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# General Clinical Pharmacology Considerations for Pediatric Studies for Drugs and Biological Products

## Guidance for Industry

### ***DRAFT GUIDANCE***

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**U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)**

**December 2014  
Clinical Pharmacology**

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**U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)**

**December 2014  
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*Contains Nonbinding Recommendations*

*Draft – Not for Implementation*

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1 **General Clinical Pharmacology Considerations for Pediatric Studies**  
2 **for Drugs and Biological Products**  
3 **Guidance for Industry<sup>1</sup>**  
4

5  
6 This draft guidance, when finalized, will represent the Food and Drug Administration's (FDA's) current  
7 thinking on this topic. It does not create or confer any rights for or on any person and does not operate to  
8 bind FDA or the public. You can use an alternative approach if the approach satisfies the requirements of  
9 the applicable statutes and regulations. If you want to discuss an alternative approach, contact the FDA  
10 staff responsible for implementing this guidance. If you cannot identify the appropriate FDA staff, call  
11 the appropriate number listed on the title page of this guidance.  
12

13  
14  
15 **I. INTRODUCTION**  
16

17 This draft guidance is intended to assist those sponsors of new drug applications (NDAs),  
18 biologics license applications (BLAs) for therapeutic biologics, and supplements to such  
19 applications who are planning to conduct clinical studies in pediatric populations.  
20 Effectiveness, safety, or dose-finding studies in pediatric patients involve gathering clinical  
21 pharmacology information, such as information regarding a product's pharmacokinetics and  
22 pharmacodynamics pertaining to dose selection and individualization. This guidance addresses  
23 general clinical pharmacology considerations for conducting studies so that the dosing and safety  
24 information for drugs and biologic products in pediatric populations can be sufficiently  
25 characterized, leading to well-designed trials to evaluate effectiveness.<sup>2</sup>  
26

27 In general, this draft guidance focuses on the clinical pharmacology information (e.g., exposure-  
28 response, pharmacokinetics, and pharmacodynamics) that supports findings of effectiveness and  
29 safety and helps identify appropriate doses in pediatric populations. This guidance also describes  
30 the use of quantitative approaches (i.e., pharmacometrics) to employ disease and exposure-  
31 response knowledge from relevant prior clinical studies to design and evaluate future pediatric  
32 studies. The guidance does not describe: (1) standards for approval of drug and biological  
33 products in the pediatric population, (2) criteria to allow a determination that the course of a  
34 disease and the effects of a drug or a biologic are the same in adults and pediatric populations, or  
35 (3) clinical pharmacology studies for vaccine therapy, blood products, or other products not

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<sup>1</sup> This draft guidance has been prepared by the Pediatric Working Group of the Office of Clinical Pharmacology in conjunction with the Pediatric Subcommittee of the Medical Policy Coordinating Committee (MPCC) in the Center for Drug Evaluation and Research (CDER) at the Food and Drug Administration.

<sup>2</sup> For purposes of this guidance, references to "drugs" and "drug and biological products" includes drugs approved under section 505 of the Federal Food, Drug, and Cosmetic Act (the FD&C Act or Act) (21 U.S.C. 355) and biological products licensed under 351 of the Public Health Service Act (PHSA) (42 U.S.C. 262) that are drugs.

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36 regulated by the Center for Drug Evaluation and Research.

37  
38 FDA's guidance documents, including this guidance, do not establish legally enforceable  
39 responsibilities. Instead, guidances describe the Agency's current thinking on a topic and should  
40 be viewed only as recommendations, unless specific regulatory or statutory requirements are  
41 cited. The use of the word *should* in Agency guidances means that something is suggested or  
42 recommended, but not required.

43  
44

### 45 **II. BACKGROUND**

46  
47 During the past two decades, the Food and Drug Administration (FDA) has worked to address  
48 the problem of inadequate pediatric testing and inadequate pediatric use information in drug and  
49 biological product labeling. The Food and Drug Administration Modernization Act of 1997 (the  
50 Modernization Act) addressed the need for improved information about drug use in the pediatric  
51 population by establishing incentives for conducting pediatric studies on drugs for which  
52 exclusivity or patent protection exists.<sup>3</sup> Congress subsequently passed the Best Pharmaceuticals  
53 for Children Act (BPCA)<sup>4</sup> in 2002 and the Pediatric Research Equity Act (PREA) in 2003.<sup>5</sup>  
54 Both BCPA and PREA were reauthorized in 2007.<sup>6</sup> In 2012, BPCA and PREA were made  
55 permanent under Title V of the Food and Drug Administration Safety and Innovation Act  
56 (FDASIA).<sup>7</sup>

57  
58 Under BPCA, sponsors of certain applications and supplements filed under section 505 of the  
59 FD&C Act and under section 351 of the Public Health Service Act can obtain an additional six  
60 months of exclusivity if, in accordance with the requirements of the statute, the sponsor submits  
61 information responding to a Written Request from the Secretary relating to the use of a drug in  
62 the pediatric population.<sup>8</sup> Under PREA, sponsors of certain applications and supplements filed  
63 under section 505 of the FD&C Act or section 351 of the Public Health Service Act are required  
64 to submit pediatric assessments, unless they receive an applicable waiver or deferral of this  
65 requirement.<sup>9</sup> If applicable, sponsors must submit a request for a deferral or waiver as part of an  
66 initial pediatric study plan (section 505B(e) of the FD&C Act) (see section V of this guidance).

67  
68 The FD&C Act requires a description of pediatric study data in labeling arising from study data

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<sup>3</sup> Public Law No. 105-115, 111 Stat. 2296 (Nov. 21, 1997).

<sup>4</sup> Public Law No. 107-109, 115 Stat. 1408 (Jan. 4, 2002).

<sup>5</sup> Public Law No. 108-155, 117 Stat. 1936 (Dec. 3, 2003).

<sup>6</sup> Food and Drug Administration Amendments Act of 2007 (FDAAA), Public Law No. 110-85, 121 Stat. 823 (Sept. 27, 2007).

<sup>7</sup> Public Law No. 112-144, 126 Stat. 993 (July 9, 2012).

<sup>8</sup> Section 505A of the FD&C Act; 21 U.S.C. 355a.

<sup>9</sup> Section 505B of the FD&C Act; 21 U.S.C. 355c.

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69 submitted in response to a Written Request under BPCA and/or data from studies required under  
70 PREA, whether the findings are positive, negative, or inconclusive.<sup>10</sup> The PREA requirements  
71 are triggered by the submission of an application or supplement for a drug for a new active  
72 ingredient, new indication, new dosage form, new dosing regimen, or new route of  
73 administration under Section 505 of the FD&C Act or Section 351 of the PHS Act.<sup>11</sup> If a full or  
74 partial waiver is granted under PREA because there is evidence that the drug would be  
75 ineffective or unsafe in pediatric populations, the information must be included in the product's  
76 labeling.<sup>12</sup>

77  
78 This guidance deals with the clinical pharmacology considerations of any planned pediatric  
79 study, whether or not it is conducted pursuant to BPCA or PREA.

