

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

ENDOCRINOLOGIC AND METABOLIC DRUGS
ADVISORY COMMITTEE (EMDAC)

Wednesday, October 18, 2017

8:06 a.m. to 4:53 p.m.

Thomas Douglas Conference Center
10000 New Hampshire Avenue
Silver Spring, Maryland

1 **Meeting Roster**

2 **DESIGNATED FEDERAL OFFICER (Non-Voting)**

3 **LaToya Bonner, PharmD, NCPS**

4 Division of Advisory Committee and Consultant

5 Management

6 Office of Executive Programs, CDER, FDA

7

8 **ENDOCRINOLOGIC AND METABOLIC DRUGS ADVISORY**

9 **COMMITTEE MEMBERS (Voting)**

10 **Michael Blaha, MD, MPH**

11 Assistant Professor, Cardiology and Epidemiology

12 Director of Clinical Research

13 Johns Hopkins Ciccarone Center for the Prevention

14 of Heart Disease

15 Baltimore, Maryland

16

17 **Daniel Budnitz, MD, MPH**

18 CAPT, US Public Health Service

19 Director, Medication Safety Program

20 Division of Healthcare Quality Promotion

21 Centers for Disease Control and Prevention

22 Atlanta, Georgia

1 **Brendan M. Everett, MD, MPH**

2 Assistant Professor of Medicine

3 Harvard Medical School

4 Director, General Cardiology Inpatient Service

5 Brigham and Women's Hospital

6 Boston, Massachusetts

7

8 **Cecilia C. Low Wang, MD**

9 Associate Professor of Medicine

10 Associate Director, Fellowship/Education,

11 Division of Endocrinology, Diabetes, and

12 Metabolism

13 University of Colorado Anschutz Medical Campus

14 School of Medicine

15 Director, Glucose Management Team

16 University of Colorado Hospital

17 Medical Safety Officer, CPC Clinical Research

18 Aurora, Colorado

19

20

21

22

1 **James D. Neaton, PhD**

2 Professor of Biostatistics

3 Division of Biostatistics

4 Coordinating Centers for Biometric Research

5 School of Public Health

6 University of Minnesota

7 Minneapolis, Minnesota

8

9 **Thomas J. Weber, MD**

10 Associate Professor, Endocrinology,

11 Metabolism and Nutrition

12 Duke University Medical Center

13 Durham, North Carolina

14

15 **Peter W. F. Wilson, MD**

16 *(Chairperson)*

17 Director, Epidemiology and Genomic Medicine

18 Atlanta Veterans Administration Medical Center

19 Professor of Medicine and Public Health

20 Emory University

21 Emory Clinical Cardiovascular Research Institute

22 Atlanta, Georgia

1 **Susan Z. Yanovski, MD**

2 Co-Director, Office of Obesity Research

3 Senior Scientific Advisor for Clinical Obesity

4 Research

5 National Institute of Diabetes and Digestive and

6 Kidney Diseases

7 National Institutes of Health (NIH)

8 Bethesda, Maryland

9

10 **TEMPORARY MEMBERS (Voting)**

11 **Erica Brittain, PhD**

12 Mathematical Statistician

13 Deputy Branch Chief

14 Biostatistics Research Branch

15 Division of Clinical Research

16 National Institute of Allergy and Infectious

17 Diseases, NIH

18 Bethesda, Maryland

19

20

21

22

1 **Luciano V. Del Priore, MD, PhD**

2 Robert R. Young Professor and Chair

3 Department of Ophthalmology and Visual Science

4 Yale Eye Center

5 Yale University School of Medicine

6 Chief of Ophthalmology

7 Yale New Haven Hospital

8 New Haven, Connecticut

9

10 **Frederick L. Ferris III, MD**

11 Director

12 Division of Epidemiology and Clinical Applications

13 National Eye Institute, NIH

14 Bethesda, Maryland

15

16 **William R. Hiatt, MD, FAHA**

17 Professor of Medicine

18 Division of Cardiology

19 University of Colorado School of Medicine

20 President, Colorado Prevention Center

21 Clinical Research

22 Aurora, Colorado

1 **Melissa Li-Ng, MD, FACP**

2 Staff, Endocrinology and Metabolism Institute

3 Physician Advisor, Medical Operations

4 Cleveland Clinic

5 Cleveland, Ohio

6

7 **Richard Lumley, EdD**

8 *(Patient Representative)*

9 Kansas City, Missouri

10

11 **Paul M. Palevsky, MD**

12 Chief, Renal Section

13 VA Pittsburgh Healthcare System

14 Professor of Medicine and Clinical & Translational

15 Science

16 University of Pittsburgh School of Medicine

17 Pittsburgh, Pennsylvania

18

19

20

21

22

1 **Yves D. Rosenberg, MD, MPH**

2 Chief, Atherothrombosis and Coronary Artery

3 Disease Branch

4 Division of Cardiovascular Sciences

5 National Heart, Lung and Blood Institute, NIH

6 Bethesda, Maryland

7

8 **Suzanne Robotti**

9 *(Acting Consumer Representative)*

10 New York, New York

11

12 **ACTING INDUSTRY REPRESENTATIVE TO THE COMMITTEE**

13 **(Non-Voting)**

14 **Darryl Sleep, MD**

15 *(Acting Industry Representative)*

16 Senior Vice President, Medical Affairs

17 Head U.S. Medical Office

18 Takeda Pharmaceuticals North America

19 Chicago, Illinois

20

21

22

1 **FDA PARTICIPANTS (Non-Voting)**

2 **Mary T. Thanh Hai, MD**

3 Deputy Director

4 Office of Drug Evaluation II (ODE-II)

5 Office of New Drugs (OND), CDER, FDA

6

7 **James P. Smith, MD, MS**

8 Deputy Director, Division of Metabolism and

9 Endocrinology Products (DMEP)

10 ODE-II, OND, CDER, FDA

11

12 **William H. Chong, MD**

13 Clinical Team Lead

14 DMEP, ODE-II, OND, CDER, FDA

15

16 **Ya-Hui Hsueh, PhD**

17 Mathematical Statistician

18 Division of Biometrics VII, Office of Biostatistics

19 Office of Translational Sciences (OTS)

20 CDER, FDA

21

22

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

Andreea Lungu, MD

Clinical Reviewer,

DMEP, ODE-II, OND, CDER, FDA

1	C O N T E N T S	
2	AGENDA ITEM	PAGE
3	Call to Order and Introduction of Committee	
4	Peter Wilson, MD	14
5	Conflict of Interest Statement	
6	LaToya Bonner, PharmD, NCPS	19
7	FDA Introductory Remarks	
8	William Chong, MD	23
9	NIH Presentation	
10	Review of Medical Risk Factors	
11	Associated with Diabetic Retinopathy	
12	Emily Chew, MD	32
13	Clarifying Questions to Guest Speaker	45
14	Applicant Presentations - Novo Nordisk	
15	Introduction	
16	Stephanie DeChiaro	62
17	Design, Efficacy and Primary Outcomes	
18	Anders Hvelplund, MD, PhD	67
19	Safety	
20	Stephen Gough, MD, FRCP (UK)	89
21	Diabetic Retinopathy	
22	Lloyd Paul Aiello, MD, PhD	100

1	C O N T E N T S	
2	AGENDA ITEM	PAGE
3	Retinal Safety	
4	Stephen Gough, MD, FRCP (UK)	111
5	Clinical Perspective	
6	Richard Pratley, MD	118
7	Benefit-Risk	
8	Stephen Gough, MD, FRCP (UK)	124
9	Clarifying Questions to Applicant	128
10	FDA Presentations	
11	FDA Overview of Efficacy and Safety of	
12	Semaglutide	
13	Andreea Lungu, MD	151
14	Statistical Assessment of Cardiovascular	
15	Safety and Retinopathy Safety of	
16	Semaglutide in the SUSTAIN 6 Trial	
17	Ya-Hui Hsueh, PhD	167
18	Further Discussion of Findings for	
19	Diabetic Retinopathy	
20	Summary of FDA Findings for Semaglutide	
21	Andreea Lungu, MD	182
22	Clarifying Questions to FDA	192

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

C O N T E N T S

AGENDA ITEM	PAGE
Open Public Hearing	212
Clarifying Questions to Applicant (con't)	258
Questions to the Committee and Discussion	294
Adjournment	399

P R O C E E D I N G S

(8:06 a.m.)

Call to Order

Introduction

DR. WILSON: Good morning. I'd like to remind everyone first as we begin this meeting to silence your phones and any other devices that may become audible. We have a variety of things that I am instructed to inform you of as we start up.

First, we have an FDA press contact, Theresa Eisenman.

Is Theresa in the room? Do you see her? She's coming later. When she comes, we'll let you know, okay?

I'm Peter Wilson. I'm the chair of the Endocrinologic and Metabolic Drugs Advisory Committee, and I'll be chairing the meeting today. I'm calling the meeting to order. We'd like to first start by going around, introducing ourselves. We're going to start to the far left with FDA. Thank you.

DR. THANH HAI: Good morning. I'm Mary

1 Thanh Hai. I'm the deputy director in Office of
2 Drug Evaluation II.

3 DR. SMITH: Good morning. I'm Jim Smith,
4 deputy director, Division of Metabolism and
5 Endocrinology Products.

6 DR. CHONG: Good morning. William Chong,
7 clinical team leader, Division of Metabolism and
8 Endocrinology Products.

9 DR. LUNGU: Good morning. Andrea Lungu,
10 clinical reviewer, FDA.

11 DR. HSUEH: Ya-Hui Hsueh, statistical
12 reviewer, Office of Biostatistics.

13 DR. NEATON: Jim Neaton, professor of
14 biostatistics, University of Minnesota.

15 DR. EVERETT: Brendan Everett, cardiologist
16 at Brigham and Women's Hospital in Boston and
17 assistant professor at Harvard Medical School.

18 DR. LOW WANG: Cecilia Low Wang, associate
19 professor of medicine at the University of
20 Colorado.

21 DR. WEBER: Tom Weber. I'm an
22 endocrinologist at Duke University Medical Center

1 in Durham, North Carolina.

2 DR. DEL PRIORE: Luciano Del Priore. I'm at
3 the Yale University School of Medicine, a professor
4 in the Department of Ophthalmology.

5 DR. ROSENBERG: Good morning. I'm Yves
6 Rosenberg. I'm a branch chief at the National
7 Heart, Lung, and Blood Institute and preventive
8 medicine physician, clinical trialist.

9 CDR BONNER: Good morning. LaToya Bonner,
10 DFO for EMDAC.

11 DR. WILSON: Peter Wilson, Emory University,
12 professor of medicine and public health.

13 DR. BUDNITZ: Good morning. Dan Budnitz,
14 medical officer with Division of Health Quality
15 Promotion at CDC.

16 DR. BRITTAIN: Erica Brittain. I'm a
17 statistician at National Institute of Allergy and
18 Infectious Diseases, NIH.

19 MS. ROBOTTI: Sue Robotti, founder of
20 MedShadow Foundation and executive director of DES
21 Action, consumer rep for Drug Safety and Risk
22 Management Committee.

1 DR. LUMLEY: Dan Lumley, patient
2 representative from Kansas City.

3 DR. LI-NG: Melissa Li-Ng, endocrinologist
4 from Cleveland Clinic.

5 DR. BLAHA: Hi. Mike Blaha, I'm associate
6 professor of cardiology and epidemiology, Johns
7 Hopkins Ciccarone Center for Prevention of Heart
8 Disease.

9 DR. YANOVSKI: Susan Yanovski. I'm
10 co-director of the Office of Obesity Research at
11 the National Institute of Diabetes and Digestive
12 and Kidney Diseases.

13 DR. HIATT: William Hiatt. I'm a professor
14 of medicine, University of Colorado, Division of
15 Cardiology, and I run a clinical trial center for
16 the university.

17 DR. PALEVSKY: Paul Palevsky. I'm chief of
18 renal at the VA Pittsburg Healthcare System,
19 professor of medicine at the University of
20 Pittsburg, and nephrologist.

21 DR. FERRIS: I'm Rick Ferris,
22 ophthalmologist, director of Division of

1 Epidemiology and Clinical Applications, National
2 Eye Institute.

3 DR. SLEEP: Good morning. I'm Darryl Sleep.
4 I head the U.S. medical office at Takeda
5 Pharmaceuticals.

6 DR. WILSON: Okay. Thank you very much.

7 For topics such as what we'll be discussing
8 today, there are a variety of opinions, some of
9 which are strongly held. Our goal is that today's
10 meeting will be a fair and open forum for
11 discussion of these issues and that individuals can
12 express their views without interruption. And as a
13 gentle reminder, individuals will be allowed to
14 speak into the record only if recognized by the
15 chairperson. We look forward to a productive
16 meeting.

17 In the spirit of the Federal Advisory
18 Committee Act and the Government in the Sunshine
19 Act, we ask that the advisory committee members
20 take care that their conversations about the topic
21 at hand take place in the open forum of the
22 meeting. We are aware that members of the media

1 are anxious to speak with the FDA about these
2 proceedings; however, FDA will refrain from
3 discussing the details of this meeting with the
4 media until its conclusion. Also, the committee is
5 reminded to please refrain from discussing the
6 meeting topic during breaks or lunch. Thank you.

7 Now, back to you, Commander Bonner.

8 **Conflict of Interest Statement**

9 CDR BONNER: Good morning. The Food and
10 Drug Administration is convening today's meeting of
11 the Endocrinologic and Metabolic Drugs Advisory
12 Committee under the authority of the Federal
13 Advisory Committee Act of 1972. With the exception
14 of the industry representative, all members and
15 temporary voting members of the committee are
16 special government employees or regular federal
17 employees from other agencies and are subject to
18 federal conflict of interest laws and regulations.

19 The following information on the status of
20 this committee's compliance with federal ethics and
21 conflict of interest laws, covered by but not
22 limited to those found at 18 U.S.C., Section 208,

1 is being provided to participants in today's
2 meeting and to the public.

3 FDA has determined that members and
4 temporary voting members of this committee
5 are in compliance with federal ethics and conflict
6 of interest laws. Under 18 U.S.C., Section 208,
7 Congress has authorized FDA to grant waivers to
8 special government employees and regular federal
9 employees who have potential financial conflicts
10 when it is determined that the agency's need for a
11 special government employee's services outweighs
12 his or her potential financial conflict of
13 interest, or when the interest of a regular federal
14 employee is not so substantial as to be deemed
15 likely to affect the integrity of the services,
16 which the government may expect from the employee.

17 Related to the discussion of today's
18 meeting, members and temporary voting members of
19 this committee have been screened for potential
20 financial conflicts of interest of their own, as
21 well as those imputed to them, including those of
22 their spouses or minor children, and for purposes

1 of 18 U.S.C., Section 208, their employers. These
2 interests may include investments; consulting;
3 expert witness testimony; contracts/grants/CRADAs;
4 teaching/speaking/writing; patents and royalties;
5 and primary employment.

6 Today's agenda is involving a discussion of
7 the safety and efficacy of New Drug Application
8 209637 for semaglutide injection submitted by Novo
9 Nordisk as an adjunct to diet and exercise to
10 improve glycemic control in adults with type 2
11 diabetes.

12 This is a particular matters meeting during
13 which specific matters related to Novo Nordisk's
14 NDA will be discussed. Based on the agenda for
15 today's meeting and all financial interests
16 reported by the committee members and temporary
17 voting members, no conflict of interest waivers
18 have been issued in connection with this meeting.

19 To ensure transparency, we encourage all
20 standing committee members and temporary voting
21 members to disclose any public statements that they
22 have made concerning the product at issue.

1 With respect to FDA's invited industry
2 representative, we would like to disclose that
3 Dr. Darryl Sleep is participating in this meeting
4 as a non-voting industry representative, acting on
5 behalf of regulated industry. Dr. Sleep's role at
6 this meeting is to represent industry in general
7 and not any particular company. Dr. Sleep is
8 employed by Takeda Pharmaceuticals.

9 We would like to remind members and
10 temporary voting members that if the discussions
11 involve any other products or firms not already on
12 the agenda for which an FDA participant has a
13 personal or imputed financial interest, the
14 participants need to exclude themselves from such
15 involvement, and their exclusion will be noted for
16 the record. FDA encourages all other participants
17 to advise the committee of any financial
18 relationships that they may have with the firm at
19 issue. Thank you.

20 DR. WILSON: We're now going to first have
21 an FDA presentation, and that will be done by
22 William Chong. And then it will be followed by our

1 guest speaking, Dr. Emily Chew from the Eye
2 Institute.

3 Dr. Chong?

4 **FDA Introductory Remarks - William Chong**

5 DR. CHONG: Good morning. My name is
6 William Chong. I'm a team leader in the Division
7 of Metabolism and Endocrinology Products at the
8 FDA. I'd like to welcome the advisory committee
9 panel, Novo Nordisk, and members of the public to
10 today's public advisory committee meeting.

11 Diabetes mellitus is a serious chronic
12 disease that affects over 30 million people in the
13 United States. The majority of these patients have
14 type 2. Patients with diabetes have an increased
15 risk for micro and macrovascular complications.
16 And the current goal of therapy is to improve
17 glycemic control with the intent of reducing the
18 risk for these complications, which include things
19 like diabetic retinopathy, nephropathy, and
20 neuropathy.

21 Data supporting that improved glycemic
22 control leads to improved clinical outcomes come

1 from large prospective clinical trials such as the
2 DCCT, which compared intensive therapy with
3 conventional therapy in patients with type 1
4 diabetes. The primary objective of this study was
5 to evaluate whether intensive therapy reduced
6 progression of diabetic retinopathy, and they
7 looked both at primary prevention and secondary
8 prevention.

9 The intensive therapy group achieved better
10 glycemic control with the mean hemoglobin A1c of
11 7 percent compared to 9 percent in the conventional
12 therapy arm. This difference in glycemic control
13 translated into a reduction and the risk of
14 diabetic retinopathy progression. Starting at
15 three years, the intensive therapy group showed a
16 benefit compared to conventional therapy, and this
17 was true both in primary prevention and in
18 secondary prevention.

19 The UKPDS was another large trial that
20 compared intensive therapy with conventional
21 therapy. This trial was conducted in patients with
22 type 2 diabetes. The primary objective of this

1 study was to see if intensive therapy prevented
2 complications. The intensive therapy arm achieved
3 better glycemic control with a hemoglobin A1c of
4 7 percent, while the conventional treatment arm had
5 a mean hemoglobin A1c of around 8 percent. At
6 10 years, this resulted in a 25 percent risk
7 reduction for microvascular endpoints mostly due to
8 fewer cases of retinal photocoagulation.

9 We currently have 12 classes of drugs
10 approved to improve glycemic control. Today, we're
11 here to discuss a proposed new member of the GLP-1
12 receptor agonist class, highlighted here. Through
13 binding and activation of the GLP-1 receptor, GLP-1
14 receptor agonist increased glucose-dependent
15 insulin secretion, delayed gastric emptying, and
16 inhibit glucagon secretion. This, in turn, has
17 been shown to lead to improved glycemic control.

18 The proposed drug product that we're
19 discussing today, semaglutide, is a once-weekly,
20 GLP-1 receptor agonist that, if approved, will be
21 the seventh member of the class.

22 Today, we'll be hearing presentations that

1 will discuss the findings from the development
2 program for semaglutide. This program included
3 eight phase 3 trials, of which one of them was a
4 two-year cardiovascular outcomes trial.

5 We'll be hearing presentations that cover
6 both the efficacy findings and the safety findings,
7 and of those safety findings will include the
8 discussion of the assessment of cardiovascular risk
9 and findings for diabetic retinopathy
10 complications.

11 Our agenda for the day is summarized here.
12 We'll be beginning with presentation from Dr. Emily
13 Chew from the National Institute of Health on
14 diabetic retinopathy. We'll then hear
15 presentations from Novo Nordisk, and then turn the
16 presentations from the FDA. There'll be time for
17 questions after each of these presentations. We'll
18 then take a break for lunch, and after we return,
19 we'll have an open public hearing, and we'll follow
20 with discussion questions to the panel.

21 Turning to the questions that we have for
22 the panel, our first question is one on efficacy of

1 semaglutide. Semaglutide is proposed as an adjunct
2 to diet and exercise to improve glycemic control in
3 adults with type 2 diabetes. We'd like you to
4 discuss the efficacy of semaglutide with respect to
5 glycemic control.

6 Our second question for you to discuss is on
7 safety. Semaglutide once-weekly injection has been
8 studied in seven phase 3 studies and a two-year
9 cardiovascular outcomes trial. Excluding issues
10 related to diabetic retinopathy and cardiovascular
11 risks, we'd like you to discuss any safety concerns
12 you have related to semaglutide.

13 Our third question focuses on the diabetic
14 retinopathy findings and include several parts. In
15 SUSTAIN 6, a prespecified secondary safety endpoint
16 was time from randomization to the first occurrence
17 of either a need for a retinal photocoagulation,
18 need for treatment with intravitreal agents,
19 vitreous hemorrhage or diabetes-related blindness.
20 The results for this composite endpoint showed an
21 increased risk with semaglutide with a hazard ratio
22 and confidence interval shown here.

1 We'd like you to first discuss the strengths
2 and limitations of this assessment, including
3 comments on the endpoint definitions, methods of
4 ascertainment, adjudication, trial design, and any
5 other considerations that you believe relevant to
6 the interpretation of the results.

7 After that, we'd like you to discuss one of
8 the hypotheses regarding the finding. One
9 hypothesis regarding this finding is that rapid and
10 large reductions in hemoglobin A1c can be expected
11 to increase the short-term risk of diabetic
12 retinopathy complications. We'd like you to
13 discuss the extent to which you are convinced that
14 a reduction in blood glucose is a mediator of the
15 observed increase in diabetic retinopathy
16 complications in SUSTAIN 6.

17 Next, we'd like you to discuss your
18 assessment of the clinical benefits given the
19 findings of the retinopathy complications.
20 Improving glycemic control should be expected to
21 reduce the risk of retinopathy over the long term,
22 and we'd like you to discuss whether the increase

1 in diabetic retinopathy complications in a two-year
2 controlled trial affects your assessment of the
3 clinical benefits expected from long-term use of
4 semaglutide.

5 Part 4 of this question is shown here. In
6 SUSTAIN 6, the increase in absolute risk of
7 diabetic retinopathy complications was greater
8 among those with diabetic retinopathy at baseline
9 compared to those without diabetic retinopathy at
10 baseline although the relative risk increases were
11 similar.

12 Patients with diabetic retinopathy are among
13 those most in need of improved glycemic control,
14 and we would like you to discuss whether you would
15 have any concerns about the use of semaglutide
16 among patients with diabetic retinopathy. The last
17 part of this question is we'd like you to comment
18 on your level of concern related to the observed
19 increased risk in diabetic retinopathy
20 complications in SUSTAIN 6.

21 Our fourth question is about cardiovascular
22 risk and the cardiovascular risk assessment for

1 semaglutide. In SUSTAIN 6, a total of 254 first
2 MACE occurred during a median two-year follow-up.
3 The estimated hazard ratio of MACE and the
4 components of MACE for semaglutide versus placebo
5 are shown here. We would like you to discuss these
6 results and comment whether these data are adequate
7 to characterize the cardiovascular safety of
8 semaglutide.

9 Our last question will be our voting
10 question. We would ask you to consider whether the
11 available efficacy and safety data support approval
12 of semaglutide 0.5 milligrams and 1 milligram
13 administered subcutaneously once weekly as an
14 adjunct to diet and exercise to improve glycemic
15 control in adults with type 2 diabetes.

16 The reasoning behind your vote is as
17 important as your vote, so we'd like you to
18 comment, if you vote yes, to explain your rationale
19 and comment whether any additional studies should
20 be required after approval. And if you vote no,
21 we'd like you to describe what further studies you
22 believe should be conducted to establish a

1 favorable benefit-risk to support approval.

2 Thank you again for your participation
3 today, and we look forward to an informative
4 discussion.

5 Now, I would like to introduce our guest
6 speaker from the National Institute of Health.
7 Dr. Emily Chew is the deputy director of the
8 Division of Epidemiology and Clinical Applications
9 and is also the chief the clinical trial branch of
10 that division at the National Eye Institute in
11 Bethesda, Maryland.

12 Dr. Chew received her medical degree in
13 ophthalmology training at the University of Toronto
14 and has served as an assistant professor there
15 before joining the National Eye Institute. Her
16 research interests include clinical trials in
17 epidemiologic studies in retina vascular disease
18 such as age-related macular degeneration and
19 diabetic retinopathy. She has extensive experience
20 with several large multicenter trials, including
21 the Age-Related Eye Disease Study 2 and the ACCORD
22 Eye Study.

1 Dr. Chew, thank you for coming to speak
2 today and sharing your expertise.

3 **NIH Presentation - Emily Chew**

4 DR. CHEW: Thank you very much, Bill. It's
5 a pleasure to be here. I understand that I'm
6 supposed to fill in some gaps in terms of the
7 knowledge of diabetic retinopathy. It's my
8 pleasure to present this. I have no financial
9 disclosures.

10 I'm going to really just talk about the
11 classification, how we came about, to talk about
12 diabetic retinopathy, and what we use for clinical
13 trials, and why it's so important. Some of the
14 risk factors, I'm going to really talk about
15 clinical trials only. The observational data were
16 very strong, but even more important is the gold
17 standards from all the clinical trials. You just
18 saw some of it from Bill's talk already.

19 Most of the work that we've done has been
20 done on diabetic retinopathy based upon fundus
21 photographs, which are documenting various lesions
22 in the retinopathy. And this has been about four

1 or five decades of research, which has really
2 allowed us to look at diabetic retinopathy in a
3 very orderly way.

4 It progresses very similarly and in all
5 patients. We do this with stereoscopic fundus
6 photographs, looking at the retina, and now we even
7 have larger, 200 degrees -- this is only a small
8 fraction of what we can actually look at.

9 The five pathological processes, first is
10 the microaneurysms, and we've foreseen that, and it
11 leads to vascular permeability. These small
12 vessels, endothelial cells in the retina are very
13 much like the blood-brain barrier; they do not
14 allow things to come through. But when it becomes
15 leaky, we have permeability issues that causes
16 problems such as macular edema, vascular occlusion
17 takes place. And then when this gets really
18 ischemic, new blood vessels grow, and of course
19 with new blood vessels, fibrous proliferation goes
20 along, and there's contraction and causing
21 scarring.

22 Classification is really very simple. It's

1 mild, or moderate, and no apparent retinopathy even
2 though there might be some things going on
3 histopathologically, but we cannot see anything.
4 And this goes on to, as you can see in this
5 picture, showing the normal, in your left-lower
6 quadrant, the blood vessels that have no changes.
7 But the diabetic changes have these microaneurysms
8 that are blown up, and you see they're just out-
9 pouchings of these vessels that leak.

10 Early signs are just -- blood vessels that
11 have -- hemorrhages that have no impact on vision;
12 this patient is 20/20. But the vascular
13 permeability causes these hard exudates to come
14 out, these lipid deposits, causing macular edema.
15 The patient has compromised vision. They cannot
16 drive without a restricted license.

17 Here, we see fluorescein angiograms showing
18 the leakage of these blood vessels that causes this
19 macular edema, which is a major cause of blindness.
20 And again, we see these signs of hard exudates, and
21 you will see when you look in.

22 When we do a histopathology, we actually see

1 lipid deposits within the retina. This is the oil
2 red O showing lipid in the eye. And again, the
3 blood vessels then occlude, and you get to a point
4 where you have lots of signs of severe
5 non-proliferative disease. In other words, the
6 blood vessels are closing down, and these are some
7 of the signs that we look for.

8 Then finally, we have new blood vessel
9 proliferation which you see, really, terminal end
10 stage that causes a lot of problems, visual acuity
11 loss, hemorrhages, and scarring, and then retinal
12 detachment can occur.

13 Because it's so orderly, we can actually
14 look at this in a very standardized way. This is
15 the ETDRS, Early Treatment Diabetic Retinopathy
16 Study, which has been refined over a number of
17 decades. We have 17 steps to look at this using
18 both eyes, so we don't look at vision as our final
19 outcome but this progression along the scale, which
20 is very important. It's allowed us to do studies
21 in a smaller number of patients and not using
22 visual acuity.

1 Visual acuity is more difficult because our
2 treatments are actually highly effective these
3 days, so to have vision loss would be very
4 difficult. You would need tens of thousands of
5 patients to do that.

6 I'm going to focus on the medical risk
7 factors, blood glucose, blood pressure, and blood
8 lipids. You heard some of this already, the DCCT,
9 the iconic study that was supported by NIH in
10 type 1 diabetes. And this study, I'd like to
11 remind you, was sample sizes based upon
12 retinopathy. The eye findings was the primary
13 outcome in this study.

14 Primary prevention are those patients who
15 have no eye disease, no retinopathy. Secondary
16 intervention are those who already have retinopathy
17 when they came in the study. If they have the
18 disease, it's a horse out of the barn, can we still
19 do further. And you heard already, will intensive
20 therapy prevent the development and subsequent
21 progression of retinopathy in the primary
22 prevention? And the second prevention, or those

1 who already have it, will it prevent the
2 progression of retinopathy?

3 It was very well done. You can see there
4 was a nice separation of the A1c levels between the
5 conventional and intensive group, and this
6 persisted for six and a half years. But what was
7 surprising was the first year. I know from my
8 colleagues who were on the DSMC study that almost
9 sunk the study because they saw this early
10 worsening of the retinopathy.

11 The tight control group had more progression
12 along this three-step scale that we talked about.
13 It was worse in the standard care, and this
14 persisted at one year. This is the primary
15 prevention. This also occurred in the secondary
16 prevention. There was this worsening of
17 retinopathy. I'll say a few words about this later
18 in another publication I will go over.

19 In 2 years, it starts to narrow down, and
20 this is primary and secondary. But then when you
21 look at the long term, long-term effects is that
22 intensive control far outweighs the standard care.

1 And that's like a little blip in the actual life of
2 the retinopathy. We have as much as 76 percent
3 prevention from progression, so this is a very
4 powerful treatment. Secondary, even if you have
5 the disease, over time, by about three years, you
6 start seeing a separation. Clearly, glycemic
7 control has a huge impact on progression of
8 retinopathy.

9 The results of the DCCT suggests there's
10 early worsening from the first to second year, it's
11 rather transient, and numbers of reduction in
12 retinopathy progression. And this is clinically
13 important by 34 to 76 percent reduction by
14 intensive control. Photocoagulation was used by
15 almost a third, and the first appearance of
16 retinopathy was reduced by 27 percent.

17 This early worsening occurred within the
18 12 months, and every 6 months, we were actually
19 looking at these patients, which is pretty intense.
20 We don't do that anymore because we know
21 progression doesn't go that quickly.

22 In this paper in 1998, they looked very

1 carefully at this early worsening. And what we
2 found in this case was that it was a doubling. As
3 you see, there's a doubling of the odds ratio. For
4 people who were in the intensive group, it was
5 13 points, 1 percent who had this early worsening
6 versus 7.6 in the conventional group; not much
7 different from what we saw earlier from the current
8 study here. Recovery has occurred in the 18
9 months, so they get better and there's really no
10 difference.

11 The KROC study is another study which looked
12 at intensive control, and this was done in only
13 68 patients. This was a continuous subcutaneous
14 infusion of insulin versus an unchanged
15 conventional injection treatment. You can see that
16 was accelerated. Within 8 months, there was an
17 accelerated progression of diabetic retinopathy,
18 but by 2 years, they were again similar. This
19 early worsening was very familiar to all of us, at
20 least in diabetic retinopathy research. I think
21 what's remarkable is this glycemic control
22 continues to be very important.

1 The EDIC study, which is the extension of
2 the DCCT, Epidemiology of Diabetic Intervention and
3 Complications Study, looked at the natural history
4 following the cessation of the clinical trial. It
5 shows the beneficial effect of these tight control
6 that goes on to 4 to 23 years, so its so called
7 legacy effect or metabolic memory persists.

8 You can see here, I've put together the DCCT
9 Alc levels. This is 6 and a half years during the
10 DCCT. In the EDIC study, by 10 years, you can see
11 that the Alc level are almost equal, or they are
12 equal, 8.0 in both arms. And they actually really
13 go towards a very similar number.

14 Even at 4 years, there was a reduction in
15 progression retinopathy, development of important
16 retinopathy that causes vision loss, macular edema
17 development, and laser was also reduced still even
18 though the patient's Alc level was becoming closer
19 and closer together. This persists for at least
20 10 years, and this is following the stopping of the
21 control.

22 This legacy effect wanes over time. At

1 4 years, it's stronger, but by 10 years, it's a
2 little bit less. But nevertheless, that persists.
3 Even at 23 years, those who had intensive glyceic
4 control, 23 years later, had less ocular surgery,
5 so this is a very powerful treatment.

6 At 30 years, David Nathan has brought a very
7 nice paper talking about the importance of the
8 results. You heard a bit about the UKPDS already;
9 it's a type 2 diabetes. This looks, again, in
10 intensive glyceic control. These patients have
11 been just diagnosed within the past year. This is
12 4,000 patients who are randomized to conventional
13 or intensive group. And you see the Alc level
14 actually goes up over time, but there's a nice
15 separation between the two treatment groups. This
16 is a composite outcome of the microvascular
17 endpoints. Here, we see that there is a slightly
18 difference in terms of the microvascular outcomes.

19 This is retinopathy. We only saw patients
20 every three years; at least, they were only
21 photographed every three years. We were not
22 worried about the transient early effect because we

1 know that it got better. In the core study, for
2 example, we did it every four years for that same
3 reason. And this, you can see that, again, there
4 was a microvascular outcome that was really pretty
5 significant. There was a good reduction with the
6 intensive therapy.

7 Blood pressure was also found to have a
8 positive effect. Having really just a small modest
9 effect in their reduction in their blood pressure,
10 there was an effect on diabetic retinopathy.

11 I briefly touched upon the ACCORD Eye Study,
12 which is a more recent study on type 2 diabetics,
13 and these are patients who had duration of 10 years
14 who have had a cardiovascular risk as well. And
15 the primary outcome, of course, is to look at the
16 cardiovascular disease. We were aiming for a very
17 intensive glycemic control, less than 6 versus
18 7.9 percent. We also looked at fenofibrate and
19 simvastatin versus placebo, and simvastatin to look
20 at the treatment of dyslipidemia for prevention of
21 diabetic retinopathy progression.

22 We looked at intensive blood pressure

1 control, which was 120 versus 140. We only looked
2 at the subset of this group because we didn't need
3 all 10,000 patients based on the fact we have the
4 scale which allowed to have some economy of power
5 and funds.

6 The final outcome was with tight glycemc
7 control, the odds ratio was 0.67, highly
8 statistically significant for reduction of
9 progression of retinopathy of 3-step, or having
10 vitrectomy or laser over a period of 4 years. And
11 the same was the fenofibrate 0.6, and for blood
12 pressure, we didn't make a difference.

13 This is what we see. During the course of
14 the study, we see that the A1c level was reduced,
15 not right down to 6, but 6.5 was our mean. We
16 stopped the study at almost 4 and a half years
17 because of some early changes that we found with
18 mortality, and you can see that we switch over and
19 A1c level increased.

20 We did a follow-up on these patients. And
21 just like the DCCT, the A1c levels came together
22 again. The follow-up in which the clinical trial

1 had stopped, this was more like the EDIC part of
2 the study, where we're just looking at the natural
3 history, and you can see the A1c level got
4 together.

5 We went back to see these patients at
6 8 years. This is now 4 years after we stopped the
7 clinical trial and we still see an effect, almost a
8 50 percent reduction in the progression diabetic
9 retinopathy with tight glycemic control. The
10 fenofibrate effect went away and the blood pressure
11 effect had no change.

12 This legacy effect for type 2 diabetes is
13 seen in ACCORD. It was also seen in UKPDS after
14 10 years. It's just really an important finding
15 for type 2 as well. The intensive glycemic control
16 has a huge impact on diabetic retinopathy. I think
17 the early worsening is transient and far outweighed
18 by the benefits of a tight glycemic control over
19 the long haul.

20 The legacy effect seen in persons with
21 type 1 and type 2 diabetes, indeed, it was very
22 important, and it's just like having money in the

1 bank if you can get the patients in tight glyceemic
2 control for their diabetic retinopathy.

3 Fenofibrate treatment reduced diabetic
4 retinopathy progression by about a third. There
5 was no legacy effect. And I think intensive blood
6 pressure control, we have to remember the results
7 from the UKPDS, and in other studies such as the
8 SPRINT, that blood pressure control is obviously
9 very important as well.

10 I thank you for your attention, and if you
11 have any questions, I'm happy to address them right
12 now.

13 **Clarifying Questions to Guest Speaker**

14 DR. WILSON: Thank you very much, Dr. Chew.

15 Any questions for the speaker? And be sure
16 to have those questions this morning because I
17 believe she's going to be leaving --

18 DR. CHEW: At noon. At noon.

19 DR. WILSON: -- at noon.

20 DR. CHEW: Yes.

21 DR. WILSON: So you'll get another chance,
22 but right now, Will Hiatt?

1 DR. HIATT: Thank you for that information.
2 In preparing for the meeting and looking at some of
3 the earlier data you showed, it appeared that sort
4 of intensive lowering of A1c was associated with
5 this acute worsening followed by a long-term
6 benefit, in particularly insulin therapy, I would
7 guess.

8 My question to the FDA is how is this early
9 worsening finding labeled across different
10 insulins? And there are a number of insulins on
11 the market. Could someone comment on how this
12 early risk delayed benefit is actually put in terms
13 of how we're supposed to understand the use of
14 drugs, particularly insulin? And is it consistent
15 across the insulin classes?

16 DR. CHONG: William Chong, FDA. There is
17 language in, I believe, all the insulin labels
18 discussing increased risk for retinopathy when you
19 initiate intensive therapy with insulin. I don't
20 believe there's any language in the products
21 approved only for type 2.

22 DR. HIATT: I guess my question is, it would

1 be helpful to know how that information is
2 portrayed. Is it as a warning? It's not a black
3 box, I don't think. Is it consistent across all
4 insulins? I'm really interested in what the words
5 say in the label, and I was trying to prepare a
6 little bit of that before the meeting. That would
7 be really helpful.

8 Is this true for all insulins? And can we
9 just understand a little bit how you're dealing
10 with this information, which now goes back
11 20 years?

12 DR. CHONG: I believe this is true for all
13 insulin labels. I believe it is labeled as a
14 warning.

15 DR. HIATT: Okay. And your reference says
16 it's rapid improvement in glucose control, not
17 necessarily unique to insulin but to any drug that
18 rapidly improves glucose control. Is that your
19 interpretation?

20 DR. CHONG: The language here does not
21 specifically reference insulin. But again, I would
22 note that we don't have this language in any of the

1 type 2 products.

2 DR. HIATT: Just in the insulin products.

3 DR. CHONG: This is just in insulin labels.

4 DR. HIATT: And it's consistent for all
5 insulin products?

6 DR. LUNGU: Yes.

7 DR. CHONG: I believe so. I think it is.

8 DR. HIATT: Okay. If it's not, I'd be
9 curious to know that.

10 DR. WILSON: Dr. Palevsky?

11 DR. PALEVSKY: Thank you for that excellent
12 presentation. You showed the early worsening in
13 retinopathy with type 1. In the studies of type 2,
14 as I understood, there weren't data in that early
15 time period. That's true in the ACCORD add-on?

16 DR. CHEW: We actually looked in ACCORD to
17 see whether we could find anything because we only
18 saw patients at baseline 4 years and 8 years. But
19 we collected information on whether they got
20 injections or laser photocoagulation. We actually
21 took visual acuity annually at each visit, so all
22 10,000 patients actually had a change. There was

1 no change in vision.

2 We looked at laser photocoagulation, and
3 there was nothing. We expected that because when
4 we looked at the type 1 diabetes, that early
5 worsening, there were like 3 patients who actually
6 went on to -- 2 went on to lipid disease that
7 needed laser and 1 had macular edema. So out of
8 that whole group of patients, it was just a handful
9 of patients who really had vision-threatening
10 vision.

11 We tried to look in ACCORD, and we couldn't
12 find anything. And I don't think they even looked
13 at UKPDS because that was done very three years.
14 I'm unsure if they collected any other information.

15 DR. PALEVSKY: Is there any biological
16 reason to suspect that there would be a
17 difference in the effect of rapid glucose control
18 in type 1 and type 2 diabetes on retina effect?

19 DR. CHEW: I don't think so. Diabetic
20 retinopathy behaves very similarly no matter type 1
21 or type 2. We don't really see much difference
22 other than there's more proliferative disease

1 perhaps in type 1s. But when you have retinopathy,
2 it progresses very similarly no matter where you
3 come from, so I don't expect anything different.

4 For example, I think some of the studies
5 that look at rapid control for pregnancy, for
6 example, we've done some studies looking at that.
7 That early pregnancy -- and partly there's a drop
8 in control, and there's type 1 and type 2s in
9 there, and they're all very similar. That's one
10 place we've looked.

11 I think looking at the ETDRS, for example,
12 we have both type 1s and type 2 early treatment
13 diabetic retinopathy study, and that treatment
14 behavior was very similar. I don't see any reason
15 that there could be any differences between the
16 two.

17 Maybe, Rick, you might have some comment on
18 that.

19 DR. WILSON: Dr. Ferris, if you can help out
20 here?

21 DR. FERRIS: Just a brief comment. If you
22 look at the type 2 studies, the mean hemoglobin A1c

1 is around 7. The opportunity to have big
2 reductions is lower, so potentially that treatment
3 effect is less likely to be seen. If you look at
4 those studies, you don't see the worsening, but you
5 also don't see an improvement at the very earliest
6 stage, and then it starts to improve later. So
7 that may be a sign of potential worsening, even
8 with that lower benefit.

9 Of course, there's some people with type 2
10 who get a big reduction in blood sugar. I don't
11 know any study that's looked at that though. To my
12 knowledge, nobody has any good explanation as to
13 why this early improvement in blood sugar would
14 lead to a worsening in retinopathy. We all have
15 speculations, and I won't go into those.

16 DR. WILSON: Dr. Brittain?

17 DR. BRITTAIN: Thank you for your talk. I
18 would like information about the reversibility once
19 someone is diagnosed and any treatments. Can you
20 speak to that at all?

21 DR. CHEW: We have looked at that. We
22 actually looked at that in ACCORD, looking at

1 regression and progression. Of course, there's
2 some natural here on the edge that's a part of the
3 grading system, so we're naturally going to have
4 some regression. You can have some regression, but
5 it's not huge.

6 Now, when we do treatment nowadays with
7 injections with anti-VEGF therapy, there definitely
8 is an improvement in retinopathy. You actually see
9 people not progressing and even reversing in some
10 cases. So that's local treatment, that that's
11 giving anti-vascular endothelial growth factor such
12 as Avastin, Lucentis, and aflibercept, which has
13 become a very common treatment in the injections of
14 these drugs into the eye.

15 So we do see that, and that's
16 well-documented as well, but probably less so for
17 the glycemic control part of that. We have
18 documented it, but it's not a huge effect, but it
19 is there.

20 DR. BRITTAIN: I guess I was wondering how
21 much extra monitoring might play a role there.

22 DR. WILSON: Dr. Low Wang?

1 DR. LOW WANG: Yes, one more question.
2 Thank you so much for your presentation, especially
3 for presenting the KROC collaborative study. What
4 I was wondering is, for example, in the DCCT and
5 the UKPDS, the baseline incidence of retinopathy is
6 very low. Patients were diagnosed, I think, in the
7 UKPDS, they were very early on in their diagnosis
8 of type 2 diabetes, and in DCCT, the patients were
9 pretty young.

10 What I was wondering is, is there any chance
11 that the effect of this early worsening could have
12 been diluted by the whole population that didn't
13 have baseline retinopathy? So is there any study
14 that's pulled out the patients with early worsening
15 to see how they did over time?

16 DR. CHEW: How they did over time, people
17 have looked at people with early worsening in those
18 two studies but not in others because we haven't
19 identified it. And your question about the
20 retinopathy, I just want to clear up the fact that
21 in the 1400 patients with DCCT, those 700 actually
22 have retinopathy. Some of them have moderately

1 severe retinopathy. I was actually a DCCT
2 ophthalmologist at the University of Toronto, and
3 one of my patients progressed very rapidly. They
4 did have patients with retinopathy there.

5 In UKPDS, those are days when glycemic
6 control wasn't quite as good, and we know that a
7 third of patients coming in with diagnosis with
8 type 2 actually have retinopathy. And something
9 like 4 or 5 percent may even have more severe
10 retinopathy, so it wasn't all that pure.

11 When we came down to the ACCORD study, we
12 had a lot more patients who had no retinopathy.
13 That was 10, 15 years later, and the medical care
14 was so much better that we expected a 40 percent
15 progression in our ACCORD study based on the
16 Wisconsin study, looking at some of our A1c levels
17 et cetera. And instead of getting 40 percent, we
18 got an 8.9 percent. So progression rates
19 have -- and retinopathy has certainly improved
20 dramatically because of medical care, so I think
21 that's been part of it.

