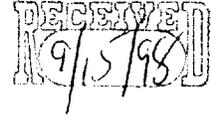


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

6310 '98 SEP 21 P1:55

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Muscle Tribe™ Tribe Gainer™ Product #52438** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104



The text of each structure-function claim for **102 g carbohydrates, 42 g protein, 2 g creatine, 0.3 g L-glutamine** is as follows:

- (Statement 1)** This Glutamine and Creatine enhanced weight-gain formula gives you the essential raw material and energy you need for building and strengthening your body. Unlike other weight-gain formulas, Tribe Gainer™ provides 15g fructose per serving, and also offers digestive enzymes. Recent studies have shown that L-Glutamine supports protein synthesis and muscle cell hydration while sparing glycogen. To enhance this proprietary blend of nutrients. We have added 2 grams of pure Creatine Monohydrate per serving. Tribe Gainer™ delivers the measurable results you want in a weight gain formula.
- (Statement 2)** This Glutamine and Creatine enhanced weight-gain formula gives you the essential raw material and energy you need for building and strengthening your body. Tribe Gainer™ has whey protein isolate for increased bioavailability and nitrogen retention. Unlike other weight-gain formulas, Tribe Gainer™ is a true Low Lactose Formula and also offers digestive enzymes. Recent studies have shown that L-Glutamine supports protein synthesis and muscle cell hydration while sparing glycogen. To enhance this proprietary blend of nutrients, we have added 2 grams of pure Creatine Monohydrate per serving. Tribe Gainer™ delivers the measurable results you want in a weight gain formula.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 8th day of September, 199 8.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI

Vice President of Research