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FOOD AND DRUG ADMINISTRATION
CARDIAC TROPONIN ASSAYS PUBLIC WORKSHOP

Tuesday, November 28, 2017

8:51 a.m.

FDA White Oaks Campus
Great Room, Building 31
10903 New Hampshire Avenue
Silver Spring, MD 20993

Reported by: Natalia Thomas

A P P E A R A N C E S

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- 2
- 3 Fred Apple, Ph.D.
- 4 Stayce Beck, Ph.D. (Moderator)
- 5 Jeff Bishop, Ph.D.
- 6 Paula Caposino, Ph.D.
- 7 Anna Marie Chang, M.D.
- 8 Robert Christenson, Ph.D.
- 9 Christopher deFilippi, Ph.D.
- 10 Rakesh Engineer, M.D.
- 11 Dina Greene, Ph.D.
- 12 Alberto Gutierrez, Ph.D.
- 13 Allan Jaffe, M.D.
- 14 Kellie Kelm, Ph.D. (Moderator)
- 15 Juliane Lessard, Ph.D.
- 16 Courtney Lias, Ph.D. (Moderator)
- 17 James McCord, M.D.
- 18 Richard Nowak, M.C.
- 19 Norberto Pantoja-Galicia, Ph.D.
- 20 Frank Peacock, M.D.
- 21 Jane Phillips, Ph.D.
- 22 Ian Pilcher (Moderator)

1 A P P E A R A N C E S (continued)

2

3 Karen Richards

4 Amy Saenger, Ph.D.

5 Rick San George, Ph.D.

6 Yader Sandoval, M.D.

7 Brittany Schuck, Ph.D. (Moderator)

8 Zivjema Vucentic, M.D., Ph.D.

9 Kerry Welsh, M.D., Ph.D.

10 Jacqueline Wieneke, M.D.

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1 PROCEEDINGS

2 DR. CAPOSINO: Good morning. I think we have
3 everybody, well not everybody but at least our first
4 panel. So we are going to go ahead and start.

5 All right. I'm going to try to gain some time
6 here.

7 Good morning. Welcome to White Oak and thank
8 you for being here. Thank you for traveling and
9 waiting in our security lines. We do appreciate you
10 making the travels out here to be with us here today.

11 My name is Paula Caposino, and I'm the Branch
12 Chief for Cardio-Renal Diagnostic Devices.

13 During this workshop we would like to discuss
14 questions we all face about troponin devices. We will
15 share some of our experiences and observations with
16 these devices and the goal today is to get feedback
17 from you and to open the lines of communications
18 between all of the stakeholders. This is helpful
19 because sometimes we hear information about FDA's
20 expectations or restrictions on these devices that are
21 not true.

22 For example there is an idea that we're not

1 open to high sensitivity troponin devices or that we
2 mandate clinical cut-offs that sponsors are allowed to
3 use. And again these are not true.

4 We want to work together with all stakeholders
5 so that we can increase the availability of troponin
6 devices that work well and are innovative.

7 So hopefully you all got the general
8 information. The bathrooms are behind the kiosks and
9 the workshop is being webcast. And an archived webcast
10 link will be available for future viewing. Transcripts
11 from the workshop will be available in approximately 45
12 days.

13 During this workshop we will hold a series of
14 five panel discussions. FDA will open each panel with
15 a brief presentation and provide panel discussion
16 topics. Each panel session has time allotted for
17 questions from anyone attending the workshop.

18 The workshop will also have a public comment
19 session and everyone here is welcome to speak during
20 the open comment session. If you would like to speak
21 during this session, please add your name to the list
22 at the registration desk. And plan to be in the room a

1 little early in case the workshop is running a little
2 ahead of schedule. But maybe that won't happen.

3 FDA invited registered participants with
4 relevant experience to participate in the panel
5 discussions. We also invited participants from
6 industry and to do so we have reached out to
7 associations representing device manufacturers to
8 identify interested participants. There will be two
9 members of FDA participating in each panel, a third FDA
10 member will moderate each session.

11 And again all workshop participants are
12 welcome to speak during the open comment period.

13 At this time I would like to welcome the
14 panelists for the first session to come up and take
15 their seats.

16 The participants in this first session will
17 discuss Cut-Off Determination Studies and Reference
18 Interval Studies.

19 Each troponin device includes information
20 about the reference interval. Since troponin devices
21 are not standardized or harmonized test results are not
22 interchangeable from one device to another. This means

1 that each device has its own reference interval
2 information.

3 Now how are these used? The reference
4 interval studies for troponin assays take an important
5 role because current clinical guidelines describe that
6 the clinical cut-off for troponin devices should be
7 based on the 99th percentile upper reference limit of a
8 healthy population.

9 Many sponsors choose the 99th percentile as
10 the clinical cut-off for their device. However, some
11 sponsor choose to conduct pilot cut-off determination
12 studies to establish the optimal clinical cut-off for
13 their test. When sponsors choose a different cut-off
14 other than one based on the 99th percentile and their
15 device can measure the 99th percentile we request that
16 the sponsor include clinical performance information
17 using the 99th percentile in the labeling in accordance
18 to the clinical guidelines since it is our
19 understanding that this information is useful for the
20 clinical labs and clinicians.

21 Since these studies pre-specify the clinical
22 cut-off they are important because the more confident a

1 sponsor is in the pre-determined cut-off or cut-offs
2 the better chance they have in successfully validating
3 the test.

4 Device manufacturers take different approaches
5 to designing their reference interval studies. For
6 example there are differences in the inclusion and
7 exclusion criteria used to enroll. Some sponsors use
8 questionnaires, others perform testing to exclude sub-
9 clinical disease. Sponsors may also use different
10 statistical methods to analyze their data. Some may
11 want to claim sex specific upper reference limits,
12 others may choose not to.

13 Our approach has been very hands-off. We try
14 to make sure that the labeling includes information
15 about the population studied and the statistical
16 methods used.

17 During this panel we look forward to
18 discussing best practices, lessons learned, and if
19 there is a right approach to designing and performing
20 these studies, we look forward to hearing what that may
21 be.

22 During this panel we have the following

1 discussion topics: Discuss best practices for trial
2 design including the subject to enroll, how to analyze
3 the data, what to do with results that are identified
4 as outliers, and we offer the question why do many
5 sponsors choose to perform large reference interval
6 studies, and what information about these studies would
7 be helpful to clinicians and laboratorians.

8 I would like to open the discussion and ask
9 the panelists to introduce themselves.

10 Stayce Beck will moderate the session.

11 Thank you all again for taking the time to be
12 here today.

13 **Cut-off Determination/Reference Interval Studies**

14 DR. APPLE: Good morning. So my name is Fred
15 Apple. I'm from Minneapolis, Minnesota. I am Director
16 of Clinical Laboratories at Hennepin County Medical
17 Center as well as I'm a professor at the University of
18 Minnesota in the Department of Laboratory Medicine.
19 And I think I submitted some conflicts of interests or
20 disclosures, so you can look at it. Those are on the
21 website. Thank you.

22 DR. BISHOP: Hi, my name is Jeff Bishop. I'm

1 the head of Diagnostics and R&D at Singulex,
2 Incorporated in Alameda, California.

3 DR. CHRISTENSON: My name is Rob Christenson.
4 I'm a professor of pathology at the University of
5 Maryland, School of Medicine right up in Baltimore.
6 Clinically I direct the Core Laboratories at the
7 University of Maryland Medical Center and am also
8 Medical Director of Point of Care Testing at the
9 University of Maryland.

10 DR. GREENE: Hi, I'm Dina Greene. I'm an
11 Assistant Professor at the University of Washington
12 where I direct the Core Laboratory.

13 DR. SAENGER: Good morning, I'm Amy Saenger.
14 I'm Associate Professor of Lab Medicine and Pathology
15 at the University of Minnesota. I'm a Clinical Lab
16 Director and I direct our clinical trials research
17 lab.

18 DR. PENTOJA-GALICIA: Good morning. I'm
19 Norberto Pantoja-Galicia, I'm a mathematical
20 statistician at the Division of Biostatistics in CDRH,
21 FDA.

22 DR. WIENEKE: Hi, good morning I'm Jacqueline

1 Wieneke. I came to the FDA in 2011 from clinical
2 practice with a background in internal medicine and
3 anatomic and clinical pathology. I'm currently a
4 Medical Officer in the Division of Toxicology and my
5 responsibility on the review team is as the medical
6 clinical consultant.

7 DR. BECK: Okay. Good morning. My name is
8 Stayce Beck. And I'm in the Division of Chemistry and
9 Toxicology at FDA.

10 So we are excited to get this panel started.
11 I won't call on specific people unless conversation is
12 lagging. But we have several discussion topics that
13 are on the board and the first one is really what are
14 some of the best practices for study designs to
15 determine reference intervals for troponin assays. So
16 let's really start with who should be enrolled in the
17 reference interval studies.

18 DR. APPLE: So one of the things I do do is
19 for the last 30 years I've run a clinical trials study
20 laboratory. We are called the Cardiac Biomarkers
21 Trials Lab. So I have been fortunate to be involved
22 probably with almost every manufacturer in the room

1 doing either a point of care study or a central lab
2 study, going back to the days of CKMB. And to hear
3 Paula's comments I'm going to take home a message from
4 that because I understand the FDA's role is regulatory.
5 So I'm going to kind of throw the onus maybe on
6 manufacturers because if the FDA can't dictate and tell
7 you, but they just advise, maybe all the manufacturers
8 should get together in a group and decide on what rules
9 they should follow for how many patients they enroll in
10 a reference range study. I mean I chair the IFCC Task
11 Force that has published a document that says a minimum
12 of 300 men, a minimum of 300 women. Yet we all do see
13 many, many different individuals up to thousands of
14 patients. So it was never clear, we could have this
15 discussion, where that number comes from. Is it FDA
16 driven? Is it manufacturer driven?

17 But I will put - I'll just throw that out as a
18 starting point and maybe we can develop this
19 discussion. If every manufacturer had an annual meeting
20 and say we're going to design, whether this, we're
21 talking here about reference range interval studies,
22 why don't we decide on a set amount, how they are

1 enrolled. We've decided and Rob and I sit on an AACCC
2 Academy, and IFCC group that has just had a submission
3 and I'm sure Rob will have a lot to say about that. The
4 IFCC started off saying we had a number quality, we
5 want a health questionnaire and we have alluded to
6 using surrogate biomarkers to help pine down
7 abnormality whether it is estimated GFR or NT-proBNP or
8 hemoglobin A1C. So I'll just stab, I'm sure I'll come
9 back to the discussion. A lot of people have things to
10 say. And I think that is something we should talk
11 about.

12 And the other thing I'll comment on is we had
13 a recent paper, we do some work on the new Gen 5 Roche
14 assay and what we did in our paper published in
15 Clinical Biochemistry we looked at the concept that
16 Paula brought up is how do we analyze reference ranges.
17 And in that we looked at the three major methods. We
18 looked at the robusts. We looked at the Harrell-Davis.
19 And we looked at the non-parametric. And if you look
20 closely the numbers change. The numbers change by one
21 or two. And since I'm a member of the Global Task
22 Force the 99th percentile is not going to go away in my

1 opinion for a while. So how you uniformly decide one
2 company to the next which metric you use and then which
3 outlier process you use. Do you use the two-key or do
4 you use the Dixon whatever, I'm not a statistician. I
5 think we have one on our board. I'm throwing out a lot
6 of ideas to get the conversation going.

7 But again I'm going to throw it out maybe the
8 manufacturers should come up with a plan, submit it to
9 the FDA and if they said it looks good then you can all
10 uniformly perform your studies.

11 And I can talk all day as you know. So I'll
12 just stop and let the group move on.

13 DR. BECK: So thank you. Let's talk about you
14 brought up the idea of study numbers. So I think
15 sometimes we see that these studies do get larger and
16 larger and thousands of people and sometimes that might
17 be appropriate and sometimes it might not be. So let's
18 go ahead and throw out sort of what are people thinking
19 when it should and shouldn't be that large?

20 DR. CHRISTENSON: Yes, so I think your first
21 bullet here the subjects to enroll and test. I think
22 that should be sort of an all-comers population that

1 then gets screened. We know that if we use the 300 and
2 300 especially in the context of troponin where we
3 don't talk about the 97.5th percentile, we talk about
4 the 99th percentile; right. So let's think about the
5 numbers for a moment. If you have 300 men, 300 women
6 and you are trying to get sex specific interval; right,
7 so if you use 300 how many points are you relying on?
8 So one percent of 300 is three points. So it shouldn't
9 be surprising to any of us who are trained
10 statisticians or not that our 95% confidence intervals
11 are very wide. So this I think is the reason, again
12 you don't need a weatherman to tell you which way the
13 wind is blowing, when you've got a 95% -- or a 90%
14 confidence interval, that is what IFCC uses. It is 90%
15 confidence intervals that are so wide that you need
16 larger numbers to make that confidence interval more
17 reasonable.

18 So 300 and 300 may be a number and maybe it is
19 correct for 97.5th percentile but as laboratorians we
20 like to have at least ten or better 20 values around
21 that cut point so that we can better define exactly
22 what that cut point is. And I think to get that many

1 you need to have larger n. I mean a thousand will give
2 you what? Ten. So 2,000 probably would be a number
3 that if somebody were to ask me I would say well, 20,
4 why? 20 at least give you some noise around that 99th
5 percentile. So I think that is the reason that folks
6 are using such large data sets.

7 DR. BECK: So anyone else have any thoughts on
8 sort of what these minimum numbers should be
9 particularly as you mentioned sex specific cut-offs as
10 well as different age groups where it might be
11 impacted?

12 DR. APPLE: If it is quiet I'll make a
13 comment. So I think -- Amy, go ahead.

14 DR. SAENGER: No, I was just going to make a
15 comment on the age specific cut-offs. I know Rob
16 mentioned that it should be kind of an all-comers
17 population but I think that is different when you talk
18 about an all-comer emergency room population versus
19 what we are talking about is an all-comer normal
20 healthy population which is going to be a different
21 probably age distributed population than those
22 individuals seen in the emergency room. They are kind

1 of two different studies in my mind. And the 99th
2 percentile should be in more normal, they'd probably be
3 younger individuals. By the time you are 70, 80, I
4 don't even know if biomarkers could help you with
5 defining if you are truly normal without doing imaging
6 which of course is cost prohibitive.

7 So I think you could look at the distribution
8 of troponin in a typical ER population in terms of age.
9 But in terms of 99th percentile I think it should be
10 more truly healthy normal individuals.

11 DR. PANTOJA-GALICIA: I want to mention that
12 it has been mentioned that the number of subjects is
13 important and it certainly is especially if we want to
14 obtain confidence intervals. But also I want to bring a
15 very important point that it is not only the number of
16 subjects but also the variability that we observe that
17 drives the precision in the confidence interval. So if
18 we have more variability the precision is going to
19 increase and if you have less variability we're going
20 to have better precision. So that means also shorter
21 confidence intervals.

22 DR. BISHOP: So I think talking about the

1 number of subjects that need to be enrolled and the
2 confidence intervals around them, all of those things
3 come as a result of the fundamental issue which is that
4 troponin concentrations are really a continuum and when
5 we are trying to impose a cut-off of what defines an
6 acute event versus not it becomes an issue there. And
7 then also I think another issue is we start to see data
8 coming from more and more high sensitivity assays. We
9 see that the traditional definition of normal is not
10 necessarily healthy.

11 And so I think the reason that many sponsors
12 are enrolling more and more people is because they see
13 these wide confidence intervals and the reason they see
14 the wide confidence intervals has to do with the
15 inclusion and the exclusion criteria of the population.
16 And just because someone is self-declared healthy
17 doesn't mean that there isn't some sub-clinical cause
18 of a troponin elevation in there. And all of those
19 things I think confound the issue. So you can measure
20 300 or you can measure 3,000 but if you have a
21 different inclusion criteria from sponsor to sponsor
22 none of that is actually going to help.

1 DR. APPLE: Which raises the point very
2 importantly is that we all know you pick up a package
3 insert they have a 99th percentile. Let's say for the
4 high sensitivity assays whether it is FDA or in the
5 literature. Men are higher than women. Then there is
6 another study done somewhere else the numbers are
7 different. So I think we have to understand that
8 whoever we enroll if we declare how they are
9 determining normality if we use surrogate biomarkers
10 the numbers are going to be different from location to
11 location depending on how the gender, depending how the
12 ethnicity, the race, and the age. I mean who is normal
13 in this room? Does anyone think they can participate
14 in a normal reference range study in this room?
15 Because for example when they had the universal sample
16 bank we did at the AACCC in Atlanta, we had a health
17 questionnaire and then we used surrogate biomarkers as
18 I mentioned. And it excludes people. And that was
19 somewhat of an international population. So I think
20 you can't get hung up that your number -- I would say
21 the FDA shouldn't even worry about, the numbers are
22 going to be different from every normal reference range

1 study. It is unlikely to see exactly the same values
2 that come out of two studies.

3 So, therefore, I think choosing a number 1,000
4 or 500 Rob was right, if we chose a 90% confidence
5 interval. If you can do a 95% confidence interval the
6 number goes up statistically like 385. But again if we
7 had some uniformity on all of those issues, how we use
8 surrogate markers and manufacturers have to be open to
9 publishing it in their package inserts. We don't see
10 that.

11 So we lose confidence as a laboratorian when I
12 don't see exactly how you've defined it. What's the
13 number of men, number of women, what's the reference
14 ranges for them, how many people were excluded from
15 Part A to Part B. We don't see that. Then you go to
16 the peer reviewed literature and say well, I'd rather
17 use a peer review literature package insert where all
18 that is disclosed than a package insert. But I know
19 too much. The average clinical pathologist that runs a
20 laboratory and Rob can comment on this in the country
21 they are going to take your package insert and that's
22 going to be the gold standard. So the more you can

1 disclose to the user the better.

2 DR. BECK: A lot of good ideas have come up
3 that I think need a little more flushing out. So the
4 idea of sub-clinical disease has come up. So how do
5 the panel members recommend testing for sub-clinical
6 disease to really be able to say someone is "normal"?

7 DR. CHRISTENSON: So as Francis Bacon said so
8 many years ago one half of wisdom is getting the
9 question right. So I guess if the purpose of this is
10 to define a 99th percentile with really good confidence
11 then I think the population probably has to be the all-
12 comers. And the reason I say that is we're comparing a
13 normal healthy population of college students or
14 medical students to a really sick population that is
15 coming in that is symptomatic into an emergency
16 department. I would venture to say that the median age
17 of that would probably be 60 or much higher. So you
18 are comparing two different populations for the same
19 cut point.

20 So is that really something that evidence
21 based medicine would have us do. I haven't seen
22 anything here about an ROC curve or even should that be

1 part of this whole discussion. Well, that goes to
2 adjudication and I really look forward to the clinical
3 trials, folks talking about adjudication and how that
4 is best done. What should be the gold standard?

5 So as Fred brings up it brings up a whole host
6 of questions. But I think if we are going to do a 99th
7 percentile I think we need to do the N that is going to
8 give us whatever the population we decide on has to
9 give us an N that will give us a reliable so that from
10 population to population you don't get different values
11 for different package inserts that our sponsor
12 colleagues get just because that's the randomness of
13 the nature of the thing that we are trying to measure.

14 DR. PANTOJA-GALICIA: I think you have
15 mentioned something very -- well, the previous two
16 points are very important. I want to bring these two
17 points. The first was uniformity. I think uniformity
18 is important to have consistent or similar estimates
19 because what has been happening is that if the
20 distribution from where we are obtaining our 99th
21 percentile is changing meaning that for example it is
22 tightening, the institution is getting tighter and

1 tighter than the corresponding 99th percentile is going
2 to continuously be changing. It is going to be moving
3 as the distribution moves, as it tightens. So
4 uniformity is important for that.

5 And another point that I want to talk about
6 also is that these population is not an intended use
7 population because as it has been mentioned these are
8 the healthy normals. I was reading a paper that Jackie
9 brought to my attention where initially people have the
10 intended use population and then they selected the cut
11 point, the threshold based on that population so that
12 you can get a trade-off between sensitivity and the
13 specificity false positives and true positives based
14 upon the publication. And I understand there are
15 reasons why that has been moved but maybe it is
16 something to consider again and that's all I have.

17 DR. APPLE: So the concept of normality, we do
18 a lot of reference range studies and we go across and
19 the FDA requests people in their 50s and 60s and 70s.
20 As you get higher in age like you can't find a normal
21 Allan Jaffe everywhere right. So it is hard to get
22 people that are normal as you get over 60. When I hit

1 60 I had my first measurable troponin value. On the
2 old assays I never had a measurable value above the
3 LoD. Something happens at 60 whether its program cell
4 death or what, all of a sudden I had a measurable value
5 and wow that is interesting. So the point I'm trying
6 to make is if we vet these people out, I don't think
7 you should ever use college students for a normal
8 reference range study as we go around the room and vet
9 people out, are you on statins because you have
10 cardiovascular disease you probably shouldn't be
11 considered normal. If you have a high NT-pro or BNP,
12 if you have a low estimated GFR, so as we vet them out,
13 yes, statistically you lower your values. And that's a
14 good thing because what do we want to do. We want to
15 pick up disease and it is more than diagnosis as we'll
16 hear about it is outcomes management. I mean a
17 diagnosis becomes secondary and I'm not a physician but
18 we want to know how I'm going to manage that patient
19 and how I can improve their outcomes.

20 So that said there's a lot of value knowing in
21 the age distribution that have been vetted down to --
22 pine it down from ten to 11, excuse me, from eleven to

1 ten to eight as an example. I'd rather have that eight
2 because if I show up with a nine I want Frank Peacock
3 to say hey something is going wrong with him. I might
4 have to look at him as an outpatient which is fine. So
5 I like the idea that we will get a tight lower
6 reference range because I don't want to be missed in
7 that noise that could be out there if we enroll
8 everybody without some rules of pinning down the number.

9 DR. SAENGER: I guess I'll just comment on
10 that too. I think I mean if you look at the universal
11 definition of MI you look at all the clinical
12 guidelines they state a healthy normal population not
13 adjusted for you know the age distribution in the ED.
14 And so I think I mean trying to mimic that as best as
15 possible will give us I mean we want the best
16 sensitivity, not have to worry about trade-off. And the
17 reason that we can have the highest level of
18 sensitivity is because the other recommendations have
19 serial testing which increases your specificity. So I
20 think having the two in combination should give you the
21 best clinical performance and outcomes. So if you
22 sacrifice your reference interval setting of a higher

1 threshold for the 99th percentile then you might have
2 better specificity but you will be as Dr. Apple
3 mentioned probably missing people as well.

4 DR. APPLE: As you will see in the fourth
5 universal definition that we will hear about later from
6 I'm sure, it is a document that talks about myocardial
7 injury in addition to myocardial infarction. Remember
8 this is a test of injury, not just MI. We lose track
9 of that sometimes. So we want to know if there is an
10 underlying injury. That's part of defining normality.
11 And again I'm going to emphasize if the manufacturers
12 could work together to look at what the experts have
13 proposed in the peer reviewed literature and come up
14 with a number that would be great because then what you
15 bring to the FDA would be uniformly agreeable.

16 DR. CHRISTENSON: I think what Fred brings up
17 is terribly important and that is the fact that you
18 know all myocardial infarctions have an increase in
19 troponin but not all increases in troponin are
20 myocardial infarction. And so it is myocardial cell
21 injury. So in that way we might want to think about
22 this reference or this normal values so-called or

1 reference interval as agnostic to which disease that
2 you're looking at whether it be myocardial infarction,
3 pulmonary embolism, renal disease, whether there are
4 other things. So I think again it depends on which
5 question we're asking.

6 The other thing that I notice you've talked
7 about is outliers and the issue with outliers. And I
8 think we have to decide whether the value we're talking
9 about is an outlier or that the patient that had that
10 value measured is an outlier and should be removed from
11 the population. And we're talking about and so there
12 are a number of statistical tests that can be used.
13 But I think the major thing there would be to determine
14 whether it is the patient or the value that is the
15 outlier. And there are a number of ways to do that but
16 I think that is something we should decide as well.

17 MS. BECK: Courtney.

18 DR. LIAS: Hi, I'm Courtney Lias, I am with
19 FDA and I really appreciate the discussion that's going
20 on right now because I think it highlights part of the
21 reason that we wanted to have this particular panel.
22 There are a lot of questions that we have about what

1 the right population ought to be because we get asked
2 that question a lot.

3 And I do want to clarify a couple of things
4 that have come up. One, FDA does not currently mandate
5 any particular population for the 99th percentile for
6 the main reason that there doesn't seem to be consensus
7 on what population to use. And two, I don't know that
8 we are necessarily the people that have the expertise
9 or point of view to decide what population ought to be
10 the right population to set a clinical cut-off for
11 troponin.

12 So you know we are interested in hearing from
13 the clinical community if there is a way to get
14 consensus on either sort of one method of doing it or
15 various methods of doing it that could be transparent
16 to laboratories at the end of the day.

17 I heard the suggestion that maybe
18 manufacturers ought to make proposals to FDA and FDA
19 ought to decide. It's not my favorite option; I will
20 tell you that. And I think for the reasons I just said
21 that I think it would be more valuable to have some
22 sort of consensus or discussion from the clinical

1 community on what laboratories, what ER docs need, what
2 is the information that is needed.

3 So one thing I would like to ask the panel to
4 discuss with that in mind is given that we aren't in a
5 position to decide the right population we have allowed
6 manufacturers to simply describe the population that
7 they used. We haven't mandated anyone do testing to
8 make sure people are healthy. We haven't mandated ages.
9 We haven't done any of that. We simply asked the
10 manufacturer how did you do your study. And tried to
11 make sure that was as transparent as possible to the
12 people using it. So I would be interested to hear the
13 panel discuss a process by which, you know it is okay
14 if we can't do this today, I understand this is not an
15 easy question, a process by which you would suggest we
16 might come to consensus eventually in the clinical
17 community either on one way of doing it like I said,
18 maybe there is one way to do this for all of the types
19 of uses for troponin you mentioned. Or maybe that
20 there are different ways of doing this for different
21 types.

22 So if anyone has suggestions on sort of next

1 types of discussions or other discussions that are
2 broader we'd like to hear that. And also who should be
3 involved in such discussions to develop some sort of
4 consensus on this type of question in the clinical
5 community because I think it would really help us and
6 the manufacturer as well.

7 DR. GREENE: I think I'll take this question
8 first if that is okay. I think there is an abundance
9 of literature that is showing all the different 99th
10 percentile cut-offs that have been determined in
11 different ways. And then also how applying those
12 clinical cut-offs to a clinical population in the ED
13 affects outcome. So I think it is really the
14 integration of those studies to then determine from
15 what has already been done what might be the best
16 approach in defining that population. And I think that
17 the group of experts that need to analyze that data
18 need to be not only the people that participated in
19 those studies but unbiased people from the ED, from
20 cardiology, from laboratory medicine as well as the
21 experts that designed the study and obviously the
22 manufacturers as well.

1 DR. APPLE: So I'll just add to that before
2 Frank. So Courtney, thank you for your comments. But
3 I think that there are a couple of expert opinion
4 groups out there. My IFCC Task Force and the AACC
5 Academy has an international group of over a dozen
6 people that have been looking at this question. So the
7 question we've come up with is we have a paper in
8 review which I am sure will be accepted at Clinical
9 Chemistry maybe this afternoon, I don't know, any day.
10 And it really clearly spells out, we don't come up with
11 numbers but we're going to have an IFCC meeting. Maybe
12 we have to increase the number from 300 but we have
13 clear guidelines of a broad group of people by
14 ethnicity, gender, age. We have actually designated
15 surrogate biomarker cut-offs we recommend. I think the
16 only thing left for that group to do is to come up with
17 a better number than the 300/300. Maybe we can get a
18 bigger number and in addition we're talking about what
19 statistical method. And I can tell you the ones in our
20 experience for the IFCC, the robust method doesn't work
21 unless you can measure over 50% of people, the numbers
22 fall out. You can't even get a 99th percentile. That

1 leaves the Harrel-Davis and the non-parametric which
2 there'll be some discussion on that but I think there
3 can be - there is stuff out there that we can have in
4 the literature and it is comprised of ED physicians,
5 cardiologists and laboratorians, so everyone has a seat
6 at the table at this group and it is an international
7 group. So we do get input and so I think we can
8 forward you our final documents when we get them so you
9 can see that. And we tell the manufacturers that when
10 we do studies but no one seems to follow what we
11 suggest. So there is a conundrum here. You don't give
12 advice and then experts give advice and I'd say most of
13 the time neither advice is held. They do -- maybe get
14 other advice. Rob gives them advise maybe different
15 than me, same as Dina, same as Amy. So there's really
16 -- everyone has Rob says what's the question. They hear
17 different questions from us. But I think that is the
18 key. There are some papers out there that will help
19 answer your question.

20 DR. BECK: Go ahead Frank.

21 DR. PEACOCK: Frank Peacock, Baylor. So I am
22 an emergency doctor and I have a question for the

1 panel. Is what is the fixation with the 99th
2 percentile? Tell me the physiological basis for it
3 because it doesn't exist. It was made up so that
4 cardiologists had a controlled number of MIs. It has
5 nothing to do with patients. And if you look at -- you
6 want a number that predicts outcomes it is somewhere
7 around the 60th percentile. So the number I want to
8 know in my practice is how many patients am I going to
9 send home who are harmed. So what is that number?
10 There is going to be an acute outcome and a chronic
11 outcome based on some number. And I'll sit down.

12 DR. APPLE: So, I'll answer that question
13 specifically because there was a meeting the ESC and
14 AACC had in east France and Allan Jaffe was there and I
15 was the only laboratorian among cardiologists. And the
16 world we live in, the laboratory world works in 95.5
17 percentiles. But the day that the troponin Assays were
18 being starting to get FDA cleared back in the last 90s
19 the imprecision was horrific. All right. So it was a
20 CKMB assay in a troponin form. So the cardiologists
21 rightly said we can't afford the false positives that
22 we're going to see because of the noise around that

1 cut-off at the 97.5, so instead of using two standard
2 deviations it was bumped to three. So I will propose
3 that down the road as these assays are cleared and the
4 precision gets improved likely there will be a
5 discussion to move it back to the world we grew up in
6 at the 97.5th like everyone else has it defined
7 reference range. That was the history am I correct,
8 Allan Jaffe?

9 DR. JAFFE: Absolutely.

10 DR. APPLE: Absolutely, that was the reason
11 because that extra one and a half percent they didn't
12 want to be categorizing patients as MI if they knew it
13 was noise around the assay. That was the history of the
14 99th percentile. And it's stuck since then.

15 DR. CHRISTENSON: Yeah, so I think that was
16 such a great contribution back in 2000 to come up with
17 something that made it a more sensitive assay. But I
18 think what Dr. Peacock asked is really a very important
19 point. And at that time good was -- I mean it was good
20 to say the 99th percentile but it was perfect was the
21 enemy of good at that time because there was no
22 evidence that really showed this. Now and this is why

1 I am so interested to hear about the adjudication
2 process there was no gold standard for and we're
3 talking now about -- our question now has to do with
4 myocardial infarction, not pulmonary embolism, not
5 heart failure or others. So I think what we have to do
6 is really hone it down to the questions and then as was
7 said earlier by our statistical colleague in the
8 intended population look at the cut points and I think
9 maybe that is what Frank is driving at risk in that
10 intended population, not necessarily in college
11 students or all-comers or whatever the 99th percentile
12 would be.

13 DR. GREENE: I also think it is a great point
14 and I mean I've never heard an endocrinologist ask me
15 what percentile the cut-off for glucose is or for
16 hemoglobin A1C. And so again tying in the adjudication
17 and the clinical outcomes is key and while the 99th
18 percentile is really important because of the lack of
19 standardization for troponin assays I think that
20 getting to that question is the only way that we'll
21 know what the proper cut-off should be.

22 DR. SAENGER: And I think just to reiterate

1 that point. I mean that's why there is a push to be
2 able to have so many kind of detectable or quantifiable
3 troponins at that low end because usually for every
4 other lab assay that we have we can measure something.
5 We see a gaussian distribution or maybe it is skewed
6 but we can measure something and then we can derive a
7 reference interval off that. For the contemporary
8 assays of course we can't see anything below this
9 whatever arbitrary 99th percentile there is. With high
10 sensitivity assays it depends of course on the assay or
11 platform and it is a little bit different. But that's
12 why there is a push so we can more accurately derive
13 what that reference interval should be.