22 I'm not sure I've answered your question

1 directly, but looking at those who had early
2 worsening, they still had a chance to not progress
3 as much. So even if they had early worsening, they
4 didn't go on to worse retinopathy. And most of
5 them were very minor changes along that scale that
6 was not vision-threatening. I think that's the
7 other part people forget because we were looking at
8 a 3-step change that really didn't have any true
9 effect on the actual vision itself, if that helps.

10 DR. LOW WANG: If I could just follow that
11 up, going back to looking at those patients with
12 the early worsening and also reflecting back on a
13 question that was asked earlier, how much of this
14 is reversible? Have people followed those patients
15 to see if it's reversible, and then how many
16 patients or what percentage of patients ended up
17 having their vision threatened?

18 DR. CHEW: Almost none because they are
19 treated -- there were 3 patients in DCCT. The
20 patients in UKPDS, I don't think we have as much
21 information. At least, we have the data from DCCT.

22 Early worsening really was -- along that

1 scale, there are various things that come on, and
2 these lesions are like little micro hemorrhages, or
3 microaneurysms, or those cotton wool spots. Quite
4 often, they were white cotton wool spots that just
5 disappear, and they went away, and they didn't get
6 to be worse than the others.

7 That part of the scale is not
8 vision-threatening, and there's a lot of flux back
9 and forth, and there really wasn't any major change
10 in terms of visual function for those patients in
11 the end.

12 DR. LOW WANG: Thank you.

13 DR. WILSON: Dr. Yanovski?

14 DR. YANOVSKI: Yes. I have a question just
15 regarding standard of care. If a patient is
16 beginning intensification of insulin therapy, are
17 there recommendations for more frequent
18 ophthalmologic monitoring or just routine yearly
19 eye exams?

20 DR. CHEW: That's a good question. I think
21 we know that people who are in circumstances such
22 as pregnancy, they are monitored much more

1 carefully. Our preferred practice pattern from the
2 American Academy of Ophthalmology does say if
3 they're going to be in rapid control, they should
4 be monitored more frequently. We don't give a
5 number or anything. Usually, it's based upon the
6 baseline retinopathy, if it's mild, one year or so.

7 Really, we don't do a huge amount. If it's
8 really a mild retinopathy, we don't expect a huge
9 amount. I don't think it's malpractice not to see
10 them not frequently because you expect it to
11 happen, but nothing is going to really result in a
12 disastrous vision loss in any way.

13 DR. WILSON: Peter Wilson. I have a
14 question too. It's a two-part. The first is
15 related to glucose, building a little bit on what
16 Dr. Ferris was saying. The second is other risk
17 factors.

18 The first part is, for glucose, is there a
19 gradient? For instance, if a person starts with an
20 A1c of 10 or 11 and has a first 2-year effect, do
21 you expect more of a problem if they're starting
22 high as opposed to starting lower with an

1 intensification of therapy, such as were seen in
2 these trials? Have those analyses been done?

3 DR. CHEW: Yes, they've done that in DCCT,
4 and they looked at -- every 1 percent decrease,
5 it's a 35 percent reduction. If you're starting
6 further up, you're going to more likely to have
7 progression. That clearly is Alc-dependent.

8 DR. WILSON: Okay. So there is a gradient
9 effect in a sense?

10 DR. CHEW: Yes.

11 DR. WILSON: The second part is what about
12 non-glucose risk factors for eye disease? For a
13 person who joins these trials, were there blood
14 pressure effects? Maybe the blood pressure was
15 also better controlled in the first 2 years. That
16 must have been investigated. Is it really glucose
17 that's the issue?

18 DR. FERRIS: One of the important messages
19 in that early slide that Emily showed of the early
20 worsening in the DCCT is the Y-axis, and the
21 difference was like 1 and a half percent to
22 1 percent.

1 DR. CHEW: 1 percent, right.

2 DR. FERRIS: We tried very hard to look for
3 these risk factors, but when you have 10 or 15
4 people, it's pretty hard. The impression was that
5 a lot of them seemed to have a big drop. The data
6 monitoring committee at that time worked very hard
7 to look for different factors. Glucose seemed to
8 be the most important one.

9 The other thing that was critical for the
10 DSMC and the DCCT was that, for the most part, as
11 Emily said, these people start with fairly mild
12 retinopathy. And although they get a 3-step
13 change, they don't know anything has happened to
14 them. Their fundus photo looks different, but as
15 far as symptoms or anything, with the exception of
16 two or three of them, they haven't had any change.

17 Then the final thing, of course when you
18 look at people that got worse early, they get
19 worse. That seems to be true everywhere I've ever
20 looked in my life. Yes, these people did worse
21 because they did worse. It wasn't like they got
22 worse, and then they all got better.

1 I think a lot of us feel like that intense
2 improvement in blood glucose actually sort of
3 speeded up where they were going to get to anyway.
4 If you look at the curve, it sort of flattens out.
5 That may be one of the explanations, and believe
6 me, there are at least a dozen others.

7 DR. WILSON: Any more questions for
8 Dr. Chew? Yes, Dr. Chong?

9 DR. CHONG: I don't actually have a question
10 for Dr. Chew, but I just wanted to clarify and
11 correct my response for Dr. Hiatt earlier.

12 The language on worsening with initiation of
13 insulin is in adverse reactions, not warnings, with
14 the insulin labels.

15 DR. HIATT: Thank you.

16 DR. WILSON: All right. Well, thank you
17 very much, Dr. Chew. If we have any further
18 questions, we'll make another request before the
19 midday, be sure we'll get them to you.

20 I'm sorry. Will Hiatt, you do have another.

21 DR. HIATT: Just on this topic, the question
22 that resonates in my mind, is it simply a function

1 of lowering blood sugar by any means, or is it
2 unique to a particular drug class that carries a
3 risk unique to the pharmacology of that drug class?
4 We can belabor that later, but what I'm hearing is
5 it sounds like it's more glucose-mediated than drug
6 class-mediated.

7 DR. WILSON: If I understand, is it insulin
8 or could it be other molecules that lower glucose?
9 Let's hear the formal presentation by the sponsor
10 and then by the FDA. And then perhaps if it's a
11 question that might be directed to Dr. Chew even
12 before the midday, we'll see if she could weigh in
13 on that.

14 Why don't we move forward for our applicant
15 presentation? I have a prelude for this I need to
16 read.

17 Both the Food and Drug Administration and
18 the public believe in a transparent process for
19 information-gathering and decision-making. To
20 ensure such transparency at the advisory committee
21 meeting, FDA believes that it is important to
22 understand the context of an individual's

1 presentation.

2 For this reason, FDA encourages all
3 participants, including the applicant's
4 non-employee presenters, to advise the committee of
5 any financial relationships that they may have with
6 the applicant such as consulting fees, travel
7 expenses, honoraria, and interest in a sponsor,
8 including equity interests and those based upon the
9 outcome of the meeting.

10 Likewise, FDA encourages you, at the
11 beginning of your presentation, to advise the
12 committee if you do not have any such financial
13 relationships. If you choose not to address this
14 issue of financial relationships at the beginning
15 of your presentation, it will not preclude you from
16 speaking.

17 Now, we will proceed with Novo Nordisk's
18 presentations. Thank you.

19 **Applicant Presentation - Stephanie DeChiaro**

20 MS. DeCHIARO: Thank you. Mr. Chairman,
21 members of the committee, FDA colleagues, good
22 morning. My name is Stephanie DeChiaro, and I am

1 direct of regulatory affairs for Novo Nordisk.

2 We are here today to review semaglutide, our
3 new once-weekly glucagon-like peptide-1, or GLP-1
4 receptor agonist, for the treatment of adult
5 patients with type 2 diabetes.

6 Type 2 diabetes is a progressive, chronic,
7 metabolic disease that is associated with many
8 serious comorbidities. The underlying
9 pathophysiology in type 2 diabetes results in
10 abnormal glucose metabolism and hyperglycemia.
11 Untreated hyperglycemia can cause long-term
12 complications. As such, glycemic control is
13 fundamental for the management of type 2 diabetes.

14 In addition to improving glycemic control,
15 weight reduction and prevention of complications
16 associated with type 2 diabetes are key elements to
17 modern type 2 diabetes management as stated in the
18 most recent treatment guidelines.

19 Unfortunately, despite the abundance of
20 treatment options, many patients still are not
21 reaching their A1c goals. And thus, they remain at
22 risk for both long-term micro and macrovascular

1 complications, affecting the kidney, nerves, and
2 eye, as well as significant cardiovascular disease.

3 Semaglutide was designed and clinically
4 evaluated to address the need that still remains in
5 type 2 diabetes treatment. Specifically, we wanted
6 a treatment that produce greater efficacy in weight
7 loss than what is current available in a convenient
8 once-weekly dosing regimen with the potential to
9 positively impact complications of type 2 diabetes,
10 as well as to robustly establish cardiovascular
11 safety, with a safety profile that is consistent
12 with a class of GLP-1 receptor agonists.

13 Our clinical development program to support
14 the efficacy and safety of semaglutide consisted of
15 eight phase 3 trials and evaluated over 8,000
16 patients. This program is called the SUSTAIN
17 program. Five of these trials are considered our
18 key efficacy trials and evaluated semaglutide
19 throughout the continuum of diabetes care from
20 newly diagnosed patients to those with longstanding
21 disease. We also conducted two trials,
22 specifically in Japan, based on local requirements.

1 These data are included in our overall safety
2 evaluation of semaglutide.

3 Lastly, SUSTAIN 6 was a large, randomized,
4 multicentered, dedicated cardiovascular outcomes
5 trials, or CVOT, in adults with type 2 diabetes at
6 high risk for cardiovascular events.

7 People with diabetes are at a high risk for
8 these events. As such, we used the three-component
9 composite endpoint of major adverse cardiovascular
10 events, or MACE, as our primary endpoint in this
11 trial. Based on the results from our comprehensive
12 clinical program, our proposed indication for
13 semaglutide is for use as an adjunct to diet and
14 exercise to improve glycemic control in adults with
15 type 2 diabetes mellitus.

16 In order to help patients reach their
17 maintenance dose, we used an escalation schedule as
18 shown here. Dose escalation should begin at
19 0.25 milligrams once weekly. After 4 weeks, the
20 dose should be increased to 0.5 milligrams. The
21 dose may be increased to 1 milligram if clinically
22 indicated after at least another 4 weeks. In the

1 clinical setting, the physician and patient will
2 individualize both dose and dose escalation timing.
3 Semaglutide is administered through easy-to-use,
4 prefilled, multiuse pens.

5 Overall, semaglutide once-weekly fills an
6 important medical need by providing superior and
7 sustained A1c control and body weight loss compared
8 to commonly used diabetes therapies with
9 demonstrated cardiovascular safety.

10 The overall safety profile of semaglutide is
11 consistent with the class of GLP-1 receptor
12 agonists. However, we did see an imbalance in
13 diabetic retinopathy complications in SUSTAIN 6,
14 the cardiovascular OUTCOME trial. We will describe
15 our hypothesis for this observation later in the
16 presentation.

17 I'd now like to take you through the agenda
18 for the rest of our presentation. Dr. Anders
19 Hvelplund will briefly describe the design of
20 semaglutide and the clinical development program.
21 And then he'll provide a summary of efficacy and
22 primary outcome data from the program.

1 Dr. Stephen Gough will review the safety
2 data on semaglutide. He will be followed by
3 Dr. Lloyd Aiello who will provide background
4 information and his perspective on diabetic
5 retinopathy. Dr. Gough will then present data
6 related to retinal safety from the semaglutide
7 program.

8 Dr. Richard Pratley will provide his
9 clinical perspective on the need for improved
10 therapies and how semaglutide will fit into the
11 currently available treatment options for type 2
12 diabetes. Dr. Gough will then conclude with
13 benefit-risk considerations.

14 In addition to Dr. Aiello and Dr. Pratley,
15 Dr. Darren McGuire is also with us today to help
16 answer questions. All experts or their
17 institutions have been compensated for their time
18 and travel. Thank you, and I will now turn the
19 presentation over to Dr. Hvelplund.

20 **Applicant Presentation - Anders Hvelplund**

21 DR. HVELPLUND: Good morning. I'm Anders
22 Hvelplund, senior director, medical and science for

1 Novo Nordisk. Before reviewing the efficacy data,
2 I would like to provide some perspective on the
3 development and mechanism of action of semaglutide.

4 GLP-1 and the GLP-1 receptors are
5 physiologically important in glucose and appetite
6 control. The semaglutide molecule was designed as
7 a long-acting, selective agonist of the GLP-1
8 receptor. It's a subcutaneously administered
9 peptide that has a 94 percent homology to human
10 GLP-1, and as a result has a very low antigenicity
11 risk.

12 The prolonged action of semaglutide has been
13 achieved by two modifications of the molecule: the
14 binding to albumin through the attachment of a
15 modified di-acid and a spacer and a modification to
16 be stable against DPP-4 degradation.

17 On the next slide, I'll show how these
18 properties translate into a once-weekly profile
19 with low variability. The pharmacokinetic
20 properties of semaglutide were evaluated in a
21 comprehensive clinical pharmacology program. As
22 illustrated by the figure, the pharmacokinetic

1 profile during a dose interval at steady state is
2 relatively flat with low fluctuations between
3 trough and maximum concentration. On average, the
4 maximum concentration is observed 1 to 3 days
5 post-dose.

6 In addition, the trial show that semaglutide
7 has a half-life of approximately one week.
8 Steady-state exposure was achieved following 4 to
9 5 weeks of once-weekly administration and was
10 similar between injection sites, and it increased
11 proportionally with semaglutide dose. Altogether,
12 these properties are compatible with once-weekly
13 dosing.

14 The clinical effects of semaglutide were
15 evaluated in a large phase 3 program, which showed
16 that semaglutide produced superior durable
17 improvements in glycemic control relative to
18 placebo and all comparators evaluated. In
19 addition, semaglutide produced weight loss that was
20 both clinically meaningful and durable.
21 Additionally, semaglutide was evaluated in patients
22 at high risk of cardiovascular events in a

1 dedicated cardiovascular outcomes trial, and in
2 this trial, we established cardiovascular safety.

3 Let me walk you through the data that
4 supports semaglutide's superior impact on A1c and
5 weight loss and the data generated to establish the
6 cardiovascular safety of semaglutide.

7 Here is an overview of our clinical
8 development program supporting the efficacy of
9 semaglutide. For purposes of this presentation, I
10 will focus on the key efficacy trials SUSTAIN 1 to
11 5. In these trials, we explored the continuum of
12 type 2 diabetes care from monotherapy in drug-naïve
13 patients on the left of the slide, to combination
14 treatment with commonly used OADs in the center, to
15 combination with basal insulin on the right.

16 I will then review results from our large
17 two-year standalone cardiovascular OUTCOME trial,
18 SUSTAIN 6, that further support long-term efficacy
19 and safety of semaglutide. Let me review the trial
20 design for each of the five key efficacy trials.

21 For each of the trials, the primary
22 objective was to evaluate the effect of semaglutide

1 once-weekly on glycemic control. All were
2 randomized, parallel group, multicentered, and
3 multinational trials evaluating efficacy and safety
4 of semaglutide in patients with type 2 diabetes,
5 and all but one trial included both doses of
6 semaglutide 0.5 milligram and 1 milligram.

7 SUSTAIN 1 was a 30-week, double-blind trial
8 comparing semaglutide to placebo in drug-naïve
9 adults.

10 SUSTAIN 2 was a 56-week, double-blind trial
11 comparing semaglutide to recommended maximum dose
12 of sitagliptin as add-on to metformin, TZD, or the
13 combination of the two.

14 SUSTAIN 3 was a 56-week open-label, two-arm
15 trial comparing semaglutide 1 milligram to the
16 maximum dose of exenatide extended release as
17 add-on to one or two OADs.

18 SUSTAIN 4 was a 30-week open-label trial
19 comparing semaglutide to insulin glargine as add-on
20 to metformin with or without sulfonylurea in
21 insulin-naïve patients.

22 Lastly, SUSTAIN 5 was a 30-week double-blind

1 trial comparing semaglutide to placebo as add-on to
2 basal insulin alone or basal insulin in combination
3 with metformin.

4 To mitigate gastrointestinal side effects
5 seen with GLP-1s, all semaglutide-treated patients
6 followed a fixed-dose escalation regimen. The
7 starting dose was 0.25 milligrams. The maintenance
8 dose of 0.5 milligrams was reached after 4 doses or
9 4 weeks of 0.25 milligrams, and then patients
10 reached the maintenance dose of 1 milligram after
11 an additional 4 weeks on the 0.5 milligram dose.

12 Inclusion criteria were chosen to ensure
13 consistency across trials and that the enrolled
14 patient population represented the broad intended
15 target population. Patients in all five trials
16 were required to have an A1c between 7 and
17 10.5 percent.

18 Patients in SUSTAIN 1 were required to be in
19 a diet and exercise program at least 30 days prior
20 to screening. Patients in SUSTAIN 2 through 5 were
21 required to have been on stable treatments
22 specified for each trial for at least 90 days prior

1 to screening.

2 The trials excluded patients with
3 preexisting conditions such as a history of
4 pancreatitis, severely impaired renal function,
5 known proliferative retinopathy or maculopathy
6 requiring acute treatment, certain cardiovascular
7 or cerebrovascular events, and conditions related
8 to medullary thyroid carcinoma.

9 The primary endpoint in all five trials was
10 changed from baseline to planned end of treatment
11 in A1c. The confirmatory secondary endpoint was
12 changed from baseline to end of treatment in body
13 weight. The study-wise type 1 error was controlled
14 by prespecifying a testing hierarchy, including A1c
15 and body weight for both doses of semaglutide.

16 We also had a number of supportive secondary
17 endpoints. I will highlight a few of them in this
18 presentation, including the proportion of patients
19 who reached treatment targets of A1c less than
20 7 percent and the proportion of patients who
21 obtained a weight loss response of at least
22 5 percent at end-of-treatment.

1 The analysis population used for efficacy
2 was randomized patients who had received at least
3 one dose of trial medication. This is the full
4 analysis set. The primary analysis was a mixed
5 model for repeated measurements. We used two
6 observation periods when analyzing patient data.

7 The primary analysis was prespecified to
8 target the effect of semaglutide while avoiding any
9 confounding from additional concomitant
10 medications. As such, this analysis was based on
11 the observation period in which patients were on
12 treatment without rescue medication.

13 Supportive analyses were based on an
14 in-trial observation period in which patient data
15 were included regardless of treatment or rescue
16 medication use. Approximately 2,500 patients were
17 randomized to semaglutide in the five efficacy
18 trials compared to 1500 in the comparator arms.
19 Efforts were made to follow and collect data on all
20 patients for the planned duration of trials, even
21 if treatment was discontinued.

22 The proportions of patients completing the

1 trials were high across trials, ranging from
2 91 percent and up to 96 percent. Almost all
3 patients were included in the full analysis set.

4 Premature treatment discontinuations were
5 generally low and with an average rate of
6 approximately 12 percent in all trials, except
7 SUSTAIN 3 where approximately 20 percent
8 discontinued treatment in both arms. The high
9 proportion of patients discontinuing treatment in
10 SUSTAIN 3 is due to a number of reasons, including
11 more patients withdrawing consent, lost to
12 follow-up, and violation of inclusion/exclusion
13 criteria.

14 Importantly, the proportion of patients
15 discontinuing treatment due to a gastrointestinal
16 adverse event in SUSTAIN 3 was comparable to the
17 other SUSTAIN trials. The proportion of patients
18 initiating rescue medication was generally low with
19 semaglutide than with comparators.

20 Baseline characteristics across the trials
21 reflected the broad type 2 diabetes population
22 included. Just under 50 percent of patients were

1 women. The mean age ranged from 54 to 59 years. A
2 total of 118 patients 75 years or older were
3 included in the five key efficacy trials. Most
4 patients were white, and across all trials, the
5 mean A1c level was around 8.2 percent.

6 Patients in SUSTAIN 1, the monotherapy
7 trial, had the shortest mean disease duration of
8 approximately 4 years compared to patients in
9 SUSTAIN 5 on top of insulin who had the longest
10 mean disease duration of approximately 13 years.
11 The mean body weight ranged from 89 to 96 kilos,
12 and mean BMI was around 33.

13 Turning now to the primary endpoint results,
14 semaglutide led to superior A1c reduction in all
15 five trials for both doses. Here, we show the
16 change from baseline in A1c. Semaglutide
17 0.5 milligram is in light blue, 1 milligram is dark
18 blue, and placebo is in gray. Both semaglutide
19 doses were superior in lowering A1c compared to
20 placebo.

21 Similar superiority was observed when
22 comparing to a widely-used OAD, sitagliptin in

1 orange, as well as when comparing to the GLP-1
2 receptor agonist, exenatide extended release, in
3 yellow. And semaglutide was also superior to the
4 most commonly used basal insulin, glargine, in
5 green, and was superior to placebo when added on
6 top of basal insulin as shown in gray.

7 The effect appeared to be dose-dependent
8 with a 1-milligram dose showing greater improvement
9 in all efficacy parameters. With semaglutide
10 1 milligram, A1c was reduced by 1.5 to 1.8 percent
11 points, and with semaglutide 0.5 milligram, A1c was
12 reduced by 1.2 to 1.5 percent points.

13 Consistently across all trials, all
14 sensitivity analyses supported the robustness of
15 the conclusions drawn from the primary analysis
16 showing significant and clinically relevant
17 treatment differences.

18 As seen in our two trials that went out to
19 56 weeks, semaglutide 0.5 milligram and 1 milligram
20 resulted in durable improvements in glycemic
21 control as shown by a reduction in A1c, evident
22 already after 4 weeks of treatment and reaching

1 nadir after 23 to 30 weeks.

2 When looking at the proportion of patients
3 reaching A1c less than 7 percent, up to 4 out of
4 every 5 patients treated with semaglutide
5 1 milligram achieved A1c below the ADA treatment
6 target of 7 percent represented on the Y-axis.

7 Up to 74 percent of patients achieved a
8 glycemic target on the 0.5 milligram dose and up to
9 79 percent of patients on the 1 milligram dose.
10 This compared to up to 40 percent for active
11 comparators and up to 25 percent for placebo.

12 Semaglutide led to superior and substantial
13 weight reductions versus all comparators in all
14 five key efficacy trials. Semaglutide
15 0.5 milligram dose reduced body weight up to
16 4.3 kilos. The 1-milligram dose produced greater
17 weight loss up to 6.4 kilos, and both doses
18 produced greater weight loss than comparators
19 across all trials.

20 The weight loss was an added effect observed
21 in these patients receiving standard type 2
22 diabetes treatment and no specific weight

1 counseling nor any restrictions to caloric intake.
2 The weight loss data highlights semaglutide as an
3 improved GLP-1 receptor agonist with an up to
4 three-fold greater weight loss compared to another
5 once-weekly GLP-1 receptor agonist, exenatide
6 extended release, in the SUSTAIN 3 trial.

7 Current American Diabetes Association
8 guidelines recommend modest weight loss for
9 overweight patients with type 2 diabetes where a
10 modest weight loss has been defined as a sustained
11 5 percent reduction of initial body weight. Five
12 percent weight loss has been shown to improve
13 glycemic control and to reduce the need for
14 glucose-lowering medications. In fact, guidelines
15 instruct that when choosing glucose-lowering
16 medications for type 2 diabetes in patients that
17 are overweight or obese, one should consider their
18 effect on weight.

19 In our key efficacy trials, we see
20 significant results when looking at the proportion
21 of patients who lost at least 5 percent of weight
22 with semaglutide. Up to 46 percent for

1 0.5 milligram and up to 66 percent of patients on
2 semaglutide 1 milligram lost at least 5 percent
3 body weight. Importantly, these reductions in
4 weight were maintained after long-term treatment of
5 up to 56 weeks.

6 Overall, across five key efficacy trials,
7 semaglutide resulted in clinically relevant,
8 superior, and durable reductions in A1c versus all
9 comparators and in all treatment regimens. These
10 results were consistently supported by numerous
11 sensitivity analyses, and significantly more
12 patients reached the ADA treatment target of an A1c
13 less than 7 percent.

14 Semaglutide also had substantial effects
15 with regard to body weight that were maintained
16 long term. Reductions in body weight were superior
17 for both doses of semaglutide, and significantly
18 more patients with semaglutide achieved at least
19 5 percent weight loss.

20 Turning now to our cardiovascular and
21 long-term safety trial, SUSTAIN 6, SUSTAIN 6 was a
22 two-year, randomized, double-blind,

1 placebo-controlled, multicenter, multinational
2 trial to evaluate cardiovascular risk and long-term
3 safety and efficacy with semaglutide in patients
4 with type 2 diabetes at high risk of cardiovascular
5 risk.

6 3,297 patients were randomized 1 to 1 to 1
7 to 1 to treatment with semaglutide 0.5 milligram,
8 semaglutide 1 milligram, or corresponding placebo
9 doses. The trial duration was 2 years for all
10 patients with a 5-week follow-up period.

11 The primary objective of SUSTAIN 6 was to
12 demonstrate the cardiovascular safety of
13 semaglutide. Specifically, SUSTAIN 6 was design to
14 exclude an excess cardiovascular risk by
15 demonstrating an upper bound of the 95 percent
16 confidence interval below 1.8 with a reassuring
17 point estimate in line with the preapproved
18 requirement specified in the 2008 guidance.

19 Enrollment was stratified by two groups:
20 patients with established cardiovascular disease or
21 chronic kidney disease who were 50 years and older,
22 and patients with only evidence of cardiovascular

1 risk factors who were 60 years and older.

2 The primary endpoint in SUSTAIN 6 was the
3 time from randomization to the first occurrence of
4 a major adverse cardiovascular event, or MACE.

5 These were adjudicated endpoints evaluated by an
6 independent, blinded adjudication committee based
7 on predefined criteria. MACE was defined by three
8 components: non-fatal myocardial infarction,
9 non-fatal stroke, and cardiovascular death.

10 We also looked at a number of endpoints
11 expected in a cardiovascular outcomes trial,
12 including expanded MACE and a combined
13 microvascular endpoint. This endpoint evaluated
14 progression of microvascular disease or use of
15 treatments for microvascular disease. It was
16 composite endpoint of new or worsening nephropathy
17 and diabetic retinopathy complications. We also
18 looked at long-term efficacy by means of change
19 from baseline to 2 years in A1c and body weight.
20 Other relevant endpoints are shown in your briefing
21 book.

22 The analysis for SUSTAIN 6 compared the two

1 pooled doses of semaglutide versus placebo. The
2 primary analysis was a stratified Cox proportional
3 hazard model and included all randomized patients
4 based on in-trial data. Patients who did not have
5 an event was censored at the in-trial end date.
6 Non-inferiority was concluded if the two-sided
7 upper bound of the 95 percent confidence interval
8 was below 1.8 for the primary MACE endpoint.

9 Overall, the proportion of patients
10 completing SUSTAIN 6 was high with an approximately
11 98 percent completion rate. Vital status at end of
12 trial was known for 99.6 percent of patients
13 corresponding to the vitals that has been unknown
14 for only 13 patients, 6 patients on semaglutide and
15 7 patients on placebo. Both of these measures
16 reflect that the trial was well-conducted and
17 indicate that the results are both robust and
18 reliable.

19 Overall, demographics and baseline
20 characteristics were consistent across all four
21 treatment groups, and on this and the following
22 slides, we show data for semaglutide pooled and

1 placebo pooled. Approximately 40 percent of
2 patients were female. The mean age in both groups
3 were 65 years and was higher from the SUSTAIN 6
4 population compared to the other phase 3 trials.
5 Ten percent of patients were at least 75 years old.

6 Most patients in each group were white. The
7 mean baseline A1c of 8.7 percent was higher, and
8 the mean diabetes duration of 14 years was longer
9 in SUSTAIN 6 compared with the key efficacy trials.
10 The BMI was 33, and 70 percent of patients in each
11 group had impaired renal function.

12 Cardiovascular-related conditions at
13 baseline were prevalent as expected in this
14 enriched population and were equally distributed
15 across treatments. Most patients had hypertension,
16 and ischemic heart disease was present in more than
17 half the patients. Around a third had prior MI and
18 15 percent had prior stroke.

19 Turning now to the primary endpoint. The
20 result of the primary analysis for time to first
21 MACE demonstrated a hazard ratio of 0.74 and an
22 upper bound of the 95 percent confidence interval

1 of 0.95; thereby, semaglutide met its primary
2 endpoint and was non-inferior to placebo.

3 The Kaplan-Meier estimate of the
4 accumulative risk of MACE at 2 years was
5 6.2 percent with semaglutide and 8.4 percent with
6 placebo corresponding to an absolute risk
7 difference of 2.2 percent.

8 The primary analysis excluded the 1.8 upper
9 confidence interval bound that we prespecified and
10 also provided substantial evidence of
11 cardiovascular safety with 254 events collected
12 over 2 years.

13 Importantly, all three individual components
14 of the MACE endpoint, cardiovascular death,
15 non-fatal MI, and non-fatal stroke, were consistent
16 with the composite endpoint supporting the safety
17 conclusion.

18 In addition to the standard three-component
19 MACE, we evaluated cardiovascular safety using an
20 expanded MACE endpoint that also included
21 revascularization, unstable angina, and
22 hospitalization for heart failure.

1 Expanded MACE, which is highlighted, mirrors
2 the results of the three-component MACE. The
3 components of the expanded MACE are shown here,
4 substantiating cardiovascular safety. We also
5 analyzed all-cause death with and without non-fatal
6 MI or non-fatal stroke with no effect observed on
7 all-cause death.

8 Type 2 diabetes is associated with increased
9 risk of microvascular complications such as
10 nephropathy and retinopathy. Improved glycemic
11 control has been associated with improvements in
12 microvascular endpoints.

13 In SUSTAIN 6, a combined microvascular
14 endpoint of new or worsening nephropathy and
15 diabetic retinopathy complications was prespecified
16 as a secondary endpoint. Shown here is the result
17 of the composite endpoint of time to first
18 microvascular complication with an estimated hazard
19 ratio of 0.86.

20 Looking separately at the components of the
21 composite microvascular endpoint, there was a clear
22 difference in the results. The nephropathy part

1 showed a hazard ratio of 0.64 and an upper
2 95 percent confidence interval of 0.88. This was a
3 composite endpoint of microalbuminuria, doubling of
4 serum creatinine, continuous renal replacement
5 therapy, and renal death. And the effect observed
6 was driven only by a difference in
7 microalbuminuria.

8 In contrast, the diabetic retinopathy
9 complications endpoint showed a hazard ratio of
10 1.76 and a lower bound of the confidence interval
11 of 1.11. This was a composite endpoint of diabetic
12 retinopathy complications which will be described
13 in more detail by Dr. Gough.

14 SUSTAIN 6 also gave us the opportunity to
15 look at long-term efficacy. On this slide, you see
16 the HbA1c on the Y-axis and the duration of the
17 trial in weeks on the X-axis. From a baseline of
18 8.7 percent, there was a substantial drop in Alc
19 early in the trial for both doses of semaglutide.
20 And similar to the results seen in the key efficacy
21 trials, the reductions in Alc in SUSTAIN 6 was
22 durable throughout the course of the two-year trial

1 period.

2 Semaglutide also promoted long-term
3 sustained weight loss over 2 years compared to
4 placebo on background of standard-of-care. From a
5 baseline weight of 92 kilos, we saw substantial
6 weight loss in the initial 44 weeks, and this was
7 sustained for the duration of the trial.

8 To summarize, in SUSTAIN 6, we excluded
9 excess cardiovascular risk by establishing
10 non-inferiority for a 1.8 non-inferiority margin.
11 All three individual components of the MACE
12 endpoints were consistent with the composite
13 endpoint.

14 The components of the expanded MACE further
15 support cardiovascular safety. In totality, the
16 data provides substantial and reassuring evidence
17 of cardiovascular safety. Semaglutide provided
18 long-term reductions in A1c and weight loss up to
19 2 years in SUSTAIN 6.

20 Overall, these results are consistent with
21 the findings from the five key efficacy trials and
22 demonstrate semaglutide's superior and durable

1 reductions in A1c and weight.

2 Thank you, and I'll now turn the lectern to
3 Dr. Gough.

4 **Applicant Presentation - Stephen Gough**

5 DR. GOUGH: Thank you, Dr. Hvelplund.

6 I'm Stephen Gough, senior principal clinical
7 scientist at Novo Nordisk and practicing
8 endocrinologist with a specialty in diabetes. I
9 will now discuss the semaglutide safety profile
10 that was found to be generally consistent with the
11 known safety profile of other GLP-1 receptor
12 agonists in patients with type 2 diabetes.

13 The safety assessment of semaglutide was
14 based upon two data sets from the completed
15 phase 3a clinical trial program. The first
16 includes pooled data from seven trials, SUSTAIN 1
17 to 5 and our two Japanese trials. These trials
18 were of 30- to 50-weeks' duration. I will refer to
19 this as the phase 3a pool.

20 This pool assessed the safety of semaglutide
21 across a broad population of patients with type 2
22 diabetes. Due to important differences in trial

1 design, data from SUSTAIN 6, the cardiovascular
2 outcomes trial of two-years' duration, are
3 presented separately. The total patient years of
4 exposure was over 10,000 of which the CVOT
5 accounted for approximately 60 percent.

6 Let's start by looking at the overall safety
7 profile of the phase 3a pool. Shown here are the
8 proportions of patients with adverse events,
9 serious adverse events, and adverse events leading
10 to premature treatment discontinuation.

11 The proportion of patients reporting at
12 least 1 adverse event was higher with semaglutide
13 than comparators, including placebo, and the
14 incidence of serious adverse events was also
15 slightly higher in the semaglutide groups.
16 Discontinuations were low, but higher with
17 semaglutide.

18 Shown here is a table of the most frequently
19 reported adverse events. Upon review by system
20 organ class, the higher proportions of adverse
21 events seen with semaglutide were mainly driven by
22 gastrointestinal disorders, including nausea and

1 diarrhea as shown in the top part of the table. In
2 general, these reactions were mild or moderate in
3 severity and of short duration.

4 An increase in lipase levels was also
5 reported more frequently with semaglutide than with
6 placebo and active comparators. Each of these
7 adverse events is consistent with the GLP-1
8 receptor agonist class.

9 Let's now look at the serious adverse
10 events. In the phase 3a pool, the proportion of
11 patients with serious adverse events was low.
12 Generally, these were slightly higher with
13 semaglutide than with comparator, but there was no
14 increased risk of serious side effects observed
15 with semaglutide 1 milligram compared to
16 0.5 milligram. The serious adverse events were
17 distributed across several MedDRA dictionary system
18 organ classes in both semaglutide and the
19 comparator groups.

20 Fewer than 10 percent of patients
21 discontinued treatment early due to adverse events.
22 Both semaglutide treatment arms had more patients

1 discontinue treatment due to adverse events than
2 the comparators. Among the discontinuations, most
3 were in relation to treatment initiation and dose
4 escalation, and gastrointestinal adverse events
5 were the main drivers of treatment discontinuation.
6 The highest proportion of the gastrointestinal
7 events was seen in the initial months, during the
8 escalation period.

9 Consistent with the dose response observed
10 for gastrointestinal adverse events, the proportion
11 of patients who discontinued early was higher with
12 semaglutide 1 milligram than with 0.5 milligram.

13 Let's now look at SUSTAIN 6, the
14 cardiovascular outcomes trial, which was of longer
15 duration in the trials in the phase 3a pool and
16 which included a heavily comorbid patient
17 population at increased cardiovascular risk.

18 While the proportion of patients with
19 adverse events in SUSTAIN 6 was similar across
20 treatments, serious adverse events were reported in
21 a smaller number of patients in the two semaglutide
22 treatment arms compared to placebo. More patients

1 reported adverse events leading to discontinuation
2 with semaglutide and more with the semaglutide
3 1 milligram dose.

4 Let me elaborate on the types and incidents
5 of adverse events seen in the CVOT. We observed a
6 similar an adverse event profile in the CVOT as in
7 the phase 3a pool. The adverse events occurring
8 with the highest incidence were nausea, diarrhea,
9 vomiting, increased lipase, constipation, and
10 decreased appetite.

11 In these categories, the incidences were
12 generally higher with semaglutide than with
13 placebo. In general, the other adverse events
14 listed occurred in similar proportions across
15 treatments.

16 Moving now to serious adverse events, as
17 shown previously, the proportion of patients with a
18 serious adverse event was lower with semaglutide
19 than with placebo. Here, I show the proportions
20 for the most frequently-reported serious adverse
21 events.

22 In line with the cardiovascular events that

1 were confirmed by the event adjudication committee,
2 most of the cardiac disorders reported as serious
3 adverse events had lower incidents with semaglutide
4 than with placebo.

5 There were more adverse events leading to
6 treatment discontinuation in the two-year CVOT than
7 in the phase 3a pool. This is most likely the
8 result of the longer duration of the CVOT and the
9 inclusion of the more vulnerable population with
10 high cardiovascular risk. Nausea, vomiting, and
11 diarrhea were among the most frequently-reported
12 adverse events leading to discontinuation.

13 Moving on to deaths that occurred in the
14 clinical trial program, as shown on this slide, the
15 number of deaths was balanced between semaglutide
16 and comparators. In total, in the phase 3a pool,
17 15 patients died during the trials, including 9
18 randomized to semaglutide and 6 to comparators.
19 The total number of deaths was higher in SUSTAIN 6
20 to CVOT compared to the 3a pool, again reflecting
21 the preexisting comorbidities of patients enrolled
22 in the trial and the longer duration of the trial.

1 There were no imbalances between the semaglutide
2 and placebo treatment arms.

3 Across the clinical development program, the
4 causes of deaths did not differ between treatment
5 arms and were consistent with what is expected for
6 the patient population enrolled in the clinical
7 trials.

8 In addition, specific adverse events of
9 special interest were evaluated. These were based
10 on observations in the GLP-1 receptor agonist
11 class, important safety parameters for type 2
12 diabetes, and the population being treated. An
13 external independent event adjudication committee,
14 or EAC, performed ongoing blinded validation of
15 selected adverse events according to predefined
16 diagnostic criteria.

17 The EAC adjudicated events included
18 neoplasms, pancreatitis, cardiovascular events,
19 thyroid disorders, and diabetic retinopathy
20 complications which was a composite endpoint as
21 mentioned by Dr. Hvelplund.

22 We observed no differences between

1 semaglutide and comparators or placebo for acute
2 renal failure or immunogenicity. Similarly, there
3 were no differences between treatment arms for
4 thyroid disorders, including EAC confirmed thyroid
5 neoplasms, which I will summarize in a moment,
6 together with the other types of neoplasms as this
7 is an area of importance for GLP-1 receptor
8 agonists.

9 Small differences in the instance of gall
10 bladder disorders occurred as previously reported
11 with other GLP-1 receptor agonists. All of these
12 data can be found in the briefing book.

13 Focusing, therefore, on areas most relevant
14 to the benefit-risk discussion of semaglutide, I'll
15 start with episodes of severe hypoglycemia. No
16 episodes of severe hypoglycemia occurred in the
17 phase 3a pool when semaglutide was used as
18 monotherapy. Episodes of severe hypoglycemia were
19 infrequent when semaglutide was added to other
20 agents.

21 As with other GLP-1 receptor agonists, these
22 episodes mainly occurred when semaglutide was used

1 with sulfonylurea or insulin. The proposed
2 semaglutide label will advise physicians to
3 consider a dose reduction of sulfonylurea or
4 insulin when using semaglutide with these agents to
5 reduce the risk of hypoglycemia.

6 Similarly, in the CVOT, the episodes of
7 severe hypoglycemia were infrequent, and there were
8 small numerical differences between semaglutide and
9 placebo. As was seen in the phase 3a pool, the
10 majority of severe hypoglycemia episodes occurred
11 when semaglutide was used with sulfonylurea or
12 insulin therapy. It's important to remember that
13 these low rates of hypoglycemia were achieved in
14 the context of A1c reductions that were
15 significantly greater with semaglutide than
16 placebo.

17 Moving on to EAC confirmed events, I'll
18 start neoplasms. Looking at malignant neoplasms,
19 we see that the confirmed events was spread over
20 multiple organ systems with no apparent difference
21 between semaglutide and the comparators in the 3a
22 pool.

1 Turning now to the CVOT where more events
2 were reported in the trial reflecting the two-year
3 duration and an older and more comorbid population,
4 as in the phase 3a pool, the malignant neoplasms
5 was spread over multiple organ systems with no
6 clustering and no apparent difference between
7 semaglutide and comparator for different tissues of
8 origin.

9 Recognizing pancreatitis is an important
10 safety topic for incretin-based therapies. Let's
11 turn to the proportion of patients with events of
12 pancreatitis. Using the prespecified criteria, the
13 incidence of pancreatitis was low and comparable
14 across the phase 3a pool, and most of the events
15 were mild.

16 In SUSTAIN 6, the number of patients with
17 acute pancreatitis was comparable across treatment
18 arms with 8 semaglutide-treated patients and 10
19 placebo-treated patients. In the CVOT, all events
20 of acute pancreatitis were classified as mild,
21 using the prespecified Atlanta criteria. The EAC
22 confirmed pancreatitis events in both the phase 3a

1 pool and the CVOT occurred throughout the trials
2 with no indication of a lead time.

3 Next, moving to cardiovascular safety, as
4 you heard from Dr. Hvelplund, we established
5 cardiovascular safety of semaglutide. We saw a 2
6 to 4 beat per minute increase in pulse rate but a
7 decrease in systolic blood pressure. This increase
8 in pulse rate is similar to that seen for other
9 long-acting GLP-1 receptor agonists.

10 SUSTAIN 6 was designed to meet the FDA
11 pre-approval cardiovascular safety requirements.
12 It had a 90 percent power to demonstrate
13 non-inferiority of the upper limit confidence
14 boundary of 1.8, thus requiring 122 MACE.

15 To collect data on long-term safety, an
16 additional requirement of the trial was that all
17 patients be followed for 2 years. At the end of
18 the trial, 254 patients experienced MACE. Based on
19 these events, the point estimate for SUSTAIN 6 was
20 0.74 with an upper bound of 0.95. These results
21 are consistent across cardiovascular endpoints and
22 in subgroups.

1 Consistent with the MACE results, we saw no
2 excess of cardiovascular adverse events with
3 semaglutide versus comparators across the entire
4 phase 3 program. In summary, the data provides
5 substantial and reassuring evidence of
6 cardiovascular safety.

7 The final area of special interest is
8 diabetic retinopathy complications which we
9 assessed in the SUSTAIN 6 cardiovascular outcomes
10 trial. Before I present our data, Dr. Lloyd Aiello
11 will provide some background information to provide
12 context around diabetic retinopathy.

13 **Applicant Presentation - Lloyd Aiello**

14 DR. AIELLO: Good morning. Similar to what
15 you heard presented by Dr. Emily Chew earlier this
16 morning, I'm here to provide background on diabetic
17 retinopathy and to help with the observations from
18 the semaglutide clinical development program and
19 the perspective.

20 I am professor of ophthalmology and
21 vice chair in the Centers of Excellence in the
22 Department of Ophthalmology at Harvard Medical

1 School and vice president of ophthalmology and
2 director of the Beetham Eye Institute at Joslin
3 Diabetes Center.

4 I've been internationally active in the
5 design, implementation, and analyses of clinical
6 trials in diabetic retinopathy for over 25 years
7 and was the inaugural chair of the Diabetic
8 Retinopathy Clinical Research Network, now the
9 largest network for clinical trials in diabetic
10 retinopathy and diabetic eye disease in the United
11 States.

12 Let me start with an overview of diabetic
13 retinopathy. Diabetic retinopathy is one of the
14 most prevalent microvascular complications of
15 diabetes. In fact, most people with diabetes
16 eventually develop some retinopathy.

17 At the time, they are diagnosed with type 2
18 diabetes, approximately 20 percent of patients have
19 retinopathy, and this incidence increases to more
20 than a half after 15 or more years of the disease.
21 In approximately one-quarter of people, advanced
22 sight-threatening disease arises after 15 years.

1 Diabetic retinopathy is characterized by a
2 spectrum of changes as illustrated in these retinal
3 photographs. These changes progress over time from
4 none, as shown in your left, to non-proliferative
5 retinopathy in the middle panels, to
6 sight-threatening stages called proliferative
7 diabetic retinopathy and/or diabetic macular edema
8 as shown on the right.

9 Visual loss from diabetic retinopathy
10 generally occurs from the severe stages of the
11 disease. Abnormal new vessels may grow in on the
12 retina and may bleed. These conditions are called
13 proliferative diabetic retinopathy and vitreous
14 hemorrhage. They are shown on the left and are
15 often treated with laser photocoagulation.

16 In addition, diseased retinal vessels may
17 leak fluid into the retina causing retinal
18 swelling, a condition called diabetic macular edema
19 as shown in the right. This condition is often
20 treated with either intravitreal injections or
21 laser photocoagulation.

