comment on
4 I think a little bit of what Dr. Budnitz said. "It
5 depends" to quote Dr. Grunberger, and it depends,
6 on a large part, on what type of study you're
7 doing. If you're doing a cardiovascular outcomes
8 study, of course, an independent -- and it should
9 be an independent -- cardiovascular endpoints
10 committee makes the most sense. I do think,
11 though, that we've spent some time in this
12 committee talking about forward-looking
13 opportunities of different ways of doing clinical
14 trials.

15 For example, some of the work that
16 Dr. Budnitz does in large databases may allow for
17 an opportunity to look in a non-endpoint committee
18 way at adjudication. And I see the faces
19 grimacing.

20 I just would ask people to keep an open mind
21 because I think this is a field that's evolving,
22 and I think with the ability of larger and larger

1 data sets to look at these things, that if we were
2 to think very futuristically, a lot of what we do
3 on an endpoints committee is rules based and could
4 be applied. That being said, it depends on the
5 completeness of the data.

6 So I would just ask people to keep an open
7 mind about that.

8 DR. WILSON: Dr. Budnitz?

9 CAPT BUDNITZ: Just to make a comment, I'd
10 actually say if you use a large -- outside of a
11 clinical trial setting, I think it's more important
12 to have adjudication of the endpoints as opposed to
13 in a clinical trial setting, where you have
14 randomization and blinding and a prespecified
15 ascertainment of an outcome, then you may not need
16 a triple check of adjudication when biases would be
17 ferreted out by all these other controls in the
18 trial design.

19 DR. WILSON: We have a couple more
20 questions, and we're going to close this. Dr. de
21 Lemos?

22 DR. DE LEMOS: I would separate out the

1 absolutely prospective endpoint collection for
2 cardiovascular endpoints and would just agree with
3 the later people that I'm not sure that there's any
4 evidence to support that the reclassification done
5 by endpoint committees results in a more accurate
6 assessment of the effects of the drug. I don't
7 think we see that because it's an inherently
8 subjective process, whether it's done at the
9 investigator level or it's done in an endpoint
10 committee.

11 Now, there are exceptions to that, and that
12 would depend on endpoint by endpoint. But I think
13 that really does represent a potential savings, but
14 you have to have well collected endpoints not from
15 electronic records. They have to be searched for,
16 collected, maybe screened through some initial
17 rules-based algorithms, and I do think you could
18 get away without that.

19 DR. WILSON: Dr. Nason?

20 DR. NASON: I just wanted to quickly comment
21 on Dr. Rosenberg's point, that he was focused on
22 bias as far as adjudication and that, yes, you

1 could get some precision. And you sort of
2 dismissed that, and I think when you're talking
3 efficacy, that is something that isn't as
4 important. But because we're talking safety here
5 and noninferiority, precision becomes very
6 important in the sense that if you -- this is
7 similar to a point I tried to make yesterday and
8 may not have succeeded fully.

9 But anything you can do to minimize noise
10 will help you really figure that out, because if
11 you're adding noise by not having precise endpoint,
12 for instance, that will make the two groups look
13 more similar and make you more likely to declare a
14 noninferiority even if it wasn't appropriate; just
15 decision.

16 DR. WILSON: Okay. I'm going to try to
17 summarize this quickly, and then we'll move on to
18 part B. The interest is greatest in having valid
19 outcomes, especially related to cardiovascular
20 outcomes. I think there was consensus that
21 cardiovascular endpoints should be valid and that
22 means having good inputs to have a valid output.

1 Historically, this has been at the highest
2 level with independent committees, but there is
3 also some interest now moving forward with newer
4 ways to collect data, to use electronic health
5 records, and mobile devices. All the different
6 things that we've heard about over the past couple
7 of days is that as studies or products are moving
8 further along in development, perhaps some of these
9 other methods could be used efficiently.

10 One comment that was made also is that
11 there's tremendous interest in increasing the pace
12 at which medications may collect data and be sure
13 they're safe to go forward. But there's also some
14 signals which may take larger studies and longer.
15 I'd like to think perhaps those are going to be
16 less frequent adverse outcomes, but that's part of
17 the balance that we have to face even within the
18 cardiovascular outcome arena.

19 One last comment about this is some of the
20 experts who are especially experienced have some
21 degree of skepticism about how well we can use
22 these newer methods. We did not have a consensus.

1 We have a balanced of different opinions on how
2 this might move forward using these newer methods.

3 Is that all right? Can we move forward? Is
4 that all right, a summary?

5 (Affirmative response.)

6 DR. WILSON: All right. Let's go to part B,
7 inclusion of patients at higher risk for
8 cardiovascular events in phase 2 and phase 3 trials
9 to obtain sufficient endpoints to allow for a
10 meaningful estimate of risk.

11 Dr. Newman?

12 DR. NEWMAN: Since there were so few
13 endpoints in the phase 2 and 3 program, I think
14 that we definitely need to include patients at
15 higher risk. In fact, that isn't the way
16 cardiovascular outcomes trials are designed. We
17 look at the risk of the patients and see what we
18 need to get a significant result. But the phase 2
19 and 3 program has to have these high-risk patients,
20 I think.

21 DR. WILSON: Dr. Low Wang?

22 DR. LOW WANG: Thank you. I have to say

1 that in direct response to this question, I would
2 say that this is a yes because this is important
3 for determining cardiovascular safety in that
4 population in a high-risk population, but it's not
5 generalizable to the majority of patients with
6 diabetes and also ignores other endpoints, other
7 noncardiovascular endpoints.

8 So I wanted to mention that, of course, I
9 think we all realize the pathophysiology of
10 atherosclerosis is very different, so atherogenesis
11 versus atherothrombosis and primary prevention
12 versus secondary prevention. And I really don't
13 think that this inclusion of patients at super high
14 risk with established cardiovascular disease
15 necessarily answers the whole question for the
16 population.

17 DR. WILSON: Who's next? Dr. Fradkin?

18 DR. FRADKIN: I don't think it will be
19 sufficient to get enough events, even if you
20 include in a phase 3 study people who are at high
21 risk, but I wonder whether the experience from
22 general drug development in terms of drugs where

1 they've had a cardiovascular adverse effect,
2 whether the combination in terms of trying to
3 identify a safety signal could include events in a
4 phase 3 but also risk factors.

5 In other words, if a drug raised your blood
6 pressure, like Vioxx inhibitors did, or even if it
7 perhaps led to obesity or changed your lipids in an
8 adverse way, it might be that a safety signal could
9 be defined both in terms of events in a phase 3 and
10 a worst risk profile.

11 DR. WILSON: Dr. Grunberger?

12 DR. GRUNBERGER: Well, for the sake of time
13 I say yes because the previous two speakers pretty
14 much addressed what I was going to say, that we do
15 need to enrich, obviously, the phase 2 and phase 3
16 trials in people at high risk. But also I'd like
17 to broaden the risk collected so it's not just the
18 very specific MACE events, but actually go broader,
19 and not to wait for a CVOT to include these people.

20 DR. WILSON: Dr. Blaha? He's looking for
21 other -- any other comments at this point?

22 (No response.)

1 DR. WILSON: Can we try to summarize this,
2 Dr. Blaha, and then we could perhaps come back?
3 Oh, you found what you were looking for.

4 DR. BLAHA: Yes. In reference -- and make
5 sure I get this right -- to the comment, did we
6 have enough data from the phase 2B/3 programs of
7 certain drugs to have some assessment of
8 cardiovascular safety, my assessment of the slides
9 from FDA -- and I'm looking at the presentation
10 overview of design and results of CVOTs, and I'm
11 looking at slide 7.

12 My understanding, if I'm interpreting this
13 correctly, from the dapagliflozin and canagliflozin
14 programs, for example, and even the alogliptin
15 program, I think there are events to exclude the
16 1-point upper boundary within around 100 or
17 200 events accrued.

18 I think to answer the question in some
19 programs, was there enough data, especially the
20 more recent development programs, to exclude a
21 cardiovascular harm signal, I believe my answer to
22 that is yes, in certain programs. But of course

1 clearly before 2008 or just after 2008, I think in
2 the exenatide program, there were 18 events total.

3 But if we were to look at those slides, I
4 think the point FDA was trying to make with this
5 slide is that in the more recent development
6 program, there actually was -- and in more larger
7 phase 2B/3 programs, there was enough events to
8 make an assessment, potentially.

9 DR. WILSON: So we're going to talk about
10 the cutoffs in a little bit.

11 DR. BLAHA: It's a slightly different point
12 in response to a comment that was made earlier.

13 DR. WILSON: Okay. Can we pull up the
14 slide? Is that the slide you had in mind?

15 DR. BLAHA: You can see here, if I'm
16 interpreting it right, in the dapagliflozin and
17 canagliflozin phase 2/3 -- for example, on
18 dapagliflozin 2/3 meta-analysis, there are 178
19 events and an upper limit of 1.09 of the confidence
20 interval from the phase 2/3 program.

21 So I don't think it was exclusively true
22 that in none of the drugs did we have data to

1 exclude an upper boundary of 1.8.

2 DR. WILSON: FDA would like to make a
3 comment on this.

4 DR. ARCHDEACON: I think this speaks a
5 little bit to what Dr. Everett was talking about
6 earlier with regards to event ascertainment and
7 needing to have a sense of validity before doing a
8 deep dive. So I think while this slide seems to
9 present all of these as similar types of data, I'm
10 not sure that that's actually true in terms of the
11 event ascertainment that was underlying the
12 dapagliflozin analysis compared to the CVOT data.
13 So I think maybe that's one caveat I'd have of
14 interpreting the dapa data here.

15 DR. CHONG: I had another comment side.

16 Dr. Blaha, I wanted to congratulate you on a
17 very observant eye. I was looking at this slide,
18 too, as Dr. Wang was addressing Dr. Burman's
19 comment. As you point out for dapagliflozin, the
20 meta-analysis did seem to accrue enough events. I
21 would like to remind committee members,
22 dapagliflozin actually went through two review

1 cycles. The initial review did get a complete
2 response. They did accrue additional data before
3 they got approved.

4 As Dr. Thanh Hai has reminded me, the
5 additional data was done in a slightly high-risk
6 population of patients who all had hypertension.

7 DR. LOW WANG It's very helpful to know
8 that.

9 DR. WILSON: Ms. McCollister?

10 MS. MCCOLLISTER-SLIPP: One thing that I
11 think would be important to consider -- and I as a
12 consumer representative and a patient would love to
13 see FDA consider or require, or consider
14 requiring -- is the expansion of the definition for
15 cardiovascular risk beyond MACE and potentially
16 incentivize or encourage the collection of other
17 markers that could potentially signal
18 cardiovascular risk.

19 Given our understanding at this point and
20 projecting two to three years ahead, our
21 understanding and the emerging science around
22 particular markers, I would rather see the

1 collection -- or rather than just looking at major
2 cardiovascular events, the collection of data
3 points associated with therapies, looking at things
4 such as markers for inflammation, hypoglycemia, the
5 impact of hypoglycemia and potential risk for
6 cardiovascular events, and if we can see a
7 connection there, teasing out some of the stuff
8 that we've seen from other studies, connecting
9 hypoglycemia with cardiovascular issues.

10 I think it's important to have a diverse
11 group of people within the study population, but
12 rather than looking specifically for people that
13 are only cardiovascular, I think we need to look
14 very seriously at the inclusion/exclusion criteria
15 and make sure that the complexity of the patients
16 within the study, and the complexity of the
17 diagnoses and all of the different medications they
18 take, are actually reflective of what the general
19 population is going to be, as opposed to some of
20 the study designs that I've seen where there's an
21 attempt to tease out the complexity, so that when
22 the drug actually makes it into the real market and

1 the real world, you're beginning to see what it
2 looks like in real life in patients that actually
3 reflect a broader patient population.

