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FOOD AND DRUG ADMINISTRATION  
CENTER FOR DRUG EVALUATION AND RESEARCH

BONE, REPRODUCTIVE, AND UROLOGIC  
DRUGS ADVISORY COMMITTEE (BRUDAC)

Tuesday, December 6, 2016

8:00 a.m. to 4:10 p.m.

Thomas Douglas Conference Center  
10000 New Hampshire Avenue  
Silver Spring, Maryland

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## 1 P R O C E E D I N G S

2 (8:00 a.m.)

3 Call to Order

4 Introduction of Committee

5 DR. LEWIS: Good morning, everyone. My name  
6 is Vivian Lewis, and I'd like to welcome you to  
7 this meeting of the Bone, Reproductive, Urologic  
8 Drugs Advisory Committee meeting. I'd like first  
9 to remind everyone to please silence their cell  
10 phones and other devices if you haven't already  
11 done so. I'd also like to identify Andrea Fischer,  
12 the FDA press contact. There she is. She's right  
13 there.

14 In calling the meeting to order, I'd like to  
15 start by going around the table to my left and  
16 having everyone identify themselves.

17 CMDR BONNER: Good morning. LaToya Bonner,  
18 acting DFO for BRUDAC.

19 DR. CHAI: I'm Toby Chai, professor of  
20 urology from Yale University.

21 DR. DMOCHOWSKI: Roger Dmochowski, urology,  
22 Vanderbilt University.

1 DR. BAUER: Good morning. Doug Bauer,  
2 University of California, San Francisco, Department  
3 of Medicine, epidemiology and biostatistics.

4 DR. DRAKE: Mathew Drake from the Mayo  
5 Clinic in Rochester, Minnesota. I'm an  
6 endocrinologist.

7 DR. BISKOBING: Diane Biskobing, Virginia  
8 Commonwealth University, internal medicine,  
9 endocrinology.

10 DR. BRAUNSTEIN: Glen Braunstein. I'm an  
11 endocrinologist, Cedars-Sinai Medical Center at  
12 UCLA School of Medicine.

13 DR. McCAMMON: Kurt McCammon. I'm a  
14 urologist from Eastern Virginia Medical School in  
15 Norfolk.

16 DR. HANNO: Phil Hanno. I'm a urologist at  
17 Stanford University.

18 DR. DANIELS: Selena Daniels, FDA, Clinical  
19 Outcome Assessment Staff.

20 DR. EASLEY: Olivia Easley, medical officer,  
21 Division of Bone, Reproductive, and Urologic  
22 Products, FDA.

1 DR. KAUL: Suresh Kaul, medical team leader,  
2 Division of Reproductive and Urologic Products,  
3 FDA.

4 DR. GASSMAN: Audrey Gassman, deputy  
5 director, Division of Bone, Reproductive, and  
6 Urologic Products, FDA.

7 DR. JOFFE: Hylton Joffe, director of the  
8 same division.

9 DR. NAHUM: Gerard Nahum. I'm the vice  
10 president of Global Clinical Development at Bayer  
11 HealthCare Pharmaceuticals.

12 DR. BURMAN: Ken Burman, head of endocrine  
13 at Medstar Washington Hospital Center and a  
14 professor at Georgetown University.

15 DR. ADLER: Robert Adler, endocrinologist at  
16 the VA Hospital in Richmond, Virginia and Virginia  
17 Commonwealth University.

18 DR. SANDLOW: Jay Sandlow. I'm a urologist  
19 at the Medical College of Wisconsin in Milwaukee.

20 DR. BRANNIGAN: Bob Brannigan, professor of  
21 urology at Northwestern University in Chicago.

22 DR. SCHLEGEL: Peter Schlegel, urology,

1 Cornell.

2 DR WEINFURT: Good morning. Kevin Weinfurt.  
3 I'm a professor of psychiatry at Duke University.

4 DR. GILLEN: Daniel Gillen, professor and  
5 chair of statistics, University of California at  
6 Irvine.

7 DR. THOMAS: Abraham Thomas, endocrinologist  
8 and chief of medicine at New York University,  
9 Lutheran.

10 DR. BISHOPRIC: George Bishopric,  
11 pathologist, University of Miami.

12 DR. CURTIS: Kate Curtis. I'm an  
13 epidemiologist in the Division of Reproductive  
14 Health at CDC in Atlanta.

15 DR. HOWARDS: Stuart Howards, urologist at  
16 the University of Virginia and Wake Forest Medical  
17 School.

18 DR. LEWIS: Thank you.

19 For such topics as those being discussed at  
20 today's meeting, there are often a variety of  
21 opinions, some of which are quite strongly held.  
22 Our goal is that today's meeting will be a fair and

1 open forum for discussion of these issues and that  
2 individuals can express their views without  
3 interruption. Thus, as a gentle reminder,  
4 individuals will be allowed to speak into the  
5 record only if recognized by the chair. We look  
6 forward to a productive meeting.

7 In the spirit of the Federal Advisory  
8 Committee Act and the Government in the Sunshine  
9 Act, we ask that the advisory committee members  
10 take care that their conversations about the topic  
11 at hand take place only in the open forum of the  
12 meeting. We are aware that members of the media  
13 are anxious to speak with the FDA about these  
14 proceedings. However, FDA will refrain from  
15 discussing the details of this meeting with the  
16 media until its conclusion. Also, the committee is  
17 reminded to please refrain from discussing the  
18 meeting topics during the break or at lunch time.  
19 Thank you.

20 Now, I'd like to pass things over to  
21 Commander LaToya Bonner, who will read the Conflict  
22 of Interest Statement.

1 Conflict of Interest Statement

2 CMDR BONNER: Thank you.

3 The Food and Drug Administration is  
4 convening today's meeting of the Bone,  
5 Reproductive, and Urologic Drug Advisory Committee  
6 under the authority of the Federal Advisory  
7 Committee Act of 1972. With the exception of the  
8 industry representative, all members and temporary  
9 voting members of the committee are special  
10 government employees or regular federal employees  
11 from other agencies and are subject to federal  
12 conflict of interest laws and regulations.

13 The following information on the status of  
14 this committee's compliance with federal ethics and  
15 conflict of interest laws, covered by but not  
16 limited to those found at 18 USC Section 208, is  
17 being provided to participants in today's meeting  
18 and to the public.

19 FDA has determined that members and  
20 temporary voting members of this committee are in  
21 compliance with federal ethics and conflict of  
22 interest laws. Under 18 USC Section 208, Congress

1 has authorized FDA to grant waivers to special  
2 government employees and regular federal employees  
3 who have potential financial conflicts when it is  
4 determined that the agency's need for a special  
5 government employee's services outweighs his or her  
6 potential financial conflict of interest or when  
7 the interest of a regular federal employee is not  
8 so substantial as to be deemed likely to affect the  
9 integrity of the services which the government may  
10 expect from the employee.

11           Related to the discussions of today's  
12 meeting, members and temporary voting members of  
13 this committee have been screened for potential  
14 financial conflicts of interest of their own, as  
15 well as those imputed to them, including those of  
16 their spouses or minor children and, for purposes  
17 of 18 USC Section 208, their employers. These  
18 interests may include investments, consulting,  
19 expert witness testimony, contracts, grants,  
20 CRADAs, teaching, speaking, writing, patents and  
21 royalties, and primary employment.

22           Today's agenda involves the discussion of

1 appropriate clinical trial design features,  
2 including acceptable endpoints for demonstrating  
3 clinical benefit for drugs intended to treat  
4 secondary hypogonadism while preserving or  
5 improving testicular function, including  
6 spermatogenesis. This is a particular matters  
7 meeting during which general issues will be  
8 discussed.

9           Based on the agenda for today's meeting and  
10 all financial interests reported by the committee  
11 members and temporary voting members, no conflict  
12 of interest waivers have been issued in connection  
13 with this meeting. To ensure transparency, we  
14 encourage all standing committee members and  
15 temporary voting members to disclose any public  
16 statements that they have made concerning the topic  
17 at issue.

18           With respect to FDA's invited industry  
19 representative, we would like to disclose that  
20 Dr. Gerard Nahum is participating in this meeting  
21 as a non-voting industry representative acting on  
22 behalf of regulated industry. Dr. Nahum's role at

1 this meeting is to represent industry in general  
2 and not any particular company. Dr. Nahum is  
3 employed by Bayer Pharmaceuticals.

4 We would like to remind members and  
5 temporary voting members that if the discussions  
6 involve any other topics not already on the agenda  
7 for which an FDA participant has a personal or  
8 imputed financial interest, the participants need  
9 to exclude themselves from such involvement, and  
10 their exclusion will be noted for the record. FDA  
11 encourages all other participants to advise the  
12 committee of any financial relationships that they  
13 may have regarding the topic that could be affected  
14 by the committee's discussions. Thank you.

15 DR. LEWIS: Thank you. We'll now proceed  
16 with the FDA's introductory remarks from Dr. Hylton  
17 Joffe.

18 FDA Opening Remarks

19 DR. JOFFE: Good morning, everybody. I'm  
20 Hylton Joffe, the director of FDA's Division of  
21 Bone, Reproductive, and Urologic Products. I'd  
22 like to welcome you all here today. What I'd like

1 to do in the next 15 minutes is give an overview of  
2 the objectives and scope of today's meeting,  
3 provide some background, go over the agenda, and  
4 then show the questions that we'll be asking the  
5 committee to discuss and vote upon.

6           The objectives today is to identify  
7 appropriate clinical trial design features for  
8 drugs that are proposed to treat secondary  
9 hypogonadism while preserving or improving  
10 testicular function. A major goal is actually to  
11 identify what would be acceptable efficacy  
12 endpoints to show that drugs for this condition  
13 confer clinical benefit to the patient. To ensure  
14 appropriate expertise, we supplemented our usual  
15 committee with additional urologists,  
16 endocrinologists, experts in fertility, obesity,  
17 and patient-reported outcomes.

18           Products that are being investigated in this  
19 drug space include estrogen agonists and  
20 antagonists such as clomiphene, and enclomiphene,  
21 aromatase inhibitors and gonadotropin receptor  
22 agonists such as human chorionic gonadotropin.

1           Now, it's important to note we're not  
2 talking about testosterone today because, if  
3 anything, testosterone can suppress  
4 spermatogenesis, whereas the drugs that are being  
5 investigated in this space are intended to either  
6 preserve or improve testicular function.

7           These drugs have very important side  
8 effects. These side effects include but are not  
9 limited to concerns of venous thromboembolism with  
10 estrogen agonists and antagonists, bone loss, and  
11 fetal harm with aromatase inhibitors. But today,  
12 we're not focusing on the safety profile of any  
13 specific drug.

14           This advisory committee is a little  
15 different to a typical one. Usually we bring a  
16 specific drug to a panel, ask them what they think  
17 of the benefits and the risks, and whether those  
18 benefits outweigh the risks and support approval.  
19 Here, we're earlier in the process. We're talking  
20 about clinical trial design features, and we're  
21 specifically focused on what's needed to establish  
22 clinical benefit of these drugs.

1           There have been some very important recent  
2 developments with testosterone therapies that  
3 directly bear on today's discussion, so I want to  
4 take a few minutes to provide an update here for  
5 everyone.

6           Testosterone therapies are approved as  
7 replacement therapy by showing in registration  
8 clinical trials that they can increase testosterone  
9 levels from below the normal range into the normal  
10 range for young, healthy, eugonadal men.

11           This paradigm supports an approval in men  
12 who have what we call classic hypogonadism. These  
13 are men who have an intrinsic pathology of their  
14 hypothalamic pituitary testicular axis due to  
15 specific well recognized medical conditions, such  
16 as Klinefelter syndrome, Kallmann syndrome. In  
17 these men, the goal is to restore testosterone to  
18 normal levels.

19           However, in recent years, testosterone has  
20 been widely used in a different population, in men  
21 who have what we call age-related hypogonadism.  
22 And these are men who have no apparent reason for

1 the low testosterone other than advancing age. In  
2 this population, it hasn't definitively been  
3 demonstrated that raising testosterone in these men  
4 confers clinical benefit and is safe.

5           So because of this widespread use in this  
6 different population, FDA convened an advisory  
7 committee meeting in 2014 -- I see some familiar  
8 faces from that meeting -- to discuss the  
9 appropriate indicated population for testosterone.  
10 And the committee overwhelmingly concluded that the  
11 efficacy and safety of testosterone have not been  
12 established for age-related hypogonadism, and they  
13 said that the available evidence supports an  
14 indication for testosterone only in men who have  
15 classic hypogonadism.

16           So the committee stated that if you're a  
17 testosterone and you are an indication for  
18 age-related hypogonadism, just raising serum  
19 testosterone isn't enough. You need to show  
20 changes on other endpoints, clinical endpoints,  
21 meaning endpoints that assess how a patient feels,  
22 functions, or survives.

1           This is very important because FDA believes  
2           that the advice we got from the advisory committee  
3           in 2014 applies anytime you're seeking an  
4           indication in men who do not have classic  
5           hypogonadism. Age-related hypogonadism is one such  
6           example. But another example FDA believes is  
7           hypogonadism attributed to obesity.

8           Just as with age-related hypogonadism, we  
9           don't know that raising testosterone definitively  
10          leads to clinical benefit and is safe, so too with  
11          hypogonadism associated with obesity. And I want  
12          to take this one step further. We believe that  
13          this applies not only if your testosterone is being  
14          tested in hypogonadism associated obesity, but even  
15          if you are non-testosterone, we believe that you  
16          need to show something beyond raising testosterone.  
17          And that's because on the prior slide, the  
18          committee clearly said that the available evidence  
19          supports indication only in men with classic  
20          hypogonadism.

21                 Let me take a moment here and talk about  
22          treating secondary hypogonadism while improving

1 testicular function. FDA has approved several  
2 drugs that induce spermatogenesis in men who have  
3 azoospermia, meaning no sperm on semen analysis at  
4 baseline, that's attributed to secondary  
5 hypogonadism. And the approval paradigm has been  
6 to show that the drug can take these men with  
7 secondary hypogonadism and azoospermia and raise  
8 sperm concentrations above a specific threshold,  
9 for example, 1 million sperm per mL.

10           This approach raises some interesting  
11 questions. For example, in today's existing  
12 understanding of science, is such an approach still  
13 reasonable because we have existing assisted  
14 reproductive technologies such as ICSI, or  
15 intracytoplasmic sperm injection, where you need  
16 very few sperm to fertilize an egg and lead to  
17 pregnancy?

18           Also, what about other semen parameters? If  
19 you show something raises sperm concentrations but  
20 you have some other problems with your sperm, then  
21 whatever your sperm concentration is, it's kind of  
22 irrelevant because if you've got other problems

1 that are preventing fertility, having more sperm  
2 with those problems still isn't going to solve your  
3 fertility problem. This raises the question of  
4 when should we be asking for an endpoint of  
5 pregnancy in the partner?

6 We'll discuss a lot of these issues today.  
7 One question will be whatever paradigm folks think  
8 is reasonable for azoospermic men with secondary  
9 hypogonadism, should the same approach be used for  
10 men who have oligospermia, which is sperm counts  
11 below normal but not zero? And also, should the  
12 approach be the same or different for men who have  
13 classic hypogonadism compared to those who do not  
14 have classic hypogonadism and have azoospermia or  
15 oligospermia?

16 On this slide, I just want to share FDA's  
17 perspective on drugs that are intended to treat  
18 secondary hypogonadism while improving testicular  
19 function. If a company is seeking an indication  
20 that's narrowly focused on fertility, what they would  
21 need to do is use an acceptable endpoint for  
22 fertility, and we'll discuss that today. But FDA

1 doesn't think that such a company would need to  
2 show improvement in other hypogonadal signs or  
3 symptoms, again, because they're seeking a very  
4 narrow indication related to fertility associated  
5 with hypogonadism. However, such drugs would  
6 presumably be approved for shorter term use with  
7 discontinuation when fertility's no longer desired.

8           If a company wanted, in addition to this  
9 fertility indication, a broader hypogonadism  
10 indication, then in that setting, additional  
11 clinical endpoints would be needed.

12           I want to now turn to treating secondary  
13 hypogonadism while preserving testicular function.  
14 And I'm going to focus here on men who do not have  
15 classic hypogonadism and specifically on men who  
16 have hypogonadism associated with obesity because  
17 this is an area of interest for drug development.

18           What's been put forth is that raising  
19 testosterone while preserving sperm concentrations  
20 could establish evidence of clinical benefit. But  
21 FDA's view is that that approach cannot really  
22 establish clinical benefit, and here's why.

1           First, as I explained earlier, raising  
2 testosterone by itself, FDA views cannot establish  
3 clinical benefit in men who do not have classic  
4 hypogonadism, such as men who have hypogonadism  
5 associated with obesity. So we think a product  
6 would need to show improvement on hypogonadal signs  
7 or symptoms, otherwise, the need for therapy hasn't  
8 been clearly established.

9           Now, what about this other endpoint,  
10 preserving testicular function? Well, our view is  
11 that just preserving testicular function isn't  
12 evidence of clinical benefit either. If you take a  
13 man who's got normal sperm counts, and you treat  
14 him for three months or four months, and show their  
15 sperm concentrations are still normal, presumably  
16 you could achieve that just by withholding the  
17 drug.

18           If raising serum testosterone concentrations  
19 by itself cannot establish clinical benefit for  
20 these drugs and preserving testicular function by  
21 itself can't do so, when you put the two together,  
22 FDA believes you still can't establish clinical

1 benefit using these endpoints, and you need  
2 endpoints that assess how patients feel, function,  
3 or survive.

4           This slide shows the agenda today. We'll  
5 have three series of presentations. Our first  
6 presentation is by Dr. Sergio Oehninger. He's our  
7 guest speaker and expert in fertility, and he'll be  
8 talking about issues related to fertility and  
9 hypogonadism. He's the director of Reproductive  
10 Endocrinology and Fertility at The Jones Institute  
11 for Reproductive Medicine. He's also professor and  
12 vice chair of the Department of Obstetrics and  
13 Gynecology at the Eastern Virginia Medical School.

14           We'll then hear a presentation by three drug  
15 companies that have collaborated to present their  
16 views on what clinical trial design features should  
17 look like for drugs in this space. You'll then  
18 hear from FDA. And throughout the presentations,  
19 there will be opportunities for the committee to  
20 ask clarifying questions of the presenters. After  
21 lunch, we'll have an open public hearing, and then  
22 we'll have committee discussion and voting.

1           So I'd now like to walk you through the  
2 discussion and voting questions so that committee  
3 members can start to frame the issues as they hear  
4 the presentations. There are two discussion  
5 questions and three voting questions. The first  
6 discussion question reads as follows:

7           For drugs intended to treat secondary  
8 hypogonadism while preserving existing testicular  
9 function such as maintenance of sperm parameters or  
10 demonstrating continued fertility, we'd want the  
11 committee to discuss the patient population that  
12 should be enrolled in the clinical trials; how  
13 should preservation of testicular function be  
14 defined and assessed; what are acceptable endpoints  
15 for demonstrating clinical benefit for men who have  
16 classic hypogonadism, as well as those who do not  
17 have classic hypogonadism when the intent is also  
18 to preserve testicular function; and then any other  
19 trial design features that should be considered.

20           The second question is similar to the first  
21 question, but here we're talking now about  
22 improving testicular function. The first question

1 was talking about preserving testicular function.  
2 So this question reads, for drugs intended to treat  
3 secondary hypogonadism while improving testicular  
4 function, for example, improved semen sperm  
5 parameters or amelioration of infertility, we want  
6 the committee to discuss similar issues, again, the  
7 patient population that should be enrolled in  
8 clinical trials; how improvement in testicular  
9 function should be defined and assessed; what are  
10 acceptable endpoints for demonstrating clinical  
11 benefit in classic hypogonadism, in men who do not  
12 have classic hypogonadism, and any other trial  
13 design features that should be considered.

14           Now we have three voting questions after  
15 those discussions. The first one reads as follows.  
16 For products intended to treat men with  
17 hypogonadism attributed to obesity, is raising  
18 serum testosterone concentrations into the normal  
19 range for young, healthy, eugonadal men and  
20 preservation of spermatogenesis as assessed by  
21 maintenance of sperm concentrations sufficient for  
22 establishing evidence of clinical benefit?

1           If you vote no, we'd like to hear what  
2 endpoints you think would be needed to provide  
3 sufficient evidence of clinical benefit for these  
4 products. And if you voted yes, we'd like you to  
5 comment on how preservation of spermatogenesis  
6 should be defined based on sperm concentrations and  
7 provide an explanation for your definition.

8           The last two questions are multiple choice  
9 questions. The next question reads as follows.  
10 For products intended to treat men with classic  
11 secondary hypogonadism who have azoospermia or  
12 oligospermia, is raising sperm concentration above  
13 a specific threshold sufficient evidence of  
14 clinical benefit?

15           Your choices are A, yes, but only for  
16 azoospermia; B, yes, but only for oligospermia; C  
17 is yes for azoo- and oligospermia; and then D is  
18 no. And we'd like your rationale for your answer.  
19 And if you voted D, meaning no, in other words you  
20 don't think raising sperm concentration above a  
21 specific threshold is sufficient in these men, we'd  
22 like you to describe what endpoints you think would

1 be needed to provide sufficient evidence of  
2 clinical benefit.

3           If you voted yes, meaning either A, B, or C,  
4 we'd like you to specify the threshold for sperm  
5 concentration that should be exceeded to establish  
6 evidence of clinical benefit and explain why you  
7 selected that threshold.

8           Now, the last voting question is very  
9 similar to the one I just mentioned. The main  
10 difference here is that the previous question  
11 focused on men who have classic hypogonadism. This  
12 last question is focused on men who do not have  
13 classic hypogonadism. So think of age-related  
14 hypogonadism or hypogonadism associated with  
15 obesity.

16           Here we're saying, for products that are  
17 intended to treat men with secondary hypogonadism  
18 and azoospermia or oligospermia, but who do not  
19 have classic hypogonadism, is raising sperm  
20 concentration above a specific threshold sufficient  
21 evidence of clinical benefit? And it's the same  
22 multiple choice options and the same discussion

1 points will be asking you to comment on.

2 With that, I want to thank you for your  
3 attention, thank everybody for coming, and I look  
4 forward to an interesting discussion.

5 DR. LEWIS: Let's now proceed with a  
6 presentation from Dr. Sergio Oehninger. Apologies  
7 if I mispronounced your name.

8 Presentation - Sergio Oehninger

9 DR. OEHNINGER: Thank you very much for the  
10 invitation to participate and to speak to this  
11 group. The outline of my presentation is depicted  
12 here. I will briefly review some aspects of the  
13 physiology of the hypothalamic pituitary testicular  
14 axis; define the hypogonadal states; mention about  
15 impact of age and other comorbidities; treatment of  
16 men with hypogonadism; fertility concerns; speaking  
17 about basic semen analysis; and touching up on  
18 sperm function and quality assays; and something  
19 about the future and potential studies. There are  
20 no conflicts of interest for me to declare.

21 It is well known by most in this group,  
22 testicular function is governed by the hypothalamus

1 and pituitary following the classic pathways of  
2 GnRH, stimulating FSH and LH release of the  
3 [indiscernible] pituitary, LH acting upon the  
4 Leydig cell to stimulate testosterone secretion,  
5 FSH governing the seminiferous tubule where  
6 spermatogenesis happens; feedback occurring back to  
7 the pituitary and hypothalamus via inhibins,  
8 testosterone, the Leydig cell product, and also  
9 estrogen, oestradiol, all negative feedbacks.

10           This is more of a simplistic way of the way  
11 the axis functions because we know there is a  
12 tremendous amount of product [indiscernible] and  
13 regulation within the testicles between  
14 interstitial cells and seminiferous tubules. There  
15 are too many to describe here. The process of  
16 spermatogenesis starts with spermatogonium  
17 undergoing mitoses, leading to spermatocytes that  
18 did undergo meiosis. And this leads to the  
19 different stages of spermatids, and finally  
20 spermatozoa are being produced, millions per day.

21           It is clearly established that FSH plays a  
22 role in initiating and maintaining spermatogenesis,

1 and for completely normal spermatogenesis, both FSH  
2 and testosterone are important, but also the  
3 intratesticular testosterone levels are important.  
4 This is highlighted by studies that give better  
5 outcomes using FSH and hCG versus FSH plus  
6 testosterone in some of these patients with  
7 testicular defects.

8 But not only is the axes functional, as I  
9 mentioned, but they're also peripheral, regulatory  
10 mechanisms. For example, at the level of the  
11 adipose tissue, we have the leptin and the others  
12 that can have a direct effect on the  
13 spermatogenesis via testosterone. The adipose  
14 tissue is a place of aromatization of androgens to  
15 oestradiol, and both leptin and estrogens can have  
16 a significant influence in neurons at the  
17 hypothalamic level that regulates also GnRH.

18 So GnRH is not only regulated by the  
19 feedback of steroids, but also by hypothalamic  
20 neurons that really can affect and generate  
21 positivity. Example is the kisspeptin system,  
22 which can be modified in cases of obesity because

1 of leptin resistance or insensitivity.

2           The classic hypogonadism is defined as low  
3 levels of testosterone, under 300 nanograms per  
4 deciliter and can be primary or secondary. Primary  
5 is the hypogonadotropic hypogonadism, which is the  
6 result of testicular failure to produce adequate  
7 levels of testosterone and can be identified by low  
8 testosterone and elevated FSH/LH levels, which is  
9 the traditional working system feedback, negative  
10 feedback.

11           In this case, it was impaired Leydig cell  
12 and seminiferous tubule functions, which results in  
13 reduced testosterone synthesis, but also  
14 hypospermatogenesis. Classic examples are  
15 Klinefelter, toxicities, orchitis, and others.

16           As opposed to primary, secondary is a  
17 hypogonadotropic hypogonadism, which is the  
18 presence of low testosterone, but is the result of  
19 GnRH or gonadotropin deficiency, hypothalamic or  
20 pituitary, and it's also called central and  
21 therefore has low testosterone and reduced  
22 gonadotropins. This can be congenital,

1 genes such as the KAL-1 syndrome gene, GnRH  
2 receptor, gonadotropins, many other genes, and also  
3 genes, for example, associated with obesity like  
4 leptin, leptin receptor, and prohormone convertase.  
5 It can be acquired, secondary to pathological  
6 processes, tumors, granulomatosis, infections, and  
7 others.

8           Recently, the term "adult onset  
9 hypogonadism" has been coined, and it is estimated  
10 that the adult onset hypogonadism is a measurable  
11 clinical biological syndrome characterized by low  
12 testosterone with its associated symptoms, but low  
13 or normal gonadotropin levels. So as such, it is  
14 clinically distinct from classical primary and  
15 secondary hypogonadism because the testicular  
16 deficiency is associated with a failure to mount an  
17 adequate compensatory response to the low  
18 testosterone levels. Unclear prevalence of the  
19 syndrome, but it's estimated to be present in  
20 probably more than 5 million men in the USA,  
21 according to some recent reports.

22           This is clearly associated with common

1 comorbidities that we see in our patients. Aging,  
2 it has been described that Leydig cells become less  
3 responsive to gonadotropins and the number of  
4 Leydig cells declines with age. GnRH production  
5 declines with age. In addition, the androgen  
6 negative feedback suppression may be increased.  
7 All of this can disrupt the axis.

8           Obesity can affect fertility via  
9 hypogonadism and its impact on sperm production,  
10 but also atherogenic effects causing erectile  
11 dysfunction, diabetes mellitus type 2, several  
12 medication effects, sleep disruption and stress,  
13 all present in these populations.

14           For example, how does obesity affect  
15 fertility in men? The postulated mechanisms, if  
16 you look at the right side of the slide, the  
17 control of the kisspeptin neuron, which regulates  
18 the GnRH neuron, which of course regulates the  
19 secretion of LH and FSH, this kisspeptin neuron is  
20 regulated by estrogen, which may be increased in  
21 obesity because of aromatization in the periphery  
22 insulin resistance and leptin itself with

1 resistance, which may disrupt therefore the firing  
2 of kisspeptin neurons, thereby affecting GnRH  
3 secretion and creating hypogonadism.

4           The impact of obesity can be further defined  
5 in this slide. There is peripheral increased  
6 aromatization of testosterone, peripheral vascular  
7 disease causing erectile dysfunction, and reduced  
8 sex hormone-binding globulin. All this leads to  
9 reduced sperm count and the question about whether  
10 obesity and/or aging, or a combination, can affect  
11 quality of sperm; for example, as measured by DNA  
12 damage or DNA fragmentation.

13           Another important question that will have to  
14 be answered in the future is the impact on  
15 fertility and metabolism in the next generation by  
16 sperm released under these conditions.

17           This is a study from Europe published  
18 recently on hypothalamic pituitary testicular axis  
19 disruption in older men. As you can see, in the  
20 upper part, you see testosterone levels and free  
21 testosterone levels measured in blood according to  
22 age of the males, 40 to every 5-year intervals.

1 And you see how testosterone levels and free  
2 testosterone levels clearly go down with age with  
3 an apparent inflection point around 70 years for  
4 LH, which is here going up as a result of the  
5 feedback, and the SHBG also going up. This is what  
6 happens in this population of, quote, "aging  
7 males."

8 If you add confounding variables such as  
9 BMI, here you have the same curve of  
10 testosterone/free testosterone, LH, and sex  
11 hormone-binding globulin. But now, according to  
12 percentiles of BMI, in red is the highest BMI. You  
13 can see that all these abnormalities are increased  
14 as the BMI gets higher, therefore it becomes an  
15 important confounding variable to take into  
16 consideration.

17 In the European male aging study, this nice  
18 curve has been used to define the populations of  
19 men studied and ranges from 40 to 80 years of age.  
20 Here you can see this is the level of LH, the  
21 cut-off used for defining hypogonadism or  
22 testosterone around 300 -- picograms -- nanograms

1 per deciliter and LH 9.4 units per liter.

2           Here you have the group of non testosterone  
3 and high LH, that's primary hypogonadism. Low  
4 testosterone and low LH, that's secondary  
5 hypogonadism. This is the group of eugonadism.  
6 This is a particularly interesting group of men  
7 that has what's called compensated hypogonadism.  
8 They have a higher LH, and they're compensating  
9 there by the testicular function. And it's  
10 important that for men with abnormal out of  
11 eugonadism, most of them have secondary  
12 hypogonadism, which is therefore a frequent  
13 observation in this population.

14           How do we treat this disease? Testosterone  
15 replacement therapy has been the primary option,  
16 obviously, unless fertility is a concern or if  
17 there are contraindications to the use of  
18 testosterone. That has to be done with adequate  
19 monitoring taking into consideration risks and  
20 safety. More studies are needed to define exactly  
21 how testosterone should be used. Patients on  
22 testosterone need to be monitored. It's debatable

1 whether this affects many who are not  
2 cardiovascular. This is prostate cancer, cancer,  
3 prostatic hypertrophy, cytositis and infertility.

4           Obviously, I'm speaking more now on the  
5 reproductive side. Infertility is a side effect of  
6 testosterone treatment. Testosterone treatment is  
7 basically a form of male birth control because it  
8 will suppress endogenous LH and FSH production,  
9 which leads to testicular atrophy, both a  
10 seminiferous tubule effect and a Leydig cell  
11 effect, and results in severe oligospermia or  
12 absolute azoospermia, typically within 3 or 4  
13 months of use.

14           The recovery of spermatogenesis, if you're  
15 using testosterone as a birth control and you  
16 discontinue testosterone treatment, is dependent on  
17 the duration and intensity of treatment along with  
18 a baseline fertility status. This is an important  
19 fact to remember, the baseline fertility status.

20           In a study of 200 men, the medium time to  
21 regain sperm counts of more than 20 million was 3  
22 and a half months, and only 46 percent of men

1 returned to a baseline at an average of 6 months.  
2 So there is recovery, but it's variable.  
3 Therefore, it is critical to understand that men  
4 with impaired fertility before initiating  
5 testosterone treatment may remain permanently  
6 azoospermic, and all men of childbearing age should  
7 be asked before the initiation of this therapy,  
8 whether they are considering children or not.

9           It's described in this study that we're  
10 starting to find out that some urologists and other  
11 practitioners report using testosterone to treat  
12 fertility when in reality it is a birth control.

13           This is a nice study coming from China where  
14 you see the changes in sperm concentration. This  
15 is a logarithmic scale of sperm concentrations. So  
16 this would be 100 million sperm per milliliter,  
17 this is 10, and this is 1. This is the number of  
18 months, and this is the participants that were  
19 treated with testosterone, endocrine rate, and this  
20 is in Chinese men.

21           You see the initiation of therapy with good  
22 sperm counts, then there is a suppression phase,

1 efficacy, and then recovery. And you can see the  
2 very dramatic responses in terms of lowering sperm  
3 production from averages of 80 million sperm, down  
4 quickly to under 1 million sperm, and even lower in  
5 azoospermia in some cases, and then recovery  
6 happening in a variable period of time.

7           What are non-testosterone therapies? Well,  
8 if there is hypogonadism and its secondary or  
9 primary, what treatments do we have available?  
10 Gonadotropins are the only FDA-approved medications  
11 to treat hypogonadism. We talk about clomiphene  
12 citrate. We talk about aromatase inhibitors. We  
13 mentioned some other selective estrogen receptor  
14 modulators such as clomiphene itself, and maybe  
15 some products that may be on the horizons such as  
16 selective androgen receptor modulators.

17           What is important in the treatment of men  
18 with hypogonadism that want to preserve testicular  
19 function is the possibility of keeping their  
20 fertility status. That's where I'm going to stop a  
21 little bit on the analysis of the semen.

22           As a reproductive endocrinologist, I'd like

1 to show this slide that is very basic and obvious  
2 to most of us, but it takes two to tango. When you  
3 evaluate the infertile couple, you have to assess  
4 the female and the male at the same time.

5 Fertility is a complex and multifactorial process.

6 Questions are about how do you define  
7 fertility and which endpoints to evaluate. You  
8 evaluate pregnancy and live birth -- these are very  
9 multifactorial processes -- using surrogate  
10 endpoints such as analysis of spermatogenesis and the  
11 semen, which are somehow what we typically do in  
12 reproductive medicine. When we assess our  
13 patients, we talk about the so-called basic semen  
14 analysis. We will manage and base very briefly  
15 sperm function and quality assays to assess sperm  
16 function.

17 The semen analysis has been defined by the  
18 World Health Organization laboratory manual for  
19 many years, and it's the gold standard we all  
20 follow. It is quoted that "semen analysis is used  
21 in both clinical and research settings for  
22 investigating the fertility status of men, as well

1 as monitoring spermatogenesis during and following  
2 male fertility regulation or other interventions."  
3 So it's a good tool as a surrogate endpoint for  
4 fertility.

5           You see here in red the new reference values  
6 published by WHO in the last edition in 2010. For  
7 us that have been working many years in the field,  
8 this is previous data that had resulted in the  
9 previous reference values. What is important here  
10 are the new values of normality for the basic semen  
11 parameters, which are viability, concentration,  
12 total motile sperm, per mL or per ejaculate,  
13 progressive motility, and morphology.

14           These are the results of well-designed  
15 studies looking at men who achieved fertility  
16 within a year. These numbers reflect 95 percent  
17 confidence intervals so that, for example, now the  
18 normal sperm count, or a number that we keep in  
19 mind now, is 15 million sperm per milliliter when  
20 we in the past talked about normal counts being  
21 between 20 and 100 or 200 million per milliliter.

22           What these new numbers mean is that there

1 were men able to achieve pregnancies with as low as  
2 15 million sperm, and this obviously will not apply  
3 to all the population. But these are the numbers  
4 that we follow nowadays, and I think it's important  
5 to assess concentration, motility, total motile  
6 sperm pre-ejaculate, progression of motion, and the  
7 assessment of morphology by the so-called strict  
8 criteria.

9           The strict criteria we think are important  
10 criteria to identify what are the normal forms  
11 versus abnormalities. And looking at the semen  
12 this way, it seemed interesting that even very  
13 fertile individuals have not more than  
14 10-14 percent normal forms in their ejaculates.  
15 Therefore, there is a proportion of sperm that are  
16 being ejaculated that are dysmorphic. I would also  
17 probably call them dysfunctional, and it is  
18 interesting to look at the data from this point of  
19 view also.

20           In vivo, the sperm must go through the  
21 cervical mucous and travel into the fallopian tube  
22 to meet the egg. There are similar processes that

1 appear at this stage that obviously cannot be  
2 identified by the semen analysis, which is just a  
3 short, one view of sperm after ejaculation.

4           There are processes of hyperactivation and  
5 changes in the sperm motility parameters that allow  
6 the sperm to get to the egg, bind, and fertilize  
7 probably under the effects of progesterone and  
8 follicular fluid, released into the fallopian tube,  
9 and then the interaction of the hyperactivated  
10 sperm with the egg to hopefully result in  
11 fertilization.

12           For us that have been investigating sperm  
13 functions after sperm separation, not only in vivo  
14 but also in vitro, we were therefore interested in  
15 knowing more about this critical sperm function at  
16 the level of fertilization. And if this is an egg  
17 surrounded by the zona pellucida -- and that's a  
18 parameter in space -- once the sperm hyperactivates  
19 and gets to the egg, they will bind to the zona  
20 pellucida in a very specific manner.

21           They will undergo the so-called zona  
22 pellucida induced acrosome reaction that allows

1 them to penetrate the zona to then get into the  
2 perivitelline space, and now fuse the rim of the  
3 oocyte to then penetrate the egg. That's done by a  
4 single sperm in the normal situation. And that  
5 leads to many processes resulting in egg activation  
6 through calcium movements inside the egg,  
7 pronuclear formation, and embryogenesis starts.  
8 All of these processes can be investigated somehow  
9 in the assessment of extended semen analysis  
10 in vitro, but these are very difficult endpoints  
11 for any clinical trial.

12           The analysis of ejaculated sperm relies  
13 today on basic semen analysis. There are some  
14 sperm function tests, but even though they do  
15 exist, they are very cumbersome and difficult to  
16 perform clinically. There are other assays to  
17 assess sperm quality, and one of the interesting  
18 topics today is the examination of chromatin  
19 structure and DNA integrity and fragmentation.

20           The so-called sperm function tests are  
21 nothing but bioassays of gamete interactions. WHO  
22 has now defined them as research procedures, so

1 they're not clinically daily procedures done in any  
2 lab. They are sperm-zona pellucida binding assays,  
3 acrosome reaction assays, and others, but these are  
4 not clinical in the clinical setting approved for  
5 it.

6 We also investigated age and semen quality.  
7 As men age, is it like wine? Is it wine and  
8 cognac? Do we get better with time, or is there a  
9 point where we're over the hill and nothing is  
10 going to follow in terms of fertility, or sperm  
11 production, or sperm quality?

12 Some studies have been done showing -- this  
13 is a particular study in 2003. Showing here, we  
14 have volume. We have multiple sperm parameters  
15 according to age, 20, 40, 60 years of age. You see  
16 a decline in volume, sperm motility, concentration,  
17 progressive motility, this is total count, and  
18 total morphology -- total progressively motile  
19 sperm.

20 So the trend is obvious for all the sperm  
21 parameters, and applying statistics, volume and  
22 progressive motility are clearly statistically

1 declining factors with age. That's another factor  
2 to take into consideration.

3           This is I think a very good study showing  
4 the relationship between middle age and some of the  
5 selected genomic difference in sperm. This is age  
6 at 20, 40, 60 years. This reflects DNA  
7 fragmentation. This is done through the sperm  
8 chromatin structure assay. It's a flow cytometry  
9 assay taking care of the structure of the  
10 chromatin.

11           This is PCR for achondroplasia genes, so  
12 these are potential mutations that would increase  
13 with age. This is analyzing sperm with fluorescent  
14 in situ hybridization for chromosomes X, Y, and 21,  
15 showing the following.

16           There's a clear increase in DNA  
17 fragmentation as assessed by this assay with age.  
18 There's a clear increase and statistically  
19 significant increase in the presence of some  
20 mutations. And there is another association with  
21 aneuploidy, which is a very interesting factor and  
22 is clearly different from what happens in the

1 female counterpart. These elements are also to be  
2 taken into consideration as we move on to try to  
3 help men of more advanced age achieve pregnancy.

