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7/15/98

NOTIFICATION PURSUANT TO 98 AUG -5 P1:41
SECTION 6 OF DSHEA
AND 21 CFR §101.93

This notification is being filed on behalf of 4Health, Inc., doing business as 4Health, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is **4Health Heart**. This product was only produced once and is not currently being sold, due to production costs.

The text of each structure-function statement for which notification is now being given is:

- Statement1. Proven to lower bad cholesterol and raise good cholesterol.
- Statement2. More effective than garlic at reducing cholesterol.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	PNT-56™
2	PNT-56™

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	4Health™ Heart.	Both
2	4Health™ Heart.	Both

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30 1998 By: [Signature]
 Dr. R. Lindsey Duncan CN, ND
 CEO and Formulator, 4Health, Inc.

97S - 0162

see docket 97S-0163 also

60152
LET 1905
HN30100 06/03/98