4 DR. WILSON: Tommy Wang?

5 DR. WANG: I just wanted to follow up on
6 Dr. Blaha's and Dr. Chong's discussion, mainly just
7 to clarify for my understanding. If a sponsor
8 achieves the exclusion of the 1.3 upper bound in
9 the premarketing studies before they've even gotten
10 to the postmarketing phase, then that should be
11 sufficient to meet the guidance. Is that correct?

12 DR. CHONG: Yes, the guidance does say if
13 you can exclude 1.3 premarket, but that is on a
14 composite of the harder outcomes. So sometimes
15 we'll see them exclude 1.3 with a composite,
16 including things like unstable angina or other
17 components to accrue additional events. And we
18 have examples of where that has occurred.

19 Semaglutide is as an example where they
20 definitively excluded 1.3 premarket. They were not
21 issued a postmarketing requirement. Lixisenatide
22 is another one where they completed a

1 cardiovascular outcomes trial pre-approval to
2 exclude 1.3, and they were not issued a
3 postmarketing requirement.

4 DR. WILSON: Okay. Any other comments?

5 (No response.)

6 DR. WILSON: All right. I'm going to try to
7 summarize this. The question is addressing need
8 for patients at higher risk for cardiovascular
9 events in phase 2 and phase 3. In general, there
10 was enthusiasm across the board for this, but there
11 was also balancing that not everybody is going to
12 be at high risk, so how much is this needed? I
13 think part of the interpretation of that is
14 especially as a product goes further along in
15 development.

16 There was interest especially in a
17 collection of cardiovascular risk factors and a
18 careful consideration, especially if there are
19 signals of adverse effects. We have examples of
20 this in the diabetes medication class, and I won't
21 go through them. But they can be related to blood
22 pressure signals. They can be LDL cholesterol or

1 other lipid signals, et cetera. The point is, if
2 that's identified in some studies, especially
3 within a class, as that class development goes
4 forward, that those would be collected
5 systematically.

6 There was also a comment, potentially, since
7 there's enthusiasm about inflammation and also
8 concern about hypoglycemia potentially, information
9 could be collected, especially with biomarkers that
10 may be related or for case reporting related to
11 severe hypoglycemia.

12 The FDA even mentioned something that we had
13 not mentioned so far, is that within these classes
14 of medications, at various times, non-hard ASCBD
15 events have been considered. We haven't really
16 discussed that, but angina has been part of the
17 consideration for medications as they go forward,
18 and I would think that would be another realm of
19 consideration. If something was good in the long
20 term but it aggravated angina or improved angina
21 truly remarkably, that would be of interest as well
22 moving forward.

1 Let's move on, if that's okay, part 2C. 2C
2 is exclusion of 1.8 from the upper bound of the
3 two-sided 95 percent confidence interval for the
4 estimated risk ratio prior to approval. I know
5 this is hard for those who are not used to hearing
6 these. This is the upper bound, not the 1.8 the
7 estimate. It's whether the upper bound includes
8 1.8.

9 Do we have any comments on this? I'm glad
10 Dr. Ellenberg raised her hand. Maybe you could
11 even help guide us a little bit with what we're
12 actually being asked to weigh in on, so to speak.

13 DR. ELLENBERG: Well, what this will mean is
14 that your estimate of the excess risk would have to
15 be low enough in the phase 2/3 setting that when
16 you say, given what we observed, how big could it
17 really be, it probably wouldn't be bigger than 1.8.
18 So it depends on how many people you have studied,
19 but maybe you might observe a 1.2 or a 1.3. And if
20 there were enough people, then the upper end of the
21 confidence interval might be under 1.8. Of course,
22 you would hope that the estimate is actually less

1 than 1, meaning there's not any excess risk
2 observed so far.

3 My thinking about C and D as well is that I
4 would like to see consideration of a different
5 paradigm for how we assess cardiovascular risk.
6 I'm not ready to make a proposal on this, and I'm
7 not sure it should be separate, phase 3 and then
8 something else; but I think some consideration of
9 how many people really should be studied, and what
10 kinds of people, and for how long in a diabetes
11 development program.

12 I do think that some simplified approaches
13 to some studies, I think these studies would be
14 larger, needed to be larger than what we saw prior
15 to 2008 given the size of the population and given
16 the different kinds of signals that we have seen.
17 But there are a lot of considerations here.

18 I remember that when the FDA asked for the
19 RECORD study to be done to clarify the
20 rosiglitazone risk, there was a lot of concern
21 about whether it's ethical to do a big clinical
22 trial to see whether something's really dangerous.

1 In fact, that was referred to the then Institute of
2 Medicine to consider whether this kind of study was
3 really ethical, so it was controversial. And I do
4 wonder if we have a signal of harm, how feasible is
5 it going to be to then do a larger study to see
6 whether that is borne out.

7 So I'm just not sure that this is the
8 optimal paradigm and would think that needs to be
9 re-thought.

10 DR. WILSON: Dr. Low Wang?

11 DR. LOW WANG: I wanted to echo what
12 Dr. Ellenberg said, which is that I think that
13 using an upper bound is a little bit too narrow,
14 it's a little bit short-sighted. I think the
15 initial intent was great, but I think that you can
16 do -- as long as you study enough patients and have
17 a large enough sample size, you could potentially
18 exclude 1.8 but still have a point estimate that's
19 concerning. I do think that some ways around that
20 would be to mandate certain trial sizes, et cetera.

21 So looking back at the slide that was
22 provided by the FDA yesterday in Dr. Condarco and

1 Dr. Niyyati's presentation, the upper bound there,
2 the highest one was 1.5 that was quoted. Then
3 looking also at Dr. Ratner's presentation yesterday
4 of the subset or subgroup of patients without
5 established cardiovascular disease in these large
6 CVOTs, there was a wide range of patients without
7 established cardiovascular disease, ranging
8 anywhere from about 75 up to about 700 patients in
9 those trials.

10 The upper bound of those confidence
11 intervals of course were quite wide on certain ones
12 because of a population of small as 75. So the
13 upper bound for one trial was 2.46, but I think
14 there is a concerning point estimate for in SAVOR-
15 TIMI in that group of 1.3.

16 So I think the FDA should consider including
17 in the new guidance the possibility of considering
18 point estimates as well in the revised guidance.

19 DR. WILSON: Dr. Budnitz?

20 CAPT BUDNITZ: I'd just like to expand a
21 little bit on the point that Dr. Low Wang made
22 about the point estimate, and that's what we really

1 do care about. The sample size issue is one thing
2 with this confidence interval, and that tells you
3 how many people you have to bring to your study.
4 But what patients care about and what we should
5 care about, really, is the effect, and that's the
6 point estimate, is the best estimate of that.

7 So what we pick as the point estimate that's
8 of interest is depending on the incidence of the
9 outcome for how many patients will be effective.
10 Certainly I'd be less concerned about two [fold] or
11 three-fold increase in risk if the incidence of the
12 outcome of concern is a rare cancer. That's 1 in
13 100,000. But I would really be more concerned
14 about maybe just a 20 percent increase if the
15 incidence of the adverse cardiac outcome is
16 20 percent.

17 As more and more higher risk folks are going
18 to be given the drug, then I think we have to think
19 about it different; that there are cutoffs for what
20 is an appropriate level of risk might change. So
21 again, it's getting at this different paradigm for
22 what is acceptable risk, and I think it has to be

1 based on incidence of the expected event.

2 DR. WILSON: Dr. Everett?

3 DR. EVERETT: I look at this question as a
4 way for us and for the FDA to think about getting
5 out of this current 2-stage box that we're in,
6 where we have approval for marketing based on
7 reduction in hemoglobin A1C and then a safety trial
8 that is after that, typically after it's been
9 approved for marketing. So I think there's room to
10 think creatively about combining questions A
11 through C here.

12 For example, if you had specific AEs of
13 special interest that were cardiovascular, a
14 specific ascertainment of those AEs that's not
15 through a classical AE paradigm but rather through
16 specific CRFs in trials that were enriched for
17 patients for cardiovascular disease, and were a
18 little bit larger and had a longer duration, and
19 these things could potentially be required by the
20 agency and allowed substantial enough patient
21 follow-up, you might then be in a situation where
22 you would be comfortable having established

1 cardiovascular safety if you could meet a lower
2 bound in a one-step process.

3 So you have a more robust phase 2B/phase 3
4 development program that includes higher risk
5 patients, follows them for longer, collects some
6 amount of cardiovascular endpoints that gives you
7 more certainty, in exchange you lower that 1.8
8 to -- I'm just going to pick a number out of the
9 hat -- 1.5. If you want to add a point estimate
10 threshold, too, fine. But there what you have is a
11 one-step process or one-approval process that
12 potentially establishes both efficacy with respect
13 to hemoglobin A1C, assuming that's what the
14 manufacturer is seeking, and cardiovascular safety
15 with a reasonable degree of satisfaction.

16 If upon review of those data, the point
17 estimate is above your threshold or the upper bound
18 of the confidence limit exceeds whatever you set
19 that to be, then you trigger a larger
20 cardiovascular outcome trial. That might be one
21 approach to, potentially, it's going to be more
22 resources than is required for the current phase

1 2B/3 approach but less than requiring every single
2 drug that comes through to then conduct a 10 [000]
3 to 15,000-patient cardiovascular outcomes trial.

4 Just an idea as I tried to link those three
5 questions together into a particular approach that
6 might be more efficient. And that would
7 potentially weave D off the program as something
8 that you didn't have to achieve after that process.

9 DR. WILSON: Dr. Rosenberg?

10 DR. ROSENBERG: Basically, I agree with
11 Brendan. He proposed an approach that is a
12 different paradigm that was mentioned earlier that
13 we need I think. We need to move away from this
14 boundary-based approach of approval, especially
15 this multi-step process that doesn't make sense, as
16 was outlined for [indiscernible] point of view. It
17 depends on the type of events you're considering at
18 the incidence.

19 So I think we really need to have a more
20 tailored approach based on better, earlier data.
21 But I think what the FDA does here, usually, is
22 they base their approval on the estimate of risk

1 without any specific artificial boundary. And
2 based on the experience on multiple drugs and
3 multiple classes, and there's not been any adverse
4 risk, we need a different approach. It doesn't
5 mean that there doesn't need to be a good
6 evaluation of risk before approval, but I don't see
7 the point of this, of this whole [ph] anymore.

8 DR. WILSON: Dr. de Lemos?

9 DR. DE LEMOS: Just to be clear, I do see
10 the point of the rigorous -- I know I can read the
11 tea leaves on the wall, and I see tremendous value
12 in D, I reject the idea that I should be giving a
13 drug to a person with cardiovascular disease based
14 on results for lab tests only. So I'll start with
15 that construct that I don't agree with that; that
16 we should be entering drugs into the market that
17 affect lab tests and no measurable clinical
18 outcome.

19 Having said that, there's a lot of
20 enthusiasm from others in the room for a more
21 moderate approach. I will say I have little
22 sympathy for the industry complaints about

1 resources. The market here is enormous, and the
2 path to market, if we eliminate D, is extremely
3 easy. You're fortunate in industry that you're
4 coming to this part of the FDA and not cardiorenal.
5 These are drugs given to patients with
6 cardiovascular disease, and to not have to
7 demonstrate cardiovascular outcome benefits of some
8 sort or some clinically meaningful outcome is a low
9 bar I think.

10 But having said that, I would agree with
11 Brendan that there is a pathway forward. If D is
12 eliminated, C must be more rigorous. There's a
13 compromise position. I think the upper bound is
14 reasonable because it drives event numbers, and I
15 think that 1.8 is not sufficient to get a drug on
16 the market for safety with 122 events.

