Measurement of EBV and BK Viral load in the Lab

Linda Cook, PhD D(ABMLI) Molecular Virology Lab University of Washington Fred Hutchinson Cancer Research Center

EBV Associated Diseases and Malignancies

- Primary Infection (asymptomatic)
- Acute Infectious Mononucleosis
- Neurologic syndromes
- Hematologic abnormalities
- Lymphoproliferative Disorders
 - Hemophagocytic Lymphohistiocytosis, Lymphomatoid Granulomatosis, Chronic active EBV (CAEBV), XLP Syndrome, PTDL
- Burkitt's Lymphoma
- HIV associated lymphoma
- Leiomyoma and Leiomyosarcoma
- Hodgkin's disease
- Nasopharyngeal Carcinoma
- T-cell lymphoma

EBV Infections

- Primary Infection
 - 25-50% of peripheral blood memory cells become latently infected
- Chronic Infections
 - -1 infected B cell in 10^5 to 10^6 cells
 - -1-20 episomes per cell
 - Transcriptionally quiescent



1) Sample Type

- 2) PCR design issues
- 3) Other Standardization Issues

SAMPLE SELECTION

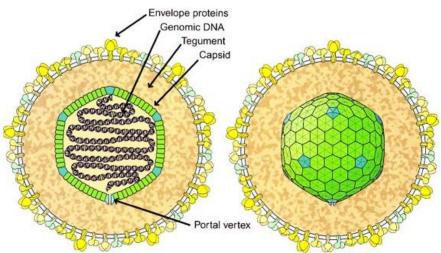
PATIENT SAMPLE?

STANDARD MATERIAL?

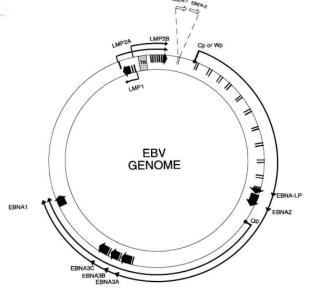
fppt.com

Measuring EBV

Intact Virions



172,000 bp, about 85 genes

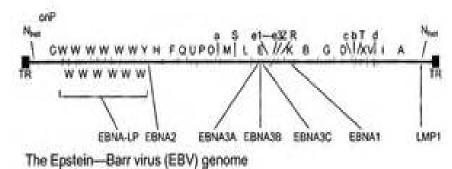


Episomes – cellular (multiple copies)



DNA Fragments

Whole Genome - linear

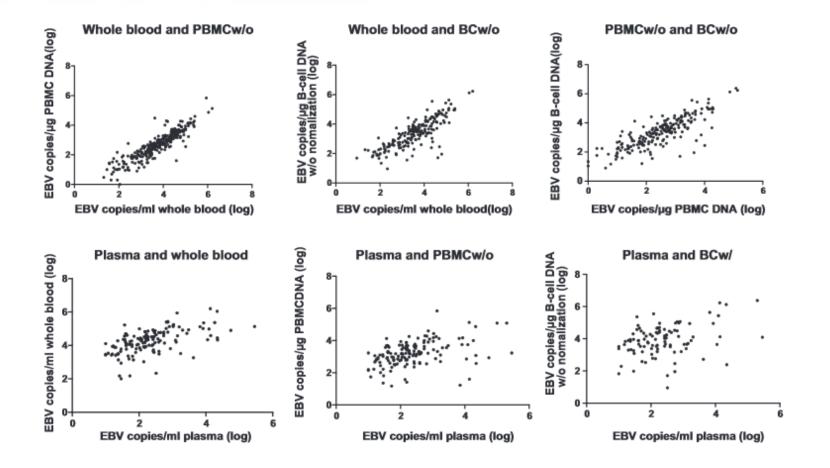


fppt.com

Sample Types?

