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NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93

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This notification is being filed on behalf of 4Health, Inc., doing business as Harmony Formulas®, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is Super Green.

The text of each structure-function statement for which notification is now being given is:

- Statement 1. Diets supplemented with green superfoods may be the best way to ensure that we get enough of these vital ingredients in order to attain and sustain optimum health.
- Statement 2. Ultimate Green provides the necessary nutrients to help support the immune system, nervous system, energy production and more.
- Statement 3. Users notice enhanced energy levels, enhanced mental clarity, improved overall endurance and general health. They feel better and have more vitality and stamina.
- Statement 4. Green superfoods also alkalize the body by helping remove excess acids.
- Statement 5. An excellent blood builder and cleanser.
- Statement 6. Provides immediate and long term energy.
- Statement 7. Helps to restore the body's acid/alkaline balance.
- Statement 8. Supports the production of blood cells and circulation.
- Statement 9. Supports digestion.
- Statement 10. Adaptogen effective for stress control.
- Statement 11. Increase the ability of humans to withstand adverse physical conditions, increase mental alertness.
- Statement 12. Source of choline, necessary for liver and brain function.
- Statement 13. Instrumental in digesting and metabolizing fats.
- Statement 14. Anti-inflammatory enzyme.
- Statement 15. Brain and circulatory anti-oxidant.
- Statement 16. Needed for proper thyroid function and metabolism.
- Statement 17. CoQ10 is essential in the synthesis of ATP, energy required for the body's processes.
- Statement 18. Peppermint is well known for its digestive and stimulant properties.
- Statement 19. Research has suggested that chlorella can help maintain optimum health.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.

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- 2 Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.
- 3 Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.
- 4 Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.
- 5 Chlorella, Wheat Grass, Spinach.
- 6 Hawaiian Blue-Green Algae.
- 7 Barley Grass
- 8 Wheat Grass
- 9 Green Papaya Powder, Lecithin, Rosehips, Peppermint.
- 10 Siberian Ginseng
- 11 Siberian Ginseng
- 12 Lecithin
- 13 Lecithin
- 14 Bromelain
- 15 Ginkgo Biloba Leaf
- 16 Kelp (iodine)
- 17 CoQ10
- 18 Peppermint
- 19 Chlorella

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Harmony Formulas® Super Green	Label
2	Harmony Formulas® Super Green	Labeling
3	Harmony Formulas® Super Green	Labeling
4	Harmony Formulas® Super Green	Labeling
5	Harmony Formulas® Super Green	Labeling
6	Harmony Formulas® Super Green	Labeling
7	Harmony Formulas® Super Green	Labeling
8	Harmony Formulas® Super Green	Labeling
9	Harmony Formulas® Super Green	Labeling
10	Harmony Formulas® Super Green	Labeling
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16	Harmony Formulas® Super Green	Labeling
17	Harmony Formulas® Super Green	Labeling
18	Harmony Formulas® Super Green	Labeling
19	Harmony Formulas® Super Green	Label

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30, 1998

By: 
Dr. R. Lindsey Duncan, CN, ND
CEO and Formulator, 4Health, Inc.