17 That's not enough for any of us to be
18 confident. And there shouldn't be a rush to get to
19 market. We have plenty of drugs available. Why
20 allow a drug to market before we have whatever that
21 boundary is? Make the C boundary more rigorous,
22 300 events, and require that that boundary be

1 established either with an active control or on
2 background therapy of drugs that have
3 cardiovascular benefit in that population.

4 So if you're going to study patients with
5 cardiovascular disease, they should be treated with
6 either a GLP-1 agonist or an SGLT2 inhibitor, and
7 we should know what the upper bound is relative to
8 those agents in this population, because giving a
9 drug that doesn't offer comparable benefit is
10 unsafe in my view. If you're demonstrating 1.5,
11 whatever that upper bound is, and it's not against
12 a drug that is efficacious in that population, we
13 can't be sure that it's actually safe to give
14 patients that drug instead of the evidence-based
15 one.

16 So I do think there's a compromised
17 position. I'm not in favor of it. I don't think
18 that the bar's too high. In fact, you could argue
19 that it should be higher because the market for
20 these drugs is enormous, and the risk of these
21 patients is high.

22 DR. WILSON: We've had a lot of mission

1 creep into section D, so why don't we keep going a
2 little bit more here, but can we do C and D
3 together? If we need to, we could split them, or
4 at least try to summarize, we'll do it, because
5 they are very closely aligned, so to speak, at this
6 point.

7 So next comment, Dr. Wang?

8 DR. WANG: Certainly, at least, I agree with
9 the concepts articulated by Dr. de Lemos. A couple
10 points; one, in fairness to the original guidance
11 to the questions brought up earlier, this text here
12 is a high-level summary, but the actual full
13 guidance from the FDA does comment about the
14 importance of point estimates and the fact that a
15 point estimate of 1.5, even if the upper bound is
16 less than 1.8, would not be reassuring.

17 These issues were not ignored by the FDA 10
18 years ago. That being said, I think it's certainly
19 reasonable to consider being a little more explicit
20 about paths to approval that might not require
21 multiple steps and multiple stages, which is one
22 reason I asked the question earlier. There

1 currently is a path to approval that's all
2 premarket. It's just a relatively high bar. So it
3 seems like most sponsors haven't been able to
4 achieve that.

5 The second comment that I would make, again,
6 echoing a little bit of what Dr. de Lemos pointed
7 out, I hope most or all of us would agree that to
8 demonstrate either safety or efficacy, we need
9 cardiovascular events. There are no surrogates
10 currently in this space that replace cardiovascular
11 events. The history of surrogate endpoints in
12 cardiovascular disease has generally been poor
13 outside of LDL and blood pressure.

14 So to Dr. Ellenberg's point earlier in the
15 discussion, hemoglobin A1C lowering is not an
16 adequate surrogate to make any statement about the
17 safety or efficacy of cardiovascular drugs. And to
18 echo the comment earlier from our patient
19 representative, while inflammatory biomarkers and
20 other things are of great interest, they are also
21 not adequate surrogates to comment on the
22 cardiovascular effects of these drugs.

1 DR. WILSON: Dr. Ellenberg?

2 DR. ELLENBERG: The new paradigm that I had
3 in mind was along the lines of what Dr. Everett
4 suggested, larger studies premarket. And what I
5 would hope is that those studies might be large
6 enough to at least detect a signal, not just in
7 safety, but in clinical efficacy; that you might
8 have enough information that you would be able to
9 see, perhaps not definitively, statistically
10 significantly, but at least a trend toward
11 improvement in reduction of cardiovascular events,
12 or of heart failure, or of any of the other things,
13 the whole reason we treat people for diabetes it's
14 supposed to do to lower the risk.

15 That would be a complicated effort, but it's
16 kind of hard for me to see that if there's no
17 signal whatsoever, that there's any reduction in
18 risk of the clinical outcomes that we're worried
19 about with diabetes. Even if it doesn't seem to
20 cause excess risk of cardiovascular events, it
21 doesn't seem very exciting.

22 DR. WILSON: Dr Newman?

1 DR. NEWMAN: I have a question to clarify
2 the guidance. Right now, it must be demonstrated
3 that the upper bound in the phase 2 and 3 program
4 of the two-sided 95 percent confidence interval has
5 to be less than 1.8. Is that correct? If it's 1.9
6 or above, would that require another safety study
7 before approval?

8 DR. CHONG: So in short, yes. That would
9 raise concerns that either there was the potential
10 for excess risk or that the risk had not been
11 adequately evaluated and would mean the drug could
12 not be approved.

13 DR. ELLENBERG: Right. So if we lowered
14 that to 1.5, there would be a greater chance that
15 drugs would require additional safety studies
16 before approval; because I heard someone talking
17 about lowering the upper bound to 1.5.

18 DR. YANOFF: I believe the comment also came
19 along with the elimination of the 1.3, but that's
20 really for the committee to discuss. But that's
21 what I heard.

22 DR. WILSON: We'll come back to that.

1 Dr. Grunberger?

2 DR. GRUNBERGER: We heard from a lot of
3 smart people, so there's not much more to add. I'd
4 like to also eliminate the two different numbers
5 there. But something bothers me, and I heard
6 yesterday, is that the 1.8 and 1.3 were sort of
7 arbitrary. And I didn't hear any definition why
8 and how to inspect [indiscernible], going back to
9 what Dr. Budnitz said about the incidence.

10 Also, if we include the phase 3 to include
11 the sicker people at higher risk and actually
12 broaden the signals or things we look at beyond
13 just the classic MACE -- I'm just wondering, is
14 there any way to ask clinicians and patients what
15 kind of risk is acceptable because this is
16 [indiscernible] statisticians.

17 I'm just wondering, depending on the type of
18 risk we're discussing, shouldn't there be some
19 point estimate on the part of people who matter,
20 i.e., the prescribers and patients? Because there
21 might be a willingness to accept either a high risk
22 or maybe demand much lower risk.

1 So this one size fits all, which is
2 arbitrary to begin with, sort of bothers me.

3 DR. WILSON: Let's hear a little bit about,
4 D, the 1.3, and the 2-stage approach, and then try
5 to summarize both C and D together, if that's
6 possible. Because I think if we try to summarize
7 C, we could repeat a lot of this discussion with D.

8 Is there a way to comment about the 2-stage
9 and the two different cuts? Dr. Yanovski?

10 DR. YANOVSKI: I just have a broader
11 question as we're discussing this, which is,
12 really, what our definition is going to be of MACE,
13 because we talked earlier about the fact that often
14 we're using that for atherosclerotic cardiovascular
15 disease but that we also have agreed we want to
16 include heart failure, and we've also heard that
17 maybe we shouldn't be folding in heart failure with
18 our MACE definition because there could be opposite
19 effects.

20 So I guess my question is, if you're talking
21 about these, do we then have these boundaries for
22 both heart failure or other aspects of

1 cardiovascular disease and traditional MACE?

2 DR. WILSON: Nobody's jumping to answer her
3 questions.

4 Dr. Low Wang, you're next, not that you have
5 to try to answer her question, though.

6 DR. LOW WANG: I do think that the heart
7 failure and MACE endpoints are very distinct, and
8 as we've seen, there are distinct effects of the
9 different drugs. But I wanted to go back to a
10 comment that Dr. Wang made, which was that the full
11 guidance -- we're just looking at the high-level
12 version of the guidance here, but the full guidance
13 does mention some information about the point
14 estimate.

15 I do think that the upper bound should be
16 lowered. That's the first thing. I think that in
17 and of itself is going to mandate larger trials,
18 longer follow-up probably, more exposure to be able
19 to show that, and that will also bring down the
20 point estimate. But I do think that some
21 information about what type of point estimate is
22 acceptable would be important as well as guidance

1 from the FDA.

2 I know this was mentioned earlier, but in
3 the 2008 draft guidance for development of diabetes
4 drugs, this was also mentioned, that larger trials
5 would likely be needed with larger exposures,
6 longer treatment, when there's many sufficiently
7 safe alternatives already existing.

8 So I think we're in that space right now
9 where there are many safe alternatives. We have a
10 couple that show benefit. So I think we do need
11 these longer, larger trials, but I think that that
12 upper bound can be lowered to do this. And I don't
13 think we need two different ones.

14 DR. WILSON: Dr. Yanovski, you had one? No.
15 Dr. Rosenberg?

16 DR. ROSENBERG: I think Dr. Yanovski pointed
17 out a very important point related to defining a
18 specific boundary, which it's a boundary for what?
19 Can we still rely on the MACE? We're going back to
20 the first question in the evaluation of risk. If
21 we use a boundary, that doesn't seem to make sense.
22 On the other hand, there are very good arguments

1 why you cannot necessarily put heart failure within
2 the MACE events.

3 So we need a global assessment of risk, but
4 can we use one value to have that assessment? I
5 don't know if we can do that.

6 DR. WILSON: Dr. Blaha?

7 DR. BLAHA: It's Mike Blaha. I'll just
8 agree with many of the things that have been said,
9 which I think are extremely good points. I was
10 coming on the idea of are we lowering the bar or
11 are we raising the bar. I guess it depends on the
12 point of view. I loved Dr. Everett's kind of
13 quick, on the fly proposal for re-doing this, which
14 I need to think a lot more about, but generally
15 speaking, I agree with.

16 I like the idea that in premarket approval,
17 the lower bound or whatever it is that we choose
18 this pathway, if that bar, so to speak is
19 raised -- they go hand in hand. If we're going to
20 do away with the postmarket CVOT, clearly the bar
21 for approval would have to be raised, which could
22 be accomplished by lowering the upper bound to 1.5

1 or some strategy.

2 So I don't see it I guess as -- and I
3 wouldn't want to ever say that we're lowering the
4 bar for allowing drugs to come on the market. We
5 could be changing the approach of what is the
6 initial bar to cross and what would be the
7 requirement for a large postmarketing study.

8 So I'm in favor of raising the bar at first
9 and then maybe not requiring a CVOT afterwards,
10 which is what Dr. Everett said. But just
11 clarifying, I don't think any of us in the room
12 would be comfortable with saying we're going to
13 lower the bar for access of these drugs to the
14 market.

15 DR. WILSON: Dr. Everett?

16 DR. EVERETT: I just wanted to respond or
17 echo Dr. de Lemos and Dr. Wang's comments earlier
18 because I think, in general, we agree. What I will
19 say is that I've taken hemoglobin A1C as a lab test
20 that is a defined and appropriate surrogate outcome
21 for retinopathy and nephropathy for patients with
22 diabetes. So I view it -- I guess, on the advice

1 of my endocrinology colleagues and on the fact that
2 the FDA is very firm and its position that we're
3 not to discuss; that's inviolate at this
4 point -- much like LDL and blood pressure in the
5 cardiovascular realm. And I'm, just for the sake
6 of argument, taking that at face value.

7 I will say that when I've sat on this
8 committee and we've considered agents for LDL
9 reduction -- before I get there, I want to say that
10 I also think it's important not to have -- we had
11 many beautiful figures about the varieties and
12 types of morbidity that patients with diabetes
13 face, and to solely drive treatment options based
14 on nephropathy and retinopathy to the exclusion of
15 macrovascular disease, or for that matter to
16 chronic kidney disease, which has come up as well a
17 number of times, is I think short sighted.

18 So I would hope that the trials in this
19 10-year experience has opened Pandora's box, if you
20 will, where the market will demand that you have
21 drugs that actually affect heart failure risk; that
22 affect cardiovascular mortality; that affect

1 atherothrombotic events in order to actually gain
2 any market share. And to what extent the FDA
3 should serve as the gatekeeper to that market I
4 think is an important question.