4 Now, do sperm DNA integrity tests predict  
5 pregnancy with IVF? I feel honored to have  
6 Dr. Schlegel here in this audience who was an  
7 author in this article. But if you compare sperm  
8 chromatin assay flow cytometry and TUNEL  
9 assay -- we worked more on the TUNEL assay, and  
10 there are many studies published in the literature  
11 to see how they would predict, in these cases, IVF.  
12 There are no studies for natural fertility.

13 The answers were, and the American Society  
14 for Reproductive Medicine Committee Opinion  
15 confirmed, that the existing data do not support a  
16 consistent relationship between abnormal DNA  
17 integrity tests and reproductive outcomes. At  
18 present, the results of sperm DNA testing alone do  
19 not predict pregnancy rates achieved through  
20 natural conception or intrauterine insemination,  
21 in vitro fertilization, or ICSI, intracytoplasmic  
22 sperm injection. They are wonderful research

1 tools, and we keep doing research, but there are no  
2 thresholds or even methods that are universally  
3 approved to indicate which are the best tests.

4           So if we go back to the treatment of  
5 hypogonadal states, for non-testosterone therapies,  
6 keeping in mind central cases can be treated by  
7 exogenous gonadotropins, so they are FDA approved.  
8 And I will go and touch upon these ones, and  
9 Clomid, and aromatase inhibitors in the next  
10 slides.

11           These are all the studies but still very  
12 elegant and show their point very well. These are  
13 men that have hypogonadotropic hypogonadism, and  
14 these men are particularly men with -- or secondary  
15 men that have idiopathic hypothalamic hypogonadism  
16 and Kallmann syndrome, and are treated with GnRH  
17 pump or a combination of hCG and hMG. hCG is LH.  
18 hMG is a combination of FSH and LH.

19           You can see that when you start treating  
20 these men that have hypogonadism, hypogonadotropic  
21 hypogonadism, the volume of the semen of the testes  
22 increases rapidly considering the initial volume

1 before therapy. This is manifested well after,  
2 quickly, in appearance of sperm.

3           These are men with azoospermia, and you see  
4 here the appearance of first sperm in the  
5 ejaculate. This is duration of treatment in  
6 months. These are different types of these cases  
7 of hypogonadism. But to make a long story short,  
8 you see appearance of sperm in 4 months, 6 months,  
9 and duration of treatment until pregnancy around 6  
10 months to 10 months.

11           So these are wonderful cases to treat  
12 because you go from azoospermia to certain levels  
13 of sperm resulting in pregnancy in a few months.  
14 This is because the testicular function is intact  
15 in these men. And this slide shows that very well  
16 because if you see the duration of treatment and  
17 the sperm concentration needed to achieve a  
18 pregnancy, you can see that with lower counts under  
19 15 million sperm, many of these men were able to  
20 achieve pregnancy.

21           This is important to remember, but also to  
22 remember that in these cases, these men probably

1 have normal testicular function and can quickly  
2 achieve pregnancies relatively quickly with lower  
3 than expected sperm counts, which may not be the  
4 case at all for other populations that have  
5 dysfunctional spermatogenesis, aging, diabetes, and  
6 obesity.

7 Other therapeutical alternatives will be  
8 discussed later. An alternative approach is to use  
9 selective estrogen receptor modulators such as  
10 Clomid, which is used off label. This is not an  
11 FDA-approved medication. Clomid is a mixture of  
12 enclomiphene citrate, which is the trans-isomer and  
13 cis-isomer. They are different because in Clomid,  
14 the trans-isomer has antagonistic properties in the  
15 receptors, and the cis is an agonist and has a very  
16 long half-life, and that has been more implicated  
17 in women with potential effects, secondary effects.  
18 Industry has looked at, for example, enclomiphene  
19 citrate as a way to go because of these properties.

20 Clomiphene acts at the hypothalamic  
21 pituitary level as an anti-estrogen, therefore  
22 increases the release of gonadotropins. Aromatase

1 inhibitors on the other hand, such as letrozole, or  
2 commercially known as Femara, these are type 2  
3 inhibitors, non-steroidal competitor inhibitors  
4 such as anastrozole or letrozole, and act in a very  
5 different way because they are inhibitors of  
6 peripheral aromatases, but they also lead to  
7 selective estrogen suppression.

8           This slide review is how these medications  
9 work: the hypothalamus, pituitary, sertoli cell,  
10 Leydig cell, GnRH, FSH, LH, and distortion of the  
11 negative feedback and estrogen feedback.

12 Clomiphene citrate acts through the hypothalamus  
13 pituitary as an anti-estrogen, selective estrogen  
14 receptive modulator, whereas aromatase inhibitor  
15 will act in the gonad to suppress the aromatase  
16 enzyme that converts testosterone to estradiol,  
17 therefore decreasing this negative feedback.

18           Important facts to remember in the global  
19 process of spermatogenesis, high levels of  
20 intratesticular testosterone are necessary for  
21 normal spermatogenesis. In men, it appears that  
22 estrogen derives mainly from aromatization of

1 testosterone in adipocytes. But remember,  
2 aromatase is present in bone, brain, and the  
3 hypothalamus.

4           There are animal studies to suggest that  
5 high intratesticular estrogen levels may impair  
6 steroidogenesis and spermatogenesis, so this could  
7 be an important element to take into consideration  
8 when treating some patients. Despite success in  
9 some studies, but not all, there are no long-term  
10 data evaluating the efficacy of aromatase  
11 inhibitors, and therefore their use cannot be  
12 routinely recommended at this time.

13           If you look at the selective estrogen  
14 receptor modulators and you look at aromatase  
15 inhibitors, anastrozole and letrozole, these act  
16 through aromatase inhibitors and estrogen  
17 receptors. All of them will increase testosterone,  
18 and all of them will increase LH. But the  
19 anti-estrogens will increase estrogen, but the  
20 aromatase inhibitors will decrease estrogen, and  
21 that could be of importance in certain men, as it  
22 reflects it may be a better outcome related to

1 spermatogenesis, may be.

2           A multicenter prospective study using  
3 enclomiphene citrate versus AndroGel, so versus  
4 testosterone -- this is clomiphene citrate and  
5 Clomid, the trans-isomer versus testosterone. You  
6 can see how treating these hypogonadal men versus  
7 placebo, both medications increased testosterone,  
8 clomiphene more than testosterone itself.  
9 Obviously, if you look at gonadotropins,  
10 testosterone will decrease LH, but Clomid will  
11 increase LH through the receptor antagonism. And  
12 if you look at sperm count -- that's a very  
13 interesting part of this study.

14           These are two studies, but let's just  
15 concentrate on this left-sided study, looking at  
16 mean sperm concentration of men treated, in green  
17 is baseline and light green is 16 weeks of  
18 treatment and varies with percentage change. You  
19 can see that clomiphene will maintain sperm  
20 production in these cases. Testosterone will  
21 decrease negatively, absolutely, so that clearly  
22 clomiphene citrate will increase testosterone and

1 LH and probably maintain spermatogenesis.

2 In this case, these are comparisons of  
3 clomiphene citrate and an aromatase inhibitor.  
4 It's a randomized prospective, double-blind trial  
5 assessing testosterone in hypogonadal infertile  
6 men. And you can see that both compounds, Clomid  
7 and aromatase inhibitor, will increase testosterone  
8 as expected. This is anastrozole, and they both  
9 will increase testosterone to estradiol ratio,  
10 which may or not be a parameter to follow up in  
11 these patients, more Clomid than the aromatase  
12 inhibitor.

13 If you look at the semen analysis in these  
14 individuals, these are individuals that start with  
15 a concentration baseline, a sperm number around  
16 30 million. These are not oligospermic men, but  
17 both compounds will maintain the production of  
18 sperm while increasing testosterone and LH.

19 Swerldoff and others have come up with a  
20 list of emerging medications for treating male  
21 hypogonadism. This is probably not a complete  
22 list, but we see here the interest of

1 pharmaceutical companies in developing other  
2 androgens, other selective estrogen receptor  
3 modulators.

4           It was interesting to see also SARMs,  
5 selective androgen receptor modulators, so that one  
6 could hypothesize on the presence of a compound  
7 that has testosterone effects that are good for  
8 spermatogenesis on the skin but are negative  
9 effects; for example, regarding the prostate and  
10 other potential side effects of this compound such  
11 as similar to what we see in women where raloxifene  
12 is a SERM that has inhibitory effects on breasts  
13 and endometrium but protects bone. So the  
14 manipulation of these compounds would be easily  
15 targeted -- well, could be targeted to compounds  
16 that affect different points in this whole system.

17           If the objective of a drug in men with  
18 secondary hypogonadism is to maintain fertility,  
19 then the questions become, first, it's important to  
20 have knowledge on the prior fertility status of the  
21 gentleman, presence of comorbidities, are we going  
22 to look at changes in semen parameters,

1 establishment of pregnancy and time to pregnancy.

2           The goal of treatment should be -- by any  
3 given drug, whether it's central, hypothalamic  
4 pituitary, or peripheral -- testicular effect on  
5 looking at sperm numbers, or function, maybe DNA or  
6 others, and try to stimulate fertility and what are  
7 the sperm thresholds to be considered.

8           Pregnancy, we'll define it as a  
9 multifactorial issue, therefore much more difficult  
10 to analyze, and if we're going to study natural  
11 conceptions, or like was mentioned before by  
12 Dr. Joffe, what about the fact that today,  
13 reproductive endocrinologists can, in the treatment  
14 of male and female infertility, offer different  
15 therapeutic options from urological interventions,  
16 medical, inseminations, or IVF?

17           Today was a wonderful tour of  
18 intracytoplasmic sperm injection, and we can do the  
19 treatment with very low sperm counts. But again,  
20 this is a big overview of this interesting question  
21 that this panel is analyzing, and I want to thank  
22 you again for the invitation. Thank you.

1 Clarifying Questions to the Guest Speaker

2 DR. LEWIS: Thank you, Dr. Oehninger. Could  
3 you take a few questions? Yes.

4 Are there any clarifying questions for  
5 Dr. Oehninger? And if you do have any questions,  
6 please state your name first for the record before  
7 speaking. Dr. Burman?

8 DR. BURMAN: Ken Burman. Just a clarifying  
9 question on page 13, slide 26. In the new WHO  
10 guidelines 2010, the morphology, 4 percent with the  
11 variation given, is that 4 percent normal?

12 DR. OEHNINGER: Yes. That's the new  
13 threshold of normal sperm forms. The WHO has  
14 agreed. This is analyzing the sperm with the  
15 so-called strict criteria, which most fertility  
16 clinics probably have adopted by now.

17 DR. BURMAN: Thank you.

18 DR. LEWIS: Dr. Hanno?

19 DR. HANNO: Thank you. Phil Hanno. What is  
20 your take on giving such importance to the etiology  
21 of low testosterone in terms of how to treat it or  
22 whether to treat it? I'm just interested in that.

1 How do you see that?

2 In other words, primary -- classic versus  
3 not classic?

4 DR. OEHNINGER: I think the significance is  
5 to determine the etiologies because if you are able  
6 to treat a primary cause such as pituitary tumor,  
7 then you have another way of treating the patient.  
8 So in that regard, always it would be better to  
9 know for sure.

10 DR. HANNO: Right. But if someone comes in  
11 with a low testosterone and they don't have a  
12 primary cause, do you lean more toward not treating  
13 that person or -- like how do you see that as being  
14 the crux of the issue as we've heard earlier?

15 DR. OEHNINGER: Well, I see more -- the  
16 couples that I see more are more for  
17 fertility-oriented couples. So in the non-fertile  
18 population, I think it all depends on the severity  
19 of the signs of deficiency of testosterone. So  
20 once you reach certain thresholds, you probably  
21 want to treat them given the right medication to  
22 treat them.

1 DR. LEWIS: Dr. Braunstein?

2 DR. BRAUNSTEIN: Glen Braunstein. We know  
3 from the studies from the European male aging  
4 study, that if you take obese individuals and have  
5 them lose weight, their testosterone goes up.

6 Do you know the effect of weight loss in  
7 obese individuals on semen parameters?

8 DR. OEHNINGER: Good question. I think we  
9 need more studies to address that question. I  
10 don't know of any real data that addresses that.  
11 When we deal with these men, definitely weight loss  
12 is a way of trying to approach the problem just  
13 like treating the female with PCO and obesity to  
14 lose weight. But I think we need more studies to  
15 know how much weight loss influences any sperm  
16 recovery, depending on testosterone.

17 DR. LEWIS: Thank you. Ms. Sorscher?

18 MS. SORSCHER: So you had on slide 40 and 41  
19 a study involving gonadotropin releasing hormone in  
20 azoospermic men. Have there been any other studies  
21 involving men with low sperm count, oligospermia,  
22 where any agent has increased fertility or shown

1 signs of doing that?

2 DR. OEHNINGER: Well, yes. These are  
3 particular men that have hypothalamic pituitary  
4 hypogonadism, and those are the ones that will  
5 respond very well to exogenous -- typically will  
6 respond very well to exogenous testosterone. But  
7 in the majority of patients we see in the fertility  
8 clinic, these are not -- many of them do not have  
9 any pituitary deficiency. They have normal FSH/LH.

10 In those men with oligospermia, or severe  
11 oligospermia, that have normal FSH/LH, we and many  
12 others have tried exogenous gonadotropins. Those  
13 usually do not result in any improvement in sperm  
14 count in those cases, normal gonadotropin men.

15 MS. SORSCHER: And you didn't find anything  
16 in the literature addressing that population with  
17 the --

18 DR. OEHNINGER: Say that again.

19 MS. SORSCHER: You're describing clinical  
20 practice, but I was asking if there were any  
21 published studies?

22 DR. OEHNINGER: Yes, there are published

1 studies. Yes.

2 MS. SORSCHER: And there's no effect on  
3 sperm count for men --

4 DR. OEHNINGER: Right. Yes.

5 DR. LEWIS: Thank you. Dr. Sandlow?

6 DR. SANDLOW: Hi. Jay Sandlow. I would  
7 like to clarify the reference ranges for the new  
8 WHO guidelines. That 15 million per milliliters,  
9 actually the 5th percentile of fertile men, so that  
10 would not be something we would consider normal  
11 sperm count. So I think we have to take that in  
12 consideration when we're talking about endpoints.

13 DR. OEHNINGER: Yes.

14 DR. LEWIS: Dr. Schlegel?

15 DR. SCHLEGEL: Just to clarify, certainly  
16 there are a number of published studies that have  
17 looked at azoospermic men with attempts to treat  
18 them either with gonadotropins, or SERMs, or  
19 aromatase inhibitors. And unfortunately, most of  
20 those studies were uncontrolled, so there's a small  
21 proportion of men who are azoospermic with medical  
22 therapy who will have sperm detected in the

1 ejaculate. There's also some control patients who  
2 probably would have it detected as well. So the  
3 efficacy is not well demonstrated, but it's been  
4 published in a number of different studies.

5 DR. LEWIS: I'll go, and then you can go. I  
6 think this was a really good overview. Thank you.  
7 I do have one sort of general question/comment.  
8 You talk a lot about a repletion of testosterone,  
9 and I assume you're talking about total  
10 testosterone. Could you comment on the importance  
11 of free versus total, especially for an obese  
12 population?

13 DR. OEHNINGER: Well, I think that those are  
14 points also that are somewhat controversial,  
15 whether you measure the morning testosterone or you  
16 measure 24-hour testosterone, and how significant  
17 it is to assess the testosterone to estrogen ratio.

18 I think that we deal more with the  
19 definition of testosterone with the morning  
20 testosterone measure under 300 nanograms per  
21 deciliter. It's an interesting question, but I  
22 cannot give you a straightforward answer there.

1 DR. LEWIS: Thank you. Dr. Chai?

2 DR. CHAI: Toby Chai. I was wondering, are  
3 there any ways to determine the resilience of a  
4 hypothalamus pituitary testicular axis, any testing  
5 to look at the reserve or response, and look at  
6 that phenotype and look at who might be treated?

7 DR. OEHNINGER: Are you talking about  
8 central causes where there is hypothalamic  
9 pituitary deficiency?

10 DR. CHAI: Well, that could be part of it.  
11 I was just thinking about the whole unit as a unit  
12 to test and probe who might be more responsive,  
13 because the concept is this isn't I think a uniform  
14 state of one or the other, and there's probably a  
15 range within the different types, whether it's  
16 primary or -- well, obviously primary is testicular  
17 failure, but in terms of secondary --

18 DR. OEHNINGER: Right. But even within the  
19 central, there are variations. But the definition,  
20 if we agree, is not of adult onset hypogonadism  
21 where the pituitary levels may be normal or not.  
22 So there are degrees of this abnormality. So I'm

1 not sure how you can re-identify or create an  
2 algorithm to define those differences.

3 DR. LEWIS: Anyone else?

4 (No response.)

5 DR. LEWIS: Okay. Thank you.

6 At this point, we'll move on to the industry  
7 presentations.

8 Both the Food and Drug Administration and  
9 the public believe in a transparent process for  
10 information-gathering and decision-making. To  
11 ensure such transparency at the advisory committee  
12 meeting, FDA believes it is important to understand  
13 the context of an individual's presentation. For  
14 this reason, FDA encourages all participants,  
15 including the applicant's non-employee presenters,  
16 to advise the committee of any financial  
17 relationships that they may have with the  
18 applicant, such as consulting fees, travel  
19 expenses, honoraria, interest in a sponsor,  
20 including equity interest and those based upon the  
21 outcome of the meeting.

22 Likewise, the FDA encourages you at the

1 beginning of your statement to advise the committee  
2 if you do not have any such financial  
3 relationships. If you choose not to address this  
4 issue of financial relationships at the beginning  
5 of your presentation, it will not preclude you from  
6 speaking.

7 We will now proceed with industry  
8 presentations.

9 Presentation - Michael Wyllie

10 DR. WYLLIE: Good morning, and thank you  
11 very much. My name is Dr. Mike Wyllie. I'm a  
12 simple scientist. I have no clinical perspective.  
13 And my role here is actually to moderate what I  
14 hope is going to be an action-packed hour or so.  
15 By way of disclosure -- and I will make a  
16 disclosure on behalf of everyone at the end of the  
17 presentation, but I am actually on the Repros  
18 Board.

19 First of all, I would like to thank  
20 Dr. Joffe and his colleagues for setting up this  
21 forum with a very, very clear agreement. I think  
22 we all know why we're here and what's expected of

1 us. I just want to reiterate for the record that  
2 although we have this in several occasions, the  
3 objective is we're here to discuss the appropriate  
4 clinical trial design features, including  
5 acceptable endpoints for demonstrating clinical  
6 benefit for drugs intended to treat secondary  
7 hypogonadism while preserving or improving  
8 testicular function, including spermatogenesis.

9           So what about the presentations you're going  
10 to hear over the next few minutes? Our  
11 presentations are designed to give the panel enough  
12 information to help the discussions and answer the  
13 questions. This is a wee bit unusual, the Scots  
14 would say as well, not because this is not really a  
15 product-oriented outcome, but it's a non-product  
16 oriented outcome that covers three different drug  
17 classes, different indications, and potentially  
18 different proposals.

19           The sponsors are itemized here. There's MHB  
20 Labs, and they have a novel formulation of hCG.  
21 Veru, they're going to make a presentation as well  
22 of talking about SERM for infertility. And then

1 bringing up the rear is Repros. They're going to  
2 talk about estrogen antagonist for  
3 obesity-associated secondary hypogonadism.

4           So this could take forever, but we're in a  
5 fortunate position that all three companies  
6 obviously agree on the need for non-testosterone  
7 therapies, so that's the starting point. So what  
8 we're then going to do is to try and condense as  
9 much of the generalities into an overview at the  
10 start, and then we're going to look at each sponsor  
11 and give them a few minutes to talk about their own  
12 particular potential clinical trial design;  
13 otherwise, it would be a little bit like trying to  
14 describe the whole of incontinence in one talk,  
15 when we know there's stress incontinence,  
16 overactive bladder, and lots of associated with  
17 BPH. We think that's the easiest way to do this,  
18 and I hope that everyone feels that is appropriate.

19           Here's the agenda. An apology for those  
20 that looked at the published agenda. There's a  
21 slight change in the order but not in the handout  
22 given to the agency, so it's as you're looking at

1 just now. And in terms of disclosure, as I  
2 promised, there are the presenters here, all the  
3 experts, and there are a few experts apart from the  
4 ones in the panel sitting behind you as well. All  
5 are either company employees or have received  
6 expenses to come to this meeting and also in  
7 recognition if there's any lost time in their  
8 clinical practice.

9 So at this point, hopefully I've given you  
10 the introduction and our objectives, and we'll  
11 start with the formal agenda, so over to Dr. Khera.

12 Presentation - Mohit Khera

13 DR. KHERA: Good morning. I'm Mohit Khera.  
14 I'm a practicing academic urologist at Baylor  
15 College of Medicine in Houston, Texas. Today, I'd  
16 like to discuss treatment considerations for  
17 secondary hypogonadism.

18 First, I would like to define secondary  
19 hypogonadism. Secondary hypogonadism, also known  
20 as hypogonadotropic hypogonadism, is defined by low  
21 serum testosterone concentrations in association  
22 with low or normal serum concentrations of

1 luteinizing hormone. Testosterone may be  
2 inappropriate for the treatment of many cases of  
3 secondary hypogonadism. There is a clinical need  
4 for non-testosterone to treat secondary  
5 hypogonadism.

6           There are several disadvantages with  
7 testosterone supplementation. These include  
8 suppression of testicular androgen production;  
9 suppression of spermatogenesis that may cause  
10 infertility; increased risks of androgen abuse and  
11 dependence; and finally increased risk of  
12 transference to children and women.

13           There are three non-testosterone approaches  
14 for treating secondary hypogonadism, which I'd like  
15 to present to you today. The first is direct  
16 stimulation of testicular Leydig cells, the second,  
17 estrogen receptor antagonists, and finally  
18 selective estrogen receptor modulators, also known  
19 as SERMs.

20           There are several advantages of  
21 non-testicular formulations over conventional  
22 testosterone formulations. These include

1 preservation of testicular volume; maintenance or  
2 improvement in spermatogenesis; decreased potential  
3 for misuse and abuse; and finally, a decreased  
4 potential for accidental transference.

5           In order to understand the mechanism of  
6 these non-testosterone formulations, one must  
7 understand the hypothalamic pituitary gonadal  
8 axis. GnRH is secreted from the hypothalamus in  
9 a pulsatile fashion. This in turn increases LH and  
10 FSH secretion from the anterior pituitary. FSH  
11 stimulates sertoli cells, which then produces  
12 testosterone -- excuse me, sperm from the  
13 testicles, and LH stimulates Leydig cells, which  
14 then produces testosterone. Both testosterone and  
15 estrogen negatively feed back on the hypothalamus  
16 and anterior pituitary, resulting in a decrease in  
17 FSH and LH, and thus a decrease in testosterone and  
18 sperm production.

19           The mechanisms of these three non-  
20 testosterone formulations are depicted in this  
21 illustration. The first formulation involves using  
22 products that would directly stimulate LH

1 production and bypass the hypothalamus and the  
2 anterior pituitary.

3           The second formulation is a estrogen  
4 receptor antagonist, which blocks estrogen  
5 receptors in the hypogonadism and anterior  
6 pituitary. This in turn inhibits the negative  
7 feedback from estrogen and results in an increase  
8 in LH and FSH. And finally, SERMs, which also bind  
9 to estrogen receptors in the hypothalamus and  
10 anterior pituitary. SERMs serve as antagonists  
11 within the brain and have very similar mechanisms  
12 of action as estrogen receptor antagonists.

13           The first non-testosterone approach is  
14 direct stimulation of testicular Leydig cells. The  
15 goal is to stimulate LH receptors on testicular  
16 Leydig cells to produce testosterone. Human  
17 chorionic gonadotropin, or hCG, directly binds LH  
18 receptors in the testis and stimulates Leydig cell  
19 production of testosterone. hCG has also been  
20 shown to be an effective treatment for restoring  
21 serum testosterone levels in the normal range. hCG  
22 has long been used for the treatment of male

1 infertility.

2           The second approach is the use of estrogen  
3 receptor antagonists. Estrogen receptor  
4 antagonists block estrogen receptors in the  
5 hypothalamus and pituitary. These antagonists  
6 block the normal negative feedback of circulating  
7 estradiol. The net result is an increase in LH  
8 secretion, which leads to an increased testosterone  
9 production.

10           The third approach is the use of SERMs.  
11 SERMs competitively bind to estrogen receptors in  
12 the hypothalamus and pituitary gland. SERMs differ  
13 from pure estrogen receptor agonists and  
14 antagonists in that their action is different in  
15 various tissues. It's important to realize that in  
16 the brain, SERMs act as antagonists. The net  
17 result is an increase in LH secretion, which leads  
18 to increased testosterone production. Some studies  
19 have found improvement in sperm production with the  
20 use of SERMs.

21           Next, I would like to discuss the advantages  
22 of treating secondary hypogonadism with non-

1 testosterone formulations. The first advantage is  
2 the maintenance or improvement in spermatogenesis.  
3 Realize that exogenous testosterone serves as a  
4 natural contraceptive. Exogenous testosterone  
5 significantly decreases LH and FSH production from  
6 the anterior pituitary, which subsequently results  
7 in decreased production of sperm and testosterone  
8 from the testis. The end result can be azoospermia  
9 and testicular atrophy.

10 In an earlier study by the WHO, they  
11 assessed the use of testosterone therapy for male  
12 contraception. They gave 271 men 200 milligrams of  
13 testosterone enanthate every week. Sixty-five  
14 percent of these men became azoospermic at  
15 6 months. The mean time to azoospermia was  
16 120 days. In terms of sperm recovery, 84 percent  
17 were able to achieve a sperm density of greater  
18 than 20 million at a median of 3.7 months.  
19 However, only 46 percent of men were able to return  
20 to a baseline sperm density at an average of  
21 6.7 months.

22 The second advantage is preservation of

1 testicular volume. In this earlier study by  
2 Palacios et al., they assessed the effects of  
3 exogenous testosterone on testicular volume.  
4 Thirty-nine hypogonadal men were treated with  
5 200 milligrams of testosterone enanthate weekly or  
6 bi-monthly for 4 months. Fifty-four percent of the  
7 men had testicular atrophy at 4 months.

8 In those men who were treated with weekly or  
9 bi-monthly testosterone enanthate, they experienced  
10 a 19 percent and 16 percent loss in testicular  
11 volume, respectively. Of the 46 percent of men  
12 that did not experience testicular atrophy, up to  
13 12 additional weeks of testosterone therapy  
14 resulted in a 23 percent loss in testicular volume  
15 in 76 percent of these men. A decrease in  
16 testicular volume was directly related to a  
17 decrease in sperm count.

18 The third advantage is decreased potential  
19 for misuse and abuse of testosterone therapy. This  
20 year, the FDA added a new warning regarding the  
21 risk associated with abuse and dependence of  
22 testosterone in other anabolic androgenic steroids.

1 Unlike conventional testosterone formulations,  
2 non-testosterone formulations rely solely on the  
3 testicles' ability to produce testosterone. Thus,  
4 non-testosterone formulations are unlikely to  
5 achieve supraphysiologic levels of serum  
6 testosterone as seen with exogenous testosterone  
7 formulations.

8           The last advantage is the decreased risk of  
9 transference. As many of you are aware, topical  
10 testosterone products carry a black box warning for  
11 the risk of secondary exposure and transference.  
12 Non-testosterone formulations would not carry this  
13 same risk.

14           I would like to summarize with these last  
15 two slides. There are several distinctions between  
16 conventional testosterone formulations, such as  
17 testosterone gels and injections, and  
18 non-testosterone formulations, which I've discussed  
19 previously. All of these formulations restore  
20 serum testosterone levels. However, while  
21 conventional testosterone products have been show  
22 to suppress spermatogenesis, non-testosterone

1 formulations could potentially maintain or restore  
2 spermatogenesis.

3           Similarly, while conventional testosterone  
4 products have been shown to suppress  
5 intratesticular testosterone production,  
6 non-testosterone formulations could potentially  
7 maintain or restore intratesticular testosterone  
8 production.

9           As discussed earlier, treatment with  
10 conventional testosterone formulations can result  
11 in testicular atrophy, while non-testosterone  
12 formulations could potentially maintain and restore  
13 testicular volume. And finally, testosterone gels  
14 currently carry the risk of transference and  
15 potentially would not be seen with non-testosterone  
16 formulations.

17           Thank you for your attention. Next, I'd  
18 like to introduce Dr. Edward Kim, professor of  
19 urology at the University of Tennessee, to discuss  
20 sperm concentration endpoints for fertility.

21                           Presentation - Edward Kim

22           DR. KIM: Good morning. I am Edward Kim,

1 and I am a practicing urologist in Knoxville,  
2 Tennessee. I will be discussing why sperm  
3 concentration as a measure of impaired  
4 spermatogenesis is an appropriate treatment  
5 endpoint for infertile men with hypogonadotropic  
6 hypogonadism. I will then provide a specific  
7 example of how sperm concentration can be used in a  
8 clinical trial.

9 I'd like to start out first with the  
10 Endocrine's Society Guidelines definition of  
11 hypogonadism. This guideline states that  
12 hypogonadism in men is a clinical syndrome that  
13 results from the failure of the testis to produce  
14 physiologic levels of testosterone. This is the  
15 androgen deficiency component and a normal number  
16 of spermatozoa due to disruption of one or more  
17 levels of the hypothalamic pituitary testicular  
18 axis.

19 The important point from this definition is  
20 that an abnormal sperm concentration is an  
21 important criterion for determining the presence of  
22 hypogonadism in infertile men. Although sperm

1 concentration is not necessary or used clinically  
2 for evaluating the broad population of hypogonadal  
3 men, its use is critical for assessing the severity  
4 and guiding treatment decisions in male factor  
5 infertility.

6           The next definition that should be  
7 highlighted is infertility. According to the  
8 American Society of Reproductive Medicine,  
9 infertility is the inability to achieve a pregnancy  
10 through natural means after one year of trying.  
11 Natural means does not refer to intrauterine  
12 insemination or in vitro fertilization, also known  
13 as IVF.

14           In some form, the male factor is  
15 contributory to 50 percent of infertile couples.  
16 When looking at men with infertility,  
17 oligozoospermia, and hypogonadotropic hypogonadism,  
18 we recognize that this subgroup of men is  
19 relatively small. By our estimation, 16,000 to  
20 56,000 U.S. men may have this condition annually.  
21 For clinicians, this presentation is well  
22 recognized because we commonly evaluate this

1 population with a testosterone level.

2           The semen analysis has become the key  
3 clinical laboratory test for male factor  
4 infertility. For example, the American Society of  
5 Reproductive Medicine states that semen analysis is  
6 the cornerstone of the laboratory evaluation of the  
7 infertile male and helps to define the severity of  
8 the male factor.

9           According to the World Health Organization's  
10 fifth edition laboratory manual, also known as the  
11 WHO manual, semen quality is accepted as a  
12 validated measure of male fertility in reproductive  
13 toxicology, epidemiology, and pregnancy risk  
14 assessments.

15           Sperm concentration is a direct measure of  
16 spermatogenesis. Clinicians use sperm  
17 concentration as an important endpoint for  
18 decision-making, referrals, and use of assisted  
19 reproductive procedures. As an example, we use  
20 sperm concentration, not motility, morphology, or  
21 total motile count, as the primary basis for  
22 genetic testing or for further consideration of

1 endocrine evaluation.

2           The WHO manual for the evaluation of human  
3 semen is the recognized reference for a normal  
4 semen analysis. A sperm concentration of greater  
5 than or equal to 15 million sperm per milliliter is  
6 considered to be normal. The term  
7 "oligozoospermia" is impaired sperm production  
8 below the lower reference limit of normal. The  
9 clinical relevance is that oligozoospermia  
10 correlates with reduced spontaneous fertility in  
11 the male. Oligozoospermia is a primary basis for  
12 interventional treatments such as assisted  
13 reproductive techniques, namely intrauterine  
14 insemination, also known as IUI, and IVF.

15           I would note that the WHO manual does not  
16 reference total motile count as a clinically useful  
17 assessment of fertility as there is no consensus as  
18 to what constitutes a normal total motile sperm  
19 count. Of all the parameters that likely relate to  
20 natural pregnancy outcomes, sperm count and  
21 morphology are the only parameters that have been  
22 associated with time to natural pregnancy.

1 Motility is less predictive. For men who  
2 have oligozoospermia and hypogonadotropic  
3 hypogonadism as a cause for male factor  
4 infertility, improvement in sperm concentration is  
5 an acceptable clinical benefit. To understand the  
6 clinical relevance of sperm concentration in male  
7 infertility, let's take a look at how the WHO  
8 defined reference ranges of normal.

9 The WHO studied fertile men from 14  
10 countries who were able to initiate a spontaneous  
11 pregnancy within 12 months. The study of fertile  
12 men was a significant and meaningful advance from  
13 the 4th edition manual. The key finding that is  
14 used clinically is 15 million sperm per milliliter.

15 Fifteen million sperm per milliliter is the  
16 5th centile for sperm concentration in men who  
17 fathered a child within 12 months of unprotected  
18 sexual intercourse. This methodology was  
19 determined to be an acceptable analysis for  
20 determination of a normal reference range with an  
21 outcome of spontaneous pregnancy. In contrast,  
22 total motile count does not correlate with

1 spontaneous pregnancy, but with a more invasive  
2 treatment known as IUI.

3 Treatment for oligozoospermic men with  
4 hypogonadism should not be measured by a couple's  
5 outcome, but by rather the improvement in sperm  
6 concentration. Analysis of pregnancy rates results  
7 in the introduction of female factors that  
8 confounds interpretation of effects of a drug on  
9 spermatogenesis. Hypogonadism is defined as an  
10 abnormal number of spermatozoa and diminished  
11 production of testosterone, not by the inability to  
12 initiate a pregnancy.

13 Sperm concentration correlates with time to  
14 spontaneous pregnancy. An increasing sperm  
15 concentration was directly linked with an  
16 increasing probability of conception up to  
17 55 million sperm per milliliter. In other words,  
18 the higher the sperm count, the quicker the time to  
19 pregnancy. These results confirm what we see in  
20 clinical practice. This is why our goal is to  
21 improve sperm counts.

22 There has been debate about the use of total

1 motile sperm count as an outcome measure for male  
2 fertility. With this table, I'd like to highlight  
3 several important differences. First, there's no  
4 accepted normal for total motile sperm count. In  
5 contrast, a normal sperm concentration has been  
6 defined as greater than or equal to 15 million  
7 sperm per milliliter by the WHO.

8           Second, sperm concentration was defined by  
9 the WHO as a measure of spontaneous pregnancy.  
10 Total motile sperm count has been used as a guide  
11 for intrauterine insemination, an assisted  
12 reproductive technique that does not correlate with  
13 spontaneous pregnancy. These paths to pregnancy  
14 are quite different. Finally, sperm concentration  
15 is utilized by society guidelines for clinical  
16 decision-making. While total motile sperm count  
17 incorporates motility, it is not used by society  
18 guidelines.

19           MSS-722 represents a specific fixed  
20 combination of trans- and cis-clomiphene isomers as  
21 an oral tablet. It is being developed to treat  
22 infertile men with oligozoospermia caused by

1 secondary hypogonadism. As a selective estrogen  
2 receptor modulator, clomiphene stimulates  
3 endogenous testosterone production. It is  
4 currently being used off label to treat men with  
5 oligozoospermia. The current approved indication  
6 is for the treatment of ovulatory dysfunction.  
7 Currently, there are no FDA-approved oral therapies  
8 for male infertility.

9           In a meta-analysis from 2013, Chua reported  
10 a statistically significant increase in sperm  
11 concentration and pregnancy rates. Results have  
12 been inconsistent for a number of reasons.  
13 Potentially important factors are the inconsistent  
14 blend of cis- and trans-isomers in generic  
15 formulations, lack of an established dose or  
16 schedule, and inconsistently defined patient  
17 populations.

18           To assess clinical benefit, the clinical  
19 trial will be a randomized, double-blind,  
20 placebo-controlled study. Patients eligible must  
21 have male factor infertility with a sperm  
22 concentration of less than 15 million sperm per

1 milliliter and a low testosterone level due to  
2 hypogonadotropic hypogonadism. Patients are  
3 treated for 2 cycles where each cycle is 2 and a  
4 half months. Two and a half months represents the  
5 approximate time required for one cycle of  
6 spermatogenesis.

7           At the end of 2 cycles, a semen analysis is  
8 collected and sperm concentration is measured. The  
9 primary efficacy endpoint will be sperm  
10 concentration after 2 cycles representing 5 months  
11 total time. The primary analysis will be the  
12 percentage of men who have normal sperm  
13 concentration, meaning greater than 15 million  
14 sperm per milliliter in the drug versus the placebo  
15 group as a responder's analysis. Sperm  
16 concentration will also be determined after a  
17 3-month recovery phase off drug to assess the  
18 durability of treatment.

19           Men who have a normal sperm concentration  
20 are considered a responder. Men who still have an  
21 abnormal sperm concentration are considered  
22 non-responders. Clinical benefit is a higher

1 number of responders in the treatment group versus  
2 placebo.

3           The expectation is that this product will be  
4 used for the acute treatment, meaning less than or  
5 equal to 5 months, of oligozoospermia in men with  
6 hypogonadotropic hypogonadism as a cause of male  
7 factor infertility. Men who will remain  
8 oligozoospermic will be referred for more  
9 aggressive treatments. Testosterone levels are not  
10 intended to be a primary endpoint of study.

11           Let us recall that the definition of  
12 hypogonadism includes a failure of the testes to  
13 produce a normal number of spermatozoa. Based on  
14 this definition, the measurement of sperm  
15 concentration should be a valid clinical endpoint  
16 for the assessment of a treatment for hypogonadism  
17 in male infertility. Sperm concentration is the  
18 cornerstone of the laboratory evaluation of the  
19 infertile male and helps to define the severity of  
20 the male factor. This testing helps define what  
21 additional testing, treatments, or procedures may  
22 be required.

1           Because the WHO 5th edition defines  
2   15 million sperm per milliliter at the lower  
3   reference range of normal, it's cut-off represents  
4   an established clinical endpoint. Remember that  
5   15 million sperm per milliliter was determined to  
6   be clinically relevant because of its correlation  
7   with the initiation of spontaneous pregnancy.

8           MSS-722 will be used to treat infertile men  
9   with oligozoospermia and hypogonadotropic  
10  hypogonadism. Using a responder analysis in a  
11  small but well-defined group of infertile men,  
12  sperm concentration can represent a valid endpoint  
13  for the treatment of hypogonadotropic hypogonadism.  
14  Non-responders may need more aggressive treatments  
15  such as IUI or IVF.

16           With that, I would like to turn the  
17  presentation over to Dr. Khera, who will be  
18  discussing human chorionic gonadotropin. Thank  
19  you.

20                           Presentation - Mohit Khera

21           DR. KHERA: I would next like to discuss  
22  human chorionic gonadotropin, or hCG, as a

1 non-testosterone formulation for the treatment of  
2 secondary hypogonadism. hCG is a natural occurring  
3 hormone. It is currently the only approved drug  
4 for the treatment of secondary hypogonadism. There  
5 are over 40 years of clinical experience and  
6 regulatory approval with hCG. As mentioned  
7 earlier, hCG directly acts on Leydig cells of the  
8 testis to increase endogenous production of  
9 testosterone. There are currently new formulations  
10 in development.

11 hCG is best known as a serum marker for  
12 pregnancy. It is produced by syncytiotrophoblast  
13 cells found in the placenta and in the gonads. It  
14 mimics the action of LH to bind endogenous  
15 testosterone production. Realize that hCG bypasses  
16 the pituitary and the hypothalamus, and acts  
17 directly on the testicles themselves, and thus is  
18 very effective for classical secondary  
19 hypogonadism.