22 In the SUSTAIN 6 trial, it was these

1 therapies and related late-stage complications
2 which are expected from the natural history of the
3 disease that comprised the adjudicated retinal
4 endpoints.

5 To accurately detect and monitor diabetic
6 retinopathy severity and its complications, our
7 rigorous standardized classification system has
8 been established internationally. This system is
9 based on specific retinal findings and key
10 procedures, such as pupillary dilation, experienced
11 eyecare provider evaluation, ETDRS or equivalent
12 photography, and protocol visual acuity
13 measurement. When assessed in this manner,
14 severity is well-correlated with the risk of
15 retinopathy progression and risk of visual loss.

16 In SUSTAIN 6, some complications of diabetic
17 retinopathy were evaluated. However, standard
18 methods for assessing progression and severity of
19 retinopathy were not used. This limitation is
20 important as we consider the SUSTAIN 6 findings.

21 Let me now discuss how we treat diabetic
22 retinopathy. Both the pathology and the

1 interventional approaches for diabetic retinopathy
2 are similar in type 1 and type 2 diabetes. For
3 patients with complications of diabetic
4 retinopathy, we now have remarkably effective,
5 sight-saving therapies. These therapies include
6 laser photocoagulation, intravitreal agents
7 including VEGF inhibitors, and surgery.

8 Not only can we now reduce the risk of
9 severe visual loss to less than 5 percent, but we
10 can also partially or fully restore prior visual
11 loss from diabetic retinopathy, and even cause
12 retinopathy severity itself to improve. However,
13 our most important treatment goal is to prevent the
14 onset or progression of retinopathy, so the
15 challenge is how to care for the eyes of patients
16 with type 2 diabetes before severe complications
17 occur.

18 A fundamentally important aspect of care is
19 optimization of blood glucose. We know the risk of
20 diabetic retinopathy is highly associated with the
21 degree of glycemic control and that reduction of
22 hyperglycemia can both delay the onset and slow the

1 progression of diabetic retinopathy. This is true
2 for proliferative diabetic retinopathy, and
3 diabetic macular edema, and for both type 1 and
4 type 2 diabetes.

5 Data conclusively demonstrating this benefit
6 are exemplified by the results of the Diabetes
7 Control and Complications Trial, we refer to as the
8 DCCT. The DCCT evaluated over 1,400 patients with
9 type 1 diabetes. The patients received either
10 conventional or intensive diabetes therapy to
11 normalize A1c.

12 Showing here are those patients without
13 retinopathy at baseline. The intensive therapy
14 group with its lower mean A1c is presented in
15 orange. By year 9, intensive therapy was
16 associated with 76 percent reduction in risk of
17 retinopathy onset as compared with the conventional
18 therapy group shown in green. Please note that
19 substantial benefit took several years to become
20 evident.

21 Benefits of better glycemic control were
22 seen for retinopathy progression, development of

1 severe retinopathy, and the need for laser
2 treatment or ocular surgery in both the primary and
3 secondary intervention cohorts.

4 The United Kingdom Prospective Diabetes
5 Study, or UKPDS, showed similar benefits of
6 intensive glycemic control in patients with type 2
7 diabetes. In this study, every 1 percent decrease
8 in A1c level resulted in a 37 percent reduction in
9 the risk of microvascular complications,
10 underscoring the long-term benefit of better
11 glycemic control in type 2 diabetes. As seen in
12 the DCCT, a substantial benefit took several years
13 to become evident.

14 You can see here the delay before
15 substantial benefit occurred in the DCCT. In fact,
16 initially, in the secondary intervention cohort,
17 there was what is now known as the early worsening
18 phenomenon.

19 Focusing on the area within the red circle,
20 you see that the intensive therapy group with its
21 lower A1c shown in orange was actually at a higher
22 risk of retinopathy progression during the first

1 2 years as compared with the conventional therapy
2 group. However, the eventual magnitude of benefit
3 in the intensive therapy group, seen to the right
4 of the graph, far exceeded the degree of detriment
5 observed early in the study as seen to the left of
6 the graph.

7 Intensive glyceemic control improved long-
8 term outcomes even in the specific drug subgroup of
9 patients who experienced early worsening. Here are
10 DCCT data on the progression of retinopathy for
11 those patients who did have early worsening by
12 18 months, shown in the solid lines; and here are
13 the data for those who did not have early worsening
14 at 18 months, shown with dashed lines. Note that
15 the horizontal axis is years of follow-up after
16 month 18.

17 The progression rate was higher in the
18 intensive therapy group with early worsening, the
19 solid orange line, compared with the intensive
20 glyceemic control group without early worsening,
21 represented by the dashed orange line. Note the
22 magnitude of the difference after 8 years of

1 follow-up as shown by the arrow.

2 Now, let's compare the intensively-treated
3 group with early worsening, the orange solid line,
4 to the conventionally-treated group without early
5 worsening shown here by the green dashed line. We
6 see that those with intensive control and early
7 worsening did substantially better than those
8 without early worsening but who received on
9 conveniently glyceic control. Please note the
10 large difference after eight years of total
11 follow-up is shown by the arrow to the right.

12 Thus, intensive glyceic control, when performed
13 safely, is generally more important for long-term
14 retinal outcomes than the possible detriment from
15 early worsening that may occur.

16 This early worsening phenomenon is
17 well-appreciated in both type 1 and to an extent,
18 in type 2 diabetes. Risk factors include advance
19 retinopathy, diabetes of long duration, poor
20 baseline glyceic control, or profound improvement
21 in glyceic control. Indeed, as you'll see later,
22 these are the same risk factors that were

1 associated with diabetic retinopathy complications
2 in SUSTAIN 6.

3 Early retinopathy worsening has been
4 observed with many interventions that significantly
5 improved blood glucose control, including insulin
6 use, other GLP-1 receptor agonist, after bariatric
7 surgery, and after pancreas transplantation.

8 Shown here are the 2017 recommendations from
9 the American Diabetes Association for
10 ophthalmological evaluation of patients with
11 diabetic. Most patients, those with no or mild
12 retinal disease, should be evaluated approximately
13 yearly. As the severity of retinopathy increases,
14 so does the frequency of ophthalmologic monitoring.
15 Additional guidance is provided for patients
16 undergoing treatment intensification since improved
17 glycemia is linked to early worsening. This
18 currently applies primarily with insulin.

19 Specifically, when initiating insulin in
20 patients with longstanding poor glycemic control
21 and severe or worse retinopathy, ophthalmologic
22 monitoring at 3-month intervals for 6 to 12 months

1 thereafter is appropriate.

2 In some situations, for example, in patients
3 with retinopathy already at or approaching the
4 high-risk stage, it may be prudent to delay the
5 initiation of intensive glycemic treatment until
6 ophthalmologic interventions can be completed.
7 This is particularly relevant if hemoglobin A1c is
8 high. These recommendations are pertinent to all
9 patients with diabetic retinopathy who are
10 undergoing significant improvement in glycemic
11 control regardless of a therapeutic modality.

12 In summary, diabetic retinopathy is a
13 near-universal complication of diabetes. Clinical
14 practice guidelines exist, and accurate methods for
15 evaluating retinopathy are widely available. We
16 currently have highly effective interventions for
17 treating complications of diabetic retinopathy and
18 multiple studies conclusively demonstrate that
19 better glycemic control is associated with reduced
20 risk of retinopathy prevention and visual loss.

21 Overall, the risk of potential early
22 worsening of retinopathy when intensifying diabetes

1 therapy are offset by the large long-term benefit
2 of reduced retinal complications with improved
3 glycemic control. And finally, the risk factors
4 and complications of retinopathy are
5 well-recognized, and the retinopathy complications
6 discussed can be effectively monitored, managed,
7 and treated by adhering to current clinical
8 practice guidelines. Thank you.

9 **Applicant Presentation - Stephen Gough**

10 DR. GOUGH: Thank you, Dr. Aiello.

11 With that background in mind, I'd now like
12 to review the retinal data from the SUSTAIN
13 program. As a reminder, a composite of diabetic
14 retinopathy complications was part of the
15 prespecified microvascular endpoint in SUSTAIN 6.
16 However, the hazard ratio for retinal microvascular
17 complications was greater than 1. To help the
18 panel better understand this observation, I'll
19 describe the study methodology and some of the
20 post-study evaluations that we conducted and the
21 conclusions that we have reached.

22 We collected adverse events of diabetic

1 retinopathy as part of standard adverse event
2 reporting in both the phase 3a pool and SUSTAIN 6.
3 In addition, in SUSTAIN 6, possible events of
4 vitreous hemorrhage, onset of diabetes-related
5 blindness, and the need for photocoagulation, and
6 the need for treatment with an intravitreal agent
7 was sent to the EAC for adjudication. We
8 collectively termed these specific events diabetic
9 retinopathy complications to represent clinically
10 meaningful events that would be reported in
11 SUSTAIN 6.

12 Hindsight suggests that more rigorous
13 ophthalmological methodology would have generated
14 higher quality data. To be clear, for the
15 prespecified microvascular endpoint, we did not
16 assess retinopathy severity, nor the occurrence of
17 new retinopathy. Rather, we collected and
18 adjudicated adverse event reports related to
19 diabetic retinopathy complications and procedures
20 used to treat retinopathy complications.

21 In the phase 3a pool, we excluded from the
22 trials patients with known proliferative

1 retinopathy or maculopathy requiring acute
2 treatment. In contrast to many diabetes
3 therapeutic trials, SUSTAIN 6 included patients
4 with all stages of retinopathy, including advance
5 retinopathy, high baseline A1c, and long duration
6 of diabetes history with minimal exclusion
7 criteria.

8 Moving on to the data for adverse events
9 related to diabetic retinopathy, shown here are
10 adverse events potentially related to diabetic
11 retinopathy based on searched terms from the MedDRA
12 dictionary. In the phase 3a pool, the proportions
13 of patients with retinopathy adverse events were
14 low, and similar in the semaglutide and comparator
15 groups. No serious adverse events were reported.

16 In SUSTAIN 6, more retinopathy-related
17 adverse events occurred than in the 3a pool. This
18 likely reflects the longer trial duration and the
19 inclusion of patients with retinopathy at trial
20 entry. Using this broad definition of retinopathy
21 events, the incidence was higher in the semaglutide
22 groups compared to placebo.

1 Moving on to the subset of diabetic
2 retinopathy complications, this Kaplan-Meier plot
3 shows the time to first EAC confirmed diabetic
4 retinopathy complication in SUSTAIN 6. The
5 difference between semaglutide and placebo gave a
6 hazard ratio of 1.76 with a lower bound of 1.11.
7 The treatment difference appeared early and
8 persisted throughout the trial.

9 In total, 79 patients developed diabetic
10 retinopathy complications, including 50 patients on
11 semaglutide and 29 on placebo. To better
12 understand these observations, we looked to the
13 baseline characteristics of patients who
14 experienced a retinopathy complication event.

15 In keeping with known risk factors for the
16 progression of diabetic retinopathy complications,
17 the 79 patients who had EAC confirmed events of
18 diabetic retinopathy complications, compared to the
19 overall SUSTAIN 6 trial population, had a longer
20 duration of diabetes, higher baseline A1c, and were
21 more likely to be receiving insulin treatments at
22 baseline, likely indicating more advanced diabetes.

1 They were also characterized by having
2 preexisting diabetic retinopathy, proliferative
3 retinopathy, and/or a history of treatment with
4 laser therapy or intravitreal agents. These risk
5 factors are identical to those previously describe
6 by Dr. Aiello for early worsening or preexisting
7 diabetic retinopathy.

8 Long-term glycemic control can prevent or
9 delay the progression or onset of diabetic
10 retinopathy. However, initial improvements in
11 glycemic control, especially when the reductions
12 are large, can be associated with an early
13 worsening of preexisting diabetic retinopathy.

14 To determine whether this phenomenon
15 contributed to the observations in SUSTAIN 6, we
16 looked at the association between the early changes
17 in glycemic control and the incidence of diabetic
18 retinopathy complications.

19 We saw that the maximal A1c reduction of
20 nearly 2 percent in SUSTAIN 6 occurred by week 16,
21 indicated by the red line. We then looked to the
22 association between this A1c change at this 16-week

1 timepoint and the development of retinal
2 complications in patients with and without
3 preexisting diabetic retinopathy.

4 Patients without preexisting diabetic
5 retinopathy had a low incidence of EAC confirmed
6 events, regardless of Alc reduction at 16 weeks in
7 both treatment arms. This is illustrated by the
8 incidence rate of first event on the Y-axis as a
9 function of various degrees of Alc lowering along
10 the X-axis.

11 Among patients with preexisting diabetic
12 retinopathy, the incidence rate was higher than in
13 the group without baseline retinopathy in both
14 treatment arms. Further, the incidence rate
15 trended higher with greater reductions of Alc at
16 16 weeks in both treatment arms. The incidence
17 rate at first event was highest in patients whose
18 Alc fell by more than 1.5 percent at 16 weeks.

19 The increased risk of diabetic retinopathy
20 complications seen with semaglutide is explained by
21 the fact that 236 patients in the semaglutide group
22 achieved Alc reductions greater than 1.5 compared

1 with only 76 in the placebo group. These results
2 are consistent with the glycemia-related early
3 worsening phenomenon.

4 To summarize in SUSTAIN 6, diabetic
5 retinopathy complications, as defined by
6 prespecified criteria, occurred at higher incidence
7 with semaglutide compared to placebo. Baseline
8 factors associated with a higher risk included
9 preexisting diabetic retinopathy and a longer
10 duration of diabetes compared to the overall
11 SUSTAIN 6 population. Larger A1c reductions early
12 in the trial were also associated with a higher
13 risk. These observations are consistent with early
14 worsening but has been observed with other highly
15 efficacious glucose-lowering therapies.

16 As semaglutide's glycemic efficacy was
17 greater than even we expected in SUSTAIN 6, we did
18 not anticipate this finding. Because we did
19 observe early worsening, the proposed label for
20 semaglutide will include language about diabetic
21 retinopathy that parallels labeling for insulin.
22 This will include reference to the well-established

1 guidelines and protocols for the management of
2 patients at risk of early worsening as described by
3 Dr. Aiello.

4 I would now like to invite Dr. Pratley to
5 discuss the use of semaglutide by physicians like
6 himself who routinely treat patients with type 2
7 diabetes.

8 **Applicant Presentation - Richard Pratley**

9 DR. PRATLEY: Thank you very much,
10 Dr. Gough.

11 Good morning, everyone, Mr. Chairman,
12 members of the panel. My name is Rich Pratley, and
13 I'm pleased to be here to present my perspective on
14 semaglutide for the treatment of type 2 diabetes.

15 For over 30 years, my career has focused on
16 improving the lives of patients with diabetes
17 through both clinical care and research. I believe
18 that semaglutide is an exciting new therapy that
19 will significantly advance diabetes care.

20 As we know, diabetes is one of the most
21 common chronic diseases in the United States,
22 affecting over 29 million people, roughly 9 percent

1 of our population. By the year 2030, over
2 56 million people will be affected by diabetes in
3 this country alone. The vast majority, 90 to
4 95 percent of cases in adults, are people with
5 type 2 diabetes.

6 Diabetes is an important disease because of
7 the high risk of developing serious chronic
8 complications including cardiovascular disease, as
9 well as microvascular diseases such as retinopathy
10 and nephropathy.

11 Now, we've made a lot of progress in the
12 management of type 2 diabetes over the last two
13 decades, in part because of the introduction of
14 several new classes of medications. But we still
15 face many treatment challenges.

16 The American Diabetes Association recommends
17 an A1c target of 7 percent for most patients with
18 diabetes. However, it's estimated that over
19 14 million people have an A1c above 7 percent and
20 just over 3 million have an A1c above 10 percent.
21 This illustrates that there is still a significant
22 unmet need to improve glycemic control in many

1 patients, and this reflects what I see in clinic.

2 The other problem we deal with regularly in
3 clinic is obesity. Most patients with diabetes
4 struggle with weight issues. In fact, it's
5 estimated that 16 million patients with diabetes
6 can be classified as obese, and over 4 million are
7 considered severely obese with a BMI above 40.

8 It's now well-established that even modest
9 weight loss of as little as 5 percent can improve
10 metabolic parameters and associated comorbidities.
11 What we really need in practice are
12 anti-hyperglycemic agents that also result in
13 substantial weight loss.

14 Another issue with deal with regularly in
15 clinic is cardiovascular disease. As the
16 prevalence of diabetes has increased, so has the
17 burden of cardiovascular disease in this
18 population. This is true for coronary heart
19 disease, other forms of heart disease, and stroke.
20 We know that virtually all patients with type 2
21 diabetes are at increased risk of cardiovascular
22 disease, so it's imperative that the diabetes

1 medications that we use have an established
2 cardiovascular safety.

3 With these challenges in mind, it's
4 important that we have therapies that allow us to
5 individualize treatment based upon each
6 patient-specific profile. What we need are new
7 therapies that improve glycemia, getting more
8 people to goal, that reduce weight, have a low risk
9 of hypoglycemia, and have demonstrated
10 cardiovascular safety.

11 We also seek medications that can be used in
12 a broad patient population, including the elderly,
13 people with renal or hepatic impairment, and those
14 with underlying cardiovascular disease. Finally,
15 we look for simple and convenient treatments
16 because in general, these will be associated with
17 improved adherence. The data that we've seen so
18 far show that semaglutide meets these needs.

19 Importantly, semaglutide offers significant
20 advantages over existing type 2 diabetes
21 treatments. In head-to-head studies, compared to
22 the DPP-4 CYP inhibitor sitagliptin; the GLP-1

1 receptor agonist, exenatide ER; and basal insulin,
2 glargine, semaglutide was superior at lowering
3 hemoglobin A1c, achieving an A1c target of less
4 than 7 percent, and reducing body weight. The risk
5 of hypoglycemia with semaglutide is low, similar to
6 sitagliptin and exenatide, and lower than with
7 insulin.

8 Lastly, once-weekly dosing is simple and
9 convenient, and the dose can be individualized with
10 the flexibility to administer 0.5 milligrams or to
11 increase to 1 milligram, if needed. Semaglutide
12 provides a great option for patients who are
13 struggling because they are overweight and not able
14 to achieve their A1c goals. I have a lot of
15 patients like this in my clinic, and I've shown you
16 that there are millions of Americans who are also
17 in this category.

18 Now, we've just heard about diabetic
19 retinopathy, and I'd like to provide my clinical
20 perspective as well. As clinicians, we recognize
21 that retinopathy is a common complication with
22 diabetes. Diabetes remains the leading cause of

1 blindness in U.S. adults. Indeed, a major
2 rationale for controlling glucose levels is to
3 prevent the development and progression of
4 retinopathy. An important part of the effort to
5 prevent vision loss is to ensure that patients have
6 an annual dilated fundus exam or more frequent eye
7 care as needed. This is actually part of our
8 measures of quality in clinical practice.

9 Most providers are aware of the importance
10 of screening for diabetic retinopathy, and they're
11 also familiar with the phenomenon of early
12 retinopathy worsening. The results of the
13 SUSTAIN 6 trial remind all of us how critically
14 important it is to follow the clinical guidelines
15 in relationship to glycemic control and management
16 of retinopathy. In doing so, we can help prevent
17 vision loss in our patients with diabetes.

18 In summary, semaglutide is more than just
19 another addition to the GLP-1 receptor agonist
20 class. I really believe it presents the next
21 generation of GLP-1 receptor agonists, and it
22 advances our approach to treating type 2 diabetes.

1 Semaglutide offers clinically significant, relevant
2 benefits with respect to glucose-lowering and
3 weight reduction over existing treatments. And as
4 a once-weekly injection, semaglutide will, in my
5 opinion, improve adherence to diabetes management.

6 Moreover, the cardiovascular safety of
7 semaglutide has been demonstrated in patients with
8 high CV risk, those with renal impairment, and the
9 elderly. As we've seen in the SUSTAIN 6 trial,
10 semaglutide was actually associated with a
11 reduction in CV events.

12 Overall, semaglutide allows us to broaden
13 our approach to treating diabetes from one that is
14 glucose-centric, to one that is patient-centered,
15 comprehensive and focused on improving long-term
16 outcomes. Thank you very much.

17 **Applicant Presentation - Stephen Gough**

18 DR. GOUGH: I will now conclude with the
19 benefit-risk analysis for semaglutide based on all
20 the key data summarized in the presentations.

21 With respect to benefit, once-weekly
22 semaglutide produced superior and durable

1 reductions in A1c and body weight across five key
2 efficacy trials when contrasted with all other
3 comparators. Up to 79 percent of patients of
4 semaglutide achieved target A1c values less than
5 7 percent. The reductions in A1c were durable in
6 the five efficacy trials and in the two-year CVOT,
7 and glycemic efficacy was supported across numerous
8 sensitivity analyses and across subpopulations.

9 Semaglutide produced similar benefits with
10 weight loss. Mean body weight loss was clinically
11 meaningful and significantly greater than any of
12 the comparators. Importantly, high proportions of
13 patients on semaglutide achieved and maintained
14 body weight reductions of equal to or greater than
15 5 percent than comparators in all of the trials.
16 Additionally, SUSTAIN 6 established cardiovascular
17 safety with semaglutide on top of standard of care
18 in a long-term placebo-controlled cardiovascular
19 outcomes trial.

20 The cardiovascular safety of semaglutide was
21 demonstrated through non-inferiority analyses of
22 time to first three-component MACE. Moreover, all

1 three individual components of the MACE endpoint
2 were consistent with the composite endpoint. Taken
3 together, these benefits from blood glucose,
4 weight, and cardiovascular safety outweigh
5 potentially risks.

6 Overall, the safety profile of semaglutide
7 was consistent with that of other GLP-1 receptor
8 agonists. The higher adverse event rate with
9 semaglutide was driven by gastrointestinal events,
10 which were mostly mild or moderate and of short
11 duration.

12 The incidence of diabetic retinopathy
13 complications in SUSTAIN 6 was higher compared to
14 placebo. However, the absolute risk was low. We
15 identified baseline factors that predict patients
16 of the highest risk for diabetic retinopathy
17 complications. Moreover, the observations were
18 consistent with the known phenomenon of glycemia-
19 related early worsening that is described in
20 current insulin labeling. As you've heard from
21 Dr. Aiello, current treatment guidelines include
22 measures to monitor and manage this phenomenon.

1 The rates of pancreatitis and malignant
2 neoplasms were low and similar between treatments,
3 and we established cardiovascular safety. Finally,
4 when looking at subpopulations, we have similar
5 results for efficacy and safety in the elderly,
6 renal impairment patients, and heart failure
7 patients.

8 In conclusion, the data from the semaglutide
9 clinical development program demonstrate a
10 favorable benefit-risk profile in patients with
11 type 2 diabetes. The data demonstrate that
12 semaglutide is a significantly improved treatment
13 option for patients with type 2 diabetes, including
14 those at high risk of cardiovascular events.
15 Semaglutide produced superior and durable glycemic
16 control and weight loss and demonstrated
17 cardiovascular safety in a once-weekly injection.
18 The overall safety profile is also consistent with
19 the well-established GLP-1 receptor agonist safety
20 profile.

21 Thank you, and I'm now happy to answer any
22 of your questions.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

Clarifying Questions to Applicant

DR. WILSON: Thank you very much.

We're now going to move to questions for the sponsor, and clarifying questions as well. Please state your name for the record before you speak, and if you can, please direct questions to a specific speaker.

DR. HIATT: William Hiatt. I have two questions. The first is on the phase 3 trials that looked at Alc as the primary endpoint, and you used an analysis called mixed model for repeated measures, which I understand takes all available data and assumes that missing data are missing at random.

When you look through your material and try to understand the degree of missingness, it's a little hard to tell. If you look at how many patients were lost to follow-up at the end of those trials, there weren't a lot. I'm assuming most of the missingness occurred that there were specific timepoints when Alc values were simply not available in a particular study visit.

1 Is that assumption correct? And if so, I
2 just wonder how much missing data there was that
3 was used in your model because I know this will
4 come up later and that would be challenged a bit,
5 that that might overestimate the benefit of the A1c
6 reduction.

7 So my first question is using a mixed model,
8 how much missing data was there throughout the
9 studies?

10 DR. GOUGH: Thank you. To take that
11 question, I'll call upon our biostatistician, Lars
12 Damgaard.

13 MR. DAMGAARD: Lars Damgaard, biostatistics
14 from Novo Nordisk. It is correct that in our
15 primary analysis as prespecified, we used subjects
16 in a full analysis set and data that were collected
17 by subjects who were on treatment and prior to
18 initiating any rescue medication.

19 For your question in terms of missing data
20 in that model, there were about 15 to 20 percent on
21 the semaglutide treatment arms. As my medical
22 colleague explained, we also collected data after

1 subject discontinued treatment and have completed
2 follow-up on the patient. In that analysis that we
3 call the in-trial analysis, meaning that we used
4 data that are collected also after the initiation
5 of rescue medication, we have missing data in the
6 range from 5 to 8 percent.

7 If I may go on, for the question of whether
8 or not the missing and random assumption is valid
9 or not, I cannot tell. But the fact that we had
10 complete follow-up on the subject, that allowed us
11 to do compressive analysis of the data. And
12 overall, we have a very consistent result, as
13 you'll also see when we compare our result to the
14 FDA briefing book.

15 DR. HIATT: Just so I understand this, if a
16 patient is coming for a particular follow-up and
17 they have an Alc value from the prior visit and one
18 at the subsequent visit, then the missing value may
19 be for a particular intermediate visit versus a
20 patient who withdraws consent for which all their
21 data becomes missing at that point in time.

22 MR. DAMGAARD: For your last point, if the

1 subjects are withdrawing consent, then we'll not
2 have any more data.

3 DR. HIATT: Right.

4 MR. DAMGAARD: Yes.

5 DR. HIATT: But most of the missed -- the
6 20 percent seems like a large number to me, and
7 that's missing in patients who have, at other time
8 points, data that are available for analysis; is
9 that correct?

10 MR. DAMGAARD: In the mixed model for
11 repeated measurement, which was our primary
12 analysis, that intermediate data was used to inform
13 the analysis and the result that we have shown here
14 today.

15 DR. HIATT: Was the missingness greater or
16 less in the comparator arm compared to the study
17 drug arm?

18 MR. DAMGAARD: Due to that, we actually
19 censored data when subjects were initiating rescue
20 medication. And we saw in the placebo trials in
21 the comparator arm, up to 20 percent use of rescue
22 medication, the missing data was larger in the

1 comparator arms, up to 30 percent.

2 DR. HIATT: Okay. I have a follow-on
3 question, if I could, and that's a strategy behind
4 the cardiovascular OUTCOME trial. The 2008
5 guidance has two thresholds, 1.8 and 1.3. My
6 understanding at the time that was developed was
7 that there wasn't a lot of MACE data available. It
8 mainly came from adverse event reporting.

9 The 1.8 was a way to get on the market, but
10 there was a subsequent requirement to cross 1.3,
11 and that the 1.8 would be achieved because you
12 could pool data from a number of your metabolic
13 studies, phase 2, phase 3. And because it was
14 early days in this request, it would be hard to get
15 a lot of cardiovascular events, so 1.8 was a way to
16 get on the market and 1.3 was to stay on the
17 market, if I remember correctly.

18 In your design, your primary endpoint was to
19 be less than 1.8, which I didn't see -- in your
20 briefing document, the 1.8 is sort of the pre hoc,
21 and 1.3 is the post hoc approach to this when the
22 FDA is mainly 1.8. So I'm just a little confused

1 because if you're going to do a cardiovascular
2 outcome trial, why not just prespecify 1.3 because
3 you got to go there anyway? And maybe that's
4 because you initially designed to acquire at 122
5 primary MACE events, which is not very many, and
6 maybe that's why you went for 1.8. But then you
7 went to 254 MACE events, so that's twice that.

8 So I'm just wondering about the strategy
9 here. This is clearly a safety study, not an
10 efficacy trial. You weren't looking for
11 superiority. That's never been discussed here,
12 which seems appropriate to me. But explain to me
13 why it was 1.8 when in fact you clearly blew past
14 that, and why it wasn't just 1.3 from the beginning
15 and how you went from 122 to 254 events.

16 DR. GOUGH: You're correct that SUSTAIN 6
17 was designed as a cardiovascular safety study. To
18 take you through the questions that you've posed
19 though, I will call upon Anders Hvelplund to take
20 you through exactly that.

21 DR. HVELPLUND: As you correctly state, the
22 SUSTAIN 6 trial was designed to rule out 1.8, and

1 we only expected to accrue 122 events. We did the
2 trial in order to ensure we had enough events in
3 that we did not expect many events in our other
4 phase 3 trials. That was the reason for doing the
5 trial. We then planned to use the events also
6 subsequently together with a post-approval trial to
7 accrue a sufficient number of events to establish
8 cardiovascular safety.

9 We did though in this trial because it was
10 also prespecified to run for 2 years for all
11 subjects, accrue more events than we expected, so
12 we have now accrued 254 events. We did not
13 prespecify the 1.3 analysis, but we believe now we
14 have done the analysis post hoc with a very low
15 p-value demonstrating that we have a lot of
16 evidence for establishing cardiovascular safety in
17 this population. But you are right that that was
18 not prespecified.

19 DR. HIATT: I did read that the design
20 allowed for both an event-driven and a time-driven
21 study. When you went past 122 primary events, did
22 you need to have a protocol amendment to approve to

1 gather more events because you let the trial run
2 longer?

3 DR. HVELPLUND: No. The trial, as it was
4 specified, had to accrue at least 122 events and be
5 at least 2 years. In this instance, the 2 years
6 was the deciding factor, so there was not a
7 protocol amendment to gather more events.

8 DR. HIATT: And there was not an ethical
9 issue for patients consenting to 122 events to go
10 to 254?

11 DR. HVELPLUND: That was not how we
12 specified the informed consent, no.

13 DR. HIATT: My last clarification, had you
14 really stayed at 122 events and crossed 1.8,
15 presumably you'd be required to do another outcome
16 trial to get less than 1.3, correct?

17 DR. HVELPLUND: Yes.

18 DR. HIATT: Thanks.

19 DR. WILSON: Thanks very much. Next,
20 Dr. Everett had a question.

21 DR. EVERETT: Thank you. This is really
22 directed to Dr. Aiello because I have some

1 questions about the different endpoints for
2 retinopathy. In particular, we talked a lot about
3 early worsening with intensive glucose reduction,
4 and we've sort of drawn an equivalence, or at least
5 the presenters have drawn an equivalence, between
6 the changes of three points on the ETDRS scale seen
7 in the DCCT, and compared that or made an
8 equivalence with the clinical events that occurred
9 in the SUSTAIN 6 trial.

10 I'm not an ophthalmologist, but if I were to
11 have diabetes, I would think that getting
12 intravitreal injection would matter more to me
13 clinically than having a change in the scale that I
14 can't necessarily appreciate.

15 What I'm asking for is your sense as a
16 clinician, as an ophthalmologist, as to how
17 equivalent these two endpoints are and whether what
18 we're seeing therefore in SUSTAIN 6 is actually a
19 more severe change in the retinopathy than what
20 would just be observed with a three-point change on
21 a scale.

22 I can also have that question go to Dr. Chew

1 maybe later to see what her impression is, but I'd
2 like to hear your response first.

3 DR. GOUGH: Thank you. To respond to that
4 question, I'll call up Dr. Aiello.

5 DR. AIELLO: Lloyd Aiello, Harvard Medical
6 School. You are correct, but they are related.
7 When we look at retinopathy, we grade retinopathy
8 along a spectrum from no evident clinical changes
9 through the most severe sort of changes. Then we
10 can look at how many steps are along that course.
11 That, we commonly refer to as 1, 2, or 3-step
12 worsening that you've heard about, and the way this
13 study was conducted, that information cannot be
14 obtained from the information.

15 What was obtained were either the end-stage
16 type of complications or treatments for those
17 end-stage complications, of which there were four,
18 and which are expected with late-term
19 complications. Now, what you need to recall within
20 that is that as you get to a higher stage of the
21 disease, you'll do 1, 2, 3-step progression. You
22 will progress to that stage where it's severe, and

1 you can have these complications.

2 So it is well-established that a progression
3 of those steps up in a higher stage will get you in
4 places where you need treatment and that the
5 treatment then can be very effective.

6 When you look at the complications that were
7 looked at, they were the need for photocoagulation,
8 which means that they were at a proliferative
9 stage. Many of those are at a proliferative stage
10 when they entered the trial.

11 Intravitreal injection, which can be used
12 uncommonly for PDR but also very commonly now for
13 macular edema, again, many of them in the SUSTAIN 6
14 trial were at the severe stage where they even had
15 macular edema before coming in and they could be
16 treated. Vitreous hemorrhage is a common
17 complication of proliferative diabetic retinopathy
18 and would be associated with that end of the scale.

19 It's a really a spectrum, and the key in the
20 treatment is to try to prevent that progression,
21 but if that occurs, to have them in ophthalmic care
22 because we can treat those situations aggressively.

1 DR. EVERETT: If I can have a follow-up,
2 maybe I'm stuck in the framework of a cardiologist
3 where I think of surrogate endpoints and clinically
4 relevant endpoints where we have, for example, LDL
5 reduction being an endpoint analogous to change in
6 a retinopathy scale, and then you have heart
7 attacks, which might be more relevant for a
8 vitreous hemorrhage, for example.

9 I guess my concern is that what we see in
10 DCCT is something analogous to a change in a scale
11 that's important and has a relationship with the
12 outcome of interest, blindness or something similar
13 in the long term, but maybe isn't that actual
14 outcome. In this study, we have endpoints that are
15 the actual outcome of interest, so I want to hear
16 what you think about that potential analogy and
17 that framework.

18 DR. AIELLO: In early studies where we
19 didn't have our good treatments, we saw in the
20 initial ETDRS studies and so forth was to look at
21 an intervention for prevention of vision loss. The
22 problem we have now, we have very effective

1 treatments.

2 The risk of vision loss from proliferative
3 retinopathy is less than 5 percent, not per year,
4 less than 5 percent in total. So it's almost
5 essentially impossible to do a trial like that
6 where you're going to try to look at a change in
7 vision outcome for that. It is pretty well
8 accepted, and even been accepted in concept from a
9 regulatory agency and so forth, that the onset of
10 the progression of these advanced diseases are
11 clinically meaningful and clinically relevant
12 because they would generally buy you an injection
13 or buy you a laser, and the risk for vision loss.

14 DR. WILSON: Thank you. Dr. Brittain?

15 DR. BRITTAIN: My first question is have you
16 made any attempt to get longer-term follow-up on
17 the cohort, the CVOT cohort, to see if you see the
18 crossing over of the event rates?

19 DR. GOUGH: No, we don't have them; that's
20 bad information. The trial duration was specified
21 by Dr. Hvelplund, and that's the latest point we
22 have in terms of data collection. What I can tell

1 you is that within the diabetic retinopathy
2 complications, you will remember there was a subset
3 of patients who were reported as having
4 diabetes-related blindness.

5 I have gone back to look at those after the
6 time at which they had that endpoint specified or
7 determined by the EAC, and what I can tell you is
8 that we had information available on 3 out of those
9 5 patients. And in all three of those, the visual
10 acuity had improved, and they no longer satisfied
11 those criteria.

12 Importantly, the agency has also looked at
13 those criteria and come to a different conclusion
14 in terms of how many fell into that category. They
15 identified one having diabetes-related blindness on
16 semaglutide and one on placebo. Again, I can
17 confirm that that one case, confirmed by the
18 agency, also had an improvement in visual acuity,
19 and we have no evidence of permanent visual loss.

20 DR. BRITTAIN: But would it be possible to
21 go back to this same cohort and see how they are
22 doing at this point?

1 DR. GOUGH: No, that would not be possible.

2 DR. BRITTAIN: I have a question, and I
3 guess maybe it relates to my being confused about
4 what this early worsening definition is. On
5 slide CO-83, obviously, I must be misunderstanding
6 something because I didn't understand why if
7 someone -- so if someone has early worsening, they
8 wouldn't necessarily have an event in this figure?
9 Because normally, once you've had an event, you
10 can't continue to have more events, so I don't
11 understand -- I have a fundamental misunderstanding
12 of the figure.

13 DR. GOUGH: To specifically address that
14 question, I'll ask Dr. Aiello to come back, as he
15 presented these data to you.

16 DR. AIELLO: I appreciate this is a
17 difficult figure. It also is one I think that's
18 critically important for this. If I can actually
19 see CO-82, the slide before this.

20 Just to put it in perspective, this is the
21 DCCT cohort, the conventional group in green, the
22 intensive one in orange. You see here, as we

1 pointed out, the early worsening is quite clear in
2 the first 2 years.

3 Now, the question that the next slide is
4 answering is how did those patients who had early
5 worsening do afterwards? In fact, I think it was
6 raised earlier in our discussion to day. That's
7 shown on the next slide.

8 So what's done here is at the 18-month time
9 point, it was determined whether or not the
10 patient, regardless of what group they were in, had
11 early worsening or did not have early worsening,
12 and they were going to see how those do over time
13 in the study. And the green group here is a
14 conventional treatment group, and the orange group
15 here is the intensive treated group.

16 If you look just at the small arrow there,
17 to the right between the orange groups, that shows
18 that if you did have early worsening initially, you
19 do do a little bit worse than if you didn't,
20 compared to someone else who was also intensively
21 controlled. But when you look now at the larger
22 arrow, that's the comparison between those that had

1 improvement in glycemic control and early worsening
2 compared to those that had no early worsening but
3 had the regular control and didn't get the
4 improvement early on.

5 You can see that the ones that had intensive
6 control, the lowering of the A1c, even though they
7 had early worsening, do much better than the other
8 group. And this is part of the reason why we feel
9 that in most cases, getting a person under
10 intensive glycemic control earlier is better even
11 though they might have early worsening.

12 DR. HIATT: Can I just clarify on that
13 particular slide though? The groups are randomized
14 to conventional versus intensive, but early
15 worsening or no early worsening is a
16 post-randomization event, therefore, it's
17 confounding.

18 DR. AIELLO: It's a post-randomized
19 observation in a mass manner prior to 18 months.

20 DR. HIATT: Yes. But now, you're comparing
21 two different groups that have an event occurring
22 after randomization. They can't be exactly

1 compared that way. I see your point.

2 DR. AIELLO: Correct. I'm not aware of any
3 better way to look at them, nor am I aware of any
4 other publication that can look at it in a more
5 patient-centric manner over time in a study.

6 DR. WILSON: Dr. Neaton?

7 DR. NEATON: Maybe while Dr. Aiello is up
8 there, I have a question on slide 89. But going
9 back to the question that Dr. Everett raised, and
10 there was a little bit of discussion recently, is
11 it reasonable to speculate -- because you're
12 looking at progression events here that are pretty
13 severe, and you're not looking at the 17-point
14 ETDRS scale.

15 Had one looked at progression as was done in
16 these earlier studies on the ETDRS scale for a 2 or
17 3-point change, one would predict, I would guess,
18 you would have a much greater incidence of
19 progression than was observed in the study.

20 DR. GOUGH: Obviously, we weren't able to
21 that analysis because we didn't do the ETDRS, but I
22 will call upon Dr. Aiello to give a comment on

1 that.

2 DR. AIELLO: Theoretically, you are correct.
3 We would expect to see progression rates in the
4 short term higher in the group on semaglutide than
5 the other group in the short term. Unfortunately,
6 we can't look at that because, as was presented,
7 the data were not evaluated in that way, but that
8 would be the expectation.

9 DR. NEATON: I'm just responding to, I
10 guess, the answer I heard that even though
11 the -- this is a quote, "surrogate" in some
12 people's opinion, including mine, that the 2 or 3-
13 point change is considered clinically relevant by a
14 lot of people and probably would not include, for
15 many people, the kind of events we're talking about
16 here.

17 DR. GOUGH: I think Dr. Aiello would agree
18 with that, yes.

19 DR. NEATON: My question is on this slide, a
20 couple of questions. One is, these four events,
21 were they actually specifically targeted items at
22 each exam that you checked off or were these

1 investigator-reported SAEs that you eventually have
2 to go back and kind of determine from the SAE
3 database?

4 DR. GOUGH: That's correct that these were
5 collected through adverse event reports. When
6 patients came for a hospital visit, they were
7 collected as an adverse event. And if they were
8 suspected of satisfying one of these criteria,
9 further information was collected so that the EAC
10 could make that --

11 DR. NEATON: Basically, the investigator had
12 to determine that something met a serious adverse
13 event, and they reported it, it was coded, and you
14 went back and classified them in this way?

15 DR. GOUGH: It did not have to be a serious
16 adverse event. It could have been any adverse
17 event --

18 DR. NEATON: Any adverse event.

19 DR. GOUGH: -- related to diabetic
20 retinopathy. And indeed, to make sure that we
21 didn't miss any of these events, we then went on to
22 do a comprehensive MedDRA search so when the EAC

1 actually looked at these potential events, they
2 didn't just get events that came from the
3 investigator. They were also asked to look at
4 events that might not have been referred by the
5 investigator but that we could pick up through
6 adverse event reporting.

7 DR. NEATON: I think it's maybe a couple
8 slides forward, 91. So in both the 3a pool and in
9 the cardiovascular study, the way events were
10 identified were similar, using the SAE database.
11 The difference was that in the cardiovascular
12 study, they went through an adjudication. But on
13 this slide where there's no adjudication, it's
14 comparable summaries in terms of how you define the
15 events.

16 DR. GOUGH: Yes. As I say, the events that
17 we referred to the DRC or went for adjudication did
18 not have to be serious adverse events. They could
19 have been any adverse event.

20 An important further difference, just to
21 highlight between the 3a pool and SUSTAIN 6, which
22 I'm sure explains why we have picked -- or one of

1 the explanations as to why we picked up more events
2 is that in SUSTAIN 6, patients had an eye
3 examination at 1 year and at 2 years. And I can
4 show you that actually, this was the time at which
5 those events were picked up, not necessarily
6 through the eye examination but actually because
7 they had an examination, and their eye's retinal
8 status would have been discussed.

9 If I show you here --

10 DR. NEATON: Well, I was actually more -- I
11 mean that would be interesting, but it just seems
12 that your 3a pool, where patients were followed
13 from 30 to 56 weeks as I understood -- I don't know
14 what the time -- maybe you have data on the time
15 course of these events, but that would be relevant,
16 at least, in a crude way, to early ophthalmological
17 problems --

18 DR. GOUGH: So --

19 DR. NEATON: -- associated with glycemic
20 control.

21 DR. GOUGH: Yes. I do know the timing of
22 events that certainly occurred in the early period

1 in SUSTAIN 6. I don't have specific details in
2 relation to SUSTAIN 1 to 5. But in SUSTAIN 6 where
3 we had the eye examinations, what this is showing
4 is that the events that we picked up were
5 then -- so these events could be used for referral
6 or were used for a referral to the EAC.

7 You can see that most of the events were
8 actually picked up at 1 year when they came for an
9 eye examination, and then the second highest was at
10 the end of trial. I think what it's telling us is
11 something that we discussed earlier, is that many
12 of these events were actually silent. If you don't
13 look for these events, if you don't ask about them,
14 you won't get them.

15 In SUSTAIN 6, we actually looked, we asked,
16 and we detected them. This is quite different to
17 other cardiovascular outcome trials in diabetes
18 therapies, including of the GLP-1 receptor
19 agonists, where there hasn't been this extra
20 assessment. And therefore, it's likely that many of
21 the adverse events have not been picked up, or
22 might not have been picked up in other trials, but

1 we certainly picked them up in this trial by doing
2 this examination.

3 DR. NEATON: Thank you.

4 DR. WILSON: Thank you. We're going to take
5 a break. This is going to be a 15-minute break.
6 We'll be back at 10:50, then we're going to have a
7 presentation by the FDA. We have a list of others
8 who want to ask questions, and we'll have a chance,
9 following the FDA, to come back to the sponsor for
10 these questions.

11 (Whereupon, at 10:37 a.m., a recess was
12 taken.)

13 DR. WILSON: All right. If you all take
14 your seats, please. We're going to get going, try
15 to keep on schedule. Our next presentations are
16 going to come from the FDA. Andreea Lungu? Thank
17 you.

18 **FDA Presentation - Andreea Lungu**

19 DR. LUNGU: Good morning. I'm a clinical
20 reviewer in the Division of Metabolism and
21 Endocrine Products with the FDA. Today we will be
22 discussing the safety and efficacy of the new

1 molecular entity, semaglutide. Please note that
2 the updated slides have been printed and added to
3 the AC package.

4 An outline of what we will cover is shown
5 here. We will begin with a brief overview of the
6 semaglutide and the clinical development program.
7 This will be followed by a presentation of efficacy
8 findings from the phase 3 trials. After this, we
9 will turn to safety findings.

10 I will first present the general safety
11 findings from the semaglutide clinical program.
12 Dr. Hsueh will then present the statistical
13 findings from SUSTAIN 6 for cardiovascular risk and
14 diabetic retinopathy complications. After
15 Dr. Hsueh's presentation, I will provide some
16 additional discussion of the finding for diabetic
17 retinopathy complications before summarizing the
18 FDA presentations.