80  
81

### **III. CLINICAL PHARMACOLOGY CONSIDERATIONS**

82  
83  
84 There are several recognized approaches to providing substantial evidence to support the safe  
85 and effective use of drugs in pediatric populations, including (1) evidence from adequate and  
86 well-controlled investigations of a specific pediatric indication different from the indication(s)  
87 approved for adults; (2) evidence from adequate and well-controlled investigations in pediatric  
88 populations to support the same indication(s) approved for adults; or (3) evidence from adequate  
89 and well-controlled studies in adults and additional information in the specific pediatric  
90 population.<sup>13</sup> The first approach generally requires a full pediatric development program. The  
91 second approach above generally involves the use of prior disease and exposure-response  
92 knowledge from studies in adults and relevant pediatric information to design and, in some cases,  
93 analyze new pediatric studies. For the third approach, the assumption is that the course of the  
94 disease and the effects of the drug are sufficiently similar in the pediatric and adult populations  
95 to permit extrapolation of the adult efficacy data to pediatric patients (Dunne, Rodriguez et al.  
96 2011). If the third approach is taken, there would ordinarily be a pediatric study to determine a  
97 dose in the pediatric population that provides a drug exposure similar to the exposure that is  
98 effective in adults. If there is a concern that exposure-response relationships might be different  
99 in pediatric patients, studies relating blood levels of drug to pertinent pharmacodynamic effects  
100 other than the desired clinical outcome (exposure-response data for both desired and undesired  
101 effects) for the drug in the pediatric population might also be important. For all three

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<sup>10</sup> Section 505A of the FD&C Act; 21 U.S.C. 355a; Section 505B of the FD&C Act; 21 U.S.C. 355c.

<sup>11</sup> Section 505B(a)(1) of the FD&C Act; 21 U.S.C. 355c(e)(1).

<sup>12</sup> Section 505B(a)(4)(D) of the FD&C Act; 21 U.S.C. 355c(A)(4)(D).

<sup>13</sup> See *Guidance for Industry: Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products*, May 1998, available at

<http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm078749.pdf>.

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102 approaches, the extent of the required pediatric safety studies may take into consideration prior  
103 experience with similar drugs in pediatric populations, the seriousness of the adverse events in  
104 adults or in pediatric populations, when this information is available, and the feasibility of  
105 conducting studies in pediatric patients.

106  
107 Clinical pharmacology studies in the pediatric population should be conducted in patients  
108 receiving therapy for a particular indication, or in rare instances, in those who are at risk for the  
109 condition of interest. The identification of the appropriate ages to study and decisions on how to  
110 stratify data by age are drug-specific and require scientific justification, taking into consideration  
111 developmental biology and pharmacology.

112  
113 The Center for Drug Evaluation and Research generally divides the pediatric population into the  
114 following groups:<sup>14</sup>

- 115
- 116 • Neonates: birth up to 1 month;
- 117 • Infants: 1 month up to 2 years;
- 118 • Children: 2 up to 12 years; and
- 119 • Adolescents: 12 years up to 16 years.<sup>15</sup>

120  
121 The measurement or prediction of a drug or biologic's pharmacokinetics (exposure) and  
122 pharmacodynamics (response) is essential to the clinical pharmacology assessment. It is  
123 important to describe the exposure-response relationship of a drug or biologic in the pediatric  
124 population. In some instances, knowledge of pharmacogenetic differences, which can affect a  
125 product's exposure, may also be required.

#### 126 127 **A. Pharmacokinetics**

128  
129 Pharmacokinetic measures, such as area under the curve (AUC) and maximum concentration  
130 ( $C_{max}$ ) and parameters such as clearance (CL), half-life, and volume of distribution, reflect the  
131 absorption (A), distribution (D), and excretion (E) of a drug or biologic from the body. Drugs  
132 may be eliminated in the unchanged (parent) form, or undergo metabolism (M) to one or more  
133 active and inactive metabolites. The overall set of processes is often referred to as ADME,  
134 which ultimately determines systemic exposure to a drug and its metabolites after drug

---

<sup>14</sup> See the final rule on Specific Requirements on Content and Format of Labeling for Human Prescription Drugs; Revision of "Pediatric Use" Subsection in the Labeling, 59 FR 64240, 64241-42, (December 13, 1994). Pediatric age groups are described in the preamble to this final rule, which revised the *Pediatric Use* subsection of the labeling for human prescription drugs to provide for the inclusion of more complete information about the use of a drug or biological product in pediatric populations.

<sup>15</sup> Sponsors should address the entire age range but need not use these specific age categories. If physiologic categories or groupings based upon systems ontogeny are used, they should be supported with scientific and developmental data.

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135 administration. This systemic exposure, reflected in plasma drug or metabolite concentrations,  
136 or both, is generally correlated with both beneficial and adverse drug effects. All drugs and  
137 biologics show inter- and intra-individual variability in PK measures and parameters. In the  
138 pediatric population, growth and developmental changes in factors influencing ADME can also  
139 lead to changes in PK parameters. The PK of a drug or biologic is typically evaluated over the  
140 entire pediatric age range in which the agents will be used (Kauffman and Kearns 1992; Kearns  
141 2000). Special areas of importance in planning pediatric PK studies are discussed in the  
142 following paragraphs.

143

#### 144 • Absorption

145

146 Developmental changes in the pediatric population that can affect absorption include effects on  
147 gastric acidity, rates of gastric and intestinal emptying, surface area of the absorption site,  
148 gastrointestinal drug-metabolizing enzyme systems, gastrointestinal permeability, biliary  
149 function, and transporter expression. Similarly, developmental changes in skin, muscle, and fat,  
150 including changes in water content and degree of vascularization, can affect absorption patterns  
151 of drugs delivered by intramuscular, subcutaneous, or percutaneous absorption (Yaffe and  
152 Aranda 2010).

153

#### 154 • Distribution

155

156 Distribution of a drug or biologic can be affected by changes in body composition, such as  
157 changes in total body water and adipose tissue, which are not necessarily proportional to changes  
158 in total body weight. Plasma protein binding and tissue binding changes arising from changes in  
159 body composition with growth and development may also influence distribution. Differences  
160 between pediatric patients and adults in blood flow to an organ, such as the brain, can also affect  
161 the distribution of a drug or biologic in the body.

162

#### 163 • Metabolism

164

165 Drug metabolism commonly occurs in the liver, but may also occur in the blood,  
166 gastrointestinal wall, kidney, lung, and skin. Developmental changes in metabolizing capacity  
167 can affect both bioavailability and elimination, depending on the degree to which intestinal and  
168 hepatic metabolic processes are involved (Leeder 2004). Although developmental changes are  
169 recognized, information on drug metabolism of specific drugs in newborns, infants, and  
170 children is limited. Both rates of metabolite formation and the principal metabolic pathway  
171 can be different in pediatric patients compared to adults and within the pediatric population. In  
172 vitro studies performed early in drug development may be useful in focusing attention on



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173 metabolic pathways in both adults and pediatric patients.<sup>16</sup>

174

175 • Excretion

176

177 Drug excretion by the kidney is the net result of glomerular filtration, tubular secretion, and  
178 tubular reabsorption. Because these processes mature at different rates in the pediatric  
179 population, age can affect the systemic exposure of drugs when renal excretion is a dominant  
180 pathway of elimination. The maturation of other excretory pathways, including biliary and  
181 pulmonary routes of excretion, is also important.

182

183 • Protein Binding

184

185 Protein binding to a drug or its metabolites may change with age and concomitant illness. In  
186 certain circumstances, an understanding of protein binding may be needed to interpret the data  
187 from a blood level measurement and to determine appropriate dose adjustments (Kearns, Abdel-  
188 Rahman et al. 2003). In vitro plasma protein binding studies can determine the extent of binding  
189 of the parent and the major active metabolite(s) and identify specific binding proteins, such as  
190 albumin and alpha-1 acid glycoprotein.

191

192 • Clearance

193

194 Clearance of drugs or biologic products as a function of age is generally a valuable parameter for  
195 determining the dose for each age group in the pediatric population, and drug clearance has  
196 provided a valuable tool in the assessment of pediatric clinical pharmacology studies (Rodriguez,  
197 Selen et al., 2008). Plasma clearance can be defined as the volume of plasma which is  
198 completely cleared of drug in a given time period.