5 In particular, I think when we've considered
6 other drugs that have lowered surrogate endpoints,
7 LDL cholesterol, what we've considered is unmet
8 clinical need. So if there is a significant unmet
9 clinical need that's in the marketplace, then maybe
10 we're more willing to approve a drug based on its
11 effect on a surrogate endpoint than if there's not
12 an unmet clinical need.

13 Now, if I ask my endocrine colleagues,
14 there's always a need for more glucose-reducing
15 agents. As a cardiologist, I don't necessarily see
16 it that way. I see an array of drugs with names
17 that I can barely pronounce and a wide array of
18 classes and agents within individual classes, and
19 there doesn't seem to be, as James put it, an
20 urgent need to approve more drugs in an already
21 expansive armamentarium.

22 So that would give me some pause about sort

1 of rushing through a number of NDAs just based on
2 the surrogate endpoint of hemoglobin A1C without
3 demonstrated benefit in other key important
4 categories of disease risk for patients with
5 diabetes, macrovascular disease, chronic kidney
6 disease, et cetera.

7 So that's I guess to agree and perhaps
8 differ a little bit with what Dr. de Lemos said
9 earlier

10 DR. WILSON: Dr. Nason?

11 DR. NASON: I agree with much of what's been
12 said, and I won't go back through it. I do agree
13 on this idea of flexibility and some of the
14 differences in paradigms. The one thing I wanted
15 to point out that I don't think anyone said
16 explicitly, at least, is one of the very early
17 slides we had from the FDA talking about the
18 regulatory framework states that FDA could require
19 a post-approval study to assess known serious risk,
20 asses signals of serious risk, or identify an
21 unexpected serious risk when available data
22 indicate the potential for a serious risk.

1 To me, it looks like the last 10 years have
2 suggested that there's not much signal of serious
3 risk. And based on this regulatory framework, I'm
4 not sure that it is justified to continue with a
5 lower bound of anything after post-approval.

6 Having said that, I definitely do agree that
7 if this is dropped, more creative and especially
8 more long-term follow-up before approval would be
9 crucial because you'll lose this information. But
10 I've had it in my head that given this regulatory
11 framework, I'm not sure I see that there is a
12 compelling argument that the FDA even can -- "can"
13 isn't the right word, but should be mandating
14 post-approval studies at this point.

15 DR. WILSON: Can I try to summarize C and D?
16 This is where there's been probably more opinions
17 and lack of consensus than any of the topics we've
18 had so far. But we had a few strong statements, I
19 think, that we're encouraging. One was really
20 questioning whether we need two different
21 thresholds; for instance, a 1.8 upper bound before
22 approval and 1.3; could that be consolidated? And

1 one, Dr. de Lemos, if we pinpoint him, said do we
2 really even need the D, the 1.3 post-approval.
3 Could it be simpler?

4 Then after those discussions, we had a fair
5 amount of how about focusing on the number of
6 events and the actual point estimates. And some of
7 this, for sure, the FDA has considered since 2008.
8 But I think we would all like to see it simpler, if
9 possible. Should everything move forward with the
10 current paradigm? We would endorse moving towards
11 a simpler paradigm, not a total shift necessarily,
12 but something simpler I think is the best way to
13 synthesize it.

14 The focus is on safety. Some of the
15 discussion got into combined safety plus efficacy,
16 but remember, our real mandate for this meeting is
17 safety. And some of the studies that have come
18 before EMDAC committees have combined safety and
19 efficacy. But the point is especially to focus on
20 safety.

21 Is that a fair -- anybody want to add
22 something? You're going to get other chances here

1 as we summarize moving forward, and some of this is
2 addressed in question 3 or discussion topic 3. So
3 let's move on to 3.

4 I'm sorry. Any clarifications?

5 Dr. Fradkin, go ahead.

6 DR. FRADKIN: I just can't leave what Dr.
7 Everett said.

8 (Laughter.)

9 DR. FRADKIN: I'm challenged. Blood glucose
10 is not analogous to blood cholesterol. Nobody is
11 hospitalized with acute elevations of blood
12 cholesterol. Lowering blood glucose is important
13 irrespective of the effects on long-term
14 development of microvascular complications. People
15 need to have their blood glucose within a safe
16 range.

17 Even though there are 12 drug classes, and I
18 too have trouble pronouncing all of the names,
19 there is no optimal drug for every patient, and
20 there are still a lot of patients for whom the side
21 effects of these drugs are very challenging. And I
22 do think we need additional options for people.

1 DR. WILSON: We're moving to discussion
2 topic 3, and it's a short one, but that doesn't
3 necessarily mean we have little to say. Discuss
4 how cardiovascular safety findings from members of
5 a drug class should or should not be applied to all
6 members of the drug class. Let's start with Dr.
7 Burman.

8 DR. BURMAN: Thank you. I know this is
9 controversial. My thoughts are that drugs within
10 the same class still have different chemical
11 structures and have the potential to have different
12 safety and efficacy profiles. Torcetrapib, which
13 we've talked about, as well as other drugs
14 illustrate that point.

15 The additional issue is to consider how many
16 drugs in a given category need to be approved or
17 evaluated to indicate the next one is likely to be
18 safe? And that's an impossible question to answer.
19 You have 4 drugs approved. Is the fifth one going
20 to be the same as the earlier four? It's
21 impossible to know. So I recommend that each drug
22 be considered individually in a given class.

1 DR. WILSON: Dr. Blaha?

2 DR. BLAHA: Mike Blaha. In short, I just
3 will agree with that. I did want to add to your
4 summary in the last one. Although I think we like
5 a simpler framework, I think we also like a simpler
6 but flexible framework. So in some ways we'll
7 simplify it, and in some ways it will become more
8 flexible on a case-by-case basis. So in this
9 simpler, flexible framework, I would say all drugs
10 would have to pass that hurdle.

11 DR. WILSON: Dr. Low Wang?

12 DR. LOW WANG: I do want to say that I think
13 that
14 we've seen very good presentations over the past
15 couple of days about how general safety findings
16 cannot be applied to all members of the same drug
17 class. But I think that we've seen that there's no
18 cardiovascular safety signal in the multiple CVOTs
19 that have been done since the 2008 guidance.

20 So I actually think the answer to this is
21 that we can apply cardiovascular safety findings as
22 long as there are no cardiovascular safety signals

1 seen in the drug development program in the phase 2
2 and 3 trials.

3 DR. WILSON: Dr. Rosenberg?

4 DR. ROSENBERG: Well, that depends on what
5 you call cardiovascular. If you extend it to heart
6 failure or amputation, is that cardiovascular?
7 That's a safety finding if you believe, then.

8 The point I wanted to make is you cannot
9 apply the same safety criteria to the first member
10 of a drug to the 10 members of the drug. If you
11 have 9 that have been tested showing that they
12 have no safety findings, even cardiovascular or
13 otherwise, you still need to assess safety long
14 term but not especially use the same criteria for
15 the 10 drugs that you used for the first one.

16 DR. WILSON: Dr. Grunberger?

17 DR. GRUNBERGER: This was actually my
18 comments. I basically agree with comments of Dr.
19 Burman and Dr. Rosenberg, is that, number one, each
20 of these drugs have a different molecule, so
21 a priori, you cannot expect they have exactly the
22 same characteristics. But I think the next one

1 should be informed based on the previous one. So
2 there are specific signals or potential signals
3 raised with one, and probably that bar should then
4 be raised for the next guy to make sure that those
5 safety signals are also addressed.

6 DR. WILSON: Ms. McCollister-Slipp?

7 MS. MCCOLLISTER-SLIPP: I completely agree
8 with what's been said previously. I don't think it
9 makes any sense at all to conclude that because one
10 particular drug in a specific class is either safe
11 or effective, that we can assume that there's a
12 class effect in either one direction or the other.

13 I'd also like to say I really hope, after
14 we're finished discussing point 3, that we can come
15 back to discussing the broader impact because I
16 feel like that section of the discussion was really
17 rushed a bit. This is an incredibly important
18 meeting with significant implication, so I'd really
19 like to be able to have a little bit more time to
20 discuss the broader impact before we get to the
21 vote. It looks like we have plenty of time left.

22 DR. WILSON: Dr. Wang?

1 DR. WANG: I just wanted to agree with the
2 prevailing opinion that every drug should be
3 considered on its own and to point out what I'm
4 sure everyone probably recognizes, that we don't
5 really understand the mechanism for the
6 cardiovascular benefit for those drugs that look
7 like they have cardiovascular benefit, nor of the
8 potential harm for those drugs that might be linked
9 with, for instance, excess heart failure.

10 So absent an understanding of that
11 mechanism, it's impossible to generalize to a drug
12 class.

13 DR. WILSON: Dr. Nason?

14 DR. NASON: I agree with what's been said,
15 but I just wanted to say that it seems like you
16 might make a different decision, that if there had
17 been a safety signal from a member of the same
18 class, that might be something you would want to
19 take into account. Mostly people are addressing if
20 other members of the same class had appeared to be
21 safe, would you lower your bar? Would you need
22 less evidence in a sense? But if it went the other

1 way, if there had been another member of the same
2 class that appeared to have a cardiovascular
3 signal, I think that might be enough to push this
4 back into the category of something that did need a
5 CVOT or did need extra follow-up from what you've
6 otherwise decided it would need.

7 DR. WILSON: Dr. Fradkin?

8 DR. FRADKIN: To amplify what Dr. Wang said,
9 in addition to not knowing the mechanism, I think
10 what we do know about the mechanisms suggests that
11 there would not be the same profile necessarily.

12 If you look at SGLT2 inhibitors, the
13 specificity for SGLT2 versus SGLT1 can vary across
14 the agents, and there's huge pleiotropy within the
15 incretins in terms of both the molecules and the
16 receptors. So I think there's a lot of reason in
17 terms of the biology to think that they in fact
18 would be different, potentially.

19 DR. WILSON: Dr. Newman?

20 DR. NEWMAN: I just wanted to agree that
21 drugs in the same class differ in their safety
22 profiles and that we have to take that into account

1 when we're deciding how these drugs should be used.
2 This has been demonstrated. You can see this in
3 the DPP-4 inhibitor class. Also, in terms of the
4 statin class, and I'm not talking about
5 cardiovascular safety, but other adverse events,
6 the drugs differ in whether they cause liver
7 problems or muscle disease.

8 DR. WILSON: Dr. Everett?

9 DR. EVERETT: Just at the risk of stating
10 the obvious, I think the FDA and the investigators
11 do a great job of iterating and adapting both their
12 efficacy endpoints, as we heard yesterday from
13 Dr. Sabatine with respect to dapagliflozin and
14 looking for heart failure and cardiovascular death
15 as a key primary endpoint of that trial; as well as
16 their safety endpoints.

17 I would imagine that the FDA has asked them
18 to look very carefully at peripheral artery disease
19 and amputation in that study because of risk
20 signals that have come from other agents within
21 that class.

22 That said, I don't think you paint all of

1 the agents with the same brush, but you use
2 information from agent 1 to inform your approach to
3 testing agent 2.

4 DR. WILSON: Dr. Low Wang?

5 DR. LOW WANG: I just wanted to state that I
6 do understand that different drugs are different.
7 They have slightly different structures. They have
8 sometimes other different features that make them
9 distinct. But I think that here there's a
10 difference between safety signals, in general,
11 versus cardiovascular safety signals. So I think
12 that the trials that we do have the results from,
13 all of these CVOTs do show very, very reassuring
14 consistency across different drugs in the same
15 class for cardiovascular safety. But for other
16 non-cardiovascular safety signals, they've been
17 very different.