19 Semaglutide is a once-weekly GLP-1 receptor
20 agonist developed as an adjunct to diet and
21 exercise to improve glycemic control in adults with
22 type 2 diabetes mellitus. Two therapeutic doses of

1 semaglutide are proposed: 0.5 milligram once
2 weekly and 1 milligram once weekly.

3 Semaglutide would be the seventh member of
4 the GLP-1 receptor agonist class. The currently
5 approved drug products from this class are shown
6 here. Dosing for the currently approved products
7 ranges from twice daily to once weekly.

8 The phase 3 clinical development program for
9 semaglutide included eight clinical trials. Five
10 were multinational trials conducted to support the
11 improved glycemic control indication. One was a
12 cardiovascular outcomes trial of semaglutide versus
13 local standard of care designed to exclude a
14 relative risk of 1.8 for major adverse
15 cardiovascular events. The remaining two trials
16 were conducted in Japan, and they were mainly
17 safety trials.

18 The five trials supporting the proposed
19 indication are shown here. SUSTAIN 6 was a
20 cardiovascular outcomes trial, and it will be
21 presented in more detail by Dr. Hsueh during her
22 presentation. The two Japanese trials were active

1 control on a background of oral anti-diabetic
2 drugs.

3 Both dose strengths of semaglutide were
4 studied in all but one of the phase 3 trials. In
5 the trial comparing semaglutide to exenatide
6 extended release, only the 1-milligram dose was
7 studied. A titration scheme was followed to
8 minimize gastrointestinal adverse events. All
9 patients received a dose of 0.25 milligrams of
10 semaglutide for 4 weeks. The dose was then
11 increased to 0.5 milligrams. After an additional
12 4 weeks, the dose was further increased to
13 1 milligram for the patients randomized to receive
14 1 milligram of semaglutide. This was the same
15 approach to dosing proposed by the applicant.

16 Having briefly covered the phase 3 clinical
17 development program, I want to discuss the efficacy
18 findings. The primary endpoint of the five
19 efficacy trials was changed from baseline in
20 hemoglobin A1c. Among the secondary endpoints,
21 only change from baseline in body weight was
22 included in the formal testing strategy.

1 For the statistical analysis, the full
2 analysis set was used. This included all
3 randomized patients that received at least one dose
4 of study drug. The applicant prespecified an MMRM
5 analysis using the on-treatment data. The MMRM
6 method assumes that subjects with missing data
7 behave similarly to subjects who do not have
8 missing data. This assumption may not be
9 appropriate as missing data tends to be associated
10 with changes in treatment adherence.

11 The FDA's preferred analysis use multiple
12 imputations of missing data based on the three
13 dropouts. With each treatment arm, the missing
14 data from subjects who did not adhere to treatment
15 was imputed by the data from subjects who also did
16 not adhere to treatment but had the measurement for
17 the primary endpoint. The results that I will be
18 presenting are based on the FDA's preferred method.

19 In the placebo-controlled trials, both doses
20 of semaglutide resulted is statistically
21 significant greater reduction in hemoglobin A1c at
22 week 30. The treatment difference from placebo

1 ranging from minus 1.23 to minus 1.74 percent is
2 shown here. Similarly, semaglutide resulted in a
3 statistically significant greater reduction when
4 compared to the active comparators that were
5 studied.

6 Although not designed as a glycemic efficacy
7 trial, the difference in hemoglobin A1c of
8 0.66 percent and 1.05 percent with semaglutide
9 0.5 milligram and 1 milligram respectively was seen
10 in SUSTAIN 6 compared to placebo at the end of
11 study.

12 As the study was designed to compare
13 semaglutide versus placebo in combination with
14 standard of care, an early difference in A1c might
15 be reasonable. But this difference is expected to
16 attenuate as patients on placebo start additional
17 glucose-lowering therapies. Treatment with
18 semaglutide also led to a statistically significant
19 greater reduction in body weight. The body weight
20 change difference from comparator, ranging from
21 minus 2.4 to minus 5.6 kilograms.

22 I want to now turn to a discussion of the

1 general safety findings for semaglutide. The
2 safety assessment was conducted using two main
3 populations. The first was a pool of phase 3
4 trials that did not include SUSTAIN 6. Within this
5 pool, additional subsets such as non-incretin and
6 non-GLP-1 RA pool were considered when appropriate
7 as some adverse events are more common with
8 incretin therapies or specifically with GLP-1
9 receptor agonists.

10 The second population was patients from the
11 cardiovascular outcomes trial. The number of
12 patients in each pool is shown on this slide.
13 Deaths and serious adverse events were generally
14 balanced in both of the safety pools. The
15 proportion of patients with events is shown on the
16 slide.

17 Semaglutide-treated patients were
18 approximately twice as likely to discontinue the
19 study drug due to an adverse event. This was
20 primarily due to gastrointestinal adverse events,
21 and it appears to be dose-dependent.

22 Gastrointestinal adverse events are the most

1 common adverse events with GLP-1 receptor agonists.
2 In the semaglutide program, gastrointestinal
3 adverse events were identified based on review of
4 the MedDRA-coded adverse events. Since GI events
5 are known to be common with GLP-1 receptor
6 agonists, the findings for the non-GLP-1 RA subsets
7 of the phase 3 pool will be presented.

8 As shown here, treatment with semaglutide
9 resulted in a greater incidence of gastrointestinal
10 adverse events, serious gastrointestinal adverse
11 events, and GI events leading to treatment
12 discontinuation. The most commonly reported events
13 were nausea, diarrhea, vomiting, and constipation,
14 all of which were more common with semaglutide.
15 Review of the data from SUSTAIN 6 presented on this
16 slide show similar results.

17 Hypoglycemia is a concern for all
18 anti-diabetic therapies. Assessment of the risk of
19 hypoglycemia was done using a definition, which
20 included events of severe hypoglycemia and events
21 of hypoglycemic symptoms with a glucose less than
22 56. Based on data from the phase 3 pool and

1 SUSTAIN 6, semaglutide appears to have a low
2 inherent risk for hypoglycemia. In SUSTAIN 5,
3 which studied semaglutide on a background of basal
4 insulin, the addition of semaglutide to insulin
5 appeared to increase the risk of hypoglycemia.

6 Pancreatitis has been a concern with drugs
7 that work through the incretin system, such as the
8 GLP-1 receptor agonist. Adverse events of
9 pancreatitis were adjudicated in the semaglutide
10 program. The potential for an increased risk of
11 pancreatitis was also evaluated through review of
12 the MedDRA coded adverse events.

13 There were few cases of confirmed
14 pancreatitis in the phase 3 pool and SUSTAIN 6. No
15 significant difference was seen between treatment
16 groups, but it is notable that all the events from
17 the comparator arm in the phase 3 pool came from
18 patients treated with exenatide extended release.
19 In the non-incretin subset of the phase 3 pool,
20 only two events were confirmed, both with
21 semaglutide 0.5 milligrams.

22 The review of the MedDRA coded events

1 yielded similar results. Again, it is worth noting
2 that all of comparator cases from the phase 3 pool
3 were treated with either exenatide extended release
4 or sitagliptin. Only three events were identified
5 in the non-incretin subset, two with semaglutide
6 0.5 milligrams and one with semaglutide
7 1 milligram.

8 In addition to pancreatitis adverse events,
9 the relevant laboratory data was also reviewed.
10 The non-incretin subset of the phase 3 pool was
11 used in exploring the data for serum amylase and
12 lipase. Mean serum amylase increased in
13 semaglutide-treated patients while remaining
14 relatively unchanged in the comparator arm.
15 Similar findings were seen in SUSTAIN 6. Of note,
16 the mean amylase levels did not exceed the upper
17 limit of the reference range.

18 A similar trend was observed for lipase both
19 in the phase 3 non-incretin subset and SUSTAIN 6.
20 Mean lipase levels increased over the course of the
21 trials with both semaglutide doses while remaining
22 relatively unchanged with comparator. Although the

1 levels increased, the mean lipase levels remain
2 below the upper limit of normal for all treatment
3 groups.

4 A general link between incretin-based
5 therapies and gall bladder-related AEs has been
6 suggested, as gall bladder emptying appears to be
7 slower with this class of drugs. Gall bladder
8 events were evaluated based on MedDRA terms. In
9 the phase 3 pool, gall bladder events were slightly
10 more common with semaglutide. This difference was
11 mainly due to the non-incretin subset where only
12 one event occurred with comparators. In SUSTAIN 6,
13 no apparent difference in gall bladder events was
14 seen.

15 Thyroid neoplasms were analyzed because of
16 the theoretical concern of C-cell hyperplasia with
17 long-acting GLP-1 receptor agonists. Additionally,
18 the nonclinical data for semaglutide showed an
19 association between semaglutide and C-cell adenomas
20 and carcinomas in rats and mice.

21 All suspected cases of thyroid disease
22 requiring thyroidectomy and thyroid neoplasms were

1 prospectively adjudicated. There were only 4
2 adjudicated events of malignant thyroid neoplasms
3 in the phase 3 pool and 3 in SUSTAIN 6.

4 No meaningful conclusions can be made based
5 on these events. However, it is noted that one of
6 the patients treated with semaglutide had
7 histopathologic evidence of thyroid C-cell
8 hyperplasia. This patient had thyroid
9 abnormalities at baseline that make it unlikely
10 that the case was as a result of the exposure to
11 semaglutide.

12 Serum calcitonin was also measured centrally
13 during the phase 3 trials. A value more than
14 20 nanogram per liter was considered to be a value
15 of special interest. No notable changes in mean
16 serum calcitonin was seen in any treatment arm in
17 any safety pool. In the phase 3 pool, the
18 incidence of marked outliers was similar between
19 comparators and semaglutide. In SUSTAIN 6, a
20 slight increase in the incidence of serum
21 calcitonin greater than 50 or greater than 100 was
22 seen with semaglutide, however, the number of

1 outliers is very small.

2 Non-thyroid neoplasms were also adjudicated.
3 There were slightly more malignant neoplasms with
4 semaglutide in the phase 3 pool. In SUSTAIN 6,
5 there was no significant difference in the
6 proportion of patients with a malignant neoplasm
7 between the treatment groups.

8 The risk for pancreatic cancer has been a
9 concern for incretin-related drugs. Nine events of
10 pancreatic cancer where EAC confirmed in the entire
11 program, 4 in the phase 3 pool, and 5 in SUSTAIN 6.
12 There was no imbalance regarding pancreatic cancer
13 in the semaglutide program, however, the number of
14 events is too small for it to be conclusive.

15 The risk for acute kidney injury exists for
16 the GLP-1 receptor agonists. The renal safety of
17 semaglutide was evaluated in a number of ways.
18 These included a search of the MedDRA coded adverse
19 events for events of acute renal failure and
20 nephropathy, an adjudicated nephropathy composite,
21 and review of renal laboratory tests. The
22 adjudicated nephropathy composite was only done in

1 SUSTAIN 6, and I will discuss it in more detail
2 when I discuss that analysis.

3 Review of the MedDRA coded adverse events
4 did not suggest the risk for either acute renal
5 failure or nephropathy with semaglutide. In
6 SUSTAIN 6, a composite endpoint of new or worsening
7 nephropathy was defined. This endpoint consisted
8 of new onset persistent macroalbuminuria,
9 persistent doubling of serum creatinine with eGFR
10 less than 45, need for continuous renal
11 replacement, or death due to renal disease.

12 Persistence was defined as a confirmatory
13 measurement within 12 weeks. No minimum time was
14 required between the two measurements.

15 Treatment with semaglutide resulted in a
16 decreased incidence in this composite endpoint.
17 This difference is due to a difference in the
18 persistent macroalbuminuria component, and no
19 difference was seen with any of the other
20 components.

21 We also reviewed renal laboratory tests, and
22 looking at measures of mean eGFR change over time,

1 treatment with semaglutide did not appear to result
2 in meaningful differences in eGFR versus
3 comparator. eGFR declined over time for all
4 treatment groups and was not evaluated after
5 treatment discontinuation. Note that the Y-axis
6 scales are different between the two figures on the
7 slide as the baseline eGFR was different between
8 the two pools.

9 As a peptide product, immunogenicity and
10 hypersensitivity reactions were a safety area of
11 interest for semaglutide. The potential for
12 immunogenic and hypersensitivity reactions was
13 assessed by evaluating the incidence of
14 anti-semaglutide antibodies and by review of the
15 reported adverse events.

16 Anti-semaglutide antibodies were reported in
17 approximately 2 percent of patients and antidrug
18 antibody titers were low. The neutralizing
19 activity of antibodies is unknown due to unknown
20 assay specificity issues.

21 Additionally, MedDRA searches were performed
22 for allergic reactions, injection site reactions,

1 and potential immune complex diseases. The MedDRA
2 search for potential immune complex diseases was
3 not found to be specific, and I won't discuss it
4 further.

5 The incidence of allergic reactions with
6 semaglutide was similar to that of comparator.
7 More injection site reactions were seen with
8 comparator than was seen with semaglutide in the
9 phase 3 pool. The majority of the comparator
10 events occurred in patients treated with exenatide
11 extended release, which includes a warning for
12 serious injection site reactions in the approved
13 prescribing information.

14 The discussion of vital signs will focus on
15 findings for blood pressure and heart rate. A
16 small decrease in systolic blood pressure was seen
17 in the semaglutide-treated patients compared to
18 patients in the comparator arms in both phase 3
19 pool and SUSTAIN 6. No significant difference in
20 diastolic blood pressure was seen between the
21 treatment groups.

22 An increase in mean heart rate was seen with

1 semaglutide-treated patients. Comparator-treated
2 patients have no obvious change in mean heart rate
3 over time. Despite the increase in mean heart
4 rate, arrhythmia adverse events were not more
5 frequent with semaglutide.

6 Dr. Hsueh will now present the findings from
7 SUSTAIN 6.

8 **FDA Presentation - Ya-Hui Hsueh**

9 DR. HSUEH: Good morning. I'm Ya-Hui Hsueh,
10 statistical reviewer from the Office of
11 Biostatistics. I'm going to present our findings
12 from the statistical assessment of cardiovascular
13 safety and the retinopathy safety of semaglutide in
14 the SUSTAIN 6 trial.

15 In this presentation, I will be discussing
16 the cardiovascular safety of semaglutide based on
17 the prespecified cardiovascular analyses. I will
18 also discuss the signal for retinopathy associated
19 with semaglutide observed in the trial.

20 Here is the outline of my presentation.
21 First, I will provide a brief description of the
22 trial design. Then I will present a statistical

1 assessment for both the cardiovascular safety and
2 the retinopathy safety. Lastly, I will summarize
3 our findings.

4 Let's start with the design of the trial.
5 The primary objective of the trial was to
6 demonstrate the upper bound of the two-sided
7 95 percent confidence interval for the estimated
8 hazard ratio of primary MACE associated with
9 semaglutide relative to placebo less than 1.8.

10 The primary MACE endpoint was defined as the
11 composite of cardiovascular death, non-fatal
12 myocardial infarction, and non-fatal stroke. The
13 study protocol includes a long list of secondary
14 objectives in addition to some secondary
15 cardiovascular endpoints. This presentation will
16 only discuss the composite endpoint of diabetic
17 retinopathy complications.

18 The SUSTAIN 6 trial was a multinational,
19 randomized, double-blind, and placebo-controlled
20 cardiovascular outcomes trial. Adult patients with
21 type 2 diabetes meeting all enrollment criteria
22 were randomly assign 1 to 1 to 1 to 1 to treatment

1 with 0.5 milligrams semaglutide, 1 milligram
2 semaglutide, 0.5 milligram placebo, or 1 milligram
3 placebo, as an add-on to their standard-of-care
4 treatment. The treatment duration was MACE event-
5 driven. The trial duration was 109 weeks per
6 subject, including a treatment period of 104 weeks
7 and post-treatment follow-up period of 5 weeks.

8 The trial disposition and the treatment
9 exposure was similar between the two treatment
10 arms. A total of 3,297 subjects were randomized,
11 with 1,648 randomized to semaglutide and 1,649
12 randomized to placebo. Approximately 98 percent of
13 randomized subjects completed the trial. The
14 median follow-up time was 109.7 weeks. About
15 89 percent of the subjects had at least 2 years of
16 follow-up. The median treatment exposure time was
17 104 weeks.

18 The baseline demographic and the clinical
19 characteristics appeared balanced between the two
20 treatment arms. The mean age at baseline was
21 65 years old. The majority of subjects were white.
22 Approximately 35 percent of subjects were recruited

1 from U.S. sites. The average BMI was around 33,
2 the average duration of diabetes was about
3 14 years, and the average baseline HbA1c was
4 8.7 percent. About 29 percent of subjects had a
5 baseline diabetic retinopathy. Majority of them
6 had either non-proliferative retinopathy or unknown
7 type of retinopathy.

8 Next, I will go over the statistical
9 assessment for the cardiovascular safety. The
10 following cardiovascular endpoints were
11 prespecified. The primary endpoint was the
12 composite MACE endpoint. The secondary endpoints
13 that are presented in this presentation were
14 expanded cardiovascular outcomes, all-cause death,
15 and a composite MACE endpoint on-treatment plus
16 42 days.

17 All events included in this endpoint were
18 prospectively adjudicated. The analysis population
19 included all randomized subjects and followed the
20 intent-to-treat principle. All endpoints are
21 presented at the two-sided 95 percent confidence
22 interval.

1 The prespecified statistical analysis was
2 time-to-first-event analysis. The analysis was
3 based on Cox proportional hazards model with
4 treatment as covariate and is stratified by the
5 following three baseline variables: evidence of
6 cardiovascular disease, insulin treatment, and
7 renal impairment status.

8 This table shows the results of primary
9 analysis of MACE. A total of 254 MACE events
10 occurred during the trial, 108 events in the
11 semaglutide arm, and 146 events in the placebo arm.
12 The estimated hazard ratio of MACE associated with
13 semaglutide relative to placebo was 0.74 with a
14 95 percent confidence interval from 0.58 to 0.95.

15 Based on this result, the upper bound of the
16 95 percent confidence interval for the hazard ratio
17 successfully ruled out a hazard ratio of MACE
18 greater than 1.8 associated with semaglutide. The
19 results of the individual components of MACE and
20 the composite MACE on-treatment plus 42 days were
21 consistent with the result of the primary MACE
22 analysis.

1 This is the Kaplan-Meier plot of MACE
2 comparing the two arms, semaglutide in blue line
3 and placebo in green dashed line. The X-axis is
4 time to event in weeks up to 112 weeks. The Y-axis
5 is the estimated percentage of MACE with a scale
6 ranging from zero percent to 12 percent. The two
7 curves show how the events accumulate over time.
8 The accumulative probability of MACE appeared to be
9 higher in the placebo arm over time.

10 The results of secondary analysis of
11 cardiovascular endpoints were consistent with the
12 results of the primary MACE. A total of
13 112 all-cause death occurred during the trial,
14 62 deaths in the semaglutide arm and 60 in the
15 placebo arm. The estimated hazard ratio was 1.05
16 with an associated 95 percent confidence interval
17 from 0.74 to 1.5.

18 This forest plot summarizes the results of
19 subgroup analysis of the primary MACE based on
20 estimated hazard ratios. The risk of MACE
21 associated with semaglutide was evaluated within
22 subgroups defined by gender, age, race, and a

1 country of randomization. The point estimates were
2 all less than 1. The data showed consistently
3 lower risk associated with semaglutide across all
4 subgroups on the risk of MACE.

5 Now, I will move on to the statistical
6 assessment for the retinopathy safety. I will
7 first discuss the prespecified analysis.

8 The prespecified endpoint of diabetic
9 retinopathy complications was defined as the
10 composite of need for retinal photocoagulation,
11 vitreous hemorrhage, need for treatment with
12 intravitreal agents, and diabetes-related
13 blindness. All events were prospectively
14 adjudicated. The analysis population included all
15 randomized subjects.

16 The prespecified time-to-first-event
17 analysis was based on the same stratified Cox
18 proportional hazard model as the primary MACE
19 analysis.

20 This slide describes how the retinopathy
21 assessment was done in this trial. Retinal
22 examinations were performed at baseline, year 1 and

1 year 2. Exam was performed by the investigator, a
2 local ophthalmologist, or an optometrist according
3 to a local practice. It was not recorded who
4 performed it, and the dilation was not a
5 requirement.

6 Results of the examinations were interpreted
7 locally by the investigator and categorized as
8 normal; abnormal, non-clinically significant; or
9 abnormal, clinically significant. Evaluation of
10 visual acuity was not part of baseline assessment,
11 and no other eye examinations were scheduled as
12 part of the protocol, but patients could attend
13 visits with their own ophthalmologist as needed or
14 scheduled.

15 Before I go to the results slides, please
16 keep in mind that the following discussion is based
17 on events as defined and adjudicated by the
18 applicant. As noted in the FDA background package,
19 there are concerns with the definitions used to
20 identify events and with the results for some of
21 the adjudications, particularly with respect to the
22 events of blindness.

1 A total of 205 events were sent for
2 adjudication. The event adjudication committee
3 identified 98 events of diabetic retinopathy
4 complications in 79 subjects. Note that each event
5 could contain more than one component of the
6 composite endpoint.

7 This table shows the result of the
8 prespecified analysis of the composite endpoint and
9 its four individual components. A total of 79
10 subjects experienced the composite event during the
11 trial, 50 subjects in the semaglutide arm and 29
12 subjects in the placebo arm. The estimated hazard
13 ratio of semaglutide relative to placebo was 1.76
14 with an associated 95 percent confidence interval
15 from 1.11 to 2.78. This analysis showed an
16 increased risk of diabetic retinopathy
17 complications associated with semaglutide.

18 The Kaplan-Meier plot of diabetic
19 retinopathy complications comparing the two arms is
20 shown in this slide, the semaglutide arm in blue
21 line and the placebo arm in green dashed line. The
22 X-axis is the time to event in weeks up to

1 112 weeks. The Y-axis is the estimate percentage
2 of diabetic retinopathy complications with the
3 scale ranging from 0 percent to 5 percent.

4 This plot shows the imbalance between the
5 two arms appear from the beginning of the trial and
6 continued throughout the trial. The high rate of
7 events was observed in the semaglutide arm during
8 the early part of the trial. The cumulative
9 probability of diabetic retinopathy complications
10 appear to be higher in the semaglutide arm over
11 time.

12 This forest plot summarizes the result of
13 subgroup analysis of retinopathy based on estimated
14 hazard ratios. The risk of diabetic retinopathy
15 complications was evaluated within subgroups
16 defined by gender, age, race, country of
17 randomization, baseline HbA1c, baseline duration of
18 diabetes, and baseline diabetic retinopathy. The
19 point estimates were all greater than 1, showing
20 consistently higher risk associated with
21 semaglutide across all subgroups on the risk of
22 diabetic retinopathy complications. The tests for

1 interaction between subgroups and treatment were
2 not statistically significant.

3 This forest plot compares risk on a relative
4 scale. One subgroup showed a noticeable difference
5 on the absolute scale. Among patients with
6 baseline diabetic retinopathy, semaglutide was
7 associated with absolute risk increase of
8 3 percent, from 5.2 percent to 8.2 percent.
9 However, in patients with no baseline diabetic
10 retinopathy, the estimate absolute risk increase
11 was just 0.3 percent, from 0.4 percent to
12 0.7 percent.

13 Even though the estimated relative risk was
14 comparable by subgroup of baseline diabetic
15 retinopathy, the absolute risk increase was very
16 different, 3 percent versus 0.3 percent.

17 In the next few slides, I will discuss the
18 details of the post hoc analysis and its
19 limitations. The applicant conducted a post hoc
20 analysis on the composite endpoint of diabetic
21 retinopathy complications. The hypothesis of this
22 analysis was that the increased risk of semaglutide

1 on diabetic retinopathy complications was mediated
2 through the large initial rapid decline in blood
3 glucose observed with semaglutide.

4 For this analysis, the change in HbA1c at
5 week 16 was chosen as a marker for the initial
6 rapid decline in blood glucose. Note that the
7 change at week 16 was selected and made post hoc
8 after the data was observed. The analysis in this
9 section was based on Cox proportional hazard model
10 that controls for baseline HbA1c, baseline diabetic
11 retinopathy, baseline duration of diabetes, and the
12 post-randomization change in HbA1c from baseline to
13 week 16.

14 This table shows the results of the post hoc
15 analyses. The estimated hazard ratio of diabetic
16 retinopathy complications associated with
17 semaglutide was 1.22 with an associated 95 percent
18 confidence interval from 0.71 to 2.09. In the next
19 two slides, I will further discuss the post hoc
20 analysis using the causal diagrams that represent
21 association between two or more variables.

22 The first diagram represents the

1 prespecified analysis of semaglutide on the risk of
2 diabetic retinopathy complications as discussed in
3 the previous section. It shows the total causal
4 effect of semaglutide on diabetic retinopathy
5 complications. The estimated hazard ratio of
6 semaglutide relative to placebo was 1.76.

7 The second diagram represents the post hoc
8 analysis of semaglutide on the risk of diabetic
9 retinopathy complications. The sponsor argued that
10 the total causal effect of semaglutide on diabetic
11 retinopathy complications can be broken into two
12 components: a direct effect of semaglutide that is
13 not associated with a change in HbA1c at week 16
14 and an indirect effect that is mediated through the
15 change in HbA1c at week 16.

16 The applicant argues that part of the total
17 effect of semaglutide on diabetic retinopathy
18 complications is an indirect effect of rapid
19 decline in blood glucose, and that if you adjust
20 for the indirect effect, the estimate direct effect
21 of semaglutide on retinopathy, which is represented
22 by the top blue arrow, corresponds to an estimate

1 hazard ratio of 1.22.

2 There are some limitations for the post hoc
3 analysis. First, the estimated total effect is
4 unchanged. Even if the causal model is correct,
5 unless the indirect effect can be removed or
6 reduced, the estimated total effect of semaglutide
7 on diabetic retinopathy complications remains
8 unchanged.

9 Second, the model might be incorrect. If
10 the mediator model is misspecified, the estimate of
11 direct and the indirect effect can be misleading.

12 Third, the multiplicity issue. Changing
13 HbA1c at week 16 was chosen post hoc. It is
14 unclear whether other variables in the other visit
15 times were considered as possible mediators.

16 Here is the summary for causal relationship.
17 From the data alone, we know that semaglutide is
18 associated with both change in HbA1c and diabetic
19 retinopathy complications. It is unclear which
20 causal diagram best represents the relationship
21 between semaglutide, change in HbA1c, and diabetic
22 retinopathy complications. Even if the post hoc

1 model is correct, it is unclear how to remove or
2 reduce the indirect effect between semaglutide,
3 change in HbA1c, and diabetic retinopathy
4 complications.

5 Finally, I would like to summarize our
6 findings from the statistical assessment of
7 semaglutide in SUSTAIN 6.

8 Here is the summary for the cardiovascular
9 safety. The SUSTAIN 6 trial was designed to rule
10 out a hazard ratio margin of 1.8. The estimated
11 hazard ratio of MACE associated with semaglutide
12 was 0.74 with an associated 95 percent confidence
13 interval from 0.58 to 0.95.

14 The upper bound of the 95 percent confidence
15 interval ruled out the risk margin of 1.8 in
16 accordance with the 2008 FDA guidance. The results
17 of the secondary analysis of cardiovascular
18 endpoints were consistent with the result of the
19 primary analysis.

20 Here is the summary for the retinopathy
21 safety. The data showed an increased risk of
22 diabetic retinopathy complications is associated

1 with semaglutide. Subjects with baseline diabetic
2 retinopathy had an absolute risk increase of
3 3 percent associated with semaglutide. The
4 absolute risk increase was small in subjects
5 without baseline diabetic retinopathy.

6 Lastly, the sponsor's post hoc analysis has
7 limitations, and it should be interpreted as
8 hypothesis-generating. The causal relationship
9 between semaglutide, change in HbA1c, and diabetic
10 retinopathy complications cannot be clearly
11 determined by this data alone.

12 Now, Dr. Lungu will further discuss diabetic
13 retinopathy and to give an overall summary.

14 **FDA Presentation - Andreea Lungu**

15 DR. LUNGU: Thank you, Dr. Hsueh.

16 I want to now provide some additional
17 comments on the findings of diabetic retinopathy.
18 In addition to reviewing the analysis based on
19 adjudicated events for diabetic retinopathy
20 complications composite, the review of the reported
21 adverse events was also performed.

22 In SUSTAIN 6, based on the reported adverse

1 events, an increase in risk for diabetic
2 retinopathy events was seen with semaglutide
3 compared to placebo. The most commonly reported
4 term was diabetic retinopathy, though the terms
5 retinopathy and vitreous hemorrhage were also more
6 commonly reported with semaglutide compared to
7 placebo.

8 In the phase 3 pool, review of adverse
9 events did not identify any overall imbalance.
10 Approximately, 2 percent of patients reported
11 diabetic retinopathy adverse events. However, we
12 should note the limitations with the data from this
13 pool. The population enrolled in these trials was
14 lower risk with only approximately 8 percent of
15 patients being reported with diabetic retinopathy
16 at baseline.

17 Additionally, there was no standardized
18 follow-up retinal exam for most of the phase 3
19 trials. The two Japanese trials did have an
20 additional follow-up retinal exam at the end of
21 treatment. Of these two, one suggested an
22 increased incidence of diabetic retinopathy events

1 with semaglutide, while the other did not show such
2 a risk as shown in the table. We believe that this
3 pool provides limited information for evaluating
4 the risk of diabetic retinopathy with semaglutide.

5 We also consulted with FDA ophthalmologists
6 for their expertise and for an opinion of the
7 findings. The FDA ophthalmology consultant was
8 asked to opine on the processes of in place to
9 capture events, the adjudication, and significance
10 of composite endpoint, and for an opinion on the
11 significance of the finding.

12 With regard to the procedure in place to
13 capture events, the FDA ophthalmologist did not
14 believe them to be adequate. There was no
15 standardized approach to evaluating the fundus.
16 Exams could be dilated or undilated and could be
17 performed by investigator or by a local
18 ophthalmologist or optometrist. Additionally, no
19 formal grading or scoring was used. Use of formal
20 grading allows for better capture of retinal
21 changes and captures multiple levels of
22 progression.

1 The FDA consultant also had concerns with
2 the components of the endpoint. One of the
3 components was termed need for photocoagulation or
4 intravitreal agent, however, there is no uniform
5 agreement on what characteristics indicate a need
6 for treatment.

7 Further, while it was termed need for
8 treatment, positive adjudication of an event
9 require that treatment had actually been
10 administered, and many factors can influence
11 whether or not photocoagulation or intravitreal
12 injection is administered.

13 While vitreous hemorrhage may be a
14 reasonable endpoint, the duration and severity was
15 not captured, limiting assessment of clinically
16 significant events. The component term,
17 diabetic-related blindness, was also felt to be
18 inadequate for the purposes of evaluating diabetic
19 retinopathy as it could include events of loss of
20 visual acuity not related to diabetic retinopathy,
21 even including reversible events such as cataracts.

22 Lastly, while the definition of blindness

1 was appropriate in identifying legal blindness of
2 any cause, it was not always followed in
3 identifying patients with blindness in SUSTAIN 6.
4 Even with the concerns with respect to the process
5 and endpoints, the FDA ophthalmologist agreed that
6 there was a signal for risk but concluded that the
7 findings are consistent with what would be expected
8 given the decrease in hemoglobin A1c.

9 The FDA ophthalmologist did not raise any
10 ophthalmic concerns or believe that there was a
11 need to restrict the patient population or alter
12 the approach to dose titration. This was supported
13 by the understanding that based on the findings
14 from DCCT, long-term benefit in diabetic
15 retinopathy complications may be expected with
16 improved glycemic control despite an early
17 retinopathy progression.

18 While better glycemic control has been shown
19 to lead to better outcomes for retinopathy, we
20 believe that there is some remaining uncertainty
21 for semaglutide. In the Diabetes Control and
22 Complications Trial, an increased risk for

1 progression of diabetic retinopathy in patients
2 with type 1 diabetes and retinopathy at baseline
3 was seen in the first 2 years in the group with
4 better glycemic control. Starting at year 3,
5 however, that group showed a reduced risk. There
6 is no data beyond 2 years with semaglutide.

7 Similar findings of reduced risk for
8 retinopathy have also been reported in large trials
9 for patients with type 2 diabetes. The UKPDS and
10 the ACCORD Eye Study both reported a reduced risk
11 for microvascular complications such as
12 retinopathy. An early increased risk was not
13 reported in either of these, so that may be due to
14 not performing repeat funduscopy exam in the early
15 period. The UKPDS first evaluated retinopathy at
16 3 years, while the ACCORD Eye Study did so at
17 4 years.

18 The data from semaglutide fall somewhere
19 between these trials. The data comes from patients
20 with type 2 diabetes and show an early increased
21 risk; however, the data limited to 2 years and the
22 long-term outcome is unclear. It is unknown

1 whether the observed risk will go away and whether
2 we will see a long-term benefit from improved
3 glycemic control with semaglutide as we would
4 expect based on previous trials. Also, reviewing
5 what was seen with other cardiovascular outcomes
6 trial may be relevant in considering the data from
7 SUSTAIN 6.

8 In looking through what has been reported in
9 previous cardiovascular outcomes trials reviewed by
10 the FDA, we did not find a signal of increased
11 risk. A small imbalance was seen with liraglutide,
12 but this was not statistically significant. With
13 empagliflozin, there was a suggestion of decreased
14 risk, but again, this was not statistically
15 significant.

16 However, it is important to note that the
17 capture of events was different for each of these
18 trials and that this limits the comparison. The
19 difference in hemoglobin A1c between the active arm
20 and placebo was around 0.4 percent for both of
21 these trials.

22 I will now summarize the FDA's findings for

1 semaglutide. Semaglutide has been studied to
2 improve glycemic control in five multinational
3 clinical trials in a variety of patients from
4 drug-naïve patients to patients on basal insulin.
5 The mean change from baseline in hemoglobin A1c
6 range from minus 1.3 to minus 1.7 percent at
7 30 weeks compared to placebo.

8 Semaglutide treatment also resulted in a
9 statistically significant reduction in body weight
10 with a mean change from baseline in body weight of
11 minus 2.2 to minus 4.7 kilograms at 30 weeks
12 compared to placebo.

13 The safety profile of semaglutide was
14 generally consistent with other GLP-1 receptor
15 agonists. The most common adverse events reported
16 with semaglutide were gastrointestinal adverse
17 events. Additionally, semaglutide appears to have
18 a low inherent risk of hypoglycemia. Despite
19 increases in amylase and lipase, no correlation
20 with clinical events of pancreatitis was seen in
21 the clinical program.

22 Gall bladder events were more common with

1 semaglutide in the non-incretin subset of the
2 phase 3 pool, however, such a difference was not
3 seen in SUSTAIN 6.

4 There does not appear to be any evidence for
5 increased risk of C-cell tumors or other
6 malignancies with semaglutide. Renal events were
7 also not more common with semaglutide versus
8 comparator.

9 SUSTAIN 6 was designed to rule out the
10 hazard ratio of 1.8 for major adverse
11 cardiovascular events. The Cox proportional hazard
12 model estimated a hazard ratio of MACE associated
13 with semaglutide of 0.74 with a 95 percent
14 confidence interval of 0.58 to 0.95.

15 The upper bound of the 95 percent confidence
16 interval ruled out the risk margin of 1.8 in
17 accordance to the 2008 FDA guidance. An increase
18 in heart rate as well a decrease in systolic blood
19 pressure were seen with semaglutide.

20 An increase in diabetic retinopathy
21 complications was associated with semaglutide
22 treatment with a hazard ratio of 1.76 and the

1 95 percent confidence interval of 1.11 to 2.78.

2 Subgroup analysis did not show any
3 significant interactions between various subgroups
4 in treatment. Patients with diabetic retinopathy
5 at baseline had a higher absolute risk increase
6 associated with semaglutide treatment.

7 A post hoc mediator analysis controlling for
8 the effect of treatment, in this case, A1c lowering
9 in the first 16 weeks of treatment, yielded a lower
10 hazard ratio of 1.22 with a 95 percent confidence
11 interval of 0.71 to 2.09. However, there are
12 limitations to this analysis. Even if the model is
13 correct, the estimated total effect is unchanged.

14 Additionally, the modified change in
15 hemoglobin A1c at week 16 was chosen post hoc
16 rather than being prespecified. It is unclear
17 whether other variables could be possible
18 mediators.

19 Additionally, per the FDA ophthalmology
20 consultant evaluation, assessment of retinopathy
21 was not standardized and the definition of the
22 endpoint was not adequate, further limiting our

1 interpretation of the results.

2 While acknowledging the retinopathy signal
3 with semaglutide, the FDA consultant felt that the
4 findings were consistent with the expectation given
5 the decrease in hemoglobin A1c and that there was
6 no need to restrict the patient population or alter
7 the dosing. However, a similar risk of retinopathy
8 was not seen with other antidiabetic drugs that had
9 cardiovascular outcomes trial reviewed by the FDA,
10 although assessment of retinopathy was different.

11 Additionally, the data on semaglutide is
12 limited to 2 years, and it is unclear whether the
13 risk of diabetic retinopathy will follow what was
14 seen in previous studies where a benefit on
15 retinopathy was seen beyond three years of
16 intensive glucose control. With the available
17 data, the long-term effect of semaglutide treatment
18 on diabetic retinopathy is unknown.

19 This concludes the FDA presentation. Thank
20 you.

21 **Clarifying Questions to FDA**

22 DR. WILSON: Thank you very much. Now, we

1 are open for questions for the FDA. Dr. Hiatt?

2 DR. HIATT: Thank you. William Hiatt. I'm
3 just still pondering the design of the
4 cardiovascular OUTCOME trial. A couple of key
5 components, one is there's no interim analysis
6 proposed, and two is that the initial sample size
7 was based on a hazard ratio of 1, upper bound of
8 1.8. 122 events would, I think, clear that upper
9 bound.

10 I'm assuming if the results showed a hazard
11 ratio of 1.7, the FDA would have required another
12 study; is that correct? Yes, that's correct, to
13 get to 1.3?

14 DR. CHONG: I just want to clarify. You're
15 saying the point estimate or the upper bound?

16 DR. HIATT: The upper bound. Under the
17 original trial assumptions, they assume the hazard
18 ratio of 1 and their hypothesis testing was
19 non-inferiority with an upper bound of 1.8, had
20 they had a result showing an upper bound of 1.7,
21 they would have met their prespecified endpoint but
22 they would have not met the second half of your

1 guidance, which says that you'd have to have an
2 upper bound of less than 1.3 to continue marketing
3 the drug.

4 Would you have required another
5 cardiovascular outcome trial in that case?

6 DR. CHONG: That, in some part, would also
7 depend on what the point estimate was. We'd have
8 to be reassured that the point estimate wasn't a
9 concern for cardiovascular risk.

10 DR. HIATT: Sure.

11 DR. CHONG: But if the situation were that
12 the point estimate number was 1, hazard ratio of
13 1.7, I suspect we would likely require an
14 additional study to exclude 1.3.

15 DR. HIATT: Okay. Here's my question based
16 on those responses. With 122 events and no interim
17 analysis, one wonders what the hazard ratio and
18 upper bound would have been had you analyzed the
19 first 122 events. Did anyone at the FDA consider
20 doing that?

21 (No audible response.)

22 DR. HIATT: Why not? Because it makes you

1 wonder, doesn't it? Why go to 254?

2 Now, the out was, the design allowed for a
3 certain amount of exposure. But it also, in my
4 mind, would say if I went into this trial trying to
5 rule out 1.8, I'd rather avoid a second outcome
6 trial; I'd rather get my upper bound less than 1.3.
7 Why not double the number of events and assure
8 myself, I'm going to get less than 1.3?

9 DR. SMITH: I think you're getting to
10 discussion question number 4.

11 (Laughter.)

12 DR. SMITH: Clearly, what you're describing
13 and whether somebody analyze that event -- I don't
14 know that they did -- any of those will be
15 post hoc. As we listen to your discussion this
16 afternoon, if that sounds like an exercise that we
17 should take into our consideration of where things
18 go from here, we'll listen and think about it.

19 We're going to be asking you to discuss what
20 you think of the cardiovascular safety here. So I
21 think we probably shouldn't get too off on what
22 they could have done but rather focus on the data

1 before us.

2 DR. HIATT: Yes. I'm not asking the
3 sponsor; I'm asking you. If you take the
4 prespecified event-driven endpoint of 122 events,
5 and they doubled that, did anyone at the FDA
6 statistically decide to look at the first 122
7 events to have them to see what confidence
8 intervals might have looked like at that point in
9 time? It doesn't sound like anybody did that.

10 (No audible response.)

11 DR. HIATT: Did not, okay.

12 DR. HSUEH: No, we haven't done that.

13 DR. HIATT: That's interesting. Thank you
14 very much.

15 DR. WILSON: All right. We have about
16 10 minutes before we're going to take a lunch
17 break. A couple of things, any specific clarifying
18 questions for FDA right now? And then either for
19 the FDA or for the sponsor, anything where we would
20 like them to do some clarifying work during lunch
21 to provide, for instance, a back-up slide or
22 something, let's frontload those issues now because

1 it gives them time rather than during our
2 discussion period.

3 Dr. Palevsky, do you have such an item?

4 DR. PALEVSKY: I have one for the FDA.

5 There was mention made after the sponsor's
6 presentation that when you looked at the blindness
7 events, that the attribution to retinopathy that
8 was made was different than the five events
9 attributed in the data presented; but that was not
10 reflected in what was presented now.

11 Did I misunderstand the comment made
12 earlier?

13 DR. CHONG: The data presented were based on
14 just the events as adjudicated. The previous
15 comment was accurate. Delving into the in-depth
16 details of those events, it was unclear whether or
17 not it was blindness-related retinopathy, reduced
18 visual acuity that met legal blindness of other
19 etiology. But we did not show that additional
20 breakdown in our slides.

21 DR. PALEVSKY: It might be useful for us to
22 see that information.

1 DR. LUNGU: If we can see slide 9.

2 DR. CHAMBERS: Wiley Chambers. I'm an
3 ophthalmologist with the FDA. The issue is if
4 somebody develops a cataract, you can't tell if
5 it's from diabetes or if it is a normal aging
6 process. There were also other inconsistencies
7 with the reporting of individual patients, patients
8 that are elderly that did not report to have
9 cataracts or did not report to have things like
10 presbyopia, which is directly age-related.

11 So it raised the question about how accurate
12 that reporting was, and that was the source of the
13 confusion on why those particular events were
14 picked.

15 DR. WILSON: Dr. Ferris?

16 DR. FERRIS: I'm not sure how much I want to
17 delve into this because I'm totally confused on the
18 one hand and appalled on the other hand as to how
19 we're looking at these changes in retinopathy.
20 Maybe the sponsor can help clarify some things for
21 me.

22 At some point, we see some numbers about the

1 proportion with proliferative diabetic retinopathy,
2 but then I saw a slide that said they were
3 categorized in an astounding categorization of
4 diabetic retinopathy as normal; normal, not
5 clinically significant; abnormal -- whatever the
6 hell that is -- and then abnormal, clinically
7 significant.

8 How that's different than abnormal, I can
9 imagine, but there is classification scheme for
10 diabetic retinopathy, which might have been more
11 useful such as no diabetic retinopathy,
12 microaneurysms only, moderate non-proliferative
13 diabetic retinopathy, severe non-proliferative
14 diabetic retinopathy, and proliferative
15 retinopathy.

16 One of my questions is, how do they come to
17 the conclusion that there were 20 percent with
18 proliferative retinopathy? I may have
19 misinterpreted the slide. That's a lot of
20 proliferative diabetic retinopathy in a community.
21 So I'm confused about that, appalled that the
22 assessment could be undilated by an optometrist.

1 I'm nervous about retina surgeons on a dilated exam
2 being reproducible. This, I just don't know what
3 to make of it.

4 Then I'm confused by this baseline
5 retinopathy of 8.2 versus 5.2 percent. What is
6 that in this categorization? And if that is the
7 baseline, then there's a 1.6 relative risk of more
8 retinopathy in the treated group. And then I'd be
9 interested in how the adverse experiences were
10 verified.

11 In particular, I don't know whether these
12 are patient-based outcomes, whether they're
13 eye-based outcomes, whether a patient can have more
14 than one outcome. A patient could get treated for
15 proliferative retinopathy with photocoagulation,
16 have a vitreous hemorrhage, which cause blindness,
17 and have three events at once. So I don't know how
18 they were added up.

19 DR. WILSON: Let's hold the response to that
20 because that's almost a discussion item, so if we
21 could get any clarifying information first; then I
22 think in the discussion period after lunch from the

1 sponsor related to what the issues that Dr. Ferris
2 brought up, and then perhaps any other additional
3 information from FDA. But let's table that because
4 that's going to go for a while. I believe that's
5 part of our discussion.