20 There are currently several new clinical  
21 uses of hCG. hCG is best known as a fertility  
22 treatment to induce spermatogenesis in azoospermic

1 men with secondary hypogonadism. It is also used  
2 frequently to stimulate testosterone production in  
3 men with secondary hypogonadism. hCG has been used  
4 for preservation of fertility in men undergoing  
5 testosterone therapy. It has been used in the  
6 pediatric population to treat cryptorchidism. And  
7 finally, it's been used for ovulation induction in  
8 women.

9 hCG administration has been shown to  
10 increase serum testosterone values as seen in the  
11 following two studies. The first study by Liu et  
12 al, was a double-blinded, randomized,  
13 placebo-controlled trial of 40 men with androgen  
14 deficiency treated with hCG injections twice weekly  
15 or placebo. They found a stable increase in serum  
16 testosterone levels within normal range just after  
17 3 months of treatment.

18 In the second study by Roth et al., they  
19 evaluated 37 healthy men who were first treated  
20 with GnRH antagonists and then treated with low  
21 doses of hCG daily or testosterone gel for 10 days.  
22 As seen in the graph on the right, they were found

1 to have a linear dose-response relationship between  
2 low-dose hCG and serum testosterone levels.

3 hCG alone or in conjunction with human  
4 menopausal gonadotropin or recombinant human FSH  
5 has been shown to restore spermatogenesis in some  
6 men with azoospermia and secondary hypogonadism.  
7 hCG therapy alone has also been shown to maintain  
8 sperm production for up to 2 years in previously  
9 azoospermia men.

10 hCG has been shown to preserve fertility and  
11 intratesticular testosterone production in men on  
12 testosterone therapy. In the first study on the  
13 left by Hsieh et al., 26 men were treated daily  
14 with testosterone gel or weekly testosterone  
15 injections. These men were also given hCG, 500  
16 units, every other day for an average of  
17 6.2 months. After 6 months, there was only a  
18 slight decline in sperm density and motility, which  
19 was not statistically significant.

20 In the second study on the right by Coviello  
21 et al., 39 healthy men were randomized to receive  
22 testosterone enanthate, 200 milligrams every week,

1 plus hCG at doses of zero, 125, 250, or 500 units  
2 twice weekly. Despite supraphysiologic doses of  
3 testosterone, high levels of intratesticular  
4 testosterone were maintained with administration of  
5 low-dose hCG.

6           Already approved indications for hCG are the  
7 following: patients with secondary hypogonadism as  
8 stated in the label; selected cases of  
9 hypogonadotropic hypogonadism in males;  
10 cryptorchidism not due to obstruction; and finally,  
11 induction of ovulation for female fertility.

12           There is currently a need for new hCG  
13 formulations. Current formulations are  
14 inconvenient as they require reconstitution of  
15 lyophilized powder, refrigeration after  
16 reconstitution, and self-injections 2 to 3 times  
17 per week. These inconveniences can be a challenge  
18 for patients to initiate therapy and also to remain  
19 compliant and persistent with therapy. Finally,  
20 there's a need for more convenient formulations  
21 such as longer-acting duration of action or greater  
22 stability.

1           The following are trial endpoints for new  
2 hCG formulations. An extended release hCG  
3 formulation in development is expected to follow  
4 current hCG indications. The FDA briefing document  
5 recognizes hCG as an effective therapy for men with  
6 classical secondary hypogonadism. The FDA approval  
7 paradigm for TRT is acceptable for patients with  
8 classic hypogonadism because replacing testosterone  
9 in these patients is clearly necessary for the  
10 development and/or maintenance of secondary sexual  
11 characteristics. It seems reasonable that new hCG  
12 formulations would follow the FDA approval paradigm  
13 for TRT.

14           In terms of clinical trial design features,  
15 hCG products would have the same  
16 inclusion/exclusion criteria as for testosterone  
17 products, plus an LH cut-off of less than 9 units.  
18 The trial design would demonstrate that new hCG  
19 formulations achieve key pharmacokinetic endpoints  
20 used for testosterone products as illustrated in  
21 the table on the right.

22           Products approved on the basis of this trial

1 would include a statement on the label that the  
2 effect of this drug on spermatogenesis has not been  
3 evaluated. Additional indications beyond classical  
4 secondary hypogonadism as preservation or  
5 improvement of spermatogenesis would require  
6 additional clinical endpoints.

7           Finally, this slide shows populations and  
8 trial endpoints for potential new hCG formulations.  
9 As mentioned before, it is anticipated that  
10 extended-release hCG formulations would pursue the  
11 approved classical secondary hypogonadism  
12 indication. For this indication, serum  
13 testosterone levels alone would be sufficient. If  
14 sponsors pursue additional indications or claims  
15 for male infertility, it would seem reasonable that  
16 they would be required to assess sperm  
17 concentrations as additional trial endpoints.

18           Thank you for your attention. I would next  
19 like to introduce Dr. Frederick Wu, professor of  
20 medicine and endocrinology, University of  
21 Manchester, to discuss diagnostic characteristics  
22 of hypogonadism in secondary hypogonadal

1 populations.

2 Presentation - Frederick Wu

3 DR. WU: Good morning. My name is Frederick  
4 Wu. I'm a professor of medicine and practicing  
5 endocrinologist based at the University of  
6 Manchester UK. In this session, I would like to  
7 discuss the importance of making a correct  
8 diagnosis of hypogonadism in men presenting with  
9 low testosterone and consider the implications for  
10 optimal clinical management.

11 Much of the information I'll present comes  
12 from published data generated by the European Male  
13 Aging Study or EMAS. To set the scene, this  
14 circuit diagram describes normal testicular  
15 function, which includes both androgen-driven  
16 secondary sexual characteristics and fertility,  
17 which is regulated by pituitary gonadotropins LH  
18 and FSH and the hypothalamic gonadotropin releasing  
19 hormone, GnRH.

20 In the normal man, the pituitary secretes  
21 LH, which stimulates synthesis of testosterone in  
22 the testes. Some of testosterone is converted to

1 estradiol via enzyme aromatase. Both testosterone  
2 and estradiol therefore provide negative feedback  
3 to the hypothalamus and pituitary, completing the  
4 control loop.

5           Now, this roadmap provides the core  
6 principle underpinning our routine clinical  
7 practice in which we diagnose hypogonadism in  
8 patients according to the presence of either  
9 testicular or hypothalamic pathologies,  
10 categorizing them into primary or secondary  
11 hypogonadism.

12           A vital important reason for making this  
13 differentiation is that while primary hypogonadism  
14 represent an end-organ failure of the testes, which  
15 is unresponsive even to high levels of  
16 gonadotropins, in secondary hypogonadism, the  
17 testes are only understimulated but still able to  
18 make testosterone and sperm if enough gonadotropins  
19 are present.

20           This same approach to differentiate between  
21 primary and secondary hypogonadism in clinical  
22 practice can easily be applied to segregate a

1 cohort of over 3,000 men, age 40 to 80, from the  
2 general population. By simply measuring  
3 testosterone and LH and using accepted thresholds  
4 for the abnormal -- so total testosterone of less  
5 than 300 nanograms per deciliter and LH of  
6 9.4 units per liter -- we can split the men into 4  
7 quadrants: eugonadal with normal T and LH,  
8 compensated hypogonadism with normal T and high LH,  
9 primary hypogonadism with low T and high LH, and  
10 finally secondary hypogonadism with low T and  
11 normal or low LH.

12           Accordingly, 12 percent of this population  
13 can be classified as biochemically hypogonadal with  
14 a testosterone less than 300 nanograms per  
15 deciliter. And you see that the majority of these  
16 men have secondary rather than primary  
17 hypogonadism.

18           Let's look at the causes of hypogonadism.  
19 In this slide, the key underlying causes of primary  
20 hypogonadism are shown, and you'll note that an  
21 important cause of secondary hypogonadism is  
22 obesity.

1           Now, you've seen this slide before, but  
2 allow me to show you the difference between BMI and  
3 age in terms of their respective hormone  
4 relationships. The top two panels show total and  
5 free testosterone levels stratified by BMI for  
6 normal, overweight, and obese represented by  
7 different colored symbols at each of the 5-year age  
8 bands. You can clearly see that increasing BMI  
9 from normal through overweight to obese is  
10 associated with decreasing total testosterone,  
11 which is independent of age.

12           Free testosterone also shows progressively  
13 lower levels of increasing BMI, which is also  
14 independent of age even though free testosterone  
15 declines more with age than total testosterone.  
16 The bottom two panels show the hormone  
17 relationships with increasing age. Stratifying the  
18 LH and SHBG data in the same way, you can see a  
19 very different pattern.

20           Increasing age is associated with  
21 progressively higher LH, which is independent of  
22 BMI, while SHBG on the right shows the effects of

1 increasing age as well as BMI. Putting these  
2 together with obesity, LH does not respond to  
3 progressive fall in testosterone, indicating  
4 functional hypothalamic pituitary suppression.

5           The EMAS cross-sectional data also evaluated  
6 various risk factors that could predict secondary  
7 hypogonadism. BMI emerged as the most important  
8 predictor. In fact, the risk was proportional and  
9 rose with higher BMI. But does BMI lead to low T  
10 or does low T lead to high BMI?

11           We looked at this in a group of men who were  
12 essentially eugonadal at baseline. A subset of 140  
13 eugonadal men with normal testosterone levels at  
14 baseline subsequently developed secondary  
15 hypogonadism after 4.3 years of follow-up.

16 Analysis of this prospective data shows that  
17 development of incident secondary hypogonadism in  
18 these previously eugonadal men was predicted only  
19 by obesity at baseline, but not any other potential  
20 candidate risk factors. This provides support for  
21 the contention that obesity predisposes men to  
22 secondary hypogonadism.

1           These men with obesity-associated secondary  
2 hypogonadism are an important group that is  
3 currently underserved, and this diagram is a simple  
4 visual aid to understanding this patient  
5 population. Of men 18 to 64 years in the U.S.,  
6 approximately 35 percent will have a BMI above 30,  
7 and of those, 23 percent will have low testosterone  
8 and LH, evidence of biochemical hypogonadism. Of  
9 these men, 17 percent would be symptomatic and may  
10 potentially seek treatment.

11           So what are the symptoms that these men  
12 might report? Well, there are a plethora of  
13 symptoms, many of which are difficult to measure  
14 and present differently in individual patients.  
15 Some of the more specific symptoms and signs are  
16 shown on the left, but many men present with less  
17 specific complaints as shown on the right.

18           Because these men are symptomatic and  
19 deserve treatment, professional societies have  
20 developed treatment guidelines. These guidelines  
21 were published following changes in class A  
22 labeling for testosterone products, which

1 recommended that they be used only for classical  
2 hypogonadism. But you can see clearly that  
3 professional treatment guidelines continue to  
4 support the need for therapy in men with diagnosed  
5 hypogonadism, whether classical or non-classical in  
6 origin.

7           But how appropriate is testosterone therapy  
8 in patients with secondary hypogonadism who wish to  
9 have children? So let's look at the hPG axis  
10 diagram again. In the absence of other approved  
11 alternatives, the guidelines suggest exogenous  
12 testosterone. Exogenous testosterone treatment  
13 will inhibit the normal gonadotropic regulation of  
14 testicular functions, and treating secondary  
15 hypogonadism with testosterone will therefore  
16 further suppress gonadotropins, decrease sperm  
17 production, and prevent recovery of pituitary  
18 testicular function.

19           Men with secondary hypogonadism not only  
20 want to have the androgen deficiency symptoms  
21 improved, but many will also wish to have their  
22 fertility preserved. Their clinical needs are

1 therefore not met by testosterone replacement, and  
2 alternatives that can stimulate rather than  
3 suppress gonadotropins should be considered.  
4 Because of this, many patients are being treated  
5 currently with off-label Clomid to achieve that  
6 goal.

7           In conclusion, secondary hypogonadism  
8 associated with obesity is a reversible suppression  
9 of the hypothalamic pituitary function, which is  
10 well characterized and easily diagnosable. Current  
11 treatment guidelines recommend testosterone  
12 replacement therapy, but this is not optimal for  
13 these men. Other strategies to reverse the  
14 gonadotropin suppression in order to encourage  
15 recovery of endogenous testosterone safely while  
16 preserving spermatogenesis are preferable to  
17 exogenous testosterone in the treatment of men with  
18 secondary hypogonadism.

19           I'll now hand over to Andrew McCullough.

20           Presentation - Andrew McCullough

21           DR. McCULLOUGH: Thank you.

22           I'm a clinical urologist from Boston,

1 Massachusetts. My name is Andy McCullough, and I'd  
2 like to present the case for intervention at the  
3 level of the estrogen receptor in the treatment of  
4 secondary hypogonadism.

5 As we heard from Dr. Wu, obesity is the  
6 leading cause of secondary hypogonadism. Hence, if  
7 secondary hypogonadism is acquired via weight gain,  
8 it should be improved with weight loss. The  
9 Camacho paper notes that well. With weight loss,  
10 as seen on the left, we can see significant  
11 improvement in endogenous testosterone production.  
12 Conversely, as seen on the right, with weight gain,  
13 there's a significant decrease in testosterone.

14 So what's the connection with estrogen?  
15 Obesity results in increased aromatase expression.  
16 This increased expression causes a relative  
17 increase in estrogen compared to testosterone. As  
18 Vermeulen showed, the relative estrogen increase  
19 results in decreased pituitary LH release.  
20 Conversely, increasing LH results in an increase in  
21 testosterone.

22 We have 40 decades of experience with SERMs

1 demonstrating the increased LH in testosterone.

2 Isn't an anti-estrogen a rational approach for the  
3 treatment of secondary hypogonadism in obese men?

4 Let's look at the difference between the effects on  
5 LH release resulting from the use of anti-estrogen  
6 versus exogenous testosterone gel.

7           Here we see a comparison of enclomiphene and  
8 a topical testosterone sampled over a 24-hour  
9 period. As you may recall, Vermeulen showed that  
10 obesity dampens the LH release. The graph on the  
11 left shows that treating with an anti-estrogen  
12 enhances the LH release after 6 weeks, as shown in  
13 the green. In contrast, the graph on the right  
14 shows the dramatic suppression of LH secretion with  
15 exogenous testosterone treatment. In case you  
16 missed it, it's the green line on the X axis.

17           So although both exogenous testosterone and  
18 anti-estrogens increase serum testosterone levels,  
19 testosterone replacement products suppress LH  
20 release. As one would expect, suppression of the  
21 pituitary secretions leads to detrimental effects  
22 on spermatogenesis in a relatively short period of

1 time. This data represents 16 weeks of treatment.

2 On the other hand, raising endogenous  
3 testosterone via anti-estrogen therapy shows no  
4 negative effect over the same period. Not  
5 surprisingly, testicular size is also negatively  
6 affected when topical testosterone is used for the  
7 same period of time. And yes, this is important to  
8 some of the men that I treat.

9 So what kind of studies should be conducted  
10 to test the anti-estrogens in men with secondary  
11 hypogonadism who wish to preserve spermatogenesis?  
12 The population should be overweight or obese with  
13 secondary hypogonadism confirmed by measuring a  
14 morning testosterone and LH. Sperm concentration  
15 should be over 15 million. Subjects should be  
16 randomized to placebo or active treatment and  
17 treated for at least 12 weeks to ensure a complete  
18 sperm regeneration cycle.

19 The study should have co-primary endpoints.  
20 The first one should be responder analysis using a  
21 composite endpoint of the percentage of subjects  
22 ending treatment with normal morning testosterone

1 and sperm concentration. The second endpoint  
2 should be a noninferiority comparison to placebo of  
3 the percentage of subjects who end the study with a  
4 sperm concentration lower than 15 million.

5 In conclusion, we can accurately identify  
6 this population of secondary hypogonadal men.  
7 Today, they're getting testosterone. They deserve  
8 treatment that avoids the detrimental effects of  
9 testosterone replacement products. Maintenance of  
10 spermatogenesis is an important clinical benefit.  
11 When I took the Hippocratic oath, I was charged to  
12 do no harm and possibly do good. Isn't it time  
13 that we change the paradigm for the treatment of  
14 secondary hypogonadism? Thank you.

15 I'd like to give the podium to Mike Wyllie  
16 for the concluding remarks.

17 Presentation - Michael Wyllie

18 DR. WYLLIE: So I've got the largest task of  
19 bringing all this together and staying within the  
20 time, which shouldn't be a problem, under the  
21 agreement, which shouldn't be a problem either. So  
22 I'm just going to try and encapsulate what

1 hopefully we've learned or heard at least from the  
2 previous speakers. The formal presentations are  
3 finished, and I've only got two slides.

4 I'm going to start with the negative view on  
5 this, what it isn't, what we're talking about.  
6 Hopefully, we've seen, as demonstrated, it isn't  
7 idiopathic, there isn't any great age relationship,  
8 and it certainly isn't associated -- and I'm sure  
9 we'll come back to this with one specific sentence,  
10 pretty diffused symptomatology. There's a feeling  
11 it might be undiagnosable, but I'm certainly  
12 influenced by the clinicians in the room that the  
13 clinicians feel in general they can diagnose the  
14 condition.

15 The only thing is there's the temptation to  
16 say, well, it's not really an issue for us, but  
17 it's all around about us. Given my BMI and age,  
18 it's very close to home, and certainly listening to  
19 the clinicians, there's quite a lot out there in  
20 the real-life situation. So we can't duck the  
21 issue, and I don't think we intend to duck the  
22 issue. It's here and known and happening.

1           So what is it? It's often seen and  
2   diagnosable by clinicians. It's definable. It's  
3   commonly body mass dependent, and it's often  
4   estrogen dependent. There's a need for effective  
5   therapy, particularly in men wishing to preserve  
6   their fertility. So I'm just restating what the  
7   objectives of the meeting were. The reason we're  
8   all here is the need of a definition of a track for  
9   regulatory approval. We don't expect that  
10  necessarily today or even tomorrow, but I think  
11  this is an important part of the process, is to  
12  actually walk our way forward from where we are  
13  now.

14           So thank you very much for your attention,  
15  and hopefully what we've done is provide you with  
16  information that you the panel need to address the  
17  FDA's question in an educated fashion. Thank you.

18           Clarifying Questions to Industry

19           DR. LEWIS: Thank you. We'll now take  
20  clarifying questions for industry. We'll start  
21  with Dr. Howards.

22           DR. WYLLIE: If it's okay with the chair,

1 can I move to that podium there? Because I don't  
2 know who's going to respond.

3 DR. LEWIS: Sure.

4 DR. HOWARDS: I have a few comments, sort of  
5 editorial, relating to some of the discussion of  
6 semen quality. And I'd like anybody on the panel  
7 to respond as they deem appropriate.

8 First, I have a real problem with the term  
9 "normal." The World Health criteria do not define  
10 what's normal and what's not normal, and yet we've  
11 had that word over and over. Second, I happen to  
12 know from direct discussions with the leadership of  
13 World Health -- a leader of World Health, when the  
14 2010 criteria were developed, that they were  
15 extremely unhappy with the methodology used by the  
16 chief scientist in charge, and they were very  
17 unhappy with the outcome. So I have a problem with  
18 the great emphasis on World Health criteria as the  
19 defining parameters.

20 I also have some problem with sperm  
21 concentration. Let me just give a little example.  
22 If a man had a volume of half a mL and had a

1 concentration of 15 per milliliter, that would be  
2 "normal." If a different man had a volume of 5 mLs  
3 and had 10 million per milliliter, that would be  
4 defined as abnormal. But which would you rather  
5 have in your army, 15 million soldiers or  
6 7.5 million soldiers? I think it's absolutely  
7 intuitive that the more sperm you have, the better  
8 off you are.

9           And finally, clinically, although I was  
10 interested in the data that doesn't seem to  
11 substantiate this, I'm significantly influenced by  
12 the number of total motile sperm. So I think we  
13 need to talk about total motile and total number  
14 rather than sperm count. That is not in agreement  
15 with what we were just told, so I'd like your  
16 response.

17           DR. WYLLIE: I suggest the most appropriate  
18 person to address your issues is Dr. Kim.

19           DR. JOFFE: Please be sure, folks, to speak  
20 into a microphone.

21           DR. KIM: That was certainly a loaded  
22 commentary, and there are so many aspects of it to

1 cover. I think that we would all agree that male  
2 reproductive biology is fascinatingly complex. And  
3 when it comes to looking for one perfect test for  
4 fertility, it's certainly not out there.

5 So when I was tasked to try to put this all  
6 together, I remember a slide that was shown many  
7 years ago, and that's backup slide number 3, the  
8 one that you had up there. But we can -- I just  
9 have two slides to show on this topic.

10 One is on evidence-based medicine, and I  
11 think that -- I certainly don't make up the rules  
12 for sperm concentration, but I do rely on the  
13 guidance that's given to me. And putting  
14 everything together -- relevant scientific  
15 evidence, clinical judgment, patient values, and  
16 preferences -- I really had to fall back on the WHO  
17 criteria because I think it does represent the best  
18 level of evidence-based medicine that we have to  
19 date.

20 I would also go back to one slide, slide  
21 number 32 in the main presentation, and that  
22 addresses the topic of total motile sperm count

1 versus concentration. I'm very interested in  
2 hearing the discussion amongst the panel on total  
3 motile sperm count versus concentration. And  
4 again, when I went back to evidence-based medicine,  
5 this is the table that I came up with, and that is  
6 that 15 million sperm per milliliter is still the  
7 benchmark. But I certainly agree with the comments  
8 that if you have somebody with low volume, there is  
9 an issue checking concentration. However, show me  
10 a better marker than sperm concentration.

11 When it comes to total motile sperm count,  
12 the numbers are all over the place. And one of the  
13 biggest points I'd like to make is that what is  
14 hoped with the MSS product is to increase fertility  
15 by spontaneous methods, not by artificial methods.  
16 And total motile sperm count is excellent for -- or  
17 it's good for IUI/IVF, but it doesn't correlate  
18 that well with spontaneous pregnancy. I think we  
19 could discuss this for two hours or longer, but  
20 hopefully those bring up the salient points.

21 DR. LEWIS: Thank you. Dr. Dmochowski?

22 DR. DMOCHOWSKI: This question is for

1 Dr. McCullough pertinent to this slide 75. So  
2 Andy, you did a very nice job of presenting what  
3 you'd recommend as a phase 3 trial. What I'm  
4 struggling, is we are conflating fertility and male  
5 sexual function a bit. And your proposed  
6 indication is for overweight, obese men with  
7 secondary hypogonadism who wish to maintain  
8 spermatogenesis.

9           So perhaps you or your colleagues can answer  
10 this question for me. What percentage of men who  
11 are middle-weight obese and have some symptomatic  
12 hypogonadism in terms of erectile dysfunction or  
13 some of the other issues associated with that, that  
14 we've seen as sort of the male andropause, what  
15 percentage of that population wishes to maintain  
16 fertility?

17           DR. McCULLOUGH: Excellent question. All I  
18 can say is if I have a younger obese patient who  
19 comes in, he may or may not in that moment desire  
20 fertility. But if I tell him that he has an option  
21 of taking a treatment that's going to impair his  
22 fertility or have a treatment that is not, 9 times

1 out of 10, he's going to choose an option,  
2 especially if he's married and his wife is sitting  
3 in the room, that's not going to impair his  
4 fertility.

5 So it's not that they're coming in and  
6 they're saying, well, I need fertility. It's like  
7 do you want a treatment that's going to cause a  
8 detriment to your fertility or not? Again, 9 times  
9 out of 10, they're going to choose a treatment that  
10 won't impair their fertility.

11 DR. LEWIS: Dr. Braunstein?

12 DR. BRAUNSTEIN: Thank you. Glen  
13 Braunstein. I actually have several questions, but  
14 I'll just ask one to start with. This is for  
15 Dr. Kim on slide 34. This is your clinical trial  
16 design for men who have oligospermia and secondary  
17 hypogonadism as a cause for male infertility.

18 If the goal of these patients is actually to  
19 appropriate, to have a child, that's why they're  
20 coming in, they're infertile, and they want to have  
21 a child, why just use a surrogate marker? Why not  
22 use pregnancy as the endpoint? We know that in a

1 randomized, placebo-controlled trial, the female  
2 factors and the couple factors should be randomly  
3 distributed. So if your drug is effective in  
4 improving fertility, not just sperm count, we  
5 should be able to see that in an adequately  
6 designed trial.

7 DR. KIM: Pregnancy outcome is certainly  
8 very important in the real world when it comes to  
9 addressing what our patients actually want.  
10 However, real-world biology is very complicated. I  
11 think in Dr. Oehninger's talk, he mentioned that  
12 female factor can be very complicated, as well as  
13 male. And when you put them together, you have a  
14 very complex phenomena.

15 So I would say that analysis of pregnancy  
16 rates results in the introduction of female  
17 factors, which can really make our analysis of  
18 what's going on for the male extremely difficult to  
19 weed out. When it comes to fertility, we have to  
20 factor in female age, female pathology such as  
21 polycystic ovarian syndrome, or tubule factors.  
22 Treatment biases always creep into this discussion

1 to say the least. And certainly, a lot of  
2 infertility, especially female factor -- and male  
3 factor, too -- is simply unknown.

4           So I think that if we're focusing on a  
5 medication that can improve spermatogenesis and  
6 lead to fertility, I would love to have pregnancy,  
7 but I think that spermatogenesis is perfectly  
8 appropriate because of bullet point number 2. And  
9 bullet point number 3 just shows that hypogonadism  
10 does include a number of spermatozoa in the  
11 definition.

12           DR. BRAUNSTEIN: Let me just reiterate. You  
13 can certainly look at both the male and the female  
14 and try to reduce as much as you can the female  
15 factors. But irrespective of that, if you have an  
16 adequately sized trial, and if it's truly  
17 randomized, the female factor and the couple factor  
18 issue should also be randomized. And therefore, if  
19 the male factor is taking care of by your  
20 medication, you should see a significant increase  
21 in pregnancy rate in that type of trial.

22           DR. KIM: So point is extremely well taken

1 in terms of randomization and placebo-control. I  
2 think I would go back to just a little bit of  
3 history in terms of the medications that have been  
4 approved for male fertility so to speak. When I  
5 was researching this, I asked the question, well,  
6 of the products that had been improved for male  
7 infertility, what criteria were used as their  
8 endpoints?

9           So I actually learned from the briefing  
10 document from the FDA that Gonadotropin-releasing hormone (GnRH) analogs, basically FSH type of analogs, are approved. And  
11 the endpoint that was used at the beginning of  
12 Dr. Joffe's presentation really looked at  
13 spermatogenesis. To make that leap from  
14 spermatogenesis to pregnancy outcome was based on a  
15 bridging study essentially, but for the current  
16 approval of Gonadotropin-releasing hormone (GnRH) analogs, it's based on  
17 spermatogenesis, sperm concentration, not  
18 pregnancy. So I would really go back to what's  
19 already been established and vetted out in the  
20 past.  
21

22           DR. LEWIS: Thank you. Dr. Thomas?

1 DR. THOMAS: Abraham Thomas. This is for  
2 Dr. McCullough. It's back to the study design on  
3 slide 75. First, it says "total testosterone of  
4 300," and I was wondering why they decided to use  
5 that because we know in this group, people who are  
6 obese, people who potentially are diabetic or  
7 insulin resistance, their total testosterone may  
8 be low because their sex-hormone binding globulin  
9 is low, and their free testosterone is probably  
10 normal.

11 So what are we really treating, and LH  
12 that's not low or very high; a sperm count that is  
13 at least above the 5th percentile? It's not clear  
14 to me what disease you're treating other than a  
15 number. And to bring it to something else, I would  
16 never treat a woman on oral contraceptives for a  
17 high total T-4 unless she has elevated T-4 and  
18 symptoms that match that.

19 So this study design, without some  
20 assessment of true hypogonadism, seems to be, to  
21 me, just treating a testosterone value, but may not  
22 be relevant to the situation. So it's a little

1 confusing to me why you would use these criteria.

2 Did you understand the question?

3 DR. WYLLIE: I'm sorry. I couldn't hear  
4 what you were saying. You're too far from the  
5 microphone.

6 DR. THOMAS: Sorry. I'll just say it  
7 briefly. Total testosterone is not a good measure  
8 using people who are obese, people who are insulin  
9 resistant because the sex-hormone binding globulin  
10 is low. So what are we actually treating because  
11 all the other parameters, even though they may be  
12 lower in terms of the sperm count, they are still  
13 considered above the 5th percentile. LH is not  
14 abnormal necessarily in this case.

15 And examples I'd say in other clinical  
16 diseases, if I put a woman on an oral  
17 contraceptive, their total T-4, thyroxin levels go  
18 up. But I wouldn't treat them for that unless  
19 they're truly hypothyroid. Their free levels are  
20 elevated, and they're symptomatic from that.

21 DR. WYLLIE: Thank you. I'm going to let  
22 Dr. Wu answer the question about the testosterone

1 issue in the obese men since that was the study  
2 that he designed.

3 DR. WU: Dr. Thomas, I think you're  
4 absolutely right that in the obese population with  
5 the decline in SHBG, it is important to take that  
6 into account, and using total testosterone is a  
7 starting point for recruiting potential subjects.  
8 But I think it would also be important to take into  
9 account either measured or calculated free T to  
10 take out the SHBG effect. And I think we have done  
11 recent studies, which was published earlier this  
12 year, showing that if you take the free  
13 testosterone into account, then you can define a  
14 much accurate group of hypogonadal patients who  
15 have hypogonadal symptoms.

16 DR. LEWIS: Thank you. Ms. Sorscher?

17 MS. SORSCHER: I have a question for Dr. Kim  
18 and for Dr. Khera. The first is for Dr. Kim. This  
19 is returning to this question of fertility in men  
20 with low sperm count. We have a normal range, and  
21 we know that for fertile men, they tend to fall  
22 within this normal range. But we also know that

1 men under the range can be fertile.

2           You have this slide, slide 31, that looks at  
3 sperm concentration within the normal range and  
4 shows a correlation with time to pregnancy. But  
5 I'm not sure I can gather that all together and go  
6 from there to say that if you take men who fall  
7 below the normal range and bring them into the  
8 normal range, that that will have an impact on  
9 fertility.

10           So I was wondering if you could summarize,  
11 if you could, your case for that, that argument.  
12 And you mentioned the bridging study, and maybe you  
13 can talk more about that as well.

14           DR. KIM: Sure. I think there are two  
15 points that I'll address over here. One is whether  
16 bringing somebody into a sperm count of greater  
17 than 15 million, how does that correlate with  
18 pregnancy. Again, I would go back to the WHO  
19 Cooper study, and what that 15 million mark means  
20 is that 15 million is not so-called normal; it's  
21 not average. Fifteen million represents a cut-off  
22 point where 95 percent of fertile men will have a

1 count of greater than 15 million. So if you're  
2 less than 15 million, you're in the bottom  
3 5 percent.

4 So can you establish a pregnancy if your  
5 count's less than 15 million? Yes, but it's not so  
6 easy. If you're more than 15 million, are you  
7 guaranteed to be fertile? As we all know,  
8 certainly not, but 95 percent of these fertile men  
9 had counts of more than 15 million. So as a  
10 benchmark, compared to any other metric that we  
11 have, morphology, total motile count, short of  
12 pregnancy, it's really the most established  
13 benchmark that we have. Everything else is still  
14 really controversial and investigational.

15 The second point I'd like to make is  
16 Dr. Oehninger in one of his slides -- I can't  
17 remember the exact slide, but it was a graph slide.  
18 And it showed that pregnancy over 15 million sperm  
19 per milliliter was used as that benchmark for sperm  
20 counts. And I think in Dr. Oehninger's slide that  
21 he used, 15 million was an appropriate benchmark  
22 for fertility, at least for natural conception.

1 Did I answer your question?

2 MS. SORSCHER: Yes.

3 DR. KIM: Thank you.

4 DR. LEWIS: Thank you. Dr. Gillen?

5 MS. SORSCHER: Oh, I'm sorry. I had a  
6 question for Dr. Khera, briefly. You talked about  
7 the outcome measure that you had proposed for your  
8 clinical trial, and I was just wondering -- because  
9 your focus was on classic hypogonadism -- whether  
10 you planned to restrict enrollment to that group?

11 DR. KHERA: So for these endpoint trials,  
12 I'm going to have Dr. Kacker answer that question.

13 MS. SORSCHER: Sure.

14 DR. KACKER: Hi. Good morning. My name is  
15 Ravi Kacker. I'm the CEO of MHB Labs and also a  
16 clinical instructor at Harvard Medical School. Our  
17 clinical trial's protocol is intended to follow the  
18 clinical trial protocol for testosterone products.  
19 So our inclusion and exclusion criteria would be  
20 the same as for testosterone products. We would  
21 have a rigorous screening with two morning  
22 testosterone levels, and we would restrict it to

1 patients with well-recognized causes of  
2 hypogonadism.

3 DR. LEWIS: Thank you. Dr. Gillen?

4 DR. GILLEN: Thank you. This question goes  
5 back to Dr. Kim and builds on Dr. Braunstein's  
6 statements, which I wholeheartedly agree with,  
7 about the hard clinical endpoint of live births. I  
8 think another way that you could think about the  
9 proposed trial design, though, is that one goal of  
10 therapy might be able to give patients that don't  
11 have options for artificial pregnancy, for example,  
12 more viable options.

13 So we have guidance that says that IUI is  
14 significantly more probable in terms of success if  
15 we have 5 to 10 million, for example, total motile  
16 sperm count. And the proposed trial design, just  
17 looking at total sperm concentration, will be  
18 mixing those individuals that may have a viable  
19 option in IUI, for example, that don't.

20 So I guess the question to Dr. Kim is should  
21 we be treating all of those patients the same in  
22 terms of an inclusion criteria for a study and then

1 thinking about that same outcome at the end of the  
2 day, or if we have individuals for which there is a  
3 threshold that we can get them to spontaneous  
4 pregnancy, should we be looking at live births in a  
5 trial as an outcome versus individuals that, for  
6 example, do not have the option even of a likely  
7 successful IUI treatment, for example, through  
8 artificial pregnancy?

9           Should we try getting them to a threshold  
10 that meets that likely successful IUI treatment?

11 And in that case, should we be looking at total  
12 motile sperm count rather than, for example,  
13 concentration where we have more guidance?

14           DR. KIM: Yes. The question really relates,  
15 again, to total motile sperm counts, it relates to  
16 sperm concentrations, and it also relates to  
17 spontaneous versus assisted reproductive  
18 techniques. There's no question that there are  
19 certain thresholds below which if you have a total  
20 motile sperm count of less than 1 million sperm per  
21 milliliter, certainly spontaneous pregnancy,  
22 certainly IUI is not going to have a very good

1 chance of working.

2           The way I'm going to answer this question is  
3 to state that the hope with the MSS-722, the  
4 clomiphene, is that by raising sperm counts to a  
5 certain threshold -- and you have to draw a line  
6 somewhere, and that line was drawn at  
7 15 million -- that spontaneous pregnancy would be  
8 much more feasible. But there are a number of men  
9 whose sperm count is so low.

10           So one of the questions that was being  
11 brought up in the questions that you are asked to  
12 consider is whether -- like for example, men with  
13 azoospermia and non-classical secondary  
14 hypogonadism should be included in the study. I  
15 would say that for those men, the likelihood, based  
16 on the published literature today, which is case  
17 series of those men actually establishing a  
18 pregnancy, is actually relatively low. That  
19 probably would not be the target population of the  
20 study, men with azoo. But men with  
21 oligozoospermia, maybe even severe oligozoospermia,  
22 can certainly be considered for a trial.

1           So again, it's really going back to the  
2 discussion of IUI, total motile, and we can show  
3 this slide. One of the studies that has been  
4 quoted is by Ombelet and Kruger, and it looks at  
5 total motile sperm count. Their conclusion -- and  
6 this is one that was referenced actually in the  
7 briefing document -- is that total motile sperm  
8 count urgently needs trial for predictive value of  
9 IUI. They talk about a lack of prospective studies  
10 and lack of standardization in semen testing  
11 methodology.

12           I don't think the time is quite here yet for  
13 total motile sperm count. And the next slide,  
14 another paper I had come across, was by Hamilton.  
15 And this is actually a relatively recent, a year or  
16 two ago, single, non-validated study, a spouse  
17 total motile sperm count. But again, motility is  
18 not a direct measure of spermatogenesis, and  
19 there's no consensus regarding a normal total  
20 motile sperm count.

21           If I ask the question, give me guidance as  
22 to what is a total normal sperm count, I think

1 there would be no consensus because there is no  
2 consensus in the published literature. It's a big  
3 gray zone right now.

4 DR. LEWIS: Thank you. Dr. Nahum?

5 DR. NAHUM: Thank you. This is a question  
6 that's going to be directed again to Dr. Kim. And  
7 specifically what I'd like to do is I'm going to  
8 try and wrap some numbers around some of the  
9 qualitative arguments that have been raised so far.

10 If you can bring up slide 31, I think that  
11 will be useful for everybody to see when I make the  
12 points I'm going to try and make here. Basically,  
13 I'm going to go back to the idea of this threshold  
14 of 15 million being normal as far as WHO is  
15 concerned, and this representing about a 5th  
16 percentile rank in a normal population of men.

17 My question relates specifically to this  
18 slide. You've made the point that raising sperm  
19 concentrations above 15 million would be a good  
20 thing to do because it would fall into a normal  
21 range. However, when I look at this slide, if I  
22 were to look at the 50 million mark, I'd come up

1 with about a 23 percent chance of pregnancy per  
2 cycle, whereas if I look at about the 5 to  
3 10 million mark, I come up with about a 17 percent  
4 chance of pregnancy per cycle.

5           If I then go ahead and look at what 0.83 to  
6 the 12th power is for instance, which we'd come up  
7 with about a 90 percent chance of pregnancy if  
8 these are independent events over the course of a  
9 year for somebody with a sperm count of 5 million  
10 per cc, this to me is not that far outside of the  
11 normal expected range that most authoritative  
12 organizations would cite, which would be for normal  
13 fertile men having a 95 percent chance of pregnancy  
14 over the course of a year.

15           So the delta there is between 95 percent for  
16 the normal range versus 90 percent, or thereabouts,  
17 over the course of a year for people with sperm  
18 counts of 5 to 10 million, which to me calls into  
19 question the 15 million criterion for normalcy  
20 because it doesn't seem that different. And this  
21 goes back to the idea of clinical meaningfulness.  
22 I mean, how different does it need to be for it to

1 be clinically meaningful?

2           Now, you've alluded to the fact that you'd  
3 like a trial design with a responder analysis  
4 looking at those men who are enrolled in the trial,  
5 who have sperm counts of less than 15 million, and  
6 who make it over the 15 million threshold. This  
7 may not be clinically meaningful given what I've  
8 just outlined. And in addition, if you take people  
9 with sperm counts initially of 14.999 million and  
10 have them exceed the 15 million threshold after  
11 treatment, that may not be clinically meaningful.

12           So please address the idea that there's only  
13 a 35 percent difference on a per cycle basis for  
14 attaining pregnancy at 50 million per cc versus  
15 5 million per cc, and address the questions I've  
16 outlined.

17           DR. KIM: So I think much of the question  
18 really relates to this particular study; numerous  
19 aspects in this question. But in this particular  
20 study -- and this was a European study. The  
21 primary author was from Paris, a Danish study also.  
22 And what they did was they queried I think about

1 900 women who were pregnant. They asked their  
2 husbands to provide semen specimens and then looked  
3 at the time to pregnancy.

4 This study is actually relatively frequently  
5 quoted in terms of being an accepted study for time  
6 to pregnancy and the examination of morphology and  
7 sperm concentration as predictive factors of  
8 pregnancy. And again, what they found in this  
9 study is that there was a relationship between the  
10 sperm concentration and probability of pregnancy  
11 per cycle when the sperm counts went from let's say  
12 the bottom, close to zero, to 55 million. Beyond  
13 that, the curve seems to flatten out.

14 I think that my message from this slide is  
15 that sperm concentration is a measure of time to  
16 spontaneous pregnancy. This slide itself doesn't  
17 address the 15 million, and I think it's important  
18 to realize that normal pregnancy per cycle in a  
19 supposedly fertile couple is in the range of  
20 about -- here's the benchmark, about 20 percent,  
21 maybe 20-22 percent. But it's certainly not 40 to  
22 50 percent. So hopefully to directly answer that,

1 this slide really shows that there is direct  
2 correlation with sperm concentration and time to  
3 pregnancy up to a certain limit.