14 DR. BECK: I'm going to go to the lady in the
15 back.

16 MS. AJONGWEN: My name is Patience Ajongwen.
17 Based on all the conversation that you have been having
18 I want to go back to the sample size. I've heard the
19 minimum of 300, I've heard larger sample sizes which
20 uses confidence interval above variability. My
21 question is based on what Paula stated the
22 manufacturers have the option to do an overall 99th

1 percentile in that case the minimum of 300/300 gives
2 you 600 total for a gender specific cut point. So I
3 want to throw it back to the panel when we are talking
4 about sample size here are we going in the direction of
5 the gender specific? In that case do we know what the
6 subgroup is enough or are we talking about the 99th
7 percentile? And keep in mind depending on whether we
8 are using the intended use population as our
9 statisticians say it might narrow the 99th percentile.
10 I just want to understand Dr. Christenson threw out
11 the minimum what is the context in the sample size in
12 the context of all overall versus gender specific?

13 DR. APPLE: I think from the IFCCs when they
14 first came out we were talking about 300 men, 300 women
15 after exclusions. That was for the 99th percentile as
16 Rob pointed out. I think it is 385 if you want to get
17 a 95 percent confidence interval. So we are talking
18 specifically individual men 300 or whatever the number
19 is and same equal number for women. And derive a sex
20 specific cut-off for men and a sex specific cut-off for
21 women. That is my view from our task force and from
22 the AACC Academy is what we're recommending.

1 DR. BECK: Go ahead.

2 DR. CHRISTENSON: And again the problem with
3 that approach is that you have very big confidence
4 intervals. You have very large confidence intervals.
5 So if you do it in one normal population over here in
6 this area and then you do a separate study in another
7 normal population using the same criteria your cut-offs
8 are likely to change substantially because of that 90
9 percent confidence interval. That's the danger of
10 using -- or that is the issue with using a relatively
11 small number like 300 to define a cut point.

12 DR. GREENE: But I do think we are all in
13 agreement that you do need to analyze them in a sex
14 specific manner.

15 DR. PANTOJA-GALICIA: I have a quick question.
16 Is there a clinical meaningful when you obtain a
17 confidence interval are you looking for a special width
18 of the confidence interval because that's when I
19 determine --?

20 DR. CHRISTENSON: Yeah, I mean that would have
21 to be probably some sort of consensus. I mean we'll
22 know it when we see it; right? But we know that if it

1 doubles, if it is double the value, if it is ten and 20
2 as the confidence interval we know that that is too
3 big. So how big should it be? We could maybe define a
4 percent. Maybe that is something that a consensus
5 group should come up with and that will drive the N.
6 So it is a great point.

7 DR. BISHOP: I can't pretend to speak for all
8 manufacturers but I'll speak for one manufacturer of a
9 high sensitivity assay and kind of my perspective on a
10 couple of things that Dr. Apple said and then Dr. Lias.
11 You know Dr. Apple talked about it would be nice if all
12 the manufacturers would get together and do something.
13 I think for matters of business that's not really
14 practical. It sounds like a good idea but it is not
15 really practical.

16 And in terms of submission to the FDA any one
17 individual manufacturer doesn't necessarily hear or see
18 the feedback that the FDA has given to another. And so
19 I think the FDA needs to be a little more prescriptive
20 and a little more vocal on terms of what they are
21 seeing and what they want to see. Otherwise each
22 manufacturer is going to have to learn the lesson the

1 slow and the hard way.

2 DR. APPLE: Can I just answer that.

3 DR. BISHOP: Yes.

4 DR. APPLE: Just a quick answer that so I --
5 the concept I agree, don't disagree. But I think it
6 would be important for the FDA because we do studies in
7 my lab and I do four different studies right now in my
8 lab and there are three different FDA individuals. And
9 the messages I see to the companies are different maybe
10 two out of the four. So I think that is a very
11 important point that everyone gets on the same page.

12 DR. BISHOP: No, I agree. It is important that
13 everyone is on the same page. But asking manufacturers
14 to start talking with each other is not probably the
15 way that is going to happen.

16 And then another comment I wanted to make
17 about something that Dr. Lias said in terms of not
18 being prescriptive about what population is enrolled.
19 I think one of the challenges again speaking as one
20 manufacturer of a high sensitivity assay is as assays
21 get more sensitive the precision at the low end will
22 get better and that will lower the cut-off. And as you

1 start being able to exclude subclinical disease that
2 will lower the cut-off. All of these things are moving
3 forward in such ways that are lowering the cut-offs and
4 that if you define going back to something that Dr.
5 Peacock said if you define the 99th percentile as
6 myocardial infarction then the specificity of assays is
7 only going to get worse and worse if you stick with
8 that definition of MI as anything above the 99th
9 percentile. And so I think manufacturers would be
10 reluctant because ultimately there is some judgment on
11 the assay whether it gets cleared or not and that is
12 largely based on sensitivity and specificity. And so
13 we're headed down a path where assays are getting
14 better and the specificity is going to get worse if we
15 continue to believe that anything above the 99th
16 percentile is an MI. And so I think that is really the
17 issue that needs to be resolved.

18 DR. BECK: Okay. We only have ten minutes
19 left. So let's go ahead and the gentleman in the front
20 had a comment.

21 DR. McCORD: Yeah, Jim McCord, Henry Ford,
22 Detroit. And just to echo some of this overemphasis on

1 the 99th percentile I think sometimes we argue or
2 discuss about this way too much. I have plenty of
3 patients that are two, three, four, five times above
4 the 99th percentile that don't have an MI. We're
5 always looking for the next value in the delta, so the
6 delta by far is much more important than the cut-off.
7 There really is no "the cut-off" for an MI.

8 MS. BECK: Thank you. Courtney do you have a
9 comment you want to make.

10 DR. LIAS: I just again appreciate the
11 feedback. We are actually happy to consider any type
12 of cut-offs. I think Paula said that before. So you
13 know if manufacturers want to come with deltas they
14 just need to show how well they work.

15 The comment on specificity also you know we
16 are interested in providing assays that where the
17 benefits outweigh the risks. And if assays are
18 beneficial even though specificity gets worse, if that
19 doesn't increase risk or provide new risk that can't be
20 mitigated in some way either by labeling or by the way
21 that they are used in hospitals, that might be
22 acceptable. So manufacturers shouldn't let that hold

1 them back.

2 With respect to working with companies on 99th
3 percentiles we are happy to provide guidance on this
4 question. What we are requesting is some interaction
5 with the clinical community to help us understand what
6 type of guidance to write. So we are happy, we are
7 looking forward to seeing what your group or the IFCC
8 group that you worked on has published. And we are
9 interested in talking with people who have different
10 perspective on that point. What we are not hearing yet
11 is consensus. And so the more we understand where that
12 consensus lies or if there is no consensus what the
13 different points of view are the easier it will be for
14 us to write that guidance.

15 We appreciate this discussion.

16 MS. BECK: Go ahead.

17 MR. JAFFE: Al Jaffe, let me endorse what Fred
18 said about what we did with the 99th percentile at the
19 time we had no idea where normal was. But let me also
20 suggest that we've got to make sure that we're thinking
21 of the same thing. And everybody has a little bit of a
22 different need here. What we in the universal

1 definition are doing is defining when an MI has
2 occurred. That is not defining risk. Risk is a
3 totally different circumstance. In certain
4 circumstances with high sensitivity it is going to be
5 way down in the noise and that will be a valuable
6 contribution eventually. And in some patients even
7 having a higher value may not be associated with risk.
8 It depends upon the clinical situation. So I think if
9 we conflate prognosis and diagnosis we make this a much
10 more complicated titration. And the other point to
11 make that is important is as you start looking at
12 subsets whether it is age, left ventricular
13 hypertrophy, heart failure, the number of perturbations
14 are gargantuan so staying with a normal population
15 whatever way you wish to define it is actually easier
16 because otherwise you'll have a different cut-off for
17 Fred as he turns 60, for me as I'm a little bit older
18 than he is, for anybody who has a little bit of renal
19 dysfunction, for anybody who has a little bit of left
20 ventricular hypertrophy and on and on and on. So there
21 is a desire for everybody to say let's make it real
22 simple, just do this and only this. And it fails often

1 because we fail to look at these different subsets. So
2 we want to simplify and consistency amongst what
3 companies do would be really important and helpful.
4 But the idea that you can mandate each one of these
5 parameters is not in the cards.

6 DR. APPLE: And I just add to Allan and to the
7 FDA is after you hear this later is we in America are
8 behind the times with troponin assays. And I think if
9 we can work with the manufacturers closer because
10 they've been -- these are out there in other countries
11 and they are working and you can read the evidence
12 based literature on diagnostics and outcomes. It's
13 working. So hopefully from the end of today the two
14 groups can get together and hopefully some of these
15 assays if they are submitted properly can get cleared
16 so when I become a patient in ten year I'm using a high
17 sensitivity assay, I hope.

18 DR. BECK: Thank you. Real quickly because we
19 only have a few minutes. I just want to move on a
20 little bit. So one thing we are hearing is there is a
21 lack of consensus. So to help address that we have
22 people try to put this in the labeling so that it is at

1 least clear to the clinicians and laboratorians what's
2 been done. So what kind of information should be in
3 the labeling to be helpful to you? And Dina or Amy, I
4 know you've --

5 DR. SAENGER: Yeah, I guess I would just say I
6 mean for labs that are basically just going to be
7 verifying the package insert reference range which they
8 are required to do typically you would need about 20
9 minimum you know normal and you try to mimic whatever
10 is in the package insert. So if the normal were
11 excluded using NT-proBNP of 125 or you know EGFR of 60
12 or some -- it just helps the burden on the labs when
13 they are trying to verify their own reference interval.
14 So being specific about that is also very practical.

15 DR. GREENE: Also the outliers were touched on
16 briefly by Dr. Christenson but I'll say that the sample
17 size, the number of outliers that were detected, how
18 those outliers were defined and then how they were
19 either analytically or clinically further worked up is
20 very important. So even if it was just this sample was
21 this fold above the 99th percentile, we determined it
22 was an outlier and when we tested it on an alternative

1 platform it was undetectable, we think this was an
2 analytical error. Or on other platforms and then the
3 sample also tested positive for cocaine and so it was
4 excluded or something like that. But saying how many
5 outliers were detected because that's then going to
6 when we're either verifying a reference interval or
7 we're getting calls from our clinicians we can better
8 understand the limitations or why we might have these
9 either analytically or clinically relevant false
10 positive results.

11 DR. CHRISTENSON: And I would opine that
12 transparency is the name of the game. So there are
13 some journals where you have to put your data that you
14 use to come up with your conclusions online. And then
15 other investigators can take a look at that. So maybe
16 that would be -- I mean that would be sort of the one
17 end of the spectrum of transparency but that would
18 allow folks to see what the outliers were that might
19 have been thrown out. So it would allow the community
20 I think to have a more informed discussion about what
21 was done and what wasn't done. But being explicit
22 about the population would also be important as my

1 colleagues have said.

2 DR. BECK: Thank you. That brings up -- oh, go
3 ahead Norberto.

4 DR. PANTOJA-GALICIA: And I think it is
5 important also to mention the method that was used to
6 obtain the 99th percentile and the method that was used
7 to obtain the confidence interval.

8 DR. BECK: Thank you. That does bring up we
9 only have two minutes left but that does bring up the
10 idea of outliers. So do you guys have any experience
11 when you've had outliers in reference interval studies
12 have you been able to identify clinical reasons for the
13 results or when should we be allowing them to be
14 excluded? Only if it is a known analytical error or
15 when you can actually identify clinical reasons?

16 DR. APPLE: My simple answer is most of the
17 time no. All right. So we do hundreds -- we go to
18 health fairs in Minneapolis, St Paul area. We enroll
19 patients. And you find outliers from the surrogate
20 markers and first of all you lose contact with the
21 people. And you are not supposed to feed back
22 information because of IRB issues. But 99 out of 100

1 times you can't figure out why. It is a subclinical
2 information is really nothing in a chart that says that
3 they are diseased. So my experience is the answer to
4 that is no.

5 DR. CHRISTENSON: The only thing I would say
6 again is the patient an outlier or is the value an
7 outlier. To determine if the patient is an outlier you
8 need to do multiple measurements with other reliable
9 assays to see if all of them, if you have consensus
10 that all the values are high. If that is the only
11 assay that is high and the others were low then it's an
12 outlier that is with that single assay. So I think
13 that is the first thing you have to do and then you
14 have to consult with a clinician to see if that value
15 of the troponin is really something that should have
16 been that it is pathological or not. So I don't know
17 what the exact answer is but I think those two would be
18 important points to determine.

19 DR. APPLE: Just that Rob and I are working
20 with the universal sample bank. If you look at every
21 assay that we have now eight assays for high
22 sensitivity assays the outliers from one assay are not

1 the say outliers for the other. So I can't explain it.

2 DR. GREENE: But I mean often times even the
3 samples that are defining even without the outliers,
4 the samples that are defining the 99th percentile
5 between assays are not the same if you take the same
6 reference population. I don't know, I haven't seen
7 that data but --

8 DR. BECK: Okay. Thank you. Real quickly
9 just the two gentlemen in the back and then we'll end
10 the panel.

11 DR. GORMAN: Thank you. I'm Bob Gorman. I'm
12 with Siemens Healthcare. One thing I want us to not
13 lose sight of is the shape of the distribution that's
14 behind this. No matter what patient population you
15 have as Jeff said there's a continuum there. These are
16 extremely skewed distributions. Okay. So we also know
17 that theoretically if you are at those extreme order
18 statistics, those extreme percentiles they have larger
19 variability than say the median. Okay. So you've got
20 that working against you. Then you've got the actual
21 shape of the distribution. If the distribution is so
22 highly skewed then you are going to get wide confidence

1 intervals and that is actually just correctly
2 reflecting the population and the shape of the
3 distribution itself. So and your ability to correct
4 for that is limited by the rate of the sample size
5 calculation. Remember that the width of the confidence
6 interval is always related to the square root of N not
7 N. So we double our sample size it doesn't half the
8 width of the confidence interval. So there is a law of
9 diminishing returns that is going to be working against
10 you. And again as these assays get more sensitive and
11 we are able to look at whether it is the daily turnover
12 of cells or you know somebody slips and falls on the
13 floor and compresses their chest some more cells die.
14 I think even if we had those healthy 20-year-olds you
15 are going to see that. And so there's always going to
16 be a skewed distribution. And so we are kind of stuck
17 in the idea that statistics can only take you so far in
18 terms of trying to limit the size of those confidence
19 intervals. My point is that the confidence intervals
20 are actually doing what they are supposed to. They are
21 reflecting the variability in the patient-to-patient
22 population.

1 MS. BECK: Thank you. Gene do you want to
2 quick --

3 MR. PENNELLO: Well, I just have one comment.
4 I'm Gene Pennello. I'm an FDA statistician. So in any
5 given reference range study the distribution of the co-
6 variants like age may vary from study to study and that
7 could impact what the estimate of the 99th percentile
8 is. One way to sort of calibrate all this across
9 studies is to weight the data to some standard
10 distribution that you are comfortable with. This is
11 done I know from experience when they are estimating
12 cancer rates across geographical regions they
13 standardize to some standard distribution before they
14 actually estimate the cancer rate. You can do the same
15 thing here for any given reference range study. You
16 standardize the estimate toward some standard
17 distribution for age or other co-variant that you think
18 is the right kind of normal population you are
19 interested in.

20 DR. BECK: Thank you. And Dr. Jaffe and then
21 we'll take a break.

22 DR. JAFFE: Let me just make the point that

1 sitting with a lot of these groups is as a clinician
2 and with a partial laboratory medicine hat one of the
3 tensions that always goes on is what is practical. If
4 you want to get rid of outliers make your upfront
5 criteria very rigorous. Many of us have noted and the
6 literature would support it that if you wanted to add
7 imaging, if you wanted to add the best imaging you
8 could add MRI that you would end up reducing the number
9 of outliers substantially. Nobody wants to do that.
10 No one views that as a practical way to proceed. The
11 same thing we fight all the time about how tight the
12 restrictions ought to be on the various co-variants.
13 How low do you have to be? I think in many instances
14 they're too high. So we make a problem for ourselves
15 by trying to find this balance between what is
16 practical in the real world and what might be ideal for
17 defining a normal population. I think that is the right
18 thing to do. I think that is the real world. But then
19 we can't sit up here and lament it and get unhappy
20 about it. Those are compromises that we're all making.
21 We need to acknowledge them and understand that they
22 are going to cause uncomfortablenesses, outliers that

1 we're going to have to deal with.

2 DR. CAPOSINO: Thank you very much for
3 participating in the panel. We're going to take a ten-
4 minute break. So if we can be back here at 10:00 to
5 start the second session that would be great.

6 Thank you very much.

7 **BREAK**

8 DR. CAPOSINO: Okay. I'm missing one of my
9 panelist but I think I'm going to start.

10 During this session we will discuss clinical
11 trials for troponin assays. We will discuss why
12 clinical data is needed for troponin assays. Why more
13 troponin devices are currently available outside of the
14 United States. And we want to discuss how we can
15 stimulate innovation of these devices in the U.S. What
16 clinical trials for troponin assays typically look
17 like? And some challenges that manufacturers have
18 experienced with these trials.

19 We at the FDA are in the unique position to
20 see multiple studies from multiple manufacturers and we
21 cannot share the information that we review unless
22 something is cleared. During this panel we would like

1 to share some observations from our review of these
2 studies.

3 So why do we need clinical data for troponin
4 assays? As mentioned in the previous discussion panel
5 troponin assays are not standardized or harmonized.
6 Tests results between assays are not interchangeable.
7 And each assay has unique clinical cut-offs and
8 different analytical performance. For example the
9 precision at the cut-off can be very different from one
10 assay to the next. Clinical studies are an effective
11 way to estimate the clinical performance that
12 clinicians and laboratorians can expect from each test
13 and have always been provided to support troponin
14 assays.

15 While all of our troponin assays are cleared
16 as an aid in the diagnosis of MI some sponsors are also
17 interested in different claims such as using troponin
18 as a prognostic marker or to use troponin test results
19 for the rapid rule out of MI. We do not object to
20 these new clinical uses for troponin devices. Well-
21 designed clinical studies to support these claims would
22 provide reasonable estimates of the clinical

1 performance that clinicians and laboratorians would be
2 able to expect for any of these additional claims.

3 Why are some assays not available in the U.S.?
4 Since information supporting clinical validity is not
5 needed for in-vitro diagnostics in some countries some
6 assays that may not have been clinically validated
7 might be available outside of the United States but are
8 not yet available here. In the U.S. clinical validity
9 information is needed to show that the device is valid,
10 safe for use, and to provide reliable estimates of
11 clinical performance so that laboratorians and
12 clinicians have the information that they need to use
13 these tests.

14 Another reason that some troponin assays may
15 not be available in the United States is that a lot of
16 sponsors have never submitted them to the FDA. And we
17 are unable to clear devices that we have not reviewed.

18 Lastly in some cases the performance data that
19 we have reviewed has shown some issues. Some assays
20 that we've reviewed have demonstrated poor clinical
21 performance. For example a test may have very poor
22 clinical sensitivity and the number of patients with an

1 adjudicated diagnosis of MI that did not have a single
2 test result with the investigational device above the
3 clinical cut-off was more than 20 percent. For some
4 tests high imprecision around the clinical cut-off can
5 sometimes contribute to poor clinical performance. For
6 some tests we've observed big clinical performance
7 differences between recruiting sites when the testing
8 is performed directly at the clinical sites that enroll
9 patients. Some of these sites have had poor clinical
10 performance that is not clinically meaningful. When
11 there are many differences at the recruiting sites, for
12 example, demographic differences in the recruited
13 population, different types of samples that are
14 collected at the sites, it is difficult to discern if
15 the poor performance has something to do with the
16 demographics, poor performance for that sample type,
17 poor device performance, or some issue with the
18 usability of the device. And this will be discussed in
19 more detail during the point of care panel.

20 As these observations highlight, in some cases
21 it is more obvious that there is a problem with the
22 performance of the device for example when we observe

1 poor precision and poor clinical performance. However
2 in other cases poor trial design and execution may also
3 be contributing.

4 What do clinical trials to support the use of
5 a troponin assay as an aid in the diagnosis of MI
6 typically look like? Companies perform the cut-off
7 determination study as discussed in the previous panel
8 this can be the reference interval study if the sponsor
9 is using the 99th percentile. Others also perform
10 small pilot studies in the intended use population to
11 derive cut-offs that are designed to meet clinical
12 performance targets. These studies are very important.
13 The better the cut-off determination study the more
14 confidence a sponsor can have that they will
15 successfully validate their test.

16 The validation trials enrolls an all-comers
17 population. The term all-comers has led to some
18 confusion. What we mean by an all-comers population is
19 the subjects presenting to the emergency department
20 where the treating clinician uses the troponin test in
21 the overall assessment for MI. Serial samples are
22 taken using the investigational device concurrently

1 with standard of care biomarker testing. The case
2 reports from the subjects are submitted to central
3 adjudication. And sponsors have used different
4 approaches in their adjudication. Most sponsors use a
5 group of three or five adjudicators reviewing all
6 patient files and applying majority rule for final
7 diagnosis. Some sponsors only submit patients for the
8 third or fifth adjudicator when the first two or four
9 do not agree. In these cases the tie breaker is not
10 always the same adjudicator and is blinded to the fact
11 that he or she is that tie breaker.

12 To address problems with throughput some
13 sponsors have put together large pools of adjudicators.
14 For example they will have 20 adjudicators in total and
15 will create random panels of three to five members in
16 order to adjudicate the files more quickly.

17 The ultimate goal is to show how well the test
18 performs clinically using the adjudicated MI as
19 clinical truth.

20 We've reviewed some studies from different
21 manufacturers and today we would like to share some of
22 the challenges with trial design that we have observed.

1 So first we want to acknowledge that these
2 trials are difficult to design. For example we often
3 hear that it can be difficult to obtain informed
4 consent in a timely manner that would allow both for
5 the timely enrollment of the patient and the timely
6 collection of samples needed for these studies. We
7 look forward to understanding how often this occurs and
8 if there are strategies to improve the informed consent
9 process for these trials.

10 We've observed trials where the clinical cut-
11 off is not optimal and the clinical performance suffers
12 as a result. We've observed potential bias that is
13 introduced into the clinical study because of study
14 design. As will be discussed in the next panel in some
15 studies we've observed pre-analytical issues such as
16 sample instability. For example for a hypothetical
17 assay the samples are stable for two hours but the
18 clinical protocol does not account for this and the
19 samples are tested outside of their stability interval.

20 We've also observed trials where subjects are
21 excluded from the trial and these patients are part of
22 the intended use population of troponin assays. For

1 example a trial may exclude patients with previous
2 hospitalization or previous MI. However, we understand
3 that for troponin a treating physician will use the
4 test to determine if any patient may be having an MI
5 including patients with previous hospitalization or
6 previous MI.

7 We've also observed issues with adjudication.
8 For example the adjudication for a hypothetical assay
9 may include very specific adjudication rules that may
10 not be consistent with clinical guidelines or practice
11 guidelines such as by including a very specific change
12 in troponin concentration into the adjudication rules.

13 We also want to acknowledge that these trials
14 are difficult to execute. Trial sites may not have the
15 resources or training needed to perform these trials.
16 While it is not unusual for trials to report some
17 deviations and those are expected we've observed trials
18 where so many deviations were reported that the results
19 of the study were affected. A common deviation that we
20 observed is that testing sites sometimes test samples
21 outside of the claimed stability interval. Other
22 common deviations result in missing data. For example

1 a hypothetical assay may include two different matrix
2 types in the validation study but the study sites do
3 not consistently collect both types of samples for each
4 patient and as a result the trial may not contain
5 sufficient clinical information from one or both sample
6 types. This observation will be discussed in more
7 detail during the point of care panel. Another issue
8 that results in missing data is when testing sites do
9 not collect investigational samples at the same time
10 that they collect their standard of care draws. For
11 example for a hypothetical assay the investigational
12 samples were sometimes collected one to five hours and
13 as late as 20 hours after the standard of care draws.
14 In this case more than 50 percent of the baseline
15 draws, and this is the draw taken soon after the
16 patient presents at the emergency room, were missing
17 using the investigational device. This may be more of
18 an issue if a trial is designed to collect
19 investigational samples at time points that are
20 different from the standard sampling for troponin that
21 is done routinely at that site.

22 These issues can often result in poor clinical

1 performance and are difficult to resolve.

2 We are looking forward to a fruitful
3 discussion on strategies to avoid some of these
4 pitfalls.

5 We've identified the following discussion
6 topics for this panel: Discuss best practices for
7 trial design to minimize challenges. Discuss best
8 practices for adjudication. What information from a
9 clinical trial do clinicians and laboratorians need to
10 understand the clinical performance of a troponin
11 device.

12 At this time I would like to open the
13 discussion and ask the panelists to introduce
14 themselves.

15 Courtney Lias will moderate this panel.

16 **CLINICAL TRIAL DESIGN**

17 DR. LIAS: Hi, I'm Courtney Lias. I'm the
18 Director of the Division of Chemistry and Toxicology
19 Devices here at FDA and I'm moderating this panel.

20 DR. deFILIPPI: My name is Chris deFilippi.
21 I'm the Vice Chair of Academic Affairs for Inova Heart
22 and Vascular Institute in Falls Church, Virginia. I am

1 a clinical cardiologist.

2 DR. JAFFE: I'm Allan Jaffe. I'm a clinical
3 cardiologist with interest in acute myocardial
4 infarction and also because of my research have a role
5 in laboratory medicine at the Mayo Clinic.

6 DR. McCORD: I'm Jim McCord. I'm a non-
7 invasive cardiologist from the Henry Ford Hospital in
8 Detroit, Michigan and also the Cardiology Director of
9 the Observation Units in the Henry Ford Health System.

10 DR. NOWAK: I'm an emergency physician. My
11 name is Richard Nowak. I direct the clinical trials in
12 the Department of Emergency Medicine at Henry Ford
13 Hospital in Detroit and I'm a clinical professor of
14 Emergency Medicine at Wayne State University in Detroit
15 and at the University of Michigan in Ann Arbor and we
16 have a particular interest in biomarkers in our ED.

17 DR. VUCETIC: I'm Zivjema Vucetic and I'm
18 Medical Director for Ortho Clinical Diagnostics.

19 DR. CAPOSINO: Paula Caposino, I'm the Branch
20 Chief for Cardio Renal Diagnostic Devices.

21 DR. WIENEKE: Hi, there, I'm Jacqueline
22 Wieneke. I'm a holdover from the panel this morning so

1 I don't think I need to introduce myself. But I do
2 look forward to a very vibrant discussion. I very much
3 appreciated learning earlier about what the panel had
4 to say. And I look forward to more at this time.

5 DR. LIAS: All right. Thank you. So I want
6 to thank all the panelists for agreeing to discuss.
7 Our goals for the panel are really as Paula stated. We
8 tried to put together a diverse panel that might have
9 either experience and/or interest in providing feedback
10 to us and to others in the room about the challenges
11 that people face in running these trials because we
12 acknowledge that they are very difficult. And then
13 hopefully at the end of the session we'll have some
14 ideas about how to overcome some of those challenges to
15 make these trials successful so that new and
16 innovative, safe and effective troponin devices can
17 reach patients.

18 So I'd like to start this off by sort of
19 asking that general question. For those of you who
20 either have been involved in troponin studies and/or
21 studies like this that you can imagine what some of
22 these difficulties might be what are some of the

1 pitfalls that you all see. We've described a few that
2 we noticed in the submissions that have been sent to
3 us. But what are some of the challenges that companies
4 and PIs face when running trials for troponin. And if
5 you have any questions related to that yourselves
6 please include them.

7 DR. JAFFE: You should start.

8 DR. deFILIPPI: So I think what we are seeing
9 with the introduction of the high sensitive troponin
10 assays is a new rigor around doing a diagnostic study
11 in the emergency department. You know and part of the
12 sell to clinicians and ED physicians to embrace a high
13 sensitive troponin is the ability to more rapidly
14 detect and exclude a myocardial infarction when it is
15 used for this diagnostic purpose. So that brings into
16 play the ability then to include samples at a very
17 early point in the patient's presentation. So do you
18 want to try to tie that to as the literature has in
19 several articles to the time of the onset of symptoms.
20 Now that can be quite diffuse and difficult. Is it
21 important to really time that to the time of
22 presentation, not the time of the clinical blood draw

1 which can be quite variable in the emergency
2 department? Or do we want to tie this to the standard
3 of care blood draw which is from a pragmatic trialist
4 standpoint that is the easiest thing to do. And with
5 those issues comes the ability to recognize those
6 patients very early in their course because of course
7 patients who have ST segment elevation have already
8 been triaged and generally are not included in these
9 type of trials. How quickly can you recognize them and
10 then how quickly can you get through the consent
11 process and collect these samples.

12 DR. JAFFE: I'll make four points in regard to
13 issues that I see. The first is that most of the trial
14 or many of them and in particular the European ones
15 have systematically lost a lot of the early patients.
16 Take a look at TRAPID as one example, time from onset
17 of chest pain to presentation was 1.9 hours but it took
18 them an hour and a half to get the first sample. That
19 is a 3.4 hour first sample and that's where you can
20 start to analyze what the troponin is all about. So
21 there is a terrible -- an important need to get the
22 samples earlier in these individuals if one is going to

1 make a claim that they are going to be appropriate for
2 early presenters.

3 Secondly, I've been concerned that in many
4 trials the subjects have been honed down to those that
5 are what are called patients whose primary concern is
6 ruling in or ruling out myocardial infarction. And in
7 some senses the way they do it in Europe where they
8 pre-triage patients into such groups so that the
9 incidents of myocardial infarction is 25 or 35% in some
10 of those studies. That may make sense. In the United
11 States where the frequency of MI in the ED is in the
12 single digits most of the time. What it does is it
13 develops a protocol for the evaluation of a very small
14 subset of patients. And then the question is what do
15 you do with the rest. So I very much think that we
16 ought to include all-comers. If you don't include all-
17 comers and you then do this sort of pre-screening the
18 people who present atypically get left out. Who are
19 they? They are the elderly and I'm getting there so
20 I'm sensitive to that group. And women. And we then
21 have a major controversy as to whether or not there are
22 differences in the diagnostic performance of these

1 assays for women. So terribly important to get all-
2 comers in in my opinion.

3 A third issue that is terribly important is
4 that often these patients don't have late samples so
5 that clinical practice because most of these are
6 observational studies is to send these patients home if
7 for whatever the reason because that's the local way of
8 doing things; that's the protocol. Late samples become
9 important if you look at even with high sensitivity
10 there is an incidence of two, three, five percent that
11 don't rule in until six hours. It makes sense,
12 troponin release is blood flow dependent, you've got a
13 total occlusion, you've got an infarction behind it, it
14 is going to take time. So it is terribly important
15 that late samples be gathered.

16 And finally in regard to adjudication I think
17 adjudication can vary but it needs to be codified. You
18 need to write down what it is and what the criteria
19 will be whether or not it is going to be MI/no MI and
20 sometimes you can't tell MI/no MI. Sometimes it ought
21 to be MI/no MI, or we need some more clinical
22 information from the hospitalization. But it has got

1 to be defined up front because if you don't define it
2 upfront it can really become a slippery slope. And I
3 suspect that's some of what the FDA sees.

4 So those are four things that I think are
5 terribly important from the point of view of clinical
6 trials and getting them right.

7 DR. McCORD: And with regards to clinical
8 trials there's a lot of things we really could say,
9 there are a lot of issues. I like to break this down
10 into two big categories just to get an overall look at
11 this situation. The future and what is really
12 happening now. So I think as far as the future goes
13 clinical trials with troponin are going to be quite
14 different. We're going to be seeing these assays used
15 more in the outpatient setting than the inpatient
16 setting for general risk stratification for someone who
17 might be in an adverse event who may benefit from a
18 statin. There are trials out there to help predict
19 stroke risk and atrial fibrillation and is being used
20 commonly even now in regard to chemotherapeutic agents
21 to help predict cardio toxicity and maybe intervene
22 there. So how clinical trials are going to look in

1 that domain is going to be I think quite different and
2 is still being thought about and studied and so forth.
3 And I think in that situation we're going to be talking
4 about very, very low levels and any change in that.

5 And then in regard to what I think our present
6 topic mostly is in regard to someone who may be having
7 an MI or not. Echo a little bit of the sentiment of
8 Allan and Chris. We really need to enforce that these
9 need to be all-comers trials and the definition of all-
10 comers in my mind is anybody that the ED physician
11 thinks may be having an MI, everybody who gets a
12 troponin which is in some studies 15 to 20 percent of
13 people coming into the ED and only excluding patients
14 that have STEMI because in STEMI we really don't use
15 the markers very much. And some of these studies sort
16 of they have a lot of STEMI patients, really can give a
17 misperception of how these would perform in the
18 relevant population, the ones where an EKG is not
19 diagnostic.

