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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **ZINC CHEWABLE**
Pursuant to 21 CFR Part 101.93, American Specialty Health &
Wellness (ASHW) files the following Statement of Nutritional
Support for the Dietary Supplement marketed as: **ZINC CHEWABLE**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.
Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Zinc is an essential mineral that works with vitamins and
antioxidants to strengthen the functions of the body. Zinc
chewable is a convenient way to supplement your diet with zinc."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **ZINC CHEWABLE**

5) Substantiation information on file at the company office. The
corporate officer who can certify same is Dr. Doug Metz, Vice
President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

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Zinc Chewable

Description:

Zinc is an essential mineral that works with vitamins and antioxidants to strengthen the functions of the body, including immunity. Zinc chewable is a convenient way to supplement your diet with zinc.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Directions For Use: Take 1 tablet per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your doctor. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your medical doctor.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

ZINC CHEWABLE

DIETARY SUPPLEMENT

60 TABLETS

Premium Products for Your Health & Wellness™

Supplement Facts

Serving Size: 1 Tablet – Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin C (ascorbic acid)	100mg	167%
Zinc (as glycinate)	7.5mg	50%
Copper (as amino chelate)	0.2mg	10%
Lemon Flavor	12.1mg	*
Fructose	1400mg	*

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide

*Daily Value not established

Zinc Chewable is free of wheat, corn, soy, dairy, sucrose, starch, salt and yeast.