199

200 • Additional Factors

201

202 Growth and developmental changes in the pediatric population will create substantial changes in  
203 ADME. PK measures and parameters for a drug or biologic may need to be described as a  
204 function of age and be related to some measure of body size, such as height, weight, or body  
205 surface area (BSA) (Kearns, Abdel-Rahman et al. 2003). The maturational changes in systems  
206 affecting ADME, such as membrane transporters and metabolizing enzymes, should be taken  
207 into consideration in choosing age groups and doses to study in the pediatric population.

208

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<sup>16</sup> See the draft *Guidance for Industry: Drug Interaction Studies — Study Design, Data Analysis, Implications for Dosing, and Labeling Recommendations*, Feb. 2012, available at <http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm292362.pdf>.

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### 209 **B. Pharmacodynamics**

210  
211 Sponsors should collect and analyze both PK and, whenever possible, pharmacodynamics (PD)  
212 data in pediatric studies to determine how the two are linked (i.e., the PK-PD or exposure-  
213 response relationship). Pharmacodynamics may include the effect of the drug on biomarkers or  
214 clinical endpoints for both effectiveness and safety. These measurements may allow a better  
215 understanding of whether the PK-PD relationships of the drug or biologic in pediatric patients  
216 are similar to those observed in adults, and may aid in deriving rational dosing strategies in  
217 pediatrics.

218  
219 If the clinical endpoint cannot be measured directly because the effect is delayed or rare, then the  
220 selection of an appropriate biomarker to substitute for the clinical efficacy or toxicity endpoint is  
221 essential. In many cases, biomarkers are first evaluated in an adult population, in which case the  
222 support for the use of the biomarker in a pediatric population depends on evidence that the  
223 disease pathophysiology and pharmacologic response in pediatric patients is sufficiently similar  
224 to adults.

### 225 226 **C. Pharmacogenetics**

227  
228 Genetic differences that clinically affect both exposure and response are increasingly  
229 documented,<sup>17</sup> but the relationship between genomic profiles and developmentally regulated  
230 gene expression has not been extensively studied in pediatric populations. Some of the  
231 difficulties in obtaining specific pharmacogenetic information in pediatric patients have been  
232 reviewed (Leeder 2004). Nevertheless, if drug exposure in a pediatric clinical pharmacology  
233 study is dependent on a well-known pharmacogenomic biomarker (e.g., cytochrome P4502D6),<sup>18</sup>  
234 obtaining patient DNA may provide additional information for the interpretation of the PK and  
235 PD results.

## 236 237 238 **IV. ETHICAL CONSIDERATIONS**

239  
240 FDA-regulated clinical investigations are governed, in part, by the institutional review board  
241 (IRB) regulations at 21 CFR Part 56 and the human subject protections at 21 CFR Part 50.  
242 Pediatric subjects who are enrolled in FDA-regulated clinical pharmacology studies must be  
243 afforded the additional safeguards found at 21 CFR Part 50, Subpart D. These safeguards restrict  
244 the allowable risk to which a pediatric subject may be exposed in a clinical investigation based

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<sup>17</sup> Food and Drug Administration: Table of Pharmacogenomic Biomarkers in Drug Labeling (2008), available at <http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/ucm083378.htm>.

<sup>18</sup> See *Guidance for Industry: Drug Interaction Studies — Study Design, Data Analysis, Implications for Dosing, and Labeling Recommendations* (Footnote 16).

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245 on whether the proposed intervention or procedure offers a prospect of direct clinical benefit to  
246 the individual child. Clinical pharmacology studies generally do not provide a direct clinical  
247 benefit to individual pediatric subjects, and must therefore present no more than minimal risk (21  
248 CFR 50.51) or a minor increase over minimal risk (21 CFR 50.53). Exceptions to this general  
249 rule may include, for example, dose-monitoring studies that directly benefit individual pediatric  
250 subjects by ensuring that serum levels of a drug remain within a therapeutic range. Under such  
251 circumstances, a clinical pharmacology study may be approvable by an IRB under 21 CFR  
252 50.52. Before initiation of the clinical trial, an IRB must approve the proposed trial under the  
253 requirements of 21 CFR 50 subpart D.<sup>19</sup> However, FDA has an independent responsibility to  
254 assess the compliance of the proposed clinical trial under 21 CFR 50 subpart D. Failure of a  
255 proposed clinical trial to be in compliance with 21 CFR Part 50, Subpart D, may be sufficient  
256 grounds for FDA to impose a clinical hold because the investigation could present an  
257 unreasonable and significant risk of illness or injury (21 CFR 312.42(b)).  
258

259 The assessment under 21 CFR Part 50, Subpart D of a clinical pharmacology protocol depends  
260 on whether the experimental drug or biologic is being administered (1) solely for the purposes of  
261 obtaining pharmacokinetic data or (2) in such a way that it offers the enrolled child a prospect of  
262 direct clinical benefit. The following two paragraphs discuss these two cases, respectively. In  
263 both cases, administration of an experimental drug or biological product is always considered to  
264 represent more than minimal risk and thus is not approvable by an IRB under 21 CFR 50.51. For  
265 IRB approval under 21 CFR 50.53, an enrolled child must have a disorder or condition that is the  
266 focus of the clinical investigation. For IRB approval of a clinical investigation under 21 CFR  
267 50.52, an enrolled child must have a prospect of direct clinical benefit from administration of the  
268 investigational product. Thus, only patients with a therapeutic need for the investigational drug  
269 product can be enrolled in such trials. Consequently, healthy pediatric subjects (i.e., without a  
270 disorder or condition which is the focus of the research) cannot be enrolled in clinical  
271 pharmacology studies absent a determination by the Commissioner, after consultation with a  
272 panel of experts in pertinent disciplines and opportunity for public review and comment, that the  
273 conditions in 21 CFR 50.54 (which allows clinical investigations to proceed that present an  
274 opportunity to understand, prevent, or alleviate a serious problem affecting the health or welfare  
275 of children) are met.<sup>20</sup>  
276

277 *Case 1: IRB review of a clinical pharmacology study using pediatric human subjects under 21*  
278 *CFR 50.53.*  
279

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<sup>19</sup> See 21 CFR 56.109(h) and 21 CFR 56.111(c).

<sup>20</sup> See *Guidance for Clinical investigators, Institutional Review Boards, and Sponsors Process for Handling Referrals to FDA Under 21 CFR 50.54*, December 2006, available at <http://www.fda.gov/downloads/RegulatoryInformation/Guidances/UCM127605.pdf>.

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280 When the experimental drug or biologic is being administered solely for the purpose of obtaining  
281 pharmacokinetic data, both the experimental drug administration and the pharmacokinetic  
282 sampling must present no more than a minor increase over minimal risk (21 CFR 50.53(a)). In  
283 addition, pediatric subjects may be exposed to such risks if, among other criteria, the intervention  
284 or procedure is likely to yield generalizable knowledge about the subjects' disorder or condition  
285 that is of vital importance for the understanding or amelioration of that disorder or condition (21  
286 CFR 50.53(c)). Thus, for a clinical investigation to be approved by an IRB under this category,  
287 the enrolled pediatric subject must have a disorder or condition. A condition may include being  
288 "at risk" for the disease. In addition, sufficient empirical data regarding the risks of the proposed  
289 interventions or procedures need to be available to ascertain that the risks are no more than a  
290 minor increase over minimal risk (21 CFR 50.53(a)). The available adult data including dose-  
291 response data may be considered for this purpose. Even if the risk is thought to be low, if there  
292 are not enough data to adequately characterize the risk, then the intervention or procedure cannot  
293 be considered to present no more than a minor increase over minimal risk because the risks of  
294 the intervention or procedure would not be known with sufficient accuracy. In addition, the risks  
295 of the blood and/or fluid sampling procedures need to be no more than a minor increase over  
296 minimal risk. An example of a clinical pharmacology study that may be conducted under 21 CFR  
297 50.53 is the pharmacokinetics of a *single dose* of an over-the-counter cough and cold product.  
298 To be enrolled in such a study, a child may either be symptomatic from an upper respiratory  
299 infection (URI) or be at risk for a future URI based on the presence of criteria such as the  
300 frequency of past infections, number of people living in the home, or exposure to others in a  
301 preschool or school setting.

