

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93

RECEIVED
12/1/98

This notification is being filed on behalf of 4 Today Inc. which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5033 Cheerful Dr., Salt Lake City, Utah 84123. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is 4 Today Essential.

The text of each structure-function statement for which notification is now being given is:

- (Statement 4): They fortify your immune system.
- (Statement 5): Scientists have found that phytonutrients may help maintain normal blood pressure, stimulate regular heartbeat, elevate the mood and detoxify blood.
- (Statement 6): Phytonutrients also help cleanse the liver, and improve circulation in body organs.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
4.	<u>Phytonutrients: Grape Seed Extract, Lecithin, Broccoli, Cabbage, Carrot, Apple Pectin, Atlantic Kelp.</u>
5.	<u>Phytonutrients: Grape Seed Extract, Lecithin, Broccoli, Cabbage, Carrot, Apple Pectin, Atlantic Kelp.</u>
6.	<u>Phytonutrients: Grape Seed Extract, Lecithin, Broccoli, Cabbage, Carrot, Apple Pectin, Atlantic Kelp, and Atlantic Kelp.</u>

The following identifies the brand name of each supplement for which a statement is made:

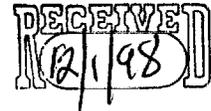
<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1.	<u>4 Today Essential</u>	<u>Label and Labeling.</u>
2.	<u>4 Today Essential</u>	<u>Label and Labeling.</u>
3.	<u>4 Today Essential</u>	<u>Label and Labeling.</u>
4.		

I, Jan L. Kerr, am authorized to certify this Notification on behalf of 4 Today Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4 Today Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: Nov 20, 1998 By: Jan L. Kerr, president
[Name]
[Title]

62503

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SECTION 6 OF DSHEA
AND 21 CFR §101.93



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The text of each structure-function statement for which notification is now being given is:

- (Statement 7): *The herbs in this product may enhance memory and concentration*
- (Statement 8): *Anti-Oxidants are elements that neutralize free radicals in the body and help detoxify it*
- (Statement 9): *Enzymes help digest foods; especially protein and dairy*

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
7.	<i>Herbs: Ginkgo Biloba, Garlic, Cayenne Pepper</i>
8.	<i>Anti-Oxidants: Vitamins A, E, C and the mineral Selenium and Grape Seed Extract</i>
9.	<i>Enzymes: Vegetable Enzyme Complexes Aspergillus, Enzyme Blend amylase, lipase, protease, cellulase, pineapple and papaya</i>

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
7.	<i>4 Today Essential</i>	<i>Label and Labeling</i>
8.	<i>4 Today Essential</i>	<i>Label and Labeling</i>
9.	<i>4 Today Essential</i>	<i>Label and Labeling</i>
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