18 So looking at this discussion topic, I think
19 here we're talking about cardiovascular safety.
20 And to me, I think that we have enough information
21 that the cardiovascular safety is very consistent
22 across the classes, across the class with different

1 members of the same class. So I agree that the
2 different drugs are different, that there are
3 differences in potential hepatotoxicity, GI side
4 effects, and other safety findings. But for
5 cardiovascular safety in particular, I think that
6 this has been fairly consistent.

7 DR. WILSON: Any more comments?

8 (No response.)

9 DR. WILSON: Everybody said that they were
10 saying the same thing, but you all said something
11 different.

12 (Laughter.)

13 DR. WILSON: If you take notes, you start
14 noticing this. Dr. Wang said some of the simplest
15 things to summarize, that each drug should be
16 considered on its own. And I think, importantly,
17 we lack mechanisms for the drugs that have been
18 proven to show cardiovascular improved efficacy,
19 reduction in events.

20 This is a very hot field, and we have good
21 studies. Considering each on its own, as we move
22 forward, we may find out much more about this

1 cardiovascular protection that has been observed in
2 at least two major classes of drugs.

3 So many of the panel said the drugs differ.
4 A few of the voices said for cardiovascular safety,
5 they're more the same. I would raise the issue,
6 for instance, though, that we've observed for the
7 SGLT2 class, as for cardiovascular overall safety,
8 they may be beneficial, but for peripheral artery
9 disease/amputations, there may be adverse events.

10 So we have surprises, so to speak, and we
11 didn't have any great uniformity. But I would say
12 the majority was in favor of considering drugs as
13 individual drugs, even within the classes as a drug
14 development is assessed and reviewed by FDA and
15 committees, et cetera, in the future, with some
16 element of flexibility, for sure, because some of
17 the different endpoints beyond the simple 3-point
18 MACE have some differences.

19 Is that fair enough? You get to comment,
20 make alterations.

21 (No response.)

22 DR. WILSON: All right. We would like to

1 move to the voting, but Ms. McCollister-Slipp, you
2 wanted to make a comment. Can you go ahead and
3 make your specific comments about that? We would
4 like to go ahead for voting, though.

5 MS. MCCOLLISTER-SLIPP: Well, I feel like
6 the impact discussion was pretty quickly run
7 through, and we seem to have plenty of time. So
8 the impact of the 2008 guidance was significant.
9 And whatever the agency does as a result of this
10 hearing and the additional work they're doing is
11 also going to be significant. So I think we really
12 need to think deeply about what are the options,
13 where are we, and what will the impact be for
14 whatever the agency does moving forward.

15 As somebody who's here as a consumer
16 representative, as a patient, as a daughter of a
17 patient, I think it's important to consider the
18 impact that the agency has on setting the research
19 agenda and the focus of both drug makers and the
20 broader research community.

21 There are a lot of things that really matter
22 to patients and people who live with the disease

1 beyond cardiovascular events. And there are a lot
2 of things that can happen between the time of
3 diagnosis, and going on these medications, and
4 staying on them for decades, and ultimately a major
5 cardiovascular event.

6 Like in the case of my father, I think his
7 heart would probably be in much better condition if
8 the drugs that he had been on for decades didn't
9 cause weight gain, and he wouldn't have had
10 osteoarthritis and had to have two different knee
11 replacements for which he you didn't really do the
12 exercises.

13 Now, is that relevant here? I would say it
14 is relevant here because we need to think more
15 broadly about what the impact of the agency's
16 ability to set the research agenda and the focus
17 is. And I'm not blaming the agency for that. I
18 think the agency acted very responsibly in response
19 to both the political and scientific environment at
20 the time in 2008.

21 We've learned a lot. I think we have a lot
22 more confidence in the cardiovascular safety of the

1 drugs that are out there, and we've learned some
2 really interesting things that I think will be
3 clinically beneficial. But there are lots of other
4 things that I think we should be focusing on that
5 ultimately have a broader longer term impact on
6 what really matters most to patients and to the
7 people who are impacted by patients.

8 These are very serious issues.
9 Over-focusing on major cardiovascular events means
10 that we don't focus on other things. There's also
11 an increase in -- especially over time with this
12 disease, there's a significant risk both in
13 morbidity and mortality because of suicide, and
14 alcohol related deaths, and drug addiction because
15 there's a significant, and I would say,
16 understudied connection between depression and
17 mental illness. Sure, we understand what that
18 connection is, we know that it's there, but we
19 don't understand the mechanisms behind that
20 connection.

21 I would say that would be a more useful
22 investment, whether it's on the part of

1 pharmaceutical companies or the other research
2 avenues that we have available to us. And I as a
3 taxpayer, consumer, a patient, daughter of a
4 patient would much rather see the agency think more
5 broadly about the risks. And again, I'm not saying
6 that to be critical about why the agency created
7 this guidance. I think it made absolutely perfect
8 sense given the environment in which it was
9 developed, but we've come a long way in 10 years.

10 I think as a committee, we need to think
11 about what sorts of guidance and counsel we can
12 provide the agency that will give them the ability
13 to pursue things beyond cardiovascular disease,
14 because whether or not we choose to focus on it or
15 not, this happens in a political environment. What
16 we do, what we say, and the comments that are
17 reflected give them either the ability or their
18 permission to think more broadly than
19 cardiovascular disease.

20 So yes, we're here today to talk about
21 cardiovascular disease. I don't want to die of a
22 heart attack. I don't want to have a major stroke.

1 There's a really good chance that if I live long
2 enough that that's what's going to happen. But
3 there are lots of other things that can take me
4 down before that. And that's I think the way most
5 patients who live long term with this disease think
6 about this issue.

7 There are a lot of other safety concerns
8 beyond the heart. There are a lot of things that I
9 think we could look at. And I agree, we don't know
10 enough about inflammatory markers and the
11 connection to cardiovascular events at this point,
12 but why don't we know that?

13 We've known that inflammation is a
14 significant cause of -- there's a significant link
15 to cardiovascular issues for a really long time.
16 Why haven't we studied that more closely? Because
17 we're only focused on major cardiovascular events.
18 I think that's a little short-sighted, and our
19 science and our ability to measure and assess
20 things has moved on since then.

21 I would love to see the agency encourage and
22 incentivize looking more broadly at broader markers

1 because we've also seen a connection between
2 inflammatory markers and depression and mental
3 illness and a whole range of other things that
4 impact people who live with the disease.

5 I could keep going, and I won't. But I do
6 think that what we decide today is incredibly
7 important and impactful, not just for pharma
8 companies that are spending \$6 [billion] to
9 \$7 billion on this, but for the people who live
10 with disease.

11 Heart attacks and strokes are horrible, but
12 a lot of things are horrible with this disease.
13 And I don't think that we as a committee should let
14 the agency go without telling them that they need
15 to broaden their perspective, and giving them
16 permission and the ability to be able to do that
17 within the environment within which they exist.

18 DR. WILSON: Thanks very much. Was there
19 going to be a comment?

20 Mary, did you want to -- Mary Thanh Hai?

21 DR. THANH HAI: Yes. Thank you, and thank
22 you for your comment there. Before you go to the

1 voting question, I've heard several members today
2 and yesterday talk about mandatory required. When
3 you go to the voting question, this is about our
4 guidance. And I think it's important to remember
5 that the guidance is actually allowing the agency
6 to invoke one of our authorities under FDAAA.

7 I think Dr. Mason, I believe, brought that
8 up again. I don't know if members need to
9 understand the regulatory framework of
10 postmarketing required studies under FDAAA. If you
11 need to see that again once more before you look at
12 the voting question, we can put that slide up. If
13 you feel like you understand it, then we can pass.

14 DR. WILSON: Could we pull that up again?

15 DR. THANH HAI: That's slide number 3, I
16 believe, from Dr. Chong's presentation yesterday.
17 I'm not going to read it, but just so that people
18 can see that, and then you can move over to the
19 voting question.

20 (Pause.)

21 DR. WILSON: As I understand this, to assess
22 known serious risk could include cardiovascular and

1 many other realms of complications. Or is this
2 directed towards cardiovascular?

3 DR. THANH HAI: The voting question is
4 directed towards cardiovascular. But again, it's
5 another framework.

6 DR. WILSON: This framework includes the
7 entire spectrum, so to speak.

8 DR. THANH HAI: It does, but the voting
9 question is only to the cardiovascular risk
10 guidance.

11 DR. DE LEMOS: Can I ask for a
12 clarification?

13 DR. WILSON: I think we have a couple of
14 requests for clarification. Dr. de Lemos?

15 DR. DE LEMOS: So the voting question does
16 not involve the term "pre" or "postmarket." It
17 just asks whether -- do you want to clarify that
18 point? Are you specifically asking the
19 postmarketing question or are you asking --

20 DR. CHONG: If you read under sub-bullet A
21 or I guess option A of the voting question, at the
22 very end there is a request for discussion of what

1 assessment would be appropriate and when it should
2 be conducted.

3 DR. WILSON: Dr. Everett, you had a
4 question?

5 DR. EVERETT: Just to clarify, the agency
6 can set certain standards for safety prior to
7 approval. The slide that you showed is for
8 postmarketing approval, but for premarketing
9 approval, you could establish any set of benchmarks
10 that you felt were appropriate for efficacy and for
11 safety.

12 DR. THANH HAI: Yes. That would be part of
13 the -- under our guidance for drug development and
14 our advice to companies as they come in during drug
15 development.

16 DR. WILSON: A very simple question; is
17 there a definition of the word "guidance" from the
18 point of view of the FDA?

19 DR. THANH HAI: It depends.

20 (Laughter.)

21 DR. THANH HAI: There are several
22 definitions or examples of it. A guidance isn't an

1 actual written document. It can actually be a
2 draft guidance or a final guidance, but there's
3 also guidances giving us advice as companies come
4 in for milestone meetings.

5 DR. WILSON: But a formal FDA guidance is to
6 guide the decision process for the FDA and a
7 sponsor for a new product for how it should be
8 developed to gain potential approval. It's to
9 guide how it should go forward. That's the point.
10 It's a guide word, not a mandated or other types.

11 Is that how it's understood up until now?

12 DR. THANH HAI: Yes. In fact, if you look
13 at FDA guidances, these are not requirements. But
14 in this particular instance, a PMR is a
15 requirement.

16 DR. WILSON: Okay. Thank you. We're ready
17 to move forward, I believe. Yes, Dr. Mason [sic]?

18 DR. NASON: It's Nason, technically, but
19 okay.

20 DR. WILSON: I'm sorry. Nason.

21 DR. NASON: That's all right. I just wanted
22 to clarify. Were you bringing this up because you

1 thought I'd misunderstood it or because
2 other -- this regulatory framework slide. I'm
3 sorry.

4 DR. CHONG: We thought you understood it.

5 DR. NASON: I see.

6 (Laughter.)

7 DR. CHONG: We just wanted to make sure that
8 everybody understood what you understood.

9 DR. NASON: Great. I just wanted to make
10 sure. I thought you were saying at first that I
11 misunderstood. Thank you.

12 DR. WILSON: We're going to move forward.
13 We have more comments before we move forward? No?
14 You're done? Dr. Wang? I'm sorry.

15 DR. WANG: I hope this is an overkill, but
16 since we're getting to the voting question, I just
17 want to point out, there's a lot of discussion
18 about the limitations of the CVOTs and things that
19 could be done to address those, make them more cost
20 effective and whatnot. Those all still exist
21 within the realm of a yes vote, meaning not
22 eliminating the guidance but keeping and modifying

1 the guidance to address the current limitations,
2 which I think all people acknowledge.