- Whole Blood
- Plasma
- White blood cells
- Lymphocytes
- CSF
- Tissues and lymph node biopsies
- Nasopharyngeal swabs, other swabs
- Saliva
- Trans-oral brush biopsies

Sample Type Difference



Ruf S, et al J Clin Virolo 53:186, 2012

Kimura, Rev Med Virol 2008:18, 305



Table 3. Optimal specimens for measuring viral load in each Epstein–Barr virus (EBV)associated disease

Disease	Infected cells	Infection pattern	Specimens for measuring viral load			
			Plasma or serum	Mononuclear cells	Whole blood	
Infectious mononucleosis	Plasma cells B cells	Lytic infection Latency III	Desirable	Not recommended	Not recommended	
Post-transplant lymphoproliferative disorder	B cells	Latency III	Controversial	Desirable	Preferable	
Hodgkin's lymphoma	Hodgkin cells (B cell origin)	Latency II	Desirable	Not recommended	ND	
Chronic active EBV infection	T or NK cells	Latency II	Useful for prognosis	Desirable for diagnosis	ND	
Nasopharyngeal carcinoma	Squamous cells	Latency II (Lytic infection)	Desirable	Not recommended	ND	

NK, natural killer; ND, no or little data available.

Kanakry, et al 2016

2,146 patient studied, 535 EBV patients with at least 1 positive result; Compared plasma to PBMC sample types.

Of 105 with active EBV+ disease, plasma was positive 99% of the time, PBMC only 54%.

Key Points

- Cell-free (plasma) EBV DNA performs better than cellular EBV DNA as a marker of a broad range of EBV⁺ diseases.
- Within a largely immunocompromised and hospitalized cohort, detection of EBV DNA in plasma is uncommon in the absence of EBV⁺ disease.

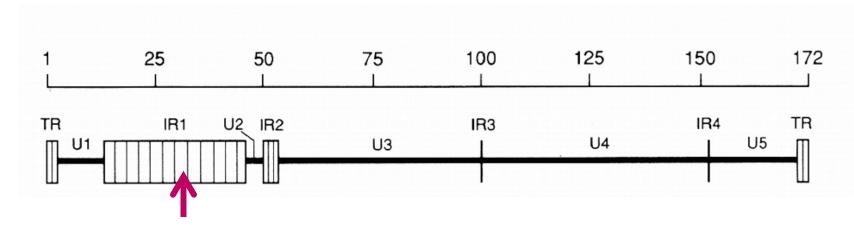


PCR Assay Design

No large primer set comparison studies have been published

Genome Location of Amplicon

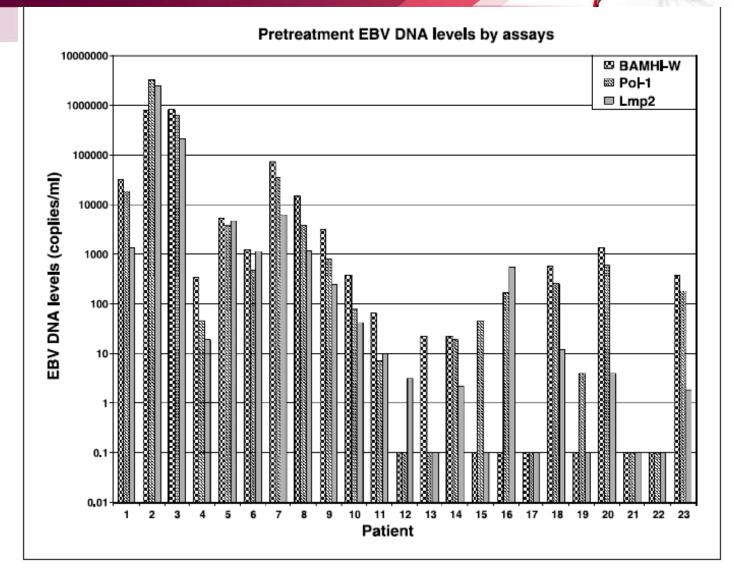
Sensitivity vs Accurate Quantity?



PCR in the BamHI-W region in the EBNA encoding region of the genome. NGS studies = clinical isolates average 7, more consistent than culture strains.