4 Now again, going back to the 15 million,  
5 which is a different part of the question but one  
6 that is certainly coming up quite a bit, what  
7 number does one pick? Fifteen million, to address  
8 Dr. Howards' point -- and I hope I didn't use the  
9 word "normal." I used the word "15 million" but  
10 that's where fertility, again based on the WHO  
11 criteria, comes into play.

12 Fifteen million is not normal. It's where  
13 95 percent of fertile men have their count at  
14 least. So again, if you're less than 15 million,  
15 you're in the bottom 5 percent, but that is a  
16 cut-off that was used by WHO, despite the problems  
17 with the methodology of the study, to define where  
18 fertility really becomes more likely, not  
19 guaranteed but more likely.

20 DR. LEWIS: Dr. Bauer? I'm sorry. Were you  
21 finished?

22 DR. KIM: Yes, I am.

1 DR. LEWIS: Dr. Bauer?

2 DR. BAUER: You can stay at the mic for just  
3 a second. I don't mean to beat a dead horse, but I  
4 think all these values that you've shown us have  
5 been untreated in the natural setting. Is there  
6 any data to show that men with low sperm counts,  
7 who then are treated pharmacologically, or with  
8 weight loss, or whatever, what is the relationship  
9 between their change in sperm count and their  
10 likelihood of having a normal pregnancy?

11 DR. KIM: With regard to obesity and  
12 pregnancy -- the question was brought up  
13 beforehand -- for your morbidly obese patient who  
14 has let's say gastric bypass surgery, T levels will  
15 increase; sperm counts will increase. Those  
16 studies are reasonable, but they're not real high  
17 levels of evidence.

18 In terms of pharmacologic therapy for  
19 increasing sperm counts, the best studies that were  
20 approved were the Follistim and Gonal-F studies for  
21 FSH, and they took men who were azoospermic and  
22 took their concentrations to over 1 million as

1 their endpoint. But beyond that, there are no  
2 other approved medications for male fertility, and  
3 part of that is that there is still a vast gap in  
4 our knowledge base with regard to pharmacologic  
5 therapy and male infertility.

6 So no, this is just --

7 DR. BAUER: Just to clarify then, so there  
8 are no data that take infertile men with low sperm  
9 counts, provide a treatment to them, look at their  
10 pregnancy outcomes, and then relate that to the  
11 change in their sperm counts; is that correct?

12 DR. KIM: Dr. Schlegel, a question, or a  
13 response, or should I answer that?

14 DR. SCHLEGEL: Do you want to respond to  
15 that [inaudible - off mic].

16 DR. KIM: Oh, okay. I will respond to that.  
17 So the answer is, if the question is does improving  
18 sperm count improve fertility, the answer is of  
19 course it does; not for everybody. But my answer  
20 was specifically based for pharmacologic therapy.  
21 Other than our Gonad-Fs/Follistims, it's still a  
22 big gray zone.

1           Now, I mentioned a meta-analysis by Chua  
2 published in 2013 that looked at clomiphene on the  
3 best level of evidence. They did see an increase  
4 in sperm concentration. They did see an increase  
5 in pregnancy rates. But those are a meta-analysis  
6 of studies, not for regulatory approval of a  
7 medication.

8           So yes, there's an abundance of evidence  
9 that raising sperm counts improves fertility, but  
10 for the purposes of getting a drug to market for  
11 male infertility, I think that's what Veru would  
12 like to show.

13           DR. LEWIS: Dr. Curtis?

14           DR. CURTIS: Kate Curtis. So yes, I think  
15 the clinical endpoints for sperm may be different  
16 for men with low sperm infertility versus for men  
17 with normal sperm and the goal is to preserve  
18 spermatogenesis. So I wanted to talk about that  
19 group of men, and we've heard that this 15 million  
20 cut-off is not normal; it's the low point. So for  
21 this group of men who have normal sperm, I was  
22 wondering if you could talk about the proposal to

1 use that 15 million as your endpoint rather than  
2 using some meaningful difference from baseline.

3 DR. KIM: Right. Excellent question. So if  
4 we switch gears and look at men who have let's say  
5 an average sperm count, normal if we use that  
6 term -- let's say they have a sperm count of  
7 80 million sperm per milliliter, and we say, well,  
8 going down to 15 million sperm per milliliter,  
9 that's a pretty big decrease, but is that really  
10 meaningful? Should we look at let's say a  
11 percentage decline?

12 So the history of this is that when Cialis  
13 was approved, sperm issues, sperm concentrations  
14 were a question because of PD11 in the testis. And  
15 the paradigm that was used back at that point was  
16 to look at the decrease in sperm concentration.  
17 And the benchmark that was accepted by the FDA at  
18 that time was a 50 percent decline in sperm count.  
19 Where did that come from? It was purely arbitrary.  
20 There were really no studies on that, but that was  
21 the endpoint that was used in the past.

22 So when the thought of 15 million, how does

1 this come along, or in the ZA-304 and 305 studies,  
2 how is 10 million or 15 million selected?

3 Initially when the studies were proposed, the  
4 benchmark was going to be 15 million per  
5 milliliter. That was the initial proposal.

6           The feedback from the agency was, well, we  
7 don't know whether 15 million is really  
8 appropriate. We should consider looking at 10, or  
9 maybe 20, or maybe consider total motile sperm  
10 count. But my understanding was that when  
11 everything was said and done, a sperm concentration  
12 was felt to be reasonable, and 10 million was  
13 selected. But actually, when you looked at the  
14 data between 10 million or 15 million sperm in the  
15 304 and 305 studies, it really didn't make that  
16 much of a difference in terms of final analysis.

17           So to answer your question, a percentage  
18 decline has been used once in the Cialis studies,  
19 but it was purely arbitrary. So to pick a number,  
20 15 million was felt to be reasonable based on WHO  
21 criteria as the best evidence. I think that was  
22 more supported than looking at a percentage

1 decline. We're kind of charting new territories,  
2 but I think that's what we're all here for, is to  
3 hear the proposals and to determine what may be the  
4 most reasonable route to endpoints.

5 DR. LEWIS: Thank you. Dr. Hanno? Dr.  
6 Chai?

7 DR. CHAI: I have a question for Dr. Wu on  
8 slide number 59, the Rastrelli study, just two  
9 questions. One is can you comment about the age  
10 group greater than 70? It looks like there's  
11 actually a protective effect against development of  
12 secondary hypogonadism. I pulled up the abstract  
13 of a paper, and they found in this study that  
14 biochemical reversal of secondary hypogonadism to  
15 eugonadism was not accompanied by significant  
16 symptomatic improvement. Can you comment about why  
17 you think that is?

18 DR. WU: Yes. We have actually just done  
19 further analysis on this. May I be allowed to show  
20 some backup slides for that to answer your  
21 question?

22 DR. LEWIS: Yes.

1 DR. WU: Yes. We have divided that group of  
2 140 men into those that have not only low  
3 testosterone but also low free testosterone, which  
4 is addressing Dr. Thomas' earlier point. And the  
5 low free testosterone in this case is less than 170  
6 people, which is about 5 picograms per mL. And you  
7 see that in these men, when they develop secondary  
8 hypogonadism, there were significant symptomatic  
9 worsening or incident symptoms.

10 Actually go to the side before. If we  
11 looked at those people who had low testosterone but  
12 actually normal free T, there are no symptoms.  
13 They did not develop any symptoms. So our  
14 interpretation is that in that original Rastrelli  
15 paper, which only used total testosterone, this is  
16 the group of people who reversed. And in fact,  
17 that turns out to be the case, that the reversal  
18 rate in this group is much higher, in fact  
19 exclusively in this group, and that's why there  
20 were no symptoms change after apparent reversal.  
21 It's because their free testosterone is actually  
22 normal either at baseline and also during

1 follow-up.

2 DR. LEWIS: Thank you. Dr. Drake?

3 DR. DRAKE: Question for Dr. McCullough.  
4 There's been increasing recognition I would say  
5 over the past decade or so that estradiol levels  
6 specifically play a significant role in skeletal  
7 health, not just in women but also in men. And  
8 there's a recent paper -- there's been  
9 epidemiologic data published from Minnesota, also  
10 from Sweden, and then a recent interventional study  
11 actually from MGH from Joel Finkelstein and the  
12 endocrine group, which showed that when they  
13 blocked the conversion of testosterone to estrogen,  
14 and then replaced back with testosterone, over the  
15 course of 16 weeks, men lost about 1 percent of  
16 bone mineral density, just over 16 weeks. And  
17 importantly, they add about a 10 percent increase  
18 in cortical porosity, which we think is an  
19 important part of fracture risk.

20 So how do you reconcile that with plans to  
21 antagonize estrogen actions?

22 DR. McCULLOUGH: I'm going to let Joe talk

1 on that issue, on the osteoporosis.

2 DR. DRAKE: Sure.

3 DR. WERNICKE: Thank you. I'm Joe Wernicke,  
4 chief medical officer of Repros Therapeutics. We  
5 have some data that -- and I'll explain how we got  
6 that. But first I want to just remind everybody  
7 that drugs, and even SERMs, are not all the same.  
8 They're all in the same big bucket, but each of  
9 them is unique in its binding capacity and its  
10 properties. It's a little bit like saying all  
11 antibiotics are the same, and obviously that's not  
12 the case.

13 Repros is developing enclomiphene pure  
14 estrogen receptor antagonists, and we did a  
15 one-year study because of that very question that  
16 came up. And if I could put that slide up. We did  
17 a one-year study looking at bone marker by DEXA,  
18 and we see that there is really no effect. If  
19 anything, there was a statistically significant  
20 improvement with a low dose of enclomiphene, but we  
21 think that's noise. So at least for this  
22 drug -- and I can't speak to others -- there is no

1 effect on bone.

2 DR. LEWIS: Thank you. We'll take a couple  
3 more questions before the break, and then there may  
4 be some more time -- during the discussion, there  
5 will definitely be more time to bring up other  
6 points. Dr. Schlegel?

7 DR. SCHLEGEL: If we can go back to slide 75  
8 just to clarify. In the scenario of patients who  
9 have a low testosterone and an elevated LH, which  
10 is what's shown on this slide, that would be  
11 primary hypogonadism. I believe you mean LH less  
12 than 9.4, which would be secondary hypogonadism.  
13 Is that correct?

14 DR. McCULLOUGH: That is correct, and that's  
15 the criteria for secondary hypo, and that is a  
16 typo.

17 DR. LEWIS: Thank you. Mr. Bishopric?

18 DR. BISHOPRIC: Dr. Bishopric. Thank you.  
19 A general question, there's a lot of emphasis  
20 obviously on pregnancy and fertility as an outcome,  
21 but are the men being considered for treatment  
22 coming in because of sexual function and general

1 health, or are they specifically coming in for a  
2 desire to generate a pregnancy? I think that is  
3 important.

4 DR. WYLLIE: Would you like any particular  
5 physician to answer that?

6 DR. BISHOPRIC: No, a general question.

7 DR. WYLLIE: A general question? Perhaps  
8 Ed, Ed Kim first of all.

9 DR. KIM: I think that what's being  
10 presented in this forum are actually three  
11 different companies that have three different  
12 patient populations. For Repros, these are men who  
13 are coming in with symptoms not of fertility, but  
14 these are men who are coming with symptomatic  
15 hypogonadism, or low Ts, that want to potentially  
16 be fathers in the future, but they are not actively  
17 seeking to have children.

18 Veru's product, the MSS-722, is looking  
19 specifically at men, regardless of symptoms of  
20 fatigue or whatever -- they are looking at men who  
21 have low sperm counts and are infertile. That's  
22 the specific group. HCG is looking at men who have

1 classic secondary hypogonadotropic hypogonadism who  
2 are interested in having children. So three  
3 different groups, three different presentations.

4 DR. LEWIS: Thank you. One last question,  
5 Dr. Sandlow. We'll be able to get additional  
6 questions later.

7 DR. SANDLOW: Sure. Just a quick one, Ed,  
8 before you sit down. You had mentioned in your  
9 study these are all going to be men with both  
10 infertility and hypogonadism; correct?

11 DR. KIM: Yes.

12 DR. SANDLOW: So why wouldn't you want to  
13 use testosterone as another primary endpoint  
14 because that is one of their -- that's part of the  
15 inclusion criteria.

16 DR. KIM: Right. The question is for  
17 infertile men, for the MSS product, why not use  
18 testosterone as a primary endpoint. It would not  
19 be a primary endpoint because the primary goal of  
20 the study is to raise sperm concentrations.  
21 Raising testosterone levels, I certainly feel that  
22 it will. It will probably be a secondary endpoint,

1 but I think the concern is that simply raising T  
2 is -- one of the concerns that's been brought up by  
3 the agency is that simply raising T is not good  
4 enough as a marker.

5 We're trying to tie in the specific problem,  
6 low sperm counts, to the effect of the medication.  
7 So that's why sperm concentration has to be the  
8 primary endpoint, not the testosterone level. But  
9 I think that from clinical experience, anyone in  
10 here that's used clomiphene to treat men who have  
11 hypogonadotropic hypogonadism knows that, yes, of  
12 course it raised testosterone levels.

13 The question is what else does it do, and  
14 that's what we're trying to figure out here. Veru  
15 says maybe it can improve fertility. Repros says  
16 it preserves spermatogenesis, which is important  
17 because what we have out there right now are FDA-  
18 approved products fail us in that regard.

19 I think that one of the reasons that  
20 clomiphene use has increased throughout the years  
21 is that we realize the shortcomings of testosterone  
22 therapy on men who desire to preserve their

1 fertility. We all know that testosterone therapy  
2 is bad for fertility, maybe in this room, but I'm  
3 telling you, in the general population of  
4 physicians, it's still not really out there. I see  
5 patients every week that come into me on  
6 testosterone therapy that are trying to have kids,  
7 and would go, "Whoa. Somebody missed the boat over  
8 here."

9 DR. LEWIS: Thank you. We will take a break  
10 until 11.

11 (Whereupon, at 10:49 a.m., a recess was  
12 taken.)

13 DR. LEWIS: At this point, we'd like to  
14 proceed with the FDA presentations.

15 FDA Presentation - Olivia Easley

16 DR. EASLEY: Good morning. My name is  
17 Olivia Easley, and I will be discussing the FDA's  
18 clinical perspective on the development of  
19 non-testosterone products to treat male secondary  
20 hypogonadism, so another overview of male  
21 hypogonadism basically the condition characterized  
22 by low serum testosterone with associated signs and

1 symptoms.

2           It can be primary if it results from an  
3 intrinsic defect of the testes, or secondary if  
4 it's due to problems in the hypothalamus or  
5 pituitary gland. The two are differentiated by  
6 serum levels of gonadotropins, which are elevated  
7 in primary and low or normal in secondary  
8 hypogonadism. Both primary and secondary  
9 hypogonadism can be due to congenital abnormalities  
10 or acquired disease.

11           The Endocrine Society recommends a diagnosis  
12 of hypogonadism in men with a confirmed morning  
13 serum total testosterone that is below the lower  
14 limit of normal, typically less than 300 nanograms  
15 per deciliter on two separate occasions. In  
16 addition, the patient must have consistent signs  
17 and symptoms, which can include incomplete sexual  
18 development, decreased libido, and gynecomastia,  
19 among others.

20           Hypogonadism can be further categorized into  
21 classic and non classic. Classic refers to a  
22 condition that is caused by intrinsic pathology of

1 the hypothalamic pituitary axis due to specific  
2 well recognized medical conditions, such as  
3 Klinefelter syndrome, Kallmann syndrome, or a  
4 tumor, or resection of the pituitary gland. In  
5 these patients, testosterone replacement is  
6 necessary for development or maintenance of  
7 secondary sexual characteristics.

8           In contrast, non-classic hypogonadism refers  
9 to situations where serum testosterone is low and  
10 patients have associated symptoms that may or may  
11 not be related to the low testosterone, and these  
12 men have other conditions. Examples include age  
13 associated hypogonadism and hypogonadism that is  
14 attributed to obesity. In these cases, there is no  
15 definitive evidence that raising testosterone into  
16 the normal range for healthy eugonadal men leads to  
17 clinical benefit or is safe.

18           The usual treatment of hypogonadism in  
19 clinical practice includes first addressing any  
20 reversible causes. Next, it's to determine whether  
21 the patient desires fertility in the short or  
22 intermediate term. If the patient does not,

1 testosterone replacement therapy can be initiated.

2           This slide summarizes the FDA approval  
3 paradigm for testosterone replacement therapy.  
4 Typically, one phase 3 trial is conducted in  
5 support of a marketing application, and these  
6 trials enroll, quote/unquote, "hypogonadal men  
7 with --" and I say quote because while serum  
8 testosterone is confirmed to be less than 300,  
9 signs and symptoms of hypogonadism are not required  
10 for trial eligibility.

11           These trials are designed to show that the  
12 product can reasonably increase serum testosterone  
13 into the normal range for young, healthy, eugonadal  
14 men. These trials however do not provide  
15 substantial evidence of improvement in hypogonadal  
16 signs or symptoms. And for these reasons that I've  
17 outlined, this current paradigm cannot establish  
18 efficacy or safety of a testosterone product in men  
19 without classic hypogonadism.

20           Recently, FDA held an advisory committee  
21 meeting about use of testosterone, off label uses  
22 in age-related hypogonadism, and as a result of

1 that meeting and consistent with the advice  
2 received from the panel, FDA required that all  
3 sponsors of testosterone products revise the  
4 indication section of their labeling to clarify  
5 that the intended population of testosterone users  
6 is men with classic hypogonadism.

7           The indication statement in labeling is  
8 shown on this slide, and I'll point you to the  
9 second under hypogonadotropic hypogonadism.  
10 "Idiopathic" was removed from that portion of the  
11 label, again, to clarify that men with classic  
12 should be the ones that are treated. In addition,  
13 a limitation of use was added that states that the  
14 safety and efficacy of the respective product has  
15 not been established in men with age-related  
16 hypogonadism.

17           In hypogonadal men who desire fertility,  
18 we've seen this slide several times. There are  
19 iterations of this slide already. But basically,  
20 this demonstrates the negative effect that  
21 exogenous testosterone has on spermatogenesis, and  
22 it through negative feedback inhibits release of

1 GnRH and gonadotropins, resulting in less  
2 spermatozoa production and less testosterone  
3 production.

4           For men who do desire fertility, in clinical  
5 practice what's done is -- well, it depends on  
6 whether the patient has primary or secondary  
7 hypogonadism. In primary, hormonal intervention is  
8 not really indicated because, in general, these  
9 patients won't respond, so donor sperm, assisted  
10 reproductive technology, or adoption are means of  
11 fathering a child. In secondary hypogonadism,  
12 however, gonadotropin therapy can be used to  
13 stimulate endogenous testosterone production and  
14 spermatogenesis. And that can be used alone or in  
15 concert with assisted reproductive technology.

16           As I said, in men with secondary  
17 hypogonadism who desire fertility and who have a  
18 low sperm count, LH deficiency is typically  
19 corrected first with urinary derived human  
20 chorionic gonadotropin or hCG. hCG has  
21 pharmacologic activity that is nearly identical to  
22 LH. It has been available since the 1930s and is

1 approved for "selected cases of hypogonadotropic  
2 hypogonadism in males."

3           This product is used to simultaneously raise  
4 testosterone and simulate spermatogenesis, and in  
5 some men, it alone may be sufficient. If however  
6 no sperm are detected after 6 months of hCG  
7 treatment -- an FSH products can be added to the  
8 regimen, there are several recombinant FSH products  
9 that are approved by the FDA for induction of  
10 spermatogenesis with the first product being  
11 approved in 2000.

12           In open-label trials involving men with  
13 hypogonadotropic hypogonadism and azoospermia,  
14 these products were shown to increase the  
15 percentage of men having no sperm at baseline to  
16 achieving a sperm concentration greater than at  
17 least 1 million per mL during treatment. The  
18 million per mL threshold at that time was selected  
19 as the target because this value had been reported  
20 in the literature to permit pregnancy in  
21 approximately 90 percent of partners of  
22 hypogonadotropic hypogonadal men who were treated

1 with hCG and gonadotropins that had been derived  
2 from the urine of post-menopausal women.

3 So although that million per mL threshold  
4 was considered worthwhile back in 2000, one thing  
5 we want to ask the committee is whether that  
6 threshold still makes sense, as technology has  
7 changed.

8 Finally, for men who do not respond to  
9 hormonal manipulation, assisted reproductive  
10 technology is also available for the treatment of  
11 male infertility. These modalities include  
12 intrauterine insemination, which can be used for  
13 mild male infertility; in vitro fertilization; and  
14 then intracytoplasmic sperm injection, or ICSI,  
15 which has enabled men with even very, very low  
16 sperm concentrations to father a child.

17 As you've already heard this morning,  
18 because testosterone replacement therapy can impair  
19 spermatogenesis, there has been an interest in  
20 developing non-T alternatives to treat men with  
21 secondary hypogonadism. These products could  
22 either preserve fertility in men who are already

1 fertile or improve fertility in men who are  
2 infertile at baseline.

3 Candidate drug classes include gonadotropins  
4 like hCG, estrogen receptor agonists/antagonists  
5 products, and aromatase inhibitors. As we already  
6 mentioned, gonadotropins are approved for use in  
7 men with secondary hypogonadism, but their long-  
8 term use is limited by their cost and necessary  
9 injectable route of administration. So  
10 preparations with alternate routes of  
11 administration that are more affordable would be of  
12 interest in clinical development.

13 The first class of drugs I want to talk  
14 about is the estrogen receptor  
15 agonists/antagonists. These products competitively  
16 bind to estrogen receptors in the hypothalamus and  
17 pituitary gland. This results in less estradiol  
18 being recognized for negative feedback at these two  
19 places. You get greater secretion of gonadotropins  
20 and an increase in testosterone production, and  
21 these drugs may not suppress spermatogenesis. You  
22 need an intact hypothalamic pituitary testicular

1 axis for these products to be effective.

2 One member of that class is clomiphene  
3 citrate. This has been investigated both as an  
4 alternative to testosterone replacement therapy and  
5 as a treatment for male infertility. Clomiphene is  
6 approved for the treatment of ovulatory dysfunction  
7 in women who desire pregnancy.

8 The majority of published trials involving  
9 clomiphene have been uncontrolled with small sample  
10 sizes and involving a short duration of treatment,  
11 and they have involved men with hypogonadism  
12 associated either with age or obesity. And in  
13 these small trials, clomiphene did appear to  
14 increase serum testosterone to some extent, but  
15 there is no definitive evidence that that increase  
16 in serum testosterone led to any clinical benefit.

17 There was one small study involving three  
18 men with hypogonadotropic hypogonadism and azoo or  
19 oligospermia, and in this small study, clomiphene  
20 did raise sperm concentration from a baseline of  
21 zero, or close to zero, to greater than 10 million  
22 per mL after 3 months of treatment. But again,

1 because the benefit of increasing serum  
2 testosterone in men without classic hypogonadism  
3 has not been established, a clinical endpoint that  
4 shows that this drug improves how the patient  
5 feels, functions, or survives is needed in future  
6 trials.

7           Enclomiphene is an isomer of clomiphene  
8 citrate, and it has also been investigated as a  
9 treatment for raising serum testosterone into the  
10 normal range while also maintaining sperm  
11 concentration in men with secondary hypogonadism.  
12 Two published trials in obese men with secondary  
13 hypogonadism -- which in this case, in these trials  
14 was defined as a serum testosterone less than  
15 300 nanograms per deciliter, and these patients  
16 also had a baseline sperm concentration greater  
17 than 15 million per mL -- compared the effective  
18 enclomiphene to placebo and to exogenous  
19 testosterone and increasing testosterone and  
20 maintaining sperm concentration. At 16 weeks, the  
21 composite endpoint was the percentage of men with a  
22 normal serum testosterone and a sperm concentration

1 greater than 10 million per mL at 16 weeks.

2           So the intent of these trials and of this  
3 product is to raise serum testosterone and maintain  
4 sperm concentration in obese men with secondary  
5 hypogonadism. The problems that the FDA has with  
6 this goal is that there is no definitive evidence  
7 that raising testosterone in these men leads to  
8 clinical benefit. Furthermore, sperm concentration  
9 is only one marker of normal spermatogenesis and  
10 does not assure fertility.

11           The clinical utility of thresholds, whether  
12 it be 10 or 15 million, is unclear. And  
13 furthermore, maintaining sperm at or near  
14 pretreatment levels, even if it was shown to be  
15 meaningful, isn't relevant if the treatment has not  
16 been shown to provide clinical benefit for the  
17 underlying condition, in this case hypogonadism;  
18 otherwise, why wouldn't you just let the patients  
19 be and not intervene at all. They don't need  
20 therapy.

21           The last class of drugs I will discuss are  
22 the aromatase inhibitors. These include drugs such

1 as tamoxifen and letrozole. They have been  
2 investigated as an alternative to testosterone  
3 therapy in men with secondary hypogonadism. This  
4 class of drugs is approved for the treatment of  
5 breast cancer and inhibits the aromatase enzyme  
6 that is responsible for converting testosterone  
7 into estradiol. The result is you have -- as to  
8 how it may work in men with secondary hypogonadism,  
9 you have less estradiol available for negative  
10 feedback at the hypothalamus and the pituitary  
11 gland, so you have increased release of  
12 gonadotropins and then increased testosterone  
13 production.

14           These products have been studied primarily  
15 in men with hypogonadism attributed to obesity. In  
16 published small open-label trials in obese men with  
17 secondary hypogonadism treated with an aromatase  
18 inhibitor, testosterone is increased and estradiol  
19 levels do go down. But again, the clinical benefit  
20 of changes in these hormone parameters has not been  
21 demonstrated.

22           So as with the other classes of drugs, a

1 clinical endpoint that shows that the drug improves  
2 how the patient feels, functions, or survives is  
3 needed to show that these drugs are beneficial in  
4 treating men with secondary hypogonadism.

5 This background now leads us to a discussion  
6 of FDA's perspective on the development of  
7 non-testosterone products and the regulatory  
8 challenges that we face. I'm going to go over some  
9 questions that we would like the committee to  
10 consider in their deliberations.

11 The first issue is, for products intended to  
12 treat secondary hypogonadism that is not  
13 classic -- for example, that associated with  
14 obesity -- while preserving testicular function,  
15 the clinical benefit of raising testosterone in  
16 this patient population has not been established.

17 One approach could be to show that the  
18 product improves the signs or symptoms of  
19 hypogonadism, but that approach is challenging  
20 because many of the signs and symptoms of  
21 hypogonadism are non-specific. Furthermore, there  
22 are no patient-reported outcome measures currently

1 available that assess hypogonadal symptoms that  
2 meet the FDA validation criteria, which you're  
3 going to hear in our next presentation.

4           If the goal of the product is to maintain  
5 testicular function, how should that be defined and  
6 assessed? I want to note again that maintaining  
7 testicular function is not treating the underlying  
8 condition and cannot establish that increasing  
9 testosterone in these patients leads to clinical  
10 benefit.

11           With regards to treating secondary  
12 hypogonadism while improving testicular function,  
13 we have the following questions. Can clinical  
14 benefit be established based on raising  
15 testosterone and increasing sperm concentrations  
16 above a specific threshold? If not, what endpoints  
17 should be required? If yes, if that is a  
18 reasonable goal, what sperm concentration threshold  
19 should be used, and should other semen parameters  
20 be considered?

21           This brings us to the limitations in using  
22 semen analysis in assessing testicular function.

1 Analysis doesn't definitively distinguish fertile  
2 from infertile men because there is extensive  
3 overlap in sperm concentration, motility, and  
4 morphology in these two populations. Furthermore,  
5 there are other factors that may affect male  
6 fertility that are not detectable on a standard  
7 semen analysis, which include oxidative stress and  
8 sperm DNA fragmentation.

9           So even if your semen analysis was normal,  
10 it doesn't necessarily determine that  
11 you are still fertile or that you have been  
12 fertile.

13           If sperm concentrations, as I said, don't  
14 guarantee fertility, would fertility outcomes make  
15 sense? For classic hypogonadism, because there are  
16 such a small number of patients affected, fertility  
17 outcomes may not be feasible.

18           Another question we have is should the same  
19 approach in terms of clinical endpoints be applied  
20 to men who have no sperm compared to oligospermic  
21 men? As we've discussed, you don't need tons of  
22 sperm necessarily to conceive a child. So should

1 men who have oligospermia have a diagnosis of  
2 infertility at baseline? And then should the same  
3 approach be applied for classic hypogonadism as for  
4 non-classic hypogonadism?

5 Thank you for your time. I'll turn it over  
6 now to Selena Daniels, who will discuss the  
7 clinical outcomes assessment development.

8 FDA Presentation - Selena Daniels

9 DR. DANIELS: Good morning. My name is  
10 Selena Daniels, and I am a reviewer and a team  
11 leader on the Clinical Outcome Assessments Staff  
12 and the Center for Drug Evaluation and Research.  
13 For those who aren't familiar with our group, our  
14 role is to provide advice to Office of New Drugs  
15 review division in CDER, as well as our offices and  
16 centers upon request on matters pertaining to the  
17 development of clinical outcome assessments and  
18 related endpoints.

19 We just heard from Dr. Easley in terms of  
20 some of the challenges in measuring clinical  
21 benefit and secondary hypogonadism and a potential  
22 opportunity to explore a symptom measurement

1 approach. To measure symptoms, you need a clinical  
2 outcome assessment, specifically a patient-reported  
3 outcome assessment. So today, I'll be presenting  
4 the regulatory approach and how we review clinical  
5 outcome assessments and drug development.

6 The patient perspective is an important part  
7 of the drug development process, and FDA values the  
8 use of patient input to help foster the development  
9 and availability of safe and effective drugs.

10 There was an article published in JAMA by Hunter et  
11 al. in 2015 highlighting the importance of engaging  
12 patients across the spectrum of medical product  
13 development from the agency's perspective

14 Some of the key takeaways from that article  
15 were that FDA is working to give patients a greater  
16 voice. And with these efforts, this could lead to  
17 advances and transforming patients' experience of  
18 health care. It further noted that including  
19 meaningful clinical outcomes to patients can ensure  
20 that the patient's voice is captured. And one way  
21 to do this is to use patient-reported outcome  
22 assessments. Now, patient-reported outcomes

1 assessments are not always required for drug  
2 development programs, but they are preferred to be  
3 used in most symptomatic conditions.

4           There are multiple phases in the spectrum of  
5 drug development where a patient can be engaged  
6 beginning as early as the discovery phase and all  
7 the way into post-approval phase. This graphic  
8 illustrates some potential areas where patient  
9 input could be considered. At the discovery phase,  
10 patients can be engaged to identify unmet needs in  
11 diseases. Patients can inform clinical trial  
12 design at the clinical phase as well as inform  
13 clinical outcome assessments such as  
14 patient-reported outcomes, which can be used as  
15 endpoints of regulatory trials, and I'll discuss  
16 further in subsequent slides.

17           Lastly, at the post-approval phase, patients  
18 can be engaged to provide input on communications  
19 on benefit-risk. Patient-centered outcomes can  
20 also monitor post-approval and are often of  
21 interest to payers, providers, and of course  
22 patients themselves. However, the subject of

1 today's presentation will focus on the use of  
2 patient-reported outcome assessments in the  
3 clinical phase.

4           So what is an outcome assessment? An  
5 outcome assessment is essentially an assessment of  
6 an outcome that results in one or more recorded  
7 data points. FDA utilizes outcome assessments to  
8 determine whether or not a drug has been shown to  
9 provide clinical benefit to patients. Clinical  
10 benefit can be defined as a positive clinically  
11 meaningful effect of an intervention on how an  
12 individual feels, functions or survives. When  
13 clinical benefit has been demonstrated in  
14 registration trials, that description of that  
15 benefit can be provided in a label in terms of the  
16 concept or outcome that it measured.

17           There are different types of outcome  
18 assessments. There are clinical outcome  
19 assessments and there are surrogates. Within  
20 clinical outcome assessments, there are four  
21 different types. There is performance outcomes in  
22 which a subject is performing a specific task or an

1 activity such as 6-minute walk tests. And then you  
2 have outcome assessments that are reported by  
3 clinicians. These are generally disease severity  
4 rating scales. You have assessments reported by  
5 observers such as parents or caregivers who are  
6 assessing signs, events, or behaviors for patients  
7 who cannot self-report reliably such as young  
8 children and the cognitively impaired.

9           Most importantly, you have patient-reported  
10 outcomes. And a patient-reported outcome is a  
11 direct report from the patient on their health  
12 status without any interpretation from a clinician  
13 or anyone else for that matter, and they're  
14 reporting on their symptoms and their functioning,  
15 et cetera. Surrogates are often a biomarker that  
16 is intended as a substitute for how a patient  
17 feels, functions, or survives. Some examples of  
18 those could be blood pressure, hemoglobin A1c. The  
19 subject of this presentation is focused on clinical  
20 outcome assessments and specifically  
21 patient-reported outcomes for consideration of use  
22 in secondary hypogonadism.

1           It's very apparent that FDA is interested in  
2 how a patient feels, functions, or survives, but  
3 what does that mean? We do know that drugs have  
4 safety risks, therefore some general reasons that a  
5 patient might want to take a drug would be either  
6 to improve survival, improve symptoms, improve  
7 functional capacity, or decrease the probability of  
8 developing a complication, for example, a stroke.  
9 For secondary hypogonadism, a reason might be for  
10 treatment is to improve symptoms.

11           In saying all this, trial endpoints should  
12 be considered to measure at least one of these  
13 elements. Trial endpoints will generally not  
14 measure something that is not important to the  
15 patient. And at the end of the day, the goal of  
16 the therapy should make the patient feel better in  
17 how they feel or function.

18           This graphic metaphorically depicts the  
19 roadmap to patient-focused outcome measurement in  
20 clinical trials. It's important at the first step  
21 to have an adequate understanding of the disease  
22 under investigation. There are multiple elements

1 to explore in a disease area, which includes, but  
2 is not limited to, understanding the natural  
3 history of disease, patient subpopulations,  
4 real-world clinical practice, patient perspective,  
5 or caregiver perspective depending on the  
6 population that is being studied.

7           Once you have a firm understanding of  
8 disease, the next step is to conceptualize clinical  
9 benefit, which can entail identifying measurement  
10 concepts that are clinically important. Clinical  
11 important outcomes might include the core signs and  
12 symptoms of a disease or it could be aspects of  
13 functioning attributed to the disease, for example,  
14 physical function.

15           In addition to identifying measurement  
16 concepts, the context of use for an  
17 assessment -- in other words, the target  
18 population -- should be clearly defined for the  
19 assessment since the assessment would need to be  
20 appropriate for that study population and  
21 appropriate for the clinical outcome assessment  
22 type that's selected.

1           Once the measurement concepts and the  
2 context of use are known, it's important to  
3 consider how the assessment is going to be  
4 incorporated into the plan trial endpoints and how  
5 it fits into the endpoint hierarchy. It's often  
6 mistaken that the clinical outcome assessment is  
7 the endpoint, however, that isn't the case. The  
8 clinical outcome assessment is, again, the  
9 assessment that measures the outcome, and the  
10 endpoint would be the variable that is going to be  
11 statistically analyzed. In the case for clinical  
12 outcome assessments, the variable would be the  
13 score for an assessment, and the endpoint would be  
14 how you plan to analyze that score; for example,  
15 change from baseline.

16           Once you tackle these first two steps for  
17 disease understanding and clinical benefit, you're  
18 in a good position to start selecting or developing  
19 a clinical outcome assessment, whether it be  
20 searching for an existing assessment, modifying  
21 existing assessment, or developing an assessment de  
22 novo. To date, we are not aware of any

1 patient-reported outcome assessments designed for  
2 secondary hypogonadism that meets regulatory  
3 standards.

4           So this is the wheel and spoke diagram, and  
5 it represents the general iterative process of  
6 developing a clinical outcome assessment. The five  
7 spokes in the diagram represent the five key stages  
8 of clinical outcome assessment development, which  
9 is anchored by the hub or the core, the measurement  
10 concept which the assessment is intended to  
11 measure. As a reviewer, we look to see if that  
12 clinical outcome assessment has gone through these  
13 stages, which I'll elaborate a little bit more on  
14 the next slide.

15           This table goes a little bit more in detail  
16 in terms of the spokes in that previous diagram.  
17 Essentially, I'm not going to go over every single  
18 bullet, but essentially as a reviewer, we're  
19 looking for documentation of how that assessment is  
20 developed. And most importantly, we like to see if  
21 patient input has been incorporated, and if the  
22 concepts that are being measured are the most

1 important and relevant to the patient, and that the  
2 patient can understand and interpret the assessment  
3 appropriately. We refer to this as content  
4 validity of the assessment, and that is spoke 2.

5           Once content validity has been established,  
6 you can evaluate the other measurement properties  
7 of the assessment cross-sectionally and  
8 longitudinally, and that is spoke 3 and spoke 4.  
9 Some of those assessments could be reliability,  
10 validity, and sensitivity.

11           One thing to note is that the process to  
12 develop an instrument can be lengthy. It can take  
13 a few years, and the amount of time is dependent on  
14 where you're starting after developing an  
15 instrument de novo or if you're modifying an  
16 existing instrument. Regardless, it's critical  
17 that you seek FDA advice throughout the development  
18 process to avoid having an instrument at the end  
19 that does not meet regulatory standards. It's also  
20 wise to get experience with this assessment in  
21 earlier cases of drug development before  
22 registration trials.

1           As a reviewer, when we come into contact  
2 with an assessment, we have multiple questions that  
3 flow through our mind. We want to know is the  
4 instrument appropriately used in the trial; is it  
5 developed in the study population; does it measure  
6 what's important to the patient; and if there are  
7 multiple concepts or domains being measured, do  
8 they overlap? Is there redundancy?

9           Is the instrument reliable? Is it measuring  
10 what it's supposed to measure? Is it sensitive to  
11 detect change over time? Is there one question  
12 that is driving the results? If there's score  
13 improvement, what does that score improvement mean?  
14 If it's a 2-point change, what does that 2 points  
15 really mean?

16           So the FDA issued guidance on  
17 patient-reported outcome assessments in December  
18 2009 for industry. As a reviewer, we also refer to  
19 this guidance because it defines good measurement  
20 principles. In addition to this guidance, there  
21 are also evidentiary standards for us to follow.  
22 And within these standards, there are regulations

1 for clinical outcome assessments that require the  
2 methods of assessment of a subject's response to be  
3 well defined and reliable in an effort to avoid  
4 labeling statements that may be false or  
5 misleading.

6           When FDA evaluates clinical outcome  
7 assessments, it looks for characteristics that are  
8 consistent with these regulations. Although this  
9 guidance was developed for patient-reported outcome  
10 assessments, there are many principles that are  
11 applicable to any clinical outcome assessment type.  
12 This guidance provides an optimal approach to  
13 patient-reported outcome assessment development,  
14 but it's understood that flexibility and judgment  
15 are needed to meet both regulatory standards as  
16 well as the practical demands of drug development.

17           So we acknowledge that there is no perfect  
18 instrument, however, we do try to provide advice to  
19 sponsors to improve their measurement strategy and  
20 maximize the opportunity for successful use of  
21 assessments. And as such, we look for the  
22 following imported measurement characteristics of a

1 clinical outcome assessment.

2           We look to see that the assessment is  
3 appropriate for its context of use. It measures  
4 the most important concepts to the patient for that  
5 disease. Its contents or concepts are well  
6 defined. It generates consistent and reproducible  
7 data, so it's reliable. It measures what it's  
8 supposed to measure; it's valid. It's sensitive to  
9 detect change. And lastly, the score change is  
10 interpretable and reflective of meaningful changes.

11           I know I've presented some pretty generic  
12 information, and you're probably wondering how this  
13 is applied to drug development programs for  
14 secondary hypogonadism. So I wanted to take some  
15 time just to tie everything up together and make it  
16 specific to this condition of walking through this  
17 hypothetical case example.

