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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **VITAMIN A PLUS**
Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as: **VITAMIN A PLUS**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr. Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Vitamin A is important in the body's growth and bone development, vision, immune system, reproductive system, and healthy skin. Vitamin A acts as an antioxidant to protect tissue cells from damage caused by toxic chemicals, radiation, and overexposure to the sun. It is considered important in maintaining a healthy cardiovascular and immune system."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **VITAMIN A PLUS**

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

97S - 0162

8989 Rio San Diego Dr., Suite 250, San Diego, CA 92108 • Phone 619/297-8100 • Fax 619/209-6236

LET 2488

Vitamin A Plus

Description:

Vitamin A is important in the body's growth and bone development, vision, immune system, reproductive system and healthy skin. Vitamin A acts as an antioxidant to protect tissue cells from damage caused by toxic chemicals, radiation and overexposure to the sun. It is considered important in maintaining a healthy cardiovascular and immune system. Vitamin A Plus contains vitamin a and precursor molecules of vitamin A.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Directions For Use: Take 1 capsule per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. People suffering from liver disease, diabetes or hypothyroidism should avoid vitamin A supplements.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

Betatene® is a registered trademark of Henkel Corp.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

VITAMIN A PLUS

DIETARY SUPPLEMENT

60 CAPSULES

Premium Products for Your Health & Wellness™

Supplement Facts

Serving Size: 1 Capsule – Servings Per Container: 60

	Amount Per Serving:	%Daily Value
Vitamin A (as beta-carotene, 5,000 IU and palmitate, 2,500 IU)	7,500 IU	150%
Betatene® - mixed carotenoids (Dunaliella salina whole plant, std 7.5% mixed carotenoids)	5,000IU	*

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

*Daily Value not established

Vitamin A PLUS is free of wheat, corn, dairy, sucrose, starch, salt and yeast.