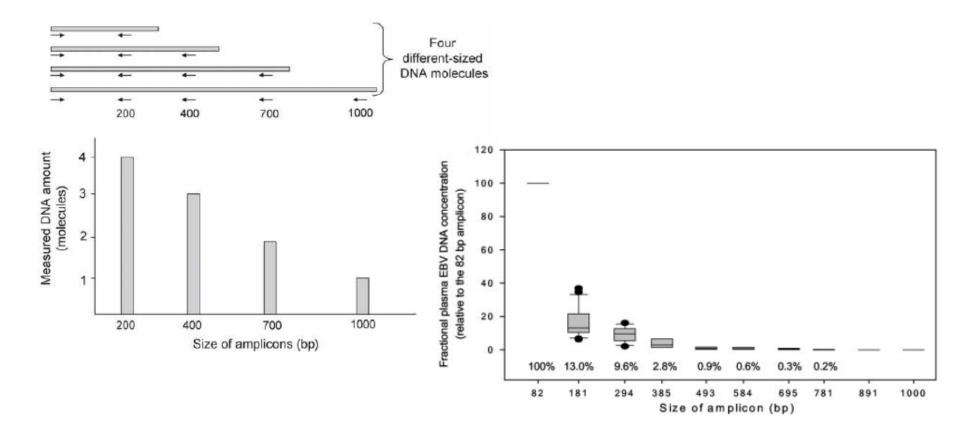
Many other regions of this large genome have been targets of PCR assays. These give a better 1:1 relationship of virus quant to PCR signal but have lower sensitivity for detection of EBV..

3 Assay Comparison



Le Q-T Clin Can Res 2005: 11:5700

PCR Detection of fragmented DNA



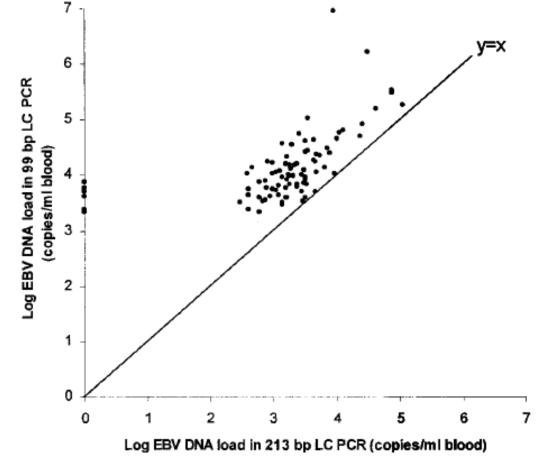
Chan KCA and Lo YMD, Methods in Mol Biol 336:111, 2006; Cancer Res 63:2028, 2003

PCR Amplicon Size

Whole blood samples – Authors reasoned that cell lysis by Apoptosis yields DNA fragments approximately 150 bp in size, so a smaller amplicon may give higher levels of detection.

Compared 99bp amplicon to 213 bp amplicon (same genome region).

Smaller amplicon picked up 20 (13%) more positive patients.