18           When developing a measurement strategy, it's  
19 best to start with the end in mind. At the end of  
20 the day, what would you want to say about the  
21 product? In this case example, let's just say that  
22 we're seeking a labeling claim on symptom

1 improvement. With this you would want to select or  
2 develop a symptom assessment. The endpoint could  
3 possibly be changed from baseline, which this would  
4 measure symptom improvement throughout the clinical  
5 trial.

6 In terms of what symptoms to measure, this  
7 should ultimately be driven from patient input, but  
8 an example of one symptom might be reduced sexual  
9 desire and activity. The context of use might be  
10 male adults with symptomatic secondary  
11 hypogonadism. The clinical benefit would be  
12 resolution of clinical signs and symptoms. The  
13 concept of interest could be the severity of  
14 symptoms or maybe even the frequency of symptoms.  
15 And again, it would be a symptom assessment, but it  
16 would be a patient-reported symptom assessment  
17 since symptoms are only known to the patient.

18 As we've noted, there are some endpoints  
19 that involve clinical outcome assessments that  
20 could possibly be trial endpoints. There could be  
21 endpoints related to sign and symptom improvement  
22 and maybe even endpoints related to physical

1 functioning. Some considerations for measuring  
2 sign and symptom improvement are to prioritize  
3 concepts to include core signs and symptoms. You  
4 would want to select signs and symptoms that would  
5 be responsive to treatment, and we refer to those  
6 as proximal concepts. So in other words, you would  
7 want those concepts that could be modified by  
8 treatment.

9           We caution against using concepts that might  
10 not be non-responsive or unrelated to treatment  
11 effects, or concepts that might be affected by  
12 other external non-drug factors, and we refer to  
13 those as distal concepts. So again, you would want  
14 to enrich your trial with symptomatic patients  
15 because you would want to know if you're seeing  
16 improvement, and you would want a sufficient score  
17 at enrollment so you could observe a meaningful  
18 response throughout the trial.

19           Some of the same considerations in measuring  
20 sign and symptom improvement would follow suit for  
21 functional improvement. So again, you would want  
22 to prioritize concepts to include core aspects of

1 functioning attributed to disease. And again, you  
2 would want a sufficient score at enrollment with  
3 that assessment.

4 In concluding, I just wanted to share some  
5 pathways that are available to receive advice on  
6 clinical outcome assessments. There are three  
7 pathways. The first pathway is within the context  
8 of an individual drug development program. Again,  
9 we encourage drug sponsors to begin these  
10 discussions as early as the pre-IND stage so that  
11 if any work needs to be done on the proposed  
12 assessments, there is time to do so before phase 3.

13 The second pathway is outside of the drug  
14 development program, and this is through our drug  
15 development tool qualification process. In this  
16 program, we work with instrument developers to  
17 develop and qualify assessments for use across  
18 multiple drug development programs. We work with  
19 many stakeholders, including consortia, patient  
20 groups, individual academic investigators, and drug  
21 developers, to develop and qualify publicly  
22 available assessments.

1           The final pathway, or the third pathway, is  
2 the critical path innovation meeting pathway, also  
3 known as CPIM, and the goals of CPIM are to discuss  
4 a proposed methodology and technology and provide  
5 general advice on how that methodology or  
6 technology might enhance drug development. We've  
7 tried to identify some larger gaps in existing  
8 knowledge that requesters might consider addressing  
9 in the course of their work.

10           That concludes my presentation, and I've  
11 left here some helpful links to guidances on our  
12 patient-reported outcomes, the drug development  
13 program, as well as the drug development clinical  
14 outcome assessment web page. Thank you.

15           Clarifying Questions to the FDA

16           DR. LEWIS: Thank you. We'd like to now  
17 take some questions for the FDA. Please remember  
18 to state your name for the record before you speak.  
19 If you can, direct your question to a specific  
20 presenter, and please be sure that you're close to  
21 the microphone. Some people are having a hard time  
22 hearing around the panel. Dr. Braunstein?

1 DR. BRAUNSTEIN: Glen Braunstein. A  
2 question for Dr. Easley and possibly Dr. Daniels,  
3 the same question. And while they're coming up,  
4 there's a minor error in slide 19. Tamoxifen is  
5 not an aromatase inhibitor. It's actually a  
6 blocker at the estrogen receptor. So I think that  
7 should have been anastrozole rather than tamoxifen.

8 DR. EASLEY: Yes. Thank you.

9 DR. BRAUNSTEIN: The question is this. In  
10 the February 2016 issue of the New England Journal  
11 of Medicine, Dr. Snyder reported on the results of  
12 the testosterone trial in age-related hypogonadism.  
13 He studied 790 males at 65 years of age or older  
14 and randomized them in receiving testosterone gel  
15 or placebo. They were all symptomatic. They all  
16 had testosterone at baseline, less than  
17 275 nanograms per deciliter.

18 They studied sexual function, physical  
19 function, and vitality, and they found in that  
20 trial, which was a yearlong trial, that there is  
21 increased sexual activity with desire and function  
22 increasing, and there is an improvement in mood and

1 depressive symptoms, but no improvement in vitality  
2 or walking distance.

3           So my question is this. There is evidence  
4 that treating individuals who have non-classical  
5 hypogonadism with testosterone in an adequately  
6 powered, double-blind, placebo-controlled trial  
7 does result in improvement, at least in sexual  
8 symptoms, which would go along with Dr. Wu's EMAS  
9 studies, which showed that the best correlates of  
10 symptomatic hypogonadism are with sexual findings,  
11 erectile dysfunction, thoughts and desire, and  
12 things like that.

13           So my question is, what was wrong with that  
14 trial? Why can't those measures be used to look at  
15 endpoints?

16           DR. LEWIS: For obesity I assume you mean.

17           DR. BRAUNSTEIN: Well, for obesity or for  
18 age-related hypogonadism. I mean, we're still  
19 talking about non-classical hypogonadism.

20           DR. EASLEY: Well, even though that trial  
21 may have found an improvement, we have really  
22 strict criteria that we -- any questionnaire can't

1 just be submitted and said, yeah, this shows an  
2 improvement. We have a very rigorous methodology  
3 by which we evaluate questionnaires. They have to  
4 be prospectively studied and shown to evaluate the  
5 treatment response in the population that you're  
6 looking for.

7           So if you wanted to use a sexual by  
8 whatever, increase sexual function questionnaire in  
9 men with obesity-related hypogonadism, you need to  
10 do validation studies in that population first and  
11 show that this measures the concept you want to  
12 measure objectively. We can rely on the results.  
13 We know how much of an improvement we should find.

14           So it's not as easy as it sounds. Just  
15 because that study showed that in the New England  
16 Journal, the measures they used may not pass the  
17 muster of the COA staff here at FDA.

18           I don't know if Selena wants to add on to  
19 that.

20           DR. DANIELS: So just to elaborate a little  
21 bit further, in terms of the steps that I've shown  
22 in my presentation, we look for certain criteria in

1 terms of were those questionnaires developed in  
2 that study population. That would be one context.  
3 Not to say that they couldn't do additional work  
4 with those instruments in the secondary  
5 hypogonadism or in general, but you would also want  
6 to look to see if patient input has been included  
7 in those assessments and if those concepts spur the  
8 same relevance to this population as well.

9 DR. HIRSCH: I am Mark Hirsch, medical team  
10 leader in urology in this division. Two comments,  
11 Dr. Braunstein. Dr. Snyder's trial was consistent  
12 with the Institute of Medicine's advice to us, to  
13 the community at large, that we explore different  
14 areas of benefit in hypogonadism. So it was a  
15 series of small trials that composed one larger  
16 trial. And we view it in light of a phase 2 sort  
17 of exploration of benefit. That's one comment.

18 The second comment is those differences in  
19 sexual function were actually rather small,  
20 although statistically significant, and still  
21 require further discussion of their clinical  
22 meaningfulness.

1 DR. LEWIS: Thank you. Dr. Howards?

2 DR. HOWARDS: Yes. I'm going to preface my  
3 question with a comment that I use this type of  
4 drug quite a bit in infertile obese men, so I  
5 actually use these drugs. But I do have a question  
6 for the FDA, probably Dr. Joffe.

7 As I'm sure you recall, when we had the  
8 meeting in 2014 regarding testosterone labeling, we  
9 met for a whole day, and we came out with these  
10 labeling concepts, which have been mentioned  
11 already today. But the next half-day, we had a  
12 review of an oral androgen preparation that had  
13 been widely used in Europe, and there was extensive  
14 data showing its efficacy and safety in the short  
15 term; actually not in a real short term, up to  
16 10 years. And yet, we disapproved that drug  
17 because of the discussion of the previous day about  
18 testosterone and testosterone labeling.

19 Now we're being asked to approve drugs that  
20 elevate serum testosterone. It seems to me that  
21 decision in 2014 goes in clear opposition to even  
22 having this hearing. So I'd like the FDA's

1 clarification on that.

2 DR. JOFFE: This is Hylton Joffe. First,  
3 I'd like to clarify that the second day advisory  
4 committee was unrelated to the first day. The  
5 second day was really a discussion of a specific  
6 drug and whether the benefits of those drugs  
7 outweighed the risks using the typical FDA approval  
8 paradigm for the standard testosterone indication.

9 Now we're a little different. We're talking  
10 not about the standard testosterone indication, but  
11 we're talking about these men who have these  
12 conditions where we're not sure if you raise  
13 testosterone, what benefit are you conferring to  
14 these men.

15 DR. HOWARDS: But I voted not to approve  
16 that drug, but I also voiced the opinion that it  
17 was very unfair to that company because we totally  
18 changed the standard because of the discussion the  
19 day before. A similar drug before that day would  
20 have been approved easily. So we had a  
21 complete -- the day before affected the decision  
22 the next day.

1 DR. JOFFE: Yes. I don't want to go too  
2 much off on a tangent. But really, if you look  
3 back at the transcripts and the issues with that  
4 specific drug, you'll see that there were issues  
5 that are unrelated to what happened on the first  
6 day, titration issues, food effect issues. So I  
7 beg to disagree on that. But let's go back and see  
8 if anybody else has any other questions.

9 I guess the question here is, is  
10 testosterone an adequate surrogate for clinical  
11 benefit? The FDA's view is if you take men who  
12 have classic hypogonadism -- so they clearly have  
13 low testosterone, and we know they shouldn't; you  
14 take a Klinefelter's patient, Kallmann syndrome, we  
15 know that testosterone should not be  
16 low -- replacing testosterone in those patients  
17 make a lot of sense.

18 When you take someone who has  
19 obesity-related hypogonadism, who really have an  
20 intact testicular hypothalamic pituitary testicular  
21 axis because otherwise they wouldn't respond  
22 endogenously when you give these other agents, how

1 do we know those patients benefit when their  
2 testosterone is raised?

3           That's the question. It kind of reminds me  
4 a little bit of the hormone therapies for women,  
5 where everyone said, oh, it's obvious. If you're  
6 post-menopausal, your estrogens are down, give it  
7 back, and everybody's going to benefit and it's  
8 going to be safe. But that turned out not to be  
9 the case. So it's akin to that kind of example.

10           DR. LEWIS: Anybody else from FDA?

11           DR. JOFFE: And let me add just one more  
12 thing. There's a difference between real-world use  
13 of drugs and an FDA indication. FDA doesn't  
14 regulate the practice of medicine. So if a doctor  
15 in his or her practice wants to prescribe  
16 testosterone for a patient with obesity-related  
17 hypogonadism, that's in their patient-doctor  
18 relationship, and that's fine. But to have an  
19 indication where FDA says this drug is specifically  
20 approved for this condition requires substantial  
21 evidence of effectiveness, and those benefits have  
22 to outweigh the risks. So we're coming at it from

1 a different angle.

2 DR. LEWIS: Thank you. Dr. Adler, did you  
3 have a question?

4 DR. ADLER: Yes. Robert Adler. I want to  
5 preface my remarks by saying --

6 DR. LEWIS: Can you speak closer to the  
7 microphone?

8 DR. ADLER: I want to preface my remarks by  
9 saying that I see patients in Veterans Medical  
10 Center, but the opinions that I will express are my  
11 own and not necessarily those of the Department of  
12 Veterans Affairs.

13 I'm a little concerned about the blurring of  
14 functional secondary hypogonadism between older men  
15 and younger men. And I see men in their 20s and  
16 30s with one of several, and sometimes more than  
17 one of several, conditions, including obesity, but  
18 also post-traumatic stress disorder, chronic opiate  
19 analgesic use, and even mild traumatic brain injury  
20 where we cannot see a specific abnormality on any  
21 kind of imaging of the pituitary and the  
22 hypothalamus.

1 I'm a little concerned that what we talked  
2 about at the 2014 session is coming into this, and  
3 I have a lot more trouble saying I don't want to  
4 restore the testosterone level in a 30-year-old man  
5 versus a 65-year-old man who wants to get his  
6 testosterone boosted. And I think it's really  
7 important that age be considered in any review of a  
8 given drug. Thank you.

9 DR. LEWIS: Any comment from FDA?

10 DR. JOFFE: I think it comes back to what  
11 benefit are men getting by having their  
12 testosterone increased. We think it makes sense to  
13 increase, but if you go from a 290 to a 390, are  
14 those men getting any benefit from having the  
15 testosterone go up to that degree, and what are all  
16 the safety concerns that come along with that?

17 DR. ADLER: Sure. I don't disagree with  
18 you, and I think the studies need to be done. I  
19 mean, we do have all the literature that in younger  
20 men, for example, testosterone replacement does  
21 increase bone density. It's not quite the same  
22 thing that Dr. Drake was talking about, but at

1 least we have some earlier data suggesting that  
2 there are some potential measurable hard endpoints  
3 that could be used.

4 DR. LEWIS: Thank you. Dr. Hanno?

5 DR. HANNO: Thank you. I have some of the  
6 same concerns Dr. Adler just mentioned. I have  
7 trouble getting my head around why classic  
8 hypogonadism uses one set of endpoints and  
9 non-classic uses another. And what is the issue  
10 we're really looking at? And I think that it's  
11 probably the age of onset rather than the etiology.  
12 And maybe that's what we should be focusing on, and  
13 that would really change how we look at endpoints  
14 and what endpoints are important. That's my  
15 comment.

16 DR. GASSMAN: Dr. Hanno, I guess my follow-  
17 up question was if we're going to look at age of  
18 onset, one of the things that we're struggling with  
19 is what cut-offs would you use? Is 50, 55?

20 DR. HANNO: I think that's a very good  
21 question, but that changes the whole focus of what  
22 we're talking about. And I think it's important to

1 perhaps focus this in a different way so that we're  
2 looking at the real issue that seems to be  
3 bothering everybody rather than the fact  
4 that -- why should the etiology make such an  
5 important difference in trial endpoints in and of  
6 itself? Is it something else that we're really  
7 looking at?

8 DR. EASLEY: I have another question -- this  
9 is Olivia Easley -- related to that. To me, it  
10 seems that the etiology's important because if  
11 someone's in the ICU and their testosterone is low  
12 because they're acutely ill, you wouldn't want to  
13 replace it. If someone has a reversible cause or  
14 they're obese even -- you know what I mean? I feel  
15 do those men really --

16 DR. HANNO: I totally agree. I think we  
17 should try and determine the etiology because some  
18 etiologies are treatable directly. But if we have  
19 someone with hypogonadism that has had mumps  
20 orchitis, and you can't change that, or they have  
21 idiopathic hypogonadism later in life and it's not  
22 classic by definition, what is the difference? I

1 think it's the age of onset that you're most  
2 concerned about.

3 DR. LEWIS: Thank you. Dr. Dmochowski?

4 DR. DMOCHOWSKI: Well, I guess this  
5 dovetails into what both Dr. Adler and Dr. Hanno  
6 have said. I've been really struggling with what  
7 we're trying to accomplish today because -- and in  
8 contradistinction to Phil, I'm not so sure it's an  
9 age-related thing.

10 I was looking at Dr. Easley's presentation  
11 and her slide 21 and slide 2, which just  
12 simply -- she has chosen to really drill down on  
13 non-classic, secondary hypogonadism, e.g.,  
14 associated with obesity. And the question is, I  
15 can see developing a PRO for that condition. I  
16 can't see developing a PRO for a condition that is  
17 predominantly the patient is seeking care for  
18 infertility.

19 So perhaps it's not age. And again, in  
20 appreciation of the FDA's JAMA article, which  
21 basically said what do the patients want, maybe  
22 this is what the patients are asking. Is this an

1 infertile presentation or is this a hypogonadal  
2 symptomatic presentation? Two very different  
3 things in my mind.

4           Now, they may conflate and overlap. The  
5 Venn diagrams are not mutually exclusive. I think  
6 if we're going to give guidance to industry about  
7 how to successfully develop a trial, it makes no  
8 sense to say take a PRO and give it to a  
9 21-year-old who's infertile and may have some  
10 component of hypogonadism but is absolutely  
11 asymptomatic from every other standpoint.

12           So I think we're trying to really -- we're  
13 taking the proverbial square peg and trying to ram  
14 it into the round circle by trying to make  
15 everything fit. I don't think this is a one size  
16 fits all. And I think Dr. Easley very nicely said,  
17 okay, let's take an area of focus, overweight men  
18 who have some hypogonadal, quote/unquote "symptoms"  
19 and are infertile, or not, and then use that.

20           So use the patient to help us guide this  
21 because I'm not sure we're going to be -- listen.  
22 I live in a world of incontinence episodes and PROs

1 related to that, and I'm listening to you guys who  
2 know everything about semen functional quality, and  
3 for years you're using a number that probably is  
4 remotely predicted but not very much so. So how  
5 are we going to give good advice today? So I guess  
6 that's my point.

7 DR. LEWIS: Any comment from FDA?

8 DR. JOFFE: This is Hylton Joffe. That's a  
9 good point. And Dr. Dmochowski, what you were  
10 saying is consistent with what I had in my opening  
11 remarks, where I said if you're a drug that's  
12 intending to improve fertility in men who have  
13 secondary hypogonadism, and that's all you want for  
14 an indication, then go after a fertility endpoint.  
15 And then we have to have discussion on what that  
16 endpoint should be so we're assured reasonably that  
17 we're actually leading to positive fertility  
18 outcomes; whereas if you want a broader indication,  
19 then you need other endpoints as well.

20 DR. LEWIS: Dr. Bauer?

21 DR. BAUER: I just want to weigh in a little  
22 bit on this conversation about age cut-offs. I

1 suspect it would have been ideal if we actually  
2 didn't separate classic secondary hypogonadism from  
3 what we've been talking about today. But in fact,  
4 I think the tradition is and also because the  
5 patient numbers are so small, it would have been  
6 extremely difficult, if not impossible, to do  
7 clinical outcome studies looking at the proper dose  
8 of testosterone in Klinefelter patients.

9           So I don't think it's really any different;  
10 it's just a matter of what's historically. Now  
11 we're talking about a huge, huge number of middle  
12 age and older men that are obese and that  
13 potentially are at risk for this.

14           But I actually did want to get back to the  
15 infertility issue. And Dr. Easley, I'm going to  
16 ask you to comment on slide 12 because maybe you or  
17 someone at FDA can remember with some historical  
18 detail about the decision to use a cut-point of  
19 greater than a million sperm per mL for the  
20 recombinant FSH.

21           Was that based on the concept that this was  
22 a surrogate outcome based on data that showed that

1 among treated men, if you got to a million, that  
2 increased pregnancy outcomes, or was this a number  
3 that was generated otherwise? Do you know?

4 DR. EASLEY: Yes. This was based on data at  
5 the time that men treated with hCG and  
6 menotropin -- so gonadotropins derived from the  
7 urine of menopausal women -- that 90 percent of the  
8 partners of these men achieved pregnancy if the  
9 sperm count was at least a million. So that's why  
10 they chose that endpoint.

11 DR. BAUER: I see. So why is it that now we  
12 are talking about different cut-points and  
13 different things for this drug? Is it because it's  
14 a different intervention, or is it not thought to  
15 be an overall effect? Can you explain that to me?

16 DR. EASLEY: Yes. That's a very good  
17 question.

18 DR. JOFFE: This is Hylton Joffe. Those  
19 drugs were studied in a very select patient  
20 population. So those are men who had no sperm at  
21 baseline, nothing on their semen analysis.

22 I don't know if Dr. Hirsch wants to comment.

1 No? So raising sperm concentrations in those men  
2 may be different if you have a man who's subfertile  
3 and his sperm concentrations are 9 million and  
4 you're talking about raising it to about 15 million  
5 or whatever. It's not exactly an apples to apples  
6 comparison.

7 DR. BAUER: Right. I just wanted to ask the  
8 FDA the same question that I asked the industry  
9 representative earlier. Is it true that there are  
10 no clinical data that look at the efficacy of sperm  
11 counts as a surrogate measure for pregnancy  
12 outcomes in the population that we are talking  
13 about today? Are you aware of any studies that  
14 looked at that?

15 DR. GASSMAN: Well, this is from a  
16 regulatory perspective. From a regulatory  
17 perspective, the studies that have been done are  
18 the recombinant FSH that are for a sperm  
19 concentration of greater than 1 million per mL.  
20 But I do want to point out this was done in 2000.

21 Obviously, one of the things that we're  
22 doing by coming here is saying do we need to change

1 the paradigms for clinical trials? Are we looking  
2 at the right endpoints, the wrong endpoints, the  
3 right cut-offs, the wrong cut-offs? Are we  
4 thinking about this? Should our thinking change?

5 That's why we're coming to you as the  
6 committee because what was done in 2000, we've got  
7 more data, different assays, different information,  
8 and more literature. So we're coming to you as the  
9 experts to say we've been doing -- that was 2000.  
10 Now we're in almost 2017. How should we be framing  
11 the discussion? What endpoints should we be  
12 looking at?

13 DR. LEWIS: We'll take a couple of more  
14 clarifying questions, and I want to emphasize we do  
15 have time for discussion. A lot of this is  
16 discussion that we can go to later. Dr. Weinfurt?  
17 You're okay. Dr. Thomas?

18 DR. THOMAS: Just a quick question for  
19 Dr. Joffe. If a drug were to appear that would  
20 improve fertility, yet for some reason didn't  
21 increase testosterone and you couldn't give  
22 testosterone, would that be acceptable? I'm

1 thinking of the fact that having a low testosterone  
2 has its consequences.

3 DR. JOFFE: Right. I guess it comes down to  
4 what's the intent of the drug. If the drug says  
5 it's intended to improve fertility and it shows  
6 that it improves fertility barring any safety  
7 issues and, again, benefit outweighing the risk,  
8 we'd approve it for what it's intended to do.

9 I think we shouldn't get hung up on numbers  
10 here, because at the end we're not treating a  
11 number. We've got to treat a patient with the  
12 intent that any improvement in number leads to some  
13 kind of clinical benefit.

14 DR. THOMAS: The thing is, unfortunately,  
15 these agents also raise testosterone, so you get  
16 the benefit of testosterone repletion and things  
17 like bone health, et cetera, not all of them. But  
18 theoretically then you would just say if a drug  
19 improved fertility and you couldn't address the  
20 testosterone because giving testosterone might  
21 impair that, how long would you treat someone for  
22 where the risks start to become increasing from a

1 testosterone deficiency?

2           The reason I bring this up is there are  
3 differences in the issues of fertility versus  
4 testosterone treatment. I think that's kind of the  
5 crux of these other agents. If it's just  
6 testosterone replacement, it's a much harder  
7 argument of why you would use other agents than  
8 testosterone. But fertility's really what drives  
9 you to using agents other than testosterone.

10           DR. JOFFE: And also I think it's this issue  
11 of are you improving fertility or trying to  
12 maintain sperm, testicular function, and what does  
13 that mean to maintain testicular function.

14           DR. LEWIS: Thank you. Quickly, Dr. Nahum,  
15 and then we will be breaking for lunch.

16           DR. NAHUM: Gerard Nahum. I have a question  
17 for FDA. We've heard some discussion about  
18 evidence that's in the literature. Clearly, you've  
19 asked us as a committee to address some of the  
20 issues that come up with clinical trial design and  
21 clinical endpoints for those trials. But I wonder  
22 in the current setting, with FDA changing its

1 thinking perhaps a little bit about real-world  
2 evidence, what sort of evidence could be gleaned  
3 from the real world that might be able to  
4 supplement the labeling and augment the indications  
5 for drugs that are already on the market and being  
6 used off label for some of these indications. The  
7 one that jumps to mind is clomiphene citrate, but  
8 aromatase inhibitors as well, and potentially other  
9 drugs.

10           What level of evidence could be brought to  
11 bear from evidence that comes from the real world  
12 to try and influence at a regulatory level what the  
13 labeling looks like and what indications might be?

14           DR. JOFFE: Real-world evidence is a hot  
15 topic these days, and there is interest in trying  
16 to leverage real-world evidence in the regulatory  
17 sphere. I think the devils are in the details in  
18 terms of how good that real-world evidence is and  
19 what is it exactly showing.

20           You've heard issues, for example, with  
21 published studies using patient-reported outcomes  
22 that really aren't validated, that we don't think

1 are fit for purpose in measuring what they're  
2 supposed to measure. So it comes down to quality  
3 of evidence, what those results look like, how the  
4 data were generated, are they trustworthy data and  
5 things like that, which is hard and abstract. So  
6 that's why I said the devil's in the details.

7 We're open always to hearing proposals if  
8 companies had an idea of how they could leverage  
9 some existing data, and then those data would  
10 undergo and in-depth review at FDA to determine  
11 whether they would be of utility or not.

12 DR. LEWIS: Thank you. We will now break  
13 for lunch. We will reconvene in one hour, 1:05 I  
14 guess, in this room. Take your personal  
15 belongings, please, when you leave. And committee  
16 members, remember, please do not discuss the  
17 matters at hand during lunch. I think the  
18 committee members also have a conference  
19 room -- they do -- right across the hall where we  
20 will have lunch. Thank you.

21 (Whereupon, at 12:03 p.m., a lunch recess  
22 was taken.)

## 1                   A F T E R N O O N   S E S S I O N

2                                   (1:05 p.m.)

## 3                                   Open Public Hearing

4                   DR. LEWIS: I'm going to ask everyone to  
5 take their seats so we can resume. We're going to  
6 start the open public hearing session in just a  
7 moment.

8                   Both the Food and Drug Administration and  
9 the public believe in a transparent process for  
10 information-gathering and decision-making. To  
11 ensure such transparency at the open public hearing  
12 session of the advisory committee meeting, FDA  
13 believes it is important to understand the context  
14 of any individual's presentation. For this reason,  
15 FDA encourages you, the open public hearing  
16 speaker, at the beginning of your written or oral  
17 statement to advise the committee of any financial  
18 relationship you may have with the sponsor, its  
19 product, and if known, its direct competitors.

20                   For example, this financial information  
21 might include the sponsor's payment of your travel,  
22 lodging, or other expenses in connection with your

1 attendance at this meeting. Likewise, FDA  
2 encourages you at the beginning of your statement  
3 to advise the committee if you do not have any such  
4 financial relationships. If you choose not to  
5 address this issue of financial relationships at  
6 the beginning of your statement, it will not  
7 preclude you from speaking.

8           The FDA and this committee place great  
9 importance in the open public hearing process. The  
10 insights and comments provided can help the agency  
11 and this committee in their consideration of the  
12 issues before them. That said, in many instances  
13 and for many topics, there will be a variety of  
14 opinions. One of our goals today is for this open  
15 hearing process to be conducted in a fair and open  
16 way where every participant is listened to  
17 carefully and treated with dignity, courtesy, and  
18 respect. Therefore, please only speak when  
19 recognized by the chair. Thank you for your  
20 cooperation.

21           Would speaker number 1 please step up to the  
22 podium and introduce yourself? Including stating

1 your name and organization.

2 DR. TEAL: My name is John Teal. I am an  
3 adult psychiatrist and faculty member of McLean  
4 Hospital and a clinical instructor at Harvard  
5 Medical School. The views and opinions expressed  
6 are my own as a member of the public and do not  
7 reflect any affiliation with any academic  
8 institution or industry sponsor. I do not have any  
9 financial disclosures.

10 The aim of my talk is to ask the advisory  
11 board that if patient-reported outcomes, necessary  
12 for approval for new treatments for secondary  
13 hypogonadism due to obesity in these  
14 reproductive-aged men, are required, that low mood,  
15 low energy, and amotivation are included as  
16 distinct patient-reported symptoms and recommended  
17 in all current and future trial designs.

18 An anecdote, in my office I frequently do  
19 consultations for depressed men who have failed or  
20 only gotten partial responses from conventional  
21 treatments like SSRIs. Clinically, these men have  
22 low mood, low energy, diminished interest in sex,

1 and low motivation. They're typically sedentary  
2 and inactive.

3 I always perform metabolic screening,  
4 specifically testosterone screening, which is not a  
5 standard feature of traditional psychiatric  
6 diagnostic assessment. I frequently find these  
7 treatment-resistant men share similar  
8 characteristics in addition to their obesity such  
9 as low testosterone and low to normal luteinizing  
10 hormone. So they all meet most largely criteria  
11 for secondary hypogonadism.

12 It's my opinion that this cohort of men, who  
13 are familiar to all of us because they present in  
14 our psychiatric, urology, and primary care clinics,  
15 represent a specific subtype of depression  
16 patients; more specifically, a subtype due to an  
17 endocrinologic etiology rather than major  
18 depressive illness. I believe that because of the  
19 epiphenomenon of low mood, these men are  
20 effectively misdiagnosed often with major  
21 depressive disorders leading to ineffective and  
22 expensive psychiatric treatments with significant

1 iatrogenic potential.

2           This population of men was further  
3 characterized in a recent study by Michael Irwig at  
4 George Washington University, where he screened 200  
5 hypogonadal men, 91 percent meeting criteria for  
6 secondary hypogonadism with low or normal LH. Of  
7 this cohort, 81 percent were overweight and  
8 56 percent presented with clinically significant  
9 depressive symptoms and associated neurovegetative  
10 features, including low motivation and low energy.  
11 Twenty-five percent of these men were already on  
12 one conventional antidepressant, thus suggesting  
13 limited effectiveness of the psychiatric  
14 treatments.

15           In my clinic, anecdotally, after beginning  
16 testosterone replacement therapy under my care,  
17 many of these men exhibit profound improvements in  
18 low mood and low motivational states. I've  
19 observed many cases where upon treatment of these  
20 depressive states, many of these men are more able  
21 to engage in better self-care, increased physical  
22 activity, improved work performance, and ultimately

1 decreased levels of obesity essentially leading to  
2 reversal of this syndrome. A large percentage are  
3 eventually able to get off all medications,  
4 including psychiatric medications.

5 A 2014 study by Hamid Amanatkar at Saint  
6 Louis University conducted a meta-analysis  
7 reviewing the impact of testosterone replacement  
8 therapy on mood. While this review did not draw  
9 distinction between primary and secondary  
10 hypogonadal states, it clearly highlights a  
11 relationship between restoring testosterone levels  
12 in men and improvement in mood.

13 Interestingly, during the subgroup analysis,  
14 they showed that younger men, presumably of  
15 reproductive age under 60 years old, had greater  
16 treatment effects than older men with presumed  
17 age-related hypogonadism. The analysis also  
18 revealed that dysthymia, otherwise known in DSM-V  
19 as persistent depressive disorder, had greater  
20 treatment effects in major depressive disorder  
21 suggesting a further means of differentiation  
22 between these two conditions.

1           While TRT is currently our only viable  
2 treatment for this particular cohort of men, I  
3 believe selective estrogen receptor modulators such  
4 as enclomiphene represent a much safer alternative.  
5 SERMs are not abusable, thus limiting induction of  
6 aggressive or manic mood episodes at  
7 supraphysiologic doses, which is a concern for  
8 psychiatrists.

9           SERMs also avoid the problem of severe  
10 suppression of the hypothalamic axis, which is  
11 different from TRT, which we know that after  
12 cessation leads to its own unique depressive  
13 syndrome and can sometimes facilitate need for  
14 long-term chronic dependence, which is a phenomenal  
15 study by my colleague Skip Pope at Harvard Medical  
16 School.

17           Last and perhaps most importantly, to many  
18 of my young patients, particularly ones between the  
19 ages of say 20 and 40, selective estrogen receptor  
20 modulators maintain normal spermatogenesis, thus  
21 giving these men the possibility of starting their  
22 own families, a possibility that's sometimes

1 diminished if TRT and its inhibition of  
2 spermatogenesis remains the only viable means of  
3 restoration of testosterone in these particular  
4 group of men.

5 In conclusion, I'd like to ask the advisory  
6 board that if patient-reported outcomes are  
7 required for approval and new treatments, please  
8 consider low mood, low energy, and amotivation as  
9 distinct patient-reported symptoms of secondary  
10 hypogonadism due to obesity in reproductive-aged  
11 men in current and all future trial designs. I  
12 believe that with the FDA's support and guidance,  
13 we can as a field better understand this distinct  
14 cohort of men and one day approve safe and  
15 effective treatments, avoiding both ineffective  
16 psychiatric medications and the iatrogenic risk of  
17 exogenous testosterone replacement therapies.

18 Thank you.

19 DR. LEWIS: Thank you. Would speaker number  
20 2 please approach the podium?

21 DR. HELLSTROM: My name's Wayne Hellstrom,  
22 and I'm a professor of urology at Tulane. I'm the

1 immediate past president at the ISSM, the SMSNA,  
2 and the American Society of Andrology. And I speak  
3 on behalf of the first two societies, which paid  
4 for my taxi and plane here today, and back tonight,  
5 hopefully.

6 Just a brief background, it was 1931 that  
7 testosterone was first isolated, in the mid '30s,  
8 it was synthesized, and by 1939 it was actually  
9 introduced into clinical practice. I bring this  
10 article here. This is over 75 years old by a  
11 fellow name Aub in the New England Journal of  
12 Medicine.

13 You can see in his introduction, he talks  
14 about testosterone being powerful and a  
15 considerable value, and is one of those post-drugs  
16 recently introduced, and its effects are so  
17 definite and widespread, and its use should be  
18 regulated with careful judgment and understanding.  
19 He also states that the pituitary at higher doses  
20 is basically inactivated and causes the testes to  
21 shrink. This is remarkable because this was  
22 75 years ago that this is written in, and it seems

1 like we're still talking about it today.

2           Looking at a number of different studies  
3 across different continents, you can see that  
4 testosterone deficiency occurs anywhere between 2  
5 and 38 percent. This variability is attributed to  
6 the heterogenous population through study, the  
7 different instruments that are used to identify  
8 this subject to be studied, and the different  
9 biochemical thresholds that are used.

10           Testosterone sometimes gets a bad rap. It's  
11 thought as a sex drug, but it's very ubiquitous.  
12 It affects many cells and organs of the body and  
13 has very positive effects in different areas where  
14 all recognized. I won't agree with this, but these  
15 are the typical signs and symptoms of male  
16 hypogonadism, in particular, a decreased libido and  
17 erectile dysfunction.

18           As a definition, mild hypogonadism is the  
19 failure of the testes to produce sufficient  
20 testosterone and maintain spermatogenesis. The  
21 causes are primary, which may be testicular  
22 failure; secondary, which is the higher centers,

1 mainly the hypothalamus and pituitary. The third  
2 category I include here is mixed, which is a  
3 combination of both above, and it's been labeled by  
4 different names, late onset hypogonadism or adult  
5 onset hypogonadism. This is not necessarily age  
6 dependent, but it seems to be related to  
7 comorbidities and chronic diseases and usually  
8 occurs in men of adult middle age and late age.

9           We're all familiar with the pathway with the  
10 negative feedback from the higher centers, the  
11 testes. As shown before in the middle here,  
12 primary hypogonadism basically has a failure of the  
13 testes to work, so you have elevated gonadotropins  
14 on the far right. When the testes do work, they're  
15 low levels of gonadotropins from higher levels that  
16 do not permit the testes to work properly.

17           A study by Guay looked at different age  
18 groups of men, and by far, secondary hypogonadism  
19 outnumbered primary hypogonadism as the cause. This  
20 study I gather was presented this morning probably.  
21 It's the European Male Aging Study. And you can  
22 see, 3400 men from 8 different countries,

1 community-dwelling men, and they looked at both the  
2 testosterone and the LH levels. The vast majority  
3 of patients fall into the category of having normal  
4 levels. There is a compensated group. Only  
5 2 percent fell into the primary group and about  
6 11 percent fell into the secondary hypogonadal  
7 group.

8           Of note here, when we look at the age groups  
9 by decades between 40 and 80, there's no increase  
10 with age in secondary hypogonadism. This past  
11 summer in 2015, the Sexual Medicine Society of  
12 North America convened a conference to study the  
13 issue of men who present with the clinical scenario  
14 of low testosterone and associated signs and  
15 symptoms and either have low or normal gonadotropin  
16 levels. This is termed adult onset hypogonadism,  
17 and it's clinically distinct from the classical  
18 primary and secondary hypogonadism but is not  
19 necessarily an age dependent phenomenon.

20           We know that when it comes to obesity and  
21 the different components of the metabolic syndrome  
22 that all these relate to a lower total

1 testosterone, and the greater number of components  
2 that are involved in the metabolic syndrome, or  
3 obesity, the more likely that testosterone will  
4 drop.

5           If we look at one study from Italy, 4200 men  
6 who came to an ED office looking for identification  
7 of the causes, you can see only 11 percent of the  
8 patients were able to attribute the cause of their  
9 hypogonadism to these different conditions listed.  
10 Ninety percent didn't have any etiology. Now, if  
11 we look at that 90 percent, you can see that almost  
12 three-quarters had the typical metabolic syndrome  
13 type of components for obesity included in there,  
14 signifying the issue that may be involved with  
15 obesity and these different issues.

16           Just as an aside, there were two papers that  
17 came out in the last few years. Both of them were  
18 retrospective, not controlled, and didn't have  
19 really follow-up studies, but they caused a lot of  
20 media stir about testosterone causing  
21 cardiovascular events like heart attacks, strokes,  
22 and death.

1           The FDA advisory board convened and did  
2 suggest that the FDA should impose strict  
3 limitations on the T drug industry. And with  
4 regards to cardiovascular risk, they suggested that  
5 the T therapy was inconclusive at this time, but  
6 they required the manufacturers to do more  
7 comprehensive studies.

8           We do know looking at a number of  
9 prospective studies with tens of thousands of men  
10 followed anywhere between 6 and 20 years, there is  
11 increase of all-cause and cardiovascular disease  
12 when men have low testosterone. Looking at some of  
13 the literature in the American Heart Association,  
14 it's been comprehensively looked at and shown that  
15 any of the components of a metabolic  
16 syndrome -- coronary artery disease, congestive  
17 heart failure, type 2 diabetes, and obesity -- all  
18 these men have been shown to have endogenously low  
19 testosterone production compared to healthy  
20 controls.

21           In a meta-analysis of 20 different studies  
22 by Corona that came out and published two years ago

1 looking at major coronary events that may occur,  
2 there was no difference in those groups being  
3 treated versus those not being treated. His  
4 assessment was that testosterone supplementation  
5 was not related to any cardiovascular events if  
6 patients are properly diagnosed and treated.

7           Looking at the Baillargeon study that came  
8 out in the last year, 19,000 patients, Medicare  
9 users or non-users, and 6300 who were treated  
10 during this period of time, between 1997 and 2005,  
11 there was no association with increased risk of MI.  
12 A matter of fact, they looked at the high group for  
13 MI. These patients were more likely to have a  
14 reduced risk MI.

15           The FDA has cautioned asking for a labeling  
16 change when it came to informing patients of a  
17 potential risk for heart attack and stroke with its  
18 use. The European Medicines Agency was not  
19 involved in this, but they said there is no  
20 consistent evidence that an increased risk of heart  
21 problems occur with testosterone medicines.

22           The AUA, the governors have said this is

1 very contradictory, some of the results, and  
2 long-term studies need to be done to understand  
3 this better. The American Association of Clinical  
4 Endocrinologists likewise stated there's no  
5 compelling evidence for testosterone therapy to  
6 increase or decrease cardiovascular risk.