302  
303 *Case 2: IRB review of a clinical pharmacology study using pediatric human subjects under 21*  
304 *CFR 50.52.*

305  
306 The experimental drug administration may present more than a minor increase over minimal risk  
307 as long as this level of risk exposure is justified by a sufficient prospect of direct clinical benefit  
308 to the subjects (21 CFR 50.52(a)). For example, dose-monitoring studies that directly benefit  
309 individual pediatric subjects by ensuring that serum levels of a drug remain within a therapeutic  
310 range would fall under 21 CFR 50.52. In this case, pharmacokinetic studies of investigational  
311 products must be done in children who have a therapeutic need for the drug or biologic, and the  
312 drug or biologic must be administered using a dosing regimen that offers a sufficient prospect of  
313 direct clinical benefit to justify the risks (21 CFR 50.52(a)). In such studies, the limited  
314 venipunctures that may be required to obtain specimens for pharmacokinetic analyses are  
315 generally considered either minimal risk or a minor increase over minimal risk, and therefore  
316 may be approvable absent a prospect of direct benefit (21 CFR 50.51 and 50.53). This approach  
317 to the analysis of clinical pharmacology trials is called a component analysis of risk, whereby the  
318 interventions that do and do not offer a prospect of direct benefit in any given protocol must be

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319 analyzed separately.<sup>21</sup>

320  
321 Adequate information from clinical pharmacology studies to support pediatric dosing is critical  
322 to the development of ethically sound confirmatory trials. For example, pivotal trials of  
323 antihypertensive agents may have failed to demonstrate efficacy in the pediatric population as a  
324 result of inadequate pediatric dosing (Benjamin, Smith et al., 2008; Rodriguez, Selen et al.,  
325 2008). FDA considers the public health need for adequate pediatric dosing in its assessment of  
326 the ethical propriety of proposed studies. For further information, investigators and IRBs may  
327 refer to the American Academy of Pediatrics Guidelines for the Ethical Conduct of Studies to  
328 Evaluate Drugs in Pediatric Populations (Shaddy and Denne, 2010) or the International  
329 Conference on Harmonization (ICH) Guidance for Industry E6 Good Clinical Practice:  
330 Consolidated Guidance (ICH E6), which contains a section on nontherapeutic studies in special  
331 populations.<sup>22</sup>

332  
333

### **V. THE PEDIATRIC STUDY PLAN DESIGN AND POINTS TO CONSIDER**

334  
335  
336 Under Section 505B(e)(1) of the FD&C Act, a sponsor who will be submitting an application for  
337 a drug or biological product that includes a new active ingredient, new indication, new dosage  
338 form, new dosing regimen, or new route of administration is required to submit an initial  
339 pediatric study plan (PSP). A pediatric study plan (PSP) outlines the pediatric study or studies  
340 that the applicant plans to conduct.<sup>23</sup>

341  
342 The submission of the initial PSP is intended to encourage sponsors to consider pediatric studies  
343 early in product development and, when appropriate, begin planning for these studies. The

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<sup>21</sup> See National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, *Research Involving Children: Report and Recommendations of the Commission for the Protection of Human Subjects of Biomedical and Behavioral Research*, (43 FR 2084, 2086 (Jan. 13, 1978)); *Guidance for Industry: Acute Bacterial Otitis Media: Developing Drugs for Treatment*, September 2012, available at <http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm070947.pdf>; and Preamble to the Final Rule on the Additional Safeguards for Children in Clinical Investigations of Food and Drug Administration-Regulated Products, 78 FR 12937, 12937-12950 (Feb. 26, 2013).

<sup>22</sup> See section 4.8.14., *ICH Guidance for Industry: E6 Good Clinical Practice: Consolidated Guidance*, Apr. 1996, available at <http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/UCM073122.pdf>. See also the *ICH Guidance for Industry: E11 Clinical Investigation of Medicinal Products in the Pediatric Population*, Dec. 2000, available at <http://www.fda.gov/downloads/RegulatoryInformation/Guidances/ucm129477.pdf>.

<sup>23</sup> See section 505B(e)(2)(B) of the FD&C Act; 21 U.S.C. 355c(e)(2)(B) and the draft *Guidance for Industry- Pediatric Study Plans: Content of and Process for Submitting Initial Pediatric Study Plans and Amended Pediatric Study Plans*, available at <http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/UCM360507.pdf>.

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344 initial PSP must include “(i) an outline of the pediatric study or studies that the applicant plans to  
345 conduct (including, to the extent practicable, study objectives and design, age groups, relevant  
346 endpoints, and statistical approach); (ii) any request for a deferral, partial waiver, or waiver...if  
347 applicable, along with any supporting information; and (iii) other information specified in the  
348 regulations” promulgated by the FDA.<sup>24,25</sup> When designing the pediatric clinical studies,  
349 sponsors should be mindful that modeling and simulation, and pharmacologic considerations, are  
350 often critical for the successful completion of a study. Modeling and simulation using all of the  
351 information available should therefore be an integral part of all pediatric development programs.  
352 The following sections are critically important when developing the clinical pharmacology  
353 components of a pediatric study plan.

354

#### **A. Approaches to Pediatric Studies**

355

356 In addition to the usual considerations of PK (i.e., drug exposure), PD (i.e., effect on biomarker  
357 or clinical endpoint), and exposure-response relationships that may be different from those of  
358 adults, a pediatric drug development program should consider the time course of development of  
359 the drug metabolizing enzyme(s), drug excretory systems, and transporters specific to the drug  
360 being studied. This is probably best achieved by characterizing the PK of the drug across the  
361 appropriate pediatric age range. Based on the availability and reliability of the information about  
362 such factors, the pediatric study planning and extrapolation algorithm<sup>26</sup> in the Appendix of this  
363 guidance illustrates the different approaches in conducting pediatric clinical studies.

364

365 PK Only Approach (i.e., full extrapolation<sup>27</sup>): This approach is appropriate when it is reasonable  
366 to assume that children, when compared to adults, have (1) a similar progression of disease; (2) a  
367 similar response of the disease to treatment; (3) a similar exposure-response or concentration-  
368 response relationship; and (4) the drug (or active metabolite) concentration is measureable and  
369 predictive of the clinical response. Evidence that could support a conclusion of similar disease  
370 course and similar drug effect in adult and pediatric populations includes evidence of common  
371 pathophysiology and natural history of the disease in the adult and pediatric populations,  
372 evidence of common drug metabolism and similar concentration-response relationships in each  
373

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<sup>24</sup> Section 505B(e)(2)(B) of the FD&C Act; 21 U.S.C. 355c(e)(2)(B).

<sup>25</sup> Further information about the content of the initial PSP can be found in the draft *Guidance for Industry- Pediatric Study Plans: Content of and Process for Submitting Initial Pediatric Study Plans and Amended Pediatric Study Plans* (Footnote 23).

<sup>26</sup> This algorithm is an updated version of the Pediatric Study Decision Tree that was appended to the *Guidance for Industry: Exposure-Response Relationships – Study Design, Data Analysis, and Regulatory Applications*, Apr. 2003, available at

<http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm072109.pdf>.