20 And then in regard to adjudication I think
21 that is a critical piece. And to give a very little
22 short anecdote after the second universal definition of

1 MI came out I read that and I was a little confused
2 with the document. So I sent a case to two of the
3 authors from that document and said hey would this case
4 be a type-1 or a type-2 MI and one of those authors is
5 in the audience who I will not actually name and there
6 was disagreement even from the authors in regard to if
7 this would be a type-1 or type-2 MI. So to echo
8 Allan's sentiment exactly how you go through
9 adjudication process I think there needs to be a simple
10 maybe one-page document on how you apply the universal
11 definition of MI because not to be too critical but
12 there's some ambiguity in my mind in that document.

13 DR. NOWAK: I think as Jim said about, Frank
14 would tell you I think 15 percent of all patients that
15 come in to the ER get a troponin drawn on them. So if
16 there are 130 million people seen in ERs, so maybe I
17 don't know 30, 40 million people get troponins drawn.
18 And I guess if you suggest that they get serial ones, I
19 don't know maybe 40 or 50 million samples of troponin
20 results are seen by ER physicians. So it is actually
21 quite different for the ER physicians is that they see
22 all this broad spectrum of the use of troponin in the

1 ED or the misuse or I don't know what the hell to do
2 with it in the ED and sometimes a cardiologist can't be
3 of any help. So when I look at the -- I see troponins
4 all day long, all day long and try to figure out what
5 to do with them.

6 From an FDA perspective the rule -- the aid in
7 the rule in of AMI is very helpful. I think it would
8 be very helpful if the FDA said that they were going to
9 change that to verbiage that said troponins are going
10 to be approved for the rapid rule out of AMI and the
11 making of the diagnosis of AMI because that would
12 actually give incentive for people to upfront help out
13 in those that can be ruled out in a very early manner.
14 And that would be exceptionally healthy for the
15 emergency departments. We as opposed to Europe have a
16 very broad net. If you think you had chest pain a year
17 ago you'll get a troponin drawn. It is just very broad
18 and I think part of it is the legal issue that in
19 missing an AMI here in the U.S. is a problem. You get
20 sued and if it is atypical they'll say well, it was
21 atypical, don't you know you have atypical AMIs, why
22 didn't you do something. So we do that.

1 So I think if the FDA actually encouraged
2 newer trials to develop a strategy, prospective
3 strategy as to whether or not they are going to use the
4 LoD, they're going to use a 30 minute, a one hour rule
5 out or whatever but actually prospectively evaluate
6 that so that when the product comes on the market
7 people can feel much more comfortable about discharging
8 or at least looking at other diagnoses very early on in
9 the ED evaluation.

10 The other thing I think and I think this is
11 going to make it more and more challenging is I see
12 troponins all day. They may not be going up. They may
13 not be going down. They may be stable. So what does
14 it mean in all these other diseases? And cardiologists
15 generally don't get involved in those because that's an
16 ER thing. So actually I think what would be good is if
17 troponin trials were being designed that you would have
18 all the patients adjudicated into different buckets.
19 One would be ACS, one would be non-cardiac ACS disease,
20 one would be non-cardiac disease and one might be we
21 don't know what you had. And I say that in the sense
22 that because if you started looking at all of those

1 within those groups there will be some that have
2 troponins that are elevated and some that don't. We
3 kind of know that if you have an elevated troponin
4 whatever you have it is not good long-term. But I think
5 it might start to shed some light on what to do with a
6 patient in the ED who has a troponin with a similar
7 disease of someone that doesn't. For example if someone
8 comes in and has a hypertensive urgency and has a non-
9 detectable troponin and another one has a detectable
10 troponin maybe even at a low level what's the
11 difference? What should the treatment be? Short term,
12 long term? And so I think you have an opportunity when
13 you put all these people into a troponin trial to glean
14 out a ton more information than you have now with just
15 trying to rule in AMI from an FDA perspective. I'd
16 like to see them more formally pursue a rule-out
17 prognostic, a rule-out prospective part of the trial.
18 And then to start to get into some of these other
19 issues because you have the patients, you have the
20 troponins, you have the other diseases. And I think as
21 we sort that out I think it would result in much better
22 patient care. And it would be easier for the ER people

1 to figure out what to do with these numbers when they
2 see them.

3 Thank you.

4 DR. VUCETIC: So I'll be talking a little bit
5 about the manufacturers' perspective at least from one
6 manufacturer's perspective. And I really appreciate
7 all that you've said and that's extremely relevant to
8 what we are doing. I think for us, we're kind of in
9 between both the clinical practice and the regulatory
10 aspect of clinical trials and designing and running
11 them. So when we think about designing the trial first
12 what we look is what is going to be clinically
13 relevant. So we want to incorporate everything that
14 you said, you know from looking at the relevant
15 population which is an ED population that is really
16 hard to not only enroll but to consent. We have
17 multiple time points that we need to collect for these
18 types of trials. And we also have the adjudication part
19 where looking at what is the gold standard diagnosis
20 and how do we normalize across all of the sites that
21 are enrolling into the study. These are I think the
22 three most important things for us.

1 But on the other side I think because we are
2 working within the framework of the 510K process we
3 always look what is our predicate device and how does
4 this influence how it's our device that we're bringing
5 out with this new clinical trial approach is going to
6 be assessed. So it is kind of difficult for us to
7 really be innovative and going forward if we have some
8 limitations or if we don't really understand how are
9 these novel things that we are including in the
10 clinical trial going to be evaluated and assessed and
11 how's the substantial equivalence is going to be
12 determined. So I think these are kind of -- it puts a
13 little bit of a boundary on the manufacturer in the
14 design of the clinical trial.

15 I think --

16 DR. LIAS: Could you speak a little closer to
17 the mike, please?

18 DR. VUCETIC: Yes. I think one of the examples
19 for that is really for us collection of multiple time
20 points and how early do we want to go. I think there
21 are currently no, at least as far as I know, there are
22 no devices on the market that have really early time

1 points. So if we are trying to design a study that
2 collects samples at presentation and then you know an
3 hour later or three hours later what is our best
4 strategy to do that? Is it really collecting time
5 points as the standard of care? Or should we really
6 set the times later on? And how is this going to
7 really be evaluated based on what's already on the
8 market?

9 So I think there is -- I'm really looking
10 forward to both the opinion from the clinical practice
11 and the FDA in terms of that.

12 DR. CAPOSINO: So from our perspective is we
13 are very interested in promoting the use of the trials
14 -- sorry, how about now. So we are very interested in
15 promoting innovative troponin devices that the clinical
16 community needs. And I think we understand that it's
17 difficult to be the first to come and do that. And I
18 think in this way figuring out what those trials should
19 be because they may be a little different if you are
20 trying to rule in as opposed to rule out the trial may
21 be a little bit different and to take that into
22 consideration so that you are able to design and

1 execute the trial that's going to get you your
2 successful device. And I think that is what we want to
3 talk about today is how do we get there? How do we
4 make these easier to do? A lot of these companies are
5 not seasoned clinical trial people. And we just want
6 to acknowledge that the challenges that they see may in
7 part be by the way these trials were designed.

8 DR. WIENEKE: Yeah, everyone has made some
9 really great points and from my perspective from the
10 clinical side the FDA raised a lot of questions as far
11 as some of the submissions that do come through.

12 I do want to just make a couple of points that
13 I don't see my role at least at the FDA as telling the
14 clinicians as to how they should use their devices or
15 what clinical trials would support how they want to use
16 it. So we are definitely open to the clinicians with
17 their input. And if an intended use as a rule out is
18 of more benefit than a rule in I mean technically what
19 we -- I believe what the intended use is, is it's an
20 aid in the diagnosis. So it doesn't say rule in or
21 rule out, it is an aid in the diagnosis. If there is a
22 better intended use that would be more useful to

1 clinicians, I think we are open to that. I think what
2 we have today is not a perfect trial design with this
3 all-comers trial design. It is the best we have right
4 now. But we certainly are open to whatever clinical
5 trial design is of most benefit to the clinicians.
6 That's our role is to get the best devices out to the
7 clinicians so they can take care of the patients the
8 best they can.

9 So again aid in the diagnosis is where we are.
10 If there is a better intended use please let us know.

11 The all-comers part is one of the most
12 important things and again I guess right now speaking
13 to the manufacturers if you use specific exclusion
14 criteria to enroll your patients then those patients
15 are technically not part of your intended use
16 population. So what we are trying to get with the all-
17 comers study is what patient population is the test
18 being used in. From our perspective it is a pretty
19 broad population, like Dr. Nowak said. So from our
20 perspective that's what we need to see. If you are
21 excluding patients based on this criteria or that, just
22 be aware that that is no longer part of your intended

1 use population and we're going to have to kind of put
2 it somewhere and tell the clinicians that the test was
3 not evaluated in that patient population.

4 And then the last thing I would like to
5 actually discuss because we have had a couple of
6 submissions. Regarding this whether you are including
7 or excluding STEMI patients. So and again it just
8 might be that I'm naïve as to how it is actually used,
9 how troponin is being used these days, in my opinion or
10 at least in my experience troponin is being ordered in
11 STEMI patients. If it is not please let us know and we
12 have had I think a couple of submissions that exclude
13 those patients but that's sort of an issue for me if
14 troponin is actually being used in those patients. I
15 need to see how the device is used in those patients if
16 it actually is being ordered.

17 DR. LIAS: I think that is a great question.
18 Let's come back to that. I know Allan had a comment
19 and I've written down the STEMI question for us to come
20 back to and I have a few questions also from what we've
21 just heard. And we'll get to questions from the
22 audience in a little while.

1 DR. JAFFE: Yeah, I just wanted to make a
2 comment about my two colleagues to my left. I think we
3 have to think through what it is we really want as the
4 FDA role. And Frank wants to know who's at risk. You
5 really want the FDA to make the clinical guidelines to
6 define what's risk for you? I would argue that we
7 probably don't. I'm not sure, as enthusiastic as I am
8 about long-term studies looking at how we use troponin
9 at low levels and how interesting they are, an interest
10 of mine. But I'm not sure that we want the FDA to be
11 the eventual determinater of what protocols we use,
12 what the cut-offs are, what the deltas are. I think
13 that is asking for them to do what we who make clinical
14 guidelines ought to be doing. So I think what we want
15 the FDA to do is to look at assays and say do they
16 work, and the way in which they're said to work, and
17 are they safe. And the rest of these details as nice
18 as they might be and I understand Richard's concern and
19 Jim's concern; we've talked about this before, are
20 things we ought to do and take over from the point of
21 view of the American College of Cardiology, the
22 universal definitions.

1 DR. LIAS: I appreciate that perspective and
2 we would love that help. Our panel today is to help us
3 understand how to as a community FDA, manufacturers,
4 academic PIs, laboratories and physicians run these
5 trials in a way that is practical so that we can get
6 those estimates, so we can get that information to put
7 in a label to say how well does this test work, how can
8 you expect this to work in your patients.

9 So the comments earlier were really helpful
10 and I think all boil down to a few of the things that
11 you all summarized. And so I want to delve a little bit
12 into some of the specific questions. One of the things
13 that you all seemed to agree on was the necessity of
14 using this all-comers population, the population of
15 people who would get a troponin test ordered on them in
16 the emergency department. So how can we better design
17 these trials or run the trials or execute the trials to
18 improve the enrollment of that intended use population?

19 DR. deFILIPPI: I can try to answer that. So I
20 think you can have broad inclusion criteria, for
21 example, all levels of renal disease, trauma and so
22 forth. But I think behind the scenes you have to look

1 at the sites that are being selected to make sure that
2 they represent an appropriate demographic, that is
3 represents the broad demographic of the United States.
4 Inner City, academic type hospitals, community
5 hospitals where you often see higher rates of inclusion
6 of myocardial infarction. So that's probably more
7 subjective but also is critically important when you
8 design an all-comers population.

9 DR. LIAS: So what do you think are the
10 reasons we can't get them now. So you know the trials
11 right now are designed typically fairly broadly to
12 include this population. That's what is indicated in
13 the trials that we see. But I'm hearing some feedback
14 that that sometimes those are not the patients
15 consented, those are not the patients that are actually
16 included when the trial is run. So what could be done
17 given that a trial has a broad inclusion criteria, not
18 many exclusions, what can be done to actually get and I
19 think I heard there were a lot of early patients lost.
20 I think that is what Dr. Jaffe said. So how can we
21 improve the enrollment of the patients that we really
22 need to see in these trials to for example improve the

1 ability to assess these markers for rule out.

2 DR. JAFFE: One of the reasons the early
3 patients are often missed is because of the facility of
4 getting the research sample. Now various places are
5 different. The IRB at the Mayo Clinic allows us to get
6 verbal consent to get that first sample and then come
7 back. Other places may or may not. So I think it is
8 incumbent upon people doing the studies from the point
9 of view of getting early patients in to ask their sites
10 whether or not they have the ability to get samples
11 early after the patient presents. And that should be
12 part of the criteria of getting into such a trial so
13 there are adequate numbers of these patients. The vast
14 majority of non-STEMI patients don't present early.
15 They mostly present late and that's why all of these
16 magic rapid rule-outs work so well because you're
17 already three to five hours down the road. But the
18 early patients then that they are going to be applied
19 to become terribly important. So one way would be to
20 screen your sites upfront and to suggest and embrace
21 some of the more liberal IRB policies which some places
22 are allowing.

1 In regard to critically ill patients they
2 often are not included because they are not thought to
3 be part of the intended use rightly or wrongly. So a
4 patient who is septic where some EDs they may get a
5 troponin. If they do I think you've got to include
6 those people. If they don't then you don't because I
7 think otherwise you are picking and choosing. So I
8 think an all-comers population is simply said you get a
9 troponin and you're in.

10 DR. LIAS: Yeah.

11 DR. JAFFE: In regard to STEMIs --

12 DR. LIAS: Okay.

13 DR. JAFFE: -- just quickly. Two things happen
14 in regard to STEMIs. First of all many STEMIs even
15 bypass the ED. They come in through EMS, identified as
16 having by an outside electrocardiogram and go right to
17 the cath lab. That is a common practice in many
18 places. In addition there is a very rapid triage of
19 those patients in the emergency room that makes it hard
20 for a research enterprise to interdigitate with those
21 people.

22 And finally depending upon the expertise

1 locally there may or may not be a lot of yield for
2 using a troponin. The diagnosis should be mostly
3 clinical. We certainly use troponins. We certainly
4 get troponins in those patients. But usually they are
5 not indigenous to the decision that leads to go forward
6 for cath.

7 DR. LIAS: So I think one of the questions
8 though should those people be excluded. So maybe -- it
9 sounds like maybe they may not be included easily but
10 should they be excluded?

11 DR. JAFFE: If they're sent emergently for a
12 procedure based on their electrocardiogram and clinical
13 presentation as a STEMI they should be excluded. Now
14 you have to be careful because there are some sick non-
15 STEMIs that go rapidly to the cath lab that I think you
16 do want to capture.

17 DR. McCORD: And of course all patients who
18 come to the emergency room who may have ST elevation
19 where the suspicion is indeterminate and so you would
20 want to include those because that is where the
21 troponin could aid in the diagnosis.

22 DR. WIENEKE: And so my question as far as the

1 clinical trial design should the STEMI be specifically
2 excluded from the criteria. In other words should the
3 protocol indicate exclusion criteria all patients who
4 present with STEMI?

5 DR. JAFFE: I think you could do it either
6 way. You could include them as a post hoc defined
7 subset if you want it. They're very logistically
8 difficult to deal with. They are not the most common
9 circumstance in which clinicians feel the need for
10 troponin evaluation because it is done on so many other
11 clinical criteria. So from my point of view leaving
12 them out is not a major problem. On the other hand I
13 wouldn't object to leaving them in but I'd put them in
14 a separate category. Otherwise their troponin values
15 which generally are quite a good deal higher and
16 particularly after reperfusion are going to skew the
17 metrics that you end up with.

18 DR. LIAS: Another option I think I just heard
19 was some of them are easily just not -- troponin isn't
20 needed but that sometimes if it is needed they could be
21 included; is that what I heard.

22 DR. McCORD: From a practical perspective if it

1 is a clear STEMI they are kind of excluded in other
2 words, the blood, they are running off, they are
3 getting blood samples but no one is actually checking
4 them, they are getting the cath done. It is clearly
5 very helpful if it is a STEMI in retrospect as we say
6 it sometimes where the marker comes back and now we
7 look at the EKG again, they go oh, actually this guy
8 should have gone to the cath lab. So I think a lot of
9 them get excluded kind of anyway from early sampling.
10 But I agree with Allan's idea that you can have them
11 but they are a separate group. The key question is how
12 the markers really play out in regards to patients
13 having a non-diagnostic EKG.

14 DR. LIAS: In the interest of time I want to
15 get a couple of these questions so we can get to the
16 audience comments. So we've heard a little bit about
17 the desire for rule out. As you all know there are no
18 perfect tests. So when you set a cut-off you often have
19 to trade off sensitivity with specificity. Rule out
20 tests often have to have a high negative predictive
21 value. If you ever want to use it in that way. So
22 either you would have to have a test potentially with

1 two different cut-offs or you would have to have a test
2 specifically designed for rule out or in the literature
3 we've seen the options of adding another marker to
4 assist in rule out along with troponin.

5 So what needs to happen next for getting to
6 the situations where the emergency department
7 physicians get tests that they would like to have for
8 rule out? Do they need to have new tests with new cut-
9 offs? Are you willing to trade off some of the other
10 performance parameters?

11 DR. NOWAK: So actually there are reports in
12 the literature that already give you pretty good
13 direction. So the assays are getting so sensitive that
14 it really does appear that if you are below the level
15 of detection when you present it is hard to understand
16 how your symptoms could be related to an acute MI when
17 we don't see a molecular level bump in your troponin. I
18 mean it just doesn't make physiologic sense. So I
19 think you -- the LoD I think is going to be very big
20 and then very early changes. If you have very
21 sensitive troponin you have in MI you'll see some
22 change very early on. So if in an hour you don't see

1 any change, if it is low and it remains the same you
2 could probably I think say that is not an AMI. And
3 people are using those but I think it would be
4 important for manufacturers to actually incorporate
5 those things in their studies and then actually to
6 probably get an approval for that which I think is
7 stronger than just --

8 DR. LIAS: And then yeah for a rule out claim
9 it comes to the second point is how do you get those
10 early patients? So --

11 DR. NOWAK: Well, the early patients I mean
12 you can -- if you decide whatever --

13 DR. LIAS: We already covered that topic.

14 DR. NOWAK: Whatever Allan decides is early so
15 if Allan said well --

16 DR. JAFFE: Two hours.

17 DR. NOWAK: -- if you've come in within an
18 hour or an hour and a half and we think it is not
19 reliable that is an easy thing for ER guys to
20 understand. You know this rule out works unless you've
21 had symptoms for less than an hour. Having said that
22 I'll say when you start talking to people about their

1 symptoms and how accurate they are and the concept
2 changes and whether it comes and goes, it is not so
3 simple. But I think if you have any concern that it is
4 too early what do you say, not applicable to this
5 patient, wait another hour and do it and you are done.

6 DR. JAFFE: I think that is the key which is I
7 think the reason the values that are very low work is
8 because and particularly if you subset patients as low
9 risk with a low risk ECG as been shown by Yader and
10 Fred and many others and you have a low troponin since
11 almost all of the co-morbidities that lead to cardiac
12 disease are associated with rises, albeit within the
13 normal range. A very low value says a third low risk,
14 that is a really low risk patient. I would be
15 reluctant to do that in a high-risk patient even if
16 they had paradoxically a low or a very early patient.
17 So I think the LoD is important. I'm worried about the
18 one-hour rule out because biomarker release is blood
19 flow dependent and there are going to be some where you
20 won't see that and the tolerances for example in the
21 EFC guidelines of the difference between three and five
22 are beyond the ability of the assay in most

1 circumstances to achieve it. So I think we've come to
2 wanting everything a little bit too fast and we need to
3 be very conservative to make sure that when we apply
4 this to patients we don't hurt a large segment of
5 patients because there may be ten patients in that very
6 early group and they cut it at four because that is
7 what it looked the clinical data suggested but that's
8 not proof that it is safe in that group in my opinion.

9 DR. deFILIPPI: I want to add one comment to
10 that so if you really want a true early rule out at a
11 very low level and I know some manufacturers have
12 kicked this idea around it is a different type of
13 trial. I mean most of these trials we talk about are
14 prospective blood collections and there's no impact on
15 clinical care. You would want to do a prospective
16 interventional type of trial in which you take that
17 result and act on it or you don't act on it. Once
18 you've got there's a lot of data in the literature to
19 support that a patient would do very well. And then
20 you could make the claim at this very low level these
21 patients had a very good outcome. And probably
22 otherwise they're still going through all the standard

1 care, getting multiple blood draws, getting a prolonged
2 ED stay, so forth. But I think you need to think about
3 designing interventional type trial design.

4 DR. LIAS: Thank you. I'd like to go out to
5 the audience now. We have a few people who have
6 comments.

7 DR. APPLE: Fred Apple. I was going to
8 address the point of trial design. Two, one comment
9 and one suggestion.

10 So the designs that we do for companies they
11 are a disaster and I'll tell you why. Currently because
12 you have to have 24/7 coverage, you have to have
13 dedicated nurses or someone following the patients. It
14 is so cost prohibitive. And you miss patients. If
15 someone takes a bathroom break and you can't get that
16 time specimen. So I think that concept has been very,
17 very difficult. And it is tough to enroll as we've
18 talked about, you've all talked about those consecutive
19 patients. It is never consecutive like the all-comers.

20 So a proposal I'll throw out is two things
21 what we used to do in the old days is to bank every
22 specimen that came in and you freeze them. It is

1 designed prospectively but it is a retrospective
2 analysis. So we could actually take the data of
3 everyone that had a troponin ordered by indication, put
4 them in a biobank, the IRB, I checked with my IRB you
5 can get an expedited or full review to use waste
6 specimens and waste records. You bank those and then
7 you go back and you get every troponin ordered.

8 The second way to do it is the way we do our
9 investigator initiated studies. Let's say we did our
10 UTROPIA study when we worked with, it was an
11 investigator study with Abbott, is when the
12 contemporary assay came off the instrument it reflects
13 as a waste specimen right to the high sensitivity
14 assay. We have fresh measurement samples. So if you
15 design your study, if you are Siemens and you just take
16 Siemens' sites that have your contemporary assay and as
17 the result comes off the instrument it does your high
18 sensitivity, you could probably take three or four
19 sites and enroll 2,000 patients in two months and
20 adjudicate along the time. The cost will be a huge
21 savings. You won't have to get informed consent
22 because they are waste and the only time you need

1 informed consent is if you need outcomes. And as Allan
2 said most IRBs will allow you to walk up to the patient
3 admitted and consent them for the IRB for an outcome
4 after the samples have been banked. So I think it will
5 allow other companies that have small budgets that
6 can't afford to do these multimillion dollar, three to
7 five million-dollar studies, that they have to pay all
8 these sites to hire all these people to collect the
9 samples but you can actually bank the as you go,
10 measure the samples, and then do it. So I think that is
11 something that I wish the FDA would consider as a real
12 way to do these trial designs.

13 The last comment is if you work in a lab and
14 you do these studies to get the time specimens it's
15 really tough because most hospitals don't even have
16 serial orders in place. One doctor might order it at
17 one hour, one might do it two hours, one might do six
18 hours. But to set up a uniform, set up if you don't
19 have a serial time, we have serial times at 0, 2, 4, 6.
20 It fits my research needs too. But if you are going to
21 a place that does 0, 6, 12 to plug in a one and a two,
22 you are missing a lot of samples. So you really have

1 to get organized to do that. And that's very costly.

2 So those are two ideas I'll throw at the FDA
3 to consider avoiding the informed consent for the
4 expedited way to get all-comers and then every
5 indication gets a measurement.

6 DR. LIAS: Thank you.

7 DR. PEACOCK: Thank you. Frank Peacock. So I
8 have big question but we hit the STEMI issue and I have
9 to address it because I don't think the panel was clear
10 on this. You cannot enroll STEMIs period, none; don't
11 do it. And here's why. If it is a true STEMI it
12 should be in the cath lab. If you are consenting them
13 to be a part of a study it is unethical. My IRB will
14 not approve it. You can't do it. Now if it's -- as
15 McCord said if it is one of these I'm not sure it's a
16 STEMI, it turns out to be a STEMI, that's fine. But to
17 intentionally delay somebody getting a cath is wrong.
18 The mortality rate for delayed cath is one percent
19 every three minutes. How long does it take to sign a
20 consent form? About 20 minutes. I just increased
21 their mortality by seven percent. Not appropriate.
22 And there is no use for a troponin in a STEMI. So

1 exclude them if you know it's a STEMI. If you don't
2 know it's a STEMI, they turn out to be, it is fine to
3 have them, but that's it. Okay.

4 As an aid to diagnosis if you are having a
5 diagnosis it is a rule in. It is not a rule out. And
6 what we really need is the rule out. And I know you
7 guys see a ton of data so I want to tell you what's
8 really happening out there with no data. So I got
9 asked to provide expert testimony in a lawsuit and I
10 looked at it and here's what goes on. A lady comes in,
11 she's got chest pain, the doc who is a normal emergency
12 doc, who's read a bunch of literature himself, says,
13 oh, well, I just did a troponin. It is negative, she
14 can go home. One and done. She is sent home,
15 completes her MI, comes back two days later in florida
16 heart failure. And you ask this doc, it is like were
17 you stupid you sent her home with one troponin. He
18 goes no, I read this literature that says right here
19 that you can do a one troponin and it's low and they
20 don't have it. I go that's Europe. They have better
21 assays than we do. And the reality right now is the
22 United States is about ten years behind the rest of the

1 globe in our troponin assays. We are the third world
2 of troponin. We are Nigeria I can get a better assay
3 in Nigeria.

4 And so this is the challenge every company
5 that makes an assay has a better one than the one I get
6 to use in Baylor at my hospital. And so the challenge
7 is what we've created a situation where the perfect is
8 the enemy of good. We're trying to make these assays
9 so perfect they can't be coming in our country. So we
10 don't got 'em. So I'm using assays that aren't that
11 great and don't stand up to the world's literature, and
12 the docs read the world's literature and apply them
13 here because they think they have a high sensitivity
14 assay.

15 I go to conferences all the time. I say how
16 many of you have got a high sensitivity assay and two-
17 thirds of the audience raise their hand. They don't
18 have a high -- they think they do because somebody told
19 them they did. So the challenge is why cannot we have
20 a standard if your assay is better than the one you
21 have selling right now, that's good enough because it's
22 an improvement. That is how car companies work. Every

1 year the car gets a little better. I'm using a ten-
2 year-old assay. What did your car look like ten years
3 ago? There was no airbag, it didn't have antilock
4 brakes, and every year they got a little better. If we
5 used a strategy of better than what we got we would be
6 better than we are today.

7 DR. LIAS: Thank you for that perspective. I
8 think we agree and we would like to use today to help
9 everybody get on the same page about how to get there.

10 DR. SANDOVAL: Yader Sandoval, Mayo Clinic. So
11 I have a couple of comments. I have a few thoughts on
12 how we've done this within our research with Fred at
13 the Cardio Biomarkers Trials Laboratory. The sort of
14 things I see when I read the literature, when we
15 reviewed peer reviewed publications and others.
16 There's two issues that I would like to hear the
17 panel's thoughts.

18 So one is and I think this was briefly touched
19 upon is the adjudication process. So the literature
20 has a lot of heterogeneity right now in the endpoint
21 for the diagnosis. Some studies the primary entries
22 were type-1 myocardial infarction, all others are for

1 both types of myocardial infarction, type-1 and type-2.
2 Others actually look for acute coronary syndrome and if
3 you look at other studies for example, Adapt, they use
4 major adverse cardiac events. Should there be a
5 consensus and what should that -- what is it we are
6 looking for to stratify ACS, MI, type-1, type-2. The
7 literature there is wide variability in that.

8 DR. LIAS: So before you get to the second
9 point, why don't you want to hear the panel discuss
10 that?

11 DR. SANDOVAL: What?

12 DR. JAFFE: I'm not sure that I know how to
13 distinguish type-1 from type-2 MI all the time. And I
14 write these guidelines. So the problem is not in the
15 theory or the pathogenesis but the operationalization.
16 So the first thing to say is I am as a reviewer when I
17 review manuscripts terribly cynical about people who
18 take the idea that they can absolutely detect type-1
19 versus type-2 MI. So I would say that you have to
20 include both as part of your adjudication. I would
21 suggest that the FDA not get immersed in trying to make
22 the distinction of one versus the other.

1 On the other hand I do think there is room for
2 variability when it comes to adjudication if it is
3 written down. And I think what needs to happen is a
4 plan needs to be written down and you could say, we're
5 going to define ACS because we're interested long-term
6 in whether or not there is some unstable angina in the
7 patients and what their prognosis is and whether or not
8 we missed them. Fine with me. Or you could say no,
9 we're just interested in the diagnosis of AMI and we
10 want AMI/no AMI. That's fine with me. I think there
11 can be variability. I think the problem is that so
12 often people don't write it down, then it becomes a
13 slippery slope.

14 So I'm for flexibility but I would say an MI
15 has to be called an MI and you shouldn't try and subset
16 them at least not from the regulatory perspective. Now
17 we could argue whether or not guidelines might do that
18 but that is for a different group.

19 DR. LIAS: Thank you. So we only have about
20 two minutes left and we have two more questions.

21 DR. SANDOVAL: Let me add two other aspects.
22 So that was for the diagnosis, right. And just a

1 second aspect that it applies to clinical trials where
2 we are assessing whether the strategies are good enough
3 for implementation. There is also a lot of
4 heterogeneity in the endpoint for safety. So some are
5 just the index diagnosis during that index presentation
6 otherwise our 30-day MI or the ones for 30-day MACE,
7 these are two aspects, the adjudication of events and
8 what is the window of safety that we're trying to
9 address. A lot of heterogeneity in how the studies are
10 being performed.

11 DR. JAFFE: One of the things I've been
12 terribly critical about is the literature has failed to
13 address what happens to patients who rule out. So if
14 you take a look at the New Zealand/Australia example
15 they have very, very good primary care. And if you go
16 back and you force as an editor as I did some years ago
17 them to articulate what goes on over 80% of those
18 patients who were ruled out got investigated. I think
19 it is probably very different from sites in the inner
20 city where there is very poor care. So I think there
21 is a legitimate role to look at 30-day outcomes but I
22 think we have to do it in a better way by including

1 what is follow-up care as part of that analysis because
2 that may explain a good deal of either the benefit or
3 the detriment.

4 DR. LIAS: Thank you. Go ahead we have time
5 for one question.

6 DR. deFILIPPI: I was just going to add that
7 in addition to saying MI or not MI I would put a
8 category of myocardial injury or not so the adjudicator
9 is identified, the troponin is elevated they don't
10 consider it a myocardial infarction so when you think
11 of that intermediate or longer-term prognosis then that
12 can be part of the follow up.

13 DR. LIAS: Great. We have time for only one
14 more question. Any other questions please follow up
15 with the panelists afterwards.

16 DR. GEE: Hi, I 'm Matt Gee from Siemens
17 Healthineers. I just have a quick question because I
18 heard there is some interest in or the importance of
19 the LoD. And I just wanted to ask knowing that FDA's
20 preference right now is the analytical measuring range
21 to be based off the LoQ. I'm curious to know what this
22 panel feels --

1 DR. LIAS: So we are going to cover this topic
2 in the next panel. So I'm going to hold your question
3 until then. And if you'd like to hear these panelists'
4 perspective then please follow up with them afterwards.

5 That way we can get one question. I don't
6 want to cross panels on different topics. Thank you.

7 DR. HUGHES: It's actually -- Karin Hughes,
8 Astute Medical, it is actually not a question, it is
9 more of a comment. Informed consent, so I think
10 getting a verbal informed consent is not the norm.
11 Just the process of consent alone for the patient or
12 the patient's family to really understand what they are
13 consenting to is a process. And in the ED it is
14 difficult because you are in the emergency department,
15 people are there for an acute issue. So that is an
16 issue. It is also a matter of looking at inclusion
17 exclusion criteria. So even if you have the best study
18 coordinator in the world consent is not a three second
19 process. So you asked why we missed early samples in
20 our trials, that is a large portion of it. I think
21 there is also confusion whether there should be or not
22 from IRBs and what is allowed by FDA in terms of how to

1 get informed consent. So particularly if the patient
2 can't consent themselves and often they can't you need
3 to get a family member and unfortunately a lot of
4 people who present to the ED don't always have a family
5 member with them. So can you text, can you phone, can
6 you -- and lots of times the IRBs don't know the answer
7 to that question themselves. So we're trying to educate
8 and ship them FDA guidance documents when they are
9 available. So that all adds to the challenges of
10 getting those really early samples.