Stevens, SJ et al J Clin Micro 43:3066, 2005



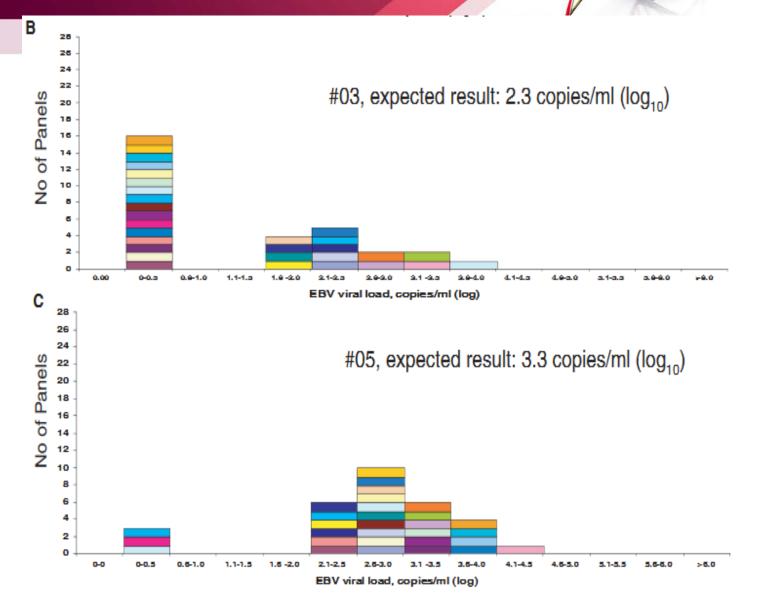
Comparison Studies

fppt.com

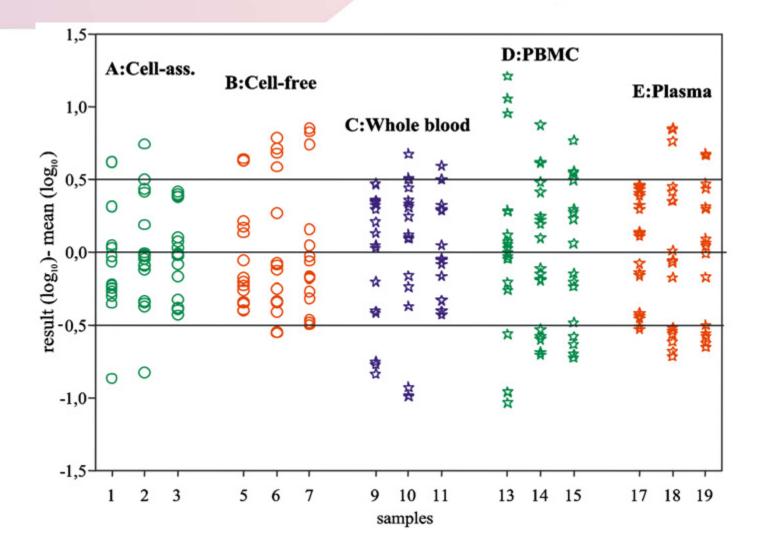
Reference Materials

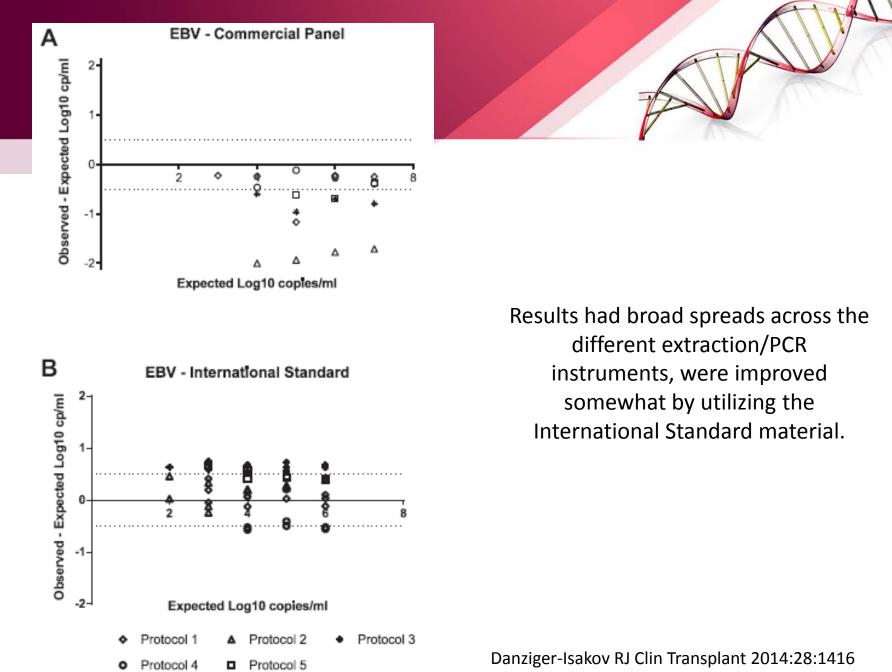
- 1) WHO International Standard NIBSC 09/260
 - EBV95-8 strain
- 2) EBV Plasma Panels
 - Virus particles, 5 members ranging from 10e2 – 10e6 IU/mL
- 3) Quantitated Viral DNA
 - EBV B95-8 Strain, 1 vial of quantified DNA