<sup>27</sup> For a discussion of the different approaches to extrapolation, see Dunne J, Rodriguez WJ, Murphy MD, et al., “Extrapolation of adult data and other data in pediatric drug-development programs.” *Pediatrics*. 2011 Nov;128(5):e1242-1249.

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374 population, and experience with the drug, or other drugs in its therapeutic class, in the disease or  
375 condition or related diseases or conditions.<sup>28</sup>

376  
377 If there is no currently used pediatric dose, if there is insufficient PK information about a  
378 currently used pediatric dose, or if the currently used pediatric dose in the same clinical context  
379 would not be expected to match adult exposure, then a PK study should be performed to identify  
380 the pediatric dose that will provide similar exposure to adults. This PK study should be  
381 conducted before any additional pediatric clinical studies are initiated to ensure the optimal dose  
382 for these studies. Before conducting a PK study, simulations should be performed to identify the  
383 dose expected to achieve an appropriate target exposure (e.g., the observed adult drug exposure)  
384 in the same clinical context. The antibacterial therapeutic area is a good example of this  
385 approach, where the organism is expected to respond to similar plasma concentrations in adults  
386 and pediatric patients. In this case, the study can focus on identifying the doses in the pediatric  
387 setting that would result in exposures similar to those attained in adults.

388  
389 PK and PD Approach (i.e., partial extrapolation): This approach is applicable when the disease  
390 and intervention are believed to behave similarly in pediatric patients and adults, but the  
391 exposure-response relationship in pediatric patients is either inadequately defined or thought not  
392 to be sufficiently similar. To use this approach, the exposure-response relationship in adults  
393 should be well-characterized. The goal of such an approach is to characterize and compare the  
394 exposure-response relationship in adults and in the pediatric population with the appropriate  
395 pediatric doses based on the exposure-response relationships seen in pediatric patients. Clinical  
396 measures (e.g., symptoms, signs, outcomes) can be used to select doses, but an appropriate  
397 biomarker considered to be related to such an endpoint can also be used, which is usually a  
398 biomarker based on adult experience. If there is uncertainty about whether extrapolation of  
399 efficacy is appropriate, a single adequate and well-controlled study using a clinical endpoint may  
400 be necessary. Additional studies powered to demonstrate efficacy may not be required.

401  
402 The antiarrhythmic therapeutic area is one example of this approach, where mortality and  
403 morbidity studies cannot be ethically conducted in pediatric patients. In the case of  
404 antiarrhythmic therapy, the Agency accepted a clinical study assessing the beta adrenergic  
405 blocking effects of sotalol on heart rate and the effect on QTc, both of which are acceptable  
406 biomarkers in pediatrics, as the basis for labeling information on use of the drug in pediatric  
407 patients.

408  
409 PK and Efficacy Approach (i.e., no extrapolation): If the disease progression is unique to  
410 pediatric patients or its progression and/or response to intervention is undefined or dissimilar to  
411 that in adults, then the pediatric development program should provide substantial evidence of the

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<sup>28</sup> See *Guidance for Industry: Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products* (Footnote 13).

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412 effectiveness and safety of the drug product in pediatric subjects in one or more clinical studies,  
413 usually evaluating more than one dose.<sup>29</sup> The study objectives are to provide evidence of  
414 effectiveness and safety and to characterize the PK and exposure-response relationships to aid in  
415 optimizing pediatric dosing strategies. A population PK analysis can be conducted concurrently  
416 using PK data from the efficacy study to confirm PK estimates in the age subgroups.<sup>30</sup>

417  
418 For the “PK and PD” and “PK and Efficacy” approaches, response data in pediatric studies  
419 should be collected and analyzed. Response or PD data may include biomarkers or clinical  
420 endpoints for both safety and effectiveness. The specific endpoints for an exposure-response  
421 evaluation for each drug or biologic product should be discussed with the Agency.

422  
423 A dedicated PK study is not always required in every age group. For example, prior experience  
424 with dosing in adolescent patients has demonstrated that knowledge of adult dosing and  
425 appropriate dose scaling may be sufficient for some drugs with adequate justification.  
426 Confirmatory population PK studies may be used to supplement such a program in which a  
427 dedicated PK study is not considered essential.

#### 428 **B. Alternative Approaches**

430  
431 In addition to conventional PK studies with intensive blood sampling in pediatric patients, other  
432 approaches can be used to obtain useful drug exposure information. Urine and saliva collection  
433 are noninvasive, but the interpretation of drug analysis of either is complicated and requires  
434 careful consideration before use. Likewise, tissue or cerebrospinal fluid that is being collected  
435 for clinical purposes present both an opportunity and a challenge for the appropriate  
436 interpretation of these results in understanding the PK of the drug.

437  
438 When clinical PK studies in pediatric patients are not feasible, there are situations in which  
439 interpolation or extrapolation of PK data may be sufficient. PK information in certain pediatric  
440 age groups may be gained by interpolating or extrapolating from existing data in adults, data in  
441 pediatric patients in other age groups, or both. However, extrapolation of data to very young  
442 pediatric patients, particularly neonates, is rarely credible. Significant metabolic differences may  
443 exist between neonates and older pediatric patients or adults that can give rise to considerable  
444 variability in metabolism and drug disposition. This variability can lead to an altered dose-  
445 response relationship. Modeling and simulation can provide another method for reducing  
446 residual uncertainty about drug dosing in special pediatric populations.

447

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<sup>29</sup> See *Guidance for Industry: Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products* (Footnote 13).

<sup>30</sup> See the *Guidance for Industry: Population Pharmacokinetics*, Feb. 1999, available at <http://www.fda.gov/downloads/ScienceResearch/SpecialTopics/WomensHealthResearch/UCM133184.pdf>.



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### **448 C. Pediatric Dose Selection**

449  
450 Selection of an appropriate dose range to be studied is critical in deriving rational dosing  
451 recommendations for the pediatric population. Because there may be limited information on  
452 the safety of the dose to be administered to a neonate or infant, the dose range in initial studies  
453 requires careful consideration. Factors for consideration include (1) similarity of the disease  
454 and exposure-response in other studied pediatric groups; (2) the relative bioavailability of the  
455 new formulation compared to the previous formulations; (3) the age and developmental stage  
456 of the population; (4) the pharmacogenetic characteristics of the drug or biologic; (5) the  
457 toxicity of the drug or biologic; and (6) PK data from other pediatric populations. Initial doses  
458 are typically normalized to body size (mg/kg) or BSA (mg/m<sup>2</sup>).

459  
460 When separate efficacy studies in pediatrics are not conducted (i.e., for the PK only approach  
461 described in section V.A above), in general, PK studies in the pediatric population should  
462 determine how the dosage regimen should be adjusted to achieve the same level of systemic  
463 exposure in adults as defined above. Differences in interpatient variability in these PK measures  
464 and/or parameters between age groups or between pediatric and adult patients should be  
465 interpreted with regard to their impact on dosing, safety, and/or efficacy. In these instances, the  
466 sponsor should specify the criteria by which exposure matching would be acceptable. For  
467 example, one approach would be to select the appropriate dosing strategy through simulations  
468 that ensure the pediatric exposures are within the range of exposures (e.g., 5<sup>th</sup> to 95<sup>th</sup> percentile)  
469 shown to be safe and effective in adults.