6 Anything else before lunch, especially for
7 clarifications? Yes, Dr. Li-Ng?

8 DR. LI-NG: I just had two questions
9 actually. On the 79 events of the diabetic
10 retinopathy complications, how many of those events
11 occurred while the patient was on TZDs? And also,
12 is there a breakdown of which ones were in the
13 semaglutide 0.5-milligram group and which ones
14 occurred in the 1-milligram group, and whether
15 there was a difference?

16 DR. LUNGU: I don't know how many patients
17 were on TZDs. I guess I could look, and I don't
18 know if the applicant knows. But with regard to
19 the doses of semaglutide, out of the 50 events on
20 semaglutide, there were 25 and 25 even. There was
21 no dose response.

22 DR. WILSON: Dr. Robotti?

1 MS. ROBOTTI: Thanks. Actually, I'm not a
2 doctor, but thanks for the promotion.

3 (Laughter.)

4 MS. ROBOTTI: I'm a consumer rep. I am
5 struck by slide number 17, the subgroup analysis of
6 MACE, the U.S. versus non-US MACE events,
7 particularly considering that 70 percent -- I think
8 this is in study number 6 -- particularly since
9 something like 70 percent of the participants were
10 non-US.

11 It looks distinctly different to me. On the
12 semaglutide group in the U.S., 7 percent had a MACE
13 event and 7.9 percent on placebo did. But for
14 non-US, it's 6.3 percent to 9.3 percent. That's
15 close to a 50 percent increase in MACE events.

16 My concern is that wouldn't imply that those
17 are not comparable groups, that there's a
18 significant --

19 DR. WILSON: Excuse me. Dr. Robotti, what
20 slide are you referring to?

21 MS. ROBOTTI: Seventeen.

22 DR. WILSON: FDA number 17.

1 MS. ROBOTTI: FDA number 17, subgroup
2 analysis.

3 DR. BRITTAIN: I think it's the statistics
4 sections.

5 MS. ROBOTTI: Oh, I'm sorry. I did not look
6 up the statistics --

7 DR. BRITTAIN: Yes, it's in the statistics
8 section, 17.

9 MS. ROBOTTI: Thank you, Dr. Brittain.

10 DR. BRITTAIN: Yes, that's what she's
11 talking about.

12 MS. ROBOTTI: That's the one, bottom two
13 lines, U.S. versus non-US. There's my concern.
14 That looks significantly different to me, and I'm
15 just wondering if that implies that they're not
16 comparable groups, yet they're being merged for the
17 purposes of analysis.

18 DR. HSUEH: They are comparable between the
19 semaglutide and placebo. And between the U.S. and
20 non-US, we don't have the analysis for that.

21 MS. ROBOTTI: So --

22 DR. HSUEH: In that case, it's comparable.

1 Yes, that should be --

2 MS. ROBOTTI: Shouldn't they be
3 comparable --

4 DR. HSUEH: -- comparable, right.

5 MS. ROBOTTI: And they're not, are they?

6 DR. HSUEH: We did not look at between U.S.
7 and non-US.

8 MS. ROBOTTI: Okay. And another question, a
9 follow-up question, to that would be, where out of
10 the U.S. were these trial participants? Are they
11 comparable societies?

12 DR. HSUEH: Do you have want to make a
13 comment?

14 DR. WILSON: FDA has some clarification on
15 this.

16 DR. ANDRACA: Thank you. This is Eugenio
17 Andraca, Office of Biostatistics. We also have
18 looked at the characteristics of the patients
19 within the U.S. and the non-US, so they could have
20 different characteristics, different standard of
21 care. Within each country, the rates could be
22 different.

1 What we're looking here is comparisons
2 controlling for U.S., controlling for non-US,
3 comparing placebo to semaglutide. And in that
4 respect, the relative risk was consistent in the
5 sense that the interaction was not significant.

6 MS. ROBOTTI: Okay.

7 DR. WILSON: Dr. Robotti, is that adequate,
8 or do you want further --

9 MS. ROBOTTI: I guess it's -- I just
10 question the entire ethnic/racial profile of the
11 participants overall, but I'll bring that up again
12 during discussion.

13 DR. WILSON: Any other questions before
14 lunch?

15 First of all, Dr. Neaton has been very
16 patient. Do you have anything to say?

17 DR. NEATON: My question, I do have one for
18 clarification, but it can wait until after lunch.

19 DR. WILSON: Any others before we break?
20 Dr. Budnitz, go ahead.

21 DR. BUDNITZ: This is a question on the
22 findings from other CVOTs, just comparing the

1 LEADER and the EMPA-REG trials. Did I hear
2 correctly that the change in Alc for those trials
3 is about 0.4; is that correct?

4 DR. LUNGU: Yes.

5 DR. BUDNITZ: And then for this trial, it
6 was about 1?

7 DR. LUNGU: Yes.

8 DR. BUDNITZ: And were there any other
9 comparison of similar baseline characteristics like
10 MACE rates

11 DR. WILSON: Dr. Budnitz, what slide are you
12 referring to?

13 DR. BUDNITZ: This is slide 10 in the
14 section of further discussion of findings for
15 diabetic retinopathy.

16 DR. LUNGU: I can look into baseline
17 characteristics comparison. We actually didn't do
18 that, but yes, there's a difference in Alc control
19 over time. Also, those trials were a little
20 longer, three to four years, and the events were
21 captured differently.

22 DR. BUDNITZ: So I'm just thinking, we might

1 need a little bit more information to try to see if
2 these other CVOTs are comparable in terms of risk
3 for --

4 DR. LUNGU: I'll look at the population, and
5 I'll let you know.

6 DR. WILSON: A couple more. Dr. Rosenberg?
7 Yves Rosenberg?

8 DR. ROSENBERG: Thank you. Maybe you can
9 check that data from the LEADER trial. The other
10 0.4, maybe that was at the end of trial but not
11 overall. And there was also a big difference at
12 the beginning.

13 But I do get your point into the comparison
14 with the other trials and the fact that it didn't
15 show that early increase, the point I wanted to
16 make before you made a presentation. But I think
17 that's going to be the heart event in our
18 discussion.

19 Maybe the question I would ask for the FDA
20 ophthalmologist is I'm a little confused about how
21 they think the problem with the ascertainment and
22 the choice of the eye endpoint would affect the

1 outcome. I can understand it would affect the
2 precision of the result, but randomized trials such
3 as this, how would that affect the relative risk?
4 That's not clear to me.

5 DR. CHAMBERS: Wiley Chambers. If I can't
6 trust the particular endpoints to be accurately
7 recorded, it's potentially random noise. It may be
8 randomized between the trial and it may be a
9 finding, but if I can't trust whether it's a real
10 event, I don't know how to necessarily interpret
11 that.

12 DR. ROSENBERG: I understand. I agree to
13 introduce noise, but unless you are convinced or
14 some suspicions there's an outcome ascertainment
15 bias, I don't see how that would affect the
16 relative risk.

17 DR. CHAMBERS: I have no reason to believe
18 that there is ascertainment bias.

19 DR. WILSON: Okay. Dr. Palevsky, you get
20 the last question before lunch.

21 DR. PALEVSKY: As the token nephrologist in
22 the room, it did not appear that there was any

1 signal related to renal outcomes. But the data
2 provided don't have the degree of clarity that
3 would be needed and included a lack of information
4 on some of the baseline data, so if this could be
5 provided.

6 New onset of persistent macroalbuminuria,
7 assuming that's greater than 300 micrograms per
8 milligram, need to know the data on baseline.
9 Someone going from 298 to 302 is very different
10 than someone going from 5 to 290, so having some
11 data beyond that categorical endpoint.

12 Persistent doubling of serum creatinine NGFR
13 less than 45 can only be interpreted with good data
14 on what the baseline were. I didn't see baseline
15 data provided, although in one of the figures, it
16 looks like the baseline mean eGFR was about 75.
17 But a little bit of data on that would also be
18 reassuring.

19 Then there's a definitional issue, and this
20 probably relates to something that the agency needs
21 to deal with. Continuous renal replacement to a
22 nephrologist means something that's happening in

1 the intensive care unit because that's a treatment
2 that's being provided 24 hours a day.

3 I assume that what's meant by continuous
4 renal replacement is chronic dialysis or
5 transplantation, and the terminology that's used
6 should be terminology that is not confusing. If we
7 can just clarify that that's actually what was
8 meant and moving forward use the correct words.

9 DR. WILSON: Okay. I stand corrected by
10 Commander Bonner. In fact, the last question is
11 going to come from Dr. Low Wang.

12 DR. LOW WANG: I do have a question about
13 the stats section that was presented by the FDA.
14 It's slide number 10. We've already talked about a
15 lot of the problems of trying to figure out what
16 the baseline level of retinopathy was for the
17 patients. But in this table on the very bottom
18 line, the non-proliferative retinopathy and the
19 unknown are lumped together. I was wondering if we
20 could break out the unknown. I was wondering what
21 percentage of patients had an unknown retinopathy
22 status at baseline.

1 DR. HSUEH: It's 9 percent for the unknown.

2 DR. WILSON: Unless there are any further
3 questions, comments that need -- I think we have a
4 few things that have been requested. One would be
5 any ancillary ways of summarizing the eye findings
6 with the recognition that this is not a standard
7 approach that was used in this trial, and then also
8 for Dr. Palevsky for renal and albuminuria. Those
9 are the key elements, I think, and many of the
10 other issues, we're going to be able to address
11 during discussion, though.

12 We're going to back at 1 o'clock; 1 o'clock
13 we'll reconvene, and we'll have an open public
14 hearing with presentations.

15 (Whereupon, at 12:05 p.m., a lunch recess
16 was taken.)

17

18

19

20

21

22

A F T E R N O O N S E S S I O N

(1:02 p.m.)

Open Public Hearing

DR. WILSON: Good afternoon. We have some introductory remarks before our open public hearing session.

Both the Food and Drug Administration and the public believe in a transparent process for information-gathering and decision-making. To ensure such transparency at the open public hearing session of the advisory committee meeting, FDA believes that it is important to understand the context of an individual's presentation.

For this reason, FDA encourages you, the open public hearing speaker, at the beginning of your written or oral statement to advise the committee of any financial relationship that you may have with the sponsor, its product, and, if known, its direct competitors.

For example, this financial information may include the sponsor's payment of your travel, lodging, or other expenses in connection with your

1 attendance at the meeting. Likewise, FDA
2 encourages you, at the beginning of your statement,
3 to advise the committee if you do not have any such
4 financial relationships. If you choose not to
5 address this issue of financial relationships at
6 the beginning of your statement, it will not
7 preclude you from speaking.

8 The FDA and this committee place great
9 importance in the open public hearing process. The
10 insights and comments provided can help the agency
11 and this committee in their consideration of the
12 issues before them.

13 With that said, in many instances and for
14 many topics, there will be a variety of opinions.
15 One of our goals today is for this open public
16 hearing to be conducted in a fair and open way
17 where every participant is listened to carefully
18 and treated with dignity, courtesy, and respect.
19 Therefore, please speak only when recognized by the
20 chair, and thanks for your cooperation.

21 We have -- what is it, 13 or 14 -- 13
22 speakers, so let's try to be efficient. For each

1 speaker, as we call your number, please go to the
2 podium, introduce yourself, state your name any
3 organization you are representing. And we'll start
4 with -- go ahead, Commander Bonner, number 1,
5 right?

6 CDR BONNER: Yes.

7 DR. BLONDE: My name is Larry Blonde. I'm
8 an endocrinologist at the Oxford Medical Center in
9 New Orleans, Louisiana, and I am here representing
10 the American Association of Clinical
11 Endocrinologists, the largest organization of
12 clinical endocrinologists committed to enhancing
13 the ability of members to provide the highest
14 quality patient care, provides information and
15 education about diabetes and other endocrine
16 disorders, and publishes guidelines including those
17 for diabetes and a comprehensive type 2 diabetes
18 management algorithm.

19 The National Clinical Care Commission Act
20 passed by Congress last week should help improve
21 effectiveness of federal diabetes programs and was
22 supported by the diabetes community and spearheaded

1 by AACE.

2 The burdens of type 2 diabetes have been
3 well-discussed today. There are enormous, both
4 personal and societal, costs associated with
5 diabetes. Cardiovascular disease, the leading
6 cause of death in people with type 2 diabetes, on
7 the left, we see the years of life lost related to
8 diabetes compared to peers, and on the right, we
9 see the increased hazard ratio for mortality, both
10 for cardiovascular death and all-cause mortality,
11 related to diabetes.

12 This is data from a recently published New
13 England Journal paper that pointed out that in
14 Sweden between 1998 and 2014, mortality and the
15 incidence of cardiovascular outcomes declined
16 substantially among those with and without
17 diabetes, although the outcomes associated with
18 type 2 diabetes deaths were associated with less
19 than controls.

20 While we can't cure diabetes controlling
21 glucose levels and other cardiovascular disease,
22 risk factors can greatly decrease complications,

1 but many patients don't achieve therapeutic
2 targets. Among the many barriers are concerns
3 about hypoglycemia and weight gain with some
4 antihyperglycemic therapies if one looks at some of
5 the consequences of hypoglycemic events of reduced
6 well-being, productivity, and increased overall
7 costs. And severe hypoglycemia can be associated
8 with increased cardiovascular events and mortality.

9 In terms of weight, recent NHANES data from
10 2015 and 2016 show that 39.8 percent of adults and
11 18.5 percent of youth in this country are obese,
12 and we've already heard about the issues with
13 obesity and overweight in people with diabetes.

14 The AACE algorithm is designed to help
15 clinicians better use therapies to achieve targets
16 for glycemic control in people with diabetes and
17 has always emphasized those treatments that have a
18 lower risk for hypoglycemia or weight gain in their
19 recommendations.

20 AACE does not advocate for the approval of
21 any specific medication, however, there's a great
22 need for new antihyperglycemic medications to help

1 address the ever-increasing burden of type 2
2 diabetes. New, more effective medications
3 associated with lower risk for hypoglycemia,
4 possibly lower adverse cardiovascular disease
5 events, and less weight gain or even better
6 associated with weight loss can improve glycemic
7 control and hopefully outcomes for people with
8 type 2 diabetes.

9 Thank you very much for letting me address
10 you today.

11 DR. WILSON: Thank you very much. Speaker
12 number 2, please introduce yourself and go.

13 MS. VALENTINE: Hi. My name is Virginia
14 Valentine. I'm an advanced practice nurse in
15 Albuquerque, New Mexico. I practice at La Clinica
16 De La Esperanza, and I'm also the medical director
17 for Health-Scripts, a company that focuses on NPs
18 and PAs. I'm representing myself. I've been a
19 speaker for all the companies making GLP-1s since
20 2005.

21 Since the introduction of the GLP-1 receptor
22 agonist class in 2005, we've seen excellent blood

1 glucose-lowering outcomes from these meds, but
2 sadly, the uptake in healthcare professionals has
3 been suboptimal, especially considering the value
4 that they bring.

5 I think there are several reasons for this.
6 First was the suspicion of pancreatitis and that
7 whole brouhaha, which has turned out to be not
8 nearly as dire as one would have predicted. Also,
9 then the second is that payers have done their best
10 to keep these clamped down because of the cost.
11 But also, I think the payers had their suspicions
12 that these might lead to weight loss -- their
13 suspicions were true -- and they don't want to do
14 anything to help the patients with weight loss if
15 they can help it. They would rather just blame the
16 patient for their failures.

17 Then thirdly, the primary care providers
18 have not taken up this class of drugs, which is
19 very sad. I think some of it is their concern
20 about the time for training, although they use
21 basal insulin. I think then you have to say, well,
22 maybe they just really haven't understood the

1 value, and that's something I think that we have to
2 work on a lot.

3 Semaglutide has now presented us a
4 culmination of excellent A1c reductions, plus
5 weight loss, which is a great combination,
6 potentially cardiovascular risk reduction. But now
7 the greatest benefit is the once-a-week dosing,
8 which is a really important thing for patients.

9 I've always asked my patients, well, at
10 least in recent years, would you rather have a
11 once-a-day or a once-a-week? Ninety-five percent,
12 I want once-a-week. It not only provides a lot of
13 freedom and flexibility for patients but also for
14 family members who have to be involved in helping
15 patients.

16 I just wanted to point out that I think most
17 patients can maintain this regimen, they can
18 persist with this regimen, and I would ask that you
19 all consider this next step in the GLP-1 story.
20 Thank you.

21 DR. WILSON: Thank you. Speaker number 3,
22 please introduce yourself.

1 DR. ARODA: Good afternoon. My name is
2 Vanita Aroda, and I'm a physician investigator and
3 endocrinologist at MedStar Health Research
4 Institute, representing myself. For my
5 disclosures, I have served as a clinical trials
6 investigator or consultant with various companies
7 involved in novel diabetes therapeutics, including
8 Novo Nordisk. My travel to this meeting was paid
9 for by the applicant. They have not had any input
10 to my voluntary presentation.

11 I served as the principal investigator at
12 MedStar Health on three studies evaluating
13 semaglutide, and it is a privilege to share my
14 firsthand experience on these studies in the
15 context of my 15 years of experience of treating
16 diabetes.

17 The two most common concerns I hear from
18 patients with type 2 diabetes are one, "Why are my
19 sugar still high? I'm taking the medicines my
20 doctor prescribed, but they are still high." And
21 secondly, "I cannot seem to lose the weight. I
22 want to, but it's just not coming off."

1 These two basic questions in diabetes are
2 writ with such a strong sense of guilt. I vividly
3 remember one patient recently who said to me that
4 her doctor said, "Just try harder. Just try
5 harder." She was so angry with this response, she
6 had brought in her diaries, her meter, her
7 medications, and this is what her well-intentioned
8 doctor said, "Just try harder."

9 When we as providers see the numbers of non-
10 success, whether it be A1c or weight, we all want
11 to understand why, aka, the differential diagnosis,
12 yet this often ends up in diabetes, in
13 conversations of guilt and a sense that we are not
14 doing something right, we're not trying hard
15 enough. Yet we, as clinicians, need to make sure
16 we give the requisite tools so that when patients
17 try, they succeed.

18 This is the story I have directly seen
19 unfold with semaglutide as an investigator in the
20 studies, that it helps patients, either early on or
21 even after trying and failing with multiple other
22 medications, to achieve glycemic control better

1 than what we have seen with previous agents, and in
2 this process finally, finally battling that excess
3 weight.

4 It is this dual success that translates to a
5 sense of control and satisfaction for both the
6 clinician and the patient. And as I have
7 experienced firsthand in the studies, it has
8 allowed the conversation to transform from one of a
9 feeling of guilt and inadequacy to one of
10 empowerment and self-advocacy, which is extremely
11 rewarding.

12 I'm excited to see that we are now finally
13 targeting, in a clinically meaningful
14 pathophysiologic yet practical approach, both
15 diabetes and weight control, both short and
16 long-term outcomes with both the clinician and
17 patient perspectives in mind. Thank you.

18 DR. WILSON: Thank you very much. Speaker
19 number 4, please state your name and any
20 organization you represent.

21 MR. BROWN: Good afternoon. My name is
22 Christopher Wayne Brown. I'm from Selma, North

1 Carolina. In accordance with their company policy,
2 Novo Nordisk has paid for my travel expenses to
3 attend today's committee meeting.

4 In April of 2014, I was diagnosed with
5 type 2 diabetes. I decided to seek out a new
6 physician with a primary field of interest in
7 diabetes management. I came under the care of
8 Dr. Michael Soboeiro in June of 2014. He
9 prescribed metformin and recommended the usual
10 dietary restrictions and exercise, but I struggled
11 with these lifestyle changes. As a result, my
12 glucose levels did not improve.

13 In January of 2016, Dr. Soboeiro discussed
14 with me the possibility of being a candidate for a
15 clinical trial for semaglutide. I agreed and began
16 the trial drug in February 2016. By the end of the
17 clinical trial, I had lost 30 pounds, and my A1c
18 was reduced from 8.1 to 5.4, all the while still
19 struggling with the recommended diet restrictions
20 and exercise.

21 During the trial, I remained on metformin,
22 and after the study ended, continued on metformin

1 with the addition of daily injections of Victoza.
2 Over the last 11 months, since the end of the
3 trial, my A1c has slowly risen to a barely
4 acceptable number, and I've regained 15 pounds.

5 In my case, the semaglutide was not only
6 beneficial as can confirmed by my medical results
7 but was more convenient since it was a weekly
8 injection as opposed to daily.

9 Last week, Dr. Soboeiro called and asked if
10 I would be willing to tell the members of this
11 committee of my experience with semaglutide, and
12 I'm very excited to have had this opportunity to
13 come here today and tell you that my hope is that
14 this drug will be approved for my doctor to
15 prescribe to me and others living with this
16 disease. Thank you.

17 DR. WILSON: Thank you very much. Speaker
18 number 5, please approach the podium, state your
19 name and any organization you represent.

20 MR. CONNOR: Good afternoon. My name is
21 James Thomas Connor, and I reside in Irving, Texas.
22 According to the company policy of Novo Nordisk,

1 they have paid my transportation and lodging to
2 speak at this conference.

3 I am a retired CPA. I was in the profession
4 for 44 years, and my job is stressful or was
5 stressful and long hours. In 2001, I was diagnosed
6 with type 2 diabetes. This was done by University
7 of Texas Southwest Medical School's Ashton Clinic.

8 Initially, they scared the heck out of me, I
9 can assure you, because I thought amputation and
10 all these bad things. They put me on a diet with a
11 dietician. I lost 60 pounds. I was on metformin,
12 and I actually got off of metformin. For a couple
13 of years, I didn't take it. But because of work
14 and I was getting older, I basically had to get
15 back on another drug called Actos.

16 I took Actos until a couple of years ago,
17 and UT Southwest, as people leave, professors,
18 assistant professors, I got a new doctor. She
19 immediately took me off of Actos and put me on
20 metformin, and then increased the dosage. I was
21 taking 2, I think, grams a day, pill, morning and
22 night, and my A1c kept climbing.

1 Along the way, I had checked a box to be
2 selected for research, and I got a call from a
3 Dr. Lingvay, an endocrinologist at UT Southwest,
4 and asked if I would be in a study of about a new
5 diabetic drug, and I may mispronounce this,
6 semaglutide.

7 Anyway, I was on this study. It started in
8 April of 2016 through January of 2017. During this
9 period, I think my A1c was 7.7. It went down to
10 6.5. I lost 30 pounds. And then I couldn't take
11 it anymore because that was the end of the study.
12 After I've been off of it, my A1c started creeping
13 up. I'm in a blind study now, so I don't know what
14 I'm taking. It could be the same drug, but it's a
15 blind study that I started in June of 2017.

16 I was very pleased with the results but
17 disappointed that I couldn't continue to have this
18 drug available to me. I hope that this drug gets
19 approved for the public because I think it has
20 really helped, and I was very encouraged.

21 DR. WILSON: Thank you. Speaker number 6,
22 please state your name and any organization you

1 represent.

2 DR. RODBARD: Good afternoon, Mr. Chairman,
3 Dr. Wilson; members of the committee; ladies and
4 gentlemen. I'm speaking here as an individual. My
5 name is Dr. Helena Rodbard. I'm not representing
6 any organization or any company. I'm a consultant
7 for a number of different pharmaceutical companies
8 and receive research grants. Nobody has paid my
9 travel expenses.

10 I'm a clinical endocrinologist, and I have
11 been in private practice in Rockville, Maryland for
12 the past 35 years. Previously, I had been at the
13 NIH-NIDDK where I had conducted clinical and basic
14 science research in diabetes and endocrinology. In
15 my practice, I have been specializing in the
16 management of patients with diabetes, both type 1
17 and type 2, and have been engaged in clinical
18 research to evaluate new forms of therapy for
19 diabetes and lipid disorders.

20 Over the past 15 years, I have conducted
21 more than 90 clinical trials, and I have published
22 more than 120 papers in the peer-reviewed medical

1 literature.

2 During the past three years, I have had the
3 opportunity to conduct clinical trials of
4 semaglutide involving 24 patients. I have been
5 tremendously impressed by the efficacy and safety
6 of semaglutide. This is the most effective
7 medication that I have seen in terms of achieving
8 multiple endpoints: glycemic control without
9 hypoglycemia, major reduction in hemoglobin A1c,
10 weight loss, and also improvement in systolic blood
11 pressure.

12 It's very well-tolerated by the patients
13 with minimal side effects, and it was most
14 gratifying to me, as a physician, to hear from my
15 patients how much better they were feeling on
16 semaglutide.

17 When the clinical trials were completed and
18 the medication no longer available, every one of my
19 patients asked if it would be possible for them to
20 continue on semaglutide because they preferred it
21 to their previous medications.

22 I had the opportunity to present data

1 regarding semaglutide at the annual scientific
2 meetings of the American Diabetes Association and
3 the European Association for the Study of Diabetes.
4 Semaglutide represents a major advance in the
5 treatment of people with type 2 diabetes, and I
6 hope that it will soon be approved for the use in
7 the United States and become available to my
8 patients and to the diabetes community.

9 I wish to thank you very much for the
10 opportunity to address you here today.

11 DR. WILSON: Thank you. Next, speaker
12 number 7, please introduce yourself and any
13 organization you represent.

14 DR. RATNER: Mr. Chairman, my name is Robert
15 Ratner. I'm an endocrinologist and professor of
16 medicine at Georgetown University Medical Center.
17 I am not representing any group, and no one has
18 provided any guidance or financial support for my
19 being here.

20 We've talked earlier about the concept of
21 patient-centered medical care. It is very clear
22 that one size does not fit all, particularly when

1 it comes to dealing with patients with diabetes.
2 The American Diabetes Association's standards of
3 care actually provide a panoply of options for the
4 therapy of individuals with diabetes beyond
5 metformin therapy. And they provide guidance in
6 terms of the characteristics that one has to look
7 at in order to decide, with the patient, which
8 medication is going to be most efficacious.

9 We need options, and we clearly need as many
10 options as we can get to make sure that the
11 individual can respond to the best therapy
12 available. When you begin to look at the various
13 drugs that are available to treat diabetes, the
14 historic ones, sulfonylureas are very, very cheap,
15 but they cause hypoglycemia.

16 We know that many of the other drugs, DPP-4
17 inhibitors, SGLT-2 inhibitors, are problematic when
18 it comes to renal disease. We have to be able to
19 individualize, we have to be able to pick the drug
20 that is best for the individual patient, and that
21 requires a broad spectrum of medications.

22 When one looks at semaglutide and the data

1 that have been presented here today, what you begin
2 to see is remarkable impacts: a mean hemoglobin
3 A1c against active comparators that's dropping
4 1.8 percent; 60 to 70 percent of patients at goal
5 of 7 percent; a weight loss between 4 and
6 6 kilograms, again with 50 to 60 percent of
7 patients achieving a 5 percent or greater weight
8 loss. You see 70 percent of the patients in
9 SUSTAIN 6 with underlying renal disease providing
10 an option in that high-risk group, and 60 percent,
11 in that study, with ischemic heart disease.

12 It's critically important that we have drugs
13 that are efficacious, effective, and safe. But
14 beyond that, we need to be able to discuss with our
15 healthcare providers and with our patients with
16 diabetes what the pros and cons are. Shared
17 medical decision-making is clearly the appropriate
18 way to go, and we can only do that if the
19 information is available and if we can talk about
20 it.

21 That really means full disclosure and
22 transparency so that we can facilitate all of this

1 education and shared decision-making. Put the
2 numbers in the package insert. Let us know what we
3 can talk about in terms of both the safety, as well
4 as the efficacy, and then the judgments become a
5 discussion between the healthcare provider and the
6 person with diabetes. Thank you very much.

7 DR. WILSON: Thank you. The next
8 presentation by speaker number 8, please state your
9 name and any organization you represent.

10 MR. MURPHY: Hi. My name is Dennis Murphy.
11 I was in the once-a-week semaglutide study at the
12 UT Southwestern in Dallas, Texas. In accordance
13 with their company policy, Novo Nordisk has paid
14 for my travel expenses to attend today's committee
15 meeting.

16 Diagnosed with diabetes in 2004, I initially
17 tried diet and exercise alone. Then I started
18 seeing an endocrinologist and began trying multiple
19 medications, including insulin with minimal
20 success. I was exhausted all the time. My feet
21 were burning while walking or exercising. My
22 hemoglobin A1c climbed to 7.5, which is where it

1 was when I started this study.

2 Within the first couple of months of the
3 semaglutide study, even at the initial lower doses,
4 I started to feel a change. My feet were no longer
5 burning, and I had lost about 15 pounds. My
6 morning glucose readings were in the 80 to 110
7 range compared with the 170s before.

8 At the end of the study, I was taking
9 once-a-week semaglutide, 30 milligrams of Actos,
10 and 2 milligrams of glimepiride daily with a
11 hemoglobin A1c of 5.7. If I did not tell a doctor
12 I had diabetes before a blood test, they wouldn't
13 even have known.

14 My time in the study felt like I was given a
15 reprieve from diabetes. If the goal is to keep
16 your glucose levels in the non-diabetic range to
17 avoid damage to your organs, blood vessels, and
18 nerve endings, and to give a diabetic a more normal
19 life, semaglutide did that for me.

20 After the study ended and the semaglutide
21 effect wore off, I was scrambling to find any drug
22 that had an effect on the GLP-1 receptor. Over the

1 last two years, I've tried Tanzeum, Trulicity, and
2 Bydureon, and none of them were nearly as effective
3 as semaglutide.

4 I used Trulicity because it had the least
5 negative side effects and combined with Actos,
6 glimepiride, Januvia, and Invokana, I've been able
7 to get my morning readings between 120 to 150, and
8 my hemoglobin A1c has crept up to 6.5. The
9 exhaustion and the burning feet have also returned.

10 I watched my father's body deteriorate
11 during the 1970s and '80s after he was diagnosed
12 with type 2 diabetes. I believe there was only one
13 or two drugs available for treatment back then. I
14 realize the longer I can keep my diabetes under
15 control, the longer my vision and legs will last
16 me. Semaglutide was a game-changer for me.

17 In conclusion, I think the numbers speak for
18 themselves. During the study, taking once a week
19 semaglutide, 30 milligrams Actos, and 2 milligrams
20 of glimepiride daily, my hemoglobin A1c went from
21 7.5 to 5.7. As I speak to you today, my hemoglobin
22 A1c is 6.5, even while taking once-a-week

1 Trulicity, 30 milligram Actos, 4 to 8 milligrams of
2 glimepiride, 25 milligrams of Januvia, and
3 100 milligrams of Invokana.

4 I wanted to come before the committee to
5 share my positive experience with the drug in hopes
6 of expediting its approval, not just for myself but
7 all those with type 2 diabetes still struggling to
8 reach their goals. Thank you.

9 DR. WILSON: Thank you very much. The next
10 speaker, speaker number 9, let us know your name
11 and any organization you represent.

12 DR. POLANIN: Thank you for the opportunity
13 to speak today. My name is Dr. Megan Polanin, and
14 I'm a senior fellow at the National Center for
15 Health Research. Our research center analyzes
16 scientific and medical data and provides objective
17 health information to patients, providers, and
18 policy makers. We do not accept funding from the
19 drug or medical device industry, so I have no
20 conflicts of interest.

21 Patients with type 2 diabetes need safe and
22 effective treatments to help them better manage the

1 disease and reduce the risk of diabetes
2 complications. We agree with the FDA's assessment
3 regarding semaglutide's efficacy and safety data
4 but have several concerns that were not adequately
5 addressed.

6 Number 1, while semaglutide met
7 non-inferiority and superiority efficacy endpoints,
8 there are clear differences between certain
9 demographic subgroups. In placebo-controlled
10 study 3623, the drug was less efficacious for
11 participants of Hispanic ethnicity for both the
12 0.5-milligram and 1-milligram dose.

13 In contrast, the drug was less efficacious
14 for participants of non-white race for the
15 1-milligram dose, but it is not clear which race,
16 nationality, or ethnicity was driving this observed
17 difference and whether any differences were
18 observed specifically among patients within the
19 U.S.

20 In active-controlled trial 3625, which
21 compared semaglutide to basal insulin, the
22 0.5-milligram dose was less efficacious for men and

1 the 1-milligram dose was less efficacious for
2 patients over 65 years old. The predominance of
3 younger patients across studies is concerning as
4 complications of diabetes increase with age.

5 While these demographic comparisons are
6 interesting, they do not provide the information
7 that patients and physicians really need or that
8 the FDA really needs. Patients need to know if the
9 benefits of this drug outweigh the risks for people
10 like them. This would require separate analyses of
11 these major subgroups to find out which types of
12 patients are most likely to benefit.

13 Because the sponsor has not provided these
14 analyses, we have concerns about the
15 generalizability of this drug's efficacy and safety
16 across subgroups. American Indian and Alaskan
17 Native, Black, and Hispanic individuals have the
18 highest problems of diabetes in the United States.
19 However, these groups are disproportionately
20 underrepresented in these studies, and there are
21 too few participants from these subgroups to draw
22 conclusions about safety or efficacy.

1 Number 2, outcomes in these studies are
2 based on a biomarker, not a clinically meaningful
3 endpoint important to patients such as living
4 longer or quality of life. We know that glycemic
5 control is controversial, especially for older
6 patients. Low glucose levels can also put patients
7 at serious risk. Let's keep that in mind as we
8 consider safety data.

9 Number 3, we agree with the FDA that
10 diabetic retinopathy is a safety concern. Studies
11 were not long enough to investigate whether these
12 effects will decrease over time, and as noted in
13 the FDA ophthalmology consult, the assessment of
14 diabetic retinopathy was not properly standardized
15 and was not based on meaningful clinical endpoints.
16 A longer follow-up should be considered before the
17 FDA makes a decision about this serious adverse
18 event.

19 Number 4, regarding cardiovascular safety,
20 the sponsor has concluded that semaglutide risks
21 are below the threshold of 1.8 and therefore
22 non-inferior. One of the major goals of diabetes

1 treatment is to protect against cardiovascular
2 disease, and there is doubt about whether
3 semaglutide does so for all patients. Although not
4 statistically significant, the rates of
5 cardiovascular deaths, hospitalization for unstable
6 angina, and hospitalization for heart failure are
7 worse for patients taking the drug.

8 Moreover, major cardiovascular events are
9 higher for women in these studies, and the sponsor
10 has not studied the specific risk for women of
11 color or women over 65, groups at higher risk for
12 diabetes. Currently, it is unclear whether
13 semaglutide should be considered safe for all
14 women, and additional analyses should therefore be
15 conducted before a decision is made about approval.

16 In summary, we urge this committee to
17 recommend that the sponsor reanalyze the existing
18 data to determine whether the benefits outweigh the
19 risks for women of color, white women, men and
20 women over 65, and other major demographic groups.
21 We also recommend a longer follow-up with patients
22 in the studies to determine safety, including

1 appropriate evaluation of diabetic retinopathy. If
2 there are too few patients in major subgroups to
3 meaningfully evaluate risks and benefits, the
4 sponsor should be required to add patients prior to
5 FDA making a decision about approval.

6 We urge this committee to consider the
7 safety and efficacy of semaglutide within
8 demographic subgroups and not subject patients to
9 uncertain risk. Thank you for the opportunity.

10 DR. WILSON: Thank you. Speaker number 10,
11 state your name and your organization that you
12 might represent.

13 MS. CARRACHER: Good afternoon, and thank
14 you to the chairperson and committee for this
15 opportunity to speak on what I believe would be a
16 groundbreaking development for people with
17 diabetes.

18 My name is Ann Carracher. I'm an associate
19 at Close Concerns, and I'm here to speak on behalf
20 of the diaTribe Foundation, a nonprofit
21 organization founded to improve the lives of people
22 with diabetes, prediabetes, obesity, and to

1 advocate for action.

2 diaTribe, the foundation's patient-focused
3 online publication, is subscribed to by over
4 130,000 people with diabetes and generates
5 approximately 2.5 million page views per year.
6 However, only 0.5 percent of those page views go to
7 articles focused on GLP-1 agonists, underscoring
8 the need for more awareness among both patients and
9 their prescribing physicians of the benefits of
10 GLP-1 agonists.

11 We believe that semaglutide, with the
12 superior efficacy profile in patient-friendly
13 once-weekly dosing, is a truly disruptive candidate
14 that would go a long way in making both patients
15 and providers more aware of the benefits of this
16 class.

17 By Close Concerns' calculations, the GLP-1
18 agonist class grew 25 percent in 2016 to reach
19 \$5 billion in annual sales, and it's on track to
20 hit \$6 billion in 2017. Despite impressive
21 financial results, however, a 2013 diabetes care
22 paper found that only 5 percent of patients with

1 type 2 diabetes in the United States were
2 prescribed a GLP-1 agonist.

3 This number has, of course, grown
4 significantly since 2013, but the barriers to GLP-1
5 agonist treatment remain the same: high cost,
6 lower than optimal reimbursement, and a lack of
7 patient-friendliness, largely due to frequent and
8 sometimes complicated injections. Notably Victoza
9 has maintained market leader status by revenue
10 since its inception despite once-daily dosing.

11 I would ask you to consider then a GLP-1
12 agonist with a new level of efficacy compared to
13 existing GLP-1 agonists, both in glycemic and
14 weight benefits, giving an average A1c drop of
15 1.8 percent and weight loss of 10 to 14 pounds most
16 recently in SUSTAIN 7, all with once-weekly dosing.

17 Semaglutide could be a huge win for patients
18 with type 2 diabetes, not to mention obesity and
19 even prediabetes down the line. Semaglutide would
20 join exenatide and dulaglutide as a once-weekly
21 formulation, but the data show that it simply
22 performs better as a GLP-1 agonist. It balances

1 efficacy and patient-friendliness in a way that no
2 GLP-1 agonist has before. As far as injectable
3 therapies go, semaglutide is also simpler to
4 prescribe and dose than insulin and fixed ratio
5 combinations making provider-friendly as well.

6 Moreover, more choices are better for
7 patients and patient access. Assuming pricing
8 similar to Victoza, we would imagine a high level
9 of interest from both patients and providers.
10 Perhaps most importantly, patient satisfaction and
11 ease of use promote adherence. In a theoretical
12 world, high adherence encourages reimbursement,
13 meaning more patients can access breakthrough
14 therapies like semaglutide.

15 Traditionally, the FDA has not concerned
16 itself with matters of patient access. Still,
17 we've recently seen Commissioner Gottlieb introduce
18 the Drug Competition Action Plan with the goal of
19 improving consumer access to medications. In this
20 environment, the patient access implications of
21 another truly disruptive GLP-1 agonist should not
22 be ignored.

1 We fully believe semaglutide will shake up
2 the GLP-1 class for the better and strongly
3 encourage the committee to consider the benefit
4 this would have for patients. I'm looking forward
5 to the rest of the day's discussion and thank you
6 again for this opportunity.

7 DR. WILSON: Thank you very much. We're
8 skipping the number 11. I guess that's good luck,
9 but we'll come back to that. Speaker number 12,
10 please state your name, any organization you
11 represent.

12 MS. DOVE: Good afternoon, and thank you for
13 the opportunity to speak today. My name is Abigail
14 Dove, and I'm an associate at Close Concerns. I'm
15 speaking on behalf of dQ&A, a diabetes and
16 obesity-focused market research company that
17 provides pharmaceutical and medical device
18 companies, as well as many leaders in the field,
19 with insights into the patient perspective from a
20 panel of 10,000 people with diabetes.

21 Today we have seen impressive clinical data
22 on semaglutide, showing overwhelming benefit not

1 only for glycemic control but also a host of
2 additional outcomes, notably weight loss, more time
3 spent in range and out of hypoglycemia, and even a
4 suggestion of a cardioprotective benefit.

5 I believe that the approval of this drug,
6 with its impressive effect on these crucial
7 outcomes beyond A1c, would represent an important
8 step forward in diabetes care, offering patients a
9 new level of efficacy to address the factors they
10 care about most.

11 To this end, data from a series of recent
12 dQ&A studies powerfully illustrate the importance
13 of these beyond A1c factors to patients' feelings
14 of success and how the majority of current therapy
15 options, unlike semaglutide, aren't delivering on
16 this front.

17 In a study soon to be published in Clinical
18 Diabetes, dQ&A has surveyed nearly 3500 people with
19 diabetes to assess their priorities when it comes
20 to diabetes care and their perceptions of their
21 current diabetes therapy regimens. The results
22 overwhelmingly pointed prominence of time and range

1 and weight loss from the patient perspective.

2 Patients rated time spent and the ideal
3 blood glucose range as the factor with the biggest
4 impact on their daily lives. But despite the
5 importance of this metric, only 25 percent of
6 people with type 2 diabetes on insulin and
7 38 percent of people with type 2 diabetes not on
8 insulin reported that their current therapies are
9 very successful at delivering in-range numbers,
10 avoiding the extremes of hypo and hyperglycemia.

11 Furthermore, despite the importance of
12 weight management in diabetes care, current
13 diabetes therapies fall similarly short in this
14 domain. Only a small fraction of people with
15 type 2 diabetes, just 10 percent of those on
16 insulin and 17 percent of those not in insulin,
17 indicated that their current diabetes therapies
18 were very successful at reaching or keeping to a
19 healthy weight.

20 Overall, dQ&A's data suggest that current
21 diabetes therapy regimens don't deliver success to
22 the majority of patients when it comes outcomes

1 like weight loss and keeping blood glucose in range
2 and out of hypoglycemia, which matters so
3 critically to people with diabetes. We see these
4 as unmet needs that semaglutide, if approved, would
5 certainly address.

6 Even more definitive evidence of the desire
7 among patients for a therapy beyond A1c benefits of
8 semaglutide comes from a newer dQ&A study. At the
9 request of the diaTribe Foundation, dQ&A surveyed
10 over 4,000 people with diabetes to assess their
11 preferences for what matters most in a diabetes
12 therapy, asking participants to repeatedly choose
13 between hypothetical diabetes drugs with different
14 profiles in terms of efficacy, side effects, and
15 injection burden.

16 Using a statistical technique called
17 conjoint analysis, from these data, dQ&A was able
18 to mathematically parse out the relative importance
19 patients place on these different features. The
20 analysis revealed that people with type 2 diabetes
21 were most compelled by a drug's ability to promote
22 weight loss, closely followed by a once-weekly

1 dosing regimen, promoting more time spent in range,
2 and a minimization of hypoglycemia. Surely, the
3 study participants would be thrilled to learn that
4 an existing therapy, semaglutide, actually has all
5 of these qualities and more considering the
6 evidence for cardioprotection.

7 As a member of the Close Concerns team
8 attending dozens of scientific meetings each year,
9 I've witnessed substantial excitement from
10 clinicians regarding semaglutide as a potential
11 best-in-class agent in the GLP-1 class. This is
12 certainly remarkable, but as I see it, what's even
13 more striking about semaglutide is the rare
14 potential for the clinical enthusiasm surrounding
15 this agent to be matched by equal excitement from
16 patients themselves since, as these data suggest,
17 semaglutide offers precisely the benefits that
18 patients value most. This is particularly
19 confidence-inspiring in terms of adherence, which
20 has traditionally been a challenge for the nearly
21 40 diabetes drugs approved in the past decade.

22 As you make your decision on semaglutide's

1 approval, I hope the advisory committee will take
2 into account on how strikingly this agent aligns
3 with the preferences of people with diabetes. This
4 truly is historic opportunity to make available a
5 diabetes therapy with next-level efficacy not only
6 for glycemic control but also for beyond A1c
7 outcomes with critical importance in patients'
8 daily lives. Thank you so much for your
9 consideration.

10 DR. WILSON: Thanks very much. Speaker
11 number 13, please state your name and any
12 organization you represent.

13 MS. MARATHE: Good afternoon, and thank you
14 for this opportunity to share my perspective on
15 semaglutide. My name is Pyal Marathe, and I work
16 for Close Concerns, a healthcare information
17 company that aims to improve patient outcomes by
18 making everyone smarter about diabetes and obesity.
19 As far as disclosures, almost 304 and nonprofit
20 organizations, including today's sponsor, subscribe
21 to our fee-based newsletter called Closer Look.

22 The Close Concerns team, myself included,

1 attends more than 50 scientific meetings each year,
2 conversing with a wide range of thought leaders in
3 the diabetes and obesity fields. This exposure to
4 the forefront of clinical research and to the
5 latest clinical opinions on best practice diabetes
6 care is what leads me to believe that semaglutide
7 would be an enormously valuable addition to the
8 diabetes treatment arsenal.

9 There seems to be little dispute in the
10 community that semaglutide has shown profound and
11 consistent A1c reductions in weight loss across an
12 array of randomized-controlled trials. There's
13 tremendous enthusiasm among clinicians, diabetes
14 educators, and patients advocates for the GLP-1
15 receptor agonist class, one of the only downsides,
16 being low adherence in the real world.

17 As we've heard time and time again, the best
18 medicine on the planet won't do any good if a
19 patient doesn't take it. IMS Health published a
20 report last year showing that poor adherence is
21 responsible for between 4 and 15 percent of
22 diabetes complication costs incurred by the

1 healthcare system. In the U.S., this amounted to a
2 grand total of \$4 billion or more than \$14,500 per
3 patient lifetime.

