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March 10, 1999

Food and Drug Administration
Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
200 C Street, SW
Washington, DC 20204



Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6) (21 U.S.C. 343(r)(6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 C.F.R. 101.93, that Rexall Showcase International, Inc. located at 853 Broken Sound Parkway, N.W., Boca Raton, Florida 33487 within the past 30 days has marketed a dietary supplement bearing the following statement(s) on the label and/or in the labeling:

Calming Blend™: [is] a special mellow formula to soothe away everyday stress. A key ingredient from India, Ashwagandha, promotes adaptogenic reactions to stress. An adaptogenic helps your body adjust to both physical and chemical sources of stress. Because of this benefit, Ashwagandha has traditionally been used for its calming effect. Valerian, standardized to Valerenic acid, promotes restful well-being to enhance a relaxed mood. Complete with the additional benefits of chamomile, hops and kava kava, an herb from islands in the South Pacific, our proprietary Calming Blend promotes a calming, restful well-being.

The undersigned certifies that the information contained in this notice is complete and accurate and that Rexall Showcase International, Inc. has substantiation that the statement is truthful and not misleading. Pursuant to § 101.93 (a)(1), two copies of this notification are enclosed

Sincerely,

Deborah Shur Trinker
Vice President of Regulatory Affairs
and Assistant General Counsel

Enclosure

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INTERNATIONAL CORPORATE HEADQUARTERS
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