11 With respect to leftover samples, thank God
12 the common rule allows for that still but there are
13 limitations on the manufacturer side as well and I
14 think with FDA too. You guys are concerned if you have
15 a new marker for the same type of indications you are
16 worried about matrix effects, you're worried about
17 stability. So banking samples makes it very difficult
18 to answer those questions. And you also lots of time
19 whether you like it or not you need data that is in the
20 EMR, there is no way getting around that. You guys are
21 going to ask the questions when we go to publish, what
22 was this value, what was that value? Well, we don't

1 know because they were leftover specimens. And by
2 virtue of that it is very difficult to get that
3 information. And there is no way you are going to find
4 that information out later.

5 So just I know it is not any answers but it is
6 a lot from the manufacturers' perspective of how
7 difficult it is in trying to get not just the right
8 clinical people but to deal with all of those issues.
9 And maybe some education of the IRBs may help as well
10 so that the manufacturers aren't left to do that job
11 too.

12 DR. LIAS: Thank you very much for your
13 comments. We are out of time for our panel at the
14 moment.

15 This has been an extraordinarily helpful
16 panel. I know that personally I have heard some things
17 that really help us understand some questions that we
18 have and hopefully this can open up the lines of
19 communication for further discussion on this.

20 Thank you very much.

21 Now we are going to head into our next panel.

22 DR. WELSH: Okay. It looks like our panel has

1 arrived. So I'll go ahead and get started with the
2 next session.

3 Good morning everyone. Thank you for taking
4 the time to participate in our public workshop on
5 cardiac troponin assays.

6 My name is Kerry Welsh and I'm a reviewer in
7 the Division of Chemistry and Toxicology Devices.

8 The purpose of this session is to discuss the
9 Pre-Analytical and Analytical Considerations for
10 Clinical Studies of troponin assays.

11 I will highlight some of our challenges with
12 analytical issues we have seen in several submissions.
13 Hypothetical data representing these challenges will be
14 shown. I will also read the question we have for the
15 panel on each topic.

16 This slide provides an overview of the topics
17 to be discussed. Specifically the session will cover
18 specimen stability, potential differences in specimen
19 matrix, detection limits, analytical issues related to
20 trial considerations and the emerging issue of biotin
21 interference.

22 The first topic I will discuss is that of

1 specimen stability. Sponsors typically provide
2 stability studies for two purposes. The first is to
3 support routine specimen handling and processing
4 conditions in the clinical laboratory. And the second
5 reason is to support specimen handling conditions of
6 banked clinical specimens used in clinical studies.
7 Laboratories will want to know how long a specimen is
8 stable at room temperature, under refrigerated
9 conditions, the number of freeze-thaw cycles, and how
10 long a specimen can be stored under frozen conditions.
11 Specimens used in clinical studies may not be analyzed
12 immediately and thus may be subjected to a variety of
13 storage conditions. It is important to understand if
14 the clinical performance of stored specimens will
15 reflect what an intended user will see which is usually
16 fresh specimens for troponin assays.

17 We have observed different troponin stability
18 results depending on the assay used. As an example we
19 have observed certain troponin assays that show
20 instability at room temperature by two hours. This
21 slide shows a hypothetical assay with a male specific
22 cut-off of 25 nanogram per liter. As shown in the

1 first line of data in this table the baseline value is
2 above the male cut-off but would give a negative result
3 after two hours at room temperature. Likewise the
4 other data in this table highlights that different
5 values obtained after storage at room temperature for
6 two hours may result in a different interpretation
7 depending on where the assay cut-off is. While not
8 shown on the slide this hypothetical assay showed
9 nearly identical performance after storage at
10 refrigerated and frozen conditions.

11 Thus a clinical study using this hypothetical
12 troponin assay that is not stable at room temperature
13 and did not account for this in the sample handling and
14 processing conditions of the clinical study may result
15 in biased clinical performance especially if samples
16 are stored at room temperature for varying amounts of
17 time.

18 Likewise some troponin assays have
19 demonstrated stability for up to eight hours at room
20 temperature but are not stable after freezing. This
21 data table shows another hypothetical troponin assay
22 that is not stable after freezing. If a cut-off of 17

1 nanogram per liter is used the data in line one would
2 show a positive result that would be interpreted as
3 negative if the study used frozen specimens. Likewise
4 line two shows example data that may have a different
5 interpretation than at baseline after a freeze-thaw
6 cycle if a cut-off of 14 nanograms per liter as an
7 example was used.

8 In summary we have seen different stability
9 study results depending on the troponin assay studied.
10 If a clinical study for troponin assay processed
11 samples in a manner that stability studies suggest
12 would be associated with specimen degradation this
13 would raise questions about the validity of the
14 clinical performance estimates.

15 The next topic I will discuss is the potential
16 difference in troponin results that can sometimes occur
17 in different tube types. Sponsors sometimes want to
18 claim multiple matrices for their assay systems.
19 Sponsors often choose to perform the clinical and
20 analytical validation studies in one tube type such as
21 lithium heparin tubes and use a matrix comparison study
22 to transfer the performance claims to other tube types

1 such as serum.

2 The following table shows the regression
3 analysis on a matrix comparison study for a sponsor who
4 performed their clinical and analytical validation
5 studies using lithium heparin samples and used a matrix
6 comparison study to transfer the claims to serum
7 specimens. The troponin results were nearly identical
8 in the two tube types both by review of the line data
9 and regression analysis that demonstrate a slope near
10 one and an intercept near zero. Importantly the
11 sponsor demonstrated clinical concordance between the
12 two tube types at the assay cut-off.

13 However we have observed that some troponin
14 assays show different performance in different
15 matrices. This table shows some example results of the
16 same troponin assay collected in different tube types.
17 Line one for example shows a very different lithium
18 heparin result from the serum with clot activator tube.
19 If for example this assay had a cut-off of 19 nanogram
20 per liter one may have a different clinical
21 interpretation depending on the tube type. Likewise
22 line two shows troponin results ranging from 19 to 28

1 which could result in a different interpretation
2 depending on the tube type and where the assay cut-off
3 is. While the example data in lines three and four
4 would likely be considered elevated with most assay
5 cut-offs these data show that different results may be
6 obtained with different tube types which may be an
7 issue for an intended user who is trending troponin
8 results over time.

9 In summary the ability to use different
10 matrices depends on the specific assay. If a troponin
11 assay shows different results across matrices this may
12 raise questions about the analytical and clinical
13 performance of the assay based on the matrix.

14 We also sometimes see unusual results or
15 flyers with certain tube types. This hypothetical data
16 table shows examples of two specimens that are labeled
17 as number one and two that were assayed with three
18 different tube types, EDTA, serum and lithium heparin.
19 Specimen one showed troponin results ranging from
20 approximately eight to twelve nanograms per liter with
21 EDTA or serum tube but had markedly elevated results in
22 the lithium heparin tube. Specimen two show similar

1 findings. Observationally we have noticed we tend to
2 see this phenomenon most often with lithium heparin
3 tubes. We are not aware of any specific literature
4 linking these flyers to lithium heparin tubes. We've
5 seen some literature that has suggested these are due
6 to micro clots or are perhaps analyzer issues. And we
7 are interested in our panels experience with unusual
8 troponin results.

9 The next topic I would like to discuss is that
10 of detection limits. We understand that performance is
11 important at the low end of the assay. We would like to
12 highlight some analytical challenges we have observed
13 regarding troponin assay detection limits.

14 First, I will discuss the typical experiments
15 performed by sponsors to determine detection limits of
16 troponin assays to highlight some of these analytical
17 challenges regarding detection limits. I will first
18 discuss the concept of the limit of blank. Sponsors
19 typically define the limit of blank as the
20 concentration that is only exceeded five percent of the
21 time by a blank measurement. This is usually
22 established by measuring a sample with no analyte 60

1 times with at least two reagent lots.

2 The graph depicts the limit below which 95% of
3 all blank test results fall. The purple area of the
4 graph shows the probability that the blank test results
5 will exceed the limit of blank and will be erroneously
6 considered detected. This probability is small usually
7 only five percent. Below the limit of blank assays
8 cannot distinguish signal from the level of noise
9 because of low analyte concentrations. The limit of
10 detection is typically defined to estimate the
11 concentration where usually five percent of the test
12 results shown on the graph in pink were erroneously
13 considered not detected or below the limit of blank.
14 This is usually established by measuring samples with
15 low analyte concentrations more than 60 times with at
16 least two reagent lots. For assays test results below
17 the limit of detection indicate that the analyte is
18 detected but are not analytically reliable, that is
19 precision is not acceptable.

20 Meanwhile the limit of quantitation is the
21 lowest amount of the analyte that could be reliably
22 detected and at which a stated performance goal is met.

1 For tests where there are no recognized standards
2 available such as troponin assays the performance goal
3 is based on acceptable imprecision.

4 I would like to highlight some challenges we
5 have observed regarding detection limits during review
6 of submissions. The first is that we have observed
7 different detection limits for different reagent lots.
8 The following table shows hypothetical data for the
9 LoD, LoQ and troponin concentration at which the
10 percent CV is less than ten percent for a hypothetical
11 troponin assay. Each parameter was determined on three
12 different reagent lots. As shown in the table the
13 limit of detection varied from 0.8 to 1.7. The LoQ
14 ranged from 1.2 for lot one to 2.5 for lot three.
15 Finally the troponin concentration with the percent CV
16 less than ten percent ranged from 4.3 to as high as
17 8.9. These data highlight that the manufacturing
18 standards are not able to produce consistent detection
19 limits for different reagent lots.

20 Second this table shows the calculations for
21 percent total error relative to the target value for a
22 hypothetical troponin assay. The percent total error

1 is calculated based on measured troponin value relative
2 to a target value from two different reagent lots. As
3 demonstrated in the table the percent total error is
4 very high at the low troponin values. Thus a value of
5 one nanogram per liter may not actually be one nanogram
6 per liter. Total error decreases as you get closer to
7 troponin values in the clinically relevant range.
8 These data table also show that total error can vary
9 significantly by lot, for example, 80% versus 140%,
10 again highlighting that the manufacturing processes for
11 these assays cannot ensure consistent performance of
12 troponin values at low analyte levels.

13 Finally other challenges of using these values
14 clinically include that calibrator target values are
15 often not near the LoQ and thus these assays are not
16 sufficiently anchored at the low end of the analytical
17 range. Control target values may also not be near the
18 LoQ and thus assay performance may not be sufficiently
19 monitored over time.

20 Another point of consideration is that FDA has
21 historically reviewed the clinical performance of
22 troponin values at the assay cut-offs and clinical

1 performance has not been historically assessed at the
2 LoQ for troponin assays unless the cut-off is near the
3 LoQ.

4 Moving on to some trial specific issues.

5 Sponsors often perform clinical studies at multiple
6 clinical sites. Sponsors then sometimes choose to
7 perform testing of clinical specimens at multiple
8 laboratory sites. We sometimes observe different
9 results depending on the location of the testing site.

10 The following data table shows a clinical performance
11 estimate from three different labs. The sensitivity
12 ranges from 74% at site two to 92% at site one.

13 Similarly the positive predictive value demonstrated
14 different values depending on the particular
15 laboratory. Such data raised questions from a
16 statistical issue on whether such data are poolable.

17 We have also observed different analytical and clinical
18 performance using the same assay reagent on different
19 analyzer modules from the same manufacturer even when
20 these analyzers are considered family members. A goal
21 of conducting clinical studies for troponin assays is
22 to generate the data that intended users can expect to

1 see in their lab.

2 Finally another trial issue that we see is
3 that of when to perform and accept repeat testing.
4 Troponin is typically run one time and reported to
5 users in clinical laboratories. Repeat testing is not
6 usually performed unless the QC is out, there's an
7 analyzer alarm, a delta check or a clinical issue that
8 arises that prompts the clinician to request repeat
9 testing. Occasionally sponsors will do retrospective
10 analysis of study results already performed and will
11 identify QC issues such as drift or trend, an increase
12 in instrument alarms, or some other issue and decide to
13 repeat a subset or all of the samples. A potential
14 issue with this approach is that it does not affect how
15 troponin testing is performed in the intended use
16 population where testing is usually performed only
17 once. The goal of the analytical and clinical
18 validation testing is to generate representative
19 results for troponin assays that intended users will
20 observe and repeat testing of a subset of samples may
21 result in bias.

22 The final issue I will discuss in this

1 presentation is the emerging issue of biotin
2 supplementation and interference with laboratory test
3 results. There are medical conditions such as
4 secondary progressive multiple sclerosis in which high
5 doses of biotins may have a clinical indication.
6 However biotin is being increasingly marketed as a
7 beauty supplement for hair, skin and nails. Tablets
8 sold over the counter contain ten milligrams or higher.
9 While the actual amounts of biotin being taken by
10 consumers is unknown there are increasing reports that
11 consumers are taking biotin in amounts well above the
12 daily recommended intake which is thirty micrograms. A
13 potential medical issue with these high doses of biotin
14 is that biotin in a patient sample could interfere with
15 a broad range of diagnostic tests specifically assays
16 that use biotin streptavidin binding. Biotin
17 streptavidin is a popular component of assay
18 architecture due to streptavidin's high affinity for
19 biotin in binding under a wide variety of chemical
20 conditions. Unfortunately susceptibility to biotin
21 interference is variable in magnitude and can cause
22 either falsely high or falsely low results depending on

1 the assay design and conditions. A proposed strategy
2 for some tests for avoiding biotin interference is to
3 have the patient stop biotin and wait several hours to
4 several days before laboratory testing. However, this
5 is not an option for troponin assays for a medical
6 emergency such as acute myocardial infarction.
7 Additionally patients may not tell a physician they are
8 taking biotin or may not know that they are taking
9 biotin. And health care providers may not always
10 inquire about biotin intake.

11 There is also not a way for a lab to easily
12 identify specimens with high levels of biotin that may
13 cause interference with troponin assays and labs may
14 not have an alternate method of readily available to
15 test patient specimens.

16 FDA has received at least one death report
17 associate with biotin intake that was associated with a
18 false negative troponin result. The clinicians in this
19 case did not find out the patient was taking biotin
20 until several days later. This case highlights issues
21 with high doses of biotin and interference with
22 troponin assays.

1 Released today we have a safety communication
2 on biotin interference. You can find this safety
3 communication at the link listed on this slide.

4 I'm going to conclude with our list of
5 questions for the panel. Our questions are: How can
6 specimen stability be incorporated into the trial
7 design? What differences in troponin results have
8 intended users observed with different tube types? How
9 can manufacturers better control test performance at
10 the limit of quantitation? How can the reliability of
11 troponin testing at different sites be maintained? And
12 how could we prevent unsafe use of troponin devices
13 because of biotin interference? And what steps are
14 necessary to address this issue?

15 Now I'd like to go ahead and turn this session
16 over to our panel for discussion.

17 Brittany Schuck will be monitoring the session
18 and we will have the panel introduce themselves.

19 **Pre-Analytical and Analytical Considerations for**
20 **Clinical Trials**

21 DR. APPLE: The same Fred Apple.

22 DR. CHRISTENSON: Rob Christenson, University

1 of Maryland, School of Medicine.

2 DR. GREENE: Dina Greene, University of
3 Washington.

4 DR. PHILLIPS: Jane Phillips. I'm from Roche
5 Diagnostics in Regulatory Submissions.

6 DR. SAENGER: Amy Saenger, University of
7 Minnesota.

8 DR. CAPOSINO: I'm still the same Paula
9 Caposino.

10 DR. WELSH: Hi, I'm Kerry Welsh, I'm a
11 reviewer in the Division of Chemistry and Toxicology
12 Devices.

13 DR. SCHUCK: All right. I want to reiterate
14 what people have said previously and thank the
15 panelists for joining us today for this discussion
16 topic.

17 And I would like to start off with biotin
18 interference as Kerry mentioned we did publish today a
19 safety communication on biotin interference with
20 laboratory assays. And so we are looking forward to
21 hearing feedback from the panelist and the participants
22 on how best to address this issue and what ways we may

1 address issues with biotin interference particularly
2 for troponin where waiting would not be an option.

3 DR. APPLE: So just to go down the line I think
4 it is obligatory on the manufacturer to identify
5 whether or not they have biotin interference especially
6 around the 99th percentile because we know that is the
7 microscope that is being looked at. Remember we can't
8 lose track if there is still a clinical component to
9 this and the clinicians have to look at it and we're
10 looking at a change, not just one point in time as we
11 heard I think Frank said you just can't make a decision
12 on one point often especially diagnostically. So I
13 think we have to be able to pick up a package insert,
14 read what the interference is, positive or negative,
15 and that is something we, as laboratorians, have to
16 make sure our clinicians understand whether or not they
17 know their patient is on that or not and go after the
18 concept of looking at a moving increasing or decreasing
19 troponin or a static increase of chronic disease, not
20 an acute disease.

21 DR. CHRISTENSON: As Fred said we in the
22 laboratory consider the instructions for use or package

1 insert to be you know sort of a book of truth what the
2 FDA has examined. I think biotin should be handled
3 like any other interference. Certainly at the -- so
4 all interferences at the 99th percentile or at the cut
5 point that is used would be very important. Also it
6 has to be determined whether biotin that you could
7 adulterate a sample with out of a vitamin bottle is the
8 same as the biotin interference that a patient who is
9 taking biotin would have. So is that important?

10 I feel certain that my colleagues know more
11 about this matter than I do.

12 DR. GREENE: First I'd like to thank Dr. Welsh
13 because I think that was a really excellent
14 introduction to a lot of the things that we do think
15 about all of the time. I agree with Dr. Christenson
16 that the biotin -- so not being aware of the specific
17 case that's being talked about or having read the
18 bulletin interferences happen all the time in the
19 laboratory. We depend on our clinicians to call us and
20 say we think something is wrong with this specimen.
21 And then we work it up appropriately. I again am not
22 familiar with this case and the only and I'm probably

1 going to get in trouble for saying this but one of the
2 main times that I think CKMB is appropriate is when we
3 think that there's a troponin interference because at
4 least then you can kind of look at the two and say
5 whether or not it does look like there is cardiac
6 ischemia occurring. I think that -- yeah, I just agree
7 that interferences happen all the time. And this is a
8 tragic case but we have to be willing to just work up
9 samples and to investigate further to see how these are
10 going to influence results.

11 And definitely any manufacturer that is using
12 biotin as a reagent needs to perform the studies. It
13 doesn't hurt anyone that is healthy to be taking biotin
14 supplements. It is easy. I would participate in a
15 study in a second where I had to take biotin
16 supplements and allow for samples to be drawn. So I
17 think that those things can be very easily accomplished
18 either biologically or by adulterating samples with
19 purified biotin.

20 DR. SAENGER: And I'll just add to Dina and
21 everyone's comments that really we don't actually know
22 the frequency at which this occurs or that even

1 patients who are presenting to the ED how often they
2 are taking biotin. I think there are some studies in
3 the works. But I guess I haven't seen anything that's
4 been formally published quite yet. But to me it is
5 another interference; it can be a problem. So can
6 heterophile antibodies, to me bigger issues are
7 probably hemolyzed samples and how instruments are
8 detecting it or not detecting it because that is a huge
9 patient safety issue. So I think it is another thing
10 that we have to be aware of and cognizant. But I think
11 until we know exactly how big of a problem it is
12 specifically for troponin I guess I personally wouldn't
13 get too worked up about it just yet.

14 DR. PHILLIPS: And to Amy's point I want to
15 just say from a manufacturer's perspective this is an
16 evolving issue. So it is pretty much new to us. We
17 thought okay, biotin interference we report in our
18 product insert. So just the information on who is
19 taking how much and what is the consumption versus the
20 purchase of biotin. These are things that need to be
21 looked into by manufacturers. We have done a
22 pharmacokinetic study that has recently been accepted

1 for publication. I can get that reference if people
2 want to see it. But what we do see is the biotin
3 thankfully is cleared relatively rapidly. So not 20
4 hours later but more like within three hours. So
5 that's at least one good piece of information that we
6 will provide to the labs. I think there is a lot of
7 education that needs to be done on the point of the
8 manufacturers not only to the laboratory but also to
9 the end users.

10 DR. SCHUCK: So I would follow that up with
11 one proposal we have heard is to label with waiting or
12 recommending time after last consumption for biotin
13 testing. Is that information helpful? You mentioned a
14 lot about including this in the labeling and knowing
15 the levels of biotin interference. But what additional
16 information may be helpful?

17 DR. CHRISTENSON: I think that would be useful
18 because FDA I'm sure realizes that it is not just
19 troponin, it is anything else that was being -- any
20 kind of endocrine test that were being ordered on these
21 samples. So probably what labs ought to do is just put
22 out sort of an alert to all the sections or have some

1 note go in that this patient's on biotin. Is the
2 pharmacokinetics of biotin is that very well
3 elucidated?

4 DR. PHILLIPS: I don't think it is. I think
5 biotin was just in your multivitamin up until the hair,
6 skin and nails craze. So I think it is really like I
7 said an evolving topic. And I think more
8 pharmacokinetic data need to be generated.

9 DR. SCHUCK: Thank you. Let's go ahead and
10 take a comment from the audience.

11 DR. JAFFE: I can provide a little bit of
12 information. We've developed a Mass Spec biotin assay
13 and have been looking at patients and we do see -- and
14 we originally appreciated this because of its effect on
15 TSH predominantly. We know that it affects NT-pro. We
16 did not see in our institution at least an effect on
17 the fourth generation troponin T assay. We do see an
18 effect on the fifth-generation assay if we use a cut-
19 off of the change of the lowering of three nanograms
20 per liter. That occurs at a value of about ten with
21 our mass spec assay recognizing it only gets intact
22 biotin and not all the fragments. And that is about

1 two and half percent of our ED population. So it is
2 potentially an important issue for every manufacturer
3 to look at closely.

4 The other thing that we do know is that biotin
5 is cleared renally so that renal failure patients are
6 at particular risk. I hope your alert covered that
7 aspect as well.

8 DR. SCHUCK: Thank you for that. And I do
9 what to circle back to frequencies. So although we
10 don't have a lot of published data on frequency, MDR
11 analysis and complaint analysis would indicate that
12 frequency is increasing particularly with the
13 concentration or the dose or the level of biotin being
14 ingested. So maybe you can speak to that a little bit
15 further.

16 DR. GREENE: I'm just curious is there a
17 method to label the biotin supplementation?

18 DR. SCHUCK: Not that we are aware of. Yeah,
19 not from our side. And so I'm curious about additional
20 ways to address this issue beyond labeling particularly
21 for troponin assays because labeling for troponin
22 assays is going to be very difficult given the time

1 sensitive nature of troponin.

2 DR. CAPOSINO: I'm curious as to when somebody
3 suspects an incorrect result for troponin. For example
4 if there is no other, you know there are people who
5 don't have anything other than an elevated troponin.
6 Where does that -- where do you think that comes from
7 where somebody would question a negative result and how
8 often are backups, different biomarkers being used? I
9 think it would be interesting for us to hear how a
10 clinician would suspect that incorrect test result and
11 what other information you may have as the lab director
12 to think about that that it could be wrong?

13 DR. CHRISTENSON: So often times -- I'm sorry,
14 Amy. Often times what we see is there'll be a dramatic
15 change in a value. So you had ruled out MI because the
16 two-hour sample was negative and yet you measured at
17 two and then for some reason you order a six for
18 completeness and there it is. And with rapid clearance
19 I mean that's the kind of thing that might happen and a
20 clinician would call and say well this -- what's wrong
21 with your test. We had ruled out but now there is a
22 diagnostic value for troponin and nothing has changed

1 clinically. So either one way it is a positive or as a
2 negative would be one way that we would be called.

3 Amy?

4 DR. SAENGER: Yeah, I mean I would say it is a
5 clinical suspicion. We wouldn't necessarily know in
6 the lab but I would say overall it happens
7 infrequently. But generally we have ways to
8 investigate either false positive or false negatives.
9 I'd rather use a different, if we use I I'd rather use
10 a different I than CKMB, no offense. And I mean if it
11 is a heterophile, we have heterophile blocking tubes or
12 we do dilution. I mean there are general routine
13 things that we do. For biotin it is a little bit
14 different because there is not a lot of ways to
15 investigate it other than kind of asking the patient
16 the specific question which they may or may not know
17 the answer to.

18 DR. SCHUCK: And I'm also curious how frequent
19 it is that your secondary method or your additional
20 analyte would not be a biotin test. So a lot of these
21 platforms have biotin for all of their analytes. So
22 what happens in that circumstance when you don't have a

1 backup that is not biotin?

2 DR. SAENGER: I think we'd want to have a
3 backup that wasn't -- didn't have the interference for
4 all immunoassays. I mean it would be advantageous to
5 do that not just for troponin but anytime there is a
6 question.

7 DR. APPLE: So we have sent out a memo to our
8 medical staff. So it has been part of the medical exec
9 that people know that here are assays that have biotin
10 problems. So that is about as best as we can do. When
11 we have a flyer whether it is a sodium or a troponin or
12 endocrine test you can't figure it out with your
13 clinician sometimes, very rarely, but sometimes we'll
14 send it across the river to another hospital and we'll
15 pick an assay as you said that doesn't have that known
16 interference and I'd say 50% of the time it comes back
17 the same and 50% of the time it doesn't. And what does
18 that mean. It is really more of an academic question.
19 But clinically I think we run across this all the time
20 and I'm drifting here to another question but we avoid
21 Lit Hep specimens because of the flyers that we used to
22 get. So you maybe have a Lit Hep that causes and the

1 biotin causes a decrease and you come out normal, what
2 does that mean. I am being facetious but we have these
3 problems. This is our business. So we have to deal
4 with these kind of things on a day-to-day basis. It is
5 not just like the package insert says it is perfect. We
6 have all kind of issues that we have to deal with like
7 this. Troponin is no different.

8 DR. GREENE: Different assays are influenced
9 to a different extent and even some that use biotin
10 aren't necessarily influenced. And so understanding
11 the bias that occurs between the different assays what
12 would be the expected bias and did that just follow
13 that trend can be helpful. But it is very difficult
14 because yes, I can send the sample to a hospital down
15 the way but that's not going to give me a very
16 immediate result.

17 DR. SCHUCK: All right. Thank you. We'll take
18 one more question on this from the audience and then
19 I'd like to move on to some of the other topics. But
20 this is definitely a topic we're interested in and
21 we'll circle back to.

22 DR. JAFFE: It is not a question. It's really

1 a comment. I think that the idea that the lab can pick
2 up everything is not really something that we can
3 expect laboratories to do. We can debiotinylate
4 samples as a way of doing quality control but it is a
5 painful and difficult method and we can't identify them
6 upfront. It is why it is so important that the
7 clinical link to the interpretation of all of these
8 assays is what is so important because it is the
9 clinician who says this is a high-risk patient with a
10 low troponin; what's going on? And unfortunately one
11 of the things that happens as a combination of approval
12 and marketing is the idea that okay, these things just
13 roll downhill. Value below the LoD couldn't be
14 anything but a rule out even if the patient has chest
15 pain and ECG changes. And I'm being hyperbolous a bit
16 but I think we have to be very careful to make sure the
17 link between the clinical and the laboratory is tighter
18 than it has been heretofore.

19 I'll say one other thing and that is we in the
20 lab have tried to surveil what's going on. So for
21 example there was a craze that went on starting to use
22 biotin in patients who had MS which we saw in the

1 literature and then talked to our neurology colleagues
2 to sensitize them because they were starting to see
3 patients who were coming in on therapeutic and much
4 higher doses of biotin because some people think it
5 helps certain subsets of MS.

6 DR. SCHUCK: Thank you for that comment. I am
7 going to switch gears here a little bit --

8 DR. CAPOSINO: Can I just ask --

9 DR. SHUCK: Oh, just kidding.

10 DR. CAPOSINO: Just one thing is this
11 something that is widely known among clinicians that
12 biotin could -- okay. So hopefully you guys will look
13 at our safety notice.

14 DR. SANDOVAL: A quick comment on that. So
15 I've rolled this out at seven of our hospitals so we
16 have 250 physicians and you know maybe another 150
17 physician assistants. Several of these people are at
18 different stages in their career, some people are just
19 learning about medicine. Some people are at the tail
20 end. Some people in the middle are just worried about
21 getting their kids home from school. And you throw out
22 something on the report. They'll see it the first time

1 and after a thousand other troponins they'll forget
2 that it exists. You put it on the package label. I
3 didn't know there was an FDA label on any blood test
4 that I've ever ordered until about a year ago. So
5 think about how most physician look at these things.
6 And our ability to educate people is a short period of
7 their attention span. So this is going to be a bit of a
8 problem as far as how we generate this message and keep
9 it in people's minds.

10 DR. SCHUCK: Thank you for that comment. I will
11 switch this boat. One other comment. Is if the
12 clinicians are educated or are more broadly educated on
13 the issue of biotin interference and they are to put
14 that information in the lab report that comes to you;
15 do you have the opportunity or the tests available that
16 don't use biotin so that if you did have that
17 information that you could make a different choice for
18 your test?

19 DR. GREENE: There have been pretreatment with
20 streptavidin coated beads published in the literature
21 that does show that you can use the recovery results
22 clinically but that would have to be validated by each

1 individual laboratory if they didn't have an
2 alternative platform which most of us don't.

3 DR. SCHUCK: Any other comments from the
4 laboratorians? Okay. Thanks.

5 We will switch over and Dr. Apple you
6 mentioned differences in different tube types and that
7 was something we were interested from Dr. Welsh's talk
8 in discussing. Do you want to elaborate on the
9 differences you see in the laboratory? And anyone
10 else?

11 DR. APPLE: So a couple -- do you want to
12 stick to just the tube types? Nothing else?

13 DR. SCHUCK: For now. But if you have
14 additional comments within the topic that's fine.

15 DR. APPLE: Like three or four points. So I
16 mean a couple things. We live in a world that you have
17 to make a decision on what you are going to measure
18 serum, lit hep plasma, EDTA plasma. So as a clinician
19 -- as a laboratorian I've noticed over the years of
20 troponin that we always use lit hep and we got a lot of
21 flyers. So we had a policy of repeating the first
22 positive every time we got a troponin positive. We

1 since have validated in the U.S. in our own laboratory
2 EDTA. And I think you commented on it that EDTA looks
3 like to me the troponin assays I play with the cleanest
4 samples that I measure. How do I determine a clean
5 sample? Chris deFilippi, Allan Jaffe, none of my
6 clinicians, Bob McCord, no one calls me about a flying
7 -- a result that is odd. So we have -- it is not FDA
8 cleared in the U.S. but we have validated and have been
9 CAP inspected and shown them all our validation data.
10 It has worked incredibly well. So I think you have to
11 find your sample that is going to work for your system.
12 And agree if you are going to have a claim for a lit
13 hep and a claim for EDTA they have to show some type of
14 studies that show that they both work.

15 The other thing that you pointed out was some
16 of your fictitious or hypothetical scenarios down at
17 the low end of that high sensitivity assay. A lot of
18 those are below the 99th percentile and a lot of those
19 are probably within analytical imprecision acceptance.
20 I was doing some calculations. There was 25% variation
21 between a couple of your numbers that were different.
22 And I would say I wouldn't even lose any sleep over

1 those because we know that we measure a sample three
2 times that you are going to see variation within those
3 sample type or between sample types that will give you
4 that variation just because of the lot number
5 differences that we use or the calibrators or the
6 reagents. So I kind of view that and Rob and I
7 participated in the study, was looking at simulation
8 and samples and imprecision even between sample types
9 up to 25% had no effect on miscalculation or
10 misidentification of a reference sample being abnormal
11 or normal or on even clinical outcomes. So I think
12 that leaves and we'll get to the LoD and I won't --
13 I'll wait until that question.

14 So specimen types, imprecision I wasn't really
15 concerned that much in what I saw there, no different
16 than potassium when I look at sample types and look at
17 instruments we see variations like that.

18 DR. CHRISTENSON: Many of the problems with
19 specimen types especially in either EDTA or heparin is
20 because you know it takes eight, according to the
21 package insert for tubes it takes like eight inversions
22 in order to mix it properly and what happens clinically

1 they draw the blood, they put it on a table, then they
2 put it in a tube and they send it up. There is not a
3 lot of inversion. So I think we need to remind our
4 clinical staff about that if they see these issues. I
5 agreed that EDTA seems to be a much cleaner sample than
6 heparin but a lot of times because heparin seems to be
7 that the clotting it is kind of ongoing still when you
8 look at a lot of specimens. So I think that is the
9 micro clot thing where EDTA doesn't seem to have that
10 problem. Heparin I mean serum would be a wonderful
11 sample as well but the issue is that you have to wait
12 at least 30 minutes and what if the patient is getting
13 heparin which most of these patients may well be
14 getting heparin, then your serum is going to clot
15 slower. So it is an hour before you could probably do
16 the assay. So we are kind of stuck with doing -- and I
17 think the bottom line of it all is we have to just
18 demonstrate I mean here's something where we don't have
19 to rely on opinion, we can actually get data to show.
20 It is sort of like what Fred was talking about that he
21 showed his CAP inspectors that it was validated using
22 EDTA.