470  
471 As science and technology continue to advance, *in silico* and other alternative modeling study  
472 methods may be developed that can provide preliminary data to inform the design and conduct of  
473 PK/PD studies for investigational drugs in pediatric populations. For example, the development  
474 of a physiologically-based PK (PBPK) *in silico* model that integrates drug-dependent parameters  
475 (e.g., renal clearance, metabolic pathways) and system-dependent parameters (e.g., non-drug  
476 parameters such as blood flow rate, protein binding, and enzyme and transporter activities) is one  
477 possible approach. PBPK has been used in pediatric drug development programs for (a)  
478 planning for a first-in-pediatric PK study, (b) optimizing the study design, (c) verifying the  
479 model in specific age groups, (d) recommending starting doses, (e) informing enzyme ontogeny  
480 using a benchmark drug, and (f) facilitating covariate analysis for the effects of organ  
481 dysfunction or drug interactions in pediatric patients (Leong, Vieira et al. 2012). The model  
482 selected should incorporate *in vivo* PK/PD data obtained in other groups of pediatric and adult  
483 patients as well as human volunteer studies, as appropriate.

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485 Reference to the Centers for Disease Control and Prevention (CDC) growth charts provides a  
486 preliminary assessment of the weight ranges that can be anticipated within specific age groups.<sup>31</sup>  
487 For example, weights can vary 2.5- to 3-fold in healthy children between the 10<sup>th</sup> percentile at 2  
488 years and 90<sup>th</sup> percentile at age 6 (10.6 kg to 25.3 kg for males) and between the 10<sup>th</sup> percentile at  
489 6 years and the 90<sup>th</sup> percentile at 12 years (17.7 kg to 54 kg in males).

491 An estimate of the exposure-response relationship across a range of body-size doses (dose/kg or  
492 dose/m<sup>2</sup>) may be important. For the “PK and PD” and “PK and efficacy” approaches discussed  
493 in section V.A above, investigation of a range of doses and exposures should allow assessment  
494 of those relationships and development of rational dosing instructions.

496 Where PK/PD data are developed, the dose range should account for observed differences in  
497 response between adults and the pediatric population (Benjamin, Smith et al. 2008), both in  
498 terms of exposure and response. For example, there is evidence that pediatric populations are on  
499 average less sensitive to antihypertensive drugs than the adult population. Therefore, pediatric  
500 studies may include exposures greater than the highest drug exposure associated with the  
501 approved adult dose, provided that prior data about the exposure-response relationship and safety  
502 information justify such an exposure. Studies of distinctly different ranges of exposure are  
503 desirable to provide sufficient information for the calculation of an optimal dose.

#### **D. Pediatric Dosage Formulation**

506 Pediatric formulations that permit accurate dosing and enhance adherence (i.e., dosing regimen,  
507 palatability) are an important part of pediatric clinical pharmacology studies.<sup>32</sup> If there is a  
508 pediatric indication, an age-appropriate dosage formulation must be made available for pediatric  
509 patients.<sup>33</sup> One way to fulfill this requirement is to develop and test a pediatric formulation and  
510 seek approval for that formulation.

512 If the sponsor demonstrates that reasonable attempts to develop a pediatric formulation have  
513 failed, the sponsor should develop and test an age-appropriate formulation that can be prepared  
514 by a pharmacist in a licensed pharmacy using an FDA-approved drug product and commercially  
515 available ingredients.<sup>34</sup> If the sponsor conducts the pediatric studies using such a formulation,  
516

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<sup>31</sup> Centers for Disease Control and Prevention, National Center for Health Statistics, 2000 CDC Growth Charts for the United States: Methods and Development (May 2002), available at [http://www.cdc.gov/nchs/data/series/sr\\_11/sr11\\_246.pdf](http://www.cdc.gov/nchs/data/series/sr_11/sr11_246.pdf).

<sup>32</sup> See also the ICH *Guidance for Industry: E11 Clinical Investigation of Medicinal Products in the Pediatric Population* (Footnote 22).

<sup>33</sup> See section 505B(a)(2) of the FD&C Act; 21 U.S.C. 355c(a)(2).

<sup>34</sup> Pediatric Written Request Template.

<http://www.fda.gov/downloads/Drugs/DevelopmentApprovalProcess/DevelopmentResources/UCM207644.pdf>.

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517 the following information should be provided in the study report:

- 518
- 519 • A statement on how the selected final concentration was optimized to help ensure that the
  - 520 doses can be accurately measured with commercially available dosing devices;
  - 521 • A statement that the volume to be prepared is appropriate to be dispensed for a course of
  - 522 therapy for one patient, unless there are safety factors that necessitate decreasing the
  - 523 volume to be prepared;
  - 524 • A listing of all excipients, including diluents, suspending agents, sweeteners and
  - 525 flavoring agents, and coloring agents;
  - 526 • Information on containers (designated containers should be readily and commercially
  - 527 available to retail pharmacies) and storage requirements (if possible the most user
  - 528 friendly storage condition [room temperature] should be evaluated and or studied); and
  - 529 • Testing results on formulation stability, not to exceed the expiration date of the original
  - 530 drug product lot from which the pediatric formulation is derived.
- 531

532 The bioavailability of any formulation used in pediatric studies should be characterized in

533 relation to the adult formulation. If needed, a relative bioavailability study comparing the age-

534 appropriate formulation to the approved drug should be conducted in adults. Potential drug-

535 food or vehicle interactions should be considered, such as those that have been reported with

536 apple juice (Abdel-Rahman, Reed et al. 2007), in these study designs.

537

538 Extended-release dosage forms or combination products produced for adults should be made

539 available for pediatric patients as an age-appropriate formulation when it is appropriate to do

540 so.

541

### **E. Sample Size**

#### *1. Number of Patients*

546 The precision of PK and exposure-response parameters in the sample size calculation is critical

547 for pediatric studies. Prior knowledge of the disease, exposure, and response from adult and

548 other relevant pediatric data, such as that related to variability, can be used to derive sample size

549 for ensuring precise parameter estimation. The sponsor should account for all potential sources

550 of variability, including inter-subject and intra-subject variability, and differences between the

551 adult and pediatric populations in the final selection of the sample size for each age group.

552

553 The distinct age groups to be studied should be chosen based upon what is known about the

554 development of the drug-metabolizing enzymes and excretory mechanisms, and safety

555 considerations. An example of age groups to be studied is provided in the table below. If the

556 drug is intended to be used in newborn infants, the pediatric study plan should specify whether

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557 premature or small for gestational age infants will be included in the study population.  
558

<b>Example of age groups to be studied for the drug or biologic product</b>
≥1 month to <6 months
6 months to <24 months
2 years to <6 years
6 years to <12 years
12 years to <17 years

559  
560 The sponsor should discuss the distribution of the number of patients across each age range and  
561 the appropriateness of these age ranges with the Agency, because this will be drug product-  
562 specific. Justification should be provided for the sample size selected. For example, one  
563 approach would be to prospectively target a 95% confidence interval within 60% and 140% of the  
564 geometric mean estimates of clearance and volume of distribution for the drug in each pediatric  
565 subgroup with at least 80% power. Noncompartmental analysis (NCA) based on rich PK  
566 sampling, population PK modeling analysis based on sparse PK sampling, or other scientifically  
567 justified methods can be applied to achieve this precision standard (Wang, Jadhav et al. 2012).  
568 Conceivably, certain disease states might not allow recruitment of an adequate number of  
569 participants to meet the standard, but practical considerations should be taken into account in  
570 determining the sample size.

### 571 572 2. Number of Samples Per Patient

573  
574 In addition to the number of patients, the number of blood samples collected in the clinical  
575 pharmacology study to estimate PK measures and parameters for each patient in the study should  
576 be carefully considered. The number of samples may be very limited in some pediatric patients  
577 such as neonates (for more on collection of blood or plasma samples, see section F below).  
578 Clinical study simulations or optimal sampling techniques may be recommended to justify the  
579 proposed sampling scheme. Additional sampling for drug or metabolite concentrations is also  
580 recommended when an adverse event occurs.

