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October 8, 1998

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on all supplements containing Carnitine under the following brand names: American Health, Body Fortress, Good 'N Natural, Herbal Authority, Hudson, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition, Vitamin World:

Carnitine assists in the breakdown of fat in cells to produce energy.

Carnitine plays an essential role in making fatty acids available for energy in muscle tissue.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Nutritionist

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