3 So maybe that's a question. That's a
4 clarification. Voting yes doesn't mean the
5 guidance exists word for word the way it was
6 written in 2008. It still allows substantial
7 revision to it.

8 DR. WILSON: We're going to go to the voting
9 question, and first you will have instructions.
10 You have a microphone with lights on it in front of
11 you. We'll be using an electronic voting system
12 for this meeting. Once we begin the vote, the
13 buttons will start flashing and will continue to
14 flash even after you have entered your vote.
15 Please press the button firmly that corresponds to
16 your vote. If you are unsure of your vote or you
17 wish to change your vote, you may press the
18 corresponding button until the vote is closed.

19 After everyone has completed their vote, the
20 vote will be locked in. The vote will then be
21 displayed on the screen. LaToya Bonner, the DFO
22 here, will read the vote from the screen into the

1 record. Next, we will go around the room, and you
2 will each be asked to state your name and how you
3 voted into the formal record. You can also state
4 the reason why you voted as you did if you want.
5 We will continue until all questions have been
6 answered or discussed. We only have one voting
7 question here. I'm going to read this.

8 Should an unacceptable increase in
9 cardiovascular risk be excluded for all new drugs
10 to improve glycemic control in patients with type 2
11 diabetes, regardless of the presence or absence of
12 a signal for cardiovascular risk in the development
13 program?

14 If yes, provide your rationale. Include in
15 your discussion what changes, if any, you would
16 recommend to the 2008 guidance and why, and what
17 kind of assessment would be appropriate and when it
18 should be conducted.

19 On the other hand, if you vote no, provide
20 your rationale. Include in your discussion what
21 might constitute a signal of cardiovascular risks
22 that would warrant conduct of a cardiovascular

1 outcomes trial or other form of cardiovascular risk
2 assessment.

3 We have a question. Yes?

4 MS. McCOLLISTER-SLIPP: Yes. And I'm sorry.
5 I should have asked this previously. I'm not
6 completely sure what these questions are asking or
7 what these two different -- I mean, this is -- and
8 I'm not saying this to be critical of whoever wrote
9 this, but I don't completely understand what this
10 is asking me to vote yes or no on. So I would love
11 to get a little bit more clarification on what yes
12 versus no means.

13 DR. WILSON: We'll turn to Dr. Chong there
14 for some help on that.

15 DR. CHONG: So what we're really trying to
16 get from this question is should we be mandating
17 these trials. And some of the additional further
18 kind of nuances in the yes/no responses are really
19 to understand what we need to know; when do we need
20 to know it; and what is something that we should be
21 concerned about in your opinion? And I recognize
22 that a responsive yes or responsive no may

1 ultimately lead to you asking for the same thing.

2 I apologize that the language in this
3 question is somewhat difficult to interpret.

4 MS. McCOLLISTER-SLIPP: So we're not voting
5 on whether or not there should be a guidance for
6 cardiovascular risk. We're voting on -- what are
7 we voting on?

8 DR. CHONG: You could interpret the yes/no
9 vote as yes, we need a guidance that mandates
10 cardiovascular outcomes trials for all antidiabetic
11 drugs, regardless of the presence or absence of a
12 signal of cardiovascular risk in the development
13 program. That would be one way that you could
14 interpret the question.

15 MS. McCOLLISTER-SLIPP: And no would
16 be -- if there is a signal, if we vote no, it's not
17 like that signal is going to be ignored.

18 DR. CHONG: We would not be ignoring
19 signals, no.

20 DR. THANH HAI: Just a hypothetical, not
21 trying to suggest that you vote like this, it's
22 just an example, but if you think that there should

1 be a mandate that there be cardiovascular outcomes
2 trials -- and again in the preceding paragraph, "an
3 unacceptable unacceptable increase in
4 cardiovascular risk regardless of the presence or
5 absence of a signal."

6 If you think that that should be mandated,
7 but you think it should be changed with respect to
8 what is currently in the guidance, then you can put
9 that in your discussion. If you think that there
10 should not be a mandate for it but you're still
11 concerned that cardiovascular safety needs to be
12 assessed -- because we still do have authority if
13 there's a signal. That's why I wanted to bring up
14 that slide that Dr. Nathan [sic] --

15 DR. CHONG: It's Nason.

16 DR. THANH HAI: -- sorry. I don't see your
17 tag; that's why -- had brought up, so that you
18 understand that we still have those authorities,
19 and you have an opportunity to talk about what
20 would constitute a signal for us to consider
21 mandating a trial under FDAAA.

22 Does that help?

1 MS. McCOLLISTER-SLIPP: Yes. Thank you very
2 much.

3 DR. WILSON: I think we're ready. You're
4 going to get 15 seconds or so to vote, and then it
5 will be closed out.

6 Let me clarify here. If you vote yes, that
7 means you're saying that there is an unacceptable
8 increase and it should be excluded. You're
9 concerned about that. That's the bottom line as I
10 understand it. You believe that you really do need
11 to have these studies. If you vote no, it's the
12 opposite of that. But what really counts when we
13 go around is what you say and how you support how
14 you voted. And it's a difficult question, so what
15 you say is extremely important.

16 Anything further here?

17 (No response.)

18 DR. WILSON: So press the button that
19 corresponds to your vote. Yes means that it's an
20 unacceptable increase; should be excluded is the
21 key thing. You have 20 seconds. Press it firmly.
22 After you've made your selection, the light may

1 continue to flash, and if you're unsure of your
2 vote or you wish to change it, please press the
3 corresponding button again before the vote is
4 closed.

5 (Voting.)

6 CDR BONNER: For the record, 10 yes; 9 no;
7 zero abstain.

8 DR. WILSON: We're going to go around,
9 starting with Dr. Burman, so please state your
10 name, state how you voted, and provide a rationale,
11 and then we'll move toward Dr. Rosenberg in this
12 direction.

13 DR. BURMAN: Thank you. Ken Burman. I
14 voted yes. A standard phase 2/3 trial for efficacy
15 and safety is not generally adequate to detect
16 sensitivity and specificity and to detect a
17 relevant cardiovascular signal. I think the next
18 issue is whether a CVOT can be appropriately
19 modified to improve efficiency, the so-called
20 streamline CVOT.

21 This issue in my view is more inchoate.
22 There are multiple suggestions that make sense,

1 including increase of high volume centers, use of
2 mobile devices, adoption of specific endpoints, and
3 a risk-adapted monitoring schedule, to name a few.
4 I agree with these appropriate modifications, which
5 will hopefully increase the efficiency and decrease
6 costs without detracting from the high standards
7 expected from such a trial.

8 In my view, there is no adequate
9 substitution for a controlled prospective
10 randomized, open-label study. Observational
11 studies, meta-analyses, and chart reviews without
12 specific definitions and adjudication seem
13 inappropriate. Primary endpoints should include
14 MACE, congestive heart failure, cardiovascular
15 mortality. Consideration of secondary endpoints
16 includes retinopathy; neuropathy, which we haven't
17 spent much time on; chronic renal disease;
18 quality-of-life issues; frequency and extent of
19 hypoglycemia; and relevance regarding amputation.

20 I do appreciate the excellent lectures and
21 discussions regarding both sides of the issues
22 related to this important question. In summary,

1 the balance of these issues regarding the possible
2 benefits of a controlled CVOT for each new
3 antidiabetic agent outweighs, in my mind, the
4 relevant issues of cost, time, and inconvenience.
5 The CV safety of new diabetic agents is
6 unequivocally the highest priority. Thank you.

7 DR. WILSON: We're going to skip for
8 Dr. Yanovski. She has to catch some
9 transportation. Please state your name and how you
10 voted, and any rationale.

11 DR. YANOVSKI: Sure. Susan Yanovski, and I
12 voted no. I do think that there should be a
13 pathway to approval with the 1-stage trial for
14 drugs that have reassuring point estimates, no
15 signals of significant cardiovascular risk, and
16 some reasonable upper boundary, whether that would
17 be 1.5 or something else that's later decided.

18 I think to accomplish this, it's going to
19 require larger trials with expanded eligibility to
20 higher risk participants and likely longer
21 follow-up to provide adequate events and also an
22 enhanced likelihood of detecting any adverse

1 signals. I also do think we need to address
2 carefully how we're going to define cardiovascular
3 outcomes in these trials, for example, heart
4 failure when it's not incorporated into a
5 traditional 3-point MACE.

6 DR. WILSON: Thank you. Dr. Rosenberg, and
7 let's proceed around the room.

8 DR. ROSENBERG: Yves Rosenberg. I voted
9 yes. It's a yes, but it could have been a no.
10 However, I think, as was outlined, the distinction
11 between the two is thin. And I think the comments
12 between the previous two members outlined these. I
13 didn't hear major conceptual difference between the
14 two statements. They basically requested the same
15 thing.

16 I voted yes because I think this needs a
17 strong message that we need a careful assessment of
18 the efficacy and safety of those drugs. However,
19 excluding risk is not necessarily a requirement for
20 necessarily a long-term cardiovascular outcome
21 trial. There should be a more flexible, pragmatic
22 approach for the evaluation of risk and potential

1 efficacy early on in well-designed late phase 2,
2 early phase 3 studies that encompass relevant
3 clinical outcomes.

4 The problem that's been outlined is that we
5 rely on the approval of those drugs on a surrogate
6 endpoint that is relevant for a number of reasons,
7 but we are very concerned about what's relevant for
8 the patients, and that's maybe different to this.
9 So we need to have a careful discussion about what
10 is needed in terms of the requirement for a
11 eliminating any safety risk, which could be a
12 long-term potential for efficacy in terms of all
13 the relevant clinical cardiovascular outcomes that
14 go beyond and above the MACE that was required in
15 the previous guidance.

16 DR. ROBBINS: I voted no.

17 DR. WILSON: Please state your name.

18 DR. ROBBINS: I'm David Robbins. I voted
19 no. I think the agency and the industry should be
20 given increased flexibility in an environment of
21 the knowledge that we've achieved in the last 10
22 years and the new tools that are available to

1 answer these questions.

2 Since these are being done largely as phase
3 4 postmarketing studies, I think there are the
4 tools to observe and detect these signals at the
5 time of registration and afterwards that would
6 result in faster drug approval, lower cost, and
7 encouraging more innovation in the field, which is
8 needed desperately. But I think that we all agree
9 that safety and quality of life for our patients is
10 paramount, and this can be achieved.

11 DR. WANG: This is Thomas Wang. I voted
12 yes. I'll start by acknowledging that the CVOTs
13 conducted since 2008 have had their limitations.
14 These have been nicely summarized during the
15 meeting and include the high cost of conducting
16 these trials and the restricted generalizability to
17 the broad population of patients with type 2
18 diabetes. On the other hand, I think many members
19 of the panel agree that the information gained from
20 these trials has been extremely important.

21 As new drugs are added to our armamentarium
22 of drugs for diabetes, it's hard to imagine not

1 wanting to know how these drugs influence the risk
2 of cardiovascular disease, which is certainly one
3 of the major sources of morbidity and mortality in
4 diabetes. Given the current state of knowledge, I
5 don't think we have an appropriate substitute to
6 the CVOT for generating information about the
7 cardiovascular effects of new diabetes medications.

8 As discussed, hemoglobin A1C is a useful
9 surrogate for microvascular disease but not from my
10 macrovascular disease. We also have no other
11 surrogates to guide us for cardiovascular, in part,
12 because we really don't understand the mechanisms
13 underlying either the cardiovascular benefit or
14 risk of these medications, which may in large part
15 be due to non-glycemic processes.

