

NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 C.F.R. § 101.93

RECEIVED  
12/4/98

This notification is being filed on behalf of Natural Balance, Inc., 3150 N. Commerce Court, P.O. Box 8002, Castle Rock, CO 80104 - 8002, which is the manufacturer of the product which bears the statements identified in the Notification. This Notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling statements appears is SeroThin.

The text of each structure-function statement for which notification is now being given is:

- Statement 1: *The Advanced Weight Management Formula*
- Statement 2: *Calm Your Appetite*
- Statement 3: *SeroThin in the advanced weight management formula that helps calm your nerves and your appetite.*
- Statement 4: *This innovative formula includes the well-known mood-enhancers 5-HTP (5-hydroxytryptophan) and St. Johns Wort to keep you relaxed and motivated to resist impulse snacking..*
- Statement 5: *Plus, DynaChrome® Chromium will help to insure more efficient regulation of blood glucose levels to minimize cravings.*
- Statement 6: *SeroThin combines the thermogenic, calorie burning benefits of Citrus aurantium with the natural energy builder, Rhodiola.\**
- Statement 7: *At last, a weight management supplement that helps burn fat and is caffeine free.*
- Statement 8: *5-HTP (5-hydroxytryptophan) and St. John's Wort. Contain calming neuro-nutrients that play a key role in reducing impulse snacking and improving your mood.*
- Statement 9: *L-Phenylalanine and L-Tyrosine. Beneficial amino acids which convert into neurotransmitters to enhance your sense of well-being and reduce your desire to snack.*
- Statement 10: *Citrus Aurantium. A Chinese fruit extract studied for its unique thermogenic effects.*
- Statement 11: *Rhodiola. An exotic, adaptogenic herb which builds energy and stamina.*
- Statement 12: *Vitamins B-6 and Pantothenic Acid. Essential vitamins that maintain proper metabolism and support the body's ability to withstand stress.*
- Statement 13: *Amazing SeroThin combines special natural ingredients which help to reduce your cravings for carbohydrates, elevate your mood and calm your nerves.*

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SeroThin™

The following summary identifies the dietary ingredient(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1.	<i>Vitamin B-6, Pantothenic Acid, DynaChrome® Chromium, L-Phenylalanine, L-Tyrosine, St. John's Wort, Rhodiola, Citrus Aurantium, 5-HTP</i>
2.	<i>St. John's Wort, 5-HTP, Rhodiola</i>
3.	<i>Vitamin B-6, Pantothenic Acid, DynaChrome® Chromium, L-Phenylalanine, L-Tyrosine, St. John's Wort, Rhodiola, Citrus Aurantium, 5-HTP</i>
4.	<i>5-HTP (5-hydroxytryptophan), St. Johns Wort</i>
5.	<i>DynaChrome® Chromium</i>
6.	<i>Citrus Aurantium, Rhodiola</i>
7.	<i>Citrus Aurantium</i>
8.	<i>5-HTP (5-hydroxytryptophan), St. John's Wort</i>
9.	<i>L-Phenylalanine, L-Tyrosine</i>
10.	<i>Citrus Aurantium</i>
11.	<i>Rhodiola</i>
12.	<i>Vitamins B-6, Pantothenic Acid</i>
13.	<i>Vitamin B-6, Pantothenic Acid, DynaChrome® Chromium, L-Phenylalanine, L-Tyrosine, St. John's Wort, Rhodiola, Citrus Aurantium, 5-HTP</i>

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
1.	<i>SeroThin</i>	<i>Printed Box – 60 Capsules Label – 60 Capsules</i>
2.	<i>SeroThin</i>	<i>Printed Box – 60 Capsules</i>
3.	<i>SeroThin</i>	<i>Printed Box – 60 Capsules</i>
4.	<i>SeroThin</i>	<i>Printed Box – 60 Capsules</i>

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SeroThin™

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|-----|-----------------|----------------------------------|
| 5.  | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 6.  | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 7.  | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 8.  | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 9.  | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 10. | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 11. | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 12. | <i>SeroThin</i> | <i>Printed Box – 60 Capsules</i> |
| 13. | <i>SeroThin</i> | <i>Label – 60 Capsules</i>       |

I, Patricia L. Vazquez, am authorized to certify this Notification on behalf of Natural Balance, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Natural Balance, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 12.7.98

By: *Patricia L. Vazquez*  
Title: *Regulatory Affairs*