Preiksaitis 2009 Study



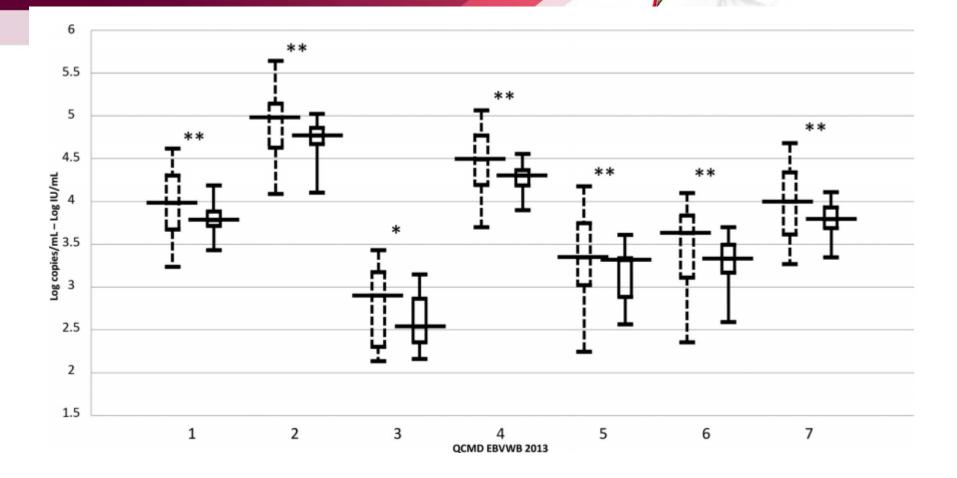
Abbate 2011 Study





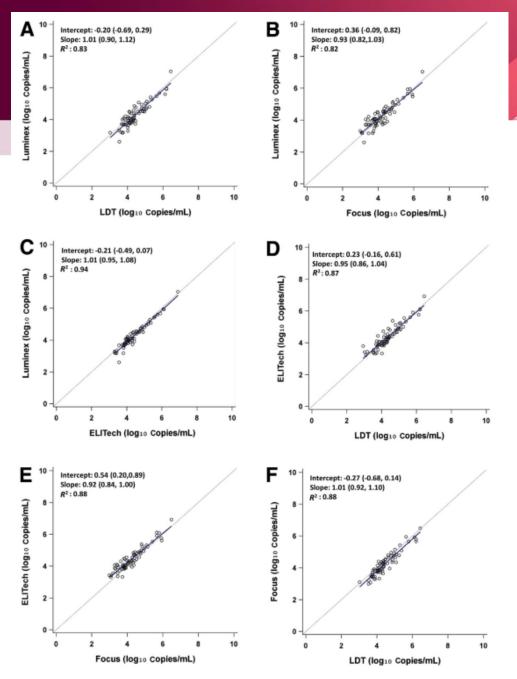
fppt.com

Cross-Lab Comparison – 12 French Labs – Semenova 2016



Whole Blood Samples

Dotted Boxes – Copies/ mL, Solid Boxes – results after IU/mL standardization





Buelow, et al 2016

Comparison of 4 commercially available reagents (3 ASRs, 1 LDT) – detecting EBV DNA spiked into whole blood samples

"Harmonization" Efforts – Le et al 2013

- Support for Radiation Therapy Oncology Group studies
- 4 labs international sites
 - Stanford, Chinese University of Hong Kong
 - National Taiwan University Hospital
 - Chang-Gung Memorial Hospital
- 40 patient samples analyzed 2 times at each site
- Variables identified
 - Calibrators
 - Master Mix
 - DNA Extraction method





