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October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St.SW
Washington DC 20204

Statement of Nutritional Support- **SHARK CARTILAGE**
Pursuant to 21 CFR Part 101.93, American Specialty Health &
Wellness (ASHW) files the following Statement of Nutritional
Support for the Dietary Supplement marketed as: **SHARK CARTILAGE**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.
Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Shark cartilage is the subject of clinical research on its
potential health benefits in supporting the immune system."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **SHARK CARTILAGE**

5) Substantiation information on file at the company office. The
corporate officer who can certify same is Dr. Doug Metz, Vice
President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

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Shark Cartilage

Description:

Shark cartilage is the subject of clinical research on its potential health benefits in supporting the immune system. Due to environmental concerns, the shark cartilage used to make these supplements was taken from the excess after the sharks were harvested for meat. Sharks have not been harvested specifically for the purpose of producing this product.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Directions For Use: Take 1 capsule per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. There are no known side effects of taking shark cartilage. If you have cancer or any inflammatory disease do not use this product without first consulting your physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician. Sharks have not been harvested specifically for the purpose of producing this product.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

SHARK CARTILAGE

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule – Servings Per Container: 100

| | Amount Per Serving | % Daily Value |
|-----------------|--------------------|---------------|
| Shark Cartilage | 750mg | * |

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

*Daily Value not established

Shark Cartilage is free of wheat, corn, dairy, sucrose, starch, salt and yeast.

100 CAPSULES

Premium Products for Your Health & Wellness™