4 Enter semaglutide, a once-weekly GLP-1
5 agonist that cuts injection burden into one-seventh
6 or one-fourteenth. This is much easier for
7 patients to take. Too often, real-world evidence
8 doesn't match up with data from
9 randomized-controlled trials because of forced
10 adherence, but this is less likely to happen with
11 once-weekly semaglutide. At Close Concerns, we
12 can't wait to see the real-world findings on this
13 very potent, effective therapy.

14 Even within the highly-praised class of
15 GLP-1 agonists, semaglutide boasts potential to
16 rise above the rest. One reason is the better
17 adherence, and additionally, semaglutide has shown
18 superior A1c reductions in weight loss in a
19 head-to-head comparison with another once-weekly
20 candidate already on the market, dulaglutide.

21 This impressive data speaks for itself, but
22 I also want to quote one renown thought leader who

1 said a 0.4 percent A1c treatment difference is a
2 thrashing in the head-to-head trial business, half
3 a drug's worth. Importantly, this study found no
4 correlation between semaglutide and diabetic
5 retinopathy.

6 As best-practice diabetes care shifts toward
7 more comprehensive approaches, providers are
8 favoring therapies that not only lower A1c but that
9 also improve critical outcomes beyond A1c,
10 including body weight, frequency, and severity of
11 hypoglycemia in cardiovascular health. Semaglutide
12 shines on all of these parameters.

13 The agent seems to produce a new level of
14 weight loss unheard of with current options for
15 chronic weight management, demonstrating
16 superiority even to high-dose liraglutide, another
17 GLP-1 agonist manufactured by today's sponsor.

18 Obesity is a clear public health problem in
19 this country in its own right, also inextricably
20 linked to the type 2 diabetes epidemic. And it's
21 vital that better therapies are made available to
22 patients to support weight loss.

1 Semaglutide's glucose-dependent mechanism of
2 action minimizes hypoglycemia risk, which is
3 important because of the outrageous costs and
4 because fear of hypoglycemia causes 72 percent of
5 primary care physicians and 79 percent of diabetes
6 care specialists to treat diabetes less
7 aggressively than they otherwise would.

8 Based on these stats, it's no wonder
9 glycemic control is suboptimal at the population
10 level. But approving semaglutide would be a step
11 in the right direction because you'd be adding a
12 treatment option to the diabetes toolkit that
13 efficiently lowers A1c without increasing
14 hypoglycemia risk.

15 With all these benefits in tow, it would
16 truly be a shame to keep semaglutide away from
17 people with diabetes in the real world, especially
18 when a singular safety concern could be well
19 managed with proper patient selection, education,
20 and monitoring for retinopathy risk factors. All
21 of this, I think, could be clearly stipulated on a
22 semaglutide product label.

1 Let's not forget that the base rate of
2 retinopathy is small in comparison to the rate of
3 patients above their 7 percent A1c goal. It's also
4 small in comparison to the rate of obesity in the
5 United States, higher than 20 percent in all states
6 and territories, reaching 38 percent of the adult
7 population in West Virginia according to the CDC's
8 2016 figures.

9 The impact retinopathy on patients should
10 not be minimized but nor should severe unmet need
11 for more effective anti-diabetes therapies like
12 semaglutide. Very soon, I hope to see this
13 medicine out there helping patients control their
14 blood sugars and lose weight with easy-to-take
15 once-weekly doses.

16 In closing, I'd like to again sincerely
17 thank you for this time and for all the work you do
18 to get safe, effective therapies into patient
19 hands.

20 DR. WILSON: And we have one more speaker.
21 Please introduce yourself and any organization you
22 represent. Thank you.

1 DR. DARSOW: Thank you. Good afternoon. My
2 name is Dr. Tamara Darsow, and I'm the senior vice
3 president of research in consumer programs at the
4 American Diabetes Association. The association
5 represents over 14,000 healthcare providers and
6 scientists, as well as the 30 million Americans
7 with diabetes. I have no financial conflicts of
8 interests on the matters under discussion here
9 today.

10 The ADA does not testify in support of
11 individual products, however, we do strongly
12 support the need for continued innovation and
13 research toward developing new therapies to address
14 the many persistent unmet needs that exist for
15 people with diabetes to further reduce
16 diabetes-related complications and to improve
17 quality of life.

18 Type 2 diabetes is a complex metabolic
19 disease and is strongly associated with obesity as
20 is illustrated by the close association between the
21 increasing problems of the two diseases.

22 More than 80 percent of people with type 2

1 diabetes are overweight or obese, and we know that
2 modest, sustained weight loss can produce
3 clinically meaningful reductions in blood glucose,
4 in A1c, and in triglycerides, and that greater
5 weight loss produces even greater benefits. This
6 includes reduction in blood pressure, improvements
7 in LDL and HDL cholesterol, and reductions in the
8 need for medications to control blood glucose,
9 blood pressure, and lipids.

10 Weight loss-related improvements and
11 glycemic control are most likely to occur early in
12 the natural history of the disease and when insulin
13 secretory capacity is relatively preserved. And
14 consequently, lifestyle change with the objective
15 of weight reduction is a cornerstone of diabetes
16 management from the point of diagnosis.

17 However, lifestyle changes are difficult to
18 implement for many people and even harder to
19 maintain over the long term. And even when
20 successful, lifestyle alone may not be enough to
21 control blood glucose and risk factors associated
22 with diabetes given, again, the natural history of

1 the disease. So weight management becomes an
2 obstacle for many people with type 2 diabetes.

3 Another urgent unmet need in diabetes is the
4 management of cardiovascular disease risk.

5 Diabetes is an independent risk factor for
6 cardiovascular disease, and people with type 2
7 diabetes are about twice as likely to develop CVD
8 than people without diabetes.

9 CVD is also the largest contributor to the
10 direct and indirect cost of caring for people with
11 diabetes, and diabetes and cardiovascular risk
12 factor management is typically addressed using
13 multiple medications in combination treating
14 hyperglycemia, hypertension, hyperlipidemia.
15 However, despite significant advances in glycemic
16 and cardiovascular risk factor management, still
17 less than 20 percent of people with diabetes
18 achieve treatment targets for A1c, blood pressure,
19 and lipids, and significant residual cardiovascular
20 disease remains.

21 Now we are entering into this era of having
22 therapeutic options that improve outcomes beyond

1 glycemic control. With some antihyperglycemic
2 medications demonstrating a favorable impact on
3 weight, cardiovascular safety, and in some cases
4 even cardiovascular benefit, for nearly 30 years,
5 the American Diabetes Association has published our
6 standards of care for diabetes, the preeminent
7 evidence-based guidelines for the treatment of
8 diabetes; and the standards recognize that the
9 treatment of type 2 diabetes is not just about
10 managing hyperglycemia but also the associated
11 comorbidities such as obesity and cardiovascular
12 disease.

13 For most patients, treatments that safely
14 address hyperglycemia in the context of weight
15 management and cardiovascular risk reduction are
16 needed to effectively manage the disease. People
17 with type 2 diabetes deserve access to advanced
18 therapeutic options that address these unmet needs.
19 Thank you.

20 **Clarifying Questions to the Applicant (continued)**

21 DR. WILSON: Thank you very much.

22 The open public hearing portion of the

1 meeting is now concluded, and we will no longer
2 take comments from the audience. Really, thank you
3 very much. It's a tough time of the day, and those
4 were all excellent presentations.

5 The committee will now turn its attention to
6 address the task at hand, careful consideration.
7 But before we do that, we have to finish up some of
8 our morning business.

9 The first is the morning carryover for some
10 of the questions to the sponsor, and then
11 secondarily after that, any data that we asked just
12 before lunch. Carryover is from the sponsor. We
13 have a list, and we're going to go down that list
14 and see if they still have the questions in front
15 of them.

16 Dr. Rosenberg, you're on the list. Did you
17 have any follow-up with the sponsor, questions?

18 DR. ROSENBERG: Yes. Thank you. I think
19 some of my comments have been addressed or at least
20 we'll discuss them later, comparing the results of
21 the study with the other study in terms of the
22 diabetic retinopathy.

1 I've one question or concern regarding the
2 HbA1c curves, and especially the very high level in
3 the placebo group. We started around 9 and have
4 very little decrease, and it's really very
5 different or quite different from many of the other
6 trials, including with liraglutide.

7 I wonder why this is the case, why it
8 remains so high across time with results, data with
9 all the meds adjustment, and how much that
10 contributed to of course the delta. That has
11 certainly consequence for us in terms of relating
12 to the efficacy of the drug and also to the issue
13 of the diabetic retinopathy. Any comment on this
14 would be appreciated. Thank you.

15 DR. GOUGH: Thank you for that question.
16 The full question I think this morning was not just
17 the A1c but also why we're not seeing retinopathy
18 in some of the other cardiovascular outcome trials.
19 I think it's a function of A1c -- or the question
20 related to A1c, but also more general in terms of
21 the results of cardiovascular outcome trials.

22 Now, I think the first point that I need to

1 make is that there's a clear difference, and it's
2 very difficult to compare between different trials,
3 where they're not head-to-head and you're comparing
4 different trials. There are clearly different
5 characteristics.

6 We know that if we look at the different
7 CVOTs, there were different populations, they had
8 different Alc's, they had different baseline Alc's.
9 For example, in SUSTAIN 6, we had no upper limit of
10 Alc at the time of recruitment, whereas all of the
11 other CVOTs did have an Alc restriction of either
12 10 or 10.5 percent. So we did have higher Alc's
13 than has been seen in other cardiovascular outcome
14 trials.

15 We have looked at the changes in Alc in
16 other cardiovascular outcome trials. In the top
17 left-hand corner, I, first of all, give you
18 SUSTAIN 6. And then moving along the top line, you
19 can see EMPA-REG, CANVAS, and then on the bottom
20 line, we have LEADER, ELIXA, and EXSCEL.

21 I think the first point that I need to make
22 is that with respect to the placebo group, we did

1 as well, if not better, with glycemic control in
2 the placebo arm than any of the other CVOTs.

3 I can also tell you that in terms of our
4 trial design and protocol, we did go to great
5 efforts to encourage investigators to improve
6 glycemic control in both treatment arms, including
7 placebo. But what's evident, certainly from
8 SUSTAIN 6, is that semaglutide was so effective in
9 terms of lowering A1c, it was difficult, as you can
10 see from the top left-hand corner, for any other
11 alternative therapy, which included insulin, to
12 come anywhere near the A1c reduction we saw with
13 SUSTAIN 6.

14 But if you look at the gray lines, you can
15 see that in terms of the A1c change to placebo, we
16 haven't done any differently; if anything, slightly
17 better than some of the other cardiovascular
18 outcome trials.

19 Tying this in also to diabetic retinopathy,
20 I think one of the questions that was raised was
21 why have we not seen the diabetic retinopathy
22 complications in these other CVOTs that we've seen

1 in SUSTAIN 6. And again, I go back to, one, our
2 inclusion criteria, which was slightly different
3 but not that different to some of the other CVOTs.
4 But the important point is that we did retinal
5 assessments.

6 I fully accept there are significant
7 limitations with the approach that we adopted in
8 terms of fundoscopy, but what that did do was
9 prompt questions around adverse events. And I'm
10 sure that's the main reason why we have more
11 adverse events in relations to diabetic retinopathy
12 in SUSTAIN 6 than the other CVOTs because we did a
13 retinal assessment at 1-year and at 2-year. And I
14 showed you the data this morning where you can see
15 that most of the events, adverse events, were
16 actually picked up at the time of those
17 assessments.

18 I think finally, what I would want to say is
19 that this early worsening that we've seen -- and I
20 think this has been a theme that keeps coming
21 back -- is not specific to semaglutide. This is a
22 glucose-lowering effect. We have seen it with

1 insulin.

2 As Dr. Aiello has also pointed out, we've
3 also seen it, for example, with bariatric surgery
4 in type 2 diabetes where glycemic control has
5 improved dramatically. It's also been seen
6 post-pancreas transplantation where there's been
7 dramatic improvements in blood glucose, and we're
8 starting to see it with some of the other agents.

9 So this is not a semaglutide-specific
10 effect. What we've seen in SUSTAIN 6, we believe
11 is related to this glycemic effect, a highly
12 efficacious drug similar to some of the other
13 therapies or modalities I've just mentioned.

14 I tried to pick up a number of questions in
15 that response.

16 DR. WILSON: Our next carryover is
17 Dr. Low Wang.

18 DR. LOW WANG: Thank you. My question
19 actually does have to do with this topic of the
20 fact that there was not as much A1c lowering in the
21 placebo group and how aggressive were site
22 investigators instructed to titrate their

1 glucose-lowering therapy, and then also what
2 glucose-lowering drugs were excluded from the
3 trials, mainly SUSTAIN 6.

4 I guess looking at some of these other
5 trials, these other cardiovascular outcome trials
6 of GLP-1 receptor agonists, I looked specifically
7 for any mention of AEs and SAEs related to
8 retinopathy, and there was no mention of any
9 signal. So I still don't understand that despite a
10 couple of the trials having fairly similar lowering
11 of the A1c, about 1 percent in a couple of them.

12 DR. GOUGH: Again, to take your last point
13 first, I do think it's fair to say that in the
14 cardiovascular outcome trials, they have not asked
15 the question that has been asked in SUSTAIN 6. And
16 they have not performed the funduscopy assessment
17 at 1 year and at 2 years that were performed in
18 SUSTAIN 6 which picked up these events.

19 One of the things that I think is fairly
20 clear, that if you don't ask the question and you
21 don't look, you won't pick it up. Funduscopy
22 assessment, as we've heard, is far from ideal, but

1 it did at least prompt that process. And if you
2 look at our adverse events in SUSTAIN 1 to 5, you
3 can see they're consistent with what you would
4 expect in terms of diabetic retinopathy adverse
5 events with other clinical trials.

6 DR. LOW WANG: Could I actually turn that
7 question around and ask, why did you look for
8 retinopathy in the study? What signal was there
9 that prompted you to include that as an outcome?

10 DR. GOUGH: Again, with hindsight, we can
11 ask the question why we did look for retinopathy.

12 (Laughter.)

13 DR. GOUGH: I think importantly, we knew we
14 had the glucose-lowering agent that was effective.
15 And as we've heard, and we've heard from some of
16 the public presentations, it's not just an effect
17 on glycemia that's important; it's effects on
18 diabetes outcomes including cardiovascular outcomes
19 and microvascular outcomes.

20 As Dr. Hvelplund mentioned when he presented
21 SUSTAIN 6, we have this composite. Again, you can
22 ask the question, why do we have that composite.

1 But we had a composite of nephropathy and
2 retinopathy because we believe that there would be
3 a potential benefit. I think that's fair to say.

4 Can I address your first points, which were
5 in relation to how did we try and ensure that the
6 placebo group did have good glucose-lowering, but
7 what lengths did we go to? And maybe I can call
8 upon Anders Hvelplund just to take you in a little
9 bit more detail into the protocol.

10 DR. HVELPLUND: With regard to SUSTAIN 6, I
11 think it's important to point out that it was not a
12 treat-to-target trial. There were individualized
13 targets for the patients. They were not allowed to
14 go on another GLP-1 receptor agonist, but apart
15 from that, they were allowed to use all the other
16 glucose-lowering drugs.

17 We did, throughout the course of the trial,
18 send out global letters, including blood glucose
19 treatment guidelines to all sites in order to
20 remind them and to reiterate the treatment
21 guidelines available. And that was followed up
22 during the trial with global letters and direct

1 contact with sites on subjects that had inadequate
2 glycemic control.

3 So throughout the trial, we tried to
4 reiterate the need for glucose lowering for all
5 subjects. And we did achieve that to some extent,
6 but it is difficult when you do not use a GLP-1
7 receptor agonist to get as low as we have gotten
8 with semaglutide.

9 DR. LOW WANG: Just a quick clarification.
10 Were DPP-4 inhibitors also prohibited?

11 DR. HVELPLUND: They could not use DPP-4
12 inhibitors in the SUSTAIN 6 trial, no.

13 DR. WILSON: Dr. Li-Ng, did you have any
14 questions that carryover for the sponsor?

15 DR. LI-NG: I think my only question was
16 about TZD use in the 79 cases of the patients who
17 did have diabetic retinopathy complications.

18 DR. GOUGH: Yes. We have looked at the use
19 of thiazolidinediones in SUSTAIN 6 and specifically
20 in patients with diabetic retinopathy
21 complications, and I can show you those data here.

22 The top part of the table shows you the

1 total SUSTAIN 6 population and how many patients
2 were on a thiazolidinedione when they came into the
3 trial. You can see there were 14 patients in
4 semaglutide 0.5 milligram, 21 patients in
5 semaglutide 1 milligram, and 41 patients on
6 placebo. There were 35 patients that used TZDs in
7 SUSTAIN 6 on semaglutide and 41 in placebo.

8 If we then move down to the bottom table,
9 you can see there's only 1 patient, and that was on
10 a patient on the 0.5 milligram semaglutide dose and
11 was actually also taking a thiazolidinedione both
12 at the time of the event and actually throughout
13 the trial.

14 DR. WILSON: Dr. Budnitz?

15 DR. BUDNITZ: Yes. I just had a clarifying
16 question to make sure I understood the sponsor's
17 proposal for addressing this retinopathy issue now
18 that we have these data.

19 On page 19 of the background materials, it
20 says "Risk minimization activities proposed by the
21 sponsor include labeling with specific wording
22 addressing the risk of retinopathy complications in

1 high-risk patients" in the warning and precaution
2 section.

3 I'm not quite sure if I clearly understand
4 who these high-risk patients are. Is it folks with
5 preexisting severe retinopathy or what exactly do
6 you mean by that?

7 DR. GOUGH: What we have shown with respect
8 to a patient's developing diabetic retinopathy
9 complications are that they are those patients with
10 preexisting retinopathy. So clearly, there's the
11 first category in which we have high-risk
12 individuals. But in addition, it's those patients
13 that had diabetes of long duration, patients with a
14 high baseline A1c, and patients then that also had
15 a high A1c reduction.

16 What we would recommend the direction of
17 that label is to help clinicians who have a patient
18 in front of them with diabetic retinopathy and also
19 a high A1c so that they can then manage the
20 glycemic control appropriately as has been
21 highlighted by Dr. Aiello following standards of
22 care in local clinical guidelines.

1 DR. BUDNITZ: Just to clarify, it's a little
2 bit more than the standard warning that might be in
3 an insulin label, you're suggesting?

4 DR. GOUGH: The proposed warning, or the
5 warning that we would be proposing, would be a
6 similar language to that currently used by
7 insulins, and that specifically rapid improvement
8 in glucose control associated with temporary
9 worsening of diabetic retinopathy has been observed
10 and that patients with a history of diabetic
11 retinopathy should be monitored according to local
12 guidelines, and that includes patients with varying
13 degrees of baseline A1c.

14 DR. HIATT: I'm sorry to interrupt, but
15 that's a warning. You don't want that -- that's
16 where you want that in the label, as a warning; is
17 that right?

18 DR. GOUGH: I think that the final label
19 will follow on from discussions with the agency.

20 DR. HIATT: Sure. Okay. It's not a black
21 box?

22 DR. GOUGH: No, that's not what we're

1 proposing.

2 DR. HIATT: I'm just clarifying.

3 DR. GOUGH: This will follow discussion --

4 DR. HIATT: Has there been discussion of a
5 REMS program about this or not?

6 DR. GOUGH: No, there has not.

7 DR. HIATT: Great. Thanks.

8 DR. WILSON: Dr. Ferris?

9 DR. FERRIS: There were a number of
10 questions that I had earlier, and we didn't get to
11 any of them. Looking at outcomes by free form AEs,
12 having spent a lot of time looking at free form
13 AEs, is difficult at best. All one has to do is
14 look at how they're reported across clinics to
15 realize the differential reporting with regard to
16 what Dr. Rosenberg was asking this morning.

17 I agree with him that with a sample size
18 this big, randomization is likely to do a pretty
19 good job of balancing out the severity or
20 retinopathy. However, when the event rates are as
21 low as this and, I would guess, irreproducible as
22 this, the chance that random chance winds up

1 relating the outcome is pretty good.

2 In fact, I was saying to Jim Neaton earlier
3 that this sort of reminds me of crowdsourcing in
4 terms of the carefulness of the way this data was
5 collected on retinopathy and perhaps goes to the
6 power of the central limit theorem that this may be
7 noisy data.

8 It may be true that there was early
9 worsening. Actually, I couldn't say whether there
10 was early worsening or not based on this data. I'd
11 have to take randomization as the balancer in terms
12 of retinopathy because retinopathy severity is
13 clearly related to these outcomes, and whether
14 there was confounding here by baseline discrepancy,
15 I can't tell. And I'm still going back to this
16 baseline retinopathy of 8.2 versus 5.2 percent. I
17 just don't know. What is that?

18 DR. GOUGH: Just to clarify a number of
19 those points that you've just made, first of all, I
20 have to say that SUSTAIN 6 was designed as a
21 cardiovascular safety study and that this was not
22 designed as retinopathy study. That was not the

1 primary aim of the study. That's an important
2 point.

3 We did look at assessment of retinopathy in
4 a number of ways, and I accept that the assessments
5 that we made were far from ideal, certainly in
6 terms of funduscopy examination. But what we did
7 do is we did do a funduscopy examination at zero,
8 1 year, and 2 years, and it was protocol-driven.
9 It was included in the protocol. But the way in
10 which we conducted that funduscopy was not
11 standardized in any way, which is a severe
12 limitation of how we did that.

13 What it did do, as I previously mentioned,
14 is it did give us an opportunity to actually
15 identify more adverse events than would previously
16 have happened and has previously been documented
17 with other cardiovascular outcome trials.

18 We did perform funduscopy. We also assessed
19 baseline retinopathy status through the
20 investigator. The investigator had the opportunity
21 to obviously speak to the patients, ask them about
22 their history of retinopathy, collect any

1 information they had in terms of retinal
2 examinations.

3 In answer to part of your question of how
4 did we know about the retinopathy status and
5 proliferative retinopathy, that came through the
6 investigator through the information that they
7 collected from the patient, and not specifically
8 from the fundus examination.

9 If that information was there and
10 particularly if it came from a digital assessment
11 using a fundal camera, we would have collected that
12 information, but it was not standardized in any
13 way.

14 In terms of adverse event reporting of the
15 diabetic retinopathy complications, again, I would
16 add that we then adjudicated those adverse events.
17 They were collected for adjudication. Then that
18 formed the basis of the main data. And that's what
19 the diabetic retinopathy complications were, and
20 they were evaluated by an independent event
21 adjudication committee.

22 DR. FERRIS: Let me follow up on that for a

1 second. If there was an AE reported, you had an
2 opportunity to validate it; is that what you're
3 saying?

4 DR. GOUGH: If there was an adverse event
5 and it was considered by the investigator to
6 possibly related to diabetic retinopathy
7 complications, further information was collected,
8 and those source data were then sent to the EAC.

9 In addition, we did a search of our own, the
10 MedDRA search. If anything was missed that could
11 be possibly related to diabetic retinopathy adverse
12 events, we would then pick those up, and, again,
13 information could be collected and fed into the
14 EAC. So the EAC received information from
15 different sources, not just from the investigator
16 but also from our search.

17 DR. FERRIS: I totally agree that the fact
18 that you had an eye exam of some sort is likely to
19 turn up more eye problems than if you didn't have.
20 I get the false part of the positive. I get your
21 ability to check the positives.

22 Are you suggesting that this MedDRA search

1 would pick up the negatives or false negatives?

2 DR. GOUGH: It would pick up anything
3 related to diabetic retinopathy.

4 DR. FERRIS: If somebody wrote it down.

5 DR. GOUGH: If it was collected there was an
6 adverse event.

7 DR. FERRIS: You did not have a form asking
8 specific questions as I understand.

9 DR. GOUGH: In terms of adverse events, no,
10 that was collected through the investigator and
11 their assessment.

12 DR. FERRIS: And what about this 20 percent
13 proliferative retinopathy I'm sort of stuck on?

14 DR. GOUGH: As I mentioned, that would have
15 come from the investigator and his assessment of
16 the patient in terms of whether the patient
17 reported that's what they had or whether there was
18 retinal examination information available to be
19 scrutinized by the investigator. But again, I
20 accept that this would not have been a compressive
21 way of collecting that information. But it was the
22 best that we attempted to do within a

1 cardiovascular outcomes trial.

2 DR. FERRIS: On the one hand, we're given
3 20 percent proliferative retinopathy. And if I'm
4 reading this table right, it says based on
5 retinopathy, any retinopathy -- I don't know what
6 kind of retinopathy -- is 8.2 versus 5.2 percent.
7 You understand why I'm having trouble with this
8 data.

9 DR. SMITH: I think that was from our
10 statistics presentation, the 8.2 versus
11 5.2 percent, although it might have been at yours
12 as well. That's among the patients who were
13 categorized as having baseline retinopathy, which
14 you just had a conversation about.

15 DR. FERRIS: A [indiscernible] percent
16 increase?

17 DR. SMITH: Then among those patients with
18 baseline retinopathy, 8.2 percent in the placebo
19 arm -- excuse me -- 8.2 percent in the semaglutide
20 arm, 5.2 percent in the placebo arm had at least
21 one event during the trial that was considered a
22 diabetic retinopathy complication event, one of

1 those four.

2 DR. FERRIS: One of those four?

3 DR. SMITH: One of those four. It could
4 have been more than one of those four. But that's
5 patient incidence of at least one of those diabetic
6 retinopathy complication events during the trial.

7 DR. FERRIS: Well, that doesn't add up
8 either because there were only 79 events.

9 DR. GOUGH: No. Sorry, can I clarify that?

10 DR. FERRIS: Yes.

11 DR. GOUGH: In terms of the number of
12 patients that we had and the number of events,
13 there were 50 patients on semaglutide and
14 29 patients on placebo --

15 DR. FERRIS: That had events.

16 DR. GOUGH: -- that had an event. That's 79
17 patients in total, and there were 98 events within
18 those 79 patients.

19 DR. FERRIS: I get that.

20 DR. GOUGH: And the majority of patients had
21 a single event. So with respect to patients on
22 semaglutide, 40 patients had a single event,

1 9 patients had 2 events, and 1 patient had
2 4 events. In terms of placebo, there were
3 27 patients with a single event, with one having 2
4 events, and one actually having 7 events, and the
5 two patients that had 4 and 7 events were
6 interventions.

7 DR. FERRIS: But that doesn't come anywhere
8 close to 8 percent.

9 DR. HSUEH: The 8.2 percent is the event
10 rate.

11 DR. FERRIS: What's the event?

12 DR. HSUEH: Okay. The numerator is the
13 subjects with the event divided by the total number
14 of subjects in that subgroup.

15 DR. FERRIS: 1648. Let's not do 8 percent.
16 Let's do 10 percent. That's 168 events. It's not
17 even close.

18 DR. CHONG: The 8.2 is only in the
19 subpopulation with diabetic retinopathy with a
20 baseline of -- I think we said 20 percent of the
21 1600 or something like that.

22 DR. FERRIS: Twenty percent of proliferative

1 retinopathy, according to this. Proliferative
2 retinopathy, could that have been any retinopathy?

3 DR. GOUGH: To clarify, the 8.2 was the
4 percentage of diabetic retinopathy complications
5 from patients who had retinopathy at baseline.

6 DR. FERRIS: Okay. Well, if you had
7 20 percent with proliferative retinopathy, those
8 with non-proliferative retinopathy in any kind of
9 population, or 4 or 5 times that, is it possible
10 that what was counted as proliferative retinopathy
11 here was really any retinopathy?

12 If I remember, your categorization was
13 normal, non-normal but clinically significant, and
14 then abnormal, and abnormal and clinically
15 significant. So you didn't really have
16 proliferative retinopathy.

17 DR. GOUGH: Yes. Sorry. These two
18 categorizations were collected two different ways.
19 I'm sorry if we haven't made this clear. In terms
20 of normal, abnormal, and clinically abnormal, that
21 was in the opinion of the investigator based upon
22 fundoscopic examination performed at baseline, at

1 1 year, and at 2 years.

2 So that's where that categorization came
3 from. We asked the investigator, after the
4 funduscopy was performed, if they could then score
5 the findings as either normal, abnormal, and if
6 abnormal, whether they were clinically significant.

7 In terms of assessment of proliferative
8 retinopathy at baseline, that came from the
9 investigators' consultation with the patient in
10 terms of what the patient told him or her and
11 whether there was a report of a fundal examination
12 performed at that time or within this previous
13 90 days. So those two bits of information were
14 collected to separate ways.

15 DR. FERRIS: So the proliferative
16 retinopathy came from history, not from exam?

17 DR. GOUGH: Exactly, yes.

18 DR. FERRIS: I would never ask a patient
19 whether they had proliferative diabetic
20 retinopathy. Most of them wouldn't -- I mean, it's
21 not -- they know they have diabetic retinopathy.

22 I don't think I have any --

1 DR. WILSON: In the interest of -- we have
2 several discussion questions, and some of these
3 topics are going to be revisited. Before we go to
4 start our discussion questions, was there, either
5 from the FDA or from the sponsor, any further
6 clarifications that you definitely wanted us to see
7 before we moved into the discussion?

8 DR. GOUGH: We did have two further
9 clarification points.

10 DR. WILSON: Okay. Could we quickly go
11 through those?

12 DR. GOUGH: Yes. The first one related to
13 the MACE events and the analysis of 122 events.
14 Maybe I can call upon Darren McGuire to take that
15 question.

16 DR. McGUIRE: Thank you. Darren McGuire,
17 UT Southwestern Medical Center in Dallas. I am a
18 professor of medicine there, a general
19 cardiologist, clinical trialist involved in
20 diabetes and cardiovascular outcomes trials, and
21 maybe some clarity around some of the questions
22 Dr. Hiatt asked. I asked the same questions as I

1 got introduced to these data. I was not involved
2 in the design or execution of the SUSTAIN 6 trial.

3 Just going back to the concept of a trial
4 designed to go until both criteria are met, 122
5 events and 2 years minimum follow-up. To be clear,
6 all 3297 patients had been enrolled into the trial
7 at the time the 122nd event was
8 adjudication-confirmed, so there's no way to stop
9 enrollment.

10 So at that point, it was destined to go to
11 2 years. And that occurred roughly around a median
12 follow-up of 1 year. So the event rate was almost
13 two times what would have been projected, and I
14 have my own ideas about why that may have been, and
15 you may have yours. I'd be happy to discuss it, if
16 you'd like to ask questions about why the event
17 rate was so much higher.

18 Then all patients would have 2 years. They
19 didn't have to amend the protocol or re-consent the
20 patients because that was the prespecified design
21 of the protocol. And the conclusion is the same.
22 The FDA may not have done it, but the first

1 question I asked the sponsor to do was let's
2 analyze the first 122 events in this, here on the
3 slide.

4 What you can see is there's a remarkable
5 consistency between the first 122
6 adjudication-confirmed MACE events with an upper
7 confidence limit of 1.01 that mimics the final
8 analysis of 254 MACE events.

9 With these analyses, it would be my
10 conclusion not only did the trial meet the primary
11 specified non-inferiority exclusion of upper
12 confidence limit of 1.8, it eclipsed also the 1.3
13 margin, which is the ultimate criterion for
14 approval for cardiovascular safety, and in fact
15 demonstrated statistical difference between the two
16 groups with the 254 events that were accrued.

17 DR. HIATT: I really appreciate those data.
18 That helps me a lot.

19 DR. WILSON: Okay. Anything further from
20 the sponsor?

21 DR. GOUGH: There was one final question I
22 think related to GFR. I'll call upon Anders

1 Hvelplund to take that question.

2 DR. HVELPLUND: We wanted to put a little
3 more clarity in the context around the measurements
4 we did in the SUSTAIN 6. First of all, with regard
5 to eGFR, showing you here the mean eGFR over time
6 in the total population, and as you may appreciate,
7 we see the initial drop with the two semaglutide
8 doses, and then they follow each other out to
9 2 years and not really a difference, as shown on
10 top, between the 0.5-milligram dose and the placebo
11 0.5-milligram dose with an estimated treatment
12 ratio of 1.00, and the same goes for the
13 1-milligram dose.

14 Then you asked with regard to splitting this
15 up, and I can show you here, this split up with
16 regard to renal function at baseline, you see
17 around 30 percent with normal renal function in the
18 top left corner, and then they're around 40 percent
19 with mild renal impairment to the top right, and
20 then the two lower panels show the more severely
21 renally impaired.

22 As you may appreciate here, there does not

1 seem to be much of a difference when you look at
2 least in those that have renal impairment at
3 baseline, a slight difference with regard to those
4 that have normal renal function.

5 This is also something we've seen in the
6 other SUSTAIN trials, and we also see it for the
7 comparators we have had in the other SUSTAIN
8 trials. So that is a similar phenomenon we have
9 observed with insulin, sitagliptin, and also
10 exenatide extended release.

11 In all, we can say that we've looked at a
12 broad range of renal function and shown both
13 efficacy and safety.

14 You did also ask with regard to urine
15 albumin/creatinine ratio, and I can show you that
16 here, showing that from a baseline offset of around
17 40, we had an initial drop actually in the urine
18 albumin/creatinine ratio, and then they were
19 parallel throughout the course of the trial.
20 Around a little more than half the patients had a
21 normal albuminuria at baseline, and around 25 to
22 30 percent had microalbuminuria at baseline.

1 DR. WILSON: Before we move on, is that
2 satisfactory response, Dr. Palevsky?

3 DR. PALEVSKY: It's a satisfactory response.
4 I'd point out that in the normal group, that
5 difference in GFR represents a very trivial
6 difference in serum creatinine, so it would be
7 extremely difficult to interpret.

8 DR. WILSON: Dr. Neaton, did you have --

9 DR. NEATON: Thank you. A couple of
10 clarification questions. I'll start with the one
11 on the diabetic retinopathy. Just to be absolutely
12 clear there's no systemic difference being
13 introduced into your calculations of incidents,
14 these began with self-reported AEs.

15 Were these AEs collected throughout the
16 2 years of follow-up even if people went off
17 treatment?

18 DR. GOUGH: Yes, they were collected
19 throughout the course of the trial.

20 DR. NEATON: So they had to make a judgment
21 as to whether or not the -- they did not have to
22 make any judgment about whether those AEs were

1 related to the treatments under study.

2 DR. GOUGH: The patient made no judgment,
3 no.

4 DR. NEATON: No, no, the investigator in
5 terms of reporting them.

6 DR. GOUGH: They were all reported, but if
7 they triggered -- there was also an instruction
8 that if they hit one of these -- if they suspected
9 one of the four criteria that I've mentioned in the
10 DRC, then further information was collected.

11 DR. NEATON: And that's true even if people
12 went off treatment in the first year of the study?

13 DR. GOUGH: Correct, yes.

14 DR. NEATON: The second question, this is
15 maybe for you and the FDA. I'm not sure that I
16 understood the term "retrieve dropout" for the
17 hemoglobin A1c comparison. For example, this
18 morning, I heard, if I heard it right, that in the
19 sponsor's analysis, they only counted hemoglobin
20 A1c events up until the time a person went off
21 their study treatment or they went on rescue
22 treatment. Is that correct?

1 DR. GOUGH: To take --

2 DR. NEATON: But you also said in your
3 presentation that you continued to collect data
4 just like for the AEs on hemoglobin Alc's. I
5 didn't understand what you had to retrieve. It
6 seemed like the data should have been there for the
7 people that went off treatment and that also went
8 on rescue treatment during the trial to do an
9 analysis on.

10 I mean that's kind of what I would call an
11 intention-to-treat analysis. It's not just the
12 intention-to-treat population; it's basically
13 counting the data throughout the entire period of
14 follow-up, 2 years for your cardiovascular outcome
15 study.

16 Were those data there, and that's what you
17 mean by retrieve dropout, or did you actually have
18 to go back and bring people back in and do
19 measurements or something?

20 DR. GOUGH: To provide clarity on that, I'll
21 call upon Lars Damgaard, my biostatistician.

22 MR. DAMGAARD: Lars Damgaard, Novo Nordisk.

1 The data were in the database. I guess the
2 retrieve dropout is in the sense that they
3 discontinued treatment, and as such, we are using
4 the word "retrieve dropout" from treatment.

5 DR. NEATON: So you're just using the data
6 now for post-discontinuation --

7 MR. DAMGAARD: Yes.

8 DR. NEATON: -- or post-rescue.

9 MR. DAMGAARD: Yes. What we are doing -- I
10 can bring up a figure here, and just stop me if it
11 gets too technical. Basically, we are grouping all
12 the data into three groups. We have the group, on
13 the left, group 1. That is subjects that, at the
14 end of the trial, has a missing HbA1c value that we
15 need to impute to maintain randomization.

16 Then we have the group 2. That is what we
17 call retrieve dropout, and that is the patient that
18 informed the imputation of the missing data in the
19 first group. And that is subjects that has
20 discontinued treatment, continued in the trial, and
21 have provided a HbA1c value at the end of trial,
22 week 30 or week 56.

1 Then we have remaining subjects that are not
2 considered when we are imputing that data, but of
3 course are considered when we are analyzing the
4 data after we have done the multiple imputation.

5 DR. NEATON: Approximately how big was
6 group 1?

7 MR. DAMGAARD: Group 1 in this analysis was
8 in the range from 5 to 8 percent.

9 DR. NEATON: All right. Thank you. Just
10 one question. I have to say I'm a little bit
11 surprised that when I looked at the hemoglobin A1c
12 curves that the FDA presented and that you
13 presented, they looked almost identical.

14 So this other analysis seems to have made no
15 difference in the sense that the placebo remains
16 flat and the two treatment curves begin to slope
17 upwards, and there's a bit of a treatment effect
18 lost with longer follow-up.

19 Is that your interpretation?

20 DR. GOUGH: Yes. The multiple sensitivity
21 analyses that were performed come to the same
22 conclusion in terms of A1c and efficacy.

1 DR. NEATON: Also, it's not like a kind of
2 improved effect on placebo. It's a flat effect on
3 placebo and a loss of effect on the treatment over
4 24 months. That's the reason for the loss of
5 treatment difference at 2 years versus the first
6 6 months.

7 DR. GOUGH: Could I just call upon
8 Darren McGuire just to comment on that?

9 DR. NEATON: I'm speaking of the hemoglobin
10 A1c measurements now, yes.

11 MR. MCGUIRE: Darren McGuire,
12 UT Southwestern. Just to be clear, SUSTAIN 6 was
13 designed for glycemic equipoise, not an A1c-treated
14 target. So you expect the curves to converge. And
15 to the points earlier about poorly-controlled A1c
16 in these high-risk cohorts, from a cardiologist
17 perspective, we've been taught since 2012 in the
18 guidelines that an A1c target of 8 percent or
19 possibly higher should be the target in patients
20 with advance cardiovascular disease.

21 So the placebo anchors at 8 percent because
22 that's standard clinical practice in many places.

1 And then after the initial acute drop from the
2 efficacy of the drug, the semaglutide-treated
3 patients are being titrated off-label towards that
4 same target probably.

5 I think SUSTAIN 6, it's tough to call that a
6 loss of efficacy as opposed to the natural
7 occurrence of a glycemically equipoised designed trial.

8 **Questions to the Committee and Discussion**

9 DR. WILSON: Thank you very much. We're
10 going to go into the discussion period at this
11 point unless there is any further need for
12 clarification. We have lots more work to do here,
13 as you're going to see.

14 We're going to do the discussion points one
15 by one. For those of you who have the handout,
16 there are four major discussion points. Topic 3 is
17 the retina question. Let's go through these and
18 pay attention to the words as I read each question
19 that are emphasized and not get off-target so to
20 speak.

21 We want good discussion for each of the
22 items, but then we move on. The first one is going

1 to be related to glucose. I'm going to read it.

2 "The applicant has proposed that semaglutide
3 be indicated as an adjunct to diet and exercise to
4 improve glycemic control in adults who have type 2
5 diabetes mellitus. Discuss the efficacy of
6 semaglutide with respect to glycemic control."

7 We're open for comments from the committee.
8 This group is not pushing buttons. I'd like to
9 hear some comment about in terms of people who with
10 high levels, do they come down towards targets, for
11 instance, of 7 or 8 for an A1c, and also some
12 discussion about hypoglycemic risk. Those are the
13 two things that immediately come to mind.

14 DR. BLAHA: I guess I'll kick things out
15 with a fairly simple response. I was impressed by
16 the consistent response and lowering HbA1c to
17 clinically important levels. It seemed like the
18 hypoglycemic risk was low. It seemed like
19 achieving goal, the percentage achieving goal was
20 favorable in the study.

21 So I was convinced that there was a benefit
22 as an adjunct to diet and exercise for improving

1 glycemic control with this drug.

2 DR. WILSON: That was general. Any comments
3 about hypoglycemia risk? Dr. Neaton, something
4 else?

5 DR. NEATON: I don't have any comment about
6 that, but I just want to say I'm pleased to see
7 that the FDA carried out the analyses that they did
8 because it confirmed what the sponsor had done
9 because I think that's an important kind of a
10 finding in terms of understanding those.

11 DR. WILSON: So your comment is that the FDA
12 and the sponsor found similar results in terms of
13 overall --

14 DR. NEATON: I'm very happy that the FDA
15 convinced them to do the other analysis.

16 DR. WILSON: All right. Dr. Hiatt?

17 DR. HIATT: Like the others, it's hard to
18 refute the efficacy benefit on Alc. It seems
19 pretty dramatic and survived the sensitivity
20 analyses because it's so large.

21 In terms of assessing hypoglycemia, I think
22 the measures in the development program are

1 probably relatively insensitive to pick that up,
2 adverse event reporting. And I think if it's
3 really bad, you might have an excess risk of
4 arrhythmias or cardiovascular events, which wasn't
5 there either.

6 In terms of actually understanding the
7 effect of hypoglycemia, it probably requires more
8 continuous glucose monitoring or other techniques
9 that I don't fully understand.

10 DR. WILSON: Thank you very much. It's
11 great to hear cardiologists talk about
12 hypoglycemia, but we have some endocrinologists
13 here. Are the endocrinologists convinced? Go
14 ahead.

15 DR. LI-NG: I was impressed by the efficacy
16 results in terms of how robust the A1c lowering was
17 in the setting of a low risk of hypoglycemia. I
18 was also impressed by the sustainability of the A1c
19 lowering even at 104 weeks. We don't see that
20 sustainability with some of the oral agents such as
21 the DPP-4 inhibitors. We did see that with
22 liraglutide in the LEADER trial, so this is not

1 surprising. But again, I am impressed by the
2 efficacy results.

3 DR. WILSON: Dr. Rosenberg?

4 DR. ROSENBERG: I would agree with that,
5 with a caveat that it would have been nice to see a
6 little more information about the general context
7 in which this is achieved in terms of co-treatments
8 and other level of risk and adjustment, especially
9 what's happening in the control group. But it
10 appears to be sustained with the limitations that
11 we only have data up to 2 years, which will be a
12 bigger issue for the other items to discuss.

13 DR. WILSON: Have convinced all the
14 endocrinologists? Dr. Weber, Dr. Low Wang?

15 (Affirmative nods.)

16 DR. WILSON: Nodding approvals? Yes.
17 Anything further from either of you? Dr. Low Wang?

18 DR. LOW WANG: I thought it was great to see
19 this degree of A1c lowering, especially compared to
20 another GLP-1 receptor agonist and some of these
21 other agents that are available.

22 DR. WILSON: All right. Dr. Yanovski?

1 DR. YANOVSKI: Yes, I also agree that it was
2 an impressive degree of A1c lowering, but this was
3 also in the context of, I think, an impressive
4 amount of weight loss. And I think it would be
5 actually interesting to determine the degree to
6 which maybe the weight loss was a mediator of some
7 of this increase in efficacy in glycemc control.

8 DR. WILSON: All right. Can I summarize?
9 Do we need any further on this? Let's keep moving
10 onward. We got very strong opinions, favorable A1c
11 across the board, very little risk of hypoglycemia
12 especially compared to other agents in the class.
13 A third key of point was the sustainability across
14 the two years of experience.

15 Anything further? Those are the three key
16 bullets. And I think, if anything, also, perhaps
17 at least as good or perhaps better than some of the
18 other GLP drugs in its class. It's at least one of
19 the leading drugs in its class.

20 Can we go to the second discussion?
21 Discussion question number 2, "Semaglutide once-
22 weekly injection has been studied in 7 phase 3

1 studies and a 2-year cardiovascular outcome study.
2 Excluding issues related to diabetic retinopathy
3 and CV risk, which will be considered subsequently,
4 discuss any safety concerns you have related to
5 semaglutide, if any."

6 Now, I'll tell you my take on this one. If
7 you go to the FDA 18 to 38, you'll see their
8 slides. We're not going to pull those up, but
9 those of you who have those. I'm going to quickly
10 go through the topics, and it would be nice to have
11 some quick consensus-building, what we think
12 concerning gastrointestinal, gall bladder, kidney,
13 immune, cancer, thyroid, blood pressure, and pulse,
14 where there have been investigated differences in
15 some things related to blood testing, related to
16 these issues. But it would be helpful to have some
17 comment for each of those.