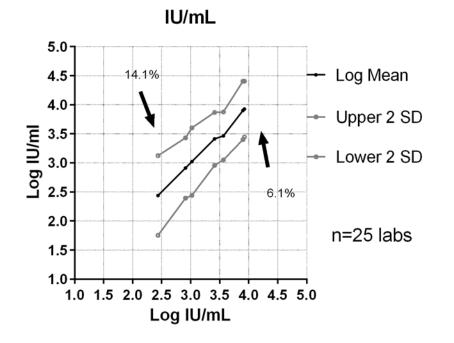
- QCMD
 - European/British company makes a wide variety of proficiency testing materials including EBV
 - Annual, 10 samples (1 negative) range of quantities
 - 2015 split samples into 2 shipments



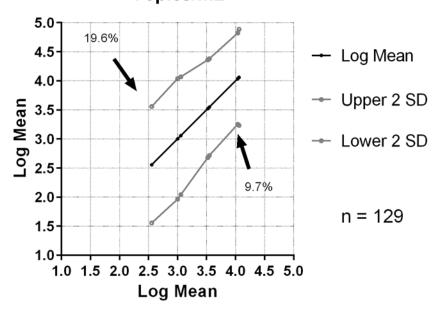
1st 2 Survey Sets 2015

Sample	Units	Log Mean	S.D.	2 S.D Range	# Negative
#2-05	IU/mL (n=18)	1.88	0.965	0.05 - 3.81	39%
	c/ml (n=60)	2.04	1.24	0.00 - 4.52	
#2-06	IU/mL (n=30)	3.41	0.33	2.75 - 4.07	
	c/ml (n=122)	3.60	0.452	2.72 - 4.52	
#2-15	IU/mL (n=22)	2.62	0.32	1.98 – 3.26	20.5%
	c/ml (n= 82)	2.74	0.78	1.18 - 4.30	
#2-16	IU/mL (n=33)	3.55	0.40	2.75 - 4.35	
	c/ml (n=137)	3.68	0.52	2.64 - 4.72	





Copies/mL



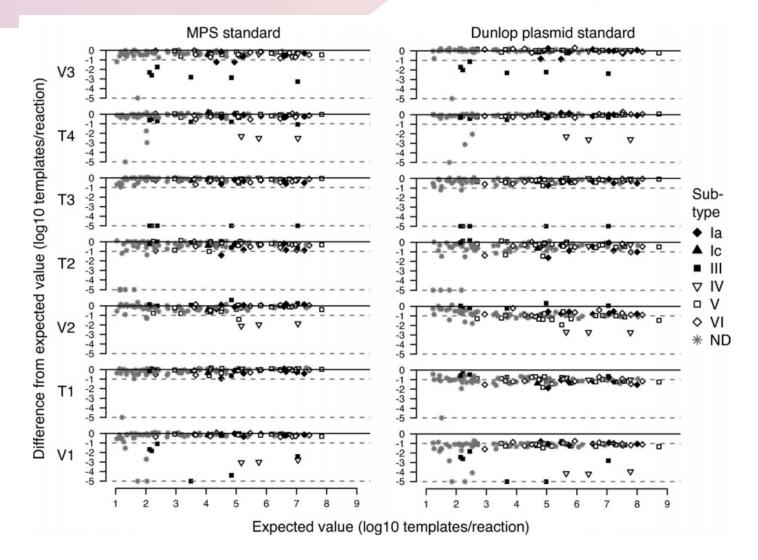
BK Virus

Samples Primer / Probe Issues Comparison Studies Standard Issues

Sample Types

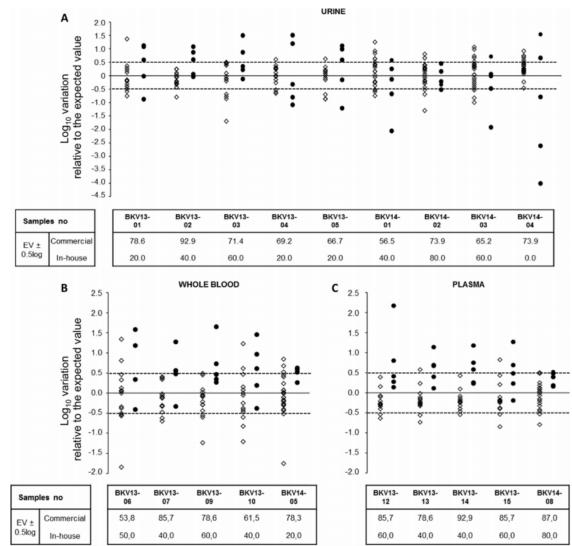
- Plasma
 - (Whole blood?)
- Urine
 - Extremely high levels found
 - ->1 x 10e9 copies/ml
 - Extraction carryover issues

