

# Modernizing Eligibility Criteria for Clinical Trials

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# Outline

- Background
- ASCO FoCR Modernizing Eligibility Criteria Project
- Working Group Recommendations
- Regulatory Perspective
- Future Directions/Conclusions

# Background

- Clinical Trials:
  - Understand risks/benefits
  - Develop safe and effective drugs
- Eligibility:
  - Safety/protection of patients
  - Define the study population

# Background

## Overly Restrictive Eligibility Criteria

- Major protocol-level barrier to patient enrollment
- Fail to capture the heterogeneous patient population that will ultimately receive the drug
- Duplication between and within drug development programs
- Impact includes: patients with HIV, brain metastases, prior malignancies, poor performance status, comorbidities/organ dysfunction (such as cardiac dysfunction), older adults, age <18

# Cardiac Dysfunction Eligibility

- Exclusions on basis of cardiac disease may decrease enrollment of older patients by ~5%.
- Due to historical precedent patients must have EF of >45-50%
- Concern about cardiac effects leads to frequent ECG monitoring in early-phase trials (to determine QTc prolongation relationship)– often continued into later phases despite no cardiac risk

# FDA analysis of Investigational New Drug Applications in 2015



- ~290 commercial IND submissions from 2015
  - 4% included pediatric patients
  - 60% required ECOG Performance status of 0-1
  - 77% excluded known, active or symptomatic CNS or brain metastases (47% allowed treated or stable brain metastases)
  - 84% excluded patients with known or active HIV (with only 2% allowing patients to enroll with adequate CD4 counts)
  - 74% excluded patients with history (or current) cardiovascular disease or risk (including angina pectoris, uncontrolled HTN, MI, CHF, arrhythmia)

# ES Kim et. al Approach to Eligibility Criteria Consideration

| Category                                    | Question for Consideration   |
|---|--|
| <b>Relationship to scientific objective</b> | Does the eligibility criterion support the scientific hypothesis?<br>Could the scientific goal be achieved without including this particular eligibility criterion?  |
| <b>Generalizability</b>                     | Will the results of the study be applicable to a patient not enrolled on the study?<br>Are the eligibility criteria too restrictive for practical clinical use?  |
| <b>Patient safety and drug toxicity</b>     | Is patient safety being adequately protected and does this eligibility criterion contribute to this?<br>Are potential drug toxicities and mechanism of action being accounted for and does limiting or including this criterion support or hinder the scientific goal? |
| <b>Continual review on a regular basis</b>  | At what point should eligibility criteria be re-justified during protocol development and during enrollment?<br>Should a trial close due to poor accrual or be allowed to reduce/relax eligibility criteria as a first step?   |

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# ASCO-Friends Project Leadership

## **ASCO**

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Lia Gore, MD (Univ. of CO)

# ASCO-Friends of Cancer Research



## Modernizing Eligibility Criteria Project

- Multi-stakeholder working groups
  - Patient advocates
  - Clinical Investigators
  - Industry
  - Government (NCI and FDA)
  - Academics
  - Biostatisticians
  - Pharmacologists
- Brain Metastases
- Age <18
- HIV
- Organ Dysfunction/  
Prior Malignancies

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## Recommendations

- Patients with treated and/or stable\* brain metastases:
  - Routinely include in all phases, except where compelling rationale
- Patients with active (new or progressive) brain metastases:
  - No automatic exclusion, but one-size-fits all approach not appropriate.
  - History of disease, trial phase and design, and the drug mechanism and potential for CNS activity should determine eligibility.
- Patients with leptomeningeal disease:
  - Exclusion acceptable, although there may be situations that warrant inclusion in early phase trials. Defined clear language to avoid exclusion of patients with equivocal findings.