1 DR. SAENGER: And I'll just add to that my
2 prior experience at Mayo we saw a lot of -- not a lot
3 but fairly frequent flyers enough that it caused some
4 patient safety issues. So we actually validated the
5 rapid clot serum tube and granted it is more expensive
6 but I think serum can be a cleaner sample and lithium
7 heparin is generally considered a dirtier sample. But
8 the benefit to that is might have been more expensive
9 for the actual tube but visually it looked different
10 and so sometimes that helped facilitate also a more
11 rapid turnaround time. And it clotted I mean very
12 quickly.

13 DR. GREENE: Unfortunately I have to
14 contradict Dr. Saenger because we use the rapid serum
15 tubes in my laboratory, we still see a significant
16 amount of flyers where we have -- I agree that it is
17 our assay but even irrespective of that we can't put
18 those on our automation line because they are these
19 like massive clots that we'll get in the tube that
20 these samples need to be treated separately or they
21 will clog up our chemistry analyzers.

22 DR. APPLE: So as Dina said our automation

1 line. So we have a dedicated draw for troponin because
2 we have to worry about turnaround times because of the
3 pressures from our emergency department. So therefore
4 we can get around putting it on our automated sampler,
5 we have a sample that goes right to the station where
6 troponin is done and that is how we keep our turnaround
7 times 45 minutes or less. But if you are stuck
8 putting it on a front-end automation you are going to
9 run into more problems especially with troponin. And
10 depending on the specimen type and sample type.

11 DR. SCHUCK: Okay. If there is no more
12 comments on that particular topic I would -- oh Paula?

13 MS. CAPOSINO: I would just make a comment. I
14 think with some of these differences when we note them
15 as observations it is when it's outside of the expected
16 imprecision. So I would just like to make that comment
17 that we understand the imprecision of the assay and we
18 consider that. So in these cases where it was really
19 showing a change above and beyond what would be
20 expected because we know that if you run something
21 twice you are not going to get the same exact result.
22 So we are mindful of that. We work with our

1 statisticians to understand what could we expect with
2 the imprecision. So I just wanted to make that
3 comment.

4 DR. SCHUCK: Thanks, Paula. So with about ten
5 minutes left I want to turn to sample stabilities. So
6 we heard this come up in earlier sessions particularly
7 with clinical trial design. We would like to receive
8 comments from the panelists and anyone in the audience
9 regarding sample stability, of sample type, of time of
10 condition of processing and handling of these samples.

11 DR. APPLE: Since we are short on time I need
12 to just talk about LoD for a second; is that all right?
13 Because that is really a key point.

14 DR. SCHUCK: Yes, yes.

15 DR. APPLE: And I'll talk about sample
16 stability. So we heard the discussion with our
17 clinicians before the power of LoD. And you can look
18 at 14, 15 international studies done, trials that have
19 shown, we talked about a negative below the LoD and
20 looked at a negative EKG and the power of being able to
21 say a low risk patient with less than point five
22 percent bad outcomes in 30 days. You can make clinical

1 decisions.

2 So I know that the -- has developed some
3 assays that have been cleared that the 20% CV value has
4 become somewhat, I'm not sure it's a FDA requirement.
5 I'm not sure it's a manufacturer necessity. But if we
6 don't allow -- if the FDA doesn't allow if we are going
7 to this rule out concept which I think is going to be
8 very powerful for financial savings for our emergency
9 departments and our patient care to report results down
10 to the LoD. So a 25% imprecision LoD what is the
11 difference. The data is overwhelming that it'll show
12 that we can make good -- my clinical colleagues can
13 make decision whether they want to send home a low risk
14 patient with a normal EKG and a low value. So the data
15 we did in our U.S. trial and other European trials is I
16 recommend look at this meta-analysis that was just
17 published in JAMA last week, Andy Chapman is the first
18 author out of Scotland. Looked at over I think 20,000
19 patients from multiple studies, the power of the LoD or
20 the lowest concentration that gives you about a 99%
21 sensitivity and a 99.5% negative predictive value you
22 can send anywhere from 15 to 40 plus percent of

1 patients home and if we are going to limit that result
2 it has to have a 20% CV or less, we are going to miss
3 out on that opportunity for good patient care and
4 patient management in my opinion.

5 DR. LIAS: So Fred can I weigh in here. This
6 is Courtney Lias from FDA. My colleagues at FDA may be
7 very clear on this point but I'm actually a little bit
8 confused and one of the things that I want to make sure
9 we understand today is that we are crystal clear on why
10 people are requesting values down to what you are
11 calling the LoD. So some of the things you are saying
12 make me think that maybe you are not talking about the
13 LoD. And that maybe the terminology that we are using
14 is a little bit different. And but it may not be that
15 so I just want to make sure I understand. So if you
16 mean that you would rather have a different definition
17 of the acceptable imprecision of the assay to define
18 quantitation that is different than saying you want to
19 report down to the LoD. But if that is not what you
20 are saying then I think that we don't necessarily
21 understand exactly what it is that you want, so that we
22 can help you get there.

1 And also it's clear it sounds like it does
2 relate to the issue of rule out which we've already
3 discussed we are completely open to and anyone can
4 design their assay as a rule out assay and tell us how
5 they've designed it and look at how it works. It is
6 also okay to specify a negative predictive value as
7 your cut-off before trial and do it that way. So all
8 of these things may be possible but at the moment I am
9 not exactly clear I understand what you mean by we want
10 to report down to the LoD?

11 DR. APPLE: I will be corrected if I misspeak.
12 The LoD, the world's expert opinions have opined that
13 at the 99th percentile you should have an imprecision
14 at least ten percent if you call it a high sensitivity
15 assay and not have an assay reportable if it's greater
16 than 20% at the 99th percentile where you are making a
17 diagnostic decision. For the LoD is a rule out
18 decision and it is not -- it is independent of what the
19 imprecision is down there. So it is not a new
20 definition for any MI even diagnosis, it is going down
21 to the LoD could be 30% imprecision or 25%. The data
22 speaks for itself that it is a very powerful tool. So

1 there are two different issues. Does that make sense?

2 There is a rule out --

3 DR. LIAS: I think it would be helpful for us
4 to understand what it is somebody wants out of a rule
5 out assay because it isn't clear to us from the data
6 we've seen that just going down to the LoD would result
7 in the type of performance that you're talking about.
8 So it sounds like one you just want to be able to have
9 rule out assays that work. That maybe you'd be willing
10 to accept a little bit more uncertainty at the low end
11 to get that. I think we should stop using the term LoD
12 because I'm not sure we're talking about the same
13 thing.

14 DR. APPLE: But we are now. We are just the
15 way you defined this, the way it was defined. Allen
16 maybe you can comment.

17 DR. GREEN: Well, I think this comes down to
18 the difference between again the clinical and the
19 analytical. And so no, I don't think that at the LoD
20 we have the analytical performance to really accurately
21 quantify the assay at the precision that you want. But
22 clinically what's been coming out is that this value is

1 very, very important so Pete Kasak just published a
2 paper, I think it just went to press today about the
3 variability at the LoB and the LoD of assays and yes,
4 they are variable as you showed. However when you do
5 meta-analyses as Nick Mills' group just showed and you
6 are looking at people that aren't focusing on the
7 analytical as much but really focusing on the clinical
8 this value gives you what you are looking for.

9 DR. LIAS: It is still an issue of conversation
10 because the LoQ is defined as you need it to be
11 defined. And/or you define that assay as a qualitative
12 assay of some sort. So I think that it is important
13 that we decide what's clinically needed. So I'm
14 telling you I'm agreeing with you.

15 So I want to clear up the idea that we're
16 against reporting something that is clinically useful.
17 So if the clinical community makes a definition that
18 this is the information that is needed, test designed
19 in this manner that performed in this manner would be
20 helpful then that is not an issue for us. So at the
21 moment that isn't what is happening. So it is helpful
22 to hear the discussion that the clinical community

1 wants tests that can give some information at the low
2 end. It would be even more helpful for us to
3 understand a little bit exactly what that information
4 is.

5 DR. CHRISTENSON: So fortunately at this side
6 of things on this topic LoQ is the one that is a little
7 shaky because what is it the reliability, the
8 concentration at which the results are reliable; right.
9 Well, humans make that decision. It is not made by
10 mathematics; right. LoD is very well defined as we
11 saw. So what --

12 DR. LIAS: But the LoQ and the LoD could be
13 the same. It --

14 DR. CHRISTENSON: What's that?

15 DR. LIAS: You define the performance
16 parameters around an LoQ for what you need. So the 20%
17 doesn't come from FDA.

18 DR. CHRISTENSON: Yeah.

19 DR. LIAS: The 20% I think is out of the air
20 and people just commonly use it.

21 DR. APPLE: It's from the TSA world.

22 DR. LIAS: It could be something different and

1 it could match the LoD. So that happens in some assays
2 where the LoD and the LoQ end up being the same.

3 DR. CHRISTENSON: But risk stratification also
4 down to the LoD there is abundant literature that shows
5 that that is valuable as well. The LoD as defined like
6 what you all did just a few minutes ago. So what we
7 need to do is be able to make sure that that remains
8 reliable, that that remains constant. You showed
9 numbers some of which were within that 95% confidence
10 whatever but the point was that there's heterogeneous
11 results in there and we need to -- the manufacturers I
12 think just need to make sure that those from lot to lot
13 that it's consistent.

14 DR. LIAS: Yeah, I don't know that it is widely
15 recognized how much variability there is. And I want
16 to emphasize that I am not arguing. Actually this is
17 very helpful to understand that we need to use language
18 that gets us on the same page because I think some of
19 these misunderstandings is simply that sure one can
20 define a clinically useful level or test design any way
21 you'd like and that just hasn't been how people have
22 used these terms. So thank you for clarifying that

1 because it is really helpful.

2 DR. GREENE: And also I just would like to add
3 that the manuscript that Fred alluded to earlier that
4 should be going into press in Clinical Chemistry we do
5 recommend that just like folks check their analytical
6 measuring range every six months that they also do a
7 check of their limit of the blank and limit of
8 detection to make sure that their assay has stayed
9 stable. And when they are experiencing instrument
10 malfunctions that that is something they check just
11 like they check QC and calibration.

12 DR. SAENGER: But the problem is in the U.S.
13 we won't be able to do that, you know, so that will be
14 outside the U.S.; right? You will only be able to
15 check LoQ.

16 DR. GREENE: Oh, yes, I guess it depends on
17 what you can get off the instrument. Currently I can
18 get whatever values I want.

19 DR. LIAS: If assay manufacturers talk about
20 the design of their assay and what they are supposed to
21 be doing with it and if the clinical community is clear
22 on what they need and what definition of clinical

1 meaningful values would be then the manufacturers could
2 use that as support. So none of this is in conflict.
3 At the moment that is just not what's happened.

4 DR. JAFFE: I'll just speak to the clinical
5 circumstance. There's sometimes when the data is there
6 big ends and it obscures subsets but in this instance I
7 think it is pretty clear they're for both troponin T
8 assay and for the high sensitivity Abbott assay the
9 data were very complete that using values and the magic
10 number has varied in fairness so there is some
11 ambiguity. Some people use the LoB originally. Some
12 people use the LoD. Some -- Nick Mills originally used
13 five. Then there is a meta-analysis that shows the
14 data. It really doesn't matter because empirically you
15 get down to the LoD the data are so overwhelming that
16 clinically it is one and done for low risk patients.
17 And my biggest fear about advocating it is that it is
18 going to become something that is used in non-low risk
19 patients. And I think that would be in error.

20 DR. APPLE: Courtney I'm going to give you a
21 quiz later about if you --

22 DR. SAENGER: I think the other thing to be

1 cognizant of is the whole IFCC definition of the
2 percent of detectible males and females is also based
3 around the LoD. And so in the U.S. we are a little bit
4 hindered now at least with the Gen 5 troponin T to even
5 do those kind of studies if you wanted to. We'd have
6 to do a research process which -- or send it outside
7 the U.S.

8 DR. CHRISTENSON: I guess I would ask FDA what
9 is the issue about reporting down to the LoB. If we
10 could make the LoB -- or LoD I should say, LoD is what
11 I mean, LoD stable what would be the problem with
12 reporting that to caregivers?

13 DR. CAPOSINO: You know I think we would want
14 to understand the analytical validity behind that.

15 DR. CHRISTENSON: So that is the issue is that
16 the analytical validity has not been well established
17 down at the LoB.

18 DR. CAPOSINO: I think as Kerry explained we
19 are looking at where the test result is clinically
20 meaningful which is sometimes folds above that. So we
21 are not looking closely at study design. You know we
22 are not making sure that the study is designed to

1 actually show an LoD and if we understand that that is
2 what the device needs to do our review would be a
3 little different.

4 DR. APPLE: So you are saying that if a
5 manufacturer comes in with their clinical sensitivity
6 set specificity diagnostic data they show what their --
7 what we consider an LoQ is 20% CV but then they show
8 you clinical data down to the LoD which might have a
9 30% CV but the data is clinically relevant that is
10 something the FDA would consider?

11 DR. CAPOSINO: I don't think we are opposed.
12 We would want to see analytical validity at that claim
13 to make sure that if you are making a decision on a
14 number three that the next lot that number isn't eight.
15 So that's --

16 DR. SAENGER: But I would think most of the
17 clinical trials that are ongoing right now looking at
18 sensitivity specificity are using the values down to
19 the LoD. They are not censoring them to the LoQ. So
20 the clinical data that you are getting is based off LoD
21 I'm pretty certain.

22 DR. APPLE: So it is up to the manufacturer is

1 what you are saying is to show the data and provide the
2 evidence of the clinical indication.

3 DR. GREENE: Can I ask a clarifying question?
4 Does the FDA prohibit manufacturers from allowing the
5 lab to see those results even because I know that there
6 are certain manufacturers at this point where you can
7 see every value down to the lowest of the low and other
8 manufacturers that censor those values. And so I'm
9 wondering is that a manufacturer choice or is that
10 something that the FDA is limiting?

11 DR. CAPOSINO: So the reportable range is
12 defined by the manufacturer and that is the range that
13 is analytically supported. So outside of that range
14 the test result may not be reliable or has not been
15 shown to be reliable. So that is what is reported.

16 DR. APPLE: The question I think to -- this is
17 a research question. Let's say you are only reporting
18 down to the analytical but you want to do research like
19 Amy suggested, we'll pick on Roche as an example, they
20 report out less than six. Let's say we want to do
21 research and measure down to the three LoD. Is it the
22 manufacturer's decision they can't report to us for

1 research or is it the FDA said you can't report that
2 even though it is not patient care oriented? Who makes
3 that decision? Because that's been a question not just
4 for Roche but for many assays over the years.

5 DR. CAPOSINO: So we review what is used for
6 clinical use. So we -- we're not involved in the
7 research use. I'm not sure --

8 DR. GREENE: It is a very practical question.
9 So when I look at the LoB for every assay that I have
10 so I can make sure that the clinical values that I'm
11 reporting are at least you know three to four SD away
12 from what the LoB of the instrument is giving me. I do
13 that for creatinine or alcohol or any test that I
14 measure. And so to not be able to see those values as
15 somebody that is being relied on to report out these
16 results is very difficult. And so that's I think not
17 even for a research purpose but a practical purpose of
18 maintaining quality in the laboratory that these values
19 are very important for us to see.

20 DR. PHILLIPS: And I think in general to
21 Paula's point the manufacturers have to prove that
22 there is a use for those values from a clinical trial

1 perspective. And so we have not done that yet. If we
2 approach FDA in the future with a risk prediction claim
3 then we might have a totally different discussion.

4 DR. APPLE: Just one more comment. So Jane, I
5 don't want to be argumentative but in your case that is
6 not accurate because you have European, the same data,
7 the same assay in Europe where they use of the LoD has
8 shown considerable clinical value and for the U.S.
9 population to be able to study the assay to get data we
10 don't have the opportunity. So that is a point of
11 discussion I think with the company what I heard, not
12 with the FDA.

13 DR. PHILLIPS: Yeah. And I think that is
14 something we have to work on more collaboration within
15 the U.S. to generate the data.

16 DR. SCHUCK: We are five minutes over time but
17 we'll take four more minutes to answer a couple of --
18 or have a couple of comments from the audience.

19 DR. GUTIERREZ: Alberto Gutierrez. I'm
20 actually ex-FDA so what I say is only representing me.
21 But I can give some perspective here. And you are all
22 caught a little bit in what's the chicken, the egg.

1 You have to remember that when these analyzers are
2 cleared they go not only to high complexity
3 laboratories but moderate complexity laboratories, many
4 times, and so what the instrument manufacturer does
5 obviously is make their instrument so they can be used.
6 Now, there are opportunities I'm sure the agency would
7 be open to in other areas that has been done and there
8 are opportunities in which you are able to either
9 through software release the results so that you can do
10 things that a laboratory would need to do but you would
11 have to approach the -- that I think needs to be worked
12 out between the agency and the manufacturers and try to
13 get something that is useful for the clinical community
14 overall. But it is a good question. I think it is just
15 a matter of it's happened that way partly because the
16 data that the agency gets and what instruments are
17 going to be used for and so the labeling it just falls
18 that way. It is something that I think needs to be
19 worked out between the clinicians and the FDA as to
20 what is useful and why you know sometimes what could be
21 done to make it more useful particularly for those
22 clinicians, for those laboratorians that need to get

1 data so that they can run the laboratories
2 appropriately.

3 DR. SANDOVAL: Let me just make a quick
4 comment. I can help with a little bit of confusion. So
5 I think several people have made these comments but I
6 can help some with degree of confusion so the 99th
7 percentile and I think Dr. Jaffe made this very clear
8 in regard to the universal definition of MI still the
9 threshold that we are going to use that there needs to
10 be one concentration above the 99th percentile with the
11 rise and fall to diagnose, to rule in myocardial
12 infarction, that is still the standard, that is what
13 the clinical practice guidelines say. However for those
14 of us that have to follow the large burden of
15 literature publications what I think Frank Peacock said
16 earlier and it applies to this is that a lot of the
17 emerging literature has focused on low concentrations
18 that are not the 99th percentile. They have been across
19 a range of concentrations. There are some studies that
20 have looked at LoB, some at LoD. There are even some
21 from Pete Kasak, I recently I think in Clinical Biochem
22 looking at LoQ. And the largest ones also making those

1 meta-analysis looking at concentrations that are not
2 analytical thresholds, they are thresholds that were
3 developed on the basis to meet a clinical need such as
4 the five nanograms per liter. That is not the LoD. So
5 the point is right now the indications in the insert
6 packages are to aid in the clinical diagnosis of acute
7 myocardial infarction and I think Frank alluded to this
8 earlier that right now aid in the clinical diagnosis of
9 myocardial infarction are mostly rule in a sort of
10 phrase. So right now we can say you use the 99th
11 percentile rise and a fall and certainly it is an aid
12 to rule in myocardial infarction but you can use many
13 of these low concentrations such as LoD or other
14 concentrations that are not analytical such as five --
15 identify patients at low risk that can be discharged
16 quickly. And that is regardless I also want to make a
17 point that the LoD across different manufacturers some
18 of them as I think Amy alluded just measure 50, 60
19 different thresholds but there are some that measure
20 well over 90% of all normal individuals. So how would
21 it be useful for assays that are super extremely
22 analytically sensitive to have 95% of values measured.

1 So my point is for in the ED it wouldn't be as helpful
2 because no one is going to -- there is a range, you
3 take a step back, clinically it's a little bit more
4 than analytical threshold, which is the threshold that
5 allows the largest proportion of patients to be
6 identified as low risk that can go home regardless of
7 where that concentration is. So there are two issues
8 99th percentile to rule in. And a new movement to
9 identify this low concentration in low risk populations
10 to send these patients home.

11 DR. SHUCK: Thank you for that.

12 This has been a really great conversation on
13 detection limits among other things. We are out of
14 time for the session. I would encourage folks to
15 comment during the public comment session because we
16 did not get to sample stability during this panel. But
17 I believe it is now time for lunch, a break and we'll
18 be back here at 1:00.

19 **LUNCH**

20 DR. LESSARD: I think we are going to get
21 started with the next session. If you will please take
22 your seats and if I could ask the panel members to come

1 up and take your seats. Thank you.

2 All right. Welcome back everyone. Just
3 before we get started one quick announcement. Right
4 now there is one person signed up for the public
5 comment session. If we are missing anybody please let
6 us know, please sign up. We'd love to hear your
7 comments.

8 So welcome to our next session on Clinical
9 Trials for Point of Care Troponin Devices. My name is
10 Juliane Lessard. I am a reviewer in the Division of
11 Chemistry and Toxicology Devices in the Office of In-
12 vitro Diagnostics and Radiological Health.

13 Before we launch into our panel discussion on
14 this topic I'd like to briefly touch on the benefits
15 and challenges of using troponin devices in a point of
16 care environment and then talk about some
17 considerations for designing clinical trials to support
18 the performance of point of care troponin devices based
19 on the examples of different challenges that FDA has
20 observed over the years.

21 FDA understands that there are unique benefits
22 and challenges for point of care testing for troponin

1 device and takes these into account during pre-market
2 review of point of care troponin devices. Some of
3 those benefits include the convenience of on-site
4 testing, whole blood matrices that require less
5 processing and real-time availability of test results.
6 Research indicates that the immediate availability of
7 point of care test results can help lead to more timely
8 intervention. And in some cases for example on free
9 standing emergency rooms a point of care device may be
10 the only device available and it may not be feasible
11 for physicians to wait for a troponin test result from
12 a central laboratory. Point of care settings where
13 troponin devices are used are typically very busy and
14 less well controlled for environmental factors such as
15 temperature. Point of care operators often multi task
16 testing and patient care and they typically have less
17 training on how to perform invitro diagnostic tests
18 compared to clinical laboratory professionals.

19 Each troponin device including those used in
20 point of care settings has its unique performance
21 characteristics and limitations. Results from one
22 assay are not typically interchangeable with other

1 methods. For example serial testing of a patient with
2 different point of care devices or then a laboratory
3 method may not provide the most accurate clinical
4 picture.

5 When reviewing troponin devices FDA considers
6 the full scope of the device including access to
7 testing, turnaround time for results and the
8 performance to assess the risk benefit profile and to
9 determine whether a device is substantially equivalent.

10 FDA acknowledges that point of care studies
11 for troponin devices are difficult to execute. Point
12 of care environments are busy and operators already
13 have multiple tasks that need to be accomplished in
14 addition to the investigational testing. This easily
15 gets complicated by specific clinical trial
16 requirements. For example to test different sample
17 matrices or to match serial samples for standard of
18 care with serial measurements for the investigational
19 device. There are many instances in a point of care
20 clinical trial where things can go wrong and as a
21 result manufacturers may not get the data they need to
22 support a pre-market submission.

1 The following slides describe some of the
2 challenges that FDA has observed in these studies.
3 Central laboratory troponin assays currently on the
4 market are typically intended for use with plasma serum
5 samples. In a point of care environment however use of
6 whole blood is also desirable because it does not
7 require much processing and is therefore easier and
8 faster to use. However sample matrices may perform
9 very differently in a point of care clinical trial
10 because of a variety of factors and this should be a
11 consideration for the design of the study.

12 FDA has observed multiple instances where the
13 performance of whole blood is significantly different
14 from plasma even when a matrix specific cut-off is used
15 for analysis.

16 For point of care devices samples are
17 typically measured immediately or very close to the
18 time of collection. For logistical reasons clinical
19 studies to assess point of care troponin devices may
20 include samples that were stored for various amounts of
21 time at different temperatures between collection and
22 testing. As we discussed in our earlier session on

1 pre-analytical considerations sponsors typically submit
2 sample stability studies for FDA review in order to
3 bridge the performance of stored samples to the
4 performance of fresh samples that intended users would
5 obtain with the device.

6 FDA has observed cases where troponin is not
7 stable in patient samples that are stored prior to
8 testing with a candidate device. If samples are not
9 stable then the reported clinical performance may not
10 be valid.

11 Point of care environments are very different
12 from central laboratory conditions and typically show
13 greater variability and less control over operating
14 conditions like temperature, humidity, et cetera. FDA
15 has seen data in pre-market submissions suggesting that
16 troponin devices can be sensitive to changes in the
17 environment and that this can be a challenge especially
18 when validating point of care devices. For example in
19 a hypothetical pre-market submission the proposed
20 labeling may warn of a significantly different result
21 if the device is used outside of an operating
22 environment of 20 to 24 centigrade. Such a narrow

1 range of temperature is difficult to achieve in point
2 of care settings and consequently in our hypothetical
3 example this led to the exclusion of 35% of samples in
4 the clinical study.

5 Another consideration for point of care trials
6 for troponin devices is the potential for differences
7 in performance between clinical sites. FDA understands
8 and expects that there will be differences between
9 clinical sites. However, FDA has reviewed data where
10 the performance at one or more clinical sites is
11 considerably worse than at other clinical sites in the
12 same study. In such cases it is not always clear
13 whether the device is the cause of the poor performance
14 or whether there is something about the site or the
15 clinical study design that influenced test performance.
16 For example poor performance could be due to
17 differences in how the site handled, processed and
18 stored the investigational samples. It could be due to
19 differences in the patient population which may show
20 that the assay's cut-off may not have been established
21 well enough to overcome demographic differences.

22 FDA has also observed poor performance due to

1 the biased collection of different sample types. When
2 there are many confounding factors in a study and
3 performance issues arise this can greatly complicate
4 FDA's review since it makes it difficult to assess what
5 the performance of the troponin device will be in the
6 intended use population.

7 Some of the questions that we would like to
8 discuss in this session are: What expectations you as
9 the stakeholders have for the performance of point of
10 care troponin devices? What, if anything, should
11 manufacturers include in their labeling to aid users at
12 moderately complex point of care troponin sites? What
13 are some of the challenges encountered while planning
14 or executing a clinical trial for a troponin device and
15 how could those challenges be addressed? And how
16 limited is too limited for point of care troponin
17 devices that are intended for use in just a narrow
18 range of operating conditions?

19 At this time I would like to introduce Kellie
20 Kelm, our Deputy Director who will moderate the panel
21 discussion. And please ask all panel members to
22 introduce themselves.

1 Thank you.

2 **CLINICAL TRIALS FOR POINT OF CARE DEVICES**

3 DR. CHANG: Hi, there. I'm Anna Marie Chang.
4 I'm in the Department of Emergency Medicine and I run
5 our clinical trials oh and I'm at Thomas Jefferson
6 University.

7 DR. JAFFE: Al Jaffe from the Mayo Clinic.

8 DR. McCORD: Jim McCord, Cardiology, Henry
9 Ford Hospital.

10 DR. PEACOCK: Frank Peacock, Emergency
11 Medicine, Baylor College of Medicine, Houston, Texas.

12 DR. SAN GEORGE: Hi, I'm Rick San George, Head
13 of Clinical Affairs for the Abbott Rapid Diagnostics
14 Division formerly at Alere, San Diego.

15 DR. CAPOSINO: Paula Caposino with the FDA.

16 DR. LESSARD: And Juliane Lessard from the
17 FDA.

18 DR. KELM: Okay. Well, first, Juliane thank
19 you for that great intro into the subject. So the
20 first question I think we have is a good starting
21 point. So for our panel what expectations do you have
22 for the performance of point of care troponin devices?

1 Anybody, we don't have to go in order. Any takers?

2 Frank, Dr. Peacock.

3 DR. PEACOCK: So there is Rob Christenson and
4 Rob and I used to sit and talk at these AACC meetings
5 for days and days about how they should be identical.
6 And I thought well, that sounds pretty good and then I
7 drove here in a big fancy car instead of a pickup truck
8 and I realized does everybody really have to have the
9 same car and the answer is no. And so I've come to the
10 reality is we don't all have to have the same assays.
11 I have a different job than Jim McCord does. He's
12 really interested on the rule in being right and not
13 screwing that up. So he wants relatively tight
14 performance around the 99th percentile. Me I want rule
15 out, that's at the far end of the spectrum. That's the
16 low end of the spectrum. So if you can tell me that
17 this patient has and I don't even need a number
18 honestly if you just tell me the test is positive and
19 they are low risk they can go home; that is all I need.
20 So it is a different job and we shouldn't drive the
21 same car.

22 DR. JAFFE: I take a different point of view.

1 [LAUGHTER.]

2 DR. PEACOCK: I was waiting for you.

3 DR. JAFFE: Not infrequently with Frank. I
4 think the reality is that often point of care devices
5 are being used alone at institutions that have to deal
6 with both rule in and rule out in rural areas where
7 they don't have the ability to have larger labs. It's
8 in those circumstances they need a broader portfolio.
9 Now if you wanted to develop a specific point of care
10 test to do niche applications then I'm all in favor you
11 can have a Yugo.

12 [LAUGHTER.]

13 DR. JAFFE: On the other hand

14 DR. PEACOCK: Spoken like a cardiologist.

15 DR. JAFFE: If you want something that can do
16 both works you need to have them be more compatible and
17 in the ideal sense I think if we don't set expectations
18 for point of care troponin devices at a high, very high
19 bar they'll never improve to reach the criteria we
20 want. I'll share with you that back in 1999 when the
21 European Society and the ACC got together to talk about
22 how we were going to use troponin we put some stakes in

1 the ground. We said a ten percent CV at the 99th
2 percentile. It is just now with high sensitivity
3 assays that we are finally reaching that. But we put
4 that stake in the ground because we knew it was doable
5 and because we wanted to push the field to reach that
6 performance. So I think we need to have a high bar and
7 demand a lot for what we want with point of care
8 because often it is going to be used as a solitary
9 device.

10 DR. PEACOCK: So you are talking to the FDA or
11 the IFCC?

12 DR. JAFFE: Yes.

13 [LAUGHTER.]

14 DR. PEACOCK: Then we've got to take about 15
15 assays off the market because they don't make your
16 standard.

17 DR. JAFFE: Well, they made the standard at
18 one point in time. They now -- we are now talking
19 about a new iteration of assays coming through and I'd
20 say it this way, I would not advocate that the assays
21 we previously approved would get approved again if they
22 came through again.

1 DR. PEACOCK: I don't argue with you but what I
2 don't want to be is to continue being Nigeria and we've
3 got to have assays that are better than today available
4 but they don't have to be perfect.

5 DR. JAFFE: I'm not disagreeing with that
6 either. That said the point of care assays need to
7 improve. We need to push them to set the bar as high
8 as possible and recognize that most of the time they
9 are going to be used for both rule in and rule out at
10 most hospitals.

11 DR. SAN GEORGE: So we all want to have lab
12 performance at the point of care so I think that is a
13 given but we have to recognize that point of care does
14 give one benefit over the lab and that is in turnaround
15 time. And so I'm interested to know what, if any,
16 tradeoffs might be acceptable to the clinicians on the
17 panel or anywhere else where for that faster turnaround
18 time some other level of performance might be an
19 acceptable compromise, this is that benefit risk
20 balance that we are all trying to find. We've talked
21 about lesser precision in the past maybe that's not
22 quite acceptable, maybe lesser analytical sensitivity,

1 does the measurement range have to be as high or as
2 wide as the lab system. You know let's remember lab
3 systems are based on analyzers that are hundreds of
4 thousands of dollars, they do hundreds of assays, they
5 can absorb those costs. We're trying to do the same
6 kind of performance at a much lesser sort of system
7 level. We don't even have a centrifuge so we do have
8 to separate the blood without that as well. So given
9 those challenges and given the quick turnaround time
10 are there any compromises? Do we focus on ruling out
11 those low risk patients and focus our performance in
12 that area? Do we focus somewhere else? I'd like to
13 understand what tradeoffs we might make.

14 DR. McCORD: I guess my clinical perspective
15 on that would be is if you have to compromise and it
16 sounds like you have to compromise it would be
17 compromising more on the specificity and less on the
18 sensitivity because this is used mostly upfront in the
19 ED where you don't want to compromise on sensitivity if
20 that's possible.

21 DR. JAFFE: And usually these sorts of devices
22 are often used in smaller places where the level of

1 sophistication of the staff may be less and therefore
2 the clinical component of this which often can save
3 whether it is lack of specificity or sensitivity
4 although I do think sensitivity would be more important
5 in this instance is going to be limited and so you need
6 to be very careful to at least be clear about what the
7 metrics of any given assay are and what clinicians need
8 to be wary about in the interest of patient safety.

9 DR. PEACOCK: We do that with D-dimer now. If
10 you are negative and low risk you are out the door. If
11 you are not negative then we have to do something else.
12 And there's no reason that troponin couldn't be
13 structured the same way. If you are low risk and only
14 30% of the people would fall into that category you are
15 out the door. That leaves us 70%. We've got to do
16 something else. Maybe we actually send another
17 troponin to the lab to get a good troponin. But the
18 idea is that if we have a rule out test and that
19 paradigm does exist that would -- 30% doesn't sound
20 like it is that many, it is three million Americans a
21 year held in ERs now catching whatever they catch while
22 they sit around and get coughed on by the guy next to

1 them. They could go home.

