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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" Street SW
Washington, DC 20204

RECEIVED
8/24/98

Section 403(r)(6) Notification

Dear Sir or Madam:

In accordance with the requirement of section 403(r)(6) of the Federal Food, Drug and Cosmetic Act, **Leiner Health Products** notifies the FDA that it has begun using the following phrase and statement:

Helps Promote a Calming Effect

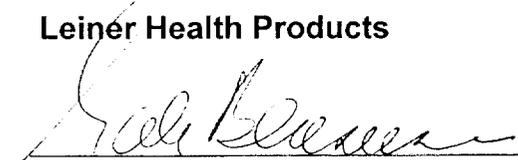
KaValerian™ is a unique herbal supplement complex that helps promote a calming effect on the body. Kavalactones (the active compounds of kava) act as natural muscle relaxants that may promote a feeling of serenity. Valerian has been used historically as a natural aid for relaxation. Magnesium is essential for proper nerve and muscle function, and Lecithin may also increase the absorption of other nutrients.

on the following product:

YourLife® KaValerian™

Very truly yours,

Leiner Health Products


Gale Bensussen, President

cc: Michael Bradley, Director of Regulatory Affairs
William Cochran, Regulatory Affairs Associate