16 So to summarize, rather than addressing the
17 imperfections in the current system by eliminating
18 the guidance and returning to the pre-2008
19 situation, it seems preferable to focus our efforts
20 on considering how the design of these trials and
21 the endpoints might be improved. This might
22 include considering more cost effective or flexible

1 designs, thinking about the incorporation of heart
2 failure and/or renal endpoints, and considering
3 alternatives to the placebo control. I would favor
4 considering how the guidance might be modified to
5 provide this flexibility while preserving the
6 fundamentals of randomized allocation and adequate
7 statistical power.

8 DR. ELLENBERG: Susan Ellenberg. I voted no
9 because I am not convinced that this 2-stage
10 approach is the right approach. I would like to
11 see more information developed premarket and to
12 think about whether safety signals are seen there.
13 I think the focus on cardiovascular safety is too
14 narrow. We've heard about a lot of other things
15 that can happen with these drugs, and I think a
16 broader assessment of both safety and efficacy is
17 needed.

18 I think that studies that would be able to
19 assess, for example, an effect on myocardial
20 infarction, even, which occurs at a high enough
21 rate, those studies would not need to be huge.
22 They would be bigger than the pre-2008 studies, but

1 they wouldn't even necessarily have to be as big as
2 some of the CVOT studies we have seen.

3 I do think doing studies postmarketing when
4 safety signals are seen is going to be problematic
5 for the reasons I said before. If all you have is
6 a small reduction in A1C and no indication of any
7 beneficial impact on clinical outcomes but a safety
8 signal, I'm not sure how easy it is going to be to
9 do another big randomized study to try and see
10 whether that signal is real. So I think that is a
11 problem.

12 By no means is my no vote indicating that I
13 think we should go back to the way it was before
14 2008. I think we need more data. I think
15 cardiovascular outcomes are clearly extremely
16 important, but there are other outcomes that need
17 to be factored in to the decision about whether a
18 drug is likely to provide more benefits than harms
19 to the population.

20 MR. LUMLEY: I'm Dan Lumley, and I voted
21 yes. It was tough for me. Usually when I'm on one
22 of these panels, it's for a drug, and it's pretty

1 easy. This one, I kind of felt like I had my feet
2 planted firmly in the air the entire time. But
3 when I heard Dr. Wang's final comment just before
4 we voted, that pushed me over.

5 On a personal note, I especially enjoyed as
6 a patient hearing Dr. Everett say he couldn't
7 pronounce some of these generic names. There isn't
8 a patient in and captivity that can pronounce
9 those. But I really enjoyed listening to everybody
10 here, very, very good. And I really enjoyed
11 listening to people from the audience.

12 The last comment, I do workshops on how to
13 conduct effective meetings in the real world. Dr.
14 Wilson doesn't need my skills.

15 (Laughter.)

16 MS. McCOLLISTER-SLIPP: Anna McCollister-
17 Slipp. I voted no for a variety of reasons. One
18 is I feel like the environment that precipitated
19 the 2008 meeting and guidance was some of the
20 discussion around Avandia. And I wasn't that
21 focused on it, so I'm not going to pretend to be an
22 expert on it. But my recollection is that the

1 issue there wasn't that we didn't see safety
2 signals; it was an issue that those signals were
3 hidden. And there was a problem with transparency
4 and ethics on the part of the company that
5 manufactured the drug, not so much on the fact that
6 we didn't have a sense that there could be a
7 cardiovascular risk.

8 So I certainly understand why the agency
9 took the action that it did, but that was the real
10 issue that we -- as we're looking about how do we
11 do policy moving forward, we had signals then.
12 They just weren't explored, and they were buried.
13 That to me is an issue that could be solved through
14 other means besides requiring large-scale
15 cardiovascular outcomes trials.

16 I know the agency is experimenting with the
17 release of clinical study reports. I haven't
18 really dug that deeply into exactly what that means
19 and how that would work, but perhaps we could look
20 at exploring the use of those with diabetes drugs
21 as a way of mitigating some of the concerns around
22 transparency.

1 Then ultimately, I feel, as somebody who
2 does a lot of stuff, the digital world, and big
3 data analytics, digital medicine, and the future
4 and where that's going, there are a lot of
5 different data sources that have been developed
6 over the years, particularly in the last 10 years.
7 And there are a lot of problems with electronic
8 health record data.

9 I've seen them up close, I understand that
10 there are significant errors involved, and there's
11 a lot of mess. But we have gotten a lot better at
12 cleaning, and normalizing, and curating that data.
13 We're now able to use natural language processing
14 to understand and structure doctor's notes.

15 We're getting better with using that kind of
16 data to do secondary analysis that is truly
17 meaningful and in many respects preferable to
18 randomized-controlled trials. I think we need to
19 look -- I know the agency -- I was part of the
20 National Academy of Sciences meeting that the
21 agency requested last year on the use of real-world
22 evidence in evaluating drug safety. I'm not sure

1 where that stands at this point, but it's certainly
2 something the agency is considering, and I think
3 that that's something that these reviewers, the
4 endocrinology division, should take a look at as
5 well. Because the hope of being able to look at a
6 broader patient population to do phase 4 analysis I
7 think offers a lot of promise for the kinds of
8 evaluations that need to be done in these kinds of
9 drugs and others.

10 Then ultimately, there's been a lot of
11 discussion about the interesting things that we've
12 learned from the data that aren't related to
13 cardiovascular outcomes necessarily, and I think
14 that's great. I think that's really important, but
15 I don't think it's something -- it's a nice thing
16 that we've discovered. I don't think it's
17 something that warrants the agency mandating these
18 kinds of trials. I would much rather see the
19 agency focus on other issues that I think are much
20 more meaningful and impactful for those of us who
21 live with the disease.

22 DR. NEWMAN: My name is Connie Newman, and I

1 voted yes with some caveats. I think sometimes
2 there is no safety signal in phase 2 and 3 for
3 cardiovascular risk. And because patients with
4 diabetes have such a marked increase in risk of
5 cardiovascular disease, it is important that we
6 assess cardiovascular safety for these new
7 medications.

8 I think it is recognized that the gold
9 standard for assessing safety is a double-blind,
10 placebo-controlled randomized trial, and I still
11 maintain that is true, that you need to have
12 randomization to reduce biases so you can interpret
13 the results. I think placebo, as in some of these
14 trials, can be given on top of usual care. Because
15 these trials take such a long time and cost so much
16 money, I recommend streamlining the trials so they
17 collect only the data that is absolutely needed.

18 In making this decision to vote yes, I
19 struggled with the data that we have from the SGLT2
20 inhibitors and the GLP-1 agonists because all of
21 that data shows cardiovascular safety. And in
22 fact, in some medications, there is a decrease in

1 cardiovascular risk. So I question myself as to
2 whether if a new drug in this class was being
3 developed, whether that drug would need to have a
4 cardiovascular outcomes trial, and I'm not
5 absolutely certain of the answer to that. I think
6 we'd have to really carefully look at the phase 2
7 and 3 program, and we'd have to enrich the program
8 with patients with high cardiovascular risk, so
9 perhaps we could detect a signal.

10 I'm not sure if I said this already, but we
11 need to also assess heart failure in a phase 2 and
12 3 and in the cardiovascular outcomes trials.

13 DR. DE LEMOS: James de Lemos. I voted yes.
14 Although not the intended purpose of the guidance,
15 the unintended consequences have changed everything
16 in terms of our expectations of what a diabetes
17 drug should do in patients with cardiovascular
18 disease, and I think we can't ignore that. The
19 landscape is different, and I agree with Dr. Wang
20 that we have to know how new drugs perform for
21 cardiovascular endpoints in patients with
22 cardiovascular disease, so it's a strong yes.

1 I also think there's no substitute for
2 randomization in sufficient duration and numbers of
3 exposure so that you have adequate outcomes, but I
4 would endorse a Dr. Everett's compromise proposal
5 in which an upper limit confidence interval or a
6 medium number of endpoint events around 300 would
7 likely be suitable to exclude cardiovascular risk
8 and also give information that sponsors could use
9 to decide whether they would pursue a
10 cardiovascular indication, which I think is
11 tremendously valuable to patients with diabetes,
12 and that can be done.

13 I would say that that sort of size of study
14 and duration of exposure doesn't limit it to the
15 narrow cardiovascular outcomes trial that people
16 are complaining about. There's no reason why one
17 couldn't study other relevant diabetes outcomes in
18 the same trial and use that patient exposure to
19 maximum benefit for scientific advancement and for
20 patients.

21 These trials, I think we could eliminate the
22 postmarketing studies altogether; that these must

1 be done premarket because there's no pressing need
2 to get drugs on the market without adequate patient
3 exposures and endpoints. And I support
4 streamlining to modify monitoring prospective
5 endpoint collection, but perhaps not adjudication,
6 and the expansion of endpoints from a safety
7 standpoint to include heart failure and peripheral
8 arterial disease events.

9 CAPT BUDNITZ: Dan Budnitz. I voted no. I
10 think that was for a triple negative; I'm not quite
11 sure. But not because we didn't learn from the
12 current guidelines, but just simply because I think
13 they can be improved. I agree that the traditional
14 phase 2 and 3 studies are often underpowered to
15 detect small and even moderate increased risk of
16 adverse events that are clinically relevant because
17 of high baseline incidence, and that continues to
18 accrue over time.

19 So I do support continuing to prospectively
20 identify prespecified cardiac CV endpoints and
21 phase 2 and 3 trials, and to be liberal in
22 requesting follow-up studies of CV risk but may not

1 be necessary for drugs that show absolutely no risk
2 or are protective, and then it's up to the company
3 after that.

4 I would suggest that there is flexibility in
5 the postmarketing studies. I won't go into all
6 those opportunities. I think those can be
7 discussed at other times, but I would caution on
8 three things. One is that ICD based outcome
9 assessment from NEHRs or other administrative data
10 probably lack sensitivity and specificity and
11 really do need to be validated before even
12 considered to be used in any of these postmarketing
13 assessments. I think registries also have problems
14 with unmeasured confounding based on early adapter
15 characteristics and with open trial issues as well,
16 as well as different characteristics of the
17 patients' prescribers.

18 Finally, I think folks might have heard me
19 say this before, is more attention to studies using
20 U.S. based patients because it's hard for me to
21 assess what all the confounders might be or other
22 circumstances might be for studies done outside of

1 the U.S. and other circumstances.

2 DR. WILSON: Peter Wilson. I voted yes. I
3 voted yes because we need guidance in this field.
4 We need updated guidance for sure, but we need
5 guidance. I reflect when I was early in my career,
6 we had the university group diabetes program with
7 adverse cardiovascular events, and then we had
8 ACCORD, and then we had the thiazolidinediones, and
9 we continued to need guidance; especially our
10 cardiovascular colleagues have really emphasized
11 that. I think we need to move forward with
12 relaxation of the rules, simplification, and
13 flexibility. Thank you.

14 DR. EVERETT: My name is Brendan Everett. I
15 voted yes. Yes, I believe an unacceptable increase
16 in cardiovascular risk should be excluded for all
17 new drugs to improve glycemic control in patients
18 with type 2 diabetes. Now, how you exclude that
19 and what unacceptable means varies according in the
20 eye of the beholder and can be defined by the
21 agency. It does not have to be in a postmarketing
22 trial as we've heard from Dr. de Lemos and others

1 in terms of structuring the approval process, so
2 that it could be excluded prior to approval with
3 the right study design, the right numbers of
4 patients, the right patient exposure-years, and the
5 right I guess baseline risk status of the patients.

6 To Dr. de Lemos' point, these assessments
7 could happen in a study that was focused, for
8 example, on CKD, but nonetheless, the
9 cardiovascular endpoints could be collected and
10 verified. It could be on a microvascular endpoint,
11 or it could be on a quality-of-life trial. As long
12 as you're collecting with an instrument in a
13 questionnaire and eCRF that is specifically
14 designed to ascertain cardiovascular endpoints and
15 not just the standard AE reporting mechanism, I
16 think you could fold that safety assessment into
17 the preclinical and clinical development program of
18 a drug prior to its approval.

