

"The Best of Nature through Nutritional Science"



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June 21, 1999

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6/28/99

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

Dear Sir or Madam:

This letter will serve as a 30-day notification, pursuant to 403 (r) (6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

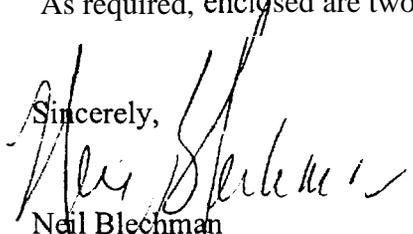
Product Manufacturer: **Changes International, a division of Twin Laboratories Inc.**
150 Motor Parkway
Hauppauge, NY 11788

Nutritional support claim being made: **Supports Healthy Cardiovascular Function**

Dietary supplement ingredients: **Coenzyme Q10**

Product brand and name: **Changes® Advanced CoQ10**

As required, enclosed are two photocopies of this notification.

Sincerely,

Neil Blechman
Executive Vice President
Twin Laboratories Inc.

Enclosures

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