Primer Mismatches Hoffman 2008



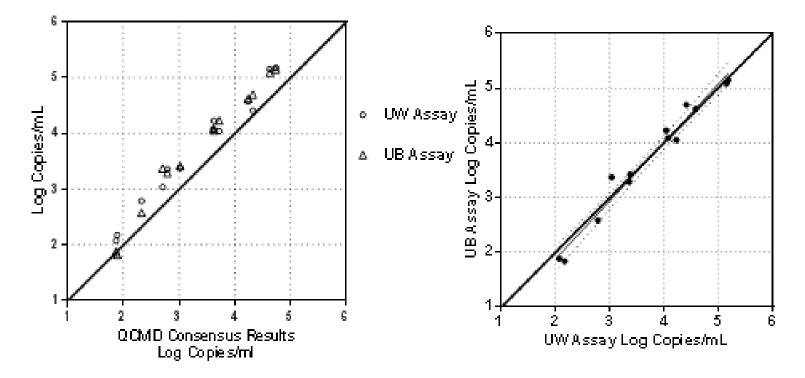


Primer / Probe Issues



Solis 2015 French BK Study Group 2 panels of WB, plasma and urine samples; Genotype polymorphisms contributed to significant variation in results (Genotypes II and IV)

Few Reports of Assay Comparisons



QCMD BK Data – UW vs Basel Lab

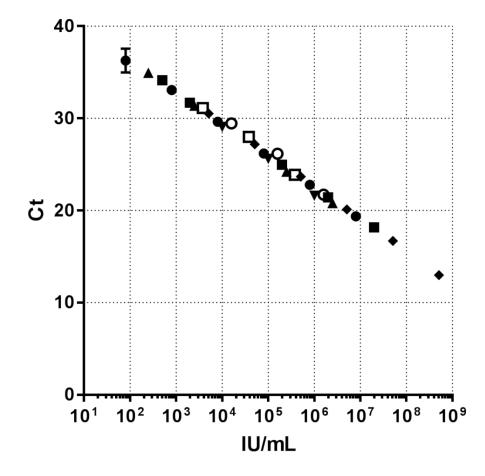
QCMD Results

BK Virus Samples	Log Quant Mean		Quant C.V.	Log Range
2016 – 01	3.673		42%	0.0 - 6.14
2016 – 02	4.707		22%	3.21 - 7.27
2016 – 03	3.69		38%	0.78 - 6.46
2016 - 04	Negative			
2016 - 05	2.69	11% Neg	55%	0.00 - 5.92
JC Virus Samples	Log Quant Mean		Quant C.V.	Range (2SD)
2016 - 01	2.52	15% Neg	26%	1.08 - 3.68
2016 – 02	3.14		14%	1.87 – 4.38
2016 – 03	Negative			
2016 – 04	4.49		18%	2.75 – 5.94
2016 - 05	3.42		20%	1.79 – 4.46