### 581 582 **F. Sample Collection**

583  
584 Blood or plasma concentrations of drug or metabolite have been used as supporting evidence of  
585 effectiveness or dose selection through exposure-response analyses in pediatric patients.  
586 However, the volume and frequency of blood sampling are often of concern in pediatric studies.  
587 Blood samples can be obtained by direct venipuncture or through the use of an indwelling  
588 intravascular catheter. Because repeated venipuncture may cause discomfort and bruising at the  
589 puncture site, an indwelling intravascular catheter should be used when possible. The volume

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590 and frequency of blood sampling can be minimized by using micro-volume drug assays, dried  
591 blood spots, and sparse-sampling techniques. These types of assays and analysis are especially  
592 relevant when studying neonates (Long, Koren et al. 1987). Modern assay techniques allow  
593 small sample volumes to be used to determine drug concentration (Kauffman and Kearns 1992),  
594 but data quality may be affected if the sample volume is insufficient to allow for reanalysis when  
595 necessary. Blood samples for analysis should be collected from the circulating blood volume  
596 and not from reservoir dead space created by catheters or other devices. Sampling technique is  
597 critical when using the available pediatric indwelling intravenous catheters. The time of sample  
598 collection, proper sample transportation and storage, and sample handling techniques should be  
599 documented. The collection of fluids such as cerebral spinal fluid (CSF) or bronchial fluids may  
600 be beneficial when samples are being obtained for clinical purposes. Noninvasive sampling  
601 procedures, such as urine and saliva collection, may suffice if correlated with outcomes or if the  
602 correlation with blood or plasma levels has been documented.

603  
604 Given the difficulty in collecting blood samples in the pediatric population, special approaches to  
605 allow optimal times of sample collection may be useful. The sampling scheme should be  
606 planned carefully to obtain the maximum information using the minimum number of samples. If  
607 possible, collect additional PK samples when adverse events are observed to understand the  
608 relationship between drug exposure and toxicity. Samples for DNA should be collected when  
609 appropriate, as discussed in section III of this guidance.<sup>35</sup>

610

#### **G. Covariates and Phenotype Data**

612

613 The sponsor should obtain the following covariates for each pediatric patient: age, body weight,  
614 BSA, gestational age and birth weight for neonates, race or ethnicity, sex, and relevant  
615 laboratory tests that reflect the function of the organs responsible for drug elimination.  
616 Concomitant and recent drug therapy should also be recorded. Sponsors are encouraged to  
617 collect DNA samples in pediatric PK studies under the circumstances described in section  
618 II, along with appropriate phenotype information to optimize the interpretation of  
619 pharmacogenetic findings. For example, when genotype information is obtained for a  
620 cytochrome P450 enzyme, the sponsor should look at the influence of genetic mutations on PK,  
621 PD, and/or dose-response to determine whether genetically defined subsets of patients may need  
622 special dosing considerations.

623

624 The sponsor should examine the relationship between the covariates and the PK of the drug or  
625 biologic agent of interest. The contribution of weight or BSA and age to the PK variability  
626 should be assessed. The following practice for assessing effect of age on pediatric PK, which

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<sup>35</sup> See also the draft *Guidance for Industry: Clinical Pharmacogenomics: Premarketing Evaluation in Early-Phase Clinical Studies and Recommendations for Labeling*, Jan. 2013, available at <http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/UCM337169.pdf>.

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627 is applicable in most cases, is recommended:

- 628
- 629 • Identify the accurate relationship between PK and body weight or BSA using
- 630 allometric scaling (Mahmood 2006; Mahmood 2007).
- 631
- 632 • Analyze the residuals versus age visually, after accounting for the body weight or BSA
- 633 effect on CL, followed by a more formal analysis exploiting the physiological
- 634 understanding underlying the CL, if appropriate. Residual is referring to the difference
- 635 between individual value (treated as predicted value) and the population mean (treated
- 636 as actual value). Testing for other biologically relevant predictive factors for PK in
- 637 pediatric patients may be important.
- 638

639 In pediatric PK studies, an estimation of creatinine clearance is recommended because of  
640 the challenge with using exogenous markers such as iohexol as an estimate of the  
641 glomerular filtration rate (GFR). The modified Schwartz equation, with adjustments for  
642 premature infants (Brion, Fleischman et al. 1986), neonates and infants (Schwartz, Feld et  
643 al. 1984), and children (Schwartz, Haycock et al. 1976) can be used. The older Schwartz  
644 equations may require correction for enzymatic creatinine assays. The Cockcroft-Gault  
645 formula should be used to estimate creatinine clearance in adolescents. This formula has been  
646 shown to be the best prediction of GFR, as measured by inulin clearance, when compared with  
647 the Schwartz and MDRD formulas in adolescents older than 12 years of age (Pierrat, Gravier et  
648 al. 2003).

- 649
- 650 a. Modified Schwartz equation (pediatric patients < 12 years of age):

651

$$652 \text{CrCl (ml/min/1.73 m}^2) = (K * \text{Ht}) / \text{Scr}$$

653 height (Ht) in cm; serum creatinine (Scr) in mg/dl

654

655 K (proportionality constant):

656 Infant (LBW < 1year): K=0.33

657 Infant (Term <1year): K=0.45

658 Female Child (<12 years): K=0.55

659 Male Child (<12 years): K=0.70

- 660 b. Cockcroft-Gault equation (pediatric patients  $\geq$  12 years of age):

661

$$662 \text{ClCr (ml/min)} = [ (140 - \text{age}) \times \text{weight in kg} ] / [ \text{Scr} \times 72 ] (\times 0.85 \text{ if female})$$

663

664

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670 When studying pediatric patients with impaired renal function, the sponsor should refer to the  
671 draft Guidance for Industry *Pharmacokinetics in Patients with Impaired Renal Function — Study*  
672 *Design, Data Analysis, and Impact on Dosing and Labeling*, March 2010, for the general  
673 concepts of study design.<sup>36</sup> Newer formulas incorporating cystatin C may be used to estimate  
674 GFR in pediatric patients with impaired renal function (Schwartz, Munoz et al. 2009).

675  
676 If factors affecting the PK of the drug are to be studied (e.g., the effect of a concomitant medication or  
677 the presence or absence of a disease), a justification for the numbers of patients with and without those  
678 factors in the study should be included.

#### **H. Sample Analysis**

681  
682 An accurate, precise, sensitive, specific, and reproducible analytical method to quantify the drug  
683 and metabolites in the biologic fluids of interest is essential.<sup>37</sup> A method that is readily  
684 adaptable and that uses only minimum sample volumes should be chosen.

#### **I. Data Analysis**

687  
688 Two basic approaches for performing the PK analysis in pediatric patients can be used; a  
689 standard noncompartmental PK approach and a population PK approach.

##### *1. Noncompartmental Analysis*

692  
693 The noncompartmental analysis PK approach involves administering either single or multiple  
694 doses of a drug to a relatively small group of patients with relatively frequent blood and urine  
695 sample collection. Samples are collected over specified time intervals chosen on the basis of  
696 absorption and disposition half-lives, and subsequently assayed for either total or unbound  
697 concentrations of drug and relevant metabolites. Noncompartmental analysis can be used to  
698 establish PK parameters such as AUC,  $C_{max}$ , CL, volume of distribution, and half-life, which are  
699 descriptive of the concentration of drug or metabolite over time. Data are usually expressed as  
700 the means of the relevant measure or parameter and interindividual variances. In this approach,  
701 including a sufficient number of patients to give a precise estimate of the mean is essential, as  
702 discussed in section V.E. If drug administration and sampling are repeated in a patient in the  
703 PK study, some understanding of intra-individual variability in PK parameters can be obtained.