2 DR. JAFFE: I'm not sure that many of the
3 present point of care tests are able to do that. There
4 are some that are coming that have adequate sensitivity
5 to rely on to send people home. But I'm not sure any
6 of the ones on the market now have that.

7 DR. CHANG: I mean for myself what I would
8 love is now we have a lot of places, my place has a
9 physician in triage who orders a bunch of test, you
10 know, so I'd love for the point of care to be able to
11 say okay, I can sit on this patient a little bit
12 longer, you know as a rule out test. I think that is
13 much more helpful versus -- and then also to have a
14 range where it is like okay, well, I do need to
15 correlate this with the lab as a second draw. I think
16 having that correlation is really important for me as
17 well. So to know how to interpret the first one and
18 then the one that I'll send to the lab. And I don't
19 really know, we don't have point of care anymore at my
20 new job, my last job we did and it was really hard and
21 then when we would call the cardiologist they'd be like
22 well, what is their lab troponin. I'm like ah, this is

1 just based on our point of care. So I think we do need
2 some correlation to both.

3 DR. JAFFE: There are a couple of iterations
4 of this maybe we want to talk about. One is that in
5 Europe they are starting to use some screening point of
6 care in the ambulance on the way in. The idea being
7 that it allows those people potentially if they have a
8 good story and they are usually mostly in the higher-
9 risk patients if they have an elevation they can go
10 past the ED and directly into the hospital, saving some
11 ED time and allowing them now to test whether or not
12 earlier intervention in non-STEMI may be helpful. So
13 that is one potential use that could be considered. I
14 think the assays need then to be validated, when we
15 took them up in a helicopter they didn't do so well.
16 When they get bounced around in the ambulances they may
17 or may not do so well. So some of those validations
18 are necessary. But that is one place.

19 There is a second issue as well. And it has
20 to do with the definition of point of care assays which
21 I think I'd like to throw open. There is a point of
22 care assay which from my point of view is something I

1 can give Frank to put in his pocket and he can go
2 around and get a drop of blood and put in it. And that
3 is a point of care assay to me. But there are
4 developing devices that are near patient assays that
5 you could put a small machine in an ED and some people
6 would say that's a point of care device as well. They
7 are fundamentally different however and the metrics of
8 some of them could be substantially different. So I
9 think that is at least another element of this that
10 ought to be considered.

11 DR. PEACOCK: The challenge for near patient
12 testing is how much skill is involved in running the
13 specimen because emergency departments can certainly do
14 near patient testing. I just don't have a lab tech.

15 The other point I would like to make is there
16 is really no hurry to get a positive troponin because
17 when there's a positive troponin you get in a line, it
18 goes over there and you are going to spend four hours,
19 getting your room and you go upstairs and you get
20 cathed maybe tomorrow in almost all of the cases. And
21 so to hurry that process up doesn't really get me much
22 and doesn't justify the cost. However to hurry up the

1 process of ruling out there is a huge advantage to
2 that. So there are different ends of that spectrum.

3 DR. KELM: So one of the questions that we
4 would have then is maybe you can weigh in on this is
5 what percentage of false negatives would you accept
6 with a rule out device?

7 DR. PEACOCK: Yeah, so like Dr. McCord said it
8 is very -- this was published a number of years ago by
9 Martin Than, he surveyed about 1,000 emergency docs and
10 said well, what will you accept for an error rate? And
11 it came out to be about something on the order of one
12 percent or less. So you've got to have sensitivity of
13 99% and 100 would be cool but we'll never get that, but
14 99 is sort of the threshold for emergency docs.

15 DR. KELM: Okay.

16 DR. JAFFE: But let me push back actually in
17 the other way because we have many cardiac troponin lab
18 tests where we don't have that degree of error free
19 performance and we rely on our clinical expertise to
20 augment that. So what would it be acceptable to have a
21 -- I think it would be helpful to have a point of care
22 assay that provided the same clinical performance say

1 as the present-day laboratory assays and said, Frank,
2 one of these days you are going to have to be a
3 clinician.

4 DR. PEACOCK: And we have that data on the
5 risk scores. We just finished a 30,000-patient study
6 with EDACS and a pair of troponins and you can go home.
7 And there's the heart score. So there are clinical
8 metrics that already exist that make that a relatively
9 easy step.

10 DR. KELM: All right. Great. So the next
11 question what should manufacturers --

12 Dr. Christenson did you want to speak? Yes.

13 DR. CHRISTENSON: Just to ask the question.
14 It seems to me that troponins run, if you are going to
15 call the test troponin; right, that it has to be -- it
16 can't get a pass at point of care for performance. But
17 that is particularly true in the sensitivity side for
18 what Frank is saying, what all of you are saying which
19 is use it for rule out.

20 I guess what I wanted to ask and maybe at some
21 point you guys could talk about it. Do you think that
22 the high sensitivity assays, if you have high

1 sensitivity troponin that was at the point of care do
2 you think that that would be an important advance
3 because we're talking about shorter and shorter times
4 between measurements. And if you send it to a lab and
5 you have to wait for an hour and a half or two hours to
6 get it, that delays the disposition of that patient
7 versus a 20-minute turnaround time at the point of
8 care?

9 DR. McCORD: And the short answer is yes, I
10 think that ideally you'd like to have the high
11 sensitivity point of care because these rule outs now
12 are with high sensitivity at presentation one hour
13 where the turnaround time now is a much higher
14 percentage of the whole operational time encountering
15 that patient. So that is why point of care is not
16 going to go away. It is going to become just more
17 relevant in my mind because of how quickly we have to
18 assess people in ED now.

19 DR. JAFFE: Some of that may be helpful but on
20 the other hand I think if you start looking at how fast
21 the nurses can turn around a bed in the ED, how long it
22 takes for the clinician to get in to really get a

1 history and be comfortable they know that patient to
2 look at the ECG that some of this rush to make decision
3 and rush to troponin is excessive and that it's
4 actually more on the margin than a real effect many
5 times.

6 DR. PEACOCK: Okay you asked for some politics
7 because this is how this works in the ER is that about
8 four hours our Press Ganey scores start to decline,
9 that is the break point. And it has been studied in
10 over a million patients that you go from being 96% high
11 quality to 75 and so the hospital administrators are
12 looking at you going you got four hours buddy. Because
13 after four hours we get bad Press Ganey scores and then
14 Obama Care sends their people down and our patient
15 determinant margin shrinks by one percent. So patient
16 satisfaction is now part of the game. And it is four
17 hours.

18 DR. APPLE: So I want to follow up what Rob
19 said is the concept, one comment, one question for you
20 all. So do you realize that the large majority of
21 point of care assays will test negative 15 to 20% of
22 the time that you'll get a positive result in the

1 central lab. So that's the status right now of the
2 world.

3 The second thing is how many of you have
4 actually used point of care and -- okay. And then the
5 reality of it is do you report numbers because I know
6 your numbers are different than the central lab where
7 they use T or I and how do you deal with the
8 performance with your clinicians to give them a
9 positive negative and part of that question is what
10 percent of those point of care results are repeated in
11 the central lab because they don't believe the positive
12 or don't believe the negative.

13 DR. CHANG: I think that was the point that I
14 was making earlier in that so my job right now doesn't
15 have a point of care but my old one anytime that we
16 called cardiology with a lab result or you know hey,
17 this person has a negative they always wanted a lab
18 draw anyway. And so what would happen is that you know
19 patients would get some labs done point of care and
20 still repeated and there's been studies to show this
21 happens also with lactates and with every other lab
22 that we do point of care there's always redundancy and

1 there's a big push I think by Arjun and some other
2 people in emergency medicine to try and reduce those
3 redundancies. But it is still not happening.

4 DR. JAFFE: And you can get into a long
5 discussion as to how cost effective it is if you've got
6 both up and running. I think the bigger use of point of
7 care is that there are lots of place that don't have
8 the ability to have a central laboratory, like it or
9 not. And those places are totally dependent on point
10 of care and on clinical triage. And that's why I think
11 we have to be very careful because those patients are
12 at equal risk as is patients that are coming into the
13 Mayo clinic and yet those operations by and large have
14 less sophistication and now you are giving them a much
15 less sophisticated troponin assay. So I think we need
16 to separate out the idea of what does Frank need to
17 help him on X number of patients in an academic medical
18 center from the larger number of people in rural areas
19 who really rely on this on a constant basis.

20 DR. PEACOCK: So Fred, I'll tell you I live in
21 the scenario you described. I have the Abbot i-STAT at
22 the front door and we have the Siemens Vista upstairs.

1 The lab is upstairs at my hospital instead of the
2 basement. But when patients come in I don't order the
3 troponin; the nurse does the troponin on protocol. And
4 so I get troponins on all sorts of crazy people that I
5 really didn't want a troponin on. It's an 18-year-old
6 girl who had 37 seconds of chest pain. It is like do I
7 really need a troponin. And when it comes back
8 negative I go your risk score is extremely low so we
9 are done here and you can go home. But there are other
10 people who are higher risk. They'll get two troponins.
11 They might get them on the i-STAT but if anybody has a
12 positive they end up sent to the lab because they don't
13 trust it. So we get double troponins and there is a
14 cost associated with that. But the objective is to
15 increase the specificity. And then you have to use
16 your clinical brain as well. So there are a large
17 number of patients on the higher side who get multiple
18 levels. And because the inside people meaning
19 everybody who works upstairs, the cardiologist in the
20 hospitals don't trust the troponin like Anna Marie said
21 they want another one. So we do that.

22 DR. JAFFE: Frank, but doesn't that give you

1 trouble because you don't have a baseline to look at
2 the delta?

3 DR. PEACOCK: Yeah, absolutely. But when you
4 are 18-years-old with 37 seconds chest pain I don't
5 really need it.

6 DR. JAFFE: 38 would do it for you?

7 DR. SAN GEORGE: So just a comment on the need
8 for correlation if you will between the point of care
9 system and the lab method, clearly that is desirable.
10 You know and at the same time clearly a point of care
11 method can't agree with all lab methods given the lack
12 of standardization variability among them. So that is
13 a challenge that we all face. The 99th percentile
14 should mitigate that risk, that is you know if
15 everybody used a 99th that correlated or was concordant
16 with the others then some of that goes away. And of
17 course a universal sample bank like the AACC or some
18 other one of that type where everyone used the same
19 sample set to establish the 99th might help in
20 correlating that point of care method with the lab
21 methods.

22 DR. JAFFE: But we're talking about point of

1 care assays as if they are still the old ones. And
2 there are some newer ones coming and I do think that
3 the newer ones whether they reach the criteria for high
4 sensitivity or they are just short of the criteria for
5 high sensitivity many are comparable to what central
6 labs provide now. That's a different situation than
7 the ones that we have, many of which are just terrible,
8 terribly insensitive.

9 DR. KELM: So it has been a really interesting
10 discussion. I like the idea of -- or the concept of
11 for example needing point of care for those sites that
12 need a sensitive and specific high performing point of
13 care but then I think the idea of just to rule out a
14 device that only does that, there are concepts there
15 that would be interesting.

16 So I'm not sure whether or not there is
17 anything else you want to add in terms of the second
18 question. What should manufacturers include in their
19 labeling to users at moderately complex, your point of
20 care users or your sites that use point of care
21 devices. I don't know if there is anything that you
22 want to add.

1 No, I didn't think so. So for those of you
2 who have planned or executed clinical trials or helped
3 with that for point of care troponin devices have you
4 encountered any challenges that you'd be willing to
5 share and or thoughts on how you think you could
6 address issues with trials?

7 DR. PEACOCK: I like the first line of our
8 slide that said point of care trials are hard. I would
9 argue with that. The key is who you get to do your
10 trial. Every doctor will tell you that they will
11 enroll 1,000 patients in two days. They are lying to
12 you. They have a conflict of interest. They want to
13 say yes. So if you ask their study nurse how many
14 patients they will enroll, that is the truth because
15 she's got no reason to lie to you. And if they don't
16 have a study nurse that is not a site that works. So
17 you need to have an experienced site with study nurses
18 preferably there 16 hours a day. If you have a study
19 nurse that's there 40 hours a week that becomes really
20 hard to enroll because most patients with chest pain
21 come in between 3:00 and midnight. If your nurse is
22 there 9:00 to 5:00 and you want to do a zero, one, four

1 and eight-hour troponin you are not getting there.
2 None of those patients get enrolled so your enrollment
3 rates are terrible. There are about four ERs in the
4 United States who do 24/7 enrollments. They are not
5 very common but most of what I call the professional
6 emergency medicine research sites and there's about 40
7 of them have something on the order of 16 hours of
8 research nurse coverage a day. Those are where you go.
9 And if you can access that this is not hard at all.
10 The only hard part is those finger pokes ones which I
11 personally don't see any reason why you want finger
12 poke blood. But just because patients hate having all
13 their fingers poked. But other than that they are
14 easy.

15 DR. JAFFE: Well, there also is an issue of
16 who does the testing. And the reality is it depends
17 upon and it is site specific. It is not that any of
18 this is hard. I probably could even be trained to do it
19 although I won't push that concept. But it is not
20 terribly difficult. On the other hand people who are
21 very busy and who are running around and particularly
22 if things take critical timing may not do it well. May

1 not attend to it well. If they're nurses they may get
2 called away. So whether it is a nurse or a lab --
3 person who is laboratory trained or responsible to the
4 laboratory has to be somebody who really understands
5 how to do the testing properly. And I think often many
6 sites have signed on when they don't have an
7 understanding of the fact that you need to have
8 availability, patients, a modicum of training and a
9 modicum of dedication to how it gets done.

10 DR. SAN GEORGE: Yeah, so you know the big
11 difference too is it is whole blood in many point of
12 care cases and so the testing has to be done
13 prospectively on site. So you need the right
14 operators, you need enough of the operators, you need
15 the intended use operators, you need to test multiple
16 time points, you need around the clock research people
17 if at all possible to do it right and to do it well and
18 do it in a reasonable amount of time. So that is
19 another challenge, if you will, is doing real time
20 testing with whole blood. We talked a little bit
21 earlier, it has been mentioned sample matrix effects.
22 It would be nice if one could demonstrate a whole blood

1 to plasma equivalence and so that the testing could be
2 done on plasma only in the study even on banked frozen
3 plasmas maybe retrospective leftover samples. But in
4 the absence of that being acceptable testing fresh
5 whole blood is the only option and it presents some
6 additional challenges.

7 DR. APPLE: Since I flew here I might as well
8 speak. So Dr. Jaffe the definition of point of care
9 testing is operator based, not the size of the
10 instrument, even though we'd all like something in our
11 pocket. If I'm correct that is the definition. So
12 therefore my suggestion to the FDA is when at least
13 this is what we're told by the manufacturers the FDA
14 requires that to do the study they can't be
15 laboratorians. They have to be done by true non-
16 laboratorians because that's who the point of care is
17 defined after. But one of the things that we've run
18 into in our studies is we have nurses. We are 16 hour a
19 day operation. But they don't allow, the manufacturers
20 say the FDA doesn't allow our nurses to run the point
21 of care testing in a lab environment. So we have to
22 find sometimes a closet or some out of the way place to

1 do it. So I would recommend who cares where the test
2 is actually done. If there is a space in a
3 laboratory, like we have a lab in our ER, if the nurse
4 could walk into our lab and run the point of care that
5 should be an acceptable part of being able to do the
6 study trial. It shouldn't be limited to some place
7 because sometimes the only places the nurses can do is
8 step into -- we have a lab or space that could be
9 laboratory oriented. So something to consider is that
10 the nurse or the non-laboratorian that partakes in the
11 study that does the testing doesn't have to do it --
12 can do it anywhere. Who cares what the site is?

13 DR. KELM: well, obviously the idea is to not
14 always perform this in the best-case scenario but
15 getting in the real-world scenario or worst-case
16 scenario. And so we try to find out what from the
17 manufacturers where they're intended to be used and who
18 by and we ask them and generally we'd like to have the
19 sites I mean to have various trained people so
20 sometimes they are nurses or different staff and
21 different kinds of locations. I mean we are always
22 willing to talk but the issue with a laboratory is that

1 it is better controlled. Then the problem is the
2 information on the label in terms of the performance
3 going to be what Dr. Peacock would expect in his ED
4 when his nurses have to go upstairs to the lab to test.

5 DR. APPLE: I'm not talking upstairs in the
6 lab. I'm talking about a little -- sometimes we have
7 stat labs but they might not do a certain point of
8 care. So I'm just saying we have nurses that step into
9 our lab -- we have a little box, our lab is about the
10 size of this space, they'll walk into do a glucose. So
11 I'm just saying is don't limit where the testing for
12 the studies are done because it is the end user that's
13 doing it, who cares where it is done. So you'll have a
14 lot more opportunities, if the FDA has walked around
15 and ER at all and see the space considerations and how
16 busy, it is hard to find space sometimes to do these
17 testings. They have to walk away from the exact site.
18 Just a suggestion.

19 DR. KELM: No I think if you know you're
20 talking about small spaces in ED for example small labs
21 because yeah some of these also are larger instrument
22 like little table top things that obviously aren't

1 going to be -- you are not going to yank it out of your
2 pocket at the bedside. And you may have a little space
3 in the ED where that is set up. I mean then that would
4 be a valid place to do the testing.

5 DR. APPLE: Just keep an open mind because I
6 think you could enhance enrollments and the processing
7 a little more efficiently if you eased up that
8 requirement that's all.

9 DR. KELM: Yeah. It's not a requirement.

10 DR. APPLE: We're told it is a requirement by
11 the FDA. When we do the studies manufacturers tell us
12 the FDA requires the non-laboratorian to do the test
13 outside of any lab space. So I'm just sharing with
14 you.

15 DR. KELM: I think we define it as sort of a
16 central lab location. But then, yes, if there is lab
17 space where you do point of care testing in the
18 emergency department then that would be a place of
19 point of care testing is done in the emergency
20 department.

21 DR. VERBARG: I'm Jasenka Verbarg. And this
22 is a question for FDA requirements as well as I'd like

1 the panel's input on this. For point of care troponin
2 tests specifically high sensitivity as far as having
3 controls on the test say it is a cartridge that would
4 take patient sample what is the requirement, what is
5 the preference either having a control on the cartridge
6 or a set of calibrators that would be used either on a
7 separate cartridge that is specifically for control or
8 on the same cartridge that we would test just from a
9 batch?

10 DR. KELM: Go ahead.

11 DR. LIAS: So there are some CLIA requirements
12 surrounding quality control testing. And some state
13 and local requirements also across states that vary for
14 quality control testing. So facilities need to fulfill
15 a CLIA requirement with respect to quality control
16 testing and external controls are typically available
17 even for unitized tests. And often the recommendation
18 relates to testing within lots or at some sort of
19 frequency within the lab. You also have to pay
20 attention to storage requirements. We also don't want
21 to confuse point of care with waived testing. So here
22 we specifically said moderate complexity point of care

1 testing because we didn't really want to address waived
2 testing today. The question of waived testing is a
3 little bit different because in that case the
4 laboratory, the waived laboratory or the waived users
5 would have to follow the instructions exactly which
6 typically would specify more directly quality control
7 use requirements. So it does depend on whether you are
8 talking about waived or moderate complexity. Most of
9 the requirements that relate to this are CLIA
10 requirements.

11 DR. SAN GEORGE: Courtney just as a follow up
12 then is there no expectation for onboard QC for a
13 unitized device?

14 DR. LIAS: There's no requirement for onboard
15 QC. A lot of times manufacturers will design some sort
16 of quality metric just because it helps the design of
17 their device. But external QC is separate from that.

18 DR. KELM: So last how limited is too limited
19 for point of care devices that are intended for use in
20 a narrow range of operating conditions?

21 DR. PEACOCK: Do you have an example?

22 DR. KELM: So I think the example is that we

1 gave in the talk for example was a device that only
2 worked well between 20 and 24 degrees Celsius and
3 indicated that outside of that range you could have
4 greater than ten percent bias in results for example as
5 a hypothetical. So you know we see this often with
6 some of even not troponin but other devices like
7 glucose meters, obviously then what is the operating
8 range. If someone is using it on a soccer field or in
9 sunlight and it doesn't work.

10 DR. PEACOCK: So I have to --

11 DR. CAPOSINO: So in the example the test
12 result was not reported. You just got something like
13 moved to a different temperature.

14 DR. PEACOCK: So I had to convert centigrade
15 to Fahrenheit so I understand those degrees. And in
16 Houston they air condition us to the point we are about
17 to freeze to death because they have to prevent mold.
18 So it has to work within the range of humans of an ER
19 because this is where I think most of these are
20 working. Allen said they don't work in the helicopter
21 and I realize they have trouble in ambulances too for
22 wiggling and ambulances can be 120 in the summer and

1 minus 20 in the winter. So it is an unbelievable
2 temperature range.

3 DR. KELM: Well, I think the ambulance would
4 be waived; right? Yeah, we do ask people who are
5 interested in waived devices to try break those
6 actually.

7 DR. JAFFE: But I think they need to be tested
8 where they are going to be used. So if indeed you are
9 going to use it on the soccer field and in the
10 emergency room then there are different criteria than
11 it is just going to be in the emergency room in
12 Houston, Texas. If you are going to use it in the
13 emergency room in other places that have saner
14 temperatures you know not Rochester, Minnesota, for
15 damn sure, then you may have a different temperature
16 range. So I think it is the intended use can define
17 that. So that a company could decide although I don't
18 think it would be wise to have something within a very
19 narrow range but then they'd have a very narrow
20 intended use because they'd have to define the number
21 of places that would work. So I think you have some
22 flexibility. I think the only problem is that it is not

1 so clear once it's something that's approved that you
2 can -- you really know where it is being used and could
3 actually in some way implement a regulatory stance
4 about it.

5 DR. KELM: Well, I think our thoughts are 20
6 to 24 might work well in the spring at some sites but
7 then you purchased but what happens if the conditions
8 obviously are here in Baltimore very well air
9 conditioned in the summer and not so much in the
10 winter, et cetera, et cetera. Maybe difficult for
11 labs to control if it works well one season, not in the
12 other. Seasonal variability that is going to wind up --

13 DR. JAFFE: But I think that is something that
14 if a company acknowledges it only works from 20 to 24
15 degrees then the intended use is only going to be in
16 those situations where it is 20 to 24 degrees and that
17 may not be Baltimore in the winter. Now that would be
18 a silly position I think for someone to take but I
19 think you have much more flexibility based on the
20 intended use. The real problem is how you really
21 enforce that going forward once something is approved.

22 DR. McCORD: The practical issue is that some

1 old hospitals when the seasons change and our hospital
2 is over 100 years old as the temperatures change it
3 takes a while for the part -- areas to actually get
4 warm or cold, so there can be quite a lot of
5 variability. But I guess I have a question back to you
6 because I sort of heard that the device itself may be
7 able to say it is not functioning, it is out of its
8 range and so if the devices can tell you they are out
9 of operational range or they say you are moving too
10 much or whatever it is then how much of an issue is it
11 if it can communicate back to you that it's in a
12 condition itself that's out of its functional range.

13 DR. KELM: Well, I guess our question to you
14 is sometimes people might argue just label it and leave
15 that. But I think the question is for those of you who
16 use these in emergency department is that really
17 sufficient or would you know about that? What would
18 happen if it didn't work?

19 DR. CHANG: I mean I can tell you my nurses
20 don't look at any of those labels. So unless the
21 device told me that it's not working and it's out of
22 range they'll still run it and they'll tell me oh, the

1 troponin is five and it's because the temperature is 32
2 degrees now in my emergency department because we just
3 had a brown out. So I don't think unless the device
4 can report back to us that it's out of its operating
5 conditions then it is not going to work. And I don't
6 know -- it doesn't make sense for a device that is
7 going to be in the emergency department to have such
8 limited capabilities. And things like humidity that
9 was a big deal. We did a trial with a company and the
10 humidity, my research coordinators were opening and
11 closing doors and like dumping out buckets of water
12 every two hours. It was pretty bad. So I think having
13 a device that can withstand all of these conditions is
14 very important.

15 DR. PEACOCK: So I would set the market -- the
16 market should make those decisions. You have a device.
17 It has to be in this range and I agree with Anna Marie
18 that nobody reads this -- the nurses don't, if they
19 drop it, they lick it, they stick it back in the
20 machine. It gets really rough use. But if the machine
21 says it's outside of the range then it is outside the
22 range and that make it very easy to be compliant. And

1 if I want to buy an assay that only works for 20 to 24
2 degrees, let the buyer beware. That then becomes my
3 problem to keep my lab that temperature.

4 DR. KELM: Juliane?

5 DR. LESSARD: So I think we also brought that
6 up as a challenge for our clinical trial itself so if
7 you have a device and it doesn't give you a result if
8 you are outside the temperature and it is such a narrow
9 range there's going to be a lot of error messages in
10 that trial and then there's going to be a lot of
11 missing data, there has to be retesting going on. So
12 what do you think about that? It is one thing -- I
13 think it is two separate issues one it is the trial and
14 then it is the use of the device later on.

15 DR. PEACOCK: So going into the trial you know
16 the device has a 20 to 24-degree range? Then they have
17 to do it in 20 to 24 degrees otherwise you get errors.
18 I mean you just go through the trial. I mean you
19 wouldn't want to do the trial outside the range because
20 you've already established it doesn't work.

21 DR. LESSARD: Right. Right. But if it is
22 difficult to maintain that kind of range at the point

1 of care site like in our example then you would run
2 into trouble with missing data because you are getting
3 error messages all the time.

4 DR. CHANG: I mean as a trial site I'm happy to
5 run anything; right. I mean when a company says please
6 do this, we will do it and we will you know try and
7 keep it within that range. But at the same time we do
8 give feedback also to the company to say that's
9 probably not very feasible. I've -- the last time we
10 did this and I said you know, yeah, we're dumping out
11 water and we're clearing our dehumidifier every two
12 hours. I think the company did get that message but
13 yes, if a company says these -- you know we'll do it.
14 I am -- another of the sites like Frank said that has
15 17 hours a day of coverage so we make it work but it is
16 not ideal.

17 DR. SAN GEORGE: So what if the device had a
18 temperature range of 20 to 24 or whatever it is and if
19 it were outside of that range, it told you it was
20 either high out of range, low out of range and but
21 still give you a result which you could interpret
22 because you know if it's high out of range if the

1 temperature is high the values tend to be higher or
2 lower whatever the labeling would say. Same way with
3 humidity. So you don't get a lot of errors or at least
4 you don't get a lot of error messages but you get maybe
5 a higher percentage of results that are obtained out of
6 the ideal range.

7 DR. McCORD: I would say yes for the reason
8 Frank said, you wouldn't want that. I think because
9 there is going to -- he is going to get that number, he
10 is not going to know it is out of the range. He wants
11 it to be just not readable, this is not a --

12 DR. KELM: We've had some experience with
13 devices with other analytes where staff actually
14 doesn't know how to interpret those codes. And so we
15 have had recalls where they will unfortunately lead to
16 injuries or other things because nurses won't know and
17 they'll just use it and not know what some of the error
18 codes mean and they'll just move forward.

19 DR. PEACOCK: So for the point of a study if I
20 have to get 500 data points and every third data point
21 is out of range, well, I'm just going to get 1500 data
22 points and eventually we'll get enough and I don't care

1 about that because I'll do the research. And then when
2 it comes out as a device you sell it and whenever it is
3 out of range it gives you a nothing, it says
4 unreportable, and you start to hate the device and you
5 go buy the competitor. But I don't know that this is
6 really a regulatory problem. It is just a research
7 problem that you just have to get more so you can get
8 the numbers and when it is done you can't report it.

9 DR. McCORD: It is regulatory in the sense
10 that probably agree that if it shouldn't give you a
11 number when it's out of is operational range. It seems
12 like that is sort of inappropriate.

13 DR. CAPOSINO: And I think that is what we are
14 hearing that you wouldn't want to report something that
15 you have to interpret in a way following some labeling
16 that may not be looked at.

17 DR. PEACOCK: Doctors trust numbers and if
18 they are wrong we don't care we trust them anyway.

19 [LAUGHTER.]

20 DR. PEACOCK: So there has to be a trust there.

21 DR. JAFFE: Well, but the assumption sort of
22 is that we'll all adapt to all these little things and

1 the truth is that many places whether emergency rooms
2 or hospitals don't have the band width to appreciate
3 any of this and they'll just go with whatever it is
4 they have. So I think there's a real risk that people
5 will ignore these sorts of things and even these sorts
6 of messages. If the machine doesn't work at least then
7 you say well I can throw it away and get a new device.
8 But if you give a value I think it is often that
9 clinicians will ignore the fact that there is an
10 analytic problem.

11 DR. ENGINEER: I would take a patient safety
12 perspective on that question that Rick brought up that
13 if this was my mother and she came in and someone
14 misinterpreted, what is the change of someone
15 misinterpreting a value that was out of range but
16 reported. I think there is a high risk of having
17 clinical error there. So I would definitely avoid that
18 and take the whole discussion from a patient
19 perspective as opposed to a laboratorian, cardiology or
20 emergency physician. How would we as patients want to
21 take that and would that how we would want to be
22 treated. So I think that a lot of those things bring up

1 some concerns there.

2 DR. KELM: I think if a lab, you are talking
3 about some of the rural locations that if this is their
4 only device that they are using and if a lot of the
5 time it's not going to work at the first or second or
6 third time you run it then what happens in those
7 locations don't have a backup method or a clinical lab
8 method. Hopefully they don't buy it. But --

9 DR. PEACOCK: But having a bad lab is no
10 different than having no lab.

11 I mean it if it says it's too warm then you
12 cool off the machine. And but getting the wrong number
13 I - doctors will do, they look at the number they'll
14 just do it. They'll say oh, it's positive because it
15 says it is positive. The fact that they know it is out
16 of range they won't even think about it.

17 DR. KELM: So I guess I'm freezing if you
18 actually a device in the temperature range where it
19 doesn't work and it gives you just error codes but if
20 the problem is that these machines will and you are in
21 a location where it is the only thing that you have I
22 mean obviously that winds up being a patient safety

1 issue because you actually don't have a device on hand
2 to use at that location. And if they don't read the
3 inserts and don't read about the device and it doesn't
4 know that it doesn't work that way before they buy it
5 then --

6 DR. JAFFE: But I would think that part of the
7 labeling of such a device should be very clear with
8 whether it is a big black stamp or a big red stamp or
9 some other color that makes it very clear to whatever
10 user and I think that is something you could do easily
11 with labeling.

12 DR. WIENEKE: Hi, I wanted to bring up a
13 separate challenge that I've come across if we have a
14 few minutes. Do we have enough time Kellie? So one of
15 the challenges that I've come across when looking at
16 some of these clinical studies regarding point of care
17 is the clinical sites in which the devices will be
18 used. And we sort of touched upon it. But I'd be
19 interested to hear from the clinicians what your
20 anticipation is as to where these point of care devices
21 are used or could be used and what type of site should
22 be used to determine the clinical performance of the

1 device. As an example so Dr. Peacock brought up the
2 fact that he can do these point of care studies in his
3 emergency room that has 16 hours shifts. And I'm sure
4 point of care devices are used in the emergency room.
5 What other types of sites are these devices either used
6 in today or going to be use in? And do we need to
7 require the clinical studies to be performed in those
8 sites. For example some of these free-standing
9 emergency room places that pop up. I'm assuming some
10 of those -- now I'm not familiar enough to know if you
11 show up with chest pain do they automatically put you
12 in an ambulance and send you to a real emergency room
13 or are they going to do a troponin, evaluate you and do
14 a troponin test. I'm assuming either a handheld or
15 benchtop because they do not have central lab. Do we
16 need to have the clinical trials include sites like
17 that? Or could you imagine such a handheld device
18 being used in a physician's office where because once
19 these things are cleared we have no control as to where
20 they go. Could a physician's office have one of these
21 handheld devices and if a patient shows up with chest
22 pain want to do a troponin, is that a crazy idea? Or

1 is that possible? And do we need to consider those
2 possibilities in the clinical trial designs when we are
3 getting the submissions. And I just raise it as a
4 question because these are the questions that I have
5 when I look at the clinical trials. If it is always
6 done in emergency rooms and I know Dr. Peacock is doing
7 it okay it's a reasonable study. But do we need to get
8 out to some of these other sites that possibly the
9 devices could be used in?

10 DR. JAFFE: See I'd argue that in the
11 sophisticated emergency room Frank needs to bug his lab
12 and look at his processes and make sure that his turn
13 around time is a little bit better so he can get rid of
14 that. In terms of the real utility of this it seems to
15 me that there are places that really rely on that and
16 those are the sites where it ought to be tested. If
17 you are going to have this as the only device in a
18 rural area then you need some sites that really
19 recapitulate the difficulties that that rural area is
20 going to have. Most of us would not recommend at
21 present and maybe with high sensitivity eventually it
22 will change physicians having instruments point of care

1 or otherwise in their offices. All right. That
2 doesn't mean we always listen. But and I think most of
3 the small boxes do transfer people who they take
4 seriously. But I think that are in some big rural area
5 and that's where the studies ought to be done because
6 that's where I think at least these sorts of devices
7 ought to have some function until we get good enough to
8 have the really good assays at the point of care that
9 don't take that sort of care and feeding.

