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7/15/98

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93

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This notification is being filed on behalf of 4Health, Inc., doing business as Harmony Formulas®, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is **Probiotic Formula** a part of the 2-part Candida program and sold individually.

The text of each structure-function statement for which notification is now being given is:

- Statement 1. Supplementation with the beneficial bacteria is vital to a healthy and well-balanced intestinal system.
- Statement 2. Contains a unique proprietary blend of F.O.S and NAG that have been proven to help enhance the proliferation of your beneficial bacteria in both the small and large intestines.
- Statement 3. Produce a variety of factors which positively affect microbial balance in the human intestinal tract.
- Statement 4. Lactobacilli may inhibit pathogens by lowering pH in the intestines.
- Statement 5. Increases the number of bifidobacteria in stool samples.
- Statement 6. Results in lower stool pH, indicating increased numbers of favorable bacteria.
- Statement 7. Prevents adherence of Candida albicans to the intestinal mucosa.
- Statement 8. Supplementation with the beneficial bacteria can align your body's defenses against the proliferation of detrimental bacteria and fungus.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	Lactobacillus Acidophilus BT1386™, B. Bifidum
2	Fructooligosacchirides, N Acetyl D Glucosamine
3	Lactobacillus Acidophilus BT1386™, B. Bifidum
4	Lactobacillus Acidophilus BT1386™, B. Bifidum
5	Fructooligosaccharides
6	Fructooligosaccharides
7	N-Acetyl D Glucosamine
8	Lactobacillus Acidophilus BT1386™, B. Bifidum

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Harmony Formulas® Probiotic Formula	Both
2	Harmony Formulas® Probiotic Formula	Both
3	Harmony Formulas® Probiotic Formula	Labeling
5	Harmony Formulas® Probiotic Formula	Labeling

975 - 0162

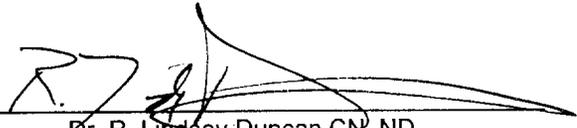
see docket 975-0163 also

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6	Harmony Formulas® Probiotic Formula	Labeling
7	Harmony Formulas® Probiotic Formula	Labeling
8	Harmony Formulas® Probiotic Formula	Labeling

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30, 1998

By: 

Dr. R. Lindsey Duncan CN, ND
CEO and Formulator, 4Health, Inc.