Evaluation of the BK WHO Standard NIBSC 14/212

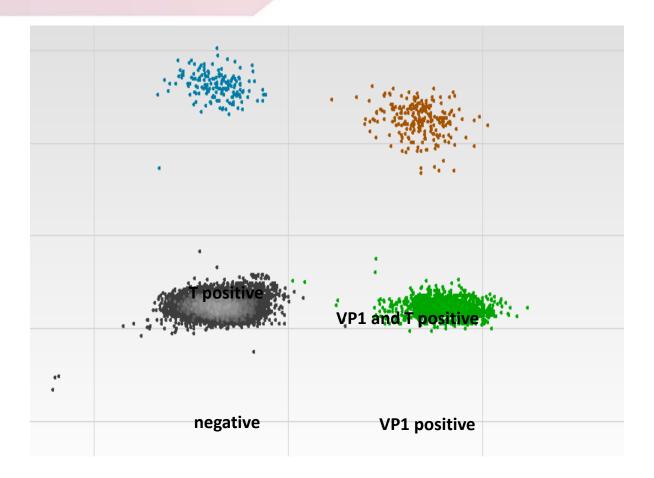
qPCR Data – 2 probe set mix



• WHO

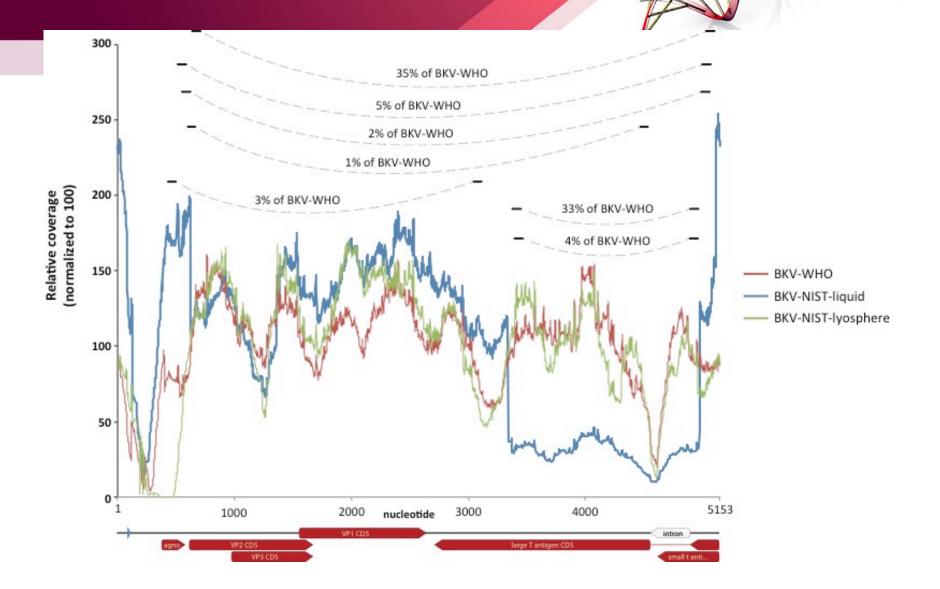
- Exact Diagnostics
- ▲ Acrometrix
- ▼ Zeptometrix
- UW Plasmid Std (Copies)
- o NIST #1 Copies
 - NIST #2 Copies

ddPCR Results



4× more VP1 positive droplets than T positive droplets

WHO-BKV shows 4X decreased cove



WHO Standard: BK

- <u>Conclusions:</u>
- 1. The standards have many subpopulations of virus present, with a significant percentage demonstrating large deletions in the T region.
- Quantity of WHO material present will vary depending on the primer set used in qPCR assays.
 - Use of this standard may decrease between-lab agreement rather than improve it!



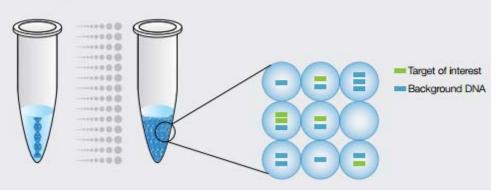


Questions?

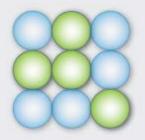
fppt.com

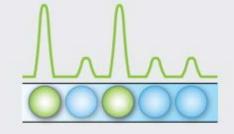
ddPCR Quantitation

Droplet Digital PCR



The sample is partitioned into 20,000 droplets, with target and background DNA randomly distributed among the droplets.





After PCR amplification, each droplet provides a fluorescent positive or negative signal indicating the target DNA was present or not present after partitioning. Each droplet provides an independent digital measurement. Much more precise quantitation of DNA!

Output in copies/ml