7           Recently, the T trial came out in  
8 publication. It looked at 900 men who were greater  
9 than 65 years of age and treated for one year.  
10 They showed that there was an improvement, a  
11 significant improvement, when it came to sexual  
12 function and some benefits with respect to mood and  
13 depressive symptoms when it came to vitality and  
14 walking distance. There was no difference in  
15 at-risk events, but this study was not powered to  
16 look at long-term conclusions related to treatment.

17           There are a number of different options.  
18 All of them employ the molecule when it comes to  
19 testosterone. There are just different delivery  
20 modalities that allowed this to be delivered to the  
21 system. But the question at hand is that we do  
22 treat primary and secondary testosterone deficiency

1 with one medication. And unlike primary  
2 testosterone, secondary hypogonadal men still have  
3 functional testes, but the pituitary or the  
4 hypothalamus doesn't secrete properly to stimulate  
5 the testes.

6         So secondary hypogonadal men are generally  
7 still fertile, and hormone replacement, if  
8 anything, worsens the pituitary function and may  
9 make men azoospermic. So secondary hypogonadism is  
10 potentially reversible with treatment and listed  
11 here at the primary causes.

12         In my practice -- and I'm one of the  
13 people -- I see 4,000 to 5,000 patients a year; 20  
14 to 25 percent of my patients who have hypogonadism  
15 are fertile, but this is typical of what I would  
16 see of a symptomatic, hypogonadal male who wants to  
17 preserve his fertility. Namely, he wants to still  
18 be able to have a family. An infertile male who  
19 presents is already on TRT either illicitly or by  
20 his PCP, or a subfertile male who is prescribed TRT  
21 to improve his fertility because of the lack of  
22 knowledge by the prescribing physician.

1           If we look at the normal pathway, we're all  
2 familiar that the anterior pituitary basically  
3 secretes the gonadotropins, FSH, and LH, and that  
4 there's a negative feedback if there's a high level  
5 of testosterone produced. If you give exogenous  
6 testosterone, what happens is that there is  
7 basically a negative feedback that causes less LH  
8 or FSH to occur because this closes off the  
9 anterior pituitary.

10           Importantly to recognize is that exogenous  
11 testosterone basically decreases intratesticular  
12 testosterone concentrations, and this in turn  
13 reduces spermatogenesis and may result in  
14 azoospermia. Intratesticular testosterone is an  
15 absolute prerequisite for normal spermatogenesis.

16           We looked at some of the unmet needs when it  
17 comes to separate secondary hypogonadism. Key  
18 among these are the potential for cardiovascular  
19 risks, infertility effects, and the possibility of  
20 testosterone replacement therapies, which are key  
21 issues in this.

22           This is a group of international experts

1 from around the world, 19 that met in Prague in  
2 2015. They came to 9 different questions, and a  
3 consensus resolution came on this. Both the EMA  
4 and the FDA were invited to attend this meeting. A  
5 representative of EMA did show up. The FDA did not  
6 show up. But the resolutions that came up of  
7 significance were that testosterone deficiency is a  
8 significant medical condition, and it does affect  
9 male sexuality, reproduction, general health, and  
10 quality of life.

11           The symptoms and signs of TD result from low  
12 levels of testosterone, and there is benefit from  
13 treatment regardless of whether there's  
14 identification of an underlying etiology.  
15 Testosterone deficiency is a global public concern.  
16 Likewise, there's no scientific basis for any age  
17 specific recommendations against the use of  
18 testosterone therapy in men, and the evidence does  
19 not support increased risk of cardiovascular  
20 disease and prostate cancer with testosterone  
21 treatment with the evidence that we have today.

22           In conclusion, secondary hypogonadism, which

1 includes adult onset hypogonadism, which is really  
2 not an age dependent phenomena, is much more common  
3 than primary hypogonadism. Testosterone  
4 replacement therapy decreases intratesticular  
5 testosterone concentration and thereby inhibits  
6 sperm production.

7           SERMs stimulate endogenous testosterone  
8 production and have become an accepted off-label  
9 treatment for secondary hypogonadism in men  
10 desiring to preserve fertility. The potential  
11 benefits of SERMS include that they're no  
12 supraphysiologic levels of testosterone that are  
13 produced, and for this reason, there's a lack of  
14 potential for abuse by people using this. There's  
15 no transference risk, and there are beneficial  
16 effects when it comes to spermatogenesis, namely  
17 fertility and maintenance of testes volume.  
18 There's a distinct need for rigorous studies of  
19 SERMs in a clinical practice for the treatment of  
20 male hypogonadism.

21           Thank you for your attention.

22           DR. LEWIS: Thank you. Speaker 3 I believe

1 has changed their mind. Speaker 4?

2 MS. RAHIMI: My name is Leila Rahimi, and  
3 I'm a project manager with the American Urological  
4 Association. The AUA represents more than  
5 90 percent of the practicing urologists in the  
6 United States and strives to promote the highest  
7 standards of clinical urological care through  
8 education, research, clinical practice guidelines,  
9 and healthcare policies. The AUA thanks the FDA  
10 for this hearing and welcomes the opportunity to  
11 take part in this discussion.

12 We summarize our position with respect to  
13 the potential clinical trial designs being  
14 discussed today. Number one, it is the opinion of  
15 the American Urological Association that the  
16 subjects in the clinical trial should be deemed a  
17 success if they have a normal end of study  
18 testosterone of 400 nanograms per deciliter rather  
19 than 300 nanograms per deciliter as suggested in  
20 the industry briefing documents.

21 Number two, we suggest that the subject  
22 endpoint in patient-reported outcomes also be

1 measured using a validated questionnaire before and  
2 after the use of the drug for the plan time  
3 duration. We thank the FDA for its ongoing work to  
4 promote the efficacy and patient safety on health  
5 care, and we look forward to opportunities to both  
6 work collaboratively with and serve as a reference  
7 for the FDA. Thank you.

8 DR. LEWIS: Thank you. The open public  
9 hearing portion of the meeting has now concluded,  
10 and we will no longer take comments from the  
11 audience. The committee will shortly turn its  
12 attention to the task at hand. Before we do, I  
13 think that industry wanted to add a few clarifying  
14 comments.

15 DR. WERNICKE: Thank you. There's been a  
16 lot of discussion about the importance of sperm and  
17 sperm count and other parameters of sperm, so I  
18 wanted simply to clarify that the whole issue of  
19 sperm is different for different drugs. I know  
20 there's been some confusion, but the agency has  
21 quite rightly segmented these questions.

22 For drugs like enclomiphene, which have a

1 separate estrogen receptor antagonist, sperm is not  
2 really affected. The whole issue is that it's not  
3 diminished, whereas for drugs that want to treat  
4 infertility, this is a crucial point. So if I  
5 could have that slide up.

6           These are outcome measures, the study design  
7 population and outcome measures that we have  
8 proposed. You'll see that there's a sperm  
9 concentration of 15 million, and that was, frankly,  
10 just because of the WHO recommendation. I  
11 understand there's a lot of controversy, but that  
12 number for us is fairly arbitrary, whereas for a  
13 drug that wants to treat infertility, this is a key  
14 feature. That could easily be -- I don't know.  
15 But the point is that this drug has not decreased  
16 spermatogenesis, and to illustrate that, if I could  
17 have the next slide.

18           These are baseline sperm concentrations  
19 for -- the bar graph, please. These are the  
20 baseline sperm concentrations from two clinical  
21 trials of men -- actually obese men, overweight men  
22 with secondary hypogonadism. You'll see that

1    except for a few, they're in a fairly high range.  
2    The point is that one -- this is a distribution by  
3    sperm concentration with millions in the X axis.  
4    They were actually disqualified if it was less than  
5    15, so there aren't any less than 15, but they're  
6    all much higher than that.  What we have shown is  
7    that, overall, there is no reduction in sperm  
8    concentration, which you see.

9            Can I leave that up there for a moment,  
10   please?  I would like to use this to illustrate why  
11   50 percent, or some other percent, reduction is  
12   really not helpful, because if you take a person  
13   from let's say 100 million to 50 million, that  
14   probably has no consequence, but if you take them  
15   from 20 million to 10 million, that's much  
16   different.

17           So I just wanted to make these points  
18   because you're going to be charged with addressing  
19   all that, then you have to kind of refocus your  
20   mind-set.  Thank you.

21           Clarifying Questions (continued)

22           DR. LEWIS:  We're going to go to additional

1 clarifying questions. Before we begin this  
2 process, I just want to mention that Dr. Oehninger  
3 I believe has to leave early, so I think if you  
4 have specific questions for him, please address  
5 those first. I think we'll begin now for any  
6 additional clarifying questions for the guest  
7 speaker, industry, or FDA, starting preferably,  
8 preferentially, with Dr. Oehninger. Dr. Schlegel?

9 DR. SCHLEGEL: Just to follow up on those  
10 proposed inclusion criteria for patients, for  
11 inclusion, why would you exclude patients who have  
12 a sperm concentration of less than 15 million per  
13 mL? We've certainly seen drug effects -- for  
14 example, the effects of finasteride, that are  
15 actually much more dramatic for patients who are  
16 oligospermic to begin with. So why would you  
17 exclude the patients who are at greatest risk, for  
18 example, of becoming azospermic?

19 DR. WERNICKE: In the enclomiphene clinical  
20 trials, that was done because the whole intention  
21 was to maintain spermatogenesis in a range that  
22 most people -- and this is the WHO -- would

1 consider as fertile. Well, if you start people  
2 that already are below that, you would have to  
3 increase them to get into that range because the  
4 intent of a drug is not to increase  
5 spermatogenesis; it's to maintain it. Well, if you  
6 maintain 12 million, what does that mean?

7           That's why it was done, because it's a whole  
8 different approach. The focus of this drug was to  
9 increase testosterone while not affecting  
10 spermatogenesis, but not to raise it because that's  
11 very fundamentally -- totally different.

12           DR. LEWIS: Dr. Dmochowski?

13           DR. DMOCHOWSKI: This is a question for  
14 Dr. Oehninger. That was an excellent presentation  
15 this morning. Being that you have the purview that  
16 you do, can you give the panel some sense of this  
17 numeric controversy regarding absolute numbers  
18 versus relative numbers and whether a number is  
19 adequate from the standpoint of a regulatory trial  
20 to determine effect on the testis?

21           DR. OEHNINGER: I think a number is  
22 important. I think that one has to clarify -- a

1 point that I tried to make in my  
2 presentation -- that the studies that show a  
3 beneficial effect of gonadotropins, in men with  
4 secondary hypogonadism with Kallmann syndrome and  
5 other idiopathic causes, are men with intact  
6 testes. So you may start achieving pregnancies  
7 with 1 million, 2 million sperm, that may be  
8 absolutely totally different from the 40, 50, or  
9 60-year old population where obesity, aging,  
10 et cetera, et cetera. And some degree of  
11 subfertility may be present, and therefore those  
12 numbers should not be applied in my humble opinion.

13 Now, whether it's 15, as WHO recommends is  
14 the cut-off, or some other, or total motile sperm  
15 count, which I think probably should be somehow  
16 included, I think that's a number. But the concept  
17 is that number at least manifests what over  
18 95 percent of fertile men have in the sperm, in the  
19 semen.

20 DR. LEWIS: Dr. Sandlow?

21 DR. SANDLOW: This was actually a follow-up  
22 to Dr. Schlegel's question about not including

1 patients with sperm concentrations less than  
2 15 million. If those patients were never examined,  
3 they can't be treated because as the treating  
4 physician, we won't be able to tell our patients  
5 what the potential impact will be because they were  
6 never included in the original studies. I think  
7 it's very important that they are included, even if  
8 this study is only looking at raising testosterone  
9 levels and maintaining sperm production.

10 DR. WERNICKE: Well, theoretically, in a  
11 perfect world, that's right, but we can't answer  
12 every question. I mean, if they're already below  
13 normal, what can -- they can only stay below normal  
14 or they can get better. So maybe they go from 12  
15 to 8 million, but that's not what this drug is  
16 about.

17 I mean, there are a lot of things one could  
18 explore, and we would like to do that, but the goal  
19 of a drug development program is to focus on the  
20 issues that this drug is supposed to treat. And  
21 yes, you're right, we can't answer every question  
22 and we can't tell that person -- we certainly would

1 never say, well, we're going to raise your sperm.  
2 All we can say is this. They haven't been studied.  
3 That's not what this drug is about. And hopefully  
4 one of the other teams will develop a drug that can  
5 raise sperm concentration.

6 DR. LEWIS: Dr. Adler?

7 DR. ADLER: I have a question for Dr. Khera.  
8 And that is, do you have any preclinical data  
9 showing that long-acting hCG preparations have the  
10 same effect on the testis as intermittent  
11 short-acting hCG?

12 DR. KHERA: That question I will defer to  
13 Dr. Kacker.

14 DR. KACKER: We're currently in a very early  
15 stage of development, so we have primarily in vitro  
16 data. We will have some -- and more  
17 pharmacokinetic data, but at this point do not have  
18 effect on the testes. We will have that prior to  
19 IND, however.

20 DR. LEWIS: Dr. Braunstein? I'm sorry. Did  
21 you want to say something, Dr. Joffe?

22 DR. JOFFE: This is Hylton Joffe. I'd like

1 industry to clarify one thing for me because it  
2 sounds like the enclomiphene company and clomiphene  
3 company have very different objectives with their  
4 drugs, but they both are working as estrogen  
5 antagonists. So why does the enclomiphene company  
6 say their drug can't really be developed to  
7 increase sperm counts, whereas the clomiphene  
8 company is saying that's what their intent is?

9 DR. WERNICKE: Well, they are really two  
10 different drugs. Clomiphene is a mixture of  
11 enclomiphene and zuclomiphene. They have quite  
12 different pharmacological properties. These drugs  
13 can work differently under different circumstances.  
14 The clomiphene mixture that's being proposed, they  
15 have reason to believe that it increases sperm  
16 concentration, and I would like to ask them to  
17 address that. But for enclomiphene, it's a pure  
18 antagonist, and our data, animal and human, has  
19 clearly shown that there is no effect.

20 So one has to get into the relative  
21 pharmacology, but these drugs -- if you would put  
22 that slide up, please -- are really very different,

1 and not just different. One is a subset of the  
2 other. But zuclomiphene is not a pure estrogen  
3 antagonist. So the pharmacology is clearly going  
4 to be quite different. And actually, that was  
5 shown -- if I can have that next slide -- in an  
6 ovariectomized mouse model.

7           Here, what they're -- I know we were talking  
8 about animals now, but this illustrates that  
9 estradiol and tamoxifen, which of course have  
10 estrogen agonist activities and cause an increase  
11 in endometrial glands in the lumen of the uterus  
12 of ovariectomized mice, whereas enclomiphene has  
13 much less of an effect, and that's thought to be  
14 due mostly to glandular swelling. We're going to  
15 do a study that actually uses dry weight.

16           Can I have the other slide that goes with  
17 this one? Do you have that? Let me just say, the  
18 drugs are different. And if you would allow, I  
19 would like to -- I'm sorry. This shows hyperplasia  
20 and edema of the uterus in these mice. But if you  
21 would allow the other company to address why they  
22 think their drug will increase spermatogenesis.

1 DR. KIM: So speaking on behalf of Veru,  
2 different drugs, different populations, it's all  
3 how they present. And for the MSS-722, the mixed,  
4 fixed-dose clomiphene, while it's theory, the  
5 thought is that you do need some of the estrogen to  
6 help out with spermatogenesis; again, a theory but  
7 something that needs to be proven.

8 I think one of the points that probably  
9 didn't come across as strongly beforehand was with  
10 regard to MSS-722. It's a very small, fixed  
11 population, 16 to 56,000 men annually in the United  
12 States, orphan drug type of status. And with this,  
13 I think that the performance of coming baby studies  
14 would be probably not the best use of resources  
15 given the technical complexity -- science is not  
16 easy -- but for such a very small focused group of  
17 men, for a very short defined period of treatment.  
18 That is why sperm concentration is being focused on  
19 as an increase rather than as a maintenance; so  
20 different drugs.

21 DR. LEWIS: Thank you. Dr. Braunstein?

22 DR. BRAUNSTEIN: Thank you. I have two

1 clarifying questions. The first concerns a  
2 question that actually Dr. Bauer had asked before  
3 lunch of Dr. Kim, and I just wanted to clarify the  
4 answer. And the question really was about giving  
5 gonadotropins, hCG and hMG or hCG and  
6 folliculostatin to patients with secondary  
7 hypogonadism and finding an increase of sperm  
8 count.

9           It's my understanding that where you see the  
10 increase in sperm count in those studies is really  
11 of patients with Kallmann syndrome and other  
12 structural defects in the hypothalamus or  
13 pituitary, and they basically have normal testes,  
14 and you're able to directly stimulate the testes  
15 with hCG and hMG and get an increase in sperm  
16 count.

17           Does that also apply to patients with the  
18 secondary hypogonadism without structural or  
19 congenital functional defects, the type of patients  
20 that we're talking about, the obese patient,  
21 patients with depression, or any of those other  
22 problems that may lead to a lowering of the

1 gonadotropins?

2 DR. KACKER: So you're right. Some of the  
3 studies on hMG with or without -- sorry, hCG with  
4 or without hMG have focused on patients in terms of  
5 abnormalities. However, some of them do include  
6 patients, a small subset, with idiopathic  
7 hypogonadotropic hypogonadism. They're somewhat  
8 older studies, and it's unclear how that would fit  
9 into our current understanding of the patient  
10 groups that we've discussed today. But I'd like to  
11 make a point that our indication is primarily for  
12 classical secondary hypogonadism and may at some  
13 point, with additional data, be extended to  
14 maintenance of fertility.

15 DR. BRAUNSTEIN: I would agree that that  
16 drug would be best for patients with classical  
17 hypogonadism. Just sort of a comment. You do have  
18 an experiment of nature that sort of addresses one  
19 of the previous questions with long-acting hCG, and  
20 that is men with hCG secreting tumors, either  
21 testicular tumors or extra gonadal germ cell  
22 tumors.

1           Now, they may not have normal testes, but  
2 nevertheless what happens is they get an increase  
3 in testosterone, and oftentimes there's down  
4 regulation, but there's also an increase in  
5 aromatase enzyme that develops in the testes, that  
6 results in increased estrogens with prolonged hCG  
7 stimulation, continuous hCG stimulation that leads  
8 to gynecomastia for instance. So it will be  
9 interesting to see what the data is on a  
10 long-acting hCG versus the intermittent injection  
11 protocol.

12           DR. KACKER: So they will be looking at  
13 that. I would point out that the one randomized  
14 controlled trial, which has examined hCG versus  
15 placebo, involved injections of hCG every other  
16 day. That actually reaches a pharmacokinetic  
17 steady state, and serum hCG levels are maintained  
18 in a level that we intend to approximate with a  
19 extended-release formulation. And in that group,  
20 there were no cases of gynecomastia.

21           DR. BRAUNSTEIN: Second clarifying question?  
22 Okay. This goes back to, again, a previous

1 discussion that we had, but I'd like to get a  
2 little bit more clarify on this. And this would be  
3 to Dr. Wu and maybe Dr. McCullough. And it  
4 concerns the effect of weight loss on sperm  
5 parameters. Dr. McCullough did mention that if you  
6 take morbidly obese men and give them a gastric  
7 bypass type of surgery, they lose weight. Their  
8 sperm counts, which were low, then come up.

9           What about the non-morbidly obese men? And  
10 then perhaps Dr. Wu has some of that data since  
11 they have data on testosterone. Do you have data  
12 on sperm parameters in your patients that lost  
13 weight and had reversal of the secondary  
14 hypogonadism?

15           DR. WU: Data on non-obese sperm count. I  
16 don't know of any good studies in the literature  
17 that would give that information. I think most of  
18 the literature refers to the small number of  
19 patients that's gone through bariatric surgery.

20           DR. LEWIS: Thank you. Dr. Brannigan?

21           DR. BRANNIGAN: This is a question for Dr.  
22 Khera. You refer to the concurrent use of hCG with

1 testosterone. You refer to a couple small series  
2 with patients who are on this therapy. And a  
3 couple of slides later, you mention using both  
4 concurrently. Can you discuss the rationale for  
5 that, please?

6 DR. KHERA: So there's one study that was  
7 out of Baylor looking at concomitant use of  
8 exogenous testosterone with concurrent hCG. That's  
9 the only study that I know that's looking at  
10 preservation of fertility. And in that study,  
11 there was no decline in fertility. Again, it's a  
12 small series. These patients were young men who  
13 wanted to continue to use exogenous testosterone  
14 but still wanted to preserve their fertility, and  
15 the study was clearly to see if that was possible.

16 The impetus for that study was based on the  
17 Caviola study, which showed that if you give  
18 exogenous testosterone with low-dose hCG, there was  
19 no decline in intratesticular testosterone, and  
20 that's why these studies were done in fertility.

21 DR. LEWIS: Dr. Chai?

22 DR. CHAI: So this question is for industry,

1 whoever wants to answer this. I would like to have  
2 a summary of how you would help me vote on the  
3 first vote about whether -- you guys know what the  
4 first voting question is. Why should I vote yes?  
5 Because in looking at the proposed trial for  
6 looking at overweight, obese men with secondary  
7 hypogonadism who wish to maintain spermatogenesis,  
8 your inclusion criteria do not include any  
9 symptomatic based type of inclusion criteria. So  
10 you're just looking at sperm count, if you will,  
11 whatever the numbers you guys want to talk in  
12 testosterone level.

13 But in hearing everything I'm hearing today,  
14 patients don't come in and say I have a low  
15 testosterone. They don't say my sperm count's X.  
16 So why should I vote the way I think you guys want  
17 me to vote for number 1 without coming out and  
18 saying why don't we include something that the  
19 patients are complaining about in the trial so we  
20 can answer that question?

21 DR. WERNICKE: Well, that has been discussed  
22 extensively. And as you've heard from the agency

1 and others, there are no validated patient-reported  
2 outcome measures. That's one point. And to  
3 develop those, as has very nicely been explained,  
4 takes years. If it has to happen, then you just  
5 wait years. But in the meantime, people are being  
6 treated with testosterone and Clomid.

7           The other point is that we think that  
8 testosterone is really the key feature. There's  
9 such a diversity of complaints people come in with.  
10 I think the clinicians can tell you better. If a  
11 patient feels bad, he's kind of low mood, well, is  
12 he depressed? He doesn't have energy. Well, he's  
13 obese. He doesn't get up off the couch.

14           These are such non-specific features. Yes,  
15 we could include those, but then to show that they  
16 improve in a time that's reasonable for a clinical  
17 trial, it just doesn't -- with the tools we have  
18 today, it just doesn't seem possible. But in the  
19 meantime, these people are being treated either  
20 with an off-label drug or a drug that probably  
21 isn't appropriate for this population.

22           DR. McCULLOUGH: Dr. Chai, I want to speak

1 as a clinician. We've heard from Dr. Joffe that  
2 men with classic hypogonadism should be treated  
3 because of clear benefit of testosterone  
4 replacement in these men. Dr. Braunstein and  
5 Dr. Dmochowski on the other hand expressed  
6 confusion about the distinction between the classic  
7 and non-classic hypogonadism. The man presents to  
8 me, with a testosterone of 140 and symptoms, and he  
9 and his wife want to maintain fertility, I'll treat  
10 him, whether his BMI is 20, 30, or 40, or whether  
11 he's 20, 40, or 60. I, like Dr. Howards, will  
12 treat him with SERMs.

13 Now, the FDA does not dictate medical care,  
14 but many physicians don't feel comfortable using a  
15 medication that's not FDA approved. In fact, we  
16 heard 25 percent of urologists treat hypogonadal  
17 infertile men with testosterone, which further  
18 impairs their fertility. So as a clinician, I  
19 don't see utility of the PRO when we are trying to  
20 correct the testosterone to treat the symptoms and  
21 maintain fertility. It doesn't make any sense to  
22 me as a clinician.

1 DR. LEWIS: Thank you.

2 DR. BRAUNSTEIN: May I correct a  
3 misconception?

4 DR. LEWIS: Oh. Okay.

5 DR. BRAUNSTEIN: I'm not confused over  
6 individuals with classical or non-classical  
7 hypogonadism. Classical hypogonadism, such as  
8 patients with Klinefelter's syndrome, such as  
9 patients with Kallmann's syndrome, et cetera, have  
10 defects that are not reversible spontaneously.  
11 They need to be treated to avoid osteoporosis,  
12 osteopenia, all the sexual issues, muscle issues,  
13 developmental issues. And if those that have  
14 normal testes, not the Klinefelter's so much as the  
15 patients with hypothalamic hypogonadism, they can  
16 be treated to increase their sperm count and  
17 achieve fertility.

18 That's a different kettle of fish than  
19 acquired secondary hypogonadism that we're talking  
20 about, obese patients, depressed patients,  
21 et cetera. So that's the group that we're talking  
22 about now. I'm not talking about classic, so I

1 don't have that confusion. But the second group is  
2 a group that are potentially reversible. We've  
3 seen the data with obesity. You have patients who  
4 are obese with low testosterone. They lose weight;  
5 the testosterone comes up.

6           With depression, we heard from the  
7 psychiatrist during the open session. I'd venture  
8 to say that depressed patients get low  
9 testosterone. You treat the depression,  
10 testosterone comes up; chicken versus egg. I'm  
11 sure patients with low testosterone will get  
12 depressed also, so it can go both ways. But I have  
13 seen a number of patients who are depressed, have  
14 low testosterone, and it comes up. You put a  
15 patient in the ICU, as was mentioned earlier, their  
16 testosterone plummets. They come out of the ICU,  
17 they get better, it goes up. Those are reversible  
18 causes of hypogonadism.

19           Now, you wouldn't treat a patient in the ICU  
20 with testosterone. Why would you treat a patient  
21 whose ambulatory with testosterone, unless for  
22 having symptoms, and you haven't found out a reason

1 why they have a low testosterone? So that's a  
2 different kettle of fish than classical  
3 hypogonadism.

4 DR. WERNICKE: Could I address that? I  
5 mean, you're right. But just to be sure we all  
6 understand, even in classical hypogonadism, it  
7 hasn't been shown that increasing or restoring the  
8 testosterone has a clinical benefit. All the  
9 things you say are medically true, but if I could  
10 have the slide from 0205 that shows the baseline  
11 characteristics?

12 Actually, to further the previous question  
13 from Dr. Chai, have we included people with these  
14 baseline conditions, if I could have that slide up?  
15 This is from an ongoing study of people with  
16 obesity and secondary hypogonadism, and it shows in  
17 fact that they do have many of these features, lack  
18 of energy, 96 percent. They do have them. But  
19 then the next question you're probably going to  
20 ask, which I would ask, is, okay, well then show me  
21 that you can make them better, and that's where the  
22 problem comes in.

1           You say, well, these things are so diffused,  
2           and you say, well, you can measure fatigue. Well,  
3           we just heard a very fine lecture why you can't  
4           just ask are you fatigued. You have to develop and  
5           validate various rigorous outcome measures, and  
6           that's true for all of these things. So yes, these  
7           patients do have these characteristics, very  
8           clearly. There's no doubt about that.

9           DR. LEWIS: Thank you. I have a quick,  
10          straightforward question. Could you please clarify  
11          the difference between MSS-722 and clomiphene?

12          DR. KIM: Yes. MSS-722 will be fixed ratios  
13          of the trans- and cis-isomers in clomiphene. The  
14          presently available clomiphene that's used right  
15          now is generic, and the relative concentrations of  
16          the cis and trans are quite variable and really not  
17          very well known. So the benefit of MSS-722, what  
18          makes a difference, is a very fixed ratio. Whether  
19          it's 70, 80, 90 percent, that still has to be  
20          determined.

21          DR. LEWIS: Thank you. Dr. Schlegel?

22          DR. SCHLEGEL: Can we just go back to -- I

1 think I've got two different pieces of information  
2 of the endpoints for hCG formulations and what  
3 indications you're talking about using with this  
4 agent, because you list treatment of infertility.  
5 Is that still a potential indication?

6 DR. KACKER: So this advisory committee, we  
7 were asked to talk about a drug class rather than  
8 the specific indications for a drug. So  
9 representative of MHB Labs, we are developing an  
10 extended-release hCG formulation for the indication  
11 of classical secondary hypogonadism or secondary  
12 hypogonadism related to well-known medical causes  
13 later in development. And we are in a very early  
14 stage of development. We will likely potentially  
15 seek an additional claim for maintenance of  
16 fertility. At this point in time, we have no plans  
17 to seek approval for an indication for improving  
18 fertility.

19 DR. SCHLEGEL: Okay. If you do seek an  
20 indication for improvement of fertility, I would  
21 caution that a lot of the azoospermic men who have  
22 been treated with hCG have had a decrease in FSH,

1 and therefore their fertility may be harmed. Since  
2 they're azoospermic to start with, it would be  
3 difficult to detect that potential damage, so to  
4 consider that carefully in your trial design.

5 DR. LEWIS: Thank you. Ms. Sorscher?

6 MS. SORSCHER: So I understand the argument  
7 for having a product like enclomiphene is that it  
8 would have improved safety over existing  
9 testosterone options, but what I'm confused about  
10 is I believe the testosterone products are  
11 currently only approved for classic hypogonadism,  
12 which involves some level of impairment to the  
13 pituitary or gonads, and enclomiphene would not  
14 work in that group of patients.

15 So I was wondering if you could  
16 provide -- is there any subset of patients who are  
17 currently using testosterone on label who could  
18 benefit from switching to this product with its  
19 improved safety but similar ability to raise  
20 testosterone levels?

21 DR. WERNICKE: well, to answer that last  
22 question, no, we know of no subset of this

1 classical hypogonadism. But I know this isn't  
2 about safety, and it's not clear that enclomiphene  
3 is safer than exogenous testosterone.

4 I want to be very upfront about that. These  
5 drugs, they have two -- one of the biggest issues  
6 is venous thromboembolism, and that probably  
7 relates to two potential mechanisms. One is these  
8 drugs increase hematocrit, which of course can be a  
9 risk factor. But you can have thromboemboli even  
10 in the absence of increased hematocrit. In fact,  
11 the agency has put that in the labeling. We have  
12 had some cases, and there's no claim, at least on  
13 our part, to suggest -- and no data to suggest that  
14 the drug's actually safer, but it's not less safe.

15 MS. SORSCHER: With safety, I was just  
16 referring to the reduced sperm count as a safety  
17 feature.

18 DR. WERNICKE: Oh, I'm sorry. Okay. That's  
19 fine, yes. So did I answer your question then?

20 MS. SORSCHER: Yes, you did.

21 DR. WERNICKE: Okay. Thank you.

22 DR. LEWIS: Thank you. Dr. Weinfurt?

1 DR. WEINFURT: I just wanted to go back to  
2 Dr. Chai's question about the first vote question.  
3 And I guess I'm still really struggling with this  
4 because I haven't seen any information that  
5 anyone's presented that gives me even the slightest  
6 idea of the magnitude of the association between  
7 testosterone and any clinically meaningful benefit.

8 So I understand that qualitatively we can  
9 say, well, it should be associated with those.  
10 There's some suggestive evidence of it. We also  
11 hear, well, it would be a big pain in the neck to  
12 develop a patient-reported outcome. But there's  
13 still a tremendous amount of uncertainty that true  
14 correlation was 0.2. I think that's a problem. If  
15 it was 0.99, I think we'd feel differently.

16 I just want to confirm, is it the case that  
17 we don't have any information that gives us an idea  
18 of the magnitude of that association?

19 DR. WERNICKE: The reason that hasn't been  
20 presented is because this discussion is not about  
21 testosterone. But there's actually very extensive  
22 literature that shows beneficial effects of

1 restoring testosterone, but that's beyond the scope  
2 of this advisory committee. And I believe we're  
3 seeing some of that in the EMAS study. There have  
4 been other studies.

5           The problem is one study shows it, the other  
6 one doesn't; well, they're measuring a little bit  
7 different; it's a different population. But if you  
8 look at it in its totality, there is substantial  
9 evidence that after a long time -- and it may take  
10 years -- that increasing or restoring testosterone  
11 is a good thing. And we would have to review the  
12 literature extensively, but that's beyond the scope  
13 of this discussion, really. But it's out there.  
14 Maybe some of you that have done this can comment.  
15 I can't go through all of it right now. We'd be  
16 here until tomorrow, but it's there.

17           DR. LEWIS: Dr. Gassman?

18           DR. GASSMAN: There is a body of literature  
19 about the benefits of testosterone, but from our  
20 perspective, I think everyone at the table would  
21 say we don't feel that it's substantial enough  
22 labeling claims. We don't feel that it's

1 substantial that there's an instrument or a benefit  
2 that we can point to for testosterone beyond what  
3 we have in labeling right now.

4 DR. LEWIS: Thank you. Dr. Gillen?

5 DR. GILLEN: Just a comment and really a  
6 rephrasing of things from my perspective being a  
7 statistician. One of the comments kind of seems to  
8 confuse the role of testosterone and its  
9 acceptability as a primary endpoint in primary  
10 hypogonadism. Really, the discussion today comes  
11 down to the utility of surrogate endpoints, and  
12 truly three settings is really what we're talking  
13 about. There is primary hypogonadism where we have  
14 a clear -- at least reasonably clear of the  
15 mechanistic pathway that we're intervening on, and  
16 it's clear where that mechanistic pathway needs to  
17 move. And that is increasing testosterone levels  
18 because of testicular dysfunction.

19 When we get into secondary hypogonadism, we  
20 need to think about the Prentiss criteria. I mean,  
21 that's a well accepted criteria for surrogate  
22 endpoints as we think about them. The Prentiss

1 criteria basically says that you have an ideal  
2 surrogate if that surrogate marker is correlated  
3 with the clinical outcome of interest in that the  
4 entire net effect of the treatment on that clinical  
5 outcome runs through these surrogates of interest.  
6 Again, that argument becomes much easier to make in  
7 the primary hypogonadism case. That argument  
8 becomes extremely cloudy in my mind as you get to  
9 the secondary hypogonadism case.

10 In that setting then, we are left with  
11 thinking about what are the clinical outcomes,  
12 patient-reported outcomes as we've talked about, as  
13 Dr. Weinfurt just talked about. What is the effect  
14 of raising testosterone levels on these PROs?

15 There's a separate thing. So now you're  
16 there, and it's thinking about, okay, in obese  
17 individuals with secondary hypogonadism, what is  
18 the surrogate that's going to come into play? If  
19 it's infertility, that's a different outcome that  
20 you're trying to treat, and you need to think about  
21 what the surrogate impact is there of looking at  
22 sperm cell count, either concentration or other

1 measures.

2           In some sense, the fertility becomes easier  
3 because you have a very objective, in my mind,  
4 clinical outcome. How many pregnancies are  
5 occurring? What are the proportion of individuals  
6 that are becoming pregnant? And I realize there  
7 are logistical constraints in terms of numbers of  
8 patients and the time to collect that event, but  
9 you have an objective measure that is sitting  
10 there.

11           There is room for debate on the PROs,  
12 whether you want an objective measure plus, for  
13 example, a subjective measure that's coming in.  
14 But I believe that that is to frame the question.  
15 That's where etiology comes into play. That's what  
16 the discussion really needs to be about. So I just  
17 wanted to make that comment.

18           DR. LEWIS: Thank you. Dr. Thomas?

19           DR. THOMAS: I just decided to look on  
20 the -- the power of the internet. I don't know if  
21 you have time to look at this article in great  
22 detail, but it's been asked many, many times during

1 this meeting about weight loss. So there's at  
2 least one study -- there could be  
3 more -- Reproductive Health 2011, a study in  
4 Denmark looked at people with BMI from 33 to 41,  
5 residential weight loss program. They lost  
6 15 percent of their weight, they increased their  
7 sperm count, and other hormonal parameters.  
8 Suggestion is they also improved some aspects of  
9 sperm function, but probably not clear.

10 So there's at least one showing weight loss.  
11 They lost 15 percent of their weight. And some  
12 people might think that's excessive or hard to do,  
13 but just remember phentermine and topiramate. The  
14 mean average weight loss for that drug is a little  
15 over 10 percent. It's not too far off. So at  
16 least there's one paper out there.

17 DR. LEWIS: Thank you. Briefly, I wonder if  
18 maybe Dr. Oehninger, and I don't know of industry  
19 also could comment on the public hearing person who  
20 said that they thought the threshold for total  
21 testosterone should be raised to 400. Have you any  
22 information about that or experience? No? I get a

1 clear no from Dr. Oehninger.

2 Anybody over here? No comment on that.

3 DR. WERNICKE: We've discussed different  
4 levels with the agency. Actually, the number 400  
5 hasn't come up. We could discuss that, whether  
6 it's 350 or 400. You have to distinguish between  
7 entry criteria and what's called a success. So I  
8 think speaker was talking about what is a success.  
9 I think that could be discussed. We don't have  
10 any --

11 DR. LEWIS: Dr. Gassman?

12 DR. GASSMAN: The other thing when you're  
13 talking about testosterone levels is you have to  
14 look at the assay and the assay performance. There  
15 are a lot of issues beyond just picking a number.  
16 So I think that's something that would depend  
17 heavily on what assay you were using, what the  
18 cut-offs are, what your normals are. So we take  
19 the recommendations, and we'll consider it.

20 DR. LEWIS: Anybody else? Any other  
21 clarifying questions?

22 (No response.)

1 DR. LEWIS: Okay. So before we go to the  
2 discussion of the discussion questions and the  
3 voting questions, we'll take a short break. Let me  
4 remind you that there's no discussion among panel  
5 members, please, of the topic at hand during your  
6 break either amongst yourselves or with any members  
7 of the audience. We will resume in 15 minutes,  
8 2:20 let's say.

9 (Whereupon, at 2:05 p.m., a recess was  
10 taken.)

11 Questions to Committee and Discussion

12 DR. LEWIS: We will now proceed with the  
13 questions to the committee and for panel  
14 discussion. I would like to remind public  
15 observers that while this meeting is open for  
16 public observation, public attendees may not  
17 participate except at the specific request of the  
18 panel.

19 We have two questions for discussion and  
20 three for voting. We'll start with the first  
21 question for discussion to the committee. For  
22 drugs intended to treat secondary hypogonadism

1 while preserving existing testicular  
2 function -- that is, maintenance of sperm  
3 parameters or demonstration of  
4 fertility -- discuss, A, the patient population  
5 that should be enrolled in clinical trials; B, how  
6 preservation of testicular function should be  
7 defined and assessed; C, acceptable endpoints for  
8 demonstrating clinical benefit for men with classic  
9 hypogonadism and for those who do not have classic  
10 hypogonadism; and D, any other trial design  
11 features that should be considered.

12           So the process for this, we'll handle it the  
13 same way we've handled the other questions. Raise  
14 your hand, and Dr. Bonner will take your name down.  
15 I'll try to get everyone in. When it comes to the  
16 voting questions, each person will need to weigh  
17 in.

18           Would anyone like to go first?  
19 Dr. Braunstein?

20           DR. BRAUNSTEIN: I'll start. For drugs  
21 intended to treat secondary hypogonadism while  
22 preserving testicular function -- so these are not

1 patients who are infertile to begin with -- the  
2 patient population should be enrolled in clinical  
3 trials. I would want to see patients with  
4 documented low testosterone, preferably low free  
5 testosterone because we're talking about  
6 potentially reversible secondary hypogonadal  
7 individuals; more than one testosterone measurement  
8 because we know that about 30 percent of  
9 individuals with a low testosterone from acquired  
10 secondary hypogonadism or non-classical  
11 hypogonadism, when you repeat the testosterone  
12 measurement down the road, oftentimes it will be  
13 normal.

14           So I'd want to see at least two preferably  
15 free testosterone to take into account the SHBG  
16 alterations, especially in obese patients where it  
17 may be leading to a low total testosterone, but  
18 some of those patients will have a normal free  
19 testosterone, as Dr. Wu has pointed out.

20           In addition to the low testosterone, those  
21 patients need to have symptoms. I think the  
22 companies should work with the FDA to develop good

1 symptom screening tests. I know that there are  
2 some that have been developed. For instance, New  
3 England Research Institute, NERI, has one that has  
4 come out recently. EMAS has one that they  
5 validated. So there are those tools out there, and  
6 I think that the companies should work with the FDA  
7 to do that.