\* No progression for at least 4 weeks after local therapy

# Minimum Age WG Recommendations



- Initial dose-finding trials:
  - Pediatric-specific cohorts should be included when there is strong scientific rationale (based on molecular pathways or histology and preclinical data)
- Later-phase trials:
  - Trials in diseases and therapeutic targets that span adult and pediatric populations should include pediatric patients with the specific disease under study
  - Patients aged 12 years and above should be enrolled in such trials.
  - Patients under 12 years may also be appropriate.

## Recommendations

- Cancer patients with HIV infection who are healthy and low-risk for AIDS-related outcomes should be included.
- HIV-related eligibility criteria should be straightforward and focus on:
  - Current and past CD4 and T-cell counts
  - History (if any) of AIDS-defining conditions
  - Status of HIV treatment
- Treated using the same standards as other patients with co-morbidities, and anti-retroviral therapy should be considered a concomitant medication.

# Organ Dysfunction WG



## Recommendations

- WG recommendations were informed by an analysis of dataset of 13,000 patients newly diagnosed in 2013-2014.
- Renal function should be based on creatinine clearance (calculated by Cockcroft-Gault or MDRD).
  - Liberal creatinine clearance (e.g., >30 mL/min) should be applied when renal excretion not significant
  - Follow established dose modification strategies.
- Hepatic Function
  - Current tests are inadequate, particularly drug metabolism capability
  - Employ standard clinical assessments relative to institutional normal ranges

# Prior Malignancies Recommendations



- Inclusion of patients with prior or concurrent malignancies is recommended, especially when the risk of the malignancy interfering with either safety or efficacy endpoints is very low.
- Patients with a prior or concurrent malignancy whose natural history or treatment does not have the potential to interfere with the safety or efficacy assessment of the investigational regimen should be included



# Cardiac Dysfunction Recommendations



- If an investigation therapy is not known to pose cardiac risks, arbitrary ejection fraction values should not be used to exclude
  - patients with EF <35% excluded in early-phase studies
- Investigator assessment of a potential participant's risk for heart failure with validated clinical classification system is recommended
- Concern about cardiac effects leads to frequent ECG monitoring in early-phase trials
  - Need for continued ECG monitoring and QTc interval eligibility criteria should be re-evaluated in later phases if cardiac risk not of concern
- Cardiovascular safety measures and close collaboration with cardiology recommended

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# Regulatory Considerations

- “protocol is required to contain . . . the criteria for patient selection and for exclusion of patients”<sup>1</sup>
- No detailed language regarding clinical trial eligibility criteria.
- Regulatory approval, however, must be predicated on data pertinent to the enrolled patients and relevant to the U.S. population and U.S. medical practice.<sup>1</sup>
- Penalizing companies would not be productive as it could restrict access to an effective drug.



# Regulatory Considerations

- Potential for Expanded marketing claim
- Unnecessary postmarketing requirements/commitments
- Address requirements to study drugs in children

# Trial Design Considerations

- Expansion cohorts early in development
- 1<sup>o</sup> population: pre-specified, more narrowly-defined
- Stratify enrollment
- Adaptive designs
- Companion protocol

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# Expanded Eligibility: Risks/Benefits



## Benefits

- Earlier access to investigational agents
- More complete safety and efficacy data
- Earlier identification of drugs that may not be effective
- Generalize to “real-world” patients
- Faster Accrual
- Efficacy in understudied population could differentiate between drugs of same class

## Risks

- Variability of outcome (need larger sample size)
- Safety concerns may require separate cohorts or analysis
- Complicate attribution of AE
- Increased costs associated with additional cohorts
- Potential for additional procedures for increased safety monitoring
- Additional Resources required

# Current Status and Future Directions

- JCO 2017 published six papers
  - Joint statement
  - Working group manuscripts
- Promote implementation/Address Barriers
  - Develop methods to track implementation (ASCO)
  - Examine Additional Criteria (e.g. drug washout, concomitant meds/triggers for exclusion of the older adult, other cardiac risk factors?)
- FDA will work with sponsors to implement rational criteria



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