19 I think, as others have mentioned, that
20 randomized comparisons are essential and that
21 double-blind randomized placebo or
22 active-controlled comparisons are essential because

1 otherwise you don't get an accurate assessment of
2 the risks and certainly the side effects of the
3 medication.

4 I think longer term exposure, particularly
5 in the development plan, is key. The idea that you
6 could get approval with the change in a lab test
7 for 52 weeks for a drug that is proposed to be used
8 for decades seems outlandish, but nonetheless, it's
9 true. And I agree and fully endorse that heart
10 failure and peripheral artery disease are important
11 safety and efficacy endpoints to be considered as
12 you move forward looking at the cardiovascular
13 safety of these drugs.

14 DR. FRADKIN: I'm Judy Fradkin, and I voted
15 no, although I think there's a lot of consensus
16 across the people who voted yes and no. I was
17 impressed by the number of trials that have been
18 done over the course of the past 10 years, what
19 we've learned from them, but also the fact that we
20 haven't seen a significant cardiovascular risk, and
21 also that the rosiglitazone meta-analysis, which
22 precipitated this decision has really subsequently

1 been called into question.

2 I was also influenced by the opportunity
3 cost of these postmarketing studies, not just the
4 economic cost to pharma so much but actually more
5 the lack of attention to components of diabetes
6 other than MACE, including congestive heart failure
7 and also the lack of diversity that I think this
8 focus on reaching a power for MACE has engendered.

9 I do think that we need to have attention to
10 cardiovascular safety, and I endorse a solution
11 such as the one proposed by Dr. Everett, where the
12 phase 3 trials might be enlarged so that we could
13 have a little bit more rigorous boundary than 1.3.
14 But I would also take into account not just whether
15 we're going to see a safety signal in terms of
16 events in those phase 3 trials, because I don't
17 think we're ever going to really have the power to
18 rule out cardiovascular safety based on that, but I
19 think many of the drugs that have subsequently been
20 shown to have cardiovascular risk have other safety
21 signals like changes in lipids and changes in blood
22 pressure and weight gain. So I would try to create

1 a compound evaluation that would take into account
2 whether there looked like there might be any trend
3 in terms of events, but also changes in risk
4 factors.

5 DR. BLAHA: Mike Blaha. I voted no. And
6 whether we've learned a ton from the postmarket
7 CVOTs, they've fundamentally changed my cardiology
8 practice for sure. I use these drugs in my
9 practice for cardiology patients. My vote was
10 informed by the notion that no study to date has
11 shown increased MACE, shown an increased signal for
12 cardiovascular safety, making it hard to justify a
13 mandated postmarket CVOT for all new drugs in my
14 view.

15 I think reflects the fact that, as have been
16 said, the landscape has changed. Development
17 programs like, for example, the dapagliflozin one
18 that I saw the data for, evolved to include higher
19 risk patients and more events and a potential
20 framework going forward for raising the bar a
21 little bit in the premarket approvals to get enough
22 safety data to feel comfortable with the one-step

1 approach.

2 Also, guidelines have changed, where those
3 guidelines now appropriately say to use drugs with
4 proven cardiovascular benefit first, which has
5 raised the bar. And if a company wants a foothold
6 now, they will need to show a CVOT benefit but that
7 can be their choice rather than a mandate from a
8 regulatory body.

9 So I favor a simple yet flexible one-step
10 approach with a higher bar to premarket approval
11 but without a mandatory CVOT requirement. And
12 although he voted separately, I support the Everett
13 approach to have premarket approval and of course
14 still a CVOT if there's a safety signal, which all
15 of us I think agree on.

16 DR. LOW WANG: My name is Cecilia Low Wang,
17 and I voted no. Of course, I'm not proposing that
18 we return to the pre-2008 state of affairs. I
19 think that we need a higher bar and a lower
20 threshold for what constitutes a cardiovascular
21 safety signal in the drug development program. I
22 think in terms of actual signal of cardiovascular

1 risk, to echo what's already been said, we need to
2 look broader than just MACE, and also look at heart
3 failure and possibly other outcomes, but
4 specifically for cardiovascular MACE and CHF.

5 I think the upper bound should be lowered
6 possibly to about one 1.5, given the information
7 that we've been given over the last couple of days;
8 possibly a point estimate threshold of about 1.2
9 and think about mandating a certain minimum number
10 of events.

11 I think that this of course needs to have
12 the flexibility to be modified based on the
13 totality of evidence from phase 2 and 3 trials.
14 The 2008 draft guidance, already mentioned before,
15 has already required trials that are large enough
16 to demonstrate consistency across subgroups,
17 minimum exposure, trial duration, and longer
18 follow-up. I think right now the draft guidance
19 mentions a year; I think that possibly longer, 18
20 months to 2 years, in the phase 3 trials, so
21 something in between where we were before 2008
22 versus now with the current restrictive guidance.

1 I think that randomized-controlled trials
2 are absolutely critical for initial approval, but
3 we may consider -- I'd like the FDA to consider
4 mandating long-term cardiovascular safety studies
5 using registries and observational data because I
6 do think that the patients who don't have
7 established cardiovascular disease are being
8 missed.

9 DR. KUSHNER: I'm Fred Kushner. I voted
10 yes. I think at this time there are no surrogate
11 markers that can adequately obviate the need for
12 real hard outcomes trials. I think that's the
13 standard of care at this point in time. I think we
14 need outcomes data. I think currently, as
15 constituted, the phase 2 and 3 preapproval trials
16 cannot adequately address safety concerns for this
17 space.

18 So I'm worried, what if another new class of
19 drugs that is not one of the drugs that have
20 already been discussed, comes and lowers hemoglobin
21 A1C by a certain amount and we have no data? I
22 think that we need to have enough data, and I agree

1 with a hybrid approach, Dr. Everett's approach, to
2 try to accommodate the safety signals earlier on so
3 that a large trial like this wouldn't have to be
4 done. But I think as currently constituted, we
5 need outcomes trials to make sure that there's
6 adequate safety.

7 DR. NASON: My name is Martha Nason, and I
8 voted yes due to the exact wording of the question
9 that said, should an unacceptable increase in
10 cardiovascular risk be excluded. I felt like I had
11 to vote yes, but of course the devil's in the
12 details, and not only what you mean by
13 "unacceptable increase" but what you mean by
14 "excluded" as far as what level of certainty is
15 malleable.

16 I agree with pretty much everybody around
17 this table, certainly with Dr. de Lemos,
18 Dr. Everett, and Dr. Low Wang, I noted particularly
19 that I agreed. Yes, I think that cardiovascular
20 risk needs to be looked at. I think it's
21 important. I don't think I would keep in the
22 guidance the post-approval CVOT, the 1.3, three

1 because I honestly think with the regulatory
2 framework as it was presented to us, there's not
3 enough of a safety concern to really justify in
4 that particular framework a post-approval
5 requirement.

6 I would hope, as other people have said,
7 that many of these companies would want to get that
8 information either for licensing or a label, and
9 that would lead to the post-approval trials even
10 possibly. Certainly if there's a signal, you would
11 need to do it, but as far as mandating it for a
12 drug that has no particular signal, I don't think
13 we really have enough concern now to mandate it for
14 a post-approval.

15 Having said that, I agree with all my
16 colleagues who say, therefore, I would want more
17 data pre-approval. I'd want more diversity in
18 who's included. I'd want longer term follow up. I
19 can't read my handwriting.

20 (Laughter.)

21 DR. NASON: I feel like the phase 2 and 3
22 information in some ways is stronger than the

1 postmarketing anyway, whether you're require or
2 not, because of randomization and blinding and less
3 drop-in and drop-out, and that it can be controlled
4 better as far as what your information is. So I
5 would love to see those expanded to longer term and
6 more inclusive but not post-approval.

7 Then finally, the registry I think is great
8 as far an easy way to collect data long term, but
9 I'm always skeptical of observational data as far
10 as the biases and the conclusions drawn from it. I
11 would say, though, that I think it would be
12 important to follow up trial participants because
13 those people were randomized and were therefore on
14 it for a long time, or at least it's been a long
15 time since they were first offered it. So those
16 people I would want to see included in a registry
17 or included in that long-term follow-up, if
18 possible.

19 DR. GRUNBERGER: George Grunberger, and I
20 voted no. And I'm the last guy who stands between
21 you and lunch. If you actually turned off the
22 screen so you don't see how people voted, it was

1 fascinating. Everybody said exactly the same
2 thing. My neighbor to the right said exactly what
3 I'm going to say now, so I'll save you some pain.
4 Yet, she voted yes; I voted no.

5 I voted no not to get rid of the guidance.
6 I voted no not because I want to lower the bar for
7 entering new drugs for diabetes. I voted no
8 because what made me nervous was the same wording
9 and reading, but it also said "regardless" of the
10 safety signal during. So to me, that makes no
11 sense.

12 To me, the idea will be, as we discussed
13 before, to broaden the phase 2/3 trials; to broaden
14 populations involved in those trials; to broaden
15 the risks we're discussing. Not to repeat myself,
16 but it should include the heart failure, and we
17 talked about kidneys, and peripheral disease, and
18 everything else.

19 So if you have more robust, larger phase 2/3
20 trials, as you said, you'd get probably better
21 data. And if there's a signal, yes, then you do
22 the dedicated trial. If there is no signal, then I

1 don't think there's a reason to do dedicated CVOT.
2 But the agency should require that every patient
3 who is prescribed the drug anywhere in the world
4 will be followed in real time -- the methodology
5 and technology hopefully exists -- so we don't have
6 to rely on imperfect EMR registries, but the
7 mandate will be that every person taking the drug
8 will be followed in real time, and then signals,
9 hopefully as they occur, will be reported.

10 Last, I will make sure that we also go on
11 the record that I don't think we can justify doing
12 trials now against placebo. So I think that all
13 the trials would need to have an arm which has in
14 it a medication which has been shown to have a
15 cardiovascular benefit. Thank you.

16 DR. WILSON: Thank you all for your voting.
17 FDA, any final comments?

18 DR. CHONG: Yes. First, Dr. Grunberger, I'm
19 the one holding you up from lunch. But I do want
20 to thank everybody for their thoughtful
21 consideration and discussion over the last two
22 days. I realize we presented you with some

1 challenging questions, perhaps worded very
2 confusingly, but I do appreciate all the thought
3 that you put into it.

4 I'm not sure if our speakers are still here
5 or not, but I also wanted to thank our outside
6 speakers who presented yesterday. They provided
7 some very good perspectives,
8 some stark contrast, and I think that was
9 informative both for us and for our conversation
10 today.

11 You've given us a lot to think about. I
12 also wanted to thank our public speakers who may or
13 may not still be here. We do appreciate all that
14 you have to add. We do consider those comments as
15 we take back all that we've heard today.

16 I lost my train of thought. I probably need
17 lunch. You've given us a lot to think about.
18 We'll take all of this back and digest. At some
19 point, we'll finalize that 10-year old guidance.
20 At some point, we'll come out with what we are
21 going to be recommending for people to do moving
22 forward. But rest assured we are going to think

1 about everything that you guys have said today.

2 **Adjournment**

3 DR. WILSON: Thank you very much. Just
4 housekeeping. Please take everything. Don't leave
5 your computer plugs and your phones. You can leave
6 your name badge here or at the check-in desk, and
7 travel safely.

8 (Whereupon, at 1:23 p.m., the meeting was
9 adjourned.)

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