8 We do know that a lot of people will have a  
9 low testosterone, but many of them won't have  
10 symptoms. So that combination will lead to maybe  
11 6 percent or less of the adult male population  
12 after filling the criteria.

13 B, how preservation of testicular function  
14 should be defined and assessed, again testosterone  
15 and this time also adding sperm count with normal  
16 morphology.

17 C, acceptable endpoints for demonstrating  
18 clinical benefits for men with classical  
19 hypogonadism and for those who do not have  
20 classical hypogonadism, the endpoints for men with  
21 classical hypogonadism, first of all, have been  
22 well defined in a number of studies, which we I

1 think discussed, things such as bone mineral  
2 density improvement, as well as sexual function  
3 improvement, and in those level of sperm counts,  
4 improvement of sperm counts with appropriate  
5 gonadotropin stimulation.

6 But for the patients who do not have  
7 classical hypogonadism, I would clearly want to see  
8 an improvement of symptoms by questionnaire or any  
9 objective measurements. So if there's low bone  
10 mineral density, showing an improvement in bone  
11 mineral density for instance.

12 Finally, other trial design features that  
13 should be considered, all these patients should be  
14 entered into a registry to look at pregnancy  
15 outcomes and fertility issues down the road since  
16 these are patients who not at the time are  
17 requesting fertility treatment, but they want to  
18 maintain sperm counts for potential fertility in  
19 the future. I'd like to see that proven, although  
20 registries can hardly prove things. But I'd like  
21 to see through a registry that there at least has  
22 been no increase in infertility reports from those

1 patients.

2 DR. LEWIS: Thank you. Dr. Thomas?

3 DR. THOMAS: Dr. Braunstein I think outlined  
4 very well what needs to be done. I just wanted to  
5 add a few things. Twelve-week studies are probably  
6 okay to look at short-term efficacy, the response  
7 to the drug in terms of raising testosterone and  
8 preserving spermatogenesis. However, I really  
9 suspect or doubt that this is going to be a  
10 short-term treatment, so 12-week trials should not  
11 be sufficient to assess a drug that probably will  
12 be taken for at least a year or two. So we have to  
13 have a longer trial.

14 I would actually also suggest that we go a  
15 little beyond what Dr. Braunstein suggested about a  
16 registry. The whole point of using these drugs to  
17 me in these classes are you want to preserve the  
18 chance of having a child. And if that's the  
19 outcome, that's the intent of these drugs  
20 potentially, then we should actually look at that.  
21 And yes, I've heard from the industry side, oh,  
22 it's difficult. There are lots of complications.

1 It's hard to do science. Well, that's life.

2           On the PCOS side, which I also see a lot of  
3 patients, there are two very well-designed trials  
4 that have been published. One in 2007 that looked  
5 at metformin versus clomiphene, and the result was  
6 live births. Before the study, if you asked most  
7 endocrinologists who take care of PCOS women,  
8 probably predicted that metformin was the better  
9 drug. The actual reality is clomiphene is far  
10 superior to metformin.

11           The same trial essentially was replicated in  
12 2014 with letrozole of metformin. And letrozole is  
13 far superior to metformin -- I mean, letrozole to  
14 clomiphene, and letrozole was far superior to  
15 clomiphene in that study. They enrolled about a  
16 thousand subjects in these trials, and they looked  
17 at the male partner as well.

18           So the same can be done. It does cost more  
19 money. It does require time. But the reality is  
20 that's seen for an answer [indiscernible] because  
21 if I'm treating a man who wants to eventually  
22 father a child, I'd like to be able to say,

1 option A gives you a 20 percent chance of having a  
2 child, but if you select option B, maybe it's  
3 40 percent. Option C is going to be very unlikely  
4 that you father a child even if you preserve  
5 spermatogenesis.

6 I think these are important clinical  
7 endpoints. We use surrogate endpoints in diabetes  
8 all the time, A1c, but now we're looking more and  
9 more at the value of these long-term outcomes like  
10 cardiovascular disease. The FDA requires trials in  
11 that.

12 The last thing I was just going to say is  
13 one thing that has not been brought up at all in  
14 this, especially it will be important in the study  
15 of obese men, is sleep apnea. Sleep apnea causes  
16 hypogonadism. And in some, but not all studies,  
17 treatment of sleep apnea worsens -- sleep treatment  
18 with testosterone worsens the sleep apnea. So I  
19 think an important part of the screening should be  
20 some measure of -- at least a questionnaire  
21 screening tool for sleep apnea and potentially even  
22 using the overnight pulse oximetry, which is now

1 the first test before you do a sleep study.

2 DR. LEWIS: Anyone else? Dr. Curtis?

3 DR. CURTIS: I think most of my thoughts  
4 have been mentioned, but one thing that hasn't been  
5 mentioned under the section of "Other Trial Design  
6 Features" is I was wondering a little bit about  
7 some of the control arms. And this first point  
8 gathers a lot of our specific examples together.

9 For example, for obesity associated  
10 hypogonadism, we've heard that weight loss clearly  
11 resolves some of these symptoms, and would it be  
12 worth considering an arm, in addition to the  
13 treatment with a placebo, of a weight-loss  
14 intervention. Similarly, with the hCG proposals,  
15 would we want an arm that would include the current  
16 approved hCG formulation. So just a little more  
17 thought about what those control arms should be.

18 DR. LEWIS: Dr. Schlegel?

19 DR. SCHLEGEL: Thanks. Again, I think as we  
20 look at the patient population, low documented  
21 testosterone, multiple measurements, frankly  
22 whether we use free or bioavailable is a little bit

1 tricky. I think in clinical practice, relatively  
2 few people actually get to free or bioavailable, so  
3 it's challenging but at least total testosterone.  
4 I think we do need to include patients with all  
5 levels of semen parameters. The patients who are  
6 at greatest risk may very well be those who are  
7 oligospermic to start with.

8           In terms of preservation of testicular  
9 function, I think sperm number as well as quality  
10 at some level need to be considered, so sperm  
11 concentration. Total motile sperm could be  
12 outcomes even though the numbers are not routinely  
13 validated in terms of what the best outcome is. I  
14 think clinically that's what most physicians use.

15           I think it's tricky when we look at  
16 pregnancy outcomes. I was on the DSMB for the  
17 Reproductive Medicine Network. Those couples are  
18 all really selected to be patients who can get  
19 pregnant. When you're dealing with a male alone  
20 and highly variable females, potentially females  
21 not interested in pregnancy, it's going to be very  
22 hard to look at pregnancy. I think the long-term

1 effects certainly would be nice to get from a  
2 register, but having pregnancy as a primary outcome  
3 I don't think is appropriate.

4 DR. LEWIS: Dr. Burman?

5 DR. BURMAN: Yes. Thank you. I agree with  
6 all the comments that were made, and they were  
7 excellent. The question is for treating secondary  
8 hypogonadism, and as we've spent the whole day  
9 discussing, there are different types of secondary  
10 hypogonadism. And I wouldn't want everyone in the  
11 trial to have obesity-related secondary  
12 hypogonadism, and there should be some  
13 characteristics or some clear delineation of how  
14 many are going to have secondary hypogonadism that  
15 is classic and what percentage are going to have  
16 other types like obesity, which of course has to be  
17 defined more definitely and have to give a lot of  
18 thought to who would be included in that.

19 Just a minor point, osteoporosis is an  
20 important endpoint. It takes a long time for bone  
21 densities to change. So I agree with Dr. Thomas  
22 the studies have to be relatively long, but I would

1 also add in bone markers periodically as well.

2 DR. LEWIS: Dr. Gillen?

3 DR. GILLEN: I agree with pretty much  
4 everything that's been stated. I just wanted to  
5 make a couple points from thinking about primary or  
6 co-primary endpoints. I definitely agree with  
7 Dr. Braunstein that PROs are necessary in this  
8 case, again thinking about the clinical outcome of  
9 patients, what patients are actually feeling, and  
10 to be quite honest, the lack of evidence that's  
11 been presented on any kind of correlation between  
12 affecting testosterone levels in those clinical  
13 outcomes in this patient population.

14 The only other thing I wanted to say,  
15 though, is when we think about preserving existing  
16 testicular function, I agree with total sperm count  
17 and possibly motile sperm counts. The way that we  
18 treat those is going to be slightly differently,  
19 though, thinking about superiority, for example,  
20 and the PRO, and then possibly choosing sperm  
21 concentration, for example, and noninferiority  
22 design, and treating those as co-primary endpoints

1 that have to be met in that study setting.

2 DR. LEWIS: Thank you. Dr. Bauer?

3 DR. BAUER: Everybody's brought up some  
4 excellent points. I guess I'm just a little  
5 worried about this, about how do you define some of  
6 the ones to preserve existing testicular function.  
7 Because my guess is if you ask the vast majority of  
8 men, their answer to that is yes, of course, even  
9 if they really have no active plans for  
10 childbearing.

11 So I'm not totally sure how one would  
12 actually operationalize this, and I think it might  
13 rate back something that Phil talked about earlier,  
14 which is younger men versus older men. In fact, I  
15 think the patient population of most interest for  
16 this question is really the younger man who in fact  
17 has a high probability where fertility is  
18 important, and not middle age or older men where in  
19 fact the most likely phenotype is more what was  
20 discussed I think in 2014, which was following  
21 androgen level secondary to age alone.

22 So I don't have a good answer for that, but

1 again I'm worried about how you would actually  
2 operationalize men wanting to preserve testicular  
3 function.

4 DR. LEWIS: Dr. Adler?

5 DR. ADLER: I know that we're not supposed  
6 to be talking about safety today, but I think we  
7 have to think about it, at least in terms of the  
8 length of the trial. And I agree that a 12-week  
9 trial, while it would be very helpful in giving us  
10 information, many patients, whom we are going to  
11 consider some sort of testosterone replacement via  
12 testosterone directly or through some other means,  
13 will be treated for years, if not decades. And  
14 therefore, I think we have to consider that in the  
15 trials now. Thank you.

16 DR. LEWIS: Anyone else? Dr. Thomas?

17 DR. THOMAS: Just a few things in follow-up.  
18 I think because of the duration of treatment, there  
19 are two other things I'd like to mention. One is  
20 these are people if they want to preserve potential  
21 for parenting, however, we should probably also be  
22 comparing to see if there's noninferiority to the

1 standard treatment if you're not interested in  
2 parenting, which is testosterone, and then you  
3 could actually do the comparison with the different  
4 tools that will have to be developed.

5           The second thing is for weight loss. I  
6 think that's a great idea to use weight loss. The  
7 only problem will be knowing from the weight loss  
8 studies is the dropout rate for most weight loss  
9 studies is about 50 percent, and the enrollment of  
10 men into weight loss studies is usually somewhere  
11 between 5 and 20 percent. So it may be hard to  
12 accrue enough people to do that in a reasonable  
13 trial with not enough follow-up.

14           But I think it's an excellent idea and adds  
15 to a certain issue, is if you were to treat obese  
16 men this way to raise their testosterone, it would  
17 be important to look at what are the benefits of  
18 that in terms of we know the benefits of weight  
19 loss for diabetes prevention and other risk  
20 factors. We don't really know what the benefits of  
21 this will be for long-term use.

22           Just to give you an example, if you take

1 data, which has been done in women who were  
2 transitioning to be men, when they take  
3 testosterone, they have improvement in their  
4 cardiovascular risk factors; they lose visceral  
5 fat. However, that's short term. That's in a few  
6 months. If you look at it a year, most of visceral  
7 fat loss actually reverts back to where they were  
8 at baseline. So it's the importance of having a  
9 long-term study for follow-up as well.

10 DR. LEWIS: Dr. Nahum?

11 DR. NAHUM: Hi. Jerry Nahum. I guess I'm a  
12 little confused about one thing. And perhaps I can  
13 just bring it up, and others here who understand it  
14 better than I do can explain it. I saw the slide  
15 where it was presented that for people who are  
16 obese and they lose weight, their testosterone  
17 levels increase, and I also saw that for people who  
18 gain weight, their testosterone levels decrease.  
19 And I assume, just thinking about that slide, that  
20 it was total testosterone that was being measured.

21 I'm having trouble bridging from that -- at  
22 least conceptually, without going to the idea of a

1 PRO and referring and bridging from testosterone  
2 levels to symptomatology -- how we go from that to  
3 if you take obese people who have low testosterone  
4 levels and you replace them with testosterone or  
5 boost their testosterone levels, that that will,  
6 ipso facto, make them more normal in some way or  
7 make them equivalent to the way that people would  
8 be if they lost weight and had their testosterone  
9 levels increase.

10           So I guess what I'm talking about here is  
11 I'm not sure where the causality here is and  
12 whether things are not just flipped around, or  
13 whether we're just looking at an association here.  
14 I'd like to be able to see something that said that  
15 the testosterone levels in and of themselves were  
16 well enough correlated with a complaint, or  
17 clinical outcome, or something else; that  
18 confidence that replacing testosterone or giving a  
19 drug to increase testosterone would have the same  
20 effect, ipso facto, as losing weight and having  
21 testosterone increase.

22           If anybody understands that better than I

1 do, and maybe I don't get it, please, I'd love to  
2 hear the explanation.

3 DR. LEWIS: Dr. Howards?

4 DR. HOWARDS: I just have a comment about  
5 selecting the men who want to preserve fertility.  
6 First of all, I'm very old, and I want to preserve  
7 everything.

8 (Laughter.)

9 DR. HOWARDS: But secondly, a lot of lay  
10 people, if you ask them if they want to preserve  
11 fertility, will interpret that as potency. So I  
12 think in selecting this group, you have to be very  
13 careful to get men who really want to preserve  
14 fertility and have a realistic situation where they  
15 might really need to preserve fertility.

16 Otherwise, you're going to get a lot of people who  
17 have no reason to preserve fertility.

18 DR. LEWIS: Thank you. Dr. Schlegel.

19 DR. SCHLEGEL: Sorry. Just to follow up on  
20 two prior concepts, certainly there are  
21 interventional trials that have observed  
22 progressive weight loss and decrease in waist

1 circumference for men who are hypogonadal and  
2 receive testosterone. Probably the best known of  
3 these is libido trials from Europe, which showed  
4 that progressively over time; not a randomized  
5 control trial, so certainly not causation, but some  
6 suggestion that testosterone can result in that  
7 decrease in weight.

8           Just to clarify with Dr. Thomas, I wasn't  
9 sure what control comparison he was looking at in  
10 terms of maintenance of spermatogenesis. I assume  
11 that you're not looking at drug intervention versus  
12 testosterone for maintenance of spermatogenesis. I  
13 assume you're looking at that versus controls with  
14 testosterone as at least a third arm?

15           DR. THOMAS: For the testosterone, it's  
16 really more looking at some patient-reported  
17 outcomes. So if you were to look at some of the  
18 quality of life measures, that might be worthwhile  
19 doing, not for spermatogenesis preservation.

20           DR. LEWIS: Dr. Hanno?

21           DR. HANNO: Commenting on what Dr. Howards  
22 said, if pregnancy is not going to be your

1 endpoint, it really doesn't matter whether they  
2 want to have children or not, or whether they want  
3 to preserve fertility, if you're going to do the  
4 study. And that would make it a lot easier to  
5 recruit patients if you're going to look at semen  
6 parameters and that kind of thing as an endpoint  
7 rather than pregnancy rates.

8 DR. LEWIS: Dr. Dmochowski?

9 DR. DMOCHOWSKI: Yes. Just to dovetail on  
10 what was just said by both Stuart and by Phil, I do  
11 think that this is not a primary outcome in the  
12 trial. I think a registry is a good idea for this  
13 study or a study related to this indication. It's  
14 critical for number 2.

15 So again, from the standpoint of making even  
16 a primary or secondary outcome, no, I  
17 wouldn't -- from a regulatory standpoint, that  
18 could be a long-term follow-up kind of criteria.  
19 But that's where I think we're getting very close  
20 to -- I mean, I find the wording of the question  
21 quite interesting in terms of the nuances here.  
22 One is about continued fertility and one is the

1 amelioration of infertility on improved  
2 [indiscernible] sperm parameters. So you're  
3 flipping the question, and that's where I think the  
4 importance of a registry becomes very important in  
5 item number 2.

6 DR. LEWIS: Dr. Gillen?

7 DR. GILLEN: Just to follow up on that, the  
8 response to having co-primary outcomes where you're  
9 thinking about sperm count, for example in a  
10 noninferiority design there, comes exactly from the  
11 wording of the question. So if the wording of the  
12 question is to preserve existing testicular  
13 function through these mechanisms, then I think you  
14 need to have it as an outcome in your trial.

15 DR. LEWIS: By it, you mean pregnancy or you  
16 mean just --

17 DR. GILLEN: For example, maintenance of  
18 sperm parameters.

19 DR. LEWIS: Maintenance of sperm parameters.  
20 Right. Thank you. Oh, I'm sorry. Dr. Weinfurt?

21 DR. WEINFURT: I agree with everything. I  
22 sort of feel somewhat compelled, though, to just

1 comment a bit. It sounds like a lot of us  
2 definitely feel that symptoms need to be measured  
3 as the outcomes. And I feel that way very  
4 strongly, but I also have a deep appreciation of  
5 what we're asking here. And it's a pretty  
6 significant undertaking because of multiple  
7 symptoms, the heterogeneous presentation of people,  
8 the need to define what would count as a clinically  
9 meaningful change or a clinically normal range for  
10 any of those measures, and an analysis plan that  
11 would allow a sensitive detection of those, noting  
12 that some people might have one symptom; some  
13 people might have three.

14           So it will take a lot of thought I think to  
15 figure out the best way to do that and is there  
16 some value in doing a trial on a more restricted  
17 population, the most prevalent symptoms first and  
18 then going out from there. So it's not a very  
19 constructive comment, but I felt like we should  
20 just acknowledge we all just sort of glide over  
21 that; yeah, we need symptoms. And I agree, too.  
22 And in this particular setting, this will be a

1 scientifically challenging situation.

2 DR. LEWIS: Dr. Schlegel?

3 DR. SCHLEGEL: Sorry. Just to follow up on  
4 that, and not to stir the pot, but Dr. Daniels gave  
5 a great presentation on PROs, but frankly, I was  
6 flabbergasted that the Snyder study was not an  
7 example of adequate PROs. So this is a study  
8 initiated by the IOM, sponsored by the NIH,  
9 supposed to address those issues directly, and the  
10 FDA doesn't agree with the outcome measures they  
11 used?

12 DR. EASLEY: I don't know that we can say we  
13 definitely don't agree, but they would require  
14 review. The process by which they were developed  
15 would require review, so we can't say right now  
16 really one way or the other.

17 DR. JOFFE: This is Hylton Joffe. Often for  
18 practical reasons, these large companies just pick  
19 off-the-shelf instruments that are out there in the  
20 public domain, but those instruments haven't  
21 necessarily undergone a thorough review and  
22 evaluation according to FDA standards for making a

1 regulatory decision. Just as you heard, these  
2 instruments can take years to develop, which  
3 sometimes comes into conflict with practical needs.

4 DR. LEWIS: Dr. Weinfurt?

5 DR. WEINFURT: Just to say something  
6 positive about the same topic, the good news is for  
7 most of the symptoms that are listed here, there  
8 are already measures that are a really good start.  
9 And it's not the case that for all of these, one  
10 would have to start from scratch and build a brand  
11 new PRO and take two years and a million dollars  
12 per symptom or something.

13 There are hybrid approaches, and engagement  
14 with the staff at FDA can help find ways to very  
15 efficiently understand whether -- or make sure the  
16 way the symptom is conceptualized in this existing  
17 measure is the way it's conceptualized for this  
18 disease, and that patients with this disease  
19 understand the items as they were intended to be  
20 written, and that there's basic performance of the  
21 item. So there's quite a range of development  
22 approaches that can be taken here, and many are

1 reasonable and don't have to be completely hellish.

2 DR. LEWIS: Dr. Nahum?

3 DR. NAHUM: This is Jerry Nahum. I had a  
4 similar comment, which is I'm wondering how the  
5 agency would feel -- because there are, as you  
6 said, some off-the-shelf quality-of-life measures  
7 in SF36 and things like this that have not  
8 necessarily been targeted to the particular  
9 populations that are being studied and were not  
10 particularly developed for them. But there are  
11 quality-of-life instruments that often the  
12 secondary endpoints can lend some credence to  
13 primary endpoints that are more objective and more  
14 easily measurable.

15 So I wonder if, without incorporating  
16 specific quality-of-life indicators within  
17 labeling, having a primary endpoint, for instance,  
18 of a total testosterone or free testosterone level,  
19 or something like this, or some change in it that  
20 would be clinically meaningful, with the support of  
21 secondary endpoint of an off-the-shelf SF36 type of  
22 quality-of-life measure, might be sufficient and

1 whether the agency would consider those types of  
2 study designs.

3 DR. DANIELS: Thank you for your question.  
4 The issue I guess with quality-of-life scales is  
5 sometimes it's challenging to measure just because  
6 some of the concepts can be affected by non-drug  
7 factors. And that's why when I was presenting  
8 that -- you might want to stick to concepts that  
9 would be modified by treatment. We believe that  
10 health-related quality of life is important, but it  
11 might not move with treatment. So that is some of  
12 the challenges that I think sponsors would have to  
13 consider.

14 DR. LEWIS: Okay. Anyone else?

15 (No response.)

16 DR. LEWIS: No. Okay.

17 So as far as question 1, drugs intended to  
18 treat secondary hypogonadism while preserving  
19 testicular function -- that is maintenance of sperm  
20 parameters or continued fertility -- what is the  
21 patient population that should be enrolled in the  
22 clinical trials, there was general agreement that

1 several testosterone levels would be important to  
2 document at the baseline, including preferably some  
3 measure of free testosterone as well, and that  
4 agreement should be sought on symptoms that would  
5 also define this patient population using some  
6 existing instruments and perhaps published data  
7 from studies about men with hypogonadism; for  
8 example, age-related hypogonadism.

9           Preservation of testicular function,  
10 generally should be defined, assessed, with semen  
11 parameters, probably the sperm concentration, but  
12 certainly a lot of sentiment voiced that having a  
13 measurement of motility as well would be  
14 beneficial, total motile sperm count. Even if  
15 that's not the primary thing that's assessed, it  
16 needs to be included.

17           Demonstrating clinical benefit, here we get  
18 back to symptoms and all the controversy  
19 surrounding a PRO type instrument; a lot of  
20 thoughts expressed around the belief that it's not  
21 necessary to work from scratch but use existing  
22 instruments.

1           Other trial features that should be  
2 considered, certainly a trial needs to be longer  
3 than 12 weeks; a lot of controversy about what it  
4 means to actually preserve fertility, considering  
5 that it's probably a young population who we would  
6 be looking at, and that patients should have a  
7 clear understanding that this is different than  
8 preserving sexual function; not that they're two  
9 different things, but that's not the outcome that  
10 people are looking at.

11           Let's move on to question 2. For drugs  
12 intended to treat secondary hypogonadism while  
13 improving testicular function -- that is improved  
14 sperm parameters or amelioration of  
15 infertility -- discuss, A, the patient population  
16 to be enrolled in clinical trials; B, how to define  
17 and assess improvement in testosterone function; C,  
18 acceptable endpoints for demonstrating clinical  
19 benefit for men with classic hypogonadism and those  
20 without classic hypogonadism; and D, any other  
21 trial features.

22           So very similar wording, but in this

1 question we're asked to talk about improving semen  
2 parameters for treating infertility. Dr.

3 Braunstein?

4 DR. BRAUNSTEIN: I'll start it off again.

5 So A, the patient population that should be enrolled in  
6 clinical trials, those would be either low  
7 testosterone with oligo- or azoospermia, or just  
8 oligo- or azoospermia with normal LH and FSH.  
9 Again, the issues about low testosterone that we  
10 previously discussed would hold here.

11 B, how improvement of testicular function  
12 should be defined and assessed, it would be through  
13 normalization of testosterone and increase in the  
14 sperm and semen parameters without a change in  
15 morphology.

16 C, acceptable endpoints, again for those  
17 with low testosterone, improvement of symptoms.  
18 And obviously in order to enter the trial, if it's  
19 low testosterone that they have in the beginning,  
20 they should have symptoms with low testosterone,  
21 too, although, with oligo- or azoospermia and low  
22 testosterone without symptoms, I would accept that

1 in this trial, but improvement of symptoms if they  
2 had symptoms. Sperm count should go more towards  
3 normality. And if the patient's coming in because  
4 of infertility from abnormal sperm parameters, then  
5 I want to see fertility as an endpoint. So that's  
6 different from the first question.

7 If it is that the patients have abnormal  
8 sperm parameters and that they're interested in  
9 future fertility, which is a little bit different  
10 from the first question, but they are not  
11 interested in fertility at the present time, then I  
12 would tend to go with the sperm parameters, but  
13 make sure if they're entered into either a phase 4  
14 trial or a registry, to follow up on pregnancy  
15 rates. But for those that are actively complaining  
16 of infertility, I'd like to see the endpoint being  
17 fertility, that is pregnancy rate, taking into  
18 account all the couple parameters and female factor  
19 parameters as best as one can. That's got to be  
20 the bottom line because that's what their complaint  
21 is.

22 DR. LEWIS: Thank you. Dr. Thomas?

1 DR. THOMAS: Once again, Dr. Braunstein said  
2 I think all the important things, and many of what  
3 was discussed for the previous question applies.  
4 The only things I would add is clearly you're  
5 looking at people who have low sperm counts or  
6 sperm that's not functioning well. So that should  
7 be looked at in terms of even going above that 15  
8 million threshold and whether you have improvement,  
9 so fertility has to be an important part of that.

10 I would look at a subset of people who have  
11 low sperm counts who are using assisted  
12 reproductive technology to try to conceive because  
13 even though they're not going to get into the  
14 normal range, or low normal range, if it improves  
15 their success of then being able to harvest sperm  
16 or use it to make their partner pregnant, I think  
17 that would be an important outcome to know. That  
18 might be also something that would be clinically  
19 useful in the indication.

20 DR. LEWIS: Dr. Dmochowski?

21 DR. DMOCHOWSKI: I think the question before  
22 us is really focused on infertility, so I think

1 that's the population you're looking at, realizing  
2 that a substantial percent of those patients may  
3 actually not have the hypogonadotropic symptom. So  
4 I don't think you can put symptoms into this  
5 equation unless you want to just look at a  
6 subpopulation that may have symptoms that also is  
7 in this population, again, because primarily of  
8 their infertility.

9           Again, as I said on my prior comments, I do  
10 think a registry is important, but as a follow-on  
11 criteria, not as an aspect of the trial. And I do  
12 think you should focus on seminal parameters with  
13 motility being the key.

14           DR. LEWIS: Thank you. Ms. Sorscher?

15           MS. SORSCHER: With these trials, we're  
16 dealing with sperm concentration as a surrogate  
17 endpoint essentially for fertility. I think I  
18 would treat the population with azoospermia  
19 differently than with a low sperm count, for two  
20 reasons.

21           One, we already have -- well, there's the  
22 common-sense rationale that if you don't have any

1 sperm, then you're not going to reproduce, the sort  
2 of soldier's argument, an army of one is better  
3 than an army of none. But then also you have the  
4 follitropin products that have been approved  
5 already for azoospermia for inducing  
6 spermatogenesis, and the population tested there  
7 was an azoospermia population.

8 I might even consider for this endpoint a  
9 lower threshold than 15 million if it's been shown  
10 that you can have fertility at 1 million. But for  
11 the other population, you haven't really validated  
12 this endpoint to show that it really correlates  
13 with fertility when you increase sperm count from  
14 below 15 million to above. So I would want to see  
15 different endpoints for that trial, real clinical  
16 endpoints, fertility, reproductive outcomes.

17 DR. LEWIS: Dr. Brannigan?

18 DR. BRANNIGAN: I didn't have a comment.  
19 You saw Dr. Schlegel.

20 DR. LEWIS: Sorry. Dr. Howards?

21 DR. HOWARDS: I would like to see a  
22 requirement that the partner has been screened by a

1 reproductive endocrinologist. Obviously, that is a  
2 problem to instrument, but at least we'll know that  
3 somebody, a well-trained person, fellowship-trained  
4 person has said that this partner is probably  
5 fertile. And that would make it a much more purer  
6 study with pregnancy as an endpoint.

7 DR. LEWIS: Dr. Gillen?

8 DR. GILLEN: I agree with that last comment,  
9 and I think that, again, what's been stated before  
10 is that if fertility is truly the target of  
11 inference here, then fertility should be the  
12 outcome. It's a measurable clinical outcome.  
13 Again, it's logistically difficult. It's hard to  
14 run these studies, but we have to look at it as  
15 this is the one time where we have a controlled  
16 setting, and we can actually assess this particular  
17 treatment, whatever it may be, in that setting  
18 where we can actually look at clinical benefit in  
19 these patients. Once it's gone, it is gone, from  
20 my perspective. You can do the phase 4's. I think  
21 they're important to do the follow-up studies and  
22 the active surveillance, but it's nothing compared

1 to a controlled clinical trial.

2 I think an interesting point was brought up.  
3 If one is thinking about improving maybe chances  
4 for fertility in the future, then maybe focusing on  
5 sperm concentration or total motile sperm count  
6 might be a possibility. If it's sperm  
7 concentration, the only thing that I would say  
8 there is it was a little dissatisfying today, to me  
9 anyway, where the 15 million threshold comes up.

10 That's based purely upon a retrospective  
11 comparison; in other words, fertile individuals,  
12 and then looking at the 5th percentile of those  
13 individuals. There's no concept of also what the  
14 sperm counts are and concentrations are in  
15 non-fertile individuals, and it's purely  
16 retrospective. There has got to be more work, more  
17 data on this, in order to be able to link and say  
18 that sperm counts or sperm concentrations are a  
19 reasonable surrogate for increasing truly  
20 fertility.

21 So if that is the route that it's gone down,  
22 I think, for lack of a better word, the generic

1 threshold that's been posed, based upon the WHO 5th  
2 percentile among fertile males, needs to be refined  
3 or at least defended.

4 DR. LEWIS: Dr. Schlegel?

5 DR. SCHLEGEL: Most clinical guidelines and  
6 most trials are based on a definition of male  
7 infertility being one or more abnormal semen  
8 parameters, so sperm concentration, motility, or  
9 morphology. Some would even consider indications  
10 for intervention being other measures of sperm  
11 function like DNA fragmentation.

12 But I think if we're looking at an  
13 infertility intervention, you should have one or  
14 more abnormal semen parameters. I think following  
15 those changes over time is a little more  
16 challenging in terms of what the cut-point should  
17 be because the reality is couples do not try to  
18 conceive simply by natural intercourse. There is  
19 no couple who is going to agree to a 12-month trial  
20 of natural intercourse if there are other  
21 opportunities that are available.

22 How does the Reproductive Medicine Network

1 look at this? It looks at month-by-month  
2 intervention. So a couple signs up basically for  
3 one month evaluation, and if you look at male  
4 infertility interventions, you'd be looking at a  
5 year. So fertility is obviously the most important  
6 endpoint, but you're going to have fertility  
7 without intervention. You're going to have  
8 fertility with IUI. You're going to have fertility  
9 with IUI and gonadotropin stimulation; IVF on top  
10 of that. And Dr. Gillen could probably tell me  
11 what size study we need, but that's pretty darn  
12 large.

13 So I don't think fertility can be your  
14 primary outcome. Improvement in semen parameters  
15 has documented the meta-analysis of SERMs as being  
16 associated with an increase in fertility. We get  
17 that as a secondary outcome. That would be  
18 very helpful. But I think a trial that has  
19 abnormal semen parameters and follows the way that  
20 patients are actually treated would be much more  
21 useful.

22 DR. LEWIS: Dr. Adler?

1 DR. ADLER: Yes. To follow up on that, I  
2 think the duration of the trial is really important  
3 here, and I think the practical point Dr. Schlegel  
4 just brought up is really very important. So one  
5 could conceive of a trial where a change in sperm  
6 parameters was the primary outcome, and that could  
7 be a short-term trial.

8 To have a couple sign up for a longer-term  
9 trial would require the different interventions,  
10 and obviously there's a whole smorgasbord of  
11 interventions now. So that really makes it a very  
12 difficult trial to accomplish. So I think for the  
13 simplest version of this, just a change in sperm  
14 parameters would be most important. And that  
15 brings up a question that I have as a non-expert in  
16 this, and that is, are there data on the day-to-day  
17 changes in sperm count and what the least  
18 significant change is for, say, sperm number?

19 DR. LEWIS: Dr. Sandlow?

20 DR. SANDLOW: Great segue. For those of us  
21 who have done any kind of research in male  
22 infertility, one of the toughest challenges is the

1 fact that the semen parameters change on a day-to-  
2 day basis, and you cannot do studies off of one  
3 semen analysis either before or after intervention.  
4 We all know there is regression to the mean. So  
5 you could have a sperm concentration of 12 million  
6 prior to treatment and 20 million after treatment,  
7 and you think you've made this great improvement,  
8 and you really haven't done anything.

9 So I think it's going to be very important  
10 that there are multiple semen analyses prior to and  
11 after treatment, and then they'll have to decide  
12 both statistically and clinically are those  
13 meaningful changes.

14 DR. LEWIS: Dr. Nahum?

15 DR. NAHUM: Thank you. Jerry Nahum. I  
16 guess I have another question, which is I think  
17 we're talking about -- when we talk about  
18 infertility, we're talking about spontaneous  
19 pregnancies. And given that everybody's talked  
20 about this at least peripherally, and some people  
21 directly, given that we have so many good  
22 interventions, including ICSI, I'm wondering what

1 the relevance is of being able to improve sperm  
2 parameters by a little, or even by a substantial  
3 amount, if all we need is one sperm in the right  
4 place, and during ICSI we can get people pregnant.

5 Now, of course this depends upon resources.  
6 It depends on a lot of other things. But just  
7 improving semen analysis, to me, in the face of all  
8 of the competing technologies that currently exist,  
9 to be able to get people with inadequate, or semen  
10 would be inadequate, semen analyses to obtain  
11 pregnancies, I'm wondering if we're missing the  
12 boat here, whether we're not computing what we  
13 should be.

14 DR. LEWIS: I'll just answer it as a  
15 practicing reproductive endocrinologist. I think  
16 it's very important. People are going to both want  
17 to take advantage of every treatment that's  
18 available, but not everybody has the resources to  
19 have every treatment available. Not everyone wants  
20 to undergo ICSI. Some people feel like that if the  
21 man's issue is the reason -- some couples -- that  
22 I'm not getting pregnant, then let him take his

1 drug, and why should I undergo, as the woman, all  
2 the things that I have to do to get to IVF, and why  
3 should we as a couple spend all the money.

4 So both are important, what would be the  
5 outcomes with assisted reproduction and what is the  
6 shorter easier thing to measure the semen  
7 parameters.

8 Dr. Brannigan and Dr. Sandlow?

9 DR. BRANNIGAN: I wholly agree with that.  
10 That concept of downstaging a level of assisted  
11 reproductive techniques is a really important  
12 concept, and it's something that our male partners  
13 ask about all the time. When they don't have  
14 enough sperm to facilitate efforts with  
15 intrauterine insemination, and then their partner's  
16 looking at going through IVF, that's a big deal,  
17 physically, financially. So I think that it is an  
18 important point. Even if the numbers don't go to  
19 normal, to open the door for IUI is really  
20 important to couples.

21 DR. LEWIS: Yes, Dr. Sandlow? Dr. Bauer?

22 DR. BAUER: Just to clarify, though, if the

1 goal is a live birth and you're randomizing  
2 participants, why does it matter how they get  
3 there, whether it's naturally or with assisted  
4 techniques? To me, that should be taken care of by  
5 the fact that you are doing things in the placebo  
6 group as well. It does complicate the analysis,  
7 and as someone who would want to use a large  
8 clinical endpoint trial to understand how well the  
9 surrogate works, for example, sperm count, it  
10 probably precludes that. But the most important  
11 thing is what's the likelihood of having a live  
12 birth.

13           So I guess I don't quite understand why a  
14 randomized trial with fertility as the outcome, it  
15 still couldn't be done with just a larger number  
16 and more complex analysis.

17           DR. LEWIS: Dr. Sandlow?

18           DR. SANDLOW: So to respond to that, a  
19 couple of things. First of all, while live birth  
20 is the desired outcome, I think, as we've all  
21 heard, pregnancy's a two-person thing, and even if  
22 the woman's been fully evaluated, you cannot take

1 her out of the equation. So the whole point about  
2 this drug I would think is does this improve sperm  
3 production and hopefully subsequent fertility. And  
4 I think to use actual live birth as a primary  
5 outcome would be very difficult.

6 The second thing is sitting in front of  
7 these people day after day, they want to know what  
8 can they do to improve. And if their only option  
9 is IVF, so be it. Just yesterday, I had a patient  
10 say, "Isn't there a pill you can give me?" We hear  
11 that all the time.

12 So we know that the improvement in semen  
13 parameters will make pregnancy more likely. We  
14 can't say by how much. But I think that's very  
15 important for us to know when we're treating these  
16 patients clinically, that we're going to be able to  
17 say to them, yes, this pill may improve things or,  
18 no, it really hasn't been shown to improve things.

19 DR. LEWIS: Thank you. Dr. Thomas?  
20 Brannigan?

21 DR. THOMAS: I'll wait for Dr. Gassman.

22 DR. LEWIS: Sorry. Dr. Gassman?

1 DR. GASSMAN: I have a quick question for  
2 Dr. Sandlow and maybe Dr. Brannigan. Would you  
3 consider avoidance of IVF and ICSI, for example,  
4 bringing someone who's oligospermic, if you could  
5 bring them up to a count that would allow them to  
6 do IVF, would that be a clinically meaningful  
7 outcome for you?

8 DR. SANDLOW: Sorry. You mean to go from  
9 IVF to IUI, correct?

10 DR. GASSMAN: Right.

11 DR. SANDLOW: Yes.

12 DR. GASSMAN: In other words, if you convert  
13 them, would that be an example of -- I mean, I'm  
14 just trying to figure out what's your --

15 DR. SANDLOW: Yes, for me, it would be  
16 because, again, in a state where there isn't a  
17 mandate for insurance coverage of IVF and it's all  
18 out of pocket, for many of my patients it's not a  
19 reality. So if I can take somebody who right now  
20 can only do IVF and I can treat them however it is,  
21 whether it's surgically, medically, lifestyle  
22 changes, and they can then do IUI, that would

1 be -- in my mind, that's a win.

2 DR. GASSMAN: So what cut-off would you use?

3 DR. SANDLOW: For my lab, they would need  
4 10 million motile sperm.

5 DR. GASSMAN: Okay. Thank you.

6 DR. LEWIS: So I would say it isn't that you  
7 couldn't do IUI below that, but the likelihood is  
8 very much lower.

9 DR. GASSMAN: Right. But again, we're  
10 trying to come back to something clinically  
11 meaningful. So one of the questions, as we're  
12 discussing here, is to try to get to some  
13 clinically meaningful outcome that could be  
14 explained to patients. That's why I'm asking the  
15 question.

16 DR. SANDLOW: Which also, going back to what  
17 Dr. Howards had said, I'd push very hard to use  
18 total sperm count as opposed to sperm  
19 concentration, which is totally dependent on the  
20 volume. I mean, I would love to use total motile,  
21 but we know that there isn't data. I mean, it's  
22 intuitive that if there's a certain sperm

1 concentration that's associated with fertility,  
2 then total sperm count would be as well. It's just  
3 you taking the volume out of the equation.

4 DR. GASSMAN: And would the cut-off for that  
5 be --

6 DR. SANDLOW: It's either 40 or 50 million.  
7 If you look at WHO, it would be 40 million.

8 DR. GASSMAN: Thank you.

9 DR. LEWIS: Thank you. Dr. Thomas, you had  
10 another --

11 DR. THOMAS: I just wanted to add, I think  
12 actually what was just said makes the argument  
13 stronger for looking at live birth. There is so  
14 much emotion and investment around this that we  
15 make an assumption that if you improve the sperm  
16 count, we'll get better, but we don't know for  
17 specific patients how that works.