704

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<sup>36</sup> When final, this guidance will represent FDA's current thinking on the topic. Available at <http://www.fda.gov/downloads/Drugs/Guidances/UCM204959.pdf>.

<sup>37</sup> See the *Guidance for Industry: Bioanalytical Method Validation*, May 2001, available at <http://www.fda.gov/downloads/Drugs/Guidances/ucm070107.pdf>.

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### 705 2. *Population Analysis*

706  
707 An alternative approach for analysis in pediatric clinical pharmacology studies is the population  
708 approach to PK analysis. Population PK accommodates infrequent (sparse) sampling of blood or  
709 plasma from a larger patient population than would be used in a compartmental or  
710 noncompartmental analysis PK approach to determine PK parameters. Sparse sampling of blood  
711 or plasma is considered more acceptable for pediatric studies, because the total volume of blood  
712 sampled can be minimized. Sampling can often be performed concurrently with clinically  
713 necessary blood or urine sampling. Because relatively large numbers of patients are studied and  
714 samples can be collected at various times of the day and repeatedly over time in a given patient,  
715 estimates of both population and individual means, as well as estimates of intra- and inter-subject  
716 variability, can be obtained if the population PK study is properly designed.<sup>38</sup>

717  
718 Exposure-response analyses predominantly employ a population analysis approach. Individual  
719 analysis is generally not recommended unless responses from a wide range of doses from each  
720 patient are available. Simultaneous modeling of data across all patients provides the best  
721 opportunity to describe the exposure-response relationship.<sup>39</sup>

### 722 723 **J. Clinical Study Report**

724  
725 The clinical study report should follow the ICH E3 guidance on the *Structure and Content of*  
726 *Clinical Study Reports* for the general content and the format of the pediatric clinical study  
727 report. The evaluation of exposure-response relationships and the population PK analyses  
728 should be included as stipulated in the Exposure-Response Guidance<sup>40</sup> and the Population PK  
729 Guidance,<sup>41</sup> respectively. In submitting PK information, the sponsor should submit the data  
730 illustrating the relationship between the relevant PK parameters (e.g., CL unadjusted and  
731 adjusted for body size in the manner described in section VI.G) and important covariates (e.g.,  
732 age, renal function) in addition to the noncompartmental analysis results.

### 733 734 **K. Data Submission**

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736 The preferred *submission standard* for clinical data is the Clinical Data Interchanges Standards  
737 Consortium (CDISC) Study Data Tabulation Model (SDTM) standard. Please see the FDA Data

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<sup>38</sup> For more information on population PK, see the *Guidance for Industry: Population Pharmacokinetics* (Footnote 30).

<sup>39</sup> See the *Guidance for Industry: Exposure-Response Relationships – Study Design, Data Analysis, and Regulatory Applications* (Footnote 26).

<sup>40</sup> See the *Guidance for Industry: Exposure-Response Relationships – Study Design, Data Analysis, and Regulatory Applications* (Footnote 26).

<sup>41</sup> See the *Guidance for Industry: Population Pharmacokinetics* (Footnote 30).



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738 Standards Council <sup>42</sup> and the CDER Study Data Standards web sites for more information.<sup>43</sup> The  
739 sponsor should also submit PK and exposure-response data used for modeling and simulation in  
740 an SAS.XPT-compatible format.

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<sup>42</sup> FDA Resources for Data Standards, available at <http://www.fda.gov/ForIndustry/DataStandards/default.htm>.

<sup>43</sup> Study Data Standards for Submission to CDER, available at <http://www.fda.gov/Drugs/DevelopmentApprovalProcess/FormsSubmissionRequirements/ElectronicSubmissions/ucm248635.htm>.

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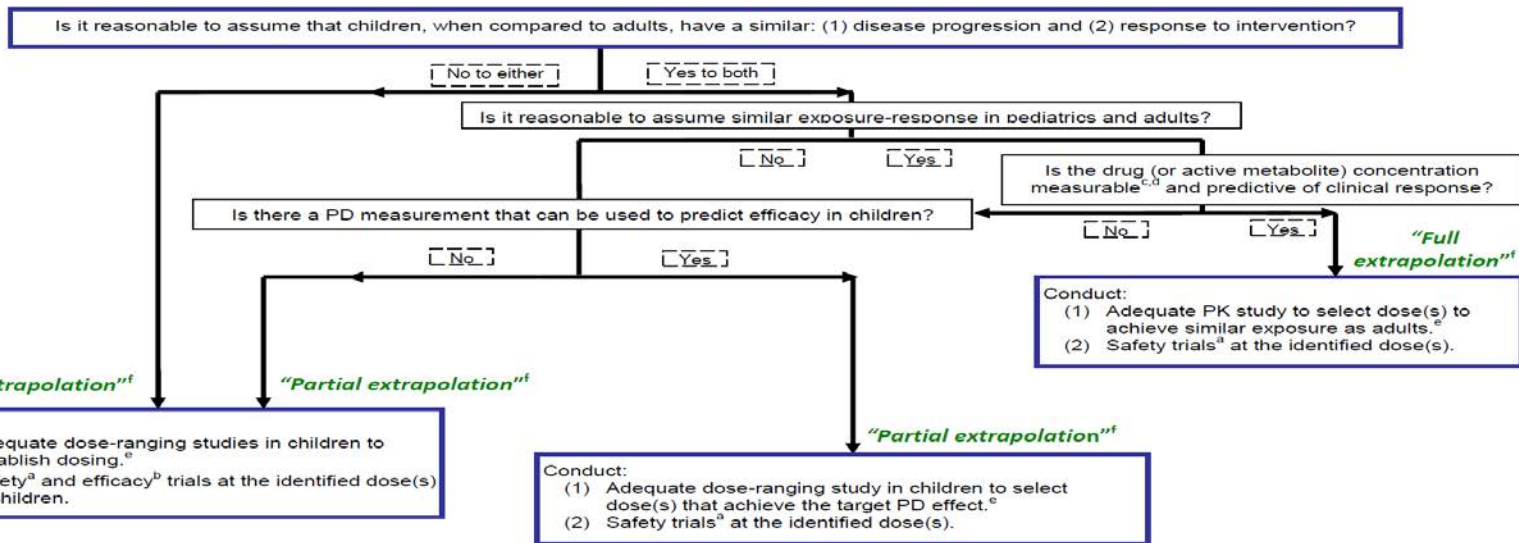
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APPENDIX<sup>44</sup>

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# Pediatric Study Planning & Extrapolation Algorithm



Footnotes:  
 a. For locally active drugs, includes plasma PK at the identified dose(s) as part of safety assessment.  
 b. For partial extrapolation, one efficacy trial may be sufficient.  
 c. For drugs that are systemically active, the relevant measure is systemic concentration.  
 d. For drugs that are locally active (e.g., intra-luminal or mucosal site of action), the relevant measure is systemic concentration only if it can be reasonably assumed that systemic concentrations are a reflection of the concentrations at the relevant biospace (e.g., skin, intestinal mucosa, nasal passages, lung).  
 e. When appropriate, use of modeling and simulation for dose selection (supplemented by pediatric clinical data when necessary) and/or trial simulation is recommended.  
 f. For a discussion of no, partial and full extrapolation, see Dunne J, Rodriguez WJ, Murphy MD, et al. "Extrapolation of adult data and other data in pediatric drug-development programs." Pediatrics. 2011 Nov;128(5):e1242-9.

<sup>44</sup> See the Guidance for Industry *Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products* (Footnote 13).

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