18 The floor is open. Start wherever you want.

19 DR. PALEVSKY: I'll jump in on renal. I'm
20 comfortable with the data provided. There does not
21 seem to be any safety issue related to kidney
22 disease.

1 DR. WILSON: And that means both eGFR change
2 and albuminuria, Dr. Palevsky?

3 DR. PALEVSKY: Yes.

4 DR. WILSON: Others? Mike?

5 DR. BLAHA: Mike Blaha. I guess I'll take
6 some of the cardiovascular -- non-cardiovascular
7 outcome issues. I think the lowering of blood
8 pressure, obviously generally speaking, is a good
9 thing. It didn't seem to be there are any
10 cardiovascular risk associated the blood pressure
11 lowering, and probably it's only a benefit.

12 In the heart rate, a small raise in the
13 heart rate seems to be consistent with what we see
14 in this class and didn't give me a safety concern.
15 From an other cardiovascular hemodynamic, I guess,
16 endpoint, I was not concerned about the safety.

17 DR. EVERETT: This is Brendan Everett. I
18 agree with that Dr. Blaha. I think the blood
19 pressure sign is an important one. I suspect it's
20 actually potentially mechanistically related to the
21 reduction in stroke that was seen as a component of
22 the cardiovascular OUTCOME trial. I think it could

1 also be driven, in particular, by the weight loss
2 which I think is -- blood pressure tends to be
3 particularly sensitive to weight loss. I'm not
4 concerned about the changes in heart rate.

5 I think the gastrointestinal effects are
6 obviously very important, but also it may limit the
7 use of the drug broadly, but I don't see any
8 concerns from an approval standpoint. I think the
9 problem, of course, is going to be that many
10 patients won't be able to tolerate the drug because
11 of those side effects.

12 DR. WILSON: Dr. Rosenberg?

13 DR. ROSENBERG: I agree that I don't see any
14 safety signal. I'm just a little concerned that
15 the overall size of the database is limited to
16 detect rare events, so we have to be cautious.

17 DR. WILSON: Anything further related to
18 these -- we haven't heard some of these other
19 topics. Yes?

20 DR. LI-NG: I was comforted by the fact that
21 even though there was an increase in amylase and
22 lipase levels, and calcitonin levels, they did not

1 increase to concerning levels, kind of relieving my
2 concern about pancreatitis and other pancreas-
3 related disorders.

4 DR. WILSON: Dr. Weber?

5 DR. WEBER: Just with regard to what
6 Dr. Everett said, the nausea issue seems to be
7 consistent with other studies. And I would
8 actually postulate that that's a big reason for the
9 sustainability of the weight loss that patients
10 possible are chronically nauseated. I know
11 quality-of-life data wasn't gathered in this trial,
12 but one question that would come up is whether or
13 not people will feel well on this drug. And their
14 benefits from actually losing the weight that we've
15 heard from some of the volunteers would be offset.

16 DR. WILSON: Dr. Low Wang?

17 DR. LOW WANG: Cecilia Low Wang. I agree
18 with the assessment about the issue of increased
19 lipase, which I don't think is clinically
20 significant. There's also no signal that I see for
21 pancreatitis or thyroid cancer.

22 I did want to mention I saw just -- and I

1 wanted to second a point that was made earlier that
2 this database is quite small, the safety database,
3 for certain rare events, but there's a very, very
4 tiny signal for possibly increased breast cancer
5 maybe. And then also, there are more CAD and
6 cardiac failure SAEs that were seen in the
7 semaglutide group.

8 I think just to be cautious -- but we didn't
9 see that manifested in the primary endpoint, so I
10 wasn't concerned about the cardiac SAEs. I do
11 think that in terms of monitoring for malignancies,
12 especially the breast cancer, I would keep a watch
13 on that.

14 DR. WILSON: Anything further?

15 (No response.)

16 DR. WILSON: Okay. I'm going to try to
17 summarize. If we go down through the list, there
18 was well-recognized gastrointestinal side effects,
19 and that's been seen for this class of medications
20 and a variety of comments about how that might
21 actually help patients. But it should not be a
22 barrier for use, and it appears to be seen across

1 the class, and it was rather expected, similar for
2 gall bladder.

3 No concerns voiced especially after the most
4 recent updating for the kidney and albuminuria
5 data. Some concern, at least for -- this is a new
6 class of medication -- to have longer surveillance
7 for cancer safety, especially as been raised for
8 breast cancer safety.

9 This class of drugs is being monitored for
10 special increased risk of medullary carcinoma. The
11 thyroid endocrinologists are aware of this. Other
12 physicians are generally not aware of this, but
13 that's for sure is likely to be continued as we go
14 forward.

15 Our cardiology colleagues mentioned that the
16 blood pressure effects appear to be favorable and
17 may help to explain the stroke decreased risk and
18 not much concern about pulse changes while on
19 therapy.

20 Anything further on this?

21 (No response.)

22 DR. WILSON: Okay. Now, question 3, this is

1 really 3a. What can I say? They number things
2 differently here in Washington. I guess those of
3 us who live outside Washington get used to that.

4 Should I read all of it, the question, all
5 the way through E? Should I do that? I don't
6 know. I'll be honest. Can we do A? Thanks very
7 much.

8 I'll read the opening part and then just A.
9 Prespecified secondary safety endpoint was time
10 from randomization, so the first occurrence of
11 either a need for retinal photocoag, vitreous
12 hemorrhage, treatment with intravitreal agents, or
13 diabetes-related blindness. And the results for
14 this composite endpoint, increased risk with
15 semaglutide hazard ratio of 1.76, which was
16 statistically significant.

17 So Part A is discuss the strengths and
18 limitations of this assessment. And as you can see
19 there, endpoint definitions, ascertainment,
20 adjudication, trial design, other considerations.

21 Now, we've discussed this, so I think it
22 would be helpful the first two or three speakers to

1 try to succinctly summarize some of what we've
2 already discussed because we've already been going
3 back and forth on this a fair amount.

4 This is open now. Who's going to go first?
5 Dr. Ferris?

6 DR. FERRIS: I actually give the sponsor
7 credit for trying to look a little more carefully
8 at retinopathy. One of my rules of clinical trials
9 is something worth doing is worth doing well;
10 something not worth doing isn't worth doing well.
11 This is sort of an example of something that was
12 probably worth doing but wasn't done very well and
13 gets them into trouble when you try to get to the
14 details of looking at this as if it was a primary
15 or important secondary.

16 However, the concept of saying, I want to
17 look at clinically important outcomes in a
18 randomized way systematically I think was pretty
19 good. They have a randomized study, big randomized
20 study. As Dr. Rosenberg was saying, I think it's
21 likely that the retinopathy severity was balanced
22 across groups. We just can't prove it because the

1 way they looked at it I don't think is adequate.

2 They're counting serious events, and they
3 did eye exams to try to improve the ascertainment
4 of these events, so I give them credit for trying.
5 And we wind up with an imbalance. So now we've got
6 this imbalance; what are we going to do about it?

7 Well, it's an imbalance, but it's an
8 imbalance in the direction that we would have
9 expected if you have a pretty large reduction in
10 hemoglobin A1c between two groups. So it's
11 consistent with previous studies, especially where
12 there was a reduction of hemoglobin A1c of that
13 size, albeit they were in type 1 patients.

14 Overall, I'd say they tried to do an
15 assessment of clinically important events. They
16 got an increased risk. That increased risk was
17 consistent with previous studies, and I certainly
18 wouldn't take that to mean that this probably
19 shouldn't be put on the market.

20 DR. WILSON: Dr. Brittain?

21 DR. BRITTAIN: This probably couldn't have
22 been known in advance, but at this point, the clear

1 shortcoming of the study was its length because we
2 couldn't -- if, in fact, things are going to turn
3 around after two or three years, we can't see that.
4 Ideally, the study would have been four or five
5 years and been able to make that determination.

6 So that was the clear limitation, although I
7 can understand that it was not known at the time
8 the study was being designed.

9 I also make the comment that I've heard a
10 lot of people saying the assessment was not as good
11 as it should be. But the fact that we're seeing a
12 difference -- if it's a noisy assessment, if we see
13 a difference -- I mean normally, noise makes
14 differences harder to see, harder to detect.

15 I would be more concerned if we weren't
16 seeing a difference in hearing that the assessment
17 was noisy. But when you see differences when the
18 assessment is noisy, that can be pretty convincing.

19 DR. WILSON: Dr. Hiatt?

20 DR. HIATT: I was going to say pretty much
21 the same thing, that it's clear that the
22 assessments may have been limited, but I don't

1 think it's ascertainment bias. And if it's a noisy
2 assessment, that bias is to the null. So I agree
3 with exactly what you just said, that if there's a
4 signal in that context, then it's probably real.
5 So I would view the signal as real.

6 DR. WILSON: Dr. Rosenberg?

7 DR. ROSENBERG: I'm not sure we can be
8 completely certain that the bias at all was a null.
9 It's likely. We know that this, given the nature
10 of the study, cannot be really blinded. People
11 obviously, participant and investigator, were
12 obviously partially unblinded using HbA1c level.

13 So whether or not that leads to a better
14 assessment in one group or another group, whether
15 it's random or biased, we really have no idea. I
16 would be cautious about that, and that's what
17 worries me.

18 I guess the other, it's more or less for a
19 future study. I don't know if it warrants asking
20 the applicant to do another study or not given the
21 context here and what we know from the literature.
22 But if we really are concerned about an important

1 secondary endpoint, why on earth do we rely to
2 adverse event collection to assess this endpoint?
3 It should be collected as a primary endpoint or as
4 a significant endpoint in a very rigorous manner,
5 which obviously was not done there. And that
6 really limits the interpretation of the results.

7 DR. WILSON: Dr. Li-Ng?

8 DR. LI-NG: I'm going to go to 3e and
9 comment on my level of concern, related to the
10 observed increased risk in diabetic retinopathy
11 complications. I am not surprised by that early
12 worsening retinopathy, and I'm going to relate this
13 to patients that I see that are pregnant and
14 diabetic because I follow a lot of pregnant
15 diabetics.

16 When they come to see me in their first
17 trimester, I don't tell them to not control their
18 sugars because of their risk of worsening
19 retinopathy. I tell them they must control their
20 sugars to protect their fetus, and that there is an
21 increased risk of diabetic retinopathy
22 complications and that those are manageable. I

1 send them to the ophthalmologist, and they get
2 checked every trimester.

3 I think that this data that were being
4 shown, again, I give credit to the sponsors to be
5 looking at this outcome. Does it make noise? It
6 could be. But it does bring to light something
7 that we as clinicians should be aware of, that if
8 we are using a potent antihyperglycemic agent, such
9 as semaglutide or even insulin, and we are
10 improving glycemic control significantly over a
11 short period of time, that risk of worsening
12 retinopathy, as well as worsening neuropathy can
13 occur. And for me, this kind of brings to light
14 what I need to be discussing with my patients when
15 I am considering additional therapies to improve
16 their control.

17 DR. WILSON: Dr. Sleep, you had a comment?
18 No? No. I'm sorry. I apologize. Dr. Del Priore?

19 DR. DEL PRIORE: Thank you. I just wanted
20 to say that I think in terms of a question that's
21 proposed in A, I think there are a lot of obvious
22 issues, which people have brought up, in terms of

1 the assessments.

2 For the non-ophthalmologists in the room,
3 part of the problem is that these are extremely
4 subjective. There are criteria for applying laser
5 photocoagulation, there criteria for applying anti-
6 VEGF therapy. Does every ophthalmologist in the
7 country follow the same thing? Does every
8 ophthalmologist in my department follow the same
9 criteria? No. There's a lot of variation.

10 So this is very different than what was seen
11 in the CVOT trial where the endpoints are
12 essentially acute MI, acute stroke, and death due
13 to a cardiac event. It is problematic. I think
14 that what has been said before, that there is a
15 signal and it is in the direction that we think it
16 should be in, I think are true.

17 Going back and redesigning the study, I
18 think we could all probably think about lots of
19 ways we can do a better job. But I do want people
20 to remember that the endpoints that we're using
21 actually are a little problematic. I suspect that
22 the signal is real, and that it's exactly what we

1 expect it to be.

2 DR. WILSON: All right. In the interest of
3 staying on course and given that we have five parts
4 to this question, I'm going to summarize part A.
5 Dr. Ferris started it off saying this was worth
6 doing, but it wasn't done very well. I think that
7 does summarize the thought of some of us, for sure,
8 as we're listening. The assessments were
9 subjective rather than some of the prospectively
10 objective measurements that might have been
11 refereed or adjudicated by other groups.

12 Dr. Brittain made a comment. If I can
13 paraphrase, the shortcoming was that this study was
14 short. She didn't say it quite that way, but
15 that's what she said.

16 There was controversy about whether we have
17 biased towards the null or away from the null. But
18 the simplistic word is we had subjective
19 assessments, which make it difficult to draw firm
20 conclusions.

21 At least one of the committee members said
22 perhaps a targeted study is needed to address this,

1 but we didn't get any further into that. One of
2 our committee members mentioned there may be
3 special groups for which we should be very
4 concerned about, and since that hadn't come up, I
5 put that in this section here as pregnant patients.
6 One of the summaries was that the study was done
7 using subjective assessments.

8 Let's move on to part B. "One hypothesis
9 regarding this finding is that rapid and large
10 reductions in A1c can be expected to increase the
11 short-term risk of diabetic retinopathy
12 complications. Discuss the extent to which you are
13 convinced that a reduction in blood glucose or A1c
14 is the mediator of the observed increase in
15 diabetic retinopathy complications in SUSTAIN."

16 If you remember from this morning, we saw a
17 data analysis that was looking into how much of the
18 difference was associated with the glucose lowering
19 of the molecule versus potentially other effects.
20 The issue is a mediation -- part of it is, the
21 mediator of the observed increased in risk for
22 retinopathy, was it glucose or potentially other

1 aspects?

2 Any comments? Our statisticians can help us
3 here. What can I say?

4 DR. FERRIS: I thought it was interesting
5 that when you did the analysis to adjust for change
6 in blood hemoglobin A1c, it drove the result or the
7 relative risk toward 1. So that analysis was
8 consistent with the hypothesis.

9 DR. WILSON: Dr. Neaton?

10 DR. NEATON: I would say we don't know, and
11 basically -- this morning, Rick, you said there
12 were 12 hypotheses you could come up with, so it
13 goes beyond this class of drugs. I guess I go back
14 to some of the discussion on the last question.

15 I'm surprised, given the hypothesis that
16 it's related to glycemic control and we have new
17 drugs that do a much better job at that, why there
18 aren't some more focused studies on actually what
19 the incidence is with a better instrument, both
20 short-term and long-term.

21 So I think the answer to this question is we
22 have no idea, and also if it's related to that,

1 whether it's going to disappear in three years.

2 DR. WILSON: Dr. Budnitz?

3 DR. BUDNITZ: Similarly, I think I'm
4 convinced that glucose control is a mediator, but
5 is it the only mediator? I don't know if we can
6 know, and that's why I was trying to look at
7 comparative, other CVOT trials with other drugs in
8 the same class, or other CVOTs that had the same
9 reduction in Alc levels.

10 You also have to have similar populations
11 and risks, and it doesn't seem like we have any
12 studies, at least, that were presented today, that
13 we can make that kind of comparison to try to tease
14 out if there is, at least indirectly, some other
15 drug effect or it's just improvement in glycemic
16 control.

17 In the end, it probably doesn't matter that
18 much because you probably can't tease out the
19 differences, so it does need to be identified
20 anyway. And I guess for the long-term effect, you
21 just need longer studies as Dr. Brittain said.

22 DR. WILSON: Dr. Low Wang?

1 DR. LOW WANG: I have to say that I am not
2 convinced that the reduction in Alc is the only
3 mediator, just as Dan said. But I think the
4 analysis that was done, the post hoc analysis
5 looking at the mean change at week 16 in Alc was a
6 post hoc analysis, so that's a flawed analysis.

7 Then the other thing is that I think that
8 what could have been done, now in retrospect or
9 maybe prospectively in the future, is that the way
10 we could answer this question definitively is
11 trying to maintain the same Alc in both groups.

12 DR. WILSON: Dr. Rosenberg?

13 DR. ROSENBERG: I agree with Jim and the
14 other comments that we don't know and really no way
15 of knowing based on the existing data. My level of
16 conscience in this is just, I would say, very
17 moderate based on what I've heard from my colleague
18 ophthalmologists and endocrinologists, which is
19 based on the results of old studies, mostly in
20 type 1 diabetics. And having not heard about a
21 clear mechanism, that leaves me a little skeptical
22 and uneasy.

1 DR. WILSON: Any further comments? Yes,
2 Dr. Hiatt?

3 DR. HIATT: I'll let up with the, don't-know
4 school of thought, but it keeps company with a
5 label warning with insulin therapy. I did look up
6 before the meeting there are some mechanistic
7 studies looking at reduction in blood sugar in
8 animal models with insulin leading to production of
9 VEGF and HIF-1 alpha that can cause leaky
10 membranes, not to say that relates to this
11 necessarily. I think that it probably has a
12 component of a degree of glycemic-control
13 relatedness, but that's only by association.

14 It's interesting if you look at the patients
15 with preexisting retinopathy at baseline, the
16 number needed to harm is 33. If you calculate that
17 same for the dose without preexisting retinopathy,
18 the number needed to harm is 333, so 10-fold more.
19 Clearly, there's a high-risk group that can be
20 identify I think through labeling to guide
21 clinicians as to how to pay attention to this.

22 My thought is, is I think a component of

1 that association is probably a reduction in Alc,
2 but I wouldn't say that's conclusive. It's
3 associative.

4 DR. WILSON: Dr. Weber?

5 DR. WEBER: There's been some discussion
6 about mechanism, and actually I went to the
7 literature and looked at GLP-1 and the eye. And it
8 turns out there's actually salient effects in
9 animal models involving the blood-retinal barrier.
10 So how do we reconcile this counterintuitive
11 discussion as to why it's harming when we have
12 actually data that it's suggesting there may be
13 some benefits? I think that's important to
14 consider in the context of this discussion.

15 DR. WILSON: Dr. Blaha?

16 DR. BLAHA: Mike Blaha. Must of what I was
17 going to say was actually covered by others,
18 including Dan. But I would just say, as far as the
19 written question here, I'm not convinced -- I don't
20 think any of us can be convinced as in within
21 100 percent certainty that the mechanisms reduction
22 of blood glucose is the mediator, although I

1 thought the analysis that the sponsor did was
2 interesting. It's difficult, of course, because
3 what does the drug do? It lowers Alc's. If you
4 adjust for Alc, you kind of adjust for the drug.
5 But still, I'm reassured that that analysis shows
6 what we would have expected.

7 While I'm not convinced also as a
8 cardiologist who didn't know this data, I am
9 convinced by the DCCT data, which I didn't know
10 just as someone not in the field. It lends me
11 comfort that I think it's possible that this is all
12 an Alc effect. And the DCCT data, thank goodness,
13 we have it, or else we'd be quite confused here.

14 DR. WILSON: Dr. Rosenberg?

15 DR. ROSENBERG: Going back to the comment
16 that we probably can identify a high-risk group,
17 mainly if the patients were preexisting
18 retinopathy, I would probably agree with this
19 comment, although there are some problem of
20 definition of who exactly is at risk. Is it the
21 proliferative one or everybody? I don't think we
22 have the data, given the discussion about the

1 definitions that we had.

2 There's also problem of the generalizability
3 of the results given that a great majority of
4 patients, in this trial at least, had predefined
5 retinopathy to start with. Although the rates in
6 the other who didn't appear very low, we, again,
7 have to be cautious about generalizing to every
8 diabetic in this country.

9 DR. WILSON: All right. Let's get a couple
10 more comments on just the mediation because we're
11 going to move into the other discussion points.
12 Anything further explicitly on mediation? Yes,
13 Dr. Low Wang?

14 DR. LOW WANG: I just wanted to say that
15 even in that post hoc analysis looking at the Alc
16 reduction at week 16, one of the arguments that was
17 made is that the greater the Alc reduction, the
18 higher the risk of retinopathy that was seen.

19 Looking at this graph in the sponsor's
20 slides, it looks like even the people with lower
21 degrees of Alc reduction, so less than 0.5 or 0.5
22 to 1.5, there was a higher incidence of retinopathy

1 seen in those patients that were on semaglutide. I
2 don't know what that means because the group is
3 very small, but it's a signal.

4 DR. BRITTAIN: So again --

5 DR. WILSON: I'm sorry, Dr. Brittain.

6 DR. BRITTAIN: I'm sorry.

7 DR. WILSON: We want to recognize you.

8 DR. BRITTAIN: You pointed at me. I think
9 the data, the analysis, they did showed that this
10 hypothesis is plausible, but it's far from
11 convincing. I also noticed the data that Dr. Low
12 Wang just mentioned. I was thinking about that as
13 well. I also notice that the curves, the
14 Kaplan-Meier curves, are showing no sign of coming
15 together at all, for what that's worth.

16 This is more a final question. It's hard
17 for me to evaluate the relevance of the DCCT data.
18 Obviously, it provides potential comfort, but I
19 don't know, without having data past 2 years, what
20 we really know.

21 DR. WILSON: Can I summarize this part? We
22 still have two or more sections of 3. I'm trying

1 to take the highlights.

2 Our statisticians said we just don't know
3 how this works as a mediation, and they're often
4 the people we always turn to for mediation
5 analyses. The clinical investigators used various
6 words, and they didn't find any of them successful.
7 Is "a" mediator, "the" mediator, didn't like the
8 word "only" mediator. It kept being reemphasized
9 that this is a post hoc analysis for mediation.

10 We wrestled, the endocrinologists especially
11 who say I think we've been wrestling with this,
12 along with retina specialists, this is
13 counterintuitive, this first two-year effect, and
14 perhaps we need much better data to provide more
15 convincing results.

16 A variety of points were made even small
17 differences in the treated arm had retinopathy
18 progression. I like Dr. Brittain's final statement
19 there, mediation plausibility but not convincing at
20 this point.

21 Let's go on to the next part. "Improving
22 glycemic control should be expected to reduce the

1 risk of retinopathy over the long term." And
2 that's not defined. I guess that's up to us to
3 define.

4 "Discuss whether the increase in diabetic
5 retinopathy complications in this two-year
6 controlled trial affects your assessment of the
7 clinical benefits expected from long-term use of
8 semaglutide for glycemic control."

9 The issue here is length and something
10 beyond -- or data beyond 2 years and how it would
11 help us. Dr. Del Priore?

12 DR. DEL PRIORE: I don't think that there's
13 anything surprising if you look at the DCCT
14 results, but I don't think you can tell if these
15 curves are going to cross because you just don't
16 have the long-term follow-up. I think it's our
17 expectation that they might, but in the absence of
18 longer follow-up, we actually don't know if this
19 effect is going to go away or not.

20 DR. WILSON: Dr. Palevsky?

21 DR. PALEVSKY: I would agree with that, and
22 I would add that since we don't know the mechanism,

1 it's plausible but not proven that it was due to
2 the rate of decline in hemoglobin A1c. We don't
3 know that the mechanism that was postulated for
4 DCCT would continue to apply. And the only way to
5 know would be to have longer-term data.

6 DR. WILSON: I'm going to take Dr. Everett
7 first. Dr. Everett?

8 DR. EVERETT: Yes. I think we have to be a
9 little bit careful. There's a relatively large
10 body of epidemiologic evidence, kind of post hoc
11 analysis of trials, which suggests that there's an
12 early increase in retinopathy with aggressive
13 glucose control that then ultimately benefits
14 patients in terms of reductions in retinopathy.

15 Given all the caveats that everybody has
16 mentioned about the ascertainment of these
17 endpoints, the validity of these endpoints to an
18 ophthalmologist, we have to be careful of I guess
19 throwing all the prior data out. So I think we
20 have to maintain some degree of confidence that the
21 long-term effects of hemoglobin A1c reduction and
22 glucose reduction will have important effects on

1 the occurrence of diabetic eye disease.

2 The caveat here, I think, again, is that
3 this is really the only study out there with this
4 particular class of medications that's shown any
5 data on retinopathy. Unfortunately, it doesn't go
6 the way we'd like, and the study was stopped after
7 2 years for other reasons, so we can't know if
8 these curves begin to track together or to cross as
9 we would hope that they do.

10 It's a long way of saying that I agree that
11 I think we should be optimistic and hopeful that
12 the improved glycemic control offered with this
13 agent will allow for improvements in the occurrence
14 of diabetic eye disease.

15 It's really difficult to be sure, and
16 there's not a small chance that these curves will
17 continue to be separate, either because the early
18 changes don't ultimately end up being reversed or
19 because there's an alternative mechanism that isn't
20 just hemoglobin A1c-related that we don't yet
21 understand or haven't identified that is particular
22 to this class of medications.

1 DR. WILSON: Dr. Ferris?

2 DR. FERRIS: I agree with Jim that I'm not
3 sure we know whether there is an increased risk. I
4 am sure that we don't know what's going to happen
5 after 2 years based on this data.

6 Given that, I would ask everybody to look at
7 this risk that we're talking about which is a
8 1 percent risk in a problem that has a high
9 prevalence with or without this drug. And I think,
10 as was suggested here, we don't know whether this
11 is a glucose effect. This could be some kind of
12 drug effect that's a direct drug effect on
13 retinopathy.

14 However, we do know that this drug seems to
15 be able to help reduce hemoglobin A1c, and there's
16 a ton of evidence saying in the long run,
17 multifactorially, that's important for these
18 patients. So it seems appropriate to me that you
19 give people a warning that, as you were talking
20 about for pregnancy, this may be a factor and
21 worrisome related to retinopathy, and so you ought
22 to see your eye doctor. It's a pretty easy

1 message.

2 DR. WILSON: Dr. Neaton?

3 DR. NEATON: This is really more of a
4 question. The one thing that I did find
5 reassuring -- I'd be curious what the
6 ophthalmologist thought. I don't remember the
7 exact numbers, but I believe there were 5 versus 1
8 in terms of the counts of the participants that
9 were legally blind, I guess, at one point. And it
10 was a follow-up, and I thought they had said that
11 three of the people in the follow-up, their vision,
12 at least, had been partially restored with
13 long-term follow-up.

14 So is that kind of somewhat reassuring?

15 DR. FERRIS: They had 16 vitreous
16 hemorrhages. I bet there were more than five that
17 at some point were less than 2200. They said three
18 of them recovered. Some of them may have been seen
19 at the last visit, so we don't know whether they
20 recovered or not.

21 Most patients with vision loss these days,
22 either through anti-VEGF or vitrectomy, recover

1 vision, and Lord knows what this blindness means.
2 Obviously, whenever you see blindness, you worry
3 about it. But given the way this data was
4 collected and given the opportunities for
5 intervention, and given other causes -- I mean I
6 mentioned vitreous hemorrhage, but we don't know
7 whether some of these people developed cataract
8 associated with their diabetic retinopathy.

9 DR. WILSON: Let's start with you,
10 Dr. Li-Ng. Go ahead.

11 DR. LI-NG: I actually was quite fascinated
12 by a slide that Dr. Aiello had put up in terms of
13 the patients under the intensive control in DCCT
14 had early worsening, and it kind of leveled off,
15 and those that didn't have early worsening ended up
16 having still lower rates of worsening retinopathy.

17 I wanted to bring up the point that not
18 every diabetic gets retinopathy and there are
19 certain genetic factors, and obviously
20 environmental factors, that put them at risk for
21 diabetic retinopathy. And I actually wanted to ask
22 the ophthalmologists whether there's anything that

1 you have noticed in their OCTs or something that
2 kind of identifies -- you know that this patient is
3 going to have to come back for laser, anti-VEGF,
4 because you get those diabetic patients who just
5 keep getting worse even with good glycemic control.

6 Again, I just want to keep in mind that not
7 every patient is going to have worsening diabetic
8 retinopathy. And those that will, they always seem
9 to get worse, and sometimes it doesn't matter what
10 you do.

11 DR. WILSON: Dr. Rosenberg?

12 DR. ROSENBERG: It would be nice if we could
13 personalize treatment to those who are most likely
14 to benefit, but it doesn't look like we're there
15 quite yet.

16 Just to answer this question there, it does
17 affect the assessments because we have a
18 paradoxical situation where we know -- I'm
19 convinced as others -- that there's been an
20 epidemiological association between HbA1c level and
21 the risk of microvascular and probably
22 macrovascular complications. And that's why we

1 do want to keep the glucose levels lower.

2 Here, we are in a situation where we have
3 somewhat paradoxical increase in the complication
4 we want to decrease in the long term. And as we've
5 said many times, there's no way we can know for
6 sure, whether it's transient, it's a class, a drug
7 effect, or what else?

8 We have purposed a trial with an objective
9 of lowering HbA1c, but for a given purpose. But
10 this purpose is not achieved in this study; it's
11 the opposite that is achieved. And the
12 cardiovascular effect, we'll talk about that later.

13 DR. WILSON: Dr. Weber?

14 DR. WEBER: Just to kind of expand on some
15 comments about the potential comfort we have with
16 the DCCT results. We aren't talking about a much
17 younger population. And even though their length
18 of diabetes was similar I think to this trial,
19 there may be inherent differences in aging biology
20 as it relates to metabolism and inflammatory
21 biology specifically that may put them at higher
22 risk for progression or for those curves not to

1 come back together. So it's a point of caution as
2 we start to think about the application and
3 comparison of the data.

4 DR. WILSON: Dr. Yanovski?

5 DR. YANOVSKI: Sure. I've been reassured
6 that the proliferative retinopathy appears to
7 really be manageable now with treatment. And there
8 are guidelines from, it sounds like, professional
9 societies for, for example, when you start
10 intensive glucose-lowering therapy for having more
11 frequent assessment. So I find that also
12 reassuring and a manageable risk.

13 That being said, I would like to see
14 studies -- and you'd have to figure out how you do
15 these. I don't think they'd necessarily be RCTs,
16 but studies that really do have good ophthalmologic
17 assessments and that do follow patients long term
18 so we can get a handle on not only whether this
19 really is a problem but what the mechanisms might
20 be.

21 DR. WILSON: Dr. Robotti?

22 MS. ROBOTTI: Hi. Speaking as a consumer,

1 from a patient's point of view, I find this very
2 confusing. And I'm imagining sitting at a doctor's
3 office hearing that, well, you got to keep your
4 blood sugar down because diabetes puts you at a
5 high risk for retinopathy, and you have diabetes,
6 so you get retinopathy, and a significant amount
7 are going to die of cardiovascular disease. But
8 here's a drug I want you to take and it's pretty
9 likely going to increase your retinopathy in short
10 term, we don't what it's going to do long term, and
11 it increases your cardiovascular risk.

12 So I'm confused here, so feedback is
13 welcomed.

14 DR. WILSON: Thank you very much,
15 Dr. Robotti. You're the patient representative. I
16 apologize, but you help us a lot.

17 Dr. Rosenberg, did you have another comment?

18 DR. ROSENBERG: It's a kind of follow-up on
19 the theme that we have to be careful. And, again,
20 I rely on my colleague endocrinologists and
21 ophthalmologists; if this drug is released on a
22 wide scale, how sure, even for the people that are

1 at high risk, that they're going to come back for
2 their regular evaluation and have this treatment
3 that potentially can address this problem?

4 We know that a lot of patients are not
5 always very compliant in this. They're happy to
6 have the treatment once a week, and how good is the
7 follow-up even on those high-risk patients?

8 DR. WILSON: In the interest of time, we
9 still have a couple more bullets to shoot, so to
10 speak, at this question for discussion. I'm going
11 to try to summarize where we are at this point.

12 The issue of longer term -- and I think we
13 arbitrarily defined something longer than 2 years
14 is longer term; and some of the other studies have
15 had three years and some have had four years, but
16 certainly longer than 2 years -- there's a lot of
17 concern about the contradictory evidence. As
18 Dr. Rosenberg said, we expect one thing on the
19 glucose, and when we don't get a favorable effect
20 on retinopathy.

21 Well, this has been seen in the studies that
22 have investigated retinopathy, but we harken back

1 again to the concern these are subjective
2 assessments of retinopathy. And our
3 ophthalmologists remind us you can't know what's
4 going to happen after 2 years until you formally
5 study after 2 years.

6 The comparison to the DCCT, we've had two
7 studies that really were mentioned, UKPDS, a little
8 bit the KROC, and then the DCCT. One has been a
9 type 1 trial; the other is -- both of these are
10 older trials. We have a modern era. We have very
11 effective photocoag injections, et cetera, to save
12 eyesight. But we still don't know the answer to
13 progression and what's going to happen at the
14 different levels.

15 I think one of the things that we should
16 highlight -- and Dr. Yanovski brought this up for a
17 potential follow-up study -- is it's different
18 whether you have baseline disease or if you don't
19 have baseline disease. So the long-term -- all the
20 ophthalmologists have echoed this all along -- is
21 that the rates are very different depending upon
22 where you start from. The relative risks may be

1 somewhat similar, but the absolute differences are
2 very different depending upon when you start out
3 with the eyes with very little in a way of
4 retinopathy.

5 Finally, I want to thank Dr. Robotti saying
6 she's confused. Endocrinologists, cardiologists,
7 statisticians, this is a complex field, and it's
8 not simple, and I'd like to think we need more data
9 to address some of these questions.

10 Can we go on to the next one? It's part D.

11 "The increase in absolute risk of diabetic
12 retinopathy complications was greater in those with
13 diabetic retinopathy at baseline 8.2 percent in
14 semaglutide, 5.2 percent placebo compared to those
15 without diabetic retinopathy at baseline 0.7 and
16 0.4 in placebo.

17 "Although the relative risk increases were
18 similar, patients with diabetic retinopathy are
19 often among those most in need of improvement
20 glycemic control. Discuss whether you have any
21 concerns about the use of semaglutide among these
22 patients, if approved."

1 We discussed some of this, so maybe we can
2 do this relatively efficiently. Yes, Dr. Hiatt?

3 DR. HIATT: Yes, just a couple of quick
4 comments. I think the pretest probability of
5 having diabetic retinopathy is based on your
6 baseline assessment, and it's a 10-fold difference
7 in that number needed to harm. It's pretty clear.

8 So I think you would not want to withhold
9 this therapy in those patients. You want to inform
10 the treating physician to diligently monitor this
11 potential side effect, and there are effective
12 treatments for it.

13 Secondly, if you look at the OUTCOME trial
14 where this is best studied, they have 79 cases of
15 retinopathy. There were an excess of 21 events on
16 drug. That's not a lot of events, so the absolute
17 event rate is still not huge. I think we have to
18 put it in that context as well.

19 So I would not withhold therapy, but I would
20 say that physicians should be aware of that and
21 take appropriate measures to monitor their patients
22 accordingly.

1 DR. WILSON: Dr. Blaha?

2 DR. BLAHA: I echo what Dr. Hiatt just said.
3 I think it's ironic. It argues for all of us to be
4 treating, of course, diabetes earlier because of
5 course if we treat diabetes earlier, we prevent the
6 retinopathy in the first place. Once the person
7 has retinopathy, of course, that maybe could have
8 been prevented ironically with Alc lowering in
9 life.

10 I think we're hopefully moving to a point
11 we're going to intervening earlier and reducing the
12 baseline rate of retinopathy in the first place.
13 But I think it does certainly serve to warn
14 physicians who are treating patients with existing
15 retinopathy that those patients need to be screened
16 more carefully. I think that's the bottom line
17 with that.

18 DR. WILSON: Dr. Low Wang, you had a
19 comment?

20 DR. LOW WANG: Thank you. Looking at this
21 question specifically, I think thinking about the
22 different glucose-lowering therapies that are out

1 there for patients with diabetes, we have this
2 result from the secondary endpoint analysis from
3 the study that shows increased risk of retinopathy
4 in patients, more so with the patients with
5 baseline retinopathy. So I would be concerned, and
6 I think that there are other choices out there.

7 DR. WILSON: I have a question to our
8 ophthalmologic experts. If such a project were to
9 be done, or a registry, or a trial -- I'm just
10 thinking forward as we go through the rest of the
11 discussion -- what would be a preferred way to go
12 forward?

13 We mention so far in this monitoring the
14 high-risk patients. And Dr. Hiatt was pointing
15 towards the high-risk patients, especially being
16 the person with baseline retinopathy.

17 Could our ophthalmologists tell us how they
18 might suggest -- I'm sure there are many ways to do
19 this -- the baseline disease burden of retinal
20 disease. Dr. Ferris?

21 DR. FERRIS: First, there was a discussion
22 earlier about risk factors for progression. There

1 are two important risk factors for progression:
2 level of hemoglobin A1c and current level of
3 retinopathy. And already -- Emily showed the
4 table -- the more severe your retinopathy level,
5 the more frequent you're suggested to see the
6 ophthalmologist.

7 With regard to the difference here,
8 remember, we're looking at endpoint complications.
9 If you start with no retinopathy, in 2 years,
10 you're not going to get to vitreous hemorrhage,
11 unless this drug was doing something horrible,
12 which we don't have any evidence of. In fact, we
13 were just looking -- the five patients who were
14 blind all had laser treatment and proliferative
15 retinopathy.

16 So it's pretty clear to me that it actually
17 isn't a mixed message; it's a pretty simple
18 message. And the simple message is the lower your
19 hemoglobin A1c, at least up to a point of ACCORD,
20 the better off you're going to be. There may be
21 some increased risk of retinopathy when you lower
22 your hemoglobin A1c or maybe beyond, and you need

1 to see an ophthalmologist. The more severe your
2 retinopathy, the more frequently you ought to see
3 your ophthalmologist. And if you start on this
4 drug, like getting pregnant, maybe you ought to see
5 them in the next three months or six months.

6 DR. WILSON: So to simplify that, to see an
7 ophthalmologist with a clinical assessment of the
8 retina, with what procedure? Just a regular
9 ophthalmic visit? That's where I was going.

10 DR. FERRIS: Yes. The thing that's going to
11 drive what happens is what the ophthalmologist
12 sees. The more severe the retinopathy, the more
13 frequently they're going to need to be seen.

14 DR. WILSON: I think this is important.
15 Dr. Del Priore, could you help with this?

16 DR. DEL PRIORE: Yes, I'd be happy to. I
17 think the key is to have a baseline examination.
18 And I think the analogy with managing patients who
19 are pregnant is really a good one. I think that
20 message has clearly gotten out. I very seldom see
21 patients who have gone through a whole pregnancy
22 without ever seeing an ophthalmologist. That

1 message is clearly out there.

2 Whether or not the other message, which is
3 that as patients are put on a medication, either
4 this or another one, that changes their glycemc
5 control very rapidly, whether they should be seen
6 at baseline and then quarterly or anywhere near
7 that frequent depending on the findings. I don't
8 know if that message is uniformly out there.

9 The ophthalmologists certainly know it, but
10 we're not referring the patients to ourselves. So
11 I don't know if the endocrinology community knows
12 that or not or whether that's already being one. I
13 don't usually see patients before they've been
14 started on therapy or intensive therapy.

15 DR. WILSON: I guess maybe it's pushing it,
16 but I was going, would fields 1 and 2 for the ETDRS
17 with the scoring of photos and that in the chart,
18 is that adequate or do you need to see an
19 ophthalmologist? That's where I was going. That
20 was the question to the ophthalmologists in the
21 back of my brain. Each of you are saying see an
22 ophthalmologist.

1 DR. FERRIS: Well, telemedicine is
2 telemedicine, and that can be a way of assessing
3 retinopathy severity, and I wouldn't be against
4 that. But one way or another, you ought to get
5 your retinopathy checked.

6 DR. WILSON: Thank you. Dr. Palevsky?

7 DR. PALEVSKY: Paul Palevsky. Just to
8 reemphasize the point that the five patients who
9 developed blindness in the semaglutide group all
10 had documented proliferative retinopathy and had
11 either received laser treatment or intravitreal
12 treatment at baseline before starting drug, so
13 clearly a high-risk group who needed frequent
14 ophthalmologic monitoring and follow-up.

15 The question I would ask is, should there be
16 a recommendation about how aggressively the drug is
17 applied for lowering glycemic control. And in this
18 sort of high-risk patient, just as for someone who
19 has very uncontrolled blood pressure, although our
20 goal is excellent blood pressure control, the rate
21 to get there to protect the kidney may be a little
22 slower, should it be the same approach with regard

1 to ophthalmologic complications and glycemic
2 control and be a little bit more judicious in the
3 rate of glycemic control? And I would assume that
4 the answer is we don't know.

5 DR. WILSON: Dr. Weber?

6 DR. WEBER: I guess the question is it all
7 comes down to risk-benefit. What I'm hearing from
8 my ophthalmology colleagues to-date is that this
9 can be managed. It can be identified and it can be
10 managed.

11 Whether or not that's acceptable -- the
12 potential risk versus the benefits that we're
13 hearing: weight loss, glycemic control,
14 potentially reduction in albuminuria and other
15 outcomes -- and that's where the balance is, I
16 think I'm hearing that this can be managed and
17 identified, and I want to just confirm that.

18 DR. WILSON: Any further comments?

19 (No response.)

20 DR. WILSON: All right. We're going to try
21 to summarize this one. The increase in absolute
22 risk was especially noted. And those at the

1 highest risk and those who develop blindness
2 especially was noted. They started out with some
3 of the most severe complications, even noted in the
4 chart with qualitative assessments and historic
5 assessments in the initial evaluation.

6 Our ophthalmologists agreed and recommended
7 that there be an expert ophthalmologist exam, and
8 that would be with the visualization of the retina
9 and that be recorded before patients start
10 treatment.

11 Mostly the concern is by the non-
12 ophthalmologists at least feeling comforted -- I
13 think endocrinologists especially -- that an
14 ophthalmologist can now treat these very severe
15 problems even in the first 2 years of treatment.
16 But perhaps we need better studies to really assess
17 this moving forward.

18 I don't think I have too much more.

19 Anything? Yes?

20 DR. SLEEP: Dr. Sleep. Yes, thanks. I just
21 want a point of clarification, Mr. Chairman. Is
22 the committee recommending routine ophthalmologic

1 examinations by an ophthalmologist for anyone if
2 this drug were to be approved prior to therapy?
3 And does that constitute a significant change in
4 clinical practice? Why would that be required for
5 this GLP-1 and not other agents that could
6 potentially also lower A1c rapidly or
7 significantly?

8 DR. WILSON: So the question as I understand
9 it is what is the formal recommendation for
10 patients who may initiate this medication? Let me
11 first say as an endocrinologist, my best
12 understanding is from the American Diabetes
13 Association as an American-practicing
14 endocrinologist that there be recently recorded,
15 typically within 12 months, an assessment of the
16 person's retina in the chart.

17 That is the standard of practice. We have
18 some American Diabetes Association expertise in
19 this room. And I think I'm saying that right, and
20 they can correct me. I will recognize them if I
21 seriously misstate that. And persons with more
22 advanced disease, they are seen more regularly, and

1 we've seen slides on that today.

2 In fact, that is what is the expectation
3 here in the States. I'm not sure exactly what they
4 are outside the States. Not necessarily right at
5 the time you initiate but within the past year,
6 that's expected to be in the chart as a performance
7 measure.

8 Does that answer your question?

9 DR. SLEEP: Yes, thanks. I just wanted to
10 make sure that the labeling wouldn't require an
11 additional assessment other than of standard of
12 care and that labeling would potentially reflect
13 that in those patients who have preexisting retinal
14 disease, more frequent monitoring is required.

15 DR. WILSON: As you saw from one of the
16 slides we've shown earlier today, frequency is
17 accelerated, it goes for every quarter, for
18 instance, for people who are already have disease
19 or have more complications, et cetera. But for
20 most, as was also mentioned, many, many patients
21 have no problems, and they're on a 1 to 18 months
22 type of return at my university and across the VA.

1 Do the ophthalmologists agree with what I
2 said?

3 (Affirmative nods.)

4 DR. WILSON: Okay. Can we go on to the next
5 item? This is E. This is in case we missed
6 anything.

7 (Laughter.)

8 DR. WILSON: Comment on your level of
9 concern related to the observed increased risk in
10 diabetic retinopathy complications observed in
11 SUSTAIN 6. Dr. Hiatt?

12 DR. HIATT: Just to reiterate the numbers in
13 that trial, there were 21 excess retinopathy
14 events, and the vast majority occurred in patients
15 who were at high risk for such events. In the
16 cardiovascular OUTCOME trial, though it's not
17 inferiority, there were 138 fewer MACE events.

18 If you just look at that numeric
19 difference -- and I'm not proposing that that goes
20 any further than simply a thought experiment in
21 this discussion -- there's a whole lot more cardiac
22 risk avoided than retinal risk caused. My concern

1 about is I think it's a manageable risk that should
2 be identified and then physicians should be aware,
3 but it should not prevent you from using the drug.