10 DR. CHANG: I would also add urgent care
11 centers would be a big one for me because Judd
12 Hollinder has all of us as emergency physicians also
13 working at our urgent care centers and we have now, it
14 used to be a lot of young people with sprains, strains
15 and everything else and now I'm getting the 80-year-
16 olds with chest pain or you know the 65-year-olds where
17 it is like it is probably not but it would be great to
18 have a device with that low detection limit that I can
19 use and say otherwise they are also getting transferred
20 to the emergency department. They're getting two
21 bills. So I mean for patient comfort and experience
22 issue I would love to be able to get a point of care

1 device that says, okay, it's not, this is really just
2 your muscular/skeletal pain and be able to send them
3 out.

4 DR. KELM: I'm sorry. Is the urgent care
5 attached to the hospital or --

6 DR. CHANG: No. It is separate.

7 DR. KELM: But do they tend to then be
8 transferred to hospitals?

9 DR. CHANG: So I mean I've worked in the past
10 week and we've had multiple patients transferred
11 because we don't have a point of care troponin device.
12 And they are like -- and literally the note from our
13 doc is needs a troponin and then sent home.

14 DR. McCORD: You can do EKGs at urgent care;
15 right?

16 DR. CHANG: We can do EKGs. We do have an i-
17 STAT now but no kind of further testing. So like for
18 the physicians who also want a D-dimer and stuff they
19 are transferring them.

20 DR. McCORD: It's a risk sitting next to Dr.
21 Jaffe and disagreeing with him a little bit. I would
22 say that there is probably utility for this in big busy

1 emergency departments were that turnaround time can
2 actually have a practical clinical impact so I would
3 think these trials should be done in some big hospitals
4 and in a mix with the small hospitals where they are
5 used. I mean wherever they are going to be used you
6 should try to have some trial with that. I've heard
7 them being used on cruise ships and aircraft carriers.
8 And I don't know if you can do trials on aircraft
9 carriers but wherever they are used it seems like that
10 is where you would want to study them.

11 DR. PEACOCK: So what you're looking -- to
12 give you an answer to this is what is the definition of
13 someplace who might use it? If you can do
14 cardiovascular monitoring in other words you have an
15 EKG monitor then you could use serial troponins and
16 have a clue what is going on. A doctor's office
17 usually doesn't have that capability and I would not
18 support these being used in a doctor's office because
19 the danger here is you have a little bit of a heart
20 attack, your troponin goes up, and then you go into V-
21 tach and die and it can be over ten seconds. They just
22 drop dead. And so if you can't handle that you should

1 not be testing for troponin. If you can handle that
2 then, so you have a crash cart, a cardiac monitor, then
3 if you want to do troponin testing then that's fair but
4 you've got to also be able to hold them the length of
5 time it takes and current American College of
6 Cardiology Guidelines are six hours. So if you close in
7 four hours that patient is getting transferred anyway
8 why are you bothering testing.

9 DR. McCORD: No clinic is going to want to do
10 that I think.

11 DR. PEACOCK: Huh?

12 DR. McCORD: No clinic. I think.

13 DR. PEACOCK: Clinic is fine.

14 DR. McCORD: I can't see any internist,
15 primary care doctor wanting to do it. And if they do
16 then you probably don't want to see that doctor.

17 DR. PEACOCK: But we have lots of free
18 standing ERs popping up, Texas is sort of the epicenter
19 of this. We have well over 1200 of them now. They
20 tend to be focused around large cities so it is not a
21 rural thing and they are truly free-standing emergency
22 rooms that there's all sorts of political issues about

1 them scraping off the insured population and letting
2 the uninsured go someplace else. That is a different
3 animal. They are here to stay. They provide convenience
4 to patients. And they are fully functioning, so I think
5 they should -- it would be reasonable to test point of
6 care in that environment.

7 DR. SAN GEORGE: So many of those environments
8 I think and correct me if I'm wrong guys, rural
9 hospitals, urgent care centers are not set up really to
10 do research studies. So to the extent that that is
11 true would it be acceptable for us as a manufacturer or
12 sponsor to hire people, people who can do the
13 consenting, people who can do the testing. Their
14 intended use operators or selected to be representative
15 of intended use operators but they can be put in those
16 setting where we want the device to be tested on the
17 populations where you want them tested? But they are
18 just not set up to do research studies. Any comments
19 on that?

20 DR. CHANG: We've done flu testing point of
21 care device testing in our urgent care centers.

22 DR. PEACOCK: But to Rick's point it is really

1 difficult to do studies in non-academic environments.
2 And academic environments tend to be large hospitals in
3 large cities. And so when you want to have urgent cares
4 and you want to have clinics and you want to have non-
5 academic hospitals it is impossible because the reality
6 is they see one chest pain patient every other day and
7 you are going to hire a nurse to do research in that
8 ER. It is going to cost you a ton of money.

9 DR. KELM: So we are up against the end of the
10 session. And I do want to get Dr. Apple's comment
11 because he's been standing there for quite some time.
12 And I think that is all the time we are going to have.

13 DR. APPLE: I'll be real quick so Chris can
14 speak.

15 DR. KELM: Sorry.

16 DR. APPLE: So I'm a laboratorian, none of you
17 are and I think we're not -- putting aside rural
18 practice which I support you have to realize a lot of
19 your colleagues, your experts come to us and everyone
20 expects the point of care and what I heard here is that
21 Frank said it if you can't support it, you can't do it.
22 But we just can't put point of care just because they

1 think it is an improved turnaround time because as you
2 said from Jefferson no one believes the results and you
3 repeat them anyway. So I'm advocating to the dismay of
4 my industry colleagues until we have point of care in a
5 either high sensitivity or at least equal contemporary
6 if you get a one hour turnaround time I think your
7 clinicians can live with it and why put point of care
8 in there at all if you don't need it.

9 DR. KELM: All right. We will let one more
10 comment.

11 DR. deFILIPPI: Thank you. I feel special.
12 But I was going to suggest manufacturers working in
13 evolving health systems, health systems are not
14 hospitals. Health systems are systems they include
15 outpatient setting, they include EDs, they include a
16 lot of urgent care. So you can approach a health
17 system, ours, University of Maryland, many systems and
18 say I want to test in these multiple environments. I
19 think that's very possible to do that under the
20 auspices of a single investigator and to reach out and
21 do that. It is more capable today than it was five or
22 ten years ago.

1 DR. CAPOSINO: I think I would just like to
2 say that we want our studies to reasonably reflect
3 where they will be used. We are not feeling like we
4 have all of these restrictions exactly for you to give
5 us a photograph of. These should reasonable reflect
6 the intended use and the intended use operators. I
7 think it is important to pick sites and to have the
8 staff in place that you can get the information that
9 you need if that makes sense.

10 DR. KELM: Well, I want to thank everybody.
11 This was a very interesting panel. Thank you very much.
12 So I think we are going to take a 15-minute break and
13 we will be back at 2:25 for the next session.

14 Thank you.

15 **BREAK**

16 DR. CAPOSINO: All right. If we could start
17 the fifth session. That would be terrific. If I could
18 get the panelists to come up.

19 And just one more time if anybody wants to
20 speak please register. I didn't look during the break
21 to see if we've gotten more people registered to speak
22 in the open panel. That would be great.

1 So during this session the panel will discuss
2 the Use of Existing Data to Support Claims.

3 In this slide we just want to highlight our
4 center's initiatives to promote the use of existing
5 data such as real-world evidence and this is our
6 guidance document that you may want to reference.

7 Our regulations actually allow for a wide
8 variety of evidence to support the clinical use of
9 devices. We're interested in good data that are
10 available and we're also interested in efficient ways
11 to support devices.

12 From our perspective good data are good data
13 whether they already exist or whether you are working
14 to collect it.

15 The discussion topics that we've identified
16 for this panel are to discuss best practices for using
17 existing clinical data. Discuss additional useful
18 clinical uses for troponin, perhaps some that are not
19 on our radar. And what sources of data may be useful
20 to support troponin assays.

21 I would like to open the discussion panel and
22 ask the panelists to introduce themselves.

1 Ian Pilcher will be moderating this panel.

2 Thank you very much.

3 **USE OF EXISTING CLINICAL DATA TO SUPPORT CLAIMS**

4 DR. PILCHER: I'm Ian Pilcher from the
5 Division of Chemistry and Toxicology Devices. And
6 before I allow everyone to introduce themselves I do
7 just have one quick announcement.

8 Somebody lost a cell phone so if anybody does
9 find one laying around please just take it to the desk
10 out front. Thank you.

11 DR. CHANG: Again I'm Anna Marie Chang, Thomas
12 Jefferson University.

13 DR. ENGINEER: My name is Rakesh Engineer,
14 Cleveland Clinic Hospital. I'm a practicing emergency
15 physician and just for a little background we've rolled
16 out high sensitivity troponin at as of today seven
17 sites within our 19-hospital system and we have a large
18 database and that's why I'm here.

19 DR. GUTIERREZ: My name is Alberto Gutierrez.
20 I'm recently retired from the FDA. I was at the FDA
21 for 25 years, 17 in in-vitro diagnostics and I was the
22 Office Director for eight years.

1 DR. RICHARDS: Hi, my name is Karin Richards
2 and I work for a company called Precision for Medicine.
3 And I have the benefit of helping industry interact
4 with FDA on several regulatory and clinical related
5 matters.

6 DR. SANDOVAL: Yader Sandoval, interventional
7 cardiologist and assistant professor at Mayo Clinic.

8 DR. KELM: Kellie Kelm, Deputy Director, DCTD.

9 DR. LIAS: I'm Courtney Lias, FDA.

10 DR. PILCHER: So I think to start this you
11 know we've had a lot of discussion about clinical
12 trials. What should be in clinical trials, indications
13 for use and rule in, rule out and different uses of
14 troponin including the difficulty of conducting and
15 designing these clinical trials. We've also spent some
16 time on the analytical data.

17 But I think we would like to have an open
18 discussion and get everyone's input on additional data
19 that's already out there that is kind of maybe a little
20 bit outside the scope of what we've discussed earlier.
21 So I'm just going to start heading down the line here
22 and see if you guys have any input on any additional

1 sources of data that you think would be useful for FDA
2 both on how these devices are currently used and
3 additional uses for troponin that we haven't seen yet.

4 DR. CHANG: So I think now with kind of
5 electronic health records it is really or could be much
6 easier to data mine. I think it would be easy at places
7 like Rakesh's shop to get some large data sets and see
8 how people are actually using these.

9 I mean additional useful clinical uses I think
10 that there's been lots of papers out there in different
11 disease entities and how troponin can help
12 prognosticate these patients. So I think that would be
13 especially these additional clinical uses like
14 subarachnoid hemorrhages and things like that where it
15 is not the primary indicator that may be a good place
16 for some of these data to be used and started to kind
17 of investigate these clinical conditions. I'll let
18 Rakesh take it since he actually has high sensitivity
19 troponins at his shop.

20 DR. ENGINEER: So I guess the place that we
21 are using our data and my data comes from a different
22 place than most other people. So most people structure

1 a trial, have an a priori question, get funding and
2 have a research nurse collect everything. That is not
3 what we're doing. We rolled this out in an effort to
4 try to get patients treated in the right location and
5 the right level of care. Those who needed to be at
6 home should be at home. And that was the goal of our
7 project. And all the data that we collect is in
8 support of that project trying to determine what is the
9 best protocol? Are we doing the right thing for our
10 patients? Are we causing harm through changes in this
11 protocol? And how does this overall look? So what
12 that means though is that my data is somewhat limited.
13 I have 1,700 patients who came in with chest discomfort
14 or some other atypical chest discomfort type symptom.
15 And from that a certain number of those received high
16 sensitivity troponins. And based on that several of
17 them were listed as low risk. From there another
18 percentage of those patients were discharged to home
19 and then another percentage were kept overnight. And
20 so our database doesn't have the traditional
21 demographics and doesn't have the same type of follow
22 up quality that we usually do. But we do have is

1 billing follow up and we know that we are not seeing a
2 large number of negative outcomes when we look at our
3 billing data. But it is outside of the scope of our
4 normal data collection that you would expect. I am not
5 sure if I answered the question adequately and if
6 anybody has any other questions on that.

7 DR. RICHARDS: Okay. I'll go. Just to
8 address there are kind of two pieces to that question.
9 I think the first part about what other existing
10 clinical data I think one of the tools that is really
11 valuable and important to us in industry is having
12 access to cohorts. And there's a lot of great data out
13 there and a lot of great stored samples that
14 manufacturers would like to be able to use and we've
15 discussed openly with FDA and they're receptive to the
16 use of these leftover specimens.

17 I think some of the key things to really think
18 about though in the feedback that we've received is
19 really understanding that that cohort was collected in
20 the intended use environment that you're seeking. So
21 you are not just getting samples from a bank that is
22 for a different intended use or outside the scope of

1 your intended use population. I think the other aspect
2 is having to manage and make sure that you understand
3 if you are missing samples from that cohort that you
4 don't have biases in the samples that are missing
5 versus the original cohort. And then of course sample
6 stability issues. But I think the key at being able to
7 demonstrate that the biomarker that you are seeking is
8 stable in that frozen sample.

9 I think we've talked a lot about how expensive
10 and challenging it can be to conduct clinical trials
11 prospectively and so I think it is very important for
12 all of us to have the option to go to some of these
13 centers that have done these collections and be able to
14 leverage the frozen samples. And obviously that doesn't
15 work so well for whole blood but assuming we're talking
16 plasma and troponin. And be able to use those in
17 trials. And re-demonstrate that with your product.

18 I think the other question about other
19 clinical uses for troponin, there are so many. I mean
20 there's heart failure prognosis, risk, looking at
21 symptomatic CAD, looking at general screening
22 populations. So there's publications that can be used

1 for that purpose. There's again testing that can be
2 done based on cohorts. So there's quite a few sources
3 of literature to support alternative intended uses and
4 we'd like to be able to also leverage the use of those
5 publications to support additional claims because at
6 the end of the day you are still just detecting the
7 biomarker in the sample.

8 DR. SANDOVAL: So I guess the statement
9 discussed for using existing clinical data I guess in
10 my mind it could be interpreted twofold. I am a bit
11 confused here. So maybe you can clarify but on one
12 side we can be talking about how to best use the
13 existing data available in electronic health records to
14 maximize potential research opportunities. And by the
15 same token I guess how I understood the question was
16 how do you use the existing published peer reviewed
17 data available to how we are going to implement high
18 sensitivity assays in U.S. practice. So in that regard
19 even though we are I know over the next hour we will
20 discuss about other potential additional useful
21 clinical uses. I did touch briefly on this earlier but
22 I think it is critical to continue to emphasize is that

1 right now the main use for cardiac troponin is to
2 detect myocardial injury and aid in the diagnosis of
3 myocardial infarction. And when you write that and say
4 that out loud it sounds like a simple statement but yet
5 it is not. And when you look at the literature there
6 is a lot of heterogeneity in a bunch of studies. We put
7 together a number of tables about the peer reviewed
8 research and it is quite variable. And I think I at
9 least wanted to take the opportunity to emphasize that.
10 So right now we say use troponin to evaluate patients
11 with suspected ACS or MI, it is a concern. However
12 when you look at the literature and really delve into
13 that you realize that some studies are primarily
14 inputted solely type-1 myocardial infarction. But I
15 think Dr. Jaffe mentioned before and I completely agree
16 the study should probably be both type-1 and type-2
17 myocardial infarction. By the same token as you delve
18 into the literature you see that some other studies
19 they are actually talking about intention to rule out
20 acute coronary syndrome. And they include unstable
21 angina in their endpoint. So there's a lot of
22 variability. So even though we phrase use the test to

1 rule in and rule out acute myocardial infarction how
2 the studies had some of the existing clinical peer
3 review data it is out there, it is quite variable.
4 Some in type-1, some in type-2, some it is merger, some
5 it is acute coronary syndrome. And I think there is of
6 course a panel of clinical trial designs earlier but it
7 is uncertain to me that we fully address in it in
8 detail and when we are addressing that system clinical
9 data right now that is an area that I think there is
10 some degree of confusion. At least my personal opinion
11 they should be all any myocardial infarction just not
12 type-1 even though many studies have focused solely on
13 type-1 myocardial infarction.

14 In regard to the intended clinical use as I
15 said should be intended to detect myocardial injury.
16 And I think one of the probably good documents, the
17 first author is over here, Dr. Newby, it is the ACCF
18 2012 document on troponin expert use because if you
19 look at that document it really phrases very well the
20 whole evidence for all the conditions in which we use
21 troponin for pulmonary embolism, for heart failure, for
22 myocarditis, for cancer. And I think it phrases well

1 that right now the main indication is to diagnose to
2 rule in or rule out acute myocardial infarction and
3 that probably outside of that the most robust data it's
4 either for cardiac toxicity in cancer and there is I
5 guess there is an FDA indication for prognosis in renal
6 disease. Outside of that if you look at PubMed you
7 probably can find paper for any clinical condition
8 associated with troponin. Whether that is actionable I
9 am uncertain.

10 DR. KELM: Well and so you bring up something
11 that I think sponsors as well as we struggle with
12 because we are extremely open to sponsors using
13 existing data whether or not that is samples from a
14 study that's been done or we don't get as much with the
15 health records yet. But obviously often people are
16 performing studies because they have a question that
17 they want to answer and they are designing it for and
18 there is a reason why they are looking at one small
19 group. And it is not designed to validate a medical
20 device. And so that is I think a difficult thing for
21 sponsors as well as FDA to use a study if we want if
22 for this intended use but we are using a study that was

1 only studied in this small part of that group. And so
2 then that winds up being very difficult and in many
3 cases you can't extrapolate it to the whole intended
4 use. And so that is often some of the questions that we
5 have when sponsors use and come in with an existing
6 study is how is that actually -- unfortunately it is
7 very limited or it has this limitation and we struggle
8 with how to use that to support something greater.

9 Alberto?

10 MR. GUTIERREZ: Yeah. So let me -- I see here
11 two different sets of issues and perhaps let me address
12 both of them differently. And I don't mean to be the
13 one to put a hamper on this. But I know the agency is
14 really thinking about how to use real world data and
15 yet that is an issue that is difficult particularly for
16 in-vitro diagnostics. Particularly it is going to be
17 difficult for troponin when you don't have an
18 electronic record system that actually tells you not
19 only what value it was but what cut-off it was, which
20 assay was used. And since the assays are not
21 harmonized then you have variances. So your real-world
22 data is going to be a bit of a mess in most cases. And

1 how do you leverage that with all that noise that that
2 is going to have into something that you can use is
3 going to be difficult. Perhaps you can get places
4 where they either use the same device with a large
5 number of people or where you have some stability and
6 then you can use that. But then to leverage that for
7 somebody else is going to be difficult again because
8 the values are not normalized and how do you bridge to
9 that. It is a difficult issue that I think is going to
10 take a while to work out.

11 And to sort of extend the same is the problem
12 even if you are using some previous studies and you
13 have stored samples that you can try to use part of the
14 problem here is that the studies themselves or the
15 intended use that you want to have may require a
16 different assay design. And we talked a little bit
17 about that in rule out so for example in rule out you
18 may want to have an assay that has an LoD but in other
19 places you may not. So if you have data that you have
20 collected with a particular assay but the intended use
21 that you want now is going to require different assay
22 design than what you have how do you bridge that. That

1 is also a difficult problem.

2 So using data that exists is great, it really
3 saves you some effort but it does have a lot of the
4 devils are in the detail, it does have a lot of issues
5 as to how you bridge and what can you gain from the
6 data that is out there.

7 Now there are areas and I do want to point out
8 that the agency has done this a lot so there are areas
9 where the agency has given totally new intended uses to
10 devices based on literature data or based on data so
11 hemoglobin A1C became a diagnostic device for diabetes.
12 And that was totally done based on clinical data from
13 published data, not from the companies themselves. So
14 it is possible. But I'm not sure in troponin there is
15 the conditions now for that to happen easily.

16 DR. LIAS: So I agree with some of what
17 Alberto said because he emphasized that at FDA we
18 really want to be able to leverage data. We want to be
19 able to use data that are available that can support
20 new uses. And we also want to be able to encourage the
21 development of new pathways to generate and use real
22 world evidence. So one of the things that he mentioned

1 is that currently we don't have perhaps an
2 infrastructure to leverage some of the data that is
3 collected using existing devices either in this country
4 or in other countries. For example in some
5 cardiovascular devices they have actual registries
6 where every patient that uses that device certain
7 parameters are required to be entered by the health
8 care providers or the hospitals into those registries.
9 And so there is data and those registries were actually
10 designed to be useful and/or they've ended up being
11 useful. To be able to find out how the devices are
12 used, to understand whether safety signals exist or
13 don't exist, to support other uses, perhaps collect
14 data on certain patient populations, et cetera. I'm
15 not aware of any registries or databases for in vitro
16 diagnostics that exist like that and Alberto said the
17 electronic health record doesn't actually currently--
18 one there is a lot of variability in health records.
19 But even if you used a certain type of health record
20 those health records don't necessarily collect the
21 information one might want to be able to understand the
22 data that you are getting out of that.

1 So one of the other things that perhaps we
2 could talk about during the session is what can we as
3 community do to build infrastructure to access real
4 world data and or build the infrastructure to more
5 efficiently generate the data to support either the
6 current MI related uses for troponin or other uses for
7 troponin devices that may come in the future.

8 DR. SANDOVAL: I think there are some changes
9 that have recently occurred that I think are optimistic
10 in what things could happen but I yet think that there
11 are a lot of ongoing challenges that will limit the
12 validity of research. So let me explain myself. Right
13 now again for our main indication for which is acute
14 myocardial infarction a large number of studies rely
15 and I think this was discussed before but rely
16 essentially on a team of adjudicators that essentially
17 at least a couple of people look at the case to say
18 whether there is injury or infarction, which infarction
19 subtype that it is and go from there. And if there is a
20 disagreement they can go to an arbitrator. Of course
21 there are variations but that's a nov (ph) review. When
22 you talk about what other large registries there are

1 and I can think of at least a couple like ACSIS in
2 Israel or SWEDEHEART in Sweden, they have imbedded for
3 example the universal definition of myocardial
4 infarction within their registries so then you see that
5 they have publications that have thousands of patients
6 in which they've already adjudicated upfront
7 prospectively for type-1, type-2 and provide lots of
8 data. I don't think that right now you can pull that
9 with certainty from the EHR not only because it hasn't
10 been uniformly coded but because even within research
11 investigation well-read investigators we don't agree
12 sometimes which in what constitutes myocardial
13 infarction and its subtypes. I do think there is some
14 degree of use of how we can use EHR so starting this
15 October effective October there is now, there is a
16 Medicare approved ICD code for type-2 myocardial
17 infarction. And if we agree that the menus for troponin
18 will be to assess for both type-1 and type-2 then at
19 least there will be some sort of observational way to
20 extract from EHR both types of myocardial infarction
21 now that there is a code for type-2 myocardial
22 infarction. I do however would be upfront that we --

1 there is not a uniform agreement in what that exactly
2 is.

3 DR. LIAS: So the use of ICD codes is an
4 interesting one. And it has come up before. There is
5 some indication in the literature that the accuracy of
6 the diagnosis gained from ICD codes can be lower than
7 we might want, sometimes in the realm of 75 to 80%
8 accurate which could impact how we could get
9 performance estimates out of ICD codes. I don't know
10 if there is a way to address that issue.

11 DR. SANDOVAL: Right. So historically we
12 actually published with Fred and some of the UTROPIA
13 data on this. So that is the reason I say from data,
14 from existing clinical data prior to October that type-
15 2 was not part of that. I would say it is quite messy.
16 So most of the ICD code marker unfortunately the large
17 majority represent type-1. But when you look at some
18 of the adjudicated events some of them might be type-2.
19 And when you look at a lot of the events that were not
20 coded as myocardial infarction but rather just as where
21 troponin increases many of them include type-2
22 myocardial infarction. So it is quite messy. Whether

1 that would change now with a new dedicated code for
2 type-2 myocardial infarction is yet to see. So I'm not
3 sure that that prior data could be used, whether it
4 could be changed prospectively we'll have to see what
5 happens.

6 DR. LIAS: Another challenge we see people
7 running against is when they try to leverage data from
8 existing trials, Karin already mentioned that you have
9 to deal with sample stability issues making sure
10 whatever you are measuring was either measured soon
11 after collection or was stored in a way that keeps the
12 analyte stable. But beyond that when clinical practice
13 changes significantly, when the definition of MI
14 changes significantly we struggle to understand how
15 that might impact the way that you could interpret the
16 clinical performance of a test using data that were --
17 or patients that were diagnosed back in the 1990s for
18 example. So that is another thing that we run up
19 against is how can we leverage necessarily some of
20 these large trials that were done 20 years ago. Maybe
21 this will become less of an issue. But maybe only if we
22 can get some new large cohorts available for people to

1 do some of these studies on.

2 MS. RICHARDS: I think maybe another way to
3 look at this too though is if we're pushing the URLs
4 down and I'm talking about high sensitivity troponin
5 right now, if the URLs are really being pushed down in
6 sensitivity levels and we've talked earlier today about
7 what is a normal. And if we are testing other
8 biomarkers to say this is really a healthy patient. So
9 those get pushed pretty far down the detectable
10 spectrum. Then if you look at perhaps in the
11 literature where let's say for heart failure patients
12 tend to have troponins that are elevated. Do you
13 really need to prove that in a study or because you
14 know that your URL is so low and your normals are here,
15 down on this end, and heart failure patients tend to
16 have elevated troponins by what's been presented in the
17 literature do you really have to test for that or can
18 you use the model to support?

19 DR. LIAS: Right. Sure. I'll talk about
20 theoretical sense and we haven't looked at this
21 particular question but theoretically if you have a
22 biomarker of some sort, we'll talk about troponin in a

1 minute, if you have a biomarker of some sort where
2 there is a lot of evidence in the clinical literature
3 that a certain patient population has everyone with
4 heart failure in this case would have a troponin that
5 is elevated ten times the upper limit or something like
6 that and that there is a fair amount of consensus on
7 that point, we don't typically make people redo that.
8 We would rely on good studies and the literature
9 assuming that that is sort of a well-accepted thing.
10 And typically these things are often already
11 incorporated into clinical practice before they reach
12 us in that case. And if it were true that the assays
13 could sort of accurately measure that we wouldn't
14 necessarily have the companies redo a study to
15 demonstrate that that's true.

16 The challenge with troponin is that in some
17 cases on one assay the values they are just vastly
18 different. So troponin is a unique one because the
19 value you get from one assay is very different from the
20 value you get from another assay. So you have the
21 additional complicating factor of having to try to
22 understand what were the assays used in the studies and

1 how might that relate to the assay that you have right
2 now. And maybe that will get better as the assays you
3 know if this separates clinically if analytically they
4 can measure really low and the assays converge a little
5 bit that might help. Of if in the future these assays
6 are harmonized however right now they measure different
7 epitopes, some places you can have the same sample and
8 one assay might measure five and another assay might
9 measure 25. So that's not necessarily as easily
10 interpreted depending on the situation.

11 DR. SANDOVAL: I do think it's important you
12 are just basing on the discussion of heart failure and
13 I mean again do you need demonstrate that there is a
14 use for this whole array of circumstances. So I think
15 it is tricky. I think the reality is that just to go
16 back to what I said at the beginning it's the de facto
17 test to detect myocardial injury. But myocardial injury
18 can be identified in a whole array of circumstances
19 that we would need a whole session to discuss the
20 number of conditions that cause myocardial injury. So
21 it is the de facto test to detect myocardial injury
22 which aids in the diagnosis of myocardial infarction

1 which is the primary intent that most insert packages
2 have for myocardial infarction to aid in the diagnosis
3 of myocardial infarction. Do we need to have a
4 separate claim for detecting injury in each separate
5 condition? I am uncertain a little bit about that but
6 there are recommendations for prognosis from different
7 conditions, so class heart failure if I require I think
8 it has a least a class one or two recommendations for
9 prognosis. Whether many of these conditions for
10 myocardial injury are actionable that's a different
11 discussion.

12 DR. KELM: Well, there is still off label use
13 and obviously if clinicians are comfortable with the
14 assay they have on hand and using it for something
15 broader than that. But obviously I think most sponsors
16 at this point have been comfortable with a better
17 controlled trial design with MI where that can be
18 defined in a way. But I mean if people are interested
19 in claims for injury or something else that they'd like
20 to put that their device can be measured and used for
21 we are happy to talk about those proposals and the data
22 that support that if that is something they want to put

1 in their label as a claim for their assay. And then
2 obviously we're open to whatever data that would be.

3 DR. SANDOVAL: And I would argue that that
4 should be de the facto claim, that is what the test
5 does. If the value is above the 99th percentile it is
6 intended to detect myocardial injury, whether it is
7 acute or chronic, or whether it is ultimately due to
8 myocardial infarction is a separate clinical question
9 and it will be used to aid in the diagnosis of
10 myocardial infarction. But all troponin assays if they
11 increase above the 99th percentile that is what they
12 do.

13 DR. LIAS: So I would like to invite some of
14 the manufacturers if they are willing to get up and
15 talk about what kind of things would you need or would
16 you like to have in an optimal world and Karin
17 certainly weigh in please but also if there are other
18 people in the audience from industry or PIs what types
19 of real world evidence if you had an ideal future would
20 you like to have to be able to either make trials
21 easier, to make device development easier, to do
22 something different that you don't have now. Because

1 one of the goals would be to figure out are there
2 things that we can work toward as a community to make
3 sort of innovation easier and to make these devices
4 improvements quicker.

5 DR. deFILIPPI: So I'll ask as a PI. So years
6 ago we measured N-terminal pro-BNP in a very well
7 characterized NIH cohort. So the NIH longitudinal
8 cohorts are meticulously designed, meticulously
9 adjudged, outcomes often associated imaging. And we
10 had done the study, the sponsor of the study thought
11 great we'll take the assay and we'll use it for
12 prognosis in older adults. And it came back from the
13 FDA that there was -- the list was so long I think
14 everyone was very dejected. Does it sound like let's
15 say you take one of the newer cohorts from the NIH,
16 again meticulously collected, associated imagining,
17 adjudicated outcomes and you say we want to take
18 troponin, take the general population, diverse
19 population and say we can predict who is going to
20 develop heart failure. Is that something that now is
21 easier to come back and consider?

22 DR. LIAS: Well, not being familiar with what

1 the issues were before with the study. So you are
2 proposing that there might be cohorts out there that
3 somebody could use to say a baseline troponin could
4 predict future development of heart failure. That -- I
5 mean --

6 DR. deFILIPPI: Yeah, the NIH in particular
7 has developed lots of cohorts for these at-risk
8 populations. It could be patients with renal disease,
9 the general population, heart failure and they couldn't
10 be better designed.

11 DR. LIAS: There is no inherent problem with
12 doing that. So if that is something that works; I
13 think there are a couple of considerations here. When
14 you are using existing data sets one thing you have to
15 be careful of is if you need to set cut-offs or if you
16 need to do some device development or design and I
17 think most of the manufacturers are aware of this you
18 should not go into the study that you plan to use to
19 try to do that. So companies may also need data sets
20 with which to design their device, the don't use up all
21 of the data that they have because they can't reuse
22 data they've used to set cut-offs to validate those

1 devices. So if you've designed the device separately
2 and you want to use these cohorts to show how it works
3 and the cohort is in the intended use population it
4 sounds like that's the perfect type of study to use.

5 So we are always happy to talk about those types of
6 claims especially if people think it would be useful.

7 DR. PILCHER: Another question.

8 DR. BATES: Yeah, could you comment on the
9 thought of having to finish the reference range study
10 before starting a pivotal study in terms of thinking
11 about how we might be able to do it a little bit
12 quicker.

13 DR. LIAS: Technically you don't have to. You
14 would need to prespecify that that is what you are
15 going to do and you wouldn't want to look at your data
16 ahead of analyzing but technically you do not have to
17 finish the reference range study before doing your
18 clinical study. I think what you do have to do or
19 should do before doing your pivotal study is those
20 analytical performance evaluations we were mentioning
21 earlier knowing the analytical performance parameters
22 that are going to be critical for doing your pivotal

1 study like sample stability and sample handling pre-
2 analytical steps; that part is necessary to do before
3 doing your clinical study.

