

NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA
AND 21 CFR §101.93.4.51

10/19/98

This notification is being filed on behalf of Doctor's Best, Inc. which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera, Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is Best Kava Extract.

The text of each statement for which notification is now being given is as follows:

Statement 1: Kava promotes calmness and tranquillity, yet leaves the mind sharp and alert.

Statement 2: Supports mental and emotional well-being.

The following summary identifies the dietary ingredients or supplements for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient or Supplement that is the Subject of the Statement</u>
-------------------------	------------------------------------------------------------------------------------------

1	Kava extract
---	--------------

2	Kava extract
---	--------------

The following identifies the brand name of each supplement for which a statement is made.

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
-------------------------	-------------------	--------------------------

1	Doctor's Best	Labeling
---	---------------	----------

2	Doctor's Best	Labeling
---	---------------	----------

LET235061809

I, Richard M. Conant, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, that Doctor's Best, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: October 15, 1998 By: 
Richard M. Conant
Director of Nutrition Research