4 DR. BLAHA: You said 38 MACE?

5 DR. HIATT: Twenty-one excess retinopathy
6 events caused 138 MACE events avoided. But again,
7 I'm not saying --

8 DR. BLAHA: I'm seeing 38.

9 DR. HIATT: I'm sorry. No, I did the math
10 wrong. It's 38. I still think that you should put
11 that in context. I don't think this is causing a
12 huge concern.

13 DR. WILSON: Dr. Rosenberg?

14 DR. ROSENBERG: I don't think we should go
15 there because we're not discussing an indication to
16 prevent MACE, interestingly, where we could have
17 based on the data. We consider indication to
18 decrease blood glucose with the assumption that it
19 will, in the long term, decrease the risk of
20 microvascular complications, including diabetic
21 retinopathy.

22 To answer the question here, my level of

1 concern in terms of the observed risk is moderate,
2 but the problem is not that we'd want to avoid
3 harm; we want benefit. We really want to reduce
4 the long-term risk of diabetic retinopathy.

5 So will we observe this, and how much will
6 it decrease risk given what we observe now? That's
7 really a question we cannot answer based on the
8 data, and that's a problem.

9 DR. WILSON: Go ahead. We have a couple
10 more. Dr. Palevsky?

11 DR. PALEVSKY: Paul Palevsky. As I look at
12 the outcomes that have the greatest concern, they
13 are the vision loss outcomes, much less so than the
14 interventions, photocoagulation and intravitreal
15 injection. There, the absolute difference in
16 numbers is very small. I think that the risk I
17 would be most concerned about is actually a very
18 small risk balanced against a much larger benefit
19 in terms of the benefits associated with improved
20 glycemic control.

21 While I think there needs to be a tiny bit
22 of caution about the risk of retinopathy, worsening

1 of retinopathy, I think that the overall balance
2 favors the use of the drug.

3 DR. WILSON: Let me also make a -- we're
4 getting into a balance discussion, but I think my
5 understanding of this question is, is there a
6 greater risk in this trial than was seen in the
7 other studies? I think that's the question, and
8 I'm not sure how we'll answer it.

9 DR. SMITH: Dr. Wilson, I just want to
10 interject.

11 DR. WILSON: Is that right?

12 DR. SMITH: No.

13 DR. WILSON: How do you want that?

14 DR. SMITH: I don't think that's really the
15 question. We don't want cross-trial comparisons
16 here.

17 DR. WILSON: Okay. What do you want?

18 DR. SMITH: What we're really trying to do
19 is this is sort of a summary of A through D that
20 you've just discussed. Perhaps you don't feel
21 there's a whole lot that you need to summarize, but
22 taking all these points in context, what's your

1 overall level of concern? We don't want really
2 comparisons with other agents.

3 DR. WILSON: Thank you. Thank you very
4 much. Dr. Ferris?

5 DR. FERRIS: I'd like to point out that this
6 event calculation is not progression of
7 retinopathy. We just heard that these people all
8 have proliferative retinopathy that went blind and
9 were treated. I don't think there's any evidence
10 that says tightening blood glucose control after
11 you have proliferative retinopathy helps your
12 proliferative retinopathy.

13 You're into another mechanism of
14 progression, VEGF-driven. And what drives
15 retinopathy early on is different from what drives
16 retinopathy later. So counting these events
17 doesn't help us know whether retinopathy is going
18 to be -- progression is going to be slowed or not,
19 except there's such overwhelming data that lowering
20 hemoglobin A1c lowers not just retinopathy
21 progression but all sorts of other bad outcomes.

22 Finally, this difference between these, as

1 everybody said, we're down in the rounding there.
2 We're talking about a 1 percent difference in a
3 group of people that has 50 percent chance of
4 developing retinopathy.

5 So I'm certainly not concerned. I think
6 it's worth telling patients that, you need to worry
7 about your retinopathy; I don't care what you're
8 taking, you need to worry about your retinopathy;
9 and maybe you need -- as we were saying like
10 getting pregnant, if you're going to have a sudden
11 decrease in your retinopathy, you ought to go see
12 your eye doctor a little bit sooner.

13 DR. WILSON: Dr. Budnitz?

14 DR. BUDNITZ: Yes. I agree with folks that
15 have already mentioned appropriate labeling based
16 on the data, and these trials make sense, and
17 patients and physicians should be aware of
18 high-risk groups from this data.

19 My main concern is actually that we'll never
20 know an answer and that we will have maybe
21 increased screening. And maybe if this trial was
22 conducted for another four years or five years,

1 maybe these curves will cross, and all this is
2 about maybe no increased risk. And I don't know
3 without further study if we'll ever know.

4 So I think that's a concern. We also have
5 to think about other unintended consequences if we
6 don't have an answer in the future about whether or
7 not maybe there's a wholly effective glycemc
8 control that's no different than insulin or maybe
9 it isn't. I don't know how that will be answered
10 in the foreseeable future.

11 DR. WILSON: I'm not sure how I can
12 summarize, but we just added an extra summary
13 statement. But I think Dr. Ferris' comment that
14 early to moderate retinopathy is especially driven
15 by A1c levels, very late retinopathy may be driven
16 by fibrotic VEGF or other types of
17 mechanisms -- and we have this issue of no matter
18 what level in these studies, individuals who have
19 quite different A1c drops, compared to usual care,
20 they may progress.

21 For the more severe disease, we clearly need
22 more data, especially for longer term, and what the

1 ramifications are for this type of medication
2 and/or in the modern era. It's a very difficult
3 last comment to summarize.

4 Any further additions, though, on that?
5 Dr. Del Priore, we'll give you the last word if you
6 want. You're our other ophthalmologist who's on
7 the committee right now.

8 DR. DEL PRIORE: Thank you. I think that
9 the comments, I wholeheartedly agree with two of
10 them actually. One of them is you have to
11 counterbalance this against the fact that there was
12 a difference in the CVOT outcomes, that we're
13 talking about a small percentage of patients.

14 I'm not alarmed to look at this question. I
15 think if we did not have the data from the DCCT and
16 from other trials, then this would be extremely
17 concerning, but what we're seeing is really not
18 inconsistent with those trials.

19 DR. WILSON: We have earned a break. Please
20 come back at 15 minutes from now. We will do the
21 final discussion question, and then we'll have a
22 voting question. Thank you.

1 (Whereupon, at 3:45 p.m., a recess was
2 taken.)

3 DR. WILSON: Okay. If we could take seats,
4 we're going to get going. Question 4 is a
5 discussion item.

6 "In SUSTAIN 6, a total of 254 first major
7 adverse cardiovascular events occurred during a
8 median two-year follow-up. The estimated hazard
9 ratio of MACE and the components of MACE for
10 semaglutide versus placebo are shown in the table."
11 I'm not going to read this entire table unless I'm
12 obligated to.

13 CDR BONNER: No.

14 DR. WILSON: Thank you, Commander LaToya. I
15 don't have to read that. But I think you can see
16 the top one that's highlighted in bold is the MACE
17 and then the components of MACE.

18 The point is to discuss the results and
19 comment whether these data are adequate to
20 characterize CV safety of semaglutide. Dr. Hiatt?

21 DR. HIATT: Thanks. Just some thoughts
22 about this because this I think is one of the key

1 reasons we're here, is to understand the
2 cardiovascular safety of this drug. As you all
3 know, this goes back to the 2008 guidance, which is
4 driven by a presumed excess cardiovascular risk
5 from rosiglitazone, which when those events were
6 readjudicated, that risk was not well-substantiated
7 at all.

8 Since then, a lot of research has been
9 applied to this. And I think that if the drug
10 being tested has a true hazard ratio of 1 on MACE
11 events, that it takes a certain number of events to
12 balance the upper bound of the 95 percent
13 confidence interval to understand if that risk is
14 increased or not.

15 My understanding of the 1.8 and 1.3 is
16 simply a way -- the FDA should, please, comment on
17 this -- to allow sponsors to cross 1.8 based on
18 phase 2 data, or small phase 3 trials where the
19 primary endpoint is Alc. And then adverse events,
20 particularly MACE events, which hopefully are
21 adjudicated, can round out a database with enough
22 events to be less than 1.8. But to stay on the

1 market, it needs to be less than 1.3. Correct?

2 DR. SMITH: That's an accurate reflection of
3 the 2008 guidance.

4 DR. HIATT: Okay. From my perspective, the
5 approach is all about safety and therefore
6 excluding risk, not about showing benefit. When
7 you're excluding risk, you're not necessarily
8 testing a hypothesis. You're trying to basically
9 show that your drug is no worse than some
10 threshold; and therefore, the more events the
11 better, which is kind of where my question went
12 from why the 122 initially and then the 254 at the
13 end.

14 So if you look at the initial sample size
15 estimate with a hazard ratio of 1.0, 122 events is
16 not a lot of events. If you kind of simulate that,
17 I would imagine that that would give you enough
18 events to be less than 1.8.

19 Now, if the hazard ratio is less than 1,
20 then that really helps you a lot because it pulls
21 the upper bound down. So that hazard ratio with
22 122 events is I think around 0.70, which is

1 terrific because now you're actually well below
2 1.8. In fact, you're less than 1.3.

3 From a safety analysis perspective, the more
4 events the better. So I'm really glad the sponsor
5 went on to 254 events because your confidence that
6 you're really below those thresholds has increased
7 because the confidence interval simple narrow as
8 you have more events because that hazard ratio
9 didn't change that much, 0.70 to 0.74.

10 Is that right? Am I doing my numbers right?

11 (Affirmative nods from applicant.)

12 DR. HIATT: So now you're in a situation
13 where the hazard ratio suggests a benefit, but the
14 prespecified hypothesis is not superiority; it's
15 not inferiority. So I think the data clearly show
16 you beat 1.8. I also think it shows you clearly
17 beat 1.3. When you look at that, in my mind, I
18 think the need for additional evidence that this
19 drug needs to rule out a cardiac safety risk is now
20 being completely satisfied, that with an upper
21 bound less than 1 on 254 events, it's pretty clear
22 to me that you don't have a cardiovascular safety

1 risk concern.

2 I clearly would not go further than that
3 because that was not the intent of the study. I
4 would hope that clinicians reading the study or the
5 New England Journal medicine paper would not
6 conclude that the drug has definitively shown
7 cardiovascular benefit because that's clearly not
8 the intent of what the study was designed to do.
9 But with that number of events, I think it's very
10 clear that this drug does not carry a
11 cardiovascular risk, safety risk at all.

12 So to summarize, I would give the sponsor
13 credit for crossing both 1.8 and 1.3.

14 DR. WILSON: Dr. Brittain?

15 DR. BRITTAIN: These results are great, far
16 exceeding the standard aimed for. I'm not sure I
17 would be quite so fussy about saying that I
18 wouldn't regard them as statistically superior.
19 There are ways we can design a study for
20 non-inferiority and still see superiority. It's
21 all the same confidence interval. So in my view,
22 it is superior, although again, it wasn't designed

1 that way.

2 I also think it's great because this is
3 unlike hemoglobin Alc. This is a clinical
4 endpoint, so it's really great that we're seeing
5 this result. The only comment I have is that it's
6 a little disappointing that all-cause mortality
7 showed no indication at all of a benefit, at least
8 at this point.

9 DR. WILSON: Dr. Blaha?

10 DR. BLAHA: Mike Blaha. I'm going to agree
11 quite a bit with what was just said. I guess maybe
12 just a manner of speaking, maybe we can't say it's
13 superior, but I can say that the upper limit of the
14 confidence interval is less than 1, which produces
15 a statistically significant p-value. I think
16 that's extremely relevant in this discussion.

17 I think if we stop at just saying, well,
18 there's no safety hazard, then I have a harder time
19 answering number 5 where I'm going to balance the
20 risks and the benefits of this drug. We just had a
21 conversation of question 3 about the retinal facts,
22 and we're going to have to balance that with a

1 potential benefit in question 4 here that comes to
2 me from the observation that the upper limit of the
3 confidence interval is less than 1 and meets
4 traditional, statistically significant thresholds.

5 I'm going to go further to 4 and say that I
6 think while there's definitely not a safety signal,
7 there's just no question, I don't think, anyone in
8 this room could possibly make a comment about a
9 safety signal when we have this data, but I'm going
10 to go so far as saying it's extremely reassuring
11 and potentially indicative of a benefit.

12 Of course, those who are cardiologists in
13 the room see these hazard ratios, and these exceed
14 what we've seen from a variety of other drugs added
15 on to standard of care. And for a cardiovascular
16 drug, this would make us jump up and down, frankly.

17 So it's very exciting and needs to be taken
18 into account to a risk-benefit discussion that
19 we'll have coming up next.

20 DR. HIATT: Could I just jump in clarify?
21 The primary approval endpoint here is Alc, not
22 MACE. So the question about risk-benefit is, has

1 the cardiac risk outweighed any benefit on Alc? I
2 think you should just frame the idea that that's
3 the primary endpoint.

4 DR. BLAHA: Fair. I'm going to factor that
5 in though, I think, to my thinking about this drug,
6 but I think that's a good point.

7 DR. WILSON: Dr. Rosenberg?

8 DR. ROSENBERG: It's greatly disappointing
9 that this trial is not designed such as the LEADER
10 trial with a longer-term follow-up and greater
11 number of events, so that we'll really be able to
12 answer that question that would really greatly
13 benefit the patients, but we're not able to answer
14 that question.

15 The only thing we can answer is, yes, it's
16 definitely safe, therefore, we have to limit the
17 approval to what the question is and not extend it
18 to potentially weigh the benefit and risk when the
19 trial was not designed to do so.

20 DR. WILSON: Dr. Neaton?

21 DR. NEATON: No. I think this is more than
22 adequate to demonstrate safety. My only comment

1 was I thought I heard the sponsor say that the MACE
2 outcome was consistent across the components, and I
3 probably wouldn't have said it that way. I think
4 this is being driven by the non-fatal outcomes in
5 part because this is a two-year trial, likely.

6 DR. WILSON: Dr. Low Wang?

7 DR. LI-NG: I also agree that these data are
8 adequate to characterize the CV safety of
9 semaglutide. I also wanted to make that comment
10 that it does look like this is driven by non-fatal
11 MI and non-fatal stroke, not by CV death. But I'm
12 satisfied with the safety.

13 DR. WILSON: Dr. Hiatt?

14 DR. HIATT: When I sort of looked at this, I
15 was surprised that there wasn't that typical
16 hierarchical testing first shown on inferiority and
17 then move to superiority. But if you really design
18 the trial to acquire 122 events, that would seem
19 risky. I could sort of see why they didn't do it.
20 We all wish they had in retrospect. I would
21 imagine they're planning an outcome trial, but I
22 have no idea if that's true. You guys could

1 comment if you want or not. But it would seem like
2 a good place to go, so you could definitively
3 answer the question of superiority.

4 DR. WILSON: Ms. Robotti?

5 MS. ROBOTTI: Hi. My concern is in
6 subgroups and just that -- this may not be the
7 right place to make this comment, so I'm just going
8 to make it because I want to.

9 The trial participants are overwhelmingly
10 white. There's just not enough subgroup
11 participation to really do a good analysis.

12 Cardiovascular disease is the number 1 killer of
13 women. It's a very high killer of black people.
14 And diabetes has a much higher incidence made in
15 black people and in Hispanics, and they're not
16 well-represented.

17 So the whole representation of subgroups and
18 the ability to do an analysis on this concerns me.
19 It's happened in the history of drug approvals,
20 that after approval, information on subgroups comes
21 out that makes it clear that that drug was very
22 dangerous for women, or for the Hispanics, or

1 whatever. And I'm going to feel pretty bad if we
2 don't go on record as saying I think that there
3 should be more trial participants and it should
4 reflect the group of people who would need the
5 drug.

6 DR. WILSON: Dr. Hiatt?

7 DR. HIATT: This subgroup question came up
8 earlier, both from some of the people commenting
9 from the audience. And if you look at the forest
10 plot of the MACE events, I don't see any subgroup
11 interactions there at all. I think those p-
12 values -- I'm not sure if you have interaction
13 p-values. But correct, there's no interaction for
14 gender, age, white, and U.S. non-US, right?
15 Nothing statistically significant.

16 I think what you're asking is to have a
17 larger trial where there's broader representation.
18 But I would say, in terms of the MACE effect, I
19 don't see anything distinguishing a particular
20 subgroup from another in terms of responding
21 differently compared to the overall response.

22 DR. WILSON: Dr. Rosenberg?

1 DR. ROSENBERG: I do share Ms. Robotti's
2 concern, and I would share it even more if the
3 trial was looking for an indication regarding
4 cardiovascular events. But I think in terms of
5 safety, even if the subgroup representation
6 is completely inadequate, I don't think there's any
7 signal, from the data at least that we've seen,
8 that is a safety signal in any of those subgroups.

9 DR. WILSON: All right. Can I try to
10 summarize this? Any further comments before we do
11 that?

12 (No response.)

13 DR. WILSON: In summary for question 4,
14 there was a very strong feeling by the committee
15 that this was a very safe medicine in terms of
16 cardiovascular outcomes using the MACE criteria
17 that were employed in the trial. Particularly
18 laudatory was the interim analysis, which showed
19 even at the time of 122 events, they had a
20 favorable hazard ratio.

21 DR. HIATT: There's no interim analysis.

22 DR. WILSON: I'm sorry.

1 DR. HIATT: There's a post hoc analysis.

2 DR. WILSON: A post hoc analysis --

3 DR. HIATT: There was an analysis done on
4 the --

5 DR. WILSON: -- thank you, Dr. Hiatt -- that
6 was imputed to the interim that showed virtually
7 the same effect. Thank you for the clarification.

8 Some of the committee members felt this was
9 close to superiority, but everybody was unanimous
10 in supporting non-inferiority. It was felt it was
11 unfortunate it was not a longer trial. It did not
12 have greater representation of ethnicities and
13 minorities, which would really help in terms of
14 moving forward.

15 I think there was a sentiment not really
16 voiced very strongly, it would be great to see a
17 trial that might address that question. It was
18 comforting especially to have such strong results,
19 but, mind you, most of the results were driven by
20 morbidity, not mortality effects.

21 Anything further on that?

22 (No response.)

1 DR. WILSON: Okay. All right. I think now
2 we're ready to go to our voting question. Can we
3 bring that up?

4 I'll read the question first, and then tell
5 you how we're going to proceed. "Do the available
6 efficacy and safety data support approval of
7 semaglutide 0.5 mg and 1 mg administered
8 subcutaneously once-weekly as an adjunct to diet
9 and exercise to improve glycemic control in adults
10 with type 2 diabetes mellitus?"

11 You have two choices, but you actually have
12 a third. You could abstain as well. But if you
13 vote yes, please explain your rationale and comment
14 on whether any additional study should be required
15 after approval. If you vote no, please describe
16 what further studies you believe the applicant must
17 conduct to establish a favorable benefit-risk to
18 support approval.

19 Now, before we vote, for some of you who
20 have not voted before perhaps, we're going to all
21 vote at the same time. And when instructed by
22 Commander Bonner here next to me, she's going to

1 guide us through this process. But I wanted to
2 make a comment before she guides us through that,
3 that each person will be asked to explain how and
4 why you voted. So take your notes now and be ready
5 to explain.

6 I won't say which direction I'm going to go.
7 I'm going to go either this direction or I'm going
8 to clockwise or counterclockwise, so that'll keep
9 you all on your toes. But please be prepared to
10 have some comments to explain. That will help us.
11 The FDA pays tremendous attention to exactly what
12 that discussion is related to your vote.

13 Can I turn that back now over to you? Is
14 there anything further I need to make sure we say?
15 No?

16 CDR BONNER: No.

17 DR. WILSON: Are we ready to vote? You're
18 going to get 20 seconds to vote. And if your vote
19 doesn't register, they'll ask us to do it again.
20 And everybody is here in person, so we don't have
21 any people calling in or anything as far as I know.

22 Yves? We have a question before we do this.

1 DR. ROSENBERG: I have a clarifying
2 question. Our vote to A could be different whether
3 or not we think that we approve it, but we do think
4 there should be additional study performed or we
5 just approve it? Because if we answer yes but
6 we're not sure that any follow-up study will be
7 done, we might change our vote. Do you see what I
8 mean?

9 DR. WILSON: So he wants to vote both yes
10 and no at the same time, I'm guessing --

11 (Laughter.)

12 DR. WILSON: -- and he wants to have
13 explanatory commentary. This is typically what
14 happens for -- these are tough yes/no votes because
15 they're meant to provoke discussion afterward. And
16 that's why the discussion is so important.

17 Did I answer your question? I'm not sure I
18 did.

19 (Laughter.)

20 DR. ROSENBERG: Yes and no.

21 DR. WILSON: Yes and no. Does that help?
22 Does anybody have any further need for

1 clarifications or can we move forward? Are we
2 ready to go forward? All right.

3 (Pause.)

4 DR. WILSON: We need to try again. It's not
5 anonymous for those of you who are wondering. Your
6 name is going to be attached to this. One last
7 time.

8 (Voting.)

9 CDR BONNER: For the record, question 5,
10 yes, 16; no, zero; 1 abstain; no voting, zero.

11 DR. WILSON: Eenie, meenie miney, mo, which
12 way should we go around as we finish? I'll start
13 at that end.

14 Dr. Ferris, you're the first voting member.
15 State your name. Each person will state his or her
16 name and then tell us how you voted. That's also
17 for the permanent record. We know how you voted,
18 except for the one abstention. State your name,
19 how you voted, and then comments please.

20 DR. FERRIS: This is Rick Ferris. The
21 primary outcome was clearly met. The adverse
22 events were mostly expected and not worrisome. I

1 don't know whether there's an adverse retinopathy
2 effect or not, but it seems prudent if somebody is
3 going to suddenly improve their blood glucose that
4 they get regular eye exams, so I'm not worried
5 about that. And apparently, there's some
6 discussion about having something on the label
7 about getting an eye exam, which is a good idea no
8 matter what.

9 DR. WILSON: Thank you very much. Let's go
10 next.

11 DR. PALEVSKY: Paul Palevsky. I voted yes.
12 The benefit with regard to hemoglobin A1c was
13 impressive. There was no cardiovascular signal for
14 harm. The other adverse events other than
15 retinopathy were as would be expected for this
16 class and were not a concern. Retinopathy is, in
17 my view, a modest concern that is outweighed by the
18 benefit otherwise seen.

19 I support the sponsor's proposal for
20 labeling similar to that for insulin. In terms of
21 the risk of retinopathy progression, it would be
22 very nice if we had a real retinopathy study with

1 documented retinal exams to resolve this question,
2 and that would need to be a longer-term study than
3 a two-year study.

4 DR. HIATT: William Hiatt. I voted yes.
5 Just echoing the other comments, I think the
6 primary efficacy endpoint was well-established
7 despite the missing data issues and various way to
8 impute it. The signal was quite strong, so it
9 would be hard to minimize that at all. I think
10 that's a pretty strong effect on A1c.

11 There were no cardiac safety concerns. I'd
12 encourage the sponsor to carry on with a properly
13 powered cardiovascular outcome trial with a broad
14 representation of appropriate patients to further
15 define the potential superiority of the drug.

16 In terms of the retinal findings, I think
17 that they're likely real. I'd recommend that they
18 be handled as a labeling issue and make the
19 physicians aware similar to that as the label for
20 insulin without going much beyond that. I think
21 what physicians should do with that information is
22 follow appropriate guidelines and things like that.

1 DR. YANOVSKI: Susan Yanovski. I voted yes.
2 Glycemic control really appears to be excellent,
3 and there were certainly no evidence of increased
4 cardiovascular risk and, in fact, some suggestion
5 of benefit.

6 In addition, the proportion of patients who
7 achieved clinically meaningful weight loss was also
8 impressive. Regarding the retinopathy findings, I
9 think that monitoring the high-risk patients is
10 important, but given effective treatments, I felt
11 that risk is manageable. I would like to see well-
12 designed, longer-term studies to get better data
13 about long-term retinopathy outcomes.

14 DR. WILSON: Could we pause for a second?
15 Dr. Smith, you wanted to make a comment.

16 DR. SMITH: Yes. I just wanted to provide a
17 reminder, and a couple of you have done it. We
18 might want to go back to catch Dr. Ferris' opinion.
19 The second part, if you voted yes, which obviously
20 16 of you did, we would like any comment on whether
21 any studies should be required after approval.

22 We will obviously have to go through the

1 exercise of determining whether or not we can
2 require such studies and what those would look
3 like. But if you feel something is very important,
4 that it should be required, then we would want to
5 hear that in your comments.

6 DR. WILSON: With that advice, why don't we
7 circle back to Dr. Ferris and up to Dr. Yanovski.
8 Any other comments?

9 DR. FERRIS: I don't think there are any
10 other studies that are required. I would suggest
11 an analysis that excluded all patients with
12 proliferative retinopathy to see what that event
13 rate looks like excluding those, because I think
14 the lowering of hemoglobin A1c has no effect on
15 eyes with proliferative retinopathy, and probably
16 most of these events are coming from that group.

17 DR. YANOVSKI: I would think such studies
18 are desirable, but I wouldn't think that they would
19 need to be required.

20 DR. PALEVSKY: I think in the comment that I
21 made, it would be desirable. I'm not saying that
22 the agency should require that for labeling.

1 DR. HIATT: William Hiatt. No additional
2 studies required for the labeled indication.

3 DR. WILSON: Why don't we proceed with
4 Dr. Blaha? Go ahead.

5 DR. BLAHA: Mike Blaha. I voted yes for
6 approval. I think there's clear evidence, as we've
7 said, for efficacy on the HbA1c endpoint on top of
8 diet and exercise in those with type 2 diabetes.
9 Likewise, I'm impressed by the weight loss results,
10 although I guess I should be reminding myself
11 that's really not the indication. But it's
12 extremely clinically important, that weight loss,
13 and likely drives many of the mechanisms of benefit
14 in the cardiovascular side.

15 So for the label of A1c, or the primary
16 efficacy endpoint A1c reduction, I do believe that
17 we've met that endpoint sufficiently.

18 We do have that safety signal for increased
19 retinopathy in a trial not designed for assessing
20 retinopathy outcome. But I'm hearing from experts,
21 and I really appreciate my ophthalmology
22 colleagues speaking to this, that it's not

1 well-designed perhaps for capturing those
2 endpoints, so it's worth factoring in.

3 I'm reassured by the DCCT results and the
4 potential mechanism that needs to be looked into
5 further. I prefer a label consistent with that
6 described for insulin, describing a rapid reduction
7 of A1c and a potential risk for retinopathy and for
8 screening. I think that sounds sufficient to me.

9 We do have a strong safety signal for CVOT
10 in a fairly large study with 254 events and an
11 upper confidence interval of 0.95 on that point
12 estimate, which to me is a potentially clinically
13 significant result. And while I can't say there's
14 superiority, it's extremely important in my
15 consideration of a compressive safety endpoint that
16 points towards benefit more than risk for me.

17 Once again, my compressive assessment of the
18 safety includes a potential benefit on
19 cardiovascular outcomes, which to me outweighs the
20 signal on retinopathy in this trial that was not
21 designed to look at retinopathy.

22 I'd encourage my colleagues in ophthalmology

1 and epidemiology, whomever, to look into this idea
2 of retinopathy as a function of A1c in the
3 scientific community. I certainly don't think
4 that's a requirement for the sponsor, and I don't
5 see any further need for additional cardiovascular
6 or other studies required for the approval of this
7 drug.

8 DR. LI-NG: Melissa Li-Ng. I voted yes. I
9 voted yes because of the data that showed sustained
10 effective A1c lowering. Data also showed safety.
11 And the study data also showed additional benefits
12 such as sustained weight loss and blood pressure
13 lowering.

14 The risk of worsening diabetic retinopathy
15 seems to be manageable, and I did not think,
16 through our discussion, that there would need to be
17 a change in standards of care. The ADA, as
18 Dr. Wilson had pointed, does point out
19 ophthalmologic exams as standard of care once a
20 year, and those are increased to every 3 to
21 6 months depending on the severity of retinopathy.
22 And I do not think additional studies are required.

1 DR. LUMLEY: I'm Dan Lumley, patient rep
2 from Kansas City. Next week, I have an appointment
3 with my DO, and I plan to tell him that I was on
4 this committee and was a voting member. And after
5 he recovers from that shock, he will ask
6 me -- he'll say, "Well, how did you vote, Dan?"
7 And I'll say, "Well, after listening to the
8 sponsors, very impressive."

9 From listening to 16 very knowledgeable,
10 prestigious docs from around the country, I'm
11 convinced that it, as everybody said repeatedly,
12 lowers Alc, minimal cardiovascular risk, may lose
13 weight, which most people want. The 1-week dose
14 impressed me, lower blood pressure and tolerable
15 side effects even though, as the report said,
16 vomiting and diarrhea is not very exciting. But
17 other than that, I just felt it was a definite yes.
18 No study.

19 MS. ROBOTTI: I'm Suzanne Robotti, and I
20 voted in favor of approval of the drug or advising
21 approval. Semaglutide does show lowering of
22 glycemic levels and body weight. It doesn't seem

1 to cause hypoglycemia as often as its comparator
2 drugs.

3 The committee has convinced me that
4 retinopathy is manageable and that the lack of CV
5 harm is greater benefit. It has significant side
6 effects and adverse events that will cause a lot of
7 people to stop using the drug and will impinge on
8 their quality of life.

9 I'm concerned about the race and ethnic
10 make-up of the trial participants, in case you
11 missed me saying that twice before, and the lack of
12 subgroup analysis. Black non-Hispanics have the
13 second highest rate of diabetes but are so
14 underrepresented in these trials that actual black
15 participants number in the low one hundreds, on a
16 guess; I don't have the raw numbers.

17 The lack of significant subgroup analysis
18 also concerns me. With such small samples, it's
19 impossible to know if this drug has a differing
20 effect and effects in safety among women or ethnic
21 groups.

22 Considering the commonality of retinopathy

1 with diabetes, it is surprising to me that the
2 research was not gathered in a standardized method,
3 which made it not of the best quality. The
4 applicant seems to be depending on other studies of
5 other drugs to conclude that the early worsening of
6 retinopathy shown in their trials is temporary and
7 that there will ultimately be a benefit to the
8 patient.

9 Semaglutide follows a pattern of other
10 diabetes drugs. Continuing the study for only one
11 year more would have confirmed a pattern similar to
12 other drugs. But as it stands, we don't have that
13 information. It stopped at 2 years, so we have no
14 confirmation of any benefit, and we have risk that
15 is not necessary to our constituency.

16 I strongly recommend further study that
17 allows subgroup analysis and further tracking to
18 find out about the long-term effect on retinopathy.
19 I thank the committee for the robust discussion
20 that very much informed by decisions. And I think
21 those studies about subgroup analysis in
22 retinopathy should be required. The public has the

1 right to full safety information.

2 DR. BRITTAIN: Erica Brittain. I voted yes.
3 It was an uncomfortable yes because I'm worried
4 we'll never know if this drug ultimately has the
5 benefit on retinopathy that you would expect a
6 highly effective glucose-lowering drug to have. So
7 that's a little uncomfortable.

8 Given, as everyone has said, the dramatic
9 results on hemoglobin A1c and cardiovascular risk
10 on weight loss make it hard to not feel that that
11 benefit outweighs that risk as long as it can be
12 managed. I don't really understand about how well
13 it can be managed. I'm trusting all of you folks
14 on that.

15 As far as a future study, I potentially
16 would love to see another study that could address
17 the long-term risk in the high-risk population.
18 I'm a little at a loss at what it could be since,
19 obviously, I don't think you can do a
20 placebo-controlled trial. Again, I can't really,
21 at this moment, think of what a good design would
22 be. But if you can come up with a design that

1 really would answer this question, I think it
2 should be done.

3 DR. BUDNITZ: Dan Budnitz. I voted yes for
4 approval because of the statistically and
5 clinically significant reductions in A1c without
6 evidence of significant cardiovascular harm.

7 There is, it seems to me, a statistical
8 increase in retinopathy of unclear clinical
9 significance. Despite the methodological issues,
10 including the poorly defined or adjudicated
11 retinopathy outcome, I think that probably biases
12 to the null, so there's something there.

13 I think that statistical information that's
14 collected should be provided to patients and
15 prescribers ideally in terms of number needed to
16 treat and number needed to harm for retinopathy and
17 in particular groups.

18 I wouldn't want to prevent patients,
19 particularly those at low risk without previous
20 retinopathy, from the option of this therapy. I
21 would not necessarily required additional studies
22 but would hope that they are conducted. Maybe

1 there is a longer-term cardiovascular outcome study
2 to demonstrate benefit that retinopathy could be
3 included as an endpoint over the longer-term as
4 well that progress beyond the 2 years to three, or
5 four, or five, then that labeling could be revised
6 with those results.

7 Again, it's a challenging study design, but
8 what is the comparison group? And the question is
9 could you use more health services research to try
10 to answer this question with existing databases and
11 patients that are on drugs after it comes to
12 market? Again, I think that's a challenging issue
13 with trying to control for the baseline risk in the
14 population.

15 Again, I agree with Dr. Brittain. It's
16 going to be hard, but would hope that maybe what
17 happens to these patients in terms of the diabetic
18 retinopathy could be determined. Otherwise, I
19 think it will be a black box for the class and for
20 the drug specifically for the foreseeable future.

21 DR. WILSON: Peter Wilson. I voted yes.
22 Without repeating what others have said, I've been

1 thinking what might be done to improve our data and
2 information about where we are and where we're
3 going.

4 First, I echo the cardiovascular
5 investigators. I think it would be great to have a
6 cardiovascular outcomes trial and to show potential
7 superiority over traditional or usual care in
8 patients such as those who are in the SUSTAIN 6.

9 Remember those are 50, 60-year-old
10 individuals with diabetes for 13 years. This is
11 where modern-day diabetes epidemic is. For those
12 who are familiar and not so familiar with the DCCT,
13 that's not what the DCCT is, and the DCCT was
14 20 years ago. We really need more information
15 about safety, cardiovascular safety, and then I'm
16 really perplexed about what's going to happen in
17 the future about eye outcomes.

18 I'm concerned, here we are 20 years
19 later -- and Dr. Ferris, and Dr. Chew, and Dr. Del
20 Priore say we're a little bit better, and now we
21 treat but we still don't know. So that's
22 frustrating for those of us who are metabolic

1 scientists.

2 What might be done to improve the field and
3 our knowledge? One might be a registry for people
4 who are fit similar to the SUSTAIN 6 entry
5 criteria, the 50 to 60-year-old diabetics, diabetes
6 times 10 years, and perhaps with background
7 retinopathy. I would say not just this class of
8 drugs, perhaps several classes of drugs.

9 The other thing that I would put
10 forward -- and Dr. Ferris hinted at it -- is
11 telemedicine. We have retinal photos for a lot of
12 these patients across a lot of systems, and then
13 three years later, they get photos and then try to
14 keep track of what they were doing. Now, the
15 trouble is they may move in and out of the
16 medications, and that's problematic.

17 The other one is potentially if there is a
18 cardiovascular outcome trial, perhaps they could
19 insert in a three- to four-year cardiovascular
20 outcome trial, a prospectively designed analysis
21 that would address many of the issues that we
22 raised today with adjudicated retinopathy. But

1 especially, the target would be the people with
2 background or very mild retinopathy, whether they
3 progress, and with a considerable metabolic
4 component so we'd have further understanding.

5 Thank you.

6 DR. ROSENBERG: It's Yves Rosenberg. I'm
7 the lone abstention here, which shouldn't come as a
8 surprise given my previous comments. I really
9 wanted to vote yes, and I think there's ample
10 reason, as others have expressed, that this drug
11 should be approved for the indication that we saw.
12 Rather than voting an uncomfortable yes, as
13 Dr. Brittain expressed and because of the same
14 concern as Ms. Robotti expressed, I wanted really
15 to make a point to the FDA and to everybody else
16 that there should be follow-up studies, although I
17 was not in a position to require them. And I
18 couldn't vote no either.

19 It's a tremendous lost opportunity, in fact
20 twice lost, by first not having designed a trial
21 with a longer enough follow-up large enough to
22 answer the question for cardiovascular benefit,

1 which has a strong signal for; and second, for not
2 doing a longer follow-up of the patients that were
3 enrolled in this study to try to see, answer, or
4 try address some of the concerns regarding the
5 retinopathy.

6 This being said, now it's going to be much
7 harder to do a well-designed randomized-controlled
8 trial. As already said, what will be the control
9 group? There's probably some innovative way with
10 these designs that could be thought to try to
11 answer that question, both for retinopathy and for
12 cardiovascular outcome.

13 Certainly, a registry would be a first step,
14 but I'm a little concerned that it will be hard to
15 do because you need to have the documentation for
16 retinopathy, and certainly, for microvascular
17 outcomes, you need a control group. Certainly, I
18 want to encourage both industry and FDA to work
19 together to try to see what will be the appropriate
20 design for a follow-up study that I really strongly
21 hope will be done.

22 DR. DEL PRIORE: I'm Luciano Del Priore. I

1 voted yes. And actually, I voted yes even as an
2 ophthalmologist since a lot of the concern actually
3 is around diabetic retinopathy.

4 I just think that the risk-benefit ratio is
5 extremely favorable because of the dramatic
6 decrease in hemoglobin A1c, the weight loss
7 numbers, and there's an excellent safety signal on
8 the major adverse cardiac events.

9 The negative obviously is really what we've
10 been talking about with the retinopathy. Ideally,
11 I would have liked to have seen, as I'm sure
12 everybody would have, a study designed a little bit
13 differently. But the reality is that the adverse
14 events that we're seeing are actually not
15 unexpected given what we know from the DCCT.

16 We don't know what the 5-year or 10-year
17 follow-up is, but I would suspect the curves will
18 cross at some point because these patients, treated
19 are going to have better hemoglobin A1c's, and
20 they're just going to have less events in patients
21 who have poorly-controlled hemoglobin A1c's.

22 I would like to see -- my main concern

1 really is about the label of this more than
2 anything else because I think that the way patients
3 can be harmed from this essentially is that
4 patients are treated, and they're under
5 ophthalmological observation and under care for
6 ophthalmological screening.

7 We do have good techniques for imaging
8 retinal pathology. We do have good techniques for
9 treating retinal pathology, but they're only useful
10 if the patients are being seen. So I think the
11 label portion is actually extremely important. If
12 that part is right, then I don't see a need for
13 additional studies.

14 Of course, you can always ask for a 5- and
15 10-year data on this, but are we really going to
16 learn something we don't already know because the
17 DCCT already tells us sort of what happens at 5 and
18 10 years if patients are controlled better.

19 DR. WEBER: I'm Tom Weber, and I voted yes.
20 I voted yes based on my overall assessment of the
21 risk-benefit for patients with type 2 diabetes. I
22 believe the data presented a glyceemic improvement

1 and weight loss, which is greater than that seen
2 with other GLP-1 analogs and which is sustainable.
3 And the expected clinical benefits outweigh the
4 potential risks of worsening diabetic retinopathy
5 seen in the study.

6 Although there's a concern that's been
7 raised about the risk of incomplete patient
8 adherence to ophthalmologic follow-up and it may
9 put them at risk for progression of diabetic
10 retinopathy, I do not feel this potential risk
11 outweighs the demonstrated and expected benefits of
12 this drug.

13 I don't feel additional studies are needed,
14 but I would recommend labeling on the importance of
15 regularly scheduled ophthalmologic follow-up and
16 the potential risk for worsening of diabetic
17 retinopathy.

18 DR. LOW WANG: My name is Cecilia Low Wang,
19 and I voted yes because I thought the available
20 data support approval of semaglutide. I think that
21 the efficacy data in terms of A1c lowering, body
22 weight, durability of these effects was very

1 convincing as monotherapy, as well as compared to
2 other therapies.

3 In terms of safety, I think that the trial,
4 SUSTAIN 6, clearly showed cardiovascular safety.
5 And as others have mentioned, I'm concerned about
6 this retinopathy risk. I do think that this hazard
7 ratio of 1.76 is concerning. It's not a hazard
8 ratio of 1.2 or 1.3. I think it may be real.

9 Although retinopathy can be controlled with
10 current treatments, right now, the current standard
11 of care requires retinopathy screening every 1 to
12 2 years for most people. And it's only with
13 insulin initiation that more frequent monitoring is
14 done in the most recent physician statement by the
15 ADA.

16 I think that one way we can get around this
17 concern about the increased hazard ratio of
18 retinopathy with semaglutide is specific
19 recommendation by the FDA regarding the frequency
20 of monitoring that's needed after this drug is
21 initiated. I think that needs to be included in
22 warning.

1 DR. EVERETT: This is Brendan --

2 DR. LOW WANG: I'm sorry. I'm sorry I guess
3 I didn't mention the whole trial thing. Looking at
4 the way this number 5 is worded, the question is
5 whether or not any trial should be required after
6 approval. I certainly don't think that anything
7 needs to be required before approval and then I
8 guess should it be required.

9 I would say that this level of increased
10 risk is concerning enough to me that I would
11 require a trial after approval, possibly either a
12 longer study or a study that can maintain similar
13 A1c lowering between semaglutide and an active
14 comparator.

15 DR. EVERETT: This is Brendan Everett. I
16 voted yes for many of the reasons that have been
17 stated previously. But just to summarize them
18 quickly, I thought the sponsor demonstrated that
19 semaglutide could achieve the primary efficacy
20 endpoint of hemoglobin A1c reduction with a benefit
21 that exceeds the risk.

22 I thought there was clear evidence for

1 cardiovascular safety. And I think, as many
2 mentioned, the data raised the hypothesis that
3 there's actually cardiovascular benefit here, and
4 it would be a shame not to test that hypothesis
5 formally.

6 Many of the AEs that were mentioned seemed
7 to be consistent with other agents in this drug
8 class and may limit the ability of patients to take
9 the drug but nonetheless are not a concern that
10 should prevent its approval.

11 I think the retinopathy signal is real, as
12 many of the others have mentioned, in spite of the
13 issues that have been mentioned with its
14 ascertainment and validity as a measure of clinical
15 disease, just the way that it was ascertained.

16 I still think that the data that were
17 presented earlier in this session, both from UKPDS
18 and the ACCORD trial, and then also DCCT, are
19 strongly supportive of the idea that long-term
20 hemoglobin A1c reduction is good for diabetic eye
21 disease.

22 We clearly don't have any data from this

1 session that contradicts that because we stopped
2 follow-up in 2 years. So really what we have is an
3 observation that is not inconsistent with prior
4 short-term data, albeit those data collected from
5 patients with type 1 diabetes treated with insulin
6 20 years ago.

7 I don't think that there is any need for a
8 trial to be conducted to evaluate this adverse
9 effect post-approval. I do think there's the
10 opportunity to conduct a cardiovascular outcomes
11 trial and to nest within that a small focused study
12 of the retinopathy question. I think, again, not
13 being an ophthalmologist and not being a
14 statistician, but doing some clinical trials, my
15 sense is that the number that you would need to
16 actually enroll would be relatively small, so you
17 wouldn't have to do the entire cardiovascular
18 outcomes trial. The downside would be that you
19 would have to follow them through an extended
20 period of time on the active study drug versus
21 potentially placebo.

22 With that, I'll turn it to Dr. Neaton.

1 DR. NEATON: Thank you. Jim Neaton. I
2 voted yes for many of the reasons that have been
3 stated, the cardiovascular outcome, the hemoglobin
4 Alc, blood pressure, weight.

5 I actually want to congratulate the sponsor
6 on doing well-done studies. It was very nice to
7 see studies that were done on hemoglobin Alc where
8 you continued to collect the data following
9 treatment discontinuation and rescue medication,
10 and you had 99 percent follow-up in the
11 cardiovascular outcomes trial.

12 You raised a big issue for us because you
13 collected some data on diabetic retinopathy that
14 perhaps wasn't the best way to do it, so I'm left
15 with this uncertain effect of how to measure
16 retinopathy in this population, whether it's going
17 to reverse, and also how you kind of reduce
18 hemoglobin Alc has an impact on the initial risk in
19 the reversal.

20 I do think additional research is needed,
21 but I don't think this sponsor necessarily should
22 be the one that does it. So I'm looking at

1 Dr. Yanovski and Dr. Ferris, my friend. I think
2 you should be working with the FDA on this issue
3 because it's broader potentially than this drug of
4 this class. This seems like a very important
5 issue, and I really question whether the DCCT
6 results are relevant today.

7 DR. WILSON: Thank you all very much.
8 Before we end, the FDA gets the last word here.

9 Dr. Smith, any last comments?

10 DR. SMITH: No. This has been a very
11 helpful discussion today. We'd like to thank you
12 all for your time, and for your efforts, and for
13 preparing so well for this meeting. It really
14 helps us a great deal. Thank you very much for
15 being here.

16 **Adjournment**

17 DR. WILSON: All right. We stand adjourned.
18 Be sure to take all of your belongings. Thank you.
19 You can leave your name tags. You can leave any
20 printed materials on the desk.

21 (Whereupon, at 4:53 p.m., the meeting was
22 adjourned.)