4 DR. PATRU: Hi, I'm Maria Patru from Ortho
5 Scientific Affairs. I have a question regarding the
6 additional claims. So we as manufacturers we would
7 like to perform -- I mean to have a lot of claims. The
8 ones that make sense in the clinical practice, however,
9 it is not practical and we also do not have the
10 expertise to conduct such studies. So we shoot usually
11 for a main claim, for example, MI right aiding the
12 diagnosis of MI for troponin and we would like to have
13 additional claims that make sense clinically. However,
14 as I said we do not have the expertise, nor do we have
15 the power, financially and the time to conduct I don't
16 know four studies to launch an assay. So my question
17 is from the regulatory perspective if there is a study
18 or multiple studies out there that experts, clinical
19 experts recommend to the FDA to be considered is it
20 reasonable for the manufacturers to actually cite
21 those. And that won't be the case for all the claims
22 because I understand you have to perform certain

1 studies with your own assay but in some situations
2 might be applicable? Is that something that the FDA
3 would consider?

4 DR. LIAS: Of course we would consider it and
5 it really depends on the situation and the claims and
6 the studies that you are referencing and how relevant
7 they are. But for example for BNP or NT-pro-BNP there
8 are many situations where some of the claims that
9 manufacturers seek are supported by literature data and
10 others are supported by clinical data on that assay.
11 That has also in the past been true for troponin. So
12 it really would depend on what the claim was and from
13 our perspective it just has to be data that are
14 relevant to the use and enough for the use. We are not
15 seeking perfection. We're seeking good enough to
16 outweigh -- benefits outweigh risk, that is really the
17 decision point and or substantial equivalence if there
18 is a precedent. But where you have no precedent and
19 you are adding a claim you've got to just show us that
20 the benefits outweigh the risk even if the benefits
21 aren't 100% and if there are risks that is okay.

22 DR. KELM: What is not clear in that example

1 is whether or not the studies were done using your test
2 or not. It may not matter but obviously if you -- if
3 it then uses a different cut-off and it's not your
4 device and that information would be you know put in a
5 label in order to let people know how to interpret the
6 result for that other claim if it is significantly
7 different then how would you deal with that difference,
8 the different assays being used, consideration or
9 issue.

10 DR. GEE: So I have a question related to one
11 of the topics that popped up this morning in terms of
12 the rule out. Just curious would FDA be agreeable to a
13 reanalysis of a pivotal data set that is used for the
14 main aid in the diagnosis claim even if the primary end
15 point wasn't to support a rule out claim. But would
16 FDA be agreeable to a reanalysis of the data to see if
17 a rule out claim would be supported?

18 DR. LIAS: So the general trial design
19 wouldn't be different for rule out as long as the trial
20 was conducted to get the early time points probably
21 would be necessary. What's sometimes needed though is
22 a different device design. So sometimes the cut-off

1 isn't appropriate for the values. However for troponin
2 since the cut-off isn't usually built into the device
3 it is usually in the label if one were to prespecify
4 the analysis prior to doing it, you know we could
5 certainly discuss how that might be able to be done.

6 MS. AJONGWEN: Based on all the information
7 about expenses in doing the trial, if we have to take
8 into account all the biases is FDA open to different
9 methodology for example some sort of adaptive design
10 methodology cross validation. What I'm saying is we
11 keep on saying don't use the same data set that you set
12 your cut point which make sense as a validation. But
13 what about augmenting using some sort of adaptive
14 approach to validate that cut point.

15 DR. LIAS: Sure we are familiar with proposals
16 for cross validation or different types of splitting of
17 sample sets. It is not ideal. But we have wonderful
18 statisticians here who can have that discussion. So I
19 think with any of these sort of proposals for using
20 existing data or real-world evidence it is always a
21 good idea to come and talk with us. Keep in mind we
22 are open to this. We really want to be able to use

1 data if it exists. We don't want to make people go out
2 and do a new study if they can use a study that is
3 already there. I think the challenge people run into
4 is often some of this data doesn't yet exist. And you
5 know if we can either come up with ways to leverage
6 data using valid statistical techniques that might be a
7 good option. If we can figure out ways to design
8 trials such that they can be used a lot of times and
9 you get an optimal thing out of it, that might be also
10 something good for the future. So I encourage all
11 stakeholder PIs, manufacturers, physicians who are
12 involved to come to us and talk with us about it. And
13 don't assume that we wouldn't be open to it because
14 what we want is what is good for patients and if some
15 of these things can support uses that are good for
16 patients we're very interested.

17 MS. AJONGWEN: It is nice to know because most
18 people have been shying out of that because FDA come
19 across like you cannot use the same data set that you
20 used for your cut point. And I've already seen them
21 think about doing some cross validation or mention that
22 data to validate that cut point.

1 DR. LIAS: Well, you can't just -- we see
2 people sometimes come in where they have looked at the
3 data, set a cut point and then tried to use that data
4 set exactly for --

5 MS. AJONGWEN: No, no.

6 DR. LIAS: You can't do that, that is what we
7 are saying.

8 MS. AJONGWEN: No, that is not what I'm
9 saying. I mean like using -- augmenting, adding on to
10 that data to --

11 MS. LIAS: Right.

12 MS. AJONGWEN: -- increase your sample size.

13 MS. LIAS: The thing we are cautioning is not
14 just diving in and using a bunch of things without pre-
15 thinking about how you need to use it later.

16 MS. AJONGWEN: Yeah, yeah, I understand what
17 you are saying. Okay. That is good to know. Thanks.

18 DR. LIAS: And I want to clarify there's very
19 few things that FDA -- I mean there's a lot of
20 statements today about what FDA requires here and what
21 FDA requires there. There are very, very, very few
22 things that we have as requirements for these. You

1 know we talk about what's good study design to support
2 the intended use. There always may be alternate valid
3 evidence to support a lot of these uses and sometimes
4 those are practical to do and sometimes the trial we've
5 been discussing an all comers trial is the most
6 practical way to do it. But a lot of the things that
7 you may think that we would or wouldn't accept may not
8 be correct. So I would definitely come and talk to us
9 and if you hear it from the horse's mouth that is one
10 thing but if you hear it from other horses mouths you
11 might not necessarily -- you might benefit from asking
12 us again.

13 MS. ALVEY: Hi, Stacey Alvey. I think it is a
14 great idea if we could potentially use existing data
15 set or samples that exist because we feel that they
16 meet our intended use population and serve our needs.
17 Some of the feedback we've heard is that sample
18 stability needs to be done with your investigational
19 device. So if I'm interested in a sample set that has
20 been in the freezer for two or three years but my
21 investigational device is under development I don't
22 have two or three years of sample stability with that

1 device. I'm never going to catch up to what is in the
2 freezer. So we are interested to hear your thoughts on
3 that.

4 DR. LIAS: So depending on the biomarker
5 there's different approaches to doing so. In some
6 cases you have biomarkers with a fair amount of data in
7 general about its stability or instability. And if
8 there is consistent data across methodologies or across
9 commonly used methods or whatever to show that it is
10 generally stable that type of information is helpful to
11 understand. There are other biomarkers where there's
12 almost no data on whether it is stable and there is
13 some reason to believe it might not be stable because
14 that type of molecule is often subject to degradation
15 or things like that. And there are some cases where
16 you know what the value ought to be from a different
17 way of doing it and you can show that your device
18 reasonably does that. And it is also never -- we don't
19 usually get perfect data on some of these things. But
20 we also -- so talk to us about what you do have and
21 often we can figure out some way to figure out what's
22 reasonable to show us stability. But sometimes we have

1 gotten things where we have 25-year-old specimens and
2 they don't have any information at all to show us that
3 that for example protein is stable for 25 years in the
4 freezer.

5 MS. ALVEY: Can we use literature?

6 DR. LIAS: Yes, if it's literature available
7 certainly. And a lot of times that is what is used and
8 there are some analytes out there where stability is
9 well established and this is not a question. There are
10 other analytes where it is not established.

11 MS. ALVEY: How do you feel about troponin?

12 DR. LIAS: So troponin is an interesting one
13 because the assays detect different epitopes and so
14 what I would do is just think about what evidence is
15 there in the literature. I think there is some
16 evidence on troponin, there is some information about
17 it. If for most assays it's got certain stability
18 profiles, that's one thing. We do see some differences
19 in sample stability based on handling across assays. So
20 that is one thing you just have to think about a little
21 bit about what your assay is and what it is similar to.

22 MS. ALVEY: Thank you.

1 DR. RICHARDS: You asked a question and just
2 from industry I think some of the other issues that
3 come up because trials are expensive and wanting to
4 pursue additional claims is leaving MI out for a moment
5 and thinking in terms of myocardial injury would FDA
6 entertain the option of showing ROC curves instead of
7 fixed cut-offs in labeling for other indications and
8 that's again whether it is myth or truth, what's been
9 out there is no, FDA wants a prespecified cut-off for
10 any condition. But we do see other presentations of
11 data that aren't necessarily based on a fixed cut-off.
12 Can you comment on that?

13 DR. LIAS: I think we're happy to talk about
14 different ways to present the data and why that might
15 be helpful to labs because really at the end of the day
16 we want information on the label that is helpful to
17 laboratories for the way that they use these devices.
18 And you've seen us put data at different troponin
19 levels in labeling because in those cases it seemed
20 okay. One of the things that in the past has been a
21 challenge with the ROC curves is that entities may do
22 one study and just present the ROC curve they got from

1 that study and there is no information to show that
2 that is reproducible in other studies. So talking to
3 us about one, how would a ROC curve be helpful on the
4 label and two, how are your prespecifying some
5 validation of that would be fine to discuss.

6 DR. NOWAK: You know I have a question. I guess
7 it's for the FDA but it's also for the clinicians. So
8 in the trials that we've done if we are looking at a
9 new troponin assay what generally happens is the
10 treating physicians are blinded to that new troponin
11 assay and what happens is the adjudicators either use a
12 local hospital cut-off or they use a central lab cut-
13 off but of a different troponin. And then what we do is
14 we tally up the number of MIs that we've seen and then
15 we try to fit in the sensitivity and specificity of the
16 new troponin assay to what we've seen based on the
17 adjudication process. And my question is is that the
18 new troponin assay has a 99th percentile, it has a
19 typical rise and fall in troponin one of which may be
20 above the 99th percentile. So if you went back and
21 actually took a new set of adjudicators and actually
22 blacked out all the local hospital troponin Is and

1 looked at the number of MIs that were not diagnosed by
2 the new troponin assay you would probably pick up new
3 MIs that were smaller but not necessarily picked up by
4 the older more contemporary assays. And if you did
5 that what happens to labeling then. Because right now
6 I mean I don't think the FDA looks at it but it is
7 quite possible that there are people who have a small
8 MI that is missed because they are using an older
9 troponin assay and the new troponin assay is not given
10 the same chance to make that diagnosis based on the
11 third universal definition. So should people go back
12 and actually look at trials and re-adjudicate them with
13 the new assay and see how that re-adjudication process
14 compares to the old adjudication process?

15 DR. LIAS: Are you talking about the trial
16 that was used to look at performance of the new assay
17 or a different --

18 DR. NOWAK: Well for example in --

19 DR. LIAS: -- new assay?

20 DR. NOWAK: -- TRAPID, we were involved in
21 TRAPID. So that was a troponin I that the adjudicators
22 used to make the gold standard and we looked at novel

1 ways to use troponin T for a one-hour rule in and early
2 rule out and early rule in. We never went back and
3 blinded a new set of adjudicators to the other troponin
4 I assay but actually used the new assay which has a
5 99th percentile and looked at the number of people that
6 would have been diagnosed as having an AMI but using
7 the new novel one. It seems you should be able to do
8 that.

9 DR. LIAS: So in a trial that is intended to
10 evaluate the performance, clinical performance in this
11 case of the investigational assay you wouldn't -- we
12 wouldn't for our purposes of putting the label be able
13 to assume that that was the right value because part of
14 what we're looking at is the analytical performance
15 characteristics and how that translates into clinical
16 performance of the test. Now down the road as more of
17 these new generation assays are on the market they will
18 potentially be some of the ones used in the trial to
19 compare to. This is an issue sort of that we talked
20 about when we were talking about trials and what may
21 happen in terms of the data. But it is a challenge not
22 only for troponin but for other biomarkers where there

1 is some belief that the performance of a new biomarker
2 is a little different than the performance of a
3 comparator biomarker. So the purpose of adjudication
4 in part is to say that in a scenario where you have
5 additional clinical information beyond troponin you
6 could adjudicate the whole clinical picture in order to
7 help assess the performance of that new assay.

8 DR. NOWAK: And if you did re-adjudicate based
9 on the new assay that you were testing you might get a
10 lot more information on the analytics of it and
11 actually look up the cases that were missed as small
12 MIs. I just think it is an opportunity to see really
13 what a rise and fall in a novel assay that actually has
14 a 99th percentile determined what actually -- how that
15 would perform and give you some more information on
16 maybe whether it is actually better than the assay that
17 you are testing it against.

18 DR. LIAS: In a different context that might
19 be interesting. In the context of actually validating
20 a new assay where analytical and clinical performance
21 is unknown I don't think it would be helpful to us.
22 However to a clinical community as time goes on to

1 understand the differences in troponin assays and how
2 things evolve that would be good to know so that
3 companies could make a choice about what comparators to
4 use.

5 DR. SANDOVAL: I was just going to comment that
6 just as your point that it can be done. It is actually
7 what we did in our UTROPIA study with Fred Apple. So
8 this was actually planned upfront design in which
9 adjudicators adjudicated for both the contemporary and
10 the high sensitivity assay and they were blinded to the
11 other result. So we did it upfront for essentially
12 both results. So we have -- this was a lot of work of
13 course and that is the reason it doesn't happen all the
14 time for most studies because it requires to go over
15 each event for a whole set of different results but we
16 have one whole set of adjudications using the
17 contemporary assay, we have another whole different set
18 using the high sensitivity assays. So it can be done
19 but it was a planned upfront study design at least how
20 we did it.

21 Well, we have a number of papers published on
22 this but you know essentially I guess it depends on

1 what you are asking. We would look at this with the
2 LoD. We've looked at this with the 99th percentile.
3 We've looked at this with deltas. We've looked at this
4 with ACG. So we have a number of different analysis
5 and publications with this study.

6 DR. PILCHER: I'm going to interrupt you guys
7 for a brief moment. You can maybe take this up later.
8 We have one question that's been waiting a while and we
9 are just about out of time. So if you can ask your
10 question and --

11 MR. HUANG: This question is mainly for the FDA
12 I guess. But this -- I realize it may fall under the
13 come and talk to us and we can see and consider it but
14 when it comes to using data from outside the U.S. I
15 mean could you offer some general guidance. I realize
16 the populations are more homogenous over there in
17 Europe than in the U.S. but in terms of I've heard
18 varying numbers from different sources. But could you
19 offer some guidance on how much of the data, if at all,
20 can be used from studies that are done with the same
21 assay outside the U.S. as opposed to in the U.S.?

22 DR. KELM: Yep, so in many cases we accept

1 outside U.S. data and studies. We do often depending
2 on the analyte or other issues ask some questions about
3 anything from you know we do have some circumstances
4 where we know analytes are sort of at levels
5 internationally different here than other places and
6 the practice of medicine may be different for -- those
7 kinds of questions are things we always have. We do
8 ask about demographics. There are ways that we could
9 discuss trying to bridge that if that is a problem.
10 But I think that we actually just have used outside
11 U.S. data for troponin.

12 DR. LIAS: We actually have had some trouble
13 using outside -- European data for troponin through it
14 is not necessarily impossible. And depending on the
15 claim for MI diagnosis. And because of the point that
16 was brought up earlier about the way that they triage
17 MIs and how the prevalence differs, the population
18 differs a little bit in the centers over there. So
19 that might not be true across Europe. So one of the
20 main questions Kellie mentioned is do clinical practice
21 -- are they similar and does that matter if they are
22 not similar. So if you can talk to us about how where

1 you want to do the trial, how their practice is similar
2 in terms of that and the demographics in the patient
3 population --

4 MR. HUANG: Thank you very much.

5 DR. LIAS: -- and whether it matters. So I'll
6 give an example on a different marker. We once got a
7 vitamin D reference range study where they measured in
8 Scotland and we asked them to do a little bit more in
9 the U.S. because vitamin D reference ranges in Scotland
10 are a little different than Arizona.

11 MR. HUANG: Thank you.

12 DR. SANDOVAL: Let me just comment to that
13 about that use from outside the U.S. because the --
14 this was phrased briefly earlier but in the United
15 States if you look at nationwide data there's a
16 publication by Macom (ph) in JAMA I believe and this
17 was also seen in our local data as well. So if you look
18 at our study for example for UTROPIA it is I think 51%
19 of the patients have chest pain. I think Korley from
20 Hopkins had a similar like 56% of patients with chest
21 pain. When you look at the vast amount of publications
22 using high sensitivity troponin assays from Europe and

1 you look at the prevalence of chest pain in these
2 populations, for example if you look at the meta-
3 analysis from Chapman just recently published in JAMA
4 for the non-U.S., non-North American sites the
5 prevalence of chest pain is 89%. So there is quite
6 significant differences. It doesn't impact at least to
7 my interpretation it doesn't impact a lot the
8 performance for ruling out for NPV and sensitivity but
9 it does impact and influences the metrics for
10 specificity and positive predictive value.

11 DR. PILCHER: I'd like to thank everybody on
12 the panel and all the questions for the audience. We
13 are out of time now and we'll move on to the next item
14 on the agenda.

15 Thank you.

16 **PUBLIC COMMENTS**

17 DR. CAPOSINO: So we would like to open the
18 floor up for public comments. I think we have three
19 people who have registered to speak.

20 DR. SAENGER: Okay. Thank you everyone. So
21 I'm Amy Saenger. I look a little different. I changed
22 for the flight. But at the University of Minnesota. I

1 also am a member of the College of American
2 Pathologists or CAP Chemistry Committee. And so I am
3 here representing the CAP and giving some input and
4 kind of our overview of what we see with troponin
5 testing today in laboratories and kind of where we hope
6 that we can help influence that.

7 So I'm excited to be able to talk about this
8 because we meet three to four times a year, this
9 committee and we talk a lot every time about troponin;
10 like a couple of hours at least. Troponin and A1C we
11 always talk forever about. And then some other stuff
12 thrown in there.

13 So this committee what we do is we really look
14 at ways we can incorporate improvements in proficiency
15 testing based on new lab tests protocols. So
16 laboratories are accredited by CAP as one of their
17 proficiency testing providers and as of late 2014 in
18 our cardiac marker proficiency testing survey we
19 decided to introduce specimens which had very low
20 concentrations because essentially we like to challenge
21 laboratories and see how they perform throughout the
22 range. And we didn't really have any specimens that

1 were kind of at or near the relevant 99th percentile
2 knowing that we weren't going to get perfect values
3 because of the lack of standardization or
4 harmonization.

5 And so really I think most of you know the
6 laboratories are required to report their proficiency
7 testing results just as they would patient results. And
8 so they have absolute, less than, and also greater than
9 values can be reported in these schemes.

10 And so one of the things that we noted looking
11 at the results among peer groups within these low
12 concentration samples what is shown is the number and
13 the percent in parenthesis of laboratories who are
14 actually reporting values that were below the limit of
15 detection. And these are all with contemporary assays.
16 And so what we found is there was really a wide array
17 of values that laboratories were reporting, a lot of
18 them were reporting down to zero which isn't a real
19 number. Some of them had a range of values, the lowest
20 reportable is .2 up to -- there isn't a lot of
21 consistency today.

22 And so I think that is something that we hope

1 to improve with high sensitivity assays or at least
2 give some guidance on in addition in conjunction with
3 the AACC Academy and IFCC Task Force.

4 And one of the things that we know that has
5 been coming is that they recommend reporting these
6 values, concentrations in whole numbers for high
7 sensitivity assays in nanograms per liter.

8 So we kind of thought we have mostly U.S.
9 laboratories but we also have a fair number of
10 international laboratories that participate in our
11 proficiency testing schemes. And so we kind of thought
12 as laboratories are introducing high sensitivity assays
13 we'll kind of see a shift in how laboratories are
14 reporting. And it would be "obvious" that laboratories
15 are making the shift and we can kind of see and gauge
16 where we're at.

17 When we looked at -- this is data from last
18 spring and not surprisingly most of the U.S.
19 participants report some form of troponin I in
20 nanograms per ml. And there were a fair number of U.S.
21 participants that reported both INT in nanograms per
22 liter, so I am not really sure, this was pre-

1 introduction of any high sensitivity assay. So we were
2 kind of surprised to see that.

3 But when we looked at just the international
4 participants for high sensitivity cardiac troponin T
5 amongst the different platforms surprisingly what we
6 saw, we thought everybody would be reporting in
7 nanograms per liter because the recommendations have
8 been out there for quite some time to report in whole
9 numbers and nanograms per liter, what we found was
10 really that there was a big split in how laboratories
11 were reporting internationally and it was split amongst
12 a whole host of countries. So we couldn't just say oh,
13 it was the Canadians who were doing the wrong thing.

14 And so I think and we found actually the same
15 thing for I there is a lot less participants because
16 there is a lot less assays that are CE marked. But we
17 found a similar thing particularly for the Abbott high
18 sensitivity troponin I, a large number of participants
19 were self-reporting using that designated high
20 sensitivity assay in nanograms per ml. And so we
21 really feel that there is an opportunity with the
22 introduction of high sensitivity assays here to promote

1 the use of nanograms per liter to report in whole
2 numbers. I think now as CE in the U.S. there's options
3 available for labs to choose from as to how they are
4 going to report even in nanograms per ml or nanograms
5 per liter. So I don't know if there is a way to help
6 standardize that on the labeling. But we kind of see
7 that if given the chance people will kind of just 50/50
8 pick one way to report or not.

9 We also did a survey with our last proficiency
10 testing samples and we actually had a good number of
11 U.S. laboratories who responded over 2500 labs and we
12 just basically asked them kind of what you reported as
13 your abnormal cut-off and gave them a whole host of
14 choices to choose from. So most of them or 38% I guess
15 said that they used the 99th percentile. Some didn't
16 know, some used other which I'm sure what that might
17 mean. Some used a literature based cut-off. Derived
18 their own. So there is a lot of differences in how
19 we're reporting troponin today. We'd like to kind of
20 standardize so that everyone is at least ideally
21 reporting or using the 99th percentile to flag abnormal
22 results.

1 And actually when we looked at the individuals
2 who checked the box that said they were using the 99th
3 percentile and then we asked them to actually give us a
4 number the range of kind of what they said their 99th
5 percentile was was quite different. So for some assays
6 the Roche contemporary troponin T some said they used
7 the 99th percentile and it was less than .01. Some said
8 they used the 99th percentile and said it was .1. So I
9 don't know the labeling is a little bit sometimes
10 difficult to understand with the current assays as to
11 what cut-off laboratories should be reporting. So our
12 thought is hopefully with the new assays coming onboard
13 that we can clearly have consistent terminology and
14 verbiage and guidance to labs as to what to use.

15 And we also asked if they used intermediate or
16 grey zones, this is another thing that is kind of
17 inherent probably from the last -- for at least the
18 last decade and for those that responded that they did
19 use intermediate or grey zones which means maybe
20 somewhere between the 99th percentile and maybe the WHO
21 cut-off and most of the time they weren't flagging
22 until the WHO cut-off. Most of the laboratories that

1 responded yes that they do use a grey zone were in the
2 U.S. So we still feel like there is a lot of education
3 that we need to do in this area.

4 And then finally I'll just say we asked a
5 question about turnaround time, goals and metrics. And
6 the previous recommendations from the NACB which is now
7 the AACC Academy was that the turnaround time should be
8 less than 60 minutes from the time of blood collection
9 to reporting of results. And we asked laboratories
10 actually how they collected their turnaround time data
11 and how they defined their metrics. So a majority of
12 laboratories actually collect turnaround time data from
13 the time that they receive the specimen in the
14 laboratory to the time they result it in the op
15 instrument. And then specimen collect report there
16 were less users, most of those, about 35%, were point
17 of care users. And so I think a majority of labs are
18 able to control the tracking specimen turnaround time
19 from the time it hits the door out. But when you look
20 at a lot of the rule out algorithms and from the
21 clinical perspective how they are actually defining a
22 turnaround time of a baseline zero or one-hour, two-

1 hour strategy is from the time the patient hits the
2 door of course because that is what they are seeing.
3 But what we are seeing on our end is something that is
4 a little bit once it hits our laboratory.

5 So you know the discussion could be some of
6 the turnaround time requirements definitions, they do
7 differ between specialties and in the laboratory. I
8 know Dr. Apple will probably discuss this but the new
9 recommendation will be less than 60 minutes from the
10 time a specimen receipt to reporting results.

11 So these are some of the quality metrics that
12 we hope to also encourage laboratories to report and
13 share consistently with their emergency departments.

14 And to conclude I just wanted to reiterate
15 essentially that currently we don't have an acceptable
16 way to routinely evaluate the performance of current
17 assays. With high sensitivity assays what we plan to
18 do is implement a plasma serum pool into our
19 proficiency testing scheme, probably a male and a
20 female kind of normal pool which we'll send out with
21 all of our proficiency testing samples. And that will
22 give us a real sense of how all the different platforms

1 are performing across the U.S.

2 In terms of reference intervals reporting unit
3 turnaround times we feel like there is a huge
4 opportunity to standardize and educate and we've also
5 talked about having separate checklist questions
6 available for when laboratories have their I guess
7 biannual CAP laboratory inspections. They'll be kind
8 of required to show validation data, verification data
9 as to where they get their cut-offs. And also a
10 reinforcement of the acceptable reporting limits. So
11 if it is a checklist question essentially the labs kind
12 of make the changes happen. If it is not a checklist
13 question then people say oh, that's nice, it is in the
14 guidelines but I don't really have to do it. So we
15 feel like this is a way that we can at least help give
16 specific guidance to a large number of laboratories.

17 And finally I'll just say I personally think
18 of the joint relationship between the emergency
19 department, cardiology and laboratory medicine as
20 really this three-legged stool and so we have a huge
21 opportunity to as we move forward to work together.
22 And if one's leg breaks it all kind of falls down. So

1 that is all I have and wanted to comment on.

2 DR. CAPOSINO: Thank you.

3 [APPLAUSE.]

4 DR. CHRISTENSON: Amy. Amy just a quick
5 question. Has CAP ever thought about a recommendation
6 of running a control near the 99th percentile, I mean
7 near kind of where the money is rather than so many --

8 DR. SAENGER: Yeah.

9 DR. CHRISTENSON: -- assays, run them way up
10 here.

11 DR. SAENGER: So we have that low sample which
12 is supposed to be absent of troponin. The problem is
13 is that more with troponin I is that you can't get a
14 sample that is like low across all the platforms and
15 assays. So that is why at least some will just give
16 you undetectable or less than a value which won't be
17 useful to that peer group. So we feel like once there
18 is more high sensitivity assays onboard we'll be able
19 to have the kind of normal donor serum or plasma pool,
20 send them out and see how the actual instruments are
21 performing in real time across different laboratories.
22 But right now we are kind of stuck.

1 DR. CAPOSINO: Okay. There's a ladybug up
2 here and it made it up to the microphone.

3 Our second speaker. All right. We'll take
4 you.

5 DR. APPLE: Thanks for the opportunity. Fred
6 Apple. So I'm going to wear my hat now as the chair of
7 the IFCC Task Force for Clinical Applications of
8 Cardiac Biomarkers. At a request of consideration for
9 the FDA that we published a couple of years ago that
10 the definition of a high sensitivity assay. So my
11 request from my task force if the FDA consider if they
12 are going to consider designating assays as high
13 sensitivity they use that terminology that our
14 international expert opinion task force has recommended
15 and use the criteria that we have proposed in
16 publication and peer reviewed literature. It is
17 endorsed by the Journal of Clinical Chemistry, it is
18 endorsed by the Global Task Force for the universal
19 definition both by the third and soon to be fourth
20 universal definition, and it is endorsed by an expert
21 opinion group from the AACC Academy.

22 So we just put that forth to you to consider

1 that if you designate because it's confusing in the
2 literature if and I pick on manufacturers that they
3 publish names of their assays ultra this or super
4 sensitive and we feel it is important to have
5 uniformity globally. If you are going to be part of
6 the global world and designate assays maybe you won't
7 but if you do high sensitivity is the expert opinion
8 terminology we have endorsed.

9 Thank you.

10 DR. LIAS: So unless there are anyone else who
11 wants to make a public comment I'm going to give a
12 brief summary and hopefully talk a little bit about
13 what I hope to be next steps.

14 Before I do that Fred actually we have no
15 objection to people using the term high sensitivity.
16 All that we've asked of manufacturers is that if they
17 do that they define what they mean by it. So for
18 example if they meet the definition that IFCC had
19 designated that they can say that they are high
20 sensitivity per that definition. So we don't have any
21 problem with them doing that.

22 **CLOSING REMARKS**

1 DR. LIAS: So I want to personally thank
2 everybody for their participation in this meeting
3 today. You know we had some pretty I think ambitious
4 goals for today in terms of covering a lot of topics.
5 But we really wanted to do and I hope we at least
6 partially accomplished was start to open up some lines
7 of communication.

8 I think that there are a lot of people working
9 in the space on all sides. There are manufacturers who
10 make troponin assays. There are laboratorians who run
11 these assays. And there are doctors of various
12 specialties who use these assays. And everyone has
13 different perspectives. And for us all to try to
14 understand the different perspectives and try to come
15 to some understanding of the different ways that
16 troponin might be used, might be studied, and might be
17 made available to meet all of the needs for people and
18 I think that is the ultimate goal here.

19 And to do that we all need to talk together
20 and we all need to openly discuss the challenges that
21 we have and how we might solve them and what we wanted
22 today was to really start that process off.

1 There are several things that we learned
2 today. This morning we talked a lot about reference
3 range studies. And I think what was clear to me is that
4 there is a lot of agreement but there is still some
5 disagreement about how to do some of these studies in
6 the right way. And I think one of the parts that maybe
7 isn't well known is exactly what population is the
8 population that should be used to define a reference
9 population since the reference population for troponin
10 is being used to determine clinical cut-offs whether
11 you like that or not. But that is necessarily being
12 used right now.

13 And so perhaps some work remains for us to
14 continue to talk more as a clinical community to
15 determine what are some recommendations for maybe
16 getting some more harmony or standardization among how
17 these cut-offs are developed so that the clinical
18 community can really understand across assays what they
19 might see.

20 We talked a lot about analytical issues and
21 pre-analytical issues and how consideration of those
22 issues prior to doing clinical studies can really

1 prevent some of the challenges that manufacturers have
2 seen in clinical studies and give laboratories assays
3 that can be labeled such that they know how to use
4 them.

5 We talked a lot about what types of claims
6 might be useful to clinicians to use for MI, that maybe
7 differentiation between type-1 and type-2 MI isn't so
8 great. But perhaps the addition of devices designed to
9 rule out MI might be beneficial to everyone.

10 And it seems like one of our next steps might
11 be to all work together to figure out how do we get to
12 that stage. How do we encourage the development of
13 devices that can do rule out? How can we come to
14 agreement on what might be acceptable performance for a
15 rule out type device?

16 We talked a little bit about point of care
17 devices. And heard some perspectives that perhaps for
18 these types of high impact claims point of care devices
19 need to work well as well as they need to work which in
20 some cases might be just as well as a laboratory
21 device. In other cases if they are doing a different
22 purpose maybe there could be some tradeoffs. But that

1 that needs to be thought through and they need to be
2 robust to the environment that they are used in.

3 And finally we talked about ways we might be
4 able to make trials more efficient, to leverage data
5 that's existing. And perhaps to bolster our
6 infrastructure so that in the future we might be able
7 to develop this data more quickly.

8 So for me my personal take home messages were
9 many. One, I got to connect with a lot of people today
10 that I hadn't been able to talk to in a while. And I
11 hope to continue those conversations so that we may
12 move some of these discussions forward.

13 I think as a next step we as a community need
14 to decide where more clarity is needed. And I think
15 what is clear to me is that we at FDA have not done a
16 good enough job of giving our perspective on things
17 such that we might dispel rumors of what would or
18 wouldn't be acceptable. We need to make sure people
19 understand that we want what is good for patients and
20 what's good for doctors and we need to be able to give
21 doctors the tools that they need to do the work that
22 they have. How can we provide an environment that is

1 conducive to having people feel comfortable about
2 talking to us about how to get that done?

3 And so hopefully we've made those strides
4 today.

5 And I want to thank you all for being present
6 in this conversation.

7 We're certainly going to take this information
8 back within FDA and talk about whether additional
9 conversations moving forward on some more focused
10 topics might help move this forward. And we are always
11 open to suggestions on where you all think the most
12 productive conversations might happen.

13 So once again I'd like to really thank
14 everyone for coming. And I hope you have safe travels.

15 Talk again soon.

16 Thank you.

17 [APPLAUSE.]

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NATALIA THOMAS

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12/11/2017

DATE

CHERYL LaSELLE

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