18 You have multiple products that are  
19 potentially coming to market. What if one of them  
20 is much better at this than the other? You'd hate  
21 to say use product A that's approved without  
22 knowing the outcome. You could have wasted a year

1 or longer. Product B might have a great outcome,  
2 and that would be your first-line therapy.

3 So I think in practical use clinically for  
4 people making a decision about which drug  
5 potentially should happen, the live birth rate  
6 really is important, for exactly the reasons that  
7 were mentioned: cost, emotional burden.

8 DR. LEWIS: Thank you. Dr. McCammon?

9 DR. McCAMMON: And I agree a hundred percent  
10 with everything that's been said, especially the  
11 live birth rates. But I wonder if -- and I'm sure  
12 that industry would love to say that we can improve  
13 live birth rates, but would it almost be better to  
14 change the question and just say improve testicular  
15 function? I know that's kind of common sense, but  
16 then we're not actually having this argument if we  
17 just go, can we improve testicular function going  
18 forward and not necessarily say ameliorate  
19 infertility.

20 DR. LEWIS: Thank you. Dr. Brannigan, you  
21 have another question, comment? No. Anyone?

22 (No response.)

1 DR. LEWIS: Okay. So for drugs intended to  
2 treat secondary hypogonadism while improving  
3 testicular function -- that is improve semen  
4 parameters or amelioration of  
5 infertility -- discuss the patient population,  
6 everyone agrees that abnormal semen parameters with  
7 normal or low LH would be important.

8 There is some also sentiment that the  
9 patient population should include people who are in  
10 a relationship where the woman is being worked  
11 up or has been evaluated by a reproductive  
12 endocrinologist, or at least according to certain  
13 standard criteria, and certainly that more than one  
14 semen analysis would be required for entry into the  
15 trial because of the variability of levels.

16 DR. BRAUNSTEIN: Excuse me. In addition to  
17 LH, FSH also.

18 DR. LEWIS: Oh, sorry. Yes, FSH also, yes.

19 Improvement in testicular function, define  
20 and assess, most of the discussion centered around  
21 semen parameters. Certainly there's the WHO sperm  
22 concentration, but many felt that total sperm count

1 or total motile sperm count would be perhaps more  
2 aligned with what's looked at clinically.

3           Acceptable endpoints for demonstrating  
4 clinical benefit, everyone wanted to see something  
5 related to pregnancy, although it's recognized that  
6 that presents certain challenges. Perhaps there  
7 could be -- or not could be, but there should be  
8 not only some change in semen parameters that's  
9 meaningful, but also a demonstration of pregnancy  
10 with the recognition that that can be complicated  
11 because lots of things cause infertility. Lots of  
12 different treatments are available with differing  
13 expectation in terms of pregnancy rates and in  
14 terms of live birth rates, things that can  
15 complicate pregnancy.

16           Other trial designs that should be included,  
17 registry was cited to be really important in this  
18 population especially because they are actually  
19 actively seeking fertility unlike the prior  
20 population where the registry could be a little bit  
21 vague if somebody's not in a relationship or is not  
22 really interested in fertility.

1           The duration of the trial is also important.  
2    You might see a difference in the semen parameters  
3    on a very short-term basis, but that 12-week timing  
4    is not going to be necessarily adequate to look at  
5    other things, and also what kinds of infertility  
6    treatments the couple undergo.

7           I think that's about it. Okay. Let's move  
8    on to, then, the voting questions. We have the  
9    buttons for voting. I'll read the questions, and  
10   then you'll vote yes or no. And we'll go around  
11   the room and talk about why we voted that way.

12           First voting question. For products  
13   intended to treat men with hypogonadism attributed  
14   to obesity, is raising the testosterone  
15   concentrations into the normal range for young,  
16   healthy, eugonadal men, and preservation of  
17   spermatogenesis as assessed by maintenance of sperm  
18   concentrations, sufficient for establishing  
19   evidence of clinical benefit?

20           If you vote no, describe what endpoints  
21   would be needed to provide sufficient evidence of  
22   clinical benefit, and if you vote yes, specify how

1 preservation of spermatogenesis should be defined  
2 based on sperm concentrations and explain your  
3 definition.

4 (Pause.)

5 DR. LEWIS: You want everyone to press the  
6 button one more time? Is that correct? Okay. And  
7 then will continue to flash afterward Don't worry  
8 about that.

9 (Pause.)

10 DR. JOFFE: I guess we want to make sure  
11 everyone's really sure about voting on this  
12 question.

13 DR. LEWIS: I know. I was going to say  
14 let's just go old school and raise our hands. How  
15 many people vote -- no?

16 DR. JOFFE: We used to do this the old way,  
17 and now we much prefer electronics. We may have to  
18 revert to this if they can't fix it. Give us one  
19 moment. The hope is that everybody enters without  
20 seeing how other people are voting because we  
21 really want an independent assessment from each  
22 person and not to feel pressure if they see a lot

1 of other hands go up with the opposite vote.

2 (Pause.)

3 DR. LEWIS: Five minute break.

4 DR. JOFFE: We'll take a five minute or so  
5 break. Folks stretch, bathroom if you need to, and  
6 we'll be back.

7 DR. LEWIS: Okay. Got it.

8 (Whereupon, at 3:21 p.m., a recess was  
9 taken.)

10 DR. LEWIS: This time I will re-read the  
11 question. For products intended to treat men with  
12 hypogonadism attributed to obesity, is raising the  
13 testosterone concentrations into the normal range  
14 for young, healthy, eugonadal men, and preservation  
15 of spermatogenesis as assessed by maintenance of  
16 sperm concentrations, sufficient for establishing  
17 evidence of clinical benefits?

18 If you vote no, describe what endpoints  
19 would be needed to provide sufficient evidence of  
20 clinical benefit. If you vote yes, specify how  
21 preservation of spermatogenesis should be defined  
22 based on sperm concentrations and explain your

1 definition.

2 So we'll register our votes, and then we'll  
3 go around the room so that everyone can explain  
4 their vote.

5 (Vote taken.)

6 DR. LEWIS: Okay. We have 5 yes, 16 no,  
7 zero abstentions. Let's start with  
8 Dr. Brannon [ph]. Can you tell us how you voted  
9 and why? Sorry.

10 DR. BURMAN: Dr. Burman?

11 DR. LEWIS: Brannon. You voted, yes?

12 DR. BURMAN: Dr. Burman.

13 DR. LEWIS: Burman. Sorry. I can't see it  
14 so clear.

15 DR. BURMAN: No problem. Thank you. Yes.  
16 I voted no. First I want to say that the  
17 discussion was fantastically good. It illustrates  
18 the complexity of the issue, and I know that's why  
19 the FDA brought this up for consideration.

20 To the specific question, the question was  
21 too general. They didn't say what age of men.  
22 They didn't say what kind of hypogonadism

1 specifically. They didn't define obesity, which  
2 are all things we've talked about throughout the  
3 day. Maintenance of spermatogenesis to me means  
4 it's within 10 to 20 percent of the original value,  
5 probably.

6 They also talked about serum concentrations,  
7 sperm concentrations, and that's not enough based  
8 on the conversation we've had. But it's not only  
9 concentration, but total sperm count as well as  
10 motility that seem important. We talked about the  
11 obesity.

12 There's a question of what the endpoints  
13 should be beside sperm concentration and motility  
14 and total amount. Should it have anything to do  
15 with symptoms? In this case, probably not, but we  
16 don't know why the individual is coming in. Are  
17 they coming in because of infertility? Are they  
18 coming in because of just hypogonadism and  
19 symptoms? I assume it's for infertility in this  
20 circumstance. And shouldn't we prove that they're  
21 actually infertile. And as mentioned earlier, the  
22 woman should be checked as well.

1           Other endpoints that aren't necessarily  
2 primary would include measurement of free  
3 testosterone, total testosterone, SHBG, and bone  
4 mineral density. But I think major points are  
5 related to the definition of obesity. Thank you.

6           DR. LEWIS: Thank you. Dr. Adler?

7           DR. ADLER: I think this illustrates the  
8 difficulty of writing questions because while I  
9 voted yes, a lot of what Dr. Burman just said I  
10 agree with. I interpreted the question that a  
11 person who would fall into the category about whom  
12 you would ask these questions had come in because  
13 of symptoms of hypogonadism. And that was the  
14 major question, not infertility because you're  
15 talking about maintenance of his sperm situation  
16 with hypogonadism.

17           So I'm not talking about going out on the  
18 street and grabbing a hundred men and looking for  
19 those who have low testosterone, but otherwise  
20 somebody with hypogonadism and presumably symptoms  
21 of hypogonadism who would come into a study this  
22 way. And therefore, I thought as a minimum, or as

1 a primary endpoint, it was reasonable to bring the  
2 testosterone up into the normal range and maintain  
3 sperm at whatever level it is, and that was a  
4 reasonable set of endpoints.

5 DR. LEWIS: Dr. Sandlow?

6 DR. SANDLOW: I voted no, although I have a  
7 lot of the same comments just because the question  
8 itself does not specify that these are symptomatic  
9 men. And we know that at least primary care  
10 providers check testosterone for no reason. And  
11 that's not to bash primary care docs, but they do,  
12 which is how we got into trouble with testosterone  
13 in the first place.

14 So these patients have to be symptomatic.  
15 There needs to be symptom assessment prior to and  
16 after treatment so that you can show if it really  
17 is working that with normalization of their  
18 testosterone levels, their symptoms improve as  
19 well.

20 I also haven't heard anyone mention  
21 measuring estradiol levels, especially in obese  
22 men. Maybe it's just where I come from, but

1 everybody's got elevated estradiol levels, and I  
2 think that's a very important function with these  
3 obese men, especially. A lot of their secondary  
4 hypogonadism is due to aromatization with high E2  
5 levels. And when you normalize those, they feel  
6 better and they get better. So while this drug is  
7 not intended to do that, I would want to know the  
8 impact of the drug on estradiol levels.

9 DR. LEWIS: Thank you. Dr. Brannigan?

10 DR. BRANNIGAN: Yes. I voted no. I would  
11 want to measure the improvement in symptoms that he  
12 presented for treatment of. There are patients who  
13 presented with no complaints but low testosterone,  
14 as Dr. Sandlow was saying. I think we don't treat  
15 those patients routinely. So I think that the  
16 testosterone would not be a sufficient measurement  
17 in my mind.

18 DR. LEWIS: Dr. Schlegel?

19 DR. SCHLEGEL: I also voted no, and again,  
20 with the understanding that hypogonadal men who are  
21 going to be treated would be symptomatic, and a  
22 follow-up of their specific symptoms would be

1 needed as a measure.

2 DR. LEWIS: Thank you. Dr. Weinfurt?

3 DR. WEINFURT: I voted no for the same  
4 reasons as the previous three reviewers.

5 DR. LEWIS: Dr. Gillen?

6 DR. GILLEN: I also voted no for similar  
7 reasons. I believe that they should have clinical  
8 symptoms at baseline, and change in clinical  
9 symptoms should be evaluated as the primary  
10 endpoint. And has been discussed, possibly low  
11 mood and/or low energy should be included in those  
12 PROs for symptoms.

13 DR. LEWIS: Dr. Thomas?

14 DR. THOMAS: I agree with everything that  
15 was said. And the only other comment is I think we  
16 have a better idea of what happens with  
17 testosterone treatment. We'd want to make sure in  
18 terms of outcomes. I know we're not supposed to  
19 talk about safety, but bone health, et cetera,  
20 insulin resistance, lipids, what happens, because  
21 these will be people who are at high risk for these  
22 who are going to take it for a long time

1 potentially.

2 DR. LEWIS: Dr. Bishopric?

3 DR. BISHOPRIC: I voted yes simply because  
4 of the way the question was worded. I assumed that  
5 the patient had already been diagnosed as having  
6 hypogonadism, and this is a simple, quick measure  
7 that would demonstrate response. But I certainly  
8 agree with the other comment as well.

9 DR. LEWIS: Thank you. Ms. Sorscher?

10 MS. SORSCHER: I voted no for essentially  
11 the same reasons stated by Dr. Joffe at the start  
12 of this meeting. Raising testosterone in men into  
13 the normal range is a surrogate endpoint. And  
14 there wasn't a lot of evidence presented at this  
15 meeting that for this population, raising  
16 testosterone produces clinical benefit. So it's  
17 not really a validated endpoint. And certainly we  
18 don't have testosterone products approved on this  
19 basis for other populations, for age-related  
20 hypogonadism for example.

21 Maintaining sperm concentrations, again,  
22 that's a safety measure, and it can't be used to

1 establish efficacy because you're maintaining them  
2 in the same state.

3 I acknowledge that there's a desire to get  
4 enclomiphene or other products out there that don't  
5 reduce sperm count, but you're comparing them to  
6 off-label testosterone, and I'm not sure patients  
7 should be taking that product in the first place if  
8 it hasn't been proven to show benefit for this  
9 group.

10 So those are essentially my reasons for  
11 voting no, and I would require a clinical benefit  
12 to be shown. In trials, I understand it's hard to  
13 design a quality instrument, but there have been  
14 other tests run, testing libido, erectile  
15 dysfunction, and osteoporosis. I think it can be  
16 done, and I think it ought to be done for this  
17 approval.

18 DR. LEWIS: Dr. Curtis?

19 DR. CURTIS: Kate Curtis. I also voted no  
20 for all the reasons already said. But I would echo  
21 Dr. Weinfurt and other's comments earlier that we  
22 do definitely need the PRO outcomes. We heard the

1 onerous process of developing those earlier, but we  
2 also heard that there are things we could possibly  
3 use. So I would really encourage us to figure out  
4 how to reasonably and feasibly develop those  
5 measures if we're going to recommend them.

6 DR. LEWIS: Thank you. Dr. Howards?

7 DR. HOWARDS: I voted no. I assume from the  
8 wording that this does not include men with  
9 infertility, but if it did, I'd want pregnancy. As  
10 to the other men who were not complaining or having  
11 infertility, I would want outcome measures of their  
12 symptoms.

13 DR. LEWIS: I voted no for basically the  
14 reasons that were cited. I think it's important to  
15 settle on a group of symptoms that are important.  
16 But I would also include maybe weight loss in there  
17 or some measure of body composition as a possible  
18 outcome.

19 DR. CHAI: I voted no for the same reasons  
20 that the panel members ahead of me said no to.

21 DR. DMOCHOWSKI: I voted yes, and share  
22 Dr. Adler's consternation with question construct.

1 (Laughter.)

2 DR. BAUER: I voted no, and again, it's been  
3 well articulated. I would just add that I think an  
4 entry criteria ought to be as failed at least one  
5 good attempt at medically supervised weight loss  
6 for men that are obese.

7 DR. LEWIS: Thank you. Dr. Drake?

8 DR. DRAKE: I also voted no basically  
9 because I treat patients for clinical endpoints. I  
10 treat the patient. I don't treat the numbers. So  
11 for that reason, I couldn't not vote no.

12 DR. BISKOBING: I voted no as well for all  
13 the reasons already stated. But I also want to  
14 make sure we would be treating hypogonadal men, and  
15 so I'd want to measure free testosterone rather  
16 than total.

17 DR. LEWIS: Dr. Braunstein?

18 DR. BRAUNSTEIN: I voted no because in the  
19 beginning, I'd like to see, for entry in the trial,  
20 low, free testosterone; need clinical symptoms,  
21 normal LH, and improvement during the trial with a  
22 PRO or any objective measure that one can have. I

1 would strongly advocate for a double-blind,  
2 placebo-controlled trial of obese men desiring  
3 treatment, and that the placebo group, as well as  
4 the active group, undergo weight loss instruction  
5 and monitoring and diet in order to see if there is  
6 improvement over and above weight loss alone.

7 DR. LEWIS: Dr. McCammon?

8 DR. McCAMMON: I voted yes, and I have to  
9 concur with Dr. Adler about the question. But I  
10 would also agree with everything that everybody  
11 said about everything.

12 DR. LEWIS: Dr. Hanno?

13 DR. HANNO: I voted yes. And the reason, I  
14 thought that it should be reflected in the  
15 label -- that I assume these men were all  
16 symptomatic in the question. And I thought that  
17 voting yes would be reflected in the label as  
18 saying that this drug increased serum testosterone  
19 to normal levels, not that it treats male menopause  
20 or that it treats any specific symptom. And if the  
21 companies wanted to go for that indication, they  
22 would have to prove it. But I think there is value

1 in letting the physician decide when to use a drug  
2 like this and just showing that it does move  
3 testosterone into the normal levels.

4 DR. LEWIS: Thank you. Let's move to our  
5 next voting question. For products intended to  
6 treat men with classic, secondary hypogonadism and  
7 azoospermia or oligospermia, is raising the sperm  
8 concentration above a specific threshold sufficient  
9 evidence of clinical benefit?

10 So here we have four choices, A, B, C, or D.  
11 So you'll see four flashing buttons: A, yes, but  
12 only for azoospermia; B, yes, but only for  
13 oligospermia; C, yes, for both azoospermia and  
14 oligospermia; and D, no. And include a rationale  
15 for your answer.

16 Again, if no, what endpoints would be needed  
17 to provide sufficient evidence of clinical benefit  
18 for such products? If yes, specify the threshold  
19 for sperm concentration that should be exceeded to  
20 establish evidence of clinical benefit and explain  
21 why you select that threshold.

22 (Vote taken.)

1 DR. LEWIS: Thank you. So 2 votes yes, only  
2 for azoospermia; no one voted only for  
3 oligospermia; 13 voted yes for azoospermia and  
4 oligospermia; and 6 voted no, and there were not  
5 abstentions.

6 So let's go around the room and describe our  
7 rationale. Let's start this time on this side with  
8 Dr. Hanno.

9 DR. HANNO: Okay. I voted no. I was in  
10 favor of pregnancy rates as an endpoint for these  
11 drugs.

12 DR. LEWIS: Thank you. Dr. McCammon?

13 DR. McCAMMON: I voted no because I'm not  
14 really sure how we define, really, clinical  
15 benefit. So if there's no good definition, then I  
16 would think pregnancy would have to be the  
17 definition, and that's why I voted no.

18 DR. LEWIS: Dr. Braunstein?

19 DR. BRAUNSTEIN: I voted C, yes, for  
20 azoospermia and oligospermia for the following  
21 reason. This is classical secondary hypogonadism,  
22 and I would accept -- I ideally want to see

1 pregnancy as the outcome. But as a surrogate  
2 before we get to pregnancy, I would look at the  
3 data with hypogonadotropic hypogonadism from a  
4 common syndrome with anosmia/without anosmia; but  
5 purely a well-defined congenital hypogonadotropic  
6 hypogonadism, those patients who have been treated  
7 with chorionic gonadotropins and menotropins or  
8 follicular statin to see what sperm concentration  
9 was achieved that also achieved pregnancy.

10 So I would take the 95 percent confidence  
11 limits around that and say get above that lower  
12 level, and that would be the level that I would  
13 choose to initiate the study. But ideally, I'd  
14 like to see pregnancy as an outcome.

15 DR. LEWIS: Thank you. Dr. Biskobing?

16 DR. BISKOBING: I actually meant to vote no.  
17 I read the no and not the C. I wanted to also see  
18 testosterone levels -- and I guess I'm thinking  
19 more long term. If it's just going to be used for  
20 treatment of infertility, yes, that's sufficient.  
21 But again, the question was kind of worded vaguely.  
22 If you're going to use it long term, I want to see

1 that testosterone levels are being maintained as  
2 well. So I thought the question was not clear.

3 As far as sperm concentration, I guess I  
4 would accept the WHO criteria of 15 million, but  
5 I'm not a urologist, so I think that question is  
6 better left to them.

7 DR. LEWIS: Thank you. Dr. Drake?

8 DR. DRAKE: I voted for C, yes for  
9 azoospermia and oligospermia. When I read this, I  
10 really confined myself to the fertility issue as  
11 opposed to the long-term testosterone issues  
12 because the issue of maintenance of long-term  
13 testosterone replacement can maybe better be done  
14 with testosterone, but specifically around the  
15 period when pregnancy is considered, I thought C  
16 was okay.

17 I actually don't have a specific threshold.  
18 I'd defer to respective endocrine urology. If they  
19 want 30 million total or if they want 10 million  
20 total, whatever they think is a reasonable number  
21 to achieve some sort of favorable outcome, whether  
22 it be by ICSI, or IUI, or any of these things.

1     Whatever it is, that would be the number that I  
2     would choose as my baseline.

3             DR. LEWIS:   Thank you.   Dr. Bauer?

4             DR. BAUER:   I actually wanted to vote for  
5     no, but I pushed C instead, so I apologize.   But  
6     actually, I voted this because I think the live  
7     births should be the outcome of interest.

8             DR. LEWIS:   Could you repeat that?

9             DR. BAUER:   I think live births should be  
10    the outcome of interest.

11            DR. LEWIS:   Thank you.   Dr. Dmochowski?

12            DR. DMOCHOWSKI:  I voted C for both, and my  
13    comments would echo Dr. Drake's comments.  I think  
14    the thresholds might vary between the two  
15    conditions.  And we already have a prior regulatory  
16    threshold and an approval in 2000 of 1 million.  So  
17    maybe that raises the -- may be a higher target for  
18    oligo such as 10.  But again, the oligo assumes  
19    that they start out below 10, and if they're  
20    starting out above 10, it's sort of a useless  
21    number.

22            DR. LEWIS:   Thank you.   Dr. Chai?

1 DR. CHAI: I voted C also, and I read this  
2 question completely as an infertility patient not  
3 worrying about the testosterone level. So I think  
4 having a medication that has been tested that has a  
5 measurable change will give these patients  
6 something valuable, and for healthcare providers,  
7 something to offer these patients.

8 I thought pregnancy -- I heard the debate.  
9 I tended to fall on the side that I think it's a  
10 very difficult outcome to power a trial or do a  
11 trial for, although I realize and I can understand  
12 why that is the ultimate outcome. But I chose C.

13 DR. LEWIS: Thank you. I chose C also. I  
14 agree that it's very important to have different  
15 thresholds for people who would enter as in  
16 azoospermic and those who enter with oligospermia  
17 because if you're azoospermic, then the  
18 couple -- if you're oligospermic, the woman has  
19 already been exposed to at least a million sperm,  
20 so that is not a relevant number to say that you  
21 could achieve a pregnancy that way. It also  
22 assumes that those sperm are relatively normal,

1 which a lot of times they're not with oligospermia.  
2 So I think that that's important, that threshold  
3 level.

4 I think pregnancy is also important. I  
5 think, yes, it's complicated, but certainly it's an  
6 outcome for a lot of female infertility studies,  
7 and you just define the population that you're  
8 going to study and try to make the women as uniform  
9 as possible. I think that's the best clinical  
10 outcome to go for. Certainly, semen parameters are  
11 an important surrogate marker.

12 Dr. Howards?

13 DR. HOWARDS: I voted for azoospermia  
14 because if you take a patient who's azoospermic and  
15 raise him to have some sperm, and if the patient  
16 and the partner agreed that they wanted to do ICSI  
17 and they can afford it, then you've made them  
18 eligible for ICSI without a surgical intervention.  
19 So that to me is a clear yes.

20 I would have voted for C if it hadn't said  
21 "sperm concentration." If it had said "total  
22 motile sperm," then I might well have voted for C.

1 DR. LEWIS: Thank you. Dr. Curtis?

2 DR. CURTIS: I voted no. The question asked  
3 about clinical benefit, and to me, clinical benefit  
4 is pregnancy or fertility. However, I did hear  
5 there are clear difficulties with doing that.  
6 Sperm concentration alone to me probably isn't  
7 enough and would be -- as we've heard, total sperm  
8 count is important and other measures, semen  
9 analysis.

10 Finally, I think whatever the outcome is,  
11 that's what the indication should be. So if the  
12 outcome is only raising sperm concentration, then  
13 that's the indication. The indication should not  
14 be treating infertility.

15 DR. LEWIS: Thank you. Ms. Sorscher?

16 MS. SORSCHER: So I voted A for azoospermia  
17 only. I was a little thrown by this question  
18 because as far as I could tell, none of the  
19 products being considered for the presentations  
20 today were for this indication, so we didn't have a  
21 lot of discussion around it. Generally, I think  
22 that there wasn't a lot of evidence presented that

1 moving a patient out of the oligospermia range is  
2 going to increase fertility and specifically how  
3 that's defined, as 15 million, or 10 million, or  
4 what have you; whereas for azoospermia, you can  
5 make a pretty clear case that that makes an  
6 important clinical difference for patients.

7 DR. LEWIS: Thank you. Dr. Bishopric?

8 DR. BISHOPRIC: I voted for C. I think it's  
9 because I'm a pathologist, and I don't see patients  
10 coming in with reproductive problems.

11 DR. LEWIS: Okay. Dr. Thomas?

12 DR. THOMAS: I voted no for many of the  
13 reasons that were already said. I think fertility  
14 is really the ultimate outcome in this type of  
15 patient. Also, the issue about what the count  
16 should be I think varies depending on the goal,  
17 that you can get someone to assisted technology or  
18 are you going to do without assisted technology.  
19 And I agree with what Dr. Braunstein said, is since  
20 we use hCG for this now, that really should inform  
21 what we do in terms of the other agents.

22 DR. LEWIS: Thank you. Dr. Gillen?

1 DR. GILLEN: I voted no because I believe  
2 that the live birth rate is the true clinical  
3 outcome here. I think for reasons that were stated  
4 earlier, randomization will take care of it. I  
5 believe it should be spontaneous pregnancy or  
6 artificial pregnancy. Either way, if it's a  
7 randomized controlled trial and well controlled,  
8 then that should balance out.

9 DR. LEWIS: Dr. Weinfurt?

10 DR. WEINFURT: I got confused by the  
11 buttons. I actually meant to abstain, which is sad  
12 in itself. And then I hit the wrong button --

13 (Laughter.)

14 DR. WEINFURT: -- which may be evidence that  
15 I shouldn't be voting.

16 DR. LEWIS: Dr. Schlegel?

17 DR. SCHLEGEL: I voted C. A concern with  
18 treatment of this entire population of patients is  
19 that you could treat any of them, and pregnancies  
20 would occur independent of the medical  
21 intervention. The medical intervention may have a  
22 substantial benefit and certainly would be the most

1 cost-effective treatment that you provide for  
2 couples, but you could take an azoospermic man,  
3 biopsy, and get sperm and use IVF, and it's just a  
4 very different burden of treatment.

5           So the clinical benefit is really changing  
6 the burden of treatment. The outcome of interest  
7 for azoospermia is enough sperm for ICSI, which  
8 would be more than 100 motile sperm per ejaculate  
9 certainly. For oligospermia, it's moving you up at  
10 least one stage in terms of treatment. So if  
11 you're less than 5 million motile sperm per  
12 ejaculate, going above that or potentially another  
13 higher threshold for men who had 5 million motile  
14 sperm per ejaculate to start.

15           DR. LEWIS: So you're saying basically  
16 getting to some point where you could do IUI.

17           DR. SCHLEGEL: Correct.

18           DR. LEWIS: Dr. Brannigan?

19           DR. BRANNIGAN: I voted C, and I echo the  
20 comments, especially what Dr. Schlegel just said.  
21 I don't have anything to add.

22           DR. LEWIS: Thank you. Sandlow?

1 DR. SANDLOW: I'll stay in lock-step with  
2 the other urologists. I do want to just make a  
3 quick editorial comment about the live birth rate.  
4 And while that is the ideal, for those of us who  
5 work in this field, it's not doable. So to put  
6 that kind of burden on anyone, we'll never get live  
7 birth rates for the treatment of male infertility.  
8 It just won't happen.

9 I would not want to hold back a potential  
10 treatment because we put too high of a price on it.  
11 I think it's a great thing to look at, and I think  
12 it makes a lot of sense. But I think asking  
13 couples to participate in studies where live birth  
14 is the outcome, we'll never get it done.

15 DR. LEWIS: Dr. Adler?

16 DR. ADLER: I voted C. Dr. Schlegel said it  
17 a lot better than I could. But I think the point  
18 is that if you're dealing with infertile couples  
19 here, getting the sperm count up, because obviously  
20 there's no unanimity about what the levels should  
21 be, I think increases the chance of live birth, and  
22 therefore is a reasonable endpoint.

1 DR. LEWIS: Thank you. Dr. Burman?

2 DR. BURMAN: I'd just echo the same  
3 comments, and I voted C as well for azoospermia and  
4 for oligospermia.

5 DR. LEWIS: Okay. Thank you. So last  
6 question. For products intended to treat men with  
7 secondary hypogonadism and azoospermia or  
8 oligospermia, but who do not have classic  
9 hypogonadism, is raising the sperm concentration  
10 above a specific threshold sufficient evidence of  
11 clinical benefit? A, yes, but only for  
12 azoospermia; B, yes, but only for oligospermia; C,  
13 yes for oligospermia and azoospermia; and D, no.

14 Then the same. We'll go around with a  
15 rationale for your answer. If no, what endpoints  
16 would be needed to provide sufficient evidence of  
17 clinical benefit? Yes, which is either A, B, or C,  
18 what's the threshold for sperm concentrations to  
19 establish evidence of clinical benefit, and why?

20 (Pause.)

21 DR. LEWIS: We have some people who have a  
22 question about abstention. It doesn't appear that

1 that's available. FDA, can you give us some  
2 guidance here? Somehow that didn't get put in the  
3 mix. Should we just record that as we go along?

4 (Pause.)

5 DR. JOFFE: Unfortunately, it isn't built  
6 into our system to abstain. So probably I guess if  
7 someone wants to abstain, they shouldn't answer the  
8 question, and then they could verbally say that  
9 they abstained and the reasons why.

10 DR. LEWIS: That makes sense. Okay. So  
11 let's register our votes, please.

12 (Pause.)

13 DR. JOFFE: So right now we have that one  
14 person has abstained. I just want to confirm  
15 that's correct before -- okay.

16 (Vote taken.)

17 CMDR BONNER: For the record, 2 voted yes  
18 for A; B, zero; C, 8; and D, 10, and 1 abstain.

19 DR. LEWIS: Okay. Let's start on this side  
20 with Dr. Burman, please.

21 DR. BURMAN: Thank you. Dr. Burman, and I  
22 voted no. Many of the same issues we've talked

1 about on previous questions arise here, but I think  
2 for the record, it's worthwhile to discuss them or  
3 mention them briefly.

4           What is the goal of the patients who are  
5 coming in with secondary hypogonadism? Is it  
6 infertility? I assume it is. Secondary  
7 hypogonadism that's non-classic of course is an  
8 issue we spent all day on, and it's a heterogeneous  
9 group that is not well defined, especially the  
10 obesity aspect. There are so many inchoate issues  
11 with regard to that, that I think that should be  
12 separated from classic hypogonadism in any study.

13           With regard to long-term studies, at the  
14 moment, there are no long-term prospective  
15 randomized, controlled studies assessing this  
16 issue, but it would be very important for the  
17 committee or for us to recommend that that be  
18 performed because this group represents probably  
19 the largest group of patients with hypogonadism, as  
20 we saw earlier.

21           The same endpoints that we talked about  
22 earlier in terms of FSH, LH, free testosterone,

1 SHBG, sperm motility, as well as concentration and  
2 total amount, should be examined as well. But I do  
3 think it's a very important group that we should  
4 investigate, but at the moment, we don't have  
5 enough information.

6 DR. LEWIS: Thank you. Dr. Adler?

7 DR. ADLER: Again, I agree almost completely  
8 with my friend Dr. Burman, except that I voted C,  
9 yes. I interpreted this, again, as patients with  
10 infertility. And frankly, the fact that we don't  
11 have a demonstrable lesion that we can show is the  
12 cause of their problem, they have azoospermia or  
13 oligospermia, those are pretty hard endpoints.

14 So to help their fertility -- and that to me  
15 is the objective here -- short-term use of a drug  
16 to raise the sperm number or concentration seems to  
17 be a reasonable goal, and not talking about  
18 long-term management, which I think is a completely  
19 different topic. I think for short-term management  
20 for infertility, it makes sense that these patients  
21 should be tried on what is a reasonable way that we  
22 may be able to improve their fertility.

1 DR. LEWIS: Thank you. Dr. Sandlow?

2 DR. SANDLOW: I voted C for similar reasons  
3 from the previous question, although it is a  
4 different patient population. This is probably  
5 half of the patients that I see, where they don't  
6 truly have a real endocrinopathy. This is more  
7 empiric treatment. They may have slightly low  
8 testosterone with oligospermia. And I still voted  
9 yes because I think we do want to see the impact on  
10 the oligospermic patients. My only caveat would be  
11 a total sperm count as opposed to a concentration.

12 Then as Dr. Schlegel alluded to in the  
13 previous group of patients, this group as well that  
14 are azoospermic, if you can convert them even to  
15 severely oligospermic, you have demonstrated  
16 clinical benefit.

17 DR. LEWIS: Thank you. Dr. Brannigan?

18 DR. BRANNIGAN: I voted C, and I agree with  
19 what Dr. Sandlow said. I look at these patients.  
20 They are a different cohort for sure, but I think  
21 the clinical outcomes apply to this group as for  
22 the previous question.

1 DR. LEWIS: Thank you. Dr. Schlegel?

2 DR. SCHLEGEL: I also voted for C. This is  
3 a substantial proportion of patients who could be  
4 benefitted. And again, the burden of treatment is  
5 of concern. The burden of treatment for a couple  
6 that has a child with assisted reproduction is a  
7 little bit different from a natural pregnancy also  
8 because there are risks of multiple gestations,  
9 there are risks of complications from that, and  
10 potential burden on the family as well.

11 DR. LEWIS: Thank you. Dr. Weinfurt?

12 DR. WEINFURT: I had abstained because I  
13 felt more comfortable deferring to my clinical  
14 colleagues among whom there was disagreement, and I  
15 didn't feel I had enough time to ferret out who was  
16 right or wrong.

17 DR. LEWIS: Thank you. Dr. Gillen?

18 DR. GILLEN: I voted no primarily for the  
19 same reasons as the last question. I believe live  
20 birth rate is the true clinical outcome here. I  
21 agree with the statements that were made about  
22 getting patients past the threshold and making IUI

1 a viable option. But again, I think if you looked  
2 at all live birth rates, you will capture that as  
3 well in your randomized clinical setting.

4 DR. LEWIS: Thank you. Dr. Thomas?

5 DR. THOMAS: I voted no. And similar to the  
6 other comments and also from the previous question,  
7 if this was restricted to just those who were  
8 looking at fertility, I think everything that was  
9 said is very appropriate. My concern is that this  
10 is going to be treated for people who are not  
11 looking for fertility but will be using this  
12 instead of testosterone or for non -- even for  
13 reasons that really aren't hypogonadal, but just an  
14 afternoon total testosterone measured at the wrong  
15 time in someone's office.

16 So I think there are a lot of other things  
17 that would have to be looked at to make sure that  
18 it's effective to cover what we would usually do  
19 for a true hypogonadal person.

20 DR. LEWIS: Thank you. Dr. Bishopric?

21 DR. BISHOPRIC: I voted C, and it's just in  
22 keeping with my previous answers and the other

1 comments I've been in agreement with.

2 DR. LEWIS: Thank you. Ms. Sorscher?

3 MS. SORSCHER: I voted A, largely for the  
4 same reasons as I voted A for question 4. I think  
5 if you include oligospermia, you're going to have  
6 some real problems determining what is a meaningful  
7 threshold there, and the case is much simpler for  
8 azoospermia.

9 DR. LEWIS: Thank you. Dr. Curtis?

10 DR. CURTIS: I also voted no for the same  
11 reasons as I did on that earlier question and the  
12 reasons that have been stated, although I have been  
13 persuaded by some of our colleagues' discussion  
14 around the azoospermia group that measuring the  
15 sperm concentration or increasing sperm  
16 concentration in that group probably is of clinical  
17 benefit.

18 DR. LEWIS: Thank you. Dr. Howards?

19 DR. HOWARDS: I voted C in error because I  
20 thought it was worded differently from question 2.  
21 So I really would like to change my vote from C to  
22 A for the same reasons I just cited for 2.

1 DR. LEWIS: Thank you. I have nothing to  
2 add.

3 Dr. Chai?

4 DR. CHAI: I voted for C. I did not hear  
5 any discussions why we would treat -- again, I read  
6 this question as an infertility question,  
7 short-term treatment. I didn't hear anything that  
8 would scientifically justify why we would treat a  
9 classic secondary hypogonadism for infertility  
10 differently than someone with a secondary  
11 hypogonadism. There was no discussion -- I don't  
12 think there's any evidence, therefore I was  
13 consistent with my answers between this vote and  
14 the previous vote.

15 I didn't add about which concentration you  
16 would -- I would defer -- I hear the arguments of  
17 total count versus concentrations. I think the  
18 total count would make more sense for this and the  
19 previous.

20 DR. LEWIS: Thank you. Dr. Dmochowski?

21 DR. DMOCHOWSKI: I voted D. And I have to  
22 perhaps say in a misguided thought that this had

1 something to do with also the patient who might  
2 have symptoms, therefore I was looking for a  
3 symptom appraisal as well.

4 DR. LEWIS: Thank you. Dr. Bauer?

5 DR. BAUER: I voted for D, for the same  
6 reason before, which is I think live births ought  
7 to be the outcome of interest.

8 DR. LEWIS: Dr. Drake?

9 DR. DRAKE: I also voted for D for any of  
10 the same reasons that have been stated already.

11 DR. LEWIS: Dr. Biskobing?

12 DR. BISKOBING: I voted C this time with the  
13 assumption that this is just for infertility, then  
14 I think it's reasonable. If it's going to be used  
15 long term, then I think other measures should be  
16 recorded.

17 DR. LEWIS: Okay. Dr. Braunstein?

18 DR. BRAUNSTEIN: I voted D, and that's  
19 different from how I voted for 4, which was C,  
20 because there is a difference between -- I feel  
21 there is a difference between patients with  
22 classical secondary hypogonadism and the acquired

1 hypogonadism that we've been discussing, in that  
2 there is data that patients with classical  
3 hypogonadism respond to gonadotropins with an  
4 increase in sperm count and increased pregnancy  
5 rate. There is not that data for this group of  
6 patients. And until that data is presented, I  
7 think that fertility should be the outcome that we  
8 look at.

9           These drugs have the potential for being  
10 used very widely, and I think it's incumbent upon  
11 the pharmaceutical companies who develop these  
12 drugs to show they actually have the clinical  
13 benefit that they're going to be marketed for,  
14 which is not to -- I mean, nobody really cares  
15 about increasing sperm count if they're complaining  
16 of infertility. What they really care about is  
17 getting a pregnancy. And if that means getting  
18 enough for ICSI, fine. If that means getting  
19 enough for IUI, that's fine, or for the good, old-  
20 fashioned way of getting pregnant, that's fine,  
21 too. But fertility really should be the endpoint  
22 in this unknown area.

1 DR. LEWIS: Thank you. Dr. McCammon?

2 DR. McCAMMON: I voted D for the previous  
3 comments that were already mentioned.

4 DR. LEWIS: Dr. Hanno?

5 DR. HANNO: I changed my vote this time to A  
6 for the reasons Dr. Howards and Ms. Sorscher noted  
7 already.

8 DR. LEWIS: Thank you.

9 So that brings the meeting to a close. I  
10 want to thank the presenters from the FDA and the  
11 industry, and of course all the panel members for  
12 your time and attention this afternoon. Dr. Joffe  
13 has some comments for us.

14 Adjournment

15 DR. JOFFE: I'll just say a big thank you to  
16 the panel. I don't know about you all, but I'm  
17 pretty tired right now. Thank you for all the wise  
18 advice that you shared, and we'll take this back  
19 and internally think about it.

20 I'd also like to thank Dr. Lewis who's our  
21 excellent chair for orchestrating a very good  
22 meeting; the presenters both on FDA's side and

1 industry. Industry had the challenge of bringing  
2 three different companies together, and I thought  
3 that was well done.

4 I'd like to also thank our AC advisory  
5 committee staff, LaToya, Kalyani, Yvette, and then  
6 also all these other AC support staff who do things  
7 like transcription and make sure votes get  
8 captured. So I want to thank everyone and hope you  
9 all have safe travels back home.

10 (Whereupon, at 4:10 p.m., the meeting was  
11 adjourned.)

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